**TRITON Swimming Updates:**

1. **Team Tryout Dates:**
* Session 1 & 2 – We have a great turn out with over 40+ swimmers attending to find out about the team.
* Session #3 – Wednesday, July 25th @ 6:00-8:00 pm
* Session #4 – Wednesday, August 1st @ 6:00-8:00 pm
* Please make sure you are talking up and telling the community about Team TRITON.
1. **Practice Schedule**:
* ***Today, Thursday, July 19th*** was the last day of practice until Tuesday, September 4th for the following training groups – Bronze, Silver, Gold and Senior 3.
* **The following groups will practice with the following schedule:**

**Friday, July 20, 2018**

National – 6:45-9:00 am - Phillip 66, Junior Nationals, Futures and Zone Team swimmers.

Senior 1 – 6:45-8:45 am – Zone Team Members

Senior 2 – 6:45-8:45 am – Zone Team Members w/ Coach Scott

AGP – 6:45-8:45 am – Zone Team Members

**Saturday, July 21, 2018**

National – 6:45-9:00 am - Phillip 66, Junior Nationals, Futures and Zone Team swimmers.

Senior 1 – 6:45-8:45 am – Zone Team Members / Coach Scott

Senior 2 – 6:45-8:45 am – Zone Team Members w/ Coach Scott

AGP – 6:45-8:45 am – Zone Team Members w/ Coach Scott

* ***As of Monday, July 23, 2018*** the following groups will be OFF until Tuesday, September 4th. AGP, Senior 2, Senior 1 and National.

**Monday, July 23, 2018**

* The Phillip 66, Junior Nationals, Futures and Zone Team swimmers will practice @ 7:45-10:00 am.

**Tuesday, July 24, 2018**

* The Phillip 66, Junior Nationals, Futures and Zone Team swimmers will practice @ 7:45-10:00 am.

**Wednesday, July 25, 2018**

* The Phillip 66, Junior Nationals, Futures and Zone Team swimmers will practice @ 7:45-10:00 am.

**Thursday, July 26, 2018**

* The Phillip 66, Junior Nationals, Futures and Zone Team swimmers will practice @ 7:45-10:00 am.

**Friday, July 27, 2018**

* The Phillip 66, Junior Nationals, Futures and Zone Team swimmers will practice @ 7:45-10:00 am.

**Saturday, July 28, 2018**

* The Phillip 66, Junior Nationals, Futures and Zone Team swimmers will practice @ 7:45-10:00 am.
* **Monday, July 30, 2018** – Futures Practice Schedule – 7:45-10:00 am.
* **Tuesday, July 31, 2018** – Futures Practice Schedule – 7:45-10:00 am
1. **Team Banquet – Sunday, August 12, 2018 – 6:00-8:00 pm @ the Blairwood Club – *More Information coming out by Tuesday, July 24th*.**