

**2019**  
**Paducah SwimFest**  
**November 8-10, 2019**  
**Hosted by the Paducah Swim**  
**Team**

**SANCTION** Sanction of USA Swimming Inc., issued by Kentucky Swimming, Inc. – KYSC2010

**LOCATION** Paducah Athletic Club  
115 Lebanon Church  
Road Paducah, KY  
42003

**DIRECTIONS:** A google map is available on the Paducah Swim Team website at [www.paducahswimteam.com](http://www.paducahswimteam.com). Just click on the Pool Location tab.

**FACILITY:** The competitive swimming pool measures 8 lanes by 25 yards. The pool depth at the start end of the pool is 5'6" and the depth at the turn end is 4'. The facility has a Daktronics timing system and a 6 lane scoreboard. The competition course has not been certified in accordance with 104.2.2C (4). The use of audio or video recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

**MEET DIRECTOR:** Sara Stephens  
slstephens79@comcast.net  
(270) 564-9799

**ENTRY CHAIR:** Charlene Baker  
[cbaker@ashland.com](mailto:cbaker@ashland.com)  
(270) 205-1013

**OFFICIALS CHAIR:** Linda Abner  
(270) 210-4368  
[littleabner\\_1972@yahoo.com](mailto:littleabner_1972@yahoo.com)

**SAFETY DIRECTOR:** Lars Lindquist  
(618) 645-1275

**SCHEDULE:** **FRIDAY EVENING (Session 1)** (500 Free Open, 400 IM Open) Warm up: 4:30pm Meet Start: 5:30

**SATURDAY MORNING (Session 2) / SUNDAY MORNING (Session 5)**  
(11-12, 13-14, Open) Warm-up: 7:30am Meet Starts: 8:30am

**SATURDAY (Session 3)** 10 minutes after the conclusion of Session 2 (1650 Free Open)

**SATURDAY (Session 4) / SUNDAY AFTERNOON (Session 6)**  
(8&under, 9-10) Warm-up: 30 minutes after conclusion of Session 3 on Saturday and Session 5 on Sunday (no earlier than 12:00pm) meet to follow 1 hour after conclusion of morning session (no earlier than 1:00)

**CONDUCT:** The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. The competition will occur in 6 lanes with one lane provided for warm-up/cool-down throughout the meet. All events are timed finals. All events will be pre-seeded with the exception of the Friday evening session, which will be deck seeded using a positive check-in.

**ELIGIBILITY:** Swimmers must be current athlete members of USA Swimming as provided in Article 302 or as provided under 2026, or USA Swimming "open border" policy. Age is determined as of the first day of the meet, November 8, 2019. Coaches must be current coach members of USA Swimming and must wear credentials during the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**UNSUPERVISED SWIMMERS:** USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Swimmers participating under the provisions of 202.6 or USA Swimming's "open border" policy must be under the supervision of their coach or a USA Swimming member coach. Coaches who are entering swimmers but will not be at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers unaccompanied by their coaches or for whom arrangements have not been made must contact the Meet Director or Meet Referee who will assist the athlete in finding coach supervision.

**ENTRY DEADLINE:** **Friday November 1, 2019**

**LIMITATIONS:**

- Swimmers may enter up to 4 individual events and 1 relay event per day.
- The meet will be limited to 300 swimmers (no team entry will be split)
- Positive check-in required for 500 Free, 400 IM, and 1650 Free
- No Deck Registrations will be accepted. Deck entries will be permitted if lane space is available. Heats will not be reseeded to accommodate deck entries. Deck entries will be charged \$10.00 per individual event and \$20.00 per relay event plus KYLSC and facility surcharge if applicable. Payment will be due on site.

**ENTRY PROCESS**

- The Paducah Swim Team will only accept entries via e-mail in Hy-Tek Team Manager format. The TM event file is available for download on the Kentucky Swimming website ([www.kylsc.org](http://www.kylsc.org)) and the Paducah Swim Team website ([www.paducahswimteam.com](http://www.paducahswimteam.com)).
- All entries must be submitted in short course yards
- Send the entry file as an e-mail attachment to [cbaker@ashland.com](mailto:cbaker@ashland.com)
- Confirmation of receipt to entry file will be by reply e-mail.
- Entries will be accepted starting **Monday October 14, 2019** at 8:00am
- All team entries must be received by **Friday November 1, 2019** at 8:00pm
- Acceptance of team entry will only be confirmed once the entry file, the payment of entry fees and the summary form/waiver are received by the Paducah Swim Team. Entry requests are not guaranteed.
- Send the signed Entry Summary and Waiver Form along with payment for entry fees to:  
Paducah Swim Team  
c/o Bridget Canter (Treasurer)  
115 Lebanon Church Road Paducah, KY 42003

**ENTRY FEES:**

- Individual events: \$6.00/event
- Relay events: \$10.00/event
- Swimmer Surcharge: \$2.00/swimmer
- Facility Surcharge: \$5.00/swimmer
- Make checks payable to Paducah Swim Team
- The Paducah Athletic Club may charge an admission fee for spectators.

**SCORING/AWARDS:**

- The top 6 finishers in each individual and relay event will be awarded ribbons.
- Heat winner prizes will be awarded.
- High Point awards will be awarded at the completion of Sunday's events.

**SWIMMERS WITH A DISABILITY:** Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database; (2) list in the email accompanying the Hy-Tek entry file the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the

manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

**OFFICIATING OPPORTUNITY:** Anyone that is a USA Swimming certified official is welcome and encouraged to join the Kentucky Swimming officials in officiating this meet. Please contact the Officials Chair, Linda Abner, in advance of the meet if at all possible to let her know of your availability. The officials chair's contact information is listed in the contact section on page 1 of this document.

**HOSPITALITY:** Coaches and Officials hospitality will be provided at the meet.

**PARKING:** Parking is permitted in the gravel lot on the North and West side of the Paducah Athletic Club. Overflow parking is available across the street at the Community Christian High School. Parking in the front of the Paducah Athletic Club is reserved for members only.

**HOTEL ACCOMODATIONS:**

**DRURY INN PADUCAH** 3975 Hinkleville Rd., Paducah, KY 42001  
1-800-325-0720

**FAIRFIELD INN PADUCAH** 3950 Coleman Crossing Circle, Paducah, KY  
42001  
1-270-442-1700

**CANDLEWOOD SUITES PADUCAH** 3940 Coleman Crossing Circle, Paducah, KY 42001  
1-270-442-3969

**NOTES FOR COACHES:**

- You must present your USA membership card to receive your coach's packet when you arrive and you must wear credentials throughout the meet.
- There will be a clerk of course (bullpen) for all 8 & under individual events. Those heats will be lined up and individually processed to their assigned lanes. Coaches are responsible for getting 8 & under relay events to the blocks on time. All other swimmers will be responsible to report to the blocks in time for their heat.
- All 8 & under 25 yard individual events will begin at the turn end of the pool from the edge of the deck (not the gutter)
- Relay cards will be in your coach's packet and they are due 30 minutes prior to the scheduled start time for the session that the relay is scheduled.
- A technical bulletin will be emailed to all coaches/entry contacts prior to the meet.

**NOTES FOR PARENTS:**

- Only athletes entered in the meet, working coaches, officials, and meet workers are allowed in the designated areas for meet officials and swimmers. Other non-participants are expected to remain in the spectator area at all times.
- Spectator space is limited in the pool area. We recommend bringing chairs and/or blankets.
- Concessions will be available poolside.
- Meet programs (heat sheets) will be available for purchase at the meet.
- The Paducah Athletic Club will be charging an admission fee for spectators.

**PLEASE NOTE:**

**All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.**

**For athlete protection, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Such devices being used in these restricted areas will be subject to confiscation.**

**Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.**

**Per USA Swimming Code of Conduct 304.3.7, persons violating this provision are subject to ejection of the facility.**

**Adult athletes who are currently 18 years and older must have completed their athlete protection training through USA swimming. Failure to complete this training will result in an athlete's inability to compete in this meet. Athletes who are 17 must complete training by their 18<sup>th</sup> birthday.**

**Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair. USA Swimming article 202.4.9 J**

**2019 Paducah SwimFest  
Order of Events**

**Friday Evening (Session 1)  
November 8, 2019  
Warm up: 4:30 pm Meet Starts: 5:30pm**

Girls	Event	Boys
1	Open 500 Free*	2
3	Open 400 IM	4

\* Swimmers must provide a counter

**Saturday Morning (Session 2)  
November 9, 2019  
Warm up: 7:30am Meet Starts: 8:30am**

Girls	Event	Boys
5	11-12 200 Free Relay	6
7	13-14 200 Free Relay	8
9	Open 200 Free Relay	10
11	11-12 200 Free	12
13	13-14 200 Free	14
15	Open 200 Free	16
17	11-12 50 Back	18
19	13-14 100 Back	20
21	Open 100 Back	22
23	11-12 100 Breast	24
25	13-14 200 Breast	26
27	Open 200 Breast	28
29	11-12 50 Fly	30
31	13-14 100 Fly	32
33	Open 100 Fly	34
35	11-12 100 Free	36
37	13-14 100 Free	38
39	Open 100 Free	40

**Saturday (Session 3)  
November 9, 2019**

Girls	Event	Boys
41	Open 1650 Free*	42

\*Swimmers must provide a counter

**Saturday Afternoon (Session 4)  
November 9, 2019  
Warm ups no earlier than: 12:00  
Meet Starts no earlier than: 1:00**

Girls	Event	Boys
43	10 & Under 200 Free Relay	44
45	10 & Under 100 IM	46
47	8 & Under 25 Back	48
49	9-10 50 Back	50
51	8 & Under 25 Breast	52
53	9-10 100 Breast	54
55	8 & Under 25 Fly	56
57	9-10 50 Fly	58
59	8 & Under 25 Free	60
61	9-10 100 Free	62

**Sunday Morning November 10, 2019  
Warm-up: 7:30am Meet Starts: 8:30am**

Girls	Event	Boys
63	11-12 200 Medley Relay	64
65	13-14 200 Medley Relay	66
67	Open 200 Medley Relay	68
69	11-12 200 IM	70
71	13-14 200 IM	72
73	Open 200 IM	74
75	11-12 100 Back	76
77	13-14 200 Back	78
79	Open 200 Back	80
81	11-12 50 Breast	82
83	13-14 100 Breast	84
85	Open 100 Breast	86
87	11-12 100 Fly	88
89	13-14 200 Fly	90
91	Open 200 Fly	92
93	11-12 50 Free	94
95	13-14 50 Free	96
97	Open 50 Free	98

**Sunday Afternoon November 10, 2019 Warm-up: 12:00pm Meet Starts 1:00pm**

Girls	Event	Boys
99	10 & Under 200 Medley Relay	100
101	8 & Under 50 Free	102
103	9-10 50 Free	104
105	8 & Under 50 Back	106
107	9-10 100 Back	108
109	8 & Under 50 Breast	110
111	9-10 50 Breast	112
113	8 & Under 50 Fly	114
115	9-10 100 Fly	116
117	8 & Under 100 Free	118
119	9-10 200 Free	120

## ENTRY / WAIVER FORM

**THIS PAGE MUST BE COMPLETED AND RETURNED WITH YOUR TEAM ENTRY BY THE MEET ENTRY DEADLINE FOR THE TEAM'S ENTRY TO BE ACCEPTED.**

WAIVER: I/whereby, for myself/ourselves,my/ourheirs,administrators,assignees,andswimmerswaiveand release from any and all liabilities and claims against USA Swimming, Inc., Kentucky Swimming, Inc., the Paducah Athletic Club and staff, and the Paducah Swim Team for injuries and / or expenses incurred by me / us at the meet and/or while traveling to and from the meet. *I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A CURRENT REGISTERED ATHLETE MEMBER OF USA SWIMMING AND THAT EVERY COACH REPRESENTING OUR TEAM AT THIS MEET WILL BE A CURRENT COACH MEMBER OF USA SWIMMING.*

**SIGNATURE** \_\_\_\_\_ **TITLE** \_\_\_\_\_

Coach's email (required) \_\_\_\_\_

Entry chair's email (required) \_\_\_\_\_

**TEAM** \_\_\_\_\_ **CLUB CODE** \_\_\_\_\_

**PHONE** \_\_\_\_\_

**TEAM ADDRESS** \_\_\_\_\_

**CITY** \_\_\_\_\_ **STATE** \_\_\_\_\_ **ZIP CODE** \_\_\_\_\_

### ENTRY SUMMARY

\_\_\_\_\_ Individual Entries x \$6.00      \$ \_\_\_\_\_

\_\_\_\_\_ Relay Entries x \$6.00      \$ \_\_\_\_\_

\_\_\_\_\_ Swimmers surcharge x \$2.00 \$ \_\_\_\_\_

\_\_\_\_\_ Facilities surcharge x \$5.00 \$ \_\_\_\_\_

**TOTAL = \$ \_\_\_\_\_**

Please make checks payable to: **Paducah Swim Team** and mail with this completed form to:

Paducah Swim Team  
c/o Bridget Canter (Treasurer)  
115 Lebanon Church Road  
Paducah, KY 42003

**No entrant will be permitted to compete unless the entrant is a member as provided in Article 302**

**Held under the sanction of USA Swimming**