



Dear RACE Aquatics Parents and Swimmers:

Our policies help to guide the organization and ensure continued success. One of the first areas to be addressed is parent behavior - specifically, what type of behavior is expected of RACE parents.

RACE Aquatics Swim Club is fortunate to have experienced, professional coaches working to develop our children into better swimmers and more importantly, disciplined people. As parents, it is absolutely essential that we give our coaching staff the respect and authority they deserve to run our swim team. Our coaches are hired for that purpose.

RACE as an organization highly encourages the following parental behavior:

- * Open communication between parents, swimmers, and coaches emphasizing goal-setting and focusing on the performance expectations of both the swimmer and the parents
- * Meeting with the coaches/swimmers/parents during normal operation hours to discuss issues
- * Positive reinforcement of all swimmers in all situations - team spirit, team loyalty
- * Parental involvement on the Board of Directors and in organizing and running of meets and other team events

RACE as an organization will not tolerate the following behavior from parents:

- * Coaching your children at practice or during meets - that is the coach's job
- * Interrupting or confronting the coaching staff on the pool deck during practice or meets
- * Abusive language towards coaches, swimmers, parents, officials and your own children
- * Any behavior that brings discredit or disruption to our swimmers and our organization

Enclosed is a Parent Code of Conduct, along with a Code of Conduct for the swimmers. The code was developed as a standard to emphasize our organization's commitment to making everyone's involvement with our club a positive experience. We appreciate your cooperation.

RACE Aquatics Swim Club

Parent Code of Conduct

As a parent of a swimmer and member of RACE Aquatics Swim Club, I will abide by the following guidelines:

1. Practice teamwork with all parents, swimmers, and coaches by supporting the values of discipline, loyalty, integrity, and commitment to hard work.
2. As a parent, I will not coach or instruct the team or any swimmer at a practice or meets (from the stands or any other area) or interfere with coaches on the pool deck. If I must speak to the coach, I will do so only after the conclusion of scheduled practice times.
3. Demonstrate good sportsmanship by conducting myself in a manner that earns the respect of my child, other swimmers, parents, officials and the coaches at meets and practices.
4. Maintain self-control at all times. Know my role.

Swimmers - Swim **Coaches - Coach**
Officials - Officiate **Parents - Parent**

5. As a parent, I understand that criticizing, name-calling, use of abusive language or gestures directed toward the coaches, officials, and /or any participating swimmer will not be permitted or tolerated.
6. During competitions, questions or concerns regarding decisions made by meet officials are directed to a member of our coaching staff. **Parents address officials via the coach.**
7. As a parent of a swimmer and member of RACE Aquatics Swim Club, should I conduct myself in such a way that brings discredit or discord to RACE Aquatics Swim Club, or USA Swimming, I voluntarily subject myself to disciplinary action. RACE Aquatics reserves the right to terminate membership with/without cause in the interest of our vision, mission, and objectives.

RACE Aquatics Swim Club

Swimmers Code of Conduct

This Code of Conduct for RACE Aquatics Swim Club (RACE) swimmers governs participation in the RACE program and throughout the entire swim year.

The purpose of this code is to promote the best possible individual and team responsibility that supports the development of swimmers and good citizenship at all times.

As representatives of RACE Aquatics, members of RACE should always act with respect and with positive support toward coaches, swimmers, officials and the greater swimming community at all times. Behavior that reflects poorly on RACE Aquatics will not be tolerated. If a team member fails to comply with one or more of the items listed below, disciplinary action may follow.

PART I - GENERAL CODE OF CONDUCT EXPECTATIONS

1. RACE team members are expected to be respectful of their peers, coaches, and parents.
2. Disrespectful, indiscreet or destructive behavior will not be tolerated. It is the responsibility of each swimmer to make every effort to avoid participation, or guilt by association, with such activities at any time during the year.
3. Swimmers are expected to respect each other. Fighting, bullying, and/or intentional harmful touching or striking another athlete will subject the swimmer to the most severe discipline.
4. As a representative of RACE, it is the responsibility of the swimmer to show respect for all facilities and other property (including locker rooms and/or restrooms) used during practices, competitions, and team activities. Destruction or abuse of property will not be tolerated.
5. Team members and staff are expected to attend all team functions including meetings, warm-ups, practices, meals and competitions, etc., unless excused or instructed to by the coach of record.
6. At times RACE will travel together as a team and sometimes as individual families. In order to further strive to promote better competition and compete with the best of the best.
 - a. Male and female swimmers may not be in each other's rooms on any team trip together unless supervised by a parent or designated team official.
 - b. When you are in the official capacity of representing RACE you are expected to behave in an exemplary manner.
7. Use or possession of alcoholic beverages is unacceptable at any time of the year.
8. Smoking, vaping, any form of tobacco usage and/or use of illegal drugs is unacceptable at any time of the year. This includes the possession of any form of tobacco product, vape paraphernalia, and/or illegal drugs.

9. All participants and their parents have a responsibility to do their best to ensure that this code of conduct is followed and help ensure the safety of all.
10. All participating team members will abide by this code of conduct.
11. Any additional guidelines for the team will be established as needed by the coaches or board of directors.

PART II - VIOLATION OF THE CODE OF CONDUCT RULES

At the discretion of the coach, any one or all of the following penalties will be applied:

1. A swimmer may be sent home immediately from practice or meet at his/her own expense. If there are additional expenses, those will be the responsibility of the swimmer.
2. A swimmer may be scratched from a current or upcoming meet.
3. A swimmer may be suspended under our current bylaws with the ability to appeal.
4. The coaching staff has the authority regarding any rules, regulations, or disciplinary action with the exception of extended membership suspension/expulsion (greater than 1 week).

Violations to code of conduct expectations should follow the reporting guidelines of RACE Aquatics Grievance policy.

RACE Aquatics members agree to abide by the rules of conduct as set forth in Part I above, and acknowledge that should a violation of any provision in Part I occur, the member will be subject to disciplinary action as set forth in Part II, including suspension and/or removal from the team.

All members of RACE Aquatics are bound by this Code of Conduct.