

**CITY OF ALEXANDRIA SWIM TEAM**  
**Team Code of Conduct / Honor Code**



All team members, team staff, and parents of minors are apprised in writing of this Code of Conduct, the posted USA Swimming Code of Conduct, and the USA Swimming-Minor Athlete Abuse Prevention Policy (MAAPP). A signature on this document (and/or digital signature at registration) constitutes unconditional agreement to comply with the stipulations of all documents.

- I. Team members will display proper respect and sportsmanship toward coaches, officials, administrators, teammates, fellow competitors and the public at all times.
  - a. Athletes should remember that they are representing the COAST and themselves at all times.
- II. Team members and staff will refrain from any illegal or inappropriate behavior that would detract from a positive image of COAST, the team or be detrimental to its performance objectives.
- III. The possession or use of alcohol or tobacco products by any athlete is prohibited.
- IV. The possession, use, or sale/distribution of any controlled or illegal substance or any form of illegal weapon is strictly forbidden.
- V. No "deck changes" are permitted.
- VI. Team members are reminded that when competing in meets, traveling on trips, and attending other team-related functions, they are representing themselves and the Team. Athlete behavior must positively reflect the high standards of USA Swimming and the Team.

**Disciplinary Action:**

- I. Failure to comply with the Code of Conduct/Honor Code as set forth in this document may result in disciplinary action. Such discipline may include, but may not be limited to:
  - i. Suspension from practice, meets, and team activities
  - ii. Dismissal from the trip and immediate return home at the athlete's expense
  - iii. Disqualification from one or more events, or all events of competition
  - iv. Disqualification from future team travel meets
  - v. Financial penalties
  - vi. Dismissal from the team; and/or
  - vii. Proceedings for a LSC or USA Swimming National Board of Review.
- II. Swimmers are to refrain from inappropriate physical contact at team activities and events.
- III. Swimmers are to refrain from use of inappropriate language.

Name of Swimmer	_____	(Please Print)
Athlete Signature	_____	Date _____
Parent/Guardian Signature	_____	Date _____
Parent/Guardian Signature	_____	Date _____