

**2021 COLA Distance Meet
Robicheaux Center
December 30th**

CONDITION OF SANCTION

As a condition of this sanction, COLA agrees to comply and to enforce all COVID 19 health and safety mandates and guidelines (including face coverings, social distancing, and mass gatherings) of USA Swimming, Louisiana Swimming, the State of Louisiana, local jurisdictions, and the COLA.

ASSUMPTION OF RISK DISCLAIMER

COLA has taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. You must follow all safety instructions in the following meet sanction. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. Senior citizens and those with underlying medical conditions are especially vulnerable. By attending this meet, you assume all risks related to exposure to COVID- 19.

COVID-19 RELEASE

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNSEEN, IN CONNECTION THEREWITH.

COLA COVID 19 MEET PLAN

FACE COVERINGS

All meet participants – coaches, officials, administrators, spectators, vendors, and athletes (between events) must wear face coverings and comply with mandated social distancing(6ft)and mass gathering rules.

ENTRY & EXIT

PROCEDURES

Please enter & exit through rear double doors. All people entering the building must be wearing a mask.

SWIMMER Guidelines

We will comply with current guidelines and regulations listed on the Louisiana Open Safely Site set forth by the State Fire Marshall and Governor's Office- Currently there is no restriction on swimmers per lane for warm-up. There is a mask mandate for indoor gatherings in effect.

SPECTATOR LIMITATIONS

Live stream of the meet will be available on COLA's YouTube page. Parents will be able to enter the building (while wearing a mask) to spectate on a rotating basis. A parent-viewing area will be provided on deck, but parents will need to vacate the building when their child(ren) are not racing. If this policy becomes too difficult to enforce, viewing will be limited to livestream only.

Sponsored by:	City of Lafayette Aquatics
Sanctioned by:	Louisiana Swimming, Inc., Sanction # Held under the sanction of USA Swimming
Director:	Sarah Landreneau
Referee:	Bobbie Jo Raggio
Location:	Robicheaux Center- 1919 Eraste Landry Lafayette, Louisiana 70506
Date and Time:	Thursday December 30, 2021 Warm Ups: 3:00pm Meet Start: 4:00pm

- Facilities:** Indoor, 25 yard, eight lane pool with Kiefer non-turbulent lane ropes
- Water Depth: Starting at 4 ft going to 6 ft
The competition course has been certified in accordance with 104.2.2C(4).
The copy of such certification is on file with USA Swimming.
- Timing:** Colorado 5000 system with Infinity Starter, with one button, touchpads, and stopwatch backups.
- Rules:** Conduct of this sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming and Louisiana Swimming.
- At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure the compliance with this requirement.
- All meet directors, referees, starters, and stroke and turn judges, serving in an official capacity must be members of USA Swimming.
- All coaches and officials **MUST** constantly display their current USA Swimming credential or be prepared to present their USA Swimming ID card as proof of their registration to the Meet Director or designee at any time. The meet referee reserves the right to ask for coach credential display and/or deny deck access if the coach does not comply or his/her card is no longer valid/current.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

MAAPP: All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Eligibility: No entrant will be permitted to compete unless the entrant is a member of USA Swimming as provided in Article 302.

Limit of Events: Swimmers are limited to 2 events. Swimmers entered in the 1650 will receive their 1000 split time.

Entries: All entries must be sent to colaswim@yahoo.com by Monday December 27, 2021.

Entry Fees: Individual events: \$3.50 each
Facility Charge: \$6.00 per swimmer
LA Surcharge: \$8.00 per swimmer
Relays: \$8.00 per relay

Awards: None

Format: All events will be swum as timed finals fastest to slowest.

Order of Events

Saturday Session		
Event Number (Girls)	Distance/Stroke	Event Number (Boys)
1	500 Freestyle	2
3	1650	4
5	400 IM	6

