

**Fall 2021 HEAT Schedule Beginning Sept 7th**

National/Nag			HS1			HS 2		
Mon	5:45-7:15am + 3:25-5:20pm	EW	Mon	5:45-7:15am + 3:25-5:20pm or 5:10-7:00pm	EW	Mon	5:10 - 7:00pm	EW
Tue	3:25-5:20pm	EW	Tue	5:10-7:00pm	EW	Tue	5:25 - 7:20pm	WRA
Wed	3:25-5:20pm	EW	Wed	3:25-5:20pm	EW	Wed	5:10 - 7:00pm	EW
Thur	5:45-7:15am + 3:25-5:20pm	EW	Thur	5:45-7:15am + 3:25-5:20pm	EW	Thur	5:25 - 7:00pm	WRA
Fri	5:45am - 7:15am	EW	Fri	5:45am - 7:15am	EW	Fri	4:00 - 5:50pm	EW
Sat	7:00 - 9:00am	EW	Sat	7:00 - 9:00am	EW	Sat	OFF	
Level 6			Level 5			Level 4		
Mon	5:10 - 7:00pm	EW	Mon	5:25 - 7:20pm	WRA	Mon	5:25 - 7:20pm	WRA
Tue	5:10 - 7:00pm	EW	Tue	5:25 - 7:20pm	WRA	Tue	5:25 - 7:20pm	WRA
Wed	5:10 - 7:00pm	EW	Wed	5:10 - 7:00pm	EW	Wed	OFF	
Thur	5:10 - 7:00pm	EW	Thur	5:25 - 7:00pm	WRA	Thur	5:25 - 7:00pm	WRA
Fri	4:00 - 5:50pm	EW	Fri	4:00 - 5:50pm	EW	Fri	4:00 - 5:50pm	EW
Sat	9:00 - 10:45am	EW	Sat	9:00 - 10:45am	EW	Sat	9:00 - 10:45am	EW
Level 3 (A - 12 O, B - 11 U)			Level 2 (A - 11 O, B - 10 U)			Level 1 (A - 10 O, B - 9 U)		
Mon	6:55 - 8:20pm (Both)	EW	Mon	7:00 - 8:05pm	WRA	Mon	5:00 - 6:00pm	LCP
Tue	6:40 - 8:20pm (A Only)	EW	Tue	7:00 - 8:05pm	WRA	Tue	OFF	
Wed	6:55 - 8:20pm (Both)	EW	Wed	OFF		Wed	5:00 - 6:00pm	LCP
Thur	6:40 - 8:20pm (B Only)	EW	Thur	7:00 - 8:05pm	WRA	Thur	OFF	
Fri	OFF		Fri	OFF		Fri	5:00 - 6:00pm	LCP
Sat	10:30 - 12:00pm (Both)	EW	Sat	OFF		Sat	OFF	
Novice A (9 and Over)			Novice B (8 and Under)					
Mon	6:45 - 7:30pm	LCP	Mon	6:00 - 6:45pm	LCP			
Wed	6:45 - 7:30pm	LCP	Wed	6:00 - 6:45pm	LCP			
Fri	6:45 - 7:30pm	LCP	Fri	6:00 - 6:45pm	LCP			
AM Groups- - Hudson Students in grades 3, 4, 5								
Level 3 AM (3rd, 4th, 5th Grade)			Level 2 AM (3rd, 4th, 5th Grade)			Level 1 AM (3rd, 4th, 5th Grade)		
Mon	7:20 - 8:30am	EW	Mon	7:20 - 8:30am	EW	Mon	OFF	
Tue	7:20 - 8:30am	EW	Tue	OFF		Tue	7:20 - 8:30am	EW
Wed	OFF		Wed	7:20 - 8:30am	EW	Wed	7:20 - 8:30am	EW
Thu	7:20 - 8:30am	EW	Thu	7:20 - 8:30am	EW	Thu	7:20 - 8:30am	EW
Fri	OFF		Fri	OFF		Fri	OFF	
Sat	10:30 - 12:00pm	EW	Sat	OFF		Sat	OFF	

Last Revised: 09/24/2021

**Winter 2021-2022 HEAT Schedule Beginning Friday Oct 29th**

Level 6 - BOYS			Level 5 - BOYS			Level 4 BOYS		
Mon	5:15 - 7:00pm	EW	Mon	5:15 - 7:00pm	EW	Mon	5:25 - 7:00pm	WRA
Tue	5:15 - 7:00pm	EW	Tue	5:15 - 7:00pm	EW	Tue	5:15 - 7:00pm	EW
Wed	5:15 - 7:00pm	EW	Wed	5:15 - 7:00pm	EW	Wed	OFF	
Thur	5:15 - 7:00pm	EW	Thur	5:15 - 7:00pm	EW	Thur	5:15 - 7:00pm	EW
Fri	5:25 - 7:00pm	EW	Fri	5:25 - 7:00pm	EW	Fri	5:25 - 7:00pm	EW
Sat	10:25 - 12:00pm	EW	Sat	10:25 - 12:00pm	EW	Sat	10:25 - 12:00pm	EW
Level 6 - GIRLS			Level 5 - Girls			Level 4 - GIRLS		
Mon	5:15 - 7:00pm	EW	Mon	5:15 - 7:00pm	EW	Mon	5:25 - 7:00pm	WRA
Tue	5:25 - 7:20pm	WRA	Tue	5:25 - 7:20pm	WRA	Tue	5:25 - 7:20pm	WRA
Wed	5:15 - 7:00pm	EW	Wed	5:15 - 7:00pm	EW	Wed	OFF	
Thur	5:25 - 7:20pm	WRA	Thur	5:25 - 7:20pm	WRA	Thur	5:25 - 7:20pm	WRA
Fri	5:25 - 7:00pm	EW	Fri	5:25 - 7:00pm	EW	Fri	5:25 - 7:00pm	EW
Sat	10:25 - 12:00pm	EW	Sat	10:25 - 12:00pm	EW	Sat	10:25 - 12:00pm	EW
Level 3 (A - 12 O, B - 11 U)			Level 2 (A - 11 O, B - 10 U)			Level 1 (A - 10 O, B - 9 U)		
Mon	6:55 - 8:20pm (Both)	EW	Mon	7:00 - 8:05pm	WRA	Mon	5:00 - 6:00pm	LCP
Tue	6:40 - 8:20pm (A Only)	EW	Tue	7:00 - 8:05pm	WRA	Tue	OFF	
Wed	6:55 - 8:20pm (Both)	EW	Wed	OFF		Wed	5:00 - 6:00pm	LCP
Thur	6:40 - 8:20pm (B Only)	EW	Thur	7:00 - 8:05pm	WRA	Thur	OFF	
Fri	OFF		Fri	OFF		Fri	5:00 - 6:00pm	LCP
Sat	11:30 - 1:00pm	EW	Sat	OFF		Sat	OFF	
Novice A (9 and Over)			Novice B (8 and Under)					
Mon	6:45 - 7:30pm	LCP	Mon	6:00 - 6:45pm	LCP			
Wed	6:45 - 7:30pm	LCP	Wed	6:00 - 6:45pm	LCP			
Fri	6:45 - 7:30pm	LCP	Fri	6:00 - 6:45pm	LCP			
AM Groups- - Hudson Students in grades 3, 4, 5								
Level 3 AM (3rd, 4th, 5th Grade)			Level 2 AM (3rd, 4th, 5th Grade)			Level 1 AM (3rd, 4th, 5th Grade)		
Mon	7:20 - 8:30am	EW	Mon	7:20 - 8:30am	EW	Mon	OFF	
Tue	7:20 - 8:30am	EW	Tue	OFF		Tue	7:20 - 8:30am	EW
Wed	OFF		Wed	7:20 - 8:30am	EW	Wed	7:20 - 8:30am	EW
Thu	7:20 - 8:30am	EW	Thu	7:20 - 8:30am	EW	Thu	7:20 - 8:30am	EW
Fri	OFF		Fri	OFF		Fri	OFF	
Sat	11:30 - 1:00pm	EW	Sat	OFF		Sat	OFF	