

Winter 2021-2022 HEAT Schedule Beginning Friday Oct 29th

Level 6 - BOYS			Level 5 - BOYS			Level 4 BOYS		
Mon	5:15 - 7:00pm	EW	Mon	5:15 - 7:00pm	EW	Mon	5:25 - 7:00pm	WRA
Tue	5:15 - 7:00pm	EW	Tue	5:15 - 7:00pm	EW	Tue	5:15 - 7:00pm	EW
Wed	5:15 - 7:00pm	EW	Wed	5:15 - 7:00pm	EW	Wed	OFF	
Thur	5:15 - 7:00pm	EW	Thur	5:15 - 7:00pm	EW	Thur	5:15 - 7:00pm	EW
Fri	5:25 - 7:00pm	EW	Fri	5:25 - 7:00pm	EW	Fri	5:25 - 7:00pm	EW
Sat	10:25 - 12:00pm	EW	Sat	10:25 - 12:00pm	EW	Sat	10:25 - 12:00pm	EW
Level 6 - GIRLS			Level 5 - Girls			Level 4 - GIRLS		
Mon	5:15 - 7:00pm	EW	Mon	5:15 - 7:00pm	EW	Mon	5:25 - 7:00pm	WRA
Tue	5:25 - 7:20pm	WRA	Tue	5:25 - 7:20pm	WRA	Tue	5:25 - 7:20pm	WRA
Wed	5:15 - 7:00pm	EW	Wed	5:15 - 7:00pm	EW	Wed	OFF	
Thur	5:25 - 7:20pm	WRA	Thur	5:25 - 7:20pm	WRA	Thur	5:25 - 7:20pm	WRA
Fri	5:25 - 7:00pm	EW	Fri	5:25 - 7:00pm	EW	Fri	5:25 - 7:00pm	EW
Sat	10:25 - 12:00pm	EW	Sat	10:25 - 12:00pm	EW	Sat	10:25 - 12:00pm	EW
Level 3 (A - 12 O, B - 11 U)			Level 2 (A - 11 O, B - 10 U)			Level 1 (A - 10 O, B - 9 U)		
Mon	6:55 - 8:20pm (Both)	EW	Mon	7:00 - 8:05pm	WRA	Mon	5:00 - 6:00pm	LCP
Tue	6:40 - 8:20pm (A Only)	EW	Tue	7:00 - 8:05pm	WRA	Tue	OFF	
Wed	6:55 - 8:20pm (Both)	EW	Wed	OFF		Wed	5:00 - 6:00pm	LCP
Thur	6:40 - 8:20pm (B Only)	EW	Thur	7:00 - 8:05pm	WRA	Thur	OFF	
Fri	OFF		Fri	OFF		Fri	5:00 - 6:00pm	LCP
Sat	11:30 - 1:00pm	EW	Sat	OFF		Sat	OFF	
Novice A (9 and Over)			Novice B (8 and Under)					
Mon	6:45 - 7:30pm	LCP	Mon	6:00 - 6:45pm	LCP			
Wed	6:45 - 7:30pm	LCP	Wed	6:00 - 6:45pm	LCP			
Fri	6:45 - 7:30pm	LCP	Fri	6:00 - 6:45pm	LCP			
AM Groups - Hudson Students in grades 3, 4, 5								
Level 3 AM (3rd, 4th, 5th Grade)			Level 2 AM (3rd, 4th, 5th Grade)			Level 1 AM (3rd, 4th, 5th Grade)		
Mon	7:20 - 8:30am	EW	Mon	7:20 - 8:30am	EW	Mon	OFF	
Tue	7:20 - 8:30am	EW	Tue	OFF		Tue	7:20 - 8:30am	EW
Wed	OFF		Wed	7:20 - 8:30am	EW	Wed	7:20 - 8:30am	EW
Thu	7:20 - 8:30am	EW	Thu	7:20 - 8:30am	EW	Thu	7:20 - 8:30am	EW
Fri	OFF		Fri	OFF		Fri	OFF	
Sat	11:30 - 1:00pm	EW	Sat	OFF		Sat	OFF	

10/1/2021