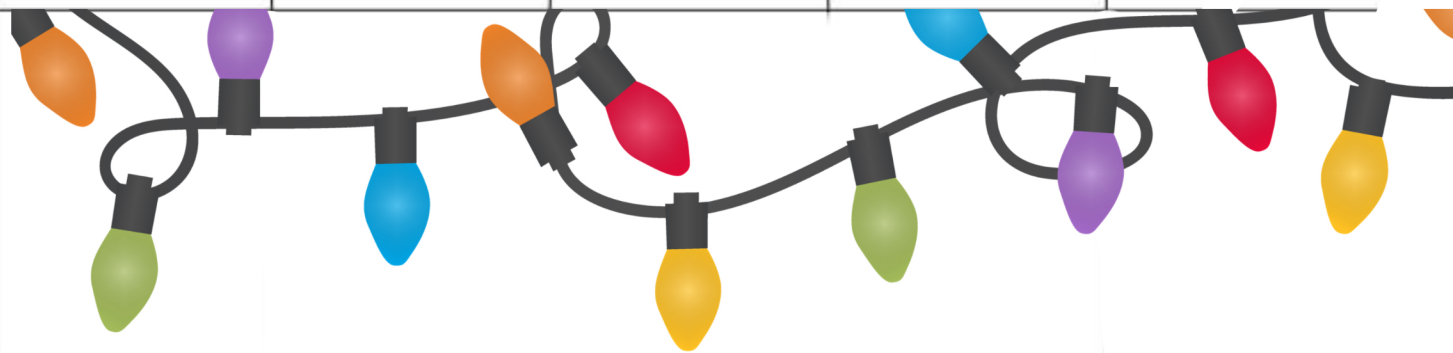
HEAT

Winter Break Practice Schedule

All Practices at East Woods

						17 No HEAT Practice Middle School Meet Participant Practice & Pasta Dinner 3:00
18 	19 Level 4 & 5 - 9-10:30 am Level 3 - 9-10:30 am Level 2- 10:30-11:30 am Level 1- 5-6 pm Novice - 6 - 6:45pm	20 Level 4 & 5 - 9-10:30 am Level 3 - 9-10:30 am Level 2- 10:30-11:30 am	21 Level 4 & 5 - 9-10:30 am Level 3 - 9-10:30 am Level 1- 5-6 pm Novice - 6 - 6:45pm	22 Level 4 & 5 - 9-10:30 am Level 3 - 9-10:30 am Level 2- 10:30-11:30 am Level 1- 5-6 pm Novice - 6 - 6:45pm	23 Level 4 & 5 - 9-10:30 am	24
25 	26 Level 4 & 5 - 9-10:30 am Level 3 - 9-10:30 am Level 2- 10:30-11:30 am Level 1- 5-6 pm Novice - 6 - 6:45pm	27 Level 4 & 5 - 9-10:30 am Level 3 - 9-10:30 am Level 2- 10:30-11:30 am	28 Level 4 & 5 - 9-10:30 am Level 3 - 9-10:30 am Level 1- 5-6 pm Novice - 6 - 6:45pm	29 Level 4 & 5 - 9-10:30 am Level 3 - 9-10:30 am Level 2- 10:30-11:30 am Level 1- 5-6 pm Novice - 6 - 6:45pm	30 Level 4 & 5 - 9-10:30 am	31
	2 Level 4 & 5 - 9-10:30 am Level 3 - 9-10:30 am Level 2- 10:30-11:30 am Level 1- 5-6 pm Novice - 6 - 6:45pm