

Required Practice Equipment by Group

Group	Fins	Snorkel	Mesh Bag	Nose Plug	Paddles	Caps	Water Bottle
Novice	Crossblade	Ultralite	Yes	Yes		All Levels: Required for Girls; Optional for Boys	Recommended
Level 1	Crossblade	Ultralite	Yes	Yes			Recommended
Level 2	Crossblade	Ultralite	Yes	Yes			Recommended
Level 3	Crossblade	Ultralite	Yes	Yes			Recommended
Level 4	Hydroblade	Ultralite Elite	Yes	Yes	Catalyst		Required
Level 5	Hydroblade	Ultralite Elite	Yes	Yes	Catalyst		Required
Level 6	Hydroblade	Ultralite Elite	Yes	Yes	Catalyst		Required
HS	Hydroblade	Ultralite Elite	Yes	Yes	Catalyst		Required
National (SR + AG)	Hydroblade	Ultralite Elite	Yes	Yes	Catalyst		Required

** All caps are REQUIRED to be HEAT Team Caps for Practices and meets, so it is suggested additional team caps be purchased from Aquatic Outfitters. Deadline for bulk order is September 10, 2021.

** Many swimmers choose to purchase their own kickboard as well.