

2017-2020 National Age Group Motivational Times

Revised 11/8/2016

Long Course Meters

B Min	BB Min	A Min	AA Min	AAA Min	AAAA Min	AAAA Min	AAA Min	AA Min	A Min	BB Min	B Min	
<b>10 Year Olds Girls</b>						<b>10 Year Olds Boys</b>						
44.09*	39.89*	35.59*	34.19*	32.79*	31.39*	50 M Free	31.39*	32.79*	34.09*	35.49*	39.49*	43.59*
1:41.89*	1:31.09*	1:20.19*	1:16.59*	1:12.99*	1:09.39*	100 M Free	1:09.09*	1:12.59*	1:15.99*	1:19.49*	1:29.79*	1:40.19*
3:44.79*	3:20.19*	2:55.59*	2:47.39*	2:39.09*	2:30.89*	200 M Free	2:28.69*	2:35.79*	2:42.89*	2:49.89*	3:11.19*	3:32.39*
7:35.29*	6:49.79*	6:04.29*	5:49.09*	5:33.89*	5:18.69*	400 M Free	5:14.69	5:29.69	5:44.59	5:59.59	6:44.59	7:29.49
54.89*	48.89*	42.89*	40.89*	38.89*	36.89*	50 M Back	36.89*	38.89*	40.99*	42.99*	49.19*	55.29*
1:59.19*	1:45.99*	1:32.69*	1:28.29*	1:23.89*	1:19.49*	100 M Back	1:18.79*	1:22.89*	1:26.89*	1:30.89*	1:42.99*	1:54.99*
1:00.49*	53.99*	47.49*	45.29*	43.09*	40.89*	50 M Breast	40.59*	42.69*	44.89*	46.99*	53.29*	59.69*
2:15.89*	2:00.79*	1:45.69*	1:40.69*	1:35.69*	1:30.59*	100 M Breast	1:30.59*	1:35.09*	1:39.59*	1:44.19*	1:57.69*	2:11.29*
53.59*	47.29*	40.99*	38.89*	36.69*	34.59*	50 M Fly	34.39*	36.29*	38.19*	40.19*	45.99*	51.79*
2:09.19*	1:52.29*	1:35.39*	1:29.69*	1:24.09*	1:18.39*	100 M Fly	1:17.99*	1:23.39*	1:28.89*	1:34.29*	1:50.59*	2:06.89*
4:09.39*	3:43.19*	3:17.09*	3:08.29*	2:59.59*	2:50.89*	200 M IM	2:48.99*	2:57.39*	3:05.89*	3:14.29*	3:39.59*	4:04.89*
<b>11 Year Olds Girls</b>						<b>11 Year Olds Boys</b>						
39.69*	36.89*	34.19*	32.79*	31.39*	30.09*	50 M Free	29.99*	31.39*	32.79*	34.19*	37.09*	39.89*
1:27.09*	1:20.89*	1:14.69*	1:11.59*	1:08.49*	1:05.39*	100 M Free	1:05.39*	1:08.49*	1:11.59*	1:14.79*	1:20.99*	1:27.19*
3:10.19*	2:56.59*	2:43.09*	2:36.29*	2:29.49*	2:22.69*	200 M Free	2:22.39	2:29.09	2:35.89	2:42.69	2:56.19	3:09.79
6:40.19*	6:11.59*	5:43.09*	5:28.79*	5:14.49*	5:00.19*	400 M Free	4:59.69*	5:13.99*	5:28.29*	5:42.59*	6:11.09*	6:39.59*
14:07.59	13:06.99	12:06.49	11:36.19	11:05.89*	10:35.69	800 M Free	10:33.09*	11:03.29*	11:33.39*	12:03.59*	13:03.89*	14:04.19*
27:17.49	25:20.59	23:23.59	22:25.09	21:26.59	20:28.19	1500 M Free	20:22.09*	21:20.29*	22:18.49*	23:16.59*	25:12.99*	27:09.39*
45.99*	42.69*	39.39*	37.79*	36.09*	34.49*	50 M Back	34.69*	36.49*	38.29*	40.19*	43.79*	47.39*
1:43.39*	1:35.29*	1:27.19*	1:23.09*	1:18.99*	1:14.89*	100 M Back	1:14.69*	1:18.79*	1:22.89*	1:26.89*	1:34.99*	1:43.19*
3:35.09*	3:19.79*	3:04.39*	2:56.69*	2:49.09*	2:41.39*	200 M Back	2:40.99	2:48.69	2:56.29	3:03.99	3:19.29	3:34.69
51.89*	48.19*	44.49*	42.59*	40.79*	38.89*	50 M Breast	38.49*	40.59*	42.59*	44.69*	48.89*	53.09*
1:54.59*	1:46.19*	1:37.69*	1:33.39*	1:29.19*	1:24.99*	100 M Breast	1:24.59*	1:28.99*	1:33.39*	1:37.79*	1:46.59*	1:55.39*
4:04.79*	3:47.29*	3:29.79*	3:21.09*	3:12.39*	3:03.59*	200 M Breast	3:02.19*	3:10.79*	3:19.49*	3:28.19*	3:45.49*	4:02.89*
43.09*	39.99*	36.89*	35.39*	33.89*	32.29*	50 M Fly	32.79*	34.59*	36.39*	38.19*	41.79*	45.49*
1:41.09*	1:32.99*	1:24.89*	1:20.89*	1:16.89*	1:12.79*	100 M Fly	1:12.89*	1:17.09*	1:21.29*	1:25.49*	1:33.89*	1:42.39*
3:37.69*	3:22.09*	3:06.59*	2:58.79*	2:50.99*	2:43.29*	200 M Fly	2:42.09*	2:49.79*	2:57.49*	3:05.29*	3:20.69*	3:36.09*
3:35.09*	3:19.69*	3:04.39*	2:56.69*	2:48.99*	2:41.29*	200 M IM	2:41.29*	2:49.59*	2:57.79*	3:05.99*	3:22.49*	3:38.89*
7:39.79*	7:06.99*	6:34.19*	6:17.69*	6:01.29*	5:44.89*	400 M IM	5:46.59*	6:03.09*	6:19.59*	6:36.09*	7:09.09*	7:42.09*
<b>12 Year Olds Girls</b>						<b>12 Year Olds Boys</b>						
38.59*	35.89*	33.19*	31.89*	30.59*	29.19*	50 M Free	28.09*	29.39*	30.69*	32.09*	34.69*	37.39*
1:24.59*	1:18.59*	1:12.49*	1:09.49*	1:06.49*	1:03.49*	100 M Free	1:01.09*	1:03.99*	1:06.99*	1:09.89*	1:15.69*	1:21.49*
3:02.89*	2:49.89*	2:36.79*	2:30.29*	2:23.79*	2:17.19*	200 M Free	2:13.19*	2:19.49*	2:25.89*	2:32.19*	2:44.89*	2:57.59*
6:23.89	5:56.49	5:29.09	5:15.39	5:01.69	4:47.99	400 M Free	4:41.59	4:55.09	5:08.49	5:21.89	5:48.69	6:15.49
13:27.59*	12:29.89*	11:32.19*	11:03.39*	10:34.59*	10:05.69*	800 M Free	9:55.29*	10:23.69*	10:51.99*	11:20.39*	12:17.09*	13:13.79*
25:49.99	23:59.29	22:08.59	21:13.19	20:17.89	19:22.49	1500 M Free	18:57.49*	19:51.69*	20:45.89*	21:39.99*	23:28.39*	25:16.69*
44.39*	41.19*	37.99*	36.39*	34.89*	33.29*	50 M Back	32.39*	34.09*	35.79*	37.49*	40.89*	44.19*
1:38.79*	1:30.99*	1:23.19*	1:19.29*	1:15.49	1:11.59	100 M Back	1:09.59*	1:13.39*	1:17.09*	1:20.89*	1:28.49*	1:35.99*
3:24.79*	3:10.19*	2:55.59*	2:48.19*	2:40.89*	2:33.59*	200 M Back	2:29.79*	2:36.89*	2:43.99*	2:51.09*	3:05.39*	3:19.69*
48.99*	45.49*	41.99*	40.19*	38.49*	36.69*	50 M Breast	35.69*	37.69*	39.59*	41.59*	45.39*	49.29*
1:48.69*	1:40.69*	1:32.69*	1:28.59*	1:24.59*	1:20.59*	100 M Breast	1:17.99*	1:22.09*	1:26.09*	1:30.19*	1:38.29*	1:46.39*
3:52.19*	3:35.59*	3:18.99*	3:10.69*	3:02.49*	2:54.19*	200 M Breast	2:48.49*	2:56.59*	3:04.59*	3:12.59*	3:28.69*	3:44.69*
41.39*	38.49*	35.49*	33.99*	32.59*	31.09*	50 M Fly	30.29*	31.99*	33.69*	35.29*	38.69*	41.99*
1:36.19*	1:28.49*	1:20.79*	1:16.99*	1:13.19*	1:09.29*	100 M Fly	1:06.99*	1:10.89*	1:14.69*	1:18.59*	1:26.29*	1:33.99*
3:23.99*	3:09.49*	2:54.89*	2:47.59*	2:40.29*	2:32.99*	200 M Fly	2:30.89*	2:38.09*	2:45.19*	2:52.39*	3:06.79*	3:21.19*
3:26.89*	3:12.09*	2:57.39*	2:49.99*	2:42.59*	2:35.19*	200 M IM	2:30.59*	2:38.29*	2:45.99*	2:53.69*	3:08.99*	3:24.39*
7:20.09*	6:48.69*	6:17.29*	6:01.49*	5:45.79*	5:30.09*	400 M IM	5:22.59*	5:37.99*	5:53.39*	6:08.69*	6:39.39*	7:10.19*
<b>13 Year Olds Girls</b>						<b>13 Year Olds Boys</b>						
37.99*	35.29*	32.59*	31.19*	29.89*	28.49*	50 M Free	26.89*	28.19*	29.49*	30.69*	33.29*	35.79*
1:22.69*	1:16.79*	1:10.89*	1:07.89*	1:04.99*	1:01.99*	100 M Free	58.49*	1:01.29*	1:04.09*	1:06.89*	1:12.39*	1:17.99*
2:58.39*	2:45.69*	2:32.99*	2:26.59*	2:20.19*	2:13.79*	200 M Free	2:08.09*	2:14.19*	2:20.29*	2:26.39*	2:38.59*	2:50.79*
6:14.19	5:47.39*	5:20.69*	5:07.39	4:53.99*	4:40.59*	400 M Free	4:30.69*	4:43.49*	4:56.39*	5:09.29*	5:35.09*	6:00.89*
12:52.59*	11:57.39*	11:02.19*	10:34.59*	10:07.09*	9:39.49*	800 M Free	9:23.49*	9:50.29*	10:17.19*	10:43.99*	11:37.59*	12:31.29*
24:45.79	22:59.69	21:13.59	20:20.49	19:27.39	18:34.39	1500 M Free	17:50.39*	18:41.39*	19:32.39*	20:23.29*	22:05.29*	23:47.19*
1:32.79*	1:26.09*	1:19.49*	1:16.19*	1:12.89*	1:09.59*	100 M Back	1:05.99*	1:09.09*	1:12.19*	1:15.39*	1:21.69*	1:27.89*
3:19.19	3:04.89	2:50.69	2:43.59	2:36.49	2:29.39	200 M Back	2:22.29*	2:29.09*	2:35.89*	2:42.69*	2:56.19*	3:09.79*
1:44.29*	1:36.89*	1:29.39*	1:25.69*	1:21.99*	1:18.29*	100 M Breast	1:13.49*	1:16.99*	1:20.49*	1:23.99*	1:30.99*	1:37.99*
3:45.09*	3:29.09*	3:12.99*	3:04.89*	2:56.89*	2:48.89*	200 M Breast	2:38.19*	2:45.79*	2:53.29*	3:00.79*	3:15.89*	3:30.99*
1:29.59*	1:23.19*	1:16.89*	1:13.59*	1:10.49*	1:07.19*	100 M Fly	1:03.49*	1:06.49*	1:09.49*	1:12.49*	1:18.59*	1:24.59*
3:17.89*	3:03.69*	2:49.59*	2:42.49*	2:35.49*	2:28.39*	200 M Fly	2:22.59*	2:29.39*	2:36.19*	2:42.89*	2:56.49*	3:10.09*
3:21.39*	3:06.99*	2:52.59*	2:45.39*	2:38.29*	2:31.09*	200 M IM	2:23.29*	2:30.09*	2:36.99*	2:43.79*	2:57.39*	3:11.09*
7:07.09*	6:36.59*	6:06.09*	5:50.79*	5:35.59*	5:20.29*	400 M IM	5:06.59*	5:21.19*	5:35.79*	5:50.39*	6:19.49*	6:48.69*

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Long Course Meters

B Min	BB Min	A Min	AA Min	AAA Min	AAAA Min	AAAA Min	AAA Min	AA Min	A Min	BB Min	B Min	
<b>14 Year Olds Girls</b>						<b>14 Year Olds Boys</b>						
37.29*	34.69*	31.99*	30.69*	29.39*	27.99*	50 M Free	25.89*	27.09*	28.39*	29.59*	32.09*	34.49*
1:21.29	1:15.49	1:09.69	1:06.79	1:03.89	1:00.99	100 M Free	56.59*	59.29*	1:01.99*	1:04.59*	1:09.99*	1:15.39*
2:55.09*	2:42.59*	2:30.09*	2:23.89*	2:17.59*	2:11.39*	200 M Free	2:03.29*	2:09.19*	2:15.09*	2:20.89*	2:32.69*	2:44.39*
6:07.79	5:41.59	5:15.29	5:02.19	4:48.99	4:35.89	400 M Free	4:21.09*	4:33.49*	4:45.99*	4:58.39*	5:23.29*	5:48.09*
12:35.99	11:41.99	10:47.99	10:20.99	9:53.99	9:26.99	800 M Free	9:04.39*	9:30.29*	9:56.29*	10:22.19*	11:13.99*	12:05.89*
24:06.39	22:23.09	20:39.79	19:48.09	18:56.49	18:04.79	1500 M Free	17:19.19*	18:08.69*	18:58.19*	19:47.69*	21:26.69*	23:05.59*
1:30.19	1:23.69*	1:17.29	1:14.09	1:10.89	1:07.59*	100 M Back	1:03.39*	1:06.39*	1:09.39*	1:12.39*	1:18.49*	1:24.49*
3:14.39*	3:00.49*	2:46.59*	2:39.69*	2:32.69*	2:25.79*	200 M Back	2:17.09*	2:23.59*	2:30.19*	2:36.69*	2:49.79*	3:02.79*
1:42.59*	1:35.19*	1:27.89*	1:24.29*	1:20.59*	1:16.89*	100 M Breast	1:11.19	1:14.59	1:17.89	1:21.29	1:28.09	1:34.89
3:41.59*	3:25.69*	3:09.89*	3:01.99*	2:54.09*	2:46.19*	200 M Breast	2:34.49*	2:41.79*	2:49.19*	2:56.59*	3:11.29*	3:25.99*
1:27.39*	1:21.09*	1:14.89*	1:11.79*	1:08.69*	1:05.49*	100 M Fly	1:00.99*	1:03.89*	1:06.79*	1:09.69*	1:15.49*	1:21.29*
3:14.29*	3:00.39*	2:46.49*	2:39.59*	2:32.59*	2:25.69*	200 M Fly	2:16.59*	2:23.09*	2:29.59*	2:36.09*	2:49.09*	3:02.09*
3:17.69*	3:03.49*	2:49.39*	2:42.39*	2:35.29*	2:28.29*	200 M IM	2:19.09*	2:25.69*	2:32.29*	2:38.99*	2:52.19*	3:05.39*
6:58.69*	6:28.79*	5:58.89*	5:43.99*	5:28.99*	5:14.09*	400 M IM	4:54.59*	5:08.59*	5:22.69*	5:36.69*	6:04.69*	6:32.79*
<b>15 Year Olds Girls</b>						<b>15 Year Olds Boys</b>						
36.89*	34.29*	31.59*	30.29*	28.99*	27.69*	50 M Free	25.39*	26.59*	27.79*	28.99*	31.39*	33.79*
1:19.99*	1:14.29*	1:08.59*	1:05.69*	1:02.89*	59.99*	100 M Free	55.39*	57.99*	1:00.69*	1:03.29*	1:08.59*	1:13.79*
2:52.49*	2:40.09*	2:27.79*	2:21.69*	2:15.49*	2:09.39*	200 M Free	1:59.89*	2:05.59*	2:11.29*	2:16.99*	2:28.39*	2:39.79*
6:02.99	5:37.09	5:11.19	4:58.19	4:45.19	4:32.29	400 M Free	4:14.89*	4:26.99*	4:39.09*	4:51.29*	5:15.49*	5:39.79*
12:28.99*	11:35.49*	10:41.99*	10:15.29*	9:48.49*	9:21.79*	800 M Free	8:53.09*	9:18.49*	9:43.79*	10:09.19*	10:59.99*	11:50.69*
24:00.79*	22:17.89*	20:34.99*	19:43.49*	18:52.09*	18:00.59*	1500 M Free	16:56.59*	17:44.99*	18:33.39*	19:21.79*	20:58.59*	22:35.39*
1:28.59*	1:22.29*	1:15.99*	1:12.79*	1:09.69*	1:06.49*	100 M Back	1:01.59*	1:04.49*	1:07.49*	1:10.39*	1:16.19*	1:22.09*
3:10.89*	2:57.29*	2:43.59*	2:36.79*	2:29.99*	2:23.19*	200 M Back	2:12.99*	2:19.39*	2:25.69*	2:31.99*	2:44.69*	2:57.39*
1:40.79*	1:33.59*	1:26.39*	1:22.79*	1:19.19*	1:15.59*	100 M Breast	1:09.29*	1:12.59*	1:15.89*	1:19.19*	1:25.79*	1:32.39*
3:39.39*	3:23.69*	3:07.99*	3:00.19*	2:52.39*	2:44.49*	200 M Breast	2:30.19*	2:37.39*	2:44.49*	2:51.69*	3:05.89*	3:20.19*
1:26.79	1:20.59	1:14.39	1:10.19	1:08.19	1:05.09	100 M Fly	58.99*	1:01.79*	1:04.59*	1:07.39*	1:12.99*	1:18.59*
3:10.89*	2:57.19*	2:43.59*	2:36.79*	2:29.99*	2:23.19*	200 M Fly	2:12.19*	2:18.49*	2:24.79*	2:31.09*	2:43.69*	2:56.29*
3:15.09*	3:01.19*	2:47.19*	2:40.29*	2:33.29*	2:26.29*	200 M IM	2:15.29*	2:21.79*	2:28.19*	2:34.69*	2:47.49*	3:00.39*
6:53.29*	6:23.79*	5:54.29*	5:39.49*	5:24.69*	5:09.99*	400 M IM	4:46.69*	5:00.29*	5:13.99*	5:27.59*	5:54.89*	6:22.19*
<b>16 Year Olds Girls</b>						<b>16 Year Olds Boys</b>						
36.59*	33.99*	31.39*	30.09*	28.79*	27.49*	50 M Free	24.99*	26.19*	27.39*	28.49*	30.89*	33.29*
1:19.69*	1:13.99*	1:08.39*	1:05.49*	1:02.69*	59.79*	100 M Free	54.59*	57.19*	59.79*	1:02.39*	1:07.59*	1:12.79*
2:51.79	2:39.49	2:27.19	2:21.09	2:14.99	2:08.79	200 M Free	1:58.19*	2:03.89*	2:09.49*	2:15.09*	2:26.39*	2:37.59*
6:00.39	5:34.69	5:08.89	4:55.99	4:43.19	4:30.29	400 M Free	4:10.39*	4:22.29*	4:34.19*	4:46.19*	5:09.99*	5:33.89*
12:23.29	11:30.19	10:37.09	10:10.59	9:44.09	9:17.49	800 M Free	8:46.69	9:11.79	9:36.89	10:01.89	10:52.09	11:42.19
23:47.39*	22:05.39*	20:23.49*	19:32.49*	18:41.49*	17:50.59*	1500 M Free	16:45.69*	17:33.59*	18:21.39*	19:09.29*	20:45.09*	22:20.89*
1:28.29*	1:21.99*	1:15.69*	1:12.59*	1:09.39*	1:06.29*	100 M Back	1:00.49*	1:03.39*	1:06.29*	1:09.19*	1:14.89*	1:20.69*
3:09.59*	2:56.09*	2:42.59*	2:35.79*	2:28.99*	2:22.19*	200 M Back	2:10.29	2:16.49	2:22.69	2:28.89	2:41.39	2:53.79
1:40.39*	1:33.19*	1:26.09*	1:22.49*	1:18.89*	1:15.29*	100 M Breast	1:07.79*	1:10.99*	1:14.19*	1:17.49*	1:23.89*	1:30.39*
3:36.59	3:21.19	3:05.69	2:57.99	2:50.19	2:42.49	200 M Breast	2:27.79*	2:34.79*	2:41.89*	2:48.89*	3:02.99*	3:16.99*
1:25.59*	1:19.49*	1:13.39*	1:10.29*	1:07.19*	1:04.19*	100 M Fly	58.19*	1:00.99*	1:03.69*	1:06.49*	1:11.99*	1:17.59*
3:09.69	2:56.19	2:42.59*	2:35.79*	2:29.09	2:22.29	200 M Fly	2:09.49*	2:15.69*	2:21.89*	2:27.99*	2:40.39*	2:52.69*
3:13.39*	2:59.59*	2:45.69*	2:38.79*	2:31.89*	2:24.99*	200 M IM	2:12.59*	2:18.89*	2:25.29*	2:31.59*	2:44.19*	2:56.79*
6:48.99	6:19.79	5:50.59	5:35.99	5:21.39	5:06.79	400 M IM	4:41.59*	4:54.99*	5:08.49*	5:21.89*	5:48.69*	6:15.49*
<b>17 Year Olds Girls</b>						<b>17 Year Olds Boys</b>						
36.49*	33.89*	31.29*	29.99*	28.69*	27.39*	50 M Free	24.69*	25.89*	27.09*	28.19*	30.59*	32.89*
1:19.19*	1:13.59*	1:07.89*	1:05.09*	1:02.19*	59.39*	100 M Free	53.79*	56.39*	58.89*	1:01.49*	1:06.59*	1:11.69*
2:50.69*	2:38.49*	2:26.29*	2:20.19*	2:14.09*	2:07.99*	200 M Free	1:57.89*	2:03.49*	2:09.09*	2:14.69*	2:25.89*	2:37.09*
5:59.69	5:33.99	5:08.29	4:55.49	4:42.59	4:29.79	400 M Free	4:10.79*	4:22.79*	4:34.69*	4:46.59*	5:10.49*	5:34.39*
12:21.39*	11:28.49*	10:35.49*	10:09.09*	9:42.59*	9:16.09*	800 M Free	8:42.09*	9:06.99*	9:31.89	9:56.69*	10:46.39*	11:36.19*
23:53.19*	22:10.89*	20:28.49*	19:37.29*	18:46.09*	17:54.89*	1500 M Free	16:35.49*	17:22.89*	18:10.29*	18:57.69*	20:32.49*	22:07.29*
1:28.09*	1:21.79*	1:15.49*	1:12.39*	1:09.19*	1:06.09*	100 M Back	59.79*	1:02.59*	1:05.49*	1:08.29*	1:13.99*	1:19.69*
3:09.59*	2:56.09*	2:42.49*	2:35.69*	2:28.99*	2:22.19*	200 M Back	2:09.19*	2:15.29*	2:21.49*	2:27.59*	2:39.89*	2:52.19*
1:39.99*	1:32.89*	1:25.69*	1:22.09*	1:18.59*	1:14.99*	100 M Breast	1:07.49*	1:10.69*	1:13.89*	1:17.09*	1:23.49*	1:29.99*
3:36.79*	3:21.29*	3:05.79*	2:58.09*	2:50.29*	2:42.59*	200 M Breast	2:26.69*	2:33.59*	2:40.59*	2:47.59*	3:01.59*	3:15.49*
1:25.39*	1:19.29*	1:13.19*	1:10.19*	1:07.09*	1:04.09*	100 M Fly	57.79*	1:00.49*	1:03.29*	1:05.99*	1:11.49*	1:16.99*
3:07.19	2:53.89	2:40.49	2:33.79	2:27.09	2:20.39	200 M Fly	2:08.39*	2:14.49*	2:20.59*	2:26.69*	2:38.89*	2:51.19*
3:12.59*	2:58.89*	2:45.09*	2:38.19*	2:31.29*	2:24.49*	200 M IM	2:11.69*	2:17.99*	2:24.19*	2:30.49*	2:42.99*	2:55.59*
6:48.29*	6:19.09*	5:49.89*	5:35.39*	5:20.79*	5:06.19*	400 M IM	4:39.79*	4:53.09*	5:06.39*	5:19.69*	5:46.39*	6:12.99*
<b>18 Year Olds Girls</b>						<b>18 Year Olds Boys</b>						
36.39*	33.79*	31.19*	29.89*	28.59*	27.29*	50 M Free	24.49	25.69	26.79	27.99	30.29	32.59
1:19.19*	1:13.59*	1:07.89*	1:05.09*	1:02.19*	59.39*	100 M Free	53.69*	56.19*	58.79*	1:01.29*	1:06.39*	1:11.49*
2:50.49*	2:38.29*	2:26.19*	2:20.09*	2:13.99*	2:07.89*	200 M Free	1:57.39*	2:02.99*	2:08.59*	2:14.19*	2:25.39*	2:36.59*
6:00.99	5:35.19	5:09.39	4:56.49	4:43.59	4:30.69	400 M Free	4:09.69*	4:21.59*	4:33.49*	4:45.29*	5:09.09*	5:32.89*
12:19.59	11:26.79	10:33.99	10:07.59	9:41.09	9:14.69	800 M Free	8:44.19	9:09.19	9:34.09	9:59.09	10:48.99	11:38.89
23:39.89	21:58.49	20:17.09	19:26.39	18:35.59	17:44.89	1500 M Free	16:35.79*	17:23.19*	18:10.59*	18:57.99*	20:32.89*	22:07.69*
1:28.09*	1:21.79*	1:15.59*	1:12.39*	1:09.29*	1:06.09*	100 M Back	59.79*	1:02.69*	1:05.49*	1:08.39*	1:14.09*	1:19.79*
3:09.69*	2:56.09*	2:42.59*	2:35.79*	2:28.99*	2:22.29*	200 M Back	2:09.69*	2:15.89*	2:22.09*	2:28.19*	2:40.59*	2:52.89*
1:39.59	1:32.49	1:25.29	1:21.79	1:18.19	1:14.69	100 M Breast	1:06.69*	1:09.89*	1:13.09*	1:16.19*	1:22.59*	1:28.89*
3:34.39*	3:19.09*	3:03.69*	2:56.09*	2:48.39*	2:40.79*	200 M Breast	2:25.69*	2:32.59*	2:39.59*	2:46.49*	3:00.39*	3:14.29*
1:24.99*	1:18.99*	1:12.89*	1:09.89*	1:06.79*	1:03.79*	100 M Fly	57.29*	59.99*	1:02.79*	1:05.49*	1:10.89*	1:16.39*
3:08.49	2:55.09	2:41.59	2:34.89	2:28.09	2:21.39	200 M Fly	2:07.89*	2:13.99*	2:20.09*	2:26.19*	2:38.39*	2:50.49*
3:12.29*	2:58.59*	2:44.79*	2:37.99*	2:31.09*	2:24.19*	200 M IM	2:10.99*	2:17.29*				