

2017-2020 National Age Group Motivational Times

Revised 11/8/2016

Short Course Meters

B Min	BB Min	A Min	AA Min	AAA Min	AAAA Min	AAAA Min	AAA Min	AA Min	A Min	BB Min	B Min	
<b>10 Year Olds Girls</b>						<b>10 Year Olds Boys</b>						
42.99*	38.89*	34.69*	33.29*	31.89*	30.59*	50 M Free	30.29*	31.59*	32.89*	34.19*	38.09*	41.99*
1:38.99*	1:28.39*	1:17.89*	1:14.39*	1:10.89*	1:07.39*	100 M Free	1:06.99*	1:10.29*	1:13.69*	1:16.99*	1:26.99*	1:36.99*
3:40.09*	3:15.99*	2:51.89*	2:43.89*	2:35.79*	2:27.79*	200 M Free	2:24.39*	2:31.29*	2:38.19*	2:44.99*	3:05.69*	3:26.29*
7:21.99*	6:37.79*	5:53.59*	5:38.89*	5:24.09*	5:09.39*	400 M Free	5:04.09*	5:18.59*	5:33.09*	5:47.59*	6:30.99*	7:14.39*
51.99*	46.29*	40.59*	38.69*	36.79*	34.89*	50 M Back	35.09*	37.09*	38.99*	40.99*	46.79*	52.69*
1:52.69*	1:40.19*	1:27.69*	1:23.49*	1:19.29*	1:15.19*	100 M Back	1:15.59*	1:19.39*	1:23.29*	1:27.09*	1:38.69*	1:50.29*
58.89*	52.49*	46.19*	44.09*	41.89*	39.79*	50 M Breast	39.19*	41.19*	43.29*	45.29*	51.39*	57.59*
2:10.49*	1:55.99*	1:41.49*	1:36.69*	1:31.89*	1:26.99*	100 M Breast	1:25.59*	1:29.79*	1:34.09*	1:38.29*	1:51.09*	2:03.89*
52.39*	46.19*	39.99*	37.99*	35.89*	33.79*	50 M Fly	33.49*	35.29*	37.19*	39.09*	44.79*	50.49*
2:05.99*	1:49.49*	1:32.99*	1:27.49*	1:21.99*	1:16.49*	100 M Fly	1:15.59*	1:20.89*	1:26.19*	1:31.39*	1:47.19*	2:03.09*
1:52.39*	1:40.39*	1:28.49*	1:24.49*	1:20.49*	1:16.49*	100 M IM	1:16.29*	1:19.89*	1:23.59*	1:27.19*	1:38.09*	1:48.99*
4:01.09*	3:35.79*	3:10.49*	3:02.09*	2:53.69*	2:45.29*	200 M IM	2:44.29*	2:52.49*	3:00.69*	3:08.89*	3:33.49*	3:58.09*
<b>11 Year Olds Girls</b>						<b>11 Year Olds Boys</b>						
38.59*	35.89*	33.19*	31.89*	30.49*	29.19*	50 M Free	28.79*	30.19*	31.59*	32.89*	35.69*	38.39*
1:24.39*	1:18.39*	1:12.29*	1:09.29*	1:06.29*	1:03.29*	100 M Free	1:02.99*	1:05.99*	1:08.99*	1:11.99*	1:17.99*	1:23.99*
3:03.19*	2:50.09*	2:36.99*	2:30.49*	2:23.89*	2:17.39*	200 M Free	2:16.69*	2:23.19*	2:29.69*	2:36.19*	2:49.29*	3:02.29*
6:32.09*	6:04.09*	5:36.09*	5:22.09*	5:08.09*	4:54.09*	400 M Free	4:49.89*	5:03.69*	5:17.49*	5:31.29*	5:58.89*	6:26.49*
13:34.39*	12:36.29*	11:38.09*	11:08.99*	10:39.89*	10:10.79*	800 M Free	10:06.19*	10:35.09*	11:03.99*	11:32.79*	12:30.59*	13:28.29*
26:01.19*	24:09.69*	22:18.19*	21:22.39*	20:26.69*	19:30.89*	1500 M Free	19:21.19*	20:16.49*	21:11.79*	22:06.99*	23:57.59*	25:48.19*
43.79*	40.69*	37.59*	35.99*	34.49*	32.89*	50 M Back	33.09*	34.89*	36.59*	38.29*	41.79*	45.19*
1:37.19*	1:29.49*	1:21.89*	1:17.99*	1:14.19*	1:10.39*	100 M Back	1:10.49*	1:14.39*	1:18.19*	1:21.99*	1:29.69*	1:37.39*
3:24.29*	3:09.69*	2:55.09*	2:47.79*	2:40.49*	2:33.19*	200 M Back	2:33.39*	2:40.69*	2:47.99*	2:55.29*	3:09.89*	3:24.49*
49.59*	46.09*	42.59*	40.79*	38.99*	37.19*	50 M Breast	36.99*	38.99*	40.99*	42.99*	47.09*	51.09*
1:49.49*	1:41.39*	1:33.29*	1:29.29*	1:25.19*	1:21.19*	100 M Breast	1:20.09*	1:24.29*	1:28.39*	1:32.59*	1:40.99*	1:49.29*
3:53.89*	3:37.19*	3:20.49*	3:12.09*	3:03.79*	2:55.39*	200 M Breast	2:53.49*	3:01.69*	3:09.99*	3:18.29*	3:34.79*	3:51.29*
42.09*	39.09*	36.09*	34.59*	33.09*	31.59*	50 M Fly	31.59*	33.39*	35.09*	36.89*	40.39*	43.89*
1:38.09*	1:30.19*	1:22.39*	1:18.49*	1:14.59*	1:10.69*	100 M Fly	1:10.39*	1:14.49*	1:18.49*	1:22.59*	1:30.69*	1:38.79*
3:30.09*	3:15.09*	3:00.09*	2:52.59*	2:45.09*	2:37.59*	200 M Fly	2:37.49*	2:44.99*	2:52.49*	2:59.99*	3:14.99*	3:29.99*
1:36.19*	1:29.29*	1:22.49*	1:18.99*	1:15.59*	1:12.19*	100 M IM	1:12.09*	1:15.59*	1:19.09*	1:22.59*	1:29.59*	1:36.59*
3:26.19*	3:11.49*	2:56.79*	2:49.39*	2:41.99*	2:34.69*	200 M IM	2:35.29*	2:43.19*	2:51.09*	2:59.09*	3:14.89*	3:30.69*
7:20.59*	6:49.19*	6:17.69*	6:01.89*	5:46.19*	5:30.49*	400 M IM	5:30.79*	5:46.59*	6:02.29*	6:18.09*	6:49.59*	7:21.09*
<b>12 Year Olds Girls</b>						<b>12 Year Olds Boys</b>						
37.29*	34.69*	32.19*	30.89*	29.59*	28.29*	50 M Free	26.99*	28.29*	29.59*	30.89*	33.39*	35.99*
1:21.29	1:15.49	1:09.69	1:06.79	1:03.89	1:00.99	100 M Free	58.89*	1:01.69*	1:04.49*	1:07.29*	1:12.89*	1:18.49*
2:57.69*	2:44.99*	2:32.29*	2:25.99*	2:19.69*	2:13.29*	200 M Free	2:08.29*	2:14.39*	2:20.49*	2:26.69*	2:38.89*	2:51.09*
6:14.39*	5:47.69*	5:20.89*	5:07.59*	4:54.19*	4:40.79*	400 M Free	4:33.89*	4:46.89*	4:59.99*	5:12.69*	5:39.09*	6:05.19*
12:57.19	12:01.69	11:06.19	10:38.49	10:10.69	9:42.89	800 M Free	9:32.69*	9:59.99*	10:27.29*	10:54.59*	11:49.09*	12:43.59*
24:45.29*	22:59.19*	21:13.09*	20:20.09*	19:26.99*	18:33.99*	1500 M Free	18:09.99*	19:01.89*	19:53.79*	20:45.69*	22:29.59*	24:13.39*
42.49*	39.49*	36.39*	34.89*	33.39*	31.89*	50 M Back	30.99*	32.59*	34.19*	35.79*	39.09*	42.29*
1:34.19*	1:26.79*	1:19.39*	1:15.59*	1:11.89*	1:08.19*	100 M Back	1:06.29*	1:09.89*	1:13.49*	1:17.09*	1:24.29*	1:31.59*
3:15.29*	3:01.29*	2:47.39*	2:40.39*	2:33.39*	2:26.49*	200 M Back	2:23.09*	2:29.89*	2:36.69*	2:43.59*	2:57.19*	3:10.79*
47.59*	44.19*	40.79*	39.09*	37.39*	35.69*	50 M Breast	34.39*	36.19*	38.09*	39.99*	43.69*	47.39*
1:44.59*	1:36.89*	1:29.19*	1:25.29*	1:21.39*	1:17.59*	100 M Breast	1:14.19*	1:17.99*	1:21.89*	1:25.69*	1:33.49*	1:41.19*
3:43.99*	3:27.99*	3:11.99*	3:03.99*	2:55.99*	2:47.99*	200 M Breast	2:41.99*	2:49.69*	2:57.39*	3:05.19*	3:20.59*	3:35.99*
40.69*	37.79*	34.89*	33.39*	31.99*	30.49*	50 M Fly	29.59*	31.19*	32.79*	34.49*	37.79*	40.99*
1:33.99*	1:26.49*	1:18.99*	1:15.19*	1:11.49*	1:07.69*	100 M Fly	1:05.59*	1:09.39*	1:13.19*	1:16.89*	1:24.49*	1:32.09*
3:19.19*	3:04.99*	2:50.79*	2:43.69*	2:36.59*	2:29.39*	200 M Fly	2:25.99*	2:32.89*	2:39.89*	2:46.79*	3:00.69*	3:14.59*
1:33.29*	1:26.59*	1:19.89*	1:16.59*	1:13.29*	1:09.99*	100 M IM	1:06.69*	1:09.89*	1:13.19*	1:16.39*	1:22.89*	1:29.39*
3:19.59*	3:05.29*	2:51.09*	2:43.89*	2:36.79*	2:29.69*	200 M IM	2:24.59*	2:31.99*	2:39.39*	2:46.69*	3:01.49*	3:16.19*
7:04.49*	6:34.19*	6:03.89*	5:48.69*	5:33.59*	5:18.39*	400 M IM	5:09.19*	5:23.89*	5:38.69*	5:53.39*	6:22.79*	6:52.29*
<b>13 Year Olds Girls</b>						<b>13 Year Olds Boys</b>						
36.89*	34.29*	31.69*	30.39*	28.99*	27.69*	50 M Free	25.89*	27.19*	28.39*	29.59*	32.09*	34.49*
1:19.89*	1:14.19*	1:08.49*	1:05.59*	1:02.79*	59.89*	100 M Free	56.49*	59.09*	1:01.79*	1:04.49*	1:09.89*	1:15.29*
2:52.59*	2:40.29*	2:27.99*	2:21.79*	2:15.69*	2:09.49*	200 M Free	2:02.69*	2:08.49*	2:14.29*	2:20.19*	2:31.89*	2:43.49*
6:05.69*	5:39.59*	5:13.39*	5:00.39*	4:47.29*	4:34.29*	400 M Free	4:21.59*	4:33.99*	4:46.49*	4:58.89*	5:23.89*	5:48.79*
12:33.89*	11:40.09*	10:46.19*	10:19.29*	9:52.39*	9:25.39*	800 M Free	9:03.19*	9:29.09*	9:54.89*	10:20.79*	11:12.49*	12:04.29*
23:54.69*	22:12.19*	20:29.79*	19:38.49*	18:47.29*	17:55.99*	1500 M Free	17:12.49*	18:01.69*	18:50.79*	19:39.99*	21:18.29*	22:56.69*
1:28.29	1:21.99	1:15.69	1:12.49*	1:09.39	1:06.19*	100 M Back	1:02.49*	1:05.49*	1:08.39*	1:11.39*	1:17.39*	1:23.29*
3:09.99*	2:56.39*	2:42.89*	2:36.09*	2:29.29*	2:22.49*	200 M Back	2:15.39*	2:21.89*	2:28.29*	2:34.79*	2:47.69*	3:00.59*
1:40.09*	1:32.99*	1:25.79*	1:22.29*	1:18.69*	1:15.09*	100 M Breast	1:10.19*	1:13.59*	1:16.89*	1:20.19*	1:26.89*	1:33.59*
3:37.59*	3:22.09*	3:06.49*	2:58.79*	2:50.99*	2:43.19*	200 M Breast	2:31.99*	2:39.19*	2:46.49*	2:53.69*	3:08.19*	3:22.69*
1:27.09*	1:20.89*	1:14.69*	1:11.59*	1:08.49*	1:05.29*	100 M Fly	1:01.59*	1:04.49*	1:07.49*	1:10.39*	1:16.29*	1:22.09*
3:13.69*	2:59.79*	2:45.99*	2:39.09*	2:32.19*	2:25.29*	200 M Fly	2:16.69*	2:23.19*	2:29.69*	2:36.19*	2:49.29*	3:02.29*
3:14.09*	3:00.19*	2:46.39*	2:39.39*	2:32.49*	2:25.59*	200 M IM	2:17.79*	2:24.39*	2:30.89*	2:37.49*	2:50.59*	3:03.69*
6:52.69*	6:23.19*	5:53.69*	5:38.99*	5:24.29*	5:09.49*	400 M IM	4:53.19*	5:07.09*	5:21.09*	5:35.09*	6:02.99*	6:30.89*

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Short Course Meters

B Min	BB Min	A Min	AA Min	AAA Min	AAAA Min	AAAA Min	AAA Min	AA Min	A Min	BB Min	B Min	
<b>14 Year Olds Girls</b>						<b>14 Year Olds Boys</b>						
36.09*	33.49*	30.89*	29.59*	28.39*	27.09*	50 M Free	24.89*	26.09*	27.29*	28.39*	30.79*	33.19*
1:18.49*	1:12.89*	1:07.29*	1:04.49*	1:01.69*	58.89*	100 M Free	54.39*	56.99*	59.59*	1:02.19*	1:07.39*	1:12.49*
2:49.29*	2:37.19*	2:25.09*	2:18.99*	2:12.99*	2:06.99*	200 M Free	1:58.29*	2:03.89*	2:09.49*	2:15.19*	2:26.39*	2:37.69*
5:58.49*	5:32.89*	5:07.29*	4:54.49*	4:41.69*	4:28.89*	400 M Free	4:13.29*	4:25.39*	4:37.39*	4:49.49*	5:13.59*	5:37.69*
12:22.79*	11:29.69*	10:36.69*	10:10.19*	9:43.59*	9:17.09*	800 M Free	8:45.59*	9:10.59*	9:35.59*	10:00.69*	10:50.69*	11:40.79*
23:17.39*	21:37.59*	19:57.79*	19:07.89*	18:17.99*	17:28.09*	1500 M Free	16:39.29*	17:26.89*	18:14.49*	19:01.99*	20:37.19*	22:12.39*
1:25.79*	1:19.69*	1:13.59*	1:10.49*	1:07.39*	1:04.39*	100 M Back	59.79*	1:02.59*	1:05.49*	1:08.29*	1:13.99*	1:19.69*
3:05.39*	2:52.19*	2:38.99*	2:32.29*	2:25.69*	2:19.09*	200 M Back	2:10.19*	2:16.39*	2:22.59*	2:28.79*	2:41.19*	2:53.59*
1:38.59*	1:31.59*	1:24.49*	1:20.99*	1:17.49*	1:13.99*	100 M Breast	1:07.59*	1:10.79*	1:13.99*	1:17.19*	1:23.69*	1:30.09*
3:32.39*	3:17.19*	3:02.09*	2:54.49*	2:46.89*	2:39.29*	200 M Breast	2:27.19*	2:34.19*	2:41.19*	2:48.19*	3:02.19*	3:16.19*
1:25.19*	1:19.19*	1:13.09*	1:09.99*	1:06.99*	1:03.89*	100 M Fly	59.29*	1:02.09*	1:04.89*	1:07.69*	1:13.39*	1:18.99*
3:08.39*	2:54.99*	2:41.49*	2:34.79*	2:27.99*	2:21.29*	200 M Fly	2:11.49*	2:17.79*	2:23.99*	2:30.29*	2:42.79*	2:55.29*
3:09.69*	2:56.19*	2:42.59*	2:35.89*	2:29.09*	2:22.29*	200 M IM	2:12.59*	2:18.89*	2:25.19*	2:31.59*	2:44.19*	2:56.79*
6:43.79*	6:14.99*	5:46.19*	5:31.69*	5:17.29*	5:02.89*	400 M IM	4:43.29*	4:56.79*	5:10.29*	5:23.79*	5:50.69*	6:17.69*
<b>15 Year Olds Girls</b>						<b>15 Year Olds Boys</b>						
35.89*	33.29*	30.79*	29.49*	28.19*	26.89*	50 M Free	24.49*	25.59*	26.79*	27.99*	30.29*	32.59*
1:17.69*	1:12.09*	1:06.59*	1:03.79*	1:00.99*	58.29*	100 M Free	53.29*	55.79*	58.39*	1:00.89*	1:05.99*	1:10.99*
2:47.39*	2:35.49*	2:23.49*	2:17.49*	2:11.59*	2:05.59*	200 M Free	1:55.89*	2:01.39*	2:06.89*	2:12.39*	2:23.39*	2:34.49*
5:53.99*	5:28.69*	5:03.39*	4:50.79*	4:38.09*	4:25.49*	400 M Free	4:08.19*	4:19.99*	4:31.79*	4:43.59*	5:07.19*	5:30.89*
12:14.89*	11:22.39*	10:29.89*	10:03.69*	9:37.39*	9:11.19*	800 M Free	8:36.39*	9:00.99*	9:25.59*	9:50.09*	10:39.29*	11:28.49*
23:09.49*	21:30.19*	19:50.99*	19:01.29*	18:11.69*	17:22.09*	1500 M Free	16:23.69*	17:10.59*	17:57.39*	18:44.29*	20:17.99*	21:51.59*
1:24.69*	1:18.59*	1:12.59*	1:09.49*	1:06.49*	1:03.49*	100 M Back	58.29*	1:01.09*	1:03.89*	1:06.69*	1:12.19*	1:17.79*
3:02.89*	2:49.79*	2:36.79*	2:30.29*	2:23.69*	2:17.19*	200 M Back	2:06.89*	2:12.99*	2:18.99*	2:25.09*	2:37.09*	2:49.19*
1:36.79*	1:29.89*	1:22.99*	1:19.49*	1:15.99*	1:12.59*	100 M Breast	1:05.79*	1:08.89*	1:11.99*	1:15.19*	1:21.39*	1:27.69*
3:30.89*	3:15.79*	3:00.79*	2:53.19*	2:45.69*	2:38.19*	200 M Breast	2:23.79*	2:30.69*	2:37.49*	2:44.29*	2:57.99*	3:11.69*
1:24.59*	1:18.59*	1:12.49*	1:09.49*	1:06.49*	1:03.49*	100 M Fly	57.69*	1:00.49*	1:03.19*	1:05.29*	1:11.39*	1:16.89*
3:06.59*	2:53.29*	2:39.99*	2:33.29*	2:26.59*	2:19.99*	200 M Fly	2:08.49*	2:14.59*	2:20.69*	2:26.79*	2:39.09*	2:51.29*
3:07.39*	2:54.09*	2:40.69*	2:33.99*	2:27.29*	2:20.59*	200 M IM	2:09.59*	2:15.79*	2:21.99*	2:28.19*	2:40.49*	2:52.79*
6:40.19*	6:11.59*	5:42.99*	5:28.69*	5:14.49*	5:00.19*	400 M IM	4:35.89*	4:48.99*	5:02.19*	5:15.29*	5:41.59*	6:07.79*
<b>16 Year Olds Girls</b>						<b>16 Year Olds Boys</b>						
35.49*	32.99*	30.49*	29.19*	27.89*	26.69*	50 M Free	23.99	25.09*	26.29	27.39*	29.69*	31.99
1:16.99*	1:11.49*	1:05.99*	1:03.19*	1:00.49*	57.69*	100 M Free	52.19*	54.69*	57.19*	59.69*	1:04.69*	1:09.59*
2:46.39*	2:34.49*	2:22.59*	2:16.69*	2:10.79*	2:04.79*	200 M Free	1:53.79*	1:59.19*	2:04.59*	2:09.99*	2:20.89*	2:31.69*
5:52.29*	5:27.09*	5:01.99*	4:49.39*	4:36.79*	4:24.19*	400 M Free	4:04.09*	4:15.69*	4:27.29*	4:38.89*	5:02.19*	5:25.39*
12:10.89*	11:18.69*	10:26.49*	10:00.39*	9:34.29	9:08.19	800 M Free	8:29.79*	8:53.99*	9:18.29*	9:42.59*	10:31.09*	11:19.69*
23:10.09	21:30.79	19:51.49	19:01.89	18:12.19	17:22.59	1500 M Free	16:09.59*	16:55.69*	17:41.89*	18:28.09*	20:00.39*	21:32.69*
1:23.49*	1:17.59*	1:11.59*	1:08.59*	1:05.59*	1:02.69*	100 M Back	56.69*	59.39*	1:02.09*	1:04.79*	1:10.19*	1:15.59*
3:01.49*	2:48.59*	2:35.59*	2:29.09*	2:22.69*	2:16.19*	200 M Back	2:04.39*	2:10.29*	2:16.19*	2:22.09*	2:33.99*	2:45.79*
1:35.69*	1:28.89*	1:22.09*	1:18.59*	1:15.19*	1:11.79*	100 M Breast	1:04.59*	1:07.69*	1:10.79*	1:13.89*	1:19.99*	1:26.19*
3:28.49*	3:13.59*	2:58.69*	2:51.19*	2:43.79*	2:36.39*	200 M Breast	2:20.59*	2:27.29*	2:33.99*	2:40.69*	2:54.09*	3:07.49*
1:23.39*	1:17.39*	1:11.49*	1:08.49*	1:05.49*	1:02.59*	100 M Fly	56.79*	59.49*	1:02.19*	1:04.89*	1:10.29*	1:15.69*
3:04.39*	2:51.19*	2:38.09*	2:31.49*	2:24.89*	2:18.29*	200 M Fly	2:05.49*	2:11.49*	2:17.49*	2:23.39*	2:35.39*	2:47.29*
3:06.19*	2:52.89*	2:39.59*	2:32.89*	2:26.29*	2:19.59*	200 M IM	2:06.29*	2:12.29*	2:18.29*	2:24.39*	2:36.39*	2:48.39*
6:35.09*	6:06.89*	5:38.69*	5:24.59*	5:10.49*	4:56.39*	400 M IM	4:33.29*	4:46.29*	4:59.29*	5:12.29*	5:38.29*	6:04.29*
<b>17 Year Olds Girls</b>						<b>17 Year Olds Boys</b>						
35.39*	32.79*	30.29*	28.99*	27.79*	26.49*	50 M Free	23.49	24.59	25.69	26.79	29.09	31.29
1:16.59*	1:11.09*	1:05.59*	1:02.89*	1:00.19*	57.39*	100 M Free	51.59*	54.09*	56.49*	58.99*	1:03.89*	1:08.79*
2:45.99*	2:34.19*	2:22.29*	2:16.39*	2:10.39*	2:04.49*	200 M Free	1:52.79*	1:58.09*	2:03.49*	2:08.89*	2:19.59*	2:30.29*
5:51.29*	5:26.19*	5:01.09*	4:48.59*	4:35.99*	4:23.49*	400 M Free	4:02.49*	4:14.09*	4:25.59*	4:37.19*	5:00.29*	5:23.39*
12:10.09*	11:17.99*	10:25.79*	9:59.69*	9:33.69*	9:07.59*	800 M Free	8:25.99*	8:50.09*	9:14.19*	9:38.29*	10:26.29*	11:14.69*
23:04.99*	21:26.09	19:47.19	18:57.69	18:08.19	17:18.79	1500 M Free	16:03.89*	16:49.79*	17:35.69*	18:21.59*	19:53.39*	21:25.09*
1:23.49*	1:17.49*	1:11.59*	1:08.59*	1:05.59*	1:02.59*	100 M Back	56.29*	58.89*	1:01.59*	1:04.29*	1:09.59*	1:14.99*
3:00.89*	2:47.89*	2:34.99*	2:28.59*	2:22.09*	2:15.69*	200 M Back	2:02.99*	2:08.89*	2:14.69*	2:20.59*	2:32.29*	2:43.99*
1:35.69*	1:28.89*	1:22.09*	1:18.69*	1:15.19*	1:11.79*	100 M Breast	1:03.99*	1:07.09*	1:10.09*	1:13.19*	1:19.29*	1:25.39*
3:27.29*	3:12.49*	2:57.69*	2:50.29*	2:42.89*	2:35.49*	200 M Breast	2:18.79*	2:25.39*	2:32.09*	2:38.69*	2:51.89*	3:05.09*
1:22.89*	1:16.99*	1:11.09*	1:08.09*	1:05.19*	1:02.19*	100 M Fly	55.59*	58.19*	1:00.89*	1:03.49*	1:08.79*	1:14.09*
3:04.19*	2:50.99*	2:37.89*	2:31.29*	2:24.69*	2:18.19*	200 M Fly	2:03.99*	2:09.89*	2:15.79*	2:21.69*	2:33.49*	2:45.29*
3:05.29*	2:52.09*	2:38.89*	2:32.19*	2:25.59*	2:18.99*	200 M IM	2:05.49*	2:11.39*	2:17.39*	2:23.39*	2:35.29*	2:47.29*
6:35.79*	6:07.59*	5:39.29*	5:25.19*	5:10.99*	4:56.89*	400 M IM	4:29.69*	4:42.59*	4:55.39*	5:08.19*	5:33.89*	5:59.59*
<b>18 Year Olds Girls</b>						<b>18 Year Olds Boys</b>						
34.99*	32.49*	29.99*	28.79*	27.49*	26.29*	50 M Free	23.19*	24.29*	25.39*	26.49*	28.79*	30.99*
1:15.49*	1:10.09*	1:04.69*	1:01.99*	59.29*	56.59*	100 M Free	50.99*	53.39*	55.89*	58.29*	1:03.09*	1:07.99*
2:45.19*	2:33.39*	2:21.59*	2:15.69*	2:09.79*	2:03.89*	200 M Free	1:52.29*	1:57.69*	2:02.99*	2:08.39*	2:19.09*	2:29.79*
5:49.39*	5:24.49*	4:59.49*	4:46.99*	4:34.59*	4:22.09*	400 M Free	4:00.99*	4:12.39*	4:23.89*	4:35.39*	4:58.29*	5:21.29*
12:08.59	11:16.59	10:24.49	9:58.49	9:32.49	9:06.49	800 M Free	8:26.49*	8:50.69*	9:14.79*	9:38.89*	10:27.09*	11:15.39*
22:58.19	21:19.69	19:41.29	18:52.09	18:02.79	17:13.59	1500 M Free	15:55.29*	16:40.79*	17:26.29*	18:11.79*	19:42.69*	21:13.69*
1:22.89*	1:16.89*	1:10.99*	1:08.09*	1:05.09*	1:02.19*	100 M Back	55.29*	57.99*	1:00.59*	1:03.19*	1:08.49*	1:13.79*
3:00.09*	2:47.19*	2:34.39*	2:27.49*	2:21.49*	2:15.09*	200 M Back	2:00.99*	2:06.79*	2:12.49*	2:18.29*	2:29.79*	2:41.29*
1:35.99*	1:29.09*	1:22.29*	1:18.79*	1:15.39*	1:11.99*	100 M Breast	1:03.09*	1:06.09*	1:09.09*	1:12.09*	1:18.09*	1:24.09*
3:26.59*	3:11.89*	2:57.09*	2:49.69*	2:42.29*	2:34.99*	200 M Breast	2:17.79*	2:24.39*	2:30.89*	2:37.49*	2:50.59*	3:03.69*
1:22.59*	1:16.69*	1:10.79*	1:07.89*	1:04.89*	1:01.99*	100 M Fly	55.19*	57.89*	1:00.49*	1:03.09*	1:08.39*	1:13.59*
3:03.29	2:50.19	2:37.09*	2:30.59	2:23.99*	2:17.49	200 M Fly	2:02.99*	2:08.89*	2:14.79*	2:20.59*	2:32.29*	2:43.99*
3:03.39*	2:50.29*	2:37.19*	2:30.59*	2:24.09*	2:17.49*	200 M IM	2:04.29*	2:10.19*	2:16.09*	2:21.99*	2:33.79*</	