Below is the information that we received from the meet host regarding the Pittsburgh meet.

**LESD needs to provide timers for the Saturday and Sunday**

**12 & Under Prelim Session.**

Coaches and entry chairs:

Please make sure you disseminate this info to your teams.

         Attached you will find a copy of the final psych sheet – the meet is available on meet mobile

         You will find a copy of the estimated timelines

         You will find an updated copy of the meet announcement

         ONE BIG CHANGE – THE AFTERNOON SESSIONS HAVE BEEN COMBINED INTO ONE POOL IN THE DEEP END ONLY – this allows for easier staffing, easier viewing, and better rest breaks for your athletes. We hope you will appreciate and enjoy the ability to do this this year.

         Parking in the OC lot will be easily available on Saturday and Sunday, but Friday may be limited. There will be no in and out privileges this year. Weekend rates are $10.

         The balcony will be closed to only those spectators with accessible needs. If you have anyone with needs, please have them contact Alycia Miller at [anmiller@pitt.edu](mailto:anmiller@pitt.edu).

         Thursday evening will begin at 5:30pm with warm-ups opening at 4:30pm.

         Friday and Saturday afternoon will begin at 1:30pm with warm-ups opening at 12:30pm. All 10 and under positive check in events will be due no later than 1pm.

         Sunday afternoon prelims will begin at 1pm with warm-ups opening at 12:00pm. 10 and under positive check in events will be due by12:30pm.

         WARM-UP INFORMATION

o        On Friday and Sunday morning, AMS teams will have the pool for warm-up from 7-7:40am and NON-AMS teams will have the pool from 7:45-8:25am. On Saturday, this will flip-flop with NON-AMS teams having the pool from 7-7:40am and AMS teams from 7:45-8:25am. The small pool will be available for warm-up throughout the  morning sessions.

o        On Friday afternoon, AMS teams will have the pool from 12:30-12:55pm and NON-AMS teams will have the pool from1-1:25pm. This will switch on Saturday afternoon with NON-AMS teams having the pool from 12:30-12:55pm, and AMS teams having the pool from 1-1:25pm. On Sunday afternoon, AMS teams will have the pool from 12-12:25pm while NON-AMS teams will have the pool from 12:30-12:55pm. The shallow end will be available for continuous warm-up in the afternoon. The small pool will be closed in the afternoons.

o        For all evening sessions, lanes 1 and 2 in the deep end will be designated for 10 and unders.

As always, if you have any questions, let us know. We are looking forward to an exciting weekend with you and your athletes.

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| [**#H2oP**](https://twitter.com/hashtag/h2op) | |  | | --- | | **Jeff Berghoff** ASSISTANT HEAD COACH WOMEN'S SWIMMING  University of Pittsburgh | Department of Athletics  Fitzgerald Field House | Allequippa / Darragh St. | Pittsburgh, PA 15261  [berghoff@pitt.edu](mailto:berghoff@pitt.edu) office [(412) 648-8340](tel:%28412%29%20648-8340)  | mobile (412) 849-2350  | fax [(412) 648-1264](tel:%28412%29%20648-1264) | | |  |  | | --- | --- | | [**website**](http://www.pittsburghpanthers.com/)**|**[**Swimming & Diving site**](http://www.pittsburghpanthers.com/sports/c-swim/pitt-c-swim-body.html)**|**[**vCard**](http://www.dynasend.com/signatures/get.php/berghoff-at-pitt.edu.vcf)**|**[**map**](http://goo.gl/maps/GqEjq) |  |      |  | | --- | |  |      |  | | --- | |  | | |