Last Chance Meet – Feb 12 at SPIRE Institute, 1822 South Broadway, Geneva, OH 44041

- The meet will take place in two 25 yard pools split by gender for session 1. The boys will swim in the diving board end and the girls will swim in the scoreboard end.

- Fly over starts will be used for Session 1 only.

- Swimmers will have to check in/circle in for their events prior to the start of warm-ups. Check in will be done by team.

- Entry limitation - Swimmers are permitted to swim 5 events for the day, but are only permitted to swim one (1) event for Session 2.

- Coaches will be required to show current credentials in order to be on deck. Coaches MUST present their registration card issued by their LSC registrar with valid dates or their Deck Pass App verification of their coach’s education requirements. Wristbands will be issued to those who verify current coach membership. Coaches are no longer permitted to sign the waiver stating they are a certified coach. Please note that the cellular service at SPIRE is not very good so do not rely on it to access Deck Pass. A screen shot of your Deck Pass or coach membership card will be permitted. Coaches who cannot display their Deck Pass or membership card will NOT be issued a wrist band and will NOT be permitted on the pool deck.

- Check-in will be required for all volunteers on deck and wrist bands will be required to have access to the deck.

- Unsupervised swimmers: Any swimmer attending the meet without a coach will warm-up with TCAT from 8:00 – 8:30 am in the scoreboard end of the pool. Coach Kirtis will be at the meet from TCAT.

- Those counting for a swimmer for the 500, 1000 or 1650 free will be permitted on the deck only to count for the swimmer.

- Deck entries will be taken on a space available basis. Deck entries will open 7:30 am. Deck entries will close 35 minutes prior to the start of each session. Individual events are $10.00, plus the $2.00 surcharge for those swimmers new to the meet.

- Psych sheets are posted on meet mobile. The meet will be on meet mobile barring any technical difficulties.

- We are still in need of a few timers. If you can help us out, please email Kristin Brown at kbrown44124@msn.com.

- The backstroke wedges will NOT be used at this meet.

- Coolers are not permitted at SPIRE. Swimmers can bring snacks and drinks in their bag, but coolers are not permitted on the deck or in the stands. You can purchase food and drinks at SPIRE Fuel which will be open during the meet.

- Estimated timelines and a Psych sheet for Session 2 are posted on www.lesd.org under Meets/Events (https://www.teamunify.com/SubTabGeneric.jsp?team=lelesd&_stabid_=117420)
Warm-up Information:

Session 1 warm-ups will be split by team.
- 7:30 – 8:00 am (see below for team & lane assignments)
- 8:00 – 8:30 am (see below for team & lane assignments)
- All teams will have the opportunity to do sprints from 8:30 – 8:45 am (both ends of the pool will be for one way starts)
- Competition will begin at 8:50 am

<table>
<thead>
<tr>
<th>Diving Board</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
</tr>
</thead>
<tbody>
<tr>
<td>LESD</td>
<td>LESD</td>
<td>LESD</td>
<td>LESD</td>
<td>LESD</td>
<td>LESD</td>
<td>LESD</td>
<td>VSC</td>
<td>PS</td>
<td>PS</td>
<td>YYN</td>
</tr>
<tr>
<td>Scoreboard</td>
<td>SWIM</td>
<td>SWIM</td>
<td>SWIM</td>
<td>SWIM</td>
<td>STRS</td>
<td>STRS</td>
<td>KS</td>
<td>CSI</td>
<td>CSI</td>
<td>USC</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Diving Board</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
</tr>
</thead>
<tbody>
<tr>
<td>HEAT</td>
<td>HEAT</td>
<td>HEAT</td>
<td>HEAT</td>
<td>HEAT</td>
<td>HEAT</td>
<td>HEAT</td>
<td>PCP</td>
<td>WEST</td>
<td>WEST</td>
<td></td>
</tr>
<tr>
<td>Scoreboard</td>
<td>FAST</td>
<td>FAST</td>
<td>SHSH</td>
<td>SHSH</td>
<td>CCS</td>
<td>CCS</td>
<td>LSSC</td>
<td>LSSC</td>
<td>TCAT</td>
<td>TCAT</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>NEON</td>
<td></td>
<td>WHAT</td>
<td>Other</td>
<td>Teams</td>
</tr>
</tbody>
</table>

Session 2: 400 IM, 1000 free and 1650 free
- Warm-ups will begin in the diving board end of the pool while the girls’ Session 1 is still in progress. This will begin 15 minutes after the conclusion of the boys’ Session 1 and NOT before 12:00 noon.
- Session 2 will begin 15 minutes after the conclusion of the girls’ Session 1 and NOT before 1:15 pm
- Competition will take place in the diving board end of the pool
- Check in will close at 12:40 pm. Check in sheets will be posted on the windows of the control room at the diving board end of the pool
- Please note – deck entries will be taken on a space available basis. We will not create a new heat. Deck entries will close for Session 2 at 12:40 pm