



# LAKE ERIE SILVER DOLPHINS

## LESD APPAREL

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### Team Apparel

We are a Speedo-sponsored team. We offer LESD apparel, Speedo suits, sweats, bags, equipment, and other items through our online team store @ [Aquatic Outfitters](#).

### **Yearly Team Issued Apparel**

- ❖ **Swimmers who join the competitive team receive a registration T-shirt and Silver silicone cap**
  - 2022-23 T-shirt will be Black
- ❖ Swimmers will receive one championship shirt per year if they attend one of the following meets:
  - **8 and under Champs**
  - **Regional Championships**
  - **LESI Age Group or Senior Champs**

### **Other Ways to Purchase Apparel**

- ❖ Order additional team shirts or caps at the start of the season on google from
- ❖ Caps are available for purchase for \$15 during the season.
- ❖ Old LESD T-Shirts and other misc items might be offered/ sold during different times during the season

### LESD Competition Apparel

LESD swimmers are expected to represent LESD when competing. Our goal is to arrive at meets looking like a team. This also helps coaches identify swimmers and improves team recognition and team spirit. Swimmers can wear LESD Speedo team suits or similar suits in competition, if they wear a cap it must be an LESD one. **We ask that swimmers try and wear the following at meets if they do not have the Listed LESD shirt, please just wear team colors or a different team shirt**

- ❖ **Regular Season Meets- 1 Day Meets**
  - LESD Cap
  - 2022-2023 Black LESD Registration T-shirt
- ❖ **Multiple day Meets**
  - **Friday** - Red LESD shirt
  - **Saturday**- 22-23 Black LESD T-shirt
  - **Sunday** - Grey LESD shirt
- ❖ **Championship Meets (LESI, USA or NCSA)**
  - **Friday** - Red LESD shirt
  - **Saturday**- Championship T-shirt
  - **Sunday** - 22-23 Black Registration shirt

Meets that are longer than 3 days will receive a meet attire schedule

**\*Nationals, Sectionals or NCSA swimmers should have their LESD warm-up or hoodie at the meet**

***Swimmers should always be prepared to wear LESD attire, shirt or sweats, on the podium.***

### Competition Suit Policy

“Tech Suits” should only be worn at designated meets or when approved by coach.

## SWIMMER RECOGNITION & CHALLENGES

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### *LESD has several ways they recognize swimmer accomplishments*

- ❖ **Swimmer of the Month**- recognizes swimmers throughout the season to acknowledge the hard work, improvement, dedication to the sport, and our team. View swimmers of the month [here](#)
- ❖ **Time Standard Bars**- LESD awards time standard patches for 12 and under swimmers when they reach a new level. Please fill out the request when your child earns a patch. More information is found [here](#)
- ❖ **Team Awards** - LESD holds an yearly banquet and highlights different accomplishments
- ❖ **Speedo Team Incentive** - If a swimmer qualifies and attends one of the following meets they will receive the following the first year they attend
  - NCSA Age Group
    - Speedo Hoodie "NCSA Team" on back
  - Zones
    - Speedo Zipped Hoodie "LESD Zone Team"
  - Sectional or Futures
    - Speedo Tech Warm-up Top with Red Trim
    - Red LESD Silicone Cap
  - Junior Nationals or NCSA
    - Speedo Tech Warm-up Top with Black Trim
    - Speedo Teamster Backpack
    - Black LESD Silicone Cap