



LAKE ERIE SILVER DOLPHINS

LESD APPAREL

Team Apparel

We are a Speedo-sponsored team. We offer LESD apparel, Speedo suits, sweats, bags, equipment, and other items through our online team store @ [Aquatic Outfitters](#).

Yearly Team Issued Apparel

- ❖ **Swimmers who join the competitive team receive a registration T-shirt and Silver silicone cap**
 - 2022-23 T-shirt will be Black
- ❖ Swimmers will receive one championship shirt per year if they attend one of the following meets:
 - **8 and under Champs**
 - **Regional Championships**
 - **LESI Age Group or Senior Champs**

Other Ways to Purchase Apparel

- ❖ Order additional team shirts or caps at the start of the season on google from
- ❖ Caps are available for purchase for \$15 during the season.
- ❖ Old LESD T-Shirts and other misc items might be offered/ sold during different times during the season

LESD Competition Apparel

LESD swimmers are expected to represent LESD when competing. Our goal is to arrive at meets looking like a team. This also helps coaches identify swimmers and improves team recognition and team spirit. Swimmers can wear LESD Speedo team suits or similar suits in competition, if they wear a cap it must be an LESD one. **We ask that swimmers try and wear the following at meets if they do not have the Listed LESD shirt, please just wear team colors or a different team shirt**

- ❖ **Regular Season Meets- 1 Day Meets**
 - LESD Cap
 - 2022-2023 Black LESD Registration T-shirt
- ❖ **Multiple day Meets**
 - **Friday** - Red LESD shirt
 - **Saturday**- 22-23 Black LESD T-shirt
 - **Sunday** - Grey LESD shirt
- ❖ **Championship Meets (LESI, USA or NCSA)**
 - **Friday** - Red LESD shirt
 - **Saturday**- Championship T-shirt
 - **Sunday** - 22-23 Black Registration shirt

Meets that are longer than 3 days will receive a meet attire schedule

***Nationals, Sectionals or NCSA swimmers should have their LESD warm-up or hoodie at the meet**

Swimmers should always be prepared to wear LESD attire, shirt or sweats, on the podium.

Competition Suit Policy

"Tech Suits" should only be worn at designated meets or when approved by coach.

SWIMMER RECOGNITION & CHALLENGES

LESD has several ways they recognize swimmer accomplishments

- ❖ **Swimmer of the Month**- recognizes swimmers throughout the season to acknowledge the hard work, improvement, dedication to the sport, and our team. View swimmers of the month [here](#)
- ❖ **Time Standard Bars**- LESD awards time standard patches for 12 and under swimmers when they reach a new level. Please fill out the request when your child earns a patch. More information is found [here](#)
- ❖ **Team Awards** - LESD holds an yearly banquet and highlights different accomplishments
- ❖ **Speedo Team Incentive** - If a swimmer qualifies and attends one of the following meets they will receive the following the first year they attend
 - NCSA Age Group
 - Speedo Hoodie "NCSA Team" on back
 - Zones
 - Speedo Zipped Hoodie "LESD Zone Team"
 - Sectional or Futures
 - Speedo Tech Warm-up Top with Red Trim
 - Red LESD Silicone Cap
 - Junior Nationals or NCSA
 - Speedo Tech Warm-up Top with Black Trim
 - Speedo Teamster Backpack
 - Black LESD Silicone Cap