



LESD GENERAL BEHAVIOR GUIDLEINES

The following behavior guidelines set forth principles that the Lake Erie Silver Dolphins Swim Club (“LESD”) expects all members (swimmers, coaches, parents) to demonstrate and uphold. These guidelines remind us, especially in the midst of competition, of why we are involved in youth sports.

1. Try to make every team activity serve as training for life.
2. Respect swim officials and always assume their decisions are based on honest, objective evaluations of performance. Only coaches may approach meet officials for clarification of rulings.
3. Promote good sportsmanship, be an example, and help others to do the same. Members of LESD are expected to act gracefully in victory, act graciously in defeat, and congratulate their opponents in either case.
4. Help the coaches conduct effective practices by being prepared, bringing the proper equipment, and by arriving and leaving on time.
5. Be prepared for meets and arrive in time for check in, stretching and warm-ups.
6. Do not talk with or “coach” swimmers during practices unless you get permission from your coach first.
7. Opposing teams, swimmers, coaches and fans, want the same positive experiences for their swimmers as we do. Help LESD achieve its goals by avoiding criticism either verbally or by gesture. Look for opportunities to build rapport with teams that we compete and work with.
8. Know and adhere to LESD’s rules and policies and coach directives, they are designed to maximize the experience for all.
9. Swimmers become easily confused when coached by parents, they benefit most from positive reinforcement and advice of LESD’s professional coaching staff. Your unconditional love and support will help them best.
10. Support LESD’s professional coaches as they work to do what is best for each LESD swimmer. LESD’s expectations and methods are based on USA Swimming, the American Swim Coaches Association, other recognized swimming authorities, and a long-standing history of excellence.
11. Maintain open and honest communication among all members of LESD. We work best when we all work together.
12. Refrain from illegal or inappropriate behavior that detracts from a positive image of the team or is counter to our performance goals.

Registration with the Lake Erie Silver Dolphins will serve as agreement to the conditions above.