

## Lakeshore Swim Club Fall Schedule Thru October 28th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Yellow</b>	5:45-7:15a	3:30-5:30p	5:45-7:15a	3:30-5:30p	3:45p-5:45p	10:00-12:00p
	4:00-5:00p Paragon		4:00-5:00p Paragon			
<b>Navy</b>	4:00-5:30p	5:30-7:30p	4:00-5:30p	5:30-7:30p	3:45p-5:45p	10:00-12:00p
		4:00-5:00p Paragon		4:00-5:00p Paragon		
<b>Senior Double</b>		5:45-7:15a		5:45-7:15a		
<b>Momentum</b>	5:30-7:00p	Dry 6:40p, Sw 7:15-8:30p	5:30-7:00p	Dry 6:40p, Sw 7:15-8:30p		12:00-2:00p
<b>Expansion</b>		Dry 6:40p, Sw 7:15-8:30p		Dry 6:40p, Sw 7:15-8:30p	5:45-7:00p	12:00-1:30p
<b>Development</b>	Dry 5:30-6 Sw 6-7:00		Dry 5:30-6, Sw 6-7:00p		5:45-7:00p	9:00-10:00a
<b>Discovery</b>	7:00-8:00p		7:00-8:00p			8:00-9:00a
Yellow/Navy/Momentum/Expansion begin August 23rd						
Development/Discovery begin September 7th						
Tryouts August 28th 8-10am, August 30th 7-8pm						