

Makos Updates: 7/6/2020-7/11/2020

Please read very carefully pay attention to practice times! Below is the calendar for this week a normal week of practice.

1. We hope everyone had a safe and wonderful 4h of July 😊
2. Please email me if your swimmer will be missing a practice or two so I can fill that spot with someone that may want to swim an extra practice or someone that might want to drop in. anth@zoominternet.net

Meet Dates

No Summer Meets

Sun	Mon	Tue	Wed	Thu	Fri	Sat
5	6	7	8	9	10	11
	LC Group 5:30-7am Age Group 7-8:30am SC Group 6-7:30pm	SC Group 5:30-7am LC Group 6-7:30pm	LC Group 5:30-7am Age Group 7-8:30am SC Group 6-7:30pm	SC Group 5:30-7am LC Group 6-7:30pm	LC Group 5:30-7am Age Group 7-8:30am SC Group 6-7:30pm	LC Group 8-10am

Thanks,

Coach Anthony