



Medina Makos USA Swim Team



The Medina Makos have a year-round age group USA swim team that trains at the Medina Recreational Center and compete in USA swim meets. If your child has a passion for swimming and wants to swim competitively, then an age group swim team is a must. Under the leadership and direction of our coaching staff, we are offering the following programs to fit with a variety of competition swim levels. All fees are paid through the Medina Makos website www.medinaswimming.com

If you have any questions about the program, please contact Head Coach Anthony Petruzzi anth@zoominternet.net or www.medinaswimming.com

Spring/Summer Season (Sign-ups will begin on April 2nd for returning the fall/winter swimmers and on April 8th it will be open for all other swimmers) www.medinaswimming.com

Very Important: Due to COVID-19 we will still be social distancing. Therefore the Green Group team will have a maximum of 14 swimmers. The White and Yellow Group will have a maximum of 18 swimmers. The Senior Group and HS group (Spring/Summer Long Course Group) will have a maximum of 35 swimmers. Those that were registered fall/winter 20-21 will have priority to sign up first and then we will open registration to all others till each group's spots are filled.

Spring/Summer Long Course Group (6 Practices a week)- Includes Senior Groups, HS swimmers and those swimmers that will be competing in HS this fall.

Number of Swimmers: Due to COVID and lane restrictions only 35 spots are available.

Spring/Summer Practices: (MCRC April 20th to July 31st) **or till the end of the swimmer's season.**

Practice Schedule: M/F 5:30-7am T/W/TH 3-5pm & Sat 7-9am

Spring/Summer Fees: \$475

Yellow Group (Competitive swimmers, previously in yellow or have been moved up from white group per coach Hannah. 4 practices a week)

Number of Swimmers: Due to COVID and lane restrictions only 18 spots are available.

Spring/Summer Practices: (MCRC April 20th to July 30th) **or till the end of the swimmer's season.**

Spring Only Practices: (MCRC April 20th to June 4th)

Days/Times: Tuesday, Wednesday, Thursday & Friday 6-7:30pm No Saturday

Spring/Summer Fees: \$325

Spring Only Fees: \$180

White Group (Competitive swim experience, 3 practices a week)

Number of Swimmers: Due to COVID and lane restrictions only 18 spots are available.

Ages: 10-14 y/o. Need Coach Colleen approval to move up from the Green Group.

Spring/Summer Practices: (MCRC April 20th to July 30th) **or till the end of the swimmer's season.**

Spring Only Practices: (MCRC April 20th to June 4th)

Days/Times: Monday, Tuesday & Thursday 6:00-7:30pm

Spring/Summer Fees: \$250

Spring Only Fees: \$140

Green Group Beginners/new to competitive swim, recommended to take LTS Level 5. May need a tryout with Coach Colleen for approval.

Number of Swimmers: Due to COVID and lane restrictions only 14 spots are available.

Ages: 10 and under

Spring/Summer Practices: (MCRC April 21st to July 30th) **or till the end of the swimmer's season.**

Spring Only Practices: (MCRC April 20th to June 4th)

Days/Times: Monday, Wednesday, Friday 6-7:30pm

Spring/Summer Fees: \$250.

Spring Only Fees: \$140

*If you were not a Makos or USA member in the fall/winter season 2020-21 there will be an additional USA membership fee of \$40.00 on top of the current swimming fees.