

Dear Stars Families,

We are very excited to begin the 2021-22 Short Course (SC) Season! With that being said, please review the information below regarding safety protocols and guidelines. Thank you.

Kind regards,
Coach P

COVID Protocols

Masks:

The mask protocols outlined below are based on the most up-to-date guidance from national, state, and local public health experts and take into account community, swimmer, and staff vaccination status as well as other ongoing mitigation efforts.

To start the season:

- Grades PreK-6: Swimmers are required to wear masks while indoors.
- Grades 7-12: Swimmers, staff, and parents are strongly encouraged to wear masks while indoors, regardless of vaccination status.
- Currently, swimmers and coaches will not need to wear masks while outdoors.

Swimmers with medical conditions preventing them from wearing a mask will need to submit a note from their health care provider.

These protocols are dependent on low incidences of COVID-19 on our Team and in our community and could change if conditions and/or vaccination status warrant it.

Quarantines/Isolation:

Currently, vaccinated individuals will not need to quarantine.

Individuals with confirmed cases of COVID-19 are expected to isolate from the Team and the community for a minimum of 10 days from the onset of symptoms or the date of the positive test collection.

Quarantine Guidelines for Unvaccinated Individuals:

- Exposed individuals three feet or greater apart will not be required to quarantine as long as both are masked.
- Exposed individuals less than three feet apart for 15 minutes or longer will need to quarantine, regardless of masking.
- If the confirmed COVID-19 case is unmasked, everyone within six feet of that person for 15 minutes or longer must quarantine.
- Individuals who have had a confirmed case of Covid-19 within 90 days of a close contact exposure do not need to quarantine.

Like the mask protocols, quarantine procedures are subject to change based on the incidence rate on our Team and in our community.

Other Safety Protocols:

- Athletes will only be permitted to enter the facility FIVE minutes before their scheduled practice. If they arrive early, they must wait in their car until the appropriate time to enter the building.
- Athletes MUST leave the facility immediately after the completion of any practice.
- Parents/guardians will NOT be allowed in the facility at any time.
- Athletes MUST arrive and depart in their suits. This does not apply to the Senior Group.
- Restroom breaks will be limited to ONE swimmer at a time.
- Athletes should bring their own water bottles (already filled).
- Athletes should bring their own equipment.
- Athletes will not be permitted to store their equipment bags at the facility.
- For everyone's health and safety, we ask that our athletes practice responsible social distancing when they are away from the pool as well.

Safe Sport

Minor Athlete Abuse Prevention Policy 2.0 (MAAP 2.0):

The MAPP Policy 2.0 and other Safe Sport documents can be found on the Team website.

By registering for the 2021-22 SC season, you acknowledge that you have received, read, and understand the MAAP 2.0 Policy. You further acknowledge and understand that agreeing to comply with the contents of this Policy is a condition of my membership with Solon Stars Swim Club (USA Swimming member club).

Adult Athletes:

Adult athletes are defined as athletes who are currently 18 years and older. As a membership requirement, adult athletes must complete Athlete Protection training. Adult athletes will be given a 30-day grace period in which to complete the training. Those athlete members who are 17, about to turn 18, must complete this training by their 18th birthday. Successful completion the training, on an annual basis, is now a membership requirement of adult athletes, and failure to complete it will result in an athlete's inability to participate in practice, meets, and other Club activities.

Deal with a Safe Sport Concern:

To deal with a Safe Sport concern, contact:

- Safe Sport Coordinator, Robert Shaker, at rishaker@shakerlaw.com
- USA Swimming at (719) 866-4578
- U.S. Center for Safe Sport at (720) 524-5640 or use the online reporting at <http://www.uscenterforsafesport.org/>.

Safe Sport Club Recognition:

The Solon Stars Swim Club is Safe Sport Recognized Club.