

## TCAT 2019-2020 Swim Meet Schedule

Date	Name	Location	Format	Time Restrictions	TCAT Recommended Groups
Sept. 2020	TCAT Intrasquad Meet	Twinsburg Fitness Center	TF	N/A	<b>Team Hosted.</b> All Groups. Just our team at
Oct. 3	Virtual Meet with LESD, HEAT & BBA	Twinsburg Fitness Center	TF	N/A	<b>Team Hosted.</b> All Groups. Times will be merged with other intrasquad meets.
Oct. 17	Peg Neal Pentathlon	Lakewood High School	TF	each event	previously done 50s or 100s of each stroke
Oct. 18	Mile/500 Meet	Twinsburg Fitness Center	TF	N/A	<b>Team Hosted.</b> Experienced Beginner, All
Oct. 25	Stevie Grieshammer HS Preview	Akron University	TF	N/A	<b>Team Hosted.</b> All swimmers confident to
Nov. 15	Fall Breakout	Twinsburg Fitness Center	TF	Slower than B	<b>Team Hosted.</b> Beginner, Intermediate,
Nov. 20-22	Mark J. Braun Fall Classic	SPIRE Institute	P/F	12U-BB/13O-A	All Qualifying Members
Dec. 4-6	TYR SHSH Invitational	Cleveland State University	P/F	B or faster	All Qualifying Members
Dec. 13	Winter Breakout	Twinsburg Fitness Center	TF	Slower than B	<b>Team Hosted.</b> Beginner, Intermediate,
Dec 18-20	FAST	FAST	P/F	Slower than BB	P/F 11 & Over TF 10 & Under
Jan. 3	Fabulous 50's	Twinsburg Fitness Center	TF	N/A	<b>Team Hosted.</b> All groups. This is a team
Jan 9-10	Mid-States Championships	IUPUI, Indiana	TF	AA-AAA and faster	Top 4 applicants from Ohio are selected
Jan. 18-19	Jim Scullion Age Group Showdown	Lakewood High School	P/F	B or faster	All Qualifying Members
Jan. 23	TYR Turn up the HEAT	Cleveland State University	TF	N/A	Beginner, Intermediate, Advanced
Jan. 31	LESD Age Group and Open Meet	Cleveland State University	TF	N/A	Beginner, Intermediate, Advanced
	8 & Under Championships		TF	Have a time	All 8 Under Members
	Regional Championships	Solon High School	TF	Slower than A	All 14 Under Members
	Age Group Championships	Cleveland State University	P/F	See Meet Info	All Qualifying 14 Under Members
	Senior Championships	Akron University	P/F	See Meet Info	All Qualifying 15 Over Members
	Central Zone Section 3 Champs	Elkhart, Indiana	P/F	See Meet Info	All Qualifying 14 Under Members
<b>Definitions</b>					
	Great meet for new swimmers. Competition is capped at a certain time or has age group restrictions.				
	Wide array of swimmers competing. All ability levels are welcome and compete with each other.				
	Great meet for experienced swimmers. Competition has no limit on how fast you can be to compete.				
TF	Timed Finals: Swimmers compete once and are placed according to their times and designated age group				
P/F	Prelim/Finals: Swimmers swim in a morning session. The top 12-24 in an event will compete again in the evening for final placement				
Time Restrictions	Times are placed in speed categories called the National Age Group Motivational times. You will need to have competed in a USA meet to earn a time to know where your child places.				
Twinsburg Fitness Center	Meets at the Twinsburg Fitness Center are hosted by TCAT. We will require many parent volunteers to run the meet. Stay on lookout for volunteer opportunities on those dates.				