

The Allegheny Mountain Swimming Officials Committee recognizes that concussions happen in athletic competition and that it is important that Officials be trained in concussion awareness.

As a result, all AMS Referees, Starters and Chief Judges must complete, as a requirement of their certification, an approved online concussion education course.

Our records have not been updated in a couple years, so please send a copy of current certification. Please note that certification will be valid from three years from the date of completion.

The AMS Officials Committee strongly encourages all of its certified officials to complete the online concussion education course but it is only required for referees, starters and chief judges.

If your certification is not current, the following free online training courses have been approved by the AMS Officials Committee:

National Federation of State High School Associations Concussion in Sports

<http://www.nfhslearn.com/electiveDetail.aspx?courseID=38000>

Click the “order here” button, and complete a brief registration form to take the course. Follow these steps to complete the course:

1. * Click on the button that says “Please Login to Order.” In the window that appears, click “Register Now.”
2. * When your registration is complete, you may "order" the free concussion course offered along the left-hand side of the page. Continue following prompts. Although it may look like you will be charged for the course, there is no cost.
3. * Once you've completed "Checkout," you will be able to take the free online course.
4. * When you have completed and passed the course, you have the option of printing a certificate of completion.
5. All AMS Officials should select this option to print, retain a copy of the certificate and carry it with them to all meets.

Centers for Disease Control and Prevention Heads Up Concussion in Youth Sports

http://www.cdc.gov/concussion/HeadsUp/online_training.html

Once you have completed your training, please forward a scanned copy of your certificate of completion to Kathy McFaden, AMS Officials Chair at kmcfaden@nickelcpa.com

If you have any questions or concerns, please don't hesitate to contact me.

Kathy