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SwimToday Kits Are Back!

The [SwimToday](#) Promotional Kits are back for 2015! This year's kit includes new posters, exclusive SwimToday partner offers, a mini-book with swimming tips & tricks, and tons of free giveaways for swimmers and parents. The kit is free but supplies are limited so apply now to guarantee your kit! Click [here](#) to get started.

Thank You Palo Alto Stanford Aquatic Club!

A special thank you to the Alpine Hills Palo Alto Stanford Aquatic Club for donating 100% of their USA Swimming Foundation Swim-a-Thon proceeds back to the USA Swimming Foundation! Your generous donation of \$10,135 supports the sport of swimming, from learn-to-swim programs to the Olympic podium. You are helping us save lives and build champions-in the pool and in life!

Olympic Moms Share the Benefits of Swimming

Local age group mom Nancy Moreno and three Olympic moms D.A. Franklin, Mary Gen Ledecky, Jeannine Leverenz gathered at the Arena Pro Swim Series at Mesa to share why those chose the sport of swimming. [Here](#) is a great article on the event written by a local mommy blogger from Raising Arizona Kids!

USA Swimming Hires New Sports & Diversity Inclusion Consultant

We are excited to announce a new member of USA Swimming staff! Juan Caraveo has been hired as the Sports and Diversity Inclusion Consultant to help clubs to implement and enhance the impact of their diversity and inclusion programs. Read more about Juan [here](#).

USA Swimming News

Craving additional news? Visit USASwimming.org for more.

[Catching Up with Garret Weber-Gale](#)

[Lessons Learned at the 2015 National Junior Team Camp](#)

[Wednesday Word: Psych Sheet](#)

[20 Question Tuesday Extra: Katie Ledecky](#)

[Mike's Mailbag: Second Guessing Switching Teams](#)