

500-YARD SWIM LAP COUNT

For 500 Yard

| | | | | | | | |
|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| Event _____ | Heat _____ | | | | | | |
| <u>Ln 1</u> | <u>Ln 2</u> | <u>Ln 3</u> | <u>Ln 4</u> | <u>Ln 5</u> | <u>Ln 6</u> | <u>Ln 7</u> | <u>Ln 8</u> |
| 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
| 6 | 6 | 6 | 6 | 6 | 6 | 6 | 6 |
| 8 | 8 | 8 | 8 | 8 | 8 | 8 | 8 |
| 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 |
| 12 | 12 | 12 | 12 | 12 | 12 | 12 | 12 |
| 14 | 14 | 14 | 14 | 14 | 14 | 14 | 14 |
| 16 | 16 | 16 | 16 | 16 | 16 | 16 | 16 |
| 18 | 18 | 18 | 18 | 18 | 18 | 18 | 18 |
| 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 |

| | | | | | | | |
|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| Event _____ | Heat _____ | | | | | | |
| <u>Ln 1</u> | <u>Ln 2</u> | <u>Ln 3</u> | <u>Ln 4</u> | <u>Ln 5</u> | <u>Ln 6</u> | <u>Ln 7</u> | <u>Ln 8</u> |
| 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
| 6 | 6 | 6 | 6 | 6 | 6 | 6 | 6 |
| 8 | 8 | 8 | 8 | 8 | 8 | 8 | 8 |
| 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 |
| 12 | 12 | 12 | 12 | 12 | 12 | 12 | 12 |
| 14 | 14 | 14 | 14 | 14 | 14 | 14 | 14 |
| 16 | 16 | 16 | 16 | 16 | 16 | 16 | 16 |
| 18 | 18 | 18 | 18 | 18 | 18 | 18 | 18 |
| 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 |

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| 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
| 6 | 6 | 6 | 6 | 6 | 6 | 6 | 6 |
| 8 | 8 | 8 | 8 | 8 | 8 | 8 | 8 |
| 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 |
| 12 | 12 | 12 | 12 | 12 | 12 | 12 | 12 |
| 14 | 14 | 14 | 14 | 14 | 14 | 14 | 14 |
| 16 | 16 | 16 | 16 | 16 | 16 | 16 | 16 |
| 18 | 18 | 18 | 18 | 18 | 18 | 18 | 18 |
| 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 |

| | | | | | | | |
|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
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| 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
| 6 | 6 | 6 | 6 | 6 | 6 | 6 | 6 |
| 8 | 8 | 8 | 8 | 8 | 8 | 8 | 8 |
| 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 |
| 12 | 12 | 12 | 12 | 12 | 12 | 12 | 12 |
| 14 | 14 | 14 | 14 | 14 | 14 | 14 | 14 |
| 16 | 16 | 16 | 16 | 16 | 16 | 16 | 16 |
| 18 | 18 | 18 | 18 | 18 | 18 | 18 | 18 |
| 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 |

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| 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
| 6 | 6 | 6 | 6 | 6 | 6 | 6 | 6 |
| 8 | 8 | 8 | 8 | 8 | 8 | 8 | 8 |
| 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 |
| 12 | 12 | 12 | 12 | 12 | 12 | 12 | 12 |
| 14 | 14 | 14 | 14 | 14 | 14 | 14 | 14 |
| 16 | 16 | 16 | 16 | 16 | 16 | 16 | 16 |
| 18 | 18 | 18 | 18 | 18 | 18 | 18 | 18 |
| 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 |

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| 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
| 6 | 6 | 6 | 6 | 6 | 6 | 6 | 6 |
| 8 | 8 | 8 | 8 | 8 | 8 | 8 | 8 |
| 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 |
| 12 | 12 | 12 | 12 | 12 | 12 | 12 | 12 |
| 14 | 14 | 14 | 14 | 14 | 14 | 14 | 14 |
| 16 | 16 | 16 | 16 | 16 | 16 | 16 | 16 |
| 18 | 18 | 18 | 18 | 18 | 18 | 18 | 18 |
| 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 |