

**Girls 13/14****LSC: IA For Dates 9/1/2017 - 8/31/2018****Girls 13-14 50 Freestyle Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC / Club</b>	<b>Swim Date</b>	<b>Meet</b>
1	27.92	810	Kimmel, Hayley L	13	IA Linn-Mar Swim Team	6/23/2018	2018 IA L4A Swim PINK A+ Invit
2	28.14	752	Rastetter, Abigail Lin	14	IA Central Iowa Aquatics	6/23/2018	2018 IA L4A Swim PINK A+ Invit
3	28.31	738	Stalkfleet, Heidi L	14	IA Iowa Flyers Swim Club	6/23/2018	2018 IA L4A Swim PINK A+ Invit
4	28.53	719	Donald, Meghan Ann	14	IA Ames Cyclone Aquatics Club	6/23/2018	2018 IA L4A Swim PINK A+ Invit
5	28.55	718	Severson, Elizabeth Carol	14	IA Eastern Iowa Swim Federation	6/2/2018	2018 IA CRAA Long Course Kick
6	28.76	741	Wigham, Jessica Marie	13	IA Dowling Catholic Riptide	6/17/2018	2018 MV CSC Summer Invite
7	28.83	735	Haars, Lily Lemon	13	IA Linn-Mar Swim Team	3/11/2018	2018 WI Spring Sectionals -- C
8	28.84	694	Frericks, Grace Marie	14	IA Black Hawk Area Swim Team	5/6/2018	2018 IA ICE-Amanda-K-Schany-Op
9	28.86	693	Miletich, Kathryn Faith	14	IA Lane Four Aquatics	6/23/2018	2018 IA L4A Swim PINK A+ Invit
10	28.95	685	Susil, Meghan Elizabeth	14	IA Eastern Iowa Swim Federation	6/15/2018	2018 MN RSC Rochester Open
11	28.98	683	Currier, Jenna Olivia	14	IA Carroll Area Swim Team	6/30/2018	2018 MW SLS Sharks Summer Spla
12	29.22	704	Harswick, Alexandra Charlotte	13	IA Ames Cyclone Aquatics Club	5/12/2018	2018 IA RIP H2Opener
13	29.25	661	Caughron, Carley Jean	14	IA Black Hawk Area Swim Team	3/11/2018	2018 WI Spring Sectionals -- C
14	29.27	660	Heiar, Zoe K	14	IA Dubuque Area Swimmin' Hurricanes	6/23/2018	2018 IA L4A Swim PINK A+ Invit
15	29.38	651	Fish, Samantha June	14	IA Dubuque Area Swimmin' Hurricanes	6/23/2018	2018 IA L4A Swim PINK A+ Invit
16	29.39	690	Lenzer, Liliana Joy	13	IA Unattached	6/17/2018	2018 NT MARS Bill Nixon Memori

**Girls 13/14****LSC: IA For Dates 9/1/2017 - 8/31/2018****Girls 13-14 100 Freestyle Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC / Club</b>	<b>Swim Date</b>	<b>Meet</b>
1	58.77	845	Martin, Scarlet Rose	14	IA Eastern Iowa Swim Federation	6/22/2018	2018 IA L4A Swim PINK A+ Invit
2	1:00.81	755	Rastetter, Abigail Lin	14	IA Central Iowa Aquatics	6/22/2018	2018 IA L4A Swim PINK A+ Invit
3	1:00.89	752	Stalkfleet, Heidi L	14	IA Iowa Flyers Swim Club	6/22/2018	2018 IA L4A Swim PINK A+ Invit
4	1:00.90	751	Susil, Meghan Elizabeth	14	IA Eastern Iowa Swim Federation	3/9/2018	2018 WI Spring Sectionals -- C
5	1:01.06	745	Kloth, Mikayla Leigh	14	IA Ames Cyclone Aquatics Club	6/22/2018	2018 IA L4A Swim PINK A+ Invit
6	1:01.07	778	Kimmel, Hayley L	13	IA Linn-Mar Swim Team	6/22/2018	2018 IA L4A Swim PINK A+ Invit
7	1:01.09	778	Hala, Abby Lyn	13	IA Ames Cyclone Aquatics Club	6/22/2018	2018 IA L4A Swim PINK A+ Invit
8	1:01.61	755	Wigham, Jessica Marie	13	IA Dowling Catholic Riptide	6/16/2018	2018 MV CSC Summer Invite
9	1:02.66	711	Currier, Jenna Olivia	13	IA Carroll Area Swim Team	3/9/2018	2018 WI Spring Sectionals -- C
10	1:02.87	669	Frericks, Grace Marie	14	IA Black Hawk Area Swim Team	5/20/2018	2018 IA David Armbruster Open
11	1:03.30	685	Haars, Lily Lemon	13	IA Linn-Mar Swim Team	3/9/2018	2018 WI Spring Sectionals -- C
12	1:03.72	634	Mallaro, Kendall J	14	IA Black Hawk Area Swim Team	6/16/2018	2018 MN RSC Rochester Open
13	1:03.74	634	Carleton, Madison Marie	14	IA Des Moines Swimming Federation	5/13/2018	2018 IA RIP H2Opener
14	1:03.83	664	Witt, Alyssa Lou	13	IA Lane Four Aquatics	6/22/2018	2018 IA L4A Swim PINK A+ Invit
15	1:03.95	659	Wehr, Riley Mackenzie	13	IA Lane Four Aquatics	6/22/2018	2018 IA L4A Swim PINK A+ Invit
16	1:04.07	620	Frazier, Tatum Cree	14	IA Eastern Iowa Swim Federation	6/22/2018	2018 IA L4A Swim PINK A+ Invit

**Girls 13/14****LSC: IA For Dates 9/1/2017 - 8/31/2018****Girls 13-14 200 Freestyle Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC / Club</b>	<b>Swim Date</b>	<b>Meet</b>
1	2:08.28	811	Stalkfleet, Heidi L	14	IA Iowa Flyers Swim Club	6/24/2018	2018 IA L4A Swim PINK A+ Invit
2	2:09.50	808	Martin, Scarlet Rose	13	IA Unattached	3/10/2018	2018 WI Spring Sectionals -- C
3	2:10.29	765	Susil, Meghan Elizabeth	14	IA Eastern Iowa Swim Federation	3/10/2018	2018 WI Spring Sectionals -- C
4	2:10.88	777	Wigham, Jessica Marie	13	IA Dowling Catholic Riptide	6/15/2018	2018 MV CSC Summer Invite
5	2:15.27	658	Rastetter, Abigail Lin	14	IA Central Iowa Aquatics	6/24/2018	2018 IA L4A Swim PINK A+ Invit
6	2:15.62	651	Carleton, Madison Marie	14	IA Des Moines Swimming Federation	6/9/2018	2018 IA ACAC Rock the Blocks J
7	2:16.96	647	Witt, Alyssa Lou	13	IA Lane Four Aquatics	6/24/2018	2018 IA L4A Swim PINK A+ Invit
8	2:17.35	639	Wehr, Riley Mackenzie	13	IA Lane Four Aquatics	6/24/2018	2018 IA L4A Swim PINK A+ Invit
9	2:18.35	595	Geng, Jennifer Y	14	IA Iowa Flyers Swim Club	5/19/2018	2018 IA David Armbruster Open
10	2:18.71	612	Haars, Lily Lemon	13	IA Linn-Mar Swim Team	3/10/2018	2018 WI Spring Sectionals -- C
11	2:18.83	586	Taeger, Olivia J	14	IA Iowa Flyers Swim Club	6/24/2018	2018 IA L4A Swim PINK A+ Invit
12	2:18.84	609	Kimmel, Hayley L	13	IA Linn-Mar Swim Team	5/6/2018	2018 IA ICE-Amanda-K-Schany-Op
13	2:18.85	585	Repko, Audrey Rose	14	IA Eastern Iowa Swim Federation	5/19/2018	2018 IA David Armbruster Open
14	2:19.15	603	Frantum, Olivia Madison	13	IA Central Iowa Aquatics	1/6/2018	2018 IA IFLY & CIA Dual Meet
15	2:19.36	575	Fish, Samantha June	14	IA Dubuque Area Swimmin' Hurricanes	6/24/2018	2018 IA L4A Swim PINK A+ Invit
16	2:19.43	574	Trent, Lauren Rhys	14	IA Unattached	3/10/2018	2018 WI Spring Sectionals -- C

**Girls 13/14****LSC: IA For Dates 9/1/2017 - 8/31/2018****Girls 13-14 400 Freestyle Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC / Club</b>	<b>Swim Date</b>	<b>Meet</b>
1	4:28.37	835	Martin, Scarlet Rose	13	IA Unattached	3/9/2018	2018 WI Spring Sectionals -- C
2	4:29.19	802	Susil, Meghan Elizabeth	14	IA Eastern Iowa Swim Federation	3/9/2018	2018 WI Spring Sectionals -- C
3	4:29.78	795	Stalkfleet, Heidi L	14	IA Iowa Flyers Swim Club	6/22/2018	2018 IA L4A Swim PINK A+ Invit
4	4:34.84	763	Wigham, Jessica Marie	13	IA Dowling Catholic Riptide	6/17/2018	2018 MV CSC Summer Invite
5	4:39.66	712	Hala, Abby Lyn	13	IA Ames Cyclone Aquatics Club	6/22/2018	2018 IA L4A Swim PINK A+ Invit
6	4:39.99	685	Repko, Audrey Rose	14	IA Eastern Iowa Swim Federation	6/22/2018	2018 IA L4A Swim PINK A+ Invit
7	4:43.27	652	Carleton, Madison Marie	14	IA Des Moines Swimming Federation	5/13/2018	2018 IA RIP H2Opener
8	4:43.69	648	Rastetter, Abigail Lin	14	IA Central Iowa Aquatics	6/22/2018	2018 IA L4A Swim PINK A+ Invit
9	4:45.45	630	Kaster, Brooklynn Elizabeth	14	IA Central Iowa Aquatics	6/22/2018	2018 IA L4A Swim PINK A+ Invit
10	4:46.60	641	Kimmel, Hayley L	13	IA Linn-Mar Swim Team	6/29/2018	2018 IA NIS Ben Newell Memoria
11	4:48.72	598	Geng, Jennifer Y	14	IA Iowa Flyers Swim Club	5/18/2018	2018 IA David Armbruster Open
12	4:49.93	608	Frantum, Olivia Madison	13	IA Central Iowa Aquatics	1/6/2018	2018 IA IFLY & CIA Dual Meet
13	4:51.19	596	Hajek, Makala M	13	IA Iowa Flyers Swim Club	6/22/2018	2018 IA L4A Swim PINK A+ Invit
14	4:52.41	584	Frazier, Tatum Cree	13	IA Unattached	3/9/2018	2018 WI Spring Sectionals -- C
15	4:52.79	559	Trent, Lauren Rhys	14	IA Eastern Iowa Swim Federation	5/18/2018	2018 IA David Armbruster Open
16	4:53.93	548	Taeger, Olivia J	14	IA Iowa Flyers Swim Club	6/22/2018	2018 IA L4A Swim PINK A+ Invit

**Girls 13/14****LSC: IA For Dates 9/1/2017 - 8/31/2018****Girls 13-14 800 Freestyle Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC / Club</b>	<b>Swim Date</b>	<b>Meet</b>
1	9:28.32	746	Susil, Meghan Elizabeth	14	IA Eastern Iowa Swim Federation	1/19/2018	Mallards Winter LC Invitational 2018
2	9:30.65	735	Repko, Audrey Rose	14	IA Eastern Iowa Swim Federation	5/20/2018	2018 IA David Armbruster Open
3	9:31.75	730	Stalkfleet, Heidi L	14	IA Iowa Flyers Swim Club	5/20/2018	2018 IA David Armbruster Open
4	9:35.88	736	Kimmel, Hayley L	13	IA Linn-Mar Swim Team	3/8/2018	2018 WI Spring Sectionals -- C
5	9:50.04	644	Matta, Virginia T	14	IA Eastern Iowa Swim Federation	6/1/2018	2018 IA CRAA Long Course Kick
6	9:51.62	637	Carleton, Madison Marie	14	IA Des Moines Swimming Federation	6/8/2018	2018 IA ACAC Rock the Blocks J
7	9:54.23	650	Gannon, Casey A	13	IA Eastern Iowa Swim Federation	1/19/2018	Mallards Winter LC Invitational 2018
8	10:11.97	572	Netolicky, Caroline E	13	IA Unattached	6/1/2018	2018 IA CRAA Long Course Kick
9	10:12.21	571	Hajek, Makala M	13	IA Iowa Flyers Swim Club	6/1/2018	2018 IA CRAA Long Course Kick
10	10:19.61	515	Weber, Lilly A	14	IA Linn-Mar Swim Team	6/9/2018	2018 IA ICE Splash Out Hunger
11	10:26.97	485	Henning, Alexis Anne	14	IA Central Iowa Aquatics	6/8/2018	2018 IA ACAC Rock the Blocks J
12	10:27.90	482	Hochstetler, Ella G	14	IA Iowa Flyers Swim Club	6/1/2018	2018 IA CRAA Long Course Kick
13	10:28.00	505	Lenzer, Liliana Joy	13	IA Linn-Mar Swim Team	6/29/2018	2018 IA NIS Ben Newell Memoria
14	10:32.09	488	Ostermeier, Loretta Ann	13	IA Ames Cyclone Aquatics Club	5/12/2018	2018 IA RIP H2Opener
15	10:39.39	459	Hoefler, Rhyan D	13	IA Iowa Flyers Swim Club	5/20/2018	2018 IA David Armbruster Open
16	10:40.57	455	Hnesh, Mesarah K	13	IA Iowa City Eels Swim Club	5/20/2018	2018 IA David Armbruster Open

**Girls 13/14****LSC: IA For Dates 9/1/2017 - 8/31/2018****Girls 13-14 1500 Freestyle Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC / Club</b>	<b>Swim Date</b>	<b>Meet</b>
1	17:32.55	842	Susil, Meghan Elizabeth	14	IA Eastern Iowa Swim Federation	3/11/2018	2018 WI Spring Sectionals -- C
2	17:59.71	772	Repko, Audrey Rose	14	IA Eastern Iowa Swim Federation	5/18/2018	2018 IA David Armbruster Open
3	18:14.31	736	Stalkfleet, Heidi L	14	IA Iowa Flyers Swim Club	5/18/2018	2018 IA David Armbruster Open
4	18:59.06	629	Carleton, Madison Marie	14	IA Des Moines Swimming Federation	6/17/2018	2018 IA DMSF Birdland Invitati
5	19:00.52	626	Trent, Lauren Rhys	14	IA Unattached	3/11/2018	2018 WI Spring Sectionals -- C
6	19:03.67	654	Gannon, Casey A	13	IA Eastern Iowa Swim Federation	1/20/2018	Mallards Winter LC Invitational 2018
7	19:11.72	636	Kimmel, Hayley L	13	IA Linn-Mar Swim Team	5/5/2018	2018 IA ICE-Amanda-K-Schany-Op
8	19:48.46	520	Matta, Virginia T	14	IA Eastern Iowa Swim Federation	5/18/2018	2018 IA David Armbruster Open
9	20:05.72	518	Wehr, Riley Mackenzie	13	IA Lane Four Aquatics	6/29/2018	2018 ILOP SST 24th Annual Fire
10	20:28.59	470	Lenzer, Liliana Joy	13	IA Linn-Mar Swim Team	5/5/2018	2018 IA ICE-Amanda-K-Schany-Op
11	21:41.06	334	Roche, Ava Leigh	13	IA Rams Swim Club	5/18/2018	2018 IA David Armbruster Open
12	21:45.52	326	Rounds, Taylor Marie	13	IA Central Iowa Aquatics	6/17/2018	2018 IA DMSF Birdland Invitati
13	22:44.08	231	Wetzel-Phelps, Lauren L	13	IA Eastern Iowa Swim Federation	5/18/2018	2018 IA David Armbruster Open

**Girls 13/14****LSC: IA For Dates 9/1/2017 - 8/31/2018****Girls 13-14 50 Backstroke Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC / Club</b>	<b>Swim Date</b>	<b>Meet</b>
1	32.24	828	Martin, Scarlet Rose	13	IA Eastern Iowa Swim Federation	4/14/2018	2018 TYR Pro Swim Series - Mes
2	32.48	808	Wigham, Jessica Marie	13	IA Dowling Catholic Riptide	6/15/2018	2018 MV CSC Summer Invite
3	33.35	692	Rastetter, Abigail Lin	14	IA Central Iowa Aquatics	6/8/2018	2018 IA ACAC Rock the Blocks J
4	34.28	622	Severson, Elizabeth Carol	14	IA Eastern Iowa Swim Federation	6/1/2018	2018 IA CRAA Long Course Kick
5	34.34	618	Henning, Alexis Anne	14	IA Central Iowa Aquatics	6/8/2018	2018 IA ACAC Rock the Blocks J
6	35.31	548	Hunt, Morgan M	14	IA Greater Des Moines YMCA	6/1/2018	2018 IA CRAA Long Course Kick
7	35.39	589	He, Kristin	13	IA Unattached	4/22/2018	2018 IA APP DSMY First LCM Sp
8	35.91	507	Carleton, Madison Marie	14	IA Des Moines Swimming Federation	6/8/2018	2018 IA ACAC Rock the Blocks J
9	36.13	492	Haars, Lily Lemon	14	IA Linn-Mar Swim Team	6/8/2018	2018 IA ICE Splash Out Hunger
10	36.46	515	Ostermeier, Loretta Ann	13	IA Ames Cyclone Aquatics Club	6/8/2018	2018 IA ACAC Rock the Blocks J
11	36.56	509	Witt, Alyssa Lou	13	IA Lane Four Aquatics	6/8/2018	2018 IA ICE Splash Out Hunger
12	36.64	503	Hoefler, Rhyan D	13	IA Iowa Flyers Swim Club	6/1/2018	2018 IA CRAA Long Course Kick
13	37.00	479	Hnesh, Mesarah K	13	IA Iowa City Eels Swim Club	6/8/2018	2018 IA ICE Splash Out Hunger
14	37.02	434	Wurth, Alexa Grace	14	IA Greater Des Moines YMCA	6/16/2018	2018 IA DMSF Birdland Invitati
15	37.26	463	Evans, Brianna Marie	13	IA Dowling Catholic Riptide	6/15/2018	2018 MV CSC Summer Invite
16	37.51	403	Trent, Lauren Rhys	14	IA Eastern Iowa Swim Federation	6/8/2018	2018 IA ICE Splash Out Hunger

**Girls 13/14****LSC: IA For Dates 9/1/2017 - 8/31/2018****Girls 13-14 100 Backstroke Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC / Club</b>	<b>Swim Date</b>	<b>Meet</b>
1	1:06.58	885	Hala, Abby Lyn	13	IA Ames Cyclone Aquatics Club	6/24/2018	2018 IA L4A Swim PINK A+ Invit
2	1:08.13	827	Kimmel, Hayley L	13	IA Linn-Mar Swim Team	3/9/2018	2018 WI Spring Sectionals -- C
3	1:08.16	780	Rastetter, Abigail Lin	14	IA Central Iowa Aquatics	6/24/2018	2018 IA L4A Swim PINK A+ Invit
4	1:08.30 r	775	Roghair, Aurora J	14	IA Iowa Flyers Swim Club	1/6/2018	2018 IA IFLY & CIA Dual Meet
5	1:08.53	813	Wigham, Jessica Marie	13	IA Dowling Catholic Riptide	6/16/2018	2018 MV CSC Summer Invite
6	1:08.74	805	Martin, Scarlet Rose	13	IA Eastern Iowa Swim Federation	5/20/2018	2018 IA David Armbruster Open
7	1:09.02	748	Frericks, Grace Marie	14	IA Black Hawk Area Swim Team	5/20/2018	2018 IA David Armbruster Open
8	1:09.64	726	Fish, Samantha June	14	IA Dubuque Area Swimmin' Hurricanes	6/24/2018	2018 IA L4A Swim PINK A+ Invit
9	1:10.60	692	Hochstetler, Ella G	14	IA Iowa Flyers Swim Club	6/24/2018	2018 IA L4A Swim PINK A+ Invit
10	1:11.36	666	Henning, Alexis Anne	14	IA Central Iowa Aquatics	6/24/2018	2018 IA L4A Swim PINK A+ Invit
11	1:11.98	644	Susil, Meghan Elizabeth	14	IA Eastern Iowa Swim Federation	6/2/2018	2018 IA CRAA Long Course Kick
12	1:12.08	641	Severson, Elizabeth Carol	14	IA Eastern Iowa Swim Federation	6/2/2018	2018 IA CRAA Long Course Kick
13	1:12.39	631	Stalkfleet, Heidi L	14	IA Iowa Flyers Swim Club	6/2/2018	2018 IA CRAA Long Course Kick
14	1:12.58	624	Donald, Meghan Ann	14	IA Ames Cyclone Aquatics Club	6/24/2018	2018 IA L4A Swim PINK A+ Invit
15	1:12.83	661	Frantum, Olivia Madison	13	IA Central Iowa Aquatics	1/6/2018	2018 IA IFLY & CIA Dual Meet
16	1:12.94	612	Schultz, Caroline Susanne	14	IA Central Iowa Aquatics	1/6/2018	2018 IA IFLY & CIA Dual Meet



**Girls 13/14****LSC: IA For Dates 9/1/2017 - 8/31/2018****Girls 13-14 200 Backstroke Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC / Club</b>	<b>Swim Date</b>	<b>Meet</b>
1	2:22.58	866	Hala, Abby Lyn	13	IA Ames Cyclone Aquatics Club	6/23/2018	2018 IA L4A Swim PINK A+ Invit
2	2:23.68	815	Rastetter, Abigail Lin	14	IA Central Iowa Aquatics	6/23/2018	2018 IA L4A Swim PINK A+ Invit
3	2:26.24	808	Wigham, Jessica Marie	13	IA Dowling Catholic Riptide	6/17/2018	2018 MV CSC Summer Invite
4	2:28.75	735	Stalkfleet, Heidi L	14	IA Iowa Flyers Swim Club	6/23/2018	2018 IA L4A Swim PINK A+ Invit
5	2:29.35	760	Martin, Scarlet Rose	13	IA Eastern Iowa Swim Federation	5/19/2018	2018 IA David Armbruster Open
6	2:29.82	718	Frericks, Grace Marie	14	IA Black Hawk Area Swim Team	5/19/2018	2018 IA David Armbruster Open
7	2:30.14	713	Donald, Meghan Ann	14	IA Ames Cyclone Aquatics Club	6/23/2018	2018 IA L4A Swim PINK A+ Invit
8	2:32.34	680	Fish, Samantha June	14	IA Dubuque Area Swimmin' Hurricanes	6/23/2018	2018 IA L4A Swim PINK A+ Invit
9	2:32.79	673	Hochstetler, Ella G	14	IA Iowa Flyers Swim Club	6/23/2018	2018 IA L4A Swim PINK A+ Invit
10	2:34.30	650	Taeger, Olivia J	14	IA Iowa Flyers Swim Club	6/23/2018	2018 IA L4A Swim PINK A+ Invit
11	2:34.90	641	Henning, Alexis Anne	14	IA Central Iowa Aquatics	6/23/2018	2018 IA L4A Swim PINK A+ Invit
12	2:36.55	651	Kimmel, Hayley L	13	IA Linn-Mar Swim Team	6/30/2018	2018 IA NIS Ben Newell Memoria
13	2:37.07	609	Macleod, Katherine Paige	14	IA Ames Cyclone Aquatics Club	5/12/2018	2018 IA RIP H2Opener
14	2:37.15	608	Susil, Meghan Elizabeth	14	IA Eastern Iowa Swim Federation	5/19/2018	2018 IA David Armbruster Open
15	2:37.76	599	Severson, Elizabeth Carol	14	IA Eastern Iowa Swim Federation	5/19/2018	2018 IA David Armbruster Open
16	2:39.80	570	Matta, Virginia T	14	IA Eastern Iowa Swim Federation	6/23/2018	2018 IA L4A Swim PINK A+ Invit

**Girls 13/14****LSC: IA For Dates 9/1/2017 - 8/31/2018****Girls 13-14 50 Breaststroke Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC / Club</b>	<b>Swim Date</b>	<b>Meet</b>
1	40.07	546	Geng, Jennifer Y	14	IA Iowa Flyers Swim Club	6/1/2018	2018 IA CRAA Long Course Kick
2	40.31	536	Halverson, Taylor Ann	13	IA North Iowa Splash	6/1/2018	2018 IA CRAA Long Course Kick
3	40.47	527	He, Kristin	13	IA Unattached	4/22/2018	2018 IA APP DSMY First LCM Sp
4	41.11	492	Gannon, Casey A	13	IA Eastern Iowa Swim Federation	6/8/2018	2018 IA ICE Splash Out Hunger
5	41.40	472	Haars, Lily Lemon	14	IA Linn-Mar Swim Team	6/8/2018	2018 IA ICE Splash Out Hunger
6	41.53	469	Block, Britney J	13	IA Greater Des Moines YMCA	6/17/2018	2018 IA DMSF Birdland Invitati
7	42.02	439	Hamling, Emily L	14	IA Unattached	4/22/2018	2018 IA APP DSMY First LCM Sp
8	42.24	427	Hunt, Morgan M	14	IA Greater Des Moines YMCA	6/17/2018	2018 IA DMSF Birdland Invitati
9	42.32	427	Carlson, Maggie G	13	IA Greater Des Moines YMCA	4/22/2018	2018 IA APP DSMY First LCM Sp
10	42.47	415	Baumann, Anne E	14	IA Eastern Iowa Swim Federation	6/1/2018	2018 IA CRAA Long Course Kick
11	42.52	413	Goodell, Lexi L	14	IA Vinton Aquatic Club Inc	6/17/2018	2018 IA DMSF Birdland Invitati
12	43.39	372	Millage, Genevieve Elizabeth	13	IA Eastern Iowa Swim Federation	6/1/2018	2018 IA CRAA Long Course Kick
13	43.75	354	Patton, Leah Marie	13	IA Piranhas Swim Club	6/8/2018	2018 IA ICE Splash Out Hunger
14	44.23	327	Severson, Elizabeth Carol	14	IA Eastern Iowa Swim Federation	6/1/2018	2018 IA CRAA Long Course Kick
15	44.49	318	Froehlich, Lilly Beth	13	IA Greater Des Moines YMCA	4/22/2018	2018 IA APP DSMY First LCM Sp
16	44.54	312	Trent, Lauren Rhys	14	IA Eastern Iowa Swim Federation	6/8/2018	2018 IA ICE Splash Out Hunger

**Girls 13/14****LSC: IA For Dates 9/1/2017 - 8/31/2018****Girls 13-14 100 Breaststroke Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC / Club</b>	<b>Swim Date</b>	<b>Meet</b>
1	1:17.09	786	Kimmel, Hayley L	13	IA Linn-Mar Swim Team	6/24/2018	2018 IA L4A Swim PINK A+ Invit
2	1:17.91	759	Donald, Meghan Ann	14	IA Ames Cyclone Aquatics Club	6/24/2018	2018 IA L4A Swim PINK A+ Invit
3	1:20.98	673	Buhr, Taylor Olivia	14	IA Piranhas Swim Club	5/26/2018	2018 IN MSC Memorial Day Invit
4	1:22.27	637	Bachman, Olivia Marie	14	IA Carroll Area Swim Team	3/9/2018	2018 WI Spring Sectionals -- C
5	1:23.10	618	Fierke, Eileen J	13	IA Ames Cyclone Aquatics Club	6/9/2018	2018 IA ACAC Rock the Blocks J
6	1:23.31	609	Geng, Jennifer Y	14	IA Iowa Flyers Swim Club	1/6/2018	2018 IA IFLY & CIA Dual Meet
7	1:23.85	598	Netolicky, Caroline E	13	IA Unattached	6/2/2018	2018 IA CRAA Long Course Kick
8	1:23.94	592	Heiar, Zoe K	14	IA Dubuque Area Swimmin' Hurricanes	6/24/2018	2018 IA L4A Swim PINK A+ Invit
9	1:24.29	583	Keeney, Ashlyn J	14	IA Iowa Flyers Swim Club	5/19/2018	2018 IA David Armbruster Open
10	1:24.69	576	Jones, Abigail Josephine	13	IA MACR Sharks	6/24/2018	2018 IA L4A Swim PINK A+ Invit
11	1:26.47	529	Gannon, Casey A	13	IA Eastern Iowa Swim Federation	3/9/2018	2018 WI Spring Sectionals -- C
12	1:26.72	523	Foth, Emma Rose	13	IA Dowling Catholic Riptide	6/16/2018	2018 IA DMSF Birdland Invitati
13	1:27.12	513	Sweetman, Julia Kathleen	13	IA Dowling Catholic Riptide	5/12/2018	2018 IA RIP H2Opener
14	1:27.37	502	Fisher, Lauren Elizabeth	14	IA Ames Cyclone Aquatics Club	6/24/2018	2018 IA L4A Swim PINK A+ Invit
15	1:27.79	496	Halverson, Taylor Ann	13	IA North Iowa Splash	6/30/2018	2018 IA NIS Ben Newell Memoria
16	1:27.93	492	He, Kristin	13	IA Unattached	5/12/2018	2018 IA RIP H2Opener

**Girls 13/14****LSC: IA For Dates 9/1/2017 - 8/31/2018****Girls 13-14 200 Breaststroke Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC / Club</b>	<b>Swim Date</b>	<b>Meet</b>
1	2:52.14	687	Buhr, Taylor Olivia	14	IA Piranhas Swim Club	3/10/2018	2018 WI Spring Sectionals -- C
2	2:53.54	678	Kimmel, Hayley L	13	IA Linn-Mar Swim Team	6/29/2018	2018 IA NIS Ben Newell Memoria
3	2:56.65	630	Donald, Meghan Ann	14	IA Ames Cyclone Aquatics Club	6/22/2018	2018 IA L4A Swim PINK A+ Invit
4	2:57.07	625	Geng, Jennifer Y	14	IA Iowa Flyers Swim Club	5/20/2018	2018 IA David Armbruster Open
5	3:02.15	572	Fierke, Eileen J	13	IA Ames Cyclone Aquatics Club	6/10/2018	2018 IA ACAC Rock the Blocks J
6	3:02.83	555	Bachman, Olivia Marie	14	IA Carroll Area Swim Team	3/10/2018	2018 WI Spring Sectionals -- C
7	3:03.35	549	Heiar, Zoe K	14	IA Dubuque Area Swimmin' Hurricanes	6/22/2018	2018 IA L4A Swim PINK A+ Invit
8	3:03.65	545	Schultz, Caroline Susanne	14	IA Central Iowa Aquatics	1/6/2018	2018 IA IFLY & CIA Dual Meet
9	3:04.67	542	Gannon, Casey A	13	IA Eastern Iowa Swim Federation	1/21/2018	Mallards Winter LC Invitational 2018
10	3:07.01	506	Carleton, Madison Marie	14	IA Des Moines Swimming Federation	6/17/2018	2018 IA DMSF Birdland Invitati
11	3:10.15	469	Macleod, Katherine Paige	14	IA Ames Cyclone Aquatics Club	5/13/2018	2018 IA RIP H2Opener
12	3:10.55	473	Sweetman, Julia Kathleen	13	IA Dowling Catholic Riptide	5/13/2018	2018 IA RIP H2Opener
13	3:10.73	471	Shepherd, Gwendolyn Elizabeth	13	IA Unattached	5/5/2018	2018 IA ICE-Amanda-K-Schany-Op
14	3:11.55	453	Baumann, Anne E	14	IA Eastern Iowa Swim Federation	6/3/2018	2018 IA CRAA Long Course Kick
15	3:11.98	448	Fisher, Lauren Elizabeth	14	IA Ames Cyclone Aquatics Club	5/13/2018	2018 IA RIP H2Opener
16	3:12.17	446	Henning, Alexis Anne	14	IA Central Iowa Aquatics	5/20/2018	2018 IA David Armbruster Open

**Girls 13/14****LSC: IA For Dates 9/1/2017 - 8/31/2018****Girls 13-14 50 Butterfly Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC / Club</b>	<b>Swim Date</b>	<b>Meet</b>
1	28.95	873	Martin, Scarlet Rose	13	IA Eastern Iowa Swim Federation	4/14/2018	2018 TYR Pro Swim Series - Mes
2	29.98	756	Frericks, Grace Marie	14	IA Black Hawk Area Swim Team	5/20/2018	2018 IA David Armbruster Open
3	30.39	725	Stalkfleet, Heidi L	14	IA Iowa Flyers Swim Club	5/19/2018	2018 IA David Armbruster Open
4	31.77	659	Wigham, Jessica Marie	13	IA Dowling Catholic Riptide	6/16/2018	2018 MV CSC Summer Invite
4	31.77	623	Heiar, Zoe K	14	IA Dubuque Area Swimmin' Hurricanes	5/19/2018	2018 IA David Armbruster Open
6	31.95	610	Carleton, Madison Marie	14	IA Des Moines Swimming Federation	6/16/2018	2018 IA DMSF Birdland Invitati
7	32.32	583	Geng, Jennifer Y	14	IA Iowa Flyers Swim Club	6/1/2018	2018 IA CRAA Long Course Kick
8	32.77	551	Kaster, Brooklynn Elizabeth	14	IA Central Iowa Aquatics	6/8/2018	2018 IA ACAC Rock the Blocks J
9	32.91	542	Greenley, Mackenzie J	14	IA Lane Four Aquatics	5/19/2018	2018 IA David Armbruster Open
10	33.10	565	Frazier, Tatum Cree	13	IA Eastern Iowa Swim Federation	5/19/2018	2018 IA David Armbruster Open
10	33.10	565	Harswick, Alexandra Charlotte	13	IA Ames Cyclone Aquatics Club	6/8/2018	2018 IA ACAC Rock the Blocks J
12	33.13	526	Haars, Lily Lemon	14	IA Linn-Mar Swim Team	6/8/2018	2018 IA ICE Splash Out Hunger
13	33.18	559	Witt, Alyssa Lou	13	IA Lane Four Aquatics	6/8/2018	2018 IA ICE Splash Out Hunger
14	33.28	516	Keeney, Ashlyn J	14	IA Iowa Flyers Swim Club	5/19/2018	2018 IA David Armbruster Open
15	33.62	493	Severson, Elizabeth Carol	14	IA Eastern Iowa Swim Federation	6/1/2018	2018 IA CRAA Long Course Kick
16	33.70	488	Trent, Lauren Rhys	14	IA Eastern Iowa Swim Federation	6/8/2018	2018 IA ICE Splash Out Hunger

**Girls 13/14****LSC: IA For Dates 9/1/2017 - 8/31/2018****Girls 13-14 100 Butterfly Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC / Club</b>	<b>Swim Date</b>	<b>Meet</b>
1	1:02.98	870	Martin, Scarlet Rose	14	IA Eastern Iowa Swim Federation	6/22/2018	2018 IA L4A Swim PINK A+ Invit
2	1:04.59	849	Kimmel, Hayley L	13	IA Linn-Mar Swim Team	6/22/2018	2018 IA L4A Swim PINK A+ Invit
3	1:06.00	765	Stalkfleet, Heidi L	14	IA Iowa Flyers Swim Club	6/22/2018	2018 IA L4A Swim PINK A+ Invit
4	1:07.00	731	Kloth, Jordon Elaine	14	IA Ames Cyclone Aquatics Club	6/22/2018	2018 IA L4A Swim PINK A+ Invit
5	1:07.78	705	Greenley, Mackenzie J	14	IA Lane Four Aquatics	6/22/2018	2018 IA L4A Swim PINK A+ Invit
6	1:08.30	688	Mallaro, Kendall J	14	IA Black Hawk Area Swim Team	6/15/2018	2018 MN RSC Rochester Open
7	1:09.05	664	Susil, Meghan Elizabeth	14	IA Eastern Iowa Swim Federation	6/15/2018	2018 MN RSC Rochester Open
8	1:09.31	655	Kaster, Brooklynn Elizabeth	14	IA Central Iowa Aquatics	6/22/2018	2018 IA L4A Swim PINK A+ Invit
9	1:09.83	674	Currier, Jenna Olivia	13	IA Carroll Area Swim Team	3/10/2018	2018 WI Spring Sectionals -- C
10	1:09.97	634	Fish, Samantha June	14	IA Dubuque Area Swimmin' Hurricanes	6/22/2018	2018 IA L4A Swim PINK A+ Invit
11	1:10.03	632	Caughron, Carley Jean	14	IA Black Hawk Area Swim Team	3/10/2018	2018 WI Spring Sectionals -- C
12	1:10.43	619	Kloth, Mikayla Leigh	14	IA Ames Cyclone Aquatics Club	6/22/2018	2018 IA L4A Swim PINK A+ Invit
13	1:10.97	637	Wigham, Jessica Marie	13	IA Dowling Catholic Riptide	5/12/2018	2018 IA RIP H2Opener
14	1:11.09	598	Heiar, Zoe K	14	IA Dubuque Area Swimmin' Hurricanes	6/22/2018	2018 IA L4A Swim PINK A+ Invit
15	1:11.49	585	Geng, Jennifer Y	14	IA Iowa Flyers Swim Club	6/2/2018	2018 IA CRAA Long Course Kick
16	1:11.61	617	Frazier, Tatum Cree	13	IA Unattached	3/10/2018	2018 WI Spring Sectionals -- C

**Girls 13/14****LSC: IA For Dates 9/1/2017 - 8/31/2018****Girls 13-14 200 Butterfly Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC / Club</b>	<b>Swim Date</b>	<b>Meet</b>
1	2:24.15	835	Martin, Scarlet Rose	13	IA Eastern Iowa Swim Federation	4/13/2018	2018 TYR Pro Swim Series - Mes
2	2:31.37	687	Kaster, Brooklynn Elizabeth	14	IA Central Iowa Aquatics	6/23/2018	2018 IA L4A Swim PINK A+ Invit
3	2:33.74	654	Greenley, Mackenzie J	14	IA Lane Four Aquatics	6/23/2018	2018 IA L4A Swim PINK A+ Invit
4	2:35.36	631	Stalkfleet, Heidi L	14	IA Iowa Flyers Swim Club	6/3/2018	2018 IA CRAA Long Course Kick
5	2:36.61	614	Susil, Meghan Elizabeth	14	IA Eastern Iowa Swim Federation	6/3/2018	2018 IA CRAA Long Course Kick
6	2:38.86	583	Mallaro, Kendall J	14	IA Black Hawk Area Swim Team	6/16/2018	2018 MN RSC Rochester Open
7	2:41.82	588	Witt, Alyssa Lou	13	IA Lane Four Aquatics	6/23/2018	2018 IA L4A Swim PINK A+ Invit
8	2:42.15	583	Hala, Abby Lyn	13	IA Ames Cyclone Aquatics Club	6/10/2018	2018 IA ACAC Rock the Blocks J
9	2:43.78	562	Noel, Hailey K	13	IA Iowa Flyers Swim Club	6/3/2018	2018 IA CRAA Long Course Kick
10	2:44.00	559	Hajek, Makala M	13	IA Iowa Flyers Swim Club	6/3/2018	2018 IA CRAA Long Course Kick
11	2:44.98	546	Wehr, Riley Mackenzie	13	IA Lane Four Aquatics	6/23/2018	2018 IA L4A Swim PINK A+ Invit
12	2:45.66	492	Geng, Jennifer Y	14	IA Iowa Flyers Swim Club	6/3/2018	2018 IA CRAA Long Course Kick
13	2:46.09	487	Kloth, Mikayla Leigh	14	IA Ames Cyclone Aquatics Club	6/23/2018	2018 IA L4A Swim PINK A+ Invit
14	2:47.50	468	Currier, Jenna Olivia	14	IA Carroll Area Swim Team	6/10/2018	2018 IA ACAC Rock the Blocks J
15	2:48.50	455	Kloth, Jordon Elaine	14	IA Ames Cyclone Aquatics Club	6/23/2018	2018 IA L4A Swim PINK A+ Invit
16	2:49.28	490	Kimmel, Hayley L	13	IA Linn-Mar Swim Team	5/5/2018	2018 IA ICE-Amanda-K-Schany-Op

**Girls 13/14****LSC: IA For Dates 9/1/2017 - 8/31/2018****Girls 13-14 200 Individual Medley Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC / Club</b>	<b>Swim Date</b>	<b>Meet</b>
1	2:24.01	872	Kimmel, Hayley L	13	IA Linn-Mar Swim Team	6/24/2018	2018 IA L4A Swim PINK A+ Invit
2	2:27.53	759	Stalkfleet, Heidi L	14	IA Iowa Flyers Swim Club	6/24/2018	2018 IA L4A Swim PINK A+ Invit
3	2:30.40	711	Martin, Scarlet Rose	14	IA Eastern Iowa Swim Federation	6/2/2018	2018 IA CRAA Long Course Kick
4	2:30.88	703	Susil, Meghan Elizabeth	14	IA Eastern Iowa Swim Federation	6/15/2018	2018 MN RSC Rochester Open
5	2:31.15	750	Hala, Abby Lyn	13	IA Ames Cyclone Aquatics Club	6/24/2018	2018 IA L4A Swim PINK A+ Invit
6	2:35.33	631	Taeger, Olivia J	14	IA Iowa Flyers Swim Club	6/24/2018	2018 IA L4A Swim PINK A+ Invit
7	2:36.02	620	Donald, Meghan Ann	14	IA Ames Cyclone Aquatics Club	6/24/2018	2018 IA L4A Swim PINK A+ Invit
8	2:36.47	612	Geng, Jennifer Y	14	IA Iowa Flyers Swim Club	5/18/2018	2018 IA David Armbruster Open
9	2:37.60	645	Frazier, Tatum Cree	13	IA Unattached	3/9/2018	2018 WI Spring Sectionals -- C
10	2:37.63	645	Netolicky, Caroline E	13	IA Unattached	6/2/2018	2018 IA CRAA Long Course Kick
11	2:37.72	593	Mallaro, Kendall J	14	IA Black Hawk Area Swim Team	6/15/2018	2018 MN RSC Rochester Open
12	2:38.40	632	Sweetman, Julia Kathleen	13	IA Dowling Catholic Riptide	5/13/2018	2018 IA RIP H2Opener
13	2:38.43	582	Buhr, Taylor Olivia	14	IA Piranhas Swim Club	5/26/2018	2018 IN MSC Memorial Day Invit
14	2:38.51	581	Schultz, Caroline Susanne	14	IA Central Iowa Aquatics	1/6/2018	2018 IA IFLY & CIA Dual Meet
15	2:38.97	573	Carleton, Madison Marie	14	IA Des Moines Swimming Federation	6/16/2018	2018 IA DMSF Birdland Invitati
16	2:39.24	569	Henning, Alexis Anne	14	IA Central Iowa Aquatics	6/24/2018	2018 IA L4A Swim PINK A+ Invit



**Girls 13/14****LSC: IA For Dates 9/1/2017 - 8/31/2018****Girls 13-14 400 Individual Medley Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC / Club</b>	<b>Swim Date</b>	<b>Meet</b>
1	5:08.08	828	Kimmel, Hayley L	13	IA Linn-Mar Swim Team	6/23/2018	2018 IA L4A Swim PINK A+ Invit
2	5:08.62	784	Stalkfleet, Heidi L	14	IA Iowa Flyers Swim Club	6/23/2018	2018 IA L4A Swim PINK A+ Invit
3	5:14.83	736	Susil, Meghan Elizabeth	14	IA Eastern Iowa Swim Federation	6/16/2018	2018 MN RSC Rochester Open
4	5:18.81	746	Hala, Abby Lyn	13	IA Ames Cyclone Aquatics Club	6/23/2018	2018 IA L4A Swim PINK A+ Invit
5	5:32.59	644	Martin, Scarlet Rose	13	IA Eastern Iowa Swim Federation	5/5/2018	2018 IA ICE-Amanda-K-Schany-Op
6	5:32.61	605	Kaster, Brooklynn Elizabeth	14	IA Central Iowa Aquatics	6/23/2018	2018 IA L4A Swim PINK A+ Invit
7	5:34.51	592	Buhr, Taylor Olivia	14	IA Piranhas Swim Club	3/10/2018	2018 WI Spring Sectionals -- C
8	5:34.52	592	Taeger, Olivia J	14	IA Iowa Flyers Swim Club	6/23/2018	2018 IA L4A Swim PINK A+ Invit
9	5:36.31	579	Kloth, Mikayla Leigh	14	IA Ames Cyclone Aquatics Club	6/23/2018	2018 IA L4A Swim PINK A+ Invit
10	5:36.72	576	Mallaro, Kendall J	14	IA Black Hawk Area Swim Team	6/16/2018	2018 MN RSC Rochester Open
11	5:37.51	571	Geng, Jennifer Y	14	IA Iowa Flyers Swim Club	6/23/2018	2018 IA L4A Swim PINK A+ Invit
12	5:41.78	541	Rastetter, Abigail Lin	14	IA Central Iowa Aquatics	6/15/2018	2018 IA DMSF Birdland Invitati
13	5:42.72	573	Gannon, Casey A	13	IA Eastern Iowa Swim Federation	6/1/2018	2018 IA CRAA Long Course Kick
14	5:42.94	533	Matta, Virginia T	14	IA Eastern Iowa Swim Federation	6/1/2018	2018 IA CRAA Long Course Kick
15	5:43.88	527	Trent, Lauren Rhys	14	IA Eastern Iowa Swim Federation	5/5/2018	2018 IA ICE-Amanda-K-Schany-Op
16	5:44.91	520	Carleton, Madison Marie	14	IA Des Moines Swimming Federation	6/15/2018	2018 IA DMSF Birdland Invitati