**ISI Technical Planning - Age Group Champs Event Order Change**

Rationale - reduce length of meet (3+ to 3)

**PLAN “A”:**

Thursday - NO Session

Drop 11 & 12 and 13 & 14 1000 Freestyles

Drop 13 & 14 800 Free Relay

Move 11 & 12 and 13 & 14 200 Medley Relays

Move 11 & 12 100 IM

Friday Prelims -

 11 & 12 500 Free - all but top-8 8:30 - 9:09

 13 & 14 500 Free 9:09 - 10:08

 11 & 12 50 Breast 10:08 - 10:14

 13 & 14 200 Back 10:14 - 10:45

 11 & 12 200 Back - all but top-8 10:45 - 11:00

 13 & 14 100 Fly 11:00 - 11:13

 11 & 12 100 Fly 11:13 - 11:24

 13 & 14 200 IM 11:24 - 11:52

 11 & 12 200 IM 11:52 - 12:12

Friday Afternoon (all tf) -

 10 & Under 100 IM 1:30 - 1:41 (1:00)

Awards - 10 minutes

 10 & Under 100 Fly 1:51 - 2:03

Awards - 10 minutes

 10 & Under 50 Free 2:13 - 2:19

Awards - 10 minutes

 10 & Under 200 Medley Relay 2:29 - 2:42

Awards - 10 minutes

 10 & Under 500 Free 2:52 - 3:45 (3:15)

Awards - 10 minutes 3:55 (3:25)

Friday Finals -

 11 & 12 MIXED 200 Medley Relay 5:00 - 5:14 (4:00)

 13 & 14 MIXED 200 Medley Relay 5:14 - 5:30

 11 & 12 500 Free - top-8 5:30 - 5:48

 13 & 14 500 Free 5:48 - 6:18

 11 & 12 50 Breast 6:18 - 6:28

 13 & 14 200 Back 6:28 - 6:45

 11 & 12 200 Back - top-8 6:45 - 6:57

 13 & 14 100 Fly 6:57 - 7:09

 11 & 12 100 Fly 7:09 - 7:22

 13 & 14 200 IM 7:22 - 7:39

 11 & 12 200 IM 7:39 - 7:57

 13 & 14 400 Free Relay 7:57 - 8:30

 11 & 12 400 Free Relay 8:30 - 8:56 (8:26)

Saturday Prelims -

 11 & 12 200 Free 8:30 - 8:53

 13 & 14 200 Free 8:53 - 9:16

 11 & 12 100 Breast 9:16 - 9:28

 13 & 14 100 Breast 9:28 - 9:41

 11 & 12 100 Back 9:41 - 9:51

 13 & 14 100 Back 9:51 - 10:08

 11 & 12 50 Fly 10:08 - 10:14

 13 & 14 400 IM 10:14 - 11:08

 11 & 12 400 IM - all but top-8 11:08 - 11:31

 13 & 14 50 Free 11:31 - 11:39

 11 & 12 50 Free 11:39 - 11:44

Saturday Afternoon (all tf) -

 10 & Under MIXED 200 Medley Relay 1:30 - 1:45 (1:00)

Awards - 10 minutes

 10 & Under 200 Free 1:55 - 2:14

Awards - 10 minutes

 10 & Under 100 Breast 2:24 - 2:41

Awards - 10 minutes

 10 & Under 50 Back 2:51 - 2:58

Awards - 10 minutes

 10 & Under 200 IM 3:08 - 3:31

Awards - 10 minutes

 10 & Under MIXED 200 Free Relay 3:31 - 3:46 (3:16)

Awards - 10 minutes 3:56 (3:26)

Saturday Finals -

 11 & 12 MIXED 200 Free Relay 5:00 - 5:20 (4:00)

 13 & 14 MIXED 200 Free Relay 5:20 - 5:40

 11 & 12 200 Free 5:40 - 5:56

 13 & 14 200 Free 5:56 - 6:12

 11 & 12 100 Breast 6:12 - 6:26

 13 & 14 100 Breast 6:26 - 6:38

 11 & 12 100 Back 6:38 - 6:51

 13 & 14 100 Back 6:51 - 7:03

 11 & 12 50 Fly 7:03 - 7:13

 13 & 14 400 IM 7:13 - 7:41

 11 & 12 400 IM - top-8 7:41 - 7:59

 13 & 14 50 Free 7:59 - 8:09

 11 & 12 50 Free 8:09 - 8:19

 13 & 14 400 Medley Relay 8:19 - 8:54

 11 & 12 400 Medley Relay 8:54 - 9:27 (8:27)

Sunday Prelims - (relays allowed to down-seed to a.m.)

 11 & 12 200 Medley Relay 8:30 - 8:40

 13 & 14 200 Medley Relay 8:40 - 8:50

 11 & 12 100 IM 8:50 - 9:02

Break - 10 minutes

 11 & 12 200 Breast - all but top-8 9:12 - 9:28

 13 & 14 200 Breast 9:28 - 9:55

 11 & 12 100 Free 9:55 - 10:06

 13 & 14 100 Free 10:06 - 10:19

 11 & 12 200 Fly - all but top-8 10:19 - 10:25

 13 & 14 200 Fly 10:25 - 10:44

 11 & 12 50 Back 10:44 - 10:53

 13 & 14 200 Free Relay 10:53 - 11:03

 11 & 12 200 Free Relay 11:03 - 11:13

Break - 10 minutes

 11 & 12 1650 Free - top-8 11:23 - 12:06

 11 - 14 1650 Free - all but top-8 12:06 - 2:17

Sunday Afternoon (all tf) -

 10 & Under 100 Back 3:30 - 3:43 (3:00)

Awards - 10 minutes

 10 & Under 50 Breast 3:53 - 4:01

Awards - 10 minutes

 10 & Under 100 Free 4:11 - 4:24

Awards - 10 minutes

 10 & Under 50 Fly 4:34 - 4:40

Awards - 10 minutes

 10 & Under 200 Free Relay 4:50 - 5:01 (4:31)

Awards - 10 minutes 5:11 (4:41)

Sunday Finals -

 11 & 12 200 Medley Relay 6:30 - 6:40 (5:15)

 13 & 14 200 Medley Relay 6:40 - 6:50

 11 & 12 100 IM 6:50 - 7:02

 13 & 14 1650 Free - top-8 7:02 - 7:44

 11 & 12 200 Breast 7:44 - 7:54

 13 & 14 200 Breast 7:54 - 8:12

 11 & 12 100 Free 8:12 - 8:24

 13 & 14 100 Free 8:24 - 8:36

 11 & 12 200 Fly - top-8 8:36 - 8:45

 13 & 14 200 Fly 8:45 - 9:03

 11 & 12 50 Back 9:03 - 9:13

 13 & 14 200 Free Relay 9:13 - 9:23

 11 & 12 200 Free Relay 9:23 - 9:33 (8:18)

**(NOTE: Could cut ½ hour from start and end of afternoon session by starting warm-ups in warm-up pool, then finishing in comp pool for last 20 minutes. Then cut 1 hour from start and end of finals session by starting that warm-up in the warm-up pool 30 minutes from the end of the afternoon session, then finishing in comp pool for last 20 minutes.)**

**Plan “B”**

Thursday -

1 / 3 tf 11 - 14 1000 Freestyle 2 / 4 tf 5:00 - 7:53

Drop 13 & 14 800 Free Relay

Move 11 & 12 and 13 & 14 200 Medley Relays

Move 11 & 12 100 IM

Friday, Saturday & Sunday - as listed in Plan “A”

**Plan “C”**

Thursday - choice of either Plan “A” or Plan “B”

Friday, Saturday, & Sunday - as listed in Plan “A”, except, dropping MIXED 11 & over relays

Friday Prelims -

 11 & 12 500 Free - all but top-8 8:30 - 9:09

 13 & 14 500 Free 9:09 - 10:08

 11 & 12 50 Breast 10:08 - 10:14

 13 & 14 200 Back 10:14 - 10:45

 11 & 12 200 Back - all but top-8 10:45 - 11:00

 13 & 14 100 Fly 11:00 - 11:13

 11 & 12 100 Fly 11:13 - 11:24

 13 & 14 200 IM 11:24 - 11:52

 11 & 12 200 IM 11:52 - 12:12

Friday Afternoon (all tf) -

 10 & Under 100 IM 1:30 - 1:41 (1:00)

Awards - 10 minutes

 10 & Under 100 Fly 1:51 - 2:03

Awards - 10 minutes

 10 & Under 50 Free 2:13 - 2:19

Awards - 10 minutes

 10 & Under 200 Medley Relay 2:29 - 2:42

Awards - 10 minutes

 10 & Under 500 Free 2:52 - 3:45 (3:15)

Awards - 10 minutes 3:55 (3:25)

Friday Finals -

 11 & 12 500 Free - top-8 5:00 - 5:18 (4:00)

 13 & 14 500 Free 5:18 - 5:48

 11 & 12 50 Breast 5:48 - 5:58

 13 & 14 200 Back 5:58 -6:15

 11 & 12 200 Back - top-8 6:15 - 6:27

 13 & 14 100 Fly 6:27 - 6:39

 11 & 12 100 Fly 6:39 - 6:52

 13 & 14 200 IM 6:52 - 7:09

 11 & 12 200 IM 7:09 - 7:27

 13 & 14 400 Free Relay 7:27 - 8:00

 11 & 12 400 Free Relay 8:00 - 8:26 (7:26)

Saturday Prelims -

 11 & 12 200 Free 8:30 - 8:53

 13 & 14 200 Free 8:53 - 9:16

 11 & 12 100 Breast 9:16 - 9:28

 13 & 14 100 Breast 9:28 - 9:41

 11 & 12 100 Back 9:41 - 9:51

 13 & 14 100 Back 9:51 - 10:08

 11 & 12 50 Fly 10:08 - 10:14

 13 & 14 400 IM 10:14 - 11:08

 11 & 12 400 IM - all but top-8 11:08 - 11:31

 13 & 14 50 Free 11:31 - 11:39

 11 & 12 50 Free 11:39 - 11:44

Saturday Afternoon (all tf) -

 10 & Under MIXED 200 Medley Relay 1:30 - 1:45 (1:00)

Awards - 10 minutes

 10 & Under 200 Free 1:55 - 2:14

Awards - 10 minutes

 10 & Under 100 Breast 2:24 - 2:41

Awards - 10 minutes

 10 & Under 50 Back 2:51 - 2:58

Awards - 10 minutes

 10 & Under 200 IM 3:08 - 3:31

Awards - 10 minutes

 10 & Under MIXED 200 Free Relay 3:31 - 3:46 (3:16)

Awards - 10 minutes 3:56 (3:26)

Saturday Finals -

 11 & 12 200 Free 5:00 - 5:16 (4:00)

 13 & 14 200 Free 5:16 - 5:32

 11 & 12 100 Breast 5:32 - 5:46

 13 & 14 100 Breast 5:46 - 5:58

 11 & 12 100 Back 5:58 - 6:11

 13 & 14 100 Back 6:11 - 6:23

 11 & 12 50 Fly 6:23 - 6:33

 13 & 14 400 IM 6:33 - 7:01

 11 & 12 400 IM - top-8 7:01 - 7:19

 13 & 14 50 Free 7:19 - 7:29

 11 & 12 50 Free 7:29 - 7:39

 13 & 14 400 Medley Relay 7:39 - 8:14

 11 & 12 400 Medley Relay 8:14 - 8:47 (7:47)

Sunday Prelims - (relays allowed to down-seed to a.m.)

 11 & 12 200 Medley Relay 8:30 - 8:40

 13 & 14 200 Medley Relay 8:40 - 8:50

 11 & 12 100 IM 8:50 - 9:02

Break - 10 minutes

 11 & 12 200 Breast - all but top-8 9:12 - 9:28

 13 & 14 200 Breast 9:28 - 9:55

 11 & 12 100 Free 9:55 - 10:06

 13 & 14 100 Free 10:06 - 10:19

 11 & 12 200 Fly - all but top-8 10:19 - 10:25

 13 & 14 200 Fly 10:25 - 10:44

 11 & 12 50 Back 10:44 - 10:53

 13 & 14 200 Free Relay 10:53 - 11:03

 11 & 12 200 Free Relay 11:03 - 11:13

Break - 10 minutes

 11 & 12 1650 Free - top-8 11:23 - 12:06

 11 - 14 1650 Free - all but top-8 12:06 - 2:17

Sunday Afternoon (all tf) -

 10 & Under 100 Back 3:30 - 3:43 (3:00)

Awards - 10 minutes

 10 & Under 50 Breast 3:53 - 4:01

Awards - 10 minutes

 10 & Under 100 Free 4:11 - 4:24

Awards - 10 minutes

 10 & Under 50 Fly 4:34 - 4:40

Awards - 10 minutes

 10 & Under 200 Free Relay 4:50 - 5:01 (4:31)

Awards - 10 minutes 5:11 (4:41)

Sunday Finals -

 11 & 12 200 Medley Relay 6:30 - 6:40 (5:30)

 13 & 14 200 Medley Relay 6:40 - 6:50

 11 & 12 100 IM 6:50 - 7:02

 13 & 14 1650 Free - top-8 7:02 - 7:44

 11 & 12 200 Breast 7:44 - 7:54

 13 & 14 200 Breast 7:54 - 8:12

 11 & 12 100 Free 8:12 - 8:24

 13 & 14 100 Free 8:24 - 8:36

 11 & 12 200 Fly - top-8 8:36 - 8:45

 13 & 14 200 Fly 8:45 - 9:03

 11 & 12 50 Back 9:03 - 9:13

 13 & 14 200 Free Relay 9:13 - 9:23

 11 & 12 200 Free Relay 9:23 - 9:33 (8:33)

**(NOTE: Could cut ½ hour from start and end of afternoon session by starting warm-ups in warm-up pool, then finishing in comp pool for last 20 minutes. Then cut 1 hour from start and end of finals session by starting that warm-up in the warm-up pool 30 minutes from the end of the afternoon session, then finishing in comp pool for last 20 minutes.)**

**Plan “D”:**

Thursday - choice of either Plan “A” or Plan “B”

Friday, Saturday, & Sunday - as listed in Plan “A”, except, dropping MIXED 11 & over relays and moving 10 & Under events to Friday & Saturday only, dropping Sunday afternoon

Friday Prelims -

 11 & 12 500 Free - all but top-8 8:30 - 9:09

 13 & 14 500 Free 9:09 - 10:08

 11 & 12 50 Breast 10:08 - 10:14

 13 & 14 200 Back 10:14 - 10:45

 11 & 12 200 Back - all but top-8 10:45 - 11:00

 13 & 14 100 Fly 11:00 - 11:13

 11 & 12 100 Fly 11:13 - 11:24

 13 & 14 200 IM 11:24 - 11:52

 11 & 12 200 IM 11:52 - 12:12

Friday Afternoon (all tf) -

 10 & Under 100 Free 1:30 - 1:43 (1:00)

Awards - 10 minutes

 10 & Under 50 Breast 1:53 - 2:01

Awards - 10 minutes

 10 & Under 100 IM 2:11 - 2:22

Awards - 10 minutes

 10 & Under 100 Fly 2:32 - 2:44

Awards - 10 minutes

 10 & Under 100 Back 2:54 - 3:07

Awards - 10 minutes

 10 & Under 200 Medley Relay 3:17 - 3:30

Awards - 10 minutes

 10 & Under 500 Free (what about on Thurs. w/1000s?) 3:40 - 4:23 (3:53)

Awards - 10 minutes 4:33 (4:03)

Friday Finals -

 11 & 12 500 Free - top-8 5:00 - 5:18 (4:00)

 13 & 14 500 Free 5:18 - 5:48

 11 & 12 50 Breast 5:48 - 5:58

 13 & 14 200 Back 5:58 -6:15

 11 & 12 200 Back - top-8 6:15 - 6:27

 13 & 14 100 Fly 6:27 - 6:39

 11 & 12 100 Fly 6:39 - 6:52

 13 & 14 200 IM 6:52 - 7:09

 11 & 12 200 IM 7:09 - 7:27

 13 & 14 400 Free Relay 7:27 - 8:00

 11 & 12 400 Free Relay 8:00 - 8:26 (7:56)

Saturday Prelims -

 11 & 12 200 Free 8:30 - 8:53

 13 & 14 200 Free 8:53 - 9:16

 11 & 12 100 Breast 9:16 - 9:28

 13 & 14 100 Breast 9:28 - 9:41

 11 & 12 100 Back 9:41 - 9:51

 13 & 14 100 Back 9:51 - 10:08

 11 & 12 50 Fly 10:08 - 10:14

 13 & 14 400 IM 10:14 - 11:08

 11 & 12 400 IM - all but top-8 11:08 - 11:31

 13 & 14 50 Free 11:31 - 11:39

 11 & 12 50 Free 11:39 - 11:44

Saturday Afternoon (all tf) -

Awards - 10 minutes

 10 & Under 50 Free 1:30 - 1:36 (1:00)

Awards - 10 minutes

 10 & Under 100 Breast 1:46 - 2:03

Awards - 10 minutes

 10 & Under 50 Back 2:13 - 2:20

Awards - 10 minutes

 10 & Under 200 IM 2:30 - 2:53

Awards - 10 minutes

10 & Under 50 Free 3:03 - 3:22

Awards - 10 minutes

 10 & Under 50 Fly 3:32 - 3:38

Awards - 10 minutes

 10 & Under 200 Free Relay 3:48 - 3:59 (3:29)

Awards - 10 minutes 4:09 (3:39)

Saturday Finals -

 11 & 12 200 Free 5:00 - 5:16 (4:00)

 13 & 14 200 Free 5:16 - 5:32

 11 & 12 100 Breast 5:32 - 5:46

 13 & 14 100 Breast 5:46 - 5:58

 11 & 12 100 Back 5:58 - 6:11

 13 & 14 100 Back 6:11 - 6:23

 11 & 12 50 Fly 6:23 - 6:33

 13 & 14 400 IM 6:33 - 7:01

 11 & 12 400 IM - top-8 7:01 - 7:19

 13 & 14 50 Free 7:19 - 7:29

 11 & 12 50 Free 7:29 - 7:39

 13 & 14 400 Medley Relay 7:39 - 8:14

 11 & 12 400 Medley Relay 8:14 - 8:47 (7:47)

Sunday Prelims - (relays allowed to down-seed to a.m.)

 11 & 12 200 Medley Relay 8:30 - 8:40

 13 & 14 200 Medley Relay 8:40 - 8:50

 11 & 12 100 IM 8:50 - 9:02

Break - 10 minutes

 11 & 12 200 Breast - all but top-8 9:12 - 9:28

 13 & 14 200 Breast 9:28 - 9:55

 11 & 12 100 Free 9:55 - 10:06

 13 & 14 100 Free 10:06 - 10:19

 11 & 12 200 Fly - all but top-8 10:19 - 10:25

 13 & 14 200 Fly 10:25 - 10:44

 11 & 12 50 Back 10:44 - 10:53

 13 & 14 200 Free Relay 10:53 - 11:03

 11 & 12 200 Free Relay 11:03 - 11:13

Break - 10 minutes

 11 & 12 1650 Free - top-8 11:23 - 12:06

 11 - 14 1650 Free - all but top-8 12:06 - 2:17

Sunday Afternoon (all tf) - None

Sunday Finals - (could start at 4 p.m.)

 11 & 12 200 Medley Relay 5:00 - 5:10 (4:00)

 13 & 14 200 Medley Relay 5:10 - 5:20

 11 & 12 100 IM 5:20 - 5:32

 13 & 14 1650 Free - top-8 5:32 - 6:14

 11 & 12 200 Breast 6:14 - 6:24

 13 & 14 200 Breast 6:24 - 6:42

 11 & 12 100 Free 6:42 - 6:54

 13 & 14 100 Free 6:54 - 7:06

 11 & 12 200 Fly - top-8 7:06 - 7:15

 13 & 14 200 Fly 7:15 - 7:33

 11 & 12 50 Back 7:33 - 7:43

 13 & 14 200 Free Relay 7:43 - 7:53

 11 & 12 200 Free Relay 7:53 - 8:03 (7:03)

**(NOTE: Could cut ½ hour from start and end of afternoon session by starting warm-ups in warm-up pool, then finishing in comp pool for last 20 minutes. Then cut 1 hour from start and end of finals session by starting that warm-up in the warm-up pool 30 minutes from the end of the afternoon session, then finishing in comp pool for last 20 minutes.)ool, then finishing in comp pool for last 20 minutes. Then cut 1 hour from start and end of finals session by starting that warm-up in the warm-up pool 30 minutes from the end of the afternoon session, then finishing in comp pool for last 20 minutes.)**

**Plan “E”:**

Thursday - choice of either Plan “A” or Plan “B”

Friday, Saturday, & Sunday - as listed in Plan “A”, keeping MIXED 11 & over relays, but moving 10 & Under events to Friday & Saturday only, dropping Sunday afternoon

Friday Prelims -

 11 & 12 500 Free - all but top-8 8:30 - 9:09

 13 & 14 500 Free 9:09 - 10:08

 11 & 12 50 Breast 10:08 - 10:14

 13 & 14 200 Back 10:14 - 10:45

 11 & 12 200 Back - all but top-8 10:45 - 11:00

 13 & 14 100 Fly 11:00 - 11:13

 11 & 12 100 Fly 11:13 - 11:24

 13 & 14 200 IM 11:24 - 11:52

 11 & 12 200 IM 11:52 - 12:12

Friday Afternoon (all tf) -

 10 & Under 100 Free 1:30 - 1:43 (1:00)

Awards - 10 minutes

 10 & Under 50 Breast 1:53 - 2:01

Awards - 10 minutes

 10 & Under 100 IM 2:11 - 2:22

Awards - 10 minutes

 10 & Under 100 Fly 2:32 - 2:44

Awards - 10 minutes

 10 & Under 100 Back 2:54 - 3:07

Awards - 10 minutes

 10 & Under 200 Medley Relay 3:17 - 3:30

Awards - 10 minutes

 10 & Under 500 Free (what about on Thurs. w/1000s?) 3:40 - 4:23 (3:53)

Awards - 10 minutes 4:33 (4:03)

Friday Finals -

 11 & 12 MIXED 200 Medley Relay 5:00 - 5:14 (4:00)

 13 & 14 MIXED 200 Medley Relay 5:14 - 5:30

 11 & 12 500 Free - top-8 5:30 - 5:48

 13 & 14 500 Free 5:48 - 6:18

 11 & 12 50 Breast 6:18 - 6:28

 13 & 14 200 Back 6:28 - 6:45

 11 & 12 200 Back - top-8 6:45 - 6:57

 13 & 14 100 Fly 6:57 - 7:09

 11 & 12 100 Fly 7:09 - 7:22

 13 & 14 200 IM 7:22 - 7:39

 11 & 12 200 IM 7:39 - 7:57

 13 & 14 400 Free Relay 7:57 - 8:30

 11 & 12 400 Free Relay 8:30 - 8:56 (8:26)

Saturday Prelims -

 11 & 12 200 Free 8:30 - 8:53

 13 & 14 200 Free 8:53 - 9:16

 11 & 12 100 Breast 9:16 - 9:28

 13 & 14 100 Breast 9:28 - 9:41

 11 & 12 100 Back 9:41 - 9:51

 13 & 14 100 Back 9:51 - 10:08

 11 & 12 50 Fly 10:08 - 10:14

 13 & 14 400 IM 10:14 - 11:08

 11 & 12 400 IM - all but top-8 11:08 - 11:31

 13 & 14 50 Free 11:31 - 11:39

 11 & 12 50 Free 11:39 - 11:44

Saturday Afternoon (all tf) -

Awards - 10 minutes

 10 & Under 50 Free 1:30 - 1:36 (1:00)

Awards - 10 minutes

 10 & Under 100 Breast 1:46 - 2:03

Awards - 10 minutes

 10 & Under 50 Back 2:13 - 2:20

Awards - 10 minutes

 10 & Under 200 IM 2:30 - 2:53

Awards - 10 minutes

10 & Under 50 Free 3:03 - 3:22

Awards - 10 minutes

 10 & Under 50 Fly 3:32 - 3:38

Awards - 10 minutes

 10 & Under 200 Free Relay 3:48 - 3:59 (3:29)

Awards - 10 minutes 4:09 (3:39)

Saturday Finals -

 11 & 12 MIXED 200 Free Relay 5:00 - 5:20 (4:00)

 13 & 14 MIXED 200 Free Relay 5:20 - 5:40

 11 & 12 200 Free 5:40 - 5:56

 13 & 14 200 Free 5:56 - 6:12

 11 & 12 100 Breast 6:12 - 6:26

 13 & 14 100 Breast 6:26 - 6:38

 11 & 12 100 Back 6:38 - 6:51

 13 & 14 100 Back 6:51 - 7:03

 11 & 12 50 Fly 7:03 - 7:13

 13 & 14 400 IM 7:13 - 7:41

 11 & 12 400 IM - top-8 7:41 - 7:59

 13 & 14 50 Free 7:59 - 8:09

 11 & 12 50 Free 8:09 - 8:19

 13 & 14 400 Medley Relay 8:19 - 8:54

 11 & 12 400 Medley Relay 8:54 - 9:27 (8:27)

Sunday Prelims - (relays allowed to down-seed to a.m.)

 11 & 12 200 Medley Relay 8:30 - 8:40

 13 & 14 200 Medley Relay 8:40 - 8:50

 11 & 12 100 IM 8:50 - 9:02

Break - 10 minutes

 11 & 12 200 Breast - all but top-8 9:12 - 9:28

 13 & 14 200 Breast 9:28 - 9:55

 11 & 12 100 Free 9:55 - 10:06

 13 & 14 100 Free 10:06 - 10:19

 11 & 12 200 Fly - all but top-8 10:19 - 10:25

 13 & 14 200 Fly 10:25 - 10:44

 11 & 12 50 Back 10:44 - 10:53

 13 & 14 200 Free Relay 10:53 - 11:03

 11 & 12 200 Free Relay 11:03 - 11:13

Break - 10 minutes

 11 & 12 1650 Free - top-8 11:23 - 12:06

 11 - 14 1650 Free - all but top-8 12:06 - 2:17

Sunday Afternoon (all tf) - None

Sunday Finals -

 11 & 12 200 Medley Relay 6:30 - 6:40 (4:00)

 13 & 14 200 Medley Relay 6:40 - 6:50

 11 & 12 100 IM 6:50 - 7:02

 13 & 14 1650 Free - top-8 7:02 - 7:44

 11 & 12 200 Breast 7:44 - 7:54

 13 & 14 200 Breast 7:54 - 8:12

 11 & 12 100 Free 8:12 - 8:24

 13 & 14 100 Free 8:24 - 8:36

 11 & 12 200 Fly - top-8 8:36 - 8:45

 13 & 14 200 Fly 8:45 - 9:03

 11 & 12 50 Back 9:03 - 9:13

 13 & 14 200 Free Relay 9:13 - 9:23

 11 & 12 200 Free Relay 9:23 - 9:33 (7:03)

**(NOTE: Could cut ½ hour from start and end of afternoon session by starting warm-ups in warm-up pool, then finishing in comp pool for last 20 minutes. Then cut 1 hour from start and end of finals session by starting that warm-up in the warm-up pool 30 minutes from the end of the afternoon session, then finishing in comp pool for last 20 minutes.)ool, then finishing in comp pool for last 20 minutes. Then cut 1 hour from start and end of finals session by starting that warm-up in the warm-up pool 30 minutes from the end of the afternoon session, then finishing in comp pool for last 20 minutes.)**

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I prefer Plan D w/overlapping warm-up w/competition and Friday / Saturday 10 & Under events.

DEC