

Instructions to Import/Export Files on the iPad using iCabMobile

Installing the application:

1. From the Apple App Store, search for the "iCab Mobile" app, sold by Alexander Claus.
2. Purchase and install the app (\$1.99).

Exporting a file from SWIMS to email:

1. Open the Safari browser and log in to SWIMS.
2. Go to Reports / Exports → Exports → Roster/Times for 3rdParty Software.
3. Set the options to export a meet, club, or person.
4. Choose the output format (times export) and tap Export.
5. A screen pops up with the file name. Tap the "Open In..." button.
6. Tap "Open in iCabMobile".
7. iCabMobile opens with a tab that says "File <filename> received".
8. Tap the download icon located in the upper right corner of iCabMobile (an arrow pointing down within a circle).
9. You should see the file you exported. Tap the file and then tap "Send by Mail".
10. An email window appears with the file attached. Enter a "To" address and send it.

Uploading a file to SWIMS from email:

1. Ensure you have an upload meet file attached to an email in your iPad mail app.
2. From email on your iPad, tap and hold on the file until a window pops up. Tap the "Open in iCabMobile" icon.
3. iCabMobile will open with a tab that says "File <filename> received".
4. In iCabMobile, browse to "swims.usaswimming.org" and login.
5. Go to Times → Holding Tank → Upload Meet Results.
6. Tap the Meet Results File, Select File button.
7. In the popup Downloads tab, tap the file from the email.
8. Upload the file and verify it was successful.