



2021 Iowa LSC Short Course Championships

Technical/Coaches Meeting Summary Notes

Introductions and Contact Information.

Meet directors:

Andrea Matheson – meetdirector@centraliowaaquatics.org – 515-321-2173

Facilities:

John Van Meter – john.vanmeter@dmymcca.org –

Safety: Mandy Parton - mandy.parton@dmymca.org – 515-471-8511

Officials:

Meet Referee: Frank Feilmeyer - frank@feilmeyer.com - 515-291-1403

Admin Referee: Art Dinkin - art.dinkin@dmymca.org – 515-201-7591

Entries/AO: Cam Naylor - ciaentrychair@centraliowaaquatics.org – 515-494-6541

Team lead CJ: Ryan Judas - ryan.judas@hotmail.com - 515-321-2024

Evaluator: Phil Barnes - phil.barnes@iaswim.org - 319-573-1890

Meet Committee/Jury:

Athlete: Heidi Stalkfleet

Coach: Don Spellman

Official: Robert Fry

MR: Frank Feilmeyer

MD: Andrea Matheson

Meet Director Notes

Coaches sign-in and packet pickup

Coaches sign-in and packet pickup will occur in the hallway by the wet classroom. The first coach to sign-in will be given the team packet. Two coaches per team will be allowed on deck for each session. Two sets of credentials will be provided to each team.

Spectator seating

Spectator seating allocations have been sent and can also be accessed in the google doc below. Coaches are asked to coordinate with their parents to not exceed allocations. Cost of admission is \$3 to be paid at the door. Please ask parents to bring cash. Spectators will also be required to have completed the Covid related questions accessed by the QR code found in the “Guide for Swimmers & Spectators - Covid Mitigation Measures” document. Spectators are encouraged to complete the questions prior to getting in line and take a picture of their results to show at check-in. Each spectator will be asked to sit in a spot marked by a blue piece of tape. Spots are in grouping of primarily 1’s or 2’s. Even if more than two members of the same family are attending, spectators are still asked to sit only where the blue tape spots are provided. Masks must be worn at all times if not eating or drinking

Athlete Check-in & seating assignments

Athletes will be asked to check-in for each session in the hallway by the public restrooms. They will be required to have completed the COVID-19 related questions accessed by the QR code found in the “Guide for Swimmers & Spectators - COVID Mitigation Measures” document. Swimmers are encouraged to complete the questions prior to getting in line and take a picture of their results to show at check-in.



Seating assignments are provided in the google doc below for all prelims and timed finals. For finals sessions, athlete seating will be assigned following the second prelim session. Please check back to this document to let your swimmers know where they should sit for Finals that evening. Locations for athletes do change per session so make sure your athletes know where to go. I will also post locations for teams in the hallway.

<https://docs.google.com/spreadsheets/d/1BPnMy57clusGmb156n854ImxncXy22KMuU7xhaipKvA/edit?usp=sharing>

Hospitality

Continental breakfast will be provided each morning. Lunch, Dinner, and some snacks will also be provided. Items will be in individual packaging to the greatest extent possible.

Facilities Manager Notes

Athletes: Locker rooms are available as well as the three family changing rooms. Access will be limited and monitored by meet marshals. Encourage your athletes not to wait until the last minute to put on a tech suit!

Coaches & Spectators: Restrooms located in the hallway behind the wet class room must be used.

Meet Referee/Administrative Referee Notes

Team Lead Introductions/Deck Staffing

ARs for the meet are Art Dinkin, Cam Naylor, and Phil Barnes. Lead CJ is Ryan Judas. We also have an OQM and there will be national deck recertifications and observations. The crew on deck will be very experienced and contain many familiar faces. Our only goal is to qualify swims. Staffing will be 6-ST, 1-SR, and 2-DR. Please acknowledge their contribution when you see them on deck. Please encourage your staff and athletes to acknowledge these volunteers. Please encourage your parents to be officials so that their kids can have meets.

Coach Contact Information.

Coaches are asked to supply a mobile phone number. Please make sure that number supplied is accurate, and you should check your messages often. Coaches are asked to obtain and install WhatsApp for iPhone or Android. <https://www.whatsapp.com/download/>. This will be a primary method of communication. SMS text messaging, and email will be a fall back. Send your



Meet information.

The 2021 Iowa Swimming Short Course Championships will use a Virtual Clerk of Course. All results and other 'paperwork' will be posted to the meet page on the Iowa Swimming LSC website at this [location](#). Track event placement and scratches in real time here. Scan the QR code at left to access the page. You should bookmark the page for easy reference. <https://drive.google.com/file/d/1SgZU3_Jtf-1FrFL5mnJN4w4PY51RZcX_/view?usp=sharing>



Virtual Clerk of Course Procedures.

The virtual clerk of course procedures are outlined completely in a document posted on the meet information page. Coaches should familiarize themselves with this document as it includes the notification and scratch procedures. The document may be accessed at this [location](#). Scan the QR code at left to access the page. <https://drive.google.com/file/d/1SgZU3_Jtf-1FrFL5mnJN4w4PY51RZcX_/view?usp=sharing>

Structure of Prelim Sessions/Warm-ups

The plan is to do two prelim sessions each day. On Saturday, we will do split warmups to accommodate the larger groups of swimmers. Friday and Sunday warmups will be the standard 50 minutes (not split). Saturday warmup will be 30 mins with 15 mins general and 15 min specific.

We propose to change the start time on Saturday to 8:20 a.m.

Teams have been assigned two groups. The groups are:

Group 1 Prelim Sessions 2A, 4B, 6A	4B-1st Warmup: DSMY, RIP, SEA 4B-2nd Warmup: ACAC, CIA, DMSF, NIS, RSC
Group 2 Prelim Sessions 2B, 4A, 6B	4A-1st Warmup: CAST, DASH, DMET, ICE, IFLY, L4A 4A-2nd Warmup: BLST, EISF, LMST, PSC, NST, USSD

To get it down to 2 sessions:

1. The trade-off is shorter warmups versus 3 prelim sessions.
2. There is a warmup/cool-down pool available if you need additional time for preparation.
3. Unfortunately, packing in a few more athletes in sessions may limit spectator seating, but we would rather provide for the athletes than the spectators.
4. PLEASE: Do not allow kids who are not swimming in the session to warm up. If you think we need to, we can make the pool available for 30 mins after the last prelim session for any swimmer who is entered in the meet.

Deadlines.

- Positive check-in deadline for 1000-yard freestyle is **7:30 p.m., Wednesday, February 24**, by email to the entry chair (ciaentrychair@centraliowaaquatics.org).
- Positive check-in and downseed request deadline for the 1650-yard freestyle is **6:00 p.m., Saturday, Feb 27**. Athletes can be checked in to the event any time prior to this time via email to ciaentrychair@centraliowaaquatics.org and after 8:00 AM on Thursday using WhatsApp or text message to Art Dinkin, Phil Barnes, or Cam Naylor.
- Scratch deadline for prelim events is 6:00 pm on the day before the event.
- Athletes can be scratched from the event any time prior to this time via email to ciaentrychair@centraliowaaquatics.org and after 8:00 AM on Thursday using WhatsApp or text message to Art Dinkin, Phil Barnes, or Cam Naylor.
- Scratches for finals: The prelim events will be divided by teams so the complete preliminary event results will not be available until after that event is completed in the last preliminary sub-session for the day. A message will be sent out on WhatsApp immediately after an event's results are announced, and the session page will be updated. Results for an event will be combined after the last prelim session for that event and these will be announced as the pre-scratch finals eligibility. The time of the announcement starts the 30-minute deadline for scratches. Scratches and intents to scratch are placed by a WhatsApp or SMS message to Phil Barnes, Art Dinkin or Cam Naylor. The real-time status of scratches can be monitored on the LSC website for that session and event.
- ***Ensure you get a response which is your confirmation.***

Penalties.

THE MEET ANNOUNCEMENT PROVIDES PENALTIES FOR ALL NO-SHOWS. Please communicate with your athletes about this. Please communicate with the officiating crew to avoid this.

- Prelims : The athlete **shall be disqualified from their next individual event.**
- Finals : The athlete **shall be disqualified from the remainder of their events.**
- If the athlete has no remaining events, the team will be fined \$25 for prelims or \$100 for finals payable to the host club.

DFS Procedures.

The DFS process will be paperless. At any time before or during the meet: (a) find and inform a CJ; OR (b) use WhatsApp to communicate to the Admin Referee; OR (c) go to the admin table and communicate the DFS to the on-duty AO. PLEASE provide all relevant information: Event, heat, lane, team, swimmer.

DQ Procedures.

We will be using a paperless/electronic system. Remember that DQ slips are clerical only. CJs will be on deck with electronic devices and will record their DQs after confirming them with the DR. Coaches will be notified by the AR using WhatsApp.

If a coach has a question or concern about a disqualification, the coach should first make a request to the meet referee by WhatsApp for a conference with the deck referee. The MR will arrange for the coach to discuss the infraction with the deck referee in the normal manner (masked and reasonably socially distanced). If the coach's question or concern has not been resolved, the coach may request by WhatsApp a conference with the Meet Referee.

Heat Staging.

We will be following the Y's "Ready Wall" process. Each heat will be called to the Ready Wall, in order, socially distanced. Each heat will be called to the blocks. Athletes will bring nothing to the blocks. After each heat, the athlete will swim to the turn end (scoreboard side) and exit the pool.

Ties.

Per the meet announcement: Ties will be resolved by coin toss. The DR responsible for the event will advise you and work out the coin toss with you. Because the tie may be across sub-sessions, we may have to do this by phone or text. The MR or an AR will witness.

Finals.

There is no check-in. A and B heats will report to the "Ready Wall" and come to the blocks when announced. If there is an empty lane in the A heat that we know about early, we will fill it from the B heat and add an alternate to the empty lane if present. We will swim with an empty lane if it is a no-show and we are not aware of the absence of the swimmer—we will not be calling an alternate for a bonus in the A heat. If we have an empty lane in a B heat, we will call the alternate, who should wait at the ready wall. Let the officiating crew know if you are aware a swimmer is not present or present but warming-up or cooling-down.

Top 3 will be announced as the swimmers exit the pool. *Tell athletes to pause after the easy 25 at the scoreboard side to be acknowledged.* Awards will be distributed later. Logistics TBD.

1650 Fastest 8 men and 8 women will swim Sunday night with finals.

Awards.

Sportsmanship and coaching will be electronic. Marie will distribute.

Accommodations

For swimmers with Article 105 issues needing accommodation, please contact the MR to arrange the accommodation.

MAAPP – COVID - General Safety Reminders

Masks are required. Distancing is required. Congregating is prohibited. ***PLEASE respect the space around officials on deck.***

I STRONGLY RECOMMEND that the athletes bring a plastic bag with them to the blocks and put their masks in these before the race and don their masks on exiting the pool. I ask the coaches to inform the athletes of this.

See something, say something. Interactions need to be observable and interruptible. Report issues to the meet referee or meet director.

Please remind athletes that the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms, AND changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.