

# Jr. Coach FAQ

**Q: What is the age restriction for a Jr. Coach?**

A: Jr. Coaches can ONLY be 16 or 17 years of age.

**Q: Do Jr. Coaches have to complete all the non-athlete coaching requirements?**

A: Almost. Jr. Coaches are required to complete everything EXCEPT a background check. CPR, Athlete Protection Training, Online and In-Water Safety Training and Foundations of Coaching 101 (1st year coaches) and FOC 201 & Rules and Regulations (prior to 2nd year coaching), Concussion Training, and USADA Coaching Advantage Training must all be completed for Jr Coach membership to be valid.

**Q: Once a Jr. Coach turns 18 years of age, how long do they have to complete a background check?**

A: The Jr. Coach has 30 days from the time they turn 18 to complete a background check. They will receive an email notification 30 days prior and another one 15 days prior to turning 18, letting them know that they must complete the background check within 30 days after turning 18. On the 31st day, the coach membership becomes invalid and will be flagged if the background check hasn't been completed

**Q: If a current athlete member becomes a Jr. Coach member, do they have to pay a second membership fee?**

A: As long as the athlete member is a Premium member (not a Flex or Outreach member), the USA Swimming portion of the Non-Athlete membership fee is waived. However, the LSC portion of the membership fee is due and the Jr Coach must still submit a Non-Athlete registration form. Contact [jen@iaswim.org](mailto:jen@iaswim.org) for assistance with dual registration.

**Q: Is a Jr. Coach allowed to be on deck *without* another non-athlete coach member on deck?**

A: No, another non-athlete coach member, who is in good standing, must be present on deck *at all times*.

**Q: Can a Jr. Coach member be designated as a head coach for a USA Swimming club member?**

A: No, a Jr. Coach cannot be designated as a head coach of USA Swimming club member.