

RESPECT THE BOUNDARIES

Massages, Rubdowns and Athletic Training Modalities



REQUIREMENTS:

- Take place in an observable and interruptible location.
- Be performed by a licensed massage therapist or other certified professional.
- Never be performed by a coach.

Report concerns to:

Meet Administration



[uscenterforsafesport.org](https://www.uscenterforsafesport.org)

IF PERFORMED ON A MINOR ATHLETE:

- At least one other adult must be present
- Advanced written legal guardian consent must be obtained by the professional.