

Senior Chair Report

1. World Junior Team
 - Selection is at trials. Does not matter if you are in wave 1 or 2 whatever time is fastest from either meet will make the team. The men's and women's teams are limited to 18 total athletes instead of 24.
2. Olympic Trials
 - Make sure you are checking for updates on the website. Athletes will be required to covid test 72hrs before meet or vaccination.
 - Tickets – Check the website for this.
3. Futures
 - We are in ND.
 - 800 Athletes is the limit.
 - 4 Day Meet
 - There will be no top time standard keeping kids out of the meet this year.
4. Sectionals
 - July 8th – 11th
 - Wisconsin Site
 - Cut times are slower now so check the zone website for updated sectional cuts.
5. Club Excellence
 - This year only if you get a trial cut with 18 under athlete you are considered Gold Medal Club.
 - In 2022 the program will go back to normal, but they are looking at revamping a few things.
6. Age Group USA Meeting
 - This group is working on creating a coaches training portal that can be accessed from the phone. Coaches can get continued education in small chunks at different times in the day.
 - Program directors can also track how their coaches are doing on the training lessons presented in this future program.
7. Club Development Meeting
 - They are looking at creating new guidelines and requirements to start new clubs. This is mostly thought to happen to help bring a more profession look to all clubs in our sport. That many of our clubs do not even know some of the questions to begin asking as they move forward to be successful program. Finances are a big on that many clubs were not ready with rainy day fund to weather the storm of the pandemic.
8. ISI Senior Development Group.
 - We are working to put together back some camps and clinics. Still in the beginning stages once again.
9. Good Books I have read lately.
 - Why We Sleep by Matthew Walker, PHD – I found it fascinating and helped to think towards training and parenting even.
 - Atomic Habits by James Clear – My club kids have found this book especially useful and even I have implemented some mindsets and approaches into our workouts.