

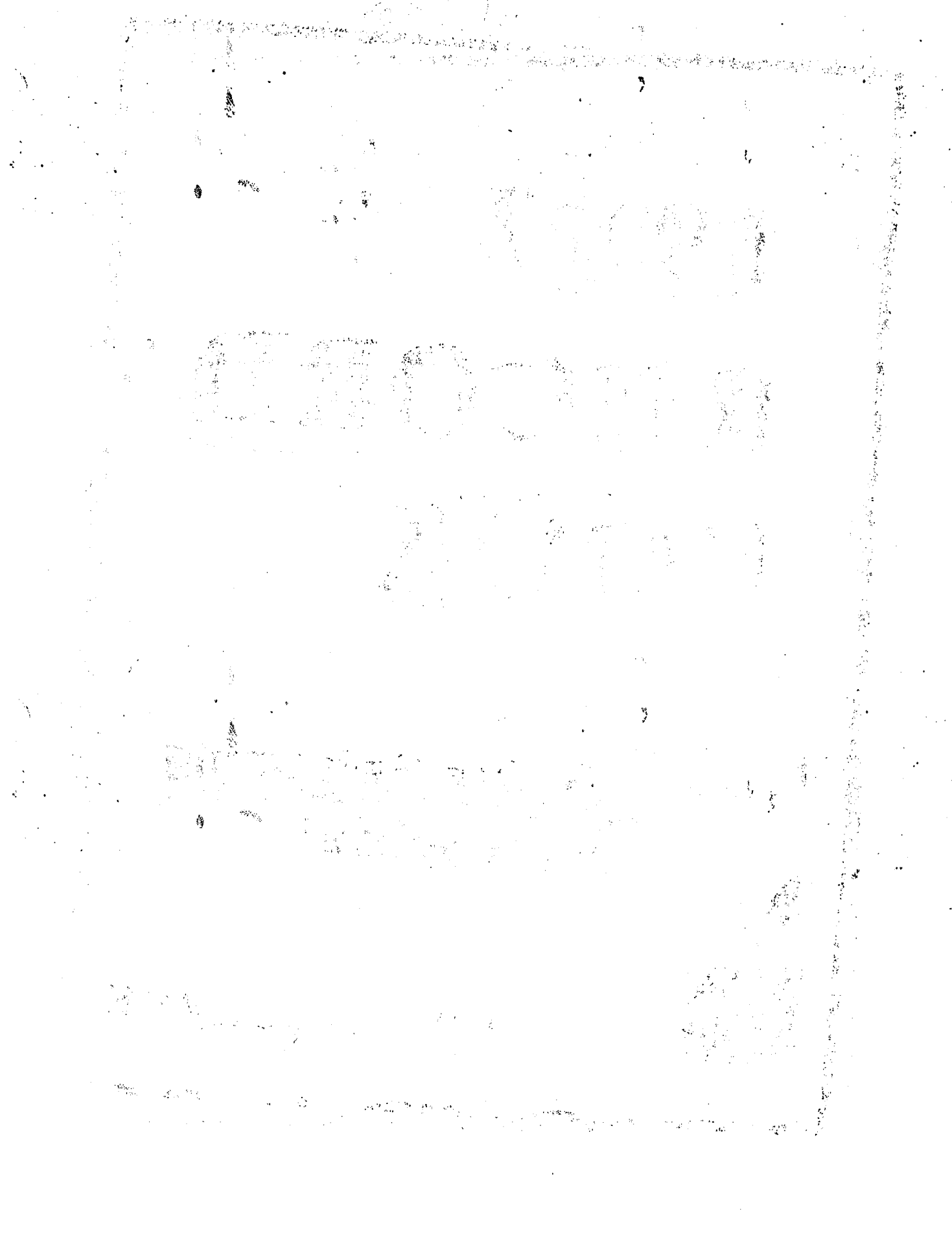
dropped in 1984

1987 RECORD BOOK

United States Swimming
New England



LONG COURSE



NEW ENGLAND SWIMMING
LONG COURSE RECORDS
(as of August 3, 1987)

NE : Best time done in New England by a USS registered swimmer.
RES: Best time done anywhere by a New England registered swimmer.

RECORDS CHAIRMAN: Mary Kelley
386 Central Avenue
Needham, MA 02194

1941

1942

1943

GIRLS LONG COURSE
8 and UNDER RECORDS

9/87

EVENT	RECORD	TIME	NAME	CLUB	MEET	DATE
50M Free	NE/RES	34.42	Bernadette Sweeney	NSC	AgeGrps	8/85
100M Free	N.E.	1:16.75	Marineke Vandervot	BEST	Springfie	6/85
	RES	1:16.74			MINN	7/85
	NE/RES	1:16.65	Alison Venti	CSC	Age Grps	7/88
50M Back	NE/RES	41.69	Bernadette Sweeney	NSC	AgeGrps	8/85
50M Fly	NE/RES	39.94	Libby Marshall	BELMONT	NEB	7/81
	NE/RES	39.53	Wendy Brown	CSSM	AG	7/88
50M Breast	NE/RES	45.22	Shannon McCarthy	WESC	AgeGrps	8/85

RELAYS

200 FR REL	NE/RES	✓ 2:37.33	Cape Ann Y (Donnelly, Martin, Meany, Todisco)	CAY	AgeGrps	8/85
200 Med Rel	NE/RES	✓ 3:08.79	Cape Ann Y (Donnelly, Martin, Meany, Todisco)	CAY	AgeGrps	8/85

9/87

BOYS LONG COURSE
8 and UNDER RECORDS

9/87

EVENT	RECORD	TIME	NAME	CLUB	MEET	DATE
50M Free	NE	34.75	Lars Jorgensen	SBP	NEB	8/79
	RES	35.67	Alex Kostich	BGSC	NEB	8/78
100M Free	NE	1:13.75	Lars Jorgensen	SBP	NEB	8/79
	RES	1:18.14	Alex Kostich	BGSC	NEB	8/78
50M Back	NE	42.08	Dan Jorgensen	NLY	NEB	8/76
	RES	42.21	Alex Kostich	BGSC	NEB	8/78
50M Breast	NE/RES	47.00	Brad Mancini	WSC	AQ-DOVER	7/87
50 Fly	NE/RES	38.29	Chris LaFlemme	SSC	AgeGrps	8/80

RELAYS

200M Med Rel	NE/RES	✓ 3:10.75	Cape Ann Y (B. Stocking, J. Ramsey, J. Fountin, T. Walters)	CAY	AgeGrps	8/86
200M Free Rel	NE/RES	✓ 2:35.56	Cape Ann Y (B. Stocking, J. Ramsey, J. Fountin, T. Walters)	CAY	AgeGrps	8/86

[The page contains extremely faint and illegible text, likely bleed-through from the reverse side of the document. The text is arranged in approximately three columns and is mostly obscured by noise and artifacts.]

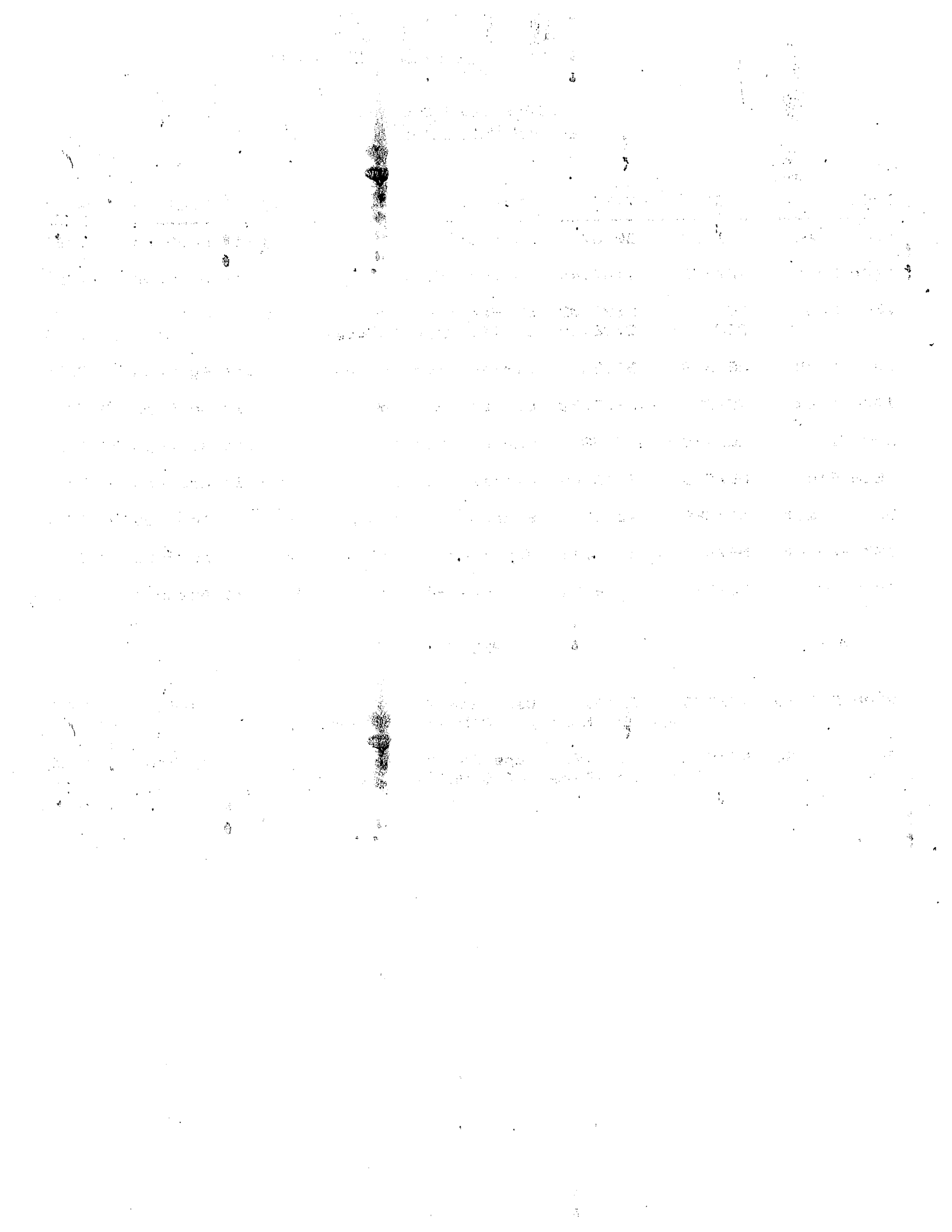
9/87

GIRLS LONG COURSE
10 and UNDER RECORDS

EVENT	RECORD	TIME	NAME	CLUB	MEET	DATE
50M Free	NE/RES	30.67	Larissa Herold	Starlit	AgeGrps	7/84
100M Free	NE/RES	1:07.44	Larissa Herold	Starlit	AgeGrps	7/84
200M Free	NE RES	2:24.02 2:26.49	L. Hansen-Stern Leslie Repetto	Badger CAY	NEB AgeGrps	8/76 7/84
50M Back	NE/RES	36.26	Larissa Herold	Starlit	AgeGrps	7/84
100M Back	NE/RES	1:17.30	Larissa Herold	Starlit	AgeGrps	7/84
50M Fly	NE/RES	33.38	Larissa Herold	Starlit	AgeGrps	7/84
100M Fly	NE/RES	1:15.85	Larissa Herold	Starlit	AgeGrps	7/84
50M Breast	NE/RES	40.05 39.96	Shannon McCarthy <i>Tara Paulauskas</i>	NEB MSSC	AgeGrps <i>Age Grps</i>	8/87 8/87
100 Breast	NE/RES	1:29.11 1:28.78	Jennifer Ledell <i>Tara Paulauskas</i>	UN MSSC	AgeGrps <i>AG</i>	8/80 8/87
200M IM	NE/RES	2:46.24	Larissa Herold	Starlit	AgeGrps	7/84

RELAYS

200M FrRelay	NE/RES	✓ 2:16.58	Cape Ann Y	CAY	AgeGrps	8/83
(Pulling, Repetto, O'Neill, Watters)						
200 Med. Rel	NE/RES	✓ 2:34.03	Cape Ann Y	CAY	AgeGrps	8/83
(Pulling, Repetto, O'Neill, Watters)						
400 Fr Relay	NE/RES	5:04.32	LRAC		AG	8/87



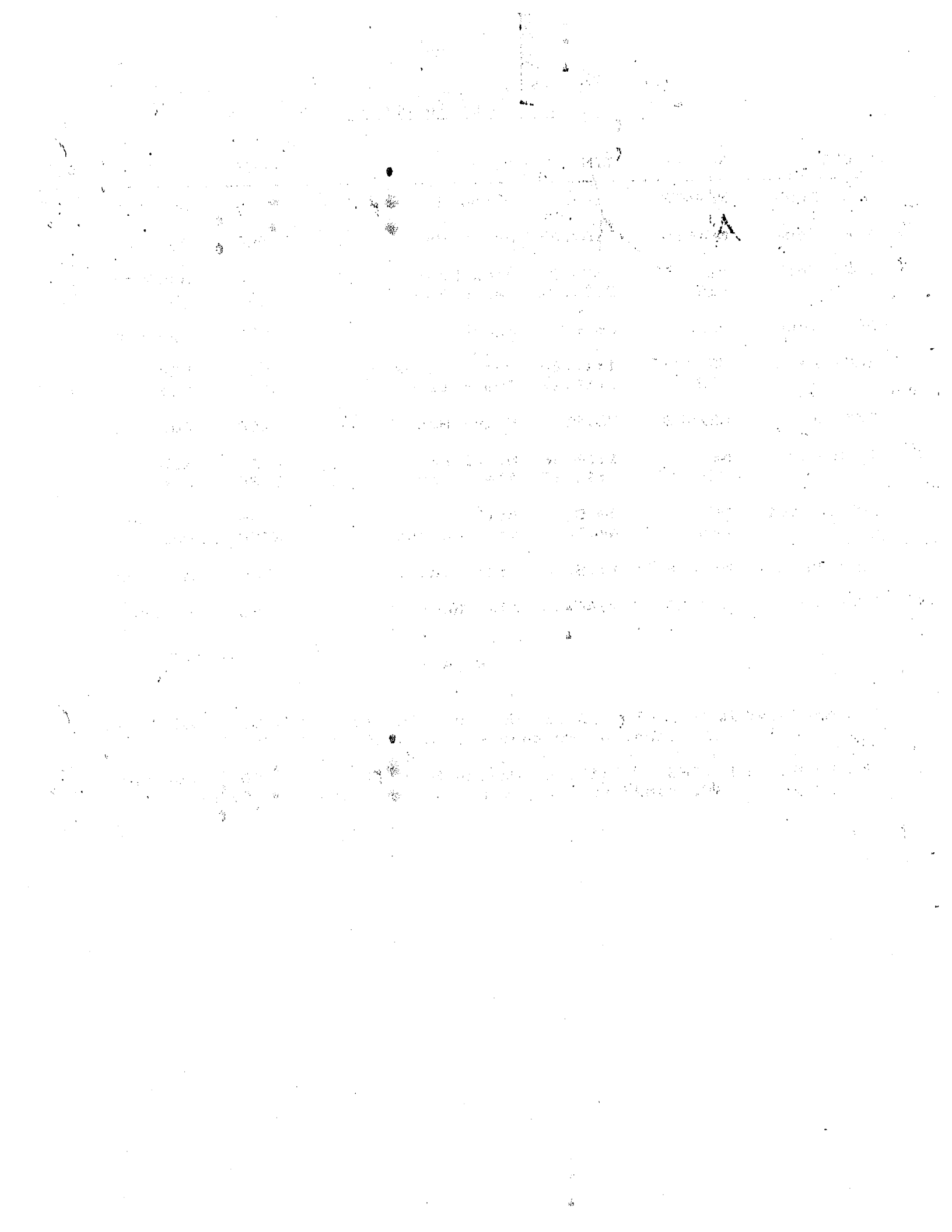
9/87

BOYS LONG COURSE
10 and UNDER RECORDS

EVENT	RECORD	TIME	NAME	CLUB	MEET	DATE
50M Free	NE/RES	31.46 30.55	Dannu Rodenhaver <i>William Parker</i>	WESC <i>WESC</i>	AgeGrps <i>AG</i>	8/85 <i>8/87</i>
100M Free	NE/RES	1:07.37	Frank Han	BGSC	AgeGrps	8/80
200M Free	NE	2:24.88	Alex Kostich	BGSC	AgeGrps	8/80
	RES	2:24.82	Wayne Bowden	BSC	OH	8/78
50M Back	NE/RES	36.62 36.16	Frank Han <i>Spencer Hawkins</i>	BGSC <i>WESC</i>	AgeGrps <i>AG</i>	8/80 <i>8/87</i>
100M Back	NE	1:17.86	Dan Jorgensen	SSB	NEB	8/78
	RES <i>1:17.82</i>	<i>1:19.10</i>	Tom Peterson <i>William Parker</i>	UN <i>LRA C</i>	Fla <i>AG</i>	7/80
50M Fly	NE/RES	33.95 32.96	Frank Han <i>Alan Crosby</i>	BGSC <i>BGSC</i>	AgeGrps <i>AG</i>	8/80
100M Fly	NE	1:14.56	H. Clark	GAA	NEB	8/76
	RES	1:15.83	Alex Kostich	BGSC	AgeGrps	8/80
50M Breast	NE	40.0	Bill Noble	Stam	Spring	6/77
	RES	40.34	Vijai Lathi	WESC	NEB	8/83
100M Breast	NE/RES	1:28.48	Vijai Lathi	WESC	AgeGrps	8/83
200M IM	NE/RES	2:46.43	Alex Kostich	BGSC	AgeGrps	8/80

RELAYS

200 MedRelay	NE/RES	✓ 2:35.61	Weston Swim Club	WESC	AgeGrps	8/85
(A. Cunha, D. Rodenhaver, C. Greinder, S. Beal)						
200 Fr Relay	NE/RES	✓ 2:17.21	Weston Swim Club	WESC	AgeGrps	8/85
(C. Haberstoh C. Greinder, D. Rodenhaver, A. Cunha)						
400 Free Relay		5:12.55	BGSC		AG	8/87



9/87

GIRLS LONG COURSE
11 and 12 RECORDS

EVENT	RECORD	TIME	NAME	CLUB	MEET	DATE
50M Free	NE/RES	27.84	Jenny Thompson	SSA	NE/SR'S	7/85
		27.04	Jenny Thompson	SSA	J.O.'S	8/85
100M Free	NE/RES	1:01.42	Jenny Thompson	SSA	AgeGrps	8/85
200M Free	NE RES	2:14.33	Galen Deer	Bergan	REG I	8/81
		2:14.93	Leslie Repetto	BGSC	AgeGrps	8/86
400M Free	NE RES	4:32.85	M. Winkler	LISC	REG I	8/82
		4:38.89	Lynn Kelley	BGSC	AgeGrps	7/84
50M Back	NE/RES	31.92	Jenny Thompson	SSA	AgeGrps	8/85
100M Back	NE/RES	1:10.79	Jenny Thompson	SSA	AgeGrps	8/85
50M Fly	NE/RES	30.36	Jenny Thompson	SSA	AgeGrps	8/85
100M Fly	NE/RES	1:06.86	Sue Pergola	CAST	NE/SR'S	8/86
50M Breast	NE/RES	37.14	Leslie Repetto	BGSC	AgeGrps	8/86
100M Breast	NE/RES	1:18.85	Linda Porter	CAY	AgeGrps	7/79
200 IM	NE/RES	2:32.80	Alison Klinakis	SSA	AgeGrps	8/86

RELAYS

200 Med Rel	NE	✓ 2:17.45	Stamford SC		Spring	6/77
	RES	✓ 2:17.56	Weston Swim Club (Thoman, Gurthrie, White, Wilkins)	WESC	AgeGrps	8/81
400 Med Rel	NE/RES	5:18.25	Little Rhody AC (Bowden, Iacobucci, Hjerpe, Mello)	LRAC	NE/SR'S	7/81
200 Fr Rel	NE/RES	✓ 2:01.39	Bernal's Gator SC (Kelley, Shire, Paskowski, McIver)	BGSC	AgeGrps	8/84
400 Fr Rel	NE/RES	✓ 4:28.33	Bernal's Gator SC (Kelley, Shire, Paskowski, McIver)	BGSC	AgeGrps	8/84

The first part of the document discusses the importance of maintaining accurate records. It emphasizes that every transaction, no matter how small, should be properly documented. This includes recording the date, the amount, and the purpose of each entry. The text also mentions the need for regular audits to ensure that the records are up-to-date and correct.

In the second section, the author talks about the challenges of managing a large volume of data. One of the main issues is the time it takes to enter and process the information. To overcome this, the author suggests using efficient methods and tools. For example, using a ledger or a specialized software can significantly reduce the time spent on data entry. The text also highlights the importance of having a clear system in place to organize the data.

The third part of the document focuses on the accuracy of the records. It points out that even a small error can lead to significant discrepancies over time. Therefore, it is crucial to double-check each entry before it is recorded. The author also discusses the importance of having a backup of the records to prevent data loss. Regular backups, whether physical or digital, are essential for ensuring the safety and integrity of the information.

Finally, the document concludes by summarizing the key points discussed. It reiterates that accurate and well-maintained records are the foundation of any successful business or organization. By following the guidelines provided, one can ensure that their records are reliable and easy to manage. The author encourages readers to take the time to review their current record-keeping practices and make any necessary improvements.

9/87

BOYS LONG COURSE
11 and 12 RECORDS

EVENT	RECORD	TIME	NAME	CLUB	MEET	DATE
50M Free	NE/RES	27.76	Brian Stefanik	SSC	AgeGrps	8/80
100M Free	NE/RES	59.94	Frank Han	BGSC	AgeGrps	8/82
200M Free	NE/RES	2:09.71	Frank Han	BGSC	AgeGrps	8/82
400M Free	NE/RES	4:27.99	Alex Kostich	BGSC	AgeGrps	8/82
50M Back	NE/RES	32.35	Frank Han	BGSC	AgeGrps	8/82
100M Back	NE RES	1:09.71 1:09.98	Marty Shea Frank Han	AJSC-CT BGSC	Spring AgeGrps	6/85 8/82
50M Breast	NE/RES	34.83	Jeff Peterman	NEB	AgeGrps	8/81
100M Breast	NE/RES	1:18.86	Jeff Peterman	NEB	AgeGrps	8/81
50M Fly	NE/RES	30.32	Brian Stefanik	SSC	AgeGrps	8/81
100M FLY	NE/RES	1:06.68	Alex Kostich	BGSC	AgeGrps	8/82
200 IM	NE RES	2:28.94 2:29.02	Marty Shea Alex Kostich	AJSC-CT BGSC	Spring AgeGrps	6/85 8/82

RELAYS

200 Med Rel	NE	2:13.15	Bernal's Gator SC (Han, Hall, Kostich, Saulnier)	BGSC	AgeGrps	8/82
	RES	2:13.05	Little Rhody AC (Bowden, Handfield, Mandell, Card)	LRAC	Ohio	5/80
200 Fr Rel	NE	1:59.66	Bernal's Gator SC (Kostich, Hall, Han, Johnson)	BGSC	AgeGrps	8/82
	RES	1:58.33	Little Rhody AC (Bowden, Handfield, Mandell, Card)	LRAC	Ohio	5/80
400 Fr Rel	NE/RES	4:21.11	Bernal's Gator SC (Kostich, Hall, Han, Saulnier)	BGSC	AgeGrps	8/82

400 med relay) not in 1983

GIRLS LONG COURSE
13 and 14 RELAY RECORDS

9/87

EVENT	RECORD	TIME	NAME	CLUB	MEET	DATE
200 Med Rel NE/RES		2:09.05	Little Rhody AC (Hjerpe, Johanssen, Konter, Peckenharn)	LRAC	Age Group 8/83	
400 Med Rel NE/RES		4:48.10	Bernal's Gator SC (Oliver, Doty, Jeter, Powers)	BGSC	Age Group 8/80	
200 Fr Rel NE/RES		1:54.93	Seacoast Swim Assoc (Thompson, Comeau, Wescott, Gittlein)	SSA	Age Group 8/86	
400 Fr Rel NE/RES		4:10.45	Seacoast Swim Assoc (Thompson, Comeau, Belanger, Gittlein)	SSA	Age Group 8/86	
800 free		9:15.17	BGSC	AG		

GIRLS LONG COURSE
13 and 14 RECORDS

EVENT	RECORD	TIME	NAME	CLUB	MEET	9/87 DATE
20M Free	NE	26.29	Jenny Thompson	SSA	NE/SR'S	7/87
	RES	26.09	Jenny Thompson	SSA	Pan/American	8/87
30M Free	NE	58.10	Jenny Thompson	SSA	NE/SR'S	7/87
	RES	57.28	Jenny Thompson	SSA	SR/NAT	7/87
30M Free	NE	2:06.40	Julie Brossman	PRW	REG I	8/82
	RES	2:08.78	Lynn Kelley	BGSC	NE/SR'S	8/86
30M Free	NE	4:24.10	Julie Brossman	PRW	REG I	8/82
	RES	4:30.67	Kristen Flaherty	BGSC	E.QUAL	7/80
30M Free	NE	8:58.62	Julie Brossman	PRW	REG I	8/82
	RES	9:16.23	Lynn Kelley	BGSC	J.O.'s	8/86
100M Free	NE	17:09.62	Gay Andres	CJ	REG I	7/78
	RES	17:36.25	Missy Hoy	LRAC	J.O.'s	8/84
10M Back	NE	1:06.12	Jenny Thompson	SSA	NE/SR'S	7/87
	RES	1:05.03	Jenny Thompson	SSA	SR/NAT	8/87
10M Back	NE	2:21.55	Sue Potrepka	Mer, Marl	REG I	8/83
	RES	2:25.14 2:23.14	Jenny Thompson Lorissa Harold	SSA SSA	NE/SR'S JO	7/87
10M Fly	NE	1:02.74	Jenny Rapp	Starlit	I, II, III	7/78
	RES	1:05.03	Jenny Thompson	SSA	NE/SR'S	7/87
10M Fly	NE	2:18.34	Jenny Rapp	Starlit	I, II, III	7/78
	RES	2:21.72	Alison Klinikas	SSA	J.O.'S	8/87
20M Brest	NE/RES	1:16.02	Tara Bolivar	SAC	NE/SR'S	7/86
20M Brest	NE	2:47.92	Jennifer Kilbride	UN	NA	
	RES	2:45.20 2:44.37	S. Lehcyccki Valerie Johanssen Leslee Repetto	Sharks UN BGSC	Reg I J.O.'S JO	8/82 8/83
20M IM	NE/RES	2:25.79	Jenny Thompson	SSA	NE/SR'S	8/87
20M IM	NE	5:01.97	Jenny Rapp	Starlit	I, II, III	7/78
	RES	5:10.18	Jody Ochab	NEB	REG I	7/77

2:46.46 L.P. where?

9/87

BOYS LONG COURSE
13 and 14 RELAY RECORDS

EVENT	RECORD	TIME	NAME	CLUB	MEET	9/87 DATE
200 Med Rel	NE/RES	1:59.31	Bernal's Gator SC (Mainen, Schar, Nason, Soucy)	BGSC	AgeGrps	8/85
400 Med Rel	NE/RES	4:27.30 4:28.59	Bernal's Gator SC (Han, Johnson, Sweeney, Kostich) J. McHennis, B. Thomas, R. Carey, C. Jalubek	BGSC	Spring	8/84
200 Fr Rel	NE/RES	1:45.13	Bernal's Gator SC (Mainen, Schar, Nason, Soucy)	BGSC	AgeGrps	8/85
400 Fr Rel	NE/RES	3:53.94	Bernal's Gator SC (Mainen, Schar, Nason, Soucy)	BGSC	AgeGrps	8/85
800 free	MSSC	8:59.06		AG		

where
NOT AG NOT SR

**BOYS LONG COURSE
13 and 14 RECORDS**

EVENT	RECORD	TIME	NAME	CLUB	MEET	9/87 DATE
50M Free	NE/RES	25.61	Brian Stefanik	SSC	NE/SR'S	7/82
100M Free	NE/RES	56.64 56.02	Jim McGinnis Michael Carroll	BGSC CSM	Age Grps	8/87
200M Free	NE/RES	2:01.22	Alex Kostich	BGSC	Age Grps	8/84
400M Free	NE/RES	4:10.80	Alex Kostich	BGSC	Age Grps	8/84
800M Free	NE RES	8:36.21 8:24.05	Alex Kostich Alex Kostich	BGSC BGSC	NE/SR'S J.o.'s	7/84 8/84
1500M Free	NE RES	16:22.77 16:22.06	Alex Kostich Alex Kostich	BGSC BGSC	NE/SR'S J.o.'s	7/84 8/84
100M Back	NE RES	1:03.82 1:04.18	J. Kenny Ben McBride	USC LRAC	NEB Age Grps	8/75 8/86
200M Back	NE/RES	2:18.33	Charlie Johnson	NEB	REG I II III	8/77
100M Fly	NE/RES	1:00.87 1:00.65	Ray Carey	BGSC	NE/SR'S N&Q	7/87 1/88
200M Fly	NE RES	2:11.84 2:09.18	Ray Carey Ray Carey	BGSC BGSC	Age Grps J.O.'S	8/87 8/87
100M Breast	NE RES	1:11.19 1:10.99	Louis Balko John Lyons	OAK SSC	E. Qual Easterns	7/80 7/75
200M Breast	NE RES	2:36.69 2:36.91	Louis Balko Andy Hall	OAK BGSC	E. Qual Age Grps	7/80 8/83
200 IM	NE RES	2:17.34 2:19.41 2:17.43	Pat Kennedy Alex Kostich Michael Carroll	N. Balt BGSC CSM	I, II, III NE/SR'S	7/78 7/84
400M IM	NE RES	4:48.71 4:47.13	Ray Carey Alex Kostich	BGSC BGSC	NE/SR'S J.o.'s	7/87 8/84

GIRLS LONG COURSE
15 and 18 RELAY RECORDS

EVENT	RECORD	TIME	NAME	CLUB	MEET	9/87 DATE
200 Med Rel	NE/RES	2:07.02	Bernal's Gator SC (Bresnahan, Bulger, McCarthy, Powers)	BGSC	AgeGrps	8/83
400 Med Rel	NE	4:30.16	Foxcatcher (Breedy, McLain, Cooper, Hudock)		I, II, III	7/78
	RES	4:28.33	Bernal's Gator SC (T. Stevens, C. Ryder, C. Chubb, L. Holmes)	BGSC	J.O.'S	8/85
200 Fr Rel	NE/RES	1:52.89	Weston S C	WESC	AgeGrps	7/84
400 Fr Rel	NE	4:04.49	Bernal's Gator SC (M. Monahan, A. Koerckel, C. Chubb, A. VanAken)	BGSC	NE/SR'S	7/87
	RES	4:02.69	Bernal's Gator SC (L. Holmes, A. Koerckel, C. Chubb, C. Ryder)	BGSC	JO'S	8/85
800 Fr Rel	NE	8:49.36	N. E. Barracudas (Hogan, Pearson, Ochab, Spaulding)	NEB	I, II, III	7/78
	RES	8:40.86	Bernal's Gator SC (Chubb, Holmes, Martin, Koerckel)	BGSC	JO's	8/85

? 3:58.72 BGSC 400 free SR
 ? 8:39.13 BGSC 800 free SR
 ? 4:26.98 BGSC 400 medley SR

GIRLS LONG COURSE
15 and 18 RECORDS

9/87

EVENT	RECORD	TIME	NAME	CLUB	MEET	DATE
50M Free	NE	26.61 27.09	Jenny Thompson Cynthia Kangos	WESC	SR	
	RES	25.20 26.93	Cynthia Kangos Jenny Thompson	WESC	NE/SR'S	7/85
100M Free	NE	57.94 58.99	Betsy Rapp	SSA	SR/NAT	8/86
	RES	56.33 58.78	Sarah Perroni Jenny Thompson	Starlit	OT	
200M Free	NE	2:05.56	Corinna Weinkofsky	LRAC	I, II, III	7/78
	RES	2:05.56	Elaine Palmer Catherine Ritz	SSA	SR/NAT	7/87
400M Free	NE	4:20.90	Corinna Weinkofsky	CJ	REG I	8/82
	RES	4:23.77	Louise Gouin Missy Hoy	BGSC	Natls	8/79
800M Free	NE	8:54.38	Julie Brossman	PRW	SR	7/88
	RES	8:52.73	Louise Gouin	CAST	REG I	8/83
1500M Free	NE	17:09.12	Jane Skillman Corinna Weinkofsky	PAA	SR/NAT	8/86
	RES	17:03.19	Louise Gouin Missy Hoy	CJ	REG I	8/82
100M Back	NE	1:05.85 1:06.50	Chris Breedig	CAST	SR/NAT	8/86
	RES	1:06.59	Elaine Palmer	LRAC	JO	
200M Back	NE/RES	2:21.51	Megan Bresnahan	FOX	E. Qual.	7/80
				BGSC	E. Qual.	7/80
100M Fly	NE	1:02.82	Betsy Rapp	Starlit	NE/SR'S	7/82
	RES	1:04.48 1:03.00	Lori Holmes Heidi Hannenian	BGSC	I, II, III	7/78
200M Fly	NE	2:16.20	Betsy Rapp	SSA	J.O.'S	8/85
	RES	2:18.74 2:17.71	Heidi Hannenian	Starlit	OT	
100M Brest	NE	1:15.60	J. Kemrij	SSA	I, II, III	7/78
	RES	1:16.01	Tara Bolivar	SSA	SR/NAT	7/87
200M Brest	NE	2:41.11	K. Hazelwood	SAC	REG I	7/83
	RES	2:41.16	Anne Koerckel	New Haven	SR/NAT	7/87
200 IM	NE	2:21.53	Jan Ujevich	BGSC	Reg I	7/83
	RES	2:23.49 2:22.07	Louise Gouin Catherine Ritz	BGSC	J.O.'S	8/87
400M IM	NE	5:00.84	Kara Devlin	PITTS	I, II, III	7/78
	RES	4:56.73	Louise Gouin	CAST	SR/NAT	8/86

BOYS LONG COURSE
15 and 18 RELAY RECORDS

9/87

EVENT	RECORD	TIME	NAME	CLUB	MEET	DATE
200 Med Rel	NE/RES	1:50.97	Bernal's Gator SC (Countie, Peterman, Johnson, Sweeney))	BGSC	AgeGrps	8/86
400 Med Rel	NE	4:00.66	Badger SC (Carey, Abitz, Hoffman, Campbell)	BADG	REG I	8/81
	RES	3:57.61	Bernal's Gator SC (Countie, Peterman, Johnson, Sweeney)	BGSC	J.O.'S	8/86
200 Fr Rel	NE/RES	1:40.72	Bernal's Gator SC (Stevenson, Han, Johnson, Countie)	BGSC	AgeGrps	8/86
400 Fr Rel	NE	3:39.67	Bernal's Gator SC (Stevenson, Johnson, Countie, Sweeney)	BGSC	AgeGrps	8/86
	RES	3:36.26	Bernal's Gator SC (D. Johnson, D. Wilkins, T. Peterson, K. Kendall)	BGSC	JO'S	8/87
800 Fr Rel	NE	7:59.11	Bernal's Gator SC (Farragher, Bahan, Gauthier, Hackett)	BGSC	REG I	7/78
	RES	7:52.55	Bernal's Gator SC (J. Sweeney, B. Stevenson, D. Johnson, M. Countie)	BGSC	JO's	8/86

400 free - 3:36.81 BGSC SR

