

NEWSLETTER-PLUS

AN OFFICIAL PUBLICATION OF THE NEAAAU COMPETITIVE SWIMMING COMMITTEE

FEBRUARY, 1978

IN THIS ISSUE: Age group Cuts (Changed)...Age Group Pool Changed...Correction on Seniors Entry...New system for bidding on Fall Meets...All Star Pool Request...State of the Union...On Your Mark...Tentative Summer Schedule...Coaching Position Coming Up...Looking for a Coaching Position...More address additions and changes...More team name changes...Lost and Found at meets...A New Position on the Executive Committee...

AGE GROUP CHANGES

THE AGE GROUP CHAMPIONSHIPS ORIGINALLY SCHEDULED TO BE HELD AT QUINSIGAMOND COLLEGE WILL BE HELD AT BROWN UNIVERSITY ON THE SAME DATES. BECAUSE OF THE LARGER POOL THE CUTS HAVE BEEN CHANGED. YOU WILL FIND THE NEW CUTS INSIDE THE NEWSLETTER. ENTRY BLANKS WITH THE REVISED INFORMATION WILL BE OUT SHORTLY.

SPECIAL NOTE: The revision in the cuts and the change of place mean that there will be more entries for the meet. Championship meets are allowed to run over the normal four hours per session. After all the entries are in we will be able to judge approximately how long the morning sessions will last and the information will be available to those entering. All entries will be accepted if they meet the specified cut-offs, but parents and coaches should realize that the sessions will probably be longer and plan their time accordingly.

AGE GROUPS IS A COMMITTEE RUN MEET. A GREAT DEAL OF HELP WILL BE NEEDED. AFTER THE ENTRIES ARE RECEIVED WE WILL BE CONTACTING CLUBS FOR TYPISTS, TABLE HELP, AWARDS HELP, STROKE AND TURN PEOPLE AND TIMERS TO USE AS A BACK UP TO THE BROWN ELECTRONIC SYSTEM. IT WOULD HELP A GREAT DEAL IF YOUR CONTACT PERSON HAS THE NAMES OF THOSE WHO CAN HELP AND WHICH SESSION THEY WILL BE AVAILABLE WHEN YOUR CLUB IS CALLED.

SENIORS ENTRY CORRECTION

The time for the women's 200 yard Butterfly is wrong on the Seniors entry. The time should be 2:33.4 NOT 2:23.4. If you have already mailed your Seniors entry and wish to add a swimmer in this event contact: Glenna Griswold, 48 Brainard Road, Wilbraham, MA. 01095, Phone: (413) 596-4812 before Saturday, March 4.

The other mistake on the Seniors entry is on the liability clause. Please cross out

Seniors (cont'd)
Southeastern Massachusetts University
and insert Brown University before you sign the entry blank.

HELP !!!! We still need help for Seniors. We need four typists (one for each session not covered) in particular, and people to sell programs, hand out seed cards (this meet is pre-seeded), work the table and hand out awards, back-up timers (one per lane) and a float person to fill in where needed at each session. Please contact Glenna Griswold.

NEWS FROM CLUBS.....

The New Bedford Y is pleased to announce their new team name. From now on they will be the New Bedford YMCA Aquarians although their official abbreviation will remain NBYW

* * * * *

The North Shore Swim Club has a new coach and a new name. Howard T. Lee will be coaching the North Shore Piranhas.

* * * * *

MISCELLANEOUS.....

More club addresses to add to your list:

Beverly Y Barracudas
c/o Jon M. Lazar
Beverly YMCA
Cabot Street
Beverly, MA 01915

Nautilus Swim Club
c/o Tom Burbank
416 Brighton Avenue
Portland, Maine 04102

Hyde Park Y Blue Fins
c/o Margaret A. Geraghty
1765 Canton Ave.
Milton, MA 02186

* * * * *

Sunrise Swim Club will be looking for a coach to assume duties by June 1st. Anyone interested in this position should contact Sidney Solomon, 25 Knollwood Drive, Longmeadow, MA 01106.

* * * * *

DON'T FORGET TO HAVE YOUR SENIOR SWIMMERS BRING THEIR AAU CARDS TO THE SENIORS MEET. LIL DEMBEK MUST SEE THE CARDS TO ISSUE OVC CARDS FOR NATIONALS AND JO'S

* * * * *

Miscellaneous cont'd.

BELOW ARE THE HIGH POINT WINNERS FROM THE BROCKTON 'A' MEET HELD IN JANUARY.

GIRLS TEAM	-	NEB	277
RUNNER-UP	-	SAC	160
BOYS TEAM	-	NEB	287
RUNNER-UP	-	BCSY	137

8 & UNDER

GIRLS	L. RAPPAPORT	NEB
BOYS	G. DOYLE	OSC

10 & UNDER

GIRLS	M. MOORE	NEB
BOYS	M. WILLIAMS	BCSY

13-14

GIRLS	S. HAGBERG	WSC
BOYS	J. MAHONEY	NEB

11-12

GIRLS	N. GALVIN	CRY
BOYS	P. SHERMAN	ABF

OPEN

GIRLS	J OCHAB	NEB
BOYS	M. POOLE	NEB

* * * * *

Coaching taking swimmers to out of district meets who wish their times to count for TOP TEN must see that the results involved are sent to Glenna Griswold.

* * * * *

THE NEW BEDFORD YMCA SPONSORING A MEET AT SOUTHEASTERN MASS U ON MARCH 4 AND 5 HAS ASKED THAT WE REMIND COACHES, PARENTS AND SWIMMERS TO PICK UP THEIR LITTER AND PUT IT IN THE PROPER CONTAINERS AT THE MEET. CLEAN UP TIME IS VERY EXPENSIVE FOR TEAMS RUNNING MEETS AND MUCH OF IT IS UNNECESSARY IF THOSE ATTENDING WOULD COOPERATE.

BELOW ARE THE REVISED CUTS FOR THE AGE GROUP CHAMPIONSHIPS TO BE HELD ON MARCH 31, AND APRIL 1 AND 2 AT BROWN UNIVERSITY. YOU WILL NOTICE QUITE A CHANGE IN SOME OF THEM AND NOT MUCH CHANGE IN OTHERS. IN LINE WITH THE POLICY OF TAKING 24TH PLACE TIME FROM THE PREVIOUS YEAR'S CHAMPIONSHIPS OR LAST PLACE IF THERE WERE NOT 24 ENTRIES AND THIS YEARS MEET WILL BE IN AN EIGHT LANE POOL YOU WILL FIND IF YOU CHECK THEM THAT WITH THE EXCEPTION OF THE 15-18 AGE GROUP WHICH IS "A" AND THOSE EVENTS THAT WERE NOT RUN AT LAST YEARS AGE GROUPS THESE ARE THE TIMES FROM LAST YEARS RESULTS.

<u>8 & UNDER</u>			<u>13-14</u>		
<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>	<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>
1:35.75	100 FREE	1:33.35	5:50.46	500 FREE	6:02.17
24.70	25 BACK	22.83	1:12.22	100 BACK	1:11.70
1:01.44	50 BREAST	56.80	2:59.06	200 BREAST	2:48.88
25.93	25 FLY	28.20	1:09.53	100 FLY	1:06.08
19.90	25 FREE	20.74	1:00.56	100 FREE	58.24
1:54.81	100 IM	1:48.22	2:30.31	200 IM	2:27.22
42.95	50 FREE	43.79	2:11.79	200 FREE	2:09.79
56.19	50 FLY	55.30	2:36.20	200 FLY	2:36.25
25.29	25 BREAST	26.43	1:20.23	100 BREAST	1:19.79
			2:44.60	200 BACK	2:35.59
			5:43.88	400 IM	5:42.27
<u>10 & UNDER</u>			<u>15-18</u>		
2:39.58	200 FREE	2:30.68	5:55.8	500 FREE	5:29.30
41.85	50 BACK	39.92	5:29.6	400 IM	4:58.3
1:38.40	100 BREAST	1:37.25	2:14.5	200 FREE	2:01.60
38.12	50 FLY	39.80	1:09.60	100 FLY	1:01.30
33.48	50 FREE	33.11	2:33.80	200 BACK	2:18.70
3:05.97	200 IM	2:58.40	1:21.60	100 BREAST	1:11.80
1:20.79	100 FREE	1:16.64	2:31.70	200 FLY	2:15.20
1:25.91	100 FLY	1:31.60	1:11.90	100 BACK	1:03.80
44.59	50 BREAST	45.37	2:55.30	200 BREAST	2:37.80
1:29.17	100 BACK	1:31.69	1:02.70	100 FREE	55.80
1:24.00	100 IM	1:24.00	2:34.60	200 IM	2:20.60
<u>11-12</u>					
2:20.34	200 FREE	2:26.93			
35.89	50 BACK	30.25			
1:25.22	100 BREAST	1:29.43			
33.15	50 FLY	33.95			
29.36	50 FREE	29.45			
2:38.96	200 IM	2:43.96			
1:03.63	100 FREE	1:04.95			
1:18.31	100 FLY	1:17.03			
52.61	50 BREAST	38.90			
1:10.09	100 BACK	1:17.87			
6:27.90	500 FREE	6:17.90			

TAKE YOUR MARK.....

DON BENSON OF THE CERTIFICATION COMMITTEE WOULD LIKE TO REMIND THOSE WHO WISH TO HOLD CLINICS THAT THEY SHOULD ARRANGE THEM THROUGH HIM. IT IS BEST TO PLAN YOUR CLINICS AT LEAST ONE MONTH IN ADVANCE SO THAT YOUR PEOPLE CAN GET THE NECESSARY MATERIAL. DON MAY BE REACHED AT HOME IN THE EVENING BY CALLING (617) 256-3425.

CONGRATULATIONS.....NEW MASSACHUSETTS STATE BOY'S CHAMPS

TO THE HAVERHILL SWIM TEAM WHO SWAM TO VICTORY OVER 69 OTHER SCHOOLS AT THE HAVEN HILL POOL IN CAMBRIDGE THIS WEEKEND.

Haverhill broke a four year winning streak for Western Mass while taking the Championship for the East. Second place East Longmeadow with 108 points just barely edged out Longmeadow who took third with 105. Gardner took fourth with 93, Cathedral fifth with 88 and Minnechaug sixth with 88.

Three records were set at the meet. Steve Peene of Amherst went 55.25 in the 100 Back and Al Kalmbach of Cathedral 21.5 in the 50 Free set individual records. The Longmeadow Medley Relay went 1:42.8 for a relay record. Scott Betscher, Chris Fraser, Bob Griffin and John Bonnell were the relay swimmers.

Again, Congratulations to coach Tom McCutchen and his team.

LOOKING FOR A COACH ?????

This office recently received a letter from a young man at Syracuse University who will finish his Master's in Physical Education this Spring and would like to re-locate closer to the Boston area.

He has a good educational and coaching background and would appreciate hearing from those looking for coaches. He prefers a college or University but would consider a good AAU position. Contact him directly by writing: George C. Hooper, Jr., 1037 Ackerman Ave., Syracuse, New York, 13210. Phone: (315) 475-6663.

The Attleboro Bluefish report that after their recent meet a warm-up jacket and a ring were found. If you think they might belong to you contact Lucille Proia, 739 Lindsey St. Attleboro, MA 02703, Phone: (617) 222-9052.

NEWSLETTER PLUS SUBSCRIPTIONS ARE AVAILABLE BY CONTACTING GLENNA GRISWOLD, 48 BRAINARD ROAD, WILBRAHAM, MA. 01095. Please Make Checks Payable To: NEAAAU COMPETITIVE SWIMMING.

WE STILL NEED A POOL FOR THE ALL-STAR MEET TO BE HELD THE SECOND WEEKEND IN APRIL. THE POOL SHOULD HAVE GOOD SPECTATOR SEATING AND BE AVAILABLE FOR A WEEKEND AFTERNOON MEET. CONTACT DICK SCHAFER AT (617) 393-8940

STATE OF THE UNION.....Joe Thompson

I hope everyone has dug a path to their swimming pool and are back practicing hard for the meets coming up. That was some snow storm. In fact, I can't recall any past meet postponed because of travel restrictions. Mark Michelson okayed moving the Shawmut meet forward and Mr. Courtney Brown has condensed his meet to run three instead of five sessions. I hope this will be accepted by everyone.

If you don't know I have chickened out of snow country and am spending a couple of weeks down in warm country. I can't seem to get swimming out of my system down here and I need your help on one recurring thought that is passing through my mind. I would like New England to develop the Hall of Fame idea to exploit past promoters of New England swimming.

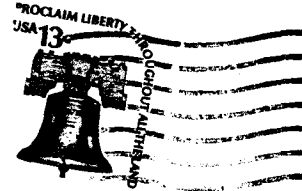
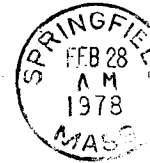
I would like ideas for methods of selection and type and name of medals, plaques or trophies that would be appropriate for this idea. Please send them to me and I will try to work them into some form before the next General Meeting in May.

Steve Berizzi (assistant coach of Bernal's Gators) has accepted the chairmanship of the sports information department. I know Steve will give his usual 150% to get swimming more noticeable and reportable here in New England. This is something I have wanted since I have been in swimming and I have been waiting for someone like Steve for a long time. Steve has been coaching up in Manchester NH the last few summers in between college seasons with Gambriel down in Alabama. He is now working with Joe Bernal at Harvard. He was selected by Ray Essick as Meet Director of the Women's International Meet at Brown last month. Steve will not be able to work miracles alone and will need the help of every coach, swimmer and parents. So, let's chip in and watch your local papers for better results.

RULE BOOKS ARE STILL AVAILABLE BY CONTACTING GLENNA
GRISWOLD AT 48 BRAINARD ROAD, WILBRAHAM, MA, 01095 OR
PHONING (413)596-4812.

SPECIAL NOTE: IT HAS BEEN CALLED TO MY ATTENTION THAT THERE IS ANOTHER MISTAKE IN THE SENIORS ENTRY. AS OF LONG COURSE LAST YEAR IT WAS VOTED TO AWARD A TROPHY TO THE TOP MEN'S AND WOMEN'S COMBINED TEAM AT THE SENIORS MEET IN ADDITION TO TOP MAN, TOP WOMAN, AND TOP MEN'S AND WOMEN'S TEAM. THIS TROPHY WILL BE AWARDED AT THE MEET TO BE HELD MARCH 10, 11, 12.

NEAAAN COMPETITIVE SWIMMING
48 BRATTLEBURY ROAD
WILBRAHAM, MA 01095



Pioneer Valley Swim League
c/o Isabelle Fraser
125 Franklin Road
Longmeadow, MA 01106

NEWSLETTER-PLUS

AN OFFICIAL PUBLICATION OF THE NEAAU COMPETITIVE SWIMMING COMMITTEE

MARCH, 1978

IN THIS ISSUE: *All Star Meet and Information....April and May Meets....Notes about Seniors....Reminders about Age-Groups....Request for HELP....Reminders to Meet Managers....Reminders about Top Ten Times....New Time Standards....State of the Union....Reminder to Executive Committee Members....*

THE ALL STAR MEET

THIS YEAR'S ALL-STAR MEET AGAINST THE NIAGARA ASSOCIATION WILL BE HELD ON SATURDAY, APRIL 8TH AND IS TENTATIVELY SCHEDULED AT THE ATTLEBORO HIGH SCHOOL POOL IN ATTLEBORO, MA.

LISTED BELOW ARE THE EVENTS THAT WILL BE SWUM. THE ALL-STAR TEAM WILL BE PICKED FROM THE TOP PEOPLE IN THESE EVENTS AT THE SENIOR CHAMPIONSHIPS AND THE AGE GROUP CHAMPIONSHIPS.

IMPORTANT NOTE: *A swimmer that did not enter one or more of these events at the Age Group Championships and wishes to do so in order to try and qualify for the All-Star Team may deck enter at the meet or may call a late entry into Glenna Griswold (317) 596-4812.*

If you plan to late enter for this reason, PLEASE do it as soon as possible. These entries will not show up in the program.

ALL-STAR EVENTS

<u>10 & UNDER</u>	<u>11-12</u>	<u>13-14</u>	<u>15-18</u>
200 MEDLEY RELAY	200 MEDLEY RELAY	200 MEDLEY RELAY	200 MEDLEY RELAY
100 IM	200 IM	200 IM X	200 IM
50 FREE	100 FREE	100 FREE X	100 FREE
50 BACK	100 BACK	100 BACK	100 BACK
50 BREAST	100 BREAST	100 BREAST X	100 BREAST
50 FLY	100 FLY	100 FLY X	200 FREE
200 FREE RELAY	200 FREE RELAY	200 FREE RELAY	100 FLY
			200 FREE RELAY

COACHES FOR THE ALL-STAR TEAM WILL BE CHOSEN IN THE FOLLOWING MANNER:

THE PURPOSE OF CHOOSING THE COACHES IN THIS WAY IS TO GET REPRESENTATION FROM FOUR DIFFERENT GROUPS: MALE - LARGE CLUB, FEMALE - LARGE CLUB, MALE - SMALL CLUB, FEMALE - SMALL CLUB.

THIS IS DONE BY SEPARATING THE ENTRIES TO AGE GROUP CHAMPIONSHIPS INTO TWO GROUPS - MALE AND FEMALE, AND THEN DIVIDING EACH OF THESE GROUPS INTO HALVES BASED ON THE NUMBER OF CLUB ENTRIES (MOST AND LEAST).

THE HIGH POINT COACH FROM EACH OF THESE FOUR GROUPS WILL THEN BE SELECTED AS AN ALL-STAR COACH.

TIME STANDARDS ...Included with this issue of the Newsletter are the time standards that will be used in New England from June 1, 1978 through May 31, 1979. Please save them so that you will have them for reference.

SENIORS... We will have to recap the Seniors meet in the next issue of the Newsletter due to lack of time and space. First Place Girls Team was the New England Barracudas. First Place Boys team - Brown Swim Club. First Place Combined Men and Women - New England Barracudas. High Point Male.. Jack Gauthier - Gator Swim Club and High Point Female - Chris Hogan..New England Barracudas

THE NEWSLETTER IS LATE THIS MONTH BECAUSE WE WANTED THE ALL-STAR INFORMATION PUBLISHED AND BECAUSE OF THE OVERABUNDANCE OF PAPER WORK INVOLVED WITH THE TWO CHAMPIONSHIP MEETS THIS MONTH. I'M SORRY....

Glenna Griswold

VOLUNTEER TO HELP AT AGE GROUPS !!!

STATE OF THE UNION....Joe Thompson

The month of May and June are important months in New England AAU and New England AAU swimming. These are the months that elections are held for all elected positions. The NEAAU elects President, Vice President, Secretary and delegates to the National Convention.

This year it might be that the NEAAU Swimming Committee should vote its own delegates. Things are really not that clear.

If you would like to be nominated for any of these positions please send me your name so I can get them into the nominating committee in time to make the meeting ballot.

NEAAU Swimming committee will be voting for their chairman at the May General meeting. Candidates could get their name to the chairman of the nomination committee so as to get their name on the ballot. Tom Guyton has been named chairman. Get your nominations to him by April 21. His address is 21 Monadnock Road, Worcester, MA.

It was nice to see top times at the Seniors getting faster. This is the best indication of progress in New England swimming. Lillian Dembek had to make out quite a few OVC cards that will find their way to Nationals or JO's this year.

The Racquet Shack whose ad appears on another page of the Newsletter donated equipment to the New England Team that attended the Queen's Jubilee Meet in England last October.

Since times done in 55 yard pools are recognized nationally, the New England Swimming Committee has decided that these times in addition to be recognized in Top Ten may also be used for records. This decision was by unanimous vote at the Executive Committee Meeting in February.

SPECIAL NOTES ABOUT THE AGE GROUP MEET

1. AGE GROUPS IS AN EXCEPTIONALLY LARGE MEET AND WILL RUN OVER THE FOUR HOUR LIMIT AS ALLOWED BY THE NEAAAU BY-LAWS FOR CHAMPIONSHIP MEETS.
THIS APPLIES TO ALL SESSIONS AND YOU SHOULD BE PARTICULARLY AWARE OF THE FACT THAT THE FRIDAY NIGHT MEET WILL RUN OVER.
2. THERE WILL BE A ONE AND A HALF HOUR BREAK BETWEEN THE END OF EACH MORNING SESSION AND THE BEGINNING OF WARM-UP FOR THE AFTERNOON SESSION. THIS BREAK IS TO ALLOW BROWN UNIVERSITY THE USE OF THE POOL FOR THAT TIME AND MUST BE DONE. PLEASE PLAN YOUR TIME ACCORDINGLY. AGE GROUP ENTRIES WERE PRINTED AND MAILED BEFORE WE FOUND OUT ABOUT THIS REQUIREMENT.
3. IN CASES WHERE RELAY TIMES GIVEN WERE FOR THE WRONG DISTANCE RELAYS HAVE BEEN SEEDD AT NO TIME.
4. SWIMMERS OVER CUT-OFFS HAVE BEEN SCRATCHED FROM THE MEET. WE ARE TRYING TO REACH THE CLUBS IN THIS CASE BUT HAVE NOT BEEN 100% SUCCESSFUL. THE THREE DAY TIME RULE DOES NOT APPLY AT CHAMPIONSHIP MEETS. TIMES MUST HAVE BEEN ACHIEVED BEFORE THE MEET.

H E L P WE WILL BE HAPPY TO TAKE VOLUNTEER HELP AT THE DOOR FOR THE MEET. REMEMBER ...THIS MEET IS BEING RUN BY THE SWIMMING COMMITTEE AND IT IS THE RESPONSIBILITY OF EACH CLUB TO SUPPORT IT. IT WILL NOT RUN SMOOTHLY IF YOU DON'T COOPERATE.

TOP TEN TIMES..Top Ten Times will close with the Age Group Championships. They will include the All-Star meet, but no AAU meets after the Age-Group weekend.

Any coaches wishing to have times done in out of district meets count for Top Ten must submit results to the swimming office no later than April 6th.

NEWS FROM CLUBS....

The EAST COAST CLUBS out of Dover, NH have voted to change club name to the EAST COAST AQUATIC CLUB. Their new code will be ECAC.

MEET MANAGERS ... If you a running a summer meet you must send your entry blank and sanction to the swimming office before the end of April.

* * * * *

Please see that your results are mailed promptly. We are having trouble getting them to the proper people on time because of late mailing. This is very important.

EXECUTIVE COMMITTEE MEETING

The next scheduled Executive Committee Meeting will be Wednesday, 12th.

Committee chairmen will be asked to make written reports to be included in the May semi-annual meeting

MAV

SEMI-ANNUAL MEETING FOR NEAAAU
COMPETITIVE SWIMMING COMMITTEE

• WATCH FOR THE DATE AND PLACE

The list below consists of the AAU meets scheduled for April and May. The entire list will appear in the April Newsletter. There are a couple of June meets that are not yet set and we cannot give out that information. In addition the Outstanding Swimmer Banquet is also tentative until those June meets are set.

- April 23 Sunday "C" Short Course
Southbridge YMCA Pool - Southbridge, MA
Contact: Debbie LaTona
Southbridge YMCA
43 Everett St
Southbridge, MA 01550
- April 30 Sunday Mini-Meet (Short Course)
Haverhill YMCA - Haverhill, MA
Contact: Joseph B. O'Neil, Jr
Apt. 76
440 North Ave.
Haverhill, MA 01830
- May 13-14 Saturday
 Sunday "C" and "B" Long Course
McDermott Pool, Warwick, RI
Contact: Ed Reed
Box 1874
Brown University
Providence, Rhode Island 02912
- May 20-21 Saturday
 Sunday "A" Long Course
Brown University Pool - Providence, Rhode Island
Contact: Ed Reed
Box 1874
Brown University
Providence, Rhode Island 02912
- May 27-28 Saturday
 Sunday "C" Short Course
Taunton High School Pool - Taunton, MA
Contact: Richard Robinson
46 Cedar Street
Taunton, MA 02780

NEWSLETTER-*

AN OFFICIAL PUBLICATION OF THE NEW ENGLAND COMPETITIVE SWIMMING COMMITTEE

APRIL, 1978

IN THIS ISSUE: Current Meet List....Senior Cuts....All-Star Pictures....Top Ten Order Blank....Spring Meeting....New Club Listing (MEET MANAGERS PLEASE PICK THESE UP....Banquet Date....News from Clubs and Reminders....Lost and Found...

SPRING MEETING DATE SET

THE ANNUAL SPRING MEETING OF THE NEAAU SWIMMING COMMITTEE HAS BEEN SET FOR JUNE 3, 1978 IN WORCESTER. CLUBS WILL BE RECEIVING INFORMATION PERTINENT TO THIS MEETING SHORTLY BUT YOU SHOULD MARK YOUR CALENDAR NOW.

Because of the favorable comments that came from the Fall meeting which was an all day session the Executive Committee has decided to again make the time available if it is needed to conduct the business before the group.

Joe Thompson has decided to retire from his position as chairman and one of the major items of business will be to elect a new chairman. Tom Guyton of Worcester Swim Club is accepting advance nominations and there will be an opportunity to nominate from the floor if anyone wishes. PLEASE BE SURE IF YOU PLAN TO NOMINATE FROM THE FLOOR OR THROUGH TOM THAT THE PERSON BEING NOMINATED KNOWS AND APPROVES OF THE NOMINATION. This is a responsible position and becomes demanding at times. Any individual taking on this responsibility must realize what they are accepting and agree to it.

A WELCOME SURPRISE.....

Shortly after the All-Star Meet Mr. Everett Armour called to tell us that he had taken pictures and would be willing to have them in NEWSLETTER-Plus.

About a week later we received in the mail 300 copies of the last page of the Newsletter all ready to collate in and for you to enjoy.

Having the pictures was a plus and the additional pleasure of receiving them all ready for publication was overwhelming.

MR. ARMOUR...Thank you from all of us!!!

THE MOVIE STROKES FOR GOLD IS STILL AVAILABLE TO CLUBS WISHING TO SHOW IT. IT HAS BEEN SEEN BY LITERALLY THOUSANDS OF SWIMMERS PARENTS AND INDIVIDUALS IN THE NEW ENGLAND COMMUNITIES. RESERVE IT THROUGH THE SWIMMING OFFICE.

TOP TEN AND THE BANQUET

The Top Ten Committee is working to complete all their results so that we can get them to you as quickly as possible. Two of the twelve age groups are completed and on stencil and we are expecting the others in every mail delivery.

THE BANQUET WILL BE SUNDAY, JUNE 11th.

There are no meets scheduled for that date. Please plan on attending. There will be a special mailing concerning the banquet shortly.

Meals for the Outstanding Swimmers for Long Course 1977 and Short Course 1977-1978 (this past season) will be paid for by the Swimming Committee. The cost to other individuals will be \$4.00/person.

NOTE: Top Ten will not include any meet after Age Groups except All-Stars JO's and Nationals.

Senior Swimming Chairperson, Jean Johnson has announced that the cuts for Long Course Senior Championships to be held at Brown on June 23, 24, 25, will be the same as Senior Short Course Cuts listed below. The meet will be seeded short course due to the lack of Long Course competition before the date of the Championship. There is a tentative Senior Development meet scheduled for June 3rd to allow those who do not have the cuts to qualify. Details for the development meet will be announced in the next Newsletter and/or from the club running the meet.

<u>Women</u>	<u>EVENT</u>	<u>Men</u>
All events and cuts listed are SHORT COURSE. Meet will be LONG COURSE with the 500 Free being the 400 and the 1650 being the 1500.		
1:04.21	100 Butterfly	:59.07
5:33.52	500 Free	5:16.80
1:10.19	100 Back	1:02.73
2:23.09	200 IM	2:11.60
NT	400 Medley Relay	NT
2:33.40	200 Butterfly	2:21.80
1:17.30	100 Breaststroke	1:10.40
2:04.80	200 Free	1:53.48
5:09.40	400 IM	4:58.50
NT	800 Free Relay	NT
20:12.30	1650 Free	18:43.10
57.75	100 Free	52.50
2:30.70	200 Back	2:14.00
2:50.40	200 Breaststroke	2:34.80
NT	400 Free Relay	NT

Lost and Found.....

There was a stopwatch found at a recent New England Barracuda meet. If you think this is your watch contact Jan Ehrlich, 70 Pond Street, Natick, MA 01760.

DON'T FORGET TO MARK THE BANQUET DATE ON YOUR CALENDER

NEWS FROM CLUBS.....

Sunrise Swim Club has named Joe Maguire as their new head coach...

Shawmut Aquatic in conjunction with the Heart Association is holding a 24 hour Swim for your Heart money raiser the last weekend in April....

Lake Champlain Swim Club recently beat Sunrise Swim Club by two points in a dual meet hosted by Lake Champlain

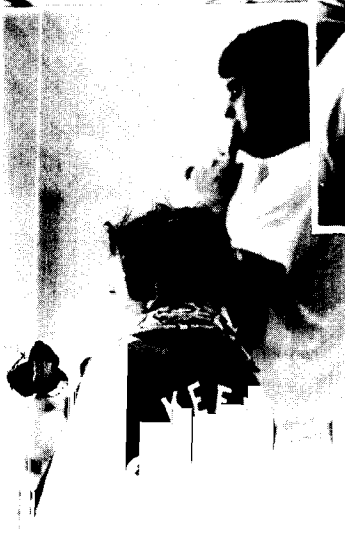
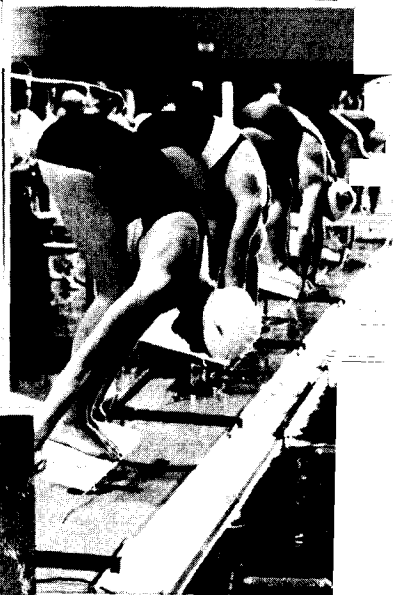
MISCELLANEOUS.....

1978 times do not apply in New England until June 1st except for the Taunton "C" meet which is the last weekend in May.....

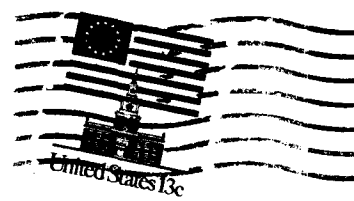
"Return Receipt Requested" on meet entries means that you purchase from the post office a service whereby they will let you know if your entry was received.....

BIDS FOR FALL MEETS ARE DUE IN THE SWIMMING OFFICE JUNE 1ST. THIS IS THE SEASON BEGINNING IN THE FALL AND RUNNING THROUGH DECEMBER. MEETS TO BE RUN BETWEEN JANUARY AND MARCH ARE DUE IN OCTOBER 1ST

All clubs who are active members of the swimming committee have in their possession copies of the Meet Manager's Manual. Even if you have run meets before it would be appreciated if you refer to this manual when you are filling out the paper work involved with meets. All meets with open events should have ages on those events as well as the events with 8 & Unders swimming 10 & Under. Out of district clubs should be identified on the results and there should be a code sheet with your results. The office needs two copies of the financial statement and if there is a problem involved with completing paper work the office should be notified.....



NEAAAU COMPETITIVE SWIMMING
Glenna Griswold, Secretary
48 Brainard Road
Wilbraham, MA 01095



Pioneer Valley Swim League
c/o Isabelle Fraser
125 Franklin Road
Longmeadow, MA 01106

NEWSLETTER-PLUS

MAY
1978

IN THIS ISSUE: Outstanding Swimmers for the Short Course Season.....News from Clubs
Banquet details....Details on the Semi-Annual Meeting....Region I cuts
....More club addresses....More summer meets....Meet date changes....
State of the Union....Reminders to Meet Managers....

MEET BIDS

MEET BIDS FOR MEETS TO BE RUN BETWEEN OCTOBER AND THE END OF DECEMBER ARE DUE IN THE SWIMMING OFFICE BY JUNE 1.

IF YOU DO NOT HAVE THE RIGHT FORM AND WANT TO BID FOR A DATE EITHER CONTACT THE SWIMMING OFFICE OR WRITE A LETTER. IF YOU WRITE A LETTER BE SURE TO INCLUDE THE EVENTS YOU PLAN TO RUN.

STATE OF THE UNION.....Joe Thompson

The last two years have been a very rewarding experience for me. Even though I really did not reach the goals that I had in mind I would like to feel that New England Swimming has accomplished a few things.

The Number 1 goal was better communication and we have certainly reached that with the total dedication of Glenna Griswold. The second goal was better swim meets.

This has been slow in coming. The big reason being the turnover in Meet Directors. The Meet Directors manual has been a great help and those Directors that used it have usually ended up with good meets.

The biggest problem we have faced has been calendar. It has been difficult to find THE way to set up an acceptable method for a solid calendar. It appears that we are close and a few new voices are showing the way to something solid. New England "Traditionalists" seem to be the biggest stumbling block. They don't want to change their past meets to conform with new calendar requirements.

CUT-OFF TIMES

The 1978 Cut-Off Times go into effect in New England as of June 1st. If your swimmers were borderline "A" or "B" during short course season, be sure to check before signing them up for the various meets

TOP TEN TIMES

Top Ten Booklets will be mailed and you will receive them within a day or so after you receive this Newst+.

Mistakes will be corrected until July 15th.

After that date Short-Course 1977-78 will be past history and no changes will be made.

Corrections will be in the July issue of Newst+.

State of the Union (cont'd)

I thank you for accepting and assisting me through the past years.

I hope you have been happy with the progress we did make and will continue to support your new Chairman so that the next year will also show progress.

Mistakes and Changes

Haverhill Y "B" Meet is on June 17th not June 18th.

Shawmut Aquatic Club "C" meet is on June 17th and 18th not June 24th and 25th. It is also going to be held at Minuteman School in Lexington not Keefe in Framingham.

TELL YOUR FRIENDS ABOUT NEWSLETTER-PLUS
SUBSCRIPTIONS ARE ALWAYS AVAILABLE

REGION I

HARVARD UNIVERSITY WILL HOST THE REGION I MEET FOR LONG COURSE ON JULY 7, 8, AND 9. BELOW ARE THE CUTS FOR THE MEET.

<u>WOMEN</u>	<u>EVENT</u>	<u>MEN</u>
1:03.29	100 FREE	58.19
2:16.99	200 FREE	2:07.19
4:46.79	400 FREE	4:31.19
18:58.19	1500 FREE	18:25.59
1:11.29	100 FLY	1:04.09
2:40.59	200 FLY	2:29.99
1:14.89	100 BACK	1:07.99
2:41.29	200 BACK	2:29.29
1:24.99	100 BREAST	1:16.59
3:01.79	200 BREAST	2:47.29
2:38.69	200 IM	2:25.29
5:39.49	400 IM	5:11.96
5:14.39	400 MED RELAY	4:45.39
10:20.49	800 FREE RELAY	9:06.49
4:26.59	400 FREE RELAY	4:01.99

UNUSUAL MEETS

How about testing your ability in a natural swimming pool? This summer there will be two open-water meets in Rhode Island. They are listed below along with the people to contact for information.

FRANK MOODY ONE-MILE SWIM

June 17th on a one quarter mile open-water course, Olney Pond, Lincoln Woods State Park, Lincoln, R.I. Freestyle events for 11-12, 13-14, and 15-18 age groups. For information call Mr. Joe Marciano, R. I. State Division of Parks and Recreation, 401-277-2632. Entries close June 12th.

SAVE-THE-BAY - SWIM-THE-BAY

July 29th, 2 1/4 mile "Summer Challenge" swim across Narragansett Bay (the ocean) to Jamestown, R. I. Entries open June 5th for the first 100 entries of 15 years old and over. For information call Ms. Trudy Cox, Save The Bay Inc., 401-272-3540

YOUR CLUB MUST HAVE SOME NEWS FOR THE NEWSLETTER!!! Send it to Glenna Griswold at the Swimming Office.

CONGRATULATIONS!!!

....to the Sixty-One New England Swimmers on the opposite page who made Outstanding Swimmer this short course season in New England....

AND

....to NANCY GALVIN (CRV) and PETER SOLOMON (SD) who were voted the outstanding female and male swimmers from Rhode Island this year.

NEW CLUB ADDRESS:

Granite Swim Club
c/o William Walker
53 Wallace Road
Quincy, MA 02169

Sub-Base Barracuda Swim Team
c/o Mrs. Jeannine Annis
52 Stoneybrook Road
Gales Ferry, CT 06335

LOOK FOR THE DETAILS OF THE SEMI-ANNUAL MEETING ON ANOTHER PAGE OF THE NEWSLETTER. ANYONE MAY ATTEND AND GIVE THEIR VIEWS. ONE INDIVIDUAL PEP CLUB MAY VOTE.

DO NOT FORGET

Meet bids MUST include events you plan to run.

The calendar committee is trying to coordinate events for the coming season so that noone misses swimming in their class any event they need.

The committee must know in advance your events in order to do this.

OUTSTANDING SWIMMERSLISTED ALPHABETICALLY

SHORT COURSE 1977 - 1978

8 AND UNDER GIRLS

C. DENSMORE	CLBC
J. JONES	NEB
M. PATTILLO	SSC
L. PECKENHAM	PAWY
T. YEN	HST

10 & UNDER GIPLS

A. DEMBEK	HRY
K. EHPlich	NEB
M. MOORE	NEB
S. PERRONI	BSC
B. STARBLE	DYD

11-12 GIPLS

M. CLOUTIER	QSC
M. DONOVAN	BSC
N. GALVIN	CRY
S. PANDYA	SAC
E. REINERS	QSC

13-14 GIRLS

S. HAGBERG	WSC
M. MANGANIELLO	GSC
T. MOLL	NEB
J. OCHAR	NEB
C. SCHWARZER	SAC

15-18 GIPLS

S. DEMBEK	HRY
M. DONOVAN	DYD
C. HOGAN	NEB
M. JORDAN	NEB
E. PALMER	GSC

OPEN GIPLS

M. DONOVAN	DYD
C. HOGAN	NEB
M. MANGANIELLO	GSC
J. OCHAR	NEB
E. PALMER	GSC

8 & UNDER BOYS

GREGG DOYLE	QSC
FRANK HAN	CAMBY
ROGER KENNEDY	HRY
ALEXANDER KOSTICH	UN
MICHAEL MC SWEENEY	UN

10 & UNDER BOYS

WAYNE BOWDEN	JSC
M. DAVIES	CAMBY
T. HANDFIELD	BSC
M. WILLIAMS	BSCY
C. ZUIDEMA	WGC

11-12 BOYS

T. BELLETETE	CM
M. FITZGERALD	CAMBY
M. LANDA	UN
S. RUITER	NEB
R. SHERMAN	ABF

13-14 BOYS

M. COHEN	SAC
C. FULLER	GSC
P. MESSENGER	SSC
N. SCHIPPERT	LOBC
D. SPENCER	GSC

15-18 BOYS

E. BAHAN	GSC
G. BATES *	GSC
J. GAUTHIER	GSC
T. MELO	BSC
P. SOLOMON *	SD
S. WHITELAW	

OPEN BOYS

E. BAHAN	GSC
J. GAUTHIER	GSC
T. MELO	BSC
P. SOLOMON	SD
S. WHITELAW	NEB

* TIED

The information below pertains to the NEAAAU Swimming Banquet to be held on Sunday, June 11, 1978.

Reservations should be in by JUNE 2.

Outstanding swimmers from the Long Course Season 1977 and Short Course 1977-1978 will have their meals paid for by New England Swimming. Honored at the banquet will be all those who made Top Ten for the past two seasons.

Patches and certificates will be available at the banquet for Short Course 1977-1978.

Below is the menu, place, cost, etc. Also below is a reservation blank.

When you are making reservations PLEASE READ THE BLANK CAREFULLY.

PLACE:	CHATEAU deVILLE 400 Bald Hill Road Warwick Mall Warwick, Rhode Island	MENU:	Soup family style Garden Fresh Tossed Salad Hearth Baked Bread Creamy Butter Mixed Pickles Roast Stuffed Half Chicken Brown Gravy Cranberry Sauce Oven Roast Potatoes Green Peas Pecan Nut Roll with Coconut Coffee or Milk
TIME:	12:00 PM - 4:30 PM		
COST:	\$5.75 per person		
DRESS:	Appropriate for a nice restaurant (No jeans, T-shirts, sweatshirts, etc.)		

RESERVATION FORM FOR THE NEAAAU COMPETITIVE SWIMMING BANQUET

Send to: Paul Pessi
Cranston YMCA
1225 Park Ave.
Cranston, R.I. 02905

Make checks payable to:
NEAAAU COMPETITIVE SWIMMING

Name _____ Club _____ Phone _____

of Reservations _____

IF YOUR RESERVATIONS INCLUDE AN OUTSTANDING SWIMMER (S) PLEASE LIST THEIR NAMES IN THE SPACE PROVIDED BELOW:

Names of Outstanding Swimmers included
in this reservation:

Amount of money included:

Cost is \$5.75 per person to be sent with reservation. (Do not include money for outstanding swimmers)

SEMI-ANNUAL MEETING

The Semi-Annual Meeting of the NEAAU Competitive Swimming Committee will be held on June 3, 1978 (Saturday). The meeting will last as long as needed to hear everyone's views and to conduct the business.

Since Joe Thompson is retiring one of the major items on the agenda is to elect a Chairman for the coming year. If you have an individual you think would like to be Chairman, is qualified, and is willing to take the job they may be nominated from the floor at the meeting. Please be sure they are willing to take on the responsibility.

The meeting will be held in the WORCESTER CENTER COMMUNITY ROOM. Worcester Center is the large mall in downtown Worcester that houses among other stores Jordon Marsh.

DIRECTIONS TO WORCESTER CENTER:

TAKE THE MASS PIKE OR OTHER MAJOR ROAD TO RTE. 290 (Auburn, Exit 10 off the pike). Get off Pte 290 at Kelly Square (Exit 13). Go through Kelly Square up Green Street and under the bridge. Turn right. Enter the parking garage on the left. Inside Worcester Center go to the Community Room.

Meeting begins at 10:15. Coffee at 9:30 AM.

FOR SUBSCRIPTIONS TO NEWSLETTER PLUS

CONTACT: Glenn Griswold
42 Brainard Road
Uxbridge, MA 01569

TO RESERVE THE STROKES FOR GOLD
FILM CONTACT THE SWIMMING OFFICE AT
THE ADDRESS ABOVE.

You may also order copies of Top
Ten Times from the above address.

Cost is \$2.50 per copy.

Make checks payable to:

NEAAU COMPETITIVE SWIMMING

MEET MANAGERS

This year we hope to advertise out
entire schedule in the Swimming
Magazines. In order to do this we
must have the schedule set up early.
Get your meet bids in on time so
that your meet will be included.

COME TO THE BANQUET

NEAAAU COMPETITIVE SWIMMING
Glenna Griswold, Secretary
48 Brainard Road
Milbraham, MA 01095



Pioneer Valley Swim League
c/o Isabelle Fraser
125 Franklin Road
Longmeadow, MA 01106

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NEWSLETTER +

AN OFFICIAL PUBLICATION OF THE NEAAU COMPETITIVE SWIMMING COMMITTEE

JUNE, 1978

IN THIS ISSUE: Tentative meet schedule for the fall....Lost and found from the meets...
New Chairman elected...News from Clubs....Logical Calendar being formulated....Requests and Reminders....A Swim Committee Personality....

SEMI-ANNUAL MEETING

The semi-annual meeting of the Competitive Swimming Committee was held on Saturday, June 3rd in Worcester.

The main order of business was to elect a new chairman. This was accomplished with the election of Joe Maguire who has served as treasurer of the committee for two years.

However, out of the approximately 100 clubs eligible to cast votes of which 60 of these are active supporters of the Swimming Committee, 21 votes were cast. The new chairman was elected by 1 vote.

If the swimming committee is going to continue to make progress more clubs must make an effort to get their representatives to these meetings. This particular meeting was well publicised, held in a comfortable, central location, did not fall on the date of any meet and was very important to the next year of New England swimming.

The next meeting will be held in September. It will be right before the start of the new Short Course season. It will be right before meets are awarded for the January to April dates. Discussions will include budget, All-Star meets, and new policies that should be decided on and approved by more than 20% of the clubs in New England.

Since this group is democratic and each club has only one vote, your vote counts a great deal. Keep this September meeting in mind.

LOGICAL CALENDAR

The Sanction and Calendar Committee has developed a logical calendar that will be used beginning in January for awarding meets.

This calendar will be published in July and those bidding meets will be asked to bid the type of meet required to fit the calendar for a particular weekend.

In addition meets on a particular weekend will have certain events to run so that all levels of swimmers will get an

cont'd

opportunity to swim all events during the season several times.

MEET MANAGERS WATCH FOR THIS INFORMATION

Clubs are being sent two copies of the new form for applying for New England Records with this Newsletter. Please keep this form and use it. Beginning with the summer season this is the only way to apply for records.

PERSONALITIES

Two years ago we started profiling New England Swimming personalities in the Newsletter... However, we found many of them reluctant to give us information and discontinued the feature. We are going to try again... This month although our personality is a repeat, because over half of our subscribers are new we feel that more individuals should know a little about our new Swimming Committee Chairman and he will be the start again of what we hope will be a regular feature.

JOE MAGUIRE..... CHAIRMAN, NEAAAU COMPETITIVE SWIMMING

Joe was born, raised, and started his swimming career in Cambridge, Mass.... While attending Harvard he swam for awhile and finished his college career managing and helping coach the Harvard Swim Team... He is now the head coach of Sunrise Swim Club in Springfield... Joe has coached many New England swimmers in all areas of the district and is a good bet if you want to know how fast a particular swimmer has gone in an individual event... He has served as Treasurer of the NEAAAU swim committee for the past two years... Joe's ambitions are to make it through the next morning's practice and to weigh 150 pounds... He likes traveling by the shore or in the mountains and loves outdoor sports.... He would rather participate than be a spectator... Joe is unmarried, likes to go out on Saturday nights, has cow brown eyes, likes the color blue and alligator shirts, and knows where the best restaurants are in relation to all the district pools.... His favorite food is food.... Joe likes to talk about almost anything and is looking forward to "feedback" from the district about things that come up during the year.... Right now you can reach him through the swimming office or the Springfield Boy's Club

ADDITION TO THE ADDRESS CHANGE LIST:

Keene Family YMCA
c/o Jim Wilson
38 Roxbury St.
P.O. Box 414
Keene, New Hampshire 03431

Swim Committee Surcharge (continued)

The surcharge is due again in September and those clubs that wish to be "active" again in the 1978-79 year should make a note of the date so that all correspondence etc. will continue without interruption.

Make checks payable to: NEAAAU
COMPETITIVE SWIMMING and mail to:
Glenna Griswold, Secretary
NEAAAU Competitive Swimming
48 Brainard Road
Wilbraham, MA 01095

SWIMMING COMMITTEE SURCHARGE

Although all AAU registered teams are members of the NEAAAU Competitive Swimming Committee those teams that pay the \$20.00 surcharge to the committee receive automatically the by-laws and changes for New England, Top Ten twice a year, the National Rule Book, the meet manager's manual, the record book, and the Newsletter. Those that do not pay the surcharge must write separately for each of these items that they want. The surcharge is to help defray the costs of producing, purchasing and mailing all of these things. This past year we had approximately 60 teams "active" i.e. paying the surcharge.

The surcharge runs from September to September and is the same no matter when a team chooses to pay it during the year.

continued left)

AGE GROUP WATER POLO.....Tom Groden

A number of clubs in the NEAAAU area offer water polo as a part of their Aquatics Program. At Boston College, the Seagles Swim Club has had water polo included in its activities for the past five years, and we have found it very helpful to our swim program. Some coaches feel that playing water polo regularly is detrimental to competitive swimming. This is not the case at all; as an example Nashville Aquatic, which won the women's team title at the AAU indoor swimming championships in April, also finished third at the AAU Indoor Women's National water polo championships in May. The entry on the Nashville Water Polo Club team included swimmers Tracy Caulkins, Amy Caulkins, Joan Pennington, Macie Keefe and a couple of other national swim finalists.

Some clubs in the area that currently play age group water polo are Brown Swim Club (Ed Peed), Barrington, R.I. "Y" (Bob Migliaccio), Belmont Hill Swim Association (Steve Pike) Hale Reservation, Westwood (Jim Supple), Eastern Point Yacht Club, Gloucester (Paul Webber & Dave Greenough), Needham-Rosemary Pool (Scot Dube) and Bradford Swim Club.

Any teams or clubs interested in playing water polo can contact Tom Groden, Seagles Swim Club, 969-0100 extension 3037.

LOST AND FOUND

A "Queen's Jubilee" T-Shirt was found at the Springfield "A" meet. Since there are only eight swimmers in the United States likely to have one of these shirts and several of them were at the meet we assume it belongs to one of these people. Contact the swimming office if you think it is yours.

REPETITION

COACHES AND MEET MANAGERS SHOULD BE AWARE OF THE NEW RECORD FORM. SINCE RECORDS MUST BE REPORTED BEFORE RESULTS ARE DUE INTO THE SWIMMING OFFICE IT IS YOUR RESPONSIBILITY TO FILL OUT THE FORM AND CONTACT JOE PROLETTE.

NATIONAL RECORDS MUST BE REPORTED BY TELEPHONE THE DAY OF THE MEET AND VERIFIED WITHIN THREE DAYS BY LETTER.

PLEASE START WATCHING FOR RECORDS!!!

START THINKING ABOUT THE FALL MEETING

NEWS FROM CLUBS:

Worcester Swim Club spent Memorial Day weekend at Miles Standish State Park. Swimmers tented out or stayed in Trailers. They went on bike hikes and played games. We understand that Joe Thompson was the star of the weekend.

On Sunday, June 4th, Sunrise hosted and won a dual meet against Shammut Aquatic at the Boys' Club in Springfield. After the meet the whole group went over to Forest Park for hotdogs and competition on the baseball field and playing volleyball. The group ate 26 pounds of hotdogs.

Dave Bright, who has been Aquatic Director and Head Coach at the Lowell Boys' Club the past two years, has recently been named Head Coach of Swimming at Colby College in Waterville, Maine.

REMINDER

Tell us what your club is doing. Send a note to the Swimming Office.

MASTERS SWIMMING

Masters swimming is growing in New England. We were sent the following information regarding New England Masters swimmers who attended the National Masters A.A. U Short Course Swimming Championships in San Antonio Texas in May.

For those of you not familiar with Masters Swimming..it is a competitive program open to those 25 and over. The age groups go in five year increments up to 75 and over.

Many Masters swimmers practice on their own writing and following their own workouts. Others meet with a group on a regular basis and have a coach that directs them.

Competitors are registered with the AAU and are enthusiastic supporters of swimming for health.

Sue Tandy (25-29) took a 2nd in the 50 Free(27.53; 6th in the 100 I.M.(1:14.29 and 500 Free (6:25.10; 7th in the 100 Free (1:01.60 and 200 Free (2:18.80). Her time of 22:21.85 placed her in the 1650 free.

Pat Palmer (35-39) placed 2nd in the 100 back (1:15.22); 4th in the 200 back (2:46.44) and 100 Breast (1:27.70; 7th in the 100 IM (1:14.60 and 100 Free (1:05.21

These two, swimming with Fred Schlicher and Dave Bright, placed 6th (1:42.86) in the 25 and up 200 yard mixed freestyle relay.

Fred Schlicher, aged 29, served notice to the 30-34 year olds that he is going to be tough to beat. Fred won all 6 of his events in the 25-29 grouping. His times were 1:44.99 for the 200 free, 4:52.11 for the 500 free, 24.02 for the 50 fly, 52.24 for the 100 fly, 55.5 for the 100 IM and 1:59.2 for the 200 IM.

Dave Bright (25-29) placed 2nd in the 100 back (1:01.3 and 3rd in the 200 back (2:15.6).

Monroe Allen (45-49) placed 8th in the 200 yard back (3:24.75).

Win Wilson (50-54) placed 2nd in the 200 free (2:10.82, 3rd in the 500 free (6:07.02) and in the 100 fly (1:08.47; 4th in the 50 free (26.58), 100 free(58.47) and 50 fly (30.03).

Ted Haartz (50-54) won the 100 and 200 breaststroke (1:11.68 and 2:41.34). Both time are new national records. He also placed 3rd in the 100 free (57.86) and 50 fly (29.52) and 100 IM (1:07.33); 5th in the 100 fly (1:09.76)

Jim Edwards (55-59) placed 2nd in the 500 free (6:36.64) and 200 back (2:44.17; 3rd in the 200 free (2:25.26) and 100 back (1:16.43. His time of 23:34 in the 1650 placed him 2nd.

Fred Allen (75-79) placed 3rd in the 50 free (45.27), 100 free (1:45.29), 200 free (3:53.57) and 500 free (10:44.65). Fred also placed 2nd in the 1650.

A 45 and over relay of M. Allen, Haartz, Wilson and Edwards placed 3rd in the 200 yard medley with a time of 2:04.27 and 4th in the free with 1:49.47)

As you read these times and accomplishments you should consider participating in a Masters group. It is fun and it gives parents of swimmers a brand new insight about what their children are actually doing and going through as they train and compete.

NEWSLETTER-PLUS

AN OFFICIAL PUBLICATION OF THE NEAAAU COMPETITIVE SWIMMING COMMITTEE

JULY 1978

IN THIS ISSUE: *Top Ten Corrections... New Money Rule for NEAAAU... Logical Calendar... Reminders... Another Personality... Stroke and Turn Complaints...*

FUNDING FOR NATIONALS AND NATIONAL JUNIOR OLYMPICS

The rule passed and the criteria set for a swimmer receiving funding to help pay for their transportation costs to Nationals or National JO's has been modified. In accordance with the NEAAAU Swimming Committee By-Laws the Executive Committee will follow the amendments and modification below until the next general meeting (September) when the rule will come up for a vote and be accepted or rejected by the entire Committee. Below is the rule as it now stands (modified version)

Anyone who is registered in New England and has competed in New England for the last two consecutive seasons (i.e. Summer and Winter or vice versa) is eligible for National travel reimbursement.

This individual must also have fulfilled a requirement of six weeks training and three New England Meets within the district during each season.

Unattached swimmers applying must show residency during both seasons.

Swimmers not fulfilling the above criteria may apply for travel reimbursement and cases will be decided on an individual basis.

Anyone who has any comments on the rule should write to Joe Maguire in care of the swimming office. Newsletter Plus will publish your comments unless you tell us not to.

LOGICAL CALENDAR

Inside the Newsletter is a list of dates and the type of meet to be run on those dates to get New England started on a logical calendar that will allow swimmers to progress and have available to them the events they need to qualify for the Championship or "A" meets they want to attend. MEET MANAGERS should plan on bidding for the type of meet listed.

An event schedule will be printed in the August Newsletter. Meet bids for the second half of short course season must be in on October 1st. The June Newsletter to clubs had bid forms. If you need more contact the swimming office.

STROKE AND TURN COMPLAINTS

A number of complaints have come to this office regarding the officiating at meets when younger swimmers were involved--- particularly the 8 & Under age group.

Parents are distressed to see that blatant violations by this age group are being ignored.

Meet Managers should remind their stroke and turn people that this is the time that the children should be learning the right way to do the strokes and that it is doing them no favor to allow them to move up and age group with another year of bad habits behind them.

This month LIL DEMBEK the NEAAAU Official Verification Chairman is the Executive Committee profile. The "OVC" person sees to it that any times done at meets that qualify for Nationals or National Junior Olympics are sent in to a national computer in California. The swimmers name, AAU number, event and time as well as club and address are on these forms. Should a swimmer make a national cut-off they cannot swim the meet without an "OVC" card. This is also true of relays. If a swimmer makes the national cut and subsequently betters their time another card is sent in and the computer puts in the swimmers better time. At large regional meets Lil often needs help to keep up with the number of requests for OVC cards. She also issues OVC's off college or high school championship meets. At the end of the year she reports on the number of OVC's she issued in this district. Meet managers should have a couple of OVC's on hand if Lil is not going to be at their meet and there is a chance of a National cut-off time being made.

Lil Dembek lives in Easthampton, Mass....she was born in Lewiston, Maine and spent the early part of her life there before moving to Massachusetts....her four children and her husband Joseph practically have to make appointments to see her....she is a nurse who trained at Mercy hospital in Springfield and is now working parttime at Northampton State Hospital and substituting as a school nurse when she is needed in her home town....This summer marks Lil's ninth summer in swimming....At one time she had four children swimming and recently for two seasons in a row three of them (Sheila, Anita and Bobby) were all Outstanding Swimmers in the New England district....Lil used to like to sew but she says she doesn't have time for that now....she has served on the board at the Hampshire Regional V including time as President....she is now Meet Director for HPV swim team and this summer season served as Meet Director for the Pioneer Valley Swim League Championships....When she has time to read she likes best sellers of any kind but particularly those that have a lot of intrigue....Lil would like to go to San Francisco and then on to Hawaii....She is a jigsaw puzzle freak that takes them apart as soon as they are complete...the more complicated the better....She is not fond of housework, but does what she has to including painting rooms inside so that she can get on with the business of her hobby which is of course swimming....Her personal goals center around swimming....She would like to put as much into it as her children have gotten out of it....Lil likes the color blue...Italian food...fish...kids...and desserts....Eventually Lil would like to be a full-time school nurse....Right now she is enjoying and expects to continue enjoying the friendships and social contacts she makes through swimming...NEAAAU is fortunate to have this dedicated individual working for them.

CHANGE....CHANGE....CHANGE....CHANGE....CHANGE....CHANGE....CHANGE....CHANGE

THE LOGICAL CALENDAR PRINTED ON THE OPPOSITE PAGE MAY BE CHANGED SLIGHTLY THE LAST MONTH BECAUSE OF A CHANGE IN THE ORDER OF THE NATIONAL AND NATIONAL JO MEETS. THE REST OF THE CALENDAR SHOULD BE BID AS IS....AS SOON AS WE KNOW EXACTLY WE WILL LET YOU KNOW!....

Below is the logical calendar as approved by the Executive Committee in July. Meet Managers are asked to bid for meets for the January through April season in accordance with schedule. Age Groups and Seniors will again be committee run meets. In the August issue of the Newsletter will be a schedule of events to be run at "A" meets. At the end of the season the schedule will be evaluated and a decision made as to whether or not there is a need to schedule "B" and "C" meet events in a similar manner.

LOGICAL CALENDAR FOR JANUARY THROUGH APRIL 1979

<u>WEEKEND #</u>	<u>DATE</u>	<u>TYPE OF MEET(s)</u>
1	Jan. 6 & 7	"B" meet and a "C" meet
2	Jan. 13 & 14	"A" meet and a "C" meet
3	Jan. 20 & 21	"B" meet and a "Mini" meet
4	Jan. 27 & 28	"A" meet and a "C" meet
5	Feb. 3 & 4	"B" meet
6	Feb. 10 & 11	"A" meet and a "C" meet
7	Feb. 17 & 18	"B" meet and a "Mini" meet (Possible 1 day "A" meet)
8	Feb. 24 & 25	"A" meet and a "C" meet
9	March 3 & 4	"C" meet (Possible 1 day "A" meet)
10	March 10 & 11	Seniors plus a "B" meet with Age Group Championship format
11	March 17 & 18	"A" meet and "C" meet
12	March 24 & 25	Region I and a "Mini" meet
13	March 31 & April 1	Age Groups and a "B"- "C" combination
14	April 7 & 8	AAU Nationals and All-Star Meet
15	April 12-15	National JO's

NOTES: Except where noted "One day "A" meet" the "A" meets are slated to be two day with an option to the club of running on Friday evening.

The pattern is "B" and "A" meets alternating with "C" meets three out of every 5 weekends.

The "C" pattern is ---"C"- "C"-Break-"C"-Break-"C"-Break

MEET BIDS FOR THE ABOVE SEASON WILL BE DUE IN THE SWIMMING OFFICE OCTOBER 1st

OTHER TYPES OF MEETS SUCH AS Pelay Carnivals etc. may be bid but remember that a bid does not guarantee any meet

As you will note below there are a number of corrections to TOP TEN for the short course season.

Top Ten is a monumental job. In some cases the corrections are merely typing errors and in a great many cases particularly in the older age groups the errors were caused by our inability to get a copy of Region I results until early in August. All of the corrections had to be checked. In some cases again in the older age groups there were time changes that did not affect placing but should be noted "for the record."

PLEASE NOTE THAT THE OREGON MEET DID NOT COUNT FOR TOP TEN THIS YEAR. THE ONLY MEETS AFTER APRIL 1st (AGE GROUPS) THAT COUNTED WERE NATIONALS, AND JO'S.

Many thanks to those of you who took the time to write in corrections!!

CORRECTED CERTIFICATES ARE BEING MAILED AT THE SAME TIME AS THE NEWSLETTER. WATCH FOR THEM.

* * * * *

The corrections are listed as they should be placed. It is impossible to totally redo every eventThe 11-12 girls 100 IM and 500 Free is listed totally because there was a major difference in the standings in these two events.

8 & Under Boys

P. Kennedy	HPV	100 Free	2nd	1:13.35	HRV-A
A. McLean	SRST	25 Fly	8th	18.44	PAW-M

10 & Under Girls

A. Dembek	HPV	50 Breast	6th	39.73	BCV-A
S. Ferris	LVH	50 Breast	10th	40.26	ES

10 & Under Boys

M. Williams	BCSV	50 Free	5th	29.55	BCV-A
T. Handfield	BSC	100 Fly	10th	1:24.26	NEB-A

11-12 Girls

500 Free Should Be:

1.	S. Pandya	SAC	5:34.27	CTM-O
2.	H. Galvin	CPV	5:34.42	AG
3.	C. Davis	DVD	5:37.18	AG
4.	M. Donovan	BSC	5:43.00	NEB D/M
5.	J. Raymond	BSC	5:49.37	AG
6.	M. Cass	BCSV	5:51.00	AG
7.	A. Uzzo	BCSV	5:51.77	BCV-C
8.	S. Kuong	GSC	5:52.55	AG
9.	T. Palmer	GSC	5:53.74	AG
10.	D. Cherry	BSC	5:53.78	AG

(CONTINUED)

TOP TEN CORRECTIONS (continued)

11-12 Girls100 T^h Should Be:

1.	N. Galvin	CPV	1:06.42	AG
2.	M. Donovan	BSC	1:08.77	SAC-A
3.	F. Doty	NEB	1:09.05	AG
4.	J. Griffiths	NASY	1:09.40	SAC-A
5.	M. Cloutier	QSC	1:09.67	ES
6.	E. Peiners	QSC	1:09.80	SAC-A
	S. Hodgson	FRV	1:09.80	SAC-A
8.	S. Pandya	SAC	1:09.90	SAC-A
9.	L. Porter	CAV	1:10.10	AG
10.	J. Stoeber	SSC	1:10.13	ES

M. McLaughton	MSVU	100 Free	9th	1:00.70	PORT
		200 Free	6th	2:09.90	Port
L. Craven	MINST	100 Back	1st	1:07.02	NEB-A
L. Porter	CAV	100 Free	10th	1:01.10	GM
N. Galvin	CPV	100 Back	3rd	1:08.61	SPS

11-12 Boys

H. Murray	MSVU	100 Free	10th	59.90	AG
		100 Back	10th	1:10.80	AG
B. Polan	MSVU	500 Free	5th	5:51.30	NEB-D
M. Jensen	LRC	50 Free	6th	26.80	BCV-A
		100 Free	10th	59.98	BCV-A

13-14 Girls

A. Lamb	NEB	200 Fly	2nd	2:14.36	REG 1
		1650 Free	5th	18:32.18	REG 1
		500 Free	10th	5:24.87	SPS
C. Mazzone	GSC	400 T ^h	5th	4:56.06	REG 1
		1650 Free	2nd	18:21.98	REG 1
M. Manganiello	GSC	200 Back	2nd	2:15.48	REG 1
		100 Back	1st	1:01.52	REG 1
		200 T ^h	2nd	2:13.19	REG 1
J. Ochab	NEB	200 Back	1st	2:14.76	REG 1
		200 Breast	1st	2:29.58	REG 1
		400 T ^h	1st	4:36.63	REG 1
L. Jenkins	LCSC	50 Free	8th	26.91	HST-A
H. Taylor	DVD	100 Breast	10th	1:14.47	AHI
P. McNamara	BCSV	200 IM	7th	2:21.44	NEB-A
S. McMinamin	MSVU	200 Free	9th	2:03.5	PORT

13-14 Boys

J. Doyle	NEB	1650 Free	6th	18:49.83	BCV-A
B. Carbone	FLV	50 Free (OUT OF DISTRICT)			
P. Christen	NEB	50 Free	10th	25.11	HST-A
D. Tobiason	BHSA	1650 Free	8th	19:09.78	BCV-A
S. Gleason	WSC	1650 Free	7th	19:08.29	WSC-AA
N. Schiopert	LOBC	200 Fly	2nd	2:03.09	SPS

(CONTINUED)

TOP TEN CORRECTIONS (continued)13-14 Boys

B. Polan	SD	100 Back	10th	1:02.64	SRS
C. Fuller	GSC	1650 Free	1st	16:57.10	REG 1
		100 Fly	2nd	55.76	REG 1
		200 Fly	1st	2:01.31	REG 1
D. Spencer	GSC	200 Fly	3rd	2:09.32	REG 1
P. Lekowski	HRV	100 Back	2nd	1:00.43	AHI

15-18 Girls

S. James	DVD	200 Fly	9th	2:23.99	BCY-A
K. Swanson	SD	100 Breast	5th	1:12.92	HRV-A
H. Schifflett	HRV	200 Breast	10th	2:38.57	SP
C. Ehrlich	NEB	100 Fly	10th	1:02.76	SP
A. Downing	NEB	50 Free	10th	26.77	HST-A
N. Pearson	NEB	1650 Free	1st	17:25.44	REG 1

15-18 Boys

B. Spellman	BSC	100 Fly	5th	53.68	REG 1
J. Gauthier	GSC	100 Free	2nd	47.57	REG 1
J. Sundberg	BSC	100 Breast	6th	1:03.06	SRS

OPEN Girls

L. Pride	BSC	100 Back	7th	1:02.73	REG 1
J. Ochab	NEB	100 Back	9th	1:03.95	REG 1
C. Hogan	NEB	200 Back	1st	2:06.15	REG 1
D. Camaria	MSC	200 IM	9th	2:15.86	AG
S. Anderson	GSC	100 Back	10th	1:04.03	REG 1
C. Schwarzer	SAC	50 Free	6th	26.07	CIN-O
S. Hagberg	MSC	50 Free	9th	26.45	ES
V. Kotarski	SSC	100 Breast	10th	1:12.68	HRV-A
S. Schafer	SAC	200 Fly	9th	2:17.04	AG

OPEN Boys

B. Spellman	BSC	100 Fly	6th	53.68	REG 1
C. Fuller	GSC	200 Fly	8th	2:01.31	REG 1
		1650 Free	8th	16:57.10	REG 1
J. Gauthier	GSC	100 Free	2nd	47.57	REG 1
J. Sundberg	BSC	100 Breast	6th	1:03.06	SRS
		200 Breast	10th (TIE)	2:19.91	REG 1
S. Chapin	BSC	200 IM	6th	2:03.41	SRS
P. Palmer	BSC	400 IM	3rd	4:19.87	SRS
C. Fraser	SSC	200 Breast	8th	2:18.53	AG

MISCELLANEOUS CORRECTIONS

T. Landry 7th in the 50 Yard Fly is LVII not LVIV. The time was done at HST-A not Age Groups.

(CONTINUED)

TOP TEN CORRECTIONS (continued)

The following are corrections to Outstanding Swimmer:

11-12 Boys

J. Ehrlich NEB

15-18 Boys

Mitchell Poole NEB

OPEN Boys

Mitchell Poole NEB

James Phelan BSC

Greg Bates GSC

THE SEMI-ANNUAL MEETING WILL BE HELD ON SATURDAY, SEPTEMBER 23, 1978. IT WILL BE SCHEDULED AS AN ALL DAY MEETING TO ALLOW PLENTY OF TIME FOR DISCUSSION OF VARIOUS ITEMS IF YOU FEEL YOU WANT THE TIME. THE FINAL AGENDA WILL BE DECIDED ON SEPTEMBER 6th. IF YOU HAVE SOMETHING YOU WANT DISCUSSED WRITE OR CALL THE CHAIRMAN THROUGH THE SWIMMING OFFICE.
48 Brainard Road, Milbraham, MA. (413) 596-4812. Chairman: Joe Maguire

NEAAU COMPETITIVE SWIMMING
Glenna Griswold, Secretary
48 Brainard Road
Milbraham, MA 01095



Pioneer Valley Swim League
c/o Isabelle Fraser
125 Franklin Road
Longmeadow, MA 01106

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NEWSLETTER-PLUS

AN OFFICIAL PUBLICATION OF THE NEAAU COMPETITIVE SWIMMING COMMITTEE

AUGUST, 1978

IN THIS ISSUE: Fall Swimming Committee Meeting.... Certification Clinic.... Event Schedule to go with Logical Calendar.... Age Group and Senior Cuts.... New 8 & Under Cut-Offs.... Short Course Top Ten Team Summary.... Miscellaneous News....
.... Clinic for Coaches and Swimmers... List of National & JO Swimmers....

FALL MEETING SCHEDULED

AT APPROXIMATELY THE SAME TIME AS THIS NEWSLETTER CLUBS WILL BE RECEIVING AN ENVELOPE CONTAINING THE AGENDA AND MISCELLANEOUS PROPOSALS FOR THE COMING YEAR THAT MUST BE DISCUSSED AND VOTED ON AT THE UPCOMING FALL MEETING.

THE MEETING WILL BE HELD ON SATURDAY, SEPTEMBER 23 IN THE COMMUNITY ROOM OF WORCESTER CENTER IN WORCESTER, MA. COFFEE WILL BE SERVED FROM 9:30 TO 10:15. THE MEETING WILL BEGIN PROMPTLY AT 10:15 AND WILL RUN TO COMPLETION. ALTHOUGH THE EXECUTIVE COMMITTEE DOES NOT EXPECT THE MEETING TO RUN "ALL DAY", IF IT IS NECESSARY THERE WILL BE A LUNCH BREAK AND THE GROUP WILL RECONVENE TO BE SURE THAT EVERYONE HAS A CHANCE TO "SPEAK THEIR MIND." ALL CLUBS WHO RETURNED THEIR CARDS WILL BE RECEIVING INFORMATION. ANY CLUB THAT DID NOT RECEIVE A CARD FOR THE MASTER LIST IN AUGUST, PLEASE CONTACT THE SWIMMING OFFICE.

REMEMBER: Any AAU club in New England Association is eligible to vote at this meeting. All clubs have ONE vote and every vote counts.

NOTE: The \$20.00 surcharge which entitles clubs to receive Newsletter Plus, two seasons of Top Ten, the rule book, record book, NEAAU rules, the Meet Managers Manual, etc. is due October 1st. This may be paid at the meeting or may be mailed to the swimming office: 48 Brainard Road, Wilbraham, MA 01095.

THIS SURCHARGE IS ONLY TO OFFSET THE COST OF MAILING MATERIAL AND PURCHASING RULE BOOKS, ETC. IT DOES NOT AFFECT YOUR VOTING PRIVILEGE.

NATIONAL AND JO QUALIFIERS

The following swimmers registered in New England qualified for the Long Course JO or Senior National Meets.

CONGRATULATIONS TO ALL OF THEM!!!

Senior National Championships:

Tracy Spaulding	NEB
Jody Ochab	NEB
Chris Hogan	NEB
Meg Jordan	NEB
Jack Gauthier	GSC
Bobby Hackett	GSC
John Christianson	GSC

Qualifiers (cont'd)

National Junior Olympics:

Scott Whitelaw	NEB
Nancy Pearson	NEB
Charlie Johnson	NEB
Vicki Garon	SAC
Tony Melo	BSC
Mitchell Poole	UN
Peter Solomon	SD
Sheila Dembek	HRV
Randy Beals	WSC
Dan Rawding	WSC

CERTIFICATION CLINIC

The Haverhill Swim Club will hold a Certification Clinic in the last week of September. They are not yet sure whether it will be on Tuesday or Thursday evening but anyone wishing to attend this clinic may contact Don Benson, Certification Chairman for details. Don's address is 10 Livery Road, Chelmsford, MA .Phone: (617) 256-3425.

COACHES, SWIMMERS AND OTHERS CLINIC

HARVARD WOMEN'S SWIMMING will sponser a clinic conducted by GEORGE HAINES on October 8th. The main topic will be MENTAL ATTITUDE IN TRAINING AND COMPETITION.

Mr. Haines, the speaker, is currently the head coach of Foxcatcher in Pennsylvania. He is the founder and a former coach of the Santa Clara Swim Club in California. For the past four years he coached the UCLA swim team. A five time Olympic Coach, he headed up the coaching staff of the USA team that competed in West Berlin this past summer.

The clinic will be held in two sessions. The morning session will be at the Harvard Science Center and the afternoon at Blodgett Pool. There will be films a talk and a question and answer discussion period in the morning. The afternoon session at the pool will have demonstrations and a question and answer period.

Cost of the clinic is \$10.00 per person. Registration will be from 9:00 AM to 10:00 AM. Anyone interested in this outstanding opportunity should contact STEPHANIE WALSH, Harvard Women's Swimming, 60 Boylston, Cambridge, MA 02138. Phone:(617) 4955-1989.

Newsletter Subscriptions:

\$5.00 to NEAAAU COMPETITIVE SWIMMING
48 Brainard Road, Milbraham, MA 01095

MEET CANCELLATION

DUE TO COMPLICATIONS WITH THE POOL THEY WERE GOING TO USE, THE "A" MEET SCHEDULED FOR OCTOBER 13, 14, 15 IN ATTLEBORO WILL NOT BE RUN.

The film "STROKES FOR GOLD" is still available for showing.

It is a 16mm film and has been popular with many clubs for repeat showings.

If you would like to reserve a date to show the film contact: Glenna Griswold
48 Brainard Road, Milbraham, MA 01095
Phone: (413) 596-4812.

Please remember if you do use the film to mail it back UPS. The average time through the post office has been about two weeks because it is not considered priority material.

WHERE ARE YOUR COLLEGE SWIMMERS THIS

YEAR??? PLEASE SEND THEIR NAMES AND COLLEGES IN TO THE SWIMMING OFFICE SO THAT WE CAN PUT THEIR COLLEGES IN THE NEXT ISSUE OF NEWSLETTER PLUS.

CUT-OFF DATE FOR NEXT ISSUE: SEPT. 23.

ADVANCE WARNING:

THE SEED CARDS FOR THE AGE GROUP CHAMPIONSHIPS IN APRIL WILL BE FILLED OUT BY EACH CLUB ENTERING. IN FUTURE MONTHS THERE WILL BE DIRECTIONS FOR OBTAINING THESE CARDS AND THE INSTRUCTIONS THAT WILL BE WITH THEM.

IN ADDITION, THERE WILL BE ABSOLUTELY NO LATE ENTRIES ACCEPTED FOR THIS MEET OR SENIORS. FOREWARNED IS FOREARMED.

AGE GROUP CUT-OFFS: BELOW ARE THE CUT-OFFS FOR THE AGE GROUP CHAMPIONSHIPS IN APRIL, 1979. THEY ARE LISTED IN THE ORDER THEY WERE SWUM IN THE LAST AGE GROUP CHAMPIONSHIP MEET. THERE WILL BE A SLIGHT CHANGE IN ORDER TO FACILITATE A MORE ORDERLY BULL-PEN AND RESULTS TABLE. THE CUTS ARE FROM 24TH PLACE TIME. WHERE THERE WAS NO 24TH PLACE TIME THE LAST PLACE TIME OF THE 1978 STANDARD WAS CHOSEN WHICHEVER WAS SLOWER.

FRIDAY EVENTS

BOYS	EVENT	GIRLS
<u>5:22.13</u>	15-18 500 FREE	6:03.49
5:30.87	13-14 500 FREE	<u>5:50.60</u>
6:17.90	11-12 500 FREE	6:17.90
1:33.35	8 & U 100 FREE	1:35.75
2:38.64	9-10 200 FREE	2:39.94
5:10.07	15-18 400 IM	5:37.30
<u>5:08.09</u>	13-14 400 IM	5:43.88

SATURDAY EVENTS (MOPNING)

22.38	8 & U 25 FLY	21.55
1:31.6	9-10 100 FLY	1:25.91
	11-12 100 FLY	1:19.39
48.08	8 & U 50 BACK	47.95
38.76	9-10 50 BACK	39.93
	11-12 50 BACK	35.27
23.97	8 & U 25 BREAST	24.00
1:36.00	9-10 100 BREAST	1:36.69
	11-12 100 BREAST	1:24.85
17.81	8 & U 25 FREE	17.83
32.11	9-10 50 FREE	32.91
	11-12 100 FREE	1:03.78
1:51.60	8 & U 100 IM	1:43.98
2:59.75	9-10 200 IM	3:05.97
	11-12 200 IM	2:39.18

NO TIME ON ALL RELAYS

SATURDAY EVENTS (AFTERNOON)

1:07.02	100 FREE	
2:02.26	13-14 200 FREE	<u>2:08.84</u>
1:55.82	15-18 200 FREE	2:09.59
1:17.03	11-12 100 FLY	
1:03.66	13-14 100 FLY	<u>1:08.56</u>
59.18	15-18 100 FLY	1:08.85
35.37	11-12 50 BACK	
2:29.19	13-14 200 BACK	2:34.84
2:18.70	15-18 200 BACK	<u>2:43.61</u>
1:24.32	11-12 100 BREAST	
1:12.48	13-14 100 BREAST	1:19.05
1:11.00	15-18 100 BREAST	<u>1:20.14</u>
2:48.27	11-12 200 IM	

NO TIME ON ALL RELAYS

SUNDAY EVENTS (MORNING)

BOYS	EVENT	GIRLS
	11-12 200 FREE	2:20.45
56.56	8 & U 50 FLY	53.07
38.88	9-10 50 FLY	39.91
	11-12 50 FLY	32.91
22.82	8 & U 25 BACK	22.18
1:25.39	9-10 100 BACK	1:29.17
	11-12 100 BACK	1:15.48
.55.12	8 & U 50 BREAST	52.42
42.60	9-10 50 BREAST	43.48
	11-12 50 BREAST	40.29
40.19	8 & U 50 FREE	40.06
1:12.11	9-10 100 FREE	1:13.39
	11-12 50 FREE	28.72
1:24.41	9-10 100 IM	1:29.63
	11-12 100 IM	1:13.00

NO TIME ON ALL RELAYS

SUNDAY EVENTS (AFTERNOON)

2:26.93	11-12 200 FREE	
2:36.35	13-14 200 FLY	2:36.30
2:16.73	15-18 200 FLY	<u>2:28.40</u>
33.95	11-12 50 FLY	
1:06.53	13-14 100 BACK	<u>1:10.51</u>
1:05.53	15-18 100 BACK	1:11.35
1:18.97	11-12 100 BACK	
2:45.51	13-14 200 BREAST	2:50.76
2:41.04	15-18 200 BREAST	<u>3:05.30</u>
39.51	11-12 50 BREAST	
56.18	13-14 100 FREE	<u>59.27</u>
52.18	15-18 100 FREE	59.02
29.03	11-12 50 FREE	
2:21.10	13-14 200 IM	<u>2:28.62</u>
2:13.08	15-18 200 IM	2:29.61
1:16.20	11-12 100 IM	

NO TIME ON ALL RELAYS

PLEASE NOTE: IN SOME CASES GIRLS TIMES ARE FASTER THAN BOYS. THIS IS NOT AN ERROR. THESE WERE THE TIMES DONE AT THE MEET AS EXPLAINED ABOVE. THE 15-18 GIRLS 200 FLY TIME IS THE 1978 SENIORS CUT AND WAS VOTED IN BY THE EXECUTIVE COMMITTEE.

SENIOR CUT-OFFS BELOW ARE THE CUT-OFFS FOR THE SENIOR CHAMPIONSHIP MEET TO BE SWUM IN MARCH.

ALL CUTS WITH THE EXCEPTION OF THE 200 FLY FOR WOMEN ARE 24TH PLACE TIME.

BY VOTE OF THE EXECUTIVE COMMITTEE ON SEPTEMBER 6TH THE CUT FOR THE 200 FLY IS THE SAME AS 1978.

<u>WOMEN</u>	<u>EVENT</u>	<u>MEN</u>
1:07.90	100 FLY	57.84
5:40.24	500 FREE	5:12.38
1:07.93	100 BACK	1:02.77
2:23.02	200 IM	2:10.69

NO TIME FOR RELAYS

2:28.40	200 FLY	2:07.50
1:15.14	100 BREAST	1:07.14
2:04.89	200 FREE	1:54.11
5:16.23	400 IM	4:43.73

NO TIME FOR RELAYS

20:36.65	1650 FREE	19:15.25
57.96	100 FREE	51.62
2:30.02	200 BACK	2:14.02
2:43.01	200 BREAST	2:28.82

NO TIME FOR RELAYS

THERE WILL BE THREE HEATS OF MEN AND THREE HEATS OF WOMEN IN THE 1650. THE FASTEST 24 IN EACH GROUP WILL SWIM.

TOP TEN TIMES

The order blank for Long Course Top Ten will be in the September issue of the Newsletter.

Results not received by September 15 will not be included in this season's Top Ten.

If you attended an out of district meet that you would like included, please forward a copy of the results WITH YOUR SWIMMERS NAMES UNDERLINED to the swimming office, 48 Brainerd Road, Milbraham, MA 01095.

1PP95H19T, 9N15X5(25)15(21)C21VWJ5T5(19)P15(13)15T5(19)R1(3)5(13)(15)(13)

8 & UNDER CUT-OFFS

AT THE EXECUTIVE COMMITTEE MEETING ON SEPTEMBER 6 THE FOLLOWING CUT-OFFS FOR EIGHT AND UNDERS WERE ADOPTED.

NOTE: There are no longer any "B" or "C" standards...only "A". All meets after November 15 must use these cut-offs. Those before November 15 whose entry blanks are already out should use these as a basis for awarding achievement cards.

BEGINNING WITH JANUARY 1ST AND THE MEET SCHEDULE FROM THEN UNTIL APRIL ALL NON-"A" 8 & UNDERS MAY SWIM IN "C" OR "B" MEETS. "A" 8 & UNDERS WILL SWIM PRIMARILY IN ONE DAY "A" MEETS AND MINI-MEETS. THEY WILL ALSO SWIM THE CHAMPIONSHIPS AND AT THE DISCRETION OF THE MEET MANAGERS AT AN OCCASIONAL TWO DAY "A" MEET.

<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>
18.7	25 FREE	18.7
42.1	50 FREE	42.2
1:40.5	100 FREE	1:38.0
23.3	25 BACK	24.0
50.3	50 BACK	50.4
25.2	25 BREAST	25.2
55.0	50 BREAST	57.9
22.6	25 FLY	23.5
55.7	50 FLY	59.4
1:49.2	100 IM	1:57.2

THESE ARE "A" TIMES

IN SOME CASES THE "A" TIMES ARE SLOWER THAN BEFORE. THIS IS NOT AN ERROR, NOR IS THE FACT THAT MANY OF THE GIRLS CUTS ARE FASTER THAN THE BOYS. A REEVALUATION OF HOW 8 & UNDERS ARE SWIMMING BASED ON AGE GROUP TIMES PLUS 5% PRODUCED THE CUT-OFFS ABOVE.

COME TO THE

SEMI-ANNUAL MEETING

TO GO ALONG WITH THE LOGICAL CALENDAR PUBLISHED IN THE JULY NEWSLETTER THE EXECUTIVE COMMITTEE APPROVED AT A MEETING ON SEPTEMBER 6TH THE FOLLOWING FORMAT FOR "A" MEETS.

THE LOGICAL CALENDAR AND THE FORMAT ARE EXPERIMENTAL. THEY ARE DESIGNED TO MAKE SURE THAT ALL SWIMMERS GET ALL THE EVENTS THEY NEED TO QUALIFY FOR END OF THE YEAR CHAMPIONSHIPS AT REGULAR INTERVALS AND IN A MANNER MOST ADVANTAGEOUS TO THE SWIMMER AND FOR THE COACHES TRAINING PATTERNS. OBVIOUSLY THERE WILL BE FLAWS, BUT THE COMMITTEE FEELS IT IS A START AND WILL WELCOME SUGGESTIONS DURING THE SEASON FOR IMPROVEMENTS. BELOW ARE A COUPLE OF NOTES THAT MEET MANAGERS SHOULD KEEP IN MIND WHEN THEY ARE PLANNING THEIR MEETS. ALL TWO OR MORE DAY "A" MEETS SHOULD BE BID WITH THESE EVENTS IN MIND. THE DATES BESIDE THE SCHEDULES (AI & AII) ARE THE DATES THAT THE PARTICULAR TYPE OF MEET SHOULD BE RUN TO COINCIDE WITH THE LOGICAL CALENDAR.

AI TO BE RUN WEEKEND OF 2/10 AND 2/24

<u>10 & UNDER</u>	<u>11-12</u>
100 FREE	100 FREE
100 BACK	100 BACK
200 IM	200 IM
-----	-----
100 FLY	100 FLY
100 BREAST	100 BREAST
200 FREE	500 FREE
<u>13-14</u>	<u>15-18 (OPEN)</u>
100 FREE	100 FREE
100 BACK	100 BACK
200 IM	200 IM
-----	-----
100 FLY	100 FLY
100 BREAST	100 BREAST
500 FREE	500 FREE

AII TO BE RUN WEEKEND OF 1/13, 1/27, & 3/17

<u>10 & UNDER</u>	<u>11-12</u>
50 FREE	200 FREE
50 BREAST	50 BREAST
50 BACK	50 BACK
-----	-----
100 FREE	50 FREE
100 IM	100 IM
50 FLY	50 FLY
<u>13-14</u>	<u>15-18 (OPEN)</u>
200 FREE	200 FREE
200 BREAST	200 BREAST
200 BACK	200 BACK
-----	-----
100 FREE	100 FREE
400 IM	400 IM
200 FLY	200 FLY

NOTES:

1. There will be regional 1650 meets.
2. A meet may run 2 1/2 days if they wish. If they do this they should try and balance out the meet. It is suggested if you run the long events on Friday night for the AI schedule that you put in a 200 Free to replace it, etc.
3. 10 & Unders and 11-12 are swimming "long" when the other age groups are swimming "short".
4. You may add a 50 free in the older age groups, 8 & Unders for the meet, and/or relays at your discretion

PLEASE: Add to your meet bid form how you plan to run the age groups (morning and afternoon) and how you plan to cut your meet.

MEET BIDS ARE DUE IN BY OCTOBER 1st

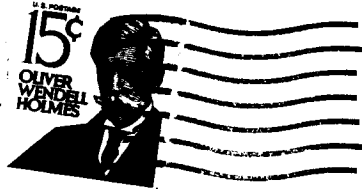
1-603-555-1212
BRANSON 224-7030
over
R-225-2622

Broom 216-Coots de Mu.
-93-

602 224-7030

1-603-224-7030

GRISWOLD
NEAAU COMPETITIVE SWIMMING
48 BRAINARD ROAD
WILBRAHAM, MA 01095



Pioneer Valley Swim League
c/o Isabelle Fraser
125 Franklin Road
Longmeadow, MA 01106

Dana Spivak
Hatch

Amy Lambert
De Weese
W. H. Hensberg
Marc Carroll
Dave Johnson

Candy Bye
Steve Goldblatt

Doyle
Kilken
Wenz-Sue
Marr
Hartigan
Dolan

Quatrocchi

NEWSLETTER-PLUS

AN OFFICIAL PUBLICATION OF THE NEAAAU COMPETITIVE SWIMMING COMMITTEE

SEPTEMBER, 1978

IN THIS ISSUE: News from the Semi-Annual Meeting....A form for your swimmer/s to fill out....New Clubs that have come to our attention and their addresses.. ..Where some of the college swimmers are....More masters news....Information left out of last issue....Times and places of our National and JO swimmers....Corrected age group and senior cut-offs....A note on swimmers transferring to other clubs....a letter to the editor....Top Ten Times order form for long course....A request from the Chairman....

NEWS FROM THE SEMI-ANNUAL MEETING

The Semi-Annual Meeting of the Swimming Committee was held Saturday, September 23 in Worcester. The meeting was a productive one with many small items being settled and everyone getting a chance to say what was on their mind. Among the things discussed and decided are those listed below:

- The All-Star committee will distribute a questionnaire to swimmers asking exactly what they would like and when they would like it in regards to an All-Star meet.
- A new system for handling Top Ten will be tried. All the details will be in the October newsletter.
- The logical calendar and two day "A" format as published last month was officially adopted for the January through April season.
- The by-laws of the New England swim committee will be updated to align with the AAU code book
- The new position of Vice-Chairman will be held by Paul Parenteau for the coming year.
- Swimmers that are cut from one but not all events at an "A" meet may, if they notify the meet manager within 24 hours of their notification, withdraw from the meet and receive a refund.
- The executive committee will look into the National ruling on Metric Pools and how the times done in Metric pools should be handled for seed times.
- The budget as presented was passed in total. In addition the committee voted to purchase an electronic stencil maker for the office. In future issues of the Newsletter we will let clubs know how this can help them.
- Massachusetts' rule 19 was discussed. (In another section of the Newsletter Pat Bresnahan has written a letter explaining how Massachusetts residents can possibly get Rule 19 off the books.)

TEAMS AND PARENTS!!!!

ENCOURAGE THE PARENTS OF NEW TEAM MEMBERS
TO SUBSCRIBE TO NEWSLETTER PLUS. THE

NP CONT'D

PRICE IS THE SAME AS LAST YEAR...\$5.00/YR.
MAKE CHECKS PAYABLE TO: NEAAAU COMPETITIVE
SWIMMING and send to: Glenna Griswold,
48 Brainard Rd., Wilbraham, MA 01095

MORE CLUBS!!!

PLEASE ADD THE CLUBS BELOW TO YOUR
LISTS.

Amherst Swim Team
c/o Edward Connors
20 Lantern Lane
Amherst, MA 01002

Fort Devens Swim Club
c/o Bob Jaksina
12 Highland Ave
Ayer, MA 01432

FDESC

Norwood Sting-Rays
c/o James M. Lennon
Box 40
Norwood, MA 02062

NSR

Boys Club of Billerica
c/o Gwen Donovan
21 Flagg Rd.
Westford, MA 01886

BCB

Central YMCA
c/o Leo Majcher
Main Street
Worcester, MA 01610

Boy's Club of Pittsfield
c/o James J. Mooney
P.O. Box 247
16 Melville St.
Pittsfield, MA 01201

Concord YMCA - AAU Swim Team
c/o Michael Garrett
15 North State Street
Concord, NH 03301

Dedham Recreation Department
c/o James E. Dunderdale
Town of Dedham - Rec. Dept.
Bryant St.
Dedham, MA 02026

Granite State Swim Assoc.
c/o Dr. R. Marcel Reeves
Box 502
Durham, NH 03824

Marblehead Swampscott YMCA
c/o Ron Fournier
104 Pleasant St.
Marblehead, MA 01945

Martha's Vineyard Swim Team
c/o Edly Oliver
RFD
Vineyard Haven, MA 02568

Newport Boys' Club
c/o Thomas Hastings, Sr.
95 Church St.
Newport, RI 02840

Newport County Reg. YMCA Swim Team
c/o Theresa Seymour
792 Valley Road
Middletown, RI 02840

No. Andover-Andover YMCA
c/o Bevolyn Oliver
165 Haverhill St.
Andover, MA 01810

Valley Swim Club
c/o Arraham Melamed
522 Puffton Village
Amherst, MA 01002

Wellesley Swimming Association
c/o Mr. L. Fitzmaurice
17 Garrison Road
Wellesley, MA 02181

Capital Region Aquatic Club
c/o Jon Levine
312 Conestoga St.
Windsor, CT 06095

ALSO PLEASE NOTE CHANGE BELOW:

North Shore Piranas
c/o Howard Lee
26 Seawall
Marblehead, MA 01945

JUST A NOTE: Newsletter Plus cannot go over four sheets of paper each issue or it cost an extra 11¢/copy to mail.

WHERE ARE THEY NOW????

Below are some of New England's swimmers and the colleges they now attend:

Carla Dropo	NSP	Univ. of Conn
Ellen Epstein	NSP	Univ of Tampa
Mancee Shifflett	HRY	Boston Univ
Steve Peene	HRY	Lehigh
Jeff Wheeler	NH-SST	Univ of NH
Fred Ludvigsen	NH-SST	Univ of NH
Rob Sayre	NH-SST	Univ of NH
Bill Dawson	NH-SST	MIT
Gretchen Kast	NH-SST	Univ. of So. Cal.
Sue Valenza	NH-SST	Univ. of Denver
Jeff Cherrington	NH-SST	Univ. of NH
Chris Hogan	NEB	Ohio State
Meg Jordan	NEB	Clemson, N.C.
Cathy Ehrlich	NEB	Colgate
Sandy Friedl	NEB	Colgate
Linda Taylor	NEB	Univ. of RI
Bruce Temme	NEB	Michigan
Mike Regan	NEB	Williams
Tom Eby	NEB	Princeton
Charlie O'Brien	NEB	Naval Prep School
Joe Lamb	NEB	So. Mass Univ
John Montesi	NEB	Tufts
Adrian Peterson	NEB	Babson
Kendall McCarthy	SSC	Univ. of Maine
Bob Griffin	SSC	Univ. of Maine
Louisa Wilson	SSC	Manhattenville
Cathy Desrosiers	SSC	Clark
Al Kalmbach	SSC	Arizona

DO YOU KNOW ANY MORE??

SEND THEIR NAMES TO THE SWIMMING OFFICE
48 Brainard Road, Wilbraham, MA 01095

We have just seven (7) current AAI Code Books available for anyone wishing to order them. They are \$3.00 each. Contact the swimming office. The first seven requests get the books.

In the last issue of News+ we were going to list the teams from short course and their standings in Top Ten Times. Since we ran out of room in that issue it is listed below. Statistics courtesy of Kim Bierwert, Hamp. Regional Y coach.

TEAM	# of Rankings		# of Swimmers	
	GIRLS	BOYS	GIRLS	BOYS
NEB	112	73	25	19
BGSC	54	46	13	11
SAC	56	29	23	12
BSC	25	52	7	11
DYD	49	19	11	8
SSC	18	42	6	12
HRY	38	12	12	3
WSC	39	3	11	2
CLBC	17	16	4	7
PCSY	15	14	7	5

These are the Top Ten teams in number of rankings for Short Course season 1977-78.

TOP TEN TIMES

LONG COURSE TOP TEN WILL BE PUBLISHED

SHORTLY. CLUBS WHO HAVE PAID THE

\$20.00 SURCHARGE WILL RECEIVE THEIRS

AUTOMATICALLY. INDIVIDUALS WHO WISH

TO ORDER MAY DO SO BY FILLING OUT THE

FORM BELOW. WE ALSO HAVE AVAILABLE

CURRENT NEW ENGLAND RECORD BOOKS. YOU

MAY ORDER THESE WITH THIS FORM ALSO.

CLUBS HAVE ALREADY RECEIVED RECORD BOOKS

No. Ordered:

Top Ten Long Course \$2.50
Record Books \$2.50

Make checks payable to:
NEAAAU COMPETITIVE SWIMMING

Amount enclosed _____

Mail to: Glenna Griswold, 48 Brainard Road, Wilbraham, MA 01095

PLEASE PRINT CLEARLY

NAME _____

ADDRESS _____

ST TE _____ ZIP _____

THE LETTER BELOW IS A STATEMENT SUMMARIZING THE PRESENTATION THAT PAT BRESNAHAN ADDRESSED TO THE NEAAU SWIMMING COMMITTEE AT ITS SEMI-ANNUAL MEETING IN WORCESTER ON SEPTEMBER 23, 1978.

TO THE EDITOR:

I would like to express my thoughts about Rule 19 of the Rules and Regulations Governing Athletics of the Massachusetts Interscholastic Athletic Association. For both inside and outside competition Rule 19 states:

A student may practice or play only once a day. Double sessions only when school is not in session. A violator is ineligible for any high school sport for 90 days.

First, I would like to state that the M.I.A.A. is a fine organization that should exist, that rules and regulations governing athletes must exist and must be followed for the safety, development, and general welfare of students so involved.

However, I also believe that human organizations are fallible, that "now-and-then" errors in judgement are made and must be corrected. I address myself to this problem---that certain sections of Rule 19, governing individual non-contact sports legislate against the development and general welfare that they allegedly protect.

In the five years that I have lived in Massachusetts since returning from Pennsylvania, I have listened to adverse reactions to the sections of Rule 19 governing individual non-contact sports from YMCA coaches, Y directors, AAU coaches, high school coaches, students, teachers, and parents. I assumed the Board of Control of the M.I.A.A. would eventually eliminate the undesirable sections. I WAS WRONG!! When the Board met last Spring, it again reaffirmed its position---despite many letters and efforts to dissuade it.

I still feel the Rule is in error in its sections on individual, non-contact sports. In discussing ways to correct this situation with school administrators and coaches, I feel we must proceed with the following course of action:

TO BRING A CLASS ACTION SUIT IN FEDERAL DISTRICT COURT SEEKING AN INJUNCTION-- THAT IS, A TEMPORARY AND PERMANENT RESTRAINING ORDER, --REQUIRING THE M.I.A.A. TO CEASE AND DESIST IN THE ENFORCEMENT OF THAT ASPECT OF RULE 19 RELATING TO NON-CONTACT SPORTS.

The case--I believe--is a strong one! I like to win! I do not like to lose! None of us do. I would not pursue this unless I believed we could win!

However, neither do I feel one individual could meet the success desired that a broad base appeal could achieve. In this letter I am enlisting the support of all individuals---swimmers, parents, coaches, clubs, organizations---all persons concerned with youth--in order that a legal review of this matter may take place in order to determine the merits of possible action. All individuals agreeing or interested in the reasons listed below, that indicate the great merit of this case, please contact me to express such interest.

(continued on next page)

LETTER TO THE EDITOR CONT'DREASONS THE CASE WOULD WIN:

1. This portion of Rule 19 places unreasonable limitations upon the fundamental rights of pupils and parents under the First and Fifth Amendments of the U.S. CONSTITUTION and the Preamble, Article I, and Article XVI of the Constitution of Massachusetts. The enforcement of a limitation of choice involves no choice at all in a matter that involves neither common good or the good of the athlete affected. e.g. (to compete in high school athletics at the cost of abandoning competition in non-school sponsored, non-contact sports)

2. This portion of Rule 19 is unreasonable in its interference with a child's total development.

3. This portion of Rule 19 is discriminatory, since it is selectively applied to one segment of the population engaged in certain selected activities-- for a reason or goal that lacks educational merits. i.e. (For achieving its purpose, the rule makes no distinction in regards to the lengths of various sport practices within the day, such as 3½ hours for football, 1½ hours for swimming, etc.)

*It restricts youth from participation in non-contact athletics, which many schools don't even offer in their program. Tennis, judo, swimming, horse-back riding are but a few of these.

*It is selectively applied to athletes engaged in certain non-school sponsored non-contact sports, while permitting students to engage in numerous non school activities which require much more exertion and/or time. e.g. (Drama, Musical activities, Scouts, 4-H, Art, etc.)

4. Rule grants extra-legal right or authority to Board. e.g. (controlling after- or before school activities not on school grounds nor pertaining to a school sponsored activity.)

5. Rule is unreasonable in its inconsistencies in practice.

6. Rule is inconsistently enforced and the enforcement of such almost impossible to supervise.

7. Rule interferes with parental and student right to make reasonable choices concerning the development of the student during non-school hours.

Thank you for reading this lengthy letter. It had to be such to adequately explain an important case that will directly affect every athlete in the state during his or her high school years. The time is NOW to update the rules of

CORRECTION

Please note the following corrections for the 200 Yard Fly - Male and Female for both Seniors and Age Groups.

The right cut-off times are below:

Male: 2:21.80 (both Seniors and the 15-18 group at Age Groups)

Female: 2:33.40 (both Seniors and the 15-18 Age Group at Seniors)

NOTE ON TRANSFERRING SWIMMERS

When a swimmer transfers out of your club you must fill out a transfer form available at the AAU office. The club the swimmer is leaving does not have to sign the transfer unless all financial obligations are taken care of.

If the club signs the transfer the AAU office assumes the club approves and will put through the transfer. At that time the club releasing the swimmer has no recourse.

LONG COURSE NATIONALS - THE WOODLANDS, TEXAS

The results for New England swimmers attending the National Long Course Championships are listed below.

<u>WOMEN</u>	<u>CLUB</u>	<u>EVENT</u>	<u>TIME</u>	<u>PLACE</u>
Jody Ochab	NEB	400 IM	5:08.27	64th
		200 IM	2:28.73	42nd
Tracy Spalding	NEB	100 Free	59.16	34th
Meg Jordan	NEB	200 Fly	2:24.47	49th
NEB Relay		400 Free	4:05.33	31st
(Spaulding, Pearson, Jordan, Ochab)				
BGSC Relay		400 Free	4:05.53	
(Palmer, Van Jagenburg, Sabina, Laton)				
NEB Relay		800 Free	8:48.71	30th
(Spalding, Hogan, Pearson, Jordan)				
BGSC Relay		800 Free		
(Palmer, Manganiello, Van Jagenburg, Sabina)				
<u>MEN</u>				
Bobby Hackett	BGSC	400 Free	3:56.22	4th
		200 Free	1:52.39	3rd
		1500 Free	15:26.87	3rd
Jack Gauthier	BGSC	200 Free	1:56.52	40th
John Christensen	BGSC	100 Breast	1:07.94	33rd
		200 Breast	2:30.23	41st
BGSC Relay		400 Medley	3:58.60	21st
		400 Free	3:32.99	14th
		800 Free	7:50.63	17th

DON'T FORGET THE CLINIC AT HARVARD MENTIONED IN LAST MONTH'S NEWSLETTER. THE SWIMMING OFFICE HAS MORE INFORMATION NOW IF YOU NEED IT.

VERY IMPORTANT !!!

JOE MAGUIRE THE NEAAAU SWIMMING CHAIRMAN WOULD LIKE FEEDBACK AND VOLUNTEERS FROM ALL THE PARENTS IN NEW ENGLAND, AND SWIMMERS IF YOU WOULD LIKE TO HELP.

THE SWIM COMMITTEE IS AWARE OF THE PROBLEMS WITH THIS YEAR'S BANQUET AND TOP TEN. HOWEVER, THOSE DOING THE PLANNING WOULD LIKE TO HEAR WHAT TYPE OF BANQUET

NEWSLETTER-PLUS

AN OFFICIAL PUBLICATION OF THE NEAAAU COMPETITIVE SWIMMING COMMITTEE

OCTOBER, 1978

IN THIS ISSUE: *News from a Zone meeting...Open Connecticut Meets...Outstanding Swimmers Long Course...Tentative Meet Schedule for January through April...New Top Ten System...Top Ten Reportable Times for Short Course...A Personality...and a few bits of miscellaneous news....*

ZONE MEETING

On October 14th, the Middle Atlantic Association hosted a meeting to acquaint the various districts within Zone III with one another and to begin to organize to improve communications, exchange ideas, and standardize such things as seed cards within the zone. They would also like to actively seek National level meets so that the swimmers from our side of the states are not always traveling such long distances at such great expense to Nationals and Junior Olympics. During the meeting such things as where Regional meets should be held and on what dates were discussed and a great deal was done toward getting names and addresses of contact people in other districts for dual or All-Star meets.

Within the next few weeks our swimming office will be receiving information that is being correlated on meets in other districts, club lists, and ideas that others have used to solve problems facing us.

Joe Maguire, New England Chairman, and Glenna Griswold, Secretary attended the meeting. A couple of things that we learned that might be of interest to our readers are listed below:

1. New England is the only district of those attending the meeting that still has meet managers responsible for filling out seed cards. All others have the clubs sending in entries filling out the cards.
2. New England is the only district attending that does their own Top Ten.
3. New England has more long course pools than any other district.
4. Several districts own Timing Systems that they rent to clubs running meets.
5. Two or three of those attending have District-Wide parents groups that handle virtually everything involved with swimming but the coaching.

The meeting was informative and we hope will produce more communication. Mrs. Adelaide Lalor of Middle Atlantic is taking on the monumental task of distributing all the information she receives. There will be another similar meeting next year and at that time one of the things that they hope will be definitely decided on is a standardized seed card. If you have any ideas, contact Joe Maguire and he will see that they are presented to the proper people.

New England is planning on running a summer age group championship for the first time in 1979. Peter Markos, Age Group Chairman would like to know about date preferences from coaches and parents. Please contact him at 8 Renaud Avenue, Dover, NH 03820.

TOP TEN CORRECTION: The first correction to Top Ten is on the Outstanding Swimmer list on the following page. M. HOY an eight and under girl swims for the FALL RIVER Y not the CRANSTON Y.

PERSONALITIES: Although our Executive Committee has not been anxious to fill out the forms we gave them for our "Personality" feature, they are coming in slowly and we have enough for the next couple of months. This month's featured individual is KIM BIERWERT the new Treasurer of New England Swimming.

Kim Bierwert has been involved in swimming for 10 years.....seven of these he has been the coach at the Hampshire Regional "Y"....Kim was born in Northampton and is one of the batchlor coaches....He is a Capricorn and shows the traits of his sign being reliable, careful, prudent, persevering and exacting...Kim is the former Certification Chairman and is often asked to interpret rules on deck at meets. Very few people question Kim once he has given his interpretation...At Executive Committee meetings Kim is often the one to get an idea into motion form so that it can be voted on...Kim graduated from MIT in 1972 with a degree in Economics...summer employment as a lifeguard led to his teaching swimming and eventual involvement with coaching....In addition to being the coach at HRV, he is also a faculty member in the Physical Education department of Smith College where among other duties he coaches the swim team....Kim actively participates in diving, skiing and table tennis...As a creature of habit (another Capricorn trait) Kim always has two sundaes with his meals when he eats out--the first before the meal and the second after it....His favorite foods are bananas and strawberry-rhubarb pie and he likes the color blue....Isaac Asimov is Kim's favorite author, and his favorite book is Foundation Trilogy....at the present time Kim is overly busy and impossible to get ahold of, but if you should happen to see him and ask him what he is most proud of he will tell you his car....Kim drives a 1962 VW Bug that now has 239,000 miles on it and is still going (strong?)

MORE COLLEGE SWIMMERS.....

Karin Tobiason BHSA UCONN
Carol Minutoli BHSA Manhatanville

The November Executive Committee Meeting will be on Wednesday the 8th at 7:45PM in the Holy Cross Student Center in Worcester. If you have something you want discussed contact either Joe Maguire at (617) 237-3799 or the swimming office.

SWIMMER'S Magazine has asked us to remind parents and coaches that you may still receive free issues by filling out the forms available in the swimming office. Those of you who did not receive these forms last year and want them, may write and we will send them to you.

Clubs that did not pay this year's surcharge will not receive Top Ten automatically.

DID YOU KNOW???

That Eastern Sprints is celebrating its 10th year ?

cont'd

That Connecticut is opening some of their meets this year? They are listed on the back page of this issue.

OUTSTANDING SWIMMERS

LONG COURSE - 1978

LISTED ALPHABETICALLY

8 AND UNDER GIRLS

K. CROSSMAN	CRY
M. HOY	CRY
J. JONES	NEB
E. REILLY	BHSA
T. YEN	HST

8 AND UNDER BOYS

G. DOYLE	QSC
G. KIPE	MST
A. KOSTICH	BGSC
M. MC SWEENEY	UN
E. PESARE	CRY

10 AND UNDER GIRLS

K. EHRLICH	NEB
M. KENNEDY	HRY
S. PERRONI	BSC
D. SCOTT	UN
W. WALKEY	CEDAR

10 & UNDER BOYS

J. BROWN	BSC
M. BUONOMO	GYSC
W. BOWDEN	BSC
B. ŠTEFANIK	SSC
C. ZUIDEMA	WGC

11-12 GIRLS

E. DOTY	NEB
N. GALVIN	CRY
J. GRIFFITHS	NEB
M. MOORE	NEB
J. RAYMOND	BSC

11-12 BOYS

D. BROWN	SSC
J. EHRLICH	NEB
M. LANDA	UN
H. MURRAY	NSYV
R. PADULO	BGSC

13-14 GIRLS

M. BRESNAHAN	NEB
S. HAGBERG	WSC
M. MANGANIELLO	BGSC
C. MAZZONE	BGSC
C. SCHWARZER	SAC

13-14 BOYS

J. DORAN	BGSC
C. FULLER	BGSC
S. GLEASON	WSC
P. MESSENGER	SSC
D. SPENCER	BGSC

15-18 GIRLS

M. DONOVAN	DYD
K. HEARD	BGSC
C. HOGAN	NEB
J. OCHAB	NEB
M. JORDAN	NEB

15-18 BOYS

J. GAUTHIER	BGSC
B. HACKETT	BGSC
C. JOHNSON	NEB
T. MELO	BSC
S. WHITELAW	NEB

OPEN GIRLS

K. HEARD	BGSC
C. HOGAN	NEB
V. JAGENBURG	BGSC
M. JORDAN	NEB
J. OCHAB	NEB

OPEN BOYS

J. CHRISTENSEN	BGSC
J. GAUTHIER	BGSC
B. HACKETT	BGSC
C. HUG	BSC
C. JOHNSON	NEB

NEW TOP TEN SYSTEM

Top Ten has been continually plagued with problems stemming from incomplete meet results, no meet results, deadline dates not being met, unattached swimmers not identified as in district, ages not on open events, etc. etc, etc.....

To try and alleviate this problem the Executive Committee at their October meeting approved the trial of a new system that puts the burden of reporting on those who know the swimmers best--coaches and parents. Because coaches tend to be overly busy anyway, it is hoped that parents in the clubs will take over this responsibility either individually or one parent for a whole club that is attending a meet.

FROM NOW ON TOP TEN WILL INCLUDE ONLY THOSE TIMES REPORTED TO THE COMMITTEE ON THE REQUIRED CARDS. IF YOU WANT THE TIMES COUNTED THE CARDS MUST BE SENT.

The system is explained below:

1. Meet Managers will have available at all meets a two part card to be filled out. The card includes a place for the event, time, meet name, meet date, and swimmers name. We are suggesting that the cards be available at the awards table.
2. Top Ten reportable times should either be on the heat sheets with the event, or posted in a conspicuous place where individuals can check on them.
3. When a swimmer makes a reportable time the designated individual fills out both sides of the card and leaves one half with the awards people and takes the other half to be mailed individually or with others from that club to the address printed on the card. At the end of the meet the portion of the cards that is left will be mailed with other meet reports to the swimming office.
4. Times will be checked with results to verify them and at the end of the season by pulling the cards for each event we will have Top Ten.

- A FEW NOTES:
- a. Midway through the season the times may be changed up or down at the discretion of the Top Ten Committee if there are too many or too few in a particular event.
 - b. The two part card is a check in case of mailing mishaps, lost cards etc.
 - c. Cutting out the section dealing with your age group and putting it on a three by five card to carry with you to meets will assure you of knowing at all times if a reportable time is made.
 - d. Once a swimmer makes a reportable time you do not have to report it again until he betters that time in an individual event.

INDIVIDUALS OR CLUBS MAY SEND TO THE SWIMMING OFFICE FOR CARDS TO HAVE ON HAND. ALL MEETS AFTER NOVEMBER 1st SHOULD BE USING THIS SYSTEM

REPORTABLE TIMES ARE TENTH PLACE FROM LAST YEAR'S SHORT COURSE TOP TEN

TOP TEN REPORTABLE TIMES (continued)MALE8 & Under

25 Free	16.04
50 Free	35.10
100 Free	1:21.54
25 Back	19.37
50 Back	42.91
25 Butterfly	18.65
25 Breast	21.59
50 Breast	47.32
50 Butterfly	44.16
100 IM	1:30.86

10 & Under

50 Free	30.58
100 Free	1:07.86
200 Free	2:29.77
50 Back	36.35
100 Back	1:20.28
50 Butterfly	34.45
100 Butterfly	1:26.15
50 Breast	40.30
100 Breast	1:28.30
100 IM	1:18.20
200 IM	2:54.43

11-12

50 Free	27.15
100 Free	1:00.37
200 Free	2:11.75
500 Free	6:02.92
50 Back	32.88
100 Back	1:11.41
50 Butterfly	30.10
100 Butterfly	1:09.94
50 Breast	36.08
100 Breast	1:17.60
100 IM	1:10.53
200 IM	2:31.45

13-14

50 Free	25.00
100 Free	52.95
200 Free	1:55.85
500 Free	5:15.06
1650 Free	21.14.82
100 Back	1:02.65
200 Back	2:18.71
100 Butterfly	59.73
200 Butterfly	2:15.22
100 Breast	1:10.04
200 Breast	2:33.03
200 IM	2:13.50
400 IM	4:50.00

15-18

50 Free	23.92
100 Free	49.63
200 Free	1:48.81
500 Free	4:54.56
1650 Free	17:20.83
100 Back	58.23
200 Back	2:05.98
100 Butterfly	54.64
200 Butterfly	2:02.20
100 Breast	1:03.52
200 Breast	2:20.05
200 IM	2:04.55
400 IM	4:30.27

OPEN

50 Free	23.92
100 Free	49.39
200 Free	1:48.22
500 Free	4:54.56
1650 Free	17:07.55
100 Back	58.23
200 Back	2:05.98
100 Breast	1:03.52
200 Breast	2:19.91
100 Butterfly	54.57
200 Butterfly	2:02.20
200 IM	2:04.55
400 IM	4:30.27

FEMALES ON THE OTHER SIDE OF THIS PAGE

TOP TEN REPORTABLE TIMES FOR NEW ENGLAND

THE TIMES LISTED BELOW ARE REPORTABLE TIMES FOR TOP TEN IN NEW ENGLAND. THE NEW SYSTEM IS EXPLAINED ON ANOTHER PAGE OF THE NEWSLETTER. THESE TIMES ARE FOR SHORT COURSE AND MAY INCLUDE ANY MEET SWUM SINCE APRIL 1ST 1978 EXCEPT AGE GROUPS, NATIONALS AND JUNIOR OLYMPICS THAT WAS DONE IN A SHORT COURSE POOL YARDS OR METERS.

FEMALE8 & Under

25 Free	16.30
50 Free	36.18
100 Free	1:19.42
25 Back	19.92
50 Back	42.62
25 Butterfly	18.81
50 Butterfly	42.18
25 Breaststroke	21.70
50 Breaststroke	48.53
100 IM	1:32.30

10 & Under

50 Free	30.64
100 Free	1:07.56
200 Free	2:27.81
50 Back	37.24
100 Back	1:20.82
50 Butterfly	35.02
100 Butterfly	1:25.50
50 Breaststroke	40.81
100 Breaststroke	1:27.42
100 IM	1:19.49
200 IM	2:52.01

11-12

50 Free	27.70
100 Free	1:01.12
200 Free	2:12.12
500 Free	6:16.70
50 Back	32.60
100 Back	1:11.26
50 Breast	36.44
100 Breast	1:19.20
50 Butterfly	30.80
100 Butterfly	1:08.72
100 IM	1:10.16
200 IM	2:31.10

13-14

50 Free	27.10
100 Free	57.03
200 Free	2:03.25
500 Free	5:25.48
1650 Free	18:59.00
100 Back	1:07.01
200 Back	2:25.28
100 Breast	1:14.70
200 Breast	2:42.11
100 Butterfly	1:04.73
200 Butterfly	2:24.96
200 IM	2:22.57
400 IM	5:06.60

15-18

50 Free	26.78
100 Free	56.36
200 Free	1:59.35
500 Free	5:24.64
1650 Free	18:54.50
100 Back	1:05.13
200 Back	2:21.24
100 Breast	1:13.26
200 Breast	2:40.11
100 Butterfly	1:03.08
200 Butterfly	2:24.08
200 IM	2:18.94
400 IM	4:54.28

OPEN

50 Free	26.62
100 Free	55.54
200 Free	1:59.00
500 Free	5:18.65
1650 Free	18:29.50
100 Back	1:04.05
200 Back	2:17.27
100 Breast	1:12.32
200 Breast	2:36.21
100 Butterfly	1:01.99
200 Butterfly	2:18.48
200 IM	2:18.19
400 IM	4:51.64

MALES ON THE REVERSE SIDE OF THIS PAGE

NEWSLETTER PLUS

AN OFFICIAL PUBLICATION OF THE NEAAU COMPETITIVE SWIMMING COMMITTEE NOVEMBER, 1978

IN THIS ISSUE: January through April 1st Meet List.....Top Ten Reminders....Christmas Classic requests....All-Star Questionnaire....A Personality.... Meet Manager Reminders....More college swimmers....Reminder to clubs about AAU Registration....

Meet Managers: Your sanction forms updated mailing lists and a special request to your results typists was mailed on 12/1. Anyone not receiving this material within a week or so should contact: Glenna Griswold (413) 596-4812.

CLUB SURCHARGES: Most New England clubs are aware of the fact that there is a \$20.00 surcharge fee (optional) to allow clubs to receive all New England Swimming Publications and the rule book that comes out the first of the year on an automatic basis. This fee runs from October 1st to October 1st and any club that has not paid the fee gets their mailing of publications (not meet entries) stopped in that month. This includes News+, Top Ten Book etc. If you have not received what you think you should have received please check and make sure that your club has paid their surcharge.

This surcharge is to help defray the cost of publication and of office operation.

In addition to performing a service to clubs and individuals, being an active member of the swimming committee (by paying the surcharge instead of just a voting member (any AAU club) your club is helping the entire district up-grade.

We are getting some excellent feed-back from other districts about our meets. Our Newsletter now has paying subscribers in eleven states and our Top Ten and Record Books have been sold to individuals in seven districts besides our own.

TOP TEN: The corrections to the most recent Top Ten will be in the December newsletter. The committee is plagued by the same problems. Unattached New England swimmers are not identified as NE. Out of district swimmers are not identified, Ages are not listed where they should be, Code Sheets do not identify clubs, etc. etc.

On November 19th the entire Top Ten committee met to discuss the new system. There are still some problems to be worked out. Below are a couple of notes:

1. Once you have a reportable time you do not have to report it again until you better it.
2. On the cards where it says event you should write the name of the event, not the number.

In general the system is popular with the parents and swimmers in the younger age groups and unpopular with the swimmers in the older age groups. From time to time we will give you an update of how it is working out.

For now keep in mind that Top Ten closes absolutely (except for National Level Meets) after the age Group Championships. Those handling the various Age Groups are mailing their compilations no later than April 10th. This date is necessary to give us time to type and print the booklet and have it out so that reservations can be made and certificates finished for the Banquet in the Spring. **THERE WILL BE NO MEET COUNTED FOR TOP TEN AFTER AGE-GROUP WEEKEND (except Nat'ls and JO's)** for this short course season.

This month's personality is PETER MARKOS, Age Group Chairman. This is Peter's first year in this capacity although he worked with former Chairman, Coralie O'Connor for the previous year.

Peter is 29 years old and has lived in New England 24 of these years....He is unmarried although he tells us that his all consuming interests are bright, beautiful, and hopefully athletic girls along with reading on a beach and travel....Executive Committee members can testify without a doubt about his interest in girls as they have watched him operate at Hogan Campus Center- Holy Cross College since we have been having our meetings there....Peter has been in serious competition or coaching for 11 years....he has been swimming recreationally for 20 years....Peter's first competitive swimming was with the first University of New Hampshire swim team in 1967....He was recruited out of a WSI class...Being an astrological Cancerian who has a natural urge to protect and an excellent memory has probably helped Peter in his coaching "habit"....he looks after his swimmers interests, remembers names, faces, and facts, and is shrewd in his dealings with others....Peter has supported his coaching by taking the following jobs in the past: dishwasher, hospital orderly, substitute teacher (grades 6-12), cardio respiratory clinical lab technician, bar boy, traffic surveyor, college tutor, college teaching assistant, lifeguard, and handicapped swimming instructor....He graduated from University of New Hampshire in 1971 Cum Laude with a degree in Chemistry...He received his M.A. in Chemical Physics from U.S.C. in California in 1974...He has done graduate work in physical therapy at Stanford in 1976 and additional graduate work at U.S.C, U.N.H., and U.C.L.A....Peter was to be the coach of the UNH men's swimming team this year and surprised everyone when we started getting letters from him from the University of New England in Biddeford, Maine....He received a U.S. Public Health Service scholarship and is now a medical student studying osteopathics....When he is not coaching, studying, or commuting he likes to hike, bicycle and play tennis....He also likes photography....Judy Collins "Both Sides Now" and "Send In The Clown" are his favorite singer and songs....His favorite book is Dune....favorite author Frank Hebert, and favorite TV shows past and present have been Cheyenne (Clint Walker), Robin Hood (Richard Greene) and Star Trek (everybody)....Charles Boyer and David Niven in "The Rogues" is his favorite movie...Peter is very proud of his recreational swim team the OYSTER RIVER OTTERS, and his physical condition and health....He tells us that in years to come he believes Sports Medicine will be one of his hobbies....At the present time he is on the road a great deal and spends a great many hours studying....We have not seen in Peter the negative Cancerian traits of moodiness, hyper-sensitivity, or being bad tempered....Peter and his back pack are definite additions to the Executive Committee of New England Swimming....To take the responsibility he has along with all his other commitments cuts into his personal time drastically and we are fortunate to have his input on the committee just as New Hampshire Senior Swim Team is fortunate to have him as a coach....Peter's favorite color is Bluegreen and he likes seafood and milk with chocolate chip cookies to eat although having observed him a few times after meetings we don't think he dislikes Pizza....Peter would welcome communication from anyone that has ideas about the Age Group program in New England.

ADDITIONAL COLLEGE SWIMMERS:

David Smith	BYB	Lowell Univ.
Bob Adams	BYB	Southeastern Mass.

NOTE: Meet Managers, please keep the cards from your meets for a year after the meet in case we need information from them for miscellaneous reasons.

MEET LIST (cont'd)

MARCH 4
SUNDAY

ATTLEBORO "C" MEET
Site: Attleboro High School, Attleboro, MA
Contact: Mr. Victor Bonneville, 69 Robert St.,
Attleboro, MA 02703

MARCH 9, 10, 11
FRIDAY, SATURDAY and SUNDAY

NEW ENGLAND SENIOR CHAMPIONSHIPS
Site: Brown University (Tentative)
Contact: Glenna Griswold, 48 Brainard Road,
Wilbraham, MA 01095

MARCH 10
SATURDAY

ATTLEBORO "B" MEET (AGE GROUP CHAMPIONSHIP FORMAT)
Site: Attleboro High School, Attleboro, MA
Contact: Mr. Victor Bonneville, 69 Robert St.,
Attleboro, MA 02703

MARCH 11
SUNDAY

LOWELL Y "B" MEET (AGE GROUP CHAMPIONSHIP FORMAT)
Site: Lowell YMCA
Contact: Ralph B. Boone, 544 Shawsheen St.,
Tewksbury, MA 01876

MARCH 11
SUNDAY

MEDFORD RELAY CARNIVAL
Site: Medford High School, Medford, MA
Contact: Esther Geehan, 55 Linwood St., Medford, MA.
02155

MARCH 17 and 18
SATURDAY and SUNDAY

DANVERS "A" MEET (SCHEDULE II)
Site: Blodgett Pool, Harvard University, Cambridge,
MA.
Contact: Mr. Robert Finkenaur, 27 Chase St.,
Danvers, MA., 01923

MARCH 17 and 18
1/2 SATURDAY and SUNDAY

HANOVER "A" MEET
Site: Dartmouth College, Hanover, New Hampshire
Contact: Margaret Sterrett, P.O. Box 601, Hanover,
NH., 03755

MARCH 18
SUNDAY

NEW ENGLAND BARRACUDA "C" MEET
Site: To Be Announced
Contact: Jan Ehrlich, 70 Pond Street, Natick, MA
01730

MARCH 25
SUNDAY

HAVERHILL Y "MINI" MEET
Site: Haverhill YMCA, Haverhill, MA
Contact: Jane C. Cronin, 40 Sheridan St., Haverhill,
MA., 01830

MARCH 31 and APRIL 1
SATURDAY and SUNDAY

NEW BEDFORD "B" and "C" MEET
Site: Southeastern Mass University
Contact: Mrs. Trix Whalen, 66 Spring St. New
Bedford, MA 02740

MARCH 30, 31 and APRIL 1
FRIDAY, SATURDAY and SUNDAY

AGE GROUP CHAMPIONSHIPS
Site: Brown University, Providence, Rhode Island
Contact: Glenna Griswold, 48 Brainard Road, Wilbraham,
MA. 01095

CONGRATULATIONS: To the Girls from Durfee High School in the Fall River Area who took the Massachusetts Girls' High School Championships.

This year there were three regional meets before the States. Durfee took one region, Framingham North one and Longmeadow took Western Mass. We will give you a little more information about the girls in the next issue of News+.

SINCE THE LOGICAL CALENDAR IS GOING INTO ITS FIRST SEASON BEGINNING IN JANUARY WE WOULD LIKE PARENTS AND SWIMMERS COMMENTS ON IT DURING THE SEASON. MANY HOURS WENT INTO FINALIZING WHAT WAS DONE, BUT THERE WERE MISTAKES AND WE ARE AWARE OF SOME OF THE COMMENTS ALREADY.

PLEASE....IF YOU HAVE COMMENTS GET TO SANCTION/CALENDAR CHAIRMAN DICK SCHAFER 19 Arlene, Framingham, MA 01701, OR WRITE TO THE SWIMMING OFFICE. THINGS WON'T GET BETTER WITHOUT YOUR INPUT.

The Swimming Office is now using automatic collating equipment instead of the Griswold family to put together News+, Meet Entries, etc. Because of this occasional blank pages are not seen and pulled as they were using humans. If you are missing a page of something, contact the office and we will send it to you.

MEET MANAGERS: The swimming office will print, collate, and mail your results for you at a cost of \$3.00 per page up to 100 copies plus the mailing cost. Results must be typed on white paper with a 3/4" margin to take advantage of this service. Contact Glenna Griswold if you are interested.

The four hour limit on meets is from the announced starting time of the meet, not the actual starting time.

This office is getting many phone calls about Masters Programs and Masters Meets. If anyone has any information on this I would appreciate it. Send to: Glenna Griswold, 48 Brainard Road, Wilbraham, MA 01095.

The CHRISTMAS CLASSIC at Harvard in late December is taking shape nicely.

Special Christmas theme Medals, Patches and T-Shirts have been ordered, the entries are out, and the committee is working at pulling the details of the meet together.

Joe Maguire will be overall Meet Manager. Joe is getting on deck officials and would appreciate a call if you can work stroke and turn, back-up timing, the awards table, or selling and admissions. His number is (617) 237-3799.

Isabelle Fraser of Sunrise will be running the table and scoring. She needs typists and table people. If you can volunteer in this capacity please call Isabelle at (413) 567 - 3415.

Lil Dembek from Hampshire Regional Y will be handling the Bull-Pen. Volunteers for this area may call Lil at (413) 527-3222.

A meet this size need many people and each one is appreciated. If you are going....Volunteer to work a session or two.....

The questionnaire about All-Star meets is reprinted this issue to give you another chance to voice your opinion. PLEASE DO IT so that the All-Star competition is what you want and not what the committee thinks you want.

NEWSLETTER PLUS IS STILL \$5.00/year

DONT' FORGET TO GET YOUR 1979 REGISTRATION FORMS FROM THE AAU OFFICE IN BOSTON.

The
2nd Annual Winter
Bay State Classic
WORCESTER SWIM CLUB
'A' MEET

February 10-11, 1979

QUINSIGAMOND COMMUNITY COLLEGE
Worcester, MA

- * The First SCHEDULE 1 This Year
- * Colorado Timing
- * Hi-Point Trophies (Ind. & Team)

CONTACT: Bob Anderson
14 Fox Hill Road
Shrewsbury, MA 01545
Phone: (617) 845-6603

MEET NEWS AND CORRECTIONS

There are mistakes in a couple of the meet entries that have already gone out.

1. All "B" meets have 8 & Under events. The cut-offs for these events are "any 8 & Under that is not "A"." THERE ARE NO LONGER "B" and "C" time standards for New England 8 & Unders.
2. "A" nine year olds may not swim MINT-meets.
3. All "B" meets have minimum and maximum standards whether they are on the sheet or not. The only age group at "B" meets with no minimum are 8 & Unders.
4. One day "A" meets are "A" only for all age groups. Since 8 & Unders do not have "AA" time standards this does not apply to them.

Corrections:

Attleboro "C" on the original schedule for Sunday, March 4 is Saturday, March 3

NEAAAU Senior Championships will be held at Brown University.

Hanover "A" listed as 1/2 day Saturday and a full day Sunday is a full day Saturday and a 1/2 day Sunday.

New Bedford "B" and "C" on Age Group weekend will be held at a different facility to be announced. (It will still be close enough to Brown to facilitate families with all level swimmers.

The Danvers "A" meet scheduled for March 17 and 18 has been cancelled.

VOLUNTEER CONTACT FOR CHAMPIONSHIP MEETS:

Glenna Griswold, 48 Brainard Road
Wilbraham, MA 01095. Phone: (413) 596
4812.

For Senior Championships and Age Group Championships we are going to need volunteers in all areas. IF ENOUGH PEOPLE VOLUNTEER YOU WILL ONLY NEED TO WORK ONE SESSION.

Last year there were 1100 swimmers at Age Groups. Every one of these swimmers has parents that could help out. This month I am trying to line up typists...enough for six sessions of Seniors and five sessions of age groups. Please volunteer!!!

December Personality: Sylvia Chase - Top Ten Co-Chairman

Sylvia Chase who in addition to being the Top Ten Co-Chairman was also a National Delegate to the AAU Convention, is the current Secretary-Treasurer to the Aquamaids and Aquamen of Worcester and hold the same position with Worcester County Swim League.....She is super organized and finishes everything early so that she can do one of her favorite things which is traveling with her husband on his business trips around the world.....She loves meeting new people, seeing interesting and exciting cities and trying new and exotic foods while she is seeing other countries and cultures.....Sylvia is a graduate of Syracuse University and Boston University.....She has both a B.S. and a B.A. in Design and is currently attending Assumption College to obtain a Masters in English.....Through her three daughters she has been involved in swimming for 15 years....She gave up golf, tennis and skating for lack of time, but she continues her interest in making hooked rugs and bridge along with the swimming activities, school, travel and remodeling her home....Sylvia does not like TV, but she does like the color purple, every food she has tried, any book by Agatha Christie or William Shakespeare and James Garner and Paul Newman....Sylvia is most proud of the accomplishments of her family..... Her daughter, Robin, graduated from Harvard and is now attending Law School at Loyola University in Los Angeles....Susan, the next oldest is a Senior at Brandeis University. She is a former swim team member there and a ballet dancer. Susan has danced with the Boston Ballet Company and studied with the New York City Ballet. She is majoring in English and will attend graduate school next year at either Harvard or Stamford....Sylvia's youngest daughter Jennifer, is a 2nd year student at Phillips Exeter Academy in New Hampshire. Jennifer is a member of varsity crew and the varsity swim team. As a freshman last year she set two Exeter swim records....Sylvia is a Gemini astrologically and through her many activities exhibits the positive qualities associated with the sign (Adaptability, Versatility, intellectual, Wittiness, Busy, Logical, Having a flair for Writing, and always Youthful and up-to-date in outlook and appearance)....Sylvia has spent many years working with other organizations. She is the former President of the Worcester Ballet Society, the former President of the Women's American Organization for Rehabilitation Through Training and the former President of the Temple Sinai Women's Association.....All things considered, we cannot understand how she can devote as much time as she does to swimming, but we are very glad she is a member of the Executive Committee.

HAS YOUR TEAM DONE SOMETHING SPECIAL LATELY? WRITE AND TELL US ABOUT IT

SO THAT WE CAN SHARE IT WITH OTHER TEAMS IN NEW ENGLAND.....Write:

Glenna Griswold, 48 Brainard Road, Milbraham, MA 01095.



Joyce Bott
Longmeadow



Leslie Picard
Longmeadow



Beth Carter
Northampton



Sue Chapin
Minnechaug



Kathy Kelly
Cathedral



Maria McClellan
Cathedral



Cory McGill
Minnechaug

FROM THE SPRINGFIELD REPUBLICAN

Sunday, December 3, 1978

All-Western Mass.

swimming

Republican photos by Frank Usin



Jill Wilder
East Long.



Sue Wadden
East Long.



Vicky Kotarski
Longmeadow



Shirley Walsh
Northampton



Linda Hermance
Minnechaug



Mary Fiorentino
Cathedral



Sheila Dembek
Easthampton



Brenda Skelly
Longmeadow



Diana Robbins
East Long.



Lisa Crosby
Longmeadow



Nancy Riker
Longmeadow



Denise Balthazard
Cathedral



Kathy Griffin
Longmeadow

WESTERN MASS GIRLS HIGH SCHOOL SWIMMERS: The article below appeared in the Springfield Republican on December 3, 1978 - Sunday.

By PAUL SANTOLINI
Republican Staff

Longmeadow, which churned to a 13-0 regular season record, won the Division I title and then captured the Western Mass. championship, leads the way with seven selections to this year's 20-member Springfield Republican All-Western Mass. High School Girls Swimming team.

Only six are seniors, and the notion that WM girls swimming is rapidly improving is shown in that seven All-Stars were plucked from the sophomore ranks.

Among the individuals, Cathedral's Denise Balthazard and Minnechaug's Cory McGill are rather conspicuous—because they were chosen for the fourth successive year.

In terms of team representation, East Longmeadow, Cathedral and Minnechaug each placed three; WM runnerup Northampton landed two individuals, while single selections from Easthampton and Classical rounded out the squad.

The team:

SHEILA DEMBEK — The Easthampton junior, who holds WM records in the butterfly (58.9), 200 IM (2.12.8) and 500 free (5.17.82), was chosen in the IM, backstroke (another indication of her versatility) and as a member of the medley relay. Next year's goals are :57 in the fly and 2.09 in the IM.

SUE WADDEN — The EL sophomore won the WM crown in the breaststroke (1.12.874) and also gained her initial selection as a member of the MR — one of the toughest Spartan events.

MARIA MCCLELLAN — This Classical senior was tabbed (for the third straight year) in the fly, 200 free and in the MR. She was unable to compete in post season activity due to illness, but was still chosen Most Valuable Swimmer. Two years ago she was the best state sprinter in the 50 free (25.595).

BETH CARTER — The 'Hamp junior, named in the 50 and 100 free and as a member of the MR, turned in an anchor-leg performance which helped the Blue Devils to the WM mark of 1-58.8 in the MR.

DENISE BALTHAZARD — Two selections at Cathedral, two earlier while at Chicopee. Won the WM back-

stroke (1.04.398) and second by .27 in the 200 free. Named in the 200 and 500 free.

LINDA HERMANCANCE — The best long-distance freestyler in the circuit. The sophomore, named in the 200, 500 and 400 FR, is only four seconds off the 500 record with her 5.21.930.

BRENDA SKELLEY — Named to the fly and IM. Won the former, at 1-02.38, and runnerup, only behind Dembek, in the latter, at 2.19.14. The senior was also chosen last year.

JOYCE BOTT — One of four Longmeadow sophs named — but she's the only repeater. The sprinter swept her category—being named to the 50, 100 and 400 FR.

SHIRLEY WALSH — This sopho-

more gave the Blue Devils the early lead in their record-setting MR. Chosen for her backstroke and IM ability, this is her first time on the team.

MARY FIORENTINO — The Cathedral junior broke a national record three times this year. Lowered the 50 free time from 25.10 to 24.65, 24.64 and 24.58 in taking WM and state titles. Her ambition is to crack the .24 barrier. Also gained honors in the 100 free and 400 FR.

JILL WILDER — EL senior again selected in the 50 free. She was fifth and sixth in the 50 and 100, respectively, this year.

LESLIE PICARD — Another Longmeadow soph... who joined the team on the basis of her diving ability. Helped to round out the Lancer scoring attack.

DIANA ROBBINS — Most consistent diver this year. Took the WM crown with 299.10 points (and a 60-point margin) and recorded best finish for WM divers at states — sixth at 3.16.85.

SUE CHAPIN — The Minnechaug junior was third, just missing second, in the WM diving competition. Initial appearance on the team.

LISA CROSBY — Longmeadow soph added a great deal of depth to the Lancer's butterfly threat. Placed fourth in WM in her forte.

NANCY RIKER — Third time the Lancer senior has been picked. Chosen in the 500 (finished fifth in WM) although just edged by Skelley in the fly — at 1.02.36-1.02.53.

CORY MCGUILL — Fourth straight year the Minnechaug senior has been named to the 500 — an event in which she held the record for three years. Her consistency always produced points.

KATHY KELLY — One of two freshmen to gain kudos. Will replace Balthazard as the best Panther backstroke. Third in WM in her specialty at 1.05.855 — only 1½ seconds behind Balthazard's first-place time.

VICKY KOTARSKI — Only a Longmeadow freshman but gained recognition in two events — the breaststroke and FR. She was WM runnerup by only .036 in the breaststroke — clocked at 1.12.910.

KATHY GRIFFIN — Another Lancer selected in the breaststroke and she should give her team a real 1-2 punch in the next-to-last event. She notched 11th in state competition.



All-WMass swimmers

First Team

Sheila Dembek	Jr.	Easthampton
Sue Wadden	So.	East Longmeadow
Maria McClellan	Sr.	Classical
Beth Carter	Jr.	Northampton
Denise Balthazard	Sr.	Cathedral
Linda Hermance	So.	Minnechaug
Brenda Skelley	Sr.	Longmeadow
Joyce Bott	So.	Longmeadow
Shirley Walsh	So.	Northampton
Mary Fiorentino	Jr.	Cathedral
Jill Wilder	Sr.	East Longmeadow
Leslie Picard	So.	Longmeadow
Diana Robbins	Jr.	East Longmeadow
Sue Chapin	Jr.	Minnechaug
Lisa Crosby	So.	Longmeadow
Nancy Riker	Sr.	Longmeadow
Cory McGill	Sr.	Minnechaug
Kathy Kelly	Fr.	Cathedral
Vicky Kotarski	Fr.	Longmeadow
Kathy Griffin	So.	Longmeadow

Second Team

Kathy Wlezbicki, East Longmeadow; Maria Longhi, Cathedral; Cindy Kuzmeski, Northampton; Diane Curran, West Springfield; Jennifer Yorzyk, Cathedral; Gina Skroski, Northampton; Debbie Chisholm, Amherst; Nadra Zubi, Cathedral.

Stacy Merullo, Longmeadow; Brenda Doherty, Longmeadow; Diane St. Pierre, West Springfield; Anne Bazon, Chicopee; Amy Griswold, Minnechaug; Anne Rondeau, South Hadley; Lynn Whipple, Minnechaug; Anne Fredrickson, Amherst.

, December 6, 1978,

**HERALD AMERICAN
ALL-SCHOLASTIC
SWIMMING TEAM**



Sue Wigetman



Ricky Swalm



Sue Kitchen



Vicki Garon



Debbie Sullivan



Debbie Poore



Kate Heard

Boston Herald American

*(continued)
on next page*

By **KAREN ROTH**
Special to Herald American

If you hear someone from Durfee High boasting about their girls' swim team, there's good reason. The undefeated (8-0) independent school in Fall River captured the state championship in its first season of varsity competition and set a girls' state 400-freestyle relay record (3:46.14).

Durfee junior Sue Kitchen, was voted Swimmer of the Year for the second straight season by the Eastern Mass. coaches. She set the state girls' high school record in the 100-freestyle (53.32); formerly held by Marblehead All-Scholastic Lissa McGrath (54.27). The national girls' high school record is (50.22) held by Jill Sterkel of Hoceinda Heights California.

And the Herald American selected Durfee coach Ricky Swalm Coach of the Year.

Swalm had one goal in mind when he came to Durfee this year—to coach the team to the top. Once Durfee beat Brockton, the Suburban League champions and Attleboro, the Hill Toppers tough-

est competition during the season, they confidently swam their way through the tournament.

CLAUDIA SCHWARZER — (200-Freestyle). Only a sophomore at Framingham North, she holds five school records. So it was no surprise to watch Schwarzer place second in the 200-freestyle at the state tournament.

KATE HEARD — (200-Individual Medley). Dover-Sherborn finished fourth at the state finals, but Heard did not disappoint the team. She finished first in the 100-breaststroke (1:09.69) and second in the 200-individual medley.

LISSA McGRATH — (50 Freestyle). Lissa returns to the All-Scholastic team with two second place finishes at the state tournament in both the 50-and 100-freestyle. She set five school records including the 50 (25.06) and 100-freestyle (42.26). A senior at Marblehead High and team captain she swam on the relay team.

SUE WIGETMAN — (Diving). It's no wonder Framingham North won the Bay State League title with team captain Wigetman leading the Spartans in diving. She was undefeated (6-0) this year and finished second at the state finals.



Lauri Grant



Lee Ferrande



Claudia Schwarzer



Lissa McGrath

DEBBIE POORE — (Diving). The state's diving champion for the second straight year, nationally-ranked Poore of Canton mustered a 9-1 record diving off the one-meter boards in dual meet competition.

LEE FERRANDE — (100-Butterfly). A sophomore at Randolph High, Ferrande strokes a second place finish in the 100-butterfly at the state finals. She's the NEAAU girls' 14-and under 100-butterfly champion.

DEBBIE SULLIVAN — (500 Freestyle). The South Sectional 500-freestyle champion (5:27.90) from Brockton High, Sullivan a junior, has been competing state-wide for seven years.

VICKI GARON — (100-Backstroke). A member of Dover-Sherborn's 200-medley relay team that won the state meet (1:56.55) Garon, only a sophomore, holds three school records.

LAURIE GRANT — (100 Breast). Tri-Captain of Winchester's swim team for three straight years, Grant was voted the Sachems' outstanding swimmer for setting three school records. Next year, Grant hopes to attend Tufts.

League All-Stars

Bay State League

200-Free Style—Dina Pandya, Needham; Laura Glasheen, Needham; Claudia Schwarzer, Framingham North; Cathy Jones, Framingham North.

200-Individual Medley—Laura Lloyd, Natick; Debbie Ruter, Natick; Maureen Miligan, Needham; Elizabeth Rippy, Wellesley.

50-Free Style—Nancy Connolly, Needham.

Diving—Sue Wigetman, Framingham North; Linda Snook, Framingham North; Jenny Ventura, Framingham South; Robin Campbell, Needham.

100-Butterfly—Lauren Bayer, Framingham North; Sue Sheter, Framingham North; Maureen Miligan, Needham; Jeanne Byrns, Framingham South; Debbie Ruter, Natick.

100-Free Style—Claudia Schwarzer, Framingham North; Laura Glasheen, Needham; Dana Pandya, Needham; Mary Stuart, Wellesley; P.B. Ledy, Framingham South.

500-Freestyle—Sue Schafer, Framingham North; Cathy Jones, Framingham North; Kate McConery, Framingham South.

100-Backstroke—Sue Braverman, Framingham, North.
100-Breaststroke—Sue Braverman, Framingham North; Laura Lloyd, Natick; Carole Kenney, Wellesley; Elizabeth Rippy, Wellesley.

NORTHEAST LEAGUE

200-Freestyle—Robin Lux, Melrose; Eileen Hanawalt, Andover.

200-Individual Medley—Anni Wilson, Belmont; Debbie Maskell, Arlington; Rosalie Nataupsky, Marblehead; Linda Fitzgerald, Andover.

DIVING—Jean Bushue, Melrose; Mikki DeRoche, Haverhill; Patti Muse, Haverhill.

100-Butterfly—Roslie Nataupsky, Marblehead; Luanne Tulmen, Arlington; Katie Kelly, Belmont; Martha Clottley, Haverhill; Becca Gilm, Belmont.

100-Freestyle—Lissa McGrath, Marblehead; Robin Lux, Melrose; Anni Wilson, Belmont.

500-Freestyle—Becca Gilm, Belmont; Luanne Tulimieri, Arlington; Dianne Clandaniel, Andover.

100-Backstroke—Linda Fitzgerald, Andover; Patti Wright, Andover; Susan Haris, Haverhill.

100-Breaststroke—Lauri Grant, Winchester; Jean Connelly, Haverhill; Debbie Maskell, Arlington; Heather Taylor, Marblehead.

NORTHWEST LEAGUE

200-Freestyle—Gail Pentheny, Lincoln-Sudbury; Carol Spohn, Acton-Boxboro.

200-Individual Medley—Sandy Harris, Acton-Boxboro; Karen Shappert, Acton-Boxboro.

50-Freestyle—Arlin Sullivan, Wayland; Kathy Murphy, Acton-Boxboro; Deanna Bernard, Gardner; Lauren McAvoy, Acton-Boxboro; Jennifer Nichols, Wayland; Susan Antonellis, Milford.

DIVING—Laura Bryan, Bedford; Inga Slade, Wayland; Mariellen Flynn, Wayland.

100-Butterfly—Lilly Beerman, Lexington; Kathy Murphy, Acton-Boxboro; Susan Antonellis, Milford.

100-Freestyle—Beth Gilmore, Milford; Sandy Harris, Acton-Boxboro; Ann Sullivan, Wayland; Gail Pentheny, Lincoln-Sudbury; Barbara Grathwohl, Lincoln-Sudbury.

100-Backstroke—Barbara Grathwohl, Lincoln-Sudbury; Karen Shaffer, Acton-Boxboro; Sibbhan Norton, Acton-Boxboro; Lisa Sabetini, Gardner.

100-Breaststroke—Lilly Beerman, Lexington; Karen Shappert, Acton-Boxboro; Jean Donahue, Wayland; Debbie Smith, Wayland; Jennifer Nichols, Wayland; Debbie Laprade, Gardner; Kristen Knight, Milford.

SOUTH LEAGUE

200-Individual Medley—Kate Heard, Dover-Sherborn; Kris Swanson, Seekonk; Jennifer Holmes, Dover-Sherborn; Theresa Murphy, Canton.

50-Freestyle—Susan Flynn, Westwood; Nancy Keenan, Canton.

Diving—Debbie Poore, Canton; Mary Beth Nelson, Seekonk; Cathie Magadius, Dover-Sherborn; Leslie Ferraro, Westwood; Barbara Thompson, Dover-Sherborn.

100-Butterfly—Anne Lamb, Canton; Anne Vaughan, Attleboro.

100-Freestyle—Vici Garon, Dover-Sherborn; Kim Harkyard, Seekonk; Sue Oglvie, Attleboro.

500-Freestyle—Jan Morrill, Dover-Sherborn; Anne Lamb, Canton.

100-Backstroke—Mary Lou Burke, Uxbridge; Jan Morrill, Dover-Sherborn; Vicki Garon, Dover-Sherborn.

100-Breaststroke—Anne Vaughan, Attleboro; Kate Heard, Dover-Sherborn; Kris Swanson, Seekonk; Jean Marie Gallagher, Canton; Maureen Cavanaugh, Canton.

SUBURBAN LEAGUE

200-Freestyle—Debbie Sullivan, Brockton; Judi Tott, Brockton; Sharon Galante, Brockton; Cathy Rose, Brockton; Susan Galante, Brockton.

50-Freestyle—Patricia Paine, Cambridge; Dorei Raynolds, Brookline; Kim Hartsel, Brockton.

Diving—Amy Ayres, Cambridge; Susan Richards, Cambridge; Mary Eagan, Waltham; Lisa Costello, North Quincy; Kim Muffany, Brookline; Julie Lockwood, Brookline; Mary Tenny, North.

100-Butterfly—Dorei Raynolds, Brookline.

100-Freestyle—Erin Donovan, Brookline; Patricia Paine, Camb.

500-Freestyle—Judi Tott, Brockton; Debbie Sullivan, Brockton; Sharon Galante, Brockton; Cathy Rose, Brockton.

100-Backstroke—Susan Galante, Brockton; Janet Sines, Quincy.

100-Breaststroke—Kim Hartsel, Brockton; Terri Ravanis, Cambridge.

INDEPENDENT ALL-STARS

200-Freestyle—Elaine Palmer, Woburn; Nancy Pearson, North Andover; Anne Downing, Pentucket.

200-Individual Medley—Martha Donovan, North Andover; Megan Breenahan, Masconomet; Cary Mazzo, Wakefield; Rita Gauthier, Braintree; Pam Gallant, Northbridge.

50-Freestyle—Kathy Malloy, Bishop Stang.

100-Butterfly—Cary Mazzo, Wakefield; Martha Donovan, North Andover; Anne Downing, Pentucket; Karen Hjerpe, North Attleboro.

100-Freestyle—Elaine Palmer, Woburn.

500-Freestyle—Nancy Pearson, North Andover.

100-Backstroke—Betty Jean Grazukis, Shrewsbury.

100-Breaststroke—Rita Gauthier, Braintree.

The 1978 Globe EMass

All-Scholastic

Girls' swim team

By Bill Doherty
Globe Correspondent

Humans excelling in a foreign element — that is what makes swimming so aesthetically pure, so different, and so intriguing.

And although the sport has yet to mushroom like soccer or field hockey, new facilities are gradually springing up, along with a new breed of ever-improving swimmers.

The members of the Globe's third annual All-Scholastic girls' swimming team might just be precursors of a competitive group of Bay State swimmers.

There are four repeaters from last year's team, headed by Swimmer of the Year Sue Kitchen, winner of the award for the second straight year. The Eastern Mass. coaches who nominated the Durfee High junior obvious-

ly know a big ripple from a little one.

To put it in layman's terms, Kitchen is the fastest female swimmer in Eastern Massachusetts, and probably the most versatile. Her achievements have never been limited to any one event. Kitchen did not lose a race in any event she swam this autumn and again, is only a junior.

Fourteen-year-old Lee Ferrande is the youngest member of the team. Her potential at Randolph High is unlimited. Making a second trip to the Globe plant for "mug shots" were Lissa McGrath, Vicki Garon, Debbie Poore, and Kitchen.

Second-year swim coach Bob Asquith receives Coach of the Year laurels. His Acton-Boxboro girls captured another Northwest Conference title and are now 16-0 under Asquith.

The Boston Globe Tuesday, November 28, 1978

Swimmer of the Year

SUE KITCHEN Durfee

Event: 100-Freestyle

Best Time: 53.03

Again, the Kitchen household has to make more room on the mantel. For the second straight year, the 16-year-old junior is the Eastern Mass. Swimmer of the Year. Although Susan could probably win any event she entered this fall, she was cited for her specialty, the 100-yard free-style.

Kitchen won the State meet with a 53.03 clocking in what is generally considered swimming's glamour race. Like the 100-yard dash in track, the fastest 100-yard

freestyler can claim to be the swiftest human in water. And in Kitchen's case that refers to Bay State water.

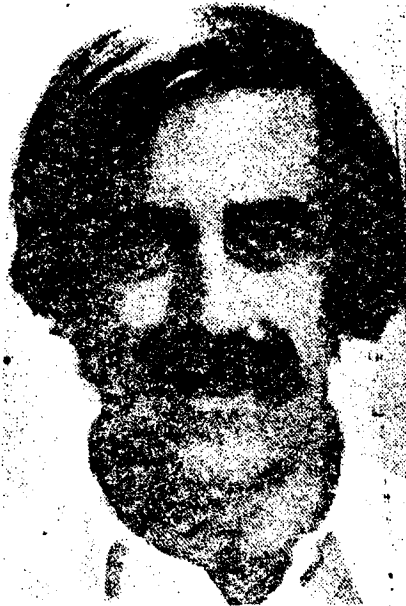
The Fall River resident anchored state champion Durfee's winning relay — a race the school had to win going into the final event — with a stunning exhibition of power strokes on the last two turns.

When she isn't swimming, Susan directs her energies to the Spanish Club and excels in varsity volleyball. Academically, Kitchen is considering a career as a physical therapist. In her spare time she enjoys sewing, knitting,



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page*

Coach of the Year



BOB ASQUITH Acton-Boxboro

In only his second year as head swim coach Asquith has molded a solid program at Acton-Boxboro, where the password to two straight undefeated dual meet seasons was depth.

The UMass graduate (class of '69) has successfully developed underclass talent to accompany an excellent core of senior swimmers. Asquith led his girls to a Northwest Conference title and a second place finish in the New England championships at Medford High.

The former UMass swim team captain skillfully manufactured an awesome relay team at Acton-Boxboro—placing the right swimmers in the right event at the right time; a feat easier said than done, especially in swimming.

Asquith also coaches the ski team and is an AAU swim coach in Medford.



LEE FERRANDE ... Randolph
Event: 100-Butterfly
Best Time: 1:00.55

Whether or not Lee has peaked as a freshman, the New England champion in the 13-14 age bracket will be a major factor in her best event, the 100-yard butterfly, for at least three more years. A national honor student, Ferrande is a two-year New England AAU All-Star and placed 20th in the national competition this year.

In her spare time Ferrande likes to figure skate and was recently a finalist in Science Fair competition and also a Social Studies Fair winner.



VICKI GARON ... Dover-Sherborn
Event: 100-Backstroke
Best Time: 1:03.75

Only a sophomore, Garon already is the school record-holder in three different events -- 100-backstroke, 100-yard freestyle, and the 200-yard individual medley. Garon displayed her superior speed and versatility in the South Sectionals by anchoring the first place medley relay team which clocked a 1:58.4. It's the second time around for the 15-year-old who was a Globe All-Scholastic for the same event last year as a freshman.



LAURIE GRANT ... Winchester
Event: 100-Breaststroke
Best Time: 1:12.06

Grant modestly did not swim the most difficult individual stroke—her specialty, the breast stroke—throughout the dual meet season in order to give the Sachems more overall depth. When she finally got to do her thing in the Sectionals at Medford, Grant swamped the field in 1:12.6. She is also a premier 50-yard free styler in 25:02 and has failed to win that event only twice in her dual meet career at Winchester.

Grant



CLAUDIA SCHWARZER ... Fram. No.

Event: 200-Freestyle
Best Time: 1:56.76

Amazingly enough, Schwarzer has been swimming only five years. Yet the sophomore was instrumental in the Bay State League champions' undefeated season. Schwarzer is the school record-holder in six events and is the New England champion in the 100-yard freestyle (girls 14 and under).

Schwarzer is also an avid runner and soccer player in the offseason and enjoys skiing and water polo. Her long-range career plans include college and a study in medicine. And, Schwarzer is a straight-A student.



DEBBIE SULLIVAN ... Brockton

Event: 500-Freestyle
Best Time: 5:27.90

Sullivan has been winning titles since she was 11 and is only a junior on the Roxers Suburban League championship swim team. Sullivan is the South Sectional 500-Freestyle champion, a title which is indicative of power and endurance in high school swimming's longest race.

A versatile athlete, Sullivan was the decathlon champion of Brockton in 1975 and is a volunteer in the city's special needs swim program. She enjoys sailing and hopes to pursue a college career in physical therapy.



SUE WIGETMAN ... Framingham North

Event: Diving

Wigetman led Framingham North to an undefeated dual meet season and the Bay State League crown. The senior was an EMAS and state finalist in 1976 and 1977 and had six first-place finishes of the springboard this fall. The Northeast Conference diving champion and team captain is also a New England AAU finalist and placed second in the high school state meet this season.

Wigetman is an honor student and enjoys horseback riding, tennis and jogging. She plans to enter the business field and study law upon completion of her studies this spring.



KATE HEARD ... Dover Sherborn

Event: 200-Individual Medley
Best Time: 2:16.10

Heard is probably the only Peter Paul & Mary fan to be named to the Globe All-Scholastic team for the second time. Heard is the word when it comes to the sports' most difficult event, one which requires the use of a different stroke (there are four) every two lengths of the pool. The senior is also a top-notch performer in the breast stroke with a personal best of 1:10.37. Heard holds school records in the 200-free style, the 100-yard butterfly, 100-breast stroke and the 500-yard freestyle events. Next fall, Heard would like to attend Harvard and is aiming for national recognition as a swimmer.



LISSA McGRATH ... Marblehead

Event: 50-Freestyle
Best Time: 25:05.9

McGrath is unique as a female swimmer. While most girls devote 365 days to swimming competition and workouts, McGrath, Globe Swimmer of the Year in 1975 as a sophomore, changes suits in the winter to play varsity basketball for the Headers. Now a senior, she is a six-time N.E. AAU all-star and was undefeated in this year's dual meet season, swimming in four different events. As a member of the National Honor Society, McGrath is considering Harvard, Brown, and Boston College for an economics major.

McGrath is a lifeguard during the summer and a member of the Marblehead yearbook business staff during the school year.



DEBBIE POORE ... Canton

Event: Diving
Total points: 240.00

Poore teaches handicapped children to swim—and there aren't many better qualified people around. Poore was unbeaten off the 1-meter diving platform in dual meet competition. The senior is a two-time State diving champion and is the former school record holder in the 200-yard individual medley. Poore is a nationally-recognized diver and has compiled a 9-1 career record.

Her social interests include all sports—she is a Mockemock league all-star in gymnastics. She also has a staff position on the school year book. An excellent student, Poore is leaning toward a college career at either Ohio State, Penn State, UNH, or BU.

NEWSLETTER-BUS

AN OFFICIAL PUBLICATION OF NEAAU COMPETITIVE SWIMMING

December, 1978

IN THIS ISSUE: Our December Personality....Meet Corrections and Announcements... Senior and Junior National cut-offs....The Girls High School All Stars....News from the AAU Convention....Several Notes and Dates you should know about....

M E R R Y C H R I S T M A S and H A P P Y N E W Y E A R

RECORDS: The record book as it was published last May is the current records book and the records listed are those that are being used at all meets. RECORDS SET SINCE THAT TIME ARE PENDING RECORDS AND ARE NOT OFFICIAL UNTIL THEY ARE PUBLISHED IN THE NEXT BOOK. In May when the record book is again published, anyone who broke a record listed in the 1978 book will be listed. However, meet managers will continue to use the official book when listing records in current meets.

When a record is set, coaches or parents should ask for and fill out the forms available at the meets for reporting immediately to the Records Chairman, Joe Drolette. Copies of the form are available from Joe, from the swimming office, and are in the back of the record book. You must put AAU #'s on the Record form.

MEET MANAGERS: The February 1st date for bidding long-course meets has been changed to March 1st. This date will include short course meets to be run long course season. A calendar will be available in the January News + to let you know dates and types of meets. PLEASE BID THE TYPE OF MEET REQUESTED FOR THE DATES LISTED.

IN CASE OF CANCELLED MEETS: Clubs wishing to run meets that did not bid in time may let the swimming office know what type of meet you would be interested in running. If there is a cancellation on the schedule your late bid will be considered to fill the spot vacated.

BE SURE TO READ THE NEWS FROM THE AAU CONVENTION ON THE NEXT PAGE. OUR REPRESENTATIVES TOOK MANY NOTES AND BROUGHT BACK A GREAT DEAL OF INFORMATION.

Please: If you borrow the STROKES FOR GOLD film see that it is returned promptly and by UPS service. Do not loan it out to anyone else without checking with the Swimming Office. We have a reservation list and someone might not get it when they should if you hold on to the film or lend it out.

Reservations can be made by contacting the swimming office. (48 Brainard Road, Milbraham, MA 01095...Phone:(413) 596-4812)

Below are some of the items that came out of the All Convention in San Antonio that may be of interest to you.....If we miss anything this issue, we are sure to hear about it and it will be printed in the next issue.

- ...The 200 freestyle for 10 and Unders is now a Nationally recognized event.
- ...Zone A which consists of the following districts will probably conduct a long course Age Group Championship...Maine, New England, Adirondack, Niagara, Connecticut, Metropolitan, New Jersey, Middle Atlantic, South Atlantic, Potomac Valley, Allegheny Mountain, Virginia, Ohio and Lake Erie. As soon as we receive more news about this we will let you know.
- ...There is experimenting going on with Strobe Light starts to help timers who have trouble with the beepers and to allow deaf children a better chance at good starts.
- ...National Junior Olympics will no longer be called by that name. They will now be known as JUNIOR NATIONALS.
- ...For swimming Meters will be spelled METRES.
- ...Last year in the 15 and Over Age Group every Girls Record was broken.
- ...Times done at High School Championships will be accepted Nationally if the meet is conducted with electronic timing, however swimmers must get an OVC card. These will not be issued automatically, they must be requested and OVC's may not be issued for a time made in any high school or college meet below the level of Conference Championship.
- ...There is a new transfer rule. Please read it carefully. It is reprinted in its entirety below: The rule is effective immediately.
 1. To transfer representation from one club/organization to another a swimmer must serve one hundred twenty (120) days in "unattached" status from the date of his last competition in which he represented a club/organization regardless of his residency.

NOTE: This means that there is no longer any district leeway because of family transfers etc.
 2. A swimmer registered with a club/organization who wishes to compete for a college or university (2-year or 4-year institution) shall be automatically released without notice by his club/organization upon commencement of his collegiate swimming season to compete for that college or university, and he shall be similarly automatically released without notice by such school immediately on termination of such swimming season and can represent the club/organization of his choice immediately. Verification of collegiate swimming season commencement/termination dates must be provided by the swimmer upon request of either Registration Committee involved. Peregistration in a different Association is required and notification of renewal of representation is required.
 3. A transfer form must be completed stating that the swimmer is a member in good standing of the club/organization they are leaving.
- ...For short course only a backstroke starting block against which to place the feet may be used, if available to all contestants and if the host institution agrees to it.

(continued)

AAU Convention (continued)

...When there are two timers per lane averaging times from digital watches, thousandths should be ignored.

...New Rule Concerning Starts:

" In short course after the command "Take Your Mark" is given, the feet may be moved from the front of the block to any desired starting position. The swimmer must come to a point of no movement before the starting signal is given."

It is hoped that everyone interprets this rule the same way, particularly the Meet Starter. This is known as the Track Start.

...We have general meet and housing information available for the next three National Meets. Below is a list of the meets and where they are:

1979 Short Course Senior Nationals	- East Los Angeles
1979 Short Course Junior Nationals	- Duke University, N. Carolina
1979 Long Course Senior Nationals	- Ft. Lauderdale, Florida
1979 Long Course Junior Nationals	- Clovis, California
1980 Short Course Senior Nationals	- Up for bid- Must be long course because of 1980 being an Olympic Year.
1980 Short Course Junior Nationals	- Lincoln, Nebraska
1980 Long Course Senior Nationals	- Irvine, California
1980 Long Course Junior Nationals	- Up for bid

...The Olympic Trials will be held in Austin, Texas. The cuts will be the 16th place time from the Summer of 1978 Senior Nationals at Woodlands, Texas. Times must have been done from January 1, 1978 on.

...We have available the entry for the Seventeen Meet which is co-ed this year. Contact the swimming office.

...The four water sports (Swimming, Diving, Synchronized Swimming, and Water Polo) will now come under one Sports Committee - the Aquatics Corporation - Although this corporation now makes its own rules, etc., there is still a tie-in with the AAU. Just exactly what the tie will be is still to be decided on a National Level. This decision will be made and the local Associations will follow National. Until the final decision is made we will continue as we have in the past.

Clarification of any of the information on the AAU convention can be made by those who attended the convention. Jack Hayden, Sylvia Chase, Paul Parenteau and Joe Maquire attended as swimming representatives from New England

NEW RULE BOOKS ARE BEING ORDERED AND WILL BE DISTRIBUTED AS SOON AS THEY ARE

RECEIVED. There will be an order blank in the next issue of News + for individuals wishing to order either the rule book or the code book for 1979.

1979 JUNIOR NATIONAL CUTOFFS

<u>WOMEN</u>	<u>EVENT</u>	<u>MEN</u>
53.49	100 Free	47.69
1:55.29	200 Free	1:43.79
5:04.89	500 Free	4:40.39
17:26.59	1650 Free	16:16.99
1:01.39	100 Back	54.79
2:12.69	200 Back	1:58.69
1:09.29	100 Breast	1:00.79
2:29.49	200 Breast	2:12.89
59.29	100 Fly	52.39
2:10.19	200 Fly	1:56.09
2:12.19	200 IM	1:58.29
4:40.49	400 IM	4:14.19
4:08.59	400 Med Rel	3:39.99
3:41.09	400 Free Rel	3:16.69
7:57.59	800 Free Rel	7:10.09

Teams wishing to order 10 or more Christmas Classic T-Shirts may get them for \$3.00 each. They are available in Childs Large and Adult Small, Medium or Large.

Contact Joe Maquire at (617)237-3799 or Glenna Griswold at the swimming office (413) 596-4812.

Thank you to all those who helped make the Christmas Classic a success.

REMINDER: Mail meet entries to all the clubs on the list.

1979 SENIOR NATIONAL CUTOFFS

<u>WOMEN</u>	<u>EVENT</u>	<u>MEN</u>
52.19	100 Free	45.79
1:51.99	200 Free	1:39.99
4:54.29	500 Free	4:31.29
16:54.99	1650 Free	15:42.29
58.99	100 Back	52.59
2:06.99	200 Back	1:53.19
1:06.39	100 Breast	57.89
2:23.59	200 Breast	2:06.39
57.29	100 Fly	50.19
2:04.19	200 Fly	1:50.79
2:07.29	200 IM	1:53.99
4:30.39	400 IM	4:03.39
3:58.39	400 Med Rel	3:29.89
3:35.09	400 Free Rel	3:10.49
7:41.39	800 Free Rel	6:54.99

Good Luck !!!

Meet List Additions:

CHAPTER OAK AQUATIC CLUB
c/o Mrs. Frank Bruni
149 Peverknolls
Avon, CT 06001

Colonie Aquatic Club
c/o Mrs. Philip Sgarlota
3 Vatrano Lane
Loudonville, NY 12211

Exeter Swim Team
c/o Mrs. Carolyn Gorrill
Oak Ridge Road, PFD #2
Kensington, NH 03833

West End Aquatic Club
c/o Kathy Oates
105 Allston Street
Allston, MA 02134

Town of Islip AAU Swim Team
c/o Mrs. Alan Rosenthal
30 Kath Court
Sayville, NY 11782

Newport YMCA
c/o Mike Pratt
792 Valley Road
Middletown, RI 02840

NEW ENGLAND AGE GROUP CUT-OFFS WERE PUBLISHED IN THE AUGUST NEWSLETTER.

Senior Championship entry blanks for the NEAAU Short Course Meet will go out about February 1st.