

NEWSLETTER PLUS


AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

JANUARY 1985

IN THIS ISSUE: Registration information; Long course schedule; 1983-1984 short course New England records; 1984 long course Top 16 Swimmers; National Pentathlon Meet; New Board members; Free McDonald's Medals; Outstanding swimmer patches....

IMPORTANT REGISTRATION INFORMATION:

Please note the following about current registration.

1. Swimmers whose club is not registered for 1985 will be registered unattached.
2. Please make sure you check yes or no under U. S. Citizen.
3. The name of your club must be written out. Put the club code (PVAC, WESC, etc.) in the space provided.
4. Please do computer print-outs with red pen.
5. Do not list additional swimmers on the computer print-out. They must be on forms.
6. Address all registration mail to: NEW ENGLAND SWIMMING REGISTRATION
P. O. Box 626
WILBRAHAM, MA 01095
Phone: Glenna Griswold
(413) 596-2204
7. Computer print-outs must be received no later than January 26th for continuous insurance coverage on those swimmers who were registered in 1984. 
8. Please send one check whenever possible for all your registrations.
9. If you know how to figure the swimmers number, please fill it in on the upper right hand corner of the forms after the NE5. This will help everyone.
10. Please do not include adult or coaches registration with your swimmers. This year all coaches and adults register direct with National.
11. Please do not send your club registration to National. Clubs should register at the above address.
12. Since we are running short of registration forms, please do not lose any extras you may have...and if you have a lot extra, glenna will mail you back the postage if you'll send them to her.

LONG COURSE CALENDAR AND BIDS:

Apr. 19-21:	Dual Meet League		
Apr. 26-28:	Dual Meet League		
May 3-5 :	Dual Meet League		
May 10-12:	Dual Meet League		
May 17-19:	BA (Sch. I)	2 x C (Sch. I)	Mini
May 24-26:	2½-day A (Sch. I)	2 x BC (Sch. II)	
May 31-2 :			
June 7-9 :	2½-day A (Sch. II)	2 x BC (all events)	
June 14-16:	BA (Sch. I)	C (Sch. I)	Mini
June 21-23:	2½-day A (Sch. I)	*1-day BC (Sch. II)	
June 28-30:	Distance Specialty	C (Sch. II)	
July 5-7 :	*2½-day A (Sch. II)		
July 12-14:	*2½-day C (all events)		Mini
July 19-21:	New England Seniors	Age Group Qualifying meet (2 locations)	
July 26-28:	Region I	2½-day BC Championship	
Aug. 2-4 :	Age Groups		
Aug. 7-11:	Senior Nationals		
Aug. 14-18:	Junior Nationals		

Schedule I is longer distances (100's) for 12 and unders, shorter distances (100's) for 13 and older.

Schedule II is shorter distances (50's) for 12 and unders, longer distances (200's) for 13 and older.

At the Annual Meeting, Long Course 1985 Age Groups was changed to August 2-4, 1985. As a result, there are more meets available to bid on for the summer. Bids will remain open until February 20, 1985, primarily for the new meets (*). Teams may bid on the original meets, but bids received by the original deadline will receive priority. A bid form is at the end of the newsletter. Please send two copies of all bids to Mrs. O'Neil.

NEW BOARD MEMBERS:

At its January 15, 1985 Board Meeting, New England Swimming, Inc., regretfully accepted the resignation of Technical Chairman, Kim Bierwert, coach of Hampshire Regional Y, and expressed their appreciation for all of his contributions to New England Swimming as Technical Chairman.

The Board elected Bruce Schaefer, coach of Shawmut Aquatic Club, as Technical Chairman. The Board also elected three at-large Board members: Chris Martin, coach, Pioneer Valley Aquatic Club; Bob Dunn, parent; Mary Riddell, administrative assistant, New England Swimming, Inc.

TOP 16 TIMES

Congratulations to the following New England swimmers who have been named to the 1984 (Long Course) National Age Group Top 16 Times which was compiled by US Swimming and printed in Swimming World, January 1985.

Ten and Under:	Larissa Herold	STAR	50 M Freestyle	(10)
			100 M Freestyle	(12)
			200 M Freestyle	(15)
			50 M Backstroke	(12)
			100 M Backstroke	(3)
			50 M Butterfly	(6)
			100 M Butterfly	(11)
			200 M Individual Medley	(9)
	Leslie Repetto	CAY	50 M Freestyle	(11)
			200 M Freestyle	(12)
			200 M Individual Medley	(15)
11 & 12:	Lynn Kelley	BGSC	400 M Freestyle	(11)
13 & 14:	Bernal Gator's SC		200 M Freestyle Relay	(9)
	(M. Moses, J. Ledell, A. VanAken, B. Donovan)			
	Alex Kostich	BGSC	200 M Freestyle	(11)
			400 M Freestyle	(1)
			800 M Freestyle	(1)
			1500 M Freestyle	(2)
			400 M Individual Medley	(3)
	James Sweeney	BGSC	200 M Freestyle	(16)
			400 M Freestyle	(15)
			800 M Freestyle	(6)
			1500 M Freestyle	(4)
	Bernal Gator' SC		200 M Freestyle Relay	(4)
	(A. Kostich, J. Sweeney, D. Johnson, F. Han)			
	Bernal Gator's SC		400 M Freestyle Relay	(6)
	(F. Han, D. Johnson, J. Sweeney, A. Kostich)			
	Bernal Gator's SC		200 M Medley Relay	(4)
	(J. Sweeney, A. Kostich, D. Johnson, A. Hall)			
15 & 16:	Brian Stefanik	PVAC	50 M Freestyle	(13)
17 & 18:	Keith Hayes	SAC	100 M Butterfly	(8)

OFFICE HOURS

The New England office is: New England Swimming, Inc.
 Mary Riddell
 20 Cleveland Road
 Needham, MA 02192
 617-449-0270

Office Hours are: Monday : 8 a.m. to 12 noon; 7:30 p.m. to 10:30 p.m.
 Thursday: 8 a.m. to 12 noon

NEW ENGLAND SHORT COURSE 1983--1984 RECORDS:

Congratulations to the following New England swimmers who broke short course records during the 1983-1984 season.

Eight and under:

Colin Greineder	WESC	25 yard freestyle	14.34 NE & RES
Andrew Henshon	SSC	25 yard breaststroke	19:02 RES
Marblehead YMCA (boys)		100 yard medley relay	1:15.81 NE & RES

Ten and Under:

Jenny Thompson	ANA	50 yard backstroke	32.12 RES
		50 yard butterfly	29.26 RES
Sunrise Swim Club (girls)		200 yard medley relay	2:14.71 NE & RES
Greg Horgan	HYST	100 yard butterfly	1:06.26 RES
		50 yard butterfly	30.10 RES

11 and 12:

Kirsten Greineder	WESC	50 yard freestyle	25.23 RES
Heidi Hannenian	HYST	100 yard butterfly	1:02.52 RES
Cape Ann YMCA (girls) (Reilly, Gale, O'Neil, Lipson)		400 yard free relay	3:55.35 NE & RES

13 and 14:

Valerie Johanessen	LRAC	200 yard breaststroke	2:25.36 RES
Alex Kostich	BGSC	500 yard freestyle	4:43.58 NE & RES
		1000 yard freestyle	9:33.32 NE
			9:20.93 RES
		1650 yard freestyle	15:51.97 NE
			15:47.06 RES
		400 yard individual medley	4:17.76 RES
Frank Han	BGSC	200 yard butterfly	2:00.68 RES
Bernal Gator's SC (boys) (Peterson, Hall, Johnson, Jaffee)		200 yard medley relay	1:46.90 NE & RES
Bernal Gator's SC (boys) (Peterson, Peterman, Kostich, Han)		400 yard medley relay	3:52.46 NE & RES

Continued →

NEWSLETTER PLUS SUBSCRIPTIONS

Please check the label of this issue to find the expiration date of your subscription. Newsletter Plus subscriptions are \$7.00 per year. Please send all subscriptions to: New England Swimming, 20 Cleveland Road, Needham, MA 02192.

NEW ENGLAND SHORT COURSE 1983--1984 RECORDS (continued):15 to 18:

Laurene Lazzaretti	NEB	100 yard breaststroke	1:07.13 RES
		200 Yard breaststroke	2:24.06 RES
		200 yard individual medley	2:07.67 RES
Cynthia Kangos	WESC	50 yard freestyle	23.59 RES
Weston Swim Club (girls)		200 yard medley relay	1:53.03 NE & RES
(McLay, White, Thoman, Kangos)			
Weston Swim Club (girls)		200 yard free relay	1:39.08 NE & RES
(McLay, White, Kangos, Kohn)			
Keith Hayes	SAC	100 yard butterfly	49.60 RES
Mark Somerville	NEB	200 yard breaststroke	2:08.35 RES
Sunrise Swim Club (boys)		200 yard medley relay	1:40.49 NE & RES
(Wu, Dolan, Landa, Talbot)			
Bernal Gator's SC (boys)		400 yard free relay	3:12.11 RES
(Gardiner, Price, Rheault, Luby)			
Bernal Gator's SC (boys)		800 yard free relay	6:58.80 RES
(Gardiner, Luby, Rheault, Kelley)			

These results were compiled by Joe Drolette and typed by Joan Drolette in April, 1984. Since the 1983-1984 short course record book will be out of date shortly, only a few copies are being printed. They will be available from the New England office free of charge on request for New England registered teams and for a fee of \$2.50 for others.

Top Ten books (short course, 1983-1984 and long course 1984) and the Record Book for 1984 Long Course are still available through the New England office for \$2.50 each. Please make checks payable to New England Swimming, Inc.

COLLEGE SWIMMERS:

Newsletter Plus will publish the names of New England swimmers and where they are attending college if teams or parents submit the information.

ADDRESS CHANGES:

RHODE ISLAND SWIMMING COACHES AND OFFICIALS

Carol Peckenham
76 Cobble Hill Road
Lincoln, RI 02865

NEWPORT NAVY BLUES

Janet Cooper
195 Homestead Lane
Portsmouth, RI 02871

SANCTION CHAIRMAN

Sigrid O'Neil
PO Box 18
Ward Hill, MA 01830

HEAD COACH NEEDED:

A young club with a solid nucleus of "A" and "B" swimmers, numbering approximately 40 members and a parents' group. Eight to ten hours per week in Newport, MA. Very good salary. Contact Carl Cedarquist (617-335-3824) after 8 p.m.

UNUSED MCDONALD'S MEDALS

Unused McDonald's medals are available for all clubs. These medals, given out in 1982 at JO and "Wild Card" meets, feature the McDonald's Olympic logo (but not the color cloisonne Olympic logo). These medals are not stamped and can be locally stamped with a place or an event name. The cost of each medal is 40¢ (no additional tax).

Clubs wishing to order medals must complete the attached order form. Checks should be made payable to McDonald's Corporation. If you have questions or need additional information, you may contact Sharon Funston at 312-887-3553.

ORDER FORM

COST OF EACH MEDAL IS 40¢ AND NO ADDITIONAL SALES TAX IS REQUIRED. PLEASE COMPLETE THIS ORDER FORM AND ENCLOSE A CHECK MADE PAYABLE TO MCDONALD'S CORPORATION.

SEND ORDER AND CHECK TO:

MCDONALD'S CORPORATION
C/O SHARON FUNSTON
NATIONAL SPORTS MARKETING SUPERVISOR
MCDONALD'S PLAZA
OAK BROOK, IL 60521

TOTAL MEDALS ORDERED _____

AMOUNT OF PAYMENT ENCLOSED _____

MEET UPDATES:

New England Age Groups will be held on March 8-10, 1985 at Harvard, sponsored by Bernal Gator's Swim Club. The format will be trials and finals for 11 and 12 and 13 and 14 year old swimmers. Ten and under swimmers will have timed finals. Fifteen to 18 swimmers will compete only at New England Senior Championships.

New England Senior Championships will be held on March 15-17 at Phillips Exeter Academy, Exeter, New Hampshire and will be sponsored by Seacoast Stingrays, Exeter Swim Team, and New England Swimming, Inc. The information director will be Mike Parratto (603-749-2869).

US SWIMMING Senior Nationals will be held on April 2-6 at Monterey Park, California.

US SWIMMING East Junior Nationals will be held on April 9-13 in Syracuse, New York.

OUTSTANDING SWIMMER PATCHES:

The Outstanding Swimmer patches finally have arrived in the office and have been mailed to any swimmer whose address I have. The rest will be mailed to the coaches. If you earned an Outstanding Swimmer patch, and did not receive one, please notify the office.

PATCHES FOR OFFICIALS:

Patches for certified Stroke and Turn Judges, Starters, and Referees are available through Bob Fredette, 2 Wallingford Street, Dover New Hampshire 03820. Please send \$2.00 (a check made out to New England Swimming, Inc.) for each patch and a stamped, self-addressed envelope.

 Don Carper, Chairman of New England Swimming, Inc., is willing to speak at meetings of parents' groups of New England swim teams. He would like two weeks notice. Please contact him at 603-673-8422.

NATIONAL AGE GROUP PENTATHLON MEET
 SANCTIONED BY NEW JERSEY SWIMMING INC.
 January - February 1985

The meet will consist of 5 events. Each participant must compete in all 5 events. The events must be completed during one practice or meet session during the months of January or February. Swimmers age is determined by their age on the day they swim their events.

AGE GROUP	EVENTS				
10/11, 11/12	50 FREE	50 BACK	50 BREAST	50 FLY	100 IM
13/14, 15/16, 17/18	100 FREE	100 BACK	100 BREAST	100 FLY	200 IM

The winner of each age group will be determined by adding up all the times of the individual events. The Top 10 in each age group will be listed in an upcoming issue of Swimming World Magazine. All entries must be received by March 15, 1985.

Send Entries to:

Jim Wood
 Pentathlon Meet
 P. O. Box 215
 Berkeley Heights, N.J. 07922

NAME: _____ USS #: _____ HEIGHT: _____ WEIGHT: _____

ADDRESS: _____ DATE: _____

COACH: _____ CLUB: _____

EVENT	TIME	TOTAL TIME
50/100 FREE	_____	_____
50/100 BACK	_____	_____
50/100 BREAST	_____	_____
50/100 FLY	_____	_____
100/200 I.M.	_____	_____

Entries Due
March 15

TRAINING INFORMATION:

TRAINING SESSIONS PER WEEK: _____ HOURS PER SESSION: _____

AVERAGE YARDS PER SESSION (Dec. 1 - Feb. 1): _____

ANY STRENGTH TRAINING Y/N: _____

DO YOU PLAY ANY OTHER ORGANIZED SPORTS? IF YES PLEASE LIST: _____

PLEASE MAIL ENTRIES TO:

Jim Wood
 Pentathlon Meet
 P. O. Box 215
 Berkeley Heights, NJ 07922

NEWSLETTER PLUS

AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

FEBRUARY 1985

IN THIS ISSUE: Age Groups, Seniors, other meet information;
1983, 1984 long course records; Adult registrations

NEW ENGLAND SENIOR CHAMPIONSHIPS:

There has been some confusion about the time standards for New England Senior Championships. The time standards will be the ones printed in the entry sheet which has been mailed to the teams, not the ones which were previously printed in Newsletter Plus. These time standards will be used for this season only and will be carefully evaluated before the next New England Senior Championships. Entries are due by March 4, 1985. The information director is Mike Parratto, 603-742-5153.

INFORMATION ABOUT AGE GROUPS:

Age Group Championships will be a trials and finals format for 11 & 12 and 13 & 14 age groups. The meet will be preceeded with no penalty for no-shows in the preliminary heats (morning sessions).

Please note the following scratch rules, since this is the first time Age Groups have been run in this format:

(1) Any swimmer who competes in a preliminary heat and fails to notify the Referee of his intention to withdraw from the final within the 30 minute deadline after the announcement of the final qu. lifiers for that event, will be barred from all subsequent competition for the meet.

(2) Any swimmer who does not positively check in with the Clerk of Course by the deadline for the 1000 and 1650 freestyle events will not be seeded in the event. (The deadline for the 1000 will be 8 a.m. on Friday, March 8; the deadline for the 1650 will be 7 p.m. on Saturday, March 9.)

Pat Peterson

Warm-ups for the evening session (finals) will be at 6 p.m.; the meet will begin at 7 p.m.

TECHNICAL COMMITTEE:

The Technical Committee will be meeting before the end of the month to establish the 24-month calendar. If you have any suggestions that you would like the committee to consider, please contact Technical Chairman, Bruce Schaefer, P. O. Box 1292, Framingham, MA 01701, as soon as possible.

UNITED STATES SWIMMING ADULT MEMBERSHIPS:

At the United States Swimming convention which was held last fall, it was voted that membership in United States Swimming would be required of all adults who: (1) coach USS registered teams; (2) vote as delegates LSC annual meeting; (3) serve as deck officials of USS sanctioned meets (referees, starters, and stroke and turn judges). A membership form was published in the December issue of Newsletter Plus; if you need another one, contact the New England office.

The following articles are reprinted from Swimming World Magazine, February, 1985.

New Membership Rules

As voted upon by the USS House of Delegates last September in Indianapolis, Ind., three new membership rules will go into effect on Jan. 1, 1985. All three have created "a bit of a stir" in some LSCs, and as a result, several U.S. Swimming staff members have been asked the consequences of non-compliance.

The rule changes that deal with membership are:

1. Meet directors, judges, starters, referees and stroke and turn judges must be members of USS.
2. All coaches of USS registered athletes must be members of USS.
3. All members of the House of Delegates must be members of USS.

On request from U.S. Swimming Executive Director Ray Essick, Legislative Committee chairman Barney Favaro has answered the questions regarding non-compliance. His answers appear below.

1. The deck officials named cannot serve until they show proof of USS membership.
2. USS clubs cannot enter swimmers in USS competition until they show proof of coach USS membership. The question that may arise here concerns non-member coaches who wish to enter USS registered swimmers in unattached competition.
3. No person may serve as a delegate to the LSC House until he shows proof of USS membership. If anyone wishes to challenge this interpretation, they may petition the officers to assign original jurisdiction to the Board of Directors or to the National Board of Review for final determination.

Amendments Explained

There have been more than a few questions about the three amendments, approved at the 1984 USS Annual Meeting, which deal specifically with membership in United States Swimming. Note below the wording which will appear in the 1985 edition of *USS Rules and Regulations*:

1. 220.5 Any coach of athlete members shall join the Corporation as a member.
2. 341.3(2) All meet directors, referees, starts and stroke and turn judges, serving in an official capacity in the sanctioned event, shall be members of United States Swimming.
3. 563.1(2) Eligibility—Only current members of United States Swimming are eligible to be members of the LSC House of Delegates.

The first amendment means that all coaches, including those designated as "temporary" or "part-time" coaches, must be members of United States Swimming. This membership requirement directly affects the membership of a club within USS. One of the requirements of a USS club is that all of its coaches must be members of United States Swimming. Such nullification would directly affect the club's liability insurance coverage through United States Swimming.

The second amendment requires all officials serving as meet directors, referees, starters and/or stroke and turn judges are required to be members of United States Swimming. Trainees in these positions, having no official status at a swimming competition, are not required to have memberships but are strongly

recommended. It is also recommended that all officials, serving in an official capacity at a USS sanctioned meet join United States Swimming. However, membership for these other officials is not mandatory.

The third amendment means that all persons who are voting members of the Local Swimming Committee's House of Delegates (committee chairman, board members, at-large members, club representatives, etc.) must be current members of United States Swimming. Some LSCs have interpreted this amendment to mean that all members of a swimming club's Board of Directors or all club officers must be members of United States Swimming. Again, while membership in United States Swimming is encouraged for any person working with or interested in swimming, membership is required only for those voting representatives of the LSC's House of Delegates.

If further clarification of these amendments is needed, please contact Bonnie Chaney, Local Service Coordinator at the National Headquarters.

ADDITIONAL MEET INFORMATION:

March 30-31 2-day "BA" (Schedule II)
Worcester Swim Club

Coralie O'Connor
30 Walworth Street
Worcester, MA 01602
617-753-5156

McDonald's North Country Invitational Championship Meet, hosted by the Lake Champlain Swim Club will be held March 3, 1985 at Forbush Pool, University of Vermont. There will be short events for all ages (no time standards). Contact Bill & Julie Wick, 145 Robinson Parkway, Burlington, VT 05401 (802-863-8121).

"B" CHAMPIONSHIPS:

The information for "B" Championships has been mailed out. If your team did not receive theirs, please contact the meet director:

Anne-Marie Brook-Powell
Church Hill
Woodstock, Vermont 05091
802-457-3819

EASTERN ZONE MEET:

The Eastern Zone Meet will be in Philadelphia, PA from April 11-13, 1985. A maximum of 80 swimmers will be selected for the New England team. Age Group Championships will be used as the qualifying meet for 14 and unders; New England Senior Championships will be used for the 15 to 18's. All swimmers must have competed in three New England meets over the course of the short course season. Age Groups and Seniors may be included in the three meets; Regions may not be included.

LONG COURSE MEET BIDS:

The calendar of meets available for bid was published in last month's Newsletter Plus along with a bid form. There is still time to submit a bid, if you do it immediately. Please remember that short course meets are still run during the long course season due to the lack of long course pools in New England.

NEWSLETTER PLUS SUBSCRIPTIONS

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REGISTRATION

Swimmers Attending National Meets must be listed on the forms coaches receive with entries for registration verification. Only the white copy of the form needs to be sent to the Registration Chairman. You may list more swimmers than you actually take, but everyone you take must be on the list and verified. Please do not wait until the last minute to get this completed. Send the white copy only for verification to:

Glenna Griswold
New England Swimming Registration
P. O. Box 626
Wilbraham, MA 01095

If you have questions call Glenna at (413) 596-2204

TEAM LISTS:

A 1985 New England team list is being prepared at this time. If you plan to register a team in 1985, please do it immediately or your team will not be included in the 1985 team list.

NEW CLUBS:

GREAT BAY AQUATIC CLUB
PO Box 766
Exeter, NH 03833
GBAC

NORTHERN BERKSHIRE YMCA BETTAS
PO Box 367
North Adams, MA 01247
NBVB

VALLEY GATORS SWIM TEAM
John F. Lavoie
PO Box 15
Springfield, VT 05156
VGST

CHANGE OF ADDRESS:

SMITHFIELD YMCA
Susan Thurston
Deerfield Drive
Greenville, RI 02828

DUAL MEETS:

The office has received several inquiries about dual meets. If your team wants to set up a dual meet, the request can be published in Newsletter Plus. Call or send all the pertinent information to the office.

CORRECTIONS TO THE 1984 LONG COURSE RECORDS:

Please add the following corrections to your 1984 Long Course Record Book:

Eight and Under Girls

100 M free	N.E. RES.	1:17.11 "	Delight Malkemus "	BGSC "	Springfield "	6-84 "
50 M back	N.E. RES.	41.90 "	Delight Malkemus "	BGSC "	Providence "	6-84 "

NEW ENGLAND 1983 LONG COURSE RECORDS:

During the long course 1983 season, several New England swimmers established Long Course Records which were then broken during the long course 1984 season. Since the Long Course 1983 Record Book was never printed, we would like to recognize and congratulate those swimmers who established records in 1983 which do not appear in the 1984 Long Course Record Book.

Ten and under Girls

Miriam O'Neil	CAY	200 M freestyle	2:29.59	RES
Shelly LaMontagne	HAY	100 M backstroke	1:21.34	RES
Jenny Thompson	UN	50 M butterfly	33.48	NE/RES
Libby Marshall	WSC	200 M individual medley	2:51.07	RES

11 and 12 Girls

Bernal's Gator Swim Club (VanAken, Leonard, Blomberg, Riley)	200 M free relay	2:02.07	NE/RES
Bernal's Gator Swim Club (Van Aken, Leonard, Blomberg, Riley)	400 M free relay	4:30.30	NE/RES

15 to 18 Boys

Tim Card	LRAC	100 M breaststroke	1:09.86	RES
Sunrise Swim Club		200 M free relay	1:42.07	NE/RES

OFFICE HOURS

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Mary Riddell
20 Cleveland Road
Needham, MA 02192
617-449-0270

Office Hours are: Monday : 8 a.m. to 12 noon; 7:30 p.m. to 10:30 p.m.
Thursday: 8 a.m. to 12 noon

SHORT COURSE RECORD-BREAKING SWIMS:

Several record-breaking swims have already been recorded during the 1984-1985 Short Course season. If there is more than one record-breaking swim in an event, the fastest swim is considered the pending record.

Cape Ann Y Mini Meet (6-84)

Delight Malkemus	BGSC	8&U	50 back	37.30	NE/RES
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Christmas Classic (12-84)

Larissa Herald	BGSC	9&10	200 individual medley	2:26.23	RES
			100 individual medley	1:08.33	RES
Leslie Repetto	CAY	9&10	100 freestyle	59.28	NE/RES
Jenny Thompson	ANA	11&12	50 butterfly	27.32	RES
Courtney Chubb	NEB	13&14	200 butterfly	2:08.98	RES
Alex Kostich	BGSC	13&14	500 freestyle	4:38.99	NE/RES
			400 individual medley	4:17.40	RES
Frank Han	BGSC	13&14	200 freestyle	1:45.56	NE/RES

National Qualifying Meet (1-85)

Alex Kostich	BGSC	13&14	500 freestyle	4:36.80	NE/RES
			1000 freestyle	9:22.93	NE
			1650 freestyle	15:49.72	NE
Frank Han	BGSC	13&14	50 freestyle	22.55	NE/RES
			100 freestyle	48.73	NE/RES
			200 freestyle	1:45.54	NE/RES
			200 butterfly	1:59.73	NE/RES

Cape Ann "A" Meet (1-85)

Leslie Repetto	CAY	9&10	200 individual medley	2:27.84	RES
Larissa Herald	BGSC	9&10	100 backstroke	1:10.32	RES

The list of record-breaking swims will be up-dated in futre issues of Newsletter Plus.

MEET MANAGERS:

Please remember to include the New England office when you mail out information sheets for meets. Also, please remember that you must send to the office ten copies of the results of your meet, a check for the surcharge that you owe, and a financial report.

All results must include the ages of swimmers in the eight and under, ten and under, and 15 to 18 (senior) age groups. Please indicate any teams or unattached swimmers who are not New England registered swimmers. The results are sent to the Top Ten Committee, the Records Chairman and the OVC Committee, and it is very difficult for them to use the results if the results are not complete.

COACHES: Please include correct ages when you submit entries to a meet!

NEWSLETTER PLUS

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MARCH 1985

IN THIS ISSUE: Insurance information; Proposed calendar for next year; Technical Committee report.....

LONG COURSE CALENDAR:

The calendar for the long course season is being completed and will be announced shortly. The next issue of Newsletter Plus will include all the details.

BIDS FOR 1985-1986 SHORT COURSE SEASON:

The proposed calendar for short course, 1985-1986 is printed in this Newsletter. Clubs are encouraged to begin thinking about the meets they would like to bid for. A revised form for bidding is being prepared and will be printed in the next issue.

CONGRATULATIONS:

Congratulations to Debbie Lutner of the Portsmouth Aquatic Club who will be receiving an award for being the top individual achiever in New England for the 1984 Swim-a-thon.

Congratulations to high point winners at the Eight and Under Championship meet:

Bernadette Sweeney
Matt Turner

NSC
WESC

ADULT REGISTRATION:

There still seems to be some confusion about adult registration in United States Swimming. It is now a requirement that the following adults must be registered in United States Swimming: (1) All coaches and other adults who are on deck with the swimmers; (2) All meet managers, referees, starters, stroke and turn judges; (3) All team representatives at the Annual Meeting of New England Swimming.

Adult registration costs \$15 (or \$25 for a family) and includes a rule book as well as insurance.

REPORT OF THE TECHNICAL COMMITTEE:

At the March board meeting of New England Swimming, the following recommendations of the Technical Committee, Bruce Schaefer, chairman, were discussed and accepted.

1. The format and schedule that is being presented for the coming year can be kept from year to year. A team that has sponsored a well-run meet one year will be given the right of first refusal on the same meet the next year.

2. A C-B meet will give C swimmers first consideration; if the meet is over-subscribed, the B swimmers will be cut first by postmark; if necessary, the C swimmers will be cut by postmark.

A B-C meet will give B swimmers first consideration; if the meet is over-subscribed, the C swimmers will be cut first by postmark; if necessary, the B swimmers will be cut by postmark.

A B-A meet will give B swimmers first consideration; if the meet is over-subscribed, the A swimmers will be cut first by postmark; if necessary, the B swimmers will be cut by postmark.

An A-B meet will give A swimmers first consideration; if the meet is over-subscribed, the B swimmers will be cut first by time; if necessary, the A swimmers will be cut by time.

(All meets with A swimmers will include AA, AAA, etc. swimmers.)

3. Meet events will not be mandated by the schedule. The teams may bid whatever they would like to bid, and the Calendar Committee will review the bids and make any changes in events needed to provide a balanced offering of all events.

4. Dual meets will not be on the schedule; teams may schedule their own dual meets.

5. Meet entries must be sent to all New England teams at least four weeks before the meet is scheduled; meet entries must be received by the sponsoring team 14 days before the first day of the meet.

6. Eight and unders will be allowed at a meet if the team sponsoring the meet wishes to run 8 and under events.

7. The championship meets will be as follows:

Seniors and Age Groups will remain as they are this year. Cuts will be the 32nd time from this year's meet.

Eight and under championships will remain as they were this year. The 32nd time will be the cut time, also.

B championships will be B through Age Group cuts. A swimmer may not swim the same event in two championship meets. (excluding Seniors).

C championships will include only C swimmers in each event.

8. There will be established cuts for relays at championship meets.

9. New England, through the Calendar Committee, will enforce the rules to run meets and the responsibilities of the sponsoring teams.

SUGGESTED MEET SCHEDULE 1985-1986:

<u>month</u>	<u>weekend</u>	<u>meet(s)</u>
November	two	C-B meet
	three	B-C meet
	four	A-B meet, Thanksgiving weekend
December	one	B-A meet
	two	A-B meet, Christmas Classic
	three	C-B meet
	four	Christmas vacation
January	one	B-A meet
	two	C-B meet
	three	National Qualifier
	four	B-C meet
February	one	C-B meet
	two	A-B meet
	three	B-Age Group Qualifier
	four	C-B meet
March	one	8 and under Championships
	two	Age Group Championships
	three	Senior Championships C Championships
	four	B through Age Groups Championships
	five	Easter weekend
June	one	A-B meet
	two	B-C meet
	three	C-B meet
	four	A-B meet
July	one	B-C meet
	two	C-B meet
	three	B through Age Group Qualifier
	four	Senior Championships
August	one	Age Groups

Mini meets, distance meets and specialty meets may be bid at any time in the calendar. Meets outside the calendar may be bid, but meets within the calendar will have priority. Meets may be bid for one, two, or 2½ days. The Calendar Committee may allow more than one meet a weekend.

For more explanation of the meets and the calendar, see the report of the Technical Committee on the opposite page.

AQUATIC DIRECTOR FOR SUMMER:

A salaried position is open for the summer at the Salem Country Club for a person with strong leadership and swimming instruction skills; will be in charge of pool staff and coach swim team; WSI necessary. Contact: Pool Director. P. O. Box 671, Peabody, MA 01960.

BAY STATE GAMES:

The swimming finals of the Bay State Games will be held on July 12, 13, and 14, 1985 at Northeastern University. Regional trials, which are open to Massachusetts residents and students, ages 12 and over, will be held on June 14 and 15, 1985 as follows:

Southeast:	Dedham High School
Coastal	Bridgewater State College
Central	Holy Cross College
Metro	Bentley College
Northeast	Haverhill High School
West	to be announced

The entry fee for the trials, which will be a senior format meet, will be \$5 per swimmer with each swimmer able to participate in no more than five events. The top four finishers in each region will qualify for finals.

The events will include: 50, 100, 200, 500, 1,000 yards freestyle; 100, 200 yard backstroke; 100, 200 yard breaststroke; 100, 200 yard butterfly; 200, 400 individual medley.

For further information, contact: Bay State Games, P. O. Box 8336, Boston, MA 02114 (617-727-3227).

SPORTS MEDICINE INFORMATIONAL SERIES:

The first three in a series of 11 Sports Medicine Informational Pamphlets are now available from United States Swimming. The pamphlets available are: "Nutrition," "Swimming for Health and Fitness," and "Training Considerations for the Female Athlete." A free copy for each team is available through the New England office; additional copies may be ordered for a small fee from United States Swimming. Any team wishing a copy of any of the pamphlets should notify the New England office.

OFFICE HOURS

The New England office is: New England Swimming, Inc.
Mary Riddell
20 Cleveland Road
Needham, MA 02192
617-444-0270

Office Hours are: Monday : 8 a.m. to 12 noon; 7:30 p.m. to 10:30 p.m.
Thursday: 8 a.m. to 12 noon

NEWSLETTER PLUS

A PUBLICATION OF NEW ENGLAND SWIMMING, INC.

APRIL 1985

IN THIS ISSUE: Time Standards for 1985; Age Group Camps; Long Course Schedule; New Bid Form...

IMPORTANT: Inside is information concerning the Age Group Camps which must be read immediately if you have a swimmer who may be interested in applying.

SHORT COURSE 1985-1986 MEET BIDS:

Inside the newsletter is a new form to be used for bidding on meets. Please begin to think about bids for the next short course season and begin to gather information that you need in order to bid on your meets. Please note that you must type the form. Also, please include complete information (name, address, phone) for an information director which may be printed in Newsletter Plus.

You may send your bids to Mrs. O'Neil as soon as they are ready. A deadline will be printed in the next newsletter.

AGE GROUP HIGH POINT WINNERS:

Congratulations to Age Group high point trophy winners:

10 and under:	Leslie Repetto	CAY	Michael Carroll	CSSM
11 and 12:	Jenny Thompson	ANA	Frank Han	BGSC
13 and 14:	Becky Norton	NEB	David Murphy	HRV

USS MEMBERSHIPS:

US Swimming has informed us that due to a problem with their computer there is a possibility that some US members will not appear on the roster lists and will not receive their membership packets. If any person who mailed their membership application to USS in January has not received their packets within three weeks after they mailed their application, please contact the National Headquarters (US Swimming, 1750 East Boulder Street, Colorado Springs, CO 80909.)

AGE GROUP CAMPS:

Some swimmers who are eligible for Age Group Camps did not receive the information about the camps; those who did receive information should note that there are changes in location and age requirements.

Age Group Camps (formerly Memorial Day Camps) will be held on Memorial Day weekend at 20 locations around the country, including Brown University (not Yale), with Dave Roach as Director.

Age: Girls born January 1, 1972 to May 24, 1974
Boys born January 1, 1970 to May 24, 1972

Qualifying times: Swimmers must have at least a "AA" time in one or more of the following events: 100 back, 100 breast, 100 fly, 200 IM, 500 free, 100 free (yards or meters).

Dates: May 24, 1985 (4-6 p.m. check-in) to May 27, 1985 (12:30 p.m. check-out).

Goals: To inform swimmers about USS programs; to provide swimmers with a variety of ideas that will help them improve their performance; to collect data; to provide a base for further USS developmental programs; to help retain swimmers in the program.

Cost: Swimmers are responsible for transportation to and from the camp and for room and board, approximately \$70. US Swimming pays for the use of the facility and for the coaches' salaries.

Applications: Please send the application immediately to the New England Office (20 Cleveland Road, Needham, MA 02192) for verification. They must be received at Brown University by April 20.

Swimmers who are accepted as well as those who are not accepted will be notified the first of May.

For further information contact the office or Dave Roach, Box 1874, Brown University, Providence, RI 02912 (401-863-1919).

**APPLICATION FOR NATIONAL AGE GROUP CAMPS
(Formerly Memorial Day Camp)**

Name _____ Date of Birth _____

Address _____ Phone () _____

City, State, Zip _____ USS Registration # _____

Applicants home LSC _____ Club _____

Best Times	TIME	MEET
100 yard Back	_____	_____
100 yard Breast	_____	_____
100 yard Fly	_____	_____
200 yard IM	_____	_____
500 yard Free	_____	_____

Verification of times by LSC Official

** Please send application to camp location
which you wish to attend.

MEET INFORMATION: LONG COURSE 1985:

Please note that some information is not ready for print at this time. However, this will give some information on the early meets, and will give you an idea of what the calendar will look like for the summer. The next issue of NEWSLETTER PLUS will include further information, including information concerning Seniors.

- | | | |
|------------|--|---|
| May 19 | 1-day "C" (Sch. I)
Easthampton Barracudas
White Brook Middle School
Easthampton, MA | Kathie Stewart
126 Strong Street
Easthampton, MA 01027
413-527-2418 |
| | 1-day Mini Meet (9 and under)
Greenwood Memorial Swim Club
Gardner, MA | Jack Perkins
309 Ashburnham Street
Gardner, MA 01440
617-345-1974 |
| May 25-26 | Specialty Pentathlon (all ages)
Worcester YMCA Sea Lions | Susan Saunders
165 Oak Street
Shrewsbury, MA 01545 |
| May 31-2 | 2½-day "A" (all events)
to be announced | |
| June 14-16 | 2-day "BA" (Sch. I)
Bernal's Gator Swim Club
Blogett Pool
Harvard University | Bernal's Gator Swim Club
P. O. Box 806
Cambridge, MA 02238
Pat Peterson (617-256-7342) |
| | "C" (Sch. I)
Fort Devens Sharks
Fort Devens, MA | Karen Fuller
724 F Salerno Circle
Fort Devens, MA 01433
617-772-0130 |
| June 21-23 | 2½-day "A" (Sch. I)
Pioneer Valley Aquatic Club | Brian Trelease
53 Ellington Street
Longmeadow, MA 01106
413-567-1397 |
| June 22 | 1-day "BC" (Sch. II)
Farley Middle School
Framingham, MA | Bruce Schaefer
P.O. Box 1292
Framingham, MA 01701
617-881-5956 |
| June 30 | 1-day "C" (Sch. II)
Easthampton Barracudas | see above |
| July 5-7 | 2½-day "A" (Sch. II)
to be announced | |
| July 12-14 | 2½-day "C" (all events)
Nautilus Swim Club
Cape Elizabeth ME | |
| July 19-21 | Age Group Qualifier
Seacoast Stingrays | Bob Fredette
2 Wallington Street
Dover, MA 03820
603-742-5153 |
| Aug. 24 | Age Groups
Bernal's Gator Swim Club | see above |

RECORD BREAKING SWIMS:

Among the excellent swims at Age Groups were several that were record breakers.

10 and under:

Leslie Repetto	CAY	100 yard butterfly	1:06.07 RES
		200 yard freestyle	2:06.33 RES/NE
		50 yard freestyle	59.31 RES/NE
		100 yard breaststroke	1:15.66 RES/NE
		100 yard individual medley	1:07.32 RES/NE
		200 yard individual medley	2:41.11 RES/NE
Larissa Herold	BGSC	100 yard butterfly	1:06.39 RES
		200 yard freestyle	2:07.62 RES/NE
		50 yard freestyle	58.14 RES/NE
		100 yard backstroke	1:08.24 RES
		100 yard individual medley	1:07.37 RES/NE
		200 yard individual medley	2:25.07 RES/NE
Kimberly HO	LRAC	100 yard breaststroke	1:17.58 RES
Bernal's Gator Swim Club (girls)		200 yard medley relay	2:11.07 RES/NE
Little Rhody Aquatic Club(girls)		200 yard medley relay	2:12.93 RES/NE
Bernal's Gator Swim Club (girls)		200 yard free relay	1:57.27 RES/NE
Weston Swim Club (boys)		200 yard medley relay	2:14.75 RES/

11 and 12:

Jenny Thompson	ANA	100 yard butterfly	1:01.38 RES
		50 yard backstroke	29.91 RES
Maria Koziol	PVAC	50 yard backstroke	29.73 RES
Bernal's Gator Swim Club (girls)		400 yard free relay	3:53.46 RES/NE

13 and 14:

Frank Han	BGSC	100 yard freestyle	48.71 RES/NE
		200 yard freestyle	1:45.76 RES/NE
		50 yard freestyle	22.15 RES/NE
David Wilkins	BGSC	100 yard backstroke	57.09 RES
Bernal's Gator Swim Club (girls)		400 yard free relay	3:41.35 NE
Bernal's Gator Swim Club (boys)		200 yard free relay	1:32.54 RES/NE
		200 yard medley relay	1:45.09 RES/NE
		400 yard free relay	3:23.89 NE

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NEWSLETTER PLUS

AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

MAY 1985

IN THIS ISSUE: Long Course, 1985 Meet Schedule; 8 and under "A" and "B" times; Zone Team; Reimbursements.....

US SWIMMING TEAM REGISTRATION:

Several teams have not renewed their team registration for 1985. If your team has not yet sent its registration form and \$55 fee to Glenna Griswold, please do so immediately. Otherwise, your team will be dropped from the membership list, and your swimmers will have to swim unattached.

CONGRATULATIONS:

Congratulations to High Point Trophy winners at Seniors:

first:	Alex Kostich	BGSC	Judy Tripp	PVAC
second:	Rick Kennedy	WESC	Kate Thoman	WESC
third:	Andrus Laats	NEB	Noreen Solakoff	CSSM

REIMBURSEMENTS:

At its April meeting the New England Swimming Board adopted the following reimbursement policy for the Short Course, 1984-1985 season:

Junior Nationals:	Swimmers who placed in finals	: \$120
	Swimmers who placed in consolations:	90
	Swimmers who qualified and swam	: 60
	Swimmers who swam in relays only	: 40
Senior Nationals:	Swimmers who qualified and swam	: \$321 (air fare)

The Board will adopt a policy for the Long Course, 1985 season at its next meeting. It is expected, however, that the reimbursement will be based on the lowest available air fare. Coaches who anticipate having swimmers attend Junior or Senior Nationals this summer should plan to obtain tickets at least 30 days in advance in order to take advantage of the lowest possible fare.

TECHNICAL CLARIFICATION:

The Technical Committee report in the March issue referred to the Short Course, 1985-1986 schedule which was printed in the same issue. The recommendations which were adopted by the New England Swimming board will not take effect until the Short Course, 1985-1986 season.

LONG COURSE AGE GROUP MEET:

This summer, 15-18 year old swimmers will be able to swim in Age Groups. Eight and under swimmers also will be included. The format will be timed finals, not trials and finals.

AGE GROUP AND SENIOR QUALIFYING TIMES FOR LONG COURSE WERE PRINTED IN SEPTEMBER, 1984. For your convenience, they will be reprinted next month in Newsletter Plus.

BIDS FOR SHORT COURSE, 1985-1986 SEASON:

Bids for the Short Course, 1985-1986 season must be received by Mrs. O'Neil by July 1, 1985. Please remember to type your bid and send two copies.

RECORD BREAKING SWIMS:**New England Seniors (Exeter, NH):****13 and 14 Boys:**

Frank Han:	BGSC	.50 yard freestyle	22.39 NE/RES
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Region I Championships (Providence, RI):**13 and 14 Boys:**

Frank Han	BGSC	50 yard freestyle	22.70 RES
David Johnson	BGSC	100 yard backstroke	56.43 RES
		200 yard butterfly	2:00.34 RESj
Alex Kostich	BGSC	1650 yard freestyle	15.55.58 RES
John Bennett	BSC (NY)	50 yard freestyle	22.43 NE
		100 yard freestyle	48.00 NE
		200 yard freestyle	1:43.24 NE
		500 yard freestyle	4:42.08 NE

15-18 Girls:

MaryEllen Powers	BGSC	200 yard butterfly	2:04.93 RES
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15-18 Boys:

Jeff Peterman	BGSC	100 yard breaststroke	59.62 RES
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ZONE MEET:

Congratulations to the New England team which had a very successful meet at the Eastern Zone Championships in Philadelphia.

10 and under

Adrienne Bonne	LYM
Rachel DeVito	BEST
Beth Iacobucci	LRAC
Erin Kimbrel	HAY
Liz Kotch	ABF
Shelley Pulling	CAY
Ann Tarantino	WESC
Michael Carroll	CSSM
Chris Gahan	SS
Sean Krause	HRY
David Laporte	PVAC
Matt McGuire	PVAC
Dan Rodenhaver	WESC
Todd Whitford	PAC

11 and 12

Jodi DeLuca	CAY
Becky Frank	LCSC
Kelly Kooyenga	NSC
Maria Koziol	PVAC
Shelly Lamontagne	HAY
Libby Marshall	WSC
Miriam O'Neil	CAY
Terri Stewart	HRY
Julie Veremey	PVAC
Ray Carey	BGSC
Jeff Couture	WESC
Josh Fraser	NEB
Dustin Foster	LYM
Steve Kozowyk	LYM
Vijay Lathi	WESC
Brian Livingston	CAST
James McGinnis	BGSC
Khari Milner	BGSC
David Murphy	HRY

13 and 14

Christine Agnew	PVAC
Kate Bazemore	WSC
Joanne Bernard	CCSC
Meta Hobson	NEB
Wendi Hulslander	KDST
Lynn Kelley	BGSC
Christine MacDonald	BARY
Sarah Perroni	LRAC
Nikki Shire	BGSC
Amy VanAken	BGSC
Karyn Ward	CAST
Scott Davis	WESC
Eric Hecker	LRAC
David Johnson	BGSC
Steve Jungbluth	LOBC
Dinesh Lathi	WESC
David Nason	BGSC

15 to 18

Kelly Brown	SS
Karen Crossman	LRAC
Suzanne Hendrickson	BGSC
Eva Knepp	SS
Kristina Martin	BGSC
Lynne Peckenham	LRAC
Lynn Trelease	PVAC
Andrea Wight	BGSC
Susan Bernard	CCSC
Paige Ward	CAST
Kevin Crossman	LRAC
Doug Reilly	NEB
Brad Semle	PVAC
Rob Shapiro	WESC
Ian Toal	UN
Paul Wilson	CAST

The team was coached by:

Isabelle Fraser	PVAC	Mike Parratto	SS
Amy Ayres	SS	Paul Miles	ADSC
Phil Ross	LYM		

Chaperones included: Bruce Hecker, Carol Peckenham, Nancy Pulling, Mary Koziol, Mary Alice Perroni, Doris Nason, Sue Agnew, Pat Laporte.

Thank you to all the coaches, swimmers, and parents who helped make the trip so successful!

NEW TEAM:**EAST COAST AQUATIC CLUB**

Jon Lazar
25 Locust Street
Lynn, MA 01904

ECAC**SURCHARGES:**

The surcharges for the meets on the new calendar which goes into effect in September, 1985 will be as follows:

"AB" meet (medals, entry fee up to \$1.70)	30¢ surcharge
"BA" meet (ribbons, entry fee up to \$1.25)	15¢ surcharge
"BC" meet (ribbons, entry fee up to \$1.25)	15¢ surcharge
"CB" meet (ribbons, entry fee up to \$1.25)	15¢ surcharge
mini-meet (ribbons, entry fee up to \$1.25)	15¢ surcharge

JUNIOR AND SENIOR NATIONALS:

The following New England registered swimmers attended Junior Nationals and participated in individual events:

Karen Ehrlich	NEB	Missy Hoy	LRAC
Jennifer Norton	NEB	Tim Card	LRAC
Rebecca Norton	NEB	Wayne Bowden	LRAC
G. T. Ladd	SAC	Rob Berry	LRAC
Jeanne Oliva	SAC	Stephanie McBrier	LRAC
Louise Gouin	CAST	Valerie Johanessen	LRAC
Judy Trip	PVAC	Andrew Saulnier	WESC
Matt Countie	BGSC	Kirsten Greineder	WESC
Scott Jaffe	BGSC	Noreen Solakoff	CCSC
Jeff Kelley	BGSC	Isabelle Weibel	BRU
Alex Kostich	BGSC	Jeff Peterman	BGSC
Albert Price	BGSC	James Sweeney	BGSC
Janet Bishop	BGSC	Meg Briselden	BGSC
Tami Carlow	BGSC	Roro Deleo	BGSC
MaryEllen Powers	BGSC	Carolyn Ryder	BGSC

Swimming relays only were:

Jennifer White	NEB	Mark Seasholes	NEB
Andrus Laats	NEB	Gary Wing	NEB
Scott Ferguson	NEB	Frank Han	BGSC
Anne Koerckel	BGSC	Trish Stevens	BGSC

Swimming individual events at Senior Nationals was Keith Hayes (SAC)

COACHING POSITION AVAILABLE:

The Portsmouth Aquatic Club, an up-and-coming swim team of 125 members, is looking for an Age Group/Senior Coach to work with both novice and veteran swimmers of all ages. The team has high goals, excited swimmers, and a superb new facility. Excellent opportunity for a motivated coach; 15-20 hours per week; salary dependent upon qualifications. Position open immediately. Contact: Greg Cronauer, at 603-431-2000, x 278 (weekdays).

NEWSLETTER PLUS SUBSCRIPTIONS

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SEED CARDS

Seed cards are available through the New England office. We are now having the cards printed commercially in quantity. The cost is \$13.00 per thousand cards, including postage, or \$11.50 per thousand cards if you pick them up in Needham. There is no minimum order.

If you want your team's initials on the cards, and order less than 5,000 cards, the price will be \$21.00 per 1,200 cards, including postage, or \$19.50 per 1,200 cards, if you pick them up in Needham. The price decreases as the order increases. Call for specific prices. The minimum order with initials is 1,200 cards.

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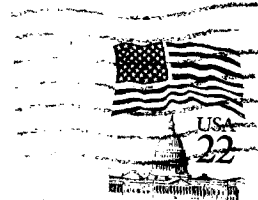
IMPORTANT NOTICE OF MEET CHANGE:

The May 17-19 2½-day "AB" Meet (Schedule I) will be co-sponsored by Cape Ann YMCA and Fort Devens Sharks and will be held at the Fort Devens pool.



**United States Swimming
New England**

20 CLEVELAND ROAD
NEEDHAM, MA 02192



FIRST CLASS

PIONEER VALLEY SWIM
Isabelle Fraser LEAGUE
125 Franklin Road
Longmeadow, MA 01106
PVAC

NEWSLETTER PLUS

AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

JUNE 1985

IN THIS ISSUE: AGE GROUP and NEW ENGLAND SENIOR cuts; time standards for JUNIOR NATIONALS and SENIOR NATIONALS....

MEET CHANGE:

The mini meet hosted by Greater Boston Swim Club will be held on SUNDAY, JUNE 16 at Bridgewater State College, rather than June 15 because of a conflict with Bay State Games trials at the same pool.

NEW ENGLAND SWIMMING OFFICERS:

Officers for the New England Swimming Board will be elected at the Annual Meeting to be held in October. A nominating committee, chaired by Priscilla Davis, has been formed and is interested in hearing from individuals in New England who would like to be considered for nomination for a position on the New England Swimming Board. In addition to the elected Board members, other members will be appointed to the Board, both at the Annual Meeting and throughout the year as positions become open. If you are interested in being considered either for an elected or appointed position, please contact Priscilla Davis (205 Woodbury Street, South Hamilton, MA 01982) or the Office.

COACH REPRESENTATIVE:

Nominations also are open for a new junior coach representative who would be willing to serve for two years, the first as junior representative and the second as senior representative. This year the election will take place at a meeting of coaches at AGE GROUPS during the weekend of August 2-4. The time and place will be announced in a later Newsletter Plus. If you are interested or have any questions, please contact Pat Dardenne, 53 Glenn Drive, Wilbraham, MA 01095 or Steve Pike, 825 Concord Avenue, Belmont, MA 02178.

ATHLETE REPRESENTATIVE:

The New England Board will be appointing a new junior athlete representative. Any New England registered swimmer who would be willing to serve for two years, the first as junior representative and the second as senior representative, is eligible to be considered. On the last page of this newsletter is an application form for any swimmer who wishes to be considered for appointment to the New England Board. If you have any questions, please contact Karen Griswold, 48 Brainard Road, Wilbraham, MA 01095 or Kim Shire, 31 Plain Road, Westford, MA 01886.

CHANGE OF ADDRESS:**PIONEER VALLEY AQUATIC CLUB**

Chris Martin
69-1A Longhill Street
Springfield, MA 01108

CHANGE OF NAME:

The SEACOAST STINGRAYS will now be called: SEACOAST SWIMMING ASSOCIATION (SSA).

MASTERS SWIMMING:

Swimmers over 25 who are interested in MASTERS SWIMMING should contact: Philip Whitten, P.O. Box 624, Marblehead, MA 01945, (617) 631-8673. A swimmer may be registered for both USS open (senior) competition and for Masters Swimming at the same time.

ADAPTED SWIMMING HANDBOOK:

The New England Office has received from United States Swimming a newly reprinted Adapted Swimming Handbook. An informational mailing has been sent to all registered teams in New England and to all Long Course Meet Chairman. The information includes rule interpretations for disabled swimmers and an information form for disabled swimmers to use when they enter a meet so that the meet manager can prepare the facility and the meet referee can inform the stroke and turn judges. If anyone else would like a copy of this information, please contact the New England Office.

BIDS FOR SHORT COURSE 1985-1986 MEETS:

Please send your bids for meets for the Short Course 1985-1986 season to Mrs. Sigrid O'Neil, P. O. Box 18, Ward Hill, MA 01830 by July 1. Please remember to type your bid(s) and enclose two copies.

CORRECTION:

KATE THOMAN (WESC) was omitted from last's months list of Junior National swimmers.

NEWSLETTER PLUS SUBSCRIPTIONS

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NEW ENGLAND SWIMMINGAGE GROUP CUTS1984-19858 & UnderFemaleMale

<u>Yards</u>	<u>Metres</u>	<u>Event</u>	<u>Yards</u>	<u>Metres</u>
40.22	51.69	50 free	38.95	55.09
1:33.83	1:59.99	100 free	1:29.99	2:05.59
55.31	1:18.29	50 fly	56.04	1:17.29
48.63	1:02.39	50 back	49.63	1:09.59
54.83	1:09.69	50 breast	55.47	1:11.29

9-10

32.59	37.59	50 free	32.19	38.99
1:13.69	1:24.99	100 free	1:13.69	1:25.99
2:40.19	3:10.49	200 free	2:40.19	3:06.99
39.99	46.99	50 back	40.74	46.49
1:29.09	1:41.59	100 back	1:34.99	1:41.59
42.49	49.99	50 breast	45.99	52.59
1:33.99	1:52.29	100 breast	1:35.39	1:56.99
38.99	46.99	50 fly	37.99	49.99
1:32.29	1:53.99	100 fly	1:38.29	1:53.99
1:23.49	-----	100 Ind. Med.	1:24.39	-----
3:03.29	3:28.99	200 Ind. Med.	3:06.19	3:34.99

11-12

28.89	32.89	50 free	28.99	33.99
1:02.99	1:11.99	100 free	1:03.99	1:14.99
2:17.09	2:35.39	200 free	2:17.09	2:38.99
6:04.99	5:28.99	400/500 free	6:05.29	5:35.99
34.79	40.19	50 back	35.99	41.49
1:14.29	1:27.99	100 back	1:17.79	1:29.99
37.59	43.39	50 breast	38.19	47.09
1:22.99	1:37.99	100 breast	1:25.99	1:40.89
31.99	37.79	50 fly	32.99	38.99
1:14.99	1:26.29	100 fly	1:15.29	1:31.09
1:13.29	-----	100 Ind. Med.	1:13.99	-----
2:36.99	3:02.19	200 Ind. Med.	2:39.99	3:05.99

Times must be done as of June 1, 1984.

continued on next page

AGE GROUP CUTS CONT'D 1984 - 1985

13-14

Female

Male

<u>Yards</u>	<u>Metres</u>	<u>Event</u>	<u>Yards</u>	<u>Metres</u>
27.49	30.89	50 free	25.99	29.99
59.09	1:07.99	100 free	55.99	1:05.99
2:07.99	2:25.99	200 free	2:00.99	2:21.09
5:38.99	5:06.99	400/500 free	5:30.99	4:55.99
11:55.99	10:40.09	800/1000 free	11:15.79	10:27.79
18:52.39 Auto	19:05.79 Auto	1650/1500 free	18:30.69 Auto	18:38.39 Auto
19:47.59 Consid	20:11.89 Consid		19:27.89 Consid	20:32.79 Consid
1:10.99	1:21.99	100 back	1:07.99	1:18.99
2:30.99	2:53.99	200 back	2:26.99	2:50.09
1:17.59	1:30.99	100 breast	1:14.99	1:26.99
2:49.49	3:14.69	200 breast	2:41.99	3:09.99
1:07.69	1:17.99	100 fly	1:04.99	1:14.09
2:33.99	2:53.99	200 fly	2:33.99	2:51.99
2:26.99	2:47.59	200 Ind. Med.	2:22.89	2:40.99
5:12.99	5:57.19	400 Ind. Med.	5:07.49	5:39.29

15-18

26.39	30.19	50 free	23.99	27.09
57.99	1:05.99	100 free	52.09	59.99
2:04.69	2:20.69	200 free	1:53.79	2:10.19
5:32.99	4:57.99	400/500 free	5:06.39	4:40.89
11:48.29	10:33.69	800/1000 free	10:50.39	10:07.49
18:50.19 Auto	19:03.29 Auto	1650/1500 free	18:07.39 Auto	18:11.09 Auto
19:43.39 Consid	20:02.59 Consid		18:55.69 Consid	19:38.49 Consid
1:08.99	1:18.99	100 back	1:03.99	1:12.99
2:25.99	2:48.99	200 back	2:14.99	2:36.99
1:15.99	1:28.39	100 breast	1:08.99	1:21.89
2:42.99	3:10.59	200 breast	2:28.99	2:55.79
1:04.59	1:13.89	100 fly	58.99	1:07.79
2:24.09	2:48.99	200 fly	2:18.39	2:39.19
2:23.09	2:41.99	200 Ind. Med.	2:11.29	2:31.99
5:02.99	5:43.99	400 Ind. Med.	4:46.09	5:24.89

Times must be done as of June 1, 1984.

NEW ENGLAND SENIOR CUTS 1985

WOMEN		MEN	
Short Course	Long Course	EVENT	Short Course Long Course
26.29	29.99	50 FREE	23.75 27.17
57.19	1:05.20	100 FREE	51.54 58.95
2:00.99	2:19.29	200 FREE	1:51.79 2:09.79
5:26.79	4:52.49	400/500 FREE	5:01.28 4:36.79
11:25.09	10:13.79	800/1000 FREE	10:39.39 9:48.99
19:23.59	19:40.19	1500 1650 FREE	18:27.59 18:29.49
1:07.47	1:16.89	100 BACK	1:02.39 1:11.89
2:25.79	2:45.99	200 BACK	2:14.59 2:36.79
1:14.79	1:25.89	100 BREAST	1:06.99 1:21.69
2:40.75	3:03.99	200 BREAST	2:27.99 2:54.79
1:03.89	1:13.69	100 FLY	58.09 1:06.59
2:21.78	2:45.89	200 FLY	2:11.47 2:37.10
2:20.59	2:39.89	200 ND. MED.	2:09.32 2:27.79
5:01.99	5:42.19	400 IND. MED.	4:37.79 5:22.89

OFFICE HOURS

Office Hours are as follows:

Monday: 8 a.m. to 12 noon
7:30 p.m. to 10:30 p.m.

Thursday: 8 a.m. to 12 noon

If you call at another time,
please leave a message and I
will return your call.

Thank you.

NEW ENGLAND SWIMMING, INC.
% Mary Riddell
20 Cleveland Road
Needham, MA 02192
617-449-0270

1985 JUNIOR NATIONAL TIME STANDARDS

WOMEN			EVENT	MEN		
SHORT COURSE METERS	SHORT COURSE YARDS	LONG COURSE METERS		LONG COURSE METERS	SHORT COURSE YARDS	SHORT COURSE METERS
27.49	24.79	28.19	50 FREE	25.29	21.89	24.19
58.99	53.59	1:00.99	100 FREE	54.79	47.89	52.89
2:07.29	1:55.49	2:11.29	200 FREE	1:59.59	1:44.09	1:55.19
4:23.29	5:04.99	4:33.39	400/500 FREE	4:13.49	4:41.99	4:04.09
9:04.79	10:25.69	9:18.19	800/1000 FREE	8:47.29	9:43.09	8:30.19
17:17.39	17:28.79	17:50.39	1500/1650 FREE	16:50.09	16:15.09	15:57.19
1:07.29	1:01.29	1:09.99	100 BACK	1:02.99	54.69	1:00.79
2:26.19	2:11.89	2:29.59	200 BACK	2:15.39	1:57.89	2:10.89
1:16.79	1:08.79	1:19.99	100 BREAST	1:10.49	1:00.69	1:07.29
2:45.49	2:27.99	2:51.69	200 BREAST	2:33.79	2:12.29	2:28.39
1:04.89	59.09	1:06.79	100 FLY	59.79	52.39	57.39
2:21.69	2:08.99	2:25.89	200 FLY	2:13.09	1:55.99	2:06.99
2:25.79	2:11.89	2:30.59	200 I.M.	2:15.59	1:57.89	2:10.29
5:07.19	4:38.69	5:17.69	400 I.M.	4:50.99	4:12.39	4:39.39
4:37.49	4:08.99	4:42.19	400 MEDLEY RELAY	4:11.89	3:40.89	4:06.79
4:07.19	3:40.89	4:09.89	400 FREE RELAY	3:45.29	3:17.29	3:39.29
8:55.09	7:58.69	8:59.99	800 FREE RELAY	8:14.49	7:14.39	8:02.99

1985 SENIOR NATIONAL TIME STANDARDS

WOMEN			EVENT	MEN		
SHORT COURSE METERS	SHORT COURSE YARDS	LONG COURSE METERS		LONG COURSE METERS	SHORT COURSE YARDS	SHORT COURSE METERS
26.59	23.89	27.29	50 FREE	23.99	20.79	22.99
56.59	51.49	58.89	100 FREE	52.29	45.39	50.09
2:02.79	1:51.39	2:06.89	200 FREE	1:54.79	1:40.29	1:51.09
4:14.99	4:55.29	4:24.09	400/500 FREE	4:02.59	4:30.99	3:54.59
8:42.29	10:05.59	9:01.39	800/1000 FREE	8:22.29	9:24.09	8:14.59
16:43.19	16:54.09	17:11.89	1500/1650 FREE	16:06.19	15:49.09	15:31.69
1:04.49	58.79	1:07.39	100 BACK	59.89	52.09	57.99
2:20.89	2:07.09	2:23.69	200 BACK	2:08.59	1:53.39	2:05.99
1:13.99	1:06.29	1:16.59	100 BREAST	1:07.29	57.69	1:03.99
2:39.49	2:22.59	2:44.39	200 BREAST	2:26.69	2:06.39	2:21.69
1:02.09	56.59	1:04.29	100 FLY	56.59	49.89	54.69
2:17.09	2:04.69	2:20.09	200 FLY	2:05.19	1:50.99	2:01.49
2:20.29	2:07.19	2:24.69	200 I.M.	2:09.79	1:53.09	2:05.19
4:56.49	4:28.89	5:05.49	400 I.M.	4:36.09	4:02.29	4:23.29
4:27.09	3:59.69	4:31.19	400 MEDLEY RELAY	3:59.39	3:31.49	3:56.29
4:01.19	3:35.59	4:03.49	400 FREE RELAY	3:36.79	3:07.69	3:28.59
8:38.09	7:43.49	8:46.09	800 FREE RELAY	7:53.79	6:59.79	7:46.79

SAVE THE BAY:

Save the Bay, Inc., will sponsor their 9th annual Swim the Bay event to raise funds for the protection and preservation of Narragansett Bay in Rhode Island on August 10, 1985.

One hundred swimmers, each accompanied by a rower and spotter, make a 2½ mile crossing from Coaster's Harbor Island (home of the Newport Naval War College) to Potter Cove in Jamestown, at the foot of the Newport Bridge.

Each of the participating swimmers, rowers, and spotters solicits donations from the public, and prizes are awarded for the top three fundraisers.

For further information, please contact Save the Bay, 154 Francis Street, Providence, RI 02903, 401-272-3540.

NEW ENGLAND SWIMMING
APPLICATION FOR ATHLETE REPRESENTATION

NAME: _____ PHONE #: _____

ADDRESS: _____ U.S.S.#: _____

AGE: _____ YEAR IN SCHOOL: _____

NUMBER OF YEARS REGISTERED U.S.S.: _____

CURRENT CLUB AFFILIATION: _____

SIGNATURE OF APPLICANT: _____

SIGNATURE OF COACH: _____

PLEASE RETURN THIS FORM TO: NEW ENGLAND SWIMMING, INC.
20 CLEVELAND ROAD
NEEDHAM, MA 02192



**United States Swimming
New England**

20 CLEVELAND ROAD
NEEDHAM, MA 02192



FIRST CLASS

PIONEER VALLEY SWIM
Isabelle Fraser LEAGUE
125 Franklin Road
Longmeadow, MA 01106
PVSL

NEWSLETTER PLUS

AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

JULY 1985

IN THIS ISSUE: Reimbursement Policy, National Sports Festival, Slide Show, False Start Rule Interpretation, Calendar Changes--short course, 1985-1986, Distance Meet Results....

We are sorry to report the death earlier this summer of David Yorzyk, a long-time New England swimmer. We extend our condolences to his family.

AGE GROUPS:

This summer Age Groups will be sponsored by Bernal's Gator Swim Club at Harvard University, on Thursday, August 1 (one morning session only), Friday, August 2 (two sessions), Saturday, August 3 (two sessions), and Sunday, August 3 (two sessions).

Eight and unders will swim on Friday and Saturday only. The 200 meter breaststroke will be swum on Sunday instead of Saturday. In the 1500 meter freestyle, swimmers will swim two to a lane, if necessary, so that as many swimmers as possible can be accommodated. The two fastest heats will swim one to a lane, however.

TOP TEN BANQUET:

Save the date--SUNDAY, NOVEMBER 10, 1985. The Top Ten Banquet will be held on Sunday, November 10, 1985 at the Windsor Mills Restaurant in Dracut, MA. The banquet will honor Outstanding Swimmers and Top Ten Swimmers for both the Short Course and Long Course seasons.

The Short Course Outstanding Swimmers will be announced next month, and the Top Ten book should be sent to the teams at about the same time.

CONGRATULATIONS TO:

DAVID NASON BGSC who established a new Zone Record in the 1650 yard freestyle (16:32.92).

LOUISE GOVIN CAST and ALEX KOSTICH BGSC who were selected to participate in the swimming portion of the National Sports Festival in Baton Rouge, LA in July.

NATIONAL SPORTS FESTIVAL

On the basis of their performances at Junior Nationals in April, Louise Gouin and Alex Kostich were selected to participate in the swimming portion of the National Sports Festival which will be held this summer in Baton Rouge, Louisiana. The swimming is slated for July 27 to July 30 although the festival runs until August 4.

There will be four teams, each with 18 men and 18 women. The teams have been titled according to geography, but the members of each team were chosen without respect to their geographic base. Thus, the 30 swimmers from California and the 15 swimmers from Florida are spread out over the four teams. Louise will be swimming on the Central team; Alex will be on the West team.

ESPN will be televising the National Sports Festival live beginning with the opening ceremony on Friday, July 26 from 8:00 to 11:00 p.m. (EDT). Swimming is scheduled to be shown on the following days:

Saturday, July 27	8:00-11:00 p.m. (track & field, swimming)
Sunday, July 28	8:00-11:00 p.m. (track & field, swimming)
Monday, July 29	8:00-10:30 p.m. (swimming, basketball, volleyball)
Tuesday, July 30	8:00-11:30 p.m. (volleyball, swimming)

All times are Eastern Daylight Times. Other events which will be televised include: skating, diving, boxing, gymnastics, boxing, synchronized swimming, ice hockey, and water polo.

OFFICE HOURS

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7:30 p.m. to 10:30 p.m.

Thursday: 8 a.m. to 12 noon

If you call at another time,
please leave a message and I
will return your call.

Thank you.

NEW ENGLAND SWIMMING, INC.
% Mary Riddell
20 Cleveland Road
Needham, MA 02192
617-449-0270

CALENDAR CHANGES AND ADDITIONS:

Because of the early date of short course Junior Nationals in 1986, we are changing the date of New England Senior Championships so that swimmers will be able to qualify at Seniors for Junior Nationals.

12/12-15/85	Region I Meet, Syracuse, NY
2/28-3/3/86	New England Seniors Eight and Under Championships
3/8-9/86	Age Groups
3/15-16/86	"C" Championships
3/18-22/86	Junior Nationals, Orlando, Florida
3/22-23/86	"B" through Age Groups Championships
4/1-5/86	Senior Nationals, Orlando, Florida
4/4-6/86 or	Zone Meet, University of Pittsburg, PA
4/3-5/86	

NOTE: There will be no Region I Meet this summer. Massachusetts High School Boys States is scheduled for February 21 and 22, 1986.

COLLEGE SWIMMERS:

Three New England swimmers recently swam in the 1985 Division I National Collegiate Athletic Association championships at the University of Alabama.

MEGAN BRESNAHAN (University of Georgia and BGSC) placed third in the finals of the 100 yard backstroke (56.25) and fourth in the 200 yard backstroke (2:00.21). She also swam on the Georgia medley relay team.

LAURENE LAZZARETTI (Southern Methodist University and NEB) placed sixth in the consolations of the 200 yard individual medley (2:06.59).

STEPHANIE NORTON (Stanford University and NEB) swam in the preliminaries of the 200 yard butterfly (2:03.59). She also swam on the fourth place Stanford medley relay.

NOTE: We are always glad to print news of our college swimmers. Please send any articles or news to the New England office.

CHANGE OF ADDRESS:

LAWRENCE Y WAHOOS
Lawrence YMCA
38 Lawrence Street
Lawrence, MA 01843

RECORD BREAKING SWIMS:Zone Meet, Philadelphia, PA, April 11-13, 1985:

13 and 14: David Johnson BGSC 50 yard freestyle 22.75 RES*
 100 yard backstroke 56.30 RES
 200 yard butterfly 2:00.25 RES
 * tie

Junior Nationals, Syracuse, NY, April 9-13, 1985:

15 to 18: Louise Gouin CAST 400 yard IM 4:27.03 RES
 Missy Hoy LRAC 1650 yard freestyle 17:07.64 RES
 Carolyn Ryder BGSC 100 yard breaststroke 1:06.01 RES
 Isabelle Weibel BRU 200 yard breaststroke 2:22.99 RES
 Tim Card LRAC 100 yard breaststroke 59.45 RES
 Alex Kostich BGSC 500 yard freestyle 4:33.24 RES
 1000 yard freestyle 9:11.53 RES
 1650 yard freestyle 15:35.96 RES
 Jeff Peterman BGSC 100 yard breaststroke 59.47 RES
 Andrew Saulnier WESC 1650 yard freestyle 15:52.17 RES
 Bernal's Gator SC 800 yard free relay 6:57.33 RES
 (Albert Price, Matthew Countie, Jeff Kelley, Alex
 Kostich)

Senior Nationals, East Los Angeles, CA, April 2-6, 1985

15 to 18: Keith Hayes SAC 100 yard butterfly 48.69 RES

** NOTE: Any swims which you feel may qualify for a New England Record which are swum out of district (including all of the above) must be reported to the Record Chairman, Joe Drolette, 59 South Douglas Street, Rockland, MA 02370.

SWIM TEAM COACH NEEDED:

Coaching position to start in September; Monday through Friday from 4 to 6:30 p.m., Saturday flexible. Experience required. \$3000 per year. Applications available from: Hockomock Area YMCA, 300 Elmwood Street, North Attleboro, MA 02760, 617-695-7001.

NEWSLETTER PLUS SUBSCRIPTIONS

Please check the label of this issue to find the expiration date of your subscription. Newsletter Plus subscriptions are \$7.00 per year. Please send all subscriptions to: New England Swimming, 20 Cleveland Road, Needham, MA 02192.

REIMBURSEMENTS:

The reimbursement policy for Long Course Junior Nationals and Senior Nationals will be similar to the policy for this past Short Course season.

The reimbursement for Senior Nationals, to be held in Mission Viejo, California, will be based on the lowest coach air fare (\$278). New England swimmers who swim individual events in Senior Nationals will receive a reimbursement of 100% of the air fare (\$278). Relay swimmers who qualified the original relay team will receive 30% and relay swimmers who swim as substitutes will receive 20%.

The reimbursement for Junior Nationals, to be held in Tuscaloosa, Alabama, will be based on the lowest coach air fare (\$240). New England swimmers who place in the finals will receive 100%; swimmers who place in consolations will receive 90%; all other individual swimmers will receive 80%. Relay swimmers who swam on the qualifying team will receive 30%, and substitutes will receive 20%.

At the July board meeting, it was voted that in the future the reimbursement will be set in the following manner. Each year at the board meeting preceding the Annual Meeting, the Board will discuss the revenues available to reimburse the Junior National and Senior National qualifiers and will establish a reimbursement policy for that year that at a minimum reimburses 100% of the lowest coach air fare for Senior National qualifiers and 50% of the lowest coach air fare for Junior National qualifiers. Relay swimmers will be considered as the funds are available. The reimbursement policy for each year will be announced at the Annual Meeting and published in Newsletter Plus at the same time.

New England Swimming recently reimbursed 40 New England swimmers, representing nine teams, who swam at Junior Nationals and Senior Nationals.

SLIDE SHOW:

The new United States Swimming Speakers Bureau Audio-Visual Presentation is available through the New England Swimming office. The presentation has been designed by Phillips Petroleum, the sponsor of Senior National Swimming, and United States Swimming and features John Naber as spokesman.

The 13-minute show includes a set of 80 slides, a soundtrack cassette, and suggestion for presenting the program. It is an excellent aid in introducing and promoting organized competitive swimming to any age group. It demonstrates how large scale achievements begin with participation at the grass roots level.

Teams may reserve the presentation through the New England office. There will be a \$35 deposit fee for the program which will be returned to the team when the slide show is returned to the office.

AD HOC COMMITTEE ON MEETS AND FACILITIES:

At its July meeting the New England Swimming Board formed an Ad Hoc Committee on Meets and Facilities which will be chaired by Steve Pike. The purpose of the committee is to see what can be done to encourage more teams to run meets and to locate more facilities to be used for meets.

Steve is particularly interested in learning about facilities that New England may use for meets, especially 50-meter pools. If you know of a facility that might possibly be used for meets, he would appreciate a description of the pool, locker room facilities, etc., with Polaroid pictures, if possible, and also the name of a contact person.

If you have any ideas, suggestions, or comments, please contact Steve Pike at 825 Concord Avenue, Belmont, MA 02178.

NATIONAL AGE GROUP DISTANCE MEET:

Last November a National Age Group Distance Meet was announced in Newsletter Plus. Swimmers swam at various locations, and the results were mailed to a central location for tabulation.

Nine and ten year olds swam 1000 yards; 11 and 12 year olds swam 2000 yards; 13 through 18 year olds swam 3000 yards. Recently, the top 50 swimmers in each age and sex were announced in Swimming World, and several New England swimmers were listed.

9 year olds

Shelly Pulling	CAY
Rebecca Parco	CAY
Andre Koerckel	BGSC
B. Lampron	HYST
C. Fountain	MSY

10 year olds

Larissa Herold	BGSC
Kimberly Ho	LRAC
A. Palloir	HYST
Mike Carroll	CSSM
Gene Sutherland	CAY
Matt McGuire	PVAC

11 year olds

Laura Koerckel	BGSC
Christine Monahan	UN
Greg Horgan	HYST
Jason Bois	LRAC

12 year olds

Miriam O'Neil	CAY
Laura Burnham	SS

13 year olds

Lynn Kelley	BGSC
Sarah Perroni	LRAC
Kristen Blomberg	BGSC
Wayne Snellgrove	CAY
Dean Fredette	SS
David Gatewood	CAY

14 year olds

Missy Hoy	LRAC
Gaylord Garroway	LRAC
Chris Gleason	LRAC

15 year olds

Louise Gouin	CAST
Val Johannesson	LRAC
Brenda Bradley	HYST
Kim Pallecchi	BGSC

16 year olds

Alexis Miller	LCSC
Melissa McCarthy	BGSC
Ken Ralph	HYST
Willy Kleschinsky	HYST

17 year olds

Kevin Crossman	LRAC
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NEWSLETTER PLUS

AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

August 1985

IN THIS ISSUE: Outstanding Swimmers, Short Course, 1984--1985;
Record Breaking Swims, Long Course, 1985;
Meet Schedule for Short Course, 1985--1986

SAVE THESE DATES:

SATURDAY, OCTOBER 5, 1985--New England Swimming Annual Meeting
(Place to be announced in the September newsletter.)

SUNDAY, NOVEMBER 10, 1985--Top Ten Banquet, Windsor Mills Restaurant, Dracut, MA. (Reservation forms will be in the September newsletter.)

CONGRATULATIONS TO HIGH POINT TROPHY WINNERS:

Pioneer Valley Aquatic Club "A" Meet (June 21-23, 1985)

10 and under:	RACHEL DEVITO	BEST	DAN RODENHAVER	WESC
11 and 12 :	JENNY THOMPSON	UN	MARTY SHEA	AJSC-CT
13 and 14 :	KIRSTEN GREINER	WESC	TODD KNAPP	SMW-NY
Open :	LOUISE GOVIN	CAST	JON LUBY	SSA

New England Senior Championships (July 18-21, 1985)

ANNE KOERCKEL	BGSC	BILL BIRD	BGSC
---------------	------	-----------	------

New England Age Group Championships (August 1-4, 1985)

8 and under:	BERNADETTE SWEENEY	NSC	CHRISTOPHER ROSSI	LRAC
9 and 10 :	LIZ KOTCH	ABF	DAN RODENHAVER	WESC
11 and 12 :	JENNY THOMPSON	SSA	VIJAY LATHI	WESC
13 and 14 :	SARAH PERRONI	LRAC	DAVID NASON	BGSC
15 to 18 :	KATE THOMAN	WESC	JAMES SWEENEY	BGSC

CONGRATULATIONS to ALEX KOSTICH (BGSC) who placed first in the 1500 metre freestyle and third in the 800 metre freestyle at the National Sports Festival.

TEAM ADDRESSES:

This fall the New England Swimming office will be sending a set of team address stickers to each team that is sponsoring a swim meet. It is important that any team that has an address change or is anticipating one in the fall notify the office immediately. This is the only way we can have accurate mailings for meets.

TEAM CHANGES:**Address change:**

NEW ENGLAND BARRACUDAS
P. O. Box 37
Cochituate, MA 01776-0512

Change of name:

The East Bay Aquatic Club
will now be called:
BRISTOL Y SWIM TEAM (BYST).

POSITIONS AVAILABLE:

SWIM TEAM COACH NEEDED: September to May (May to August optional); Monday through Thursday from 5 to 7 p.m.; Friday from 4 to 5 p.m. Experience required. Salary \$2800 to \$3500 for the short course season. Please contact: Susan Thurston
Smithfield YMCA, P. O. Box
P. O. Box 363,
Greenville, RI 02828
401-949-2480

SWIM TEAM COACH NEEDED: At the Bristol (RI) Community YMCA; Will start in September. Experience required. \$2500 per year. Applications available from: Bristol Community YMCA
448 Hope Street
Bristol, RI 02809
401-253-54000

VACANCIES FOR TWO SWIM TEAM COACHES: Responsible for the direction and administration of an established 5 year competitive co-ed swim team with developmental and senior swimmers. Salary negotiable with experience; hours varied, dependent on time of year. Send resume and letter of application and salary expectation by August 22:
Wendy J. Cahoon, Aquatic Director
South County YMCA
45 Broad Rock Road
P. O. Box 111
Peace Dale, RI 02883

ASSISTANT COACH NEEDED: To work with Age Groupers (9-13 year olds) 10 to 12 hours a week at University of Massachusetts, Boston, and in Neponset. Contact: Carl Cederquist, 617-335-3824 or
Steve Quimby, 617-583-6581

OUTSTANDING SWIMMERS, SHORT COURSE 1984--19858 and under GIRLS

Alyson Horgan	HYST
Kerry Kearn	CSSM
Delight Malkemus	BGSC
Bernadette Sweeney	NSC
Marineke Vandervort	BEST

8 and under BOYS

Dylan Andrews	EPBC
Greg Cantwell	BYB
Keith Getchell	EST
Todd Jokubek	LYM
Matthew Turner	WESC

9 and 10 GIRLS

Rachel DeVito	BEST
Larissa Herold	BGSC
Kimberly Ho	LRAC
Beth Iacobucci	LRAC
Leslie Repetto	CAY

9 and 10 BOYS

Michael Carroll	CSSM
David LaPorte	PVAC
John McElheney	WESC
Dan Rodenhaver	WESC
Brian Ruscito	LRAC

11 and 12 GIRLS

Libby Marshall	WSC
Miriam O'Neil	CAY
Heidi Paskowski	BGSC
Nikki Shire	BGSC
Jenny Thompson	ANA

11 and 12 BOYS

Jeff Couture	WESC
Steve Kozawyk	LYM
Vijay Lathi	WESC
Artie McClaren	CCSC
David Murphy	HRY

13 and 14 GIRLS

Courtney Chubb	NEB
Heidi Hannenian	HYST
Lynn Kelley	BGSC
Becky Norton	NEB
Sarah Perroni	LRAC

13 and 14 BOYS

Frank Han	BGSC
David Johnson	BGSC
Alex Kostich	BGSC
David Nason	BGSC
Shawn O'Leary	SAC

15 to 18 GIRLS

Courtney Chubb	UN
Louise Gouin	CAST
Cynthia Kangos	WESC
Jennifer Norton	NEB
Judy Tripp	PVAC

15 to 18 BOYS

Wayne Bowden	LRAC
Matt Countie	BGSC
Scott Jaffee	BGSC
Alex Kostich	BGSC
Andrus Laats	NEB
James Sweeney	BGSC

OPEN GIRLS

Courtney Chubb	UN
Louise Gouin	CAST
Cynthia Kangos	WESC
Jennifer Norton	NEB
Judy Tripp	BGSC PVAC

OPEN BOYS

Matt Countie	BGSC
Scott Jaffee	BGSC
Rick Kennedy	WESC
Alex Kostich	BGSC
James Sweeney	BGSC

The names of all outstanding swimmers have been listed in alphabetical order.

RECORD BREAKING SWIMS:BGSC "A" "B" Meet--June 15-16, 1985:

8 and Under:	Bernadette Sweeney	NSC	50 M freestyle	34.59	NE/RES
			100 M freestyle	1:19.11	NE/RES
			50 M backstroke	42.63	NE/RES

PVAC "A" Meet--June 21-23, 1985:

11 and 12 :	Jenny Thompson	UN	100 M butterfly	1:08.99	NE/RES
	Marty Shea	AJSC-CT	100 M backstroke	1:09.71	NE
			200 M IM	2:28.94	NE

New England Seniors--July 18-21, 1985:

11 and 12 :	Jenny Thompson	SSA	50 M freestyle	27.84	NE/RES
			100 M butterfly	1:08.42	NE/RES
			100 M backstroke	1:11.23	NE/RES
15 to 18 :	Missy Hoy	LRAC	1500 M freestyle	17:24.19	RES
	Courtney Chubb	BGSC	100 M butterfly	1:05.06	RES
	Cynthia Kangos	WESC	50 M freestyle	27.09	NE/RES
	Keith Hayes	SAC	100 M butterfly	55.93	NE/RES
	Alex Kostich	BGSC	800 M freestyle	8:24.68	NE/RES

Age Group Championships--August 1-4, 1985:

8 and Under:	Bernadette Sweeney	NSC	50 M freestyle	34.42	NE/RES
			50 M backstroke	41.69	NE/RES
			50 M breaststroke	45.92	NE/RES
	Shannon McCarthy	WESC	50 M breaststroke	45.22	NE/RES
	Carmen Trombini	SAC	50 M breaststroke	45.23	NE/RES
	Cape Ann Y girls		200 M free relay	2:37.33	RES
			200 M medley relay	3:08.79	NE/RES
9 and 10 :	Danny Rodenhaver	WESC	50 M freestyle	31.46	NE/RES
	Weston Swim Club boys		200 M free relay	2:17.21	NE/RES
			200 M medley relay	2:35.61	NE/RES
11 and 12 :	Jenny Thompson	SSA	50 M freestyle	28.14	NE/RES
			100 M freestyle	1:01.42	NE/RES
			50 M butterfly	31.36	NE/RES
			100 M butterfly	1:07.88	NE/RES
			50 M breaststroke	37.56	NE/RES
			50 M backstroke	31.92	NE/RES
			100 M backstroke	1:10.79	NE/RES
13 and 14 :	Bernal's Gator boys		200 M free relay	1:45.13	NE/RES
			200 M medley relay	1:59.31	NE/RES
			400 M free relay	3:53.94	NE/RES
	Weston Swim Club boys		200 M free relay	1:46.95	NE/RES
			200 M medley relay	1:59.90	NE/RES

continued....

RECORD BREAKING SWIMS (continued)

15 to 18	:	Alex Kostich	BGSC	1000 M freestyle	8:30.80	RES
		Scott Jaffee	BGSC	100 M breaststroke	1:08.61	RES
				200 M breaststroke	2:30.53	RES
		Bernal's Gator boys		200 M medley relay	1:52.68	NE/RES

SEED CARDS

Seed cards are available through the New England office. We are now having the cards printed commercially in quantity. The cost is \$13.00 per thousand cards, including postage, or \$11.50 per thousand cards if you pick them up in Needham. There is no minimum order.

If you want your team's initials on the cards, and order less than 5,000 cards, the price will be \$21.00 per 1,200 cards, including postage, or \$19.50 per 1,200 cards, if you pick them up in Needham. The price decreases as the order increases. Call for specific prices. The minimum order with initials is 1,200 cards.

TOP TEN AND RECORD BOOKS:

The Top Ten book for Short Course 1984--1985 will be ready the first of September, and the Top Ten book for Long Course 1985 and the Record Books for both seasons shortly after that. If you would like to order any of these books, please mail the order blank, and the books will be mailed as soon as they are ready.

Each registered team will receive one copy of each book which will be sent to its official address. The books will also be on sale at the Top Ten banquet.

Please send your order and check to the New England Office, 20 Cleveland Road, Needham, MA 02192

Please send:

- _____ Top Ten books, Short Course, 1984--1985
- _____ Top Ten books, Long Course, 1985
- _____ Record books, Short Course, 1984--1985
- _____ Record books, Long Course, 1985
- _____ Total books ordered at \$2.50 each, including postage.

Amount Enclosed _____

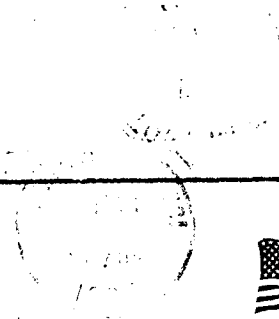
Name: _____

Address: _____



**United States Swimming
New England**

20 CLEVELAND ROAD
NEEDHAM, MA 02192



FIRST CLASS

PIONEER VALLEY SWIM
Isabelle Fraser LEAGUE
125 Franklin Road
Longmeadow, MA 01106
PVSL

NEWSLETTER PLUS

AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

SEPTEMBER 1985

IN THIS ISSUE: Information about the Annual Meeting, Top Ten Banquet Reservations, Meet Evaluation Form, Registration information....

ANNUAL MEETING

SATURDAY, OCTOBER 5, 1985

The Annual Meeting of New England Swimming will be held on Saturday, October 5, 1985 at the Farley Middle School, Framingham, MA.

We would like to encourage representatives, coaches, and parents to attend the Annual Meeting. However, each Club has only one vote. Please be ready to designate your delegate when you register at the door. Anyone who is a voting delegate must be a registered member of United States Swimming.

- | | |
|------------|--|
| 9:30 a.m. | Registration and coffee |
| 10:00 a.m. | Annual Meeting and election of officers |
| 1:00 p.m. | Registration Clinic (Charlene Carper)
Official's Meeting (Bob Fredette)
Meet Manager's Meeting |
| 2:00 p.m. | Coaches Meeting (Stephen Pike) |

All teams that are running meets this year are required to send a representative to the Meet Manager's Meeting. It is expected that the first half-hour will be an update of new technical committee rules, and those who have already attended a previous Meet Manager's Meeting will be able to leave after that if they desire.

DIRECTIONS: Farley Middle School is located just off Route 126 about $\frac{1}{2}$ mile south of Route 9. From Route 9 take Route 126 toward Framingham. Continue on Route 126 past the Court House and one light. Take a right onto Normandy Road (next to the National Guard armory). The Farley School is the last building on the right on Normandy Road, and the main entrance is on Normandy Road. More parking is available at the back on the building (take a right on Flag Street).

TOP TEN BANQUET

SUNDAY, NOVEMBER 10, 1985

The TOP TEN BANQUET for the 1984-1985 Long and Short Course seasons will be held at the Windsor Mills Restaurant, Rt. 110, Dracut, MA on Sunday, November 10, 1985. The doors will open at 11 a.m., and a buffet dinner will be served at 11:30 a.m. followed by the awards ceremony.

The cost this year will be \$11.50 per person. Those listed as Outstanding Swimmers for either Long course or Short course are guests of New England Swimming.

Everyone, including Outstanding Swimmers, must make reservations. Reservations and checks must be received by the New England Swimming office by Wednesday, October 30, 1985. Please use the reservation form included in this Newsletter.

All Top Ten swimmers will receive certificates, and Outstanding Swimmers will receive patches with their certificates. Please include on the reservation form the names of all swimmers who will be attending.

TEAM CHANGES:

ADDRESS and COACH CHANGES:

AQUA-DUX SWIM CLUB
Martin Beall
150 Engamore Lane, Apt. 107
Norwood, MA 02062

EAST SIDE YMCA SEA-LIONS
Adam Winegard
438 Hope Street (YMCA)
Providence, RI 02906

CUMBERLAND-LINCOLN BOYS CLUB
Robert R. Metcalfe
P. O. box 7505
Cumberland, RI 02864

SOUTH COUNTY YMCA
Kevin Salisbury
Box 111 Broad rock Road
Peace Dale, RI 02883

ADDRESS CHANGES:

HAMPSHIRE REGIONAL YMCA
Joyce Burrill
31 King Philip Avenue
S. Deerfield, MA 01371

CORRECTIONS: The NEW ENGLAND BARRACUDA'S zip code is 01778-0512.
Allen DeVito's phone number is 617-383-0732.

A MESSAGE FOR THE COACHES:

(from Stephen Pike, Senior Coach Representative)

At Age Group Championships the coaches in attendance on Sunday were given the opportunity to vote for the Junior Coach Representative. Two names were on the ballot, and two additional coaches were write-in candidates. Only those who expressed an interest were on the ballot. It is unfortunate that the write-in candidates, who were obviously interested in the position, had not seen the announcement in Newsletter Plus and had not heard the announcement on the public address system at Age Groups. Fifty ballots were handed out, and 45 ballots, representing 28 teams, were returned (with two abstentions).

Larry Countryman, head age group coach at Belmont Swim Team, was elected. As junior representative, Larry will have a vote on the New England Board and at the Annual Meeting and will have the responsibility of representing the New England coaches. In his second year, as senior rep, he will be a voting delegate to the United States Swimming national convention. Larry was formerly national athlete representative to United States Swimming.

I will be attending the United States Swimming national convention in Phoenix, Arizona this month and am hopeful that I will bring back information pertaining to the national coaches certification program. This is an important issue which will have an effect on all of us in our chosen profession. It is imperative that we get this information in a timely fashion and see that all New England coaches are properly certified.

I also will be attending the American Swimming Coaches Association convention in Fort Lauderdale, Florida to gather further information on the certification process and our profession in general.

Any information I obtain will be share with all of you at the Annual Meeting on October 5, 1985. Any coaches with questions or concerns are welcome to contact me at my day-time business number, 617-484-4310.

Congratulations to all the coaches of New England for a fine summer of swimming. It is obvious from the large number of New England swimmers at Junior and Senior Nationals that swimming in New England is improving.

My congratulations to all of you.

Steve

NEW ENGLAND SWIMMING, INC.
% Mary Riddell
20 Cleveland Road
Needham, MA 02192
617-449-0270

OFFICE HOURS

Office Hours are as follows:

Monday: 8 a.m. to 12 noon
7:30 p.m. to 10:30 p.m.

Thursday: 8 a.m. to 12 noon

NEW REGISTRATION FEE:

Because of increased insurance costs, New England Swimming has had to increase swimmer registration fees to \$15. We apologize for any inconvenience for the teams because of this late notice.

NEW REGISTRATION CHAIRMAN:

Charlene Carper is the new Registration Chairman for New England. She may be reached at 3 Madison Lane, Amherst, NH 03031 (603-673-8422). Registration forms and transfer forms will also be available through the New England office. Charlene will be running a registration clinic at the Annual Meeting and will have forms available there.

CALENDAR CHANGES:

A complete calendar for Short Course, 1985-1986 will be published in the next newsletter. Meanwhile, please add to your calendar:

Nov. 2 : Senior Development Meet, Fort Devens Sharks
Karen Fuller 617-772-0130

Also note the following changes:

SENIOR NATIONALS will be March 24-28, 1986 (Orlando, Florida).
JUNIOR NATIONALS will be April 1-5, 1986 (Orlando, Florida).

TOP TEN:

Short Course Top Ten Books and Record Books have been mailed to all teams and those who ordered them. At this time, the times from Junior and Senior Nationals are being added to the Long Course Top Ten and Record Books, and these books should be available soon. If you have any questions, please contact the office.

MEET EVALUATION FORM:

Included in this newsletter is a new Meet Evaluation Form which may be used by coaches, officials, and parents to evaluate meets. New England also has developed an Officials Evaluation Form which may be used by coaches. Both forms will be available at the Annual Meeting and also at all New England meets and through the New England office.

RECORD BREAKING SWIMS:Pioneer Valley Aquatic Club "A" June 21-23, 1985

8 and under Girls: Marineke Vandervort BEST 100M freestyle 1:16.75 NE/RES

Edina (MN) Aquatennial July 18-21, 1985

8 and under Girls: Marineke Vandervort BEST 100M freestyle 1:16.74 RES

Senior Nationals

15-18 Boys: Keith Hayes SAC 100M butterfly 55.07 RES
200M butterfly 2:04.77 RES

NEWSLETTER PLUS

AN OFFICIAL PUBLICATION OF NEWSLETTER PLUS

OCTOBER 1985

IN THIS ISSUE: Age Group and New England Senior Cuts; 8 and under "A" and "B" Times; Short Course Meet Schedule; Long Course Outstanding Swimmers; Meet information...

At the Annual Meeting held on October 5, 1985 in Framingham, MA, the following officers were elected:

Chairman	Donald Carper
Vice Chairman	Maureen McMorrow
Treasurer	J. Stewart Laird
Secretary	Priscilla Davis
Administrative Chairman	Sabine Schwarzer
Age Group Chairman	May Greiheder
Senior Chairman	Christopher Martin

CONGRATULATIONS to ALEX KOSTICH (BGSC) who broke Junior National records in the 800 M freestyle, 1500 M freestyle, and 400 M individual medley.

TOP TEN BANQUET:

The Top Ten Banquet will be held on Sunday, November 10, 1985 at 11 a.m. at the Windsor Mills Restaurant, Dracut, MA. The cost is \$11.50 per person. Outstanding Swimmers are the guests of New England Swimming, but still must make a reservation. All reservations are due in the New England office by October 30, 1985.

NEWSLETTER PLUS SUBSCRIPTIONS:

Please check the label of this issue to find the expiration date of your subscription. NEWSLETTER PLUS subscriptions are \$7.00 per year. Please send all subscriptions to : New England Swimming, 20 Cleveland Road, Needham, MA 02192

OUTSTANDING SWIMMERS, LONG COURSE 19858 and under GIRLS

Laura Costello	BGSC
Amanda Hall	NEB
Bernadette Sweeney	NSC
Carmen Trombini	SAC
Marineke Vandervort	BEST

9 and 10 GIRLS

Adrienne Bonne	LYM
Rachel DeVito	BEST
Liz Kotch	ABF
Heather Montanaro	LRAC
Ann Tarantino	WESC

11 and 12 GIRLS

Larissa Herold	SSA
Libby Marshall	WSC
Miriam O'Neil	CAY
Leslie Repetto	UN
Jennifer Thompson	SSA

13 and 14 GIRLS

Meta Hobson	NEB
Lynn Kelley	BGSC
Sarah Perroni	LRAC
Amy VanAken	BGSC
Bethany Williston	NEB

15 through 18 GIRLS

Louise Guoin	CAST
Lori Holmes	BGSC
Missy Hoy	LRAC
Anne Koerckel	BGSC
Kate Thoman	WESC

Open GIRLS

Louise Guoin	CAST
Lori Holmes	BGSC
Missy Hoy	LRAC
Anne Koerckel	BGSC
Kate Thoman	WESC

8 and under BOYS

Dylan Andrews	EPBC
Charles Barnes	LRAC
Christopher Rossi	LRAC
Erik Scheinfeldt	WSC
Bert Stocking	CAY

9 and 10 BOYS

David LaPorte	PVAC
Matt McGuire	PVAC
Danny Rodenhaver	WESC
Todd Whitford	PAC
Andrew Whitney	PAC

11 and 12 BOYS

Ray Carey	BGSC
Stephen Kozowyk	LYM
Vijay Lathi	WESC
Brian Livingston	CAST
James McGinnis	BGSC
Chris Parent	HRY

13 and 14 BOYS

Scott Davis	WESC
Scott Fraser	NEB
David Mainen	BGSC
David Nason	BGSC
Steve Root	PVAC

15 through 18 BOYS

Chuck Batchelor	PVAC
Matt Countie	BGSC
Keith Hayes	SAC
Alex Kostich	BGSC
James Sweeney	BGSC

Open BOYS

Bill Bird	BGSC
Matt Countie	BGSC
Keith Hayes	SAC
Alex Kostich	BGSC
James Sweeney	BGSC

All Outstanding Swimmers are listed in alphabetical order.

AGE GROUP CUTS CONTINUED 1985-1986

13-14

Female

<u>Yards</u>	<u>Metres</u>	<u>Event</u>
27.19	30.89	50 free
59.09	1:07.99	100 free
2:07.99	2:25.99	200 free
5:38.99	5:06.99	400/500 free
11:55.99	10:40.09	800/1000
18:52.39	Auto 19:05.79	1650/1500 free
19:47.59	consid. 20:11.89	
1:10.49	1:21.19	100 back
2:30.99	2:54.99	200 back
1:17.59	1:30.99	100 breast
2:50.99	3:16.69	200 breast
1:07.19	1:17.99	100 fly
2:33.99	2:55.99	200 fly
2:26.99	2:47.59	200 Ind. Med.
5:14.99	5:59.19	400 Ind. Med.

Male

<u>Yards</u>	<u>Metres</u>	<u>Event</u>
25.69	29.99	50 free
55.39	1:05.99	100 free
2:01.99	2:21.09	200 free
5:30.99	4:56.99	400/500 free
11:15.79	10:30.09	800/1000
18:30.69	Auto 18:38.39	1650/1500 free
19:27.89	consid. 20:32.79	
1:07.99	1:18.99	100 back
2:27.99	2:50.09	200 back
1:14.99	1:26.99	100 breast
2:41.99	3:09.99	200 breast
1:04.99	1:15.09	100 fly
2:33.99	2:53.99	200 fly
2:21.39	2:40.99	200 Ind. Med.
5:07.49	5:41.29	400 Ind. Med.

15-18

	30.19	50 free	28.09
	1:05.59	100 free	59.49
	2:20.69	200 free	2:10.19
	4:59.99	400/500 free	4:40.89
	10:33.69	800/1000 free	10:07.49
Auto	19:03.29	1650/1500 free	Auto 18:11.09
Consid.	20:02.59		Consid. 19:38.49
	1:18.39	100 back	1:15.99
	2:48.99	200 back	2:37.99
	1:28.39	100 breast	1:22.99
	3:11.99	200 breast	2:56.79
	1:14.29	100 fly	1:07.79
	2:48.99	200 fly	2:40.19
	2:41.99	200 Ind. Med.	2:29.59
	5:45.99	400 Ind. Med.	5:24.89

Times must be done as of Sept. 1, 1985.

OFFICE HOURS

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 Mary Riddell
 20 Cleveland Road
 Needham, MA 02192
 617-449-0270

Office Hours are: Monday : 8 a.m. to 12 noon; 7:30 p.m. to 10:30 p.m.
 Thursday: 8 a.m. to 12 noon

NEW ENGLAND SWIMMING

AGE GROUP CUTS

1985-1986

8 & Under

Female

Male

<u>Yards</u>	<u>Metres</u>	<u>Event</u>	<u>Yards</u>	<u>Metres</u>
17.29	-----	25 free	18.89	-----
38.89	49.19	50 free	43.59	49.39
1:31.89	1:59.99	100 free	1:37.29	1:51.99
20.19	-----	25 fly	27.29	-----
51.59	1:18.29	50 fly	56.09	1:17.29
21.29	-----	25 back	23.79	-----
48.19	1:02.39	50 back	53.79	1:05.99
22.69	-----	25 breast	24.89	-----
51.79	1:06.89	50 breast	56.99	1:10.89
1:39.39	-----	100 Ind. Med.	1:56.79	-----

.....
9-10

32.29	37.19	50 free	32.19	38.99
1:12.19	1:22.69	100 free	1:13.69	1:25.99
2:37.89	3:00.99	200 free	2:40.19	3:06.99
39.99	45.79	50 back	39.99	46.49
1:26.59	1:39.69	100 back	1:27.19	1:42.59
42.99	49.99	50 breast	43.89	52.39
1:34.99	1:51.39	100 breast	1:36.99	1:56.99
37.49	44.29	50 fly	37.99	49.99
1:32.29	1:53.99	100 fly	1:38.29	1:54.99
1:22.09	-----	100 Ind. Med.	1:23.49	-----
3:00.99	3:28.99	200 Ind. Med.	3:06.19	3:34.99

.....
11-12

28.69	32.89	50 free	28.99	33.96
1:02.99	1:11.99	100 free	1:03.49	1:14.99
2:17.09	2:35.39	200 free	2:17.99	2:39.99
6:04.99	5:28.99	400/500 free	6:06.29	5:37.99
34.79	40.19	50 back	35.49	41.49
1:14.99	1:26.59	100 back	1:16.29	1:29.99
37.59	44.39	50 breast	38.99	47.59
1:22.99	1:37.99	100 breast	1:25.99	1:41.89
31.99	37.39	50 fly	32.99	38.99
1:14.99	1:26.29	100 fly	1:15.29	1:32.09
1:13.09	-----	100 Ind. Med.	1:13.99	-----
2:36.99	3:02.19	200 Ind. Med.	2:39.99	3:06.99

.....
Times must be done as of Sept. 1, 1985

NEW ENGLAND SENIOR CUTS 1985/86

MEN		EVENT	MEN	
SHORT COURSE	LONG COURSE		SHORT COURSE	LONG COURSE
26.29	29.99	50 Free	23.39	27.19
56.99	1:05.09	100 Free	51.29	59.09
2:00.99	2:18.39	200 Free	1:51.69	2:09.29
5:23.39	4:52.49	400/500 Free	5:01.29	4:39.09
11:25.09	10:11.49	800/1000 Free	10:39.39	9:49.99
19:23.59	19:40.19	1500/1650 Free	18:27.59	18:30.49
1:07.39	1:16.89	100 Back	1:00.89	1:13.99
2:25.69	2:45.99	200 Back	2:14.59	2:36.79
1:14.79	1:26.89	100 Breast	1:06.79	1:21.99
2:40.79	3:03.99	200 Breast	2:27.99	2:54.79
1:03.69	1:13.29	100 Butterfly	1:57.99	1:06.99
2:21.79	2:45.89	200 Butterfly	2:11.49	2:37.09
2:20.29	2:39.89	200 Ind. Medley	2:08.49	2:27.79
5:01.99	5:42.19	400 Ind. Medley	4:37.79	5:22.89

all times must be done after September 1, 1985

NEW ENGLAND SWIMMING - 8 & UNDER A & B Standards

Females		Event	Males	
Yards (Metres)			Yards (Metres)	
A time	B time		A time	B time
16.99 (---)	18.29 (---)	25 free	17.79 (---)	21.09 (---)
37.99 (45.89)	42.39 (57.59)	50 free	39.99 (47.69)	48.19 (58.09)
1:27.59 (1:49.99)	1:38.39 (2:06.89)	100 free	1:31.19 (1:48.99)	1:53.79 (2:10.99)
20.59 (---)	23.29 (---)	25 back	22.79 (---)	26.79 (---)
46.69 (58.99)	51.59 (1:08.39)	50 back	51.59 (1:00.49)	59.99 (1:10.19)
21.89 (---)	24.39 (---)	25 breast	23.49 (---)	28.89 (---)
49.99 (59.09)	56.09 (1:15.29)	50 breast	53.19 (1:03.29)	1:03.29 (1:16.69)
19.59 (---)	22.99 (---)	25 fly	23.09 (---)	27.29 (---)
48.89 (1:03.99)	1:00.79 (1:15.59)	50 fly	55.69 (1:11.49)	1:09.39 (1:18.59)
1:38.79 (---)	1:48.99 (---)	100 I.M.	1:46.89 (---)	1:58.79 (---)

A MESSAGE TO THE ATHLETES:

(From Kim Shire, Senior Athletes Representative)

From September 10 thru September, 15 I attended the United States Aquatic Seminar in Phoenix Arizona. I was one of about fifty athletes ranging from Region level swimmers to multiple Olympic gold medalists. There were swimmers from all over the United States, this gave me a chance to find out what swimming is like in other areas of our country.

The purpose of this annual seminar is to update existing rules, approve national meet locations, and receive information to bring back to our local swim committees. The job of the athletes is to voice the opinion of swimmers around the United States. Athletes hold twenty percent of the votes on every committee, thus we hold some power, which is important since we are swimming.

The major issue at this years convention was National Junior Olympics. Some people wanted to do away with it because they felt that it took away from the Senior National meet, especially when coaches held swimmers back for a variety of reasons. The athletes, as a single body, came up with the idea of keeping JO's but as soon as a swimmer makes Senior Nationals he must move on in that event. The idea was accepted and will begin in 1987. For this year only swimmers who make Senior Nationals and go may move back down to Junior Nationals.

If anyone has any questions or suggestions of their own feel free to contact Scott Latch (WESC), junior athlete representative or myself (BGSC). We both attend most of the meets, so we are available, and are open to any ideas of yours. You must communicate with us because our job is to represent you.

Thank you and good luck this season!

Kim

CORRECTIONS--TOP TEN, SHORT COURSE (continued):**8 and under BOYS****100 YARD FREESTYLE**

3. Todd Jakubek	LYM	1:13.38	AGQC
4. Greg Cantwell	BYB	1:13.42	CSBC
5. Mark Nordstrom	EPBC	1:13.86	HRYA
6. Colin Greineder	WESC	1:14.80	CAAB
7. Keith Getchell	EST	1:16.18	HYST
8. Josh Martin	NNB	1:16.26	8Ch

50 YARD BREASTSTROKE

1. Todd Jakubek	LYM	43.30	AGQC
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100 YARD INDIVIDUAL MEDLEY

3. Todd Jakubek	LYM	1:23.92	AGQC
4. Colin Greineder	WESC	1:24.65	CAAB

50 YARD BACKSTROKE

3. Todd Jakubek	LYM	39.96	AGQC
4. Dylan Andrews	EPBC	40.05	8CH
5. Colin Greineder	WESC	40.36	CAAB
6. Keith Getchell	EST	40.60	HYST

TYPES OF MEETS:

- AB--First consideration is given to swimmers with "A" or better times; "B" swimmers may swim if there is room.
- BA--First consideration is given to swimmers with "B" times; swimmers with "A" and better times may swim if there is room.
- BC--First consideration is given to swimmers with "B" times; swimmers with "C" or no times may swim if there is room.
- CB--First consideration is given to swimmers with "C" or no times; swimmers with "B" times may swim if there is room.

CUTS: Meets that are over subscribed will be cut as follows:

- AB--"B" swimmers are cut by time; if all "B" swimmers have been cut, "A" swimmers are cut by time.
 - BA--"A" swimmers are cut by postmark; if all "A" swimmers have been cut, "B" swimmers are cut by postmark.
 - BC--"C" swimmers are cut by postmark; if all "C" swimmers have been cut, "B" swimmers are cut by postmark.
 - CB--"B" swimmers are cut by postmark; if all "B" swimmers have been cut, "C" swimmers are cut by postmark.
- Mini-meets and specialty meets--cut by postmark.

AWARDS:

- AB--Medals will be given to the top 6 (or 8 in the case of an 8-lane pool) swimmers (whether entered with "A" or "B" times). If desired, ribbons may also be given to the top 6 "B" swimmers who finish with "B" times.
 - BA--Ribbons will be given to the top 6 "B" swimmers achieving "B" times.
 - BC--Ribbons will be given to the top 6 swimmers achieving "B" times (whether entered with "B" or "C" times). If desired, ribbons may also be given to the top 6 "C" swimmers who finish with "C" times.
 - CB--Ribbons will be given to the top 6 swimmers achieving "C" times.
- Mini-meets and specialty meets--Ribbons to the top 6 finishers.

At all meets appropriate "B", "A", "AA", etc. achievement cards should be written.

ENTRY FEES:

- AB--(or if medals are awarded) up to \$1.70; \$4 per relay
 - BA, BC, CB--up to \$1.25; \$3 per relay
- Meets with trials and finals may charge up to \$2.50. \$6 per relay
- Mini-meets and specialty meets may charge up to \$1.25 unless given permission to charge another fee when they received their bid.

SURCHARGES:

- AB--30¢ per individual event;
- BA, BC, CB--15¢ per individual event

Note: In all cases "A" refers to "A" and better times.

Championships and specialty meets may have different awards and entry fees which will be established at the time the bid is awarded.

LONG COURSE 1985 RECORD BREAKING SWIMS (New England Records):Junior Nationals:

11 and 12:	JENNY THOMPSON	SSA	50 meter freestyle	27.04	RES
15 to 18 :	MISSY HOY	LRAC	1500 meter freestyle	17:21.16	RES
	CAROLYN RYDER	BGSC	00 meter breaststroke	1:16.13	RES
			200 meter breaststroke	2:44.24	RES
	ANNE KOERCKEL	BGSC	200 meter breaststroke	2:44.59	RES
	LORI HOLMES	BGSC	100 meter butterfly	1:04.48	RES
	COURTNEY CHUBB	BGSC	100 meter butterfly	1:05.06	RES
	ALEX KOSTICH	BGSC	800 meter freestyle	8:12.04	RES
			400 meter IM	4:32.66	RES
	MATT COUNTIE	BGSC	100 meter backstroke	59.61	RES
			200 meter backstroke	2:12.38	RES
	ROB BERRY	LRAC	200 meter backstroke	2:10.07	RES
	JEFF PETERMAN	BGSC	100 meter breaststroke	1:07.62	RES
			200 meter breaststroke	2:29.00	RES
	SCOTT JAFFEE	BGSC	100 meter breaststroke	1:08.29	RES
			200 meter breaststroke	2:25.91	RES



**United States Swimming
New England**

20 CLEVELAND ROAD
NEEDHAM, MA 02192

FIRST CLASS

NEWSLETTER PLUS

AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

NOVEMBER 1985

IN THIS ISSUE: Junior National and Senior National Cuts; Short Course Calendar (2/14/86--4/14/86); Postal Distance Meet; Adult Registration Form...

NEW ENGLAND BOARD MEETING:

The November meeting of the New England Swimming Board will be at 7 p.m. on Tuesday, November, 19, 1985, at the Holiday Inn on Grove Street, Newton (just off Route 128). The meetings are always open to the swimming public.

AD HOC COMMITTEE ON MEETS AND FACILITIES:

The committee, chaired by Stephen Pike, is still trying to locate pools especially 50 meter pools. Any teams that know of 50 meter pools, please contact Steve, even if the team (or pool) would need some help in running a meet.

The committee would also like to hear from people who have ideas about why there were so few long-course meets in 1985. The committee comments, "We have asked twice before and the apathetic response has been overwhelming in light of the overwhelming complaints after the summer season's lack of long-course meets. We want to solve this problem now; the board has it as an agenda item for the next meeting, and the committee needs your input."

Send comments to Stephen Pike, 825 Concord Avenue, Belmont, MA 02178 or call 716-484-4310 from 10 a.m. to 2 p.m., Monday through Friday.

"UNATTACHED" STATUS EXPLAINED:

Information concerning the "unattached" status has been received from USSwimming. The status of an athlete when competing in a USSwimming sanctioned event may be determined by the athlete involved, parents of the athlete (if a minor) or the club the athlete represents.

Registered swimmers in United States Swimming have the right, at any time and at any point in a USS competition, to declare themselves "unattached." This may be accomplished in one of the following ways:

1. The athlete enters the competition having indicated on the meet entry form that he/she will be competing without a club affiliation.
2. If entered in the competition "attached" to a club, the athlete or the athlete's designee must contact the clerk of course and indicate that the club affiliation of the athlete should be changed to reflect the "unattached" status for the specified event(s).

A LETTER TO THE COACHES:

Recently I attended the United States Aquatic Sports National Convention as a voting delegate and a member of the New England delegation (six voting representatives). It was quite an experience to be part of the future of our sport and to see the way decisions are made.

The next week I attended the American Swimming Coaches' Association World Clinic in Fort Lauderdale. There were at least thirteen coaches from New England among the 1,000 plus attending. This clinic was both an educational forum and a legislative meeting concerning our profession.

The most important point I gathered from these two prestigious aquatic conventions is that each one of us must be involved in our sport, our profession. The first step is to join. You must be a coach member of USS (\$15) in order to be on deck at any New England Swimming or USS sanctioned event. This registration also carries important liability insurance in conjunction with your club's registration. Second, each of us should be a member of ASCA (\$30). To not belong is to put the fate of our profession at risk. Then once you join, volunteer your opinions and your time--join committees, speak up!

Also, there are several publications that are key to keeping track of the happenings in USS. There are commercial magazines that we all know about, but there are also professional journals--among them are United States Swimming News (\$10 with USS registration), ASCA Newsletter (free with membership), and our own Newsletter Plus (\$7--one subscription free to each New England registered club). I have found these journals among others to be very helpful.

As I mentioned, one of my prime reasons for attending the conventions was to come back with information on the "certification" issues facing American swimming coaches. There are really two different types of certifications being implemented; Safety Training for Coaches and a separate ASCA program.

The Safety Training program will be mandated by some time next year for all USS-registered coaches. It will require that we each have a current First Aid certificate (any level), CPR (any level) and a specified Safety Training for Coaches card. The latter will most likely be available through the Red Cross. USS is working with the Red Cross on specifications including who will be eligible to teach this program as well as the curriculum.

The ASCA certification program is more controversial, but is only a product or a service offered by ASCA to its members. It is not now, and supposedly will not be, mandated. You may choose to use this service if you wish. There will be five levels with each level including educational credits with the top three levels having performance criteria. Each level of certification will cost \$10, so the maximum cost ever is \$50. The program is underwritten by the Finals. For more information on this program or to join ASCA, please write to ASCA, 1 Hall of Fame Drive, Fort Lauderdale, FL 33316.

The final issue for this edition of Newsletter Plus for me is that of the workings of the New England Board of Directors under its chairman, Don Carper. Things are very organized now with most of the emphasis on returning funds to the athlete. The new budget included more national subsidy money and zone funding than ever with additional funds for programs directed to the developing swimmers. If you have any ideas on ways to benefit the up-and-coming athletes (books, lectures, films, anything), please contact me or any other board member so that the money will be spent well.

Respectfully,
 Stephen Pike (617-484-4310)
 Senior Coaches' Representative

SHORT COURSE MEETS:

The New England meets from February 14, 1986 to the end of the short course season are listed below. Please replace the previous calendar with this corrected calendar.

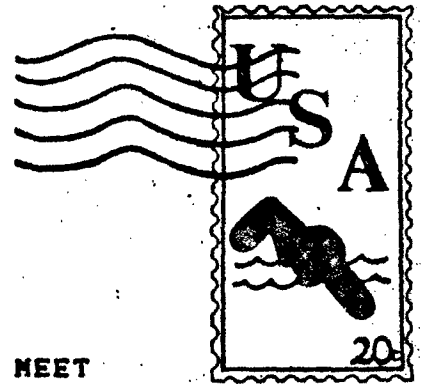
MEET SCHEDULE (continued):

Feb. 14-16	: Age Group Qualifiers	Cape Ann YMCA Dan Warner 617-283-0470
		Attleboro Blue Fish and New England Barracudas Lucille Proia 617-222-9052
Feb. 15	: 9 and under mini meet	Fort Devens Sharks Karen Fuller 617-772-0130
Feb. 22-23	: 2-day C-B (distance events will be offered)	Portsmouth Aquatic Club Greig Cronauer 603-431-2009 x278
Mar. 1-2	: 8 and under Champion- ships	Nautilus Swim Club Don Richards 207-799-5809
Mar. 7-9	: Age Groups	Little Rhody Aquatic Club Ken Reall 401-728-5502
Mar. 15-16	: New England Seniors	Seacoast Swimming Association and Exeter Swim Team Mike Parratto
Mar. 15-16	: C Championships	CSSM Dick Lennon 617-396-5800 x 350
Mar. 22-23	: B through Age Group Championships	North Country Aquatic Club
Mar. 23	: 1-day C meet	New Bedford YWCA Trix Whalen 617-999-3255
Mar. 24-28	: Senior Nationals	Orlando, FL
Apr. 1-5	: Junior Nationals	Orlando, FL
Apr. 6-7	: Pentathlon	Worcester YMCA Sea Lions Susan Saunders
Apr. 11-14	: Zone Meet	Pittsburg, PA

APPROVED MEETS:

Word has been received from USSwimming that effective January 1, 1986 USS Clubs and USS-member Leagues shall not host approved-category meets without the express, written permission of the USS National Headquarters Office. A Club or League shall submit its request for permission to the Vice-Chairman of the Local Swimming Committee in which it resides. The LSC shall then forward the request, with a recommendation for approval or rejection, to USS National Headquarters at least thirty (30) days in advance of the meet.

This procedure is adopted on the advice of insurance and legal counsel to the President on ways in which USS must reduce its liability exposure and anticipated insurance costs. More details will follow shortly.



NATIONAL AGE GROUP DISTANCE SWIMMING MEET
November 1 through December 31

Sponsors: Age Group Division United States Swimming and New England Swimming

Sanction: This meet is sanctioned by New England Swimming, ~~on #~~
Sanction #NE5-72.

Eligibility: Open to all registered USS Athletes

Events: This meet will be contested for both sexes in the following age groups and distances:

9 year olds---1,000 yds.	14 year olds---3,000 yds.
10 year olds---1,000 yds.	15 year olds---3,000 yds.
11 year olds---2,000 yds.	16 year olds---3,000 yds.
12 year olds---2,000 yds.	17 year olds---3,000 yds.
13 year olds---3,000 yds.	18 year olds---3,000 yds.

THE EVENT MAY BE SWUM TWO PER LANE, BUT NO MORE THAN TWO PER LANE.

Location and Time: Contestants swim in a 25 YD. pool of their choice and mail their time to the local meet director for tabulation. This event must be swum between Nov. 1, 1985 and Dec. 31, 1985.

Postal Rules: Swimmers can swim anywhere they like and mail the results to their local meet director. A postal meet provides everyone the opportunity to compete without the normal travel and expenses.

Entry Fee: The entry fee is \$3.00 (\$2.00 to USS, \$1.00 for LSC)

New England Swimming has waived its \$1.00 fee.

Timers & Counters: Please insure accuracy by paying strict attention to the # of laps swum. We urge you to use a check-off system for each swimmer

NATIONAL AWARDS: ALL ENTRANTS WILL BE AWARDED NATIONAL AGE GROUP LONG DISTANCE PARTICIPANT CAPS. United States Swimming Postal Awards will be provided to the first TEN finishers in each classification

LSC AWARDS: Each LSC has the option of providing their own local awards (ribbons, certificates, etc.)

Entries: Mail entry form and \$2.00 entry fee with check made payable to:

New England Swimming
20 Cleveland Road
Needham, MA 02192

CONGRATULATIONS to the New England Swimmers who are listed in the 1985 Short Course Record Book as new New England Record Holders:

- 8 and under: DELIGHT MALKEMUS BGSC: 100 back (NE RES)
KERRY KEARN CSEM: 25 breast (NE/RES)
- 10 and under: LARISSA HEROLD BGSC: 100 free (NE/RES), 50 back (RES),
100 back (RES)
LESLIE REPETTO CAY: 200 free (NE/RES), 100 fly (RES),
100 breast (NE/RES), 100 IM (NE/RES),
200 IM (NE/RES)
BGSC (L. HEROLD, K. MAHONEY, M. RAVENELLE, B. MULLEN): 200
medley relay (NE/RES), 200 free relay
(NE/RES)
WESC (A. CUNHA, D. RODENHAVER, C. GREINER, J. MCELENEY):
200 medley relay (RES)
- 11 and 12 : JENNY THOMPSON ANA: 50 fly (RES), 100 fly (RES)
MARIA KOZIOL PVAC: 50 back (RES)
SAC (K. MCGOWAN, S. O'LEARY, H. CORY, K. WELCH): 400 medley
relay (NE/RES)
BGSC (J. JACKSON, H. PASKOWSKI, N. SHIRE, L. KOERCKEL): 400
free relay (NE/RES)
- 13 and 14 : COURTNEY CHUBB BGSC: 200 fly (RES)
BGSC (VANAKEN, KELLEY, MOSES, RILEY): 400 free relay (NE)
FRANK HAN BGSC: 50 free (NE/RES), 100 free (RES),
200 free (RES), 200 fly (NE/RES)
ALEX KOSTICH BGSC: 500 free (NE/RES), 1000 free (NE/RES),
1650 free (NE/RES), 400 IM (RES)
DAVID JOHNSON BGSC: 100 back (RES)
BGSC (WILKINS, HAN, JOHNSON, NASON): 200 medley relay (NE/RES)
200 free relay (NE/RES), 400 free re-
lay (NE)
- 15 to 18 : MISSY HOY LRAC: 1650 free (RES)
MARYELLEN POWERS BGSC: 200 fly (RES)
CAROLYN RYDER BGSC: 100 breast (RES)
LOUISE GOUIN CAST: 200 IM (RES), 400 IM (RES)
ALEX KOSTICH BGSC: 500 free (RES), 1000 free (RES),
1650 free (RES)
KEITH HAYES SAC: 100 fly (RES)
JEFF PETERMAN BGSC: 100 breast (RES)
BGSC (A. PRICE, M. COUNTIE, J. KELLEY, A. KOSTICH): 800 free
relay (RES)

CONGRATULATIONS to the following New England Swimmers who placed in the 1985 National Age Group TOP 16 TIMES (short course) as reported in Swimming World, October 1985.

- 10 and under: LARISSA HEROLD BGSC: 50 free, 100 free, 200 free, 100 back,
50 fly*, 100 fly, 100 IM, 200 IM
KIMBERLY HO LRAC: 100 breast
LESLIE REPETTO CAY: 50 free, 100 free, 200 free,
100 breast, 100 fly, 100 IM, 200 IM
BGSC relay (L. HEROLD, M. RAVENELLE, K. MAHONEY, B. MULLEN):
200 medley, 200 free
LRAC relay (H. RUBIN, K. HO, B. IACOBUCCI, H. MONTANERO):
200 medley

continued.....

11 and 12 : NIKKI SHIRE BGSC: 50 breast
 JENNY THOMPSON ANA: 50 fly
 DAVID MURPHY HRY: 50 back
 BGSC relay (R. CAREY, E. JONES, K. MILNER, J. MCGINNIS):
 200 medley

13 and 14: : FRANK HAN BGSC: 50 free, 100 free, 200 free
 DAVID JOHNSON BGSC: 100 fly
 ALEX KOSTICH BGSC: 500 free*, 1000 free, 1650 free*,
 400 IM
 DAVID NASON BGSC: 1650 free
 BGSC relay (D. WILKINS, F. HAN, D. JOHNSON, D, NASON):
 200 medley, 200 free, 400 free

15 and 16: : CYNTHIA KANGOS WESC: 50 free
 ALEX KOSTICH BGSC: 500 free, 1000 free, 1650 free, 400 IM
 ANDREW SAULNIER WESC: 1650 free
 JAMES SWEENEY BGSC: 1000 free
 BGSC relay (J. PETERSON, S. JAFFE, J. SWEENEY, A. KOSTICH):
 400 free
 BGSC relay (F. HAN, J. SWEENEY, S. JAFFE, J. PETERMAN):
 800 free

17 and 18 : CAROLYN RYDER BGSC: 100 breast
 KEITH HAYES SAC: 100 fly*

* ranked first

TOP TEN CORRECTIONS:

15--18 BOYS

400 METER INDIVIDUAL MEDLEY

1. Alex Kostich	BGSC	4:32.66	JO
2. Roger Kennedy	HRY	4:51.62	AG
3. Brad Semle	PVAC	4:51.93	SR
4. Chuck Batchelor	PVAC	4:52.35	SR
5. Scott Jaffee	BGSC	4:52.36	AG
6. Andy Fisher	PVAC	4:53.80	SR
7. Kevin Crossman	LRAC	4:54.16	AG
8. Mike Schnur	PVAC	4:54.36	SR
9. James Sweeney	BGSC	4:54.74	SR
10. Gregg Prawdzik	LRAC	5:03.98	AG

NEW TEAMS

COASTAL SWIM CLUB

Paul Miles
 P. O. Box 297
 Bryantville, MA 02359-0297
 CSC

HOLY CROSS COLLEGE

Barry Parenteau
 College Street
 Worcester, MA 01610
 HC

WEST ROXBURY-ROSLINDALE YMCA

Carolyn Dooman
 28 Beecher Street
 Jamaica Plain, MA 02130
 WRYG

CHANGE OF ADDRESS:

VALLEY GATORS SWIM TEAM

Marge Adams
 6½ King Street
 Bellows Falls, VT 05101
 VGST

AQUA-DUX SWIM CLUB

Martin Beall
 P. O. Box 1611
 Duxbury, MA 02331

CAPE COD SWIM CLUB

James Kadel
 Apt. A-5 Hunters Brook Apt.
 Buzzards Bay, MA 02532

NEWSLETTER PLUS

AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

DECEMBER 1985

IN THIS ISSUE: Long Course Calendar; Bid Form; Meet Form; New England Meet Information; Board Members; Reimbursement Policy...

NEW BOARD MEMBERS:

At the November Board meeting of New England Swimming, the following Board members were appointed:

Officials Chairman	Pat Peterson
Registration Chairman	Charlene Carper
Technical Chairman	Bruce Schaefer
Sanction Chairman	Sigrid O'Neil
At Large Members	James Dunn
	Isabelle Fraser
	Robert Fredette
	Dan Rhinehart
	Tom Smith

REGISTRATION:

All registration materials should have been returned to Charlene Carper, 3 Madison Lane, Amherst, NH 03031 by December 1, 1985. If your team or swimmers are not yet registered, please do it immediately.

All swimmers must be registered in order to compete in United States Swimming meets. Swimmers will not be allowed to compete for a team that is not registered as of January 1, 1986 and will have to swim unattached.

Swimmers who wish to register unattached, must contact Charlene Carper directly.

Please remember that all coaches and officials must be registered with New England Swimming. If you need more registration forms, please contact the New England office.

BOARD MEETING: The next meeting of the Board of New England Swimming will be held on Tuesday, January 14, 1986 at the Holiday Inn on Grove Street, Newton, MA at 7 p.m. (Grove Street is just off Route 128.) New England Board meetings are open to the swimming community.

REIMBURSEMENT POLICY:

At the November Board meeting New England Swimming voted to reimburse 5 New England swimmers who swam at Senior Nationals this summer and 41 New England swimmers who swam at Junior Nationals. These swimmers represented nine New England clubs.

The 1986 budget which was presented and accepted at the Annual Meeting in October included funds to reimburse 100% of the air fare (super saver) for individuals swimming individual events at Senior Nationals and 50% of the air fare (super saver) for individuals swimming individual events at Junior Nationals.

Please remember that swimmers must swim in at least three New England sanctioned meets in order to be eligible for reimbursement. College swimmers who are unable to fulfill this requirement may petition the New England board for a waiver.

LONG COURSE MEET BIDS:

New England Swimming is now accepting bids for the Long Course, 1986 season. Please use the bid form included in this newsletter, and send three copies of each bid to Sigrid O'Neil, P. O. Box 18, Ward Hill, MA 01830. The deadline for bids is January 15, 1986.

Please remember that mini-meets and senior development meets (and other specialty meets) may be bid at any date.

INSURANCE:

Information concerning United States Swimming insurance has been sent to all registered New England teams. Anyone else who desires this information should contact the office. Additional claim forms also are available in the New England office.

NATIONAL AGE GROUP TOP 16 TIMES (SHORT COURSE) CORRECTIONS:

Our apologies to Michael Carroll (CSSM) who was omitted from the list printed in November's newsletter. Michael placed in the 10 and under age group in the 100 yard freestyle and the 100 yard breaststroke.

NEW TEAMS:

NEWMAN YMCA BARRACUDAS
Paul Rossi
472 Taunton Avenue
Seekonk, MA 02771
NYB

PITTSFIELD BOY'S CLUB
Julie Piepho
16 Melville Street
Pittsfield, MA 01201
PTBC

CHANGE OF ADDRESS:

KEENE DOLPHIN SWIM TEAM
Cheryl Solomon
68A East Ridge Road
Merrimack, NH 03054

NEW ENGLAND SWIMMING, BOARD MEMBERS

December 1985

Donald Carper Chairman	3 Madison Lane Amherst, NH 03031	603-673-8422
Maureen McMorrow Vice Chairman	Box 188 Lincoln, MA 01773	617-259-0138
J. Stewart Laird Treasurer	632 Oak Street Manchester, NH 03104	(W) 1-800-341-3003
Priscilla Davis Secretary	205 Woodbury Street S. Hamilton, MA 01982	617-468-3786
Sabine Schwarzer Administrative Chairman	46 Salmi Road Framingham, MA 01701	617-877-5672
May Greineder Age Group Chairman	56 Cleveland Road Wellesley, MA 02181	617-237-4277
Chris Martin Senior Chairman	69 1-A Longhill Street Springfield, MA 01108	413-739-4558
Bruce Schaefer Technical Chairman	P. O. Box 1292 Framingham, MA 01701	617-881-5956
Charlene Carper Registration	3 Madison Lane Amherst, NH 03031	603-673-8422
Pat Peterson Officials Chairman	29 Sandra Drive Chelmsford, MA 01824	617-256-7342
Sigrid O'Neil Sanction Chairman	P. O. Box 18 Ward Hill, MA 01830	617-794-9389
Stephen Pike Coach Representative	825 Concord Avenue Belmont, MA 02178	617-484-4310
Larry Countryman Coach Representative	72 Mount Auburn Street Cambridge, MA 02138	617-576-2423
Kim Shire Athlete Representative	31 Plain Road Westford, MA 01886	617-692-8797
Scott Latch Athlete Representatvie	3 Butternut Road Westford, MA 01886	617-692-3834
Mary Riddell Administrative Assistant	20 Cleveland Road Needham, MA 02192	(W) 617-449-0270 (H) 617-444-2590
James Dunn At Large	32 Hartford Street Natick, MA 01760	617-655-6877
Isabelle Fraser At Large	125 Franklin Road Longmeadow, MA 01106	413-567-3415
Robert Fredette At Large	2 Wallingford Street Dover, NH 03820	603-742-5153
Dan Rhinehart At Large	23 Zone Street Providence, RI 02908	401-273-0363
Tom Smith At Large	9 Robin Road Concord, NH 03301	603-224-0462

continued...

OTHER CHAIRMEN:

Joe Drolette Records	59 S. Douglas Street Rockland, MA 02370	617-878-8929
Sally Shire OVC Chairman	31 Plain Road Westford, MA 01886	617-692-8797
Carol Peckenham OVC Chairman	76 Cobble Hill Road Lincoln, RI 02865	401-724-5048
United States Swimming	1750 East Boulder Street Colorado Springs, CO 80909-5770	303-578-4578

CALENDAR FOR LONG COURSE, 1986:

June 7-8 : A-B
 June 14-15 : B-C
 June 21-22 : C-B
 June 28-29 : A-B
 July 5-6 : B-C
 July 12-13 : C-B
 July 18-20 : B through Age Group Qualifier
 July 25-27 : New England Seniors
 Aug. 1-3 : Age Group Championships
 Aug. 4-8 : Senior Nationals
 Aug. 12-16 : Junior Nationals

The Bay State Games are scheduled for July 10-13.

OFFICE HOURS:

The New England office is: New England Swimming
 Mary Riddell
 20 Cleveland Road
 Needham, MA 02192
 617-449-0270

Office hours are: Monday : 8 a.m. to 12 noon; 7:30 p.m. to 10:30 p.m.
 Thursday: 8 a.m. to 12 noon

NEWSLETTER PLUS SUBSCRIPTIONS:

Please check the label of this issue to find the expiration date of your subscription. Newsletter Plus subscriptions are \$7.00 per year. Please send all subscriptions to : New England Swimming, 20 Cleveland Road, Needham, MA 02192.

November, 1985

To New England Swimmers,

WHAT DO YOU THINK ABOUT NEW ENGLAND SWIMMING? IS IT WHAT IT USED TO BE OR IS IT BETTER? IF YOU COULD CHANGE ONE THING, ANY THING, IN NEW ENGLAND SWIMMING WHAT WOULD IT BE? DO YOU THINK THAT THE ADULT RUN WORLD ALLOWS US KIDS TO GIVE OUR TWO CENTS WORTH?

These are a few questions I think are very important. If the athletes aren't happy with the situation of swimming in New England than let's do something about it, let's get some power, some say and then voice our opinions. From the responses, or lack of them, I get the impression that everyone is pleased with the way swimming is run. Over-all I think it is run well but I know that I have some questions and complaints, I'm sure that you all do too.

At the last New England swimming committee meeting the financial situation was discussed. A new area was added, this is called the All Athletes Fund. It is for all the athletes of New England, not just the ones who make Junior or Senior Nationals. We hope to use it mainly for the "grass-roots" swimmers if I may call them that. As of yet I don't really have any ideas as to what we should do with the money, about \$2,000 for this season. If you get any inspirations tell me and I'll suggest them to the board. Remember this is your money.

Another thing that was accomplished at the meeting dealt with the national convention. Previously we have always sent one rep., to me that was dumb. By the time I finally understood everything that was going on it was over. From now on this LSC (Local Swim Committee) will send both athlete reps, one experienced and the other one to tag along and learn so the next year that person will be experienced. This way we'll be able to do something on the national level.

It was also decided that communications between the athletes needs to be better. At this time I am trying to obtain an athlete from every single team to be my contact. This person will relay the voice of his or her team to Scott Latch (athlete jr. rep.) or me. We will then relay the voices of the teams to the board. In doing this we hope to get all of the athletes involved. If you are interested please fill out the following information.

NAME: _____ CLUB NAME: _____

ADDRESS: _____
 * STREET CITY STATE ZIP

PHONE NUMBER: (____) _____

PLEASE SEND TO: KIM SHIRE (N.E. ATH. REP.)
 31 PLAIN RD.
 WESTFORD MA 01886

USS NAG TOP 16

1985-86 CUTOFFS - SHORT COURSE

	<u>108UN</u>	<u>11-12</u>	<u>13-14</u>	<u>15-16</u>	<u>17-18</u>
FEMALE					
50 YD FREE	27.69	25.49	24.49	24.09	24.19
100 YD FREE	1:00.29	55.19	52.99	51.79	51.89
200 YD FREE	2:10.79	1:59.19	1:53.59	1:51.49	1:51.59
500 YD FREE	-	5:15.19	4:59.09	4:55.89	4:54.69
1000 YD FREE	-	-	10:14.69	10:07.49	10:06.09
1650 YD FREE	-	-	17:10.49	16:54.39	16:52.79
50 YD BACK	32.69	29.79	-	-	-
100 YD BACK	1:11.49	1:04.29	1:00.19	58.79	59.29
200 YD BACK	-	-	2:09.99	2:06.19	2:07.49
50 YD BREAST	35.99	33.09	-	-	-
100 YD BREAST	1:18.79	1:11.09	1:07.89	1:06.49	1:06.69
200 YD BREAST	-	-	2:26.09	2:23.49	2:22.39
50 YD FLY	30.49	28.09	-	-	-
100 YD FLY	1:08.09	1:01.19	58.39	57.39	57.09
200 YD FLY	-	-	2:07.59	2:05.39	2:04.49
100 YD IM	1:09.89	1:03.89	-	-	-
200 YD IM	2:28.49	2:15.99	2:10.19	2:07.29	2:07.69
400 YD IM	-	-	4:33.99	4:27.59	4:29.89
200 YD F.R.	1:58.99	1:46.99	1:43.99	1:43.09	1:43.09
400 YD F.R.	-	3:55.19	3:42.29	3:39.19	3:39.19
800 YD F.R.	-	-	8:08.49	7:58.29	7:58.29
200 YD M.R.	2:14.19	2:00.79	1:56.79	1:55.79	1:55.79
400 YD M.R.	-	4:26.09	4:09.49	4:05.29	4:05.29
MALE					
50 YD FREE	27.49	24.49	22.69	21.69	21.29
100 YD FREE	59.79	53.49	49.19	47.19	46.09
200 YD FREE	2:09.89	1:56.19	1:47.29	1:42.69	1:40.29
500 YD FREE	-	5:11.09	4:46.99	4:34.09	4:30.99
1000 YD FREE	-	-	9:57.19	9:29.49	9:20.49
1650 YD FREE	-	-	16:46.49	15:56.49	15:40.19
50 YD BACK	32.39	28.99	-	-	-
100 YD BACK	1:11.09	1:02.19	56.69	53.89	52.39
200 YD BACK	-	-	2:02.79	1:56.19	1:53.59
50 YD BREAST	35.79	31.89	-	-	-
100 YD BREAST	1:18.79	1:08.79	1:02.49	59.49	58.49
200 YD BREAST	-	-	2:16.23	2:09.49	2:07.29
50 YD FLY	30.29	26.99	-	-	-
100 YD FLY	1:07.79	59.79	54.19	51.69	50.49
200 YD FLY	-	-	2:00.99	1:54.29	1:50.39
100 YD IM	1:09.29	1:02.09	-	-	-
200 YD IM	2:28.49	2:12.49	2:01.09	1:56.19	1:53.19
400 YD IM	-	-	4:18.49	4:07.89	4:00.99
200 YD F.R.	1:56.79	1:46.89	1:36.69	1:33.39	1:33.39
400 YD F.R.	-	3:54.99	3:30.49	3:21.19	3:21.19
800 YD F.R.	-	-	7:47.89	7:28.09	7:28.09
200 YD M.R.	2:12.79	2:00.19	1:48.89	1:45.09	1:45.09
400 YD M.R.	-	4:27.69	3:55.99	3:45.39	3:45.39

TYPES OF MEETS:

AB--First consideration is given to swimmers with "A" or better times; "B" swimmers may swim if there is room.

BA--First consideration is given to swimmers with "B" times; swimmers with "A" and better times may swim if there is room.

BC--First consideration is given to swimmers with "B" times; swimmers with "C" or no times may swim if there is room.

CB--First consideration is given to swimmers with "C" or no times; swimmers with "B" times may swim if there is room.

CUTS: Meets that are over subscribed will be cut as follows:

AB--"B" swimmers are cut by time; if all "B" swimmers have been cut, "A" swimmers are cut by time.

BA--"A" swimmers are cut by postmark; if all "A" swimmers have been cut, "B" swimmers are cut by postmark.

BC--"C" swimmers are cut by postmark; if all "C" swimmers have been cut, "B" swimmers are cut by postmark.

CB--"B" swimmers are cut by postmark; if all "B" swimmers have been cut, "C" swimmers are cut by postmark.

Mini-meets and specialty meets--cut by postmark.

AWARDS:

AB--Medals will be given to the top 6 (or 8 in the case of an 8-lane pool) swimmers (whether entered with "A" or "B" times). If desired, ribbons may also be given to the top 6 "B" swimmers who finish with "B" times.

BA--Ribbons will be given to the top 6 "B" swimmers achieving "B" times.

BC--Ribbons will be given to the top 6 swimmers achieving "B" times (whether entered with "B" or "C" times). If desired, ribbons may also be given to the top 6 "C" swimmers who finish with "C" times.

CB--Ribbons will be given to the top 6 "C" swimmers achieving "C" times.

Mini-meets and specialty meets--Ribbons to the top 6 finishers.

At all meets appropriate "B", "A", "AA", etc. achievement cards should be written.

ENTRY FEES:

AB--(or if medals are awarded) up to \$1.70; \$4 per relay

BA, BC, CB--up to \$1.25; \$3 per relay

Meets with trials and finals may charge up to \$2.50. \$6 per relay

Mini-meets and specialty meets may charge up to \$1.25 unless given permission to charge another fee when they received their bid.

SURCHARGES:

AB--30¢ per individual event;

BA, BC, CB--15¢ per individual event

Note: In all cases "A" refers to "A" and better times.

Championships and specialty meets may have different awards and entry fees which will be established at the time the bid is awarded.

(Name of Meet)

(Type of Meet)

(Date of Meet)

Sanctioned by New England Swimming (sanction number)

Presented by: (Name of team)

Information from: (Name, address, and phone number of information director)

Dates: (Day of week and date)

Times: (Warm-up and starting times for all sessions)

Facility and site: (Name of complex), (Address of complex), (Number of lanes and length of course), (Type of lane lines and timing system), (Spectator space and any special instructions)

Entry Information: Entry forms must be completed and received by (date and day). All entries must be postmarked by (date and day). All entries must be on standard New England seed cards and mailed with your entry form and check to: (Name of person and address), certified mail. Entry fees are: (cost) per individual event; (cost) per relay. Checks payable to: (Name payable to)

Eligibility: All swimmers must be 198_ registered swimmers with United States Swimming. New England swimmers may register with: (Name and address)

Procedure for cutting meet: The meet will be cut by the meet director in the following manner: (Follow New England rules for cutting meets.)

Awards: (State awards and for what places.)

Admissions: (Cost of program and/or entrance)

Refreshments: (Will or will not be available)

Directions: (Give directions starting from either route 95, 128, 495, or Massachusetts Turnpike.)

Format: (State if timed finals or whatever, with details.)

Rules: 198_ US Swimming rules will govern all competition and decision by the meet referee will be final, unless a written protest is lodged within 30 minutes of the swim heat being protested.

Special instruction: There will be absolutely no diving in any part of the pool during warm-ups, except in specially designated sprint lanes.

Please include the following on the entry sheet which each team will return with their entry:

Any swimmer whose entry is accepted will, for himself, his heirs, executors, and administrators, waive and release any and all rights and claims for damages he may have against United States Swimming, New England Swimming, (Name of team), (Name of facility) for any and all injuries suffered by him at said meet.

In order to cut down on confusion, a standard information sheet has been drawn up. Please put the information in the same order as given above. It should be done on this size paper and kept to two sheets. Local accommodations and other meet information you need to add should be on page 3 of the information package. Page 4 of the meet information will include the numbered events set up by session with the cut-on and cut-off times. Here also is a standard entry form.