

NEWSLETTER PLUS

AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

JANUARY 1986

IN THIS ISSUE: Championship meet information, registration information, Board assignment changes, 8 and under "A" and "B" times, letters from the Coaches and Athlete Reps...

AGE GROUP QUALIFYING MEETS: FEBRUARY 15 and 16, 1986

This year there will be two Age Group Qualifying meets, both offering the same events, and both being held on February 15 and 16, 1986. One meet is being sponsored by the Cape Ann YMCA at the Cape Ann YMCA; the other is being sponsored by the Attleboro Blue Fish and the New England Barracudas at Attleboro High School. New England has been divided in the following manner:

CAPE ANN YMCA: All of Vermont, New Hampshire and Maine (NSC); in Massachusetts: the Gardner area, Winchendon area across to the shore areas; any clubs in Boston proper (including Bernal's Gator Swim Club); all clubs north of Boston.

ATTLEBORO: All of Rhode Island; any clubs south of Boston; All of Western Massachusetts; Weston Swim Club; Shawmut Aquatic Club; any clubs south of Worcester, including all of the Worcester area.

New England Swimming reserves the right to transfer a team from one meet to the other if the meets are unevenly subscribed or over-subscribed.

Clubs that will have to transfer will be called as soon as possible after the deadline. Please submit your entries as early as possible so that transfers may be made in a timely fashion.

CHAMPIONSHIPS MEETS:

March 1- 2	Eight & under	Cape Elizabeth, ME	Don Richards 207-799-5809	*2/19
March 6- 9	Age Groups	Brown University, RI	Ken Reall 401-728-5502	2/20
March 13-16	Seniors	Exeter Academy, NH	Mike Parratto 603-749-2869	3/1
March 14-16	"C"	Medford High School, MA	Dick Lennon 617-396-5800 x 350 (8 a.m.-2:30 p.m.)	3/1
March 22-23	"B"	Dartmouth College, VT	Anne Brooke-Powell 802-457-3819	3/7

*entry deadlines

The next meeting of the Board of New England Swimming will be held on Tuesday, February 11, 1986 at 7 p.m. at Howard Johnson's, Newton, MA. (the one over the turnpike)

BOARD NOTES:

At the January Board meeting Sigrid O'Neil was named liason person for YMCA teams. If you have any problems, suggestions, comments or questions in this area, please contact Sigrid (P.O.Box 18, Ward Hill, MA 01830, 617-794-9389). She will continue as Sanction Chairman through the short course season.

Beginning with the long course season, the Saction Chairman will be Isabelle Fraser (125 Franklin Road, Longmeadow, MA 01701, 413-567-3415).

Committee assignments for 1986 were also made.

Technical Committee: Bruce Schaefer, Chairman, May Greineder, Chris Martin, Steve Pike, Larry Countryman, Kim Shire, Scott Latch, Tom Smith, Sigrid O'Neil.

Calendar Committee: Maureen McMorrow, Chairman, May Greineder, Chris Martin, Steve Pike, Kim Shire, Isabelle Fraser, Jim Dunn, Dan Rhinehart, Bruce Schaefer

It has come to the attention of the New England Board that some clubs hosting meets have been burdened with checks backed by insufficient funds. If a club does this two times, the name of the club will be printed in the newsletter so that clubs hosting meets may ask for a certified check from that club.

REGISTRATION: Some notes from the registration chairman, Charlene Carper, 3 Madison Lane, Amherst, NH 03031:

Swimmers may not register for a club that has not registered. Please make sure your club has registered before you send in your swimmer registrations.

Unattached swimmers must contact the registration chairman directly in order to obtain registration materials.

All coaches need to register. Do not send adult registrations to Charlene. They should be sent directly to Colorado. (Forms are available through the New England office.)

On February 1, 1986 a list of all registered clubs will be sent to clubs hosting meets. If a club is not registered, the club's swimmers will have to swim unattached.

Cards will come out as soon as the computer disc is available from USS.

NEW ENGLAND SWIMMING OFFICE: Mary Riddell
20 Cleveland Road
Needham, MA 02192
617-449-0270

Office Hours: Monday : 8:00 a.m.--12:00 noon
7:30 p.m.--10:30 p.m.
Thursday: 8:00 a.m.--12:00 noon

CHAMPIONSHIP MEETS:

All New England registered teams should have received information concerning Eight and under Championships, New England Senior Championships, Age Group Championships, "B" Championships, and "C" Championships.

Eight and unders with "B" and "A" times may swim at Eight and under Championships; eight and unders with "C" times may swim at "C" Championships. Those eight and unders who have 10 and under Age Group times may also swim at Age Groups. There will be no eight and unders (only 9 and 10) at "B" Championships.

Age Groups, "B" Championships, and "C" Championships will include the 15--18 age group, not "open" or "senior." "B" cuts for 15--16, rather than 17--18, will be used as minimum times for the "B" Championships and maximum times for the "C" Championships.

The times for the "B" Championship meet will be "B" minimum through Age Group cuts for 9--10, 11--12, and 13--14. For 15--18, the times will be "B" minimum cuts for 15--16 through Senior cuts.

A swimmer may swim the same individual event in only one of the following championship meets: Age Groups, "B" Championships, "C" Championships. An eight and under may not swim the same individual event at Eight and under Championships and "C" Championships.

New England Seniors is open to any New England swimmer who has the required times.

Age Groups will be timed finals for 10 and unders and trials and finals for 11--12, 13--14, excluding relays, the 1650, 1000, and 11--12 500 free.

All swimmers must enter all championship meets with their best times achieved since September 1, 1985. No "no times" will be accepted.

Eight and under Championships, "B" Championships, "C" Championships: These meets will be strictly monitored to prevent any swimmer from entering the meet with incorrect times. Any swimmer proven to be ineligible for an event because a time is too fast or too slow will be barred from the rest of the meet. If several swimmers from the same team are found with false entries, the coach, swimmers, and possibly the entire team will be banned from the remainder of the meet.

Age Groups and Seniors have special scratch and verification rules. All coaches are expected to be familiar with these rules. Swimmers and parents ought to be familiar with the rules also.

Scratch rules for Age Groups:

SCRATCH RULE: Swimmers who qualify to swim in the finals in any event must notify the clerk of course within 30 minutes after the announcement of finalists if they intend to scratch that event. Any swimmer who competes in a trial heat and fails to scratch from finals within 30 minutes and does not compete will be barred from further competition in the meet. This includes those swimmers who confirm their intention to swim in the 1000 and 1650 and do not compete. There will be no penalty for any no-shows during trials or for any 10 and under events.

Scratch rules for Seniors:

SCRATCHES: Scratch deadline for the events to be held on Thursday, March 14 will be Wednesday, March 13 at 5:30 p.m. Scratches may be made by phoning Mike Parratto at 603-749-2869. Friday, Saturday, and Sunday scratch deadlines will be 5:30 p.m. of Thursday, Friday, and Saturday respectively.

1. After the heats have been seeded, any swimmer who fails to compete in an individual event heat in which he has not been scratched will be barred from all individual and relay events for that day. The swimmer will also be scratched from the next day's events unless the meet director has been notified of the swimmer's intention to compete by 5:30 p.m. of the day before the day the swimmer will compete.

2. Any swimmer who competes in a preliminary heat and fails to notify the referee of his intention to withdraw from the final within 30 minutes after the announcement of the final qualifiers for that event, will be barred from all subsequent competition in the meet.

3. Events in trials and events in finals will not be considered a continuation of an event, but will be considered a new event.

4. Any relay team entered in a relay event that is seeded at the meet in whole or in part, that has been checked in for that event, must swim the event unless the clerk of course is notified before seeding for that event is begun that the relay team wishes to scratch. Failure to do so will result in each individual member of that relay team being barred from the next relay event in which those members may otherwise be eligible to compete, either that day or the next meet day, whichever is first.

5. A relay team member failing to appear ready to swim for said relay event shall also be barred from the next individual event in which he is entered, either that day or the next meet day. The relay members who do appear ready to swim shall not be penalized for failure of other relay team members to appear.

Verification rules for Seniors and Age Groups:

VERIFICATION: If a swimmer fails to achieve the listed cut-off time for an event, the coach or swimmer must produce proof of having made the cut within 20 minutes of the announcement of results for that event or the swimmer will be barred from competition for the remainder of the meet with the results of that event and any swim in the interim showing up as an administrative DQ. If the swimmer swims a relay illegally, the relay will receive an administrative DQ. The coach or swimmer must come up with valid proof or administrative DQ will apply. We will have on file at the proof desk all New England sanctioned meet results. Coaches are responsible for all other results for use in verification.

NEWSLETTER PLUS SUBSCRIPTIONS:

Please check the label of this issue to find the expiration date of your subscription. Newsletter Plus subscriptions are \$7.00 per year. Please send all subscriptions to : New England Swimming, 20 Cleveland Road, Needham, MA 02192.

COACHES' NEWSLETTER:

This month's letter to the coaches is a request for information and input from my fellow coaches. Without written input, signed or otherwise, my comments at the New England Board meetings appear more subjective than objective. Please take a few minutes to send your comments to me at 825 Concord Avenue, Belmont, MA 02178. Urgent matters may warrant a call, so please call me at 617-484-4310 during the day if I can be of any help.

This year's number one comment among coaches (directed toward me) is concerning meets--how they are cut, the number of meets, awards, meet invitations, how meets are run, etc. Please note that we have a new calendar from the Technical Committee. Real problems or concerns should be addressed to me as your coaches' representative and to the Technical Committee (Bruce Schaefer, chairman). We can work these problems out with your input and we will do so if we know your concerns. I have my own opinions but would rather represent all of you as best I can. Let's not be negative and just complain; take a few moments and jot down your concerns and suggestions so I can bring them to the proper committees for action.

Finally, let's give some thought to starting an ASCA (American Swim Coaches' Association) chapter here in New England. ASCA is our organization nationally, but we in New England belong only as individuals. I would suggest that each of us join ASCA (as well as the required membership in USS) and that we start a local chapter! We could then get ASCA help in running coaches' clinics and have more say nationally if we have more members and are more organized. Anyone not registered with ASCA, please call me and I'll get the information out to you. ASCA benefits are well worth the \$30 membership (includes ASCA Newsletter, certification, job postings, clinics, etc.)

I will update you as soon as I hear anything new on the required safety training for USS registered coaches. So far, nothing has come out since the convention and I believe this mandated program will not become effective until September 1986.

Thank you for your comments. I look forward to your input on any coaching related matters that you wish the Board, the Technical Committee, and the Calendar Committee to consider.

Stephen Pike, Senior Coaches' Representative

CHANGE OF NAME AND ADDRESS:

NORTHERN VERMONT AQUATICS

Bill Shinn

P.O.Box 2107

S. Burlington, VT

NOVA

(formerly LCSC)

RE-REGISTRATION:

WORCESTER COUNTY SWIM LEAGUE

Judith Dobkowski

9 Arlington Street

Auburn, MA 01501

NEW TEAM:

HOLYOKE YMCA VIKINGS

Randy Smith

171 Pine Street

Holyoke, MA 01040

NEWMAN YMCA BARRACUDAS

Paul Rossi

472 Taunton Avenue

Seekonk, MA 02771

NYB

BEST is now BAT (Belmont Aquatic Team).

BIDS FOR LONG COURSE SEASON:

The Calendar Committee is still accepting bids for the long course season. If there are more bids to submit, please do it immediately. The clubs that submitted bids before the January 15, 1986 dead line will have priority when the calendar is drawn up. Bid forms were in the December newsletter and also are available through the office. Send your bids to Sigrid O'Neil.

CALENDAR FOR LONG COURSE, 1986:

June 7-8 : A-B
 June 14-15 : B-C
 June 21-22 : C-B
 June 28-29 : A-B
 July 5-6 : B-C
 July 12-13 : C-B
 July 18-20 : B through Age Group Qualifier
 July 25-27 : New England Seniors
 Aug. 1-3 : Age Group Championships
 Aug. 4-8 : Senior Nationals
 Aug. 12-16 : Junior Nationals

The Bay State Games are scheduled for July 10-13.

EIGHT AND UNDER "A" AND "B" TIMES:

There has been some confusion concerning eight and under "A" and "B" times for New England swimmers. The times printed in the October Newsletter Plus (and reprinted in this issue) are the times to use, not the ones printed last spring.

NEW ENGLAND SWIMMING - 8 & UNDER A & B Standards

<u>Females</u> Yards (Metres)			<u>Males</u> Yards (Metres)		
<u>A time</u>	<u>B time</u>	<u>Event</u>	<u>A time</u>	<u>B time</u>	
16.99 (---)	18.29(---)	25 free	17.79(---)	21.09(---)	
37.99(45.89)	42.39(57.59)	50 free	39.99(47.69)	48.19(58.09)	
1:27.59(1:49.99)	1:38.39(2:06.89)	100 free	1:31.19(1:48.99)	1:53.79(2:10.99)	
20.59(---)	23.29(---)	25 back	22.79(---)	26.79(---)	
46.69(58.99)	51.59(1:08.39)	50 back	51.59(1:00.49)	59.99(1:10.19)	
21.89(---)	24.39(---)	25 breast	23.49(---)	28.89(---)	
49.99(59.09)	56.09(1:15.29)	50 breast	53.19(1:03.29)	1:03.29(1:16.69)	
19.59(---)	22.99(---)	25 fly	23.09(---)	27.29(---)	
48.89(1:03.99)	1:00.79(1:15.59)	50 fly	55.69(1:11.49)	1:09.39((1:18.59)	
1:38.79(---)	1:48.99(---)	100 I.M.	1:46.89(---)	1:58.79(---)	

OCTOBER 1985--SEPTEMBER 1986

SEED CARDS:

Seed cards are available through the New England office, but there have been some pricing changes. The cost for plain cards is \$14.50 per thousand cards, including mailing. If you pick them up in Needham, the price is \$13.00 per thousand. The cards may be split any way between boys and girls, and there is no minimum order.

If you want your initials on the cards, the price is \$19.50 per thousand, including mailing. If you pick them up in Needham, the price is \$18.00 per thousand. The price will decline as you order more cards. Contact the office for specific prices. The minimum order with initials is 1,000 cards.

TOP TEN AND RECORD BOOKS:

There are still a few Top Ten Books and Record Books for both long and short course seasons available through the office. The cost is \$2.50 for each book.

**United States Swimming
New England**

20 CLEVELAND ROAD
NEEDHAM, MA 02192

FIRST CLASS

STAMPED PERMIT NO. 1
Post Office Box 100
105 Boston Road
Needham, MA 02192
9712

NEWSLETTER PLUS

AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

FEBRUARY 1986

IN THIS ISSUE: 1986 Budget and Financial Report, Zone Team, "Memorial Day" Camps, Coaches' Meeting, Registration Information, Record Breaking Swims...

NEW ENGLAND SANCTION MEETS

The limited number of meets available to our athletes is a continual and continuing problem. We operate in a climate where a decreasing number of clubs choose to bid for meets, while at the same time some clubs are reluctant to assist the host club as either officials or timers.

New England tradition and the tradition of swimming in general is that officials, timers, concerned parents and the New England community have an obligation to provide the best environment (meets) that we possibly can so that our athletes can do the best that they possibly can. If you or your club are contacted by a host club and asked to assist them in running a meet, I hope that you respond positively. Let me assure you that no club is becoming wealthy running New England Sanction Meets. Many clubs do this as a service to the New England Swimming Community and I trust that your response to their request for assistance will be answered in the same spirit.

D. P. Carper, Chairman

The next meeting of the Board of New England Swimming will be held at Exeter Academy, Exeter, NH on Sunday, March 15, 1986 at 1 p.m. in the physical education building.

FINANCIAL REPORT:

Included in this newsletter is a Financial Report that details the financial condition of New England Swimming through January 15, 1986. For comparative purposes, we have also reproduced the 1986 budget that was approved at our last annual meeting. The following points may assist you in understanding this report:

1. Registration Income

This income item included revenue from athlete registrations, club registrations and non-athlete registrations. Because of the transitional difficulties associated with transferring responsibility to the current Registration Chairman from the prior chairman and because non-athlete registration fees were forwarded to the Registration Chairman (they should not have been forwarded to the Registration Chairman--they should have been forwarded directly to Colorado Springs), no breakdown has been provided between monies received for the various registration categories.

2. United States Swimming Expenses

This represents registration fees paid to United States Swimming that were collected by New England Swimming to register either athletes, teams, or non-athletes.

Financial Reports will be published in the Newsletter on a quarterly basis.

**NEW ENGLAND SWIMMING
INCOME STATEMENT
1986**

INCOME:

REGISTRATION	\$ 56,103.00
MEET SURCHARGE	2,246.30
SANCTIONS	465.00
NEWSLETTER PLUS	84.00
SEED CARDS	34.00
MISCELLANEOUS	<u>12.00</u>
TOTAL 1986	\$ 58,944.30

EXPENSES:

MEETINGS	\$ 135.00
OFFICE:	
M. RIDDELL	400.00
A. B. DICK	321.54
TELEPHONE	25.32
PETTY CASH	470.15
POSTAGE	22.00
UNITED STATES SWIMMING	<u>24,040.00</u>
	\$ 25,414.01
NET INCOME	\$ 33,530.29

1986 BUDGET

I.

REVENUE

Registration	
Athlete	\$ 60,000
Club	4,950
Swim-a-thon	3,000
Meet Surcharges	9,000
Newsletter Plus	1,500
USS (McDonalds)	1,000
Sanctions	1,600
Seed Cards	600
Top 10	300
Records	100
Interest	<u>1,200</u>
 TOTAL	 \$ <u>83,250</u>

II.

EXPENSES

USS Athlete	\$	44,000
USS Club		1,800

		45,800

Office		
Salary	\$	5,100
Petty Cash		4,000
Telephone		600
A.B. Dick Co.		1,200

		10,900

Convention	\$	4,200
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Registration	\$	600
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Meetings	\$	1,000
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Athlete Support		
Sr. Nat'l Subsidy	\$	7,000
JO Subsidy		15,000
Banquet		600
Zone Team		4,000
Meets		3,000

	\$	29,600

Legal	\$	5,000
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All Athlete Subsidy	\$	2,000

TOTAL	\$	99,100

III.

<u>1986 DEFECIT</u>	\$	14,650
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EASTERN ZONE MEET - 1986

The Zone Meet will be held from April 4-6, 1986 in Pittsburgh, Pa.. Trials will be run in two High School Pools - Moon High School (Boys), and Montour High School (Girls). Finals will be held at University of Pittsburgh - Trees Pool. This is an eight lane facility with seating for 1000. This means our team will leave New England on Thursday, April 3, and return on Monday, April 7, 1986.

All swimmer selected for the team must have competed in three New England meets over the short course season. Age Groups and Seniors can be included in the three.

Age Group Championships will be used as the qualifying meet for 14 and unders. Senior Championships will be used for the 15-18's.

The top two in each event will be asked-this does not necessarily mean that the third person in an event goes if one swimmer qualifies for too many events. Each swimmer is allowed to swim six events-no more than three in one day. The meet will be put together to have a well balanced team. The relays are put together on performance at the meet. All swimmers will be given their information at the meet they qualify in. They will be given one week to respond before someone else is asked.

There is no 1000 yard freestyle offered and there will only be one swimmer in each age group in the 1650 yard free. There is only one relay team from each LSC in each age group.

The team will travel together by bus - all swimmers - no swimmer is allowed to go on their own. This is where the swimmers get to know each other. The cost to each swimmer will be \$85.00.

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APPLICATION FOR COACHES INTERESTED IN COACHING THE ZONE TEAM 1986

NAME _____ PHONE NUMBER _____

ADDRESS _____

TEAM YOU ARE ASSOCIATED WITH _____

AGE GROUP YOU WOULD PREFER TO COACH _____

The trials will be all boys in one pool and all girls in another pool. Therefore the coaches will be 10 & Under, 11-12 boys and girls, 13-14, 15-18 boys and girls.

Coaches do not have to double as chaperones. All coaches receive \$50.00 meal allowance along with having their room and transportation paid.

Please mail this application to : Isabelle Fraser - Zone Co-ordinator
125 Franklin Rd.,
Longmeadow, Ma. 01106 (413-567-3415)

If you have any questions on other coaching duties or responsibilities please do not hesitate to call me - after 8:00 P.M. at night or in the morning. The coaches will be picked after seniors.

RECORD BREAKING SWIMS:**CHRISTMAS CLASSIC, Brown University, 12/85**

11 and 12 girls: JENNY THOMPSON SEA 100 yard fly 59.76 RES
 50 yard free 24.98 RES
 100 yard free 54.02 RES
 100 yard back 1:02.68 RES

NATIONAL QUALIFYING MEET, Harvard University, 1/86

11 and 12 girls: JENNY THOMPSON SEA 100 yard fly 1:01.14 RES
 50 yard free 23.96 RES
 100 yard back 1:01.80 RES

15--18 girls : LOUISE GOUIN CAST 1000 yard free 10:02.65 RES

15--18 boys : ALEX KOSTICH BGSC 400 yard IM 4:05.70 RES
 SCOTT JAFFEE BGSC 400 yard IM 4:05.97 RES
 100 yard breast 58.53 RES
 200 yard breast 2:05.87 RES

NEW TEAMS:

OYSTER RIVER OTTERS
 Jane Swift
 18 Mill Road
 Durham, NH 03824
 OYO

EXETER SWIM TEAM
 Vincent Palumbo
 P. O. Box 766
 Exeter, NH 03833
 EST

CHANGE OF ADDRESS:

SEAGLES SWIM CLUB
 435 Crafts Street
 Newton, MA 02185
 SEA

These teams replace GREAT BAY AQUATIC CLUB (GBAC).

CHANGE OF NAME:

YMCA SEA LIONS
 Adam Winegard
 438 Hope Street
 Providence, RI 02906
 YSEA

LINCOLN SQUARE BOYS CLUB
 Richard LaHair
 Lincoln Square
 Worcester, MA 01605
 LSM

(Formerly EAST SIDE YMCA ESY).

(Formerly WORCESTER BOYS CLUB WBC).

NEW ENGLAND SWIMMING OFFICE: Mary Riddell
 20 Cleveland Road
 Needham, MA 02192
 617-449-0270

Office Hours: Monday : 8:00 a.m.--12:00 noon
 7:30 p.m.--10:30 p.m.
 Thursday: 8:00 a.m.--12:00 noon

COACHES' NOTES:

There will be a coaches' meeting at Age Groups on Saturday, March 8, 1986 between sessions. This meeting will be brief and will give New England's USS registered coaches a chance to discuss meets, calendar, and any other issues of concern. Please attend, speak your piece, and help New England Swimming grow. Stephen Pike

February, 1986

To New England Swimmers,

The following list is a list of Team Athlete Representatives and the team they represent. If you don't see your team represented please think about doing it. All the job requires is that you voice your teams opinion to Scott (Jr. athlete rep.) and I so we know what the Athletes think of the way New England swimming is being run.

BELMONT AQUATIC CLUB	JULIE McCLENNEN
BERNAL'S GATOR SWIM CLUB-NORTH	SUZANNE HENDRICKSON
BERNAL'S GATOR SWIM CLUB-SOUTH	ALEX KOSTICH
COMMUNITY STARS AND STRIPES	ROBERT HOLT
CUMBERLAND AREA SWIM TEAM	KARYN WARD
EAST COAST AQUATIC CLUB	JENI WHEELER
GREATER BOSTON SWIM CLUB	JANICE SILK
GREENWOOD MEMORIAL SWIM CLUB	JILL COMEAU
HAVERHILL Y SWIM CLUB	BRENDA BRADLEY
KEENE DOLPHINS	JENNIFER LEDELL
PIONEER VALLEY AQUATIC CLUB	LYNN TRELEASE
SEACOAST SWIMMING ASSOCIATION	SUE OGDEN
WESTON SWIM CLUB	LISA WOOLEY
WORCESTER Y SEA LIONS	KATIE BAZEMORE

The reason there are two reps for the Gators is because of the situation of being a split team. If your team has a similar situation please inform me of this, otherwise I would like only one athlete per team. If you are interested please fill out the following information and send it to me.

Thanks,

Kim Shire

Name: _____ Team: _____

Address: _____ Age: _____
 Street City State Zip

Phone: (____) _____

Send to: Kim Shire
 31 Plain Rd.
 Westford MA 01886

Thanks

TO: OFFICIALS AND MEET DIRECTORS:
FROM: PAT PETERSON, OFFICIALS' CHAIRMAN

Please note the following rule as quoted from the 1986 US Swimming rule book:

Rule 202.3.7 under conditions of sanction: "All meet directors, referees, starters, and stroke and turns judges serving in an official capacity at a sanctioned event must be members of US Swimming."

If you are not a member, please send the application found in this newsletter to United States Swimming, 1750 East Boulder Street, Colorado Springs, CO 80909.

REGISTRATION NOTES:

The print-outs which have been received from U S Swimming indicate that there are still some coaches who are not registered with U S Swimming. You will not be allowed on deck at meets if you are not registered. Please use the registration form found in this newsletter and send it directly to U S Swimming at the address on the form.

Many swimmers who have transferred from one team to another have not filed the pink copy of their transfer form with the registration chairman. These swimmers will have to swim unattached until their transfer forms are filed with Charlene Carper, 3 Madison Lane, Amherst, NH 03031 (603-673-8422).

"MEMORIAL DAY" CAMPS:

The "Memorial Day" Camp in this area will be run on May 23, 24, 25, 1986 (the weekend before Memorial Day) at Springfield College, Springfield, MA. Applications will be available at Age Groups from Isabelle Fraser of Pioneer Valley Aquatic Club and also from the New England office. Boys who were born from January 1, 1972 through December 31, 1973 and girls who were born from January 1, 1974 through December 31, 1975 may apply.

LOST AND FOUND:

Many lost items were found at the Qualifying Meet in Attleboro. Please contact Lucille Proia, 732 Lindsey Street, Attleboro, MA 02703 or call her at 617-222-9052.

COACH NEEDED:

Coach needed for Portsmouth Aquatic Club; year-round position; salary dependent upon experience.

Contact Greig Cronauer at 603-431-2875 (home) or
603-431-2009 (work from 1 to 9 p.m.).

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MARCH 1986

IN THIS ISSUE: Long Course Calendar, Reimbursement Policy, Officials Clinic, Age Groups and Eight and under Championships High Point Trophy Winners, Bay State Games....

REPORT ON OFFICIALS CLINIC:

From Pat Peterson, Officials Chairman

US Swimming sponsored a clinic for all LSC's Officials Chairmen on March 1 at Colorado Springs in the Olympic Training Camp. The purpose of this clinic was to improve the quality of Certification Clinics run at the local level in LSC's and to promote consistency in officiating in general, and finally to help to recruit new officials.

Priscilla Davis accompanied me to Colorado and we found this clinic extremely valuable and intend to incorporate the methods we learned at the National level in New England. In order to do this I will appoint a technical committee and intend to meet with them May 3rd in Harvard. If you are interested in being on this committee please contact me (617-256-7342). In the near future we will be running re-certification clinics for all officials. The sites and times of these meetings will be announced later.

By next year all officials will be certified under the following guidelines:

1. Attend officials training clinic.
2. Apprentice 4 meet sessions.
3. Complete evaluation form after the first independent session worked as a deck official.
4. Certification valid for 2 years.

Re-certifying officials:

1. A minimum of 6 sessions must be worked in each licensed capacity over a 2 year period.
2. A training clinic should be attended every two years.

Finally I would like to include an officials column in the Newsletter each time to answer any question officials may have during meets and to publicize clinics and the names of those taking the clinics.

The April meeting of the Board of New England Swimming will be held at 7 p.m. on Tuesday, April 8, 1986 at Howard Johnson's, Washington Street, Newton, MA (over the turnpike).

HIGH POINT TROPHY WINNERS:**Eight and Under Championships:**

Girls: CAROLINE PALMER SSA

Boys : PATRICK LOEFFLER NOVA

Team (girls): Bernal's Gator Swim Club

Team (boys) : Exeter Swim Team and Cape Ann Y (tie)

Age Groups:

10 and under Girls : HEATHER MONTANARO LRAC

Boys : KEITH GETCHELL EST

11 and 12 Girls : ALISON KLINAKIS SSA

Boys : RAY CAREY BGSC

13 and 14 Girls : LYNN KELLEY BGSC

Boys : STEPHEN ROOT PVAC

Team (girls) : Bernal's Gator Swim Club

Team (boys) : Weston Swim Club

Team (overall) : Weston Swim Club

RECORD BREAKING SWIMS:**Eight and under Championships:**

Eight and under girls 100 medley relay:	WESC	1:15.16	NE/RES
	BGSC	1:15.54	NE/RES

100 free relay:	BGSC	1:03.71	NE/RES
	SSA	1:06.54	NE/RES

Eight and under boys 100 medley relay:	EST	1:15.30	NE/RES
--	-----	---------	--------

NEW ENGLAND SWIMMING OFFICE: Mary Riddell
20 Cleveland Road
Needham, MA 02192
617-449-0270

Office Hours: Monday : 8:00 a.m.--12:00 noon
7:30 p.m.--10:30 p.m.
Thursday: 8:00 a.m.--12:00 noon

1986 LONG COURSE CALENDAR: The following calendar is printed so that teams may begin to make plans for the long course season. In some cases further information will have to follow in the next newsletter.

May 30-June 1: 12 & under specialty, all events, cut by postmark
Cape Ann Y
Gloucester, MA
Joe O'Neil
P. O. Box 18
Ward Hill, MA 01830
617-794-9389

June 7,8 : "BC" schedule I
Belmont Aquatic Team
Bentley College
Waltham, MA
Alan McClennan
153 Claflin Street
Belmont, MA 02178
617-484-7655

June 7,8 : *"A"
Little Rhody Aquatic Club
Brown University
Providence, RI

June 14,15 : *"AB" schedule II
Bernal's Gator Swim Club
Blodgett Swimming Center
Harvard University
Lois Koerckel
8 Abbot Bridge Drive
Andover, MA 01810
617-475-3645

(For this meet only, BGSC has received permission for all their swimmers with "B" and better times to swim; all other teams will be cut by times.)

June 14,15 : Specialty meet, all events cut by postmark
Dover Indoor Pool
Dover, NH 03820
Bob Fredette
2 Wallingford Street
Dover, NH 03820
603-742-5153

June 14,15 : "CB" schedule II
Shawmut Aquatic Club
Farley Middle School
Framingham, MA
Mary Riddell
20 Cleveland Road
Needham, MA 02192
617-444-2590

June 18,25, July 2 : Senior specialty (Wednesday nights) all events
Greater Boston Swim Club
Murphy Community School
Neponset, MA
Allen DeVito
439 King Street
Cohasset, MA 02025
617-335-3824

June 21,22 : "BC" schedule II
Worcester Swim Club
Clark University
Worcester, MA
Randy Beals
Charlton Road
Dudley, MA 01570

June 21,22 : "CB" all events
Easthampton Barracudas
White Brook School
Easthampton, MA
Kathie Stewart
126 Strong Street
Easthampton, MA 01027
413-527-2418

- June 27-29 / : ***"A"** schedule I
Pioneer Valley Aquatic Club 125 Franklin Road
Springfield College Longmeadow, MA 01106
Springfield, MA 413-567-3415
- July 12 : ***"BC"** one-day meet
Bernal's Gator Swim Club 8 Abbot Bridge Road
Raco Pool (outdoor) Andover, MA 01810
Manchester, NH 617-475-3645
- July 12,13 : **"CB"** schedule I
Nautilus Swim Club 8 Sweet Fern Road
Cape Elizabeth High School Cape Elizabeth, ME 04104
Cape Elizabeth, ME 207-799-5809
- July 18-20 : ***Age Group Qualifier**
Seacoast Swimming Assoc. 2 Wallingford Street
Guppy Pool (outdoor) Dover, NH 03820
Dover, NH 603-742-5153
- July 25-27 : ***NE Senior Championships**
Little Rhody Aquatic Club
Brown University
- Aug. 1-3 : ***Age Groups**
Bernal's Gators Swim Club 8 Abbot Bridge Road
Blodgett Swimming Center Andover, MA 01810
Harvard University 617-475-3645
- Aug. 4-8 : ***Senior Nationals**
Santa Clara, CA
- Aug. 12-16 : ***Junior Nationals**
Ft. Lauderdale, FL

* 50-meter pool

The designation of schedule I and schedule II is included to help teams make plans for the long course season. Schedule I is long distances (100's) for 12 and unders and short distances (100's) for 13 and overs. Schedule II is short distances (50's) for 12 and unders and long distances (200's) for 13 and overs.

Under the current technical rules, an "AB" meet is for "A" swimmers; "B" swimmers are invited to swim if there is room; a "CB" meet is for "C" swimmers; "B" swimmers are invited to swim if there is room, etc.

NEWSLETTER PLUS

OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

IN THIS ISSUE: GOLD MEDAL CLINICS, AGE GROUP CUTS,
1986 NATIONAL TIME STANDARDS, NEW
ENGLAND ZONE TEAM.....

NEW ENGLAND SWIMMING

INCOME STATEMENT
JANUARY 1, 1986--MARCH 31, 1986

INCOME:

REGISTRATION	\$ 63,721.00
SWIM-A-THON	491.07
MEET SURCHARGE	4,815.40
SANCTIONS	630.00
NEWSLETTER PLUS	376.00
SEED CARDS	564.00
TOP TEN BOOKS	65.00
MISCELLANEOUS	106.80
TOTAL 1986	\$ 70,769.27

EXPENSES:

MEETINGS	\$ 135.00
OFFICE	
SALARY	1,200.00
A. B. DICK	321.54
TELEPHONE	116.71
PETTY CASH	1,014.55
POSTAGE	22.00
U. S. SWIMMING (REGISTRATION)	47,803.00
ZONE MEET	7,373.00
	\$ 57,985.80

NET INCOME	12,783.47
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The next Board Meeting of New England Swimming will be on Tuesday, May
3, 1986 at Howard Johnson's (over the turnpike), Newton, MA.

GOLD MEDAL CLINICS: The Gold Medal Clinic which will be held at Babson College is filling up quickly. It would be appreciated if any teams or swimmers who could attend the clinic at Exeter Academy would consider attending that clinic rather than the one at Babson College.

AGE GROUP CUTS: Included in this issue are the cuts for Long Course Age Groups. A proposal has been presented to New England Swimming to alter the format of Long Course Age Groups so that it more closely resembles Short Course Age Groups. If the proposal is accepted by New England Swimming, some of the cuts for Age Groups may be changed. If there is a change, it will be announced in the next Newsletter.

NATIONAL MEET REIMBURSEMENTS: Swimmers who participated in individual events at Junior Nationals and Senior Nationals are reminded that they need to apply in order to be reimbursed. Please send your request to the New England office as soon as possible.

"B" CHAMPIONSHIPS: Please note that the "B" Championship meet was really a "B" through Age Group and Senior cut championship meet. The office has received several complaints that "A" swimmers were in the meet. Any swimmer who did not make the Age Group (or Senior for 15-18) cut was included in the meet. Therefore, there were many swimmers with "A" and better times entered in the meet and eligible for awards.

POSITIONS AVAILABLE: Two assistant coaches needed to work with Shawmut Aquatic Club, high school programs, and feeder programs. Contact Bruce Schaefer, 617-881-5956.

NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to Newsletter Plus. Subscriptions may be ordered through the New England office for \$7 per year.

NEW ENGLAND SWIMMING

AGE GROUP CUTS

1985-1986

8 & Under

Female

Male

<u>Yards</u>	<u>Metres</u>	<u>Event</u>	<u>Yards</u>	<u>Metres</u>
17.29	-----	25 free	18.89	-----
38.89	49.19	50 free	43.59	49.39
1:31.89	1:59.99	100 free	1:37.29	1:51.99
20.19	-----	25 fly	27.29	-----
51.59	1:18.29	50 fly	56.09	1:17.29
21.29	-----	25 back	23.79	-----
48.19	1:02.39	50 back	53.79	1:05.99
22.69	-----	25 breast	24.89	-----
51.79	1:06.89	50 breast	56.99	1:10.89
1:39.39	-----	100 Ind. Med.	1:56.79	-----

.....
9-10

32.29	37.19	50 free	32.19	38.99
1:12.19	1:22.69	100 free	1:13.69	1:25.99
2:37.89	3:00.99	200 free	2:40.19	3:06.99
39.99	45.79	50 back	39.99	46.49
1:26.59	1:39.69	100 back	1:27.19	1:42.59
42.99	49.99	50 breast	43.89	52.39
1:34.99	1:51.39	100 breast	1:36.99	1:56.99
37.49	44.29	50 fly	37.99	49.99
1:32.29	1:53.99	100 fly	1:38.29	1:54.99
1:22.09	-----	100 Ind. Med.	1:23.49	-----
3:00.99	3:28.99	200 Ind. Med.	3:06.19	3:34.99

.....
11-12

28.69	32.89	50 free	28.99	33.96
1:02.99	1:11.99	100 free	1:03.49	1:14.99
2:17.09	2:35.39	200 free	2:17.99	2:39.99
6:04.99	5:28.99	400/500 free	6:06.29	5:37.99
34.79	40.19	50 back	35.49	41.49
1:14.99	1:26.59	100 back	1:16.29	1:29.99
37.59	44.39	50 breast	38.99	47.59
1:22.99	1:37.99	100 breast	1:25.99	1:41.89
31.99	37.39	50 fly	32.99	38.99
1:14.99	1:26.29	100 fly	1:15.29	1:32.09
1:13.09	-----	100 Ind. Med.	1:13.99	-----
2:36.99	3:02.19	200 Ind. Med.	2:39.99	3:06.99

.....
Times must be done as of Sept. 1, 1985

AGE GROUP CUTS CONTINUED 1985-198613-14Female

<u>Yards</u>		<u>Metres</u>	<u>Event</u>	<u>Yards</u>		<u>Metres</u>
27.19		30.89	50 free	25.69		29.99
59.09		1:07.99	100 free	55.39		1:05.99
2:07.99		2:25.99	200 free	2:01.99		2:21.09
5:38.99		5:06.99	400/500 free	5:30.99		4:56.99
11:55.99		10:40.09	800/1000	11:15.79		10:30.09
18:52.39	Auto	19:05.79	1650/1500 free	18:30.69	Auto	18:38.39
19:47.59	consid.	20:11.89		19:27.89	consid.	20:32.79
1:10.49		1:21.19	100 back	1:07.99		1:18.99
2:30.99		2:54.99	200 back	2:27.99		2:50.09
1:17.59		1:30.99	100 breast	1:14.99		1:26.99
2:50.99		3:16.69	200 breast	2:41.99		3:09.99
1:07.19		1:17.99	100 fly	1:04.99		1:15.09
2:33.99		2:55.99	200 fly	2:33.99		2:53.99
2:26.99		2:47.59	200 Ind. Med.	2:21.39		2:40.99
5:14.99		5:59.19	400 Ind. Med.	5:07.49		5:41.29

15-18

26.39		30.19	50 free	24.29		28.09
57.59		1:05.59	100 free	52.29		59.49
2:03.99		2:20.69	200 free	1:53.69		2:10.19
5:32.99		4:59.99	400/500 free	5:06.39		4:40.89
11:48.29		10:33.69	800/1000 free	10:50.39		10:07.49
18:50.19	Auto	19:03.29	1650/1500 free	18:07.39	Auto	18:11.09
19:43.39	Consid.	20:02.59		18:55.69	Consid.	19:38.49
1:08.39		1:18.39	100 back	1:03.99		1:15.99
2:27.49		2:48.99	200 back	2:15.99		2:37.99
1:15.99		1:28.39	100 breast	1:08.99		1:22.99
2:43.59		3:11.99	200 breast	2:29.99		2:56.79
1:04.59		1:14.29	100 fly	58.99		1:07.79
2:24.09		2:48.99	200 fly	2:18.39		2:40.19
2:23.09		2:41.99	200 Ind. Med.	2:10.49		2:29.59
5:04.49		5:45.99	400 Ind. Med.	4:46.09		5:24.89

Times must be done as of Sept. 1, 1985.

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Office Hours: Monday : 8:00 a.m.--12:00 noon
7:30 p.m.--10:30 p.m.
Thursday: 8:00 a.m.--12:00 noon

NEW ENGLAND CHAMPIONSHIP TEAM, EASTERN ZONE MEET, PITTSBURG, PA

10 & under GIRLS:

Heather Montanaro	LRAC
Kathleen Burke	CAY
Kristin Lucier	ADSC
Michele Rouillard	VGST
Wendy Comey	CAST
Heather Donohue	LYM
Shannon McCarthy	WESC
Kelly Gouldson	LYM

10 & under BOYS:

Keith Getchell	EST
Andre Koerckel	BGSC
Todd Whitford	PAC
Chip Haberstroh	WESC
Rob Wiley	ADSC
Jeff Hertzog	SSA
Steve Beal	WESC
Jeremy Quimby	LYM

11 & 12 GIRLS:

Jennifer Perkins	GMSC
Larissa Herold	SSA
Alison Klinakis	SSA
Jodi DeLuca	ECAC
Becky Frank	NOVA
Sue Pergola	CAST
Wendy Lamontagne	CAST

11 & 12 BOYS:

Raymond Carey	BGSC
Owen Bittinger	WESC
Marc Lafrance	GMSC
Ed Villandrie	LRAC
Brian Thomas	ECAC
Phillip Lai	CAST
Michael Carroll	CSSM

13 & 14 GIRLS:

Sarah Perroni	LRAC
Christine Agnew	PVAC
Maria Koziol	PVAC
Julie Veremey	PVAC
Kate Bazemore	WYSL
Meri Gilson	CAST
Linda Cleary	CAST
Jenny Hagar	WESC
Sherri Turner	WESC

13 & 14 BOYS:

Chris Holt	LRAC
Ben McBride	LRAC
Marc Bonnet-Eymard	CAST
Stephen Jungbluth	WESC
Wayne Snellgrove	BGSC
Vincent Ho	LRAC
Michael McCarthy	WESC

15--18 GIRLS:

Beth Donovan	BGSC
Lynn Trelease	PVAC
Amy VanAken	BGSC
Karyn Ward	CAST
Paige Ward	CAST
Karen Crossman	LRAC
Kristy Uustal	LRAC
Amy Wakeman	PVAC
Joanne Bernard	CCSC

15--18 BOYS:

Frank Sampson	BGSC
Scott Davis	WESC
Corey Burse	WESC
Eric Hecker	LRAC
Ed Anthos	BGSC
Dan Schar	BGSC
Dan Canty	NOVA

Swimmers are listed with the teams they were swimming with when selected for the Zone Team.

Co-ordinator: Isabelle Fraser

Coaches: Larry Countryman BAT Kristen Archambault CAST
 Phil Baker SSA

Chaperones: Mrs. Donohue, Mrs. Burke, Mrs. Wiley, Mrs. Koerckel,
 Mrs. Perroni, Mrs. Montanaro, Mrs. Holt, Mrs. Jungbluth,
 Mrs. McCarthy, Mr. Villandrie, Mr. Perkins

RECORD BREAKING SWIMS at SENIORS:

13 and 14 Girls:	MARIA KOZIOL	PVAC	200 y Back	2:12.48	RES (tie)
	LYNN KELLEY	BGSC	200 y Free	1:53.77	RES
			500 y Free	5:03.36	RES
			1000 y Free	10:23.42	RES
			200 y Fly	2:07.30	RES
	JENNY THOMPSON	SSA	50 y Free	23.86	RES
			100 y Back	1:01.26	RES
15--18 Girls :	LOUISE GOUIN	CAST	200 y IM	2:06.18	RES
			400 y IM	4:26.44	RES
			1650 y Free	16:41.96	RES
15--18 Boys :	SCOTT JAFFEE	BGSC	100 y Breast	59.10	RES
			200 y Breast	2:06.65	RES
	ALEX KOSTICH	BGSC	400 y IM	4:03.51	RES
			500 y Free	4:32.03	RES
			1650 y Free	15:32.47	RES
	MATT COUNTIE	BGSC	100 y Back	52.20	RES
			200 y Back	1:55.09	RES

HIGH POINT TROPHY WINNERS:

New England Senior Championships:

Team--Women, Men, and Combined: BERNAL'S GATOR SWIM TEAM

Individual women: (1) JUDY TRIPP PVAC
 (2) LYNN KELLEY BGSC
 (3) KATE THOMAN WESC

Individual men : (1) ALEX KOSTICH BGSC
 (2) SCOTT JAFFEE BGSC
 (3) MIKE WAYTE BGSC

"B" Championships:

Team (boys) : LYM
 Team (girls) : BAT
 Team (overall): LYM

"C" Championships:

Team (boys) : WESC
 Team (girls) : CSSM
 Team (overall): CSSM

NEW TEAM:

MONTACHUSETT REGIONAL YMCA STINGRAYS
 Deborah J. Finch
 YMCA, 53 Main Street
 Leominster, MA 01453



GOLD MEDAL CLINICS



Sponsored by: New England Swimming
United States Swimming
Phillips 66

Featuring Olympic Swimmers: TRACY CAULKINS
ROBIN LEAMY
KIM LINEHAN

Saturday, May 3, 1986, Babson College, Wellesley, MA
Sunday, May 4, 1986, Exeter Academy, Exeter, NH

The purpose of the clinics is to expose swimmers to the basic components of good competitive swimming and to capture the imagination of young swimmers who look to their heroes for leadership and inspiration.

Each one-day, six-hour clinic will include discussions and demonstrations on strokes, starts and turns; questions and answers concerning nutrition; audio-visual shows--"A Winner is Waiting" and "Safety in Diving"; contests and events for participants; a pep talk and time for questions, answers, and autographs from the clinicians.

The May 3 clinic at Babson College will run from 9:30 a.m. to 5 p.m. The May 4 clinic at Exeter Academy will run from 8:00 a.m. to 3 p.m. Each clinic will include an hour break for lunch. Participants may bring their lunches or plan to go out to lunch.

The Clinics are open to all New England registered swimmers and there will be no fee. We would appreciate it if each team that is attending would notify the office of the approximate number of swimmers who will be attending each clinic. Call the office (617-449-0270) and leave a message.

TRACY CALUKINS has three Olympic Gold Medals, five World Records, 48 National Titles, 65 American Records and has held American Records in every stroke. She was the 1984 U. S. Swimmer of the Year and co-captained the 1984 Olympic Team. She is a graduate of the University of Florida.

ROBIN LEAMY was a member of gold medal winning 400 m. freestyle relay teams at the 1982 World Championships, 1983 Pan American Games and 1984 Olympic Games. He is a former holder of the World Best Time in 50 m. freestyle and won five National Titles. He is a graduate of UCLA and will earn an MBA in 1986.

KIM LINEHAN is the current World Record Holder in the 1500 m. freestyle and was the 1982 World Champion in the 800 m. freestyle. She has won 14 National Titles and was a member of the 1980 and 1984 Olympic Teams. She attends the University of Florida.

DIRECTIONS →

Babson College, Forest Street, Wellesley, MA:

From Route 128 take Route 9 west to Wellesley Hills, take Route 16 (Washington Street) west to Forest Street (near the Community Cinema). Turn left on Forest Street. Stay on Forest Street until you see Babson College on your right. Enter at the main entrance and ask the guard for directions to the pool.

From the west leave Route 9 at Weston Road and turn right on Weston Road. At Route 135 (at the light) turn left. When 135 bears right, go straight ahead on Washington Street. Turn right on Forest Street (just before the Community Cinema) and follow the directions above.

Phillips Exeter Academy, corner of Court/Gilman Street, Exeter, NH:

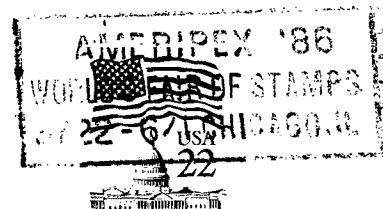
From the west: On Route 101, turn right at first set of lights in Exeter--Epping Road. This becomes Main Street, then Water Street. Turn right in the center of town at the bandstand (Route 108/111). Take the next left at the top of the hill onto Court Street (Route 108). Take left just after the tennis courts on the left. Parking lot is on the right. Heed no parking signs. The long ramp opposite the tennis courts leads to the pool.

From the north: Route 101/108 (Portsmouth Avenue) to the end. Turn right at the lights to the center of town. Turn left at the bandstand (Route 108/111). Follow the directions above.



**United States Swimming
New England**

20 Cleveland Road Needham, MA 02192



FIRST CLASS

PIONEER VALLEY SWIM
Isabelle Fraser LEAGUE
125 Franklin Road
Longmeadow, MA 01106
PVSL

NEWSLETTER PLUS

AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

MAY 1986

IN THIS ISSUE: Revised Junior National Long Course Standards; New England Officials; Report of National Championships; Proposed 1986--1987 Short Course Calendar and Bid Form....

CONGRATULATIONS to: BERNAL'S GATOR SWIM CLUB! Their men finished first at Junior Nationals and the team finished fourth overall.

SCOTT JAFFEE who broke the Junior National East Record in the 100 yard breaststroke.

and to all the swimmers who represented New England at Junior and Senior National Championships.

IMPORTANT INFORMATION FOR ALL NEW ENGLAND TEAMS:

Information provided by United States Swimming in Colorado Springs stresses the desirability of sanctioning all competitive events (including dual meets and time trials) involving registered United States swimmers and teams.

The New England Swimming board is in the process of developing guidelines to process the awarding of sanctions for non-calendar events. If your club anticipates scheduling such an event, please call the New England Swimming office (617-449-0270) or Charlene or Don Carper (603-673-8422) to obtain information on sanctioning the event.

GOLD MEDAL CLINICS: The Gold Medal Clinics were a great success! Over 350 swimmers (plus many coaches and parents) attended the clinics at Babson College and Exeter Academy and were able to share the expertise and experience of Tracy Caulkins, Kim Linehan, and Robin Leamy.

The next meeting of the Board of New England Swimming will be held between sessions on the Saturday of Age Groups (July 26, 1986) at Brown University.

Seniors

COACHES' NEWSLETTER:

We have just finished the first season with scored Team Championships for "B" and "C" levels to go along with the traditional Senior and Age Group/Junior Olympic meets. Despite a few glitches, these meets all went extremely well giving all our swimmers a "championship" experience at the end of the short course season. Congratulations to the Technical Committee with Bruce Schaefer, Chairman, for their work in formulating these meets. Additionally, thanks and a job well done to the respective Meet Directors. Comments on these meets may be addressed to Bruce, May Greineder (Age Group Chairman) or me for review.

Discussions are under way about changing the long course Junior Olympics to trials and finals. This is certainly a long overdue change. The two junior meets (short course and long course) should be consistent. There is a possibility that this may be accomplished this summer if the Harvard pool schedule allows. With Seniors only one week prior, this may be the season to exclude the 15--18 year old group. Your comments on this should be directed to May, Bruce or me.

One final item--there will be an election for coaches' representative at the Long Course Junior Olympics, August 1-3. I will not be running for re-election although it has been a great pleasure to represent you. Please submit your intention to run for this board position to Larry Countryman before the meet so your name can appear on a ballot. You must be USS-registered as a coach to run or vote. For more information, please contact Larry or me.

Stephen Pike, Senior Coaches' Representative
617-484-4310
825 Concord Avenue, Belmont, MA 02178

For information concerning the Greater Boston Swim Club Senior Specialty meet, please contact: Steve Quimby, P.O. Box 1919, Brockton, MA 02403 (617-583-6581).

ASSISTANT SWIM COACH NEEDED: Danvers YMCA Dolphins; over 70 swimmers in YMCA league and US Swimming. Contact Sue Gieras or Dana Milne (617-774-2055).

CHANGE OF ADDRESS:

AMHERST TRITON SWIM TEAM
Ann Page
79 Hulst Road
Amherst, MA 01002

-1 ATST

MAY 1986

TO NEW ENGLAND SWIMMERS,

Another season has begun, hopefully it will be as successful as last season was. New England had a very impressive showing at both Jr. and Sr. Nationals (with BGSC men placing first overall at Jr's). We are also looking forward to the National Olympic Festival where New England will be represented by the following swimmers:

Matt Countie	Bernal Gator Swim Club
Scott Jaffee	Bernal Gator Swim Club
Andrew Saulnier	Weston Swim Club
Brad Semle	Pioneer Valley Swim Club
James Sweeney	Bernal Gator Swim Club
Jenny Thompson	Seacoast Swimming Association

As everyone already knows this season is a very short one, with championships less than three months away. Because of this it is very important for everyone to make their cuts as soon as possible.

One of the most important things in this months letter is for me to start looking for a new athlete rep. At the begining of next season my term is over. At that time Scott Latch will move up to Senior Rep and we need a new Junior rep. The following is a list of a few of the responsibilities:

- Attend monthly meetings
- Attend annual meeting
- Attend two National U.S. Conventions

Of course their is more. If you are interested please fill out the following information and send it to me at:

31 Plain Rd.
Westford MA 01886

For me being the Athletes Rep. has been a very rewarding experience, I've met people from every part of the country and from every level of swimming. I have a better understanding of what is going on behind the scenes of any organization and I feel that I have contributed to my sport.

Sincerely
Kim Shire

ATHLETE REP. INFO. REQUEST

Name: _____

Address: _____

Phone: (____) _____ Please write clearly

Report on MEETING for OFFICIALS COMMITTEE

by Pat Peterson

The official's committee met on May 3 to be briefed on the U.S. Swimming's meeting held in March for the purpose of upgrading and standardizing the quality of officials in all the LSC's in the U.S. The following guide lines for certifying officials were adopted:

NEW OFFICIALS

1. Attend a certification clinic
2. Pass Test
3. Apprentice 2 meet sessions (minimum)
4. Certification valid 2 years

RECERTIFICATION of PRESENT OFFICIALS

1. A minimum of 6 sessions must be worked licensed capacity over a period of 2 years.
2. A training seminar must be attended every 2 years.

The guidelines for new officials will go into effect for all clinics given in the Spring. In the fall, several seminars will be held for all officials presently certified. These include: Stroke and Turns, Starters and Referee. All clinics will be held following the guidelines of U.S.S.

The following persons attended the meeting for certifying officials and are willing to participate in this new program in N.E.

Dan Wolley	213 Old Sudbury Rd. Sudbury, Ma. 01776	617-443-6850
Cary Wolley	213 Old Sudbury Rd. Sudbury, Ma. 01776	617-443-6850
John Johanesen	Bpx 131 No. Stonington, Ct. 06359	203-535-2885
Priscilla Davis	205 Woodbury St S. Hamilton, Ma. 01982	617-468-3786
John Dick	3 Woodbine St. S. Burlington Vt. 05401	802-863-5106
Ed Langley	86 So Main St. W. Arthfield, Vt. 05663	802-485-5956
Hank Weech	59 Kenney Lane, Concord, Ma.	617-369-8836
Tom Kimbrel	181 Colonial Road, No. Attleboro, Ma 02760	617-695-6295
Ellen Kimbrel	181 Colonial Road, No. Attleboro, Ma. 02760	617-695-6295
Robert Fredette	2 Wallingford St. Dover, N.H. 03820	603-742-5153
Phill Smith	2123 Highland Ave Fall River, Ma. 02720	617-679-6844
Don Benson	10 Livery Rd. Chelmsford, Ma. 01824	617-256-3425
Sabina Schwarzer	46 Salmi Rd. Framingham, Ma.	617-877-5672
Joseph Drolette	59 South Douglas St. Rockland, Ma. 02370	617-878-8929
Pat Bresnehan	104 Stetson Rd, Norwell, Ma. 02061	617-826-3564

In addition Isabelle Fraser and Kim Bierwert have indicated a desire to participate.

NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to Newsletter Plus. Subscriptions may be ordered through the New England office for \$7 per year.

CORRECTED 1986 JUNIOR OLYMPIC LONG COURSE TIME STANDARDS
(ALL SHORT COURSE YARDS AND SHORT
COURSE METERS STANDARDS STAY THE SAME)

WOMEN	EVENT	MEN
28.19	50 FREE	25.29
1:00.19	100 FREE	54.79
2:11.29	200 FREE	1:59.59
4:33.39	400 FREE	4:13.49
9:18.19	800 FREE	8:47.29
17:50.39	1500 FREE	16:50.09
1:09.99	100 BACK	1:02.99
2:29.59	200 BACK	2:15.39
1:19.99	100 BREAST	1:10.49
2:51.69	200 BREAST	2:33.79
1:06.79	100 FLY	59.79
2:25.89	200 FLY	2:12.59
2:30.09	200 IM	2:15.49
5:16.89	400 IM	4:49.39
4:42.19	400 MED REL	4:11.89
4:09.89	400 FREE REL	3:45.29
8:59.99	800 FREE REL	8:14.49

PROPOSED MEET SCHEDULE, short course, 1986--1987:

November	15--16:	C (B)	
	22--23:	B (C)	
	28--30:	A (B)	Thanksgiving Weekend
December	6--7 :	B (A)	
	12--14:	A (B)	Christmas Classic
	20--21:	C (B)	
January	3--4 :	B (A)	
	10--11:	C (B)	
	17--18:		National Qualifier
	24--25:	B (C)	
	31--1 :	C (B)	
February	7--8 :	A (B)	
	14--15:		B to Age Group and Senior cut Qualifier
	21--22:	C (B)	
	28--1 :		8 and under Championships
March	7--8 :		Age Groups
	14--15:		Seniors C Championships
	21--22		B to Age Group and Senior cut Championships
	24--28:		Senior Nationals (Boca Raton, FL)
	31--4 :		Junior Nationals (Orlando, FL)

The C (B) notation indicates that the meet is for C swimmers; B swimmers may swim if there is room. Mini meets, distance meets and specialty meets may be bid at any time in the calendar. Meets outside the calendar may be bid, but meets within the calendar will have priority. Meets may be bid for one, two, or 2 1/2 days. The Calendar Committee may allow more than one meet a weekend.

RECORD BREAKING SWIMS AT JUNIOR NATIONALS:

13 and 14:	JENNY THOMPSON	SSA	50 y free	23.27	RES/NE*
			100 y free	51.55	RES
			100 y back	1:00.06	RES
	LYNN KELLEY	BGSC	200 y free	1:54.72	RES
			500 y free	5:01.44	RES
			1000 y free	10:20.33	RES
15 to 18:	MISSY HOY	LRAC	1650 y free	17:03.45	RES
	JAMES SWERNEY	BGSC	500 y free	4:33.05	RES
	SCOTT JAFFE	BGSC	100 y breast	57.93	RES
			200 y breast	2:03.93	RES
			200 y IM	1:53.48	RES
			400 y IM	4:01.31	RES
	MARC LEVARN	NEB	100 y breast	59.50	RES
	PAUL WILSON	CAST	200 y breast	2:08.23	RES
	MATT COUNTIE	BGSC	100 y back	51.65	RES
			200 y back	1:52.37	RES
	BRAD SEMLE	PVAC	400 y IM	4:07.85	RES
	BOYS 400 y free relay		BGSC	3:06.84	RES/NE
	(Frank Han, Scott Jaffe, Albert Price, Matt Countie)				
	BOYS 800 y free relay		BGSC	6:47.62	RES/NE
	(Albert Price, James Sweeney, Scott Jaffe, Matt Countie)				
BOYS 400 y medley relay		BGSC	3:26.83	RES/NE	
(Matt Countie, Scott Jaffe, David Johnson, Albert Price)					

RECORD BREAKING SWIMS AT SENIOR NATIONALS:

15 to 18:	LOUISE GOUIN	CAST	1000 y free	10:00.08	RES
			1650 y free	16:40.22	RES
			200 y IM	2:05.60	RES
	ALEX KOSTICH	BGSC	500 y free	4:29.73	RES
			1000 y free	9:01.83	RES
			1650 y free	15:19.08	RES
			400 y IM	4:00.33	RES

*** Senior Nationals:**

Alex Kostich (BGSC) placed in finals, and Louise Guin (CAST) placed in consolations. Other swimmers who swam individual events included: Cynthia Kangos (WESC); Jenny Norton (NEB); William Bird, Mike Wayte, Jeff Kelley (BGSC); James Bowers (PVAC).

REQUEST FOR MEETS:

Date of meet bid:

Please remember: Meets must be cut by New England rules. There is a four-hour limit per session. It is the responsibility of the host club to run the meet and not depend on teams that are entering the meet. Meet information must be sent out 4 weeks in advance and the results must be sent out within 10 days of the meet. The meet director must attend the Meet Manager's Seminar in the fall. The meet director and all officials listed must be members of US Swimming.

Club Name _____ Phone Number _____

Address _____

Club President _____ Phone Number _____

Meet Director _____ Phone Number _____

Address _____

Meet you are bidding for _____

Date you wish : 1st choice: _____ 2nd choice: _____

3rd choice: _____

Facility Name _____ Location _____

Type of timing _____ Number of lanes _____

Individual entry cost _____ Relay cost _____

Awards _____

AM session: Age Groups _____ Warm-up _____ Start _____

PM session: Age Groups _____ Warm-up _____ Start _____

Name of referee: a.m. _____ p.m. _____

Name of starter: a.m. _____ p.m. _____

Names of stroke and turns: a.m. _____ p.m. _____

a.m. _____ p.m. _____

Name of head timer: a.m. _____ p.m. _____

Please provide with this request a list of events that you are going to run at the meet. The request will be evaluated and changes made if need be to have a balanced calendar of events and meets.

Please send three copies to: Isabelle Fraser, 125 Franklin Road, Longmeadow, MA 01106 (413-567-3415).

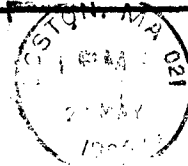
JUNIOR NATIONALS:

Swimmers who placed in finals included: Matt Countie, James Sweeney, Scott Jaffee (BGSC); Brad Semle (PVAC); Andrew Saulnier (WESC); Jenny Thompson (SSA).

Swimmers who placed in consolations included: Albert Price, David Nason, David Johnson, Lynn Kelley, Anne Koerckel, Janet Bishop (BGSC); Gary Wing (NEB); Ethan Saulnier (WESC); Paul Wilson (CAST); Missy Roy (LRAC).

Other swimmers who participated in individual events included: Kimberly Shire, Trisha Stevens, Kristina Martin, Frank Han, Tom Peterson, Jennifer Carper, Maisha Moses (BGSC); Tara Bolivar (SAC); Erica McLay, Kate Thoman (WESC); Aaron Thompson (SSA); Chuck Batchelor (PVAC); Rob Berry (LRAC); Marc LeVarn (NEB).

Swimmers who swam in relays included: Sarah McCann, Maureen Monahan, Marianne Monahan, Deanna Colacito (BAT); Mark McClintock, Scott Latch (WESC); Rick McMorrow, Omar Ali, David Scaplen (NEB); Mike Block, Scott Seaver, Ron Fredette, Sue Ogen, Kim Gittlein, Stephanie Westcott (SSA).



**United States Swimming
New England**

20 Cleveland Road Needham, MA 02192

FIRST CLASS

**SANCTION CHAIRMAN
Isabelle Fraser
125 Franklin Road
Longmeadow, MA 01106**

NEWSLETTER PLUS

AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

JUNE 1986

IN THIS ISSUE: Short Course, 1985--1986 Top Ten Swimmers and Outstanding Swimmers; Additional Summer Swim Meets; Junior National Time Correction.....

AGE GROUPS: Age Groups will be held the weekend of August 1--3, 1986. Swimmers in the 15--18 age group who have achieved the time standards will be included in the meet. Because of time and pool limitations, the format will be timed finals.

SHORT COURSE TOP TEN TIMES: This newsletter includes the list of Short Course Outstanding Swimmers and also a list of all swimmers who achieved Top Ten Times. All Top Ten swimmers are invited to attend the Top Ten Banquet which will be held in the fall. Swimmers who have been named Outstanding Swimmers are invited to attend as the guests of New England Swimming.

Short Course Top Ten Books will be ready shortly. One copy will be mailed to each registered New England team. Additional copies may be purchased from the office for \$2.50.

REIMBURSEMENTS FOR NATIONAL CHAMPIONSHIPS: There are still a few swimmers who have not requested reimbursements for short course Junior and Senior National Championship meets. Please send your requests to the New England office as soon as possible.

BIDS FOR SHORT COURSE, 1986--1987: Bids for meets for the Short Course, 1986--1987, season should be received by Friday, July 11, 1986. Please mail three copies of each bid to Isabelle Fraser, 125 Franklin Road, Longmeadow, MA 01106. Bid forms were printed in the May, 1986, Newsletter Plus. There are additional forms available through the office.

The next meeting of the Board of New England Swimming will be held between sessions on the Saturday of Seniors (July 26, 1986) at Brown University.

UNITED STATES SWIMMING WORLD CHAMPIONSHIP TRIALS: The United States Swimming World championship Trials will take place at the Justus Aquatic Center in Orlando, Florida on June 22--27, 1986.

ESPN will broadcast highlights of the World championship Trials on a taped delay basis. The show, which will be two hours in length, will tentatively be shown on Monday, July 7, at 9:30 p.m., Sunday, July 13, at 1:00 p.m., and Tuesday, July 22, at 9:00 a.m. (Eastern Daylight Time). Leandra Rielly and John Naber will provide commentary. Naber was the Olympic gold medalist in the 100 and 200 meter backstrokes in the 1976 Olympics, and Rielly is a veteran of several ESPN swimming broadcasts.

NEW ENGLAND SWIMMING OFFICE: Mary Riddell
20 Cleveland Road
Needham, MA 02192
617-449-0270

OFFICE HOURS: Monday : 8:00 a.m.--12:00 noon
7:30 p.m.--10:30 p.m.
Thursday: 8:00 a.m.--12:00 noon

WANTED: Responsible adult to sell swimming apparel at swim meets for The Finals. Contact Allan Livingston, 617 655-2120.

HEAD COACH WANTED: Seven month program, five days a week. Salary commensurate with experience. Send resumes to: P. O. Box 961, Haverhill, MA 01831.

SUMMER POOL DIRECTOR: W. S. I. required. Contact: Bill Parks, Boys Club of Billerica, 19 Campbell Road, Billerica, MA 01821.

SUMMER SWIM TEAM COACH: Previous coaching experience required. Contact: Bill Parks, Boys Club of Billerica, 19 Campbell Road, Billerica, MA 01821.

HEAD COACH WANTED: The Weston Swim Club seeks a Head Coach. Compensation based upon experience. Contact: Ed Cannon, Chairman, Search Committee, at 617-964-0200 or write to: Ed Cannon, 86 Old Sudbury Road, Wayland, MA 01778.

OUTSTANDING SWIMMERS, SHORT COURSE, 1985--19868 and under GIRLS

Allyson Horgan	HYST
Cherish Malkemus	BGSC
Caroline Palmer	SSA
Marineke Vandervort	BEST
Dana Westing	WESC

8 and under BOYS

Dylan Andrews	EPBC
Charles Barnes	LRAC
Patrick Loeffler	NOVA
Christopher Rossi	LRAC
Bert Stocking	CAY

9 and 10 GIRLS

Kelly Gouldson	LYM
Vanessa Hein	LRAC
Heather Montanaro	LRAC
Shelley Pulling	CAY
Ann Tarantino	WESC

9 and 10 BOYS

Keith Getchell	EST
Colin Greineder	WESC
Jeremy Quimby	LYM
Todd Whitford	PAC
Rob Wiley	ADSC

11 and 12 GIRLS

Larissa Herold	SSA
Alison Klinakis	SSA
Jennifer Perkins	GMSC
Leslie Repetto	BGSC
Jenny Thompson	SSA

11 and 12 BOYS

Owen Bittinger	WESC
Raymond Carey	BGSC
Stephen Kozowyk	LYM
Brian Livingston	CAST
James McGinnis	BGSC

13 and 14 GIRLS

Heidi Hannenian	HYST
Lynn Kelley	BGSC
Sarah Perroni	LRAC
Jenny Thompson	SSA
Kristy Uustal	LRAC

13 and 14 BOYS

Marc Bonnet-Eymard	CAST
Chris Holt	LRAC
Stephen Jungbluth	WESC
Stephen Root	PVAC
Wayne Snellgrove	BGSC

15 to 18 GIRLS

Louise Gouin	CAST
Heidi Hannenian	HYST
Anne Koerckel	BGSC
Jenny Norton	NEB
Judy Tripp	PVAC

15 to 18 BOYS

Scott Jaffe	BGSC
David Johnson	BGSC
Alex Kostich	BGSC
Albert Price	BGSC
James Sweeney	BGSC

OPEN GIRLS

Louise Gouin	CAST
Lynn Kelley	BGSC
Anne Koerckel	BGSC
Jenny Norton	NEB
Judy Tripp	PVAC

OPEN BOYS

Scott Jaffe	BGSC
David Johnson	BGSC
Alex Kostich	BGSC
Albert Price	BGSC
Mike Wayte	BGSC

The names of all outstanding swimmers have been listed in alphabetical order.

TOP TEN TIMES: Congratulations to the following swimmers who have Top Ten times for Short Course, 1895--1986.

- ABF :** Matthew Craven, Mark Craven **BYB :** Greg Cantwell
- ADSC:** Rob Wiley, Kristen Lucier, Jamie Millar
- ANA :** E. Croft, K. Marrah, A. Schoen, B. Choi
- BAT :** Maureen Monahan, Donna Sullivan **BCSY:** Art McClaren
- BENN:** Jeff Galli, James Galli, Bryan Leake
- BEST:** Marienke Vandervort, Rachel DeVito **CAMB:** Kris Grabarek
- BGSC:** Frank Han, Albert Price, Matt Countie, David Johnson, Scott Jaffe, James Sweeney, David Nason, Mike Wayte, Jeff Kelley, William Bird, Tom Peterson, David Wilkins, Alex Kostich, Ed Antos, John Gardiner, Bob Stevenson, Beth Donovan, Amy VanAken, Jennifer Carper, Maisha Moses, Courtney Chubb, Anne Koerckel, Kristina Martin, Trisha Stevens, Andrea Wight, Janet Bishop, Debbie Wilder, Kim Shire, Roro DeLeo, Suzanne Hendrickson, Kirsten Blomberg, David Mainen, Andrew Rutherford, Wayne Snellgrove, Lynn Kelley, Paige Morgan, Sabrina Belanger, Nikki Shire, Cherish Malkemus, Claire O'Reilly, Tara Paulauskas, Andre Koerckel, Delight Malkemus, Stephanie Baur, Leslie Repetto, Laura Koerckel, Jennifer Jackson, Jim McGinnis, Raymond Carey, Taba Moses
- CAST:** Paul Wilson, Louise Gouin, Karyn Ward, Paige Ward, Marc Bonnet-Eymard, Eric Bonnet-Eymard, Brian Livingston, Troy Hosmer, Jay Peluso, Linda Cleary, Meredith Gilson, Rebecca Cullen, Oliver Shaw, Stacy Lamontagne, Brian Sullivan, Michael Pergola, Wendy Comey, Susan Pergola, Wendy Lamontagne, Marc Richard, Michael Richard, Philip Lai
- CAY :** Eric Osborn, Cliff Adams, David Gatewood, Melissa Reilly, Bert Stocking, Joey Ramsey, Jean Todisco, Erika Meany, Gene Sutherland, Shelly Pulling, Kathleen Burke, Kristen Watters, Miriam O'Neil, Missy Pulling
- CCSC:** Brian Gibbs, Joanne Bernard, Amy Carafoli
- CLBC:** K. Vigerstol **CONY:** B. Lucey
- CSC :** Noreen Solakoff, Tricia Solakoff, Allison Highes
- CSSM:** Danielle Peluso, Ben Shephard, Kerry Kearn, Scott Manahan, Michael Carroll
- DYD :** Jason Gray, Billy Callahan, Mike Jordan
- ECAC:** Lynda Lipson, Michael Tortolano, Jodi DeLuca, Jeni Wheeler, Jackie Cavanaugh, Brian Thomas, Michael Sullivan

- EPBC: Dylan Thomas, Michaela Whillet FRY : Matt Weaver
- EST : Mike Bagshaw, Tara McGarr, Paul Sheldon, Ryan Brandt, Justin Pudloski, Lisa Budd, Keith Getchell
- GMSC: Heather Thompson, Matt Young, Jill Comeau, Lynne Kraskouskas, Jennifer Perkins, Marc Lafrance
- HRY : David Murphy, Noah Girard, Chris Parent, Roger Kennedy, Jonah Goldsmith
- HYST: Todd Hewett, Ken Ralph, Bob Hornblatt, Heidi Hannenian, Brenda Bradley, John Taffe, P. Fontaine, Allyson Horgan, Greg Horgan, Chris Clark
- KCY : Jill Bennett, Josh Vallee GBSC: Matt McAuliffe
- KDST: Jennifer Ledell, Eric Gregg, Joelle Malila
- LRAC: Fran Giglio, Rob Berry, Shaun Gibbs, Chris Gleason, Kristy Uustal, Missy Hoy, Cindy Bowden, Karen Crossman, Kristin Murphy, Lisa Hjerpe, Kristen Merrill, Benjamin McBride, Chris Holt, Sarah Perroni, Vanessa Gibbons, Julie Armor, Charles Barnes, Christopher Rossi, Anthony Santoro, Anne Iacobucci, Chris Nearney, Vanessa Hein, Heather Montanaro, Beth Iacobucci, Kimberly Ho, Jason Bois, Ed Villandrie, Vincent Ho, Eileen Sweeney
- LYM : Richard Dooley, Rene Holtzman, Sean Gouldson, Dustin Foster, Jonathan Quimby, Erika Ewers, Jeremy Quimby, Beau Lamontagne, Adrienne Bonne, Kelly Gouldson, Linda Kuntz, Heather Donahue, Jenn lamontagne, Stephen Kozowyk, Joshua Blagg
- MSY : Chris Whipple, Matthew Reilly, Chris Fountain
- NASY: Spencer Hawkins, Katie Duffett, Peter Cadwell
- NBYB: Chad Filiault NSP : Jessica Zueli
- NCAC: Elizabeth Brooke-Powell, Joshua Prisaw
- NEB : Gary Wing, Scott Fraser, Marc LeVarn, Jenny Norton, Becky Norton, Anne Marie Guglielmi, Meta Hobson, Sally White, John Murray, Bethany Willison, Becky Paige, Amanda Hall, Felicia Sexsmith, Kara Koulaheras
- NNB : John Oram, Amy Capone, J. Turse, Joey Gesker, J. Osborne, E. Broadhurst, Mike Ryan, Michelle McWeeney
- NOVA: Dan Canty, Patrick Loeffler, Erin Foley, Cheryl Frank, Becky Frank
- NSYV: Matt Berg, Larry Kress ORO : T. Edsall

- PAC :** Nathan Lyczak, Jody Shaw, Kirsten Nagle, Todd Whitford, Andrew Whitney, Toni Schauland
- PVAC:** Brian Stefanik, Brad Semle, Chuck Batchelor, James Bowers, Tony Barrett, Judy Tripp, Lynn Trelease, Amy Wakeman, Stephen Root, Dana Orsucci, Melissa Harms, Julie Veremy, Chris Agnew, Mike Schnur, Maria Koziol, Dan Kim
- SAC :** Shawn O'Leary, Will Riddell, Heidi Mogavero, Matt Sheridan, Amy Daly, Carmen Trombini, Jamie Lawrence, Anne Behrens, Tara Bolivar
- SCY :** John Flowers **SBST:** Erin Powers
- SEA :** Marcia Cardinale, Kristan Gately
- SSA :** Aaron Thompson, Mike Block, Jerry Bailey, Becky Palmer, Dean Fredette, Jason Seaver, Amy Palmer, Laura Burnham, Dick Dawson, Ted Mantos, Caroline Palmer, Jeff Hertzog, Jenny Thompson, Larissa Herold, Alison Klinakis, Kelly Gittlein
- VGST:** Michelle Rouillard **WBD :** Matt Frechette
- WESC:** Andrew Saulnier, Ethan Saulnier, Corey Burse, Rob Shapiro, Scott Davis, Scott Latch, Erica McLay, Cynthia Kangos, Kate Thoman, Stephen Jungbluth, Chris Barrett, Mike McCarthy, Marc Broudy, Vijay Lathi, Kirsten Greineder, Laura Clavadetscher, Jennifer Jones, Jenny Hagar, Sherri Turner, Dana Westing, Shannon McCarthy, Colin Greineder, Alex Cunha, Chip Haberstroh, Steve Beal, Steven Korbly, Sherri Beck, Anne Tarantino, Britt Greineder, Owen Bittinger, Mike Tarantino, Erik Dainiak, Dan Rodenhaver
- WSC :** Erik Scheinfeldt, Jaime Kirsch, Kyle Laracy
- WYSL:** Katie Bazemore, Libby Marshall, Heather Saunders, Christine Laydon
- UN :** Aaron Ravenelle, Craig Jakubek **YSEA:** Andrew Cardillo

JUNIOR NATIONAL TIME CORRECTION: There was an error on the Corrected Junior Olympic Long Course Time Standards as printed in the May Newsletter Plus. The correct time for the women's 100 meter freestyle is 1:00.99 (not 1:00.19).

**CORRECTED 1986 JUNIOR OLYMPIC LONG COURSE TIME STANDARDS
(ALL SHORT COURSE YARDS AND SHORT
COURSE METERS STANDARDS STAY THE SAME)**

WOMEN	EVENT	MEN
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4:33.39	400 FREE	4:13.49
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2:29.59	200 BACK	2:15.39
1:19.99	100 BREAST	1:10.49
2:51.69	200 BREAST	2:33.79
1:06.79	100 FLY	59.79
2:25.89	200 FLY	2:12.59
2:30.09	200 IM	2:15.49
5:16.89	400 IM	4:49.39
4:42.19	400 MED REL	4:11.89
4:09.89	400 FREE REL	3:45.29
8:59.99	800 FREE REL	8:14.49

ADDITIONAL MEETS: Two meets have been added to the summer calendar.

July 4,5 : *Pentathlon Invitational Dan or Cathy Rogers
Greenwood Memorial Swim Club 31 Jonathan Street
Greenwood Memorial Pool Gardner, MA 01440
Gardner, MA 617-632-7566

The meet will be held outside in a long course pool;
in case of inclement weather, it will be held inside in
a short course pool.

Aug. 9,10 : "ABC" Schedule I (cut by Joyce Burrill
postmark) 31 King Phillip Ave.
Hampshire Regional Swim Club S. Deerfield, MA 01373
Smith College 413-665-3261
Northampton, MA 01060

SEED CARDS: Seed cards are available through the New England office. The cost for plain cards is \$14.50 per thousand, including mailing. If you pick them up in Needham, the price is \$13.00 per thousand. There is no minimum order, and you may split them any way between boys and girls.

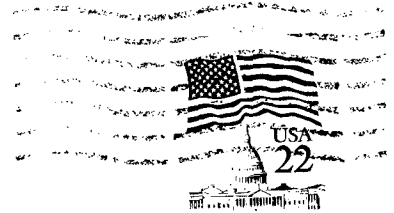
If you want initials on the cards, the price is \$19.50 per thousand, including mailing. If you pick them up in Needham, the price is \$18.00 per thousand. The minimum order is 1,000 cards. The price decreases as you order more cards with initials. Contact the office for more specific prices.

NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to Newsletter Plus. Subscriptions may be ordered through the New England office for \$7 per year.



**United States Swimming
New England**

20 Cleveland Road Needham, MA 02192



FIRST CLASS

PIONEER VALLEY SWIM
Isabelle Fraser LEAGUE
125 Franklin Road
Longmeadow, MA 01106
PVSL

NEWSLETTER PLUS

AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

JULY 1986

IN THIS ISSUE: Officials' meeting, Coaches' meeting, Top Ten corrections,
Record breaking swims.....

CONGRATULATIONS TO: KEITH HAYES (SAC) and ALEX KOSTICH (EGSC) who participated
in the World Games Trials.

SABINE SCHWARZER and JOE DROLETTE who officiated at the
World Games Trials.

IMPORTANT INFORMATION CONCERNING AGE GROUPS AND NEW ENGLAND SENIORS:

There was an error concerning VERIFICATION in the entry for New England Seniors. The information should read:

VERIFICATION: If a swimmer fails to achieve the listed cut-off time for an event, the coach or swimmer must produce proof of having made the cut within 20 minutes of the announcement of results for that event or the swimmer will be barred from competition for the remainder of the meet with the results of that event and any swim in the interim showing up as an administrative DQ. If the swimmer swims a relay illegally, the relay will receive an administrative DQ. The results of all New England sanctioned meets will be on file at the verification table. Coaches are responsible for all other results for use in verification.

The same rule for VERIFICATION will apply for Age Groups.

All swimmers and coaches are expected to be familiar with and understand the rules for verification and also the rules for scratching which are printed on each entry.

There has been some confusion concerning 15--18 year olds who are swimming in Age Groups this season. They may enter with meter times or with yard times. The yard times were printed in the Newsletter Plus of April, 1986.

Converted times will not be accepted at either championship meet. However, swimmers may enter with yard times achieved during the qualification period. Please * all yard times. Yard times will be seeded after meter times in both meets.

The next meeting of the Board of New England Swimming will be held at Brown University on Saturday, July 26, 1986 immediately following the morning session of Seniors at approximately 2 p.m.

SHORT COURSE RECORD BREAKING SWIMS:

AGE GROUPS, Brown University, Providence, RI, 3/6-8/86

13 and 14 GIRLS:

JENNY THOMPSON	SSA	50 yard backstroke	24.18 RES
		100 yard backstroke	1:00.95 RES
LYNN KELLEY	BGSC	1000 yard freestyle	10:30.20 RES
MARIA KOZIOL	PVAC	100 yard backstroke	1:01.04 RES
200 free relay	WESC	(A. Whitman, L. Clavadetscher, A. Patterson, K. Greineder)	1:41.91 RES/NE
200 medley relay	WESC	(S. Turner, J. Hagar, L. Clava- detscher, K. Greineder)	1:53.20 RES/NE

EASTERN ZONE MEET, Pittsburg, PA, April, 1986

11 and 12 GIRLS:

LARISSA HEROLD	SSA	100 yard individual medley	1:04.25 RES
----------------	-----	----------------------------	-------------

13 and 14 GIRLS:

MARIA KOZIOL	PVAC	100 yard backstroke	1:01.71 RES
		200 yard backstroke	2:11.98 RES

LONG COURSE RECORD BREAKING SWIMS:

LRAC "A", Brown University, Providence, RI, 6/6-8/86

15--18 GIRLS:

LOUISE GOVIN	CAS	400 meter individual medley	5:06.19 RES
		400 meter freestyle	4:25.87 RES

13 and 14 GIRLS:

MARIA KOZIOL	PVAC	100 meter backstroke	1:09.98 RES
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BGSC "AB", Harvard University, Cambridge, MA, 6/14-15/86

13 and 14 GIRLS:

LYNN KELLEY	BGSC	200 meter butterfly	2:25.15 RES
-------------	------	---------------------	-------------

PVAC "A", Springfield College, Springfield, MA, 6/27-29/86

JENNY THOMPSON	SSA	100 meter backstroke	1:09.46 RES
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TOP TEN CORRECTIONS:

Please add the following Top Ten Times:

13 and 14 GIRLS100 yard FREESTYLE

9. Kirsten Greineder WESC 55.89 LRW

200 yard INDIVIDUAL MEDLEY

8. Maria Koziol PVAC 2:18.38 AG

11 and 12 BOYS100 yard BREASTSTROKE

10. Mark Craven ABF 1:15.08 CC

(Please delete 6. Scott Manahan.)

15 to 18 GIRLS:100 yard BREASTSTROKE

6. Heidi Mogavero UN 1:11.74 SR

Top Ten books are available for \$2.50 (including postage) from the New England office.

NEW CLUB:

WILBRAHAM-HAMDEN AQUATIC CLUB

Tim Allen

763 Main Street

Wilbraham, MA 01095

WHAC

SWIM COACH NEEDED: To work with Age Group swimmers, all levels (6--12 years). C.S.S.M. Swim Team based out of Medford High School, Medford, MA. Practices on Monday through Saturday; job begins mid September. Contact: Barbara Gould, Head Coach, 52 Brackenbury Street, Malden, MA 02148 (617-324-4903).

HEAD COACH WANTED: Haverhill YMCA Swim Team seeks a Head Coach. Salary commensurate with experience. Send resumes to: HYST, P. O. Box 961, Haverhill, MA 01831.

POSITIONS AVAILABLE: Two assistant coaches needed to work with Shawmut Aquatic Club, high school programs, and feeder programs. Contact Bruce Schaefer, 617-881-5956

PART-TIME ASSISTANT SWIMMING COACH: For Men's and Women's programs at Northeastern University. September--March; Salary negotiable. Send resume to: Ms Jeanne Rowlands, Arena Annex, Northeastern University, 360 Huntington Avenue, Boston, MA 02155. Phone: 617-437-2703.

WANTED: Head Swim Coach. USS program; 70 swimmers (skill level from "C" to "AAA"). Excellent potential; salary negotiable. Send resume and three references to: Search Committee, NCAC, P. O. Box 601, Hanover, NH 03755.

OFFICIALS CERTIFICATION

The New England Association sponsored two of our Officials Chairmen Pat Peterson and Priscilla Davis to attend an Officials clinic for Officials from all Associations in the United States, at the Olympic Training Center. The intent, was to establish uniform rules interpretation, testing, teaching, lines of communications, etc.

In response to this clinic a small group of Referees already known for their interest in certifying officials, got together at Pat Petersons house for an all day clinic, with the intent of getting together to establish new guidelines for training officials. Those present agreed to become Facilitators (a term used by U. S. Swimming) and agreed to hold clinics at various locations throughout the long and short course season.

From the National office our representatives brought back with them, a VCR instructional tape, new easy to read booklets, a Facilitator manual, program setups, promise of new tests and a host of recent rule intents and clarifications. More on this, plus new registration cards with a more clearly defined intent will be forth coming. As usually happens; this material opened additional doors and we all agreed that Mrs Peterson's attempt at VCR clarification was definately on the right track but it will require additional time, effort and some money.

Basically, it appears from their report, that some areas of our nation are in desperate straits when it comes to officials. We recognize that without proper officials and standardization our athletes will suffer. We also recognize that each and every one of us are donating countless hours to this pursuit. We need to establish guidelines that we can follow , without being too restrictive, and upgrade our program for our children at the same time, which after all is why we got into this in the first place.

In addition to the guideline material we all agreed to set up clinics for Timers and Turn and Stroke . If possible, this summer, but next fall definately. We also agreed to use the USS. material and follow their reccommendation, that is; all Officials with the exception of timers should be re-certified every two years. Our get together was extremely beneficial. We also agreed to spend more time instructing and helping other officials at meets in which we participate, at all times the emphasis being to teach and help, not criticize. We also agreed, on an apprenticeship program for new Stroke and Turn and Starters of at least two meet sessions. This was to give them a firm base to start with. All Officials from Turn and Stroke up must be registered with USS for insurance purposes.

One of the first clinics will be held at Brown University for Timers and Stroke and Turn. The new format will be followed. It is our understanding that two others are in the planning stage for Mass. and one for Vermont - New Hampshire. Please post this information for your parents, we need everyones support if our program is to improve. These clinics are for those interested in gaining certification, upgrading from Timer to Turn and Stroke, and presently certified people that wish to meet this obligation now. Two Starters from Little Rhody have also expressed an interest in attending for an update of the latest material. Their experiences can only help, thank you. Do not feel that the Facilitator is the last word, help is where you find it, your experience tells you that we have grey areas, this is an attempt at making the grey areas consistant.

DATE JULY 21, 1986

TIME 7 P. M.

PLACE Brown University

REFEREE COMMITTEE

FACILITATORS: PAT PETERSON

JOHN JOHANESSEN :0 5 35-28

COACHES' MEETING:

There will be a brief meeting of all New England coaches on Saturday, August 2, 1986 immediately following the end of the morning session of Age Groups. The meeting will be held in the lounge at Blodgett Pool.

At the meeting the election of a new coaches' rep will be held. Any registered New England coach who would like to be on the ballot is urged to contact Larry Countryman, 215 Belmont Street #2, Belmont, MA 02178 (617-489-4387).

Also contact Larry if you have any questions or items that you wish to discuss at the meeting.

NEW ENGLAND SWIMMING OFFICE: Mary Riddell
20 Cleveland Road
Needham, MA 02192
617-449-0270

OFFICE HOURS: Monday : 8:00 a.m.--12:00 noon
7:30 p.m.--10:30 p.m.
Thursday: 8:00 a.m.--12:00 noon

BIDS FOR SHORT COURSE MEETS: Bids for meets for the Short Course, 1986--1987 were due by July 11, 1986. However, there are still some meets that have not yet been bid on. If your team is interested in bidding on a meet, please send three copies of your bid to Isabelle Fraser immediately. (Isabelle Fraser, Sanction Chairman, 125 Franklin Road, Longmeadow, MA 01106.)

ATTENTION--ONE SWIMMER NEEDED

It is the time of year again when the position of athlete rep must again be filled. If you have any interest in the position at all please fill out the attached form requesting more information and send it to me at:

Kim Shire
31 Plain Rd.
Westford, MA 01886

NAME _____ TEAM _____
ADDRESS _____ AGE _____

YEAR IN SCHOOL _____

THANK YOU!
-KIM SHIRE
(SENIOR ATHLETE REP.)

SEED CARDS: Seed cards are available through the New England office. The cost for plain cards is \$14.50 per thousand, including mailing. If you pick them up in Needham, the price is \$13.00 per thousand. There is no minimum order, and you may split them any way between boys and girls.

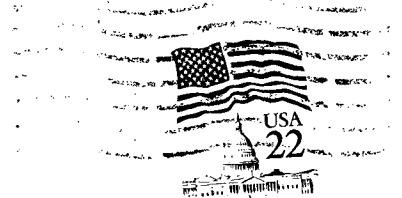
If you want initials on the cards, the price is \$19.50 per thousand, including mailing. If you pick them up in Needham, the price is \$18.00 per thousand. The minimum order is 1,000 cards. The price decreases as you order more cards with initials. Contact the office for more specific prices.

NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to Newsletter Plus. Subscriptions may be ordered through the New England office for \$7 per year.



**United States Swimming
New England**

20 Cleveland Road Needham, MA 02192



FIRST CLASS

PIONEER VALLEY SWIM
Isabelle Fraser LEAGUE
125 Franklin Road
Longmeadow, MA 01106
PVSL

NEWSLETTER PLUS

AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

AUGUST 1986

IN THIS ISSUE: 1987 Membership Fees; Top Ten Banquet; Annual Meeting;
1986--1987 Short Course Schedule; New Coaches' Reps.....

DATES TO REMEMBER: Sunday, October 5, 1986 TOP TEN BANQUET
Saturday, October 18, 1986 ANNUAL MEETING, NEW ENGLAND SWIMMING

CONGRATULATIONS TO: High Point winners at New England Seniors:
Women's Individual: KATE THOMAN WESC
Men's Individual: ALEX KOSTICH BGSC
Team : BERNAL'S GATOR SWIM CLUB

High Point winners at Age Group Championships:
8 & under: ANNE IACOBUCCI LRAC BERT STOCKING CAY
9 & 10 : ALLISON HUGHES CSC KEITH GETCHELL EST
KATHLEEN BURKE CAY
11 & 12 : LARISSA HEROLD SSA OWEN BITTINGER WESC
13 & 14 : LYNN KELLEY BGSC CHRIS HOLD LRAC
15--18 : COURTNEY CHUBB BGSC JAMES SWEENEY BGSC
Team : BERNAL'S GATOR SWIM CLUB

CONGRATULATIONS TO: New England Swimmers who participated in the Olympic Festival:

MATT COUNTIE	BGSC	2nd	100 backstroke
		5th	200 backstroke
SCOTT JAFFEE	BGSC	1st	200 breaststroke (setting a new record)
		1st	400 individual medley
		2nd	100 breaststroke
ANDREW SAULNIER	WESC	8th	1500 freestyle
BRAD SEMLE	PVAC	6th	1500 freestyle
JAMES SWEENEY	BGSC	1st	1500 freestyle (setting a new record)
		2nd	400 freestyle
		3rd	200 freestyle
JENNY THOMPSON	SSA	2nd	50 freestyle

The next meeting of the New England Swimming Board will be on Tuesday, September 9, 1986 at Howard Johnson's, Newton, MA (over the turnpike on Washington Street).

LONG COURSE RECORD BREAKING SWIMS:

NEW ENGLAND SENIORS, Brown University, Providence, RI 7/25--27/86

11 and 12:	SUE PERGOLA	CAST	100 M butterfly	1:06.86	NE/RES
13 and 14:	LYNN KELLEY	BGSC	800 M freestyle	9:16.43	RES
			200 M freestyle	2:08.78	RES
			100 M butterfly	1:06.52	RES
			200 M butterfly	2:23.41	RES
	TARA BOLIVAR	SAC	100 M breaststroke	1:16.02	NE/RES
	MARIA KOZIOL	PVAC	100 M backstroke	1:08.74	RES
			200 M backstroke	2:27.86	RES
15--18 :	LOUISE GOUIN	CAST	200 M individual medley	2:24.75	RES
			400 M individual medley	5:04.06	RES
	ALEX KOSTICH	EGSC	800 M freestyle	8:23.60	NE
	MARC LEVARN	NEB	100 M breaststroke	1:08.37	NE

AGE GROUP CHAMPIONSHIPS, Harvard University, Cambridge, MA 7/31--8/3/86

8 & under:	CAY boys		200 M free relay	2:35.56	NE/RES
			200 M medley relay	3:10.75	NE/RES
	SSA boys		200 M free relay	2:45.69	NE/RES
			200 M medley relay	3:18.72	NE/RES
11 and 12:	LESLIE REPETTO	BGSC	200 M freestyle	2:14.93	RES
			50 M breaststroke	37.14	NE/RES
			200 M individual medley	2:33.42	NE/RES
	ALISON KLINAKIS	SSA	200 M individual medley	2:32.80	NE/RES
13 and 14:	JENNY THOMPSON	SSA	100 M freestyle	59.42	NE/RES
			100 M backstroke	1:09.48	RES
	MARIA KOZIOL	PVAC	100 M backstroke	1:10.33	RES
	LYNN KELLEY	BGSC	200 M freestyle	2:09.30	NE/RES
			100 M butterfly	1:05.52	RES
			200 M butterfly	2:26.33	RES
	SSA girls		200 M free relay	1:54.93	NE/RES
			400 M free relay	4:10.45	NE/RES
	BEN MCBRIDE	LRAC	100 M backstroke	1:04.18	RES
15--18 :	BGSC men		200 M medley relay	1:50.97	NE/RES
			200 M free relay	1:40.72	NE/RES
			400 M free relay	3:39.67	NE/RES

MEMBERSHIP:

New England Swimming is one of 57 LSC's in the United States, with memberships ranging from 262 (Snake River) to 6406 (Pacific). New England's membership, as of March 31, was 4056, placing us sixth in numbers (behind Pacific, Indiana, Southern California, Illinois, and Mid Atlantic).

1986--1987 SHORT COURSE SCHEDULE

(Please note that this is a tentative schedule. The complete schedule with contacts and information concerning events offered will be printed next month.)

October	25--26:	SAC	no cuts
November	2 :	FRY	C (B)
		HRY	Senior Development
	8--9 :	CSSM	B (A)
	15 :	ABF	C (B)
	15--16:	HYST	C (B)
	21--23:	CAY	B (C)
	28--30:	HRY	A (B)
		SSA	no cuts
December	6 :	NEB	C
	6--7 :	NSC	B (A)
	13--14:	LRAC	Christmas Classic A (B)
January	3--4 :	BCSY	B (C)
	10--11:	GMSC	C (B)
		EB	C (B)
	17--18:	WSC	A (B)
	24--25:	HRY	B (C)
	30--31:	HYST	C (B)
	30--1 :	BGSC	National Qualifier A and better
February	7--8 :	PAC	A (B)
	15 :	BCSY	mini
	15--16:	NEB	Age Group and Senior Qualifier
		CAY	Age Group and Senior Qualifier
	22 :	GMSC	CB/mini
March	7--8 :	Age Groups	
	13--15:	Seniors	
	14--15:	NSC	Eight and under Championships
	20--22:	NCAC	B through Age Groups and Seniors Championships
	21--22:	LRAC	C Championships
	24--28:	Senior Nationals--	Boca Raton, Florida
	31--4 :	Junior Nationals--	Orlando, Florida

NEW ENGLAND SWIMMING OFFICE: Mary Riddell
 20 Cleveland Road
 Needham, MA 02192
 617-449-0270

OFFICE HOURS: Monday : 8:00 a.m.--12:00 noon
 7:30 p.m.--10:30 p.m.
 Thursday: 8:00 a.m.--12:00 noon

OFFICIALS NEWS by Pat Peterson (Officials Chairman)

In an effort to keep our officials informed since their clinics, I will attempt to answer the questions arising at our seminars as I had promised to, during them.

First, several questions were raised in our preliminary meeting in April. Joe Drolette, who was present then has been able to bring back some feedback from national after discussing the situations with Carol Zaleski.

1. Should a referee allow swimmers to start from the pool edge or should they be required to start from the block?

This question was brought up by a coach who felt all swimmers should start in accordance with the rules governing forward starts. Rule 102.15.2 states: " ---to step onto the starting block or platform----- before the command "take your mark"

This is strictly a judgement call, the referee can only make on the sight. If it is clear no advantage can be gained, the referee should allow the request.

2. Can a Referee call any false start by a relay team, even if dual confirmation is in effect?

A Referee may call any false start at any time which he personally observes. In my judgement if the referee is directly involved in dual confirmation, that is, one of the officials doing the dual confirming, it would be difficult to make this call, considering the process that dual confirmation requires, namely no hand raised in the event of a false start. However, if a referee were not directly involved in the relay take-offs as a judge (the ideal situation which we should all be striving for), there is no reason why he should not make this call. In this case he must raise his hand immediately.

3. Is it necessary for a referee to raise his hand on the occasion of a swimmer jumping into the water, to disqualify him from his next scheduled competition.

It is not necessary for the referee to use the disqualification procedure in this case. Similarly, the referee is not required to disqualify a false start by raising his hand.

4. Is a swimmer required to touch the pad when automatic equipment is being used?

This question was raised much to my surprise. Apparently at more than one meet in New England, the meet director required that the swimmer touch the pad or no time would be recorded, and no place was awarded.

continued...

...from previous page

The answer is in accordance to rule 102.18.2,D
(responsibilities of the Head lane timer)

"Determination of and reporting if the swimmer has delayed
in touching or has missed the finish touch pad of an
automatic timing device

My comment is that any timer who has been certified should
know the answer to this question, let alone a meet
director.

COACHING POSITION: Y/USS team of 55 swimmers seeks coach to start in early September.
Most swimmers are B-C level, some A. Practices 6 days a week. Contact Randi
Vipler at 617-323-3200 for more information.

HEAD COACH WANTED: PVAC--approximately 50 swimmers out of Springfield Boys Club
beginning the end of September. Contact Isabelle Fraser, 413-567-3415 or Brian
Trelease, 413-567-1397.

NEW COACHING POSITION, DARTMOUTH COLLEGE ATHLETIC DEPARTMENT: Assistant Coach for
Dartmouth's Men's Swimming team/Head Coach for North Country Aquatic Club.
Assist Head Coach in coaching and recruiting for Division I, Ivy League pro-
gram; organize, direct and supervise all aspects of Uss age group swim pro-
gram (ages 6-18; skill level "C"- "AAA").

Bachelor's degree, strong technical and interpersonal skills, previous
coaching experience; ability to work with and recruit effectively both col-
lege and age group swimmers. Eleven-month position, beginning September 15.

Send letter of application, resume and references to: Louise O'Neil, Senior
Associate Director of Athletics, Dartmouth College, Alumni Gym 119, Hanover,
NH 03755.

ADDRESS CHANGE:

CAPE COD SWIM CLUB
P. O. Box 966
Pocasset, MA 02559
CCS3

ANNUAL MEETING:

The Annual Meeting of New England Swimming will be held on Saturday, October 18, 1986 at the Farley Middle School in Framingham, MA. Coffee will be served at 9:30 a.m. and the General Meeting will begin at 10:00 a.m. There will be several workshops, including registration, in the afternoon. More information concerning these workshops will be in next month's newsletter.

It is important that each registered team send at least one representative to the General Meeting and as many delegates as they need to the afternoon sessions. Each team may have one voting delegate who must be registered with USSwimming; each New England Board member, who must also be registered with USSwimming, also has a vote. Anyone from the New England Swimming community who would like to attend is invited to participate in the meetings and workshops.

NEW COACHES' REPRESENTATIVES:

Congratulations to ALLAN LIVINGSTON, Coach of the New England Barracudas, and to MIKE PARRATTO, Coach of the Seacoast Swimming Association, who were elected Coaches' Representatives by the coaches who attended the Coaches' Meeting at Age Groups. There were two openings due to the resignation of Larry Countryman who will be leaving New England. Coaches are encouraged to direct their questions, comments, and suggestions to the new reps.

ALLAN LIVINGSTON, P. O. Box 37, Cochituate, MA 01776-0512	617-655-2120
MIKE PARRATTO, Tri-City Apartment, Apt. 16, Dover, NH 03820	603-749-2869

MEMBERSHIP FEES:

At the July meeting of the New England Swimming Board, membership fees for 1987 were established. The 1987 fees reflect an increase in the fees of USSwimming which are due to increased insurance premium costs and the need to maintain insurance coverage for all USS members. New England fees will remain the same for clubs and will be increased \$1 for athletes.

1987 Membership Fees:

Athlete	:	\$ 22	(\$17 to USS; \$ 5 to NES)
Non-athlete:		\$ 20	(\$20 to USS; \$ 0 to NES)
Club	:	\$100	(\$70 to USS; \$30 to NES)

In 1987 all non-athlete fees will be processed by New England Swimming, rather than being sent directly to Colorado.

NEWSLETTER PLUS

AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

SEPTEMBER 1986

IN THIS ISSUE: OUTSTANDING SWIMMERS AND TOP TEN SWIMMERS FOR LONG COURSE, 1986; NEW PRICES FOR SEED CARDS....

DATES TO REMEMBER: September 24: Deadline for Top Ten Banquet reservations
October 5 : Top Ten Banquet
October 18 : Annual Meeting, New England Swimming

TOP TEN BANQUET:

This newsletter contains the names of the Long Course, 1986 Outstanding Swimmers and also a list of the swimmers whose names will appear in the Top Ten Book for Long Course, 1986.

All Top Ten Swimmers for both Long Course, 1986, and Short Course, 1985-1986, are invited to attend the Top Ten Banquet on Sunday, October 5, 1986. Those swimmers who are listed as Outstanding Swimmers for either Short Course or Long Course are invited to be the guests of New England Swimming. All who plan to attend the banquet, including Outstanding Swimmers, must make reservations by Wednesday, September 24, 1986.

The cost this year will be \$12 per person. Reservations and checks made out to New England Swimming should be sent to the New England office by September 24. The banquet will be at the Windsor Mills Restaurant, Rt. 110, Dracut, MA. The doors will open at 11 a.m. and a buffet dinner will be served at 11:30 a.m., followed by the awards ceremony.

Top Ten Swimmers and Outstanding Swimmers for Short Course were listed in the June newsletter and all teams received a copy of the Short Course, 1986, Top Ten Times. The Long Course Top Ten Book will be available at the banquet, but may not be received by the teams until after the reservation deadline. Each team should inform its swimmers of those who made Top Ten Times for Long Course. If anyone has any other questions, please call the office.

Please note a change of exit number on the map.

RECORD BREAKING SWIM AT NEW ENGLAND SENIORS, Brown University, 7/25--27/86

15--18 GIRLS: 400 M free relay

NEW ENGLAND BARRACUDAS

4:02.09 NE/RES

(Jenny Norton, Becky Norton, Sally White, Bethany Williston)

U.S. SWIMMING SPORTS MEDICINE BEGINS NUTRITION ANALYSIS PROGRAM

United States Swimming's Sports Medicine Council recently announced the availability of new services to United States Swimming members. A computerized nutrition analysis program has been established at National Headquarters that will evaluate daily nutritional intake.

Upon request, participants will receive a meal log booklet to record all food and liquid intake. After returning the completed booklet to Headquarter's office, the data will be analyzed and a 10-page report sent back to the individual within a 72-hour period.

The report will include:

- *Total calories consumed and burned
- *Percent of carbohydrates, protein and fat consumed
- *Percent intake of RDA of vitamins and minerals
- *'Nutrition for Competition' pamphlet
- *Recommendations for meal planning
- *Sample diets

To receive your dietary log booklet, send \$5.00 to:

United States Swimming, Inc.
Nutrition Analysis Program
1750 East Boulder Street
Colorado Springs, CO 80909

OFFICIAL'S CLINICS:

Please note the following guidelines as published earlier

CERTIFICATION OF NEW OFFICIALS:

1. Attend a certification clinic
2. Pass a test
3. Apprentice 2 meet sessions (minimum)
4. Certification valid for 2 years

RECERTIFICATION OF PRESENT OFFICIALS:

1. A minimum of 6 sessions must be worked in licensed capacity over a period of 2 years
2. A training seminar must be attended every 2 years

These guidelines for new officials have gone into effect. We have had good response for the new format. As of this writing four new officials have been certified apprentice. Two have fulfilled their requirements to apprentice two meets. In the fall several seminars will be offered for officials presently certified, as well as for new officials. These include: Stroke and Turns, Starters, and Referee. All clinics will be held following the guidelines of USS.

Anyone interested in either new officials certification or in recertification of present officials, please contact Pat Peterson, 617-256-7342.

There will be a clinic held Saturday, September 27, at 8:00 a.m. in the southeastern Massachusetts area at the Massasoit Community College in Brockton. For information call Paul Miles, 617-746-6238 or Pat Peterson, 617-256-7342.

There also will be a clinic at the Annual Meeting (see below). If you are interested in holding a clinic, please call Pat Peterson.

ANNUAL MEETING:

The Annual Meeting of New England Swimming will be held on Saturday, October 18, 1986 at the Farley Middle School, Framingham, MA. Coffee will be served at 9:30 a.m. and the general meeting will begin at 10 a.m. At 1 p.m. workshops will be held, including: registration workshop, meeting of team athlete reps, meet manager's workshop, coaches' meeting, and a recertification clinic for officials. Please line up your representatives so that you can cover all the meetings that your team needs to attend.

CHANGE OF ADDRESS:

BEVERLY Y BARRACUDAS
Peter Farragher
254 Essex Street
Beverly, MA 01915
BYB

NEWBURYPORT YMCA BLUES
13 Market Street
Newburyport, MA 01956
NYWB

CHANGE OF COACH:

BELMONT AQUATIC TEAM
Michael T. O'Connor
825 Concord Avenue
Belmont, MA 02178
BAT

Haverhill YMCA SWIM TEAM
Carl Cronin
Box 961
Haverhill, MA 01831
HYST

NORTH SHORE PIRANHAS!
Matt Lechner
4 Community Road
Marblehead, MA 01945
NSP

OUTSTANDING SWIMMERS, LONG COURSE, 19868 and under GIRLS

Kelly Gittlein	SSA
Anne Iacobucci	LRAC
Stacy Lamontagne	CAST
Tara Paulauskas	EGSC
Amy Ryan	EGSC

9 and 10 GIRLS

Samantha Briggs	EST
Kathleen Burke	CAY
Wendy Comey	CAST
Amanda Hall	NEB
Allison Hughes	CSC

11 and 12 GIRLS

Vanessa Hein	LRAC
Larissa Herold	SSA
Jennifer Jackson	EGSC
Alison Klinakis	SSA
Sue Pergola	CAST
Leslie Repetto	EGSC

13 and 14 GIRLS

Sabrina Belanger	SSA
Jill Comeau	SSA
Lynn Kelley	EGSC
Sarah Ferroni	LRAC
Jenny Thompson	SSA

15 through 18 GIRLS

Courtney Chubb	EGSC
Louise Gouin	CAST
Missy Hoy	LRAC
Anne Koerckel	EGSC
Jenny Norton	NEB

OPEN GIRLS

Courtney Chubb	EGSC
Louise Gouin	CAST
Lynn Kelley	EGSC
Jenny Norton	NEB
Jenny Thompson	SSA

8 and under BOYS

Brad Mancini	WSC
Ted Mantos	SSA
Jonathan Quimby	UN
Joey Ramsey	CAY
Bert Stocking	CAY

9 and 10 BOYS

Steven Beal	WESC
Keith Getchell	EST
Todd Jakubek	UN
Chris Nerney	LRAC
Ben Sheppard	CSSM

11 and 12 BOYS

Owen Bittinger	WESC
Jason Bois	LRAC
Michael Carroll	CSSM
Erik Daniak	WESC
Michael Richard	CAST

13 and 14 BOYS

Marc Bonnet-Eymard	CAST
Ray Carey	EGSC
Dean Fredette	SSA
Chris Holt	LRAC
Ben McBride	LRAC

15 through 18 BOYS

Matt Countie	EGSC
Scott Jaffee	EGSC
Alex Kostich	EGSC
Tom Peterson	EGSC
James Sweeney	EGSC

OPEN BOYS

Matt Countie	EGSC
Keith Hayes	SAC
Scott Jaffee	EGSC
Alex Kostich	EGSC
James Sweeney	EGSC

The names of all outstanding swimmers have been listed in alphabetical order.

TOP TEN SWIMMERS--LONG COURSE, 1986ADSC: Tory Fleming, Rob WileyABF: Liz KotchATST: Erin Cheney, Christina SchutzBAT: Rachel DeVito

BCSC: Tara Paulauskas, Amy Ryan, Amy Mullen, Delight Malkemus, Laura Costello, Leigh Wagner, John Wells, Eric Topping, Leslie Repetto, Jennifer Jackson, Maura Riley, Greg Wagner, Greg Wagner, Andre Koerckel, Chris Dupont, Lynn Kelley, Michelle Jackson, Laura Koerckel, Paige Morgan, Vicki Camelio, Nikki Shire, Jim McGinnis, Andrew Rutherford, Ray Carey, Laura Morsman, Courtney Chubb, Megan Bresnahan, Amy VanAken, Evelyn Price, Kristina Martin, Katrina Lundstedt, Beth Donovan, Kate Zenda, Trisha Stevens, Melissa Reilly, Roro Deleo, Kim Shire, Anne Koerckel, Frank Han, David Johnson, Matt Countie, James Sweeney, Bob Stevenson, Scott Jaffee, Albert Price, Alex Kostich, Tom Peterson, Wayne Snellgrove, Jeff Kelley, Dan Schar, David Wilkins, Jeff Peterman, Andy Hall, Bob Martinage, Greg Doyle

BCSY: Arthur McClarenCYS: Tom Smith

CAST: Stacy Lamontagne, Mary B. Wilk, Chris Peluso, Jonathan Richard, Wendy Comey, Cory Bailey, Edward Lai, Brian Sullivan, Sue Pergola, Megan Lammon, Michelle Peluso, Michael Richard, Marc Richard, Linda Cleary, Wendy Lamontagne, Marc Bonnet-Eymard, Brian Livingston, Troy Hosmer, Louise Gouin, Karyn Ward, Paul Wilson

CAY: Bert Stocking, Joey Ramsey, Todd Walter, Jon Fountain, Kathleen Burke, Jean Todisco, Erica Meany, Gene Sutherland, Chris Fountain

CCSC: Sarah Swain, Stephanie Gibbons, Eva CardozaCSC: Allison Hughes, Tricia Solakoff, Ward Lowe, Mark Furman

CSTM: Michael Carroll, Chris Gallant, John Mitchell, Nicole Rutkowski, Kerry Kearn, Julie Mitchell, Danielle Peluso, Ben Sheppard

EPPEC: Corey Blakely, Dylan Andrews, Jeff Bushnell EB: Brian Healy

ECAC: Erika Lazar, Kirby Melick, John Thomas, Jackie Cavanaugh, Marybeth Stocking, Brian Thomas

EST: Samantha Briggs, Andrea Budd, Megan Bradley, James Corbett, Keith Getchell, Amy Liebfried

GMSC: Mark LaFrance, Jennifer Perkins

IRY: Sean Carter, Kristen Miles, David Nicholson, David Murphy, John Hurley, Chris Parent, Roger Kennedy, Todd Hurley

ILAC: Anne Iacobucci, Corinne Montanaro, Lauren Vilandrie, Amanda Hollis, Chris Nerney, Charles Barnes, Kenneth Ho, Vanessa Hein, Heather Montanaro, Beth Iacobucci, Kimberly Ho, Jason Bois, Lynn Peckenham, Val Johanessen, Vincent Ho, Kristy Uustal, Missy Hoy, Karen Crossman, Kathy Johanessen, Sarah Perroni, Julie Armor, Lori Geisler, Ben McBride, Chris Holt, Gaylord Garroway, Eric Hecker, Chris Gleason, Rob Barry, Tim Card

LYM: David Howe, Stephen KozowykLSM: Jordan BarnesMALY: Patrick FinnMHYS: Matt Buht

NCAC: Josh Pristaw, Brice Gilmer, Cory Murphy, Barbara Bedford, Michael Yen

NNB: Mike Ryan, Colleen Lynch, Melanie Gasker, Michelle McWeeney

NSK: Bernadette SweeneyNWSC: Jennifer Burns

TOP TEN SWIMMERS—LONG COURSE, 1986 (continued)

- NEB: Kristen Vartselas, Amanda Hall, Linda Kuntz, Kara Kouloheras, Adrienne Bonne, Steve Scaplen, John Murray, Jenny Norton, Becky Norton, Rene Holtzman, Sally White, Bethany Williston, Ann Marie Guglielmi, Marc LeVarn, Scott Ferguson, Ed Anthos, Scott Fraser, John Murray, David Scaplen, Richard Pease
- PAC: Jared Lamothe, Hannah Higcomb, Glen Rice, Chris Gahan, Todd Whitford, Jodi Shaw, Nathan Iyozak
- PVAC: Jerome Leslie, David Laporte, Matt McGuire, Paul Mikuszawski, Melissa Harms, Julie Veremy, Christine Agnew, Maria Koziol, Keith McFarland, Dana Orsucci, Lynn Trelease, Judy Tripp, Brian Stefanik, Brad Semle, Stephen Root, Chuck Batchelor, Tony Barret, James Bowers
- SAC: Anne Berhens, Carmen Trombini, Maura Dalton, Tara Bolivar, Anne Ciocarelli, Keith Hayes, Jeanne Oliva
- SEA: Jeremy Nichol, Kristan Gately, Alicia Keenan, Marcia Cardinale
- SSA: Kelly Gittlein, Jessica Tucker-Mohl, Ted Mantos, Jason Graves, Larissa Herold, Allison Klinakis, Nate Curry, Brian Ogden, Jenny Thompson, Jill Comeau, Kim Gittlein, Sabrina Belanger, Amy Palmer, Laura Burnham, Stephanie Westcott, Dean Fretette, Jason Seaver, Chris Graves, Aaron Ravenelle, Danny Bailey, Aaron Thompson, Jerry Bailey, Jon Luby
- WYSL: Stacy Belba, Heidi Mogavero
- SCY: John Flowers
- WESC: Kathleen O'Neil, Amy Allen, Shannon McCarthy, Colin Greineder, Steven Beal, Tate Kiser, Karen Haberstroh, Owen Bittinger, Eric Daniak, Jim Thomas, Jeff Little, Sam Barrett, Jennifer Jones, Jenn Ashe, Sherri Turner, Britt Greineder, Jenny Hagar, Dustin Foster, Sean Gouldson, Vijay Lathi, Jeff Couture, Tim Nubar, Cynthia Kangos, Kirsten Greineder, Kate Thoman, Erica McLay, Chris Barrett, Andrew Saulnier, Ethan Saulnier, Marc Broudy
- WHAC: Sarah Stone, Erica Nelson, Kristen Nelson, Ann Counos
- WSC: Brad Mancini, Kyle Laracy, Greg Meymaris, Shana Kirby
- UN: Jonathan Quimby, Kelly Gouldson, Todd Jakubek, Matt Reilly, Ryan Foster, B. Shuk, Erin Powers, Craig Jakubek, Garrett Burke, Jodi DeLuca, Koreen Solakoff, Corey Burse

NEW ENGLAND SWIMMING OFFICE: Mary Riddell
20 Cleveland Road
Needham, MA 02192
617-449-0270

OFFICE HOURS: Monday : 8:00 a.m.--12:00 noon
7:30 p.m.--10:30 p.m.
Thursday: 8:00 a.m.--12:00 noon

NEWSLETTER PLUS

OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

OCTOBER 1986

IN THIS ISSUE: Annual Meeting (including recertification clinic info and a proposed by-law change); Meet Schedule for short course, 1986--1987; Changes in butterfly and breaststroke rules; Form for NEW non-athlete members; United States Open Meet time standards...

CONGRATULATIONS TO the new Board members appointed at the September Board meeting:

Swimmers' Representative: Heidi Mogavero, WYSL

Coaches' Representative : Joseph Bernal, BGSC

At-large : Roy Einreinhofer, parent, WESC

A complete list of all board members will be printed next month.

SWIMMER'S SURCHARGE: At the September meeting, as part of its budget discussion, the Board of New England Swimming decided to assess a surcharge of \$1 per swimmer at each New England meet. The charge would be paid by the swimmer or team as part of the entry fee.

RECERTIFICATION CLINIC: If you plan to attend the recertification clinic at the Annual Meeting or to upgrade your certification at the clinic, please notify Priscilla Davis immediately (205 Woodbury Street, South Hamilton, MA 01982, 617-468-3786).

REGISTRATION: The registration from in this newsletter is for NEW non-athlete registrations only. All currently registered non-athletes will receive re-registration forms in the mail. All registration materials, including the computer print-outs, will be available at the Annual Meeting. Please remember the current fees: clubs, \$100; swimmers, \$22; non-athletes, \$20. All registrations will be processed through New England this year.

The next meeting of the Board of New England Swimming will be on Tuesday, November 18, 1986 at a place to be announced in the next newsletter.

To: New England Swimmers, Parents, and Coaches

From: May C. Greineder, Age Group Chairperson

Re: Response to Petition and Suggestions for Dealing with Concerns at Age Group Championships.

Date: 9/11/86

In my opinion, the long-course Age Group Championships was a well-run meet and I have sent the Bernal's Gator Swim Club a letter commending them for their efforts. However, some concerns were expressed about the medals issued at this meet and the placement of a banner that obstructed the view of the competition and the American flag. Consequently, I thought it would be appropriate to use the Newsletter to provide feedback about how these concerns have been addressed.

To begin, it was determined at the most recent Calender Committee Meeting and reaffirmed at the 9/9/86 New England Swimming Board meeting that, henceforth, the Board should select the awards for all Age Group Championship meets and distribute these awards to the host teams at a cost. Moreover, the awards (while still to be determined) will be uniform for any given championship and will appropriately and recognizably reflect the nature and caliber of the meet involved.

Finally, I will be including in the Meet Managers' Manual a statement which reads as follows, "Meet Managers are directed to ensure that team banners, posters, and equipment are not allowed to prevent participants or spectators from viewing the competition, scoreboard, or the American Flag."

Invariably problems will arise at any meet no matter how scrupulous and dedicated the host members are. Usually these are inadvertent errors of omission or miscommunication and there is no premeditation or malice involved. Often the host team is not even aware that something constitutes an objectionable situation. Therefore, it is vital that we establish proper lines of communication and redress so that problems do not tend to become unnecessarily personalized or volatile. While the meet director and referee are the appropriate contacts for problems that directly relate to the conduct and officiating of the competition, they are often too busy to deal with issues that do not affect the immediate course of the on-going meet. Therefore, I would like to encourage parents, swimmers, and coaches to utilize the members of the N.E. Swimming Board and the Coaches' and Swimmers' Representatives in this capacity.

Speaking for myself, there is no question that the most effective means of communicating concerns is through signed letters or petitions which state the problem in a reasoned, dispassionate and succinct manner. Nonetheless, phone or face-to-face conversations are always welcomed particularly if they serve to defuse difficult or emotional situations. In my opinion, the Age Group Chairperson not only can serve a useful role as liaison and sounding board, but can work to assess situations, communicate concerns to the host team or New England Swimming Board as appropriate, and address any questions of redress or change.

ATTENTION ALL MEET MANAGERS, COACHES, PARENTS, AND SWIMMERS who are entering or sponsoring New England meets: The New England board will be discussing a proposal to have a separate 15 and 16 category for Top Ten. If the proposal is accepted, we will need accurate ages for 15--18 swimmers (as well as 10 and unders) in all entries, programs, and results. Please include accurate ages for all swimmers in you entries and also in programs and results.

For National Top 16 rankings and for New England records, Joe Drolette needs the names and ages of all swimmers on relays. Please remember, also, that all New England records broken outside of New England, including National Meets and Zone Meets, must be reported to Joe Drolette. Forms are available through the New England office.

The Annual Top Ten Banquet was held on Sunday, October 5 and was attended by 363 swimmers, parents, coaches, and board members representing 30 New England teams. Top Ten certificates that were not picked up at the banquet will be available at the Annual Meeting. Those that remain after that will be mailed to the teams.

TOP TEN CORRECTIONS: The following swimmers were omitted from the lists in the newsletter:

BRAD SEMLE	Outstanding Swimmer, 17--18, long course
JENNY THOMPSON	Outstanding Swimmer, open, short course
META HOBSON	Top Ten Swimmer, long course

Top Ten books will be available at the Annual Meeting for \$2.50 each. They are also available through the New England office.

TEAM OMITTED FROM TEAM LIST:

NEWMAN YMCA BARRACUDAS
472 Taunton Avenue
Seekonk, MA 01771
NYB

NEW COACH:

NORTH SHORE PIRANAS
Matt Lechner
4 Community Road
Marblehead, MA 01945
NSP

WANTED: Responsible adult to sell swimming apparel at swim meets for The Finals.
Contact Allan Livingston, 617-655-2120.

NEW TEAMS:

HAMPSHIRE HILLS SWIM TEAM
Federal Hill & Emerson Rd.
Milford, NH 03055
HHST

MANCHESTER SUNFISH SWIM CLUB
Louise Paulauskas
76 Lowell Street
Manchester, NH 03101
MSSC

REREGISTERED TEAM:

WORCESTER GIRLS CLUB
Nancy Palmer
125 Providence Street
Worcester, MA 01604
WGC

ADDRESS CHANGES:

GREATER FALL RIVER YMCA
Sally Smith
540 River Road
Westport, MA 02790
FRY

CHANGE OF NAME:

LAKE CHAMPLAIN SWIM CLUB
P. O. Box 2107
South Burlington, VT 05401
LCSC
(replaces Northern Vermont Aquatics)

RE-CERTIFICATION SEMINAR AT the ANNUAL MEETING

There will be a re-certification seminar at the annual meeting. This will be for all officials presently certified as Stroke and Turn, Starter, or referee. It will be held immediately following the Annual meeting at approximately 12:30 P.M. at the Farley Middle School in Framingham, Ma. The seminar will last about 3 1/2 hours, so you may want to bring a lunch if you plan to attend both meetings.

On a limited basis, officials desiring to up-grade their certification may do so at this time. If that is your intention, please contact Pat Peterson (256-7342) before October 10.

The cost will be \$3.00 to cover the cost of the officials manual. If you wish to up-grade your certification the cost of the work book is \$3.50

Please detach the following form and return it by October

Friscilla Davis
205 Woodbury St.
Hamilton, Ma.

617-461-3788

Name

Address

Telephone Number

Presently Certified

Do you wish to up-grade certification?

ANNUAL MEETINGSATURDAY, OCTOBER 18, 1986

The Annual Meeting of New England Swimming will be held on Saturday, October 18, 1986 at the Farley Middle School, Framingham, MA.

- 9:30 a.m. Registration and coffee
- 10:00 a.m. Annual Meeting and By-law change
- 12:30 p.m. Recertification seminar for currently registered officials (Priscilla Davis) (pre-registration required--see the October newsletter)
- 1:00 p.m. Registration Clinic (Charlene Carper)
Coaches' Meeting (Allan Livingston)
Meet Manager's Seminar (Bruce Schaefer)
Swimmers' Rep meeting (Kim Shire, Scott Latch, Heidi Mogavero)

We would like to encourage representatives, coaches, parents and swimmers to attend the Annual Meeting. However, each Club has only one vote. Please be ready to designate your delegate when you register at the door. Anyone who is a voting delegate must be a registered member of United States Swimming.

Please arrange to have enough Club representatives available to attend all the afternoon meetings that your team needs to attend. We would like to encourage all teams to send a representative to the Registration Clinic. All teams that are running meets this year are required to attend the Meet Manager's Seminar. If your team did not elect a Team rep (swimmer) last year, you may elect one now to send to the Swimmers' Rep meeting.

PROPOSED BY-LAW CHANGEARTICLE 64--OFFICERS.

In 564.1 TITLES, delete General Vice-Chairman so that it reads: "The elected officers are General Chairman, Treasurer, Secretary, Administrative Division Vice-Chairman, Senior Division Vice-Chairman, Age Group Division Vice-Chairman."

In 564.5 DUTIES, delete (2) General Vice Chairman.

In (5) delete "shall conduct meetings in the absence of the general chairman and general vice-chairman" and add "shall assist the Chairman and act in the Chairman's absence with all powers inherent to the office" so that it reads: "The Administrative Vice-Chairman shall assist the Chairman and act in the Chairman's absence with all powers inherent to the office and shall chair the division which aids in the development of policy and coordination of those committees within his division."

DIRECTIONS: Farley Middle School is located just off Route 126 about $\frac{1}{2}$ mile south of Route 9. From Route 9 take Route 126 toward Framingham. Continue on Route 126 past the Court House and one light. Take a right onto Normandy Road (next to the National Guard armory). The Farley School is the last building on the right on Normandy Road, and the main entrance is on Normandy Road. (For more parking, take a right on Flagg Street, but enter on Normandy Road.)

To: All officials
 From: Pat Peterson.
 Re: Rule Changes (effective immediately)

BUTTERFLY (Minor change)

Finish: "On the finish the touch of the solid wall or pad shall be made with both hands simultaneously". Delete the words "at the same level" from the finish rule.

Breaststroke: (Major change).

Rule 101.2 ----"The hands shall not be brought beyond the hip line, except on the first stroke after the start and each turn. Some part of the swimmer's head shall break the surface of the water at least once during each complete cycle of one arm stroke and one leg kick, except during the first cycle after the start and each turn. During this first cycle the swimmer may take one arm stroke completely back to the legs and one leg kick while wholly submerged.

The rule change allows for the head to go under the surface of the water on each stroke. It also eliminates the disqualification of head under on the second stroke, if the swimmer surfaces "during that cycle"

Rule 101.3 Finish----"It is permissible for the head to be lowered below the water level at the pool after the final arm pull and prior to the touch.----"

There is no longer a distinction between Long Course and Short Course on the finish. However, there is on the turn, which does not allow the "head under" on the touch for Long Course. This needs further clarification, as well as the whole rule. As soon as I hear anything on this I will pass it on. If you would like a copy of this rule change, send a self addressed envelope to:

Pat Peterson
 29 Sandra Dr.
 Chelmsford, Ma.

NEW ENGLAND SWIMMING OFFICE: Mary Riddell
 20 Cleveland Road
 Needham, MA 02192
 617-449-0270

OFFICE HOURS: Monday : 8:00 a.m.--12:00 noon
 7:30 p.m.--10:30 p.m.
 Thursday: 8:00 a.m.--12:00 noon

NEW PRICES FOR SEED CARDS: Seed cards are available through the New England office. The cost for plain cards is \$15.50 per thousand, including mailing. If the cards are picked up in Needham, the cost is \$14.00 per thousand. There is no minimum, and you may split them any way between boys and girls.

If you want initials on the cards, the price for 1,000 cards is \$21.00, including mailing. If the cards are picked up in Needham, the cost is \$19.50. If you want 2,000 or more cards with initials, the cost is \$19.00 per thousand, including mailing. If 2,000 or more cards are picked up in Needham, the cost is \$17.50 per thousand. The minimum order for cards with initials is 1,000 cards.

NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to Newsletter Plus. Subscriptions may be ordered through the New England office for \$7 per year.

MEET SCHEDULE, Short Course, 1986--1987:

- Oct. 25--26: SAC no cuts
Farley Middle School
Framingham, MA
all events
Bruce Schaefer
P. O. Box 1292
Framingham, MA
617-881-5956
- Nov. 2 : FRY C(B)
Fall River YMCA
Fall River, MA
short events for all
Sue Foster
2123 Highland Avenue
Fall River, MA 02720
617-997-8031
- Nov. 2 : HRY distance meet
Smith College
Northampton, MA
distance events, including 500 and
1000, no cuts
Jyuce Burrill
31 King Philip Avenue
South Deerfield, MA 01373
413-665-3261
- Nov. 8--9 : CSSM B(A)
Medford High School
Medford, MA
long events for all, including 500;
8 and unders
Barbara Hickey
56 Mount Vernon Street
Reading, MA 01867
617-944-5969
- Nov. 15 : ABF C(B)
Attleboro High School
Attleboro, MA
short events for all
Lucille Proia
Lindsay Street
Attleboro, MA
617-222-9052
- Nov. 15--16: HYST C(B)
Haverhill High School
Haverhill, MA
long events, 13 and over, short events
12 and under; 8 and unders
Michael Horgan
62 Jasper Street
Haverhill, MA 01830
617-373-1102
- Nov. 21--23: CAY B(C); junior specialty
Cape Ann YMCA
Gloucester, MA
11 and over--B(C), all events
10 and under--"swim your own age" no cuts
Joe O'Neil
P. O. Box 18
Ward Hill, MA 01829
617-794-9389
- Nov. 28--30: HRY A(B)
Smith College
Northampton, MA
short events, 13 and over; long events,
12 and under; 8 and unders; 500 free, 400 IM
Joyce Burrill
31 King Philip Avenue
South Deerfield, MA 01373
413-665-3261
- Nov. 29--30: SSA no cuts
Dover Indoor Pool
Dover, NH
short events for all; 400 IM, 1000 free;
8 and under; no cuts
Ann Fredette
2 Wallingford Street
Dover, NH 03820
603-742-5153
- Dec. 6 : NEB C
U. of Massachusetts, Boston
Boston, MA
long events, 13 and over: short events
12 and under
Melissa Norton
29 Alcott Street
Acton, MA
617-263-0151

continued.....

- Dec. 6--7 : NSC B(A)
Cape Elizabeth High School
Cape Elizabeth, ME
short events, 13 and over; long events
12 and under; 400 IM
Don Richards
8 Sweet Fern Road
Cape Elizabeth, ME 04107
207-799-5809
- Dec. 12--14: LRAC A(B) Christmas Classic
Brown University
Providence, RI
long events for all, 500 free, 400 IM
Ed Reed
7 Riverview Drive
Barrington, RI
401-245-4222
- Jan. 3--4 : BCSY C(B)
Brockton High School
Brockton, MA
long events, 13 and over; short events
12 and under; 8 and under; 400 IM
Mary Costello
44 Burroughs Road
Brockton, MA 02401
617-586-3671
- Jan. 10--11: GMSC C(B)
Greenwood Memorial Pool
Gardner, MA
all events; 8 and under
Dan Rogers
31 Jonathan Street
Gardner, MA 01440
617-632-7566
- Jan. 10--11: EB C(B)
White Brook Middle School
Easthampton, MA
13 and over, long events; 12 and under,
short events
Kathie Stewart
126 Strong Street
Easthampton, MA
413-527-2418
- Jan. 17--18: WSC A(B)
Clark University
Worcester, MA
all events, 8 and under
Rehe Gould
617-755-8651
- Jan. 24--25: HRY B (C)
Hampshire Regional YMCA
Northampton, MA
all events; 500 free, 400 IM; 8 and under
Joyce Burrill
31 King Philip Avenue
South Deerfield, MA 01373
413-665-3261
- Jan. 30--Feb. 1: BGSC National Qualifier
Blodgett Pool, Harvard University
Allston, MA
all events, including distance events;
AA and better senior cuts
Lois Koerckel
8 Abbott Drive
Andover, MA 01810
617-475-3645
- Jan. 31--Feb. 1: HYST C(B)
Haverhill High School
Haverhill, MA
short events for all plus long events
for seniors; 500 free, 400 IM; 8 and under
Michael Horgan
62 Jasper Street
Haverhill, MA 01830
617-373-1102
- Feb. 7--8 : PAC A(B)
Portsmouth Indoor Pool (25 meters)
Portsmouth, NH
short events, 13 and over; long events
12 and under; 8 and under
Greig Cronauer
P. O. Box 1357
Portsmouth, NH 03801
603-431-2000 x 278

to be continued next month...

long events: 13 and over, 200's; 12 and under, 100's

short events: 13 and over, 100's; 12 and under, 50's

C(B) indicates a meet for C swimmers; B swimmers may swim if there is room, etc.

NEWSLETTER PLUS

AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

NOVEMBER 1986

IN THIS ISSUE: Age Group Cuts, Junior and Senior National and Olympic Trials Time Standards, Rule Changes, Sanction Policy, Surcharge Change, Top 16, Short Course Record Holders, Continuation of Short Course Calendar

CONGRATULATIONS TO: ALEX KOSTICH (BGSC) who was named to the United States team which swam against Great Britain in Darlington, England, October 31--November 1, 1986

The following New England Swimmers who were named to the 1986 U. S. Swimming All America Team:

LOUISE GOUIN (CAST)--200 yard individual medley; 400 meter individual medley

ALEX KOSTICH (BGSC)--800 meter freestyle

SCOTT JAFFEE (BGSC)--200 meter breaststroke

KEITH HAYES (SAC)--100 meter butterfly

The team was chosen from those equaling or bettering the 1985 long course and short course national championships 8th best American time in each event. Swimmers had to have made the finals (top 16) in their event at a Phillips 66/U. S. Swimming National Championship or Trials meet and be eligible to represent the U. S. in international competition in order to be considered.

ANNUAL MEETING:

The annual meeting was attended by nearly 75 team representatives and board members with many more attending the afternoon workshops.

Much discussion centered on the \$1 per swimmer per meet charge which had been passed by the Board of New England Swimming. It was voted to have the \$1 per swimmer per meet charge for championship meets only and to establish a committee that will investigate various ways of raising money for the travel fund. The committee will report to the Board before August 1, 1987.

The proposed by-law change deleting the General Vice-Chairman with the Administrative Vice-Chairman taking over the duties of the General Vice-Chairman passed.

Bob Fredette was named Treasurer to fill the remainder of the term of J. S. Laird.

The Board of New England Swimming will meet at 7 p.m. on Tuesday, November 18, 1986 at Howard Johnson's, Washington Street, Newton (over the turnpike).

SHORT COURSE CALENDAR (continued from October):

- Feb. 15 : BCSY mini
Brockton High School
Brockton, MA
9 and unders, all events
Mary Costello
44 Burroughs Road
Brockton, MA 02401
617-586-3671
- Feb. 14--15: B through Age Group and Senior Cuts
1. NEB
Attleboro High School
Attleboro, MA
Melissa Norton
29 Alcott Street
Acton, MA
617-263-0151
Joe O'Neil
P. O. Box 18
Ward Hill, MA 01829
617-794-9389
2. CAY
Cape Ann YMCA
Gloucester, MA
- Qualifier—all events
- Feb. 22 GMSC mini
Greenwood Memorial Pool
Gardner, MA
Dan Rogers
31 Jonathan Street
Gardner, MA 01440
617-632-7566
- Feb. 28--1 : PAC C (B)
Portsmouth Indoor Pool (25 meters)
Portsmouth, NH
all events including 400 meter free,
400 meter IM
Greig Cronauer
P. O. Box 1357
Portsmouth, NH 03801
603-431-2000 x 278
- to be continued...

CORRECTION TO MEET CALENDAR:

Address and change of phone number for WSC A(B) meet in January: Rene Gould
PO Box 398
Northboro, MA 01532
617-396-6242

RECORD BREAKING TIMES AT SENIOR NATIONALS:

15--18:	CYNTHIA KANGOS	WESC	50 meter freestyle	26.93	RES
	LOUISE GOUIN	CAST	800 meter freestyle	8:52.73	RES
			1500 meter freestyle	17:03.19	RES
			200 meter individual medley	2:23.49	RES
			400 meter individual medley	4:56.73	RES
	ALEX KOSTICH	BGSC	800 meter freestyle	8:05.85	RES
	SCOTT JAFFEE	BGSC	100 meter breaststroke	1:06.89	RES
			200 meter breaststroke	2:22.32	RES

NEW ENGLAND SANCTIONED MEETS:

It is the policy of the New England ISC to sanction all competitive events involving USS Registered teams and athletes unless it is determined by the Sanction Chairman and Calendar Committee that the sanction request conflicts with New England programs or calendar meets as to either format or geographical location.

If it is determined that a conflict exists, New England Swimming reserves the right to deny the sanction request.

A MESSAGE FROM MAY GREINER:

New England Swimming would like members to propose alternate titles for the "C" and "B" Championships, since the latter is really a misnomer (comprises "B" through age group and senior cuts) that has caused confusion. We also are considering establishing a logo for New England Swimming which could be used on our stationary and championship awards. Anyone interested in submitting a logo for consideration is encouraged to do so. This logo should depict a figure or design that symbolizes or is somehow uniquely New England and is easily recognizable as such. You may send your sketches to the New England Swimming Office. Time is of the essence, so please do not delay. All entries are welcomed, but please follow the simple rules listed below.

1. Keep it simple
2. Use good taste
3. Be neat
4. Use 8x10 paper or larger
5. Include your name, address, and club

RECORD BREAKING TIMES AT JUNIOR NATIONALS:

13--14:	LYNN KELLEY	BGSC	800 meter freestyle	9:16.23	RES
			200 meter butterfly	2:21.91	RES
			200 meter freestyle	2:09.19	RES
	JENNY THOMPSON	SSA	100 meter freestyle	57.94	RES
			100 meter backstroke	1:08.62	RES
15--18:	MISSY HOY	LRAC	400 meter freestyle	4:26.90	RES
			800 meter freestyle	9:04.24	RES
			1500 meter freestyle	17:15.28	RES
	COURTNEY CHUBB	BGSC	200 meter butterfly	2:20.49	RES
	MATT COUNTIE	BGSC	100 meter backstroke	58.84	RES
			200 meter backstroke	2:08.05	RES
	MARC LEVARN	NEB	100 meter breaststroke	1:07.41	RES

NEW SHORT COURSE RECORDS:

The following swimmers set new New England Short Course Records during the 1985--1986 season.

8 and under:	EST (boys)		100 yard medley relay	1:15.30	NE/RES
	(R. Brandt, J. Pudlowski, P. Sheldon, J. Candee)				
	BGSC (girls)		100 yard free relay	1:03.71	NE/RES
	(T. Paulaskas, A. Mullen, C. O'Reilly, C. Malkemus)				
	WESC (girls)		100 yard medley relay	1:15.16	RES
	(K. French-Fuller, N. Korbly, D. Westing, K. O'Neil)				
11 and 12 :	JENNY THOMPSON	SSA	50 yard freestyle	23.96	NE/RES
			100 yard freestyle	53.20	RES
			100 yard backstroke	1:01.80	RES
13 and 14 :	JENNY THOMPSON	SSA	50 yard freestyle	23.27	RES
			100 yard freestyle	51.55	RES
			100 yard backstroke	1:00.06	RES
	LYNN KELLEY	BGSC	200 yard freestyle	1:53.77	RES
			500 yard freestyle	5:01.44	RES
			1000 yard freestyle	10:20.33	RES
	MARIA KOZIOL	PVAC	200 yard backstroke	2:11.98	RES
	WESC (girls)		200 yard medley relay	1:53.20	NE/RES
	(S. Turner, J. Hagar, L. Clavadetscher, K. Greineder)				
	WESC (girls)		200 yard free relay	1:41.91	NE/RES
	(A. Whitman, L. Clavadetscher, A. Patterson, K. Greineder)				
15--18	LOUISE GOUIN	CAST	1000 yard freestyle	10:02.65	RES
			1650 yard freestyle	16:41.96	RES
			400 yard individual medley	4:26.44	RES
	ALEX KOSTICH	BGSC	500 yard freestyle	4:29.73	RES
			1000 yard freestyle	9:01.83	RES
			1650 yard freestyle	15:19.08	RES
			400 yard individual medley	4:00.33	RES
	MATT COUNTIE	BGSC	100 yard backstroke	51.65	RES
			200 yard backstroke	1:52.37	RES
	SCOTT JAFFEE	BGSC	100 yard breaststroke	57.93	RES
			200 yard breaststroke	2:03.23	RES
			200 yard individual medley	1:53.48	RES
	BGSC (boys)		400 yard medley relay	3:26.83	RES
	(D. Johnson, M. Countie, S. Jaffee, A. Price)				
	BGSC (boys)		400 yard free relay	3:06.84	RES
	(F. Han, S. Jaffee, A. Price, M. Countie)				
	BGSC (boys)		800 yard free relay	6:47.62	RES
	(J. Sweeney, S. Jaffee, A. Price, M. Countie)				

CONVENTION, 1986: New England Swimming was represented at the recent United States Swimming Convention in Fort Worth, Texas, by five delegates: Sabine Schwarzer, Isabelle Fraser, Allan Livingston, Scott Latch, and Kim Shire. The 1987 Convention will be in the Atlanta Hyatt Regency Hotel, Atlanta, Georgia, September 20--26, 1987

RULE CHANGES:

A summary of the breaststroke and butterfly rule changes were in the October Newsletter Plus, and an official interpretation of the rules is in this newsletter. Complete copies of the changes will be in the new US Swimming rule book and are also available from Pat Peterson or from the New England office.

Other changes in the rules which were adopted at the convention include:

The period in which a long course time standard can be achieved was extended to include the previous USS Long Course National Championship meet, while the period in which a short course national time standard may be achieved was maintained in the year (season) of the championship.

Junior Olympics will be scored under the old USS system. First place is worth 20, second 17, etc., with relay point values doubled.

A swimmer whose lifetime best time in an event is faster than the senior national time standard in that event may not swim that event at the Junior Olympic meet in either individual or relay competition. The swimmer may, however, swim any other event at the Junior Olympics in which he or she has qualified, provided they are under the age of 18 on the first day of the meet.

There is now a set format for time trials at the USS National and Junior Olympic championships.

All relays will be conducted as prelims and finals with the two fastest qualifying heats swum as consolation and championship finals in the evening.

NATIONAL AGE GROUP TOP 16, short course, 1985--1986:

11--12:	JENNY THOMPSON	SSA	50 free (1); 100 free (1); 50 back (2); 100 back (3) 100 breast (9); 50 fly (6); 100 fly (5); 100 IM (2)
	OWEN BITTINGER	WESC	100 breast (14)
13--14:	200 medley relay	WESC	Sherri Turner, Kristen Greineder, Jenny Hagar, Laura Clavadetscher (5)
		EGSC	Lynn Kelley, Paige Morgan, Nikki Shire, Heidi Paskowski (10)
	200 free relay	WESC	Anne Whitman, Laura Clavadetscher, Amy Patterson, Kristen Greineder (8)
	JENNY THOMPSON	SSA	50 free (1); 100 free (6)
	STEPHEN ROOFT	PVAC	500 free (8); 1000 free (6); 1650 free (7)
15--16:	ALEX KOSTICH	EGSC	500 free (7); 1000 free (1); 1650 free (3); 400 IM (3)
	JAMES SWEENEY	EGSC	500 free (12); 1000 free (10)
	ANDREW SAULNIER	WESC	500 free (14); 1000 free (14); 1650 (11)
	SCOTT JAFFEE	EGSC	100 breast (4); 200 breast (4); 200 IM (6)
	DAVID JOHNSON	EGSC	100 fly (9); 200 fly (12)
	400 free relay	EGSC	David Johnson, James Sweeney, David Nason, Tom Peterson
	800 free relay	EGSC	Frank Han, David Nason, David Johnson, Tom Peterson
17--18:	CYNTHIA KANGOS	WESC	50 free (15)
	LOUISE GOVIN	CAST	1000 free (10); 1650 free (9); 200 IM (7); 400 IM (12)
	MATT COUNTIE	EGSC	100 back (7); 200 back (11)

TOP TEN CORRECTIONS:8 and under:

- 50 meter FREESTYLE
 9. Jon Fountain CAY 40.67 AG
 100 meter FREESTYLE
 7. John Mitchell CSSM 1:31.35 BGSC
 50 yard BREASTSTROKE
 5. Alex Lai CAST 44.94 WYS6

13 and 14:

- 200 meter BUTTERFLY
 4. Jennifer Perkins GMSC 2:35.61 AG
 5. Michelle Jackson BGSC 2:35.95 AG

15--18:

- 100 meter BUTTERFLY
 7. Bethany Williston NEB 1:07.32 AG

OPEN:

- 100 meter BUTTERFLY
 9. Bethany Williston NEB 1:07.32 AG

NEW COACH AND ADDRESS:

NORTH COUNTRY AQUATIC CLUB
 Roy Coates
 P. O. Box A 241
 Hanover, NH 03755
 NCAC

KEENE DOLPHINS SWIM TEAM
 Cheryl Solomon
 PO Box 487
 W. Swanzey, NH 03469
 KDST

NEW COACH:

BARRINGTON YMCA SWIM TEAM
 Bob Hassan
 West Street
 Barrington, RI 02806
 BARY

MARBLEHEAD-SWAMPSCOTT YMCA
 Susan Guertin, Head Coach
 104 Pleasant Street
 Marblehead, MA 01945
 MSY

NEW TEAMS:

HANSCOM SEA HAWKS
 Karla Moyer
 40 Offut Road
 Bedford, MA 01730
 HAFB

WOBURN BOYS CLUB
 Mike Morrell
 180 School Street
 Woburn, MA 01801
 WOBC

CHANGE OF ADDRESS

GREENDALE Y SWIM CLUB
 William J. Howarth
 61 Longfellow Road
 Shrewsbury, MA 01545
 GYSC

NORTH SUBURBAN Y VIKINGS
 Neil Gillis
 35 Pine Ridge Road
 Reading, MA 01867
 NSYV

NEW NAME AND COACH:

ANDOVER-NORTH ANDOVER SWIM TEAM
 Josh Willman
 165 Haverhill Street
 Andover, MA 01810
 ANA

ASSISTANT COACH NEEDED for Belmont Aquatic Team. Contact Michael O'Connor,
 825 Concord Avenue, Belmont, MA 02178 (617-484-4310).

NEW ENGLAND SWIMMING OFFICE: Mary Riddell
 20 Cleveland Road
 Needham, MA 02192
 617-449-0270

OFFICE HOURS: Monday : 8:00 a.m.--12:00 noon
 7:30 p.m.--10:30 p.m.
 Thursday: 8:00 a.m.--12:00 noon

1987 Age Group Championship Times

Female		8 and Under*	Male	
M	Yd.		Yd.	M
	18.29	25 Free	19.39	
46.39	42.39	50 Free	46.39	49.39
1:53.69	1:38.39	100 Free	1:53.79	1:51.99
	23.29	25 Back	25.79	
1:02.39	51.59	50 Back	54.09	1:01.69
	24.39	25 Breast	28.89	
1:05.69	56.09	50 Breast	1:03.29	1:10.89
	22.99	25 Fly	27.29	
1:03.49	1:00.79	50 Fly	1:09.39	1:17.29
	1:48.99	100 IM	1:58.79	

*Note: Yard cuts are either last years "B" Cuts (see Jan 86 newsletter or 50th place at 8 and Under AG Championships 1986)

		10 and Under		
36.79	32.29	50 Free	32.19	38.99
1:22.49	1:12.19	100 Free	1:11.79	1:25.99
3:00.99	2:37.89	200 Free	2:36.99	3:06.99
45.79	39.99	50 Back	39.99	46.49
1:39.69	1:26.19	100 Back	1:27.19	1:42.59
49.99	42.99	50 Breast	43.69	52.39
1:51.39	1:34.99	100 Breast	1:36.99	1:56.99
44.29	37.49	50 Fly	37.99	49.99
1:45.99	1:28.89	100 Fly	1:38.29	1:54.99
	1:22.09	100 IM	1:23.49	
3:21.69	3:00.99	200 IM	3:04.89	3:34.99

1987 Age Group Championship Times con't

<u>Female</u>		<u>Male</u>		
M	Yd.	11-12	M	
		Yd.		
32.89	28.69	50 Free	28.99	33.59
1:11.99	1:02.99	100 Free	1:03.49	1:13.79
2:35.39	2:17.09	200 Free	2:17.99	2:39.99
5:28.99	6:03.99	400/500 Free	6:06.29	5:37.99
40.09	34.79	50 Back	35.49	41.49
1:26.59	1:14.99	100 Back	1:16.29	1:29.99
43.69	37.59	50 Breast	38.99	45.99
1:35.59	1:22.99	100 Breast	1:25.99	1:41.89
37.39	31.99	50 Fly	32.99	38.99
1:26.29	1:14.99	100 Fly	1:15.29	1:32.09
-----	1:13.09	100 IM	1:13.99	-----
2:56.99	2:36.99	200 IM	2:39.99	3:06.99

13- 14

30.89	27.19	50 Free	25.69	29.99
1:07.79	58.99	100 Free	55.39	1:05.99
2:25.49	2:07.09	200 Free	2:01.99	2:21.09
5:05.49	5:38.99	400/500 Free	5:30.99	4:56.99
10:40.09	11:45.99	800/1000 Free	11:15.79	10:30.09
19:05.79	18:52.39	1500/1650 Auto.	18:30.69	18:38.39
20:11.89	19:47.59	1500/1650 Consid.	19:27.89	20:32.79
1:20.99	1:10.09	100 Back *	1:07.99	1:18.99
2:54.69	2:29.99	200 Back	2:27.99	2:50.09
1:30.99	1:17.59	100 Breast	1:14.99	1:26.99
3:16.69	2:50.99	200 Breast	2:41.99	3:09.99
1:17.49	1:07.19	100 Fly	1:04.99	1:15.09
2:55.99	2:33.99	200 Fly	2:18.39	2:53.99
2:44.59	2:26.99	200 IM	2:21.39	2:40.99
5:58.69	5:14.49	400 IM	5:07.49	5:41.29

OFFICIAL INTERPRETATION OF NEW USS STROKE RULES

In accordance with Section 514.1.1 A of the USS Code, the attached breaststroke and butterfly rules were approved by the USS House of Delegates meeting in Fort Worth, Texas, to become effective November 1, 1986. These rule changes will conform USS rules to those adopted by FINA at its quadrennial Technical Swimming Congress in Madrid. While the FINA rules do not take effect until February 15, 1987, it was felt that USS swimmers should begin to practice under these new rules as soon as possible.

What are the differences?

1. In both butterfly and breaststroke, swimmers will no longer be required to touch with both hands on the same level at turns or the finish. The hands still must touch simultaneously, and the shoulders still may not be dropped in long course before the touch, but the hands may now touch at different levels.

2. In breaststroke, the hands no longer must stay in the water on the recovery. They may be recovered over the water, as long as they move forward together from the breast.

3. The most significant change is in the breaststroke, where the head no longer has to stay above the water level throughout the race. After the first underwater arm stroke and kick, the head need only come above the water once during each stroke cycle. The head actually has to break the surface of the water, rather than just coming above the calm water level. This may change the way the stroke is swum, with the swimmer permitted to "dive" under the water during each cycle, as long as there is not a dolphin kick used to facilitate the diving action.

It is unclear, as the FINA rule is presently written, whether the swimmer can take up to two full strokes underwater at the start and each turn (one with the hands coming all the way to the legs, and a second where the hands may not go beyond the hip line). It was determined in Fort Worth that USS ought not to draft its own rules in a way which may be at odds with the eventual FINA interpretation. Therefore, until a clearer definition is forthcoming from FINA, USS will interpret its rules to require that the head must break the surface of the water during the propulsive portion of the second arm stroke after the start and each turn, and thereafter the head need come above the surface of the water only at some point during the stroke cycle. It is hoped that FINA will issue an interpretation in the spring of 1987, at which time the USS Rules Committee will further consider this USS interpretation.

USS Rules Committee
William A. Lippman, Jr., Chairman
September 25, 1986

NEW PRICES FOR SEED CARDS: Seed cards are available through the New England office. The cost for plain cards is \$15.50 per thousand, including mailing. If the cards are picked up in Needham, the cost is \$14.00 per thousand. There is no minimum, and you may split them any way between boys and girls.

If you want initials on the cards, the price for 1,000 cards is \$21.00, including mailing. If the cards are picked up in Needham, the cost is \$19.50. If you want 2,000 or more cards with initials, the cost is \$19.00 per thousand, including mailing. If 2,000 or more cards are picked up in Needham, the cost is \$17.50 per thousand. The minimum order for cards with initials is 1,000 cards.

NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to Newsletter Plus. Subscriptions may be ordered through the New England office for \$7 per year.



**United States Swimming
New England**

20 Cleveland Road Needham, MA 02192



PIONEER VALLEY SWIM
Isabelle Fraser LEAGUE
125 Franklin Road
Longmeadow, MA 01106
PVSL

NEWSLETTER PLUS

OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

DECEMBER 1986

IN THIS ISSUE: Insurance forms, Short course calendar, NE Senior cuts, NE 8 and under "A" and "B" times, Championship changes and verification, New NE logo, Junior and senior national swimmers, Long course top 16 swimmers...

INSURANCE:

Plans for the 1987 insurance program were revealed by Insurance Committee Chairman Stanley Favaro at the recent USS convention in Fort Worth, Texas. The program is the result of study and consultation by the USS Insurance Committee, Board of Directors, and the insurance industry experts.

U. S. Swimming will continue to purchase conventional liability insurance as long as it is economically feasible. The corporation is prepared to partially or fully self-insure, however, should it become necessary.

U. S. Swimming's existing liability policy is effective until May, 1987, unless the carrier, Lexington Insurance Co., exercises its cancellation rights.

USS will initiate a catastrophic accident program to replace the existing accident medical insurance program. The catastrophic accident program will provide almost unlimited medical and rehabilitative expense benefits, as well as compensation for loss of earning benefits, for disabled U.S. Swimming athletes. U. S. Swimming will no longer provide the \$2,000 accident medical program for members who suffer minor injuries.

Please note the "Report of Occurrence" form which is included in this newsletter. Please complete this form whenever an accident occurs during a club function, NO MATTER HOW MINOR. U. S. Swimming will use this information for record-keeping purposes and to fulfill the notification clause of the liability insurance policy. ALL occurrences must be reported immediately, and all information on the form must be completed.

Also in this newsletter is another form. The "Notification of Injury" form is, in fact, a claim form to be completed and filed with International Accident Facilities, Inc. should a registered member of U. S. Swimming wish to be reimbursed for medical expenses under the personal accident insurance program. Insured medical expenses are those resulting from accidents which occur in the course of participating in events sanctioned or approved by U.S. Swimming including scheduled practice sessions and travel, under the direct supervision of a member coach or member manager of U. S. Swimming.

The insurance company will continue to pay all that amount over the deductible and up to the limit of the medical expense incurred and reported within one year of the date of the accident. Thus, 1986 members may request benefits up to 365 days after the date of their accident. As of January 1, 1988 the "Notification of Injury" form will become obsolete.

The New England Board will meet on Tuesday, January 6, 1987 at 7 p.m. at Howard Johnson's, Newton, MA (over the turnpike).

SHORT COURSE CALENDAR: (continued from October)

- Feb. 1 : ABF Specialty meet (additional meet)
Attleboro High School
Attleboro, MA
12 and under; no cuts, all events
Betsey Thorpe
11 Woodcock Lane
Attleboro, MA 02703
617-222-2938
- Feb. 7--8 : PAC A(B)
Portsmouth Indoor Pool (25 meters)
Portsmouth, NH
short events, 13 and over; long events
12 and under; 8 and under
Greig Cronauer
P. O. Box 1357
Portsmouth, NH 03801
603-431-2000 x 278
- Feb. 14--15: B through Age Group and Senior Cuts
1. NEB
Attleboro High School
Attleboro, MA
2. CAY
Cape Ann YMCA
Gloucester, MA
Qualifier--all events
Melissa Norton
29 Alcott Street
Acton, MA
617-263-0151
Joe O'Neil
P. O. Box 18
Ward Hill, MA 01829
617-794-9389
- Feb. 22 : GMSC mini
Greenwood Memorial Pool
Gardner, MA
Dan Rogers
31 Jo.athan Street
Gardner, MA 01440
617-632-7566
- Feb. 28--1 : PAC B(C) (correction)
Portsmouth Indoor Pool (25 meters)
Portsmouth, NH
all events, including 500 meter free,
1650 meter free
Greig Cronauer
P. O. Box 1357
Portsmouth, NH 03801
603-431-2000 x 278
- Mar. 6--8 : Bronze Championships (HRY & EB)
White Brook Middle School
Easthampton, MA
C times; no 8 and unders, no distance
events
Joyce Burrill
31 King Philip Avenue
South Deerfield, MA 01373
413-665-3261
- Mar. 12--15: New England Senior Championships (BGSC)
Budgett Pool, Harvard University
Allston, MA
New England Senior Cuts
Lois Koerckel
8 Abbott Drive
Andover, MA 01810
617-475-3645
- Mar. 13--14: Eight and under Championships (NSC)
Cape Elizabeth High School
Cape Elizabeth, ME
Don Richards
8 Sweet Fern Road
Cape Elizabeth, ME 04107
207-799-5809
- Mar. 20--22: Silver Championships (NCAC)
Dartmouth College
Hanover, NH
B through Age Group and Senior cuts;
no 8 and unders; no distance events
Anne Brooke-Powell
Church Hill
Woodstock, VT 05091
802-457-3819
- Mar. 27--29: Age Group Championships (LRAC)
Brown University
Providence, RI
Age Group Cuts; no 8 and unders;
no 15--18:
Ed Reed
7 Riverview Drive
Barrington, RI
401-245-4222

NEW ENGLAND SENIOR CUTS 1986/87

WOMEN		MEN		
SHORT COURSE	LONG COURSE	EVENT	SHORT COURSE	LONG COURSE
25.99	29.99	50 free	22.99	26.99
56.49	1:04.29	100 free	50.99	59.09
2:00.99	2:16.99	200 free	1:50.59	2:09.29
5:22.99	4:47.49	400/500 free	4:59.89	4:38.09
11:19.99	10:08.99	800/1000 free	10:29.99	9:49.99
19:13.59	19:40.19	1500/1650 free	18:17.59	18:50.49
1:05.99	1:14.89	100 back	59.99	1:09.19
2:21.39	2:40.79	200 back	2:10.99	2:36.79
1:14.19	1:26.69	100 breast	1:05.59	1:16.09
2:40.79	3:03.99	200 breast	2:26.99	2:49.79
1:02.99	1:10.49	100 butterfly	56.99	1:04.79
2:19.99	2:38.19	200 butterfly	2:10.99	2:25.89
2:19.99	2:39.99	200 ind. medley	2:07.49	2:24.79
4:59.99	5:37.99	400 ind. medley	4:37.79	5:22.89

All times must be done after September 1, 1986.

AGE GROUP CUTS: Please note that all age group times printed last month must be done after September 1, 1986.

NEW ENGLAND SWIMMING - 8 & UNDER A & B Standards

Females		Males	
Yards (Metres)		Yards (Metres)	
A time	B time	A time	B time
Event		Event	
16.99 (---)	18.29 (---)	17.79 (---)	21.09 (---)
37.99(45.89)	42.39(57.59)	39.99(47.69)	48.19(58.09)
1:27.59(1:49.99)	1:38.39(2:06.89)	1:31.19(1:48.99)	1:53.79(2:10.99)
20.59 (---)	23.29 (---)	22.79 (---)	26.79 (---)
46.69(58.99)	51.59(1:08.39)	51.59(1:00.49)	59.99(1:10.19)
21.89 (---)	24.39 (---)	23.49 (---)	28.89 (---)
49.99(59.09)	56.09(1:15.29)	53.19(1:03.29)	1:03.29(1:16.69)
17.59 (---)	22.99 (---)	23.09 (---)	27.29 (---)
48.89(1:03.99)	1:00.79(1:15.59)	55.69(1:11.49)	1:09.39(1:18.59)
1:38.79 (---)	1:48.99 (---)	1:46.89 (---)	1:58.79 (---)

Verification at Championship Meets

Presently, the verification procedure at championships is, at best, a cumbersome and time consuming activity for all concerned. Since seed cards are no longer the order of the day and teams can not simply write the verifying meet on the back of these cards, coaches or team officials must be called to the verification table or, more often because of the inadequacy of most of the PA systems, tracked down on deck. Frequently, they are too busy to attend to verification promptly or they do not have the necessary verification information with them. This occasionally leads to another flurry of activity in which swimmers must frantically call home, colleges, high school coaches, etc. trying to get official verification of their qualifying times. In order to avoid these and other annoying distractions that take their toll on everyone, new procedures for verification were proposed and passed at the recent New England Swimming Board meeting 11/18/86.

Starting with this season's championships, competing teams will be required to submit complete information for verification prior to the first session of a championship meet. This verification information must include where qualifying times for all swimmers for all events entered were achieved, as well as the official results of any time trial and high school, college, or out-of-district meet that may be needed for verification and is not on file with the N.E. Swimming Office. All time trials must be clearly labeled to indicate when and where they took place (date and location).

To facilitate this process, the new entry forms for the various championships will include a space for indicating where each time was achieved. On a separate sheet, all New England calendar meets (and some frequently attended out-of-district meets) will be listed and given a letter code. This means that teams will be able to use this code instead of having to write out the name and date of each meet involved. Since both the verification table and host team will need the entry form for their own purposes, teams will have to make copies of the entry form so that they can submit separate forms to the person in charge of verification at the meet, along with any necessary results. All this material (forms with times and corresponding meets, and results as needed) should be placed in an envelope with the team's name clearly printed on the cover and submitted to the verification table prior to the first session of the championship meet. This envelope, with enclosed materials, may be picked up by the respective teams at the end of the meet.

If a team plans to submit a computerized entry for a championship meet which follows the same basic format as the official entry form, then the copy of this computerized entry must include the corresponding meets where the times were achieved when the entry is submitted to the verification table.

N.E. Swimming would prefer it if the verification forms and results were taken to the meet by the teams individually. However, any team wishing to mail their verification material directly to the N.E. Swimming office, at the same time that they mail their entry to the host team, may do so. Nonetheless, the onus of responsibility for this procedure lies with the individual teams and each team must check with the N.E. Swimming Office to ascertain that their verification material has arrived safely and on time. If all the necessary information is not in the hands of the verification official when verification becomes necessary (a swimmer does not make the qualifying time), then the swimmer involved will automatically receive an ADQ (Administrative Disqualification) and will be scratched from the remainder of the meet.

Our New England Swimming Logo

Many thanks to Eric Richer (HAY), Scott Seaver (SSA), M. P. Schowalter (BAT), and Kim Whitman (WESC) who took the time and effort to submit their creative ideas for a New England Swimming logo. Technical committee reviewed the entries and decided on one of the four logos submitted by Scott Seaver. It was a difficult decision, because all of the entries were worthy of praise. Below is Scott's logo, again many thanks.



NATIONAL OFFICIAL CERTIFICATION

The Bernal's Gator National Qualifying Meet has been approved by U.S. Swimming as a meet to certify officials for national. The following conditions must be met before you may be considered eligible for this certification:

1. Current New England certified official
2. Must have attended a re-certification clinic
3. Satisfactory performance at the Nat. Qualifier

Certification will be valid for two years, and will include a patch and pin from the National Office. The cost of the certification is \$5.00 for new applicants and \$2.00 for renewal.

I will be running a re-certification clinic on Sunday January 11 at a site to be designated. If you have any questions regarding this clinic or the process of national certification please contact Pat Peterson, (617-256-7342).

CHAMPIONSHIP MEET CHANGES:

At a recent Technical Committee meeting it was decided to rename two of the championship meets. The "B through Age Group and Senior Cut Championship" will be called the "New England Silver Championship"; the "C Championship" will be called the "New England Bronze Championship."

In order to make the Bronze Championship meet a more manageable meet and still avoid cutting swimmers, the following changes were made. There will be no 8 and under swimmers; the distance events (500, 1000, and 1650 yard freestyle and the 400 yard individual medley) have been eliminated; each swimmer will be limited to three individual events per day.

A swimmer who makes the Age Group cut during the Silver Championship meet may enter that event at Age Groups.

Please note new verification rules printed in this newsletter.

CONVENTION LEGISLATION CLARIFIED:

In last month's newsletter, it was incorrectly stated that relays would be swum as prelims and finals at Nationals and Junior Nationals. This was proposed at convention but did not pass. Relays will be swum on a timed final basis--as always--at the 1987 Nationals and Junior Nationals meets. Please note this for future entries at USS national meets.

It was also reported that a swimmer whose lifetime best time was faster than the Senior National qualifying time would not be eligible to swim that event in the Junior Nationals. That rule applies only to times swum after September 1, 1986. Also, the period in which a long course time standard can be achieved included the previous USS long course national championships and associated time trials for senior times only.

CHANGE OF ADDRESS:

GREATER BOSTON SWIM CLUB
Steve Quimby
PO. Box 1919
Brockton, MA 02403
GBSC

NEW COACH:

NEWPORT YMCA SWIM CLUB
Roger Menard
792 Valley Road
Middletown, RI 02840
NYSC

CHANGE OF NAME:

PAWTUCKET TIDE RYDERS SWIM TEAM
Thomas Elliott
52 East Avenue
Pawtucket, RI 02860
PTR

(formerly Pawtucket Boys Club)

CHANGE OF COACH AND ADDRESS:

HOCKOMOCK HAMMERHEADS Y SWIM TEAM
Jeff Mackey
300 Elmwood Street
N. Attleboro, MA 02760

HAY

NEW ENGLAND SWIMMING OFFICE: Mary Riddell
20 Cleveland Road
Needham, MA 02192
617-449-0270

OFFICE HOURS: Monday : 8:00 a.m.--12:00 noon
7:30 p.m.--10:30 p.m.
Thursday: 8:00 a.m.--12:00 noon

NEW ENGLAND SWIMMERS AT NATIONALS:

New England was represented by a large number of swimmers at Senior Nationals and Junior Nationals this summer.

Senior Nationals: Placing in finals were: Alex Kostich (BGSC); Keith Hayes (SAC)

Placing in consolations were: Scott Jaffee (BGSC); Louise Gouin (CASTO); Cynthia Kangos (WESC)

Swimming individual events were: Megan Bresnahan (BGSC);

Junior Nationals: Placing in finals were: James Sweeney, Courtney Chubb, David Johnson, Matt Countie, Jeff Peterman (BGSC); Missy Hoy (LRAC); Marc LeVarn, Anne Marie Guglielmi (NEB); Jenny Thompson (SSA)

Placing in consolations were: Kristina Martin, Lynn Kelley, Rose Marie DeLeo, Andrew Hall, Janet Bishop (BGSC); Tim Card, Rob Berry (LRAC); Chuck Betchelor, Maria Koziol (PVAC); Jenny Norton (NEB)

Swimming individual events were: Anne Koerckel, Kimberly Shire, Laura Moraman; Amy Van Aken; Trisha Stevens, Frank Han; Evelyn Price, David Wilkins, Leslie Repetto, Katrina Lundstedt; Maisha Moses (BGSC); Karyn Ward, Paul Wilson, Sue Pergola (CAST); Karen Crossman, Sarah Perroni, Valerie Johannesson, Kristy Uustal (LRAC); Brad Semle, Judy Tripp, Christine Agnew, Lynn Trelease (PVAC); Sally White, Meta Hobson (NEB); Tara Bolivar (SAC); Aaron Thompson, Jill Comeau (SSA); Kate Thoman, Ethan Saulnier (WESC)

Swimming in relays were: Beth Donovan, Bob Stevenson (BGSC); Eric Hecker, Gaylord Garroway (LRAC); Bethany Williston, Becky Norton (NEB); Larissa Herold, Alison Klinakis, Dean Fredette, Ron Fredette, Jerry Bailey (SSA)

MASSACHUSETTS HIGH SCHOOL SWIMMING: High School swimmers in Massachusetts are now subject to rule 6, the bona fide team member rule, which requires team members to participate in all team practices and meets. They are also subject to rule 19 which prohibits athletes from practicing with more than one team per day. Because of the inequities of available pool time and the constraints imposed by these rules, a group of parents and swimmers received a temporary restraining order which was in effect for the girls' high school sectional meet but which was lifted by the court of appeals on the first day of the state meet.

A bill "protecting student rights in school and olympic sports" has been filed in the Massachusetts legislature. As soon as the bill has a number, we will be asking all Massachusetts swimming families to lobby their State Senators and Representatives for the passage of the bill. We also will be enlisting the help of parents and athletes in other sports which have been severely harmed by the constraints of the two rules.

Additionally, we will continue to try to work with the MIAA to resolve the problems. We recognize the right of a coach to require athletes to attend practices and meets, but feel that once the school day and school activities have concluded, parents and athletes have the right to make decisions about how the student spends his free time, including the decision to participate on an outside team.

For more information, please contact Maureen McMorrow (617-259-0138), Pat Peterson (617-256-7342), Sally Whitman (617-237-4584), or Mary Riddell (617-444-2590).

NATIONAL AGE GROUP TOP 16, long course, 1986:

11 and 12:	LARISSA HEROLD	SSA	100 free (12); 100 back (6)
	ALISON KLINAKIS	SSA	100 back (11); 50 fly (6); 100 fly (9); 200 IM (8)
	SUE PERGOLA	CAST	100 fly (3)
	LESLIE REPETTO	BGSC	50 breast (8); 100 breast (9); 50 fly (16); 200 IM (11)
13 and 14:	CHRISTINE AGNEW	PVAC	200 breast (16)
	TARA BOLIVAR	SAC	100 breast (12)
	LYNN KELLEY	BGSC	100 fly (15); 200 fly (9)
	JENNY THOMPSON	SSA	50 free (2); 100 free (3)
	200 medley relay	BGSC	P. Morgan, N. Shire, L. Kelley, L. Koerckel (3)
		SSA	J. Thompson, S. Westcott, J. Comeau, K. Gittlein (4)
		WESC	S. Turner, J. Hagar, J. Ashe, J. Jones (8)
	200 free relay	SSA	J. Thompson, J. Comeau, S. Westcott, K. Gittlein (2)
		BGSC	P. Morgan, N. Shire, L. Kelley, L. Koerckel (9)
	400 free relay	SSA	J. Comeau, S. Belanger, J. Thompson, K. Gittlein (2)
	CHRIS HOLT	LRAC	400 free (10); 800 free (6); 1500 free (7)
	BEN MCBRIDE	LRAC	100 back (11); 200 back (14)
	200 medley relay	WESC	S. Gouldson, J. Couture, V. Iathi, D. Foster (4)
15 and 16:	400 medley relay	BGSC	B. Donovan, K. Shire, C. Chubb, M. Moses (9)
	ANDREW HALL	BGSC	200 breast (15)
	DAVID JOHNSON	BGSC	100 fly (8); 200 fly (8)
	ALEX KOSTICH	BGSC	400 free (2); 800 free (1); 1500 free (2) 400 IM (4)
	JAMES SWEENEY	BGSC	200 free (2); 400 free (5); 800 free (3); 500 free (3)
17 and 18:	LOUISE GOUIN	CAST	800 free (10); 1500 free (8); 400 IM (7)
	CYNTHIA KANGOS	WESC	50 free (11)
	MATT COUNTIE	BGSC	100 back (1)
	SCOTT JAFFEE	BGSC	100 breast (15); 200 breast (4); 400 IM (14)

NEW ENGLAND SWIMMERS SWIMMING IN COLLEGE: The following is a list of former Haverhill Y Swim Team members and the college or university for which they swim:

Kate Belavitch	Boston College	Stephanie Hosterman	U of Maine, Orono
Lee Graham	U of Massachusetts	Willy Kleschinsky	U of Massachusetts
Bob Hamblet	Georgetown University	Pam Lovely	U of Massachusetts
Craig Hannenian	U of Massachusetts	Ken Ralph	Texas Christian U
Todd Hewett	U of Massachusetts	Joe Vaillancourt	U of Lowell

Other teams are encouraged to submit their swimmers and the colleges they attend.