



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

JANUARY 1989

IN THIS ISSUE: VERIFICATION RULES; WARM-UP POLICIES; PROPOSED
NEW ENGLAND LONG COURSE 1989 CALENDAR; BID FORM;
NEW ENGLAND SWIMMING RECORDS UPDATE; WAIVER POLICY
FOR REIMBURSEMENT; STARTING PISTOLS; NEW
ENGLAND FACILITATORS.....

REIMBURSEMENT POLICY FOR 1988--1989:

A New England registered swimmer who swims an individual event at Junior Nationals will be reimbursed \$100. A New England registered swimmer who swims an individual event at Senior Nationals will be reimbursed \$200. A New England registered swimmer who swims an individual event at the US Open (in December) will be reimbursed \$200. A swimmer who places in the top 16 in one or more individual events will receive an additional \$50. A swimmer may be reimbursed for a maximum of three meets and a maximum of \$650 for the period of September 1, 1988 to August 31, 1989.

As in the past, a swimmer must participate in three New England calendar meets during the season in which the championship meet takes place in order to be eligible for reimbursement. The swimmer also must request the reimbursement. Swimmers who participate in the US Open may wait until the end of the short course season to make their request.

WAIVER REQUESTS:

^{Since} The New England Swimming Board has been receiving an increasing number of requests for waivers of the "three meet rule" from college and prep school swimmers, the New England Swimming Board has established guidelines for requesting waivers from the "three meet rule."

A swimmer who does not participate in three New England calendar meets during the short course season (September 1, 1988 to April 30, 1989) may request a waiver for a championship meet during that season only if he/she participates in three New England calendar meets during the long course season (May 1, 1989 to August 31, 1989).

A swimmer who does not participate in three New England calendar meets during the long course season may request a waiver for a championship meet during that season only if he/she has participated in three New England calendar meets during the short course season.

All requests for waivers will be considered following the long course season.

The Board of New England Swimming will be on February 13, 1989 at 7 p.m. at the Wellesley Community Center, Wellesley, MA.

NEW ENGLAND ASSOCIATION REFEREE FACILITATORS, 1988--1989 SEASON:

The following is a list of New England officials who can give Officials Clinics. Please contact one of them if you are interested in hosting a clinic.

John Johanessen
Box 131
North Stonington, CT 06359
203-535-2885

Pat Peterson
22 Derby Lane
Tyngsboro, MA 01879
508-649-4270

Robert Fredette
2 Wallingford Street
Dover, NH 03820
603-742-5153

Priscilla Davis
205 Woodbury Street
South Hamilton, MA 01982
617-468-3786

Roy Eireinhofer
41 Canterbury Drive
Sudbury, MA 01776
508-443-9639

Bill Whitman
117 Abbott Road
Wellesley, MA 02181
617-237-4584

Gerard Zimmer
6 Davis Lane
Amherst, NH 03031
603-673-0676

James Kresel
5 Haskins Road
Hanover, NH 03755
603-643-4456

Cathy Frank
8 Bay Crest Drive
South Burlington, VT 05403
802-862-1816

John Dick
RR1 Box 910
Bristol, VT 05443
802-453-4955

Charlotte Bernini
4 Dayton Drive
Hanover, NH 03755
603-643-2080

NEW ENGLAND SWIMMING OFFICE

Mary Riddell
20 Cleveland Road
Needham, MA 02192

617-449-0270

Telephone Hours: Monday : 8:00 a.m.-- 2:00 p.m.
7:30 p.m.--10:30 p.m.

Thursday: 8:00 a.m.-- 2:00 p.m.

ATHLETE REGISTRATION:

Please remember that New England Swimming has adopted USS Rule 302.6:

"A Local Swimming Committee may impose a fine of up to \$100.00 per event against a person signing a document which indicates a swimmer is properly registered with United States Swimming for a meet when in fact that swimmer is not properly registered. This will be enforced by the Local Swimming Committee and the Local Swimming Committee will be entitled to the fee imposed."

Teams that have registered swimmers for 1989 have received membership cards and a computer printout for their swimmers. Please check the computer printout(s) in case there are errors.

NON-ATHLETE REGISTRATION:

Please note that all coaches, meet officials, meet managers, and meet marshals must be registered with United States Swimming. At this time, timers are not required to be registered.

ATTENTION COACHES AND OFFICIALS:

The New England Swimming Board has voted that all coaches, officials, meet managers and meet marshals must WEAR their membership cards (gray for coaches and peach for other adults) when they are on deck. This policy will be effective immediately!!

SWIM MEET NOTES:

It has come to the attention of New England Swimming that parents have been sitting on the deck at some meets. The only adults allowed on the deck at New England meets are properly registered coaches, meet managers, officials, and marshalls and timers (who do not have to be registered).

Some of our meet facilities have very limited spectator space. This is usually noted in the meet invitation, and coaches should inform their parents when seating is limited and poor. We are sorry, but seating for all spectators cannot be guaranteed at New England meets

New England Swimming requires that standard New England cards be used for entry in meets (when cards are required). Cards that are a different weight or size are difficult to work with in a bull pen..

Several teams have reported to New England that some teams are bringing glass bottles on the deck at meets. GLASS BOTTLES ARE NEVER ALLOWED IN AREAS WHERE SWIMMERS MAY HAVE BARE FEET! In addition, most teams hosting meets have specified areas where food may be consumed. Teams are to abide by these rules and also pick up any trash that they may create!

ATTENTION ALL COACHES AND SWIMMERS!

WARM-UP PROCEDURES:

In accordance with the warm-up procedures established by United States Swimming and adopted by New England Swimming (as printed in Newsletter Plus, April 1987) all coaches, swimmers, and families must be familiar with and adhere to these procedures.

1. Swimmers and coaches are to abide by the directions of the Marshals, who have authority through the Meet Director and the Meet Referee over the warm-up. A swimmer or coach may be removed from the deck for interfering with this authority.
2. No swimmer is allowed to enter the pool or participate in warm-ups until he/she is under the direct supervision of a USS registered coach. Any swimmer, who is able to anticipate that he/she will be without a USS registered coach in attendance at a meet, should make arrangements prior to the meet to have another USS registered coach supervise her/his warm-ups. All swimmers, including unattached swimmers, who find themselves at a meet without a USS registered coach to supervise their warm-ups, must report to the Meet Referee immediately.
3. All swimmers must enter the pool at the starting end of the pool.
4. No Diving or Racing Starts are permitted during warm-ups, except in announced one-way sprint lanes designated for diving. Absolutely No Jumping into the pool is permitted at any time during the meet. This includes warm-up areas and pools.
5. In addition to the above regulations which are standard in all New England meets, some pools and meets may have additional regulations depending upon the pool involved.

JUNIOR NATIONALS: Please note that the date for Junior Nationals was changed this fall. The correct dates are March 28--April 1.

NEWSLETTER PLUS: We apologize for the late publication of the January newsletter, but we are waiting for supplies from A. B. Dick. As soon as the supplies are received, the February issue will be printed.

TOP 16 REPORTABLE TIMES AND NEW ENGLAND RECORDS:

Our thanks to Mary Kelley who has been keeping track of New England records and Top 16 Reportable times for New England.

Anne Hawkins will be taking over this position. Next month's newsletter will include a form for reporting Top 16 Reportable times and New England records. If you have any questions, please contact the office or Anne Hawkins, PO Box 397, Hollis, NH 03049 (603-465-2550).

VERIFICATION AT CHAMPIONSHIP MEETS:

Complete information for verification of entry times must be submitted prior to the start of the first event of each championship meet.

A third line has been included on the championship meet entry forms which allows room for a verification code. Codes for New England meets have been included and the results of these meets will be available at each championship meet. For all other meets you must include your own code and also bring the result of the meet with you. Be sure to label the results with the code placed on the verification sheet.

A verification packet which includes the verification information and the results of all non-New England calendar meets used for verification must be brought to the verification desk prior to the start of the first event of each championship meet. Be sure each packet is labeled with the name of the Championship Meet, the coach and the team. The packet should not be included with the entry submitted to the host team, but a copy of the entry with the verification information must be submitted in the verification packet. The packet should include only non-New England calendar meets that are being used for verification.

Verification will be checked for each swimmer who does not make the cut in an event or who scratches, false starts, or disqualifies. If the verification for these swimmers has not been included or cannot be checked, the swimmer will receive an administrative DQ and will not be able to swim any more in the meet. Scratches will be checked only at Seniors.

NOTE: THE VERIFICATION PACKET MUST BE TURNED IN TO THE VERIFICATION TABLE BEFORE ANY SWIMMER ON THE TEAM COMPETES.

CODES: Short Course Meets:

SACC	SAC "C"	10/16	NCAC	NCAC Team	12/16--18
HRVD	HRV Distance	11/5	WSCA	WSC "AB"	1/6-8
BYAM	BYB Mini Meet	11/5	HRVB	HRV "BC"	1/21-22
CSSC	CSSM "CE"	11/12-13	RYSB	RYST "EC"	1/21-22
HYST	HYST "EA"	11/12-13	EYBA	EYB "AB"	1/28-29
CAYS	CAY Specialty	11/18-20	EATS	EA Team Sp.	1/28-29
HRVA	HRV "AB"	11/25-27	ABFS	ABF Specialty	2/5
SSAT	SSA Team Sp.	11/26-27	CSSB	CSSM "E" & bett.	2/11-12
NSCC	NSC "CE"	12/4	E	8 & under CH	2/11-12
MVPB	MVP "EA"	12/3-4	MVPS	MVP Specialty	2/18-19
NEBC	NEB "CE"	12/10-11	ACQ	AgeGroup Qual.	2/14-26
CSCC	CSSM "A"	12/16-18	NQ	National Qual.	

OTHER MEETS:

WC	Worcester County		CPM	Pepsi Marlins	12/88
WNJ	Westfield, NJ	11/25-27	MAST	MA high school states	
WME	Westbrook, ME	11/25--27	AGLC	Long Course Age Groups	
			SRLC	Long Course Seniors	

VERIFICATION AT SENIORS: Please note that EVERY EVENT at Seniors in which a swimmer does not make the cut, scratches or DQ's will be verified. This includes those events entered under the new "two for one" rule.

For example, a swimmer who has made the time for the 200 butterfly may also enter the 100 butterfly. If the swimmer swims the 100 butterfly and does not make the cut, his or her verification for the 200 butterfly will be checked following the 100 butterfly. If the verification has not been included or cannot be verified, the swimmer will not be allowed to participate in any more events in the meet.

CHAMPIONSHIP MEET NOTES:

AGE GROUPS: All relays will be timed finals and will be swum at the beginning of trials for all age groups. Because of time constraints caused by using a six-lane pool, there will be no time trials at Age Groups.

SENIORS: All relays will be timed finals and will be swum at the end of finals (in the evening).

BRONZE CHAMPIONSHIPS: Swimming in the morning on Saturday and Sunday will be the 9 and 10 and 13 and 14 age groups; swimming in the afternoon on Saturday and Sunday will be the 11 and 12 and 15 and over age groups. All ages will swim on Friday evening. Please check the entry for details.

PINS: A new style of New England pin will be given to all swimmers attending New England Age Group Championships and New England Senior Championships. Swimmers should stop by the verification table after they have participated in their first event to pick up their pin.

1990 and 1991 CHAMPIONSHIPS:

The New England Barracuds have been able to obtain Wellesley College for Age Championships (short course) for 1990 and 1991. If any other New England teams would like to bid on these meets, or any other championship meets (long course or short course), please submit a bid as soon as possible. If you have any questions or want to make a comment, please contact Pat Peterson at 508-649-4270.

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STARTING PISTOLS: Quality starting pistols are now available from New England Firearms, Inc, located in Gardner, MA. New England Firearms is owned by former employees of the H and R Company which produced a quality starting pistol in the past. The starting pistols retail for \$99.95 and are available at local sporting goods stores such as MVP Sports.

SWIM CAMPS:

This year New England Swimming will be offering racing camp formats and a National Age Group Camp (formerly Memorial Day Camp). More information will be in a later newsletter. Ken Oberg will be coordinating the New England camps.

TIMING SYSTEM: Anyone with information concerning a timing system that could be available for MVP's Midwinter Specialty Meet should contact Rick Battistini at 508-373-1322 (work) or 508-373-7408 (home).

NEW ENGLAND RECORDS--UPDATE FOR 1988:

Listed are new New England records which were set during short course, 1987--1988 and long course 1988. If there are any additions or corrections, please contact the office.

NE : Best time don in New England by a USS registered swimmer.

RES: Best time done anywhere by a New England registered swimmer.

SHORT COURSE

8 and under:	COREY BLAKELY	EPBC	25 y butterfly	15:00	2/88	NE/RES
	BGSC BOYS	BGSC	100 y free relay	1:05.27	2/88	NE/RES
(M. WRIGHT, J. TARANTINO, K. BAUGHMAN, L. WALTON)						
11 and 12 :	ROB WILEY	BGSC	50 y back	28.35	4/88	RES
			50 y back	28.19	3/88	NE
			100 y back	1:01.20	3/88	NE/RES
	BGSC BOYS	BGSC	400 y free relay	3:51.04	3/88	NE/RES
NOTE: The time for the 50 y breast should be 31.30.						
13 and 14 :	JENNY THOMPSON	SSA	200 y IM	2:05.48	12/87	RES
			400 y IM	4:33.94	12/87	RES
	LESLIE REPETTO	BGSC	200 y breaststroke	2:22.08	4/88	RES
	BGSC GIRLS	BGSC	400 medley relay	4:13.13	3/88	NE/RES
	RAY CAREY	BGSC	200 y butterfly	1:55.24	3/88	NE
			200 y butterfly	1:52.15	4/88	RES
		400 y IM	4:10.47	3/88	NE	
		400 y IM	4:07.14	4/88	RES	
15 to 18 :	JENNY THOMPSON	SSA	50 y freestyle	23.28	3/88	NE/RES
			100 y freestyle	50.80	3/88	RES
			200 y freestyle	1:50.95	3/88	RES
			100 y butterfly	56.01	3/88	RES
	LYNN KELLEY	BGSC	200 y butterfly	2:03.27	4/88	RES
	TARA BOLIVAR	SAC	100 y breaststroke	1:05.63	4/88	RES
	ETHAN SAULNIER	NEB	200 y freestyle	1:39.79	4/88	RES
	DAVID JOHNSON	BGSC	100 y butterfly	49.58	3/88	NE

LONG COURSE

8 and under:	ALLISON VENDT	CSC	100 m freestyle	1:16.65	8/88	NE/RES
	WENDY BROWN	CSSM	50 m butterfly	39.53	8/88	NE/RES
9 and 10 :	TARA PAULAUSKAS	MSSC	50 m breaststroke	39.96	8/88	NE/RES
			100 m breaststroke	1:28.78	8/88	NE/RES
	WILLIAM MAHER	LRAC	50 m freestyle	30.55	8/88	NE/RES
			100 m backstroke	1:18.82	8/88	RES
	SPENCER HAWKINS	MSSC	50 m backstroke	36.16	8/88	NE/RES
	ETHAN CROSBY	BGSC	50 m butterfly	32.96	8/88	NE/RES
13 and 14 :	LARISSA HEROLD	SSA	200 m backstroke	2:20.74	8/88	RES
	JENNIFER KILBRIDE	LIE	200 m breaststroke	2:47.20	1/88	NE
	LESLIE REPETTO	BGSC	200 m breaststroke	2:44.37	8/88	RES
	MICHAEL CARROLL	CSSM	100 m freestyle	65.02	8/88	NE/RES
			200 m IM	2:17.43	8/88	RES
	RAY CAREY	BGSC	100 m butterfly	1:00.65	1/88	NE/RES
	BGSC BOYS	BGSC	400 m medley relay	4:27.30	1/88	NE/RES
	(J. MCGINNIS, B. THOMAS, R. CAREY, C. JAKUBEK)					

15 to 18	:	JENNY THOMPSON	SSA	50 m freestyle	26.61	7/88	NE
				50 m freestyle	25.80	8/88	RES
				100 m freestyle	57.94	7/88	NE
				100 m freestyle	56.33	3/88	RES
		CATHERINE RITCH	BGSC	100 m backstroke	1:04.84	8/88	RES
				200 m freestyle	2:04.97	7/88	NE/RES
				100 m backstroke	1:05.85	7/88	NE
				200 m IM	2:22.17	8/88	RES
		MISSY HOY	LRAC	400 m freestyle	4:22.87	8/88	RES
				1500 m freestyle	16:52.93	8/88	RES
		JANE SKILLMAN	PAA	1500 m freestyle	17:09.11	1/88	NE
		HEIDI HANNENIAN	SSA	100 m butterfly	1:03.06	8/88	RES
				200 m butterfly	2:17.71	7/88	RES
		JAMES SWEENEY	BGSC	200 m freestyle	1:53.25	7/88	NE
				400 m IM	4:37.16	7/88	NE
		ALEX KOSTICH	BGSC	800 m freestyle	8:18.05	1/88	NE
				1500 m freestyle	15:17.29	8/88	RES
				400 m IM	4:25.29	8/88	RES
		CHRIS KOVACS	BGSC	100 m backstroke	58.47	8/88	RES
				200 m backstroke	2:07.75	7/88	RES
		NELSON DIEBEL	PAA	100 m breaststroke	1:06.40	1/88	NE
				200 m breaststroke	2:25.06	1/88	NE

NEW ENGLAND SWIMMING: proposed calendar for long course, 1989:

May	6--7 :		
	13--14:		
	20--21:	"C" (schedule I)	"A" (schedule II)
	27--28:	"B" (schedule I)	"C" (schedule II)
June	3--4 :	"A" (schedule II)	"B" (schedule II)
	10--11:	"B" (schedule II)	"A" (schedule I)
	17--18:	"C" (schedule II)	"B" (schedule I)
	24--25:	"A" (schedule I)	"C" (schedule I)
July	1--2 :	"C/B" (schedule 1)	Distance
	8--9 :	"A" (schedule II)	"B" (schedule II)
	15--16:	Age Group Qualifier	"C" (schedule II)
	22--23:	New England Seniors	
	27--30:	Age Group Championships	
Aug.	1--5 :	Senior Nationals	
	8--12:	Junior Nationals	
	9--12:	Eastern Zones	

BIDS are due by March 10, 1989.

Schedule I is short distances (100's) for 13 and overs,
long distances (100') for 12 and unders.

Schedule II is long distances (200's) for 13 and overs,
short distances (50's) for 12 and unders.

Teams also may bid on one-day meets or specialty meets or may add additional events to the above schedules.



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

FEBRUARY 1989

IN THIS ISSUE: USS RULE CHANGES; NEW ENGLAND BOARD MEMBERS;
NATIONAL AGE GROUP TOP 16--CUTOFF TIMES, RE-
PORTING FORM, NE SWIMMERS ACHIEVING LONG COURSE
TOP 16 TIMES....

CONGRATULATIONS to MAUREEN DEVITO, the newest member of the New England Board.

Please remember that all
LONG COURSE MEET BIDS
are due by March 10, 1989.

AGE GROUPS, 1990:

At its February Board meeting, the Board of New England Swimming did not accept the proposal of the New England Barracudas who had been able to obtain the pool at Wellesley College for Age Groups the weekend of March 24 and 25, 1990.

It did, however, vote to consider a proposal from Phil Baker for a new championship calendar for short course, 1990. The coaches have received a copy of Phil's proposal and will discuss the proposal at their meeting at Age Groups. The Board will discuss the proposal at its April meeting.

RELAYS AT CHAMPIONSHIPS:

All relays at Age Groups and New England Senior Championships will be times finals. Relays at Age Groups will be held as the first event during trials. Relays at Seniors will be held as the last event during finals.

INFORMATION FOR COACHES:

The coaches will be meeting at Age Groups. The time and exact location will be announced at the meet. Coaches who wish to attend the meeting but who will not be at Age Groups should contact Barbara Gould or Phil Baker for more information. Coaches who wish to comment on the championship meet proposal and who will not be at the coaches meeting, should send their comments to Barbara or Phil. Their addresses and phone numbers are located elsewhere in this newsletter.

The Board of New England Swimming will meet on Monday, March 13, 1988 at 7 p.m. at the Wellesley Community Center, Wellesley, MA.

NATIONAL AGE GROUP LONG COURSE TOP 16 TIMES (as reported in January's Swimming world):

10 and UNDER:

TARA PAULAUSKAS	MSSC	50 m free (15); 100 m back (15); 50 m breast (15)
ANNE IACOBUCCI	LRAC	50 m fly (3); 100 m fly (15)
WILLIAM MAHER	LRAC	50 m free (9); 100 m free (11); 200 m free (14); 100 m back (13)
SPENCER HAWKINS	MSSC	200 m free (11); 50 m back (10)
ETHAN CROSBY	RGSC	50 m fly (8)

13 and 14:

JENNIFER THOMPSON	SMA	50 m free (6); 100 m free (12)
LARISSA HEROLD	SEA	100 m back (7); 200 m back (3); 200 m IM (13)
LESLIE REPETTO	RGSC	100 m breast (10); 200 m breast (11)
RGSC girls		800 m free relay (8) (R. DEVITO, J. JACKSON, M. GRAHAM, T. SHEA)
MIKE CARROLL	CSSM	100 m free (12); 200 m free (11); 200 m IM (10); 400 m IM (11)
RAY CAREY	RGSC	100 m fly (9); 400 m IM (7)
RGSC boys	RGSC	400 m medley relay (7) (J. MCGLINNIS, B THOMAS, R. CAREY, C. JAKUBER)

15 and 16:

JENNIFER THOMPSON	SEA	50 m free (1); 100 m free (1); 100 m back (8)
DEAN FREDETTE	SEA	800 m free (6); 100 m fly (15); 200 m fly (13)
CHRISTOPHER HOLT	LRAC	1500 m free (14)
RAY CAREY	RGSC	100 m fly (14); 200 m fly (7)

17 and 18:

HEIDI HANNENIAN	SEA	100 m fly (13); 200 m fly (15)
JAMES SWANEY	RGSC	200 m free (9)
ALEX KOSTICH	RGSC	400 m free (2); 800 m free (1, tie); 1500 m free (2); 400 m IM (3)
ETHAN SAUNIER	NEB	800 m free (14); 1500 m free (10)
CHRIS KOVACS	RGSC	100 m back (8)
RGSC men	RGSC	400 m medley relay (3) (T. PETERSON, J. SHEEHAN, D. JOHNSON, D. MAINEN) 400 m free relay (6) (D. MAINEN, T. PETERSON, D. WILKINS, D. JOHNSON)

TOP 16 REPORTABLE TIMES and NEW ENGLAND RECORDS:

Anne Hawkins will be doing the Top 16 Reportable Times and keeping the New England records. There is a form in the newsletter to report both times. Please do not report times that are "close." They are not used even if less than 16 swimmers achieve the cut!

Thank you to Mary Kelley who has been keeping these records for New England for the past two years.

"THE RULES"RULES APPROVED AT ST. LOUIS WHICH ARE EFFECTIVE IMMEDIATELY

NOTE: This is the way these rules will appear in the 1989 USS rulebook, which has been delayed this year due to the Olympic Games.

101.1 BREASTSTROKE

- .1 Start--The forward start shall be used.
- .2 Stroke--From the beginning of the first armstroke after the start and after each turn, the body shall be kept on the breast and both shoulders shall be in line with the water surface. The arms shall move simultaneously and in the same horizontal plane without any alternating movement. The hands shall be pushed forward together from the breast and shall be brought back on or under the surface of the water. The hands shall not be brought beyond the hipline, except during the first stroke after the start and each turn. Some part of the swimmer's head shall break the surface of the water at least once during each complete cycle of one arm stroke and one leg kick, in that order except after the start and each turn the swimmer may take one arm stroke completely back to the legs and one leg kick while wholly submerged. The head must break the surface of the water before the hands turn inward at the widest part of the second stroke.
- .3 Kick--All vertical and lateral movements of the legs shall be simultaneous. The feet must be turned outward during the propulsive part of the kick movement. A scissors, flutter, or downward butterfly kick is not permitted. Breaking the surface with the feet shall not merit disqualification unless followed by a downward butterfly kick.
- .4 Turns--At each turn, the touch shall be made with both hands simultaneously at, above, or below the water surface, and the shoulders shall be in line with the water surface. The head may be submerged after the last arm pull prior to the touch, provided it breaks the surface of the water at some point during any part of the last complete or incomplete cycle preceding the touch. Once a touch has been made, the swimmer may turn in any manner desired. The shoulders must be at or past the vertical toward the breast when the feet leave the wall and the form prescribed in .2 above must be attained from the beginning of the first arm stroke.
- .5 Finish--At the finish the touch shall be made with both hands simultaneously at, above, or below the water surface. The body shall be on the breast and the shoulders in line with the water surface. The head may be submerged after the last arm pull prior to the touch, provided it breaks the surface of the water at some point during any part of the last complete or incomplete stroke cycle preceding the touch.

101.2 BUTTERFLY

- .1 Start--The forward start shall be used.
- .2 Stroke--After the start and after each turn the swimmer must remain on the breast and is permitted one or more leg kicks, but only one arm pull under water, which must bring him to the surface. Both arms must be brought forward over the water and pulled back simultaneously. The shoulders must be in line with the water surface from the beginning of the first arm stroke after the start and after each turn.

(Continued)

"THE RULES" (CONTINUED)

101.2 BUTTERFLY (Continued)

- .3 Kick--All up and down movements of the legs and feet must be simultaneous. The position of the legs or the feet need not be on the same level, but they shall not alternate in relation to each other. A scissors or breaststroke kicking movement is not permitted.
 - .4 Turns--At each turn the body shall be on the breast and the shoulders in line with the water surface. The touch shall be made with both hands simultaneously at, above, or below the water surface. Once a touch has been made, the swimmer may turn in any manner desired.
 - .5 Finish--At the finish the touch shall be made with both hands simultaneously at, above, or below the water surface. The body shall be on the breast and the shoulders in line with the water surface.
-

101.3 BACKSTROKE

.1 Start

- A The swimmers shall line up in the water facing the starting end with both hands placed on the gutter or on the starting grips.
- B Prior to the command "Take your mark" and until the feet leave the wall at the starting signal, the swimmer's feet, including the toes, shall be placed under the surface of the water. Standing in or on the gutter or curling the toes over the lip of the gutter is not permitted at any time before or after the start. A backstroke starting block may not be used.

- .2 Stroke--The swimmer shall push off on the back and continue swimming on the back and on the surface of the water throughout the race.
 - .3 Turns--The swimmer's head, shoulder, foremost hand, or arm must touch the end of the course. The shoulders must not turn over beyond the vertical before the touch is made. It is permissible to turn the shoulders beyond the vertical after the touch, however, on the push-off the swimmer must return to a position where the shoulders are at or past the vertical toward the back before the feet leave the wall.
 - .4 Finish--The swimmer shall have finished the race when any part of the body touches the wall at the end of the course.
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AU REVOIR BUT NOT GOODBYE: At St. Louis we announced that after some 30 years and for a variety of reasons we were not a candidate for Chairman of USS Rules Committee. While this is sorted out we will continue as before until further determinations are made. Meantime we will keep you advised through this column. Thank you for listening.

AMR

NEW ENGLAND SWIMMING, BOARD MEMBERS		FEBRUARY 1989
ROBERT FREDETTE Chairman	2 Wallingford Street Dover, NH 03820	603-742-5153
PATRICIA PETERSON Vice Chairman	22 Derby Lane Tyngsboro, MA 01879	508-649-4270
FRANK TARANTINO Treasurer	14 Ingraham Road Wellesley, MA 02151	617-235-0199
DONNA BROWN Secretary	66 Craigie Street Somerville, MA 02143	617-776-4531
MAY GREINER Age Group Chairman	56 Cleveland Road Wellesley, MA 02181	617-237-4277
MIKE PARRATTO Senior Chairman	9 Tri-City Apartments, Apt. 17 Dover, NH 03820	603-749-2869
DAN RHINEHART Technical Chairman	23 Zone Street Providence, RI 02908	(H) 401-273-0363 (O) 401-863-1138
MARY RIDDELL Registration Administrative Assistant	20 Cleveland Road Needham, MA 02192	(O) 617-449-0270 (H) 617-444-2590
JOHN JOHANESSEN Officials Chairman	Box 131 North Stonington, CT 06359	203-535-2885
ISABELLE FRASER Sanction Chairman	125 Franklin Road Longwood, MA 01106	413-567-3415
PRISCILLA DAVIS Safety Officer	205 Woodbury Street South Hamilton, MA 01982	617-468-3786
BARBARA COULD Coach Representative	52 Rockebury Street Milden, MA 02148	617-324-4903
PHIL BAKER Coach Representative	PO Box 544 Dover, NH 03820	603-433-5571
NIKKI SHIRE Athlete Representative	31 Plain Road Westford, MA 01886	508-692-8797
TED MULKERIN Athlete Representative	104 Westgate Wellesley, MA 02181	617-237-6740
BILL WHITMAN Meet Evaluations	117 Abbott Road Wellesley, MA 02181	617-237-4584
KEN OBERG Camps	PO Box 1611 Duxbury, MA 02332	617-934-6114
SABINE SCHWARTZER At Large	46 Salmi Road Frankingham, MA 01701	508-877-5672
GERARD ZIMMER At Large	6 Davis Lane Amherst, NH 03031	603-673-0676
DAVID PALUMBO At Large	657 Union Street Manchester, NH 03104	603-641-3963
MAUREEN DEVITO At Large	165 Gannon Street Belmont, MA 02178	617-489-1905

OTHER:

ANNE HAWKINS New England Records NAG Top 16	PO Box 397 Hollis, NH 03049	603-465-2550
SALLY SHIRE OVC Chairman	31 Plain Road Westford, MA 01886	508-692-8797
ELAINE BURNHAM OVC Chairman	70 York Street York, ME 03903	207-363-3001
UNITED STATES SWIMMING	1750 East Boulder Street Colorado Springs, CO 80909	719-578-4578
FINANCIAL GUARDIAN	USS Insurance Coordinator 7600 North 16th Street, Suite 208 Phoenix, AZ 85020	602-870-4096

COACHES AND OFFICIALS:

United States Swimming requires that only registered coaches and officials are allowed on deck during United States Swimming meets. Timers are the only exception to this rule.

The Board of New England Swimming voted that all coaches and officials must wear their cards when on deck. The Board felt that this would be the easiest way for the referee to enforce United States Swimming's policy. So far, coaches and officials have been very cooperative. Thank you for your cooperation!!

PENTATHLON: Triton Aquatic Club will be holding its annual pentathlon at Quinsigamond College, Worcester, MA on May 6 and 7, 1989. For reimbursement purposes, this will be the first meet of the long course season even though it will be held in a short course pool.

WANTED: HEAD COACH for Shawmut Aquatic Club, Framingham, MA. Please send resumes to Shawmut Aquatic Club, Box 1292, Framingham, MA 01701.

YOUTH SWIM COACH: The Wedgewood Swim and Tennis Club, located in Bedford, MA is looking for a Pool Director/Swim Coach starting with the 1989 summer season. The pool opens Memorial Day Weekend and closes the weekend after Labor Day. (Limited hours when school is in session.) We have a competitive swim team with about 70 youngsters, ages 5 to 17 years.

Interested coaches should send a resume with salary expectations to:
A. L. McManus, 26 Page Place, Bedford, MA 01730.

USS NAU TOP 16

1988-89 CUTOFFS - SHORT COURSE

	10-11	11-12	13-14	15-16	17-18
FEMALE					
50 YRD FREE	:27.99	:25.79	:24.59	:24.09	:24.19
100 YRD FREE	1:00.99	:55.99	:53.39	:51.99	:52.29
200 YRD FREE	2:12.59	2:00.89	1:54.09	1:51.49	1:51.79
500 YRD FREE	-	5:20.79	5:02.39	4:57.59	4:56.49
1000 YRD FREE	-	-	10:21.99	10:07.99	10:10.99
1650 YRD FREE	-	-	17:20.09	16:58.39	16:59.99
50 YRD BACK	:32.59	:29.99	-	-	-
100 YRD BACK	1:11.09	1:04.29	1:00.79	:58.89	:58.99
200 YRD BACK	-	-	2:11.59	2:07.49	2:06.69
50 YRD BREAST	:35.99	:33.09	-	-	-
100 YRD BREAST	1:18.99	1:11.59	1:07.89	1:06.39	1:06.59
200 YRD BREAST	-	-	2:26.89	2:23.59	2:23.89
50 YRD FLY	:30.89	:28.39	-	-	-
100 YRD FLY	1:08.99	1:02.59	:59.09	:57.19	:57.39
200 YRD FLY	-	-	2:09.39	2:05.49	2:05.49
100 YRD I.M.	1:10.09	1:04.49	-	-	-
200 YRD I.M.	2:30.59	2:17.99	2:10.19	2:07.09	2:07.59
400 YRD I.M.	-	-	4:36.29	4:29.59	4:31.29
200 YRD F.R.	1:59.59	1:48.09	1:44.99	1:44.79	1:44.79
400 YRD F.R.	-	3:58.09	3:43.79	3:43.09	3:43.09
800 YRD F.R.	-	-	8:12.89	8:06.29	8:06.29
200 YRD M.R.	2:16.09	2:02.09	1:57.59	1:57.49	1:57.49
400 YRD M.R.	-	4:28.59	4:12.69	4:08.89	4:08.89
MALE					
50 YRD FREE	:27.59	:24.79	:22.69	:21.59	:21.09
100 YRD FREE	1:00.59	:54.09	:49.49	:47.09	:46.09
200 YRD FREE	2:11.59	1:57.29	1:47.29	1:42.39	1:40.39
500 YRD FREE	-	5:13.99	4:46.49	4:35.69	4:32.49
1000 YRD FREE	-	-	10:00.09	9:32.99	9:24.99
1650 YRD FREE	-	-	16:48.59	15:59.99	15:49.09
50 YRD BACK	:32.59	:29.29	-	-	-
100 YRD BACK	1:11.09	1:02.99	:56.69	:53.69	:52.49
200 YRD BACK	-	-	2:02.99	1:56.19	1:53.69
50 YRD BREAST	:35.89	:31.69	-	-	-
100 YRD BREAST	1:18.89	1:09.09	1:02.49	:59.29	:58.09
200 YRD BREAST	-	-	2:17.99	2:09.49	2:06.59
50 YRD FLY	:30.39	:27.49	-	-	-
100 YRD FLY	1:08.59	1:00.89	:54.79	:51.69	:50.49
200 YRD FLY	-	-	2:01.29	1:54.29	1:52.09
100 YRD I.M.	1:09.69	1:02.29	-	-	-
200 YRD I.M.	2:29.99	2:14.19	2:02.19	1:56.19	1:53.59
400 YRD I.M.	-	-	4:21.29	4:07.89	4:03.49
200 YRD F.R.	1:58.39	1:46.29	1:36.99	1:33.89	1:33.89
400 YRD F.R.	-	3:58.99	3:29.49	3:21.99	3:13.89
800 YRD F.R.	-	-	7:47.89	7:30.09	7:15.59
200 YRD M.R.	2:13.89	2:00.39	1:49.09	1:45.99	1:43.59
400 YRD M.R.	-	4:27.69	3:53.79	3:45.79	3:36.29

REVISED 11/22/88

WGS HAS TOP 15

1988-89 CUTOFFS - LONG COURSE

	10+U	11-12	13-14	15-16	17-18
FEMALE					
50 MTR FREE	:31.59	:29.29	:27.89	:27.39	:27.39
100 MTR FREE	1:08.99	1:05.89	1:00.59	:59.39	:58.99
200 MTR FREE	2:29.49	2:16.99	2:10.19	2:07.39	2:06.09
400 MTR FREE	-	4:47.19	4:31.89	4:25.49	4:22.29
800 MTR FREE	-	-	9:15.29	9:04.29	8:59.69
1500 MTR FREE	-	-	17:47.19	17:19.79	17:17.19
50 MTR BACK	:57.19	:37.89	-	-	-
100 MTR BACK	1:21.09	1:16.59	:08.99	1:07.09	1:06.39
200 MTR BACK	-	-	2:27.89	2:23.89	2:21.79
50 MTR BREAST	:40.99	:37.69	-	-	-
100 MTR BREAST	1:29.99	1:27.19	1:17.89	1:16.19	1:15.69
200 MTR BREAST	-	-	2:43.09	2:44.39	2:43.29
50 MTR FLY	:34.39	:31.69	-	-	-
100 MTR FLY	1:18.69	1:10.59	1:06.99	1:04.59	1:04.29
200 MTR FLY	-	-	2:26.09	2:20.79	2:19.79
200 MTR I.M.	2:49.49	2:36.59	2:28.39	2:24.39	2:23.19
400 MTR I.M.	-	-	5:13.59	5:04.49	5:02.79
200 MTR F.R.	2:18.89	2:03.19	1:57.99	1:58.99	1:58.99
400 MTR F.R.	-	4:29.99	4:18.79	4:16.99	4:16.99
800 MTR F.R.	-	-	9:25.79	9:12.79	9:14.79
200 MTR M.R.	2:35.59	2:19.09	2:13.09	2:13.99	2:13.99
400 MTR M.R.	-	5:06.99	4:50.79	4:45.79	4:46.59
MALE					
50 MTR FREE	:31.29	:28.49	:25.99	:24.99	:24.29
100 MTR FREE	1:08.89	1:01.69	:56.89	:54.39	:52.99
200 MTR FREE	2:28.49	2:13.89	2:03.09	1:58.09	1:55.49
400 MTR FREE	-	4:42.89	4:20.49	4:09.39	4:04.09
800 MTR FREE	-	-	9:00.29	8:36.19	8:26.99
1500 MTR FREE	-	-	17:22.19	16:24.79	16:13.59
50 MTR BACK	:36.99	:33.69	-	-	-
100 MTR BACK	1:20.69	1:11.79	1:05.19	1:01.39	:59.99
200 MTR BACK	-	-	2:20.69	2:12.19	2:09.09
50 MTR BREAST	:41.59	:36.59	-	-	-
100 MTR BREAST	1:29.09	1:20.09	1:12.79	1:09.09	1:07.09
200 MTR BREAST	-	-	2:38.09	2:29.29	2:25.89
50 MTR FLY	:34.19	:30.99	-	-	-
100 MTR FLY	1:17.89	1:08.79	1:01.99	:58.99	:56.99
200 MTR FLY	-	-	2:18.39	2:10.19	2:06.39
200 MTR I.M.	2:49.39	2:32.29	2:20.09	2:13.69	2:09.69
400 MTR I.M.	-	-	4:38.29	4:43.99	4:36.99
200 MTR F.R.	2:16.99	2:01.59	1:51.49	1:46.79	1:45.99
400 MTR F.R.	-	4:26.59	4:12.79	3:52.79	3:42.29
800 MTR F.R.	-	-	8:38.59	8:30.89	8:10.59
200 MTR M.R.	2:35.59	2:18.19	2:03.69	2:00.69	1:59.69
400 MTR M.R.	-	5:05.99	4:31.29	4:19.69	4:08.29

REVISED 11/22/88



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

MARCH 1989

IN THIS ISSUE: LONG COURSE SCHEDULE; USS CAMP PROGRAM; NEW ENGLAND TEAMS; HIGH POINT WINNERS AT AGE GROUP AND SENIOR CHAMPIONSHIPS; REIMBURSEMENT FORM; USS POLICY ON DELINQUENT FEES & DUES....

THANK YOU! THANK YOU! THANK YOU! THANK YOU! THANK YOU! THANK YOU!

A special THANK YOU to all the members of the New England swimming community who were willing (often at the last minute) to assist in the running of New England Senior and Age Group Championships. New England did not receive bids for these meets this year, and PVAC (and Springfield College) and the Fast Lane Club (and the University of Rhode Island) were willing to fill this void. The meets were successful because of their hard work AND the hard work and co-operation of all the New England officials, timers, etc. who were willing to do their part to help make these meets worthwhile for the swimmers.

THANK YOU! THANK YOU! THANK YOU! THANK YOU! THANK YOU! THANK YOU!

THANK YOU!

THANK YOU!

CABLE BROADCASTING:

United States Swimming has entered a four year agreement with Turner Broadcasting for both Short Course and Long Course Nationals and other special events during the year.

On March 25, 1989 at 6:05 p.m. Turner broadcast coverage of Short Course Nationals in Chapel Hill, NC. This program was part of a weekly multi-sport anthology series "U. S. Olympic Gold: A TBS Sports Exclusive", which will be broadcast every Saturday evening at 6:05 p.m.

STARTER'S CLINIC:

Jerry Zimmer will be holding a Starter's Clinic on May 19, 1989 from 7:00 p.m. until 9:30 p.m. at the Hanscom Air Force Reserve Center, Room 432, Bedford, MA. For more information, call Penny Schowalter at 617-275-5246.

The Board of New England Swimming will meet on Monday, April 10, 1989 at 7 p.m. at the Wellesley Community Center, Washington Street, Wellesley, MA.

NEW ENGLAND SWIMMING LONG COURSE, 1989, CALENDAR

- May 6--7 : Triton Aquatic Club Pentathlon
Quinsigamond Community College
Worcester, MA
short distances all ages; 8 & unders
Debbie Faulconer
38 Catherine Drive
Northboro, MA 01532
508-393-7601
- May 20 : Greenwood Memorial Specialty Meet
Greenwood Memorial Pool
Gardner, MA
Relay Carnival
Robert Sweeney
PO Box 269
East Templeton, MA 01439
508-632-9458
- May 26--28 : Cape Ann Y Specialty/BC
Cape Ann Y
Gloucester, MA
12 & under: swim your own age
13 & over: BC--all events
Carol Sutherland
7 Ocean Avenue
Magnolia, MA 01930
508-525-3773
- June 3 : Manchester Sunfish Pentathlon
**New Hampshire College
Manchester, NH
short events; 8 & unders
Louise Paulauskas
76 Lowell Street
Manchester, NH 03101
603-427-5649
- June 17--18 : Belmont Aquatic Team Specialty
Minuteman Technical School
Lexington, MA
all short events plus 200's for "open"
Penny Schowalter
617-275-5246
- June 23--25 : Pioneer Valley Aquatic A
*Springfield College
Springfield, MA
sch. I; 400 IM, 400 free
Isabelle Fraser
125 Franklin Road
Longmeadow, MA 01106
413-567-3415
- July 7--9 : Manchester Sunfish A
*Raco Theodore Pool
Manchester, NH
sch. II; 400 free for 12 & under
1500 free for 13 & over
Louise Paulauskas
76 Lowell Street
Manchester, NH 03101
603-427-5649
- July 14--16 : Seacoast Swimming Age Group Qualifier
*Guppy Pool
Dover, NH
B through Age Group cuts; 8 & unders
Elaine Burnham
70 York Street
York, ME 03903
207-363-3001
- July 21--23 : New England Senior Championships
- July 27--30 : New England Age Group Championships

Schedule I : Long events for 12 & under; short events for 13 & over

Schedule II: Short events for 12 & under; long events for 13 & over

* 50 meter pool

** 25 meter pool

Please note that New England has not received bids for either Age Group or Senior Championships and would welcome bids for either meet.

NEW ENGLAND AGE GROUP CHAMPIONSHIPS

HIGH POINTS WINNERS:

LARGE TEAM TROPHY

1. Seacoast Swimming Association
2. Bernal's Gator Swim Club
3. New England Barracudas
4. Manchester Starfish Swim Club
5. Community Stars & Stripes/Medford
6. Merrimack Valley Pirates
7. Little Rhody Aquatic Club
8. Nashua YMCA

SMALL TEAM TROPHY

1. East Providence Boys Club
2. Triton Aquatic Club
3. Cape Ann YMCA
4. Cumberland Area Swim Team
5. New Wave Swim Club
6. Hampshire Hills Swim Team
7. Kent County YMCA
8. Pioneer Valley Aquatic Club
9. North Country Aquatic Club
10. Worcester Swim Club

GIRLS: 10 and under

- | | |
|------------------------|------|
| 1. Jessica Tucker-Mohl | SSA |
| 2. Lisa Bushnell | EGSC |
| 3. Kelly Gittlein | SSA |
| 4. Laura Kott | NASY |
| 5. Corinne Montanaro | LRAC |
| 6. Kathleen O'Neil | NVP |
| 7. Allison Vendt | CSC |
| 8. Jaime Gaulin | NYB |
| 9. Amanda Kirouac | MRYS |
| 10. Erica Allen | MSSC |

BOYS: 10 and under

- | | |
|---------------------|------|
| 1. William Maher | LRAC |
| 2. Brad Mancini | WSC |
| 3. Andrew Kautton | KCY |
| 4. Jack Henderson | SSA |
| 5. Gregory Cardillo | CAST |
| 6. Chris Danchik | NASY |
| 7. Jim Wheeler | EGSC |
| Jerome Leslie | PVAC |
| 9. Ian Callander | GBSC |
| Matt Inman | CCSC |

GIRLS: 11 and 12

- | | |
|--------------------|------|
| 1. Amanda Hall | NEB |
| 2. Tory Fleming | EGSC |
| 3. Lea Delicio | SSA |
| 4. Jean Todisco | CAY |
| 5. Tara Paulauskas | MSSC |
| 6. Nikki Currier | SSA |
| 7. Mindy Craig | EPBC |
| 8. Kerry Kearm | CSSM |
| Laura Costello | EGSC |
| 10. Michele LaBrie | SSA |

BOYS: 11 and 12

- | | |
|------------------------|------|
| 1. Josh Pristaw | NCAC |
| 2. Carl Eriksson | NEB |
| 3. Charles Barnes | BCSY |
| 4. Matt Craven | EGSC |
| 5. Dylan Andrews | EPBC |
| 6. Joel Glogowski | NBYB |
| 7. Tad Kremen | MSSC |
| 8. Michael Shaughnessy | MSSC |
| 9. Jon Caswell | EPBC |
| 10. Joe Durkin | NWSC |

GIRLS: 13 and 14

- | | |
|----------------------|------|
| 1. Heather Saunders | TRAC |
| 2. Elizabeth Kotch | EPBC |
| 3. Debby Palmer | SSA |
| 4. Katie Shaughnessy | MSSC |
| 5. Rachel DeVito | EGSC |
| 6. Julie Dempster | CSSM |
| 7. Jessica Lee | TRAC |
| 8. Nicole Rutkowski | CSSM |
| 9. Sue Kresel | NCAC |
| 10. Laura Gunn | HRY |

BOYS: 13 and 14

- | | |
|--------------------|------|
| 1. Jeremy Anda | MSSC |
| 2. Gene Sutherland | CAY |
| 3. Brian Fehlau | NEB |
| 4. Andrew Whitney | SSA |
| 5. Alex Cunha | NEB |
| Jon Thomas | CSSM |
| 7. Bryan Stanley | EPBC |
| 8. Chris Anderson | EGSC |
| 9. Jamie Corbett | SSA |
| 10. Keith Getchell | EST |

NEW ENGLAND SENIOR CHAMPIONSHIPS:

HIGH POINT WINNERS:

Combined Team:

1. Bernal Gator Swim Club
2. Seacoast Swimming Association
3. Merrimack Valley Pirates
4. Little Rhody Aquatic Club
5. Boston Scrod
6. New England Barracudas
7. Coastal Swim Club
8. unattached
9. Pioneer Valley Aquatic Club
10. New Wave Swim Club

Women Team:

1. Bernal Gator Swim Club
2. Seacoast Swimming Association
3. Little Rhody Aquatic Club
4. New England Barracudas
5. Merrimack Valley Pirates
6. unattached
7. Pioneer Valley Aquatic Club
8. New Wave Swim Club
9. Greenwood Memorial Swim Club
10. Boston Scrod

Individual Women:

- | | |
|--------------------|------|
| 1. Jenny Thompson | SSA |
| 2. Heidi Hannenian | SSA |
| 3. Larissa Herold | SSA |
| 4. Sheila Conway | UN |
| 5. Lynn Kelley | EGSC |
| 6. Christine Agnew | PVAC |
| 7. Leslie Repetto | EGSC |
| 8. Jill Comeau | GMSC |
| 9. Janice Sweetser | BOSC |
| 10. Kristy Uustal | LRAC |
| Jennifer Burns | NWSC |

Men Team:

1. Bernal Gator Swim Club
2. Seacoast Swimming Association
3. Merrimack Valley Pirates
4. Boston Scrod
5. Little Rhody Aquatic Club
6. New England Barracudas
7. Coastal Swim Club
8. unattached
9. Cape Ann YMCA
10. Community Stars & Stripes of Medford

Individual Men:

- | | |
|---------------------|------|
| 1. Dean Fredette | SSA |
| 2. Scott Jaffe | BOSC |
| 3. Jay Craft | ESC |
| 4. Ray Carey | EGSC |
| 5. Stephen Root | EGSC |
| 6. Sean Gouldson | MVP |
| 7. Wayne Shellgrove | EGSC |
| 8. Jerry Bailey | SSA |
| 9. Dirk Marshall | BOSC |
| 10. Scott Fraser | NEB |

The Team Trophy for the Small Team (less than 15 swimmers entered in the meet) was won by the Boston Scrod.

NEW ENGLAND SWIMMING OFFICE

Mary Riddell
20 Cleveland Road
Needham, MA 02192

617-449-0270

Telephone Hours: Monday : 8:00 a.m.-- 2:00 p.m.
7:30 p.m.--10:30 p.m.

Thursday: 8:00 a.m.-- 2:00 p.m.

TEAMS REGISTERED IN NEW ENGLAND FOR 1989:

ATTLEBORO BLUEFISH
 Ann Devine
 109 Union Street
 Attleboro, MA 02703
 ABF

ANDOVER-NORTH ANDOVER
 Karen J. Hilberg YMCA
 165 Haverhill Street
 Andover, MA 01810
 ANA

BARRINGTON YMCA
 Bob Hassan
 West Street
 Barrington, RI 02806
 BARY

BERNAL GATOR SWIM CLUB
 Carol Mitchell
 7 Morgan Avenue
 Stoneham, MA 02180
 BGSC

BRISTOL Y SWIM TEAM
 Bristol YMCA
 448 Hope Street
 Bristol, RI 02809
 BYST

CARTER COMMUNITY BUILD-
 Sandy Hertzberg ING
 1 Taylor Street
 Lebanon, NH 03766
 CCBS

CLARK MEMORIAL
 Luther Otto
 155 Central Street
 Wincendon, MA 01475
 CM

COASTAL SWIM CLUB
 Paul Miles
 PO Box 297
 Bryantville, MA 02327-
 CSC 0297

DANVERS YMCA DOLPHINS
 Nancy C. Lindquist
 34 Pickering Street
 Danvers, MA 01923
 DYD

BOYS & GIRLS CLUB OF E.
 Kevin Salisbury PROV.
 115 Williams Avenue
 E. Providence, RI 02914
 EPBC

AQUA-DUX SWIM CLUB
 Ken Oberg
 PO Box 1611
 Duxbury, MA 02331
 ADSC

AMHERST TRITONS SWIM
 Karen Paster TEAM
 327 Shutesbury Road
 Amherst, MA 01002
 ATST

BROCKTON COMMUNITY SWIM
 Phil Milbert TEAM
 85 Legge Street
 Bridgewater, MA 02324
 BCSY

BOSTON SCROD
 Dirk Marshall
 112 Dane, 22 Everett
 Cambridge, MA 02138
 BOSC

CUMBERLAND AREA SWIM TEAM
 Jeanne Sullivan
 4 Apache Lane
 Cumberland, MA 02864
 CAST

CAPE COD SWIM CLUB
 Marc Solomon
 Box 966
 Pocasset, MA 02559
 CCSC

CONCORD YMCA SAILFISH
 Joan Blume/YMCA
 15 N. State Street
 Concord, NH 03301
 CONY

COMMUNITY STARS & STRIPES
 Barbara Gould MEDFORD
 52 Brackenbury Street
 Malden, MA 02148
 CSSM

DOLPHIN YMCA SWIM TEAM
 Jeff Freed
 PO Box 832
 Keene, NH 03431
 DYST

EXETER SWIM TEAM
 Maureen Heaps
 PO Box 766
 Exeter, NH 03833
 EST

AQUAMAIDS & AQUAMEN OF
 P. Parenteau WORCESTER
 128 Brookline Street
 Worcester, MA 01603
 AMW

BELMONT AQUATICS
 Martin Beall
 68 Phillips Street
 Weymouth, MA 02188
 BA

BENNINGTON MARAUDERS
 Ron Terwilleger
 Box 469
 Bennington, VT 05201
 BENN

BEVERLY Y BARRACUDAS
 Peter Farragher
 254 Essex Street
 Beverly, MA 01915
 BYB

CAPE ANN YMCA SWIM TEAM
 Carol Sutherland
 7 Ocean Avenue
 Magnolia, MA 01930
 CAY

CUMBERLAND LINCOLN BOYS
 Robert Metcalfe CLUB
 PO Box 7505
 Cumberland, RI 02864
 CLBC

CRANSTON YMCA
 Paul C. Brochu
 1225 Park Avenue
 Cranston, RI 02910
 CRY

CENTRAL VERMONT WAVEMAKERS
 Cynthia Smith-Tintle
 Webster Road
 Roxbury, VT 05669
 CVWM

EASTHAMPTON BARRACUDAS
 Kathie Stewart
 126 Strong Street
 Easthampton, MA 01027
 EB

FALL RIVER YMCA SWIM TEAM
 Sally Smith
 450 Rock St., Unit #12
 Fall River, MA 02720
 FRY

GREATER BOSTON SWIM CLUB Steve Quimby PO Box 1919 Brockton, MA 02403 GBSC	GREENWOOD MEMORIAL SWIM CLUB Donald Lemieux 69 Park Street Gardner, MA 01440 GMSC	HANSCOM SEAHAWKS James Healy 119 Webster Street Arlington, MA 02174 HAFB
HOCKOMOCK AREA YMCA Donald Richer 51 Lantern Lane Mansfield, MA 02048 HAY	HAMPSHIRE HILLS SWIM TEAM Gary Isherwood PO Box 404, Federal & Emerson Roads Milford, NH 03055 HHST	HAMPSHIRE REGIONAL YMCA Joyce Burrill 31 King Philip Avenue S. Deerfield, MA 01373 HRY
HAVERHILL YMCA SWIM TEAM Carl Cronin Box 961 Haverhill, MA 01831 HYST	HOLYOKE YMCA VIKINGS Randall K. Smith 171 Pine Street Holyoke, MA 01040 HYV	KENT COUNTY YMCA Stephani Turner 900 Centerville Road Warwick, RI 02886 KCY
LAKE CHAMPLAIN SWIM CLUB PO Box 2107 S. Burlington, VT 05401 LCSC	LOWELL BOYS CLUB Richard Dion 657 Middlesex Street Lowell, MA 01851 LOBC	LAKES REGION WAVEMAKERS Steve Sarausky PO Box 1594 Laconia, NH 03246 LRW
HOLY CROSS COLLEGE Barry Parenteau College Street Worcester, MA 01610 HC	LITTLE RHODY AQUATIC CLUB El Reed 7 Riverview Drive Barrington, RI 02806 LRAC	LYNN YMCA KILLER WHALES Lori Berger 5 Elmwood Avenue Lynn, MA 01905 LYKW
LINCOLN SQUARE BOYS CLUB Richard LeHair Lincoln Square Clubhouse Worcester, MA 01610 LSM	MALDEN YMCA Carolyn Gagnon 8 Norwood Street Malden, MA 02148 MALY	MELROSE YMCA Richard Whitworth 497 Main Street Melrose, MA 02176 MELY
MONTACHUSETT REGIONAL YMCA Deborah Finch 53 Main Street Leominster, MA 01453 MRYS	MANCHESTER SUNFISH SWIM CLUB Louise Paulauskas 76 Lowell Street Manchester, NH 03101 MSSC	MARINERS/MARBLEHEAD/SWAMPSCOTT YMCA 104 Pleasant Street Marblehead, MA 01945 MSY
MERRIMACK VALLEY PIRATES Kathi Howe MVP Howe Survey Assoc, Inc. 73 Princeton Street N. Chelmsford, MA 01863 MVST	MARTHA'S VINEYARD SWIM TEAM Deborah Clark PO Box P-59 S. Dartmouth, MA 02748 MVST	NASHUA YMCA SWIM TEAM Greg Derderian 17 Prospect Street Nashua, NH 03060 NASY
NORTHERN BERKSHIRE Y BELT- Mary-Jeanne Filiault TAS 52 Quincy Street North Adams, MA 01247 NBYB	NEW BEDFORD YMCA AQUATIC- Trix Whalen ANS 66 Spring Street New Bedford, MA 02740 NBYW	NORTH COUNTRY AQUATIC CLUB Roy Coates PO Box A 241 Hanover, NH 03755 NCAC
NEW ENGLAND BARRACUDAS Allan F. Livingston 287 Hovey Street Lowell, MA 01852 NEB	NEWPORT NAVY BLUES Janet Capone 195 Homestead Lane Portsmouth, RI 02871 NEB	NAUTILUS SWIM CLUB Donald Richards 8 Sweet Fern Road Cape Elizabeth, ME 04107 NSC

NORTH SUBURBAN Y
Neil Gillis
35 Pine Ridge Road
Reading, MA 01867
NSYV

NEWPORT COUNTY YMCA
Laura P. Clark
792 Valley Road
Middletown, RI 02840
NYSC

BOYS & GIRLS CLUB OF PAW-
Larry Baxter TUCKET
One Moeller Place
Pawtucket, RI 02904
PBC

PITTSFIELD YMCA SWIM TEAM
Frank Bachteler
31 Paul Drive
Lee, MA 01238
PYST

PORTSMOUTH SWIM TEAM
Bob & Leslie Malm
PO Box 5151
Portsmouth, NH 03801
PST

SEEKONK DOLPHINS
Ellis Mayers
Seekonk High School
Arcade Avenue
Seekonk, MA 02771 SD

SMITHFIELD YMCA
Susan Thurston
PO Box 363
Greenville, RI 02828
SMY

SALEM BOYS & GIRLS CLUB
Missy Madison
3 Geremonty Drive
Salem, NH 03078
SST

VALLEY GATORS SWIM TEAM
Marge Adams
6½ King Street
Bellows Falls, VT 05101
VGST

WORCESTER SWIM CLUB
Coralie O' Connor
30 Walworth Street
Worcester, MA 01602
WSC

NEW WAVE SWIM CLUB
Bill Burns
62 Geana Lane
Lowell, MA 01852
NWSC

OYSTER RIVER OTTERS
Jane Swift
18 Mill Road
Durham, NH 03824
ORO

PITTSFIELD BOYS' CLUB
Julie Piepho
16 Melville Street
Pittsfield, MA 01201
PTBC

SHAWMUT AQUATIC CLUB
PO Box 1292
Framingham, MA 01701
SAC

STERLING SWIMMERS
Doris T. Florig
Box 159
Hyde Park, VT 05655
SS

SEAGLE SWIM TEAM
435 Crafts Street
Newton, MA 02165

SEACOAST SWIMMING ASSOC.
PO Box 272
Dover, NH 03820
SSA

TRITON AQUATIC CLUB
Sue Mogavero
5 Mohawk Circle
Westboro, MA 01581
TRAC

WORCESTER GIRLS CLUB
Lori McCluskey
125 Providence Street
Worcester, MA 01604
WGC

EAST SIDE YMCA SEALIONS
Michael E. Seidenberg
438 Hope Street
Providence, RI 02906
YSEA

NEWMAN YMCA BARRACUDAS
Paul Rossi
472 Taunton Avenue
Seekonk, MA 02771
NYB

PORTSMOUTH AQUATIC CLUB
Mike O'Connor
PO Box 1357
Portsmouth, NH 03801
PAC

PIONEER VALLEY AQUATIC
Isabelle Fraser CLUB
125 Franklin Road
Longmeadow, MA 01106
PVAC

SOUTH COUNTY YMCA
Becky Bisagni
Box 111, Broad Rock Rd.
Peace Dale, RI 02883
SCY

SOUTH HADLEY SWORDS SWIM
Matthew Chenier TEAM
20 Fairfield Aven
Holyoke, MA 01040
SHS

SOUTH SHORE STRYPERS
Janet Keyes
973 Quincy Shore Drive
Quincy, MA 02170
SSS

TRI-Y SWIM CLUB
43 Everett Street
Southbridge, MA 01550
TRIY

WOBURN BOYS CLUB SWIM
Mike Morrell TEAM
180 School Street
Woburn, MA 01801
WOBC

WHITINSVILLE BLUE DOLPHINS
Whitin Community Center
60 Main Street
Whitinsville, MA 01588
WBD

Local Swimming Committee NEWS

WHAT TO DO ABOUT DELINQUENT DUES AND FEES

Several years ago, Bernard J. Favaro, USS Legal Counsel wrote an informative article about delinquent dues and fees. This article has been updated by Mr. Favaro to reflect changes that have occurred in the USS Rules and Regulations. This article is reprinted in its entirety.

WHAT TO DO ABOUT DELINQUENT DUES AND FEES

1. Club. What do you do if an athlete (usually his parents or guardians or custodians), or any club member, fails to pay his club dues and assessments?

303.5. When transferring from one LSC to another, a swimmer shall present a written transfer from his previous LSC indicating his last date of competition in an attached status and that he is a swimmer in good standing in that LSC in order to make such transfer.

When transferring from one club to another within the same LSC, the procedural requirements established by the LSC Registration Committee shall be followed. **303.6.** If a club/organizational member of an LSC has secured a court judgment against an athlete member (or his parents or custodians), for non-payment of financial obligations, that athlete shall be ineligible to participate in any event of the Corporation and from joining any other USS club/organization until the judgment is satisfied.

Procedure. If the indebtedness is acknowledged and not paid, the solution is simple. The athlete or club member may be suspended from any activity, including competition, until the indebtedness is paid.

If the indebtedness is denied, the club must obtain a court judgment for the indebtedness. This is usually a very quick procedure in Small Claims Court. Pending that judgment, the athlete is entitled to compete and the club member to participate in club and LSC activities.

If the problem arises in a situation where an immediate decision must be made (such as on deck during a swim meet), have an Emergency Hearing (see Appendix 6-A, 1989 Code). If an athlete is involved, the athlete may be permitted to swim under protest.

The reason for enactment of Section 303.6 is obvious.

An LSC must never get involved in inner-club disputes (club v. coach; coach v. athlete; club v. athlete; club v. member, etc.). Consequently, the LSC Review Section does not have jurisdiction unless the dispute involves a general factual situation or a general principle which is of concern to the LSC itself. An LSC could be overwhelmed with trying to resolve inner-club disputes if the rule were otherwise. Each club should have its own procedure for resolving them in its Bylaws.

2. Local Swimming Committee. What do you do if a club/organizational member fails to pay its dues and fees?

609.4. FAILURE TO PAY. The failure of a group member to pay dues or fees required by the LSC or by USS within the time prescribed, as evidenced by a decision of the Review Section or by a court of law, prevents competition, representation, and vote by the delinquent member. Continued failure to pay such dues or fees, within a reasonable period of time as determined by the Board of Directors, is cause for termination of membership.

Procedure. *Note the difference here.* A Review Section may take or be assigned jurisdiction to determine financial obligations of one of its group members, as well as take that group member to Small Claims Court for judgment.

Athletes attached to a club which is suspended, or the LSC membership of which is terminated, must swim unattached and observe the 120-day rule. That's tough on the athlete, but the rule is consistent with a principle adopted by United States Swimming very early in its life--that the 120 day rule must be uniformly and consistently followed in order to level out all the equities for the good of all athletes. The only exceptions are those specifically set forth in the Rules and Regulations (e.g., school competition).



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

APRIL 1989

IN THIS ISSUE: 1989 NATIONAL AGE GROUP TIME STANDARDS; NEW ENGLAND AGE GROUP TIMES and SENIOR TIMES; NEW ENGLAND SWIMMERS AT SENIOR NATIONALS and JUNIOR NATIONALS; SAFETY TRAINING FOR COACHES; COACHES CONFERENCE...

CONGRATULATIONS to DAVID BERKOFF, representing Harvard, who set a new American record in the 100 yard backstroke (47.02) at the NCAA championships.

CONGRATULATIONS to JENNY THOMPSON (SSA) who won the 50 yard freestyle and the 100 yard freestyle and to

DIRK MARSHALL (BOSC) who won the 100 yard butterfly at the National Short Course Championships.

RESIGNATIONS:

At its April meeting, the Board of New England Swimming accepted with regret the resignations of MAY GREINER, Age Group Chairman, and BARRARA GOULD, Senior Coach Representative.

MARC ALLEN was appointed interim Age Group Chairman until the election of new officers at the Annual Meeting in October.

PHIL BAKER will now be the Senior Coach Representative and a new Junior Coach representative will be elected at Age Group Championships this summer. Anyone who is interested in running for Junior Coach Representative should contact Phil Baker, PO Box 944, Dover, NH 03820 (603-433-5571).

SUMMER CHAMPIONSHIPS: At the present time New England Swimming has not received any bids for either Age Group Championships or Senior Championships. Any team that wishes to bid on these meets should submit its bid as soon as possible.

OFFICIAL'S CLINIC: Priscella Davis will be giving a clinic for timers and stroke and turn officials at the Cape Ann YMCA on May 13. For further information, contact Carol Sutherland 508-525-3773.

The next meeting of the Board of New England Swimming will be on Monday, May 8, 1989 at the Wellesley Community Center, Wellesley, MA at 7 p.m.

1989 NEW ENGLAND SENIOR CHAMPIONSHIP CUTS

WOMEN		EVENT	MEN	
short course	long course		short course	long course
25.99	29.99	50 FREE	22.99	26.99
56.49	1:04.29	100 FREE	50.99	59.09
2:00.99	2:16.99	200 FREE	1:50.59	2:08.29
5:22.99	4:47.49	400/500 FREE	4:59.89	4:33.09
11:19.99	10:08.99	800/1000 FREE	10:29.99	9:39.99
19:13.59	19:40.19	1500/1650 FREE	18:17.59	18:50.49
1:05.99	1:14.89	100 BACK	59.99	1:09.19
2:21.39	2:40.79	200 BACK	2:10.99	2:34.79
1:14.19	1:26.69	100 BREAST	1:05.59	1:16.09
2:40.79	3:03.99	200 BREAST	2:25.39	2:49.79
1:02.99	1:10.49	100 FLY	56.99	1:04.79
2:19.99	2:38.19	200 FLY	2:08.99	2:25.89
2:19.99	2:39.99	200 IM	2:06.79	2:24.79
4:59.99	5:37.99	400 IM	4:34.19	5:19.99

All times must be achieved after September 1, 1988 except the 800 and 1500 meter freestyle which must be achieved after May 1, 1988.

NEW ENGLAND SWIMMING OFFICE

Mary Riddell
20 Cleveland Road
Needham, MA 02192

617-449-0270

Telephone Hours: Monday : 8:00 a.m.-- 2:00 p.m.
7:30 p.m.--10:30 p.m.

Thursday: 8:00 a.m.-- 2:00 p.m.

1988-89 AGE GROUP CHAMPIONSHIP TIMES

Female Yards	Meters*	<u>8 and Under</u>	Meters*	Male Yards
39.69	46.39	25 freestyle	47.79	39.39
1:34.99	1:53.69	50 freestyle	1:51.99	1:32.86
		100 freestyle		
49.29	1:02.39	25 backstroke		
		50 backstroke	1:01.69	48.59
		25 breaststroke		
56.09	1:05.69	50 breaststroke	1:06.19	56.29
		25 butterfly		
53.59	1:03.49	50 butterfly	1:17.28	56.29
		<u>9 and 10</u>		
31.39	36.09	50 freestyle	38.49	32.19
1:10.69	1:22.49	100 freestyle	1:25.39	1:11.79
2:35.19	3:00.99	200 freestyle	3:06.99	2:36.99
37.79	44.99	50 backstroke	46.49	39.99
1:24.29	1:36.99	100 backstroke	1:42.59	1:27.19
42.29	49.99	50 breaststroke	52.39	43.69
1:32.79	1:49.69	100 breaststroke	1:53.99	1:36.99
36.89	42.79	50 butterfly	47.59	37.99
1:24.79	1:45.89	100 butterfly	1:54.99	1:38.29
1:21.09		100 indiv. med.		1:23.49
2:54.29	3:21.69	200 indiv. med.	3:34.99	3:04.89
		<u>11 and 12</u>		
28.59	32.39	50 freestyle	33.59	28.59
1:02.09	1:10.79	100 freestyle	1:13.79	1:02.19
2:14.19	2:33.49	200 freestyle	2:39.99	2:16.79
5:54.29	5:19.69	400/500 freestyle	5:37.99	6:06.29
34.19	38.79	50 backstroke	41.49	35.49
1:14.29	1:24.29	100 backstroke	1:29.99	1:16.29
37.59	43.69	50 breaststroke	45.99	37.69
1:21.89	1:35.09	100 breaststroke	1:41.89	1:24.89
31.99	36.19	50 butterfly	38.99	32.79
1:11.49	1:23.59	100 butterfly	1:32.09	1:14.79
1:11.19		100 indiv. med.		1:11.49
2:33.19	2:54.89	200 indiv. med.	3:04.49	2:38.09

1988-89 AGE GROUP CHAMPIONSHIP TIMES

<u>Female</u>			<u>Male</u>	
Yards	Meters*	<u>13 and 14</u>	Meters*	Yards
27.19	30.89	50 freestyle	29.99	25.69
58.99	1:07.79	100 freestyle	1:05.29	55.39
2:07.09	2:25.49	200 freestyle	2:21.09	2:01.99
5:38.99	5:05.49	400/500 freestyle	4:56.99	5:30.99
11:45.99	10:40.09	800/1000 freestyle	10:30.09	11:15.79
18:52.39	19:05.79	1500/1650 fr.(auto.)	18:38.39	18:30.69
19:47.59	20:11.89	1500/1650 fr.(consid.)	20:32.79	19:27.89
1:10.09	1:20.99	100 backstroke	1:18.99	1:07.99
2:29.99	2:54.69	200 backstroke	2:50.09	2:25.69
1:17.59	1:30.49	100 breaststroke	1:26.99	1:14.99
2:47.29	3:13.29	200 breaststroke	3:09.99	2:41.99
1:06.89	1:16.49	100 butterfly	1:15.09	1:04.99
2:33.99	2:55.99	200 butterfly	2:53.99	2:33.99
2:25.79	2:44.59	200 indiv. med.	2:40.99	2:21.39
5:07.99	5:56.99	400 indiv. med.	5:41.29	5:07.49
<u>15 to 18</u>				
26.39	30.19	50 freestyle	27.59	23.99
57.59	1:05.59	100 freestyle	59.49	52.29
2:03.99	2:20.69	200 freestyle	2:10.19	1:53.69
5:32.99	4:58.79	400/500 freestyle	4:40.89	5:06.39
11:40.99	10:33.69	800/1000 freestyle	10:07.49	10:50.39
18:50.19	19:03.29	1500/1650 fr.(auto.)	18:11.09	18:07.39
19:43.39	20:02.59	1500/1650 fr.(consid.)	19:38.49	18:55.69
1:07.99	1:18.09	100 backstroke	1:11.99	1:03.09
2:26.49	2:48.99	200 backstroke	2:37.99	2:15.99
1:15.99	1:28.39	100 breaststroke	1:18.99	1:08.49
2:43.59	3:11.99	200 breaststroke	2:56.49	2:29.29
1:04.19	1:12.99	100 butterfly	1:06.99	58.99
2:24.09	2:48.99	200 butterfly	2:40.19	2:18.39
2:22.09	2:41.99	200 indiv. med.	2:27.79	2:10.49
5:04.49	5:45.99	400 indiv. med.	5:24.89	4:46.09

*Long course meters (50 meter pool). Short course meters must be converted to yards by .9049.

All times must be achieved after September 1, 1988, except the 800 and 1500 meter freestyle which must be achieved after May 1, 1988.

NATIONAL SHORT COURSE CHAMPIONSHIPS:

CONGRATULATIONS to all the New England Swimmers who swam at the National Short Course Championships in Chapel Hill, North Carolina on March 21--25, 1989.

Swimming in finals and consolations were:

JENNY THOMPSON	SSA	50 freestyle (1st) 100 butterfly (2nd)	100 freestyle (1st) 200 IM (5th)
DIRK MARSHALL	BOSC	100 butterfly (1st)	100 freestyle (13th)
SCOTT JAFFE	BOSC	100 freestyle (7th) 100 breast (11th)	50 freestyle (10th)
HEIDI HANNENIAN	SSA	400 IM (14th)	
LARISSA HEROLD	SSA	200 back (11th)	100 back (13th)
SHELLA CONWAY	UN	400 IM (10th)	200 IM (13th)

Also participating in individual events were:

ANNE KOERCKEL	BGSC	ANDREW HALL	BGSC
LYNN KELLEY	BGSC	JOE SHEEHAN	MELY
LESLIE REPETTO	BGSC		

Several New England relays also placed in finals and consolations.

Women:	BGSC:	400 medley (6th)	SSA :	400 free (8th)
		400 free (15th)		800 free (9th)
		800 free (15th)		
Men :	BOSC:	400 medley (5th)		
		400 free (4th)		
		800 free (4th)		

Participating on relays were:

BGSC: JEN JONES, LAURA KOERCKEL
 SSA : TARA MCGARR
 BOSC: MIKE MCGRATH, CHRIS HANCOCK, KRESIMIR PEHARDA

JENNY THOMPSON placed fifth overall for women. The SSA women placed 4th, and the BOSC men placed eighth overall.

METERS AND YARDS DURING THE SUMMER:

There has been some confusion concerning times for championship meets during the long course season. Long course (50) meter times are NEVER converted to yard times and yard times are NEVER converted to meter times. At the championship meets during long course, the long course (50) meter times are seeded first followed by the yard times.

Short course (25) meter times, however, may be converted to yard times by .9049. These times will be seeded with the other yard times following the long course (50) meter times. Short course (25) meter times are not eligible for Top Ten Times or New England Records. They also are not eligible for National Top 16 Times.

SHORT COURSE JUNIOR OLYMPIC CHAMPIONSHIPS (EAST):

CONGRATULATIONS to the New England Swimmers who participated in the Short Course Junior Olympic Championships (east) in Pensacola, Florida. New England swimmers placed first in two events:

STEPHEN ROOT (BGSC) won the 500 freestyle.

DEAN FREDETTE (SSA) won the 200 butterfly.

Also swimming in finals or consolations were:

WAYNE SNELGROVE	BGSC	JAY CRAFT	CSC
DAVID MAINEN	BGSC	SEAN GOULDSON	MVP
RAY CAREY	BGSC	JAY PELUSO	LRAC
LARISSA HEROLD	SSA	ERIC JONES	UN
BRIAN LIVINGSTON	SSA	CHRISTINE AGNEW	PVAC

Swimming in individual events were:

KRISTAN GATELY	SEA	JODI DELUCA	BGSC
KRISTY UUSTAL	LRAC	JIM MCGINNIS	BGSC
FELICIA SEXSMITH	LRAC	DAN SCHAR	BGSC
CHRISTOPHER HOLT	LRAC	KHARI MILNER	BGSC
SCOTT REED	LRAC	ALICIA KEENAN	NEB
JILL COMEAU	GMSC	JOSH FRASER	NEB
JENNIFER BURNS	NWSC	RON ZUMALLACK	CCSC
PAIGE MORGAN	MSSC	JASON SEAVER	SSA
MIKE HOLLAND	GBSC	STEPHEN KOZOWYK	MVP

Participating on relays were:

LRAC: JOHN FLOWERS

BGSC: MATT MCKAY, CHRIS ANDERSON, MELISSA REILLY, KRISTEN BLOMBERG, RACHEL DEVITO, AMY VAN AKEN, VICTORIA CAMELIO, VICTORIA FLEMING, JENNIFER JACKSON

The BGSC men placed in three relays--400 free, 800 free, 400 medley.

Overall, the BGSC men placed 3rd and the SSA men placed 12th. SSA placed 12th for combined men and women.

NEW ENGLAND RECORDS AND NATIONAL TOP 16 REPORTABLE TIMES:

Anne Hawkins would like to make an urgent request to turn in any times that break New England records or are eligible for Top 16 Times. She needs the swimmer's name and USS number as well as information concerning the time being reported and results if the meet took place out of district.

She is especially interested in relays, especially those from New England Senior Championships. She cannot report any relays without the swimmers' names, ages and USS numbers.

If you have any questions, please contact Anne Hawkins at 603-465-2550.

CHANGES IN CONTACT PEOPLE FOR MEETS:

For the Belmont Aquatic meet, the contact person is Mary McCann 617-484-7865.

For the Manchester meets, the contacts are Pat Treadway 603-429-0784 or Renee Hall 603-644-5703.

SAFETY TRAINING FOR COACHES:

The America Red Cross has recently completed its national retraining of Water Safety Instructor Trainers. Your local Red Cross chapter will soon offer the Water Safety Instructors in your area updated training in the new materials which include Safety Training for Swim Coaches. This course, along with the new American Red Cross Standard First Aid course (or equivalent) and CPR provides a level of training required by United States Swimming.

Please note that only Water Safety Instructors that have been updated in the new materials will be allowed to teach this course. In order to have safety training courses available in New England for the 1990 membership year, we need to identify those Water Safety Instructors in New England who are or have been actively involved in competitive swimming and are willing to be retrained to teach Safety Training for Swim Coaches.

If you are interested, contact your local Red Cross chapter for retraining opportunities or contact Priscilla Davis (508-468-3786).

COACHES CONFERENCE:

North Country Aquatic Club and Dartmouth College will host the second New England ASCA Swim Coaches Conference on May 13--14, 1989. The purpose of the conference is to enhance each individual's knowledge of the sport as well as provide an opportunity for all to brainstorm on the future of New England Swimming.

Speakers will include: Joe Bernal, Head Coach, Harvard University Men's Swim Team and Bernal's Gator Swim Club; Tim Murphy, Head Coach, Wilton Y Wahoos; Nancy Nitardy, Head Coach, Dartmouth College Women's Swim Team; Mike Parratto, Head Coach, Seacoast Swim Association; John Donovan, president, Donovan Associates.

For more information, contact Roy Coates at 603-646-3433 (work) or 603-448-3061 (home).

There is a CORRECTION in the results of Age Group Championships:

MATT GLOGOWSKI (NBYP) placed sixth for 11 and 12 boys.

SUMMER SWIM CAMPS:

The Westbrook Swim Club in cooperation with Joe Bernal will be hosting a Swim Camp on June 25--30, 1989 at Westbrook's Devan Pool. For more information contact Dennis Connelly, 7 Crestwood Drive, Westbrook, ME 04092.

The University of Massachusetts, Amherst will host a swim camp with two sessions, June 25--30, 1989 and July 2--7, 1989. For more information contact Russ Yarworth, 413-545-0093.

PROGRAM DIRECTOR/SWIM COACH NEEDED. This is a full time professional position, paying \$17,000 to \$20,000 plus benefits. Please call 508-297-0869 or send a resume to: Clark Memorial Community Center
155 Central Street
Winchendon, MA 01475

PLEASE NOTE PRICE INCREASES!

SEED CARDS: Seed cards are available through the New England Office. The cost for plain cards is \$18.00 per thousand, including mailing. If the cards are picked up in Needham, the cost is \$16.50 per thousand. There is no minimum, and the cards may be split any way between boys and girls.

If you want initials on the cards, the price for 1,000 cards is \$25.00, including mailing. If the cards are picked up in Needham, the cost is \$23.50. If you want 2,000 or more cards with initials, the cost is \$21.00 per thousand including mailing. If 2,000 or more cards with initials are picked up in Needham, the cost is \$19.50 per thousand. The minimum order for cards with initials is 1,000 cards.

NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to NEWSLETTER PLUS. Subscriptions may be ordered through the New England office for \$10.00 per year. Clubs do not have an expiration date on their labels since all registered clubs receive one free subscription with their registration.



**United States Swimming
New England**

20 Cleveland Road Needham, MA 02192



FIRST CLASS

PIONEER VALLEY AQUATIC CLUB
Isabelle Fraser
125 Franklin Road
Longmeadow, MA 01106
PVAC



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

MAY 1989

IN THIS ISSUE: PROPOSED 1989--1990 SHORT COURSE CALENDAR & BID FORM; UPDATE FOR SUMMER CALENDAR. ZONE MEET INFORMATION--SHORT COURSE & LONG COURSE; RACING CAMP; TECHNICAL COMMITTEE REPORT; NEW ENGLAND MEET POLICIES; REIMBURSEMENT POLICY; SWIM-A-THON...

LARRY COUNTRYMAN (CSSM) has been appointed as the interim coach representative until a new one is elected by the coaches at Age Groups in July.

RACING CAMP: There will be a racing camp for 9 and 10 boys and girls in Duxbury on June 11, 1989. More information is available on the form included in this newsletter.

PLEASE NOTE that there is AN ERROR in the time. It should be 8 a.m. to 2 p.m.

REIMBURSEMENT:

SHORT COURSE: Several New England Swimmers who swam in individual events at national meets this spring and who are eligible for reimbursement because they swam in three New England meets during the short course season have not yet applied for their reimbursement. Please remember that requests should be submitted within eight weeks of the meet.

LONG COURSE: Because of the limited number of long course meets this summer, the technical committee recommended the following change of policy for the long course season and the Board adopted it at the May board meeting.

For the 1989 Long Course season only, swimmers who participate in individual events at Senior Nationals or Junior Nationals are eligible for reimbursement if they have participated in TWO NEW ENGLAND CALENDAR MEETS during the long course season. A swimmer who did not participate in three New England calendar meets during the short course season is eligible to apply for a waiver for reimbursement for short course championship meets if the swimmer participates in TWO New England calendar meets during the long course season.

OFFICIAL'S CLINIC: Jerry Zimmer will be presenting a clinic for timers and Stroke and Turn Officials on June 28, 1989 at the elementary school in Bellow's Falls, VT at 7 p.m. Anyone who is interested in attending should contact Marge Adams (802-463-4975) or Jerry Zimmer (603-673-0676).

The Board of New England Swimming will meet on Monday, June 12, 1989 at the Wellesley Community Center, Wellesley, MA.

RACING CAMP

Sponsored by United States Swimming and New England Swimming for the benefit of the best 9--10 boys (25) and girls (25) in New England.



- DATE : Sunday, June 11, 1989
LOCATION : Percy Walker Pool, Duxbury, MA
TIME : 9 a.m. to 2 p.m. Please bring a bag lunch. Drinks and snacks also will be available for purchase at the pool.
COST : There will be a \$10 deposit which will be returned when the swimmer attends camp. Please make the checks out to New England Swimming.
DEADLINE : Applications must be received by June 1, 1989.
STAFF : The staff will be Ken Oberg and four other New England coaches.
FOR FURTHER INFORMATION: Contact the office (617-449-0270) or Camp Director, Ken Oberg (617-934-6114).

DIRECTIONS: From route 128 take route 3 south toward Cape Cod. Take exit 11 off route 3 and bear right off the exit. At the second flashing light bear right onto route 14. Continue on route 14 for about 1.2 miles to the intersection of route 3A where there is a stop light. Continue across route 3A onto St. George Street. Continue on St. George Street for about .7 mile. The pool is on the right just before the town Library and High School.

APPLICATION

NOTE: There will be no follow-up acknowledgement unless the camp is over-subscribed. Please consider your application accepted unless you are otherwise informed.

NAME _____ M/F (circle)
ADDRESS _____
street _____
city _____ state _____ zip _____
AGE _____ GRADE THIS YEAR _____ SWIM CLUB _____
* USS NUMBER _____
PARENT'S NAME _____
PHONE _____ EMERGENCY PHONE _____
BEST TIMES SINCE SEPTEMBER 1988 : 50 yard freestyle _____ 50 yard backstroke _____
50 yard butterfly _____ 50 yard breaststroke _____
100 yard individual medley _____

* All swimmers must be 1989 registered members of New England Swimming.

Any swimmer whose entry is accepted will, for himself, his heirs, executors, and administrators, waive and release any and all rights and claims for damages he may have against United States Swimming, New England Swimming, ADSC, and the Town of Duxbury for any and all injuries suffered by him at said Racing Camp.

parent's signature

Please return with \$10 deposit check by JUNE 1 to Ken Oberg, P. O. Box 1611, Duxbury, MA 02332

NEW ENGLAND SWIMMING LONG COURSE 1989 CALENDAR UPDATE:

July 8--9 :	Brockton Community YMCA CB Brockton High School Brockton, MA	Phil Milbert 85 Legge Street Bridgewater, MA 02324 508-697-2660
July 20--23 :	New England Senior Championships Bernal's Gator Swim Club Blodgett Pool, Harvard University Allston, MA	New England Swimming 20 Cleveland Road Needham, MA 02192 617-449-0270
July 27--30 :	New England Age Group Championships Bernal's Gator Swim Club Blodgett Pool, Harvard University Allston, MA	New England Swimming 20 Cleveland Road Needham, MA 02192 617-449-0270



 TECHNICAL COMMITTEE:

The Technical Committee met on Saturday, May 6, 1989 and made the following recommendations which were approved by the Board at the May 8, 1989 meeting.

CHAMPIONSHIP MEETS: In response to a request by the coaches committee, the short course, 1989--1990 calendar was established with the Senior Championship meet following the Age Group Championship meet. Swimmers who qualify for Seniors at Age Groups may enter Seniors. Please note that the format of short course Age Groups is expected to be the same as this year's short course age groups with 13 and 14 the oldest age group in the meet.

For this summer, relays at Age Groups will be the first event of each session; relays at Seniors will be the last event at finals.

Bronze Championships and Silver Championships will be renamed the Bronze Classic and the Silver Classic. Awards at these meets will be custom ribbons rather than medals. The meets will be run in the same manner as this year with two changes. There will be cuts at the Bronze Classic. At the Silver Classic, the 11 and 12 500 yard freestyle will be run on Friday evening, but the 11 and 12 girls 200 free will be swum as the last event on Saturday morning and the 11 and 12 boys 200 free will be swum as the first event on Sunday.

At Championship meets there should be a minimum of 20 minutes between events (for the same sex and age group). At other meets this rule is at the discretion of the meet referee.

For Senior Championships New England Swimming will pay for the medals and ribbons.

ALL MEETS: All meets should have a Meet Committee consisting of the meet director, referee and a coaches representative (not from the host team).

The meet director should be present at all sessions of the meet. If this is impossible, a substitute who is very familiar with the meet should be appointed.

PROPOSED CALENDAR FOR SHORT COURSE, 1989--1990:

OCTOBER	8	:	New England Annual Meeting	
	9	:	Specialty meet	
	13--15	:	Specialty meet	
	20--22	:	Specialty meet	
	28	:	Specialty meet	
	29	:	Top Ten Banquet	
NOVEMBER	3--5	:	Specialty meet	B meet (I)
	10--12	:	C meet (I)	A meet (I)
	17--19	:	B meet (II)	
	24--26	:	A and Better (all events)	C meet (II)
DECEMBER	1--3	:	Specialty meet	B meet (II)
	8--10	:	C meet (II)	
	15--17	:	Christmas Classic--A and Better (all events)	
	22--24	:	Specialty meet	
	29--31	:	Specialty meet	
JANUARY	5--7	:	A meet (I)	
	12--14	:	B meet (I)	
	19--21	:	C meet (I)	
	26--28	:	National Qualifier	B meet (II)
FEBRUARY	2--4	:	AA meet--trials and finals	C meet (II)
	9--11	:	Eight and under Championships	
	16--18	:	Age Group Qualifier	
	23--25	:	Bronze Classic	
MARCH	2--4	:	New England Age Groups	
	9--11	:	New England Seniors	
	16--18	:	Silver Classic	
	19--25	:	USS Senior Nationals--Nashville, Tennessee	
	27--31	:	Junior Nationals, Ease--Cleveland, Ohio Eastern Zone Meet--Orono, Maine	

Schedule I : 100's for 12 and unders; 100's for 13 and overs

Schedule II: 50's for 12 and unders; 200's for 13 and overs

Specialty meets may include: distance meets, pentathlons, team meets, mini-meets, etc.

The bid form is included in this newsletter. It should be completed and mailed to the listed people so that it is received by JULY 18, 1989.

BAY STATE GAMES:

The Bay State Games are open to Massachusetts residents, students in Massachusetts, or members of swim teams based in Massachusetts. Swimmers must be age 12 and up. Tryouts will be held on June 16 and 17, 1989 at six sites throughout the state. The finals will be held at the University of Massachusetts/Boston on July 14, 15, and 16, 1989. For further information, contact the Bay States Games at 617-727-3227 or the New England Swimming office.

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ZONE TEAM--SHORT COURSE, 1989 (NEW HAVEN, CT):

CONGRATULATIONS to the 1989 short course Zone Team! The team finished in 7th place (out of 12 teams), the best finish ever for a New England team!

CONGRATULATIONS to the following first place finishers:

MICHELLE MCWEENEY	NNB	15--18	200 breast (breaking the record!)
NICOLE RUTKOWSKI	CSSM	13--14	1000 freestyle
JOSH PRISTAW	NCAC	11--12	100 backstroke
			100 IM
			200 IM
WILLIAM MAHER	LRAC	9--10	100 freestyle
			200 freestyle

10 & Unders

JAIME CROSSCUP	NASY
CORINNE MONTANARO	LRAC
JESSICA TUCKER-MOHL	SSA
LISA BUSHNELL	BGSC
KELLY GITTLEIN	SSA
ALLISON VENDT	CSC
BRAD MANCINI	WSC
ANDREW KNUTTON	KCY
WILLIAM MAHER	LRAC
COREY BLAKELY	EPBC
CHRIS DANCHIK	NASY
GREG CARDILLO	CAST
JACK HENDERSON	SSA
JIM WHEELER	BGSC
JEROME LESLIE	PVAC

11-12

TARA PAULASKAS	MSSC
MARY BETH WILK	CAST
AMANDA HALL	NEB
KELLY GOULDSON	MVP
LEA DELICIO	SSA
JEAN TODISCO	CAY
MICHELE LABRIE	SSA
AMANDA HOLLIS	LRAC
DANIELLE PELUSO	CSSM
DIANA GROFF	MSSC
MINDY CRAIG	EPBC
KERRY KEARN	CSSM
CARL ERIKSSON	NEB
JON CASWELL	EPBC
CHARLIE BARNES	BCSY
MIKE SHAUGHNESSY	MSSC
JOSH PRISTAW	NCAC
TAD KREMEN	MSSC
SPENCER HAWKINS	MSSC
MIKE GUSTAFSON	GMSC

13--14

KIM HO	LRAC
LIZ KOTCH	EPBC
JULIE DEMPSTER	CSSM
HEATHER SAUNDERS	TRAC
BERNIE KEANE	CSSM
JESSICA LEE	TRAC
WENDY ROWE	NEB
SAMANTHA BRIGGS	EST
JESSICA ZUELI	BYB
SUE KRESEL	NCAC
NICOLE RUTKOWSKI	CSSM
KATE SHAUGHNESSY	MSSC
BRIAN FEHLAU	NEB
ALEX CUNHA	NEB
JIM THOMAS	CSSM
MATT SMITH	PYST
ANDREW WHITNEY	SSA
JEREMY ANDA	MSSC
JAMIE ANDA	MSSC
KEITH GETCHELL	EST

15--18

MELISSA HARMS	PVAC
MICHELLE MCWEENEY	NNB
KARYL BREWSTER	NWSC
DEE CALLAHAN	CSSM
PAUL MIKUSZEWSKI	PVAC
GREG MEYMARIS	WSC
RON GAGNE	LRAC
BRIAN DELLAPORTA	CSSM
DANNY MULGREW	CSSM
CRAIG PELUSO	CSSM
TONY SANTINO	CSSM

COACHES

DAVE PALUMBO	MSSC
ROY COATES	NCAC
KEVIN SALISBURY	EPBC

continued.....

ZONE MEET (continued):

THANKS to the parents who helped with officiating, chaperoning, timing and arranging meals: Mrs. Mancini, Mrs. Crosscup, Mr. Maher, Mr. Wilk, Mrs. Montanaro, Mrs. Danchik, Mrs. Pristaw, Mrs. Gustafson, Mrs. Fehlau, Mr. Santino, Mrs. Kotch, Mrs. Elakely, Mrs. Craig, Mrs. Zueli.

ZONE MEET--LONG COURSE, 1989:

The Long Course Zone Meet will be held on August 17--20, 1989 (please note the change of date) at the Oak Mar Recreation Center in Oakton, VA. New England Swimming will submit the entry, send a coach and provide suits and caps. Swimmers are on their own for transportation, room and food.

Cuts for the meet are: 10 & under: AA times
 11--14 : AAA times
 15--18 : AAAA times

Although only two swimmers per event from the same team may score, anyone who makes the cut may enter an event. If there are not two swimmers for an event with the cut, swimmers with times slower than the cut may enter.

Isabelle Fraser will be doing the entry and will accept applications through Age Groups.

1988 FINAL TOP TEN SWIM-A-THON LISTING:

AMY PALMER (SSA) won the top female fundraiser of 1988, raising \$2,696. For her efforts Amy won a trip to the Phillips 66/USS National Long Course Championships this summer in Los Angeles, CA.

JOSH PRISTAW (NACAC) raised \$1,698 and placed ninth in the national rankings.

SEACOAST SWIMMING ASSOCIATION placed sixth for teams raising \$20,127.

The SEEKONK DOLPHINS raised \$3,211 and placed tenth for high school teams.

Since September, New England Swimming has received over \$2,000 as a result of Swim-A-Thons held by AQUA-DUX SWIM CLUB, HAMPSHIRE HILLS SWIM TEAM, HAMPSHIRE REGIONAL YMCA, CUMBERLAND AREA SWIM TEAM, SEACOAST SWIM ASSOCIATION, SEEKONK DOLPHIN SWIM TEAM and SHAWMUT AQUATIC CLUB.

Teams that wish more information about running a Swim-A-Thon should contact United States Swimming.

CHANGES OF ADDRESS:

LYNN YMCA KILLER WHALES

Irene Sinapis
 102 Ashland Street
 Lynn, MA 01905

LYKW

BELMONT AQUATICS

Ann Murray
 180 Warren Street
 Watertown, MA 02172

BA

COMMUNITY STARS & STRIPES OF MEDFORD

Larry Countryman
 PO Box 673
 Medford, MA 02155-9998
 CSSM

NEW TEAM:

OCEAN STATE AQUATICS

Stephani Turner
 PO Box 297
 East Greenwich, RI 02818

OSA

GENERAL INFORMATION CONCERNING NEW ENGLAND MEETSTYPES OF MEETS:

- A(B)--First consideration is given to swimmers with "A" or better times; swimmers with "B" times may swim if there is room.
- B(A)--First consideration is given to swimmers with "B" times; swimmers with "A" or better times may swim if there is room.
- B(C)--First consideration is given to swimmers with "B" times; swimmers with "C" times or no times may swim if there is room.
- C(B)--First consideration is given to swimmers with "C" times or no times; swimmers with "B" times may swim if there is room.

CUTS: Meets that are over subscribed will be cut as follows:

- A(B)--"B" swimmers are cut by time; if all "B" swimmers have been cut, "A" swimmers are cut by time.
- B(A)--"A" swimmers are cut by date of receipt; if all "A" swimmers have been cut, "B" swimmers are cut by date of receipt.
- B(C)--"C" swimmers are cut by date of receipt; if all "C" swimmers have been cut, "B" swimmers are cut by date of receipt.
- C(B)--"B" swimmers are cut by date of receipt; if all "B" swimmers have been cut, "C" swimmers are cut by date of receipt.

Specialty meets--cut by date of receipt.

NOTE--New England Swimming has established "date of receipt" rather than "post-mark" to allow for other methods of delivery--hand, UPS, etc

AWARDS:

- A(B)--Medals will be given to the top 6 (or 8 in the case of an 8-lane pool) swimmers (whether entered with "A" or "B" times). If desired, ribbons may also be given to the top 6 (or 8) "B" swimmers who finish with "B" times.
- B(A)--Ribbons will be given to the top 6 (or 8) "B" swimmers achieving "B" times.
- B(C)--Ribbons will be given to the top 6 (or 8) swimmers achieving "B" times (whether entered with "B" or "C" times). If desired, ribbons may also be given to the top 6 (or 8) "C" swimmers who finish with "C" times.
- C(B)--Ribbons will be given to the top 6 (or 8) "C" swimmers achieving "C" times.
- Specialty meets--Ribbons will be given to the top 6 (or 8) finishers

NOTE--Championship and specialty meets may have different awards which will be established at the time the bid is awarded.

At all meets appropriate achievement cards should be written for swimmers achieving times at a higher level.

*Handwritten signature*ENTRY FEES: (as of May 1, 1988)

A(B)--(or if medals are awarded) up to \$2.00; \$4.60 per relay.

B(A), B(C), C(B)--up to \$1.50; \$3.60 per relay.

Trials and finals meets--up to \$3.00; \$6.60 per relay.

Specialty meets may charge up to \$1.50 unless permission is given to charge another fee.

NOTE--Championship and specialty meets may have different entry fees which will be established at the time the bid is granted.

SURCHARGES:

A(B)--45¢ per individual event

B(A), B(C), C(B)--30¢ per individual event

Trials and finals meet--45¢ per individual event

NOTE--There is no surcharge for relays.

NOTE--In all cases "A" refers to "A" and better times.

SCHEDULES:

SCHEDULE I --13 and Over: short events (100's; 200 IM)
12 and under: long events (100's; 200 IM)

SCHEDULE II--13 and over: long events (200's; 400 IM)
12 and under: short events (50's; 100 IM)

SPECIALTY MEETS--distance meets, senior development meets, mini meets for younger swimmers, relay carnivals, freestyle specialty meets, pentathlons, etc.

PRE-SEDED MEETS are not allowed in New England unless a special request is made at the time the bid is submitted, and the special request is granted by the calendar committee.

NEW ENGLAND SWIMMING OFFICE

Mary Riddell
20 Cleveland Road
Needham, MA 02192

617-449-0270

Telephone Hours: Monday : 8:00 a.m.-- 2:00 p.m.
7:30 p.m.--10:30 p.m.
Thursday: 8:00 a.m.-- 2:00 p.m.



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

JUNE 1989

IN THIS ISSUE: CLARIFICATION OF 1989 LC SENIORS MEET INFORMATION;
RECORD BREAKING SWIMS--SC 1988--1989; NE NATIONALLY
REPORTABLE TIMES--SC 1988--1989; "THE BACKSTROKE";
1988 WORLD RANKINGS; NEW ENGLAND CHAMPIONSHIP MEET
INFORMATION; ZONE MEET HOTEL; NOMINATING COMMITTEE...

NOMINATING COMMITTEE:

At the June meeting of the New England Board the following people were named to the Nominating Committee for the 1989--1990 Board of New England Swimming:

PRISCILLA DAVIS, CHAIRMAN (508-468-3786), PHIL BAKER (603-431-4587),
DONNA BROWN (617-776-4531), and ISABELLE FRASER (413-567-3415).

Any member of the New England Swimming community who would like to become a member of the New England Board should contact one of the members of the Nominating Committee.

BIDS FOR 1989--1990 SHORT COURSE SEASON:

All teams that are interested in hosting a meet during the short course, 1989--1990 season should submit a bid to the proper members of the Calendar Committee by (as listed on the bid form) by July 18.

COACH REGISTRATION:

Please remember that ALL COACHES who wish to be on deck at a New England Swimming meet must wear their membership cards so that the referee can quickly tell that all coaches on deck are properly registered with United States Swimming. Any coach who has lost a card may ask the New England office for a duplicate card.

ALL OFFICIALS also must wear their membership cards when they are officiating so that the referee can be sure that everyone on deck, except the timers, is properly registered.

The Board of New England Swimming will meet on Monday, July 10, 1989 at the Wellesley Community Center, Wellesley, MA at 7 p.m.

UNITED STATES SWIMMING

1750 East Boulder Street, Colorado Springs, Colorado 80909-5770 Phone: (719) 578-6578 Telex: 258878 FAX: (719) 578-4669



AT THE RULES COMMITTEE MEETING THIS PAST WEEKEND, THE RULES COMMITTEE UNANIMOUSLY ADOPTED THE FOLLOWING RESOLUTION. PLEASE DISTRIBUTE IT WITHIN YOUR LOCAL SWIMMING COMMITTEE.

CLARIFICATION OF 1989 IC SENIORS MEET INFORMATION BOOK

In conformance with Article 206.8.2 of the Administrative Regulations of Competition, which limits the number of swims in the National Championships, the statement on page 6 of the 1989 Phillips 66/USS Long Course National Championship Meet Information Booklet is corrected to read "A swimmer may enter any number of individual events in which he/she has met the qualifying time standard, but may swim only four individual swimming events".

Pursuant to the authority granted under Article 514.1.1A (Amendments), the Rules Committee has determined that the backstroke and individual medley events in the 1989 Phillips 66/USS Long Course National Championship meet shall be swum in accordance with the FINA interpretation of the backstroke rule given on page 3 of the meet information booklet. All other events, including the medley relay, will be swum according to USS Technical Rules.

RECORD BREAKING SWIMS -- NEW ENGLAND -- SHORT COURSE 1988-1989

NE: Best time achieved in New England by a USS registered swimmer

RES: Best time achieved anywhere by a New England USS registered swimmer.

CONN: Best time achieved in Connecticut by a USS registered swimmer

* Indicates new and currently standing record

(In cases where an individual broke the same record more than once, only the fastest time is listed.)

IF THERE ARE ANY ERRORS OR OMISSIONS IN THIS LISTING, PLEASE CONTACT ANNE HAWKINS, RECORDS CHAIRMAN (P.O. BOX 397, HOLLIS NH 03049) (603) 465-2550.

EVENT	RECORD	TIME	NAME	CLUB	MEET	DATE
(Eight and Under Boys)						
25 Back	*NE/RES	16.75	Daniel Bazylewicz	BYB	8&U AG	2/89
50 Back	*RES	36.75	Daniel Bazylewicz	BYB	BYB "A"	1/89
100 Medley Relay	*NE/RES	1:13.83	Cumberland Area ST (M. Dillon, G. Willette, C. Fernandes, S. Hunter)	CAST	8&U AG	2/89
(9 and 10 Girls)						
100 Fly	CONN	1:06.31	Jessica Tucker-Mohl	SSA	ZONE	3/89
	CONN	1:06.79	Beth Elle	PVAC	CONN AA	2/89
(9 and 10 Boys)						
50 Back	*RES	31.98	Spencer Hawkins	MSSC	WSC	1/89
100 Back	*NE/RES	1:07.07	Spencer Hawkins	MSSC	WSC	1/89
(11 and 12 Girls)						
200 Medley Relay	*NE/RES	1:58.59	Cape Ann YMCA (M. Simpson, J. Todisco, S. Herrick, E. Meany)	CAY	AG	3/89
	NE/RES	2:00.33	Seacoast SA (N. Currier, K. Nagle, M. Labrie, L. Delicio)	SSA	AG	3/89
	NE/RES	2:00.36	Manchester SC (D. Groff, K. Duffett, T. Paulauskas, E. Lanciault)	MSSC	AG	3/89

RECORD BREAKING SWIMS (continued)

EVENT	RECORD	TIME	NAME	CLUB	MEET	DATE
(11 and 12 Girls, continued)						
200 Free Relay	*NE/RES	1:44.95	Cape Ann YMCA (M. Simpson, J. Todisco, S. Herrick, E. Meany)	CAY	AG	3/89
	NE/RES	1:46.18	Manchester SC (D. Groff, K. Duffett, T. Paulauskas, E. Lanclault)	MSSC	AG	3/89
	NE/RES	1:47.36	Seacoast SA (L. Delicio, N. Currier, M. Labrie, K. Nagle)	SSA	AG	3/89
400 Free Relay	*NE/RES	3:50.27	Cape Ann YMCA (M. Simpson, J. Todisco, S. Herrick, E. Meany)	CAY	AG	3/89
	NE/RES	3:51.69	Seacoast SA (L. Delicio, N. Currier, M. Labrie, N. Ciancarelli)	SSA	AG	3/89
	NE/RES	3:53.21	Bernal's Gator SC (T. Fleming, J. Schmid, L. Costello, S. Trainer)	BGSC	AG	3/89
	NE/RES	3:53.42	Manchester SC (D. Groff, K. Duffett, T. Paulauskas, E. Lanclault)	MSSC	AG	3/89
(13 and 14 Girls)						
100 Fly	*RES	56.33	Larissa Herrold	SSA	JO	3/89
400 IM	*RES	4:27.12	Larissa Herrold	SSA	JO	3/89
(13 and 14 Boys)						
200 Free	*RES	1:45.43	Michael Carroll	CSSM	AG	3/89
200 Back	*RES	2:02.06	Michael Carroll	CSSM	NE/SR	3/89
200 Breast	*RES	2:14.76	Chris Anderson	BGSC	NE/SR	3/89
200 IM	*NE/RES	1:50.36	Michael Carroll	CSSM	AG	3/89
800 Free Relay	*NE/RES	7:43.64	Bernal's Gator SC (R. Wiley, J. Quimby, J. Thomas, C. Anderson)	BGSC	AG	3/89
(15 to 18 Girls)						
50 Free	*NE	23.13	Jenny Thompson	SSA	NE/SR	3/89
	*RES	22.66	Jenny Thompson	SSA	SR/NAT	3/89
100 Free	*RES	49.67	Jenny Thompson	SSA	SR/NAT	3/89

CONGRATULATIONS TO ALL THESE NEW ENGLAND SWIMMERS WHO ACHIEVED NATIONAL AGE GROUP REPORTABLE TIMES DURING THE 1988-1989 SHORT COURSE SEASON!

10 and UNDER:

Lisa Bushnell	BGSC	50 Free (27.89)
Beth Elle	PVAC	50 Free (27.46), 50 Fly (30.23), 100 Fly (1:06.79),
Kelly Gittlein	SSA	50 Free (27.35)
Jessica Tucker-Mohl	SSA	50 Free (27.99), 100 Free (1:00.95), 50 Back (32.39), 50 Fly (29.76) 100 Fly (1:06.31), 100 IM (1:09.94) 200 IM (2:30.09)
Ethan Crosby	BGSC	50 Free (27.40), 50 Fly (30.28)
Spencer Hawkins	MSSC	50 Free (27.40), 100 Free (1:00.24) 200 Free (2:10.48), 50 Back (31.98) 100 Back (1:07.07), 50 Fly (30.30), 100 Fly (1:07.50), 100 IM (1:08.52) 200 IM (2:26.92)
William Maher	LRAC	50 Free (27.61), 100 Free (59.64), 200 Free (2:09.59), 100 Back (1:10.44), 200 IM (2:29.51)

11 and 12:

Lea Dellicio	SSA	50 Free (25.47)
Tory Fleming	BGSC	100 Breast (1:11.56)
Amanda Hall	NEB	100 Free (55.68), 200 Free (2:00.75), 50 Back (29.63), 100 IM (1:03.56), 200 IM (2:17.44)
Allyson Horgan	HYST	50 Fly (28.23)
Nicole Rutkowski	CSSM	500 Free (5:19.49)
Megan Simpson	CAY	50 Back (29.95), 100 Back (1:03.08)
Jean Todisco	CAY	100 Fly (1:02.09)
Charles Barnes	BCSY	50 Fly (27.36)
Matt Craven	BGSC	50 Free (24.61), 100 Free (54.04), 50 Breast (31.43)
Carl Eriksson	NEB	50 Breast (31.69)
Josh Pilstaw	NCAC	100 Back (1:02.29), 100 IM (1:01.39) 200 IM (2:12.08)
BGSC Girls	BGSC	400 Free Relay (3:53.21)
CAY Girls	CAY	200 Free Relay (1:44.95) 400 Free Relay (3:50.27) 200 Medley Relay (1:58.59)
MSSC Girls	MSSC	200 Free Relay (1:46.18) 400 Free Relay (3:53.42) 200 Medley Relay (2:00.36)
NEB Girls	NEB	200 Free Relay (1:47.95)
SSA Girls	SSA	200 Free Relay (1:47.36) 400 Free Relay (3:51.69) 200 Medley Relay (2:00.33)

13 and 14:

Larissa Herrold	SSA	100 Free (53.17), 200 Free (1:53.35), 100 Back (57.49), 200 Back (2:02.73), 100 Fly (56.33), 200 Fly (2:09.21) 200 IM (5:05.75), 400 IM (4:07.12)
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NEW ENGLAND SWIMMERS' NATIONALLY REPORTABLE TIMES (continued)

Leslie Repetto	BGSC	100 Breast (1:07.13), 200 Breast (2:25.61)
Chris Anderson	BGSC	100 Breast (1:02.09), 200 Breast (2:14.76)
Michael Carroll	CSSM	200 Free (1:45.43), 500 Free (4:46.73), 200 Back (2:02.06), 200 IM (1:58.35), 400 IM (4:15.62)
BGSC Boys	BGSC	800 Free Relay (7:43.64)
15 and 16:		
Shella Conway	UN-BGSC	500 Free (4:53.54), 1000 Free (10:00.13), 100 Back (58.14), 200 Back (2:05.58), 200 IM (2:04.52), 400 IM (4:19.93)
Laura Koerckel	BGSC	100 Free (51.79)
Leslie Repetto	BGSC	100 Breast (1:04.98), 200 Breast (2:19.08)
Jenny Thompson	SSA	50 Free (22.66), 100 Free (49.67), 200 Free (1:46.74), 100 Back (58.56), 200 Back (2:05.30), 100 Fly (54.19), 200 IM (2:02.26), 400 IM (4:28.74)
Ray Carey	BGSC	100 Fly (50.62), 200 Fly (1:52.29), 200 Back (1:54.47), 400 IM (4:05.32)
Sean Gouldson	MVP	200 Free (1:41.99), 500 Free (4:34.32), 1000 Free (9:26.82), 100 Back (53.04)
Eric Jones	UN-SSA	100 Breast (58.39), 200 Breast (2:05.54)
Brian Livingston	SSA	1000 Free (9:23.18), 1650 Free (15:43.07)
17 and 18:		
Heidi Hannenian	SSA	500 Free (4:55.02), 100 Fly (56.65), 200 Fly (2:04.68), 400 IM (4:24.85)
Lynn Kelley	BGSC	100 Fly (56.40), 200 Fly (2:04.56)
Dean Fredette	SSA	1000 Free (9:21.23), 200 Fly (1:49.77)
Stephen Root	BGSC	500 Free (4:30.13), 1000 Free (9:23.05)
Joseph Sheehan	MELY	100 Breast (57.64)
Jay Peluso	LRAC	200 Breast (2:05.84)
Wayne Snellgrove	BGSC	200 Fly (1:50.71)
BGSC Men	BGSC	400 Free Relay (3:07.29)
LRAC Men	LRAC	400 Medley Relay (3:35.01)

NEW ENGLAND SWIMMING OFFICE

Mary Riddell
20 Cleveland Road
Needham, MA 02192
617-449-0270

Office Hours: Monday : 8:00 a.m.--2:00 p.m.
7:30 p.m.--10:30 p.m.
Thursday: 8:00 a.m.--2:00 p.m.

RECORD BREAKING SWIMS (continued)

EVENT	RECORD	TIME	NAME	CLUB	MEET	DATE
200 Free	*RES	1:46.74	Jenny Thompson	SSA	SR/NAT	3/89
500 Free	*RES	4:53.54	Shella Conway	UN	SR/NAT	3/89
	RES	4:55.02	Heldi Hannenian	SSA	SCIM/CT	12/88
100 Breast	*RES	1:04.98	Leslie Repetto	BGSC	SR/NAT	3/89
200 Breast	*RES	2:19.08	Leslie Repetto	BGSC	SR/NAT	3/89
100 Fly	*RES	54.19	Jenny Thompson	SSA	SR/NAT	3/89
200 IM	*RES	2:02.26	Jenny Thompson	SSA	SR/NAT	3/89
	RES	2:04.52	Shella Conway	UN	SR/NAT	3/89
400 IM	*RES	4:19.93	Shella Conway	UN	SR/NAT	3/89
400 Medley Relay	*RES	3:52.11	Bernal's Gator SC (J. Jones, L. Repetto, L. Kelley, L. Koerckel)	BGSC	SR/NAT	3/89

NEW RECORDS ESTABLISHED

The technical committee of New England Swimming recently voted to establish records for 10 and Under 400 Freestyle Relays. Age Group Championship Results from 1983 to the present were reviewed, and the following entries represent the fastest swims in that time period. If anyone knows of a faster swim and can provide appropriate verification, please contact Anne Hawkins, Records Chairman.

SHORT COURSE

(10 & Under Girls)						
400 Free	NE/RES	4:18.08	Bernal's Gator SC	BGSC	AG	3/85
Relay	(L. Harold, K. Mahoney, M. Ravenelle, B. Mullen)					
(10 & Under Boys)						
400 Free	NE/RES	4:25.22	Weston Swim Club	WESC	AG	3/86
Relay	(C. Grelneder, C. Haberstroh, S. Beal, S. Korbly)					

LONG COURSE

(10 & Under Girls)						
400M Free	NE/RES	4:59.34	Cape Ann YMCA	CAY	AG	8/83
Relay	(Pulling, Repetto, O'Neill, Watters)					
(10 & Under Boys)						
400M Free	NE/RES	5:05.75	Weston Swim Club	WESC	AG	8/85
	(D. Rodenhaver, C. Grelneder, A. Cuhna, C. Haberstroh)					

LONG COURSE CHAMPIONSHIP MEETS:

AGE GROUPS: Age Groups during Long Course season are timed finals. Age groups included in Long Course Age Groups are: 8 and under, 9 and 10, 11 and 12, 13 and 14, and 15 through 18. Swimmers may enter with either yard times or meter times, but the meter times will be seeded first followed by the yard times which must be indicated by an *. All times must be achieved after September 1, 1988 except the distance events which must be achieved after May 1, 1988.

SENIORS: Senior Championships will be trials and finals. Again this season the events will be paired--50 and 100 free, 200 and 500 free, 800 and 1500 free, 100 and 200 back, 100 and 200 breast, 100 and 200 butterfly, 200 and 400 IM. A swimmer who has achieved a Senior cut in one event may also enter the second event in the pair. Swimmers entering a paired event must enter with their best time achieved since September 1, 1988 (or May 1, 1988 for the 800 and 1500 free). Swimmers may enter with either yard times or meter times and will be seeded as follows: meter times which make the cuts, *yard times which make the cuts, meter times which are paired, *yard times which are paired. All yard times must be *.

For VERIFICATION at Seniors, paired events will be verified using the verification for the event in which the cut has been achieved.

HOTEL FOR ZONE MEET:

A block of 34 rooms has been reserved at the Holiday Inn Fair Oaks in Fairfax, VA which is 5 minutes from the pool. The rooms have been reserved in the name of "New England Zone Team" and have been reserved for August 16--20 at \$57 plus tax per room. Call before August 1 (703-352-2525). Ask for Nancy Knecht if you have any problems and be prepared to give them your credit card number.

After last year's long course zone meet, several families commented that it would have been nice if all the New England families had been able to stay at the same hotel, so Marc Allen has made hotel arrangements.

NEW PHONE NUMBERS: PHIL BAKER, 603-431-4587
LARRY COUNTRYMAN, 617-497-9070 (leave a message)

NEW TEAM: BOSTON AREA SWIM CLUB
Jim Robertson
34 Clyde Street
Newton, MA 02160
BASK

ASSISTANT COACH NEEDED: Haverhill YMCA Swim Team needs an assistant coach, variable hours, salary commensurate with experience. Please contact Carl Cronin at 508-521-4751.

THE BACKSTROKE, JOHN JOHANESSEN, REFEREE CHAIRMAN

At my last clinic for Starters, quite a bit of time was spent discussing backstroke. This is an indication of much concern to the Official, and I guess that the concern goes right up to the national level. I suppose that the best was to handle this situation is to tell you the story of what happened to me, two years ago, at the Eastern Collegiate N.C.A.A. Championships.

All my Officials were Starters or better. During the 200 yard backstroke, I was called by the Turn and Stroke position to come quickly to the far end of the pool. Upon arriving, I was asked to confirm a coming D.Q. of the backstroke turn of the leader in this heat. I watched; after completion, I was asked my opinion? I answered, that I didn't adequately see it. The turn was so rapid that all was a blur, only the touch was visible. Thereupon my official said, "You didn't see it either"! Yet, just a moment ago, this official, from another Association, was going to D.Q. the eventual World Backstroke Champion, and eventual Olympic Gold Medal Winner, from competition. NO CALL is better than a poor call. DO NOT feel compelled to support something you can't adequately see. At this level, it's very difficult to watch the LOWER shoulder, the placement of the HIPS and the TOUCH simultaneously. The LOWER shoulder and the HIPS will tell you if the swimmer is past vertical. The UPPER shoulder (the one out of the water reaching for the wall) WILL be over the vertical because the swimmer is extremely flexible and is reaching for the wall. The rest of the body and hips WILL NOT be past vertical. Because of watching for the touch, your eyes will naturally focus on the upper rather than lower shoulder. It takes practice and concentration to break this habit.

The TOUCH is the key item. If a swimmer is turning WITHOUT touching, then a decided advantage is gained by the swimmer. This is your prime obligation, seeing that NO swimmer gains an unfair advantage over another swimmer. Own up to what you don't see, I can't see it either.

1988 WORLD RANKINGS:

CONGRATULATIONS to the following New England registered swimmers who were ranked in the top twenty-five in the world for long course times in 1988:

JENNY THOMPSON	SSA	50 meter freestyle	(10)
		100 meter freestyle	(20)
MISSY HOY	LRAC	1500 meter freestyle	(23)
SCOTT MCCADAM	BGSC	50 meter freestyle	(17)
		100 meter freestyle	(18)
ALEX KOSTICH	BGSC	800 meter freestyle	(9)
		1500 meter freestyle	(14)
DAVID BERKOFF	BGSC	100 meter backstroke	(1)

SEED CARDS: Seed Cards are available through the New England Office. The cost for plain cards is \$18.00 per thousand, including mailing. If the cards are picked up in Needham, the cost is \$16.50 per thousand. There is no minimum, and the cards may be split any way between boys and girls.

If you want initials on the cards, the price for 1,000 cards is \$25.00, including mailing. If the cards are picked up in Needham, the cost is \$23.50. If you want 2,000 or more cards with initials, the cost is \$21.00 per thousand including mailing. If 2,000 or more cards with initials are picked up in Needham, the cost is \$19.50 per thousand. The minimum order for cards with initials is 1,000 cards.

NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to NEWSLETTER PLUS. Subscriptions may be ordered through the New England office for \$10.00 per year. Clubs do not have an expiration date on their labels since all registered clubs received one free subscription with their registration.



United States Swimming
New England

20 Cleveland Road Needham, MA 02192

FIRST CLASS



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

JULY 1989

IN THIS ISSUE: OUTSTANDING SWIMMERS, SHORT COURSE 1988-1989; RESULTS OF NE SENIOR CHAMPIONSHIPS; SAFETY TRAINING FOR SWIM COACHES; A MESSAGE TO THE ATHLETES; REFEREE COMMENTS...

CONGRATULATIONS to: SHEILA CONWAY (RSC) and
LARISSA HEROLD (SSA) who recently swam in the United States Sports Festival in Oklahoma City, OK.

DATES TO REMEMBER: SATURDAY, OCTOBER 7, 1989: ANNUAL MEETING
SUNDAY, OCTOBER 29, 1989: TOP TEN BANQUET

REGISTRATION FEES:

Registration fees for 1990 will be as follows:

Club registration	:	\$100	(\$70 to USS; \$30 to New England)
Athlete registration	:	\$ 25*	(\$20 to USS; \$ 5 to New England)
Non-athlete registration	:		
Individual	:	\$ 22	(\$20 to USS; \$ 2 to New England)
Family	:	\$ 37	(\$35 to USS; \$ 2 to New England)

*This represents a \$3 increase.

Forms will be mailed to each team later this month asking for the team address for the fall and also for the name and address of the registration person for each team. Information concerning registration will be mailed to each registration person sometime in September. However, nothing will be mailed to a club until the office has received the name of the registration chairman for the team.

The next meeting of the Board of New England Swimming will be on Monday, September 11, 1989 at the Wellesley Community Center, Wellesley, MA at 7 p.m. Please note that there will not be an August meeting.

REFEREE COMMENTS

JOHN JOHANESSEN

A recent article by Walter Lippman, the Ntl. Swimming Rules Chairman, concerning the word simultaneously in breaststroke and fly and, in line with the water surface. Bill goes on to state that this injects a judgement decision and leaves room for doubt. When officiating, give swimmers the margin they deserve. As I've been saying since I returned from the Ntl. Officials Clinic, this rule change was not meant to be over officiated, and is to be looked upon as an honest attempt at being in line with the water surface and attempting a simultaneous two hand touch. When you feel that an honest attempt is not being made, raise your arm and talk it over with the Referee. When it bothers you, call it, cheating should not be allowed. Coaches should not try to figure out ways around this rule change, rather accept the leeway offered.

I wish to thank all the Coaches for their consideration at the Springfield meet. As it turned out, we had a perfectly run meet holding very closely to the time line while being over subscribed with swimmers. But it may not have been. We ran through 5 new Turn and Stroke Officials working with experienced people, plus 5 new Starters. Of course, they all had their share of jitters in the beginning but all came through with flying colors. Only one false start, and that was in the 50 frees; great going gang.

New England swimming also unveiled their newest additions. We now own 8 head sets for communicating between Officials. Not only did this save much time but it turned out to be an excellent teaching tool. Whenever a question was asked, or an incident happen, the question was turned over, answered, or discussed. All were tuned in, so all learned, not just one. I feel very comfortable about the people that worked this meet.

We had a little trouble in the beginning, but when in doubt, read the instructions, then they worked. Batteries should be taken out of the units after the meet, in this way we will never suffer a "melt down". The units work best if left in the mode which requires you to press the red button in order to speak. Voice activated was NOT the way to go. Too much background noise in an enclosed building, so the units never shut off.

These head sets will reside with Mary Riddell and be available to those hosting meets. A check must be left to insure their safe keeping and the check will be returned when the head sets are returned. Turn and Stroke people didn't feel left out, even the ones at the far end of the pool. Comments broke up hours of boredom and rotation of Officials was handled very easily. The other innovation was a "mouse box", alias milk crate. This allowed "mini officials", the elevation they needed to see toe placement in the backstroke of all six swimmers. It worked, don't

KABCK IT.

OUTSTANDING SWIMMERS--SHORT COURSE, 1988--1989

8 and UNDER

BRANDI BLAKELY	EPBC	DANIEL BAZYLEWICZ	BYB
ABBY BRETHAUER	MSSC	NICHOLAS GROFF	MSSC
WENDY BROWN	CSSM	DANIEL O'NEIL	MVP
REGAN FLYNN	HRY	PAUL SCHMED	NCAC
ANNE HUBER	NCAC	ERIK VENDT	CSC

9 and 10

LISA BUSHNELL	EGSC	MATT BURTS	GMSC
BETH ELIE	PVAC	ETHAN CROSBY	EGSC
KELLY GITTEIN	SSA	SPENCER HAWKINS	MSSC
TARA PAULASKAS	MSSC	WILLIAM MAHER	LRAC
JESSICA TUCKER-MOHL	SSA	BRAD MANCINI	WSC

11 and 12

LEA DELICIO	SSA	CHARLES BARNES	BCSY
TORY FLEMING	EGSC	MATT CRAVEN	EGSC
AMANDA HALL	NEB	KEITH GETCHELL	EST
TARA PAULASKAS	MSSC	JOSH PRISTAW	NCAC
JEAN TODISCO	CAY	TAL ZAMIR	SAC

13 and 14

RACHEL DEVITO	EGSC	JEREMY ANDA	MSSC
LARISSA HEROLD	SSA	MIKE CARROLL	CSSM
ELIZABETH KOTCH	UN	TOM SCHEINFELDT	TRAC
LESLIE REPETTO	EGSC	MATT SMITH	PYST
HEATHER SAUNDERS	TRAC	GENE SUTHERLAND	CAY

15 and 16

JENNIFER BURNS	NWSC	RAY CAREY	EGSC
SHEILA CONWAY	UN	DUSTIN FOSTER	MVP
LAURA KOERCKEL	EGSC	SHAN GOULDSON	MVP
LESLIE REPETTO	EGSC	CHRIS HOLT	LRAC
JENNY THOMPSON	SSA	BRIAN LIVINGSTON	SSA

17 and 18

CHRISTINE AGNEW	PVAC	JAY CRAFT	CSC
JILL COMEAU	GMSC	DEAN FREDETTE	SSA
HEIDI HANNENIAN	SSA	STEPHEN ROOT	EGSC
LYNN KELLEY	EGSC	DAN SCHAR	EGSC
KRISTY JUSTAL	LRAC	WAYNE SNEELGROVE	EGSC

OPEN

SHEILA CONWAY	UN	RAY CAREY	EGSC
HEIDI HANNENIAN	SSA	DEAN FREDETTE	SSA
LARISSA HEROLD	SSA	SCOTT JAFFE	BOSC
LYNN KELLEY	EGSC	STEPHEN ROOT	EGSC
JENNY THOMPSON	SSA	WAYNE SNEELGROVE	EGSC

SHORT COURSE CALENDAR:

The calendar will be printed shortly. The only meet that still needs a bid is New England Senior Championships, scheduled for the weekend of March 10, 1990. Any team that would like to bid on this meet should submit its bid immediately!

NEW ENGLAND SENIOR CHAMPIONSHIPS:

Thank you to Bernal's Gator Swim Club for hosting New England Senior Championships!

High Point Winners:

Individuals:

1.	JENNY THOMPSON	SSA	RAY CAREY	BGSC
2.	LYNN KELLEY	BGSC	DEAN FREDETTE	SSA
3.	LESLIE REPETTO	BGSC	JAY CRAFT	CSC
4.	NICOLE RUTKOWSKI	BGSC	SEAN GOULDSON	UN
5.	ALISON KLINAKIS	SSA	STEPHEN ROOT	BGSC
6.	RACHEL DEVITO	BGSC	ALEX KOSTICH	BGSC
7.	SHEILAH MCCARTHY	BGSC	BRIAN LIVINGSTON	SSA
8.	JENNIFER BURNS	NWSC	DAVID WILKINS	BGSC

Teams:

Women

Men

1.	BGSC	BGSC
2.	SSA	SSA
3.	NEB	NEB
4.	LRAC	LRAC
5.	MSSC	CCSC
6.	PVAC	CSC
7.	NWSC	UN
8.	CSSM	CSSM

Combined:

1. BGSC
2. SSA
3. NEB
4. LRAC
5. CSC
6. MSSC
7. UN
8. CCSC

The LARGE TEAM trophy was won by BERNAL'S GATOR SWIM CLUB.

The SMALL TEAM trophy was won by COASTAL SWIM CLUB.

CORRECTION: On the Short Course Age Group results, the fifth place swimmer for 13 and 14 boys should be listed as : JIM THOMAS CSSM

WANTED: COACH for 13 and 14 and 15 through 18 age groups for Hockomock (MAY) YMCA and USS swim team. Call Dick Kurrle 503-699-1639, days.

WANTED: NEE swim team seeks experienced head coach. Excellent opportunity. Two-pool program, seniors and age groupers, 100 swimmers. Interested parties contact Andy Hall at 617-890-2438 or Bill Whitman at 617-749-8010.

NEW SWIM CLUB in Southern Rhode Island seeks assistant coach(es) to assist in all areas of coaching. Applicant should possess swimming and/or coaching background and be interested in an age-group team with the thoughts of developing a senior level team. Salary commensurate with experience. Please send resume or letter with qualifications in confidence to P.O. Box 297, E. Greenwich, RI 02818.

CSS

COLLEGIATE SWIM SEARCH

- data on over 300 colleges
- athletic scholarships available
- current swimmer profiles
- cuts required
- access to coaches
- academic information
- 88-89 results

contact:
Barbara D. Conway
246 Concord Avenue
Lexington, MA 02173
617-863-2387

- FOR SALE: One COLORADO TIME SYSTEM MULTI-FUNCTION SCORE BOARD. Used with Colorado System 3. Cost new \$2,200, plus shipping. For sale for best offer. 617-293-4013 (Paul Miles)

NEW ENGLAND SWIMMING OFFICE

Mary Riddell
20 Cleveland Road
Needham, MA 02192

617-449-0270

Office Hours: Monday : 8:00 a.m.--2:00 p.m.
7:30 p.m.--10:30 p.m.
Thursday: 8:00 a.m.-- 2:00 p.m.

The office will be closed for vacation from August 24 through Labor Day.

SAFETY TRAINING FOR SWIM COACHES:

In order to be registered as a coach in 1990, United States Swimming requires one of the following safety training equivalents:

Safety Training for Swim Coaches (8 hour course) + First Aid + CPR = 1990 Coach Membership

OR

Safety Training for Swim Coaches (4 hour progression course) + WSI (NM) or WSIT (NM) or LGI (NM) or LGIT (NM) + First Aid + CPR = 1990 Coach Membership

OR

WSI (NM) or WSIT (NM) + LGI (NM) or LGIT (NM) + First Aid + CPR = 1990 Coach Membership

The following members of New England Swimming are qualified to teach the new Safety Training for Swim Coaches course and have expressed a willingness to teach the course.

KEVIN SALISBURY, 115 Williams Avenue, East Providence, RI 02914 (401-434-6776)

SHARYN THURBER, Whitney Street, Westboro, MA 01581 (508-366-5988)

JIM DONOGHUE, 63 Main Street, Essex Junction, VT 05452 (802-878-4721)

A SAFETY TRAINING FOR SWIM COACHES class will be offered on Friday, August 25, 1989 at Holy Cross College, Worcester, MA. The class will run from 8:30 a.m. until 4:30 p.m. (bring a lunch). To register, please contact Sharyn Thurber at 508-366-5988.

MICK MINUTOLI, Assistant Coach at MVP will be teaching in Greece for two years.

WANTED: One part-time coach. Salary commensurate with experience. Contact Rick Battistini at 508-373-7408 (Pirate Andover team).

CHANGE OF ADDRESS:

SOUTH HADLEY SWORNFISH

Vicky Benoit

24 Midway Street

South Hadley, MA

SHS

The OUTSTANDING SWIMMERS for short course 1988--1989 are listed in alphabetic order in this newsletter. All the swimmers who achieved Top Ten Times in short course 1988--1989 will be listed in the next newsletter.

Each Top Ten swimmer received points for each ranking--12 points for first place, 9 points for second place, 8 points for third place, down to 1 point for tenth place. The five swimmers in each age group with the most points are named OUTSTANDING SWIMMERS.



MESSAGE TO THE ATHLETES

Nikki Shire, the former Senior Athletes Rep., will be leaving the New England Swimming Committee as her term is ending. This means that my present position of Junior Athletes Rep. will be available as I will be moving up the the Senior position. If you are interested in filling this position and subsequently helping New England swimming, please fill out the following information or call me.

Also please enclose a short paragraph as to why you would like to be the athletes representative.

Ted Mulkerin
 104 Westgate Rd.
 Wellesley, MA 02181
 (617) 837-6740

NAME: _____

ADDRESS: _____
 Street City State Zip

TEAM: _____

AGE: _____ YEAR IN SCHOOL: _____

SEED CARDS: Seed Cards are available through the New England Office. The cost for plain cards is \$18.00 per thousand, including mailing. If the cards are picked up in Needham, the cost is \$16.50 per thousand. There is no minimum, and the cards may be split any way between boys and girls.

If you want initials on the cards, the price for 1,000 cards is \$25.00, including mailing. If the cards are picked up in Needham, the cost is \$23.50. If you want 2,000 or more cards with initials, the cost is \$21.00 per thousand including mailing. If 2,000 or more cards with initials are picked up in Needham, the cost is \$19.50 per thousand. The minimum order for cards with initials is 1,000 cards.

NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to NEWSLETTER PLUS. Subscriptions may be ordered through the New England office for \$10.00 per year. Clubs do not have an expiration date on their labels since all registered clubs received one free subscription with their registration.



**United States Swimming
New England**

20 Cleveland Road Needham, MA 02192



FIRST CLASS

PIONEER VALLEY AQUATIC CLUB
Isabelle Fraser
125 Franklin Road
Longmeadow, MA 01106
PVAC



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

AUGUST 1989

IN THIS ISSUE: ANNUAL MEETING; REIMBURSEMENT POLICY; AGE GROUP HIGH POINT WINNERS; TOP TEN SWIMMERS, SHORT COURSE....

ANNUAL MEETING

SATURDAY, OCTOBER 7, 1989

The Annual Meeting of New England Swimming will be held on Saturday, October 7, 1989 at the Farley Middle School, Framingham, MA.

- 9:15 a.m. Registration and coffee
- 9:45 a.m. Annual Meeting and Election of Officers
- 11:45 a.m. Meet Manager's Seminar (required of all teams hosting meets)
Coaches Meeting
Recertification Clinic for Officials*

*Please note that this clinic will be for the recertification of current officials and not for the certification of new officials.

Please bring a lunch if you plan to spend the day. New England Swimming will provide coffee and soda.

We would like to encourage all members of the New England Swimming community to attend the Annual Meeting. However, each club has only one vote. Please be ready to designate your delegate (who must be a registered member of USS) when you register at the door.

DIRECTIONS: Farley Middle School is located just off Route 126 about $\frac{1}{2}$ mile south of Route 9. From Route 9 take Route 126 toward Framingham. Continue on Route 126 past the Court House and one light. Take a right onto Normandy Road (next to the National Guard Armory). Farley Middle School is the last building on the right on Normandy Road, and the main entrance is on Normandy Road.

New England Swimming is pleased to present the following Slate of Officers for election at the Annual Meeting. Nominations from the floor also will be accepted.

CHAIRMAN	:	ROBERT FREDETTE
VICE CHAIRMAN	:	JIM KRESEL
TREASURER	:	FRANK TARANTINO
SECRETARY	:	DONNA BROWN
SENIOR CHAIRMAN	:	MIKE PARRATTO
AGE GROUP CHAIRMAN:		MARC ALLEN

The next meeting of the BOARD of NEW ENGLAND SWIMMING will be on Monday, October 9, 1989 at 7 p.m. at the Wellesley Community Center, Wellesley, MA.

HYST: Daniel Carlson, David March, J. Todd Walters, Allyson Horgan
HYV: Tim Goulding, Jen McLean, Jesse Quilliam LCSC: Jason Foley
KCY: Michael Rossi, Andrew Knutton, Josh Vallee, Chris Graefe, Kari Kleinburd
LRAC: Stephen Maher, David Vanech, William Maher, Chris Holt, Jason Bois, William Fitzpatrick, John Flowers, Scott Reed, Marc Bonnet-Eymard, Jay Peluso, Vincent Ho, Corrine Montanaro, Amanda Hollis, Anne Iacobucci, Heather Montanaro, Kimberly Ho, Felicia Sexsmith, Kristy Ustal, Vanessa Gibbons, Ron Gagne
MELY: Kevin Curry, Kyle Kelley, Joe Sheehan LRW: Ryan O'Neill
MSSC: Nicholas Groff, Spencer Hawkins, Mike Shaughnessy, Tad Kremen, Jeremy Anda, Scott Miller, Abby Brethauer, Sarah Burpee, Amy Allen, Katie Duffett, Trisha Paulauskas, Tara Paulauskas, Erica Allen, Diana Groff, Katie Shaughnessy, Martie Duffett, Carrie Rodger, Paige Morgan, Amy Zivic
MVP: Daniel O'Neil, Brandon Rocque, Brian Mayberry, Sean Gouldson, David Kohn, Jeff Wicklund, Kurt Leslie, Stephen Kozowyk, Dustin Foster, Josh Elagg, Vijay Lathi, Cassiano Bernardes, Curtis Pepin, Stephen Jungbluth, Albert Garcia, Kevin Paton, Paul Wilson, Lyndsay Stone, Kathleen O'Neill, Kelly Gouldson, Kristen Perrault, Adrienne Bonne, Heather Donahue, Jen Lamontagne, Maura Dalton, Jamie Graham, Kim Marrah
NASY: Bryan Crosscup, Chris Danchik, Jay Rosen, Scott Kelly, Peter Cadwell, Katie Louzek, Laura Kott, Jaime Crosscup
NBYS: Matt Glogowski, Stephanie Glogowski MRYS: Amanda Kirouac
NEB: Carl Ericksson, Alex Cunha, Brian Fehlau, Randy Yang, Josh Fraser, Chip Haberstroh, Jeff Little, Steve Korbly, Bob Parenteau, Tim Nubar, Scott Fraser, John Murray, Chris Lewter, Marc Broudy, Stephen Scaplen, Andrea Iadonisi, Julie Harrington, Cathy Legg, Kristen Voutselas, Amanda Hall, Kristen Fraser, Wendy Rowe, Kim Whitman, Britt Greineder, Laura Zdyb, Kara Kouloheras, Alicia Keenan, Amy Storer, Karen Haberstroh, Becky Paige, Donna Sullivan, Amy Patterson, Bethany Williston
NCAC: Paul Schned, Josh Pristaw, Susan Kresel, Anne Huber, Cory Murphy
NMB: Michelle McWeeney, Colleen Lynch NYB: Jaime Gaulin
NWSC: Joe Durkin, Mike Durkin, Ellen Martin, Jen Kushner, Jennifer Burns, Karyl Brewster
PYST: Matt Smith, Kriste Kleiner
PVAC: Chad Elie, Jerome Leslie, Paul Mikuszewski, Keith McFarland, Beth Elie, Melissa Harms, Chris Agnew
SAC: Paul Sassaman, Eric Sassaman, Tal Zamit, Chris Barrett, Margie Bruchez, Amy Mullen, Carmen Tombini, Anne Behrens, Lisa Trombini, Tara Bolivar
SEA: Kristan Gately, Ingrid Tosteson WBD: Erin Swallow
SSA: Kevin Paul, Michael Conti, Jack Henderson, Glen Rice, Andrew Whitney, Jamie Corbett, Brian Livingston, Jason Seaver, Erik Loranger, Nate Curry, Mike Bagshaw, Dean Fredette, Eric Gregg, Aaron Thompson, Jerry Bailey, Tom Sawyer, Kelly Gittlein, Jessica Tucker-Mohl, Kelly Flynn, Lea Delicio, Nikki Currier, Kristen Nagle, Michelle Labrie, Laura

Calderone, Larissa Herold, Debby Palmer, Tasha Johns, Brittany Wilson, Michelle Oullette, Jenny Thompson, Tara McGarr, Laura Burnham, Kim Gittlein, Alison Klinakis, Heidi Hannenian, Amy Palmer, Wendy Sheldon

SSS: Karl Ehrens, James Keyes, Paul Zukauskas, James Morelli, David Cangiano, Angelina Cangiano, Jill Stonehouse, Kate Palmeri

TRAC: Jason Faulconer, Sean Macomber, Tom Scheinfeldt, Becky Gottleib, Jessica Lee, Heather Saunders

WSC: Brendan Laracy, Brad Mancini, Erin Howarth, Amy Kirby

UN: Eric Jones, David Rines, Wendy Thorpe, Sheila Conway, Terry Stewart, Cindi Luciani

TOP TEN BANQUET:

The TOP TEN BANQUET will be held on Sunday, October 29, 1989 at the Windsor Mills Restaurant, Dracut, MA. The doors will open at 10:30 a.m. and a buffet dinner will be served at 11:00 a.m. followed by the awards dinner.

All TOP TEN SWIMMERS, their families and coaches are invited to attend the banquet. The cost will be \$14 per person including tax and tip. Those swimmers who are OUTSTANDING SWIMMERS may attend as the guests of New England Swimming. Reservation forms will be in the next issue of the newsletter.

REIMBURSEMENT POLICY FOR 1989--1990:

At its September meeting, the Board of New England Swimming approved the following reimbursement policy for Short Course 1989--1990 and Long Course 1990.

A New England registered swimmer who swims an individual event at Junior Nationals will be reimbursed \$100. A New England registered swimmer who swims an individual event at Senior Nationals will be reimbursed \$200. A New England registered swimmer who swims an individual event at the US Open (in December) will be reimbursed \$200. A swimmer who placed in the top 16 in one or more individual events will receive an additional \$50. A swimmer may be reimbursed for a maximum of three meets and a maximum of \$650.

As in the past, a swimmer must participate in three New England calendar meets during the season in which the championship meet takes place in order to be eligible for reimbursement. The swimmer must request the reimbursement within eight weeks except for those swimming in the US Open.

SAFETY TRAINING FOR SWIM COACHES:

A Safety Training for Swim Coaches class will be conducted on Sunday, October 1, 1989 from 9 a.m. to 5 p.m. at the East Providence Boys Club. To reserve a place in the class, please contact Kevin Salisbury at 401-434-6776 in the a.m.

ATHLETES' REPRESENTATIVE:

Swimmers who are interested in being considered for the position of athlete's representative or who have any questions concerning the position are urged to contact Ted Mulkerin, 104 Westgate Road, Wellesley, MA 02181 (617-237-6740) as soon as possible.

NEW ENGLAND LONG COURSE AGE GROUP CHAMPIONSHIPS:

HIGH POINT WINNERS:

GIRLS: 8 and under

1. Brandi Elakely	EPBC
2. Angela Caprigno	SST
3. Kristy Martin	GMSC
4. Melissa Reilly	BYB
5. Kate Palmieri	SSS
Amy Verreault	HHST
7. Sara Burpee	MSSC
8. Angelina Cangiano	SSS

9 and 10

1. Jaime Crosscup	MSSC
2. Erica Allen	MSSC
3. Kristen Lozeau	GMSC
4. Allison Vendt	CSC
5. Wendy Brown	CSSM
6. Leslie Hall	MSSC
7. Julie Harrington	NEB
8. Erin Howarth	WSC

11 and 12

1. Amanda Hall	NEB
2. Jean Todisco	CAY
3. Tara Paulauskas	MSSC
4. Erika Meany	CAY
5. Dianna Groff	MSSC
6. Laura Costello	EGSC
7. Danielle Peluso	CSSM
8. Kristin Nagle	SSA

13 and 14

1. Elizabeth Kotch	EPBC
2. Kate Shaughnessy	MSSC
3. Nicole Rutkowski	EGSC
4. Heather Saunders	TRAC
5. Jessica Lee	TRAC
6. Debby Palmer	SSA
7. Susan Kresel	NCAC
8. Alison Highes	EGSC

15--18

1. Alison Klinakis	SSA
2. Tara McGarr	SSA
3. Melissa Harms	PVAC
4. Sheillah McCarthy	EGSC
5. Kirsten Elomberg	UN
6. Laura Zdyb	NEB
7. Cory Murphy	NCAC
8. Amy VanAken	EGSC

BOYS: 8 and under

1. Eric Vendt	CSC
2. Bryan Crosscup	MSSC
Michael Rossi	OSA
4. Chris Fernandez	CAST
5. Sean Junter	CAST
6. David Vanech	LRAC
7. Ian Morgan	GMSC
8. Ben Hamilton	NEB
Karl Ehrens	SSS

9 and 10

1. Brad Mancini	WSC
2. Andrew Knutton	OSA
3. Ian Callander	GBSC
4. Gregory Cardillo	CAST
5. Corey Elakely	EPBC
6. Jason Faulconer	TRAC
7. Jeffrey Richards	CAST
8. Matthew Norian	HHST

11 and 12

1. Spencer Hawkins	MSSC
2. Tad Kremen	MSSC
3. Michael Shaughnessy	MSSC
4. Mike Scarbo	BRSC
5. Josh Plati	TRAC
6. William Maher	LRAC
7. Dylan Andrews	EPBC
8. Kerner Smith	TRAC

13 and 14

1. Andrew Whitney	SSA
2. Gene Sutherland	CAY
3. Rob Wiley	EGSC
4. Josh Pristaw	NCAC
5. Jeremy Quimby	TRAC
6. Bryan Stanley	EPBC
7. Brian Fehlau	NEB
8. Scott Kelley	NASY

15--18

1. Scott Fraser	NEB
2. Mark DiSalvo	SSA
3. Marc Broudy	NEB
4. Eric Jones	SSA
5. Paul Mikuszewski	PVAC
6. Sean Gouldson	UN
7. Stephen Kozowyk	MVP
8. Keith McFarland	PVAC

NEW ENGLAND LONG COURSE AGE GROUP CHAMPIONSHIPS:

HIGH POINT WINNERS: TEAMS

- | | |
|----------------------------------|------------------------------|
| 1. Bernal's Gator Swim Club | 5. Little Rhody Aquatic Club |
| 2. Seacoast Swimming Association | 6. East Providence Boys Club |
| 3. Manchester Sunfish Swim Club | 7. Triton Aquatic Club |
| 4. New England Barracudas | 8. Cape Ann YMCA |

The Small Club Trophy was won by EPBC.

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PVAC



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

SEPTEMBER 1989

IN THIS ISSUE: LONG COURSE TOP TEN & OUTSTANDING SWIMMERS; BANQUET INFORMATION;
SHORT COURSE CALENDAR; HIGH SCHOOL MEETS....

CONGRATULATIONS TO: JENNY THOMPSON (SSA) who has been named to the USS "A" team
and to: RAY CAREY (EGSC) and ALEX KOSTICH (EGSC) who have been
named to the USS "B" team.

The "A" team is made up of swimmers whose times rank them among
the top eight in the world in their events, and the "B" team is
made up of swimmers ranked between ninth and 16th in the world.

TOP TEN BANQUET:

The Top Ten Banquet will be Sunday, October 29, 1989 at the Windsor Mills
Restaurant in Dracut. More information and a reservation form are included
on the last page of the newsletter. Please note that reservations are due
by TUESDAY, OCTOBER 17. We are sorry for the short notice. Please see that
information is given to your Top Ten swimmers immediately so that they may
make reservations immediately. Last year we have over 400 at the banquet,
and the room was nearly full, so get your reservations in immediately!

LONG COURSE TOP TEN:

Included in this newsletter are the OUTSTANDING SWIMMERS and Top Ten Swimmers
for Long Course, 1989. The results of the Long Course Zone Meet have not been
received by the office, so have not been included in the tabulations. If there
are any additions after the results have been received, the office will notify
those swimmers involved. If there are any questions, please call the office.

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REGISTRATION INFORMATION: If your team has not received its registration packet,
it is probably because the office has not yet received the name of the team's
registration person. Please let us know the current team address and registration
person. Thank you!

The next meeting of the BOARD of NEW ENGLAND SWIMMING will be on Monday,
October 9, 1989 at 7 p.m. at the Wellesley Community Center, Wellesley, MA.

NEW ENGLAND 1989--1990 SHORT COURSE CALENDAR

(An expanded calendar, including contact people, distance events, etc. will be included in next month's newsletter.)

WEEKEND OF:

- OCT. 28: CSC Team Specialty (Massasoit CC)
- NOV. 4: HRY Senior Development Meet
BYB Mini-Meet
11: MVP "CB" Schedule I
18: CAY "BC" 11 & over; Mini-Meet 10 & under
HYST Team Specialty Schedule II
25: HRY "A" and Better all events
SSA Team Specialty
- DEC. 3: ADSC Mini-Meet
BA Team Specialty Schedule II
11: NSC "C" Schedule II (Cape Elizabeth High School)
NEB "CB" Schedule II (Lowell Voc)
NCAC Team Specialty (Dartmouth)
17: LRAC Christmas Classic "A" and Better (Brown)
29: EST Sprint Meet (Exeter)
- JAN. 5: NEB "AA" and Better (Northeastern University)
WSC "AB" Schedule I (Clark)
SAC Team Specialty (Keefe Tech)
13: HYST "BC" Schedule I
20: CSC "AB"
TRAC Pentathlon
28: LRAC National Qualifier (Brown University)
BYB "BA"
HRY "BC" all events
ABF Mini-Meet (12 & under)
- FEB. 3:
10: NSC 8 and under Championships (Cape Elizabeth, ME)
17: SAC Age Group Qualifier (Keefe Tech)
23: HRY/EB: Bronze Classic (Easthampton)
MVP Senior Qualifier
- MAR. 2: LRAC Age Groups (Brown University)
9: New England Seniors (no site)
16: NCAC Silver Classic (Dartmouth College)

Schedule I: 100's for 12 & under; 100's for 13 & over

Schedule II: 50's for 12 & under; 200's for 13 & over

Team Specialty meets are open to all swimmers on the team. Whole teams are cut according to date of receipt.

NEW ENGLAND SWIMMING OFFICE

Mary Riddell
20 Cleveland Road
Needham, MA 02192
617-449-0270

Telephone Hours:

Monday : 8:00 a.m. to 2:00 p.m.
7:30 p.m. to 10:30 p.m.
Thursday: 8:00 a.m. to 2:00 p.m.

TOP TEN SWIMMERS, LONG COURSE, 1989

- ADSC: Kyle Littlefield, Joe Steele, Brendon Curtis, Lauren Tracy, Courtney Dinan
- ATST: Emily Adrion BA: Tighe Troxell
- BCSY: Brendon Drysdale, Denise Murray, Tricia Solakoff, Charles Barnes
- BASK: Brian McIver, Michele Leary CM: Jeff Grady
- BGSC: John Daniels, Mike Dowling, Mark Ford, Sean Gouldson, David Mainen, Matt McKay, Stephen Root, Jeremy Kovacs, Dustin Foster, Rick Wong, Khari Milner, Mark Craven, Jim McGinnis, Ted Mulkerin, Michael Carroll, Ray Carey, Mike Tarantino, Brian Thomas, J.J. Roberts, Kevin Williams, David Wilkins, James Sweeney, Tom Peterson, Stephen Root, Alex Kostich, Chris Kovacs, Gary Gauch, Chris Anderson, TJ Foley, Nicole Rutkowski, Tory Fleming, Rachel DeVito, Allison Highes, Julie Mitchell, Alivia Price, Ann Tarantino, Amy Richard, Sheilah McCarthy, Debbie Ramos, Leslie Repetto, Sheila Conway, Jodi DeLuca, Jennifer Jackson, Lauren Conway, Maura Riley, Jeni Wheeler, Nikki Shire, Lynn Kelley, Melissa Reilly, Amy Van Aken, Vicki Camelio, Stacy Duncan, Roro DeLeo, Diane Flood, Kate Zenda, Mike Scarbo, Ethan Crosby, Jeremy Quimby, Max Kay, Chris Fountain, Jon Thomas, Richard Casey, Laura Costello, Sue Trainer, Claire O'Reilly, Erika Lazar, Michelle Kumi, Anna Coffeen
- BYB: Daniel Bazylewicz, Jessica Zeuli, Rachel Enos, Melissa Sessoms, Melissa O'Reilly, Kristen Hellsmuth, Tiffany Galluzzo
- CAST: Chris Fernandes, Mark Dillon, Sean Hunter, Greg Cardillo, Jeff Richards, Sue Pergola, Nicole Sprague Oliver Shaw, Alex Lai, Marybeth Wilk, Eliz. Fernandes
- CAY: Tim Herrick, Jason Gray, Mark Dewan, Kirsten Watters, Shelley Pulling, Megan Simpson, Gene Sutherland, Jean Todisco, Erika Meany, Susan Herrick
- CCSC: Shane Raymond, Richard Govoni, Paul Harrington, Ron Zuwallack, David Govoni, Randy Zuwallack, Ethan Saulnier, Eva Cardoza, Amy Carafoli, Becky Lussier, Robert Cardoza, Geraldine Gardner, Sara Masi
- CSC: Erik Vendt, Eric Faerlund, Jay Craft, Dan Machin, Ward Lowe, Gretchen Sulc, Allison Vendt
- CSSM: Kevin Mulgrew, Jim Thomas, Craig Peluso, Joe Sheehan, Julie Dempster, Kerry Kearn, Bernadette Keane, Andrea DeLorie, Cheryl Roketenetz, Danielle Peluso, Wendy Brown
- EPBC: Corey Blakely, Jared Figuiera, Jeff Bushnell, Elizabeth Kotch, Dylan Andrews, Mike Kotch, Bryan Stanley, Trina Young, Michaela Whittet, Brandi Blakely
- EST: Keith Getchell, Brittany Perkins, Elizabeth Downey
- GBSC: Ian Callander, Sean Lucas EB: Tiffany L'Heureaux
- GMSC: Ian Morgan, Matt Buhts, Kristen Lozeau, Carolyn Meene, Kristy Martin, Robin Sandos, Shauna Kulczyk
- HRY: Laura Gunn, Katherine Burrill
- HHST: Randy Buckley, Matt Norian, Michael Baroni, Amy Verrault, Laurie Reis, Michelle Jackson, Allison Mennerich
- LRAC: David Vanech, Damian Santoro, William Fitzpatrick, Jason Bois, Matthew Stone, Ron Cagne, Chris Holt, Scott Reed, Charley Hince, Sara Berry, Kimberly Ho, Lori Geisler, Felicia Sexsmith, Beth Iacobucci, Heather Montanaro, Vanessa Gibbons, Cindi Luciani, William Maher, David Stieczkewicz, Anthony Santoro, Alex Sexsmith, Chris Nerney, Amanda Hollis, Anne Iacobucci

- NSSC:** Bryan Crosscup, Nicholas Groff, Scott Miller, Jeremy Anda, Bo Miller, Katie Shaughnessy, Martie Duffett, Jamie Hood, Paige Morgan, Michael Shaughnessy, Tad Kremen, Spencer Haekins, Wesley Wrightson, Chris Treadway, Tara Paulauskas, Diana Groff, Katie Lasky, Elissa Lanciault, Jamie Crosscup, Erica Allen, Leslie Hall, Melissa Elais, Sara Burpee, Jennifer Therrien
- MVP:** Steve Kozowyk, Kelly Couldson, Margaret Rieley, Jen Kusner, Stephanie St. Onge, Heather Donahue, Jennifer LaMontagne, Melissa Schofield, Kathleen O'Neil, Clewis Kinnett
- NCAC:** Patrick Franzen, Bob Roth, Sue Kresel, Cory Murphy, Josh Pristaw
- NASY:** Peter Cadwell, Allison Hardy, Scott Kelley, Melissa Elagriff
- NEB:** Ben Hamilton, Phillip Spiniello, Jeff Little, Scott Fraser, Bob Parenteau, Chris Lewter, Tim Nubar, Marc Broudy, Josh Fraser, Wendy Rowe, Donna Guglielmi, Kara Kouloheras, Laura Zdyb, Karen Haberstroh, Amy Storer, Amy Patterson, Alicia Keenan, Becky Paige, Ann Marie Guglielmi, Todd McDermott, Brian Fehlau, Alex Cunha, Chip Haberstroh, Stephen Korbly, Paul Yang, Amanda Hall, Cathy Legg, Andrea Slate, Julie Harrington
- NNB:** Michelle McWeeney
- NSC:** Bernadette Sweeney
- NWSC:** Peter Caires, Julie McGurk, Jennifer Burns, Karyl Brewster, Kathleen Donahue
- OSA:** Phillip Kennedy, Michael Rossi, Rob Arp, Andrew Knutton, Chip Mosher, Chris Graefe, Matt Liberty
- NYB:** Jaime Leigh Gaulin
- PST:** Clyde Board
- PVAC:** Jerome Leslie, Paul Mikuszewski, Dan Kim, Keith McFarland, Ashley Cole, Terri Stewart, Melissa Harms, Christine Agnew, Beth Elie, Kerrienne Kalbko
- SAC:** Eric Sassamon, Brian Cinque, Tal Zamir, Carmen Trombini
- SEA:** Rick Osterberg, Kristan Gately
- PYST:** Kristie Kleiner
- SSA:** Brian Abasciano, David Lewis, Mike Abesciano, Michael Conti, Jamie Corbett, Brian Livingston, Mark DiSalvo, Dan Bailey, Brian Herrick, Nate Curry, Dean Fredette, Jason Seaver, Eric Gregg, Eric Jones, Erik Loranger, Aaron Thompson, Gary Bowser, Bob Stevenson, Andrew Whitney, Jerry Bailey, Brad Burnham, Lea Delicio, Debby Palmer, Hannah Edgcomb, Nikki Currier, Larissa Herold, Brittany Wilson, Michele Labrie, Jenny Thompson, Tasha Johns, Alison Klinakis, Lauren Calderone, Kirsten Blomberg, Tara McGarr, Heidi Hannenian, Laura Burnham, Kim Gittlein, Amy Palmer, Jeff Hertzog, Kristin Nagle, Carolyn Palmer, Jessica Tucker-Mohl, Nicole Ciancarelli, Kelly Gittlein
- SSS:** Karl Ehrens, Angelina Cangiano, Kate Palmieri
- SST:** Eric William, Angela Caprigno
- TRAC:** Jason Faulconer, Mike Kraskouskas, Jessica Lee, Heather Saunders, Jen Kraskouskas, Jen Saunders, Kerner Smith, Josh Plati, Sean Macomber
- WSC:** Brad Mancini, Ryan Parkinson, Kyle Laracy, Erin Howarth
- UN:** Erick Swartz, Matt Pentland, Julie Lapinsky, Erica Rosenthal, Tobey Glazier, Jennifer Lockleer

An apology to CAY! Their swimmers were left out of the Short Course Top Ten list! Gene Sutherland, Susan Herrick, Jean Todisco, Erica Meany, Megan Simpson, Kate Sullivan, Kirsten Watters, Jason Gray, William Callahan, David Gatewood

OUTSTANDING SWIMMERS--LONG COURSE, 1989

8 and UNDER

BRANDI BLAKE	EPBC	BRYAN CROSSCUP	MSSC
SARA BURPEE	MSSC	CHRIS FERNANDES	CAST
ANGELA CAPRIGNO	SST	MICHAEL ROSSI	OSA
KRISTY MARTIN	GMSC	DAVID VANECH	LRAC
MELISSA O'REILLY	BYB	ERIK VENDT	CSC

9 and 10

ERICA ALLEN	MSSC	COREY BLAKELY	EPBC
JAMIE CROSSCUP	MSSC	IAN CALLANDER	GBSC
JAIME LEIGH GAULIN	NYB	GREG CARDILLO	CAST
KELLY GITTLEIN	SSA	ANDREW KNUTTON	OSA
ALLISON VENDT	CSC	BRAD MANCINI	WSC

11 and 12

DIANA GROFF	MSSC	SPENCER HAWKINS	MSSC
AMANDA HALL	NEB	TAD KREMEN	MSSC
ERIKA MEANY	CAY	MATT PENTLAND	UN
TARA PAULASKAS	MSSC	MIKE SCARBO	EGSC
JEAN TODISCO	CAY	MICHAEL SHAUGHNESSY	MSSC

13 and 14

TORY FLEMING	BGSC	BRIAN FEHLAU	NEB
ELIZABETH KOTCH	EPBC	JOSH PRISTAW	NCAC
NICOLE RUTKOWSKI	BGSC	GENE SUTHERLAND	CAY
HEATHER SAUNDERS	TRAC	ANDREW WHITNEY	SSA
KATIE SHAUGHNESSY	MSSC	ROB WILEY	BGSC

15 and 16

SHEILA CONWAY	BGSC	RAY CAREY	BGSC
LARISSA HEROLD	SSA	MICHAEL CARROLL	BGSC
SHEILAH MCCARTHY	BGSC	BRIAN LIVINGSTON	SSA
LESLIE REPETTO	BGSC	JIM MCGINNIS	BGSC
JENNY THOMPSON	SSA	PAUL MIKUSZEWSKI	PVAC

17 and 18

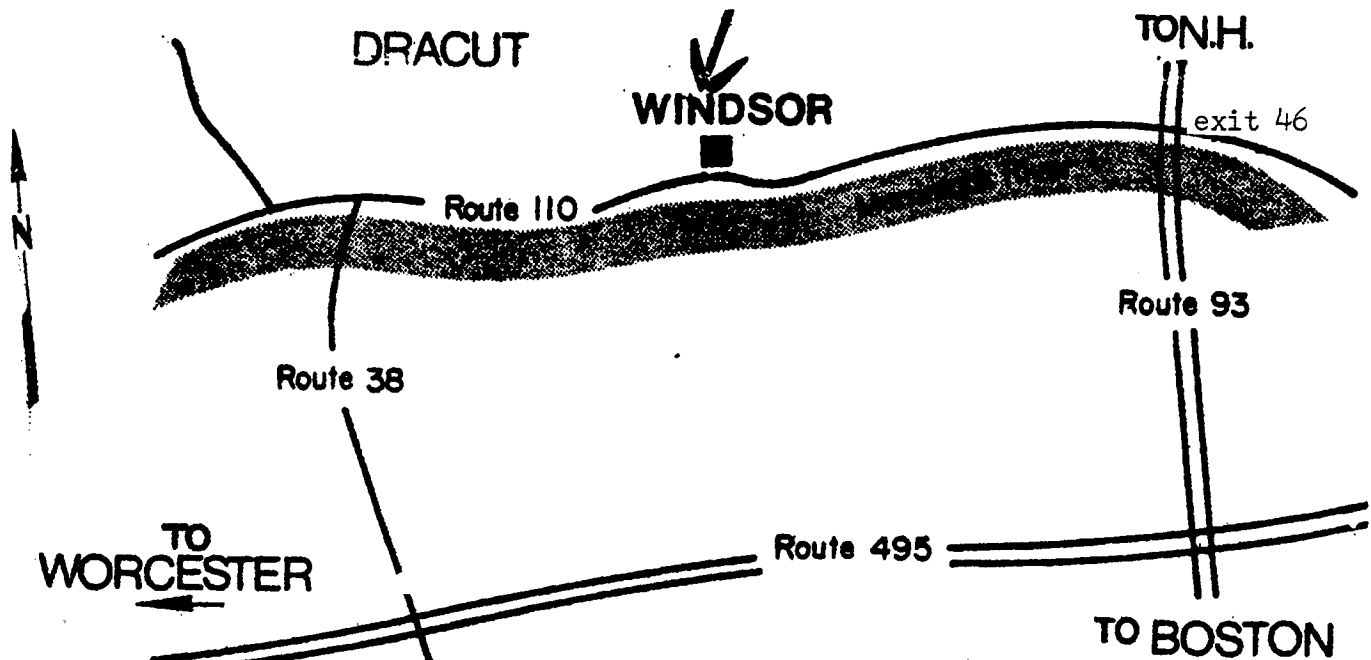
CHRISTINE AGNEW	BGSC DVA C	JAY CRAFT	CSC
JENNIFER BURNS	NWSC	SCOTT FRASER	NEB
STACIE DUNCAN	BGSC	DEAN FREDETTE	SSA
HEIDI HANNENIAN	SSA	SEAN GOULDSON	BGSC
LYNN KELLEY	BGSC	STEPHEN ROOT	BGSC

OPEN

SHEILA CONWAY	BGSC	RAY CAREY	BGSC
LARISSA HEROLD	SSA	DEAN FREDETTE	SSA
LYNN KELLEY	BGSC	SEAN GOULDSON	BGSC
LESLIE REPETTO	BGSC	ALEX KOSTICH	BGSC
JENNY THOMPSON	SSA	STEPHEN ROOT	BGSC

DIRECTIONS TO TOP TEN BANQUET

WINDSOR MILLS RESTAURANT
810 MERRIMAC AVE (RTE #110)
DRACUT, MASS.

HIGH SCHOOL/OVC RULING

The following ruling was made at Colorado Springs, Colorado, June 3, 1989:

"Official times achieved by United States Swimming members in high school Federation Conference, District, Regional, Sectional, League or State championship meets during the 1989-90 short course season shall be acceptable for official Verification Certification and USS Times-of-Record consideration provided as assigned certified USS official is present at the meet and can attest to the satisfaction of the Local Swimming Committee's OVC Officer that the individual swim was in conformance with the applicable USS rules. Compliance with the USS forward start rules and USS meet-approval requirement shall be waived for this competition until the end of the 1989-90 high school swimming season."

If you have a swimmer that you feel will be needing an OVC from a high school league championship meet, sectionals, or states, please see to it that there is a USS official on deck to verify the swim. Have the official sign a statement to the effect that the swim was in accordance with USS rules. Be sure to include the official's phone number.

If there is any questions please call Sally Shire (508) 692-6331 9:00-3:00



NEWSLETTER PLUS



OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

OCTOBER 1989

IN THIS ISSUE: FINANCIAL REPORT; MEET EVALUATION FORM; OFFICIALS CLINICS;
SENIOR NATIONAL & JUNIOR NATIONAL SWIMMERS; NE ZONE TEAM.....

CONGRATULATIONS to the following new Representatives:

LARRY COUNTRYMAN	(CSSM)	Senior Coaches' Representative
JIM McCOMBS	(NASY)	Junior Coaches' Representative
TED MULKERIN	(EGSC)	Senior Athletes' Representative
ELIZABETH KOTCH	(EPBC)	Junior Athletes' Representative

At the Annual Meeting the following Board Members were elected:

Chairman	:	ROBERT FREDETTE	(SSA)
Vice Chairman	:	JIM KRESEL	(NCAC)
Treasurer	:	FRANK TARANTINO	(EGSC)
Secretary	:	DONNA BROWN	(CSSM)
Senior Chairman	:	BILL WHITMAN	(EGSC)
Age Group Chairman:		MARC ALLEN	(MSSC)

A complete list of appointed members to the Board will be printed in the next newsletter.

Our apologies to KRISTIN LOZEAU (GMSC) who should be listed as an OUTSTANDING SWIMMER for 9 and 10 girls
and to GRETCHEN SULC ((CSC) who should be listed as an OUTSTANDING SWIMMER for 17 and 18 girls.

The following swimmers were omitted from the list of Top Ten Swimmers for SSA:
Clen Rice, Justin Pudloski, Andrew Whitney, Jamie Corbett.

CHANGE OF LOCATION FOR NEW ENGLAND SWIMMING BOARD MEETING:

The next meeting of the Board of New England Swimming will be on Monday, November 13, 1989 at 7 p.m. at A.G. EDWARDS, 374 Washington Street, Wellesley, MA.

New England Swimming, Inc.
Financial Results

	Year Ended August 31, 1989		Year Ending August 31, 1990	
	Budget	Actual	Budget	Actual
Beginning balance	\$ 32,372.53	\$ 32,372.53	\$ 45,610.38	\$ 45,610.38
Income:				
Registration	120,000.00	123,859.00	132,000.00	132,000.00
Surcharges	19,000.00	21,282.50	20,000.00	20,000.00
Sanction fees	1,800.00	1,440.00	1,500.00	1,500.00
Top Ten/Records	400.00	422.50	400.00	400.00
Seed cards	2,000.00	1,568.95	1,500.00	1,500.00
Newsletter	2,500.00	2,197.00	2,500.00	2,500.00
Zones		0.00		0.00
Swim-a-thon	3,000.00	2,580.61	3,000.00	3,000.00
Banquet		0.00		0.00
Interest	2,000.00	2,232.79	2,000.00	2,000.00
Other		0.00		0.00
	150,700.00	155,583.35	162,900.00	162,900.00
Expenses:				
Registration	93,000.00	96,855.00	105,000.00	105,000.00
Office:				
Salary	7,500.00	7,532.00	8,300.00	8,300.00
Petty cash	4,000.00	5,322.09	6,000.00	6,000.00
Telephone	1,200.00	1,519.60	1,500.00	1,500.00
Copy supplies	1,400.00	1,244.46	1,400.00	1,400.00
Equipment		0.00	2,000.00	2,000.00
Athlete support:				
JO/SN subsidies	20,000.00	12,601.64	15,000.00	15,000.00
Zones	7,000.00	7,030.15	8,000.00	8,000.00
Banquet	1,500.00	918.00	1,500.00	1,500.00
All Athlete fund	6,000.00	2,284.57	6,000.00	6,000.00
Meet Officials	1,800.00	2,323.90	2,500.00	2,500.00
Legal	500.00	0.00	500.00	500.00
Convention	3,500.00	3,609.79	4,000.00	4,000.00
Safety meeting	1,000.00	0.00	1,000.00	1,000.00
Meetings	1,000.00	733.50	1,000.00	1,000.00
Returned checks		192.00		0.00
Other	1,000.00	(325.10)	1,000.00	1,000.00
	150,400.00	142,345.50	164,700.00	164,700.00
	\$ 32,672.53	\$ 45,610.38	\$ 43,810.38	\$ 43,810.38

SENIOR NATIONALS:

CONGRATULATIONS to the following swimmers who represented New England at Senior Nationals in Los Angeles, CA:

Swimmers who swam in finals were:

RAY CAREY	BGSC	JENNY THOMPSON	SSA
SHEILA CONWAY	BGSC	ETHAN SAULNIER	CCSC
ALEX KOSTICH	BGSC		

Other swimmers who swam in individual events were:

GARY GAUCH	BGSC	KATE ZENDA	BGSC
LYNN KELLEY	BGSC	LARISSA HEROLD	SSA
LESLIE REPETTO	BGSC		

Swimming in relays were:

SSA: Brian Livingston, Eric Jones Dean Fredette, Bob Stevenson

JUNIOR NATIONALS:

CONGRATULATIONS to the following swimmers who represented New England at Junior Nationals in Buffalo, NY:

Swimming in finals were:

RAY CAREY	BGSC	LARISSA HEROLD	SSA
SEAN GOULDSON	BGSC	ERIC JONES	SSA
JOE SHEEHAN	CSSM	BRIAN LIVINGSTON	SSA
DEAN FREDETTE	SSA		

Swimming in consolations were:

NICOLE RUTKOWSKI	BGSC	RON ZUWALLACK	CCSC
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Swimming in individual events were:

CHRIS ANDERSON	BGSC	CHRIS HOLT	LRAC
MICHAEL CARROLL	BGSC	FELICIA SEXSMITH	LRAC
JODI DELUCA	BGSC	KATIE SHAUGHNESSY	MSSC
TORI FLEMING	BGSC	STEPHEN KOZOWYK	MVP
DUSTIN FOSTER	BGSC	PETER CADWELL	NASY
JIM MCGINNIS	BGSC	MICHELLE MCWEENEY	NNB
MATT MCKAY	BGSC	JENNIFER BURNS	NWSC
LESLIE REPETTO	BGSC	ALICIA KEENAN	NEB
KHARI MILNER	BGSC	WENDY ROWE	NEB
AMY VAN AKEN	BGSC	CHRISTINE AGNEW	PVAC
JASON GRAY	CAY	ALISON KLINAKIS	SSA
KIRSTEN WATTERS	CAY	JASON SEAVER	SSA
KIMBERLY HO	LRAC	ANDREW WHITNEY	SSA

Swimming in relays were:

BGSC: Rachel DeVito, Maura Riley, Ted Mulkerin, Jeremy Quimby
 SSA: Kirsten Blomberg, Tara McGarr, Tasha Johns, Erik Loranger

CONGRATULATIONS to the NEW ENGLAND ZONE TEAM which placed seventh this summer!
TEN and UNDER:

ERICA ALLEN	MSSC	GREG CARDILLO	CAST
MELISSA BLAGREFF	NASY	ANDREW KNUTTON	OSA
WENDY BROWN	CSSM	CHIP MOSHER	OSA
JAI ME CROSSCUP	MSSC	KEVIN MULGREW	CSSM
GERALDINE GARDNER	CCSC	SHANE RAYMOND	CCSC
LESLIE HALL	MSSC		
ERIN HOWARTH	WSC		
KRISTEN LOZBAU	GMSC		

11 and 12:

NICOLE CIANCABELLI	SSA	ANDREW CARDILLO	CAST
KELLY GIPPLEIN	SSA	JUSTIN PUDLOSKI	SSA
DIANA GROFF	MSSC	ANTHONY SANTORO	LEAC
ELISA LANGIAULT	MSSC		
KATIE LANSKY	MSSC		
KIRSTEN NAGLE	SSA		
CAROLINE PALMER	SSA		
DANIELLE PILUSO	CSSM		

13 and 14:

AMY ALLEN	MSSC	JEFF HERTZOG	SSA
LEA DELICTO	SSA	SEAN MACOMBER	TPAC
ELIZABETH KOTCH	EPBC	GLEN RICE	SSA
DEBBY PALMER	SSA		
BRITTANY WILSON	SSA		

THANKS to the coaches...DAVE PALUMBO (MSSC) and BOB WATKINS (SSA).

SAFETY TRAINING FOR SWIM COACHES: Saturday, November 4, 1989 from 7:30 a.m. to 5:00 p.m. at Hampshire Hills Sports and Fitness Center, Milford, NH.

Contact: Sue Sargent (503-673-7123) and ask for the pool.
The cost will be \$25.

Any Coach who has been certified to teach the new Safety Training for Swim Coaches course must register with Priscilla Davis (508-468-3786) before offering a course.

NEW ENGLAND SWIMMING OFFICE

Mary Riddell
20 Cleveland Road
Needham, MA 02192
617-449-0270

Telephone Hours:

Monday : 8:00 a.m. to 2:00 p.m.
7:30 p.m. to 10:30 p.m.
Thursday: 8:00 a.m. to 2:00 p.m.

UNITED STATES SWIMMING in NEW ENGLAND will offer the following OFFICIALS
CERTIFICATION CLINICS:

Clinic: TIMERS, PLACE JUDGES, RELAY TAKE OFF JUDGES

Date : Wednesday, November 1, 1989

Location: The Youth Center, Hanscom Air Force Base, Bedford, MA

Start Time: 6:30 p.m. (estimated completion time: 9:00 p.m.)

Prerequisite: none, other than an interest in swimming

Class Limit: The first 25 people who call to sign up

What to bring to class: Note pad and #2 lead pencil and an electronic digital
stop watch

Facilitators: Hank Weech and Jerry Zimmer

Host Team: Hanscom Air Force Base Seahawks (HAFB)

Sign up with: Wood Rigsby--508-250-1710 (home); 617-377-4077 (work)
Ken Brennan--617-271-4962 (home); 617-274-0509 (work)

Clinic: STROKE and TURN JUDGE

Date : Tuesday, November 1st, 1989

Location: Room 432 Armed Forces Reserve Center Building 1607 Hanscom Air Force
Base, Bedford, MA (617-377-3144)

Start Time: 6:30 p.m. (estimated completion time: 10:00 p.m.)

Prerequisites: 1. You must have been a timer for 12 month prior to the clinic
and show proof of having worked 3 meets or have been involved in swim pro-
grams for 24 months prior to the clinic with evidence of this participation
(example: your name as a scorer on meet results; note from a coach; pro-
gram from a swim meet showing your involvement)

2. You must be a present member of United States Swimming and present your
USS card or you can join USS at the clinic with a check for \$22 (individual
or \$37 (member and spouse). The check should be made payable to New
England Swimming.

Class Limit: The first 20 people who call to sign up.

What to bring to class: 1. A current copy of the USS rule book if you have one
2. a note book and a #2 lead pencil

Certification: Certification will be awarded upon completion of the course and the
associated test. Newly certified officials must apprentice at two (2) New
England Sanctioned meets with an experienced Stroke and Turn Judge before
a patch will be awarded.

Facilitators: Hank Weech and Jerry Zimmer

Host Team: Hanscom Air Force Base Seahawks (HAFB)

Sign up with: Wood Rigsby--508-250-1710 (home); 617-377-4077 (work)
Ken Brennan--617-271-4962 (home); 617-274-0509 (work)

nic: STARTER and REFEREE

e : Tuesday, November 28, 1989

ation: Room 432, Armed Forces Reserve Center Building 1607 Hanscom AFB, Bedford, MA (617-377-3144)

rt Time: 6 p.m. (estimated completion time: 10:30 p.m.)

requisites:

A: STARTER CERTIFICATION

1. You must have been a stroke and turn judge for 12 months or longer prior to the clinic and bring your New England Certification Card showing that you have worked 3 New England sanctioned meets as an experienced (not apprentice) Stroke and Turn Judge. A YMCA equivalent level will also be considered valid provided there is written evidence to support the level and experience being claimed.
2. You must be a present member of United States Swimming and present your USS membership card at the clinic. If you are not a current member of USS, you cannot claim to be a valid official and have been doing stroke and turn; therefore, only a current membership card is valid for this certification clinic.

B: REFEREE CERTIFICATION

1. You must have been a starter for 12 months or longer prior to the clinic and bring your New England certification card showing that you have worked 3 New England sanctioned meets as a certified starter. A YMCA equivalent level will also be considered valid provided there is written evidence to support the level and experience claimed. The acceptance of any certification other than USS New England will be done only with the approval of the Officials Chairman for New England Swimming.
2. You must be a present member of United States Swimming and present your USS membership card at the clinic. If you are not a current member of USS you cannot claim to be a valid official and you will not be permitted to attend this certification clinic.

ss limit: For starters: 16; For referees: 12

Preference will be given to those who call to sign up first; however, no more than 3 people from a single team can sign up for starter and not more than 2 people from a team for referee.

- t to bring to class:
1. a current copy of the USS Rule Book with all "blue" pages read before the clinic
 2. an electronic digital watch
 3. a note book and a #2 lead pencil

tification:

- A. Starter certification will be awarded upon successful completion of the clinic and the associated test.
- B. Referee certification will be awarded upon:
 1. completion of the clinic
 2. completion of the referee examination and administrative examination (both exams will be taken home and mailed to the officials chairman of New England Swimming).
 3. a determination of the officials chairman based on the answers/score obtained on the examination and demonstrated competence with accompanying commitment to New England Swimming based on previous experience that the person has the knowledge and qualities to be a referee.

ilitators: John Johansson (chairman), Bill Whitman, Hank Weech, Jerry Zimmerman
t Team: Hanscom Air Force Base Seahawks (HAFB)

n Up with: Wood Rigsby---508-250-1710 (home); 617-377-4077 (work)
Ken Brennan---617-271-4962 (home); 617-274-0509 (work)



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

NOVEMBER 1989

IN THIS ISSUE: NATIONAL AGE GROUP TOP 16 SPECIAL SUPPLEMENT

New England Swimming extends its condolences to the family of PATTY QUINN, a long time New England Swimmer who died recently in an automobile accident.

CONGRATULATIONS to LARISSA HEROLD (SSA) who has been named to the United States Swimming National Junior Team.

TOP TEN BANQUET:

The Top Ten Banquet was attended by 500 swimmers, coaches and parents who were treated to a special speaker, MARY T. MEAGHER, the world recorder holder in the 100 and 200 meter butterfly.

We apologize to those swimmers who could not attend because reservations were full within a day of the deadline. We will be addressing this problem and hope that next year all those who wish to attend will be able to obtain a reservation.

SAFETY TRAINING FOR SWIM COACHES: Saturday, December 2, 1989 from 7:30 a.m. to 5:00 p.m. at the Hampshire Hills Sports and Fitness Center, Milford, NH. Contact: Sue Sargent (603-673-7123) and ask for the pool. The cost will be \$25.

CLINIC FOR TIMERS, PLACE JUDGES, RELAY TAKE OFF JUDGES: Saturday, December 2, 1989 from 8:00 a.m. to 10:00 a.m. at the Regis College pool lounge, Weston, MA. The class will be limited to 20. Please bring a pencil, pad, and electronic digital stop watch. The facilitator will be Jerry Zimmer. To register contact May Creineder, 617-237-4277.

The November meeting of the Board of New England Swimming will be at 7 p.m. on Monday, November 13, 1989 at A. G. Edwards, 374 Washington Street, Wellesley.

The December meeting of the Board of New England Swimming will be at 7 p.m. on Monday, December 11, 1989 at the Wellesley Community Center, Washington Street, Wellesley, MA.

NATIONAL AGE GROUP TOP 16

SPECIAL SUPPLEMENT

CONTENTS

- I. LETTER FROM NEW ENGLAND'S TOP 16 TABULATOR
- II. NEW ENGLAND TOP 16 SWIMMERS - SHORT COURSE 1988-89
- III. NEW ENGLAND NATIONALLY REPORTABLE SWIMMERS- LONG COURSE 1988-89
- IV. NAG TOP 16 REPORTABLE CUTS 1989-90
- V. REPORTING FORM FOR NAG REPORTABLE TIMES AND NEW ENGLAND RECORDS

I. Dear New England Swimming members,

New England's fine representation among the National Age Group Top 16 and our ever-increasing number of nationally reportable swimmers should be a great source of pride to everyone concerned with the sport. Our swimmers, coaches, parents, and organizers can justifiably feel that all their hard work has received recognition at the highest level. They have contributed both to the overall quality of swimming in New England and to that of the nation as a whole.

As your New England Top 16 tabulator, the large numbers of these reportable times are a mixed blessing. Needless to say, every effort is made to ensure that the reporting is correct and complete, BUT, human error being a fact of life, the more times there are to report, the greater the possibility of omitting some deserving athlete.

So...here's where you come in, folks. I need your help in identifying these times. Included in this issue are the national reportable cuts for both short course and long course. Note that some short course cuts are faster than last year, while long course cuts have remained the same. As a rule of thumb, all these cuts are somewhat faster than AAAA times. Please familiarize yourselves with the times that concern you -- paste them in your log book, perhaps. That way, you'll know a reportable time when you see it, and, hopefully, you'll get the information to me.

Also in this issue is a form for reporting both New England Records and national times. Please save it and use it. ANYONE can send in the form - coach, parent, or swimmer. It makes no difference who reports it, since the time will later be verified against actual meet results. I'd far prefer to receive three forms for the same swim than none at all. Don't assume that someone else will do the reporting. Please do it yourself!

LETTER (continued):

Even partial information is helpful, since it tells me where to look for the time. This is particularly true with younger swimmers entered in national or open events, where a 30th place finish may well be a spectacular age group time. To illustrate the point, I received a reportable form from a parent this summer, long before JO results were available. The parent had copied the time from the clock, noted that the minutes and seconds were well within reportable range, but had missed the tenths and hundredths. She reported it anyway, figuring that I could pick up the rest of the time from the results. That was the smartest and best thing she could have done! It made her daughter's time easy for me to find and ensured that I wouldn't overlook it.

Relays are a problem to report. First of all, NAMES AND AGES OF ALL RELAY MEMBERS ARE REQUIRED. In many cases, these names and ages are not printed in meet results, and the only way to get them is from the coach of the team or from an alert parent. If your team has a good relay, familiarize yourself with the relay cuts. They are not impossibly fast. As a matter of fact, last spring, relay teams from FIVE different clubs made national short course cuts in the 11-12 girls' age group. Remember also that a 13-14, 15-16, or 17-18 relay team swimming at an open event is impossible to identify unless it is reported. It is also important to recognize that NAG rankings for older swimmers are specifically for 15-16 relays and 17-18 relays. Relays where swimmers are of mixed ages are not reportable.

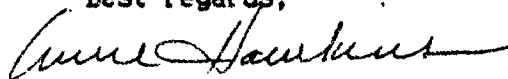
Electronically timed lead off splits for relays and IM's are reportable. If the split is not going to be published in the results, you must get a card signed by the meet referee and submit it to me. Keep in mind that these lead off splits are incredibly easy to miss! Report them to me and make sure that they will be included!

In theory, A National Top 16 Tabulator is only responsible for meets held in her LSC (district). In fact, I like to report times achieved by our swimmers at out-of-district meets to ensure that our swimmers will be recognized. To do this, I NEED MEET RESULTS. One copy sent to the New England Swimming office is sufficient for my purposes, as well as for New England Swimming's verification and Top Ten. Remember...even if you send me the reporting form, I must still have the meet results to verify the time.

Thank you, in advance, for sending in your reporting forms. As I said before, I'd far rather receive too many forms than too few. In the unlikely event that someone sends me a form for a time that is NOT reportable for some reason, I will personally call to explain. Likewise, if any of you have any questions about NAG reportables, please call me before 9:00 PM, and I'll do my best to help.

PO Box 397
Hollis NH 03049
(603) 465-2550

Best regards,



Anne Hawkins

II.**NATIONALLY RANKED NEW ENGLAND AGE GROUP SWIMMERS
SHORT COURSE - 1988-1989**

CONGRATULATIONS TO THESE SWIMMERS WHO ACHIEVED NATIONAL AGE GROUP TOP 16 RANKING. RANKINGS FOR RELAYS WERE PUBLISHED THROUGH TENTH PLACE.

10 and UNDER:

Beth Elle	PVAC	50y Free (10), 50y Fly (14), 100y Fly (5)
Jessica Tucker-Mohl	SSA	50y Back (16), 50y Fly (5), 100y Fly (3)
Kelly Gittlein	SSA	50y Free (5)
Spencer Hawkins	MSSC	50y Back (12), 100y Back (4), 100y Fly (14), 100y IM (16), 200y IM (16)
William Maher	LRAC	200y Free (16), 100y Back (15)

11 and 12:

Meghan Simpson	CAY	100y Back (14)
Josh Pristaw	NCAC	100y Back (11), 200y IM (13)
Cape Ann YMCA Girls	CAY	200y Free Relay (4), 400 Free Relay (5), 200y Medley Relay (8)

(Meghan Simpson, Jean Todisco, Susan Herrick, Erika Neany)

13 and 14:

Larissa Herold	SSA	100y Back (4), 200y Back (2), 100y Fly (2) 200y IM (4), 400y IM (5)
Leslie Repetto	BGSC	100y Breast (15)
Mike Carroll	CSSM	200y Free (15), 200y IM (13)

15 and 16:

Sheila Conway	UN-BGSC	1000y Free (14), 500y Free (6), 100y Back (13), 200y IM (11), 400y IM (4)
Leslie Repetto	BGSC	100y Breast (13), 200y Breast (14)
Jenny Thompson	SSA	50y Free (1), 100y Free (1), 200y Free (1), 200y Back (15), 100y Fly (1), 200y IM (4)
Ray Carey	BGSC	100y Fly (7), 200y Fly (11), 400y IM (15)
Sean Gouldson	MVP	1000y Free (15)
Eric Jones	SSA	200y Breast (10)
Brian Livingston	SSA	1000y Free (10), 1650y Free (11)

17 and 18:

Heldi Hannennian	SSA	100y Fly (13), 400y IM (13)
Lynn Kelley	BGSC	100y Fly (9)
Dean Fredette	SSA	200y Fly (13)
Stephen Root	BGSC	500y Free (15)
Bernal's Gator Men	BGSC	400y Free Relay (3)

(Dan Schar, Stephen Root, Wayne Shellgrove, David Mainen)

III.

CONGRATULATIONS TO ALL THESE NEW ENGLAND SWIMMERS WHO ACHIEVED NATIONALLY REPORTABLE TIMES DURING THE 1988-1989 LONG COURSE SEASON:

10 and Under:

Jaime Crosscup	MSSC	100 Breast (1:29.00)
Manchester SC Girls	MSSC	200 Medley Relay (2:34.83)
(Malissa Blais, Jaime Crosscup, Erica Allen, Leslie Hall)		
Manchester SC Girls	MSSC	200 Free Relay (2:18.37)
(Jaime Crosscup, Erica Allen, Leslie Hall, Jen Therrien)		

11 and 12:

Dianna Groff	MSSC	50 Back (33.52), 100 Back (1:11.36), 50 Free (28.97)
Amanda Hall	NEB	50 Back (33.10), 100 Back (1:13.52), 100 Free (1:03.50), 200 IM (2:33.21)
Erika Meany	CAY	50 Free (28.64), 100 Free (1:02.65)
Danielle Peluso	CSSM	100 Breast (1:20.97)
Jean Todisco	CAY	50 Fly (30.64), 100 Fly (1:08.99), 50 Free (28.64)
Matt Pentland	UN-PVAC	50 Back (32.54)
Manchester SC Girls	MSSC	200 Free Relay (2:00.24) 400 Free Relay (4:25.49) 200 Medley Relay (2:17.29)
(Dianna Groff, Tara Paulauskas, Katie Lasky, Elisa Lanciault)		
Cape Ann YMCA Girls	CAY	200 Free Relay (2:01.85)
(Jean Todisco, Susan Herrick, Erika Meany, Maryann Conlon)		
Manchester SC Boys	MSSC	400 Free Relay (4:25.49) 200 Medley Relay (2:15.48) 400 Medley Relay (5:03.44)
(Tad Kremen, Wesley Wrightson, Spencer Hawkins, Mike Shaughnessy)		

13 and 14:

Larissa Herold	SSA	100 Back (1:05.78), 200 Back (2:23.00)
Liz Kotch	EPBC	200 IM (3:27.61)
Nicole Rutkowski	EGSC	400 Free (4:30.37), 800 Free (9:12.99), 1500 Free (17:22.38)
Kate Shaughnessy	MSSC	200 Fly (2:25.32)
Chris Anderson	EGSC	100 Breast (1:09.99), 200 Breast (2:31.31)
Jeremy Gulmby	EGSC	1500 Free (17:15.79)
Gene Sutherland	CAY	100 Back (1:03.82), 200 Back (2:19.61)
Andrew Whitney	SSA	400 Free (4:18.92), 800 Free (8:55.65) 1500 Free (16:40.42)

NEW ENGLAND LONG COURSE NATIONALLY REPORTABLE TIMES (continued)

13 and 14 (continued):

Bernal's Gator Girls BGSC 400 Free Relay (4:11.18),
800 Free Relay (9:02.33)
(Nicole Rutkowski, Tory Fleming, Allison Hughes, Rachel DeVito)
Bernal's Gator Girls BGSC 400 Medley Relay (4:44.39)
(Ann Tarantino, Tory Fleming, Rachel DeVito, Nicole Rutkowski)
Bernal's Gator Girls BGSC 800 Free Relay (9:20.77)
(Jen Schmid, Ann Tarantino, Kathleen Burke, Julie Mitchell)
Seacoast SA Girls SSA 400 Free Relay (4:18.49)
(Lea Dellicio, Nikki Currier, Hannah Edgecomb, Debby Palmer)
Seacoast SA Girls SSA 800 Free Relay (9:20.18)
(Debby Palmer, Hannah Edgecomb, Nikki Currier, Michelle LaBrie)
Bernal's Gator Boys BGSC 400 Free Relay (3:55.98),
400 Medley Relay (4:24.70)
(Rob Wiley, Chris Anderson, Jeremy Gulmby, Matt Craven)
Bernal's Gator Boys BGSC 800 Free Relay (8:42.18)
(Jeremy Gulmby, Rob Wiley, Jon Thomas, Matt Craven)

15 and 16:

Shella Conway BGSC 400 Free (4:21.11), 1500 Free (16:54.91),
200 IM (2:18.22), 400 IM (4:52.17)
Larissa Herold SSA 100 Back (1:05.14), 200 Back (2:20.20),
100 Fly (1:04.22), 200 IM (2:23.22)
Shellah McCarthy BGSC 100 Back (1:07.03)
Leslie Repetto BGSC 100 Breast (1:14.73), 200 Breast (2:41.48)
Jenny Thompson SSA 50 Free (25.85), 100 Free (55.84),
200 Free (2:01.63), 100 Fly (1:01.16),
100 Back (1:05.75), 200 Back (2:19.71),
200 IM (2:21.56)
Ray Carey BGSC 100 Fly (56.19), 200 Fly (2:00.25),
200 IM (2:10.50), 400 IM (4:31.68),
200 Back (2:09.92), 800 Free (8:33.92)
Brian Livingston SSA 800 Free (8:27.93), 1500 Free (16:10.17)

17 and 18:

Dean Fredette SSA 200 Fly (2:05.18)
Sean Gouldson BGSC 100 Back (58.46), 200 Back (2:05.94)
Eric Jones SSA 100 Breast (1:06.45), 200 Breast (2:24.08)
Joe Sheehan CSSM 200 Breast (2:24.18)
100M Breaststroke (1:06.58)

NEW ENGLAND SWIMMING OFFICE

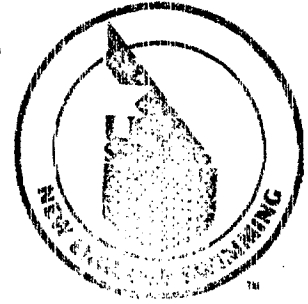
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NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

DECEMBER 1989

IN THIS ISSUE: SHORT COURSE MEETS CONTACTS; CUTS FOR NATIONAL MEETS, NE SENIORS, AGE GROUPS, SILVER & BRONZE CLASSICS; ZONE INFO; NE MEET INFO; NE EIGHT & UNDER "A" AND "B" TIMES....

New England Swimming extends its condolences to the family of GREG LAWSON who died recently in an accident. Greg had been a member of the Cumberland Area Swim Team and had been a member of CAST's eight and under free relay and medley relay both of which placed first at Age Groups this summer.

CONGRATULATIONS to RAY CAREY (BGSC) and JENNY THOMPSON (SSA) who will compete in the International Invitational swim meet in Perth, Australia in January in preparation for the 1991 World Championships.

MEET INFORMATION: At recent meetings of the Technical Committee and the New England Board, the following decisions were made:

AGE GROUPS: In addition to high point trophies for the top swimmer of each sex in each age group, plaques will be awarded to the swimmers in each sex in each age group who finish 2nd through 8th overall. Pins will be available for Age Group participants at both the short course and the long course meets. A REMINDER--At short course age groups, the 10 and unders swim timed finals in the morning; the 11 and 12 and 13 and 14 age groups swim trials in the morning and finals in the late afternoon. All relays will be timed finals in the morning.

SENIORS: There will be cuts for relays at Seniors which will be announced soon. If a relay is composed of four qualifying swimmers, it is automatically in the meet, but if there is one or more non-qualifying swimmer, the relay must meet the standards. Pins will be available for Senior participants at both the short course and long course meets. A REMINDER--Relays at Seniors will be timed finals to be swum at the end of finals in the evening. The events will be paired again this year and a swimmer who has qualified in one event in a pair may also swim the other event in the pair (50, 100 free; 200, 500 free; 1000, 1650 free; 100, 200 back; 100, 200 breast; 100, 200 fly; 200, 400 IM).

BRONZE CLASSIC: This meet is no longer a championship so it may be cut if necessary. There will still be medals as awards, however. Swimmers at the Bronze Classic may not qualify for Age Groups, but they may qualify for the Silver Classic. However, swimmers who have already swum an event at Bronze will be the first ones out at Silver Classic if the meet is over-subscribed. A REMINDER--Age Groups at Bronze Classic are 9 and 10; 11 and 12; 13 and 14; 15 through 18.

CONTINUED....

The next meeting of the Board of New England Swimming will be Monday, December 11, 1989 at 7 p.m. at the Wellesley Community Center, Wellesley, MA.

SILVER CLASSIC: This meet is no longer a championship so it may be cut if necessary. There will still be medals as awards, however. Swimmers who enter the meet with times achieved at the Bronze Classic will be the first ones cut if cuts are necessary. A REMINDER--Age Groups at Silver Classic are 10 and under; 11 and 12; 13 and 14; 15 and over. No swimmer may enter the same event at Age Groups and Silver Classic; no swimmer may enter the same event at Seniors and Silver Classic.

ZONES: Age Groups will be the qualifying meet for all 14 and under swimmers. Swimmers who have been selected for the meet at Age Groups may update their times at Seniors, however. Swimmers who are 15 to 18 must submit an application (in this newsletter). They may use times from Seniors. A REMINDER--All swimmers must have participated in three New England Calendar Meets to be considered as a team member.

MEET EVALUATION COMMITTEE: Isabelle Fraser and Jerry Zimmer have been named as the Meet Evaluation Committee. Starting with all meets held after January 1, 1990, the \$200 meet deposit must be submitted with the application for sanction and will be deposited. The team hosting the meet must then return the evaluation form and request the refund of the \$200. If all New England rules and policies have been followed, the committee will ask the treasurer to refund the \$200 deposit.

TO THE NEW ENGLAND SWIMMING COMMUNITY - ZONE TEAM 1990

Our short course Zone Meet will take place in Orono, Maine at the University of Maine on March 29, 30, and 31, 1990. Our team will be staying at the Days Inn, in Bangor, Maine.

Our team will be picked off of Age Groups at Brown University. Our 15-18 swimmers will be selected from applications received. Any 13-14 year old, or any swimmer that goes to New England Seniors and betters a time that they qualified with at Age Groups may submit their faster time.

New England Swimming pays for half of this trip. Each swimmer receives a suit, a sweatshirt or T-Shirt, and a cap. The cost to each swimmer will be approximately \$170.00 (meals not included). This depends on the number of swimmers that attend the meet.

All SWIMMERS MUST HAVE PARTICIPATED IN THREE NEW ENGLAND CALENDAR MEETS, to be considered as a team member.

**The top two swimmers are automatically asked providing they are the right age as of the Zone Meet Date. If a swimmer changes age then the next swimmer will be asked. When the selection goes down the list any farther, it does not necessarily mean the next swimmer in an event will go. Some of the existing swimmers may be spread out a little farther depending on their times. Swimmers may be asked to go for one event, in order to put the best team together. This is something that parents should think about now.

If you want any further information, please do not hesitate to call me. I am home before two P.M. each day.

***SWIMMERS MUST STAY WITH THE TEAM.

Isabelle Fraser
125 Franklin Rd.,
Longmeadow, Ma. 01106
413-567-3415

NEW ENGLAND CALENDAR MEETS--SHORT COURSE, 1989--1990:

DEC.	8--10:	NCAC	Team Specialty (Dartmouth) fully subscribed	
	10:	NSC	"C" Schedule II Cape Elizabeth High School (ME) 8 and unders	Don Richards 207-799-5809
	9--10:	NEB	"CB" Schedule II Greater Lowell Vocational/Technical Tyngsboro, MA	Merle Persky 617-332-4339
	15--17:	LRAC	Christmas Classic "AB" Brown University, Providence, RI	Dan Rhinehart 401-273-0363
	29--30:	EST NHST	Exeter Sprints (no cuts) Phillips Exeter Academy (NH) 8 and unders	Sheila Briggs 603-642-3119
JAN.	5--7 :	NEB	"AA" and Better Northeastern University, Boston, MA	Merle Persky 617-332-4339
	5--7 :	WSC	"AB" Schedule I Clark University, Worcester, MA	Marianne McVoy 508-842-1883
	6:	SAC	Team Specialty Keefe Vocational, Framingham, MA	Nancy Trombini 617-449-6107
	13--14:	HYST	"BC" Schedule I Haverhill (MA) High School	Mike Horgan 508-373-1102
	20--21:	CSC	"AB" Massasoit Community College Brockton, MA	Martha Kellstrand 508-857-2221
	20--21:	TRAC	Pentathlon Quinsigamond Community College Worcester, MA	Debby Faulconer 508-393-7601
	26--28:	LRAC	National Qualifier Brown University, Providence, RI	Dan Rhinehart 401-273-0363
	27--28:	BYB	"BA" Beverly (MA) YMCA	Peter Farragher 617-927-6855
	27--28:	HRY	"BC" all events Northampton (MA) YMCA	Joyce Burrill 413-665-3261
	28:	ABF	Mini-Meet (12 and under) Attleboro (MA) High School	Pat Brodka 508-695-6331
FEB.	10--11:	NSC	Eight and under Championships Cape Elizabeth (ME) High School	*
	16--18:	SAC	Age Group Qualifier Keefe Vocational, Framingham, MA	Nancy Trombini 617-449-6107
	24--25:	HRY EB	Bronze Classic White Brook Middle School Easthampton, MA	*
	24--25:	MVP	Senior Qualifier Greater Lowell Vocational/Technical Tyngsboro, MA	Jack & Marge Schofield 508-692-3427
MAR.	1--4 :	LRAC	Age Group Championships Brown University, Providence, MA	*
	8--11:	EGSC	Senior Championships Harvard University, Cambridge, MA	*
	16--18:	NCAC	Silver Classic Dartmouth College, Hanover, NH	*

*Entry forms for these meets may be obtained from the New England Office.

1990 NEW ENGLAND SENIOR CHAMPIONSHIP CUTS

WOMEN			MEN	
<u>yards</u>	<u>meters</u>	<u>event</u>	<u>yards</u>	<u>meters</u>
25.99	29.99	50 free	22.99	26.99
56.49	1:04.29	100 free	50.99	59.09
2:00.99	2:16.99	200 free	1:50.59	2:08.29
5:22.99	4:47.49	500/400 free	4:59.89	4:33.09
11:19.99	10:08.99	1000/800 free	10:29.99	9:39.99
19:13.59	19:40.19	1650/1500 free	18:17.59	18:50.49
1:05.99	1:14.89	100 back	59.99	1:09.19
2:21.39	2:40.79	200 back	2:10.99	2:34.79
1:14.09	1:26.69	100 breast	1:05.59	1:16.09
2:40.79	3:03.99	200 breast	2:25.39	2:49.79
1:02.99	1:10.49	100 fly	56.09	1:04.79
2:19.99	2:38.19	200 fly	2:08.99	2:25.89
2:19.99	2:39.99	200 IM	2:06.79	2:24.79
4:59.99	5:37.99	400 IM	4:34.19	5:19.99

All times must be achieved after September 1, 1989 except the 800 and 1500 meter freestyle times which must be achieved after May 1, 1989.

NOTE: There will be RELAY CUTS which will be published shortly!

NEW ENGLAND SWIMMING--EIGHT and UNDER "A" and "B" STANDARDS

GIRLS			BOYS			
<u>"A" TIME</u>	<u>Yards (Meters)</u>	<u>"B" TIME</u>	<u>EVENT</u>	<u>"A" TIME</u>	<u>Yards (Meters)</u>	<u>"B" TIME</u>
16.99 (--)		18.29 (--)	25 free	17.79 (--)		21.09 (--)
37.99 (45.89)		42.39 (57.59)	50 free	39.99 (47.69)		48.19 (--)
1:27.59 (1:49.99)		1:38.39 (2:06.89)	100 free	1:31.19 (1:48.99)		1:53.79 (2:10.99)
20.59 (--)		23.29 (--)	25 back	22.79 (--)		26.79 (--)
46.69 (58.99)		51.59 (1:08.39)	50 back	51.59 (1:00.49)		59.99 (1:10.19)
21.89 (--)		24.39 (--)	25 breast	23.49 (--)		28.89 (--)
49.99 (59.09)		56.09 (1:15.29)	50 breast	53.19 (1:03.29)		1:03.29 (1:16.69)
19.59 (--)		22.99 (--)	25 fly	23.09 (--)		27.29 (--)
48.89 (1:03.99)		1:00.79 (1:15.59)	50 fly	55.69 (1:11.49)		1:09.39 (1:18.59)
1:38.79 (--)		1:48.99 (--)	100 I.M.	1:46.89 (--)		1:58.79 (--)

NEW ENGLAND SWIMMING OFFICE

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Thursday: 8:00 a.m.-- 2:00 p.m.

1989--1990 AGE GROUP CHAMPIONSHIPS AND SILVER CLASSIC CUTS						
GIRLS				BOYS		
meters*	yards	yards		meters*	yards	yards
AG cut	AG cut	Silver	<u>8 and under**</u>	AG cut	AG cut	Silver
	18.29		25 free		19.39	
46.39	42.39		50 free	47.29	42.49	
1:52.69	1:38.39		100 free	1:51.99	1:40.49	
	23.39		25 back		23.59	
1:01.39	51:59		50 back	1:01.69	54.09	
	24.39		25 breast		26.69	
1:05.69	56.09		50 breast	1:06.19	1:00.59	
	22.99		25 fly		24.39	
1:03.49	1:00.79		50 fly	1:14.28	1:09.39	
	1:48.99		100 IM		1:58.79	
			<u>9 and 10***</u>			
36.49	31.99	34.59	50 free	37.09	31.99	34.99
1:22.49	1:10.69	1:17.49	100 free	1:25.39	1:11.19	1:17.99
3:00.99	2:35.19	2:53.79	200 free	3:04.99	2:36.99	2:53.09
44.99	37.79	41.69	50 back	46.49	39.99	43.39
1:36.99	1:24.29	1:34.99	100 back	1:42.59	1:27.19	1:34.79
49.99	42.29	47.09	50 breast	52.39	43.69	47.59
1:49.99	1:33.39	1:46.09	100 breast	1:53.99	1:36.99	1:45.19
42.79	36.89	41.49	50 fly	46.59	37.49	42.29
1:45.89	1:25.99	1:38.99	100 fly	1:49.99	1:31.49	1:40.99
	1:21.09	1:28.99	100 IM		1:23.49	1:31.29
3:23.49	2:55.99	3:20.59	200 IM	3:31.99	2:59.99	3:18.09
			<u>11 and 12</u>			
32.39	28.59	30.19	50 free	33.19	28.89	31.29
1:11.59	1:02.59	1:05.49	100 free	1:13.79	1:02.99	1:07.99
2:33.49	2:14.19	2:21.39	200 free	2:39.99	2:16.79	2:28.79
5:20.89	5:56.79	6:35.19	400/500 free	5:37.99	6:06.29	6:35.09
38.79	34.19	35.99	50 back	41.49	35.49	36.59
1:24.29	1:14.29	1:18.99	100 back	1:29.99	1:16.99	1:19.09
43.69	37.59	40.59	50 breast	45.99	38.39	40.59
1:35.09	1:21.89	1:27.79	100 breast	1:41.89	1:24.89	1:27.99
36.19	31.99	33.89	50 fly	38.99	32.79	34.09
1:23.99	1:11.99	1:17.99	100 fly	1:32.09	1:14.79	1:17.69
	1:12.19	1:18.49	100 IM		1:12.49	1:18.89
2:55.89	2:34.99	2:42.79	200 IM	3:04.49	2:38.09	2:49.29

* Long Course meters (50 meter pool)

** These times are for Eight and under Championships only.

*** The Age Group for Silver Classic and short course Age Groups is 10 and under.

All times must be achieved after September 1, 1989.

BRONZE CLASSIC times are .01 slower than minimum time for Silver Classic and the youngest age group is 9 and 10.

1989--1990 AGE GROUP CHAMPIONSHIPS and SILVER CLASSIC CUTS

GIRLS

BOYS

meters*	yards	yards		meters*	yards	yards
AG cut	AG cut	Silver	<u>13 and 14</u>	AG cut	AG cut	Silver
30.89	27.19	28.69	50 free	29.99	25.69	28.29
1:07.79	58.99	1:02.19	100 free	1:05.29	56.09	59.99
2:25.49	2:07.09	2:14.69	200 free	2:21.09	2:01.99	2:15.39
5:05.49	5:38.99	6:01.99	400/500 free	4:56.99	5:30.99	5:59.79
10:40.09	11:45.99		800/1000 free	10:30.09	11:15.79	
19:05.79	18:52.39		1500/1650 free (auto)	18:38.39	18:30.69	
20:11.89	19:47.59		1000/1650 free (consid)	20:22.59	19:32.89	
1:20.99	1:10.09	1:14.99	100 back	1:18.99	1:07.99	1:12.39
2:54.69	2:29.99	2:43.39	200 back	2:50.09	2:25.69	2:36.69
1:30.49	1:17.59	1:24.09	100 breast	1:26.19	1:14.29	1:20.59
3:13.29	2:49.29	3:04.49	200 breast	3:09.99	2:41.99	2:54.79
1:16.49	1:06.89	1:13.69	100 fly	1:15.09	1:04.99	1:09.79
2:55.99	2:33.99	2:40.99	200 fly	2:53.99	2:33.99	2:40.99
2:44.59	2:25.79	2:34.89	200 IM	2:40.99	2:21.39	2:33.99
5:56.99	5:07.99	5:46.79	400 IM	5:41.29	5:07.49	5:36.79
			<u>15 to 18**</u>			
30.19	26.39	28.09	50 free	27.59	23.99	25.49
1:05.59	57.59	1:01.09	100 free	59.49	52.29	55.19
2:20.69	2:03.99	2:14.79	200 free	2:10.19	1:53.69	2:07.09
4:58.79	5:32.99	6:17.09	400/500 free	4:40.89	5:06.39	5:50.39
10:33.69	11:40.99		800/1000 free	10:07.49	10:50.39	
19:03.29	18:50.19		1500/1650 free (auto)	18:11.09	18:07.29	
20:02.59	19:43.39		1500/1650 free (consid)	19:38.49	18:55.69	
1:18.09	1:07.99	1:14.99	100 back	1:11.99	1:03.09	1:08.79
2:48.99	2:26.49	2:42.39	200 back	2:37.99	2:15.99	2:28.79
1:28.39	1:15.99	1:23.99	100 breast	1:18.99	1:08.49	1:12.99
3:11.99	2:43.59	3:02.99	200 breast	2:56.49	2:29.29	2:46.29
1:12.99	1:04.19	1:13.09	100 fly	1:06.99	58.99	1:05.99
2:48.99	2:24.09	2:39.59	200 fly	2:40.19	2:18.39	2:26.19
2:41.99	2:23.09	2:32.99	200 IM	2:27.79	2:10.49	2:18.89
5:45.99	5:04.49	5:45.79	400 IM	5:24.39	4:46.09	5:17.49

* Long Course meters (50 meter pool)

** The yard cut times for 15--18 are for long course Age Groups only, since 15--18 year olds are not included in the short course Age Groups. For the Silver Classic the age group is 15 and over.

All times must be achieved after September 1, 1989 with the exception of the 800 and 1500 meter freestyle times which must be achieved after May 1, 1989.

BRONZE CLASSIC times are .01 slower than minimum time for Silver Classic and the oldest age group is 15--18.