



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

JANUARY 1990

IN THIS ISSUE: TENTATIVE LONG COURSE CALENDAR; BID FORM; GENERAL INFORMATION CONCERNING NEW ENGLAND MEETS; HIGH SCHOOL OVC'S; NEW ENGLAND SENIOR CUTS; REGISTERED NEW ENGLAND TEAMS....

REGISTRATION 1990:

As some of you may realize, the processing of registration has been somewhat delayed this year. We have a new computer program which makes the registration of athletes faster and also puts the non-athletes and teams on the computer for the first time. However, there were a few problems with the program, so things are a little late.

However, all team registrations received by December 30, 1989 are in the computer and have been sent to Colorado.

All Coach registrations received by December 30, 1989 (with the proper documentation of CPR, First Aid, and Safety Training for Swim Coaches) have been put into the computer and sent to Colorado. Yellow cards for coaches have also been mailed out to these coaches.

HOWEVER, I have a large pile of coach registrations that were sent without the proper documentation. I will process these forms as "non-athlete" members, but not "coach" members shortly if copies of CPR, First Aid, and Safety Training for Swim Coaches have not arrived.

Many non-athlete registrations also have been processed. The rest will be done as soon as possible.

About 25% of the athletes have been processed, and the rest will be done as soon as possible. Please remember that a club, athlete, or non-athlete is considered registered as soon as I receive the forms and checks.

BIDS FOR MEETS DURING THE LONG COURSE SEASON: Included in this newsletter is a bid form and calendar for the summer. Please note that all BIDS are due by FEBRUARY 20, 1990!

SAFETY TRAINING FOR SWIM COACHES: There will be a Safety Training for Swim Coaches class on Saturday, January 13, 1990 from 7:30 a.m. to 5:00 p.m. at the Hampshire Hills Sports and Fitness Center, Milford, NH. Contact Sue Sargent (603-673-7123) and ask for the pool. The cost will be \$25.

The next meeting of the Board of New England Swimming will be on Monday, January 8, 1990 at 7 p.m. at the Wellesley Community Center, Wellesley, MA.

The following teams are registered for 1990. Some teams, however, have registered only the club, not the coaches or athletes.

ABF	ATTLEBORO BLUEFISH (MA)	LYNW	LYNW YMCA KILLER WHALES (MA)
ADSC	AQUA DUX SWIM CLUB (MA)	MALY	MALDEN YMCA (MA)
AMW	AQUAMAIDS AND AQUAMEN OF WORCESTER (MA)	MSSC	MANCHESTER SUNFISH SWIM CLUB (NH)
ANA	ANDOVER NORTH ANDOVER YMCA (MA)	MVP	MERRIMACK VALLEY PIRATES (MA)
ATST	AMHERST TRITONS SWIM CLUB (MA)	MVST	MARTHA'S VINEYARD SWIM TEAM (MA)
BARY	BARRINGTON YMCA (RI)	NBYH	NEW BEDFORD YMCA AQUARIANS (MA)
BAT	BELMONT AQUATICS (MA)	NCAC	NORTH COUNTRY AQUATIC CLUB (NH)
BCSY	BROCKTON COMMUNITY SCHOOL-Y SWIM TEAM (MA)	NEB	NEW ENGLAND BARRACUDAS (MA)
BGSC	BERNAL'S GATOR SWIM CLUB (MA)	NNB	NEAPORT NAVY BLUES (RI)
BYC	BURLINGTON YMCA CHAMPS (VT)	NSC	NAUTILUS SWIM CLUB (ME)
CAS	CUMBERLAND AREA SWIM TEAM (RI)	NSYV	NORTH SUBURBAN YMCA VIKINGS (MA)
CAY	CAPE ANN YMCA SWIM TEAM (MA)	NWSC	NEW WAVE SWIM CLUB (MA)
CCBS	CARTER COMMUNITY BUILDING SWORDFISH (NH)	NYSC	NEWPORT COUNTY YMCA WAHOOS SWIM CLUB (RI)
CCSC	CAPE COD SWIM CLUB (MA)	NYB	NEWMAN YMCA BARRACUDAS (MA)
CHA	CHICOPEE AMBERJACKS SWIM TEAM (MA)	ORO	OYSTER RIVER OTTERS (NH)
CLBC	CUMBERLAND-LINCOLN BOYS CLUB PENGUINS (RI)	PAC	PORTSMOUTH AQUATIC CLUB (NH)
CONY	CONCORD YMCA SAILFISH (NH)	PST	PORTSMOUTH SWIM TEAM (NH)
CSC	COASTAL SWIM CLUB (MA)	PVAC	PIONEER VALLEY AQUATIC CLUB (MA)
CSSM	COMMUNITY STARS & STRIPES OF MEDFORD (MA)	PTBC	PITTSFIELD BOYS CLUB (MA)
CVMM	CENTRAL VERMONT JAVEMAKERS (VT)	PMS	PETERBOROUGH SWIM TEAM (NH)
EB	EASTHAMPTON BARRACUDAS (MA)	PYST	PITTSFIELD YMCA SWIM TEAM (MA)
EPBC	BOYS & GIRLS CLUB OF EAST PROVIDENCE (RI)	SAC	SHANNUT AQUATIC CLUB (MA)
EST	EXETER SWIM TEAM (NH)	SCRD	BOSTON SCROD (MA)
GBSC	GREATER BOSTON SWIM CLUB (MA)	SCY	SOUTH COUNTY YMCA (RI)
GMSC	GREENWOOD MEMORIAL SWIM CLUB (MA)	SSA	SEACOAST SWIMMING ASSOCIATION (NH)
HAFB	HANSCOM SEAHAWKS (MA)	SSS	SOUTH SHORE STRIPERS (MA)
HAY	HOCKNOCK YMCA SWIM TEAM (MA)	SST	SALEM SWIM TEAM (NH)
HC	HOLY CROSS COLLEGE (MA)	TRAC	TRITON AQUATIC CLUB (MA)
HHST	HAMPSHIRE HILLS SEAWOLVES (NH)	TOSF	TWIN OAKS SPORTS AND FITNESS (VT)
HRY	HAMPSHIRE REGIONAL YMCA SWIM TEAM (MA)	VGST	VALLEY GATORS SWIM TEAM (VT)
HVY	HOLYOKE YMCA VIKINGS (MA)	WBD	WHITINSVILLE BLUE DOLPHINS (MA)
LRAC	LITTLE RHODY AQUATIC CLUB (RI)	WSC	WORCESTER SWIM CLUB (MA)
LRW	LAKES REGION JAVEMAKERS (NH)		

TENTATIVE LONG COURSE CALENDAR:

MAY	5--6 :	Specialty Meet(s)	
	12--13:	Specialty Meet(s)	
	19--20:	B Schedule I	
	26--27:	C Schedule I	
JUNE	2--3 :	A Schedule I	B Schedule II
	9--10:	B Schedule I	C Schedule II
	16--17:	C Schedule I	A Schedule II
	23--24:	A Schedule I	
	30--1 :	B Schedule II	
JULY	7--8 :	Senior Qualifier	B
	14--15:	Age Group Qualifier	C
	20--22:	New England Seniors	
	27--29:	Age Groups	B/C end of season meet
	29--4 :	USS Nationals	
AUGUST	7--11:	Eastern Zone Meet	
		USS Junior Nationals	

ALL BIDS ARE DUE BY FEBRUARY 20, 1990. The calendar committee will meet at Age Groups on Saturday, March 3, 1990.

1990 NEW ENGLAND SENIOR CHAMPIONSHIP CUTS

WOMEN

MEN

<u>yards</u>	<u>meters</u>	<u>event</u>	<u>yards</u>	<u>meters</u>
25.99	29.99	50 free	22.99	26.99
56.49	1:04.29	100 free	50.99	59.09
2:00.99	2:16.99	200 free	1:50.59	2:08.29
5:22.99	4:47.49	500/400 free	4:59.89	4:33.09
11:19.99	10:08.99	1000/800 free	10:29.99	9:39.99
19:13.59	19:40.19	1650/1500 free	18:17.59	18:50.49
1:05.99	1:14.89	100 back	59.99	1:09.19
2:21.39	2:40.79	200 back	2:10.99	2:34.79
1:14.09	1:26.69	100 breast	1:05.59	1:16.09
2:40.79	3:03.99	200 breast	2:25.39	2:49.79
1:02.99	1:10.49	100 fly	56.09	1:04.79
2:19.99	2:38.19	200 fly	2:08.99	2:25.89
2:19.99	2:39.99	200 IM	2:06.79	2:24.79
4:59.99	5:37.99	400 IM	4:34.19	5:19.99
3:54.99		400 free relay	3:29.99	
8:29.99		800 free relay	7:44.99	
4:25.99		400 medley relay	3:54.99	

NOTE: Relay cuts will not apply to any relay in which every relay swimmer is also a qualifier in an individual event.

All times must be achieved after September 1, 1989 except the 800 and 1500 meter and 1000 and 1650 yard freestyle times which must be achieved after May 1, 1989.

ALL OFFICIALS

REFEREE CHAIRMAN JOHN JOHANESSEN

A complaint recently came forward concerning the use of our headsets during a meet. It was felt that they were being used illegally.

Instructions came over the air to watch the swimmer in lane ??? for a possible infraction. It either is, or it isn't, its very unfair to single out a swimmer for special watching. If you see an infraction, call it. Now, when the Referee asks, what did you see, where were you standing and what rule was broken , you can discuss it. Just because you've raised your hand, doesn't mean the swimmer is automatically D.O.ed. It's at this time that I've found the headsets to be excellent teaching tools. All stations are listening in, all hear the questions and answers, and if something that happened is not understood by all, then additional information can be requested. Stroke and Turns also get to listen in on false starts, relay starts, comments between the Recall Starter and Referee, why we have a hold on events, rotation of Officials, etc. Some, also provide a little humor which certainly helps loosen us all up and pass the time more easily. I'm one that likes the headsets, I like that instant communication, I like to be aware of all thats going on around me. I have found that a few sets are more sensitive to electrical static than others. If the Starter or Referee has one of these sets in front of the Head Time Keeper, the static goes off each time the timing machine does. Pass these sets to your distant Stroke and Turns, there they will not pick up the static.

It was also a general feeling of the Facilitators (teaching Referees), that unless you are right over the backstroke its just about impossible to tell if the body is past verticle. They also felt that if you asked the Turn and Stroke which hand touched the wall, that this also might be a clear indication that this person did indeed see the total turn. This weekend, I did the Penn Yale meet. ALL the backstrokers were very rapid rolling twisting turners. All my Officials were Referee level. After the womens meet and prior to the mens meet, the general conversation was on the difficulty of viewing that turn while watching the touch. So don't feel bad, we are all trying our best, which is all we can ask of you.

USS NATIONAL CERTIFICATION FOR OFFICIALS:

The purpose of the USS National Certification Program is to provide an opportunity for qualified officials who cannot attend a National Championship to achieve National certification. The same basic requirements apply to both National Championship and USS National certification but, instead of having to participate at a National Championship, the applicant may officiate at a designated National caliber meet. National caliber means that an appreciable number of the competitors and the conduct and officiating are of such quality as might be expected at a National Championship. National caliber designation may only be made by the Vice-Chairman, USS National Certification Program.

The National Qualifier which will be held at Brown University on January 26--28, 1990 has been designated for the USS National Certification Program. The committee will be Priscilla Davis, James Kresel and John Johanessen. Any New England official who wants to participate must serve in three separate sessions at the level of certification desired. There will be a \$5 fee for a patch and pin if the participant is successful.

For more information or to register to participate, please contact John Johanessen at 203-535-2885.

GENERAL INFORMATION CONCERNING NEW ENGLAND MEETS:

TYPES OF MEETS:

- A(B)--First consideration is given to swimmers with "A" or better times; swimmers with "B" times may swim if there is room.
- B(A)--First consideration is given to swimmers with "B" times; swimmers with "A" or better times may swim if there is room.
- B(C)--First consideration is given to swimmers with "B" times; swimmers with "C" times or no times may swim if there is room.
- C(B)--First consideration is given to swimmers with "C" times or no times; swimmers with "B" times may swim if there is room.

CUTS: Meets that are over subscribed will be cut as follows:

- A(B)--"B" swimmers are cut by time; if all "B" swimmers have been cut, "A" swimmers are cut by time.
- B(A)--"A" swimmers are cut by date of receipt; if all "A" swimmers have been cut, "B" swimmers are cut by date of receipt.
- B(C)--"C" swimmers are cut by date of receipt; if all "C" swimmers have been cut, "B" swimmers are cut by date of receipt.
- C(B)--"B" swimmers are cut by date of receipt; if all "B" swimmers have been cut, "C" swimmers are cut by date of receipt.

Specialty meets--cut by date of receipt.

AWARDS:

- A(B)--Medals will be given to the top 6 (or 8 in the case of an 8-lane pool) swimmers (whether entered with "A" or "B" times). If desired, ribbons may be given to the top 6 (or 8) "B" swimmers who finish with "B" times.
- B(A)--Ribbons will be given to the top 6 (or 8) "B" swimmers achieving "B" times.
- B(C)--Ribbons will be given to the top 6 (or 8) swimmers achieving "B" (whether entered with "B" or "C" times). If desired, ribbons may also be given to the top 6 (or 8) "C" swimmers who finish with "C" times.
- C(B)--Ribbons will be given to the top 6 (or 8) "C" swimmers who finish with "C" times.

Specialty Meets--Ribbons will be given to the top 6 (or 8) finishers.

NOTE: Championship and specialty meets may have different awards which will be established at the time the bid is awarded.

At all meets appropriate achievement cards should be written for swimmers achieving times at a higher level.

SCHEDULES:

- Schedule I--13 and over : short events (100's; 200 IM)
12 and under: long events (100's; 200 IM)
- Schedule II--13 and over : long events (200's; 400 IM)
12 and under: short events (50's; 100 IM)

Specialty meets--distance meets, senior development meets, mini meets for younger swimmers, relay carnivals, pentathlons, etc.

ENTRY FEES:

A(B) (or if medals are awarded)--up to \$2.00; \$4.60 per relay.

B(A), B(C), C(B)--up to \$1.50; \$3.60 per relay.

Trials and finals meets--up to \$3.00; \$6.60 per relay.

Specialty meets may charge up to \$1.50 unless permission is given to charge another fee.

NOTE: Championship and specialty meets may have different entry fees which will be established at the time the bid is granted.

SURCHARGES:

A(B)--45¢ per individual event

B(A), B(C), C(B)--30¢ per individual event

Trials and finals meet--45¢ per individual event

NOTE: There is no surcharge for relays.

PRE-SEEDED MEETS are not allowed in New England unless a special request is made at the time the bid is submitted and the special request is granted by the calendar committee.

NOTE: In all cases "A" refers to "A" and better times.

HIGH SCHOOL/OVC RULING:

Official times achieved by United States Swimming members in high school Federation Conference, District, Regional, Sectional, League or State Championship meets during the 1989-90 short course season shall be acceptable for official Verification Certification and USS Times-of-Record consideration provided an assigned certified USS official is present at the meet and can attest to the satisfaction of the Local Swimming Committee's OVC Officer that the individual swim was in conformance with the applicable USS rules. Compliance with the USS forward start rules and USS meet-approval requirement shall be waived for this competition until the end of the 1989-90 high school swimming season.

If you have a swimmer that you feel will be needing an OVC from a high school league championship meet, sectionals, or states, please see to it that there is a USS official on deck to verify the swim. Have the official sign a statement to the effect that the swim was in accordance with the USS rules. Be sure to include the official's phone number.

If there is any question, please call Sally Shire, 508-692-6331 from 9 to 3.

NEW ENGLAND SWIMMING OFFICE

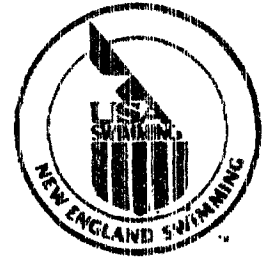
Mary Riddell
20 Cleveland Road
Needham, MA 02192

617-449-0270

Telephone Hours: Monday : 8:00 a.m.-- 2:00 p.m.
7:30 p.m.--10:30 p.m.
Thursday: 8:00 a.m.-- 2:00 p.m.



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

FEBRUARY 1990

IN THIS ISSUE: 1989 LONG COURSE RECORDS; 1989 LONG COURSE NATIONAL TOP 16;
COACH REGISTRATION; 1990 NE TEAMS; BAY STATE GAMES...

CONGRATULATIONS TO: JENNY THOMPSON (SSA)
DEAN FREDETTE (SSA)
RAYMOND CAREY (BGSC)
CHRISTOPHER HOLT (LRAC)

who have been named to the 1989 U.S. SWIMMING Academic All-America Team.

A REMINDER: All BIDS for the 1990 Long Course season must be received
by FEBRUARY 20, 1990!!!

LONG COURSE RECORDS:

Included in this newsletter are the new Long Course Records for New England Swimming which were set during the 1989 Long Course season. If there are any errors, please contact Anne Hawkins, PO Box 397, Hollis, NH 03049.

COACH REGISTRATION:

Only registered coaches are allowed on deck at New England meets. New England policy is that all coaches must display their registration cards while on deck. At its December board meeting, the New England Swimming Board voted that a coach who is not displaying his/her card and does not comply with the request to display it will be asked to leave the deck. If the coach does not leave the deck, his/her swimmers will receive administrative DQ's.

AGE GROUP CORRECTIONS:

Incorrect times were listed on the Age Group entry.

The 13--14 girls 200 breaststroke should be 2:49.29.

The 11--12 girls 100 butterfly should be 1:11.99.

The next meeting of the Board of New England Swimming will be on Monday, February 12 at 7 p.m. at the Wellesley Community Center, Wellesley, MA.

BAY STATE GAMES

The Massachusetts Amateur Sports Foundation

P.O. BOX 8336, BOSTON, MA 02114 (617) 727-3227
January 30, 1990

Ms. Mary Riddell
20 Cleveland Road
Needham, MA 02192

Dear Ms. Riddell,

Since the inception of the GAMES in 1982, we had received varying amounts of financial support from the Commonwealth of Massachusetts. The Commonwealth's contribution to the non-profit Massachusetts Amateur Sports Foundation underwrote as much as 30% of the BAY STATE GAMES in past years. In January of 1989 M.A.S.F. was informed that the state would no longer be able to offer any subsidy to the BAY STATE GAMES.

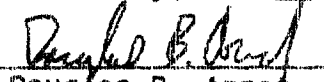
Fortunately, M.A.S.F. had already developed substantial private sector support. That support kept the GAMES alive for 1989. A great deal of effort has gone into adding to the existing private sector support, with considerable success. However, there is still a significant gap between our financial needs and the existing financial support.

In order to keep the BAY STATE GAMES alive, continue to improve the quality of the experience of participation in the GAMES, and establish a solid base for our future, the 1990 GAMES will see several significant changes. The most apparent will be the reduction in sports from 21 (actually 27 since the entire BAY STATE WINTER GAMES were suspended in 1990) to 13. I am sorry to inform you that one of the sports which has been placed on the inactive list for 1990 is Swimming.

It is never easy to make the sort of decisions we have had to make for 1990. A great deal of thought and soul-searching went into the suspension of Winter Games and the reduction of sports for this summer. Many factors had to be considered. While we believe these decisions will make the future of the GAMES stronger, the negative impact on even one athlete is a considerable price for all of us to pay.

We look forward to a time in the near future, when your sport, and others rendered inactive at the 1990 GAMES will return to a bigger, better and fiscally stronger BAY STATE GAMES.

Sincerely,


Douglas B. Arnot
Executive Director

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BAY STATE
HEALTH CARE
THE DOCTORS PLAN

 New England Telephone
A NYNEX Company

TO: NEW ENGLAND SWIMMING HOST CLUBS FROM: PRISCILLA DAVIS, SAFETY CHAIRMAN

RE: MEET MARSHALS

Please remember that New England Swimming has adopted the USS warm-up rules for meets. Before warm-ups can begin, enough marshals MUST be in place to assure a safe warm-up. That means there must be marshals at each end of the pool to prevent diving, re-entry at the far end, horseplay, running and/or general rowdiness (not our swimmers--must be visitors!). When sprint lanes are opened, one marshal per starting end of sprint lane is required. A marshal may be any RESPONSIBLE USS member.

A reminder: If your pool is less than 4 feet deep at one end, the blocks should be at the deep end for safety's sake.

RE: COACHES TRAINING FACILITORS

Would all coaches safety training facilitators please send name, address and phone number to me. A list will then be published in Newsletter Plus.

To be a facilitator you must have:

1. WSI/IT (new materials) OR
LI/IT (new materials)
2. Safety Training for Swim Coaches certificate
3. Competitive swimming background

If anyone would like to teach the course and meets the three requirements, please send me photo copies of your cards. Thanks!

Priscilla Davis
205 Woodbury Street
So. Hamilton, MA 01982 (508)468-3786

MEET CORRECTION AND CHANGE:

MVP's Senior Qualifier will be held at the Greater Lawrence Regional Technical High School in West Andover. Also, swimmers will be able to use this meet as a "last chance" qualifier for Age Groups. New events will be accepted from this meet, but not updated times. There will be extra entry forms available at the meet, so be prepared to fill out a form and write a check for the entry fee(s). Someone from MVP will be driving the entries to LRAC on Sunday night after the meet.

STROKE AND TURN CLINIC: Shawmut Aquatic Club will sponsor a Stroke and Turn Clinic (new and renewal) on Sunday, February 11, 1990 at 1 p.m. at Rivers School, Weston, MA. The facilitator will be Jerry Zimmer. To register, please contact Bob Polimeno 508-655-7740 by February 8.

NEW ENGLAND SWIMMING OFFICE

Mary Riddell
20 Cleveland Road
Needham, MA 02192

617-449-0270

Telephone Hours: Monday : 8:00 a.m.-- 2:00 p.m.
7:30 p.m.--10:30 p.m.
Thursday: 8:00 a.m.-- 2:00 p.m.

NATIONALLY RANKED NEW ENGLAND AGE GROUP SWIMMERS
LONG COURSE - 1988-1989

CONGRATULATIONS TO THESE SWIMMERS WHO ACHIEVED NATIONAL AGE GROUP TOP 16 RANKING. RANKINGS FOR RELAYS WERE PUBLISHED THROUGH TENTH PLACE.

11 and 12:

Dianna Groff	MSSC	100M Back (11)
Amanda Hall	NEB	50M Back (14), 200M IM (14)
Jean Todisco	CAY	50M Fly (10), 100M Fly (11)
Manchester SC Girls	MSSC	200M Free Relay (5), 400M Free Relay (7)
(Dianna Groff, Tara Paulauskas, Katie Lasky, Elisa Lanciault)		

13 and 14:

Larissa Herold	SSA	100M Back (3), 200M Back (10) 200M IM (8)
Elizabeth Kotch	EPBC	200M IM (15)
Nicole Rutkowski	BGSC	400M Free (14), 800M Free (11), 1500M Free (5)
Chris Anderson	BGSC	100M Breast (9), 200M Breast (2)
Gene Sutherland	CAY	100M Back (12)
Andrew Whitney	SSA	800M Free (9), 1500M Free (4)
Bernal's Gator Girls	BGSC	400M Free Relay (4), 800M Free Relay (4)
(Nicole Rutkowski, Tory Fleming, Alison Hughes, Rachel DeVito)		
Bernal's Gator Girls	BGSC	400M Medley Relay (7)
(Ann Tarantino, Tory Fleming, Rachel DeVito, Nicole Rutkowski)		
Bernal's Gator Boys	BGSC	800M Free Relay (9)
(Jeremy Guimby, Rob Wiley, Jon Thomas, Matt Craven)		
Bernal's Gator Boys	BGSC	400M Medley Relay (9)
(Rob Wiley, Chris Anderson, Jeremy Guimby, Matt Craven)		

15 and 16:

Sheila Conway	BGSC	400M Free (6), 800M Free (10), 1500M Free (4), 200M IM (4), 400M IM (3)
Larissa Herold	SSA	100M Back (6), 200M Back (7), 100M Fly (13), 200M IM (15)
Leslie Repetto	BGSC	100M Breast (9), 200M Breast (16)
Jenny Thompson	SSA	50M Free (1), 100M Free (1), 200M Free (2), 100M Back (12), 200M Back (5), 100M Fly (1), 200M IM (8)
Ray Carey	BGSC	100M Fly (1), 200M Fly (1), 200M Back (11), 200M IM (9), 400M IM (2)
Brian Livingston	SSA	800M Free (11), 1500M Free (7)

17 and 18:

Dean Fredette	SSA	200M Fly (13)
Sean Gouldson	BGSC	100M Back (6), 200M Back (7)
Eric Jones	SSA	200M Breast (16)

RECORD BREAKING SWIMS -- NEW ENGLAND -- LONG COURSE 1988-1989

NE: Best time achieved in New England by a USS registered swimmer

RES: Best time achieved anywhere by a New England USS registered swimmer

* Indicates event new to New England Records. If anyone has proof of a faster prior swim, please contact Anne Hawkins, Records Chairman

(In cases where an individual broke the same record more than once, only the fastest time is listed.)

EVENT	RECORD	TIME	NAME	CLUB	MEET	DATE
(11 AND 12 GIRLS)						
200M Medley Relay	NE/RES	2:17.29	Manchester SC	MSSC	AG	7/89
			(D. Groff, T. Paulauskas, K. Lasky, E. Lanclault)			
200M Free Relay	NE/RES	2:00.24	Manchester SC	MSSC	AG	7/89
			(D. Groff, T. Paulauskas, K. Lasky, E. Lanclault)			
400M Free Relay	NE/RES	4:25.49	Manchester SC	MSSC	AG	7/89
			(D. Groff, T. Paulauskas, K. Lasky, E. Lanclault)			
(11 AND 12 BOYS)						
400M Medley Relay	*NE/RES	5:03.44	Manchester SC	MSSC	NE/SR	7/89
			(T. Kremen, W. Wrightson, S. Hawkins, M. Shaughnessy)			
(13 AND 14 GIRLS)						
400M Free	RES	4:30.37	Nicole Rutkowski	BGSC	NE/SR	7/89
800M Free	RES	9:12.99	Nicole Rutkowski	BGSC	JO	8/89
1500M Free	RES	17:22.38	Nicole Rutkowski	BGSC	JO	8/89
400M Medley Relay	NE/RES	4:44.39	Bernal's Gator SC	BGSC	AG	7/89
			(A. Tarantino, T. Fleming, R. DeVito, N. Rutkowski)			
800M Free Relay	*NE/RES	9:02.33	Bernal's Gator SC	BGSC	AG	7/89
			(N. Rutkowski, T. Fleming, A. Hughes, R. DeVito)			
(13 AND 14 BOYS)						
100M Back	RES	1:03.82	Gene Sutherland	CAY	YNAT	8/89
100M Breast	NE/RES	1:10.53	Chris Anderson	BGSC	NE/SR	7/89
200M Breast	NE/RES	2:31.31	Chris Anderson	BGSC	NE/SR	7/89

(RECORD BREAKING SWIMS - 13 AND 14 BOYS continued)

400M Medley Relay	NE/RES (R. Wiley, C. Anderson, J. Gulmby, M. Craven)	4:24.70	Bernal's Gator SC	BGSC	AG	7/89
800M Free Relay	*NE/RES (J. Gulmby, R. Wiley, J. Thomas, M. Craven)	8:42.18	Bernal's Gator SC	BGSC	AG	7/89
(15 TO 18 GIRLS)						
50M Free	NE	26.37	Jenny Thompson	SSA	NE/SR	7/89
100M Free	NE	57.11	Jenny Thompson	SSA	NE/SR	7/89
	RES	55.84	Jenny Thompson	SSA	PANPAC	8/89
200M Free	NE	2:04.68	Jenny Thompson	SSA	NE/SR	7/89
	RES	2:01.63	Jenny Thompson	SSA	SR/NAT	7/89
400M Free	RES	4:21.11	Sheila Conway	BGSC	SR/NAT	7/89
1500M Free	NE	17:08.18	Sheila Conway	BGSC	NE/SR	7/89
100M Back	NE	1:05.75	Jenny Thompson	SSA	NE/SR	7/89
200M Back	NE/RES	2:19.71	Jenny Thompson	SSA	NE/SR	7/89
	NE	2:20.53	Larissa Herold	SSA	NE/SR	7/89
	RES	2:20.20	Larissa Herold	SSA	SR/NAT	7/89
100M Fly	NE	1:02.68	Jenny Thompson	SSA	NE/SR	7/89
	RES	1:01.16	Jenny Thompson	SSA	SR/NAT	7/89
100M Breast	NE/RES	1:14.73	Leslie Repetto	BGSC	NE/SR	7/89
200 IM	RES	2:18.22	Sheila Conway	BGSC	SR/NAT	7/89
	RES	2:21.56	Jenny Thompson	SSA	USOP	12/88
400IM	RES	4:52.17	Sheila Conway	BGSC	SR/NAT	7/89
(15 TO 18 BOYS)						
100M Back	RES	58.46	Sean Gouldson	BGSC	JO	8/89
200M Back	RES	2:05.94	Sean Gouldson	BGSC	JO	8/89
200M Fly	NE	2:01.88	Ray Carey	BGSC	NE/SR	7/89
	RES	2:00.25	Ray Carey	BGSC	SR/NAT	7/89
200M Breast	NE	2:24.37	Eric Jones	SSA	NE/SR	7/89
200M IM	NE/RES	2:10.50	Ray Carey	BGSC	NE/SR	7/89
400M IM	NE	4:33.53	Ray Carey	BGSC	NE/SR	7/89

UNITED STATES SWIMMING
COACHES SAFETY CURRICULUM
 1990 Requirements and Equivalents

CARDIOPULMONARY RESUSCITATION (CPR)

The minimum acceptable training: American Red Cross "Race for Life"

Any one of the following courses will also satisfy the requirement:

- | | | |
|---|----|--|
| American Red Cross
- Adult CPR, or
- Infant/Child CPR
- Community CPR, or
- Basic Life Support, or
- CPR, or
- Any CPR Instructor Certificate | or | American Heart Association
- Adult Heart Saver, or
- Infant/Child Heart Saver, or
- Basic Life Support for the Lay Person
(Adult/Infant/Child Heart Saver), or
- Basic Cardiac Life Support (BCLS)
Provider, or
- Any Instructor Rating |
|---|----|--|

Washington Department of Labor CPR, or
 Medic/First Aid Training
 Emergency Medical Training Association First Aid and Basic Life Support

FIRST AID

The minimum acceptable training:

American Red Cross "Fundamentals of First Aid"

Any one of the following courses will also satisfy the requirement:

- American Red Cross
- Standard First Aid (student will also received Adult CPR certificate), or
 - Standard First Aid Lecture, or
 - Standard First Aid Multimedia, or
 - Standard First Aid Modular, or
 - Advanced First Aid Lecture, or

Emergency Medical Technician (EMT), or
 Washington Department of Labor First Aid, or
 Medic/First Aid Training
 National Safety Council First Aid and Emergency Care
 First Responder
 Emergency Medical Training Association First Aid and Basic Life Support

SAFETY TRAINING FOR SWIM COACHES

- Safety Training for Swim Coaches (8-hour course)
- Safety Training for Swim Coaches Progression Course (4-hour course)

Revised 11/14/89

SAFETY TRAINING FOR SWIM COACHES (SIMPLIFIED?)

Swim coaches must complete ONE of the following to receive a Safety Training for Swim Coaches certificate:

1. The full Safety Training for Swim Coaches course (8 hours).
2. The Safety Training for Swim Coaches Progression course (4 hours) is available to those coaches who possess a current Water Safety Instructor/Instructor Trainer or Lifeguard Instructor/Instructor Trainer certificate.
3. Those coaches who successfully complete both Phase I and Phase II of the American Red Cross Aquatic Training Workshops can REQUEST a Safety Training for Swim Coaches certificate from the local Red Cross Chapter. No further course work is needed.

Those wishing to be Instructors must complete ALL of the following:

1. Possess a NEW MATERIALS Water Safety Instructor/Instructor Trainer or Lifeguard Instructor/Instructor Trainer certificate.
2. Possess a current Safety Training for Swim Coaches certificate (see above).
3. Have a competitive swimming background (this can be determined by the ISC and local ARC).

To renew the Safety Training for Swim Coaches certificate, coaches will be required to complete ONE of the following:

1. Coaches who possess a CURRENT certificate can complete a challenge procedure (approximately 1.5 hours). If successful, they will receive a new certificate valid for three years. If unsuccessful, they must complete a review course (4 hours).
2. Coaches who DO NOT possess current certification will need to complete:
 - a. The full Safety Training for Swim Coaches course (8 hours).
 - b. The Safety Training for Swim Coaches Progression course (4 hours) is available to those coaches who possess a current Water Safety Instructor/Instructor Trainer or Lifeguard Instructor/Instructor Trainer certificate.

Mark Hokkanen
Chairman, Safety Education
11/89

NEW ENGLAND TEAMS REGISTERED FOR 1990:

ABF	ATTLEBORO BLUEFISH (MA)	MELROSE FAMILY YMCA (MA)
ADSC	AQUA DUX SWIM CLUB (MA)	MANCHESTER SUNFISH SWIM CLUB (NH)
AMW	AQUAMAINDS AND AQUAMEN OF WORCESTER (MA)	MARBLEHEAD/SWAMPSCOTT MARINERS (MA)
ANA	ANDOVER NORTH ANDOVER YMCA (MA)	MERRIMACK VALLEY PIRATES
ATST	AMHERST TRITONS SWIM CLUB (MA)	MARTHA'S VINEYARD SWIM TEAM (MA)
BARY	BARRINGTON YMCA (RI)	NASHUA YMCA (NH)
BAT	BELMONT AQUATICS (MA)	NEW BEDFORD YMCA AQUARIANS (MA)
BCSY	BROCKTON COMMUNITY SCHOOL-Y SWIM TEAM (MA)	NORTH COUNTRY AQUATIC CLUB (NH)
BENN	BENNINGTON MAURADERS (VT)	NEW ENGLAND BARRACUDAS (MA)
BSST	BELCHERTOWN STINGRAYS SWIM TEAM (MA)	NEWPORT NAVY BLUES (RI)
BYB	BEVERLY YMCA BARRACUDAS (MA)	NAUTILUS SWIM CLUB (ME)
BGSC	BERNAL'S GATOR SWIM CLUB (MA)	NORTH SUBURBAN YMCA VIKINGS (MA)
BYC	BURLINGTON YMCA CHAMPS (VT)	NEW WAVE SWIM CLUB (MA)
CAST	CUMBERLAND AREA SWIM TEAM (RI)	NEWMAN YMCA BARRACUDAS (MA)
CAY	CAPE ANN YMCA SWIM TEAM (MA)	NEWPORT COUNTY YMCA WAHOOS SWIM CLUB (RI)
CCBS	CARTER COMMUNITY BUILDING SWORDFISH (NH)	OYSTER RIVER OTTERS (NH)
CCSC	CAPE COD SWIM CLUB (MA)	OCEAN STATE AQUATICS (RI)
CHA	CHICOPEE AMBERJACKS SWIM TEAM (MA)	PORTSMOUTH AQUATIC CLUB (NH)
CLBC	CUMBERLAND-LINCOLN BOYS CLUB PENGUINS (RI)	PANTUCKET BOYS AND GIRLS CLUB (RI)
CONY	CONCORD YMCA SAILFISH (NH)	PORTSMOUTH SWIM TEAM (NH)
CRY	CRANSTON YMCA (RI)	PITTSFIELD BOYS CLUB (MA)
CSC	COASTAL SWIM CLUB (MA)	PIONEER VALLEY AQUATIC CLUB (MA)
CSSM	COMMUNITY STARS & STRIPES OF MEDLFRD (MA)	PETERBOROUGH SWIM TEAM (NH)
CVWM	CENTRAL VERMONT WAVEMAKERS (VT)	PITTSFIELD YMCA SWIM TEAM (MA)
FB	EASTHAMPTON BARRACUDAS (MA)	SHAWMUT AQUATIC CLUB (MA)
EPBC	BOYS & GIRLS CLUB OF EAST PROVIDENCE (RI)	BC SEAGLES SWIM TEAM
EST	EXETER SWIM TEAM (NH)	BOSTON SCHROD (MA)
FRY	FALL RIVER YMCA	SOUTH COUNTY YMCA (RI)
BGSC	GREATER BOSTON SWIM CLUB (MA)	SMITHFIELD YMCA
GMSC	GREENWOOD MEMORIAL SWIM CLUB (MA)	STERLING SWIMMERS (VT)
HAFB	HANSCOM SEAHAWKS (MA)	SEACOAST SWIMMING ASSOCIATION (NH)
HAY	HOCKOMOCK YMCA SWIM TEAM (MA)	SOUTH SHORE STRYPERS (MA)
HC	HOLY CROSS COLLEGE (MA)	SALEM SWIM TEAM (NH)
HHST	HAMPSHIRE HILLS SEAWOLVES (NH)	TWIN OAKS SPORTS AND FITNESS (VT)
HRY	HAMPSHIRE REGIONAL YMCA SWIM TEAM (MA)	TRITON AQUATIC CLUB (MA)
HYST	HAVERHILL YMCA (MA)	TRI-Y SWIM CLUB
HVY	HOLYOKE YMCA VIKINGS (MA)	VALLEY GATORS SWIM TEAM (VT)
LRAC	LITTLE RHODY AQUATIC CLUB (RI)	WHITINSVILLE BLUE DOLPHINS (MA)
LRW	LAKES REGION WAVEMAKERS (NH)	WORCESTER GIRLS CLUB (MA)
LYKW	LYNN YMCA KILLER WHALES (MA)	WORCESTER SWIM CLUB (MA)
MALY	MALDEN YMCA (MA)	PARENT-CHILD CENTER/PROVIDENCE YMCA (RI)

SEED CARDS: Seed Cards are available through the New England Office. The cost for plain cards is \$20.50 per thousand, including mailing. If the cards are picked up in Needham, the cost is \$18.00 per thousand. There is no minimum, and the cards may be split any way between boys and girls.

If you want initials on the cards, the price for 1,000 cards is \$28.00, including mailing. If the cards are picked up in Needham, the cost is \$25.50. If you want 2,000 or more cards with initials, the cost is \$23.50 per thousand, including mailing, or \$21.00 per thousand if the cards are picked up in Needham. The minimum order for cards with initials is 1,000 cards.

NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to NEWSLETTER PLUS. Subscriptions may be ordered through the New England office for \$10.00 per year. Clubs do not have an expiration date on their labels since all registered clubs receive one free subscription with their registration.



**United States Swimming
New England**

20 Cleveland Road Needham, MA 02192

FIRST CLASS



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

MARCH 1990

IN THIS ISSUE: LONG COURSE 1990 MEET CALENDAR; 1990 NEW ENGLAND TEAMS and ADDRESSES; REIMBURSEMENT REQUEST FORM...

EIGHT and UNDER CHAMPIONSHIPS:

THANK YOU to Nautilus Swim Club and all the volunteers who helped make the Eight and Under Championships a success. A special thank you to the referee, Jack Perkins.

CONGRATULATIONS to all the swimmers and to the high point winners!

INDIVIDUAL HIGH POINT WINNERS:

1. AMY VERREAULT	HHST	CHRIS FERNANDEZ	CAST
2. KRISTY MARTIN	GMSC	RICHARD SHELDON	HYST
3. ADELE MCCARTHY-BEAUVAIS	HRY	RANDY BUCKLEY	HHST
4. ELLIKA BARTLETT	HRY	DAVID PAUL	GMSC
5. LAUREN TRACY	BGSC	MARK DILLON	CAST
6. BRITTANY PERKINS	EST	BEN HAMILTON	NEB
7. ABBIE LASKY	MSSC	KURT LORHAMMER	SSA
8. KATIE TUCKER-MOHL	SSA	IAN MORGAN	GMSC
9. SARAH OLSON	CVWM	*JOE SABINA	BCSY
10. KATE THOMPSON	HHST	*JIM SHAUGHNESSY	NEB

*tie

TEAM HIGH POINT WINNERS:

girls	boys
1. HHST	CAST
2. HRY	GMSC
3. BGSC	SSA
4. GMSC	NEB
5. MSSC	HYST
6. EST	HHST
7. ADSC	HAY
8. SSA	BCSY
9. CVWM	BYB
10. NEB	NCAC

The next meeting of the Board of New England Swimming will be on Monday, April 9 at 7 p.m. at the Wellesley Community Center, Wellesley, MA.

REGISTRATION:

FINALLY! Registration for 1990 is up-to-date. The final mailing of cards for both athletes and non-athletes went out this week. A few non-athletes who wanted to register as coaches did not submit the required certificates for CPR, first aid, and Safety Training for Swim Coaches. As a result, they could register as non-athletes, but they could not register as coaches.

TRANSFERS: Swimmers who transfer from one USS team to another must submit a transfer form to the office. The form must include the date of the last USS sanctioned meet that the swimmer swam in. A swimmer who is transferring from one team to another must swim unattached for 120 days from the date of their last USS sanctioned meet. All New England calendar meets are sanctioned as are all dual meets with other USS teams and also some league meets, etc. which involve only USS teams.

RECORDS:

There has been some confusion concerning records. New England Swimming keeps records for 10 and unders, 11 and 12, 13 and 14, and 15 through 18 age groups. There are no records for swimmers over 18 years-old. Although we have been told that open records were once kept, we have no records of any. Anyone in the New England Swimming community who would like to work on assembling open records or who has any old ones is welcome to contact the office.

Records which are set out of district (including USS national meets) must be reported to the records chairman, Anne Hawkins, since New England does not receive the results of meets out of district. All relays also must be reported with the names and ages of the swimmers on the relay team.

Records are established once a year (at the end of the season). Therefore, during the season, there may be many record-breaking swims, but the new record is not established until the new records are announced at the end of the season.

NEW ENGLAND SWIMMING OFFICE

Mary Riddell
20 Cleveland Road
Needham, MA 02192
617-449-0270

Telephone Hours: Monday : 8:00 a.m.-- 2:00 p.m.
7:30 p.m.--10:30 p.m.
Thursday: 8:00 a.m.-- 2:00 p.m.

The office will be open on Monday, March 19, 1990, but it will be closed for the rest of the week.

NEW ENGLAND TEAMS REGISTERED IN 1990:

ATTLEBORO BLUEFISH
Chris Payson
PO Box 682
Attleboro, MA 02703
ABF

ANDOVER-NORTH ANDOVER YMCA
Karen Hilberg
165 Haverhill Street
Andover, MA 01810
ANA

BELMONT AQUATICS
Ann Murray
180 Warren Street
Watertown, MA 02172
BAT

B P MARLINS
Robert P. Pyatt
PO Box 764
Burlington, MA 01803
BPM

BERNAL'S GATOR SWIM CLUB
230 Western Avenue
Suite 203
Allston, MA 02134
BGSC

CAPE ANN YMCA SWIM TEAM
Carol Sutherland
7 Ocean Avenue
Magnolia, MA 01930
CAY

CHICOPEE AMBERJACKS
Donald P. Herbert
16 Parenteau Court
Chicopee, MA 01020
CHA

CRANSTON YMCA
Paul C. Brochu
1225 Park Avenue
Cranston, RI 02910
CRY

CENTRAL VERMONT WAVEMAKERS
Milt Hammond
RR #4 Box 9220
Barre, VT 05641
CVWM

AQUA-DUX SWIM CLUB
PO Box 1611
Duxbury, MA 02331
ADSC

AMHERST TRITONS SWIM CLUB
Karen Paster
327 Shutesbury Road
Amherst, MA 01002
ATST

BROCKTON COMMUNITY SWIM TEAM
Phil Milbert
85 Legge Street
Bridgewater, MA 02324
BCSY

BELCHERTOWN STINGRAYS SWIM TEAM
Marie Spiegel
90 Federal Street
Belchertown, MA 01007
BSST

BURLINGTON YMCA CHAMPS
Betsey Loftus
266 College Street
Burlington, VT 05401
BYC

CARTER COMMUNITY BUILDING
Sandy Hertzberg
1 Taylor Street Box 386
Lebanon, NH 03766
CCBS

CUMBERLAND-LINCOLN PENGUINS
PO Box 7505
Cumberland, RI 02864
CLBC

COASTAL SWIM CLUB
Paul Miles
PO Box 297
Bryantville, MA 02327-0297
CSC

EASTHAMPTON BARRACUDAS
Kathie Stewart
126 Strong Street
Easthampton, MA 01027
EB

AQUAMAIDS & AQUAMEN OF
P. Parenteau WORCESTER
128 Brookline Street
Worcester, MA 01603
AMW

BARRINGTON YMCA
Beth Robinson
West Street
Barrington, RI 02806
BARY

BENNINGTON MARAUDERS
Recreation Center
Box 469
Bennington, VT 05201
BENN

BEVERLY YMCA BARRACUDAS
Peter Farragher
254 Essex Street
Beverly, MA 01915
BYB

CUMBERLAND AREA SWIM TEAM
Jeanne Sullivan
4 Apache Lane
Cumberland, RI 02864
CAST

CAPE COD SWIM CLUB
Marc Solomon
Box 966
Pocasset, MA 02559
CCSC

CONCORD YMCA SAILFISH
Joan Hume
15 N. State Street
Concord, NH 09301
CONY

COMMUNITY STARS & STRIPES OF
MEDFORD
PO Box 673
Medford, MA 02155-9998
CSSM

BOYS & GIRLS CLUB OF E. PRO-
VIDENCE
Kevin Salisbury
115 Williams Avenue
E. Providence, RI 02914
EPBC

EXETER SWIM TEAM

PO Box 766
Exeter, NH 03833
EST

GREENWOOD MEMORIAL SWIM

Donald Lemieux CLUB
69 Park Street
Gardner, MA 01440
GMSC

HAVERHILL YMCA

Carl Cronin
Box 961
Haverhill, MA 01831
HYST

HOLY CROSS COLLEGE

Paul Parenteau
1 College Street
Worcester, MA 01601
HC

LITTLE RHODY AQUATIC CLUB

Ed Reed
7 Riverview Drive
Barrington, RI 02806
LRAC

MALDEN YMCA

Carolyn Gagnon
8 Norwood Street
Malden, MA 02148
MALY

MARBLEHEAD/SWAMPSCOTT MARINERS

Susan Guertin
104 Pleasant Street
Marblehead, MA 01945
MSY

NEW BEDFORD YMCA AQUARIANS

Trix Whalen
66 Spring Street
New Bedford, MA 02740
NBYW

NEWPORT NAVY BLUES

Christine Hague
Camp Varnum
Narragansett, RI 02882
NNB

MERRIMACK VALLEY PIRATES

Margaret Schofield
10 St. Mary's Drive
Westford, MA 01886
MVP

FALL RIVER YMCA

Diane Santos
52 Maple Drive
Tiverton, RI 02878
FRY

HANSCOM SEAHAWKS

Kenneth S. Brennan
14 Pope Terrace
Hanscom AFB, MA 01731-0263
HAFB

HOLYOKE YMCA VIKINGS

Randall K. Smith
171 Pine Street
Holyoke, MA 01040
HYV

HAMPSHIRE HILLS SEAWOLVES

Sue Sargent
Federal & Emerson Roads
Milford, NH 03055
HHST

LAKES REGION WAVEMAKERS

Steve Sarausky
1 Batchelder Street
Laconia, NH 03246
LRW

MELROSE FAMILY YMCA

Richard Whitworth
497 Main Street
Melrose, MA 02176
MELY

MARTHA'S VINEYARD SWIM TEAM

Deborah Clark
PO Box P-59
S. Dartmouth, MA 02748
MVST

NORTH COUNTRY AQUATIC CLUB

Roy Coates
PO Box A 241
Hanover, NH 03755
NCAC

NAUTILUS SWIM CLUB

Donald Richards
8 Sweet Fern Road
Cape Elizabeth, ME 04107
NSC

NEW WAVE SWIM CLUB

Bill Burns
62 Geana Lane
Lowell, MA 01852
NWSC

GREATER BOSTON SWIM CLUB

Steven M. Callander
12 Alban Street
Dorchester, MA 02124
GBSC

HOCKOMOCK YMCA SWIM TEAM

Richard Kurrle
53 Newell Drive
N. Attleboro, MA 02760
HAY

LOWELL BOYS CLUB

Richard Dion
657 Middlesex Street
Lowell, MA 01851
LOBC

HAMPSHIRE REGIONAL YMCA SWIM

Joyce Burrill TEAM
31 King Philip Avenue
S. Deerfield, MA 01373
HRY

LYNN YMCA KILLER WHALES

Lynn YMCA
20 Neptune Blvd.
Lynn, MA 01902
LYKW

MANCHESTER SUNFISH SWIM

Louise Paulauskas CLUB
76 Lowell Street
Manchester, NH 03101
MSSC

NASHUA YMCA

Greg Denderian
17 Prospect Street
Nashua, NH 03060
NASY

NEW ENGLAND BARRACUDAS

Alan Barry
PO Box 462
Weston, MA 02193-0462
NEB

NORTH SUBURBAN YMCA VIKINGS

Neil Gillis
35 Pine Ridge Road
Reading, MA 01867
NSYV

NEWMAN YMCA BARRACUDAS

Paul Rossi
472 Taunton Avenue
Seekonk, MA 02771
NYB

NEWPORT COUNTY YMCA WAHOOS

Laura P. Clark
792 Valley Road
Middletown, RI 02840

NYSC

OCEAN STATE AQUATICS

Steph Turner
PO Box 297
E. Greenwich, RI 02818

OSA

PROVIDENCE COLLEGE

John O'Neill, Swimming Coach
Providence College
Providence, RI 02918

PC

PIONEER VALLEY AQUATIC CLUB

Isabelle Fraser
125 Franklin Road
Longmeadow, MA 01106

PVAC

SHAWMUT AQUATIC CLUB

Sara Groden
74 Alton Street
Walpole, MA 02081

SAC

SOUTH COUNTY YMCA

Scott Hassel
Box 111, Broad Rock Road
Peace Dale, RI 02883

SCY

SEACOAST SWIMMING ASSOCIATION

PO Box 272
Dover, NH 03820

SSA

TWIN OAKS SPORTS & FITNESS

Jim Donoghue
95 Kennedy Drive
So. Burlington, VT 05403

TOSF

VALLEY GATORS SWIM TEAM

Marge Adams
6 1/2 King Street
Bellows Falls, VT 05101

VGST

WORCESTER SWIM CLUB

Coralie O'Connor
30 Walworth Street
Worcester, MA 01602

WSC

OYSTER RIVER OTTERS

Jane Swift
18 Mill Road
Durham, NH 03824

ORO

PORTSMOUTH AQUATIC CLUB

PO Box 1357
Portsmouth, NH 03801

PAC

PORTSMOUTH SWIM TEAM

Priscilla St. Lawrence
PO Box 5151
Portsmouth, NH 03802-5151

PST

PETERBOROUGH SWIM TEAM

Beth Corwin
2 Vine Street
Peterborough, NH 03458

PWS

BC SEAGLES SWIM TEAM

435 Crafts Street
Newton, MA 02165

SEA

SMITHFIELD YMCA

PO Box 363
Deerfield Drive
Greenville, RI 02828

SMY

SOUTH SHORE STRYPERS

Janet Keyes
973 Quincy Shore Drive
Quincy, MA 02170

SSS

TRITON AQUATIC CLUB

Sue Mogavero
5 Mohawk Circle
Westboro, MA 01581

TRAC

WHITINSVILLE BLUE DOLPHINS

Whitin Community Center
60 Main Street
Whitinsville, MA 01588

WBD

PARENT CHILD CENTER

Sealions Swim Team
438 Hope Street
Providence, RI 02906

YSEA

PAWTUCKET BOYS & GIRLS CLUB

One Moeller Place
Pawtucket, RI 02904

PBGC

PITTSFIELD BOYS CLUB

Julie Piepho
16 Melville Street
Pittsfield, MA 01201

PTBC

PITTSFIELD YMCA SWIM TEAM

Martha Sloper
88 Whittier Avenue
Pittsfield, MA 01201

PYST

BOSTON SCROD

Michael McGrath
7 Story Street #1
Cambridge, MA 02138

SCRD

SOUTH HADLEY SWORDS

Shelley Gustafson
56 Easy Street
South Hadley, MA 01075

SHS

STERLING SWIMMERS

Doris T. Florlig
Box 159
Hyde Park, VT 05655

SS

SALEM SWIM TEAM

Missy Madison
3 Geremonty Drive
Salem, NH 03079

SST

TRI-Y SWIM CLUB

43 Everett Street
Southbridge, MA 01550

TRIY

WORCESTER GIRLS CLUB

Lori McCluskey
125 Providence Street
Worcester, MA 01604

WGC

NEW ENGLAND SWIMMING--LONG COURSE 1990 CALENDAR:

- MAY 5--6 : Dual Meets
- 12--13: Dual Meets
- 19--20: Dual Meets
- 25--27: CAY Specialty--all events
Cape Ann YMCA *
71 Middle Street
Gloucester, MA
12 & under--swim your own age
13 & over --"BC"
Carol Sutherland
7 Ocean Avenue
Magnolia, MA 01930
508-525-3773
- PVAC "A" and Better--schedule I
Springfield College **
Springfield, MA
400 IM and 400 free
Isabelle Fraser
125 Franklin Road
Longmeadow, MA 01106
413-567-3415
- JUNE 2 : MSSC Pentathlon
New Hampshire College ***
Manchester, NH
8 and unders
Renee Hall
186 Lancelot
Manchester, NH 03104
603-644-5703
- 9--10: OSA Team Specialty
McDermott Pool **
Warwick, RI
10 & under--50's; 11--14--100's;
Seniors--200's; relays
Robert & Vicki Kleinburd
55 Hedgerow Drive
Warwick, RI 02886
401-884-7885
- 16 : MVP Team Specialty--schedule II
Greater Lawrence Voc Tech *
River Road
Lawrence, MA
400 IM, 500 free
Jack Shofield
27 Washington Street
Haverhill, MA
508-373-7408
- 22--24: BGSC "A" and Better--all events
Elodgett Swimming Center
Harvard University
Allston, MA
NO 800 or 1500
Maureen DeVito
230 Western Avenue
Suite 203
Allston, MA 02134
617-787-3777
- JUNE 30--1 :
- JULY 6--8 : MSSC Team Specialty--all events
Raco Theodore Pool ** (outdoors)
Manchester, NH
Sue Shaughnessy
8 Tiffany Lane
Bedford, NH 03102
603-472-5377
- 13--15: Age Group and Senior Qualifier
Guppy Pool ** (outdoors),
Dover, NH
Harold Whitney
9 Oak Drive
Hampton Falls, NH 03844
- 19--22: New England Senior Championships
Harvard University **
Maureen DeVito
See above
- 26--29: New England Age Group Championships
Harvard University **
Maureen DeVito
See above



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

MAY 1990

IN THIS ISSUE: NEW ENGLAND OFFICIALS; TECHNICAL COMMITTEE REPORT; HIGH POINT WINNERS--NEW ENGLAND SENIORS; NEW ENGLAND SWIMMERS AT SENIOR NATIONALS AND JUNIOR NATIONALS; INSURANCE INFORMATION; LOGO INFORMATION....

NEW ENGLAND SWIMMING SENIOR CHAMPIONSHIPS HIGH POINT AWARDS:

CONGRATULATIONS to the INDIVIDUAL HIGH POINT WINNERS!

- | | | | |
|---------------------|------|---------------------|------|
| 1. JENNY THOMPSON | SSA | 1. RAYMOND CAREY | BGSC |
| 2. SHEILA CONWAY | BGSC | 2. DEAN FREDETTE | SSA |
| 3. LARISSA HEEHOLD | SSA | 3. BRIAN LIVINGSTON | SSA |
| 4. SHEILAH MCCARTHY | BGSC | 4. SEAN GOULDSON | BGSC |
| 5. LESLIE REPETTO | BGSC | 5. DUSTIN FOSTER | BGSC |
| 6. NICOLE RUTKOWSKI | BGSC | 6. MICHAEL CARROLL | BGSC |
| ALISON KLINAKIS | SSA | ERIC JONES | SSA |
| 8. LENA ERIKSSON | BGSC | 8. JIM MCGINNIS | BGSC |

CONGRATULATIONS to the TEAM TROPHY WINNERS!

LARGE TEAM

- BERNAL'S GATOR SWIM CLUB
- SEACOAST SWIMMING ASSOCIATION
- HERRIMACK VALLEY PIRATES

SMALL TEAM

- CAPE ANN Y SWIM TEAM
- BOSTON SCROD SWIM CLUB

OFFICIALS:

Included in this newsletter is an up-to-date list of officials registered in New England. All officials must be registered in New England because of insurance regulations. It is an example of another necessary demand placed upon our corps of dedicated officials, upon whom we owe so much for their time and support.

If you do not see your name on this list, it is because: 1. you did not register in USS this year; 2. UKS (or NES) goofed up your registration; 3. I missed your name on the list.

If you wish to be an active official again and have not registered, please contact the office. If you believe you should be registered, also contact the office. Remember, insurance regulations demand that all officials be current USS registered. Please register, we need you.

John Johanssen, Officials Chairman

The Board of New England Swimming will meet on Monday, June 11, 1990 at 7 p.m. at the Wellesley Community Center, Wellesley, MA.

MEETINGS: SATURDAY, JUNE 23, 1990, Hodgett Swimming Center, Harvard University
 Coaches Meeting--following the a.m. session
 Athletes Meeting--6:45 p.m.

CONGRATULATIONS to all the New England Swimmers who participated in Senior Nationals at Nashville, Tennessee.

CONGRATULATIONS to JENNY THOMPSON SSA who was first in the 100 butterfly.

NEW ENGLAND SWIMMERS in FINALS:

JENNY THOMPSON	SSA	DEAN FREDETTE	SSA
LARISSA HEROLD	SSA	RAY CAREY	BGSC

NEW ENGLAND SWIMMERS in CONSOLATIONS:

SYBIL SMITH	BISC	SEAN GOULDSON	BGSC
SHEILA CONWAY	BGSC	ERIC JONES	SSA
LESLIE REPETTO	BGSC		

Other NEW ENGLAND SWIMMERS in INDIVIDUAL EVENTS:

CATHY RITCH	PC	RON ZUWALLACK	CCSC
LYNN KELLEY	BGSC	MICHAEL CARROLL	BGSC
		BRIAN LIVINGSTON	SSA

CONGRATULATIONS to all the New England Swimmers who participated in Junior Nationals, East at Cleveland, Ohio.

CONGRATULATIONS to SHEILAH MCCARTHY BGSC who was first in both the 100 and 200 backstroke.

NICOLE RUTKOWSKI BGSC who was first in the 1650 freestyle.

LENA ERIKSSON BGSC who was first in the 200 butterfly.

NEW ENGLAND SWIMMERS in FINALS:

SHEILAH MCCARTHY	BGSC	ALISON KLINAKIS	SSA
NICOLE RUTKOWSKI	BGSC	JOSHUA FRASER	BPM
LENA ERIKSSON	BGSC		

NEW ENGLAND SWIMMERS in CONSOLATIONS:

CHRISTOPHER HOLT	LRAC	DUSTIN FOSTER	BGSC
ANDREW WHITNEY	SSA	KHARI MILNER	BGSC
MATT MCKAY	BGSC		

Other NEW ENGLAND SWIMMERS in INDIVIDUAL EVENTS:

KRISTAN GATELY	SAC	ERIK LORANGER	SSA
JENNIFER BURNS	NWSC	JIM MCGINNIS	BGSC
ELIZABETH KOTCH	EPBC		

Swimming in RELAYS were:

BGSC: AMANDA HALL, ALLISON HIGHERS, LAURA ZDYB, JENI WHEELER, NIKKI SHIRE, CHANTAL GLOVER, AUGUSTO POSADA, JIM THOMAS, CHRIS ANDERSON, ROB WILEY
 SSA: MARK DISALVO, JAMIE CORBETT

TECHNICAL COMMITTEE REPORT:

The following is the report of the Technical Committee from its meeting on March 24, 1990 as ratified by the New England Swimming Board at its meetings on April 9 and May 14, 1990.

AGE GROUPS:

RELAYS: Relays will be placed at the end of each session for Long Course and at the end of each session of trials at Short Course.

SENIORS:

NEW ENGLAND SWIMMERS: Beginning with the next Short Course Seniors, a swimmer must have swum in one New England calendar meet in the preceding 11 months in order to swim in Senior Championships.

BONUS HEAT: The bonus heat will not be used for long course since the 15-18 swimmers will be able to swim at Age Groups.

NUMBER OF EVENTS: The word "enter" will be changed to "swim." A swimmer may enter as many events as he/she has qualified in, plus any "paired" events that the swimmer may wish to swim. If a swimmer enters a paired event, the swimmer must also enter the qualified event. The swimmer must then scratch any excess events (more than 3 individual events in any one day or 9 individual events for the meet) according to the announced process.

SCRATCHES: A swimmer who is entered in an event, does not scratch and does not swim will be out of the rest of the meet, including relays.

RELAY LIMITATIONS: A team may enter relays according to the number of swimmers per sex entered in individual events with a maximum of 4 relays per team per event. For each sex, the number of qualified individual swimmers entered in individual events will be divided by four up to the 4 relay maximum. A team with 16 or more qualified swimmers of one sex entered in individual events may enter 4 relays; a team with 12 to 15 qualified swimmers of one sex entered in individual events may enter 3 relays; a team with 8 to 11 qualified swimmers of one sex entered in individual events may enter 2 relays; a team with 4 to 7 qualified swimmers of one sex entered in individual events may enter 2 relays. All swimmers on these relays must be qualified swimmers who are entered in one or more individual events.

A team that has only 1, 2, or 3 qualified swimmers per sex entered in individual events may add enough non-qualified swimmers to enter 1 relay per event.

If a qualified swimmer is unable to swim and there is no other qualified swimmer available, the relay must be scratched.

Under no circumstances will a swimmer who is 12 years old or under be allowed to swim in a relay at Seniors unless that swimmer has qualified in an individual event.

No more than two relays per team may score in an event.

AWARDS AT AGE GROUPS AND NEW ENGLAND SENIORS: The Large Team and Small Team trophies will be eliminated because of the small number of "large" teams. Instead, eight plaques will be given to the top eight teams (which according to present figures would include several "small" teams). New England Swimming will purchase the plaques.

ENTRY DEADLINES: The entry deadline for championship meets will be 10 days before the meet and for other meets it will be 14 days before the meet. The only exceptions will be New England calendar meets as determined by the technical committee and/or calendar committee(s).

TIME TRIALS: Standards for time trials will be as follows. All sanctions for Short Course season time trials must be received by the sanction chairman by December 31, and for the Long Course season by June 1. Time Trials must include at least five swimmers from each of at least two teams. The results must be typed, signed by the referee and sent to the New England office within two weeks of the time trial. This will begin with the Short Course 1990--1991 season.

TIMERS: Only "responsible" timers may be used in meets.

POLICY BOOK: A committee of board members and non-board members will be established to produce a policy book before the Annual Meeting in the fall.



UNITED STATES AND NEW ENGLAND SWIMMING LOGOS:

The United States Swimming Logo reproduced on this page is the only one that can be used in New England. You may not use the center part without the circles; only USS can use that logo. USS requires that if two colors are used, they must be blue and red. If only one color is used, it may be: black, blue, red, white, metallic gold or metallic silver.

The official New England Swimming logo may be used in red, white, or blue or in team colors. All registered New England teams may use the New England logo for their own purposes, including programs, brochures, uniforms, banners. They also may use it for items that the team is going to sell such as tee shirts, bumper stickers, etc. Any commercial venture using the New England Swimming logo must be initiated by New England Swimming or one of its member teams for their own specific use of sale. For all other purposes, special permission must be granted by the Board of New England Swimming.

CUTS FOR LONG COURSE AGE GROUPS AND SENIORS: The cuts for long course Age Groups and Seniors will be printed in the June Newsletter. The cuts are the same as printed for short course except for the eight and unders. The cuts for long course Age Groups are faster than for Eight and under Championships. Long course Age Groups includes eight and unders and 15 through 18's.

DON GAMBRIL SWIM CAMP--COSPONSORED AND HOSTED BY THE MANCHESTER SUNFISH SWIM CLUB. June 24th--29th, 1990 at New Hampshire College (So Campus). Head Coach Tim Welsh of Notre Dame will assist Coach Gambriel. Call Louise Paulauskas for further information (603) 472-5649.

The Insurance Corner

by Sandi Blumit

Did you know that...

All incidents involving U.S. Swimming members and/or occurring at a USS function must be reported?

A Report of Occurrence form must be completed and submitted for an incident/claim to be covered by the USS General Liability policy?

U.S. Swimming and its insured members may experience problems when the Report of Occurrence form is not submitted in a timely manner.

General Liability

The U.S. Swimming General Liability Insurance Policy is written on a claims made form. This means that coverage is in effect only for reported incidents. Receipt of the Report of Occurrence form "triggers" coverage. If a report is not filed or is filed late, coverage for the claim may be denied.

It is of vital importance that all incidents, no matter how minor, be reported immediately. Prompt reporting is important for several reasons. First, it is much easier to obtain correct information when witnesses are interviewed immediately after an incident has occurred. As time elapses, the facts and details become more difficult to recall. Oftentimes, witnesses are unable to reconstruct the incident accurately.

Additionally, since the policy is on a "claims made" form, late reporting may result in coverage not being available at all. This may leave the burden of responsibility for any defense costs and/or any liability payments on the local member club or, potentially, the individual USS member involved in the incident.

Secondary Accident

Secondary accident medical insurance is a benefit of U.S. Swimming athlete membership, both year-round and seasonal.

The reimbursement process for medical expenses incurred in a swimming-related incident begins with the Report of Occurrence form. When

the completed report is received by the U.S. Swimming National Headquarters, a cover letter and claim form are sent to the injured party or his family.

Medical expenses incurred and reported during the 12 months following the date of the incident are eligible for reimbursement. Failure or delay in submitting the Report of Occurrence form may result in delayed or denied claims payments.

Reporting Procedures

The Report of Occurrence form should be completed by a USS Member Club representative, preferably the club safety coordinator, coach or administrator. The completed form should be sent to both the U.S. Swimming National Headquarters and Financial Guardian of Arizona office. Each address is listed at the bottom of the form. Except for demographic information, the Report of Occurrence form should not be completed by the injured person or his parents.

A sample Report of Occurrence form may be found on page 23 of this issue. Forms are also included in the 1990 Insurance Summary, distributed to all 1990 club members.

Complete and submit a Report of Occurrence form on any incident, no matter how minor it may appear at the time. Coverage could be impaired if this report is not received promptly by USS and Financial Guardian.

Financial Guardian of Arizona, Inc. is the insurance broker for U.S. Swimming. Sandi Blumit is an insurance broker for Financial Guardian.

UNITED STATES SWIMMING, INC.

Report of Occurrence LSC _____

PERSONAL INJURY

- Registered Athlete
 Registered Non-Athlete

- Guest/Spectator
 Tenant

OTHER

- Property Damage
 Other: _____

Injured's Name _____ Age _____
Address _____ Phone () _____
City/State/Zip _____
Club Affiliation _____

Activity Taking Place at Time of Accident (i.e., meet, practice, etc) _____

Place Where Accident Occurred _____
Include City/State) _____
Date of Accident _____ Day of Week _____ Hour _____
Describe the Accident _____

Person in Charge of the Activity _____
Address _____ Phone () _____
City/State/Zip _____

Who Reported the Occurrence _____
Address _____ Phone () _____
City/State/Zip _____

Probable Nature of the Injury _____
Who Determined the Nature of Injury _____
What Was Done on Site for Injured _____
Where Taken for Treatment _____
Who Provided Treatment (Name) _____
Name and Addresses of Three Witnesses:

If additional witnesses, list names and addresses on reverse.

Remarks _____

Report Submitted By: _____ Date _____
Address _____ Phone () _____
City/State/Zip _____

Please attach any additional accident reports (facility report, newspaper article, witnesses' statements). Mail this report to your LSC safety chairman and both of the following:

U.S. Swimming
Risk Management Department
1750 East Boulder Street
Colorado Springs, CO 80909

Financial Guardian
U.S. Swimming Coordinator
7600 North 16th Street, Suite 208
Phoenix, AZ 85020

You must report all occurrences immediately. Thank you for your time and cooperation.

MAY 1990

Davis, Priscilla	205 Woodbury St. S.Hamilton, MA.01982	468-3786	REF
Schwarzer, Sabine	46 Salmi Rd. Framingham,MA.01701	877-5672	REF
Johanessen John	Box 131, N. Stonington, Ct. 06359	535-2885	REF
Peterson, Pat	29 Sandra Dr. Chelmsford, MA. 01824	256-7342	REF
Kelley, Paul	286 Central Ave. Needham, MA. 02194	449-2027	REF
Shire, John	31 Plain rd. Westford, MA. 01886	692-8797	STA
Burke, Joe	165 Cherry St. PO Box 574, Wenham, MA	468-2520	STA
Zimmer, Gerard	6 Davis Lane, Amherst, NH. 03031	603-673-0676	REF
Stewart, Dick	126 Strong St. Easthampton, MA. 01027	413-527-2418	REF
Berry, William	5 Fesser Ave. Bristol, RI. 02809	401-253-4123	REF
Greineder, Drik	56 Cleveland Rd. Wellesley, MA. 02181	237-4277	REF
Greineder, May	56 Cleveland Rd. Wellesley, MA. 02181	237-4277	S&T
Kresel, James	5 Haskins Rd. Hanover, NH. 03755	603-643-4456	REF
Kresel, Mary Ellen	5 Haskins Rd. Hanover, NH. 03755	603-643-4456	S&T
Brauch, Angie	7 Woodmore Drt Hanover, NH. 03755	603-643-6220	S&T
Fraser, Isabelle	125 Franklin Rd. Longmeadow, MA.01106	413-567-3415	REF
Fredette, Robert	2 Wallingford St. Dover, NH. 03820	603-742-5153	REF
Fredette, Ann	2 Wallingford St. Dover, NH. 03820	603-742-5153	S&T
Allen Marc	2 Colony Way Nashua N. H. 03062	888-4873	STA
Anderman Donald	22 Kimball Wenham, Ma. 01984	468-3847	S&T
Armstrong Phyllis	P. O. Box 660 138 Forest St. Norwell, Ma.	659-4588	S&T
Arnesen Donald	11 Holly Hill Amherst, N.H. 03032		S&T
Baird Tom	P.O. Box 234, Keene N.H. 03431	352-5516	S&T
Belch Dick	P.O.Box 213 Etnanh N.H. 03750	643-2690	S&T
Belch Paula	P.O.Box 213 Etna N.H. 03750	643-2690	S&T
Belinskas Mary	70 Bumble Bee Cir. Shrewsbury Ma. 01545	845-9737	S&T
Beliveau Lee	146 Taylor Rd. Peterborough N.H. 03458		S&T
Beliveau Roch	146 Taylor Rd. Peterborough N.H. 03458		S&T
Bell-Hanks Mimi	9 Haskins Rd. Hanover N.H. 03755	643-2794	S&T
Berard Dennis	RFD 1 Box 44Fitzwilliam N.H. 03447		S&T
Brennan Janet	River Rd. South Walpole N.H. 03608		S&T
Brennan Kenneth	14 Pope Terr. Hanscom AFB Ma. 01731	274-0509	STA
Briggs Sheila	52 Little River Rd. Kingston N.H. 03848		S&T
Briggs Steven	52 Little River Rd. Kingston N.H. 03848		S&T
Brown Donna	66 Craigie St. Somerville Ma. 02143	776-4531	STA
Brown Bernard	66 Craigie St. Somerville Ma. 02143	776-4531	STA
Buhts Barbara	186 Helena St. Leominster Ma. 01453	534-0042	S&T
Burns Richard	28 Reservoir Run South Weymouth Ma.02190	337-3019	S&T
Burrill James	31 King Philip Ave. S.Deerfield Ma. 01373	665-3261	REF
Burrill Joyce	31 King Philip Ave. S.Deerfield Ma. 01373	665-3261	REF
Burrows Cheryl	26 Liberty Lane, Keene N.H. 03431	357-4259	S&T
Campbell Betsy	8 Ansie Rd. Chelmsford, Ma.	256-1529	S&T
Capregno Mary	465 North Main St. Salem N.H. 03079	893-8902	S&T
Caviglia Karen	83 Cresent St. Shrewsbury Ma. 01545		REF
Chilson Tim	Po Box 1016 Eton Ma. 01027	527-5963	S&T
Ciffrino John	29 Evans Cir. Keene N.H. 03431	352-1672	S&T
Conant-Arp Cynthia	329 Diamond Hill Warwick R.I. 02886	738-4958	S&T
Corey Anne	RR 1 Box 400 Vernon, Vt.	254-9095	S&T
Corlette Jane	228 Washington St.	489-2078	S&T
Craig Bill	56 Moss Glen Ln. S. Burlington Vt. 05403		S&T
Cunha Ken	33 Ronald Rd. Sudbury Ma. 01776	443-3180	S&T
Dale Kathryn	38 Ward Circle, Keene, N.H. 03431	357-0574	S&T
Dale Kenneth	38 Ward Circle, Keene, N.H. 03431	357-0574	S&T
Danchik Jo Ann	21 Decatur Dr. Nashua. N.H. 03062	888-5559	S&T

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Deluca Mary	10 Standish Way	593-4277	S&T
Derderian Gregory	1 Beech St. Nashua N.H. 03060		S&T
Dockray Ed	104 Orlando Rd. N.Providence R.I.	726-5841	REF
Doubleday Peter	RD#1 Box 31 Brattleboro Vt. 05301	254-5698	S&T
Fehlau Paul	25 Wildwood Drive, Bedford, Mass. 01730	275-2830	S&T
Finnemore Deborah	45 Stone Rd. Belmont Ma. 02178	484-5532	S&T
Fielding Constanto	11 Beyer Dr. East Hampton, Ma. 01027	527-0527	S&T
Flood James	63 Benjamin Rd. Belmont Ma. 02178	489-3148	STA
Flynn Kathy	99 Prospect Ave. Northampton Ma.	584-3266	S&T
Flynn Nick	"	584-3266	S&T
Foote Arthur	319 Ashbury St. Hamilton, Ma. 01982	468-2749	STA
Gagne Marybeth	31 Lancaster Farm Rd. Salem N.H. 03079	893-2516	STA
Gagne Dennis	31 Lancaster Farm Rd. Salem N.H. 03079	893-2516	STA
Galli Leon	15 Center St. Bennington, Vt. 05201	442-3675	S&T
Gallivan Thomas	23 Westview Terrace East Hampton, Ma. 01020	527-8560	S&T
Gardner Joyce	44 Doane Rd. Harwich Port Ma. 02646	432-5347	S&T
Getchell Martha	57 Woodbury St. Keene N.H. 03431	357-1606	S&T
Getchell Robert	57 Woodbury St. Keene N.H. 03431	357-1606	S&T
Govoni David	8 Cohoon St. Buzzard Bay Ma. 02532	759-8408	S&T
Govoni Sally	8 Cohoon St. Buzzards Bay Ma. 02532	759-8408	S&T
Govoni Judy	14 Glenwood Cir. Wareham Ma. 02571	295-4187	S&T
Govoni Richard	14 Glenwood Cir. Wareham Ma. 02571	295-4187	S&T
Graefe Richard	70 Meadowland Dr. N. Kingstown R.I. 02852	295-5635	S&T
Graham Pauline	11 Blueberry Cir. Andover Ma. 01810	470-1408	REF
Hall Andy	Adele Rd. Woburn Ma. 01801		STA
Howe Kathy	55 Hall Rd. Chelmsford, Ma.	256-8522	S&T
Iacovelli Gina	18 Amasuaapiti Dr. Plymouth, Ma. 02367	585-6733	S&T
Jackson Ron	26 Cedar St. Winooski Vt. 05404		S&T
Jensen Lawrence	RR1 Box 344D Norwich Vt. 05055	649-2628	S&T
Jones Donald	11 Noble Dr. Chelmsford, Ma.	256-0838	S&T
Kalpas Giancarla	38 Robin Hill Rd. Chelmsford Ma. 01824	256-6701	S&T
Kellstrand Martha	12 Constitution Ave. Abington, Ma. 02351	857-2221	REF
Kellstrand Robert	12 Constitution Ave. Abington, Ma. 02351	857-2221	S&T
Kennedy Wanda	17 Wisteria Dr. Coventry R.I.	823-7675	S&T
Kimbrel Thomas	181 Colonial Rd. No. Attleboro, Ma. 02760	695-6295	REF
Kimbrel Ellen	181 Colonial Rd. No. Attleboro, Ma. 02760	695-6295	S&T
Knutton Linda	310 Lafayette Rd. No. Kingston R.I. 02852	295-8224	S&T
Korbly Ben	6 Dover Farm Rd. Medfield, Ma. 02052	359-5089	S&T
Kraskouskas Anthony	222 Bickford Hill Rd. Gardner Ma. 01440	632-5387	STA
Kurrie Richard	53 Newell Drive No. Attleboro, Ma. 02760	699-1639	S&T
LaFleur Martha	89 Colonial Drive Keene N.H. 03431		S&T
Lamontagne Richard	16 Ridgeland Dr. Cumberland R.I. 02864	333-6799	REF
Lantz Ronald	P. O. Box 341, Charlton, Ma. 01507	248-6217	S&T
Lasky Elliot	15 Mase Field Rd. Nashua N.H. 03062	888-5557	STA
Leake Nancy	Woodford Rd. Bennington, Vt. 05201	442-6918	S&T
Legg Janet	6 Savoy St. N. Billerica, Ma. 01862	667-6679	S&T
Levine Robert	4 Laurie Dr. Southampton Ma. 01073	527-7357	S&T
Liberty Girard	5 Lyme Rock Dr. E. Greenwich R.I. 02818	884-1050	S&T
Luteman Belle	14 Ashwood Ave. Salem N.H. 03079	893-6683	STA
Macomber Suzanne	1 Whipple Tree Lane, Westboro, Ma. 01581	366-6174	S&T
Mara Judy	Lost Nation Rd. Essex Junction Vt. 05452		S&T
McCann Mary	161 Claffin St. Belmont Ma	484-7865	STA
McGinnis Donald	5 Hannah Dr. Hollis N.H. 03049		REF
McLernon Hugh	7 Pinewood Ave. Springfield, Vt. 05156	885-5395	S&T

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McLernon Nancy	7 Pinewood Ave. Springfield, Vt. 05156	885-5395 S&T
Mikuszewski Frank	32 Mountain Brook Rd. Wilbraham, Ma. 01095	596-8269 STA
Munro John	105 Middlesex St. N. Andover Ma. 01845	687-8091 REF
Ness Pauline	113 Varnum Ave. Lowell, Ma. 01854	453-2606 S&T
Nerney Francis	344 Cherry Hill Rd. Johnston R.I. 02919	231-2271 REF
Nerney Patricia	344 Cherry Hill Rd. Johnston, R.I. 02919	231-2271 REF
Oliver Herbert	5 New bury Amherst N.H. 03031	673-3057 S&T
Paster Mark	327 Shutesbury Rd. Amherst, Ma.	253-2063 S&T
Persky Merle	240 Old Farm Rd. Newton, Ma.	332-4339 S&T
Perkins John	RFD Box 44A Brooks Village Rd Templeton Ma.	249-2333 REF
Perkins Ralph	149 Hitching Post Ln. Bedford N.H.	472-8955 STA
Plum Sydney	RD1 Box 339A Middlebury Vt. 05753	S&T
Polimeno Robert	11 Dover Rd. S. Natick, Ma. 01760	655-7740 S&T
Pristaw Judie	Barberry Hill Woodstock, Vt. 05091	457-3138 REF
Pucci M.S.	43 So. Shore Rd. Salem N.H. 03079	893-1568 STA
Pucci H.A22 Belmont	St. Wollaston, Ma. 02170	773-3490 S&T
Reilly Dolly	18 Reed St. Marblehead, Ma. 01945	631-3191 REF
Riddell Mary	20 Cleveland Rd. Needham Ma.	444-2590 S&T
Rieley Sarah	161 Cliff Rd. Wellesley Hills Ma. 02181	S&T
Riley Bill	135 Nahatan St. Westwood, Ma. 02090	326-5023 S&T
Rigsby Wood	3 Green Vally Dr. Chelmsford Ma.	250-1710 STA
Rivadeneza Barbara	21 Centerville Dr. Salem N.H. 03079	893-1573 STA
Rossi John	34 Robin Lane W. Warwick R.I.	826-1262 STA
Russell J. C.	RR2 Box 736 Surry N.H. 03431	352-1684 S&T
Rutkowski Matthew	15 Morgan Ave. Stoneham, Ma. 02180	438-6168 S&T
Santoro Anthony	23 Pine Grove Ave. Lincoln, R.I. 02865	333-6157 REF
Santos Peggie	9 Burke Rd. Bristol, R.I. 02809	253-2344 S&T
Schofield Marge	10 St. Marys Westford, Ma.	692-3427 S&T
Seggel Norm	126 Fosdyke St. Prov. R.I. 02906	321-0517 S&T
Simpson Charles	6 Rynn Rd. Danvers Ma. 01923	774-0434 S&T
....Slate Lester.....	12 Regina Rd. Newton, Ma. 02166	964-1536 S&T
Sloper Edward	88 Whittier Ave. Pittsfield, Ma. 01201	445-5793 S&T
Stewart Kathie	126 Strong St. Easthampton Ma. 01027	527-2418 S&T
St. Louis Roland	28 Rocky Pond Rd. Princeton Ma. 01541	464-2891 S&T
Tarantino Frank	14 Ingraham Rd. Wellesley Ma. 02181	235-0199 S&T
Townsend Bill	158 White St. Lowell Ma. 01854	452-7563 S&T
Trombini Nancy	31 Stratford Rd. Needham Ma. 02192	449-6107 S&T
Vannata Jane	41 Oakleaf Dr. Marshfield Ma. 02050	STA
Weech Henry	59 Kenney Lane Concord Ma. 01742	369-8836 REF
Wesley Sabel	9 Vernon Rd. Natick, Ma. 01760	653-7318 S&T
Whitman Bill	117 Abbott Rd. Wellesley Hills Ma. 02181	237-4584 REF
Wilk Charles	307 Abbott Run Valley Rd. Cumberland R.I.	333-6973 REF
Zeuli Cheryl	13 Ramsay Rd. Marblehead, Ma. 01945	631-0683 REF

NEW ENGLAND SWIMMING OFFICE

Mary Riddell
20 Cleveland Road
Needham, MA 02192

617-449-0270

Telephone Hours: Monday : 8:00 a.m.-- 2:00 p.m.
7:30 p.m.--10:30 p.m.
Thursday: 8:00 a.m.-- 2:00 p.m.

SEED CARDS: Seed Cards are available through the New England Office. The cost for plain cards is \$20.50 per thousand, including mailing. If the cards are picked up in Needham, the cost is \$18.00 per thousand. There is no minimum, and the cards may be split any way between boys and girls.

If you want initials on the cards, the price for 1,000 cards is \$28.00, including mailing. If the cards are picked up in Needham, the cost is \$25.50. If you want 2,000 or more cards with initials, the cost is \$23.50 per thousand, including mailing, or \$21.00 per thousand if the cards are picked up in Needham. The minimum order for cards with initials is 1,000 cards.

NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to NEWSLETTER PLUS. Subscriptions may be ordered through the New England office for \$10.00 per year. Clubs do not have an expiration date on their labels since all registered clubs receive one free subscription with their registration.



**United States Swimming
New England**

20 Cleveland Road Needham, MA 02192

FIRST CLASS



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

JUNE 1990

IN THIS ISSUE: LONG COURSE AGE GROUP, SENIOR, AND ZONE CUTS;
PROPOSED SHORT COURSE CALENDAR; BID FORM; NEW
ENGLAND SWIMMING POLICIES; ATHLETES' INFO.....

CONGRATULATIONS to: SEAN GOULDSON BGSC
MICHAEL CARROLL BGSC
ERIC JONES SSA
DEAN FREDETTE SSA

who will be participating at the US OLYMPIC FESTIVAL, July 8-10 in Minneapolis/St. Paul. They were chosen from the Senior National Championships and were among the top 18-and-under competitors who had not had previous national team experience.

ZONE MEET: The 1990 Eastern Zone Long Course Championship Meet will be held in Virginia on August 8-11, 1990. Please note that all qualifying times must be in meters. The cost this year will be \$4 per event, with New England paying for relays. New England also will supply uniforms for the team members. Application forms are available from Isabelle Fraser (413-567-3415). Any coach who is interested in coaching the team also should contact Isabelle.

A block of rooms has been reserved at the Holiday Inn-Fair Oaks, 11787 Lee Jackson Highway (US Route 50), Fairfax, VA 22033 (703-352-2525) at \$59 a room.

TECHNICAL CHAIRMAN:

DAN RHINEHART (LRAC) has resigned from the appointed position of Technical Chairman. Any COACH who is interested in this position should contact Bob Fredette (603-742-5153) immediately. New England Swimming thanks Dan Rhinehart for his service as Technical Chairman!

NOMINATING COMMITTEE:

PRISCILLA DAVIS (508-468-3786) is chairman of the Nominating Committee. Any member of the New England Swimming Community who is interested in serving on the New England Board should contact Priscilla.

The Board of New England Swimming will meet on Monday, July 9, 1990 at 7 p.m. at the Wellesley Community Center, Wellesley, MA.

1990 EASTERN ZONE LONG COURSE CHAMPIONSHIPS

WEDNESDAY 08 AUGUST 1990

FRIDAY 10 AUGUST 1990

GIRLS		BOYS		GIRLS		BOYS	
1..		2..		65..		10 & U	400 M MEDLEY RELAY
3..		4..		67..		11 - 12	400 M FREESTYLE RELAY
5..	4:46.99			69..	4:54.29	13 - 14	400 M FREESTYLE
6	1:31.29	7	1:30.79	70	1:17.99	10 & U	100 M FREESTYLE
8	1:19.08	9	1:17.99	72	1:07.89	11 - 12	100 M FREESTYLE
10	2:21.89	11	2:13.99	74	2:40.79	13 - 14	200 M INDIVIDUAL MEDLEY
12	2:35.49	13	2:21.99	76	2:16.99	15 & O	200 M FREESTYLE
14	46.29	15	46.39	78	1:31.19	10 & U	100 M BUTTERFLY
16	40.79	17	39.59	80	1:14.99	11 - 12	100 M BUTTERFLY
18..	5:42.19	19..	5:22.49	82	1:12.29	13 - 14	100 M BUTTERFLY
20..	5:30.49	21..	5:07.59	84	1:09.89	15 & O	100 M BUTTERFLY
22..		23..		86	41.89	10 & U	50 M BACKSTROKE
24..		25..		88	36.69	11 - 12	50 M BACKSTROKE
26..	5:04.69	27..	5:07.29	90	1:15.59	13 - 14	100 M BACKSTROKE
		28..	9:46.69	92	1:12.89	15 & O	100 M BACKSTROKE
		29..	9:16.29	94..		13 - 14	200 M MEDLEY RELAY
				96..		15 & O	200 M FREESTYLE RELAY
						13 - 14	1500 M FREESTYLE
						15 - 18	1500 M FREESTYLE

THURSDAY 09 AUGUST 1990

SATURDAY 11 AUGUST 1990

GIRLS		BOYS		GIRLS		BOYS	
30..		31..		100..		10 & U	400 M FREESTYLE RELAY
32..		33..		102..		11 - 12	400 M MEDLEY RELAY
35	2:49.29	34..	4:44.69	105	34.89	15 & O	400 M FREESTYLE
37	2:26.39	36	2:46.29	107	31.09	10 & U	50 M FREESTYLE
39	30.29	38	2:24.09	109	3:02.49	11 - 12	50 M FREESTYLE
41	29.69	40	28.19	111	2:56.29	13 - 14	200 M BREASTSTROKE
43	39.49	42	27.19	113	3:12.69	15 & O	200 M BREASTSTROKE
45	33.89	44	38.99	115	2:47.99	10 & U	200 M INDIVIDUAL MEDLEY
47	2:37.39	46	32.79	117	1:05.39	11 - 12	200 M INDIVIDUAL MEDLEY
49	2:31.59	48	2:30.69	119	1:04.39	13 - 14	100 M FREESTYLE
51	1:41.08	50	2:20.99	121	2:41.09	15 & O	100 M FREESTYLE
53	1:29.08	52	1:42.19	123	2:35.89	13 - 14	200 M BACKSTROKE
55	1:25.59	54	1:27.29	125..		15 & O	200 M INDIVIDUAL MEDLEY
57	1:22.59	56	1:18.89	127..		13 - 14	200 M FREESTYLE RELAY
59..		58	1:14.99	129..	19:11.49	15 & O	200 M MEDLEY RELAY
61..		60..		130..	18:46.09	13 - 14	1500 M FREESTYLE
63	9:54.59					15 & O	1500 M FREESTYLE
64..	9:48.99						

GENERAL INFORMATION CONCERNING NEW ENGLAND MEETS:

TYPES OF MEETS:

- A(B)--First consideration is given to swimmers with "A" or better times; swimmers with "B" times may swim if there is room.
- B(A)--First consideration is given to swimmers with "B" times; swimmers with "A" or better times may swim if there is room.
- B(C)--First consideration is given to swimmers with "B" times; swimmers with "C" times or no times may swim if there is room.
- C(B)--First consideration is given to swimmers with "C" times or no times; swimmers with "B" times may swim if there is room.

CUTS: Meets that are over subscribed will be cut as follows:

- A(B)--"B" swimmers are cut by time; if all "B" swimmers have been cut, "A" swimmers are cut by time.
- B(A)--"A" swimmers are cut by date of receipt; if all "A" swimmers have been cut, "B" swimmers are cut by date of receipt.
- B(C)--"C" swimmers are cut by date of receipt; if all "C" swimmers have been cut, "B" swimmers are cut by date of receipt.
- C(B)--"B" swimmers are cut by date of receipt; if all "B" swimmers have been cut, "C" swimmers are cut by date of receipt.

Specialty meets--cut by date of receipt.

AWARDS:

- A(B)--Medals will be given to the top 6 (or 8 in the case of an 8-lane pool) swimmers (whether entered with "A" or "B" times). If desired, ribbons may be given to the top 6 (or 8) "B" swimmers who finish with "B" times.
- B(A)--Ribbons will be given to the top 6 (or 8) "B" swimmers achieving "B" times.
- B(C)--Ribbons will be given to the top 6 (or 8) swimmers achieving "B" (whether entered with "B" or "C" times). If desired, ribbons may also be given to the top 6 (or 8) "C" swimmers who finish with "C" times.
- C(B)--Ribbons will be given to the top 6 (or 8) "C" swimmers who finish with "C" times.

Specialty Meets--Ribbons will be given to the top 6 (or 8) finishers.

NOTE: Championship and specialty meets may have different awards which will be established at the time the bid is awarded.

At all meets appropriate achievement cards should be written for swimmers achieving times at a higher level.

SCHEDULES:

- Schedule I--13 and over : short events (100's; 200 IM)
12 and under: long events (100's; 200 IM)
- Schedule II--13 and over : long events (200's; 400 IM)
12 and under: short events (50's; 100 IM)

Specialty meets--distance meets, senior development meets, mini meets for younger swimmers, relay carnivals, pentathlons, etc.

ENTRY FEES:

A(B) (or if medals are awarded)--up to \$2.00; \$4.60 per relay.

B(A), B(C), C(B)--up to \$1.50; \$3.60 per relay.

Trials and finals meets--up to \$3.00; \$6.60 per relay.

Specialty meets may charge up to \$1.50 unless permission is given to charge another fee.

NOTE: Championship and specialty meets may have different entry fees which will be established at the time the bid is granted.

SURCHARGES:

A(B)--45¢ per individual event

B(A), B(C), C(B)--30¢ per individual event

Trials and finals meet--45¢ per individual event

NOTE: There is no surcharge for relays.

PRE-SEEDDED MEETS are not allowed in New England unless a special request is made at the time the bid is submitted and the special request is granted by the calendar committee.

NOTE: In all cases "A" refers to "A" and better times.

1990 NEW ENGLAND SENIOR CHAMPIONSHIP CUTS

WOMEN			MEN	
<u>yards</u>	<u>meters</u>	<u>event</u>	<u>yards</u>	<u>meters</u>
25.99	29.99	50 free	22.99	26.99
56.49	1:04.29	100 free	50.99	59.09
2:00.99	2:16.99	200 free	1:50.59	2:08.29
5:22.99	4:47.49	500/400 free	4:59.89	4:33.09
11:19.99	10:08.99	1000/800 free	10:29.99	9:39.99
19:13.59	19:40.19	1650/1500 free	18:17.59	18:50.49
1:05.99	1:14.89	100 back	59.99	1:09.19
2:21.39	2:40.79	200 back	2:10.99	2:34.79
1:14.09	1:26.69	100 breast	1:05.59	1:16.09
2:40.79	3:03.99	200 breast	2:25.39	2:49.79
1:02.99	1:10.49	100 fly	56.09	1:04.79
2:19.99	2:38.19	200 fly	2:08.99	2:25.89
2:19.99	2:39.99	200 IM	2:06.79	2:24.79
4:59.99	5:37.99	400 IM	4:34.19	5:19.99

All times must be achieved after September 1, 1989 except the 800 and 1500 meter and 1000 and 1650 yard freestyle times which must be achieved after May 1, 1989.

REFEREE CLINIC: June 25, 1990, 6:30 p.m.; Hanscom Air Force Base, Armed Forces Reserve Center, Building 1607, Room 432. Contact Jerry Zimmer, 603-673-0676.

NEW ENGLAND SHORT COURSE CALENDAR, 1990--1991 (proposed):

October	6--7	: Specialty Meets	
	13	: Annual Meeting	
	14	: Specialty Meets	
	20--21	: Specialty Meets	
	27	: Specialty Meets	
	28	: Top Ten Banquet	
November	3--4	: Team Specialty	"B" Meet (I)
	10--11	: "C" Meet (I)	"A" Meet (I)
	17--18	: "B" Meet (II)	
	23--25	: "A" and Better	"C" Meet (II)
December	1--2	: "B" Meet (II)	
	8--9	: Team Specialty	
	15--16	: Christmas Classic ("A" and Better)	
	22--23	: Specialty Meets	
	29--30	: Specialty Meets	
January	5--6	: "A" Meet (I)	
	12--13	: Team Specialty	"B" Meet (I)
	19--20	: National Qualifier	"B" Meet (II)
	26--27	: "C" Meet (I)	
February	2--3	: Team Specialty	"C" Meet (II)
	9--10	: 8 and under Championships	
	16--17	: Age Group and Senior Qualifier	
	22--24	: Bronze Classic (all events)	
March	2--3	: NE Age Groups	April 3--7 :
	9--10	: NE Seniors	Senior Nationals
	16--17	: Silver Classic (all events)	Zone Meet
	26--30	: Junior Nationals	

All bids are due by July 21, 1990. They may be hand delivered to Jim Kresel at New England Seniors. The Calendar Committee will meet on July 28, 1990.

MESSAGE TO THE ATHLETES

TED MULKERIN, Senior Athletes Rep, will be leaving the New England Swimming Board in the fall at the end of his term. The Junior Athlete Rep, LIZ KOTCH, will be moving up to his position, and her position needs to be filled with a new representative. If you are interested in filling this position and subsequently helping New England Swimming, please fill out the following information.

Also, please enclose a short paragraph as to why you would like to be the athletes representative.

Please mail to: Liz Kotch, 128 South Street, Attleboro, MA 02703.

NAME: _____ TEAM: _____

ADDRESS: _____

AGE: _____ YEAR IN SCHOOL: _____

If you have any questions, please call Ted (617-237-6740) or
Liz (508-222-7063).

HIGH POINT WINNERS—PVAC LONG COURSE "A" MEET, MAY 25—27, 1990:

10 and under

- | | | | |
|---------------------|------|---------------------|--------|
| 1. KERRIANNE KALEKO | PVAC | 1. PAT FOLEY | OAK/CT |
| 2. ALLISON VENDT | EGSC | 2. IAN CALLANDER | CGSC |
| 3. EMILY DEPPE | FWS | 3. BRIAN HARRINGTON | CGSC |
| 4. BRIAN FLYNN | HRY | 4. PETER CALDWELL | NWSC |
| 5. ERIKA LAZAR | EGSC | 5. MATT KIKKEN | FWS |
| 6. WENDY BROWN | EGSC | 6. KYLE LITTLEFIELD | UN |

11 and 12

- | | | | |
|------------------------|------|------------------|--------|
| 1. BETH ELIE | PVAC | 1. CHRIS KISTRIS | OAK/CT |
| 2. SARAH SWAIN | CGSC | 2. GRIP MCNEESE | HSC/MI |
| 3. EMILY GATELY | UN | 3. SHAPE HAYWARD | CGSC |
| 4. ANDREA SLATE | NEB | 4. ETHAN CROSBY | EGSC |
| 5. CHRISSY RILEY | NEB | 5. BRENDAN GRANT | OAK/CT |
| 6. JESSICA TUCKER-MOHL | SSA | 6. JOE QUINBY | EGSC |

13 and 14

- | | | | |
|--------------------|------|--------------------|---------|
| 1. TORY FLEMING | EGSC | 1. TAL ZAMIR | SAC |
| 2. ANNE BEHRENS | SAC | 2. PETER SCHRADER | BEAR/CT |
| 3. AMANDA HALL | EGSC | 3. MATT CRAVEN | EGSC |
| 4. CARMEN TROMBINI | SAC | 4. ROBERT RINDONE | UN |
| 5. ALLISON HIGHERS | EGSC | 5. GREGG BASFORD | BEAR/CT |
| 6. AMY MIKUSZEWSKI | PVAC | 6. COLIN GREENBERG | NEB |

OPEN

- | | | | |
|-------------------|------|---------------------|------|
| 1. KRISTAN GATELY | SAC | 1. JAY CRAFT | CSC |
| 2. PATTY AET | CSC | 2. RON ZUNALLACK | CGSC |
| 3. CHRIS AGNEW | PVAC | 3. CHRIS HANCOCK | UN |
| 4. JENNIFER BURNS | NWSC | 4. PAUL MIKUSZEWSKI | PVAC |
| 5. LENA ERIKSSON | EGSC | 5. JOE SHEEHAN | AAC |
| 6. LIZ KOTCH | EPBC | 6. KEITH MCFARLAND | PVAC |
| | | | EGSC |

GIRLS

- | | | | |
|------------|------------|------------|------------|
| LARGE TEAM | SMALL TEAM | LARGE TEAM | SMALL TEAM |
| 1. EGSC | 1. NEB | 1. EGSC | 1. OAK/CT |
| 2. PVAC | 2. SSA | 2. PVAC | 2. UN |
| 3. SAC | 3. UN | 3. CGSC | 3. BEAR/CT |
| 4. CGSC | 4. NWSC | 4. SAC | 4. CGSC |

BOYS

HIGH POINT WINNERS—GAY JUNIOR CLASSIC, May 26—27, 1990:

1988-89

- | | | | |
|------------------|------|--------------------|------|
| BLAIR CROSSCUP | HSSC | 1. RYAN PATTERSON | HIST |
| KERI SULLIVAN | WCC | 2. KENNY SNOW | HIST |
| CHRISTINE ZIMMER | HIST | 3. JAMES HOMOLESKI | HIST |

1989-90

- | | | | |
|--------------------|------|--------------------|-----|
| ANY DANCHIK | HSSC | 1. ANDREW THOMPSON | OSA |
| LORIANNE HOMOLESKI | HIST | 2. SHANE NOHALLEY | SSA |
| KATIE JUNE | HIST | 3. JONATHAN LEONE | HVP |

1990-91

- | | | | |
|------------------|------|-------------------|------|
| KATE THOMPSON | HIST | 1. RANDY BUCKLEY | HIST |
| LAUREN TRACY | EGSC | 2. DARREN JOHNSON | SSA |
| ELIZABETH COOPER | AEP | 3. MATTHEW GAGNE | SST |

1991-92

- | | | | |
|-----------------|------|-------------------|------|
| ANGELA CAPRIGNO | SST | 1. KEVIN HILKY | HVP |
| AMY VERBAULT | HIST | 2. TOM KEANE | UN |
| KATE PALMIERI | SSS | 3. BRYAN CROSSCUP | HSSC |

1992-93

- | | | | |
|------------------|------|----------------------|------|
| ABBY BRETHAUER | HSSC | 1. JEFF RICHARDS | CAST |
| TRISHA PAULASKAS | HSSC | 2. KEVIN MULLIGAN | CAY |
| KARA BRENNAN | AEP | 3. KYLE VANDERBERGHE | HAY |

1993-94

- | | | | |
|---------------------|------|------------------------|------|
| JAIMIE-LEIGH GAULIN | NYB | 1. CHRISTOPHER DANCHIK | HSSC |
| ERICA ALLEN | HSSC | 2. JOHN TARANTINO | EGSC |
| LESLIE HALL | HSSC | 3. MIKE DOWLING | EGSC |

1994-95

- | | | | |
|----------------|------|------------------|------|
| DIANA GROFF | HSSC | 1. MIKE KILMURRY | EGSC |
| TARA PAULASKAS | HSSC | 2. JOEY RICHARDS | CAST |
| LAURA KOTT | HSSC | 3. ADAM BURPEE | HSSC |

UNITED TEAM

- | | |
|---------|-----------------|
| 1. HSSC | UNITED TEAM |
| 2. HIST | 1. CAST |
| 3. EGSC | 2. SST |
| | 3. HVP and CGSC |

NEW CLUB: BOSTON CRABS
 Todd Crosset
 15 Kidder Avenue
 Somerville, MA 02144
 CRAB

WANTED: ASSISTANT COACH—Triton Aquatic Club, Westboro, MA. Send resume to: TRAC, 38 Catherine Drive, Northboro, MA 01532.

1989--1990 AGE GROUP CHAMPIONSHIPS CUTS

FEMALE

Meters *	Yards
AGC	AGC
CUT	CUT
---	---

46.39	40.59
1.52.69	1.32.59

1.01.39	47.59
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1.05.69	54.59
---------	-------

1.03.49	51.59
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8 AND UNDER

50 Freestyle
100 Freestyle

50 Backstroke

50 Breaststroke

50 Butterfly

9 and 10

36.49	31.99
1:22.49	1:10.69
3:00.99	2:35.19

44.99	37.79
1:36.99	1:24.29

49.99	42.29
1:49.99	1:33.39

42.79	36.89
1:45.89	1:25.99

	1:21.09
3:23.49	2:55.99

50 free	37.09	31.99
100 free	1:25.39	1:11.19
200 free	3:04.99	2:36.99

50 back	46.49	39.99
100 back	1:42.59	1:27.19

50 breast	52.39	43.69
100 breast	1:53.99	1:36.99

50 fly	46.59	37.49
100 fly	1:49.99	1:31.49

100 IM		1:23.49
200 IM	3:31.99	2:59.99

11 and 12

32.39	28.59	50 free	33.19	28.89
1:11.59	1:02.59	100 free	1:13.79	1:02.99
2:33.49	2:14.19	200 free	2:39.99	2:16.79
5:20.89	5:56.79	400/500 free	5:37.99	6:06.29

38.79	34.19	50 back	41.49	35.49
1:24.29	1:14.29	100 back	1:29.99	1:16.99

43.69	37.59	50 breast	45.99	38.39
1:35.09	1:21.39	100 breast	1:41.39	1:24.89

36.19	31.99	50 Fly	38.99	32.79
1:23.99	1:11.99	100 fly	1:32.09	1:14.79

	1:12.19	100 IM		1:12.49
2:55.89	2:34.99	200 IM	3:04.49	2:38.09

* Long Course meters (50 meter pool)

All times must be achieved after September 1, 1989.

1989--1990 AGE GROUP CHAMPIONSHIPS CUTS

GIRLS		BOYS	
meters*	yards	meters*	yards
AG cut	AG cut	AG cut	AG cut
		<u>13 and 14</u>	
30.89	27.19	50 free	29.99 25.69
1:07.79	58.99	100 free	1:05.29 56.09
2:25.49	2:07.09	200 free	2:21.09 2:01.99
5:05.49	5:38.99	400/500 free	4:56.99 5:30.99
10:40.09	11:45.99	800/1000 free	10:30.09 11:15.79
19:05.79	18:52.39	1500/1650 free (auto)	18:38.39 18:30.69
20:11.89	19:47.59	1500/1650 free (consid)	20:22.59 19:32.89
1:20.99	1:10.09	100 back	1:18.99 1:07.99
2:54.69	2:29.99	200 back	2:50.09 2:25.69
1:30.49	1:17.59	100 breast	1:26.19 1:14.29
3:13.29	2:49.29	200 breast	3:09.99 2:41.99
1:16.49	1:06.89	100 fly	1:15.09 1:04.99
2:55.99	2:33.99	200 fly	2:53.99 2:33.99
2:44.59	2:25.79	200 IM	2:40.99 2:21.39
5:56.99	5:07.99	400 IM	5:41.29 5:07.49
		<u>15 to 18**</u>	
30.19	26.39	50 free	27.59 23.99
1:05.59	57.59	100 free	59.49 52.29
2:20.69	2:03.99	200 free	2:10.19 1:53.69
4:58.79	5:32.99	400/500 free	4:40.89 5:06.39
10:33.69	11:40.99	800/1000 free	10:07.49 10:50.39
19:03.29	18:50.19	1500/1650 free (auto)	18:11.09 18:07.29
20:02.59	19:43.39	1500/1650 free (consid)	19:38.49 18:55.69
1:18.09	1:07.99	100 back	1:11.99 1:03.09
2:48.99	2:26.49	200 back	2:37.99 2:15.99
1:28.39	1:15.99	100 breast	1:18.99 1:08.49
3:11.99	2:43.59	200 breast	2:56.49 2:29.29
1:12.99	1:04.19	100 fly	1:06.99 58.99
2:48.99	2:24.09	200 fly	2:40.19 2:18.39
2:41.99	2:23.09	200 IM	2:27.79 2:10.49
5:45.99	5:04.49	400 IM	5:24.89 4:46.09

* Long Course meters (50 meter pool)

All times must be achieved after September 1, 1989 with the exception of the 800 and 1500 meter freestyle times which must be achieved after May 1, 1989.

CORRECTION: RELAYS AT SENIORS: Please note the correction on the entry for New England Seniors concerning relays. A team with 4 to 7 qualified swimmers of one sex entered in individual events may enter 1 relay (not 2).



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

JULY 1990

IN THIS ISSUE: HIGH POINT WINNERS--NEW ENGLAND SENIOR CHAMPIONSHIPS; NATIONAL AGE GROUP REPORTABLE TIMES, SHORT COURSE, 1989--1990; TOP TEN TIMES, SHORT COURSE, 1989--1990; OUTSTANDING SWIMMERS, SHORT COURSE, 1989--1990; REGISTRATION FEES.....

CONGRATULATIONS to the new TECHNICAL CHAIRMAN, ROY COATES, coach, NCAC, who was appointed at the July board meeting of New England Swimming. Questions or comments may be addressed to Roy at PO Box A-241, Hanover, NH 03755 (603-646-3433).

- DATES TO REMEMBER: OCTOBER: 6--7: SAFETY WEEKEND. The "Safety Training for Swim Coaches" course will be offered at various sites in New England.
- OCTOBER 13 : ANNUAL MEETING, Wellealey Community Center, Wellealey, MA
- OCTOBER 28 : TOP TEN BANQUET, Windsor Mills Restaurant, Dracut, MA

More information concerning these events will be printed in the August Newsletter Plus.

REIMBURSEMENT: New England registered swimmers who swam in individual events at Junior Nationals and at Senior Nationals and who participated in three New England calendar meets during the long course season are eligible to apply for reimbursement from New England Swimming. The form was printed in the March newsletter or is available from the New England Office.

There will be no Board Meeting in August.

HIGH POINT WINNERS--NEW ENGLAND SENIOR CHAMPIONSHIPS, LONG COURSE, 1990

INDIVIDUAL HIGH POINT:

Women		Men		
1.	SHEILA CONWAY	BGSC	1. DEAN FREDETTE	SSA
2.	JENNY THOMPSON	SSA	2. JAY CRAFT	CSC
3.	KRISTEN TOMEK	BGSC	3. RAY CAREY	BGSC
4.	LARISSA HEROLD	SSA	4. STEPHEN ROOT	BGSC
5.	NICOLE RUTKOWSKI	BGSC	5. BRIAN LIVINGSTON	SSA
6.	STACI DUNCAN	BGSC	6. SEAN GOULDSON	BGSC
7.	JEAN TODISCO	CAY	7. DAVID BERKOFF	BGSC
8.	LYNN KELLEY	BGSC	8. RONALD ZUWALLACK	CCSC

Team

1. Bernal's Gator Swim Club
2. Seacoast Swimming Association
3. Boston Crabs
4. Cape Ann YMCA
5. New England Barracudas
6. Coastal Swim Club
7. Manchester Sunfish Swim Club
8. New Wave Swim Club

REGISTRATION FEES:

Registration fees for 1991 will be the same as for 1990:

Club Registration	:	\$100	(\$70 to USS; \$30 to New England)
Athlete Registration	:	\$ 25	(\$20 to USS; \$ 5 to New England)
Non-athlete Registration			
Individual	:	\$ 22	(\$20 to USS; \$ 2 to New England)
Family	:	\$ 37	(\$35 to USS; \$ 2 to New England)

Forms will be mailed to each club shortly asking for the team address for the fall and also for the name and address of the registration person for each club. Information concerning registration will be mailed to each registration person some time in September. However, nothing will be mailed to a club until the office has received the name of the registration chairman for the team.

OUTSTANDING SWIMMERS--SHORT COURSE, 1989--1990

EIGHT and under

BRANDI BLAKELY	EPBC	RANDY BUCKLEY	HHST
KRISTY MARTIN	GMSC	MARK DILLON	CAST
ADELE MCCARTHY-BEAUVAIS	HRY	CHRIS FERNANDEZ	CAST
SARAH MOONEY	BARY	BEN HAMILTON	NEB
AMY VERREAULT	HHST	DAVID PAUL	GMSC
		ERIC VENDT	BGSC

9 and 10

ERICA ALLEN	MSSC	COREY BLAKELY	EPBC
LISA BUSHNELL	BGSC	IAN CALLENDER	GBSC
ERIN HOWARTH	WSC	GREG CARDILLO	CAST
KERRIANNE KALEKO	PVAC	ANDREW KNUTTON	OSA
ALLISON VENDT	BGSC	FRED MANFREDI	UN

11 and 12

BETH ELIE	PVAC	DYLAN ANDREWS	EPBC
DIANA GROFF	MSSC	SPENCER HAWKINS	MSSC
KIRSTIN NAGLE	SSA	WILLIAM MAHER	LRAC
CAROLINE PALMER	SSA	ERIK SCHEINFELDT	WSC
TARA PAULAUSKAS	MSSC	MIKE SHAUGHNESSY	MSSC

13 and 14

TORY FLEMING	BGSC	ALEX CUNHA	NEB
AMANDA HALL	BGSC	CHIP HABERSTROH	NEB
HEATHER MONTANARO	LRAC	JEREMY QUIMBY	BGSC
NICOLE RUTKOWSKI	BGSC	MATT SMITH	PYST
JEAN TODISCO	CAY	ROB WILEY	BGSC

15 and 16

SHEILA CONWAY	BGSC	CHRIS ANDERSON	BGSC
LARISSA HEROLD	SSA	OWEN BITTINGER	BPM
SHEILAH MCCARTHY	BGSC	JASON BOIS	CAST
LESLIE REPETTO	BGSC	RAY CAREY	BGSC
JENNY THOMPSON	SSA	MIKE CARROLL	BGSC

17 and 18

JENNIFER BURNS	NWSC	DUSTIN FOSTER	BGSC
LENA ERIKSSON	BGSC	DEAN FREDETTE	SSA
TARA MCGARR	SSA	SEAN GOULDSON	BGSC
JENNY THOMPSON	SSA	BRIAN LIVINGSTON	SSA
LAURA ZDYB	BGSC	ERIC JONES	SSA

OPEN

SHEILA CONWAY	BGSC	RAY CAREY	BGSC
LARISSA HEROLD	SSA	DUSTIN FOSTER	BGSC
SHEILAH MCCARTHY	BGSC	DEAN FREDETTE	SSA
LESLIE REPETTO	BGSC	SEAN GOULDSON	BGSC
JENNY THOMPSON	SSA	BRIAN LIVINGSTON	SSA

TOP TEN SWIMMERS--SHORT COURSE, 1989--1990 (continued)

- GMSC: Jennifer Perkins, Marc LaFrance, Matt Buhts, Mike Gustafson, Kristy Martin, Kristen Lozeau, Alison Whitney, Karri Charpentier, David Paul, Ian Morgan, Timothy Grimes
- HAY: Lauren Kelly, Stephen Finocchi
- HRY: Laura Gunn, Terri Stewart, Katherine Burrill, Jennifer Burrill, Erika Bartlett, Adele McCarthy-Beauvais
- HYST: Allyson Horgan, Karen Woelfel, Richard Sheldon
- HHST: Mike Baroni, Amy Verrault, Alison Messier, Katie Thompson, Laura Reis, Blake Miller, Michelle Jackson, Randy Buckley
- HYV: Katie McLean, Jesse Quinlin MELY: George Cakounes
- LRAC: Anne Jacobucci, Heather Montanaro, Colleen McGarry, Kimberly Ho, William Fitzpatrick, Ron Gagne, Chris Holt, William Maher, Mark Sowa, Chris Nerney, Stephen Maher
- MSSC: Diana Groff, Tara Paulauskas, Katie Shaughnessy, Jamie Hood, Spencer Hawkins, Tad Kremen, Justin Pulloski, Mike Shaughnessy, Wes Wrightson, Chris Treadway, Sara Burpee, Abbie Lasky, Erica Allen, Jaime Crosscup, Leslie Hall
- MVP: Diana Liberty, Melissa Schofield, Kristen Parreault, Heather Donahue, Jen LaMontagne, Kurt Leslie, Stephen Kozowyk, Jeff Wicklund, Josh Elagg, Michael Goady, Stephen Mullaney, Gary Wing, John Paouille, Ken Rapph, Jeremy Legg, Beau LaMontagne, Matt Liberty, Reed Newland, Phillip Brasor, David Murman
- NEB: Andrea Slate, Cathy Legg, Wendy Rowe, Linda Kuntz, Donna Guglielmi, Amy Storer, Karen Haberstroh, Britt Greineder, Alicia Keenan, Ana Trajeda, Marc Broudy, Tim Nubar, Chip Haberstroh, Brian Fehlau, Alex Cunha, Jeff Little, Carl Eriksson, Matt Gulledege, Steve Korbly, Jamie Lawrence, Ben Hamilton, Jim Shaughnessy
- NASY: Allison Hardy, Jay Rose, Malissa Elais, Melissa Elagriff
- NCAC: Sue Kresel, Cory Murphy, Josh Pristaw, Marina Brauch, Patrick Franzen, Ryan Kilcullen, Paul Schned
- NNB: Colleen Lynch, Michelle McWeeney, John Pettit
- NWSC: Kathy Luz, Jen Kusner, Jennifer Burns
- NYB: Jay Rosenquest, Jaime Leigh Gaulin PTBC: Weakey Virgil
- OSA: Chris Graefe, Michael Rossi, Chip Mosher, Andrew Knutton
- PVAC: Beth Elie, Amy Mikuszewski, Melissa Haras, Paul Mikuszewski, Keith McFarland, Kerrienne Kalbko, Zeb Jenkins
- PWS: Baily Deppe, Matt Rykken, Nolan Fredericks
- PYST: Megan Bachteler, Kriste Kleiner, Tom Smith, Matt Smith, Chad Filiault, Justin Filiault
- SAC: Anne Behrens, Lisa Trombini, Jennifer Kenyon, Erik Sassaman, Tal Zamir
- SCRD: Kresimir, Perharda, Chris Hancock, Craig Mallery, Michael McGrath

TOP TEN SWIMMERS--SHORT COURSE, 1989--1990 (continued)

SSA: Jessica Tucker-Mohl, Kirstin Nagle, Caroline Palmer, Lea Delicio, Hannah Edgcomb, Brittany Wilson, Karna Korhammer, Michelle Labrie, Jenny Thompson, Larissa Herold, Alison Klinakis, Tasha Johns, Debby Palmer, Tara McGarr, Kim Gittlein, Laura Burnham, Amy Palmer, Andrew Whitney, Mark DiSalvo, Brian Livingston, Jeremy Anda, Jamie Corbett, Dan Bailey, Nate Curry, Dean Fredette, Erik Loranger, Jason Seaver, Eric Jones, Eric Gregg, Fritz Bedford, Jerry Bailey, Gary Bowser, Jeff Hertzog, Glen Rice, Todd Whitford, Katie Tucker-Mohl, David Lewis, Kurt Lorhammer, Mike Conti

SSS: Kate Palmiere, Marianne Hlaikie, Paul Zukauskas, James Keyes

TRAC: Jessica Lee, Jen Saunders, David Green, Sean Macomber, Kerner Smith

UN: Danielle Peluso, Kristan Gately, Daryl Smith, Jane Gagliardi, Jim Thomas, Craig Peluso, Dwight Fenton, Robert Parenteau, Chris Lewter, Adam Guglielmo, Brian Wolf, John Dick, Ben Bigelow, Robert Holt, Josh Tobin, Rick Smyers, Wendy Brown, Fred Manfredi, Kevin Mulgrew

WSC: Tom Scheinfeldt, Erik Scheinfeldt, Kyle Laracy, Erin Howarth, Tobey Glazier, Adam Barnes, Brendan Laracy, Michael Abasciano, Jeff Grady, Adam Peterson

TOP TEN TIMES:

All Short Course meets from May 1, 1989 to April 30, 1990 are included when compiling Top Ten Short Course Times. Only USS sanctioned meets are included. Out of district USS sanctioned meets are included when the New England Office has been sent the results.

OUTSTANDING SWIMMERS:

Outstanding Swimmers are those who have accumulated the most points through their Top Ten rankings. The scoring is as follows:

Top Ten Ranking:	1	2	3	4	5	6	7	8	9	10
Points:	12	9	8	7	6	5	4	3	2	1

TOP TEN BOOKS:

The Top Ten Books will be ready to mail to the teams shortly. The Long Course Books will be ready as soon as possible after the results from all the long course meets have been received.

CONGRATULATIONS TO ALL THESE NEW ENGLAND SWIMMERS WHO ACHIEVED NATIONALLY REPORTABLE TIMES DURING THE 1989-1990 SHORT COURSE SEASON

10 and Under:

Erin Howarth	WSC	50 Free (27.96), 200 Free (2:12.35)
Corey Blakely	EPBC	50 Fly (28.84), 100 Fly (1:05.62)

11 and 12:

Dianna Groff	MSSC	50 Free (25.03), 100 Free (54.55), 50 Back (28.94), 100 Back (1:02.38), 100 IM (1:03.23)
Tara Paulauskas	MSSC	100 IM (1:03.19), 200 IM (2:16.59)
Danielle Peluso	UN	100 Breast (1:10.27)
Mary Beth Wilk	CAST	50 Breast (30.85), 100 Breast (1:10.08)
Michaela Whittet	EPBC	50 Free (25.60)
Spencer Hawkins	MSSC	50 Back (28.26), 100 Back (1:00.14), 50 Fly (26.45), 100 Fly (58.14), 100 IM (1:00.22), 200 IM (2:09.48), 200 Free (1:57.22)
Michael Shaughnessy	MSSC	50 Free (24.10), 100 Free (52.87), 200 Free (1:56.99)
Manchester SC Girls	MSSC	200 Free Relay (1:45.71) 400 Free Relay (3:54.15)
(Dianna Groff, Tara Paulauskas, Jaime Crosscup, Laura Kott)		
Seacoast SA Girls	SSA	200 Medley Relay (1:59.61)
(Jessica Tucker-Mohl, Caroline Palmer, Kelly Flynn, Kelly Gittlein)		
Manchester SC Boys	MSSC	200 Medley Relay (1:58.04) 200 Free Relay (1:42.68) 400 Free Relay (3:49.46)

(Spencer Hawkins, Mike Shaughnessy, Justin Pudloski, Chris Danchik)

13 and 14:

Nicole Rutkowski	BGSC	200 Free (1:54.03), 500 Free (4:57.32), 1000 Free (10:07.38), 1650 Free (16:50.10)
Jean Todisco	CAY	100 Fly (59.05), 200 Fly (2:08.22)
Chip Haberstroh	NEB	1000 Free (9:51.03), 1650 Free (16:28.53), 400 IM (4:19.93)
Steve Korbly	NEB	200 Breast (2:14.65)
Matt Liberty	MVP	1000 Free (10:00.96), 1650 Free (16:45.89)
Jeremy Quimby	BGSC	500 Free (4:45.15), 1000 Free (9:50.22), 1650 Free (16:20.42)
Rob Wiley	BGSC	100 Back (55:01), 200 Back (2:00.50), 1000 Free (10:03.77)
Matt Smith	PYST	50 Free (22:41), 100 Free (48.69), 100 Breast (1:01.40)

NEW ENGLAND NAG REPORTABLE TIMES - SHORT COURSE 1989-1990 (Continued)

13 and 14 (Continued)

Bernal's Gator SC Girls	BGSC	400 Medley Relay (4:11.42)
(Jessica Zeuli, Alison Hughes, Amanda Hall, Nicole Rutkowski)		
Bernal's Gator SC Girls	BGSC	400 Free Relay (3:39.88)
(Nicole Rutkowski, Kelly Gouldson, Tory Fleming, Amanda Hall)		
Bernal's Gator SC Girls	BGSC	800 Free Relay (8:03.04)
(Nicole Rutkowski, Tory Fleming, Allison Highes, Amanda Hall)		
Bernal's Gator SC Girls	BGSC	800 Free Relay (8:07.75)
(Kelly Gouldson, Jen Schmid, Laura Costello, Julie Mitchell)		
Cape Ann YMCA Girls	CAY	800 Free Relay (8:11.29)
(Erika Meany, Jean Todisco, Susan Herrick, Meghan Simpson)		
Seacost SA Girls	SSA	800 Free Relay (8:12.51)
(Hannah Edgcomb, Michelle Labrie, Lea Dellicio, Kirstin Nagle)		
Bernal's Gator SC Boys	BGSC	400 Medley Relay (3:48.88)
		400 Free Relay (3:22.13)
		800 Free Relay (7:23.34)
(Rob Wiley, Matt Craven, Jeremy Quimby, Jesse Kline)		
New England Barracudas	NEB	400 Medley Relay (3:54.74)
Boys		800 Free Relay (7:38.28)
(Matt Gulledege, Steve Korbly, Alex Cuhna, Chip Haberstroh)		

15 and 16:

Shella Conway	BGSC	100 Back (58.07), 200 Back (2:06.20), 200 IM (2:05.11), 400 IM (4:24.33), 500 Free (4:55.00), 1000 Free (9:57.85), 1650 Free (16:53.91)
Larissa Herold	SSA	100 Back (57.44), 200 Back (2:01.08), 100 Fly (56.26), 200 Fly (2:04.45), 200 IM (2:04.99), 400 IM (4:29.45)
Allison Klinakis	SSA	200 Fly (2:03.76)
Shellah McCarthy	BGSC	100 Back (57.68), 200 Back (2:03.56) 200 IM (2:06.96)
Leslie Repetto	BGSC	100 Breast (1:04.47), 200 Breast (2:17.75), 200 IM (2:07.05)
Jenny Thompson	SSA	50 Free (23.41), 100 Free (50.65), 200 Free (1:50.01), 200 IM (2:04.81), 400 IM (4:28.95), 100 Fly (55.24), 200 Fly (2:04.85), 100 Back (57.97), 200 Back (2:06.15)
Chris Anderson	BGSC	200 Breast (2:07.45)
Ray Carey	BGSC	200 Free (1:41.88), 1000 Free (9:24.28), 200 IM (1:54.24), 400 IM (3:56.51), 100 Back (53.57), 200 Back (1:53.87), 100 Fly (49.70), 200 Fly (1:47.00)
Mike Carroll	BGSC	500 Free (4:31.06), 1000 Free (9:15.79), 1650 Free (15:37.55)
Jason Gray	CAY	100 Back (53.67)

NEW ENGLAND NAG REPORTABLE TIMES - SHORT COURSE 1989-1990 (Continued)

17 and 18:

Lena Eriksson	BGSC	100 Fly (56.40), 200 Fly (2:01.77) 100 Breast (1:06.48)
Lynn Kelley	BGSC	100 Fly (57.29)
Jenny Thompson	SSA	50 Free (23.03), 100 Free (49.51), 200 Free (1:46.82), 100 Back (57.41), 100 Fly (53.77), 200 Fly (2:03.90), 200 IM (2:03.15)
Josh Fraser	BPM	100 Breast (57.30), 200 Breast (2:06.32)
Dean Fredette	SSA	500 Free (4:30.25), 1000 Free (9:09.01), 100 Fly (50.08), 200 Fly (1:48.54), 200 IM (1:53.01), 400 IM (3:59.98)
Sean Gouldson	BGSC	100 Back (49.84), 200 Back (1:49.21)
Eric Jones	SSA	100 Breast (56.59), 200 Breast (2:04.90)
Brian Livingston	SSA	1000 Free (9:20.35), 1650 Free (15:33.92)
Bernal's Gator SC Men	BGSC	400 Free Relay (3:12.74) (Jim McGinnis, Augusto Posada, Matt McKay, Khari Milner)
Bernal's Gator SC Men	BGSC	800 Free Relay (6:59.09) (Jim McGinnis, Khari Milner, Matt McKay, Dustin Foster)
Seacoast SA Men	SSA	400 Medley Relay (3:31.38) 800 Free Relay (7:00.38)

(Brian Livingston, Eric Jones, Dean Fredette, Jason Seaver)

ATHLETE REPRESENTATIVE: Athletes who are interested in being an Athlete Representative on the New England Board are reminded to contact Liz Kotch at 128 South Street, Attleboro, MA 02701 (508-222-7063).

NEW ENGLAND SWIMMING OFFICE

Mary Riddell
20 Cleveland Road
Needham, MA 02192

OFFICE HOURS: 617-449-0270

Monday : 8:00 a.m.-- 2:00 p.m.
7:30 p.m.--10:30 p.m.

Thursday: 8:00 a.m.-- 2:00 p.m.

SEED CARDS: Seed Cards are available through the New England Office. The cost for plain cards is \$20.50 per thousand, including mailing. If the cards are picked up in Needham, the cost is \$18.00 per thousand. There is no minimum, and the cards may be split any way between boys and girls.

If you want initials on the cards, the price for 1,000 cards is \$28.00, including mailing. If the cards are picked up in Needham, the cost is \$25.50. If you want 2,000 or more cards with initials, the cost is \$23.50 per thousand, including mailing, or \$21.00 per thousand if the cards are picked up in Needham. The minimum order for cards with initials is 1,000 cards.

NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to NEWSLETTER PLUS. Subscriptions may be ordered through the New England office for \$10.00 per year. Clubs do not have an expiration date on their labels since all registered clubs receive one free subscription with their registration.



**United States Swimming
New England**

20 Cleveland Road Needham, MA 02192

FIRST CLASS



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

SEPTEMBER 1990

IN THIS ISSUE: NATIONAL AGE GROUP TIMES; RACING CAMP FOR 9 and 10 YEAR OLDS; LONG COURSE TOP TEN AND OUTSTANDING SWIMMERS; TOP TEN BANQUET; NEW ENGLAND SWIMMERS AT SENIOR NATIONALS & JUNIOR NATIONALS; REIMBURSEMENT POLICY FOR 1990--1991

CONGRATULATIONS to: JENNY THOMPSON (SSA) who has been named to the WORLD TEAM and the NATIONAL "A" TEAM.

RAY CAREY (BGSC) who has been named to the NATIONAL "A" TEAM.

REIMBURSEMENT POLICY FOR 1990--1991:

A New England registered swimmer who swims an individual event at Junior Nationals will be reimbursed \$150. A New England registered swimmer who swims an individual event at Senior Nationals will be reimbursed \$300. A New England registered swimmer who swims an individual event at the US Open will be reimbursed \$300. A swimmer who places in the top 16 in one or more individual events will receive an additional \$50. A swimmer may be reimbursed for a maximum of three meets and a maximum of \$900 per year.

As in the past, a swimmer must participate in three New England calendar meets during the season in which the championship meet takes place in order to be eligible for reimbursement. The swimmer must request the reimbursement within eight weeks except for those swimming in the US Open.

A swimmer who does not participate in three New England calendar meets during the short course season may request a waiver for a championship meet during that season only if he/she participates in three New England calendar meets during the long course season. A swimmer who does not participate in three New England calendar meets during the long course season may request a waiver for a championship meet during that season only if he/she participates in three New England calendar meets during the short course season.

All requests for waivers will be considered following the long course season.

REFEREE'S CLINIC: There will be a certification clinic for referees on Wednesday, October 17 at 6:30 p.m. at Hanscom Air Force Base. All participants must be members of United States Swimming and have been certified as a starter for 12 months prior to the clinic. For more information, please contact Jerry Zimmer at 603-673-0676 (home) or 617-377-3138 (office).

The next meeting of the Board of New England Swimming will be on Monday, October 8, 1990 at the Wellesley Community Center at 7 p.m.

MEET CHANGE: The NSC "CB" Meet will be on Sunday, December 16, 1990.

MEET CORRECTION: The EST Sprint meet will be on December 28 and 29; the contact phone is 603-642-3119.

RACING CAMP FOR 9 and 10 YEAR OLDS:

There will be a racing camp for 9 and 10 year olds on October 21, 1990 at Cape Elizabeth High School, Cape Elizabeth, ME. Camp will run from 9 a.m. to 4 p.m. Please bring a lunch. Drinks can be purchased.

Swimmers will receive 4 hours of pool time, broken into two sessions. They also will learn about training terminology, nutrition, leadership skills, National Team Pride, mental and race preparation and safety. Awards will be given to all.

All swimmers will be accepted on a first come basis. You will be notified if you are not accepted. There is no charge for the camp. The camp director will be Ken Oberg (207-775-1554).

DIRECTIONS: From the Maine Turnpike (north or south) take exit 6A (Portland-South Portland) to 295 north to Portland. Get off 295 at exit 6A to Forest Avenue-south to Route 77 (bear right off the exit.) Go through Portland on 77 across the Million Dollar Bridge to South Portland. Continue on 77 to Cape Elizabeth, past CVS and the A & P, both on the right. The pool is at Cape Elizabeth High School in the back (the next right after the stores).

APPLICATION for RACING CAMP, OCTOBER 21, 1990 (due by October 7, 1990):

NAME: _____ BOY _____ GIRL _____

ADDRESS: _____

TELEPHONE: _____ USS NUMBER: _____

TEAM: _____ TEAM COACH: _____

DATE OF BIRTH: _____ AGE: _____

BEST TIMES: (circle distance swim)

100/200 yard individual medley: _____

50/100 yard backstroke : _____

50/100 yard breaststroke : _____

50/100 yard butterfly : _____

50/100 yard freestyle : _____

I attest to the best of my knowledge that these times are correct.

Signature of Parent/Guardian

Please send this application to the camp director by October 7, 1990.

Ken Oberg
55 Austin Street
Portland, ME 04103 207-775-1554

OUTSTANDING SWIMMERS, LONG COURSE--1990:

8 and under

TODD ANDERMAN	BYB	JENNIFER BELCH	NCAC
RANDY BUCKLEY	HHST	MARINA BRAUCH	NCAC
PATRICK FRANZEN	NCAC	ELIZABETH COOPER	ABF
DANNY GRIMES	GMSC	ALISON MESSIER	HHST
JIM SHAUGHNESSY	NEB	DIANA WADDINGTON	UN

9 and 10

IAN CALLANDER	GBSC	ABBY BRETHAUER	MSSC
JON KISSIDA	BGSC	WENDY BROWN	BGSC
KYLE LITTLEFIELD	BGSC	EMILY DEPPE	PWS
KEVIN MULGREW	CAY	KERRIANNE KALBKO	PVAC
MATT RYKKE	PWS	KRISTEN LOZEAU	GMSC
		ALISON VENDT	BGSC

11 and 12

MATT BULTS	GMSC	BETH ELIE	PVAC
ETHAN CROSBY	BGSC	ANNE IACOBUCCI	LRAC
DAVID GREEN	TRAC	AMANDA KIROUAC	GMSC
WILLIAM MAHER	LRAC	TARA PAULAUSKAS	MSSC
SHANE RAYMOND	CCSC	JESSICA TUCKER-MOHL	SSA

13 and 14

MATT GULLEDGE	NEB	AMANDA HALL	BGSC
KYLE LARACY	WSC	MICHELLE LABRIE	SSA
GLEN RICE	SSA	KIRSTIN NAGLE	SSA
ROB RINDONE	BGSC	NICOLE RUTKOWSKI	BGSC
TAL ZAMIR	SAC	JEAN TODISCO	CAY

15 and 16

RAY CAREY	BGSC	SHEILA CONWAY	BGSC
ALEX CUNHA	NEB	LARISSA HEROLD	SSA
CHIP HABERSTROH	NEB	SHEILAH MCCARTHY	BGSC
JEFF LITTLE	NEB	LESLIE REPETTO	BGSC
ANDREW WHITNEY	SSA	JENNY THOMPSON	SSA
ROB WILBY	BGSC		

17 and 18

RAY CAREY	BGSC	SHEILA CONWAY	BGSC
DEAN FREDETTE	SSA	LINA ERIKSSON	BGSC
SEAN GOULDSON	BGSC	HEATHER GIBBONS	BGSC
BRIAN LIVINGSTON	SSA	LYNN KELLEY	BGSC
JIM MCGINNIS	BGSC	JENNY THOMPSON	SSA

OPEN

DAVID BERKOFF	BGSC	SHEILA CONWAY	BGSC
RAY CAREY	BGSC	LARISSA HEROLD	SSA
JAY CRAFT	CSC	LESLIE REPETTO	BGSC
DEAN FREDETTE	SSA	NICOLE RUTKOWSKI	BGSC
SEAN GOULDSON	BGSC	JENNY THOMPSON	SSA

TOP TEN SWIMMERS, LONG COURSE, 1990:

- ABF: Elizabeth Cooper, Kara Brennan
 AAC: Joe Sheehan
- BCSY: Jeff Pike, Michael Griffin
 AMW: Jennifer Hedge
- BPM: Sherri Turner, Bob Parenteau
 ATST: Nicole Duffy
- BAT: Matt Christensen, Courtney Bennigson, Meaghan Murphy
- EGSC: Jennifer Boyd, Jill Hutchinson, Lynn Kelley, Kelly Gouldson, Nicole Rutkowski, Amanda Hall, Kristen Tomec, Heather Gibbons, Sheila Conway, Stacy Duncan, Leslie Repetto, Lauren Conway, Laura Zdyb, Alivia Price, Julie Mitchell, Sheilah McCarthy, Jeni Wheeler, Jessica Zauli, Chaneal Glover, Tory Fleming, Danielle Peluso, Lena Eriksson, Sue Pergola, David Berkoff, Kevin Williams, Sean Gouldson, James Sweeney, Jim McGinnis, Stephen Root, Jeremy Quimby, Ray Carey, Tom Peterson, Mike Carroll, Matt McKay, Rob Wiley, Chris Kovacs, Ray Brown, Mike Tarrantine, Garrick Gauch, Chris Anderson, Mark Craven, Khari Milner, Dustin Foster, Elaine Weingard, Ainhoa Garagalza, Vicki Camelio, Nikke Shire, Dee Callahan, Jodi DeLuca, Diane Flood, Augusto Posado, Julie Dempster, Jen Jackson, Maura Riley, Erin Powers, Bernadette Keane, Jim Thomas, Jesse Klein, Noah Caruso, Andrew Rosen, Ted Mukkerin, Chris Fountain, Craig Peluso, Susan Trainer, Jen Schmid, Julie Mitchell, Allison Hughes, Amy Holt, Ethan Crosby, Mike Kilmurray, Jon Quimby, Richard Casey, Matt Craven, Carl Eriksson, Todd McDermott, Rob Rindone, Mike Scarbo, Lisa Bushnell, Libby Halloran, Jimmy Highes, Jon Kissida, Kyle Littlefield, Erik Vendt, Bryan Juwa, Lindsay Hoban, Alison Vendt, Erika Lazar, Wendy Brown, Jennifer Treficante, Eileen Keane
- BYB: Tyler Virden, Todd Anderman, Aiden Cheney-Lynch, Brian Michalaki, Daniel Bazylewicz, Sarah Cook, Jodie Michalaki
- CAST: Jason Patton, Joey Richards, Joshua Vallee, Mary Beth Wilk, Kelly Hunter, Melissa Solomon, Laura Mowelle, Jeff Richards, Julie Breslin
- CAY: Jean Todisco, Kirsten Watters, Brian Thomas, Fletcher Callahan, Mike Jordan, Jason Gray, Gene Sutherland, Erika Meany, Melissa Sessoms, Kerry Kearn, Kevin Mulgrew, Susan Herrick, Jon Thomas
- CCSC: Ron ZuWallack, David Govoni, Eva Cardoza, Randy ZuWallack, Richard Govoni, Paul Harrington, Bree Harlin, Shane Raymond, Robert Cardoza, Koren Labouliere, Sarah Swain, Kelly Hallett, Sarah Schwartz, Geraldine Gardner, Brian Harrington, Emily Armstrong, Lindsay Sullivan
- CRAB: David Wilkins, Paul Wilson, Marc Broudy, Scott Fraser, Daryl Smith
- CSC: Patty Abt, Jay Craft, Debbie Ramos, Gretchen Sulc, Dan Mackin, Ward Lowe
- EB: John Strom, Jarrod Zwirko
 FRY: Bruce Santos
- EPBC: Liz Kotch, Trina Young, Jen Salamon, Wendy Thorpe, Mindy Craig, Alex Sexsmith, Robbie Lewis
- EST: Keith Getchell, Adam Tisdale, Mark Loranger
- GBSC: Ian Callander, Grancesca Disilvio, Caroline McGinnis
- GMSC: Marc LaFrance, Matt Buhts, Mike Gustafson, Amanda Kirouac, Karri Charpentier, Danny Grimes, Scott Motzka, David Paul, Kristy Martin, Elizabeth Herbert, Kristen Lozeau

- HHST: Wes Brewer, Randy Buckley, Scott Armstrong, Katie Thompson, Alison Messier, Laura Reis
- HRY: Katherine Burrill, Alex Dube
- HYV: Sean Meehan, Katie McLean, Laura Gunn, Matthew Cassidy
- LRAC: Heather Montanaro, Megan Lammon, Chris Holt, Jay Peluso, William Maher, Chris Nerney, Anne Jacobucci, David Vanech, Kimberly HS
- MSSC: Diana Groff, Katie Shaughnessy, Jamie Hood, Elisa Lanciault, Chris Danchik, Spencer Hawkins, Kevin Peterson, Tad Kremen, Justin Pudloski, Mike Shaughnessy, Chris Treadway, Tara Paulauskas, Amy Danchik, Abby Brethauer, Kerry Dobe, Laura Kott, Leslie Hall, Nick Groff, Trisha Paulauskas
- MVP: Missy Schofield, Kurt Leslie, Wendy Mooney, Matt Liberty, Kristen Perreault, Diana Liberty, Kevin Riley, Daniel O'Neill
- NNB: Michelle McWeeney, Colleen Lynch NASY: Paul Sullivan
- NCAC: Cory Murphy, Jon Lacey, Sue Kresel, Stefan Straka, Jon Kresel, Josh Pristaw, Patrick Franzen, Joshua Kresel, Paul Schned, Marina Brauch, Jennifer Belch, Laura Schned
- NEB: Wendy Rowe, Donna Guglielmi, Britt Gerineder, Amy Storer, Matt Culledge, Steve Korbly, Brian Fehlau, Chip Haberstroh, Alex Cunha, Rick Osterberg, Justin Piasecki, Jeff Little, Jeff Patterson, Linda Kuntz, Colin Greineder, Andrea Slate, Chrissy Riley, Jim Shaughnessy, Suzy Riley
- NWSC: Jennifer Burns, Charles Donahue, Jen Kusner, Josh Donahue, Peter Cairns
- PVAC: Chris Agnew, Keith McFarland, Paul Mikuszewski, Terri Stewart, Melissa Harms, Amy Mikuszewski, Zeb Jenkins, Jerome Leblie, Dan Webster, Matt Pentland, Beth Elie, Meghan Perry-Eaton, Kerrienne Kalbko, Kendall Gon-salves
- OSA: Chris Graefe, Kari Kleinburd, Brooke Darcy, Michaela Thompson
- PWS: Matt Rykken, Nolan Fredericks, Josh Friz, Emily Deppe
- SAC: Eric Sassaman, Kristan Gately, Kristen Chappelle, Lisa Trombini, Chris Antonetti, Carmen Trombini, Rachael Quebec, Anne Behrens, Chris Borgatti, Brendan Greaves, Paul Sassaman, Tal Zamir, Amy Mullen, Erin Gately
- SSA: Jenny Thompson, Larissa Herold, Allison Hardy, Tara McGarr, Tasha Johns, Brittany Wilson, Caroline Palmer, Kristen Nagle, Alison Klinakis, Steve Carroll, Zan Karn, Dean Gredette, Eric Loranger, Fritz Bedford, Brian Livingston, Andrew Whitney, Mark Disalvo, Jason Seaver, Jerry Bailey, Eric Jones, Amy Palmer, Dan Bailey, Lauren Calderone, Debby Palmer, Hannah Edgcomb, Todd Whitford, Brian Herrick, Jamâ Corbett, Nate Curry, Jeff Hertzog, Lea Delicio, Karna Lorhammer, Michelle Labrie, Kristen Nagle, Glen Rice, Mike Lewis, Brad Mancini, Mike O'Connor, Jessica Tucker-Mohl, Kelly Gittlein, Kelly Flynn, Heather Pierce, Darren Johnson, Tony TenHaagen, David Lewis
- SSS: David Cangiano, James Keyes, Niki Seidman, Chantal Menard, Meredith Curley, Erin Murphy
- SST: Matthew Gagne, Angela Caprigno

TRAC: Jenn Saunders, Jen Kraskauskas, Heather Saunders,
Sean Macomber, Jason Faulconer, David Green, Ryan Foster, Josh Flati,
Kerner Smith, Becky Gottlieb

UN: Felicia Sexsmith, Roro Delao, Peter Cadwell, Wayne Snellgrove, Alicia
Keenan, Rachel Enos, Todd Westhaus, Marshall Muir, Joseph Steele, Di-
ana Waddington Shelley Pulling

WSC: Jordan Barnes, Jeff Grady, Jason Lantz, Michael Lantz, Kyle Laracy,
Ryan Parkinson, Shana Kirby, Peter Tawczynski, Brendan Laracy, Nathan
Usher, Erin Swallow

CONGRATULATIONS to the swimmers who participated in the USS LONG COURSE NATIONALS:

Swimming in FINALS were:

JENNY THOMPSON (SSA)	who won the 50 meter freestyle.	
JENNIFER BOYD (BGSC)		
DAVID BERKOFF (BGSC)		RAYMOND CAREY (BGSC)

Swimming in CONSOLATIONS were:

SHEILA CONWAY (BGSC)	SHEILAH MCCARTHY (BGSC)
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Also swimming in individual events were:

PATTY ABT (CSC)	HEATHER GIBBONS (BGSC)
LARISSA HEROLD (SSA)	KEVIN WILLIAMS (BGSC)
STACY DUNCAN (BGSC)	SEAN GOULDSON (BGSC)
ERIC JONES (SSA)	TOM PETERSON (BGSC)
STEVEN CARROLL (SSA)	GARRICK GAUCH (BGSC)

CONCRATULATIONS to the swimmers who participated in the USS LONG COURSE JUNIOR
OLYMPICS.

Swimming in FINALS were:

LESLIE REPETTO (BGSC)	who won the 100 meter breaststroke.
JEAN TOBISCO (CAY)	NICOLE RUTKOWSKI (BGSC)

Swimming in CONSOLATIONS were:

JIM MCGINNIS (BGSC)	ALISON KLINAKIS (SSA)
MATT MCKAY (BGSC)	

also swimming in individual events were:

MARK DISALVO (SSA)	CHRIS ANDERSON (BGSC)
ANDREW WHITNEY (SSA)	ROB WILEY (BGSC)
CHIP HABERSTROH (NEB)	AMANDA HALL (BGSC)
ALEX CUNHA (NEB)	LIZ KOTCH (EPBC)
BRITT GREINER (NEB)	JENI WHEELER (BGSC)
DIANA GROFF (MSSC)	HEATHER MONTANARO (LRAC)

ASSISTANT COACH WANTED: For Triton Aquatic Club, Westboro, MA.. Call 508-366-4420.

REIMBURSEMENT--LONG COURSE, 1990

SENIOR NATIONALS:	3 meets?	top 16?	requested?	approved?	paid?
BGSC:					
David Berkoff	yes	yes	yes	9/90	
Jennifer Boyd		yes			
Ray Carey		yes			
Sheila Conway	yes	yes	yes	9/90	
Stacy Duncan	yes	no	yes	9/90	
Heather Gibbons		no			
Garrick Gauch	yes	no	yes	9/90	
Sean Gouldson	yes	no	yes	9/90	
Sheilah McCarthy	yes	yes	yes	9/90	
Tom Peterson	yes	no	yes	9/90	
Kevin Peterson		no			
SSA:					
Jenny Thompson	yes	yes	yes		
Larissa Herold	yes	no	yes		
Eric Jones	yes	no	yes		
Steve Carroll	yes	no	yes		
CSC: Patty Abt					
		no			
JUNIOR NATIONALS:					
CAY: Jean Todisco	yes	yes	yes	9/90	150
MSSC: Diana Groff	yes	no	yes	9/90	100
NCAC: Cory Murphy	yes	no	yes		
NEB:					
Alex Cunha	yes	no	yes	9/90	100
Britt Greneder	yes	no	yes	9/90	100
Chip Haberstroh	yes	no	yes	9/90	100
BGSC:					
Leslie Repetto		yes			
Jim McGinnis		yes			
Matt McKay		yes			
Chris Anderson		no			
Rob Wiley		no			
Amanda Hall		no			
Jeni Wheeler		no			
SSA: Alison Klinakis					
	yes	yes	yes		
Mark Disalvo	yes	no	yes		
Andrew Whitney	yes	no	yes		
EPBC: Liz Kotch					
		no			
LRAC: Heather Montanaro	yes	no	yes		
Request for waiver from Short Course*:					
CCSC: Ron ZuWallack	*	no	yes	9/90	200

* Ron's request for waiver stated that he attended three meets during the year.



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

OCTOBER 1990

IN THIS ISSUE: NEW ENGLAND SWIMMING CUTS FOR SENIOR CHAMPIONSHIPS, AGE GROUP CHAMPIONSHIPS, EIGHT AND UNDER CHAMPIONSHIPS, SILVER CLASSIC, BRONZE CLASSIC; "A" AND "B" TIMES FOR EIGHT AND UNDERS; LIABILITY OF SAFETY MARSHALS; OVC'S FOR HIGH SCHOOL TIMES; USS CUTS FOR SENIOR NATIONALS, JUNIOR NATIONALS, AND OLYMPIC TRIALS.....

CONGRATULATIONS to: AMY PARRATTO (SSA) who has been appointed as the new Junior Coach Representative
STEVE KORBLY (NEB) who has been named as the new Junior Athlete Representative

CONTRATULATIONS to the following officers who were elected at the Annual Meeting for a term of one year:

CHAIRMAN	:	ROBERT FREDETTE
VICE CHAIRMAN	:	JAMES KRESEL
TREASURER	:	FRANK TARANTINO
SECRETARY	:	DONNA BROWN
SENIOR CHAIRMAN	:	MIKE PARRATTO
AGE GROUP CHAIRMAN:		MARC ALLEN

Our apologies to: CORY MURPHY (NCAC) who attended Junior Nationals and was omitted from the list published in the last newsletter
IAN DOHERTY (BYB) who was misidentified in the list of Top Ten Swimmers

The next meeting of the Board of New England Swimming will be on Monday, November 12, 1990 at 7 p.m. at the Wellesley Community Center, Wellesley, MA.

COACHES-----HIGH SCHOOL SWIMMERS-----PARENTS-----WHOEVER!!!!

If you have any swimmer that you feel will accomplish at least the following times (Junior National/Senior National times) during a championship, sectional or state high school meet:

EVENT	WOMEN	MEN
50 Free	24.79	21.79
100 Free	53.19	47.39
200 Free	1:54.49	1:43.09
500 Free	5:09.79	4:40.39
100 Back	1:00.29	54.19
100 Breast	1:07.79	59.69
100 Fly	58.59	51.99
200 IM	2:09.99	1:56.59

and would like to have the times verified, please comply with the current national verification ruling pertaining to high school swimming as follows:

Official times achieved by United States Swimming athlete members in National Federation High School swim meets during the 1990-91 short course season will be acceptable for Official Verification Certification (OVC) and USS Times-of-Record consideration only if all of the following conditions are met:

1. The meet must be a Championship meet (League, Conference, District, Sectional, Regional and State Meet); or a meet specifically approved for OVC observation by Programs Operations.
2. Request for USS certification of times must be made to the LSC at least ten (10) days prior to the meet.
3. USS observers will be assigned or approved by the LSC and must be certified Stroke and Turn Officials.
4. The USS observers present at the meet must be notified, prior to the start of competition, of the individual swims for which certification will be requested.
5. At least one USS observer MUST be present on the deck at each end of the pool to verify compliance of the swim with USS Rules.

Compliance with the USS forward start rules and USS meet approval requirements shall be waived for high school meets that qualify for the 1990-91 season.

Contact me at (508) 692-6331 between 9:00 a.m. and 3:00 p.m. or at (508) 692-8797 after 5:30 p.m. NOTE: Please have the names and phone numbers of the two stroke and turn people that will be present at the meet for which you may need an OVC.

If I do not have prior notice and a swimmer makes a time, I will not be able to write an OVC for the swim.

Sally Shix, New England OVC Chairman

1991 NEW ENGLAND SENIOR CHAMPIONSHIP CUTS

WOMEN

MEN

<u>yards</u>	<u>meters</u>	<u>event</u>	<u>yards</u>	<u>meters</u>
25.99	29.99	50 free	22.99	26.99
56.49	1:04.29	100 free	50.99	59.09
2:00.99	2:16.99	200 free	1:50.59	2:08.29
5:22.99	4:47.49	500/400 free	4:59.89	4:33.09
11:17.99	10:05.99	1000/800 free	10:29.99	9:39.99
19:04.09	19:29.99	1650/1500 free	17:59.99	18:39.99
1:05.99	1:14.89	100 back	59.99	1:09.19
2:21.39	2:40.79	200 back	2:10.99	2:34.79
1:13.69	1:26.29	100 breast	1:05.49	1:15.99
2:40.29	3:03.29	200 breast	2:25.09	2:49.29
1:02.99	1:10.49	100 fly	56.09	1:04.79
2:19.99	2:38.19	200 fly	2:08.99	2:25.89
2:19.69	2:38.99	200 IM	2:06.79	2:24.79
4:59.99	5:37.99	400 IM	4:34.19	5:19.99

All times must be achieved after September 1, 1990 except the 800 and 1500 meter and 1000 and 1650 yard freestyle times which must be achieved after May 1, 1990.

NEW ENGLAND SWIMMING--EIGHT and UNDER "A" and "B" STANDARDS

GIRLS		BOYS		EVENT	GIRLS		BOYS	
"A" TIME	Yards (Meters)	"B" TIME	Yards (Meters)		"A" TIME	Yards (Meters)	"B" TIME	Yards (Meters)
16.99 (--)	18.29 (--)	25 free	17.79 (--)	21.09 (--)				
37.99 (45.89)	42.39 (57.59)	50 free	39.99 (47.69)	48.19 (--)				
1:27.59 (1:49.99)	1:38.39 (2:06.89)	100 free	1:31.19 (1:48.99)	1:53.79 (2:10.99)				
20.59 (--)	23.29 (--)	25 back	22.79 (--)	26.79 (--)				
46.69 (58.99)	51.59 (1:08.39)	50 back	51.59 (1:00.49)	59.99 (1:10.19)				
21.89 (--)	24.39 (--)	25 breast	23.49 (--)	28.89 (--)				
49.99 (59.09)	56.09 (1:15.29)	50 breast	53.19 (1:03.29)	1:03.29 (1:16.69)				
19.59 (--)	22.99 (--)	25 fly	23.09 (--)	27.29 (--)				
48.89 (1:03.99)	1:00.79 (1:15.59)	50 fly	55.69 (1:11.49)	1:09.39 (1:18.59)				
1:38.79 (--)	1:48.99 (--)	100 I.M.	1:46.89 (1: --)	1:58.79 (--)				

aqcut91

1991 AGE GROUP CHAMPIONSHIPS TIMES

FEMALE

MALE

FEMALE		8 AND UNDER	MALE	
LC Meters	Yards		LC Meters	Yards
AGC	AGC		AGC	AGC
CUT	CUT		CUT	CUT
---	---		---	---
	18.29	25 Freestyle		19.39
46.39	42.39	50 Freestyle	47.29	42.49
1.52.69	1.38.39	100 Freestyle	1.51.99	1.40.49
	23.39	25 Backstroke		23.59
1.00.59	51.59	50 Backstroke	1.01.69	54.09
	24.39	25 Breaststroke		26.69
1.05.69	56.09	50 Breaststroke	1.06.19	1.00.59
	22.99	25 Butterfly		24.39
1.03.49	1.00.79	50 Butterfly	1.14.28	1.09.39
	1.48.99	100 Individual Medley		1.58.79

NOTE: THESE YARD TIMES ARE FOR 8 & UNDER CHAMPIONSHIPS ONLY.
DIFFERENT TIMES MAY BE USED FOR 8 & UNDERS AT LC AGE GROUP CHAMPS

NEW ENGLAND SWIMMING OFFICE

Mary Riddell
20 Cleveland Road
Needham, MA 02192

617-449-0270

Telephone Hours: Monday : 8:00 a.m.-- 2:00 p.m.
7:30 p.m.--10:30 p.m.

Thursday: 8:00 a.m.-- 2:00 p.m.

1991 AGC and SILVER CLASSIC CUTS

FEMALE			10 AND UNDER	MALE		
L.C. Meters	- YARDS -			L.C. Meters	- YARDS -	
AGC CUT	AGC CUT	SILVER CUT		AGC CUT	AGC CUT	SILVER CUT
36.49	32.29	34.99	50 Freestyle	37.29	31.99	34.99
1.22.49	1.11.19	1.17.99	100 Freestyle	1.25.39	1.10.69	1.17.99
3.00.99	2.36.19	2.53.79	200 Freestyle	3.04.99	2.36.19	2.53.09
44.99	38.29	41.99	50 Backstroke	45.99	39.99	43.39
1.36.99	1.24.99	1.34.99	100 Backstroke	1.40.99	1.26.19	1.34.79
49.99	42.69	47.69	50 Breaststroke	51.39	44.19	47.59
1.49.99	1.34.39	1.46.09	100 Breaststroke	1.53.99	1.36.99	1.45.19
42.79	36.89	41.49	50 Butterfly	45.99	37.19	42.29
1.45.89	1.26.49	1.38.99	100 Butterfly	1.49.99	1.31.49	1.38.99
	1.21.99	1.29.99	100 Individual Medley		1.21.99	1.29.99
3.23.49	2.56.99	3.20.59	200 Individual Medley	3.31.99	2.59.99	3.18.09

BRONZE CLASSIC CUTS ARE FOR 9-10 YEAR OLDS WHILE THE SILVER CLASSIC CUTS ARE FOR 10 & UNDERS

			11 - 12 's			
L.C. Meters	- YARDS -			L.C. Meters	- YARDS -	
AGC CUT	AGC CUT	SILVER CUT		AGC CUT	AGC CUT	SILVER CUT
32.79	28.79	30.49	50 Freestyle	33.19	28.89	30.99
1.11.99	1.02.99	1.06.59	100 Freestyle	1.13.79	1.03.19	1.08.49
2.34.19	2.14.79	2.22.29	200 Freestyle	2.39.99	2.17.29	2.28.79
5.20.89	5.56.79	6.37.19	400/500 Freestyle	5.39.99	6.08.29	6.36.49
38.99	34.49	36.99	50 Backstroke	40.99	35.49	36.59
1.24.29	1.14.29	1.18.99	100 Backstroke	1.29.99	1.16.99	1.19.09
43.69	37.59	40.99	50 Breaststroke	45.99	38.39	40.59
1.35.29	1.21.89	1.27.79	100 Breaststroke	1.41.89	1.24.89	1.27.99
36.19	31.99	34.49	50 Butterfly	38.99	32.79	34.49
1.23.99	1.11.99	1.17.99	100 Butterfly	1.32.09	1.15.69	1.19.99
	1.12.19	1.18.49	100 Individual Medley		1.12.79	1.18.89
2.56.99	2.34.99	2.42.79	200 Individual Medley	3.04.49	2.38.09	2.51.29

1991 AGC and SILVER CLASSIC CUTS

L.C.			13 - 14 's	L.C.		
Meters	- YARDS -			Meters	- YARDS -	
AGC CUT	AGC CUT	SILVER CUT		AGC CUT	AGC CUT	SILVER CUT
30.89	27.19	28.89	50 Freestyle	29.99	25.69	28.29
1.07.79	58.99	1.02.59	100 Freestyle	1.05.29	55.59	59.99
2.25.49	2.07.09	2.14.69	200 Freestyle	2.21.09	2.01.99	2.15.39
5.05.49	5.38.99	6.01.99	400/ 500 Freestyle	4.56.99	5.30.99	5.59.79
10.40.09	11.45.99		800/1000 Freestyle	10.31.39	11.17.79	
19.38.19	19.11.69		1500/1650 Freestyle (auto)	19.07.89	18.40.29	
20.12.49	19.49.59		1500/1650 Freestyle (consid)	20.18.59	19.39.49	
1.20.99	1.10.09	1.14.99	100 Backstroke	1.18.99	1.07.99	1.12.39
2.54.69	2.28.99	2.43.39	200 Backstroke	2.50.09	2.25.69	2.36.69
1.30.49	1.17.59	1.24.09	100 Breaststroke	1.26.19	1.13.29	1.20.59
3.13.29	2.49.29	3.04.49	200 Breaststroke	3.09.99	2.41.99	2.54.79
1.16.49	1.07.49	1.13.69	100 Butterfly	1.15.09	1.03.99	1.09.79
2.56.99	2.34.99	2.42.99	200 Butterfly	2.53.99	2.31.99	2.40.99
2.44.59	2.25.79	2.34.89	200 Individual Medley	2.40.99	2.21.39	2.33.99
5.56.99	5.08.99	5.47.99	400 Individual Medley	5.44.99	5.06.29	5.35.79
15 - 18 's						
30.19	26.39	28.09	50 Freestyle	27.59	23.99	25.49
1.05.59	57.59	1.01.09	100 Freestyle	59.49	52.29	55.19
2.20.69	2.03.99	2.14.79	200 Freestyle	2.10.19	1.53.69	2.07.09
4.58.79	5.32.99	6.17.09	400/ 500 Freestyle	4.40.89	5.06.39	5.50.39
10.33.69	11.40.99		800/1000 Freestyle	10.07.49	10.50.39	
19.03.29	18.50.19		1500/1650 Freestyle (auto)	18.11.09	18.07.39	
20.02.59	19.43.39		1500/1650 Freestyle (consid)	19.38.49	18.55.69	
1.18.09	1.07.99	1.14.99	100 Backstroke	1.11.99	1.03.09	1.08.79
2.48.99	2.26.49	2.42.39	200 Backstroke	2.37.99	2.15.99	2.28.79
1.28.39	1.15.99	1.23.99	100 Breaststroke	1.18.99	1.08.49	1.12.99
3.11.99	2.43.59	3.02.99	200 Breaststroke	2.56.49	2.29.29	2.46.29
1.12.99	1.04.19	1.13.09	100 Butterfly	1.06.99	58.99	1.05.99
2.48.99	2.24.09	2.39.59	200 Butterfly	2.40.19	2.18.39	2.26.19
2.41.99	2.23.09	2.32.99	200 Individual Medley	2.27.79	2.10.49	2.18.89
5.45.99	5.04.49	5.45.79	400 Individual Medley	5.24.89	4.46.09	5.17.49

All times must be achieved after September 1, 1990 with the exception of 800 /1,500 freestyles which may be achieved after May 1, 1990.

BRONZE CLASSIC TIMES: Cuts are .01 slower than minimum time requirement for Silver C

SILVER CLASSIC- Seniors .01 secs off Senior Cut up to Silver cut-off on 15-18 age gr

**1991 SPRING SENIOR NATIONAL CHAMPIONSHIP
TIME STANDARDS**

WOMEN			EVENT DESCRIPTION	MEN		
SCY	SCM	LC		SCY	SCM	LC
23.99	26.69	27.29	50 FREE	20.99	23.19	23.89
51.69	56.89	58.49	100 FREE	45.59	50.29	51.99
1:51.39	2:02.79	2:05.59	200 FREE	1:40.49	1:51.29	1:53.29
4:54.19	4:14.09	4:23.09	400/500 FREE	4:32.39	3:55.79	4:02.59
10:03.19	8:45.19	8:56.79	800/1000 FREE	9:24.09	8:13.59	8:20.59
16:54.09	16:43.19	17:11.89	1500/1650 FREE	15:45.39	15:27.99	16:01.89
58.69	1:04.49	1:06.09	100 BACK	52.49	58.49	59.39
2:04.99	2:18.59	2:21.59	200 BACK	1:53.09	2:05.59	2:07.49
1:05.59	1:13.19	1:15.29	100 BREAST	57.59	1:03.99	1:05.79
2:21.39	2:38.19	2:42.89	200 BREAST	2:05.09	2:20.29	2:24.09
57.09	1:02.79	1:03.89	100 FLY	50.29	55.09	56.29
2:04.29	2:16.59	2:19.29	200 FLY	1:50.79	2:01.29	2:04.69
2:06.19	2:19.19	2:22.69	200 INDIV MEDLEY	1:53.29	2:05.19	2:06.79
4:27.49	4:55.39	5:03.69	400 INDIV MEDLEY	4:02.09	4:26.19	4:34.49
3:35.59	4:01.19	4:03.49	400 FREE RELAY	3:07.69	3:28.59	3:36.79
7:43.49	8:38.09	8:46.09	800 FREE RELAY	6:58.69	7:45.79	7:53.79
3:59.69	4:27.09	4:31.19	400 MEDLEY RELAY	3:31.29	3:56.09	3:58.59

**1991 JUNIOR NATIONAL CHAMPIONSHIP
TIME STANDARDS**

WOMEN			EVENT DESCRIPTION	MEN		
SCY	SCM	LC		SCY	SCM	LC
24.79	27.59	27.89	50 FREE	21.79	24.09	24.89
53.19	58.59	1:00.29	100 FREE	47.39	52.29	54.29
1:54.49	2:06.19	2:09.69	200 FREE	1:43.09	1:54.19	1:58.29
5:03.79	4:22.29	4:31.29	400/500 FREE	4:40.39	4:02.79	4:11.29
10:24.09	9:03.39	9:15.39	800/1000 FREE	9:41.69	8:28.99	8:40.79
17:28.79	17:17.49	17:48.79	1500/1650 FREE	16:15.09	15:57.19	16:43.29
1:00.29	1:06.19	1:08.79	100 BACK	54.19	1:00.39	1:02.39
2:09.59	2:23.69	2:27.59	200 BACK	1:56.99	2:09.99	2:15.39
1:07.79	1:15.69	1:17.89	100 BREAST	59.69	1:06.29	1:08.99
2:26.59	2:43.99	2:48.29	200 BREAST	2:11.19	2:27.09	2:30.39
58.59	1:04.39	1:06.19	100 FLY	51.99	56.99	58.69
2:08.69	2:21.49	2:25.89	200 FLY	1:55.69	2:06.59	2:11.39
2:09.99	2:23.39	2:27.79	200 INDIV MEDLEY	1:56.59	2:08.89	2:13.59
4:35.09	5:03.39	5:11.79	400 INDIV MEDLEY	4:10.29	4:37.09	4:45.49
3:38.59	4:04.59	4:08.69	400 FREE RELAY	3:14.19	3:35.89	3:42.59
7:50.79	8:46.29	8:56.29	800 FREE RELAY	7:06.49	7:54.19	8:07.49
4:04.49	4:32.49	4:37.99	400 MEDLEY RELAY	3:36.09	4:01.49	4:08.89

Qualifying Period: July 29, 1990 through Entry Deadline

Times from the Goodwill Games and Olympic Festival may also be used.

**1992 OLYMPIC TRIAL SPRING/SENIOR NATIONAL
TIME STANDARDS**

Qualifying Period: July 20, 1990 through Entry Deadline

WOMEN			EVENT DESCRIPTION	MEN		
SGY	SCM	LC		SGY	SCM	LC
23.29	25.99	26.89	50 FREE	20.09	22.19	23.49
50.09	55.19	57.69	100 FREE	43.89	48.49	51.39
1:48.29	1:59.39	2:03.89	200 FREE	1:36.49	1:46.89	1:52.49
4:46.39	4:07.29	4:19.79	400/500 FREE	4:21.89	3:46.69	3:58.69
9:51.99	8:35.49	8:50.49	800/1000 FREE	9:17.99	8:08.19	8:20.59
16:39.59	16:28.79	16:55.49	1500/1650 FREE	15:11.69	14:54.99	15:47.49
56.69	1:02.29	1:05.29	100 BACK	49.79	55.49	58.59
2:01.29	2:14.49	2:19.49	200 BACK	1:48.69	2:00.79	2:05.69
1:03.29	1:10.69	1:13.19	100 BREAST	55.09	1:01.19	1:04.69
2:15.89	2:31.99	2:36.99	200 BREAST	1:58.79	2:13.19	2:20.79
54.89	1:00.39	1:02.99	100 FLY	48.29	52.99	55.59
2:00.09	2:11.99	2:16.89	200 FLY	1:47.09	1:57.19	2:03.19
2:02.49	2:15.09	2:21.29	200 INDIV MEDLEY	1:47.89	1:59.29	2:06.99
4:19.49	4:49.19	4:56.99	400 INDIV MEDLEY	3:52.39	4:17.29	4:29.39

**1991 SUMMER SENIOR NATIONAL CHAMPIONSHIP
TIME STANDARDS**

WOMEN			EVENT DESCRIPTION	MEN		
SGY	SCM	LC		SGY	SCM	LC
23.69	26.39	27.09	50 FREE	20.49	22.69	23.79
51.09	56.29	58.19	100 FREE	44.79	49.39	51.89
1:50.19	2:01.39	2:04.79	200 FREE	1:37.89	1:48.39	1:53.29
4:51.29	4:11.49	4:21.09	400/500 FREE	4:25.39	3:49.79	4:00.89
9:58.99	8:41.59	8:56.79	800/1000 FREE	9:17.99	8:08.19	8:20.59
16:39.59	16:28.79	16:55.49	1500/1650 FREE	15:24.49	15:07.49	15:57.19
58.09	1:03.79	1:05.59	100 BACK	50.89	56.69	58.69
2:03.89	2:17.29	2:19.99	200 BACK	1:50.69	2:02.99	2:05.99
1:04.09	1:11.59	1:14.29	100 BREAST	56.19	1:02.39	1:05.49
2:17.19	2:33.49	2:39.89	200 BREAST	2:02.39	2:17.29	2:20.99
56.39	1:01.99	1:03.39	100 FLY	49.19	53.89	56.09
2:02.99	2:15.19	2:17.89	200 FLY	1:48.79	1:59.09	2:04.39
2:04.49	2:17.39	2:22.59	200 INDIV MEDLEY	1:50.09	2:01.69	2:08.59
4:24.39	4:51.59	4:59.29	400 INDIV MEDLEY	3:57.79	4:23.29	4:33.19
3:33.59	3:58.89	4:03.49	400 FREE RELAY	3:06.49	3:27.29	3:36.79
7:42.59	8:37.09	8:46.09	800 FREE RELAY	6:52.59	7:38.79	7:53.79
3:58.59	4:25.89	4:31.19	400 MEDLEY RELAY	3:28.29	3:52.69	3:58.59

Qualifying Period: July 29, 1990 through Entry Deadline.

Times from the Goodwill Games and Olympic Festival may also be used.

Liability of Safety Marshals

To avoid any misunderstanding regarding the individual liability of meet marshals, try to relate it to your everyday life.

To be a U.S. Swimming Safety Marshal, acting as an agent for and on behalf of United States Swimming, is no different than the circumstance where you are an employee or agent acting in behalf of your employer within the scope of your duties as such.

If you are negligent in the discharge of your duties as an employee-agent, not only are you individually liable but so also is your employer. Your negligence is imputed to your employer.

But that is what insurance is for. Your employer carries liability insurance to protect him and you, just as United States Swimming carries liability insurance to protect it and you.

Do not let the emphasis on safety (which is nothing more than "risk management") paralyze you in the performance of your duties or interfere with the enjoyable avocation of being an official dedicated to one of the very best of amateur sports - no more than you would seriously think of giving up your job just because of the possibility of being negligent in performing it.

Do what you've always done, but perform it with safety awareness. In other words, just be actively aware of the risks associated with running a swim meet (and there aren't any more now than there always have been), and do not hesitate to do something about those you see.

The elements of tort liability are simple:

1. **Duty.** We in United States Swimming are obliged to provide as safe an environment for the conduct of our sport as we possibly can.

Example: If you, as safety marshal, see swimmers jumping on top of each other in the warm-up lanes, it is your duty to stop it.

Example: While driving an automobile while your duties as an employee on your employer's business, you have a duty to obey traffic laws.

2. **Breach of that duty.** If you breach your duty you have taken the second step toward liability.

Example: You ignore the swimmers.

Example: You run a stop sign.

3. **Proximate cause.** If the fact that you breached your duty results in injuries to another (i.e., it is the "proximate cause" of the injury), then liability for those injuries attach.

Example: A swimmer is injured because another swimmer in the lane(s) for which you are responsible as safety marshal dives on top of him.

Example: Your vehicle rams another in the intersection.

4. **Damages.** Swimmers may violate the warm-up rules all day, and people may run stop signs all day, and there may be little or no damage to person or property, but whatever it is, you and United States Swimming, or you and your employer, are responsible for it.

Remember that despite all the paper, and all the education, and all the shouting, and all the instruction, there will always be people who disobey the rules, just as there are hundreds of people running stop signs throughout this country as you read this Memorandum.

The law does not require you to do more than a prudent person can do to ensure safety, and if what you've done is reasonable under the circumstances and about as best as can be done - that is as good a defense as any.

As a USS official, acting for and on behalf of United States Swimming, you are fully insured under our current policies on liability and will be fully defended without cost to you.

Barnard J. Favaro, USS General Counsel

July 15, 1990

SEED CARDS: Seed Cards are available through the New England Office. The cost for plain cards is \$20.50 per thousand, including mailing. If the cards are picked up in Needham, the cost is \$18.00 per thousand. There is no minimum, and the cards may be split any way between boys and girls.

If you want initials on the cards, the price for 1,000 cards is \$28.00, including mailing. If the cards are picked up in Needham, the cost is \$25.50. If you want 2,000 or more cards with initials, the cost is \$23.50 per thousand, including mailing, or \$21.00 per thousand if the cards are picked up in Needham. The minimum order for cards with initials is 1,000 cards.

NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to NEWSLETTER PLUS. Subscriptions may be ordered through the New England office for \$10.00 per year. Clubs do not have an expiration date on their labels since all registered clubs receive one free subscription with their registration.



**United States Swimming
New England**

20 Cleveland Road Needham, MA 02192

FIRST CLASS



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

NOVEMBER 1990

IN THIS ISSUE: RECORD BREAKING SWIMS FOR LONG COURSE AND SHORT COURSE;
PROPOSED CALENDAR FOR LONG COURSE, 1991; BID FORM;
OFFICIALS CLINICS; NEW CLUBS; FOUR-FOOT POOL DEPTH;
TECHNICAL COMMITTEE REPORT; TOM JAGER CLINIC; TOP TEN
BANQUET; NEW BOARD MEMBERS; INSURANCE INFO.....

OUTSTANDING SWIMMERS:

Our apologies to **KATIE THOMPSON** (HHST, 8 and under GIRLS) and
RON ZOWALLACK (CCSC, OPEN MEN) who should have
been listed as Long Course, Outstanding Swimmers.

BOARD MEMBERS:

At the November meeting of the New England Swimming Board, the following appointments were made to the Board:

ROY COATES	Technical Chairman
MARY RIDDELL	Registration
JOHN JOHANESSEN	Officials
BILL WHITMAN	Officials Assistant
ISABELLE FRASER	Sanction Chairman, Zones
PRISCILLA DAVIS	Safety Officer
GERARD ZIMMER	Evaluations
GLENN HERRICK	Senior Assistant
MAUREEN DEVITO	Age Group Assistant
KEVIN SALISBURY	ASCA Representative
KEN OBERG	Camps
KEN CUNHA	Swim-a-thon
ALAN LIVINGSTON	At large
BRUCE MOHL	At large

The **REVIEW BOARD** will include: Priscilla Davis, chairman
Isabelle Fraser, vice chairman
Mary Riddell, secretary
Bruce Mohl
Frank Tarantino

The next meeting of the Board of New England Swimming will be on Monday,
December 10, 1990 at the Wellesley Community Center, Wellesley, MA.

NOTES FROM THE TECHNICAL COMMITTEE:

The Technical Committee met on September 29, 1990. The following recommendations were made by the committee and approved by the Board of New England Swimming at its October meeting.

AGE GROUP CHAMPIONSHIPS: In March of 1992, there will be a 10 and under championship meet for 8 and unders and 9 and 10's. Age Groups will include timed finals for 11 and 12 swimmers and trials and finals for 13 and 14 and 15 and 16 swimmers.

RELAYS AT CHAMPIONSHIPS: Relays at Age Groups will continue to be at the end of the morning session; relays at Seniors will continue to be at the end of the finals (evening) session. The restrictions on relays that were in effect this summer will continue during the short course season.

NATIONAL SWIMMERS: In a effort to give more recognition to our New England Swimmers who qualify for national championships, a special pin is being designed which will be given to all swimmers who swim individual events at Junior Nationals and/or Senior Nationals. In order to encourage unity among the New England Swimmers at Junior Nationals, a block of rooms will be reserved at a hotel near the pool. New England teams who wish to reserve rooms at this hotel may do so. In addition a New England dinner will be organized for all New England Swimmers who wish to attend.

TIME TRIALS/DUAL MEETS: In order to be used to qualify for New England championship and classic meets, the following rules must be followed:

All dual meets and time trials (other than regularly scheduled league meets) must be sanctioned before December 31. Time trials/dual meets must have a minimum of two teams and at least five swimmers from each team. Results must be typed, signed by the referee and sent to the New England Swimming office.

SUMMER ZONE MEET:

The 1990 Summer Zone Meet in Fairfax, Virginia at the Oak Marr Recreation Center was an enjoyable experience. Sixty-one swimmers from New England entered the meet--54 showed up ready to swim. We had a number of swimmers qualify for finals. This is a national level meet for our younger swimmers. Some of you did very well. This is a sport, and you have to accept what happens and get up again for the next event. In general we were happy with our swimmers, their attitudes and team enthusiasm. Our pink shirts were popular with the other teams. We had many compliments about our uniforms.

Hopefully, if Potomac Valley hosts this again, we will have more interest from older swimmers. The cuts will change as five heats per event is what the zone would like to see. We coaches would like to thank all those who helped time and made the meet run smoothly. A special thanks to Bill Vendt (BGSC), Beth Corwin (PWS) and Moe O'Connell (PVAC) for their extra help.

Isabelle Fraser, PVAC
Jon Luby, MSSC

PROPOSED NEW ENGLAND CALENDAR FOR LONG COURSE 1991:

MAY

- 4--5 : Specialty/dual meets
- 11--12: Specialty/dual meets
- 18--19: Specialty/dual meets
- 25--26: Team Specialty/specialty

JUNE

- 1--2 : B meet C meet
- 8--9 : A meet B meet
- 15--16: C meet
- 22--23: B meet Team Specialty
- 29--30: A meet

JULY

- 4-5 6--7 : C meet
- 9--11: US Olympic Festival, Los Angeles, CA
- 17-19 13--14: Age Group and Senior Qualifier
- 15--21: World University Games, Sheffield, England
- 23-24 20--21: New England Seniors BC End of Season Meet
- 30-2 27--28: New England Age Groups

26-1 - Olympics Barcelona

AUGUST

- 2--6 : US Junior Nationals, Tuscaloosa, Alabama 7-11 Orlando, FL
- 3--4 : Zone Championships, Virginia
- 11--17: Pan Am Games, Havana, Cuba
- 12--16: US Senior Nationals, Boca Raton, Florida Preps US National Seniors 17-21 - Mission Viejo CA
- 22--25: Pan Pac Games, Edmonton, Alberta, Canada

A form to bid on the New England meets is included in this newsletter. Please refer to your Meet Manager's information for details concerning New England Swimming policies. Please complete all information and note the due date of **JANUARY 15, 1991.**

Feb. 1

DID YOU SEE....the article about Seacoast Swimming Association, with a picture of Jenny Thompson on the cover, in the most recent edition of "Swimming World"?

ENTHUSIASTIC ASSISTANT SWIM COACH WANTED for USS Age Group Swim Program. Experience and technique skills, novice through senior level required. Must have good organizational skills, positive, assertive personality, and enjoy coaching. Send resume and references, including salary requirements to: Don Lemieux, 69 Park Street, Gardner, MA 01440, telephone 508-632-0678.

THE INSURANCE CORNER

by Sandi Blumit, ARM, AAI, CIC, CPIW--Jardine Insurance Brokers

As a parent, coach or athlete, do I have insurance coverage when I am driving athletes to and from swim practices or meets? What about the athletes themselves? Do they have any coverage?

The answers to these questions depend upon the type of insurance (liability or accident) in question and the specific situation involved.

Liability

The U.S. Swimming Commercial General Liability Policy specifically excludes the ownership or operation of any motorized vehicle from coverage. Therefore, the parent, coach or athlete who is driving athletes on behalf of his USS member club must look to his own auto liability policy for coverage in case of an accident. If the club were sued as a result of an auto accident it, too, would qualify for coverage under the driver's personal auto liability policy.

Clubs can purchase a hired/non-owned auto policy to provide excess limits over those provided by the driver's personal auto liability policy. This is a good idea, especially with the large number of swimmers that USS Member Clubs oftentimes transport.

Secondary Accident Medical

The U.S. Swimming Secondary Accident Medical Policy provides coverage to USS registered athlete members for organized, supervised travel to and from:

- 1.) scheduled, organized practice sessions and/or meets
- 2.) social and fund raising activities approved by United States Swimming, Inc.

To qualify for coverage, the travel must be organized by a USS Member Club Coach or Administrator. This coverage is intended to provide protection for organized club travel, such as to a meet or function. It is not intended to insure incidental travel, such as that which takes place with daily practice sessions and neighborhood car pools.

Covered Travel Situations

Example: A meet is being held in a town 25 miles away. Coach Mike Maxwell appoints Gary Carson, a USS registered athlete, as a designated driver for the meet. Gary runs a red light on the way to the meet, causing injury to himself and his three passengers. Is there insurance?

Liability: No U.S. Swimming coverage. Would have to look to personal auto liability policy.

Accident: Secondary Accident Medical Protection applies. Since Coach Mike designated Gary as the responsible driver, all USS registered athletes are covered by the USS policy.

Example: A meet is being held in a town 25 miles away. Coach Mike Maxwell appoints Carol Carson, a club parent (it doesn't matter if she is a registered member) as a designated driver for the meet. Carol runs a red light on the way to the meet, causing injury to herself and her three passengers. Is there insurance?

Liability: No U.S. Swimming coverage. Would have to look to personal auto liability policy.

Accident: Secondary accident medical coverage applies to the USS registered athletes who are passengers in the car. No U.S. Swimming accident medical insurance for Carol.

Travel Situations Not Covered

Example: Jimmy Thomas lives near Nicole Peters. Both are USS registered athlete members of the USS Sharks Swim Team. Jimmy offers to pick up Jenny and drive her to practice. Jimmy falls asleep at the wheel and wrecks the car, causing injury to himself and Nicole. Is there insurance?

Liability: No U.S. Swimming coverage. Would have to look to personal auto liability policy.

Accident: No coverage since this was "incidental travel" not supervised or organized by a club coach or administrator.

Example: Jimmy Thomas lives near Nicole Peters. Both are USS registered athlete members of the USS Sharks Swim Team. Jimmy's father offers to pick up Jenny and drive her to practice with son Jimmy. Mr. Thomas falls asleep at the wheel and wrecks the car, causing injury to himself, Jimmy and Nicole. Is there insurance?

Liability: No U.S. Swimming coverage. Would have to look to personal auto liability policy.

Accident: No coverage since this was "incidental travel" not supervised or organized by a club coach or administrator.

Important Notes

There are a few significant points to note in closing.

- 1.) It is vital that clubs designate those drivers who are acting on behalf of the club in an organized, supervised situation.
- 2.) The club should assign only mature, responsible drivers.
- 3.) Before travel commences, the club should ensure that all drivers have valid driver's licenses and current insurance coverage for their autos.

RECORD BREAKING SWIMS -- NEW ENGLAND -- SHORT COURSE 1989-1990

NE: Best time achieved in New England by a USS registered swimmer

RES: Best time achieved anywhere by a New England USS registered swimmer

(In cases where an individual broke the same record more than once, only the fastest time is listed)

EVENT	RECORD	TIME	NAME	CLUB	MEET	DATE
(8 AND UNDER GIRLS)						
100 Medley Relay	NE/RES	1:12.28	Hampshire Hills S.T.	HRST	AG	2/90
			(K. Thompson, A. Verreault, L. Reis, A. Messler)			
(9 AND 10 BOYS)						
50 Fly	RES	28.84	Corey Blakely	EPBC	ZONE	3/90
100 Fly	RES	1:05.62	Corey Blakely	EPBC	ZONE	3/90
(11 AND 12 GIRLS)						
50 Breast	RES	30.85	Mary Beth Wilk	CAST	ZONE	3/90
(11 AND 12 BOYS)						
50 Back	RES	28.26	Spencer Hawkins	MSSC	ZONE	3/90
100 Back	NE	1:00.77	Spencer Hawkins	MSSC	AG	3/90
	RES	1:00.14	Spencer Hawkins	MSSC	ZONE	3/90
200 Free Relay	NE/RES	1:42.68	Manchester SC	MSSC	AG	3/90
			(M. Shaughnessy, J. Pudloski, C. Danchik, S. Hawkins)			
400 Free Relay	NE/RES	3:49.46	Manchester SC	MSSC	AG	3/90
			(M. Shaughnessy, J. Pudloski, C. Danchik, S. Hawkins)			
(13 AND 14 GIRLS)						
500 Free	RES	4:57.32	Nicole Rutkowski	BGSC	NE/SR	3/90
1000 Free	RES	10:07.38	Nicole Rutkowski	BGSC	JO	3/90
1650 Free	RES	16:50.10	Nicole Rutkowski	BGSC	JO	3/90
400 Medley Relay	NE/RES	4:11.42	Bernal's Gator SC	BGSC	AG	3/90
			(J. Zeuli, A. Hughes, A. Hall, N. Rutkowski)			
400 Free Relay	NE/RES	3:39.88	Bernal's Gator SC	BGSC	AG	3/90
			(N. Rutkowski, K. Gouldson, T. Fleming, A. Hall)			

SHORT COURSE RECORD BREAKING SWIMS (continued)

(13 AND 14 BOYS)

100 Free	RES	48.69	Matt Smith	PYST	ZONE	3/90
100 Back	RES	55.01	Rob Wiley	BGSC	JO	3/90
200 Back	RES	2:00.50	Rob Wiley	BGSC	NE/SR	3/90
100 Breast	RES	1:01.40	Matt Smith	PYST	ZONE	3/90
200 Breast	NE/RES	2:14.65	Steve Korbly	NEB	NE/SR	3/90
400 Medley Relay	NE/RES	3:48.88	Bernal's Gator SC (R. Wiley, M. Craven, J. Quimby, J. Kline)	BGSC	AG	3/90
400 Free Relay	NE/RES	3:22.13	Bernal's Gator SC (R. Wiley, M. Craven, J. Quimby, J. Kline)	BGSC	AG	3/90
800 Free Relay	NE/RES	7:23.34	Bernal's Gator SC (R. Wiley, M. Craven, J. Quimby, J. Kline)	BGSC	AG	3/90

(15 TO 18 GIRLS)

100 Free	RES	49.51	Jenny Thompson	SSA	SR/NAT	3/90
1000 Free	RES	9:57.85	Shella Conway	BGSC	NE/SR	3/90
100 Back	RES	57.41	Jenny Thompson	SSA	NE/SR	3/90
	RES	57.44	Larissa Herold	SSA	SR/NAT	3/90
	RES	57.68	Shellah McCarthy	BGSC	JO	3/90
200 Back	RES	2:01.08	Larissa Herold	SSA	SR/NAT	3/90
	RES	2:03.56	Shellah McCarthy	BGSC	JO	3/90
100 Fly	RES	53.77	Jenny Thompson	SSA	SR/NAT	3/90
200 Fly	RES	2:01.77	Lena Eriksson	BGSC	JO	3/90
100 Breast	RES	1:04.47	Leslie Repetto	BGSC	NE/SR	3/90
200 Breast	RES	2:17.75	Leslie Repetto	BGSC	SR/NAT	3/90

(15 TO 18 BOYS)

100 Back	RES	49.84	Sean Gouldson	BGSC	SR/NAT	3/90
200 Back	RES	1:49.21	Sean Gouldson	BGSC	SR/NAT	3/90
200 Fly	RES	1:47.00	Ray Carey	BGSC	SR/NAT	3/90
100 Breast	RES	56.59	Eric Jones	SSA	SR/NAT	3/90
200 IM	RES	1:53.01	Dean Fredette	SSA	SR/NAT	3/90

RECORD BREAKING SWIMS -- NEW ENGLAND -- LONG COURSE 1989-1990

NE: Best time achieved in New England by a USS registered swimmer
 RES: Best time achieved anywhere by a New England USS registered swimmer
 (In cases where an individual broke the same record more than once, only the fastest time is listed.)

EVENT	RECORD	TIME	NAME	CLUB	MEET	DATE
(8 AND UNDER BOYS)						
50M Breast	NE/RES	46.57	Jim Shaughnessy	NEB	AG	7/90
(11 AND 12 GIRLS)						
50M Breast	NE/RES	35.89	Mary Beth Wilk	CAST	AG	7/90
(11 AND 12 BOYS)						
50M Back	NE/RES	31.54	Spencer Hawkins	MSSC	AG	7/90
100M Back	NE/RES	1:08.92	Spencer Hawkins	MSSC	AG	7/90
50M Fly	NE/RES	29.99	Spencer Hawkins	MSSC	AG	7/90
100M Fly	NE/RES	1:06.50	Spencer Hawkins	MSSC	AG	7/90
(13 AND 14 GIRLS)						
200M Free	RES	2:07.70	Nicole Rutkowski	BGSC	NE/SR	7/90
400M Free	RES	4:23.02	Nicole Rutkowski	BGSC	JO	8/90
800M Free	RES	9:00.58	Nicole Rutkowski	BGSC	JO	8/90
1500M Free	NE	17:09.26	Nicole Rutkowski	BGSC	NE/SR	7/90
	RES	17:06.71	Nicole Rutkowski	BGSC	JO	8/90
200M Fly	RES	2:20.60	Jean Todisco	CAY	JO	8/90
400M Medley Relay	NE/RES	4:40.06	Bernal's Gator SC (A. Hall, D. Peluso, T. Fleming, N. Rutkowski)	BGSC	AG	7/90
	NE/RES	4:41.10	Seacoast SA (B. Wilson, C. Palmer, L. Delicic, M. Labrie)	SSA	AG	7/90
400M Free Relay	NE/RES	4:08.37	Bernal's Gator SC (A. Hall, T. Fleming, K. Gouldson, N. Rutkowski)	BGSC	AG	7/90
800M Free Relay	NE/RES	9:00.17	Bernal's Gator SC (N. Rutkowski, J. Mitchell, K. Gouldson, J. Schmid)	BGSC	AG	7/90
13 AND 14 BOYS:						
100M Breast	NE/RES+	1:09.99	Chris Anderson	BGSC	NE/SR	7/89

✓ LONG COURSE RECORD BREAKING SWIMS (continued)

(15 TO 18 GIRLS)

100M Fly	RES	1:00.99	Jenny Thompson	SSA	SR/NAT	7/90
100M Breast	RES	1:13.36	Leslie Repetto	BGSC	JO	8/90
200M Breast	RES	2:39.38	Leslie Repetto	BGSC	JO	8/90
200M IM	RES	2:17.68	Jenny Thompson	SSA	SR/NAT	7/90

(15 TO 18 BOYS)

100M Back	NE*	58.49	Sean Gouldson	BGSC	NE/SR	7/90
	RES	57.37	Sean Gouldson	BGSC	USOF	7/90
200M Fly	RES	1:59.65	Ray Carey	BGSC	LEN-ROME	8/90
100M Breast	NE	1:05.90	Eric Jones	SSA	NE/SR	7/90
	RES	1:05.37	Eric Jones	SSA	USOF	7/90
200M Breast	NE*	2:24.37	Eric Jones	SSA	NE/SR	7/90

*Ties existing record

+Addition to records from 1989. See article below.

NEW RULING ON TIME TRIALS AT CHAMPIONSHIP MEETS

The Technical Committee and Board of New England Swimming have voted to accept as New England records times achieved in time trials at certain championship meets. The meets specifically included are New England Age Group Championships, New England Senior Championships, USS Junior Olympic Championships, USS Senior National Championships, and the United States Open (December).

This ruling is retroactive to the 1989 Long Course season, since that is when the issue was originally raised.

The U.S. Swimming limit to the number of events swum per day (three individual events at a trials and finals meet, five individual events at a timed finals meet) INCLUDES TIME TRIALS. This USS rule on the combined number of events and time trials allowed per day will be strictly enforced by New England Swimming.

NEW ENGLAND SWIMMING OFFICE

Mary Riddell
20 Cleveland Road
Needham, MA 02192

617-449-0270

Telephone Hours: Monday : 8:00 a.m.-- 2:00 p.m.
7:30 p.m.--10:30 p.m.
Thursday: 8:00 a.m.-- 2:00 p.m.

POOL DEPTH FOR USS SWIM MEETS:

United States Swimming requires that all competition it sanctions be conducted in pools that meet a four-foot requirement at the starting end. However, US Swimming rules state the local swimming committees may waive compliance with this rule in sanctioning local competitions. At its November meeting, the Board of New England Swimming agreed that they have no intent to grant waivers after 1992. Please note that the bid form now requests information about the depth of pools and this information must be printed in the meet information that is sent to teams.

TOP TEN BANQUET:

The Top Ten Banquet held on October 28 at the Windsor Mills Restaurant was well attended by nearly 540 swimmers, parents, siblings and coaches. The speaker this year was Tom Jager, world record holder in the 50 meter freestyle who gave an excellent talk to the group and signed many autographs. New England Swimming thanks Isabelle Fraser who made all the arrangements for Tom. A special thank you to all the New England coaches who attended the banquet. A record number of coaches attended to support their swimmers.

TOM JAGER CLINIC:

The **TOM JAGER SWIM CLINIC** held on October 27 at Springfield College was attended by swimmers from 14 area teams and one team from Albany, NY. The teams attending were: Amherst, Belchertown, Cape Ann y, Easthampton, Greenwood Memorial, Burlington (VT) Y, Peterborough, Pioneer Valley, Pittsfield Boys Club, Swim Rhode Island, South Hadley, Worcester Girls Club and two non-USS teams, Longmeadow and Westfield. There were approximately 200 swimmers.

Tom talked for about an hour, with many questions being asked. Then he did some water demonstrations of freestyle and backstroke, with drills to practice, and key points to work on in freestyle. This was followed by the swimmers getting in the water and trying the drills. The older swimmers were in the deep end, and the younger swimmers were in the shallow end of the 50-meter pool.

The pool was rather full!! The Springfield College swimmers helped put the swimmers through the drills, while Tom supervised it. When this was over, Tom spent the next hour and a half giving autographs and having his picture taken with swimmers.

New England Swimming sponsored this event, in co-operation with Springfield College and Pioneer Valley Aquatic Club. It was free to all New England USS members. We, who were involved with the running of it, felt it was a great success, and we want to thank all those who attended the clinic for coming to it. We all felt that Tom was a delightful person.

Isabelle Fraser, PVAC

WANTED: HEAD COACH, Brockton Community School YMCA. Contact Mark O'Reilly at 508-587-4242.

OFFICIALS' CLINIC:

Should your team, district or association wish to host an Officials' Clinic, the below listed individuals are facilitators (training officials) and should be contacted. We request that clinics be for Timers and Stroke and Turn only and that Starters and Referees be separate. We also request that you plan far enough in advance for Mary Riddell to publish your clinic in the "Newsletter Plus." Plan for at least four hours for Stroke and Turn, longer for combined Starters and Referees. The fastest I have been able to do this was four hours when I knew all the officials going forward.

John Johannesson

Box 131
No. Stonington, CT 06359
203-535-2885

Pat Peterson

22 Derby Lane
Tyngsboro, MA 01879
508-649-4270

Bob Fredette

2 Wallingford Street
Dover, NH 03820
603-742-5153

Priscilla Davis

205 Woodbury Street
So. Hamilton, MA 01982
508-468-3786

Gerry Zimmer

6 Davis Lane
Amherst, NH 03031
603-673-0676

Bill Whitman

117 Abbott Road
Wellesley, MA 02181
617-237-4584

Cathy Frank

8 Bay Crest Drive
S. Burlington, VT 05403
802-862-1816

James Kresel

5 Haskins Road
Hanover, NH 03755
603-643-4456

Hank Neech

59 Kenney Lane
Concord, MA 01742
508-369-8836

Dick Stewart

126 Strong Street
Easthampton, MA 01027
413-527-2418

Joyce Burrill

31 King Philip Avenue
S. Deerfield, MA 01373
413-665-3261

We also have two referees that will be facilitators in training for this year. They are:

John Perkins

RFD Box 44a
Brooks Village Road
Templeton, MA
508-249-2333

Charles Wilk

307 Abbott Run Valley Road
Cumberland, RI 02864
401-333-6973

NEW CLUBS:

Listed below are clubs which are registered in New England for 1991 but were not registered during the past year:

DOLPHIN SWIM TEAM

PO Box 832
Keene, NH 03431

DST**EAST BAY AQUATIC CLUB**

Sandy Gorham
101 Holland Avenue
Riverside, RI 02915

EBAC**MIDDLEBURY SWIM TEAM**

PO Box 325
Middlebury, VT 05753

MST**SWIM RHODE ISLAND**

PO Box 1556
East Greenwich, RI 02818

SWRI**WOBURN BOYS CLUB SWIM TEAM**

Michael Morrell
180 School Street
Woburn, MA 01801

WOBC

REQUEST FOR MEET

Date(s) of meet bid: _____

Please PRINT and fill in all information!

Club Name: _____ Phone: _____

Address: _____

Meet Director: _____ Phone: _____

Address: _____

Information Director: (if different from Meet Director): _____

Address: _____ Phone: _____

Meet you are bidding for: _____

Date(s): 1st choice: _____ 2nd choice: _____ 3rd choice: _____

Facility name: _____ Location: _____

Parking (amount, location, and cost, if any): _____

Type of timing: _____ Number of lanes: _____

Depth of pool at starting end: _____ Turning end: _____

Format (timed finals, trials and finals): _____

Type of meet (schedule I, schedule II, specialty): _____

On a separate sheet of paper, please include a list of all events to be offered to each age group.

Individual entry cost: _____ Relay cost: _____

Admission cost (no more than \$1 per person, per session): _____

Concession information: _____ Program cost: _____

Details on awards (type and to whom): _____

How meet will be cut (date of receipt or time): _____

Seeding (pre-seeded or bull pen): _____ New England meets are to be run with a bull pen unless special permission is given for another system. If you desire special permission, please explain why you want a pre-seeded meet and describe the system you will use on the back of this sheet.

Sessions: a.m.: age groups: _____ warm-ups: _____ start: _____

p.m.: age groups: _____ warm-ups: _____ start: _____

Be sure to indicate if 8 and unders are a separate age group.

Person to contact to discuss changes to meet bids: _____

Phone: _____

Please refer to the materials received at the Meet Manager's Seminar for information concerning New England policies, fees, etc. If you need this material, please contact the New England Swimming office (617-449-0270).

Send one copy to each of the following by JANUARY 15, 1991:

CALENDAR CHAIRMAN
James Kresel
5 Haskins Road
Hanover, NH 03755

TECHNICAL CHAIRMAN
Roy Coates
PO Box A241
Hanover, NH 03755

SANCTION CHAIRMAN
Isabelle Fraser
125 Franklin Street
Longmeadow, MA 01106

SEED CARDS: Seed Cards are available through the New England Office. The cost for plain cards is \$20.50 per thousand, including mailing. If the cards are picked up in Needham, the cost is \$18.00 per thousand. There is no minimum, and the cards may be split any way between boys and girls.

If you want initials on the cards, the price for 1,000 cards is \$28.00, including mailing. If the cards are picked up in Needham, the cost is \$25.50. If you want 2,000 or more cards with initials, the cost is \$23.50 per thousand, including mailing, or \$21.00 per thousand if the cards are picked up in Needham. The minimum order for cards with initials is 1,000 cards.

NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to NEWSLETTER PLUS. Subscriptions may be ordered through the New England office for \$10.00 per year. Clubs do not have an expiration date on their labels since all registered clubs receive one free subscription with their registration.



**United States Swimming
New England**

20 Cleveland Road Needham, MA 02192

FIRST CLASS



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

DECEMBER 1990

IN THIS ISSUE: NAG TOP 16 TIMES ACHIEVED, SHORT COURSE, 1989--1990;
NAG TOP 16 REPORTABLE TIMES, LONG COURSE, 1989--1990;
NAG TOP 16 CUTS; APPLICATION FOR 15 to 18 ZONE TEAM
MEMBERS and COACHES; TIME TRIALS AND DUAL MEET INFO...

REGISTRATION: All swimmers must be registered before they swim. If they are not, they are not covered by insurance. New England Swimming has adopted the USS policy that states that a team that enters an unregistered swimmer in a meet may be fined \$100 for each unregistered swimmer entered in the meet.

All teams that had their registration in the office before December 1 will receive their computer list and their swimmer cards by the first of the year. The rest of the registrations will be processed in the order in which they were received.

A problem has been discovered in the non-athlete portion of the registration program. If the "fix-it" disk does not arrive shortly from USS, I will type the 1991 cards for coaches. All non-athletes who registered by December 5 should have received their cards by now. If you have not, it is probably because I did not receive the membership fee of \$22 or I did not receive copies of current CPR, first aid, and safety training for swim coaches cards along with the registration form and fee.

Non-athlete and athlete forms may be photocopied.

SAFETY TRAINING FOR SWIM COACHES will be offered on Sunday, January 6, 1991 at the South Shore YMCA in Quincy, MA. The course will run from 8 a.m. to 3 p.m. and will cost \$35.50. To register, contact Greg Goudreau, 21 Saw Mill Pond Road, Hingham, MA 02043 or call Greg at 617-964-9085 (evenings).

STARTERS' CLINIC: There will be a Starters' Clinic on Tuesday, January 8, 1991 at 6 p.m. at Regis College, Weston, MA. The facilitators will be Hank Weech and Jerry Zimmer. For further information and to register, please contact Jerry Zimmer at 617-377-3138 (work) or 603-673-0676 (home).

CONGRATULATIONS to Kevin Salisbury (SWRI) and his wife, Lisa, who recently became the parents of a baby girl.

The Board of New England will meet on Monday, January 14, 1991 at 7 p.m. at the Wellesley Community Center, Wellesley, MA.

EASTERN ZONE MEET INFORMATION - 1991 - STATE UNIV. OF NEW YORK, BUFFALO, N. Y.

15-18 YEAR OLDS ONLY - REMAINDER OF THE ZONE TEAM WILL BE PICKED OFF OF AGE GROUPS

LETTER OF INTENT - 1991 MEET - STATE UNIV. OF NEW YORK, BUFFALO, AMHERST CAMPUS
APRIL 4, 5, & 6, 1991

NAME _____ U.S. REGISTRATION NO. _____

ADDRESS _____ CITY, STATE, ZIP _____

MALE _____ FEMALE _____ SUIT SIZE _____ PHONE - AREA CODE _____

CLUB _____

TIMES - MUST BE DONE AFTER SEPT. 1990

	<u>Best Time</u>	<u>Achieved (Meet and Date)</u>
50 yd. free	_____	_____
100 yd. free	_____	_____
200 yd. free	_____	_____
500 yd. free	_____	_____
1000 yd. free	_____	_____
1650 yd. free	_____	_____
100 yd. breast	_____	_____
200 yd. breast	_____	_____
100 yd. fly	_____	_____
200 yd. fly	_____	_____
100 yd. back	_____	_____
200 yd. back	_____	_____
200 yd. I.M.	_____	_____
400 yd. I.M.	_____	_____

.....
IF SELECTED FOR THE 1991 ZONE TEAM, I WILL BE ABLE TO REPRESENT NEW ENGLAND SWIMMING, INC.. I UNDERSTAND THAT I WILL BE STAYING WITH THE NEW ENGLAND TEAM IN BUFFALO, NEW YORK. I WILL BE TRANSPORTED TO AND FROM THE MEET WITH THE GROUP. NEW ENGLAND WILL COVER A PORTION OF THE TOTAL COST. I UNDERSTAND THAT I WILL BE RESPONSIBLE FOR THE REMAINING COST TO BE DETERMINED BY THE TOTAL NUMBER OF TEAM REPRESENTATIVES. THE COST WILL BE APPROXIMATELY \$170.00 TO EACH SWIMMER - NEW ENGLAND CONTRIBUTES ABOUT THE SAME AMOUNT FOR EACH SWIMMER. THIS ENTRY MUST BE INTO ME BY MARCH 12, 1991 RIGHT AFTER SENIORS. YOU CAN SUBMIT AN APPLICATION ANYTIME AND UPDATE TIMES LATER ON. SEND APPLICATIONS TO ISABELLE FRASER, 125 FRANKLIN RD., LONGMEADOW, MA. 01106. THE PHONE NUMBER IS 413-567-3415 - CALL BEFORE 2:00 P.M., OR AFTER 9:00 P.M.

SIGNED _____

PARENTS SIGNATURE _____

THOSE SELECTED FROM APPLICATIONS RECEIVED WILL BE NOTIFIED RIGHT AFTER SENIORS.
.....

ALL APPLICANTS MUST HAVE PARTICIPATED IN THREE NEW ENGLAND CALENDAR MEETS OVER THE SHORT COURSE SEASON.*****

TIME TRIALS and DUAL MEETS: Standards for time trials and dual meets which are not regularly scheduled league dual meets are as follows if the times are to be used for verification for New England championship and classic meets: All sanctions for short course time trials and dual meets must be received by the sanction chairman by December 31. Time trials must include at least five swimmers from each of at least two teams. The results must be typed, signed by the referee and sent to the New England office within two weeks of the time trial or dual meet.

NEW ENGLAND SENIORS: A swimmer must have swum in one New England calendar meet in the preceding 11 months in order to swim in New England Seniors.

NEW ENGLAND SWIMMING OFFICE

Mary Riddell
20 Cleveland Road
Needham, MA 02192

617-449-0270

Telephone Hours: Monday : 8:00 a.m.-- 2:00 p.m.
7:30 p.m.--10:30 p.m.

Thursday: 8:00 a.m.-- 2:00 p.m.

CORRECTION--LONG COURSE ZONE MEET: The correct dates for the Long Course Zone Meet should be August 7--11.

LONG COURSE MEET BIDS: Please note that all bids for the Long Course season are due by January 15, 1991.

HEAD SWIM COACH position is open in Roseburg, Oregon for an age group team of 60--75 swimmers. Salary is negotiable. Send resumé or call for information: Kris Salness, 1394 Fisher Road, Roseburg, OR 97470 (503-672-0610).

.....
NEW ENGLAND ZONE TEAM - APPLICATION FOR ANYONE INTERESTED IN COACHING THE WINTER ZONE TEAM TO BE HELD IN BUFFALO ON APRIL 4, 5, & 6, 1991. TRAVEL DAYS WILL BE APRIL 3 AND 7, 1991.

NAME _____ CLUB AFFILIATION _____
ADDRESS _____ PHONE _____
STATE _____ ZIP _____

WE PLAN TO ASK THE TEAM WITH THE MOST SWIMMERS GOING ON THE TRIP TO SEND A COACH. THEY DO NOT ALWAYS SEND A COACH. THE STAFF SHOULD BE SETTLED BY THE DAY AFTER NEW ENGLAND AGE GROUP CHAMPIONSHIPS.

PLEASE RETURN THE ABOVE APPLICATION IF YOU HAVE ANY INTEREST TO:

ISABELLE FRASER
125 FRANKLIN RD.,
LONGMEADOW, MA. 01106

1990-1991 NATIONAL REPORTABLE TIMES
AGE GROUP 16 BEST TIMES AND TOP 10 RELAYS
SHORT COURSE - YARDS

FEMALE

	10&U	11-12	13-14	15-16	17-18
50 Yard Freestyle	27.89	25.49	24.59	24.09	23.99
100 Yard Freestyle	1:00.79	55.39	53.09	51.99	51.99
200 Yard Freestyle	2:11.99	1:58.99	1:54.19	1:51.59	1:51.49
500 Yard Freestyle	-	5:18.49	5:03.29	4:55.99	4:56.49
1000 Yard Freestyle	-	-	10:25.99	10:07.99	10:10.99
1650 Yard Freestyle	-	-	17:25.99	16:59.99	17:03.99
50 Yard Backstroke	32.69	29.79	-	-	-
100 Yard Backstroke	1:11.29	1:03.79	1:00.59	58.79	58.99
200 Yard Backstroke	-	-	2:10.39	2:06.89	2:06.69
50 Yard Breaststroke	35.39	32.59	-	-	-
100 Yard Breaststroke	1:18.19	1:10.29	1:06.99	1:05.39	1:06.29
200 Yard Breaststroke	-	-	2:25.39	2:22.29	2:22.59
50 Yard Butterfly	30.39	27.99	-	-	-
100 Yard Butterfly	1:08.29	1:01.79	58.59	57.19	57.09
200 Yard Butterfly	-	-	2:08.39	2:05.89	2:04.89
100 Yard Indiv. Medley	1:10.19	1:03.49	-	-	-
200 Yard Indiv. Medley	2:30.69	2:15.39	2:09.99	2:06.99	2:06.59
400 Yard Indiv. Medley	-	-	4:34.29	4:29.19	4:28.99
200 Yard Freestyle Relay	1:59.29	1:46.99	1:43.09	1:43.69	1:46.99
400 Yard Freestyle Relay	-	3:54.99	3:43.09	3:42.09	3:49.99
800 Yard Freestyle Relay	-	-	8:07.99	8:12.99	8:19.99
200 Yard Medley Relay	2:14.99	2:00.29	1:56.59	1:56.89	2:00.59
400 Yard Medley Relay	-	4:26.09	4:10.99	4:09.49	4:18.99

MALE

	10&U	11-12	13-14	15-16	17-18
50 Yard Freestyle	27.39	24.59	22.59	21.59	21.09
100 Yard Freestyle	59.99	53.49	49.09	46.89	45.79
200 Yard Freestyle	2:10.39	1:56.79	1:47.29	1:41.89	1:40.29
500 Yard Freestyle	-	5:14.29	4:48.19	4:33.29	4:30.99
1000 Yard Freestyle	-	-	10:03.49	9:28.49	9:22.99
1650 Yard Freestyle	-	-	16:47.99	15:58.99	15:48.49
50 Yard Backstroke	32.49	29.19	-	-	-
100 Yard Backstroke	1:10.79	1:02.69	56.69	53.49	52.19
200 Yard Backstroke	-	-	2:02.89	1:56.19	1:52.99
50 Yard Breaststroke	35.49	31.29	-	-	-
100 Yard Breaststroke	1:18.49	1:08.39	1:02.09	58.89	57.49
200 Yard Breaststroke	-	-	2:15.69	2:08.69	2:05.09
50 Yard Butterfly	30.09	27.49	-	-	-
100 Yard Butterfly	1:08.09	1:00.39	54.59	51.59	50.59
200 Yard Butterfly	-	-	2:01.29	1:54.19	1:51.99
100 Yard Indiv. Medley	1:09.29	1:01.69	-	-	-
200 Yard Indiv. Medley	2:28.59	2:13.39	2:01.19	1:55.59	1:52.89
400 Yard Indiv. Medley	-	-	4:20.59	4:06.49	4:01.59
200 Yard Freestyle Relay	1:58.49	1:45.99	1:35.39	1:32.89	1:31.99
400 Yard Freestyle Relay	-	3:53.99	3:28.49	3:22.09	3:13.89
800 Yard Freestyle Relay	-	-	7:46.59	7:29.29	7:08.99
200 Yard Medley Relay	2:14.39	1:59.39	1:48.09	1:45.39	1:43.39
400 Yard Medley Relay	-	4:23.59	3:53.49	3:45.49	3:36.09

NATIONALLY RANKED NEW ENGLAND AGE GROUP SWIMMERS
SHORT COURSE -- 1989-1990

CONGRATULATIONS TO THESE SWIMMERS WHO ACHIEVED NATIONAL AGE GROUP TOP 16 RANKING. RANKINGS FOR RELAYS WERE PUBLISHED THROUGH TENTH PLACE.

10 and Under:

Corey Blakely EPBC 50 Fly (6), 100 Fly (6)

11 and 12:

Dianna Groff MSSC 50 Free (4), 100 Free (11), 50 Back (3),
100 Back (11)

Mary Beth Wilk CAST 50 Breast (2)

Spencer Hawkins MSSC 50 Back (6), 100 Back (3), 50 Fly (5),
100 Fly (5), 100 IM (6), 200 IM (5)

Mike Shaughnessy MSSC 50 Free (7), 100 Free (12)

Manchester SC Boys MSSC 200 Medley Relay (8), 200 Free Relay (3),
400 Free Relay (8)

(Spencer Hawkins, Mike Shaughnessy, Justin Pudloski, Chris Danchik)

13 and 14:

Nicole Rutkowski BGSC 500 Free (6), 1000 Free (2), 1650 Free (1)

Chip Haberstroh NEB 1000 Free (13), 1650 Free (11)

Jeremy Guilmy BGSC 500 Free (15), 1000 Free (12), 1650 Free (6)

Matt Smith PYST 100 Breast (16)

Rob Wiley BGSC 100 Back (6), 200 Back (12)

Bernal's Gator Girls BGSC 400 Free Relay (3)

(Nicole Rutkowski, Tory Fleming, Kelly Gouldson, Amanda Hall)

Bernal's Gator Boys BGSC 400 Medley Relay (5), 400 Free Relay (2)
800 Free Relay (1)

(Rob Wiley, Matt Craven, Jeremy Guilmy, Jesse Kline)

15 and 16:

Shella Conway BGSC 1000 Free (8), 100 Back (13), 200 IM (12),
400 IM (10)

Larissa Herold SSA 100 Back (6), 200 Back (3), 100 Fly (5)
200 Fly (12), 200 IM (10)

Allison Klinakis SSA 200 Fly (8)

Shella McCarthy BGSC 100 Back (9), 200 Back (10)

Leslie Repetto BGSC 100 Breast (9), 200 Breast (7)

Jenny Thompson SSA 50 Free (4), 100 Free (6), 200 Free (9),
100 Back (11), 100 Fly (3), 200 IM (8)

Mike Carroll BGSC 500 Free (15), 1000 Free (7), 1650 Free (10)

Ray Carey BGSC 100 Fly (4), 200 Fly (1), 200 Back (8),
200 IM (13), 400 IM (2)

NEW ENGLAND NAG TOP 16 SWIMMERS -- SHORT COURSE 1989-90 (continued)

17 and 18:

Lena Eriksson	BGSC	100 Fly (15), 200 Fly (7)
Jenny Thompson	SSA	50 Free (2), 100 Free (2), 200 Free (2), 100 Back (4), 100 Fly (1), 200 IM (7)
Dean Fredette	SSA	1000 Free (2), 100 Fly (11), 200 Fly (2)
Sean Gouldson	BGSC	100 Back (3), 200 Back (7)
Eric Jones	SSA	100 Breast (10)
Brian Livingston	SSA	1650 Free (10)
Bernal's Gator Men	BGSC	800 Free Relay (10) (Jim McGinnis, Khari Milner, Matt McKay, Dustin Foster)
Seacoast SA Men	SSA	400 Medley Relay (6) (Brian Livingston, Eric Jones, Dean Fredette, Jason Seaver)

NATIONAL AGE GROUP TOP 16 REPORTING

Please help New England Swimming make our NAG Top 16 reporting as complete and accurate as possible. The following are some practical suggestions on how you and your team can assist us.

- * In this issue are the new 1990-1991 Short Course NAG Top 16 cuts. 1990-1991 Long Course NAG Top 16 cuts will be published when available. These cuts are somewhat faster than AAAA times. If you have a swimmer in the AAAA category, be sure to check for Top 16 cuts. Relay cuts are not impossibly fast. If you know that your club has one or more fast relays get familiar with the cuts so that you can report them.
- * On the back page of this issue is a form for reporting NAG Top 16 Times and New England records. Please use it! We'd rather receive duplicate forms than accidentally omit a time.
- * Report all relays. Be sure to include the names, ages, and USS Swimming numbers for all relay swimmers. (Relays are easy for us to miss!)
- * Send results of all out-of-district meets to the New England Swimming Office. Records and NAG reportable times must be verified before we can submit them. Don't count on another club to send results. Again, duplication is preferable to omission.
- * ELECTRONICALLY TIMED lead off splits (relay or individual event) CAN BE USED FOR RECORDS AND NAG TOP 16 REPORTABLES. If the splits are not going to be printed in the results, get a card signed by the meet referee. Send the card and reportable form to us. (We'll never find and report these splits unless you tell us about them!)

CONGRATULATIONS TO ALL THESE NEW ENGLAND SWIMMERS WHO ACHIEVED NATIONALLY REPORTABLE TIMES DURING THE 1989-1990 LONG COURSE SEASON

10 and Under:

Kerrienne Kalbko PVAC 100 Fly (1:16.21), 100 Breast (1:29.04)
 Allison Vendt BGSC 50 Back (36.51), 100 Back (1:19.53)
 Matt Rykken PWS 50 Breast (41.23)
 Bernal's Gator SC Girls BGSC 200 Free Relay (2:18.06)
 (Wendy Brown, Susan Mara, Kristen Hellmuth, Allison Vendt)
 South Shore Strypers SSS 200 Free Relay (2:18.60)
 (Kelly Murphy, Erin Murphy, Kate Palmeri, Meredith Curley)

11 and 12:

Amanda Kirouac GMSC 100 Breast (1:21.93)
 Tara Paulauskas MSSC 50 Free (29.05)
 Mary Beth Wilk CAST 50 Breast (35.89), 100 Breast (1:21.60)
 Matt Buhts GMSC 50 Back (33.46), 100 Back (1:11.71)
 Spencer Hawkins MSSC 50 Back (31.54), 100 Back (1:08.92),
 50 Fly (29.99), 100 Fly (1:06.50)
 William Maher LRAC 50 Free (28.17), 100 Free (1:00.70),
 50 Back (32.98)
 Shane Raymond CCSC 50 Fly (30.52)

13 and 14:

Dianna Groff MSSC 100 Back (1:08.75)
 Amanda Hall BGSC 200 IM (2:27.41), 400 IM (5:11.75)
 Nicole Rutkowski BGSC 100 Free (1:00.51), 200 Free (2:07.70),
 400 Free (4:23.02), 800 Free (9:00.58),
 1500 Free (17:06.71)
 Jean Todisco CAY 100 Fly (1:05.65), 200 Fly (2:20.50),
 400 IM (5:10.37)
 Matt Craven BGSC 50 Free (25.96), 100 Breast (1:12.66)
 Matt Gullede NEB 200 Fly (2:17.23), 200 IM (2:17.98),
 400 IM (4:53.89)
 Bernal's Gator SC Girls BGSC 400 Free Relay (4:08.37)
 (Amanda Hall, Tory Fleming, Kelly Gouldson, Nicole Rutkowski)
 Bernal's Gator SC Girls BGSC 800 Free Relay (9:00.17)
 (Nicole Rutkowski, Julie Mitchell, Kelly Gouldson, Jen Schmid)
 Bernal's Gator SC Girls BGSC 400 Medley Relay (4:40.06)
 (Amanda Hall, Danielle Peluso, Tory Fleming, Nicole Rutkowski)
 Bernal's Gator SC Girls BGSC 400 Free Relay (4:14.77)
 (Amanda Hall, Tory Fleming, Julie Mitchell, Jen Schmid)
 Bernal's Gator SC Girls BGSC 800 Free Relay (9:16.98)
 (Amanda Hall, Susan Trainer, Tory Fleming, Eileen Keane)
 Seacoast SA Girls SSA 400 Free Relay (4:11.92)
 (Michelle Labrie, Lea Delicio, Caroline Palmer, Kristin Nagle)
 Seacoast SA Girls SSA 800 Free Relay (9:12.41)
 (Kristin Nagle, Caroline Palmer, Brittany Wilson, Michelle Labrie)
 Seacoast SA Girls SSA 400 Medley Relay (4:41.10)
 (Brittany Wilson, Caroline Palmer, Lea Delicio, Michelle Labrie)

NEW ENGLAND NAG REPORTABLE TIMES - LONG COURSE 1989-1990 (Continued)

13 and 14 (Continued)

Cape Ann YMCA CAY 400 Medley Relay (4:49.58)
 400 Free Relay (4:15.37)
 (Melissa Sessions, Jean Todisco, Susan Herrick, Erika Neany)
 Bernal's Gator SC Boys BGSC 400 Free Relay (4:02.18)
 800 Free Relay (8:44.99)
 (Matt Craven, Rob Rindone, Mike Scarbo, Carl Eriksson)

15 and 16:

Shella Conway BGSC 200 IM (2:20.49), 400 IM (4:56.69)
 Larissa Herold SSA 100 Back (1:05.06), 200 Back (2:20.53),
 100 Fly (1:02.92), 200 IM (2:24.09)
 Alison Klinakis SSA 200 Fly (2:19.51)
 Shellah McCarthy BGSC 100 Back (1:05.02), 200 Back (2:20.24),
 200 IM (2:23.59)
 Leslie Repetto BGSC 100 Breast (1:13.36), 200 Breast (2:39.38)
 Jenny Thompson SSA 50 Free (26.92), 100 Free (57.17),
 100 Fly (1:04.57), 100 Back (1:07.06),
 200 IM (2:20.99)
 Chris Anderson BGSC 100 Breast (1:08.61), 200 Breast (2:28.48)
 Gene Sutherland CAY 200 Back (2:11.84)
 Rob Wiley BGSC 100 Back (1:00.92), 200 Back (2:12.19)
 Bernal's Gator SC Girls BGSC 800 Free Relay (9:08.05)
 (Leslie Repetto, Jen Jackson, Allivia Price, Sue Pergola)
 New England Barracudas NEB 400 Medley Relay (4:09.97)
 400 Free Relay (3:47.39)
 (Alex Cuhna, Brian Fehlau, Jeff Little, Rick Osterberg)
 New England Barracudas NEB 400 Free Relay (3:50.14)
 800 Free Relay (8:20.84)
 (Rick Osterberg, Chip Haberstroh, Jeff Little, Alex Cuhna)
 Bernal's Gator SC Boys BGSC 800 Free Relay (8:27.46)
 (Rob Wiley, Jim Thomas, Jeremy Guilmy, Ted Mulkerin)

17 and 18:

Shella Conway BGSC 100 Back (1:05.90), 200 IM (2:18.92),
 400 IM (5:00.46)
 Jenny Thompson SSA 50 Free (25.90), 100 Free (56.03),
 200 Free (2:02.10), 100 Back (1:06.29),
 100 Fly (1:00.99), 200 IM (2:17.68)
 Ray Carey BGSC 100 Fly (56.53), 200 Fly (1:59.65),
 400 IM (4:30.48)
 Dean Fredette SSA 100 Fly (56.69), 200 Fly (2:04.13),
 400 IM (4:35.97)
 Sean Gouldson BGSC 100 Back (57.37), 200 Back (2:08.64)
 Eric Jones SSA 100 Breast (1:05.37), 200 Breast (2:22.60)

NATIONAL AGE GROUP TOP 16 REPORTABLE TIMES
NEW ENGLAND SWIMMING RECORD BREAKING SWIMS

Name (Full Club Name for Relays) _____ Club _____

USS Number _____ Age _____ Sex _____

Meet Site (Include city and state) _____ Date _____

Event(s) (Distance/Stroke): _____ Time: _____

Relay Members: _____ Age: _____ U.S.S. Number: _____

Submitted by:

Name: _____

Address: _____

Phone Number: _____

Please use this form to report all National Age Group Top 16 Reportable Times and also all New England Record Breaking Swims. RELAYS MUST INCLUDE NAMES AND AGES. Short course reportables due to Anne Hawkins no later than May 10 Long course reportables due to Anne Hawkins no later than September 10.

Please mail to: Anne Hawkins
PO Box 397
Hollis, NH 03049

SEED CARDS: Seed Cards are available through the New England Office. The cost for plain cards is \$20.50 per thousand, including mailing. If the cards are picked up in Needham, the cost is \$18.00 per thousand. There is no minimum, and the cards may be split any way between boys and girls.

If you want initials on the cards, the price for 1,000 cards is \$28.00, including mailing. If the cards are picked up in Needham, the cost is \$25.50. If you want 2,000 or more cards with initials, the cost is \$23.50 per thousand, including mailing, or \$21.00 per thousand if the cards are picked up in Needham. The minimum order for cards with initials is 1,000 cards.

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**United States Swimming
New England**

20 Cleveland Road Needham, MA 02192

FIRST CLASS