

NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

JANUARY 1991

IN THIS ISSUE: SILVER CLASSIC CORRECTIONS; TECHNICAL COMMITTEE REPORT; OFFICIALS CORNER; NEW ENGLAND TEAMS FOR 1991; NE MEET HIGH POINT WINNERS; REMINDERS FOR SENIORS.....

CONGRATULATIONS to JENNY THOMPSON (SSA) who swam in the World Championships in Perth, Australia. She swam on the first place 400 meter freestyle relay and placed fourth in the 50 meter freestyle.

HOTEL FOR JUNIOR NATIONALS:

A block of rooms has been reserved for New England swimmers who will be attending Junior Nationals at the Holiday Inn. Buffalo (Amherst), 1881 Niagra Falls Blvd., Amherst, NY 14228 (716-691-8181). The hotel is one mile from the pool. Rooms accommodate up to 4 persons and will cost \$55 plus 13% state sales tax per room per night. The rooms have been reserved for March 24 through March 31 and will be held until March 15.

On Tuesday, March 26 New England Swimming will be sponsoring a dinner for the New England swimmers who are attending the meet.

CHAMPIONSHIP MEET PINS:

Again this year, there will be pins for all swimmers participating in an individual event or in a relay at New England Age Group and New England Senior Championships. Pins will be available at the verification table. Each swimmer should pick up his or her own pin.

In addition, there will be pins for any New England swimmer who has qualified for an individual event at either Junior Nationals or Senior Nationals. These pins will also be available at the verification table.

SILVER CLASSIC CORRECTIONS: There were errors in the maximum times for 15 and over swimmers in the original entry. Included in this newsletter in a new event sheet for Silver Classic with corrections in the 15 and over events.

SEED CARDS: Please note that there has been an increase in the cost of seed cards due to increases in printing costs and postage.

The Board of New England Swimming will meet at 7 p.m. on Monday, February 11, 1991 at the Wellesley Community Center, Wellesley, MA. The Calendar Committee will meet before the Board meeting.

If there are any errors, please notify the office immediately. TRANS REGISTERED IN NEW ENGLAND: The following teams are registered in New England (as of January 15, 1991).

SANS GBSC HYST HAFB EBAC DYST CVWM CONY CLBC SSS CCBS BGSC BENN BCSY HIST THE CAST BSST BARY ATST COBC VYH HRY HAY FRY T.S.T DYD CHA CAY BYC EYB. BAT ANA AMM ABF Lynn YMCA Killerwhales (MA) Lakes Region Wavemakers (NH) Holyoke YMCA Vikings (MA) HOCKOMOCK Area YMCA (MA) Hanscom Seahawks (MA) Greenwood Memorial Swim Club (MA) Greater Boster Swim Club (MA) Fall River YMCA (MA) East Bay Aquatic Club (RI) Central Vermont Wavemakers (VT) Concord YMCA (NH) Cumberland-Lincoln Boys Club (RI) Chicopee Amberjacks (MA) Cape Cod Swim Club (MA) Carter Community Building Swordfish (NH) Cape Ann YMCA Cumberland Area Swim Team (RI Burlington YMCA Champs (VT) Beverly YMCA Barracudas (MA) Belchertown Stingrays Swim Team Barrington YMCA (RI) Aquamaids and Aquamen of Worcester (MA) Attleboro Bluefish (MA) Lowell Boys Club (MA) Haverhill YMCA Swim Team (MA Hampshire Regional YMCA (MA) Hampshire Hills Swim Team (NH) Exeter Swim Team (NH) Easthampton Barracudas (MA Danvers YMCA Dolphins (MA) Dolphin YMCA Swim Team (NH) Bennington Mauraders (VT) Brockton Community School YMCA Belmont Aquatic Team (MA) Amherst Triton Swim Team (MA) Andover--North Andover YMCA Bernal's Gator Swim Club (MA) (BE) (MM) (MA) PVAC NYSC CHIL MWSC MYEIN SEN MVST NO. TOST SER PYST A.SN NCAC MSSO. MALLY MALLY NO BO VGS TRAC ISS SSS SSS SCY SAC PWS PSI 080 NSR NS HE N T XSX. North Suburban YMCA Vikings South County YMCA (RI) Pioneer Valley Aquatic Club Oyster River Otters (NH) New Wave Swim Club (MA) Worcester Swim Club (MA) Woburn Boys Club (MA) Whitinsville Blue Dolphins Worcester Aquatic Club (MA) Valley Gators Swim Team Triton Aquatic Club (MA Twin Oaks Swim Team (VT Swim Rhode Island (RI) Salem Swim Team (NH) South Shore Strypers (MA) Seacoast Swimming Association (NH) Sterling Swimmers Seekonk Dolphins (MA) Shawmut Aquatic Club (MA) Peterborough Swim Team (NH) PIttsfield YMCA Swim Team (MA) Pittsfield Boys Club (MA) Portsmouth Swim Team (NH) Newport County YMCA Wahoos Norwood Sting Rays (MA) North Country Aquatic Club New Bedford YWCA (MA) Nashua YMCA (NH) Martha's Vineyard Swim Team (MA) Merrimack Valley Pirates (MA Marblehead-Swampscott YMCA (MA) Manchester Sunfish Swim Club (NH) Middlebury Swim Team (VT) Walpole Swim Team Nautilus Swim Club (ME) New England Barracudas (MA) (VT) (M) (MA) (RI) (MA)

TECHNICAL COMMITTEE REPORT:

The following enforcement of USS rules were voted by the Technical Committee at its meeting on January 14, 1991. The Board of New England Swimming approved the decisions at its meeting on January 14, 1991.

TIME TRIALS: US Swimming rules must be followed for event limitations per day and per meet. Swimmers in trials and finals events may compete in no more than 3 individual events per day (102.2.1). This number includes time trials. (102.2.3 and 102.2.4). If a swimmer intends to enter a time trial, the swimmer may compete in only 2 other events on that day.

At Age Groups and Seniors, time trials will be held at the end of the finals sessions for the events held during that day. If time permits, time trials will be held in the previous day(s) events.

Swimmers in meets with timed final events may compete in no more than 5 individual evnets per day (102.2.2). If a swimmer intends to enter a time trial during a timed final meet, the swimmer may compete in no more than 4 other events during that day.

FAISE STATES: Any Swimmer who is charged with committing or causing a false start shall be disqualified and shall not be permitted to swim the event 102.14.4 (G). All starters and referees in New England are expected to inforce this rule and not permit a swimmer who has been DQ'ed to get back up on the blocks.

TECHNICAL COMMITTEE REPORT:

The following proposals were voted by the Technical Committee at its meeting on January 14, 1991 and were also approved by the Board on the same date.

OFFE MEET RILE AT SENIORS: New England requires that a swimmer who wishes to participate in New England Senior Championship (a meet open only to New England Swimmers) must have participated in at least one other New England meet durin g the past 11 months. If a team has a swimmer who has moved into New England or who has other unusual circumstances, they should contact the office immediately to request a waiver.

MEETS THAT EXCERD THE FOUR HOUR LIMIT: The Evaluation Committee will keep a closer eye on all meets and if a team is a continual problem, the committee will recommend a fine.

PRE-SENDED MEETS: Many teams are pre-seeding meets in violation of New England rules. A team that wishes to pre-seed a meet on the day of the meet must make this request with a complete description of the system to be used when they bid for the meet. The calendar committee will determine which teams can and are capable of running such meets.

A REMINDER—CHANGES MADE IN SENIORS WHICH CONTINUE THIS SEASON:

NIMBER OF EVENTS: A swimmer may enter as many events as he/she has qualified in, plus any "paired" events that the swimmer may wish to swim. If the swimmer enters a paired event, the swimmer must also enter the qualified event. The swimmer must then scratch any excess events (more than 3 individual events in any one day or 9 individual events for the meet) according to the process listed in the meet entry.

RELAY LIMITATIONS: A team may enter relays according to the number of swimmers per sex entered in individual events with a maximum of 4 relays per team per event. For each sex, the number of qualified individual swimmers entered in individual events will be divided by four up to the 4 relay maximum. A team with 16 or more qualified swimmers of one sex entered in individual events may enter 4 relays; a team with 12 to 15 qualified swimmers of one sex entered in individual events may enter 3 relays; a team with 8 to 11 qualified swimmers of one sex entered in individual events may enter 2 relays; a team with 4 to 7 qualified swimmers of one sex entered in individual events may enter 1 relay. All swimmers on these relays must be qualified swimmers who are entered in one or more individual events.

A team that has only 1, 2, or 3 qualified swimmers per sex entered in individual events may add enough non-qualified swimmers to enter 1 relay per event. If a qualified swimmer is unable to swim and there is no other qualified swimmer available, the relay must be scratched.

Under no circumstances will a swimmer who is 12 years old or under be allowed to swim in a relay at Seniors unless that swimmer has qualified in an individual event.

No more than two relays per team may score in an event.

OFFICIALS FOR 8 AND UNDER CHAMPIONSHIPS: Officials are needed for the 8 and under Championship meet. Officials who will have children attending this meet and who are willing to help out should contact Marc Allen (603-868-4873).

RECISIRATIONS STATISTICS:

	CLUBS	ATHLETES	NON-ATHLETES
9/1/878/31/88	86	4,297	571
9/1/888/31/89	92	4,428	606
9/1/898/31/90	90	4,571	609

USSCAGE CROUP and STATE LEAGUE HEAD SWIM COACH WANTED. Applicant must have coaching experience and technique skills for developmental through senior level swimmers, Year round position, Exeter Swim Team. Send resume and references, including salary required to: Swim Coach, PO Box 410, Stratham, NH 03885.

WANTED: HEAD COACH, Brockton Community School YMCA. Contact Mark O'Reilly at 508-587-4242.

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JANUARY 1991

blephone Hours: Ho	20 20	NEW BOX	1. Naomi McManus 2. Pamela Lepkowski 3. Kara Eckholm 4. Aly Larkin	2. Sara Greenbaum 3. Mindy Craig 4. Michaela Whittet	3. Jaime Leigh Gaulin 4. Audrey Couto 1314 GIRLS	4. Brandi Blakely 1112 GIRLS 1. Ellen Toomey 2. Kristin Latourelle	9-10 GIRLS 1. Angela Caprigno 2. Linda Baik 3. Neacan Marrahy	8 and under GIRLS 1. Melissa Laque 2. Alita LeChance 3. Elizabeth Wyatt 4. Laura Moulton
100 a.m.	Heedham, HA 02192	ENGIAND SHIPHING OFFICE	BPM 1. Bryan Stanley DYST 2. Chris Graefe BPM 3. Kyle Browning BPM 4. Payson Corbiere	, <u>4</u> 200	E CN 3.	BAT 11.	9-10 BOYS UN 1. Dan O'Neill HYST 2. Richard Sheldon BAT 3. Mark Dillor	8 and under BOYS HYST 1. Casey Cronin LOBC 2. Andrew Thomson EBAC 3. David Cooper UN 4. Liam Burke
2:00 p.m. [0:30 p.m. 2:00 p.m.		•	EBAC UN UN BPH	UN EBAC UN	HYST	BPM HYST	un Hyst Hyst	CLEC
10 Central Possibles CET	SENIOR GIRLS 1. Julie Dempster 2. Kerrin McCarthy 3. Jean Demoster	1314 GIKLS 1. Susan Herrick 2. Melissa Sessoms 3. Rachel Enos	11-12 GIRLS 1. Jamie Leigh Gaulin 2. Ellen Toomey 3. Dagnara Wocicki	10-year-old GIRLS 1. Jodie Michalski 2. Angela Caprigno 3. Andrea Kurrle	9-year-old GIRLS 1. Amy Verreault 2. Kate Thompson 3. Sara Mooney	8-year-old GIRLS 1. Sara Cook 2. Toni Pullman 3. Erin Sullivan	7-year-old GIRIS 1. Kara Taskila 2. Allegra Parisi 3. Nicole Handrickson	5-year-old GIRLS 1. Keri Sullivan 2. Maggie Hoban 3. Courtney Catalano
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э. иажи глаў	SENIOR BOYS 1. Michael Jordan 2. Gene Sutherland	1314 BOYS 1. Stephen Caruso 2. Jon Thomas 3. Jacob Lindmark	11-12 BOYS 1. Joey Richards 2. Tim Heffron 3. Joseph So	10-year-old BOYS 1. Kevin Riley 2. Daniel Bazylewicz 3. Kevin Mulgrey	9-year-old BOYS 1. Joey Heffron 2. Richard Sheldon 3. Mark Dillon	8-year-old BOYS 1. Todd Anderman 2. Aidan Cheney-Lynch 3. Mike Avis	7-year-old BOYS 1. Carlton Cronin 2. Jonathan Leone 3. David Coope	5-year-old BOYS 1. David Bazylevicz 2. Kenny Snow 3. Ryan Patterson
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OPEN GIRLS 1. Allison Hardy 2. Betsy Amos 3. Leslie Repetto	15 and 16 GIRLS 1. Megan Comnolly 2. Karen Danskin 3. Erica MOrrissette	13 and 14 GIRLS 1. Dianna Groff 2. Tara Paulauskas 3. Allyson Horgan	11 and 12 GIRLS 1. Jessica Legue 2. Julie Bard 3. Kate Bradford	9 and 10 GIRLS 1. Abby Brethauer 2. Angela Caprigno 3. Jaime Leduc	8 and under GIRLS 1. Amy Danchik 2. Malissa Lague 3. Naya Marx
MSSC 1. Spencer Hawkins BYC 2. Blake Coporale SSA 3. Jamie Corbett	MSSC 1. Matt Smith NASY 2. Tom Scheinfeldt EST 3. Mike Baroni	MSSC 1. Erik Scheinfeldt MSSC 2. Josh Schwartz HYST 3. Chris Blongievic	HYST 1. Joseph So BYC 2. Lucas Hobbs HRY 3. Chris Danchik	9 and 10 BOYS NSSC 1. Nicholas Groff HYST 2. Kevin Milgrad BYC 3. Bryan Crosscup	MSSC 1. Tony Tenhaagen HYST 2. Carlton Cronin ATST 3. Rick Taussig
NSSC BYC SSA	LSEA	HSC (ME)	NSSM MSWA TSWA TSWA	YSSC CAY YSSC	SSA HYST EST

baby daughter.	who recently became the	CONGRATULATIONS to MIKE
	the parents	and AMY
	of a	PARCATTO

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PVAC PENTATRION, January 13, 1991

*O*KW	5. Karen Lavoie		15 to 18 GIRIS 1. Kristie Kleiner 2. Jan Fisher	6. Sonia Milan	5. Kate Yelle	3. Andrea Slate	2. Jenny Mooney	13 and 14 GIRLS	o. Mristen Voutselas	5. Katie Bradford	4. Kristin Conlin	3. Audrey Couto		11 and 12 GIRES	6. Jernifer Jackson	5. Hilary Placzek	4. Lisa Pac	 Jennifer Hedoe 		10 and under GIRLS
NWSC 6. Mathiass Andersson	U) JA	ωŅ	1 15	9	HYV 5. Josh Donahua	w		13 and 14 Boys	NWSC 6. Jerome Leslie	Çī	PVAC 4. Joe Durkin		PVAC 1. William Maher		* 5.	UN 5. Phil Spinello		EBAC 2. Josh Friz	jmi D	
HEEN	PVAC	PVAC HYV	PVAC	OAK*	NWSC NWSC	PVAC CVAC	PVAC	£,	PVAC	OAK*	OAK*	OAK*	SWRI	;	S	NE C	PVAC	PWG.	OAK*	

OFFICIALS CORNER-JOHN JOHANSSEN, CHAIRMAN

While working the Xmas Classic at Brown, several items came up that would benefit all.

It seems that we no sooner have a clinic in a specified area, when requests start coming in for a clinic. The New England States are adequately covered with Facilitators (teaching referees), and these Facilitators are presently holding clinics, because I'm getting results. Possibly, the problem may be in getting the word out. For instance, the Rhode Island Coaches Committee wanted a Stroke and Turn clinic prior to this season. I chose a Co-ordinator (Charles Wilk), to set up a site and choose a date with enough time to get the word out in our newsletter and word to the YMCA's involved. If this was not done I told them that I would not hold the clinic, and in fact called a clinic off last year when the word never got out in our newsletter. I feel that holding a clinic for just one or two people for just a local club is a waste of the Facilitator's time. I also feel it's suspect. Did a legimate clinic in fact take place? With proper planning the RI clinic drew 33 new people, in a very active full of participation clinic. I felt good, they felt good. Charley Wilk is now in the process of setting up a Starter and Referee Clinic. Obviously, the number of people present will be much lower but I still insist upon adequate publicity. This means a time frame out in the future, not like next week because we have a meet coming up. Proper preparation makes good clinics and good clinics prepare good Officials and good Officials make meets run smoothly. If an individual can't make one of these clinics then I just have to assume that they are not prepared to accept additional responsibilities. When you achieve that level, you will know where I am coming from. We just can't bestow leadership.

Word has to be given to the YMCA's and leagues within areas. Their better swimmers and parents will eventually become a part of our program just as present registered clubs are. Unless these parents become members of USS, a uniform patch, registration card and rule book will not be theirs. When told this, they line up for the membership forms, I'm not in the habit of losing them. Even though doing just YMCA dual meets, that patch on a white uniform makes them appear official. It's our task to make sure that they don't embarrass us.

Concerning starting. The only miscues I've seen lately I think could have been averted by the Starter. As a Starter, you are in charge when the Referee turns the pool over to you. If you notice swimmers fixing hats, goggles, talking to others, stop! Ask for their attention. If you've gone too far before realizing that someone is not ready, then release them. The same goes for swimmers that are shaking and waving on the blocks. If you do not settle them down, you are just asking for a false start. No one can teach you this. We can discuss it, try to prepare for it, but your response is your response. A cool, level voice, loud enough to take command, and demand attention, is sometimes immediately achieved, but more often developed. In particular, keep your voice at the same level.

Similar to this, in the backstroke, is the swimmer that slips and slides on the pad just before the start. If not prepared for this, it may look like an attempt at a false start. Don't be shy about "step down," be prepared for it, sooner or later it will happen to you.

PLEASE NOTE THE CHANGE IN THE PRICE OF SEED CARDS!!!

SEED CARDS: Seed Cards are available through the New England Office. The cost for plain cards is \$22 per thousand, including mailing. If the cards are picked up in Needham, the cost is \$19 per thousand. There is no minimum, and the cards may be split any way between boys and girls.

If you want initials on the cards, the price for 1,000 cards is \$31, including mailing. If the cards are picked up in Needham, the cost is \$28. If you want 2,000 or more cards with initials, the cost is \$26 per thousand, including mailing, or \$23 per thousand if the cards are picked up in Needham. The minimum order for cards with initials is 1,000 cards.

NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to NEWSLETTER PLUS. Subscriptions may be ordered through the New England Office for \$10 per year. Clubs do not have an expiration date on their labels since all registered clubs receive one free subscription with their registration.



United States Swimming New England

20 Cleveland Road Needham, MA 02192



PIONEER VALLEY AQUATIC CLUB Isabelle Fraser 125 Franklin Road Longmeadow, MA 01106 PVAC



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

FERRUARY 1991

IN THIS ISSUE: NEW ENGLAND SWIMMING BOARD MEMBERS, 1991; NEW ENGLAND SWIMMING REGISTERED CLUBS, 1991; SEMINAR FOR COACHES; NATIONAL TOP 16 SWIMMERS, LONG COURSE, 1990; NEW NCAA REGULATIONS; NEW BACKSTROKE RULES; HIGH POINT WINNERS 8 and UNDER CHAMPIONSHIPS, NATIONAL QUALIFIER.....

HIGH POINT AWARDS: EIGHT and UNDER CHAMPIONSHIPS, Cape Elizabeth, ME:

GIRLS:

INDIVIDUAL:

1.	AMY DANCHIK	MESC	1.	PHTER TAWCZYNSKI	WSC
2.	JULIE BLUME	CONX	2.	TONY TENHAAGEN	S52
3.	TORI BUSHNELL	BGSC	З.	CASEY CRONIN	SWRI
4.	EMMA ERIKSSON	BGSC	4.	RYAN GREENE	UN
5.	ELIZABETH WYATT	EBAC	5.	JOSHUA SIMPSON	GMSC
	HEIDI HELLMUTH	BGSC	6.	DREW GEANT	NSC

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1.	ista i i i a		LWIT.CIL	2MTIII	Club	

- 2. Manchester Sunfish Swim Club 2. Nautilus Swim Club
- 4. New England Barracudas 5. East Bay Aquatic Club
- 6. Nashua YMCA

- 1. Swim Rhode Island
- 3. Concord YMCA 3. Worcester Swim Club
 - 4. Seacoast Swimming Association-
 - 5. Unattached
 - 6. Greenwood Memorial Swim Club

HIGH POINT AWARDS: NATIONAL QUALIFIER, Allston, MA:

FEMALE:

MALE:

INDIVIDUAL:

1.	AMY WALKER	PAA	1.	RAY CAREY	BGSC
2.	SALOTE HELU	SYCH	2.	MIKE ROSS	PAA
3.	SHEILA CONWAY	BGSC	·3.	RICK DZAVIK	PAA
4.	JOSIE CORDERO	AMSC	4.	PETER WRIGHT	PAA
5.	NICOLE RUTKOWSKI	BGSC ×	5.	DAVID BERKOFF	BGSC
	AMANDA HALL	BGSC	6.	SETH WILLIAMS	CORY
	LAURA KOERCKEL	PAA	7.	JIM WELLS	PAA
ρ	MICHELE TAMPITO	ΔA	B	TOWN MIRANDA	PAA

COMBINED:

- 1. PAA
- 2. BGSC

The Board of New England Swimming will meet on Monday, March 11, 1991 at 7 p.m. at the Wellesley Community Center, Wellesley, MA.

AMENDMENT TO PART 1 OF THE CODE (Adopted by the USS Rules Committee January 26, 1991)

EFFECTIVE MARCH 4, 1991 Section 101.3 of the USS Rules & Regulations is revised to read as follows:

101.3 BACKSTROKS

.1 Start

- A The swimmers shall line up in the water facing the starting end, with both hands placed on the gutter or on the starting grips.
- Prior to the command "take your mark" and until the feet leave the wall at the starting signal, the swimmer's feet, including the toes, shall be placed under the surface of the water. Standing in or on the gutter or curling the toes over the lip of the gutter is not permitted at any time before the start. A backstroke starting block may not be used.
- stroke Standing in or on the gutter or curling the toes over the lip of the gutter immediately after the start is not permitted. The swimmer shall push off on his back and continue swimming on the back throughout the race. Some part of the swimmer must break the suface of the water throughout the race, except it shall be permissible for the swimmer to be completely submerged during the turn and for a distance of not more than 15 meters (16.4 yards) after the start and each turn. By that point, the head must have broken the surface of the water.
- .3 Turns Upon completion of each length, some part of the swimmer must touch the wall. During the turn the shoulders may turn past the vertical toward the breast. If the swimmer turns past vertical, such motion must be part of a continuous turning action and the swimmer must return to a position on the back before the feet leave the wall.
- .4 Finish The swimmer shall have finished the race when any part of his person touches the wall at the end of the course.

EFFECTIVE MARCH 4, 1991

PRIOR TO MARCH 4, 1991 ALL QUALIFYING TIMES IN BACKSTROKE EVENTS MUST BE SWUM IN ACCORDANCE WITH CURRENT USS RULES AND REGULATIONS.

NATIONALLY RANKED NEW ENGLAND AGE GROUP SWIMMERS LONG COURSE -- 1989-1990

CONGRATULATION TO THESE SWIMMERS WHO ACHIEVED NATIONAL AGE GROUP TOP 16 RANKING. RANKINGS FOR RELAYS WERE PUBLISHED THROUGH TENTH PLACE.

10 and Under:

Allison Vendt

BGSC 100 Back (15)

11 and 12:

Mary Beth Wilk

CAST

50 Breast (9)

Spencer Hawkins

MSSC

50 Back (4), 100 Back (5), 50 Fly (13),

100 Fly (12)

William Maher

LRAC

100 Free (15)

13 and 14:

Nicole Rutkowski BGSC

200 Free (6), 400 Free (5), 800 Free (4),

1500 Free (1)

Jean Todisco

CAY

100 Fly (12), 200 Fly (5)

Matt Gulledge

NEB

200 IM (10)

Bernal's Gator Girls BCSC

400 Medley Relay (4)

(Amanda Hall, Tory Fleming, Danielle Peluso, Nicole Rutkowski)

400 Free Relay (2)

(Amanda Hall, Kelly Gouldson, Tory Fleming, Nicole Rutkowski)

800 Free Relay (2)

(Nicole Rutkowski, Kelly Gouldson, Julie Mitchell, Jen Schmid)

400 Medley Relay (7) Seacoast SA Girls SSA

(Brittany Wilson, Lea Delicio, Caroline Paimer, Michelle Labrie)

400 Free Relay (7)

(Michelle Labrie, Caroline Palmer, Lea Delicio, Kirstin Nagle)

800 Free Relay (4)

(Kirstin Nagle, Brittany Wilson, Caroline Palmer, Michelle Labrie)

Bernal's Gator Boys BGSC 800 Free Relay (9)

(Matt Craven, Rob Rindone, Nike Scarbo, Carl Eriksson)

15 and 16:

Shella Conway

BGSC

200 IN (4), 400 IM (6)

Larissa Herold Alison Kilnakis SSA SSA

_100 Back (7), 200 Back (12), 100 Fly (3)

200 Fly (8)

Shellah McCarthy

BGSC

100 Back (6), 200 Back (8), 200 IM (16)

Leslie Repetto Jenny Thompson

SSA

BGSC 100 Breast (6), 200 Breast (9) 50 Free (8), 100 Free (3), 200 IM (7)

Ray Carey

BGSC

100 Fly (12), 200 Fly (2)

NEW ENGLAND NAG TOP 16 SWIMMERS -- LONG COURSE 1989-90 (continued)

15 and 16 (continued):

Bernal's Gator Women BGSC 800 Free Relay (8)

(Leslie Repetto, Alivia Price, Jen Jackson, Sue Pergola)

NE Barracudas Men NEB 400 Medley Relay (3)

(Alex Cuhna, Brian Fehlau, Jeff Little, Rick Osterberg)

400 Free Relay (8)

(Alex Cuhna, Brian Pehlau, Jeff Little, Rick Osterberg, (Chip Haberstroh))

800 Free Relay (9)

(Rick Osterberg, Chip Haberstroh, Jeff Little, Alex Cuhna)

17 and 18:

Sheila Conway Jenny Thompson	8 630 338	100 Back (13), 200 IN (6), 400 IN (13) SO Free (1), 100 Free (2), 200 Free (4),
	an de de constitu	100 Fly (2), 200 [8 4)
Ray Carey	ngsc	100 Ply (8), 200 Ply (1), 400 IM (6)
Dean Fredette	SSA	100 Fly (10), 200 Fly (10)
Sean Gouldson	BGSC	100 Back (2), 200 Back (13)
Sric Jones	SSA	100 Breast (6), 200 Breast (6)

轟飶唍^甇碞馪鸋馪韄膌篗嶜軉蠿휈軧敽蜫韄ĸĸ膌膌韄韄韄韄膌裧膌媙휈臶鍨馪蚸駵蔙贕藙醦籋貜줿ઘ梲煯鮗跾孋閪敉艂狩췂傡虼<u>ਡ銏</u>鎲灹裢薪繜阭礆籔窓伐荐ਈ陖

!!! HOT TIP FOR NAG TOP 16 REPORTING - SHORT COURSE 1990-91

Each year, the National Top 16 Reportable cuts change slightly. Usually, they become tougher, as competition standards become higher. In a few cases, however, they become easier because too few swimmers or relays qualify for reportable status.

This year, the cuts have been greatly relaxed for 17-18 women's relays. Some cuts have also been relaxed for 15-16 women's relays. These are reprinted below:

	2 15-16 Women	17-18 Women
400 YARD Medley Relay	4:09.49	4:18.99
400 YARD Free Relay	3:42.09	3:49.99
800 YARD Free Relay	8:12.99	8:19.99

The catch is that, for a relay to qualify, it must be composed EXCLUSIVELY of women aged 17 and 18 or of women aged 15 and 16. Relays of mixed ages are not reportable in any category.

If your club has a good relay in which ALL of the swimmers are aged 15-16 or 17-18, check back with these times. If (hopefully!) it qualifies, please use the form printed in the December 1990 Newsletter to report "it.

Anne Hawkins Top 16 Tabulator

	1.6 ·			•
	NEW ENGLAND SWIMMING, BOA	RD MEMBERS	FE	BRUARY 1991
	ROBERT FREDETTE Chairman	2 Wallingford Street Dover, NH 03820	(H)	603-742-5153 603-332-1182
	JAMES KRESEL Vice Chairman	5 Haskins Road Hanover, NH 03755	(O)	603-643-4456 603-646-5599
	FRANK TARANTINO Treasurer	14 Ingraham Road Wellesley, MA 02192	(O)	617-235-0199 617-348-2079
	DONNA BROWN Secretary	66 Craigie Street Somerville, MA 02143	(H)	617-776-4531
	MARC ALLEN Age Group Chairman	2 Colony Way Nashua, NH 03062	(H)	603~888-4873
	MIKE PARRATTO Senior Chairman	9 Tri-City Apt., Apt. 17 Somersworth, NH 03878	(H)	603-749-2869
	ROY COATES Technical Chairman	PO Box A-241 Hanover, NH 03755	(O) (B)	603-646-3433 603-448-3061
	MARY RIDDELL Registration Administrative Assistant	20 Cleveland Road Needham, MA 02192	(H)	617-449-0270 61 7-4 44- 25 90
	JOHN JOHANESSEN Officials Chairman	Box 131 North Stonington, CT 06359	(H)	203-535-2885
	ISABELLE FRASER	125 Franklin Road Longmeadow, MA 01106	(H)	413-567-3415
	PRISCILLA DAVIS Safety Officer Review Board Chairman	205 Woodbury Street South Hamilton, M A 01982	(H) ; "	508-468-3786
	JIM MCCOMBS Coach Representative	16 Milk Street Nashua, NH 03060	(H)	603-889-8002
	AMY PARRATTO Coach Representative	9 Tri-City Apt., Apt 17 Somersworth, NH 03878	(H)	600-749-8559
	ELIZABETH KOTCH Athlete Representative	128 South Street Attleboro, MA 02703	(H)	508-222-7063
•	STEVE KORBLY Athlete Representative	6 Dover Farm Road Medfield, MA 02052	(H)	508-35 9- 5089
	GERARD ZIMMER Meet Evaluation	6 Davis Lane Amherst, NH 03031	(H), · (O)	603-673-0676 617-377-3138
	KEVIN SALISBURY ASCA Representative	115 WIlliams Avenue East Providence, RI 02914	(0)	401-434-6776
	KEN OBERG USS Camps	PO Box 6201 Cape Elizabeth, ME 04107	(H)	207-767-7077
	BILL WHITMAN Officials Assistant	117 Abbott Road Wellesley, MA 02181		617-237-4584 -800-543-8010
	MAUREEN DEVITO Age Group Assistant	165 Common Street Belmont, MA 02178	(O)	
	GLENN HERRICK Senior Assistant	36 Mayflower Drive Wenham, MA 01984	(O)	508-468-2565 508-468-2548

April 1995 April 1995

		PRESCIARY 1991
33 Ronald Road Sudbury, MA 01776	(H)	508-443-3180
287 Hovey Street Lowell, MA 01852	(O)	508-441-0959 508-474-0888
24 Newmarket Road Durham, NH 03824	(H)	603-868-7249
PO Box 397 Hollis, NH 03049	(H)	603-465-2550
31 Plain Road Westford, MA 01886	(H)	508-692-8797
128 South Street Attleboro, MA 02703	(H)	508-222-7063
1750 East Boulder Street Colorado Springs, CO 80909	(0)	719-578-4578
	Sudbury, MA 01776 287 Hovey Street Lowell, MA 01852 24 Newmarket Road Durham, NH 03824 PO Box 397 Hollis, NH 03049 31 Plain Road Westford, MA 01886 128 South Street Attleboro, MA 02703 1750 East Boulder Street	Sudbury, MA 01776 287 Hovey Street (H) Lowell, MA 01852 (O) 24 Newmarket Road (H) Durham, NH 03824 PO Box 397 Hollis, NH 03049 31 Plain Road (H) Westford, MA 01886 128 South Street (H) Attleboro, MA 02703 1750 East Boulder Street (O)

NCAA REFORMS ADOPTED:

by Dale Newburger, Chairmen of USS' Ad Hoc Committee on NCAA Legislation (as printed in United States Swimming News, Grbruary 1991)

The NCAA Convention in Nashville adopted major legislation designed to cut costs, reduce time demands on student-athletes, and refine membership criteria for divisional membership this past January.

The full effects of the legislative action for non-revenue sports like swimming and diving will probably not be known immediately, but our sport scored more "victories" than any other. The perspective of the swimming community was advanced by hundreds, perhaps thousands, of letters to college presidents and key administrators.

How will collegiate swimming differ?

There will be fewer coaches, as limitations were established for one head coach, one assistant coach, and one "limited earnings" coach (usually, graduate assistants) for each men's or women's team.		
There will be fewer scholarships, as new maximum grant- in-aid allowances are 9.9 scholarships for men's swimming		

(These cost reduction measures were instituted for all sports, however, and some marginal collegiate programs conceivably may be saved because of overall athletic department budget reductions.)

and 12.6 scholarships for women's swimming.

Mandatory practice time (that which a coach can require) is limited to 20 hours per week for the 24 week collegiate swimming season and 8 hours of strength training during the remainder of the school year.

However, voluntary practices are allowed throughout the year, and not only may the coach be present during these voluntary sessions, he/she may give "skill instruction" (although not tech-

nically able to "conduct" the workout). Our most dedicated athletes will be able to pursue their goals with workout time that can be the same as previously done; the distinction is between "mandatory" and "voluntary" participation.

One of the few pieces of true legislation passed at the convention that can be considered a true "victory" was the continued ability of swimmers with remaining eligibility to train with their college coaches during the summer months.

This was regarded as a "toss-up" issue going into the convention, and the efforts of strong leaders like Joan Cronan of the University of Tennessee and Donna Lopiano of the University of Texas were instrumental in this area.

The net effect for swimming is likely to be negligible, and clearly our sport came through more favorably than any other. The vigorous efforts of all segments of the swimming family in opposing the most destructive proposals were successful. We need to continue to work with college presidents and NCAA leadership to keep our sport strong.

I believe swimming's strategy should now call for support for and cooperation with the NCAA Presidents Commission. There will be opportunities to "fine tune" certain of the legislation adopted in January at next year's convention, and the sports that can best work within the system stand the best chance for success at the 1992 convention.

The vote on time demand legislation was 299 - 28. The chief executive officers of America's colleges have exerted their control, and we must continue to provide them with numerous examples of the strong record of accomplishment that swimmers have achieved in academic performance and community/volunteer service.

ATTLEBORO BLUEFISH

PO Box 682 Attleboro, MA 02703

AMHERST TRITON SWIM CLUB Karen Paster 327 Shutesbury Road Amherst, MA 01002

EROCKTON COMMUNITY SWIM TEAM Richard T. Lawler 22 Guinevere Road No. Easton, MA 02324 BCSY

BELCHERTOWN STINGRAYS SWIM TEAM Marie Spiegel 90 Federal Street Belchertown, MA 01007 BSST

CUMBERLAND AREA SWIM TERM

PO Box 7668 Cumberland, RI 02864 CAST

CAPE COD SWIM TEAM Marc Solomon PO Box 966 Pocasset, MA 02559 CCSC

CUMBERLAND-LINCOLN PENGUINS Jo-Anne Perry PO Box 7505 Cumberland, RI 02864 CLBC

DOLPHIN SWIM TEAM DYST Tom Baird FO Box 832 Keene, NH 03431

EXETER SWIM TEAM

PO Box 766 Exeter, NH 03833 EST

GREENWOOD MEMORIAL SWIM CLUB HANSCOM SEAHAWKS Greenwood Memorial Pool 69 Park Street Gardner, MA 01440 GMSC

AQUAMAIDS & AQUAMEN OF P. Parenteau WORCESTER 128 Brookline Street Worcester, MA 01603 AMW

BARRINGTON YMCA

West Street Barrington, RI 02806-3526 BARY

BENNINGTON MARAUDERS Nancy Leake Woodford Road Bennington, VT 05201 BENN

BEVERLY YMCA BARRACUDAS Feter Farragher 254 Essex Street

Daverly, MA 01915 BYE

CAPE ANN YMCA SWIM TEAM Carol Sutherland 7 Ocean Avenue Magmolia, MA 01930 CAY

CHICOPEE AMBERJACKS Matt Chenier 20 Fairfield Avenue Holyoke, MA 01040 CHA

CONCORD YMCA SAILFISH Joan Blume 15 N. State Street Concord, NH 03301 CONY

EAST BAY AQUATIC CLUB EBAC Sandy Gorham 101 Holland Avenue Riverside, RI 02915

PALL RIVER YMCA Sally D. Smith 450 Rock Street #12 Fall River, MA 02720 FRY

Wyckliffe Furcron 5 Nellis Terrace Hanscom AFB, MA 01731-2621 HAFB ,

ANDOVER-NORTH ANDOVER YMCA Andover-No. Andover YMCA 165 Haverhill Street Andover, MA 01810

BELMONY AGUATICS Ann Murray PO Box 96 Belmont, MA 02178

BERNAL'S GATOR SWIM CLUB

230 Western Avenue #203 Allston, MA 02134 BGSC

EURLINGTON YMCA CHAMPS

Sally Lebic 13 Yandou Drive S. Burlington, WY 63403 BYC

CAPTER COMMITTE WILDING Sandy Morteberg SW.FISH 1 Taylor Street PORox 386 Lebanon, NH 03766 CC 35

CERTRAL VERMONT VAVINAMERS Jon Turmel 4 Skylark Drive RR4 Barre, VT 05641 CVwn

DANVERS YMCA DOLPHINS Diane Landers 5002 Heatherwood Lane W. Peabody, MA 01960 DYD

EASTHAMPTON BARRACUDAS EB Kathie Stewart 126 Strong Street Easthampton, MA 01027

GREATER BOSTON SWIM CLUB Steven M. Callander 12 Alban Street Dorchester, MA 02124 GBSC 💡

HOCKOMOCK YMCA SWIM TEAM Richard Kurrie 53 Newell Drive No. Attleboro, MA '02760 HAY

HAVERHILL YMCA
Carl Cronin
Box 961
Haverhill, MA 01831
HYST

HAMPSHIRE REGIONAL YMCA SWIM
Kathy Flynn TEAM
99 Prospect Avenue
Northampton, MA 01060
HRY

LYNN YMCA KILLER WHALES
Lynn YMCA, Elaine Kurkul
20 Nepturne Blvd.
Lynn, Ma 01902
LYKW

MANCHESTER SUNFISH SWIM CLUB Louise Paulauskas 76 Lowell Street Manchester, NH 03101 MSSC

MERRIMACK VALLEY PIRATES
Margaret Schofield
10 St. Mary's Drive
Westford, MA 201886
MVP

NORTH COUNTRY AQUATIC CLUB Roy Coates PO Box A 241 Hanover, NH 03755 NCAC

NAUTILUS SWIM CLUB

Contract Station Box 6201 Cape Elizabeth, ME 04107 NSC

NEWPORT COUNTY YMCA WAHOOS Laura P. Clark 792 Valley Road Middletown, RI 02840 NYSC

PITTSFIELD BOYS CLUB Julie Piepho 16 Melville Street Pittsfield, MA 01201 PTBC

Frank Bachteler
31 Paul Drive
Lee, MA 01201

HOLYOKE YMCA VIKINGS Randall K. Smith 171 Pine STreet Holyoke, MA 01040 HYV

LAKES REGION WAVEMAKERS

La granda de ser en en

PO Box 1594 Laconia, NH 03246 LRW

MALDEN YMCA
Marina Hincapie
5 Robinson Road
Malden, MA 02148
MALY

MARBLE/HEAD SWAMPSCOTT MARINERS
Marblehead/Swampscott YMCA
104 Pleasant Street
Marblehead, MA 01946
MSY

NASHUA YMCA
Greg Derderian
17 Frospect Street
Nashua, NH 03060
NASY

NEW ENGLAND BARRACUDAS
Alan Barry
PO Box 462
Weston, MA 02193-0462
NEB

NORTH SUBURBAN YMCA VIKINGS Neil Gillis 35 Pine Ridge Road Reading, MA 01867 NSYV

OYSTER RIVER OTTERS Sandy Blitzer 46 Canney Road Durham, NH 03824 ORO

PIONEER VALLEY AQUATIC CLUB Isabelle Fraser 125 Franklin Road Longmeadow, MA 01106 PVAC

SHAWMUT AQUATIC CLUB Sara Groden 74 Alton Street Walpole, MA 02081 SAC HAMPSHIRE HILLS SEAWOLVES
Ed Bahan PO Box 404
50 Federal & Emerson Rds
Milford, NH 03055
HHST

Richard Dion 657 MIddlesex Street Lowell, MA 01851 LOBC

MIDDLEBURY SWIM TEAM

PO Box 325 Middlebury, VT 05753 MMST

MARTHA'S VINEYARD SWIM TEAM Deborah Clark PO Dox P-59 S. Dartssouth, MA 02748 MVST

NEW ASSPORD TWCA ACUARTONS
Trix Whalen
66 Spring Street
New Bedford, MA 02740
NBYW

NORWCOD STINGRAYS
Alice Kane-Welch
246 Sunny Side Road
Norwood, MA 02062
NSR

NEW WAVE SWIM CLUB Bill Burns 62 Geana Lane Lowell, MA 01852 NWSC

PORTSMOUTH SWIM TEAM
Priscilla St. Lawrence
PO Box 5151
Portsmouth, NH 03802-5151
PST

PETERBOROUGH SWIM TEAM
Beth Corwin
2 Vine Street
Peterborough, NH 03458
PWS

SOUTH COUNTY YMCA Scott Hassel Box 111, Broad Rock Road Peace Dale, RI 02883 SCY SEEKONK DOLPHINS SD Ellis Mayers Seekonk High School Arcade Avenue Seekonk, MA 02771

SEACOAST SWIMMING ASSOCIATION
Bruce Mohl
PO Box 272
Dover, NH 03820
SSA

SOUTH HADLEY SWORDS
Shelley Gustafson
56 Easy Street
South Hadley, MA 01075
SHS

TRITON AQUATIC CLUB Sue Mogavero 5 Mohawk Circle Westboro, MA 01581 TRAC

WORCESTER AQUATIC CLUB
Lori Corcoran
125 Providence Street
Worcester, MA 01604
WAC

WALPOLE SWIM TEAM

PO Box 83
Walpole, MA 0208



SMITHFIELD YMCA
PO Box 363
Deerfield Drive
Greenville, RI 02828
SMY

SOUTH SHORE STRYPERS
Janet Keyes
973 Quincy Shore Drive
Quincy, MA 02170
SSS

SWIM RHODE ISLAND

PO Box 1556 East Greenwich, RI 02818 SWRI

VALLEY GATORS SWIM TEAM
Marge Adams
6% King Street
Bellows Falls, VT 05101
VGST

WOBURN BOYS CLUB SWIM TEAM Michael Morrell 180 School Street Woburn, MA 01801 WOBC STERLING SWIMMERS
Doris T. Florig
Box 159
Hyde Park, VT 05655
SS

SALEM SWIM TEAM
Missy Rowell
3 Geremonty Drive
Salem, NH 03079
SST

TWIN OAKS SWIM TEAM
Jim Donoghue
63 Main Street
Essex Junction, VT 05452
TOST

WHITINSVILLE BLUE DOLPHINS
Whitin Community Center
:60 Main Street
Whitinsville, Ma 01588
WBD

WORCESTER SWIM CLUB Coralie O"Cognor 30 Walworth Street Worcester, MA 01602 WSC

NEW ENGLAND SWIMMING OFFICE Mary Riddell 20 Cleveland Road Needham, MA 02192

OFFICE HOURS: 617-449-0270

Monday: 8:00 a.m. - 2:00 p.m. 7:30 p.m. - 10:30 p.m.

Thursday: 8:00 a.m. -- 2:00 p.m.

ATTENTION COACHES-SAVE THE DATE: APRIL 27-28, 19911

There will be a seminar for all New England coaches on the weekend of April 27-28, 1991 at the Wellesley Community Center in Wellesley, MA. The seminars will feature Mark Shubert (University of Texas) and Guy Edson (ASCA), will offer ASCA credit, and will have a nominal fee. Information has been available at all championship meets and will be mailed to all registered coaches. More details will follow next month.

POSITION WANTED: Professional, experienced Head Coach, Team Director and Aquatic Facility Director seeks position with progressive, growth oriented USS Club. Team building, stroke technique and training for excellence successfully used with collegiate, top USS, YMCA, recreation and summer league teams for over 8 years. Willing to relocate immediately for right situation. Please contact: Martin Beall, PO Box 9172, Greensboro, NC 27429 (919-632-0744).

PLEASE NOTE THE CHANGE IN THE PRICE OF SEED CARDS!!!

SEED CARDS: Seed Cards are available through the New England Office. The cost for plain cards is \$22 per thousand, including mailing. If the cards are picked up in Needham, the cost is \$19 per thousand. There is no minimum, and the cards may be split any way between boys and girls.

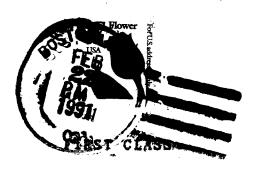
If you want initials on the cards, the price for 1,000 cards is \$31, including mailing. If the cards are picked up in Needham, the cost is \$28. If you want 2,000 or more cards with initials, the cost is \$26 per thousand, including mailing, or \$23 per thousand if the cards are picked up in Needham. The minimum order for cards with initials is 1,000 cards.

NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to NEWSLETTER PLUS. Subscriptions may be ordered through the New England Office for \$10 per year. Clubs do not have an expiration date on their labels since all registered clubs receive one free subscription with their registration.



United States Swimming New England

20 Cleveland Road Needham, MA 02192



SANCTION CHAIRMAN Isabelle Fraser 125 Franklin Street Longmeadow, MA 01106



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW EMIZAND SWIPMING

MARCH 1991

IN THIS ISSUE: LONG COURSE 1991 CALENDAR; PROPOSED CALENDAR FOR SHORT

COURSE, 1991--1992; COACHES' SEMINAR; AGE GROUP CAMP;

BID FORM; SIFETY INFORMATION; NEW CLUBS.....

New England Swimming thanks and commends JOB PALISO, BGSC parent, whose quick response saved the life of a choking Harvard University life guard.

PELICAN PETE SAYS..



TO: SYDMERS, CONCUES AND PARRIETS

FROM: PRISCILLA DAVIS, SAFETY COXEDINATOR

Please THINK SAFETY at all times!

In the locker room:

Don't run.

Watch for spilled shampoo or conditioner.

Close locker doors when not in use.

Carefully dispose of razor blades.

During practice:

Use care and don't run on deck (decks are WET!).

NO DIVING except in sprint lanes

At meets:

Use care in the locker room.

Don't run.

NEVER bring glass into the locker room or on the deck.

Keep razor blades in a safe place.

NO DIVING except in sprint lanes.

Be courteous to others.

When I see swimmers diving during warm-ups at meets, I feel that they must be doing this at practice also. Please remember FEET FIRST FOR SAFETY. Let's keep swimming a safe and wonderful sport.

If you do have an accident, however minor, please report it on the proper forms. All registered teams, officials and coaches should have a copy.

The Board of New England Swimming will meet on Monday, April 8, 1991 at at 7 p.m. at the Wellesley Community Center, Wellesley, MA.

REIMFURSEMENT: All swimmers who are eligible for reimbursement for Junior Nationals or Senior Nationals are reminded that reimbursement applications are available through the office and must be returned within 6 weeks.

DINNER AT JUMIOR MATTOWALS: New England Swimming is sponsoring a dinner at Junior Nationals for all New England Swimmers attending the meet. The dinner is on Tuesday, March 26 at 6:30 p.m. at The Macaroni Factory. Clubs who submitted rosters for the meet have been sent invitations, and reservations must be made by Thursday, March 21. If you need more information, please contact the New England office or Roy Coates 603-448-3061.

terior erection

NEW TEAKS:

B P MARLINS Bob Pyatt PO Box 764 Burlington, MA 0:803 Providence, RI 029:2 BPM

DARTMOUTH SWIMMING

Betsy Mitchell PO Box A184 Hanover, NH 03755

DS

BROWN CHIVERTELY

10 Box 1874

PROVIDERCE COLLEGE

John O'Neill, Swim Coach Providence College Providence, RI 02918

SAFETY CONFEST: New England Swimming is sponsoring a safety contest, featuring "Pelican Pete," United States Swimming safety mascot. Information will be sent to all clubs in a few weeks. WATCH FOR IT! Prizes will include United States Savings Bonds and prize winners will be displayed at Age Groups this summer.

SWIN CAMP: The Manchester Sunfish Swim Club will sponsor a SWIM CAMP during the week of June 23--29, 1991 on the New Hampshire College Campus in Manchester, NH. Featured coaches in residence for the week will be TIM WELSH, Head Men's & Women's Coach for the University of Notre Dame, and TOM CRODEN, Head Men's & Women's Coach for Boston College. The camp is offering both resident and non-resident camper status, JIM MCCOMBS, Sunfish Head Coach, is the camp's director. Team discounts are available. For more information, or applications, please call: 603-889-8002.

NEW ENGLAND SWIMMING CALENDAR, LONG COURSE, 1991: APRIL *CAST Team Specialty Dave Hunter Attleboro High School 401-658-2075 Attleboro, MA MAY 17--19: * CAY Team Specialty Carol Sutherland Cape Ann YMCA 508-525-3773 Cloucester, MA 400 IM 17-19: ** NEB "AA" and Better Cancelled Lester Slate Williams College 617-964-1536 Williamstown, MA all but 1800 meters JUNE June 14, 15 & 16 - Long Course Warwick, Rigan Special Course Course Warwick, Rigan Special Course Co 1--2:***MSSC Team Specialty dan Burkbardt New Humpshire College 603-673-6431 Manchester, Nii 8--9: *CCSC Team Specialty - Carol Maryraf Mass Maritime Academy 508-088-4578 Buzzaros Bay, Ma 1650 yard freestyle : * BAT Team Specialty (schedule II) Abigail Hurlbut Minuteman Technical School 617-729-4216 22 Lexington, MA 21--23: **PVAC "A" and Better (schedule I) Maureen Mikuszewski Springfield College 413-567-3415 Springfield, MA 400 IM, 400 free 30 : ** SSA Team Specialty Bruce Mohl Guppy Pool 603-868-7249 Dover, NH JULY 6--7: **MSSC Team Specialty Sue Shaughnessy Raco Pool 603-472-5377 Manchester, NH 400 free 12--14: ** SSA Age Group and Senior Qualifier Bruce Mohl Guppy Pool 603-868-7249 Dover, NH

400 IM, 400 free; 8 and under events 18--21: **BGSC New England Senior Championships Site not definite at this time-

20--21:***GMSC End of season "C" to Age Group Cut Peter Grimes Greenwood Memorial Pool 508-537-2104 Gardner, MA 8 and under events

continued....

25--28: ** BUS New England Age Group Championships Mark Johnston Brown University 401-863-1919 Providence, RI

> all age groups including 8 and under and 15--18

* 25-yard pool (short course pool) ** 50-meter pool (long course pool)

*** 25-meter pool (short course meter pool)

OTHER DATES TO NOTE:

12--21: US Olympic Festival, Los Angeles, CA

14--25: World University Games, Sheffield, England AUGUST 2--6: US Junior Nationals, Tuscaloosa, Alabama

> 2--18: Pam American Games, Havana, Cuba 7--11: Eastern Zone Meet, Oak Marr, VA

12--16: USS Summer National Championships, Ft. Lauderdale, Florida

22--25: Pan Pacific Championships, Edmonton, Canada

Cult Court of the

NEW ENGLAND SWIPMING-PROPOSED CALEFURER. SPERT CODESE. 1991—1992:

5--6: Specialty Meets **CCTOBER**

12 : New England Swimming Annual Meeting

13: Specialty Meets

19--20: Specialty Meets

26 : Specialty Meets

27: Top Ten Banquet

NOVEMBER 2--3: Team Specialty

9--10: "C" Meet

16--17: "B" Meet

23--24: "A" and Better

29--1: US Open, Minnesota

DECIMBER 30--1: "B" Meet

.7--8: Team Specialty 14--15: "A" and Better

21--22: Specialty Meets

28--29: Specialty Meets

4--5: "A" Meet JANUARY

11--12: Team Specialty 18--19: "BC" Meet

25--26: National Qualifier (long course) "BA" Meet

FEBRUARY 1--2: "C" Meet

8--9: Team Specialty

15--16: Age Group and Senior Qualifier

22--23: Bronze Classic

MARCH 29--1: New England Age Group Championships

1--6: US Olympic Trials, Indianapolis, Indiana

7--8: New England 10 and under Championships

14--15: New England Senior Championships

21--22; Silver Classic

24--28: US Junior Nationals, Nashville, Tennessee

All bids are due by; JUNE 1, 1991

SEMINAR FOR ALL NEW ENGLAND COACHES

There will be a seminar for all New England coaches to be held on the weekend of April 27 and 28, 1991 at the Wellesley Community, Wellesley, MA.

SATURDAY, APRIL 27: GUY EDSON, American Swim Coaches Association

9 a.m. -- 5 p.m.: "Club Administration for Swim Coaches"

SUNDAY, APRIL 28: MARK SHUBERT, head coach, University of Texas; former coach, Mission Bay and Mission Viejo

9 a.m.--5 p.m.:

morning : "What It Takes to be a Successful Coach

and Run a Successful Program"

afternoon : "Swim Training and Dryland Training"

All the seminars will be open to all coaches-New England Swimming, high school, recreation teams, etc.. Credit will be given to those coaches who are members of the American Swim Coaches Association (ASCA).

FRES: New England registered non-athletes: pre-registration: \$15*
Others: pre-registration: \$15
pre-registration: \$25
at door: \$35

The fee covers all sessions of the seminar.

* New England registered non-athletes who pre-register will have their check returned when they attend the seminar.

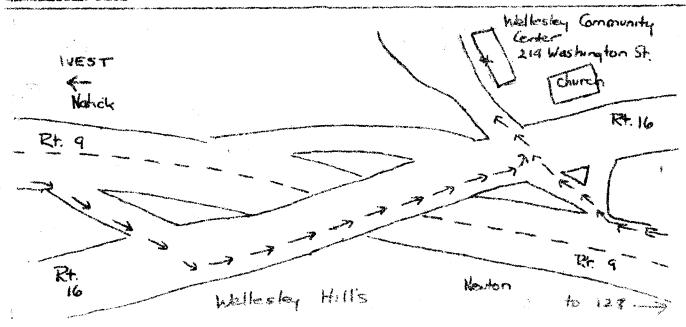
HOTEL ROOMS: Hotel rooms are available at the Days Inn, Route 9, Framingham (508-875-6151) for \$60.28, including tax.

For further information, please contact:

Amy Parratto, junior coach rep, 603-749-2869 Jim McCombs, senior coach rep, 603-889-8002 Kevin Salisbury, ASCA rep, 401-434-6776

Please mail this form to: Amy Parratto, 9 Tri-City Apt., Apt. 17, Somersworth, NH 03878.

NAME:	PHOWE:	
ADDRESS: #		
Team, if you are currently coaching:		
New England registered non-athlete: yes	no	·
Ree enclosed:		



DIRECTIONS TO WELLESLEY COMPUNITY CENTER, 219 Washington Street (Noute 16), Wellesley Hills, Mar

From 128 take route 9 west. Eight after the second set of lights, turn right at the blinker (the sign says route 16). At the light at the sod of the ramp stay to the right and cross Foute 16 into the parking lot. Be careful, care on Route 16 are not necessarily expecting you!

From the west take route 9 east. Exit at Wellesley Hills, route 16. At the lights at the end of the ramp, turn left, cross back over route 9 and turn left into the driveway which is just beyond the ramp to route 9 (and a sign that says no left turn onto the ramp).

NEW ENGLAND SWINNING OFFICE

Mary Riddell 20 Cleveland Boad Needham, MA 02192

617-449-0270

Melophone Novem: Monday : 8:00 a.m. - 2:00 p.m.

7:30 p.m.-10:30 p.m.

Thursday: 6:00 a.z. - 2:00 p.z.



NEWSLETTER



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

APRIL 1991

IN THIS ISSUE: HIGH POINT WINNERS--AGE GROUPS and NEW FNGLAND SENIORS; NEW ENGLAND SWIMMERS WITH WORLD AND USA RANKINGS; REIMBURSEMENT FORM FOR JO AND SENIOR NATIONALS; ADDITIONS and CORRECTIONS, LONG COURSE CALENDAR; PELICAN PETE SAFETY CONTEST.....

SAFETY TRAINING FOR SWIM COACHES:

Kevin Salisbury (SWRI) is willing to run a Safety Training for Swim Coaches course. However, he needs six participants before he can run the class. If you are interested in the course, please contact Kevin immediately at the East Providence Boys Club (401-434-6776).

Clubs that are hiring coaches for the summer should take advantage of this opportunity. There may not be any other courses offered this spring!

ATTENDANCE AT CHAMPIONSHIP AND "CLASSIC" MEETS:

There were record numbers of swimmers at the various championship and classic meets this past season. For your information, here are the numbers:

> Eight and under Championships: 151 swimmers Bronze Classic : 646 swimmers Silver Classic : 694 swimmers

Age Group Championships : 763 swimmers (including relays) Senior Championships : 445 swimmers (including relays)

SAFETY CONTEST:

Please share the enclosed announcement of the New England safety contest with the other swimmers on your tea. The picture of "Pelican Pete" is at the printer, and copies will be sent to all clubs within the week. If your team needs more copies, feel free to make additional copies. Prize-winning entries will be exhibited at Age Groups this summer. Start thinking of your safety slogans!

The Board of New England Swimming will meet on Monday, May 13 at 7:30 p.m. at the Wellesley Community Center, Washington Street, Wellesley Hills, MA. The Technical Committee will meet at 5:30 p.m. before the Board Meeting. Following the Board Meeting, the Facilitators will meet.

Safety Contest

Make up a safety slogan for Pelican Pete

Use the Pelican Pete Outline or draw your own on an 8"x11" sheet of paper

(Coaches have outlines!!)

Contest open to all N.E.U.S.S. Registered age groupers

Prizes:

1st \$200 U.S. Savings Bond one for 10 and under one for 11 and over 2nd \$50 U.S. Savings Bond one for 10 and under one for 11 and over Tee Shirts for 3rd - 20th place in each section 10 and under / 11 and over

Entries due: 6/5/91

Send to: Priscilla Davis

205 Woodbury St.

S. Hamilton, MA 01982

(508) 468 - 3786

Name, address, club, age, tee shirt size on back of entry

NEW ENGLAND SWIMMING LONG COURSE MEETS-additions, corrections, etc.:

MAY

26 : **CAST Team Specialty

McDermot Swim Center

Dave Hunder 401-658-2075

Warwick, RI

This replaces the meet scheduled for April 29.

JUNE

8--9: *CCSC Team Specialty

Mass Maritime Academy

Carol Margraf 508-888-4518 or

Buzzards Bay, MA Marc Solomon 508-564-5690

JULY

18--21: **NES New England Senior Championships

Smith Swimming Center

Mary Riddell 617-449-0270

Brown University Providence, RI

The meet will be organized by New England Swimming. All teams that participate will be expected to help with the meet.

* 25-yard pool

** 50-meter pool

Because of a convention, hotel space in Providence will be tight for both Age Groups and Seniors. Teams should locate rooms as soon as possible.

QUALIFYING FOR LONG COURSE CHAMPIONSHIP MEETS:

A swimmer may qualify for long course championship meets with either a yard or a meter time. Yard times may <u>not</u> be converted to meter times to qualify for a championship meet. Swimmers with meter times are seeded first, fastest to slowest times; swimmers with yard times are seeded after the swimmers with meter times with the yard times also seeded fastest to slowest.

Swimmers who are swimming in a 25-meter pool (short course meters) <u>must</u> convert their times to yards by .9049. These times will then be seeded with the other yard times. Short course meters (25-meters) may not be converted to long course meters (50-meters).

Times achieved after September 1, 1990 may be used to qualify for long course championships except for the 1500 and 800 freestyles which may go back to May 1, 1990.

NEW CLUBS:

BOYS CLUB OF NASHUA
Gerard G. Carney
47 Grand Avenue
Nashua, NH 03060
BCN

NEW ENGLAND AQUATIC CLUB Steve Quimby PO Box 408 Exeter, NH 03833 NEAC SWIM CAMP: The Manchester Sunfish Swim Club will sponsor a SWIM CAMP during the week of June 23--29 on the New Hampshire College campus in Manchester, NH. Featured coaches in residence for the week will be TIM WELSH, Head Men's & Women's Coach at the University of Notre Dame and TOM GRODEN, Head Men's & Women's Coach for Boston College. The camp is offering both resident and non-resident camper status. JIM MCCOMBS, Sunfish Head Coach, is the camp's director. Team discounts are available. For more information or applications, please call: 603-889-8002.

SWIM CAMP: A swim camp will be part of the Sports Camps to be held at the University of Massachusetts at Amherst this summer. There will be three levels—Developmental Swimming, Competitive Swimming and Swim Training. Sessions begin on June 23. Bob Newcomb, Head Women's Coach at UMass, is the director and the camp staff includes Russ Yarworth, Head Men's Coach at UMass, Marrie Neumer, Men's and Women's Coach at University of Rochester, and Emily Ward, Women's Swim Coach at SUNY, Buffalo. For more information, call the Summer Sports Camp Program, 413-545-2267.

HEAD SWIM COACH WANTED: Nautilus Swim Club is looking for a Head Swim coach to begin in September. Applicants should write to:

Nautilus Swim Club Contact Station Box 6201 Cape Elizabeth, ME 04107

AGE GROUP (13 and over) COACH needed for USS Short Course/YMCA season. Start in September 1991. Send resume and qualifications to:

Peggy Gall, Aquatic Director Hockomock YMCA, 300 Elmwood Road North Attleboro, MA 02760

NEW ENGLAND SWIMMING OFFICE

Mary Riddell 20 Cleveland Road Needham, HA 02192

617-449-10270

Telephone Hours: Monday : 8:00 a.m. 2:00 p.m.

7:30 p.m.-10:30 p.m.

Thursday: 8:00 a.m .- 2:00 p.m.

HIGH POINT WINNERS-NEW EMGLAND SENIOR CHAMPIONSHIPS

1.	JENNY THOMPSON	SSA	1.	RAY CAREY	BGSC
2.	LARISSA HEROLD	SSA	2.	ALEX CUNHA	NEB
3.	AMANDA HALL	BGSC	3.	DAVID BERKOFF	BGSC
4.	SHEILA CONWAY	BGSC	4.	JIM MCGINNIS	BGSC
5.	NICOLE RUTKOWSKI	BGSC	5.	CHIP HABERSTROH	NEB
6.	MICHELE LABRIE	SSA	6.	JERRY BAILEY	SSA
7.	VANESSA HEIN	UN	7.	JOSH BLAGG	MVP
8.	LESLIE REPETTO	SSA	8.	ANDREW WHITNEY	SSA

- TEAMS: 1. Bernal's Gator Swim Club
 - 2. Seacoast Swimming Association
 - 3. Swim Rhode Island
 - 4. New England Barracudas
 - 5. Merrimack Valley Pirates
 - 6. Cape Ann YMCA
 - 7. Manchester Sunfish Swim Club
 - Shawmut Aquatic Club

WORLD RANKINGS AND UNITED STATES RANKINGS:

CONGRATULATIONS to the following New England registered swimmers who achieved rankings in the Top 25 of the World and/or the USA. The rankings are for 50-meter performances for the period of January 1, 1990 to December 31, 1990.

		*		World	Ranking	USA Ranking
STEVE CARROLL	SSA	200 M	freestyle			21
ALEX KOSTICH	BGSC		freestyle	13		4
			freestyle	24		8
		400 M	-			8
DAVID BERKOFF	BGSC	100 M	backstroke	8		4
		200 M	IM			8
SEAN GOULDSON	BGSC	100 M	backstroke			14
RAY CAREY	BGSC	200 M	butterfly	5		3
		400 M	IM			24
JENNY THOMPSON	SSA	50 M	freestyle	5		2
		100 M	freestyle	4		2
		200 M	freestyle	22	•	9
•		100 M	butterfly	11		5
		200 M	· IM	13		5
NICOLE RUTKOWSKI	BGSC	1500 M	freestyle			23
SHEILAH MCCARTHY	BGSC	100 M	backstroke			19
LARISSA HEROLD	SSA	100 M	backstroke			21
		200 M	backstroke		*	21
•		100 M	butterfly -			24
LESLIE REPETTO	SSA	100 M	breaststroke			21
SHEILA CONWAY	BGSC	200 M	IM		is,	11
Also listed was o	ne New	England	coach:			
BETSY MITCHELL	DC	100 M	backstroke	1	d t	1.

HIGH POINT WINNERS-NEW ENGLAND AGE GROUP CHAMPIONSHIPS

10 and	UNDERS:
--------	---------

1.	ABBY BRETHAUER	MSSC	1.	KEVIN RILEY	MVP
2.	ANGELA CAPRIGNO	HYST	2.	MATT RYKKEN	PWS
3.	REGAN FLYNN	HYV	3.	ERIK VENDT	BGSC
4.	AMY BLUME	CONY	4.	PAUL SCHNED	NCAC
5.	LARA ALLARD	SAC	5.	BRENDAN LARACY	WSC
6.	SARAH MACKIE	CONY	б.	NICHOLAS GROFF	MSSC
7.	SARAH MOONEY	EBAC	7.	GEOFF HADAM	NSC
8.	JAIME LEDUC	BYC	8.	BRENDAN DRYSDALE	BGSC

11 and 12:

1.	JESSICA TUCKER-MOHIL	SSA	1.	WILLIAM MAHER	SWRI
2.	KELLY GITTLEIN	SSA	2.	SHANE RAYMOND	CCSC
3.	AMANDA KIROUAC	GMSC /	3.	TIM HEFFRON	BYB
4.	LISA BUSHNELL	BGSC	4.	JOE DURKIN	NWSC
5.	JAIME CROSSCUP	MSSC	5.	JEROME LESLIE	PVAC
6.	KERRIANNE KALBKO	PVAC	6.	COREY BLAKELY	SWRI
7.	HEATHER LITTLEHALE	BGSC	7.	JACK HENDERSON	SSA
8.	JAIME GAULIN	SWRI	8.	CHRIS DANCHIK	MSSC
	AUDREY COUTO	EBAC			

13 and 14:

1.	KIRSTIN NAGLE	SSA	1.	JOSH PRISTAW	NCAC
2.	MICHELE LABRIE	SSA	2.	JOSH PLATI	TRAC
3.	CAROLINE PALMER	SSA	3.	CARL ERIKSSON	BGSC
4.	KELLY GOULDSON	BGSC	4.	SPENCER HAWKINS	MSSC
5.	JEN SCHMID	BGSC	5.	SALVADOR SUAU	BGSC
6.	MELISSA SCHOFIELD	MVP	6.	CHARLIE BARNES	BCSY
7.	SUSAN HERRICK	CAY	7.	MIKE GUSTAFSON	GMSC
8.	KARNA LORHAMMER	SSA	8.	MIKE SCARBO	BGSC

- TEAMS: 1. Bernal's Gator Swim Club
 - 2. Manchester Sunfish Swim Club
 - 3. Swim Rhode Island
 - 4. New England Barracudas
 - 5. Merrimack Valley Pirates
 - 6. Greenwood Memorial Swim Club
 - 7. Pioneer Valley Aquatic Club
 - 8. Cape Ann YMCA

REIMBURSEMENTS:

New England Swimming reimburses those swimmers who attend Junior Nationals and Senior Nationals in individual eyents. In order to receive the reimbursement, the swimmer must have attended three New England calendar meets during the season, and they must apply for the reimbursement within eight weeks of the meet. If you have any questions or need forms, please contact the office. Swimmers who attend the Zone Meet are reimbursed indirectly. Those swimmers pay only part of the cost of the trip with the rest being paid by New England Swimming.



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

MAY 1991

IN THIS ISSUE: NE SWIMMERS AT SENIOR NATIONALS, JUNIOR NATIONALS, ZONES and on NATIONAL TEAMS: NEW OLYMPIC TRIALS BACKSTROKE TIMES; TIMES FOR LONG COURSE, AGE GROUPS, SENIORS, ZONES; REIM-BURSEMENT POLICY CHANGE.....

NATIONAL TEAMS:

New England will be well represented on several national teams this summer.

JENNY THOMPSON (SSA) and DAVID BERKOFF (BGSC) will be on the PAN PACIFIC team which will swim in Edmonton, Canada on August 22--24.

COACH JOSEPH BERNAL (BGSC) will be head men's team coach for the PAN AMERICAN Games which will take place in Havana, Cuba on August 11--17. ALEX KOSTICH (BGSC) will be a member of the team.

SHEILA CONWAY (BGSC) and RAY CAREY (BGSC) will participate in the WORLD UNI-VERSITY Games in Sheffield, England on July 15--21.

COACH MIKE PARRATTO (SSA) will be the assistant distance coach at the THREE-NATION DISTANCE CAMP in Honolulu, Hawaii on June 1--6. ALEX KOSTICH (BGSC) will attend the camp.

NICOLE RUTKOWSKI (BGSC) and ANDREW WHITNEY (SSA) will attend the USA/USSR JUNIOR DISTANCE CAMP in Princeton, NJ on June 15--23.

COACH MIKE PARRATTO (SSA) has been named a head coach for the OLYMPIC FESTI-VAL to be held in Los Angeles, California on July 13--15. The teams will be named shortly.

CORRECTIONS TO AGE GROUP HIGH POINT AWARDS:

In the last newsletter SEACOAST SWIMMING ASSOCIATION should have been listed as fourth in the list of team high point winners. The list should read:

1. BGSC

MVP

2. MSSC

6. **GMSC**

3. SWRI

7. PVAC

SSA

CAY

REIMBURSEMENT: At the May meeting of the Board of New England Swimming it was decided that for this long course season only, a swimmer would have to participate in only TWO New England calendar meets in order to be eligible for reimbursement. If a swimmer wants to request a waiver for the short course season, the swimmer still must swim in THREE New England calendar meets during the long course season.

The Board of New England Swimming will meet on Monday, June 10, 1991 at 7:00 p.m. at the Wellesley Community Center, Wellesley, MA.

ZONE TEAM:

The New England Zone Team finished sixth (out of 12 teams) at the Zone Meet in Buffalo, NY. Highlights of the meet included first place finishes by WILLIAM MAHER (50 backstroke, 100 backstroke, 100 IM, 200 IM; SHANE RAYMOND (100 butterfly); COURTNEY FALLER (100 butterfly) and the 15-18 men's 200 free relay team of COURTNEY FALLER, TOM SMITH, BRYAN LEAKE, and JEFF LONGO.

JEFF LONGO, JEFF BUSHNELL and COURTNEY FALLER achieved Junior National times at the meet.

CONGRATULATIONS to the entire team!!

10 and unders			
REGAN FLYNN	HYV	REBEKAH KALAPINSKI	BYB
JAIME LEDUC	BYC	RACHEL O'BEIRNE	BYB
*AMY BLUME	CONY		
*ABBY BRETHAUER	MSSC	*MATT RYKKEN	PWS
SARAH MOONEY	EBAC	*PAUL SCHNED	NCAC
*BRIDGET VEZINA	LOBC	*KEVIN RILEY	MVP
BRANDI BLAKELY	SWRI	*NICK GROFF	MSSC
11 and 12			
*JESSICA TUCKER-MOHL	SSA	*COREY BLAKELY	SWRI
*KELLY GITTLEIN	SSA	ADAM THIVIERGE	SWRI
*LISA BUSHNELL	BGSC	TIM HEEFRON	BYB
*AMANDA KIROUAC	GMSC	*SHANE RAYMOND	CCSC
*KELLY HUNTER	CAST	CHRIS DANCHIK	MSSC
JULIE LAPINSKY	WSC	TONY FONSECA	SWRI
OODIE MAFINSKI	MSC	JEROME LESLIE	PVAC
*WILLIAM MAHER	SWRI	JEROME LESLIE	FVAC
	OWI		
13 and 14			*1
*MELISSA SCHOFIELD	MVP	MICHAELA WHÍTTET	EBAC
*DIANA LIBERTY	MVP	•	
TRACIE GRANT	MVP	*SPENCER HAWKINS	MSSC
*KERRY WEEKS	PVAC	*MIKE GUSTAFSON	GMSC
TARA PAULAUSKAS	MSSC	*JOSH PRISTAW	NCAC
MARY BETH WILK	SWRI	JOSH PLATI	TRAC
*WENDY THORPE	EBAC	JON CASWELL	SWRI
*JENNIFER MOONEY	EBAC	*CHARLIE BARNES	BCSY
<u>1518</u>		•	
*KRISTE KLEINER	PYST	*JEFF BUSHNELL	EBAC
MINDY CRAIG	SWRI	*COURTNEY FALLER	TOST
MELISSA WILK	SWRI	BRYAN LEAKE	BENN
*MEGAN CONNOLLY	MSSC	*RON GAGNE	SWRI
*JAMIE HOOD	MSSC	*MATT CASSIDY	HYV
*ALLISON HARDY	MSSC	*MATT LIBERTY	MVP
*JENNIFER LAMONTAGNE	MVP	*PAUL MIKUSZEWSKI	PVAC
	****	*JEFF LONGO	SWRI
*BRYAN STANLEY	EBAC	*TOM SMITH	PYST
COACHES	•		
JIM MCCOMBS	MSSC	DAN SOLOMON	SWRI
JOSH WILLMAN	MVP	ISABELLE FRASER	PVAC
All and a second se			

*scored points in an individual event(s).

SENIOR NATIONALS:

CONGRATULATIONS to the following New England Swimmers who swam at Senior Nationals in Seattle, WA.

Swimming in FINALS were:

JENNY THOMPSON	SSA	ALEX KOSTICH	BGSC
DAVID BERKOFF	BGSC	RAY CAREY	BGSC

Swimming in CONSOLATIONS were:

NICOLE RUTKOW	SKI BGSC	SHEILA	CONWAY	BGSC
'Cuimming in T	ייארטענים דאנורדעדרווא	C MORO.		

Swimming in INDIVIDUAL EVENTS were:

LARISSA HEROLD	SSA	SHEILAH MCCARTHY	BGSC
LESLIE REPETTO	SSA	JIM MCGINNIS	BGSC
ERIC JONES	SSA	CHRIS ANDERSON	BGSC
VANESSA HEIN	UN	AMANDA HALL	BGSC
BEN MCBRIDE	BRN	JOSH TOBIN	DS

Swimming in RELAYS was:

MICHELE LABRIE

SSA

JUNIOR NATIONALS:

CONGRATULATIONS to the New England Swimmers who participated in Junior Nationals in Buffalo, NY this spring. Highlights of the meet included first place finishes by AMANDA HALL (200 backstroke) and ALISON KLINAKIS (200 butterfly). CHRIS ANDERSON, AMANDA HALL, JIM MCGINNIS, and ALISON KLINAKIS achieved Senior National times at the meet.

Swimming in FINALS were:

AMANDA HALL	BGSC	ALISON KLINAKIS	SSA
JIM MCGINNIS	BGSC	ANDREW WHITNEY	SSA
CHRIS ANDERSON	BGSC		

Swimming in CONSOLATIONS were:

KHARI MILNER	BGSC		CHIP HABERSTROH	NEB
ROB WILEY	BGSC	**	ALEX CUNHA	NEB
ANDERS FORVASS	UN		KURT LESLIE	MVP

Swimming in INDIVIDUAL EVENTS were:

Ownering in the time	OUT DIDITIO	, C. C. C.	
KELLY GOULDSON	BGSC	LEA DELICIO	SSA
JULIE MITCHELL	BGSC	MICHELE LABRIE	SSA
JENI WHEELER	BGSC	KIRSTIN NAGLE	SSA
CHANTEL GLOVER	BGSC	· CAROLINE PALMER	SSA
DANIELLE PELUSO	BGSC	DEBBY PALMER	SSA
TRAVIS QUIGLEY	BGSC	BRITTANY WILSON	SSA
HEATHER MONTANARO	SWRI	MARK DISALVO	SSA
MEGAN LAMMON	SWRI	KRISTAN GATELY	SAC
ELIZABETH KOTCH	SWRI	DIANNA GROFF	MSSC
JOSHUA BLAGG	MVP	SCOTT MILLER	MSSC
RICK OSTERBERG	NEB	AMY TOM	PC
CORY MURPHY	NCAC		

Swimming in RELAYS were:

SWRI: JEN SALAMON, COLEEN LYNCH, MUFFY MERRICK, MICHELLE MCWEENEY

SSA: HANNAH EDGCOMB

MVP: GARREIT BURKE, JEFF WICKLUND, TODD LAWRENCE

NEB: JEFF LITTLE

1991 NEW ENGLAND SENIOR CHAMPIONSHIP TIME STANDARDS

WOMEN			EVENT	MEN		
YDS	SCM	LCM	DESCRIPTION	YDS	SCM	LCM
25.99	28.69	29.99	50 FREE	22.99	26.19	26.99
56.49	1:02.59	1:04.29	100 FREE	50.99	57.09	59.09
2:00.99	2:13.49	2:16.99	200 FREE	1:50.59	2:04.19	2:08.29
5:22.99	4:38.49	4:47.49	400/500 FREE	4:59.89	4:24.59	4:33.09
11:17.99	9:53.79	10:05.99	800/1000 FREE	10:29.99	9:28.19	9:39.99
19:04.09	18.58.69	19:29.99	1500/1650 FREE	17:59.99	17:53.89	18:39.99
1:05.99	1:12.29	1:14.89	100 BACK	59.99	1:07.19	1:09.19
2:21.39	2:36.89	2:40.79	200 BACK	2:10.99	2:29.39	2:34.79
1:13.69	1:24.09	1:26.29	100 BREAST	1:05.49	1:13.29	1:15.99
2:40.29	2:58.99	3:03.29	200 BREAST	2:25.09	2:45.99	2:49.29
1:02.99	1:08.69	1:10.49	100 FLY	56.09	1:03.09	1:04.79
2:19.99	2:33.79	2:38.19	200 FLY	2:08.99	2:21.09	2:25.89
2:19.69	2:34.59	2:38.99	200 IM	2:06.79	2:20.09	2:24.79
4:59.99	5:29.59	5:37.99	400 IM	4:34.19	5:11.59	5:19.99

The Technical Committee has added short course meter times (times swum in a 25-meter pool) to the standards for New England Seniors. Swimmers entering with short course meter times will be seeded after the yard times. No converted times will be allowed this summer.

agcut91		1991 AGE GROUP CHAMP	IOMSHIPS TIMES	ea.
05/13/91 FEMALE	•			MALE
, "		8 AND UNDER	* * * * * * * * * * * * * * * * * * * *	
LC Meters AGC 207	Yards AGC CUT		LC Meters AGC CUT	Yards AGC CUT
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45.39	40 .59	50 Freestyld	47.29	40.59
1.58.49	1.32.59	100 Freestýle	1.51.99	1.35.59
1.01.39	47.59	50 Backstroke	1.01.69	49.59
1.05.69	54.59	50 Breaststroke	1.06.19	1.00.59
1.03.49	52.59	50 Butterfly	1.14.29	58.59

NOTE: THESE YARD TIMES ARE FOR THE 1991 LDNG COURSE CHAMPIONSHIPS DNLY. THE YARD TIMES ARE DIFFERENT FROM THOSE USED FOR 8 & UNDER CHAMPIONSHIPS.

1991 AGC and SILVER CLASSIC CUTS

	FEMALE					MALE	
L.C.			10 AMD UND	ER	L.C.		
eter	s - YAA	os -	programmes and the second seco		Meters	- YAR	DS -
AGC	AGC	SILVER			AGC	AGC	SILVER
CUT	CUT	CUT			CUT	CUT	CUT
1881 1 4 418	teller ligan, scho	ाकृतनः त्युवर्गं स्वयम ः			sund nette span	ratio for the	PROPERTY.
36.49	32. 29	34.99	50 Freest	yle	37.2 9	31.99	34.99
1.22.49	1.11.19	1.17.99	100 Freest	yle	1.25.39	1,10,69	1.17.99
3.00.99	2.36.19	2.53.79	200 Freest	yle	3.04.99	2.36.19	2.53.09
44.99	38,29	41.99	50 Backst	roke	45.99	39.99	43.39
1.36.99	1.24.99	1.34.99	100 Backst	roke	1.40.99	1.26.19	1.34.79
49.99	48.69	47.69	50 Breast	stroke	51.39	44.19	47.59
1.49.99	1.34.39	1.46.09	100 Breast	stroke	1.53.99	1.36.99	1.45.19
42.79	36.89	41.49	50 Butter	fly	45.99	37.19	42.29
1.45.89	1.26,49	1.38.99	100 Butter	fly	1,49.99	1.31.49	1.38.99
•	1.21.99	1.29.99	100 Indivi	dual Medley		1.21.99	1.29.99
3.88.4 9	2.56.99	3.20.59		dual Medley	3.31.99	2.59.99	3.18.09

RONZE CLASSIC CUTS ARE FOR 9-10 YEAR OLDS WHILE THE SILVER CLASSIC CUTS ARE FOR 10 & UNDERS

		,	11 - 12 's			,
L.C.			many tiers when also sales fact, stronger with metric decisions.	L.C.	,	
eter	5 - YAR	ר פוס		Mețers	s - YAR	DS -
AGC	ABC	SILVER		AGC	AGC	SILVER
CUT	CUT	CUT		CUT	CUT	CUT
man parameter	#11 ye		•	and the says	a-1 == /==	married the
: 32 .7 9	28.79	30.49	50 Freestyle	39,19	28.89	30.99
1.11.99	1,02,99	1.06.59	100 Freestyle	1.13.79	1.03.19	1.08.49
2.34.19	2.14.79	2.22.29	200 Freestyle	2.39.99	2.17.29	2.28.79
5.20. 89	5.56.79	6.37.19	400/500 Freestyle	5.39.99	6.08.29	6.36.49
38.99	34.49	36.99	50 Backstroke	40.99	35.49	36.59
1,24.29	1.14.29	1.18.99	100 Backstroke	1.29.99	1.16.99	1.19.09
43.69	37.59	40.99	50 Breaststroke	45.99	38.39	40.59
1.35.29	1,21.89	1.27.79	100 Breaststroke	1.41.89	1.24.89	1.27.99
35.19	31,99	34,49	50 Butterfly	38.99	32.99	34.49
1.23.99	1.11.99	1.17.99	100 Butterfly	1.32.09	1.15.69	1.19.99
	1.12.19	1.18.49	100 Individual Medi	ēΛ	1.12.79	1.18.89
2.56.99	2.34.99	2.42.79	200 Individual Medl		2.88.09	2.51.29

L.C.		. n . c	13 - 14 's	L.C.		
Meter AGC	S - Y A R	DS - SILVER	contravals agent in the color state and other color and color and color	Meter AGC	s - YAR AGC	SILVER
CUT	Chl	CUT		CUT	CUT	CUT
30 .89	27.19	28.89	50 Freestyle	29.99	25.69	28.29
1.07.79	58.99	1.02.59	100 Freestyle	1.05.29	55.59	59.99
2.25.49	2.07.09	2.14.69	200 Fr ees tyle	2.21.09	2.01.99	2.15.39
5.05.49	5.38.9 9	6.01.99	400/ 500 Freestyle	4.56.99	5.30.99	5.59.79
10.40.09	11,45,99		800/1000 Freestyle	10.31.39	11.17.79	٠
19.38.19	19.11.69		1500/1650 Freestyle (auto)	19.07.89	18.40.29	
20.12.49	19.49.59		1500/1650 Freestyle (consid)	20.18.59	19.39.49	
1.20.99	1.10.09	1.14.99	100 Backstroke	1.18.99	1.07.99	1.12.39
2.54.69	2.28.99	2.43.39	200 Backstroke	2.50.09	2.25.69	2.36. 69
1.30.49	1.17.59	1.24.09	100 Breaststroke	1.26.19	1.13.29	1.20.59
3.13.29	2.49.29	3.04.49	200 Breaststroke	3.09.99	2.41.99	2.54.79
1.16.49	1.07.49	1.13.69	100 Butterfly	1.15.09	1.03.99	1.09.79
2.56.99	2.34.99	2.42.99	200 Butterfly	2.53.99	2.31.99	2.40.99
2.44.59	2.25.79	2.34.89	200 Individual Medley	2.40.99	2.21.39	2.33.99
5.56.99	5.08.99	5,47,99	400 Individual Medley	5.44.99	5.05.29	5.36.79
			15 - 18 's 9			
•			and Water Steam of the sales of the could reduce upon dark steam			
30.19	26.39	29.09	50 Freestyle	27.59	23.99	25.49
1.05.59	57.59	1.01.09	100 Freestyle	59.49	52.29	55.19
2.20.69	2.03.99	2.14.79	200 Freestyle	2.10.19	1.53.69	2.07.09
4.58.7 9	5.32.99	6.17.09	400/ 500 Fr ees tyle	4,40.89	5.06.39	5.50.39
10.33.69	11.40.99		900/1000 Freestyle	10.07.49	10.50.39	
19.03.29	18.50.19		1500/1650 Freestyle (auto)	18.11.09	18.07.39	
20.02.59	19.43.39		1500/1650 Freestyle (consid)	19.38.49	18.55.69	
1.18.09	1.07.99	1.14.99	100 Backstroke	1.11.99	1.03.09	1.08.79
2.48.99	2.26,49	2.42.39	200 Backstroke	2.37.99	2.15.99	2.28.79
1.28.39	1.15.99	1.23.99	100 Breaststroke	1.18.99	1.08.49	1.12.99
3.11.99	2.43.59	3.02.99	200 Breaststroke	2.56.49	2.29.29	2.46.29
1.12.99	1.04.19	1.13.09	100 Butterfly	1.06.99	58.99	1.05.99
2.48.99	2.24.09	2.39.59	200 Butterfly	2.40.19	2.18.39	2.26.19
2.41 .9 9	2.23.09	2.32.99	200 Individual Medley	2.27.79	2.10.49	2.18.89
5.45.99	5.04,49	5.45.79	400 Individual Medley	5.24.89	4.46.09	5.17.49

All times must be achieved after September 1, 1990 with the exception of 800/1,500 freestyles which may be achieved after May 1, 1990.

BRONZE CLASSIC TIMES: Cuts are .01 slower than minimum time requirement for Silver Ci.
SILVER CLASSIC- Seniors .01 secs off Senior Cut up to Silver cut-off on 15-18 age greater

A special "thank you" to the Zone Team chaperones: Mrs. Vezina, Mrs. O'Beirne, Mrs. Lapinsky, Mr. Raymond, Mrs. Thivierge, Mrs. Pristaw, Dr. Brethauer, Mrs. Kleiner, Mrs. Maher, Mr. Wilk.

STROKE AND TURN CLINIC: There will be a Stroke and Turn Clinic on Friday, May 24, 1991 at the Vermont Yankee Training Center in Brattleboro, VT. Jerry Zimmer will be the facilitator for the clinic which will start at 6:30 p.m. To register, contact Rand Spinney (802-257-5808).

con reconnect

SUMMER ZONE MEET: Entry forms for Summer Zones will be printed in the June newsletter. The meet will be held at Oakmarr Recreation Center, Oakton, VA on August 7--10. Entries will be due to Isabelle Fraser by July 28, at the latest. New England Swimming has a block of rooms at the Holiday Inn, Fair Oaks, 11787 Lee Jackson Highway, Fairfax, VA 22033 (703-352-2525). The rooms are \$62.

	GIRLS	WEDNESDAY 07 AUGUST 1991	BOYS	
1**		10 & U 200 M MEDLEY RELAY		2**
		11 12 200 M REFER PETAY		4±*
-	4:46.99	11 - 12 200 M FREE RELAY 15 & O 400 M FREESTYLE 10 & U 100 M BACKSTROKE 11 - 12 100 M BACKSTROKE		
	1:31.29	10 & U 100 M BACKSTROKE	1:30.79	7
		11 - 12 100 M BACKSTROKE	1:17.99	.9
10	2:21.79	11 - 12 100 M BACKSTROKE 13 - 14 200 M FREESTYLE	2:13.99	11
12	2:35.49	15 & O 200 M BACKSTROKE	2:21.99	13
14	45.19	10 & U 50 M BREASTSTROKE	46.39	15
16	40.49	11 - 12 50 M BREASTSTROKE	39.59	17
18	5:42.19	13 - 14 400 M INDIVIDUAL MEDLEY	5:22.49	19
20	5:30.49	15 & O 400 M INDIVIDUAL MEDLEY	5:07.59	21
22**		13 - 14 400 M MEDLEY RELAY		23**
24**		15 & O 400 M FREE RELAY	<u></u>	25**
26	5:04.69	11 - 12 100 M BACKSTROKE 13 - 14 200 M FREESTYLE 15 & O 200 M BACKSTROKE 10 & U 50 M BREASTSTROKE 11 - 12 50 M BREASTSTROKE 13 - 14 400 M INDIVIDUAL MEDLEY 15 & O 400 M INDIVIDUAL MEDLEY 13 - 14 400 M MEDLEY RELAY 15 & O 400 M FREE RELAY 11 - 12 400 M FREE	5:07.29	27
		FIFTEEN MINUTE WARM-UP		
		13 - 14 800 M FREE 15 & O 800 M FREE	9:46.69	28*
		15 & O 800 M FREE	9:14.29	29*
		THURSDAY 08 AUGUST 1991		
30**		10 & U 200 M FREESTYLE RELAY		31**
32**		10 & 0 200 M FREESTYLE RELAY 11 - 12 200 M MEDLEY RELAY 13 - 14 400 M FREESTYLE 10 & U 200 M FREESTYLE 11 - 12 200 M FREESTYLE 13 - 14 50 M FREESTYLE 15 & 0 50 M FREESTYLE		33**
		13 - 14 400 M FREESTYLE	4:44.69	34
35	2:49.29	10 & U 200 M FREESTYLE	2:46.29	36
37	2:26.39	11 - 12 200 M FREESTYLE	2:24.09	38
39	30.29 29.69	13 - 14 50 M FREESTYLE	28.19	40
41	29.69 -	15 & O 50 M FREESTYLE	27.09	42
43	39.29 33.79	13 - 14 50 M FREESTYLE 15 & O 50 M FREESTYLE 10 & U 50 M BUTTERFLY 11 - 12 50 M BUTTERFLY 13 - 14 200 M BUTTERFLY 15 & O 200 M BUTTERFLY	38.99	44
45	33.79	11 - 12 50 M BUTTERFLY	32.79	46
	2:37.39	13 - 14 200 M BUTTERFLY	2:30.69	48
49	2:31.59	15 & O 200 M BUTTERFLY	2:20,99	50
51	1:41.08		7.45.72	
53	1:29.08	11 - 12 100 M BREASTSTROKE	1:27.29	54
55	1:25.59	I Cam I A THE METERS TO TRUINE	1:18.89	56
57	1:22.59	15 & O 100 M BREASTSTROKE	1:14.99	58
59**		15 & O 100 M BREASTSTRONE 13 - 14 400 M FREESTYLE RELAY 15 & O 400 M MEDIEY RELAY		
61**		15 & O 400 M MEDLEY RELAY		62**
		FIFTEEN MINUTE WARM-UP		•
63*	9:54:59	13 - 14 800 M FREE		
64*	9:48:99	15 & O 800 M FREE		
	-			

NEWSLETTER PLUS						
	GIRLS	FRIDAY	09 AUGUST 1991	POYS		
65**		10 & U	400 M MEDLEY RELAY		66**	
67**		11 - 12	400 M FREESTYLE RELAY		68**	
69	4:54.29	13 - 14	400 M FREESTYLE		*	
70	1:17.99	10 & U	100 M FREESTYLE	1:16:69	71	
72	1:07.89	11 - 12	100 M FREESTYLE	1:05:19	73	
74	2:40.69	13 - 14	200 M INDIVIDUAL MEDLEY	2:32:19	75	
76	2:16.99 -	15 & O	200 M FREESTYLE	2:07:79	77	
78	1:31.19	10 & U	100 M BUTTERFLY	1:30:49	79	
80	1:14.99	11 - 12	100 M BUTTERFLY	1:14:49	81	
82	1:12.29	13 - 14	100 M BUTTERFLY	1:08:19	83	
84	1:09.89	15 & O	100 M BUTTERFLY	1:03:89	85	
					·	

10 & U

41.89

36.49

1:15.59

1:12.89

94** ----

96** ----

RA

90

92

15 & O 200 M FREESTYLE RELAY ----- FIFTEFN MINUTE WARM-UP -----

15 & O 100 M BACKSTROKE 13 - 14 200 M MEDLEY RELAY

11 - 12 50 M BACKSTROKE

13 - 14 100 M BACKSTROKE

50 M BACKSTROKE

13 -	14	1500 M	FREESTYLE	18:37:09	98*
15 -	- 18	1500 M	FREESTYLE	17:46:09	99*

41:79

35:59

1:06:69

BOYS

87

89

91

93

95**

97**

MAY 1991

	GIRLS	SATURDAY 10 AUGUST 1991	BOYS	
100**		10 & U 400 M FREESTYLE RELAY		101**
102**	:	11 - 12 400 M MEDLEY RELAY	<u> </u>	103**
		15 & O 400 M FREESTYLE	4:28.89	104
105	34.69	10 & U 50 M FREESTYLE	34.59	106
107	31.09	11 - 12 50 M FREESTYLE	30.39	108
109	3:02.49	13 - 14 200 M BREASTSTROKE	2:51.59	110
111	2:56.29 ~	15 & O 200 M BREASTSTROKE	2:41.49	112
113	3:12.19	10 & U 200 M INDIVIDUAL MEDIEY	3:10.29	114
115	2:47.39	11 - 12 200 M INDIVIDUAL MEDLEY	2:43.79	116
117	1:05.39	13 - 14 100 M FREESTYLE	1:01.69	118
119	1:04.39	15 & O 100 M FREESTYLE	59.09	120
121	2:41.09	13 - 14 200 M BACKSTROKE	2:33.99	122
123	2:35.89	15 & O 200 M INDIVIDUAL MEDLEY	2:25.29	124
125**	2:33:03	13 - 14 200 M FREESTYLE RELAY		126**
				128**
127**		15 & O 200 M MEDILEY RELAY		120
		FIFTEEN MINUTE WARM-UP		•

13 - 14 1500 M FREESTYLE 129* 19:11.49 130* 18:46.09 15 & O 1500 M FREESTYLE

* ALL ENTRANTS FOR THE 1500M FREE MUST CHECK-IN AT THE SCRATCH TABLE PRIOR TO THE WARM-UP FOR THE 1500 M FREE, OR THEY WILL BE SCRATCHED.

** ALL RELAYS WILL BE SWUM IN THE EVENING SESSIONS AS TIMED FINALS

NOTE: 15-18 AND 19 & O EVENTS WILL BE COMBINED IN PRELIMINARIES BUT WILL BE SWUM AS SEPARATE EVENTS IN THE FINALS.

> EVENTS WHERE THERE ARE EIGHT OR LESS ENTRIES WILL BE SWIM IN BOTH THE TRIALS AND FINALS SESSIONS.

HOTEL FOR JUNIOR NATIONALS: New England Swimming has reserved a block of 40 rooms for Junior Nationals at LaQuinta Inn, 4122 McFarland Blvd.N, Tuscaloosa, AL (205-349-3270). The rooms are \$44 plus tax.

HEAD SWIM COACH WANTED. Send resume and applications to TRAC, 38 Catherine Drive, Northboro, MA 01532. For more information, call 508-393-7601.

1992 Phillips 66 / USS Spring National - Olympic Team Selection Meet Time Standards Changes for Backstroke, IMs

With the passage of new backstroke turn rules by FINA, the U.S. Swimming Board of Directors, acting at the request of the U.S. Swimming National Team Steering Committee, voted to adjust the 1992 U.S. Olympic Selection Meet time standards of all affected events downward by .5 seconds per turn.

The events with the new time standards are:

Long Course: 100 and 200-meter backstroke and 400-meter individual medley

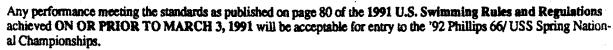
Short Course: 100 and 200-yard/meter backstroke, 200 and 400-yard/meter individual medley.

The new time standards in these events are shown on chart below.

This decison came as a result of careful biomechanical research and conforms to USS Rule 206.10.1 which calls for "comparable quality in all events."

In order that there be no confusion regarding this change, any times achieved in the affected events must conform to the following criteria:







Any performance achieved ON OR AFTER MARCH 4, 1991 must conform to the adjusted time standards for the purpose of qualifying for the '92 Phillips 66/ USS Spring National Championships.



Any times achieved at an NCAA or high school meet MUST CONFORM to USS rules and be performed in a sanctioned or approved meet.



Note that the 1991 NCAA Division I NCAA times for the affected events HAVE BEEN REMOVED from the OVC computer. Any qualifying times for the '92 Phillips 66/ USS Spring Nationals achieved after March 4, 1991 that did not meet the new standard HAVE ALSO BEEN REMOVED.



Anyone wishing to use an NCAA or high school meet performance achieved after March 4, 1991, MUST check with USS OVC Chairperson Karen Rives before using any of those times.

Old '92 Phillips 66/ USS Spring National Time Standards

(must have been achieved between July 20, 1990 and March 3, 1991)

	Men				Women	
SCY	SCM	LCM	Event	SCY	SCM	LCM
3:52.39	4:17.29	4:29.39	400 IM	4:19.49	4:49.19	4:56.99
1:47.89	1:59.29	2:06.99	200 IM	2:02.49	2:15.09	2:21.29
49.79	55.49	58.59	100 back	56.69	1:02.29	1:05.29
1:48.69	2:00.79	2:05.69	200 back	2:01.29	2:14.49	2:19.49

New '92 Phillips 66/ USS Spring National Time Standards

(Must be achieved between March 4, 1991 and Entry Deadline (TBA))

Men			•			
SCY	SCM	LCM	Event	SCY	SCM	LCM
3:50.89	4:15.79	4:28.89	400 IM	4:17.99	4:47.69	4:56.49
1:47.39	1:57.79	No Change	200 IM	2:01.99	2:13.59	No Change
48.39	53.99	58.09	100 back	55.19	1:00.79	1:04.79
1:45.19	1:57.29	2:04.19	200 back	1:57.79	2:10.99	2:17.99

SEED CARDS: Seed Cards are available through the New England Office. The cost for plain cards is \$22 per thousand, including mailing. If the cards are picked up in Needham, the cost is \$19 per thousand. There is no minimum, and the cards may be split any way between boys and girls.

If you want initials on the cards, the price for 1,000 cards is \$31, including mailing. If the cards are picked up in Needham, the cost is \$28. If you want 2,000 or more cards with initials, the cost is \$26 per thousand, including mailing, or \$23 per thousand if the cards are picked up in Needham. The minimum order for cards with initials is 1,000 cards.

NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to NEWSLETTER PLUS. Subscriptions may be ordered through the New England Office for \$10 per year. Clubs do not have an expiration date on their labels since all registered clubs receive one free subscription with their registration.



Entries have begun to arrive for the PELICAN PETE SAFETY CONTEST. Be sure to get your entry in by the June 6 deadline!!!!!



United States Swimming New England

20 Cleveland Road Needham, MA 02192



FIRST CLASS

PIONEER VALLEY AQUATIC CLUB
Isabelle Fraser
125 Franklin Road
Longmeadow, MA 01106
PVAC



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

JUNE 1991

IN THIS ISSUE: TOP 16 REPORTABLE TIMES (SHORT COURSE, 1990--1991), TIME STANDARDS FOR LONG COURSE, and REPORTING FORM; LONG COURSE ZONE APPLICATION and HOTEL INFORMATION; REGISTRATION INFORMATION; NOMINATING COMMITTEE; STROKE AND TURN CLINIC; SAFETY TRAINING FOR SWIM COACHES....

CONGRATULATIONS to LESLIE REPETTO (SSA) and

NICOLE RUTKOWSKI (BGSC) who have been selected for the Olympic Festival which will be July 13--15 in Los Angeles. Both will be swimming for the South team which will be coached by MIKE PARRATTO (SSA).

IMPORTANT REGISTRATION INFORMATION:

All United States Swimming Clubs must have at least one registered coach. Letters will be going out from United States Swimming to all teams that do not have a registered coach. Clubs will be given 30 days to provide the names of a USS coach member. If there is no coach member after 30 days, USS will begin proceedings to terminate insurance and membership. There are several clubs in New England that do not have a USS registered coach. Some of these clubs did register a non-athlete and checked "coach" but did not submit the required proof of current CPR, First Aid and Safety Training for Swim Coaches. Therefore, these "coaches" could not be registered as USS coaches. If you have not received a coaches card or have other questions, please contact the office.

For 1992 we will not be allowed to register a USS club without receiving the registration for at least one coach (with copies of current certifications). PLEASE BE SURE THAT ALL COACHES HAVE CURRENT CPR, FIRST AID, AND SAFETY TRAINING FOR SWIM COACHES BEFORE DECEMBER 1, 1991!!!!

We also have been informed by United STates Swimming that we cannot reqister "paper clubs" (clubs with no registered athlete members). Therefore, in the fall we will have to receive registration for club, coach(es), and athlete(s) all in one packet. PLEASE PLAN YOUR REGISTRATION ACCORD-INGLY!!!!!

The next meeting of the Board of New England Swimming will be at 7 p.m. on July 8 at the Wellesley Community Center, Wellesley, MA.

NEWSLETTER PLUS JUNE 1991

ITEMS OF INTEREST:

On May 3-5 at the Olympic Training Center, the fourth-annual USS Coaching Science Seminar, entitled the "National Forum on Age Group Training and Development," brought 58 age-group coaches from around the country in touch with the latest developments in this area. JIM MCCOMBS, head coach, MSSC, and New England Semior Coach's Rep, represented New England.

On June 1--2 New England officials, BILL WHITMAN and CHARLIE WILK, participated in an Officials Seminar at United States Swimming in Colorado.

ISABELLE FRASER, JIM KRESEL, PRISCILIA DAVIS and STEVE KORBLY have been named to the Nominating Committee of New England Swimming. Any member of the New England Swimming community who would like to be an elected or appointed member of the New England Swimming Board should contact a member of the Nominating Committee.

ISABELLE FRASER and **JERRY ZIMMER** have been named to a sub-committee to study the need for increases in meet fees for the next short course season. If you have any comments or suggestions, please address them to Isabelle or Jerry.

COLLEGE NEWS: TOM PETERSON of Harvard University has received the Moriarty Award for scoring the most points (60) at the Division 1 Easterns.

MARC BROUDY of Kenyon College achieved All-American honors at the NCAA

Division III Swimming and Diving Championships.



PELICAN PETE CONTEST: Thank you to all the New England Swimmers who participated in the "Pelican Pete Safety Slogan" contest. The entries have been judged and the awards will be presented at Age Groups. In addition to the winners of Savings Bonds, all entrants will be receiving T-shirts. Awards will be mailed to those who are not at the meet.

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HOTEL FOR ZONES:

The 1991 Summer Zones will be at Fairfax, VA from August 7--11. New England Swimming has blocked 45 rooms at the Holiday Inn, Fairfax and 20 rooms at the Hyatt Fair Lakes for Tuesday arrival and Sunday departure. In order to make reservations, call the hotel and ask for Reservations under New England Swimming.

HOLIDAY INN 703-352-2525 HYATT FAIR LAKES 703-818-1234

You will be required to guarantee your first night's stay with a credit card. The rooms are reserved until MIDNIGHT, MONDAY, JULY 29. Both hotels are 5-10 minutes from the Oak Marr Pool. The New England coaches will be housed at the Holiday Inn. Hyatt will honor the \$25 restaurant coupon from the Sunday Globe and USA Today.

STROKE AND TURN CLINIC: There will be a Stroke and Turn Clinic on Monday, June 24, 1991 from 6 p.m. to 9 p.m. at the Hampshire Hills Sports and Fitness Center, Emerson and Federal Hill Roads, Milford, NH 03051. The facilitator will be Jerry Zimmer. For information call Jerry Zimmer at (603) 673-0676 (home) or (617) 377-3138 (office).

You must be a member of United STates Swimming or become a member of United States Swimming to participate in this clinic. Membership applications will be available at the clinic. Payment is by check made payable to New England Swimming. Cost is \$22 for one person or \$37 if both spouses wish to have a joint membership.

STROKE AND TURN CLINIC: There will be a Stroke and Turn Clinic on June 29, 1991 sponsored by Cape Cod Swim Club at 9 a.m. at Mass Maritime Academy. For verification of the clinic and registration, please contact Carol Margraf at 508-888-4518.

SAFETY TRAINING FOR SWIM COACHES: Hampshire Hills Sports and Fitness Center will sponsor a Safety Training for Swim Coaches course on the evenings of June 24 and june 26, 1991 from 6 p.m. to 10 p.m. on each evening. For more information, directions and reservations, contact Hampshire Hills at (603) 673-7123 (ask for the pool) and speak to Linca McKenzie or an on duty life guard.

BACKSTROKE TURN VIDEO: Thanks to BILL WHITMAN who did the videotaping, all the facilitators (listed in the November newsletter) have received a copy of the USS tape of the backstroke turn. Please contact one of the facilitators if you would like to see one of the tapes.

NEW ENGLAND SWIMMING OFFICE Mary Riddell 20 Cleveland Road Needham, MA 02192

OFFICE HOURS: 617-449-0270

Monday : 8:00 a.m. -- 2:00 p.m.

7:30 p.m.--10:30 p.m.

Thursday: 8:00 a.m. -- 2:00 p.m.

etance Conserved Contraction and Contraction

POSITION VACANCY: HEAD SWIM COACH for YMCA age group team. September through April Season. Experienced individual with YMCA background desired although not required. WSI/YMCA swim instructor, Lifeguard, and CPR certification required. Strong people skills, motivational ability and staff management experience needed. Forward your resume and cover letter stating your qualifications for the position to Marisa Mersereau, Senior Program Director, Andover-North Andover YMCA, 165 Haverhill Street, Andover, MA 01810

NATIONAL AGE GROUP TOP 16 REPORTABLE TIMES NEW ENGLAND SWIMMING RECORD BREAKING SWIMS

ame (Full Club Name for Relays)		Club
SS Number	Age	Sex
eet Site (Include city and state)		Date
vent(s) (Distance/Stroke):		Time:
		state the forest and the second property of the second of the Halpinson
elay Members:	Age:	U.S.S. Number
	·	
	***************************************	***************************************
ibmitted by:		
ane:		
ddress:		
hone Number:		
lease use this form to report all		

Please use this form to report all National Age Group Top 16
Reportable Times and also all New England Record Breaking Swims.
RELAYS MUST INCLUDE NAMES AND AGES.
Short course reportables due to Anne Hawkins no later than May 10
Long course reportables due to Anne Hawkins no later than September 10.

Please mail to:

Anne Hawkins PO Box 397 Hollis, NH 03049 CONGRATULATIONS TO ALL THESE NEW ENGLAND SWIMMERS WHO ACHIEVED NATIONALLY REPORTABLE TIMES DURING THE 1990-1991 SHORT COURSE SEASON

10 and Under:

Jodie Michalski	BYB	50 Back (32.68), 100 Back (1:10.20)
Dan Bazylewicz	BYB	50 Back (32.21)
Kevin Riley	MVP	50 Back (32.34)
Matt Rykken	PWS	50 Breast (35.26), 100 Breast (1:16.25)
Paul Schned	NCAC	100 Breast (1:18.23)

11 and 12:

Valle Cibble and Con	50 B) (CD 70) (CD 70)
Kelly Gittlein SSA	50 Fly (27.78), 100 Free (55.02),
Jessica Tucker-Mohl SSA	100 Free (54.48), 200 Free (1:58.47),
	500 Free (5:14.66), 100 Fly (1:01.43),
	50 Back (29.75), 100 Back (1:03.32),
	100 IM (1:02.38), 200 IM (2:14.00)
Spencer Hawkins MSS	C 50 Free (24.02), 100 Free (51.77),
	500 Free (5:09.16), 50 Back (27.85),
	100 Back (1:00.44), 50 Fly (26.18),
	100 Fly (56.57), 100 IM (58.95),
	200 IM (2:07.56)
William Maher SWR	I 50 Free (24.08), 100 Free (52.10),
	200 Free (1:56.18), 50 Fly (27.47)
	50 Back (27.04), 100 Back (58.27),

50 Back (27.04), 100 Back (58.27), 100 IM (59.61), 200 IM (2:08.51) Shane Raymond CCSC 50 Fly (26.16), 100 Fly (57.64)

Bernal's Gator SC Girls BGSC 200 Free Relay (1:46.38)
(Heather Littlehale, Erika Lazar, Allison Vendt, Lisa Bushnell)
Swim Rhode Island Boys SWRI 200 Free Relay (1:45.76)
200 Medley Relay (1:58.26)

(William Maher, Adam Thiverge, Corey Blakely, Chip Mosher)

13 and 14:

Dianna Groff	MSSC	100 Back (1:00.12), 200 Back (2:10.00)
Kelly Gouldson		50 Free (24.52)
Amanda Hall	BGSC	50 Free (24.48), 100 Free (52.96),
		100 Back (58.90), 200 Back (2:01.37),
		200 IM (2:04.83), 400 IM (4:26.50)
		100 Fly (57.12)
Michele Labrie	SSA	200 Free (1:53.81), 1000 Free (10:24.88),
		400 IM (4:33.25)
Julie Mitchell	BGSC	1650 Free (17:22.21)
Kirstin Nagle	SSA	1000 Free (10:20.17), 1650 Free (17:19.61),
		200 Breast (2:24.99), 400 IM (4:32.52)
Danielle Peluso	BGSC	200 Breast (2:25.07)
Nicole Rutkowski	BGSC	500 Free (4:59.22), 1000 Free (10:08.69),
		1650 Free (17:03.40)
Jean Todisco	CAY	100 Fly (57.08), 200 Fly (2:02.78),
		400 IM (4:29.63)

NEW ENGLAND NAG REPORTABLE TIMES - SHORT COURSE 1990-1991 (continued:

17 and 18:

Sheila Conway BGSC 200 IM (2:06.14), 400 IM (4:23.89), 1000 Free (10.08.71) Alison Klinakis SSA 200 Fly (2:02.83) BGSC 100 Back (57.03), 200 Back (2:03.93), Shellah McCarthy 200 IM (2:04,56), 400 IM (4:28.22), 100 Breast (1:05.19) Jenny Thompson SSA 50 Free (23.45), 100 Free (51.49), 200 Free (1:50.10), 100 Back (56.76), 200 Back (2:01.82), 100 Fly (55:28), 200 Fly (2:03.09), 200 IM (2:03.33), 400 IM (4:22.82) 100 Fly (50.19), 200 Fly (1:50.11), BGSC Ray Carey 200 Back (1:52.80), 400 IM (4:01.05) BGSC 100 Back (49.58), 200 Back (1:47.98) Sean Gouldson 200 Medley Relay (1:36.83), Cape Ann YMCA Men CAY 400 Medley Relay (3:34.10) (Jason Gray, William Callahan, Mike Jordan, Brian Thomas) Cape Ann YMCA Men CAY 200 Free Relay (1:28.46) (Mike Jordan, Brian Thomas, Giff Laroe, Jason Gray) Cape Ann YMCA Men CAY 800 Free Relay (7:04.85) (Mike Jordan, Fletcher Callahan, Jason Gray, Brian Thomas) Merrimack Vall Pirates MVP 800 Free Relay (7:04.34) (Kurt Leslie, Todd Lawrence, Jeff Wicklund, Josh Blagg)

*** PROOFREADING HELP WANTED ***

1990-1991 has produced a bumper crop of New England Records and National Age Group Reportable times. Congratulations to the swimmers and their coaches!

We've tried to be as conscientious as possible in recording and submitting these times, but, let's face it, nobody's perfect. Please, all of you out there, look these pages over and inform us IMMEDIATELY of any errors or omissions. At this point, there's still time to correct them and give our swimmers proper credit.

Also please note the NAG Long Course Cut times published in this issue. Please use the reporting form to let us know about any reportable or record breaking swims during the long course season.

Thanks,

Anne Hawkins (603) 465-2550

NEW ENGLAND NAG REPORTABLE TIMES - SHORT COURSE 1990-1991 (continued):

13 and 14 (continued:

Matt Craven BGSC 50 Free (22:34) Carl Eriksson BGSC 100 Breast (1:01.48), 200 Breast (2:15.01) GMSC 1000 Free (10:00.53), 1650 Free (16:45.97) Mike Gustafson Salvador Suau BGSC 50 Free (22.14) Bernal's Gator SC Girls BGSC 200 Medley Relay (1:54.87) 400 Free Relay (3:45.05) (Amanda Hall, Tory Fleming, Nicole Rutkowski, Kelly Gouldson) Bernal's Gator SC Girls BGSC 400 Medley Relay (4:05.09) (Amanda Hall, Danielle Peluso, Tory Fleming, Kelly Gouldson) Bernal's Gator SC Girls BGSC 400 Free Relay (3:37.44), 800 Free Relay (7:53.05) (Amanda Hall, Jen Schmid, Tory Fleming, Kelly Gouldson) 200 Free Relay (1:40.31) Cape Ann YMCA Girls CAY (Rachel Enos, Jean Todisco, Erika Meany, Melissa Sessoms) Cape Ann YMCA Girls CAY 200 Medley Relay (1:54.09) (Melissa Sessoms, Susan Herrick, Jean Todisco, Erika Meany) Seacoast SA Girls SSA 400 Medley Relay (4:04.84) 400 Free Relay (3:38.18) (Michele Labrie, Caroline Palmer, Lea Delicio, Kirstin Nagle) 400 Medley Relay (4:09.70) Seacoast SA Girls SSA 400 Free Relay (3:40.01) (Karna Lorhammer, Kirstin Nagle, Lea Delicio, Michele Labrie) 800 Free Relay (7:52.07) Seacoast SA Girls SSA (Michele Labrie, Karna Lorhammer, Caroline Palmer, Kirstin Nagle) Bernal's Gator'SC Boys BGSC 400 Free Relay (3:27.90) (Matt Craven, Salvador Suau, Todd McDermott, Carl Eriksson) Bernal's Gator SC Boys BGSC 800 Free Relay (7:30.19) (Mike Scarbo, Matt Craven, Salvador Suau, Carl Eriksson)

15 and 16:

Vanessa Hein	UN	200 Breast (2:20.72)
Larissa Herold	SSA	100 Back (57.04), 200 Back (2:00.91),
and the second of the second of		100 Fly (56.58), 200 IM (2:04.93),
		400 IM (4:26.78)
Leslie Repetto	SSA	100 Breast (1:04.57), 200 Breast (2:20.31),
		200 IM (2:06.71)
Nicole Rutkowski	BGSC	500 Free (4:53.65), 1000 Free (10:01.80),
	•	1650 Free (16:42.99)
Chris Anderson	BGSC	100 Breast (57.69), 200 Breast (2:04.59)
Alex Cuhna	NEB	100 Back (53.32), 200 IM (1:54.48),
•		400 IM (4:05.65)
Chip Haberstroh	NEB	400 IM (4:05.80), 1650 Free (15:53.81)
Gene Sutherland	CAY	200 Back (1:56.14)
Andrew Whitney	SSA	1650 Free (15:48.11)
Rob Wiley	BGSC	100 Back (53.00), 200 Back (1:53.61)
Seacoast SA Men	SSA	400 Free Relay (3:17.18)
		imby, Andrew Whitney, Jamie Corbett)

1990-1991 NATIONAL REPORTABLE TIMES AGE GROUP 16 BEST TIMES AND TOP 10 RELAYS LONG COURSE — METERS

		F	EMALE			
		10 & Ü	11-12	13-14	15-16	17-18
50 Mtr.	Freestyle	31.49	29.09-	27.89	27.39	27.29
100 Mtr.	Freestyle	1:09.29	1:03.29	1:00.59	59.39	58.99
200 Mtr.	Freestyle	2:29.49	2:15.79	2:10.19	2:07.39	2:06.29
400 Mtr.	Freestyle	***	4:45.29	4:31.89	4:25.49	4:23.29
800 Mtr.	Freestyle		_	9:19.99	9:05.99	9:05.99
1500 Mtr.	Freestyle	40	. 4	17:48.99	17:24.99	17:24.99
50 Mtr.	Backstroke	37,19	33.69	-	-	***
100 Mtr.	Backstroke	1:20.99	1:12.99	1:08.89	1:06.89	1:06.39
200 Mtr.	Backstroke	-	-	2:27.89	2:22.89	2:22.79
50 Mtr.	Breaststroke	40.79	37.39	-	***	-
100 Mtr.	Breaststroke	1:29.99	1:21.69	1:17.59	1:16.19	1:15.69
200 Mtr.	Breaststroke		-	2:47.59	2:43.39	2:43.29
50 Mtr.	Butterfly	34.39	31.49	-		
100 Mtr.	Butterfly	1:18.19	1:09.99	1:06.69	1:04.69	1:04.29
200 Mtr.	Butterfly	•		2:25.29	2:20.89	2:19.99
200 Mtr.	Individual Medley	2:49.49	2:34.59	2:28.29	2:24.39	2:23.19
400 Mtr.	Individual Medley		-	5:12.99	5:04.19	5:02.99
200 Mtr.	Freestyle Relay	2:16.09	2:02.39	1:57.99	1:57.79	1:59.49
400 Mtr.	Freestyle Relay	-	4:28.49	4:16.29	4:14.29	4:18.29
800 Mtr.	Freestyle Relay	****		9:20.99	9:13.49	9:19.99
200 Mtr.	Medley Relay	2:34.49	2:18.79	2:12.99	2:14.29	2:14.49
400 Mtr.	Mediey Relay	-	5:03.99	4:48.99	4:45.49	4:49.99
			MALE			•
		10 & U	11-12	13-14	15-16	17-18
50 Mtr.	Freestyle	31,19	28.09	25.99	24.99	24.29
100 Mtr.	Freestyle	1:08.49	1:01.29	56.59	54.29	52.99
200 Mtr.	Freestyle	2:27.89	2:13.89	2:02.99	1:57.59	1:55.09
400 Mtr.	Freestyle	-	4:42.49	4:19.89	4:07.99	4:04.09
800 Mtr.	Freestyle		-	9:02.49	8:34.49	8:26.99
1500 Mtr.	Freestyle	***	400	17:22.19	16:24.79	16:19.99
50 Mtr.	Backstroke	36.69	33.09	49	,	
100 Mtr.	Backstroke	1:19.89	1:10.99	1:04.69	1:01.19	59.99
200 Mtr.	Backstroke	-	**	2:19.69	2:11.99	2:09.09
50 Mtr.	Breaststroke	40.99	36.19	ana,		-
100 Mtr.	Breaststroke	1:29.09	. 1:19.99	1:11.99	1:08.89	1:07.09
200 Mtr.	Breaststroke	-	-	2:37.59	2:29.29	2:25.89
50 Mtr.	Butterlly	34.19	30.79			•••
100 Mtr.	Butterfly	1:17.19	1:08.59	1:01.99	58.79	57.19
200 Mtr.	Butterfly			. 2:17.59	2:09.99	2:06.29
200 Mtr.	Individual Medley	2:48.69	2:32.29	2:19.69	2:13.19	2:09.69
400 Mtr.	Individual Medley	-		4:57.29	4:41.99	4:36.29
200 Mtr.	Freestyle Relay	2:15.09	2:01.49	1:49.99	1:45.99	1:45.99
400 Mtr.	Freestyle Relay	***	4:27.39	3:59.99	3:51.09	3:43.29
800 Mtr.	Freestyle Relay	-		8:53.49	8:27.49	8:14.99
200 Mtr.	Medley Relay	2:33.69	2:16.69	2:04.09	2:00.69	2:00.99
400 Mtr.	Medley Relay	***	5:04.99	4:29.79	4:18.39	4:09.99
	•					

Revised 10/31/90



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW EXCLAND SWINGLING

JULY 1991

IN THIS ISSUE:

New England Short Course Meet Schedule, 1991--1992; Record Breaking Swims, 1990--1991; Athlete Rep Application; Information for Officials......

NEW ENGLAND SWIMMING THANKS MAUREEN DEVITO and JUSTINE QUIMBY for stepping forward and offering to be meet directors for New England Seniors!!!!

CONGRATULATIONS to JENNY THOMPSON (SSA) who won the 50 meter and 100 meter freestyles and was names Swimmer of the Meet at the May 15 Allstate LifeNISCA All-America Swimming Invitational which included the top eight high school seniors in each event.

ANNUAL MEETING:

Please mark your calendar with the date of the ANNUAL MEETING, OCTOBER 12. The meeting will be held at the Wellesley Community Center, Wellesley, MA, and we would like to encourage every team to be represented by at least one parent or coach.

The General Meeting will be held in the morning and will include a discussion of the budget and the election of officers. We will be back on schedule this year, and officers will be elected for two years. Anyone who is interested in being on the Board of New England Swimming next year should contact Isabelle Fraser, Jim Kresel, Steve Korbly, or Priscilla Davis. Anyone who wishes to place an item on the agenda should contact Bob Fredette or Mary Riddell.

The afternoon session will include three meetings--Officials Clinic (updates), Meet Managers Seminar, and Coaches Meeting. The Meet Managers Seminar is mandatory for all clubs running meets during the year.

NEW ENGLAND RECORDS:

Included in this newsletter is a list of all New England Swimmers who have broken short course New England and New England Resident records. For the purposes of records, the year runs from May 1 of one year to April 30 of the following year. Therefore, the short course records listed were broken during the period of May 1, 1990 to Aprile 30, 1991.

The Board of New England Swimming will not meet in August. The next meeting will be on Monday, September 9, 1991 at 7 p.m. at the Wellesley Community Center, Wellesley, MA.

NEW ENGLAND SWIMMING CALENDAR: SHORT COURSE, 1991-1992

OCTOBER	:	WITHTING CALENDAR: SHORT COURSE, 19	911992
12 :	•	NEW ENGLAND SWIMMING ANNUAL MEETING Wellesley Community Center Wellesley, MA	
19 :	PVAC	GOLD MEDAL CLINIC Springfield College Springfield, MA	Isabelle Fraser (413) 567-3415
26 :	ABF	PENTATHLON Attleboro High School Attleboro, MA	Ros Cooper (508) 226-0824
27:		NEW ENGLAND SWIMMING TOP TEN BANQUET Windsor Mills Restaurant Dracut, MA	
NOVEMBE	<u>R</u>		
23:	CCSC	TEAM SPECIALTY MEET Mass. Maritime Academy Buzzards Bay, MA 400 IM; 500, 1650	Marc Solomon (508) 564-5690 free
3:	вув		Peter Farragher (508) 927-6855
9 3:	HRY	SENIOR DEVELOPMENT MEET Smith College Northampton, MA 400 IM; 500, 1000, 1650 free	Sharon Ryder (413) 296-4058
910:	NEB	TEAM SPECIALTY Wellesley College Wellesley, MA	Les Slate (617) 964-1536
10:	SS	TEAM SPECIALTY Johnson State College Johnson, VT	Doris Florig (802) 888-5959
1617:	CAY	TEAM SPECIALTY Cape Ann YMCA Gloucester, MA 500 free	Carol Sutherland (508) 525-3773
2324:	MVP	TEAM SPECIALTY Lawrence Voc-Tech School Lawrence, MA 400 IM; 500 free	Kevin Riley (508) 851-4263
29 :	SAC	12 & UNDER TEAM SPECIALTY Boston College Newton, MA	Jane Robichaud (508) 653-4692
291:	EB/ HRY		Kathy Stewart (413) 527-2418

NEWSLETTER PLUS	5			JULY 1991
301:	SSA	TEAM SPECIALTY PHillips Exeter Academy Exeter, NH	Bruce Mohl (603) 868-7249	
301: 1	BCSY	B (C) Brockton High School Brockton, MA 400 IM	David Palumbo (508) 587-4242	
DECEMBER				
78 :	SSS	TEAM SPECIALTY Lincoln-Hancock School Quincy, MA	Lou Chin (617) 545-0616	
68: 1	NCAC	TEAM SPECIALTY (WINTER CLASSIC) Dartmouth College Hanover, NH 400 IM; 500 & 1650 free	Jim Kresel (603) 643-4456	
7 :	NSC	C Cape Elizabeth High School Cape Elizabeth, ME 400 IM	Bill Phillips (207) 799-0737	
1315: I	BRN	CHRISTMAS CLASSIC (A & BETTER) Brown University Providence, RI	Mark Johnston (401) 863-1919	
2829:	EST	TEAM SPECIALTY PHillips Exeter Academy Exeter, NH	Jim Powers (603) 642-8424	
JANUARY				
35 :	WSC	A (B) Clark University Worcester, MA 400 IM; 500 free	Marianne McVoy (508) 842-1883	
4:.	SAC	TEAM SPECIALTY Keefe Technical School Framingham, MA 12 & under; 13 & over events	Jane Robichaud (508) 653-4692	
1012:	MVP	TEAM SPECIAL/TY Lawrence Voc-Tech School Lawrence, MA 400 IM; 500, 1000, 1650 free	Kevin Riley (508) 851-4263	
12: F	PVAC	PENTATHLON Springfield College Springfield, MA	Maureen Mikuszer (413) 596-8269	vski
1819: H	łyst	B (C) Charles White Poole Haverhill, MA 400 IM; 500 free	Michael Horgan (508) 373-1102	
1819:	HRY	B (C) Hampshire Regional YMCA Northampton, MA 400 IM, 500 free	Sharon Ryder (413) 296-4058	

2526: BYB	B (A) Beverly YMCA Beverly, MA 1650 free	Peter Farragher (508) 927-6855
2426:	NATIONAL QUALIFIER (long course) To be determined	
FEBRUARY		
1/31 BAT 2/2:	TEAM SPECIALTY Minuteman High School Lexington, MA 400 IM; 1650 free	Abby Hurlbut (617) 729-4216
2: ABF	10 & UNDER TEAM SPECIALTY Attleboro High School Attleboro, MA	Ros Cooper (508) 226-0824
89 : CCSC	TEAM SPECIALTY Mass. Maritime Academy Buzzards Bay, MA 400 IM; 500, 1650 free	Marc Solomon (508) 564-5690
1416: SAC	AGE GROUP/SENIOR QUALIFIER Keefe Technical School Framingham, MA 400 IM; 500 free	Jane Robichaud (508) 653-4692
22-23: EB/ HRY	BRONZE CLASSIC White Brook MIddle School Easthampton, MA	Kathy Stewart (413) 527-2418
MARCH		
2/28 3/1:	AGE GROUP CHAMPIONSHIPS To be determined	
16 : USS	OLYMPIC TRIALS Indianapolis, IN	
78 : NSC	10 & UNCER CHAMPIONSHIPS Cape Elizabeth High School Cape Elizabeth, ME	Bill PHillips (207) 799-0737
1215: BRN	NEW ENGLAND SENIOR CHAMPIONSHIPS Brown University Providence, RI trials & finals	Mark Johnston (401) 863-1919
2022: NCAC	SILVER CLASSIC Dartmouth College Hanover, NH	Jim Kresel (603) 643-4456
2428: USS	US JUNIOR NATIONALS Nashville, TN	
APRIL		
24:	EASTERN ZONES To be determined	

TO ALL OFFICIALS:

New England Swimming should feel good about their organization. We've got our act together regarding running meets and training officials. During my recent visit to the Olympic Training Center in Colorado Springs, I felt proud of the network that John Johanessen has established of top notch facilitators, and I plan to continue the program.

Now for some thoughts on my visit. Let's talk about the 4-hour rule. A different interpretation was conveyed to the group. The 4-hour time limitation actually begins with the first event of an age group. i.e.... morning session begins at 8:30 a.m. and includes ages 9 and 10 girls and boys and 11 and 12 girls and boys. If the 11 and 12 boys' first event actually starts at 9:15 a.m. (even though the meet began at 8:30 a.m.), 9:15 a.m. begins the 4-hour limit for 11 and 12 boys. This will clearly add 40 to 50 minutes to the 4-hour time limit.

The <u>backstroke</u> turn discussion filled 1½ to 2 hours on Saturday afternoon.

- 1. Total turning action is the key element.
- 2. Kicking through the turn is legal.
- 3. Swimmers and coaches alike should realize that an illegal turn is actually slower. Excess floating will actually be a disadvantage. Swimmers will want to do the turn legally.
- 4. When the feet leave the wall, the swimmer must be toward the back. When the swimmer take the first arm pull, the swimmer must be on the back. This is similar to the breaststroke requirement before the first pull.
- 5. Swimmers will be requested to enter the pool feet first. This is encouraged to speed up the meet. This is only a request, not a requirement. However, referees have been told to blow the whistle quickly to signal a "ready position" and the starter's command of "place your feet." This will better signal the swimmers to quickly get into a starting position.

The legality of the upward leg propulsion in the <u>breaststroke</u> is deemed a judgement call by the stroke and turn judge or referee, whether or not a swimmer gets a propulsion advantage when the legs and feet come down. Shoulders can be uneven in the middle of the pool as long as this is the normal position of the shoulders. However, the hands must remain in the same plane as the water. No up and down dipping motion of the shoulders will be allowed. Regarding the arm recovery action, which is beginning to look more like a butterfly recover, it is legal as long as they originate from the breast.

We discussed sculling during the <u>butterfly</u> and what is permissable. As long as there is no "breaking of the elbows," hand sculling is permissable.

Here are a few more comments and tips not fitting any certain category.

1. Rules now require for the backstroke start and turn to indicate the 15-meter position on the lane lines. Buy or sew nylon sleeves with tie strings at both ends. Disconnect the lane lines and slide the sleeves into position and tie. During a meet using this technique or just water proof tape, as lane markers "shift" and are no longer "equal all across" always

continued....

TO THE OFFICIALS (continued)

use the farthest marker. This will ensure fairness for all the swimmers.

- 2. Whenever a "reseed" occurs during a pre-seeded event, if possible use a different colored paper. This will alert swimmers, coaches, and officials.
- 3. Timers, whenever you observe a "slow" or "bad" touch by a swimmer, make a notation on your program or the back of the card. This may be important if a timing error happens or a coach or swimmer questions results.
- 4. When there is a failure of timing equipment to start at the beginning of a heat, start the equipment anyway. Even though the times will be "world records," the pads will place the heat electronically and the referee can fairly add a uniform adjustment to all the times.
- 5. A new officials evaluation sheet will soon be created. The evaluation form will be completed by the meet referees and returned to Bill Whitman. This will be a confidential matter. Names of participating officials should be listed as well as their rules knowledge and cooperation. Copies of this form will be sent in to the meet director in advance of the meet. The meet director should then distribute the forms to the referee for each session. Postage and envelopes will be available.

In conclusion, I would like to reiterate the quality organization New England Swimming has put together. Mary Riddell does a super job in coordinating materials and the monthly newsletter is the envy of other LSC's.

Respectfully, Bill Whitman

NOTE: Bill Whitman and Charlie Wilk recent were sent by New England Swimming to the Officials' meeting in Colorado Springs, CO. If you have any further questions about this material, feel free to ask either Bill or Charlie.

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AGE GROUP (13 and over) COACH needed for USS Short Course/YMCA season. Start in September 1991. Send resume and qualifications to:

Peggy Gail, Aquatic Director

Hockomock YMCA, 300 Elmwood Road North Attleboro, MA 02760 NEWSLETTER PLOS JULY 1991

RECORD BREAKING SWIMS -- NEW ENGLAND -- SHORT COURSE 1990-1991

NE: Best time achieved in New England by a USS registered swimmer

RES: Best time achieved anywhere by a New England registered swimmer

(In cases where an individual broke the same record more than once, only the fastest time is listed.)

E	VENT	RECORD	TIME	NAME	CLUB	MEET	DATE
	AND UNDER : 00 Free Relay (Mike	NE/RES		Beverly Y Barracudas n Michalski, Alden Che			12/90 Herman)
	AND 10 BOY: Decast	S: Res	35.26	Matt Rykken	PWS	ZONE	4/91
10	00 Breast	RES	1:16.25	Matt Rykken	PWS	AG	2/91
	l AND 12 GI 00 Free	RLS: NE/RES	1:58.47	Jessica Tucker-Mohl	SSA	AG	2/91
5	00 Free	ne/res ne	5:14.66 5:15.01	Jessica Tucker-Mohl Tara Lynch	SSA YMID	AG NO	2/91 1/91
	I AND 12 BO D Back	YS: NE RES	28.07 27.04 27.85	William Maher William Maher Spencer Hawkins	SWRI SWRI MSSC	AG ZONE EE-NJ	2/91 4/91 12/90
10	00 Back	RES	58.27	William Maher	SWRI	ZONE	4/91
10	00 Fly	RES	56.57	Spencer Hawkins	MSSC	EE-NJ	12/90
1	MI OC	NE/RES	58.95	Spencer Hawkins	MSSC	NCAC	12/90
2	00 IM	RES	2:07.56	Spencer Hawkins	MSSC	EE-NJ	12/90
	3 AND 14 GI 30 Back	RLS: RES	2:01.37	Amanda Hall	BGSC	JO .	3/91
2	00 Fly	RES	2:02.78	Jean Todisco	CAY	Y/NAT	4/91
2	DO IM	RES	2:04.83	Amanda Hall	BGSC	JO	3/91
4	00 IM	RES	4:26.50	Amanda Hall	BGSC	J0	3/91
				•			

RECORD BREAKING SWIMS (continued)

13 AND 14 GIRLS (continued):

400 Medley Relay	NE/RES 4:04.84 (Michele Labrie,	Seacoast SA Caroline Palmer, Lea l	SSA Delicio,	AG Kirstin Nag	2/91 le>
•		Bernal's Gator SC nielle Peluso, Tory Fle			2/91 n)
		Seacoást SA , Kirstin Nagle, Lea De	SSA elicio,	B-MD Michele Labr	12/90 le)
200 Free Relay	RES 1:40.31 (Rachel Enos, Jean	Cape Ann YMCA an Todisco, Erika Meany	CAY y, Melis		4/91
400 Free Relay		Bernal's Gator SC lly Gouldson, Tory Fler		AG n Schmid)	2/91
	NE/RES 3:38.18 (Michele Labrie,	Seacoast SA Lea Delicio, Caroline	SSA Palmer,	AG Kirstin Nag	2/91 le)
800 Free Relay	NE/RES 7:52.07 (Michele Labrie,	Seacoast SA Karna Lorhammer, Caro	SSA line Pal	AG mer, Kirstin	2/91 Nagle)
		Bernal's Gator SC n Schmid, Tory Fleming		AG Gouldson)	2/91
13 AND 14 BO	YS:				
50 Free	NE/RES 22:14	Salvador Suau	BGSC	AG	2/91
100 Breast	NE 1:01.48	Carl Eriksson	BGSC	ÀG	2/91
15 TO 18 WOM	IPN •				
100 Back	RES 56.76	Jenny Thompson	SSA	NE/SR	3/91
	57.03	Sheilah McCarthy	BGSC	NE/SR	3/91
	57.04	Larissa Herold	SSA	NE/SR	3/91
200 Back	RES 2:00.91	Larissa Herold	SSA	NE/SR	3/91
15 TO 18 MEN	 				
200 Medley Relay		Cape Ann YMCA liam Callahan, Mike Jor		Y/NAT ian Thomas)	4/91
200 Free Relay		Cape Ann YMCA ian Thomas, Giff Laroe	CAY Jason	Y/NAT Gray)	4/91



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

AUGUST 1991

IN THIS ISSUE: PELICAN PETE CONTEST WINNERS: HIGH POINT WINNERS AT AGE GROUPS & SENIORS: SAFETY INFORMATION; REGISTRATION "SELECT" CAMP INFORMATION; OFFICIALS CLI-INFORMATION: ZONE TEAM; EVALUATION FORM FOR NEW ENGLAND MEETS...

CONGRATULATIONS to DAN WARNER

(CAY) who is the new Junior Coach Rep.

AMY PARRATTO (SSA) will now be the Senior Rep.

CUR THANKS to JIM MCCOMBS (MSSC) who has served as a Coach Representative for the past two years.

CONGRATULATIONS to SHEILAH MCCARTHY (BGSC) who broke the record for the

200 meter backstroke at the U. S. Olympic Festival.

RAY CAREY

(BGSC) who won the 200 meter butterfly at the World University Games.

ALEX KOSTICH

(BGSC) who won the 400 meter IM at the

Pan American Games.

DATES TO REMEMBER:

SEPTEMBER 5: Deadline for applications for JUNIOR ATHLETE REPRESENTATIVE

OCTOBER 12: ANNUAL MEETING, Wellesley Commu-

nity Center, Wellesley, MA

OCTOBER 27: TOP TEN BANQUET, Windsor Mills

Restaurant, Dracut, MA.

NEW ENGLAND SENIOR CHAMPIONSHIPS:

New England Swimming ran New England Senior Championships as its first committee run meet in many years. New England Swimming would like to thank all the participating teams for their cooperation and all the parents who helped staff the meet and contributed to the nice feeling of camaraderie at the meet. We would especially like to thank our meet managers MAUREEN DEVITO and JUSTINE QUIMBY and the staff at BROWN UNIVERSITY who were so cooperative!

The Board of New England Swimming will meet on Monday, September 9, 1991 at 7 p.m. at the Wellesley Community Center, Wellesley, MA.

HIGH POINT WINNERS-NEW ENGLAND AGE GROUPS:

GIRLS		BOY	8	
EIGHT AND UNDERS:			•	4
1. TORY BUSHNELL	BGSC	1.	DREW GEANT	NSC
	HYST	2.	JOSH SIMPSON	GMSC
3. ELLEN KATCH	ATST	3.	LEE STEVENS	EST
4. MOLLY BRETHAUER	MSSC	4.	DAVID COOPER	ABF
5. CAROLINE ROUSSEAU	NASY	5.	DREW THOMSON	SWRI
6. ALLISON BLAGRIFF	NASY	6.	ROBERT SCHOTTER	CAST
7. SARAH FERRANTI	HYST	7.	MATTHEW HIDALGO	HHST
8. KAARINA TASKILA	UN ·	8.	CHRISTIAN KIENZLE	BGSC
9 and 10:				
1. ANGELA CAPRIGNO	HYST	1.	ERIK VENDT	BGSC
2. ROBIN SANDOS	GMSC	2.	PAUL SCHNED	NCAC
3. KATE PALMIERI	BGSC	3.	TOM KEANE	BGSC
4. AMY VERREAULT	HHST	4.	DRENDON DRYSDALE	BGSC
5. SARAH MOONEY	EBAC	5.	DAVID PAUL	GMSC
6. KRISTEN HELLMUTH	BGSC	6.	BRYAN CROSSCUP	MSSC
7. CHANTEL MENARD	BCSY	7.	DAVE COOK	BYB
8. SARAH BURPEE	MSSC	8.	GREGORY BILTON	SSS
11 and 12:			\	
1. ALLISON VENDT	BGSC	1.	SHANE RAYMOND	ccsc
2. KERRIANNE KALBKO		2.	BRAD MANCINI	WSC
3. JAMIE CROSSCUP	MSSC	3.	ZEB JENKINS	PVAC
4. ERIKA LAZAR	BGSC	4.	MIKE CONTI	SSA
5. GERALDINE GARDNER	•	5.	MARK FORD	SAC
6. JULIE LAPINSKY	WSC	6.	JOSH OSTERBERG	NEB
7. ERIN HOWARTH	WSC	7.	JON KISSIDA	BGSC
8. KRISTEN LOZEAU	GMSC	8.	COREY BLAKELY	SWRI
13 and 14:				
1. DANIELLE PELUSO	BGSC	1.	CHARLES BARNES	BCSY
2. JESSICA TUCKER-MO	HLSSA	2.	RYAN PARKINSON	GMSC
3. KELLY GITTLEIN	SSA	3.	SPENCER HAWKINS	MSSC
AMANDA KIROUAC	GMSC	4.	JOSH PLATI	TRAC
5. DIANA LIBERTY	MVP	5.		BGSC
6. BETH ELIE	PVAC	6.	TAD KREMEN	MSSC
7. CARMEN TROMBINI	SAC .		STEPHEN CARUSO	CAY
8. ANDREA SLATE	NEB	8.	MIKE SHAUGHNESSY	BGSC
15 to 18:			•	
1. ERIN POWERS	BGSC	1.	MATT LIBERTY	MVP
2. DEBBY PALMER	SSA	2.	JEREMY QUIMBY	SSA
3. ALISON HARDY	MSSC	3.	JON LACEY	NCAC
4. TORY FLEMING	BGSC	4.	PHIL CURRAN	SSA
5. KARNA LORHAMMER	SSA	5.	CHRIS ANTONETTI	SAC
6. KATE SHAUGHNESSY	BGSC	6.	JAMIE CORBETT	SSA
AMY HOLT	BGSC	7.	RAY CAREY	BGSC
8. MELISSA SCHOFIELD	MVP	8.	STEVE KORELY	NEB

LONG COURSE ZONE TEAM:

CONGRATULATIONS to the **LONG COURSE ZONE TEAM** which competed at the Oak Marr Recreation Center, Oak Marr, VA on August 7--11.

SHANE RAYMOND (CCSC) competed in six events and set new Zone Records in all six events!!!

The team included:

10 and unders:

BRITTANY PERKINS	EST	KARL EHRENS	SSS
**BRIDGET VEZINA	LOBC	DAVID PAUL	GMSC
LORI PASZKO	HYST	RICHARD SHELDON	HYST
**ANGELA CAPRIGNO	HYST	BRADY WARNER	SSS
CHANTAL MENARD	BCSY	DAVID VANECH	SWRI
NICOLE DUFFY	ATST		CAST
ROBIN SANDOS		MARK DILLON	
	GMSC	SEAN HUNTER	CAST
KATE THOMPSON	HHST	DAVID LEWIS	SSA
ALLISON MESSIER	HHST	BRIAN DONOVAN	PVAC
LAURA REIS	HHST	RANDY BUCKLEY	HHST
AMY VERREAULT	HHST		
11 and 12:			
CLEWIS KINNETT	MVP	KRISTIN LATOURELLE	HYST
**KERRIANNE KALBKO	PVAC	ZARRIN ATKINS	TRAC
**JENNIFER SHORT	NASY	**SHANE RAYMOND	CCSC
ERIN HOWARTH	WSC	JARED FIGUIERA	SWRI
**JULIE LAPINSKY	WSC	MATT RYKKEN	PWS
12 3 14			
13 and 14:			
KELLY HUNTER	CAST	MELISSA BURNS	NWSC
KATHERINE YELLE	HYV	MELISSA SALINGER	GMSC
MEGAN CASSIDY	HYV	**RYAN PARKINSON	GMSC
LAURA GUSTAFSON	GMSC		
<u>15 to 18</u> :			

**placed in finals

**MATT CASSIDY

COACHES:

ED LARY	HHST	ROSANNE RIDDICK	NWSC
ISABELLE FRASER	PVAC	MAUREEN O'CONNELL	PVAC

HYV

NOTE: Swimmers' teams are listed for information only. At the meet all the swimmers represent NEW ENGLAND.

ura concercione

CONGRATULATIONS to KEVIN SALISBURY (SWRI) who has been named Head Men's and Women's Swim Coach at Clark University.

HIGH POINT WINNERS-NEW ENGLAND SENIORS:

WOM	EN		MEN		
1.	JENNY THOMPSON	SSA	1.	JAY CRAFT	BGSC
2.	LARISSA HEROLD	SSA	2.	DEAN FREDETTE	SSA
3.	AMANDA HALL	BGSC	3.	BEN MCBRIDE	SWRI
4.	KATE ZENDA	SSA	4.	C. J. ROBIE	BGSC
5.	NICOLE RUIKOWSKI	BGSC	5.	MIKE DIX	SSA
6.	CAROLINE PALMER	SSA	6.	JIM MCGINNIS	BGSC
7.	SHEILAH MCCARTHY	BGSC	7.	SCOTT RIEWALD	BGSC
8.	LESLIE REPETTO	SSA	8.	RAYMOND BROWN	BGSC
COM	BINED TEAM SCORES			•	
1.	BERNAL'S GATOR SWI	M CLUB	5.	MANCHESTER SUNFIS	H SWIM CLUB
2.	SEACOAST SWIMMING	ASSOCIATION	6.	CAPE ANN YMCA	
3.	SWIM RHODE ISLAND		7.	MERRIMACK VALLEY	PIRATES

8. PIONEER VALLEY AQUATIC CLUB

PELICAN PETE CONTEST:

NEW ENGLAND BARRACUDAS

CONGRATULATIONS to the winners of the PELICAN PETE CONTEST!

11-year-old and older:

FIRST PLACE: JESSICA BARLAS (\$200 Savings Bond) SAC SECOND PLACE: JENNIFER ZIMMER HIST (\$ 50 Savings Bond) RUNNERS UP: (tee shirts) BRIGID BYRNE MVP ROBYN LUSSIER FRY MINDY CRAIG SWRI FRY SAMANTHA LUSSIER

BRIGID BYRNE MVP ROBYN LUSSIER FRY
MINDY CRAIG SWRI SAMANTHA LUSSIER FRY
DAN DUGGAN FRY MICHELLE MCWEENEY SWRI
REBECCA DUGGAN FRY KATIE MAIORANO EB
AMY FELKEL EB JENNIFER PLUNKETT FRY

10-year-old and younger:

FIRST PLACE: ASHLEY MAIORANO EB (\$200 Savings Bond)
SECOND PLACE: ROGER LUSSIER FRY (\$50 Savings Bond)

RUNNERS UP: (tee shirts)

BRANDI BLAKELY	SWRI	JACLYN MAIORANO	EB
ELAINA DUGGAN	FRY	CHRIS PETERSON	SAC
CHRISTINE EVANS	BGSC	LAURA PICKERING	FRY
JOSLIN FIGUIERA	SWRI	SARA REID	FRY
STEPHEN GRAHAM	ANA	ANNIE ROSEN	BGSC
LYNDSEY MAJORANO	EB.	CHRISTINE ZIMMER	HHST

Be on the lookout for these winners wearing their PELICAN PETE tee shirts designed by Jessica and Ashley!! The two tee shirts displaying the winning designs will also be on display at the United States Swimming annual convention in Louisville, Kentucky.

Let's Make Safety Everybody's Responsibility

by Marjorie Illingworth, Safety Education Committee Member

There are many members of the swimming community - swimmers, coaches, officials, administrators and, of course, parents. Parents always play an important role in the swim community. They are the backbone at any practice, any meet, any club activity, but many clubs overlook their critical role in safe swimming.

Coaches must take safety training courses. Meet officials have assigned roles assuring the safe conduct of swim meets. Club officials have safety responsibilities within the club. Swimmers have rules that they must follow to assure a safe environment. Still, the role of the parent is often overlooked and undefined.

Parents are the basis for all Swimmer's Safety. Parents usually are the meet officials, club officers, and sometimes even the coaches. A parent's role in safety begins long before their children become swimmers. They begin teaching their children safety before they can even walk. They look out for their children's safety in all areas, not just swimming. It is their concern and early introduction of a safety conscious attitude that is the basis for safety education.

Additionally, parents see safety concerns that might be overlooked by other members of the swimming support community who are more familiar with the sport. Sometimes those so involved with the sport do not see the hazard that is obvious to a less involved observer. That is why it is important to include parents when planning for the safety of swimmers. Parents also may be the source of community expertise with safety planning in other fields. What a source of support and knowledge!

Even more important is the parent's presence in areas where the coach or other officials cannot be. Parents see all manner of behavior in the lobby, viewing area, locker rooms, even outside the swimming venue. Yet how often does one hear, "If that were my kid I wouldn't let him do that," or "I really don't know if I should say something. It's not my child." When any swimmer's safety is at stake, every member of the swimming community has the responsibility to say something! Someone - official, coach, club administrator, parent, grandparent, or just plain spectator - needs to speak up!

Years ago, everyone in the neighborhood felt a responsibility toward the youth of the community. Parents were told if the youth did something wrong or unsafe. Neighbors spoke words of warning. Everyone was concerned. Why can't the swimming community react the same way today? All youth will benefit from this caring attitude!

Let's be truly a swimming community and watch out for all swimmers! Speak a word for the safety of a swimmer today!

What can you do as part of the swimming community do to support swimming safety? Here are a few suggestions:

- 1. Make sure your team has a good safety program
- 2. Support your coach's safety decisions
- 3. Enforce your team's safety rules with all swimmers
- Encourage your coach to think safety and compliment his safe actions
- 5. Point out areas that you think might pose a safety hazard
- 6. Offer your expertise in safety planning
- Watch out for the safety of all members within the swimming community
- 8. Speak up for safety even if it isn't your swimmer.

TBS U.S. Olympic Gold To Show Phillips 66 National Championships

The 1991 Phillips 66 National Swimming Championships will be shown by TBS on Saturday, August 31 immediately following the Atlanta Braves baseball game. Consult your local listings and tune in to see your local swimmers in action at the Phillips 66 National Championships in Ft. Lauderdale, Fla.

In a recent survey conducted to determine the likes and dislike of televised sports viewers, swimming finished 13th overall. More importantly, swimming was the number one summer Olympic sport listed and the number two Olympic sport of any kind behind figure skating.

Good numbers for televised swimming events are key to more TV exposure, which in turn affects U.S. Swimming sponsorship levels. Don't forget to turn on TBS' U.S. Olympic Gold every Saturday night.

AUGUST 1991

SELECT CAMP INFORMATION

These camps are operated at the Olympic Training Center in Colorado Springs, CO. An experienced staff of coaches educate, motivate and test the best age group swimmers who are ready to make the transition from zone competition to national level competition. Selection is based upon 1991 Long Course times. Information will be sent to coaches and Top 16 swimmers in August (see the camp time standards below). The U. S. Swimming Camps are designed to assist coaches at all levels, help themselves and their swimmers "Be the Best They Cam Be," and help U.S. Swimming achieve international goals. APPLICATION DEADLINES: Boys, September 14; Girls, October 14. Selection based upon LONG COURSE TIMES ONLY!

BRONZE CAMP: Girls born 1978; Boys born 1977--self esteem; growth/develop-

ment; training readiness

SILVER CAMP: Girls born 1977; Boys born 1976--personal values; goals set-

ting; drug testing

GOLD CAMP : Girls born 1976; Boys born 1975--personality profiles; communi-

cating w/adults; visualization

EAGLE CAMP: Girls born 1974--75; Boys born 1973--74--power of choice; com-

municating

National Team, National Junior Team and non-citizens of USS are ineligible.

EVENT 100 free 200 free 400 free 800 free 1500 free 200 back 200 breast	1:01.99 2:12.79 4:39.79 9:47.19 18:40.09 2:35.09	58 09 2:06:29 4:26:89 9:17:89 17:46:19	Camps Boys born in 1975: October 11-14*	EVENT 100 free 200 free 400 free 800 free	GIRLS' 1:00.39 2:09.69 4:32.19 9:17.39	54.49 1:58.69 4:11.29 8:40.79
200 free 400 free 800 free 1500 free 200 back	2:12.79 4:39.79 9:47.19 18:40.09	2:06:29 4:26:89 9:17:89	Boys born in 1975: October 11-14*	200 free 400 free	2:09.69 4:32.19	1:58.69 4:11.29
400 free 800 free 1500 free 200 back	4:39.79 9:47.19 18:40.09	4 26 89 9 17 89	October 11-14*	400 free	4:32.19	4:11.29
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1500 free 200 back	18:40.09					
200 back		17 48,19	Giris born in 1976:	1500 free	17:50.39	15:43.69
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200 back	2:31.69	2 20 59				2:12.79
100 breast	1:17.99	1 11 89		100 breest	1:17.09	1:07.90
200 breast	2:48.59	2 38 29		200 breast	2:46.49	2:26.29
100 fly	1.07.29	1 01 49		100 fly	1:05.49	57.89
200 fly				200 fly	2:23.69	2:09.19
						2:11.99 4:41.89
	TIME EVENT TO free 100 free 100 free 1500 free 1500 free 1500 back 100 back 100 breast 100 breast	200 fly 2:32.09 200 I.M. 2:32.19 400 I.M. 5:23.29 TIME STANDAF EVENT GIRLS' 100 free 1:00.59 200 free 4:35.19 900 free 4:35.19 900 free 18:12.39 100 back 1:09.99 200 breast 1:17.99 200 breast 1:17.99 200 breast 2:48.59 100 breast 2:48.59 100 fly 1:07.29 200 fly 2:28.49 200 I.M. 2:29.79	200 fly 2:32.09 2:24.49 200 I.M. 2:32.19 2:24.59 400 I.M. 5:23.29 5:07.19 TIME STANDARDS EVENT GIRLS' BOYS' 100 free 1:00.59 56.79 200 free 2:10.69 2:03.29 100 free 4:35.19 4.16.59 100 free 9:32.69 8:59.19 1500 free 18:12.39 17.13.39 100 back 1:09.99 1.04.69 100 breast 1:17.99 1.11.89 100 breast 2:48.59 2:36.29 100 fly 1:07.29 1.01.49 100 fly 1:07.29 1.01.49 100 fly 1:07.29 1.01.49 100 fly 1:07.29 1.01.49 100 fly 2:26.49 2.17.29 100 fly 2:26.49 2.17.29 100 fly 2:26.49 2.17.29 100 I.M. 2:29.79 2.19.49	200 fly 2:32.09 2:24.49 200 I.M. 2:32.19 2:24.59 400 I.M. 5:23.29 5:07.19 TIME STANDARDS EVENT GIRLS' BOVS' 100 free 1:00.59 56.79 200 free 2:10.69 2:03.29 100 free 4:35.19 4:16.59 100 free 9:32.69 5:59.19 1500 free 9:32.69 5:59.19 1500 free 18:12.39 17.13.39 100 back 1:09.99 1:04.69 100 back 2:31.69 2:20.59 100 breast 1:17.99 1:11.89 100 breast 2:48.59 2:36.29 100 fly 1:07.29 1:01.49 100 fly 1:07.29 1:01.49 100 fly 2:26.49 2:17.29 100 fly 2:26.49 2:17.29 100 I.M. 2:29.79 2:19.49 100 I.M. 2:29.79 2:19.49 100 I.M. 2:29.79 2:19.49	200 fty 2:32.09 2 24.49 200 I.M. 2:32.19 2 24.59 400 I.M. 5:23.29 5 07.19 TIME STANDARDS EVENT GIRLS' BOYS' 100 free 1:00.59 56.79 200 free 2:10.69 2 03.29 100 free 4:35.19 4 16.59 200 free 4:35.19 4 16.59 200 free 9:32.69 8 59.19 1500 free 18:12.39 17.13.39 100 back 1:09.99 1 04.69 200 back 2:31.69 2 20.59 100 breast 1:17.99 1 11.89 200 breast 2:48.59 2 36.29 100 breast 2:48.59 2 36.29 100 breast 2:48.59 2 36.29 100 breast 2:48.59 2 36.29 200 breast 2:48.59 2 36.29 100 breast 2:48.59 2 36.29 200 breast 2:00 breast	200 fty 2:32.09 2:24 49 200 I.M. 2:32.19 2:24 59 400 I.M. 5:23.29 5:07 19 TIME STANDARDS EVENT GIRLS' BOYS' 100 free 1:00.59 56 79 200 free 2:10.69 2:03 29 100 free 4:35.19 4:16.59 200 free 4:35.19 4:16.59 200 free 9:32.69 8:59 19 1500 free 18:12.39 17 13:39 100 back 1:09.99 1:04.69 200 back 2:31.69 2:05.99 100 breast 1:17.99 1:11.89 200 breast 1:17.99 1:11.89 200 breast 1:17.99 1:11.89 200 breast 1:17.99 1:11.89 200 breast 2:46.59 2:36.29 2:25.69 100 breast 1:17.99 1:11.89 200 breast 2:46.59 2:36.29 2:00 free 2:25.69 100 breast 1:17.99 1:11.89 200 breast 2:46.59 2:36.29 2:25.69 2:00 free 2:25.69 100 breast 1:17.99 1:11.89 200 breast 2:46.59 2:36.29 2:25.69 2:00 free 2:25.69 100 breast 1:17.09 2:26.69 2:00 free 2:26.69 2:25

Swimmers must be ready for an intense training regimen. Send Camp applications to: U.S. Swimming, Domestic Programs, 1750 E. Boulder Street, Colorado Springs, CO 80909

U.S. Swimming National "Select Camp" Application

Duplicate as needed for swimmers and return. Applicants must have time standards to apply. See May/ June Lanelines

	25	s - Deadiine (GITIS - Deadine Oct. 14, 1881 - Circle Ole	9 5 E			
Bronze Camp	Nov. 21-24 (Born 1978);	Silver Camp	Nov. 23-26 (Born 1977);	Gold Camp		Dec. 13-16 (Born 1976)	orn 1976)
Eagle Camp I	Dec. 5-8 (Born 1974-75);	Eagle Camp II	Dec. 7-10 (Born 1974-75)	No. or			
		Boys - Sept.	Boys - Sept. 14, 1991 - circle one				
Bronze Camp	Oct. 15-18 (Born 1977);	Silver Camp	Nov. 9-12 (Born 1976);	Gold Camp		Oct. 11-14 (Born 1975)	m 1975)
Eagle Camp I	Oct. 26-29 (Born 1973-74);	Eagle Camp II	Nov. 1-4 (Born 1973-74)				
Name							
Address							
City, State, Zip_		٠		Hom	Home Phone		
1991 USS Registration #	ration#			,			***************************************
Citizenship			Name of Coach:				
Birthdate			Club			LSC	
Team Name			and the second				
Address			Ö	City/State		Zip	
Day Phone	•	Coach's	Coach's Shirt Size: L XL XXL_	ا			
		۵			Swi	Swimmer's Sizes	ses
Coaches' Signature	ure					circle one	-
Please Note: 1.	All participants MUST be U.S.	. Citizen 2. Current	Please Note: 1. All participants MUST be U.S. Citizen 2. Current National Team, National B Team, and		Shirt Size (Shirt Size (Bronze/Silver):	ن
National Junior 7	National Junior Team members are ineligible. 3. Selection will go deeper as doubles occur.	3. Selection will go	deeper as doubles occur.	, , , , , , ,			
	1991 Long Course Best Event Times ONLY! DO NOT USE SHORT COURSE OR PRIOR YEARS	e Best Event ourse or Prio	Times ONLY! R YEARS		M 53	×	XX
	100m 200m	400m	800m	1500m	Sweater SI	Sweater Size (Gold):M	
FREE							,
BACK				1	M LG	×	XX
BREAST							
FLY	***************************************				Sweatsuit	Sweatsuit Size (Eagle)	
M						•	
ALL SWIMME WFFKS OUT.	IRS WILL BE NOTIFIED O	F SELECTION 51 ground transportati	ALL SWIMMERS WILL BE NOTIFIED OF SELECTION STATUS APPROXIMATELY 6 WFFKS OUT. USS provides housing, meals, ground transportation, and an airfare reimbursement of one-	6 int of one-	M 1.G	×	XXL
(-)(-)(-)	Tools Camp suimmers reco	nive full siefere Ad	ditional details provided on acc	entance.			

REGISTRATION:

Letters have gone to all currently registered clubs requesting information concerning new mailing addresses for the clubs and also the name and address of the person in charge of registration for each club. Registration materials will be sent to each club as soon as the materials have arrived from United States Swimming and as soon as the name of the registration person has been received from the club.

To help with your planning, please be aware that this year no team will be allowed to register without a certified coach registering at the same time. If the team registration is received without a coach registration, all swimmers will have to be registered "unattached" and the team itself cannot be registered. Remember that to be registered as a coach an adult must sent the office copies of current CPR, First Aid, and Safety Training for Swim Coaches. Please have your coaches plan ahead!

Fees for 1992 will remain the same as for 1991:

Clubs		\$100.00
Athletes		\$ 25.00
Non-athletes	(individual)	\$ 22.00
	(family)	\$ 37.00

(A family is two related adults living in the same household.)

NEW ENGLAND SWIMMING OFFICE

Mary Riddell 20 Cleveland Road Needham, MA 02192

617-449-10270

Telephone Hours: Monday : 8:00 a.m. - 2:00 p.m.

7:30 p.m. -- 10:30 p.m.

Thursday: 8:00 a.m. 2:00 p.m.

CLINICS FOR OFFICIALS:

TIMERS and STROKE AND TURN: SATURDAY, SEPTEMBER 14, 9 a.m. to 1 p.m.

East Providence Boys Club, 115 Williams, East Providence, RI. The facilitator will be Charlie Wilk. Call Charlie for reserva-

tions (401-334-3943). Limit 15.

STARTERS and REFEREES : SATURDAY, SEPTEMBER 21, 9 a.m. to 1 p.m.

East Providence Boys Club, 115 Williams, East Providence, RI. The facilitator will be Charlie Wilk. Call Charlie for reserva-

tions (401-334-3943). Limit 15.

RECERTIFICATION ONLY : ANNUAL MEETING, SATURDAY, OCTOBER 12.

It is expected that there will be other clinics in the fall. Watch the September newsletter for further information.



NEWSLETTER



OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

IN THIS ISSUE: ANNUAL MEETING; OUTSTANDING SWIMMERS & TOP TEN SWIMMERS SHORT COURSE & LONG COURSE, 1990--1991; TOP TEN BANQUET; CHANGES IN MEET SCHEDULE; REIMBURSEMENT POLICY.....

CONGRATULATIONS to SHANNON MCCARTHY (SAC) who has been named the new JUNIOR ATHLETE REPRESENTATIVE.

DATES TO REMEMBER: SATURDAY, OCTOBER 12: ANNUAL MEETING

Wellesley, MA

SUNDAY, OCTOBER 27: TOP TEN BANQUET

Dracut, MA

CHANGES AND CORRECTIONS TO THE NEW ENGLAND CALENDAR, SHORT COURSE, 1991-1992:

DECEMBER

13--15 : BSC CHRISTMAS CLASSIC (A & BETTER) Mark Johnston

Brown University 401-863-1919

Providence, RI

trials & finals for 13 and over timed finals for 12 and under

JANUARY

BSC NATIONAL QUALIFIER (long course) Mark Johnston

Brown University 401-863-1919

Providence, RI

24--26 : BAT TEAM SPECIALTY Abby Hurlbut

Minuteman High School 617-729-4216

Lexington, MA 400 IM, 1650 free

MARCH

2/26--AGE GROUP CHAMPIONSHIPS Mark Johnston 3/1 : Brown University 401-863-1919

Providence, RI

Trials & finals for 11--12; 13--14; 15--16

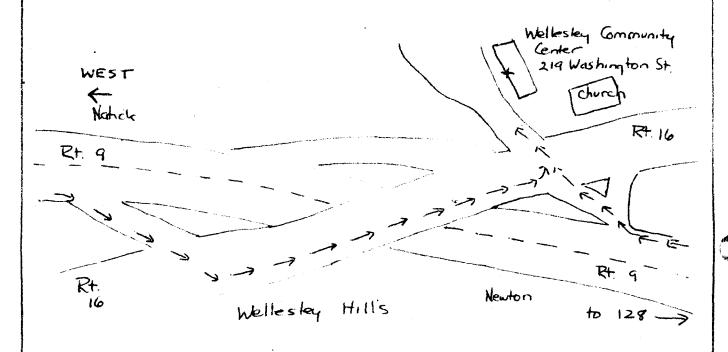
NEW ENGLAND SENIOR CHAMPIONSHIPS 12--15 :

to be determined

The next meeting of the Board of New England Swimming will be at 7 p.m. on Monday, October 14 at the Wellesley Community Center, Wellesley, MA. DIRECTIONS TO WELLESLEY COMMUNITY CENTER: 219 Washington Street (Route 16), Wellesley Hills, MA

From Route 128 take Route 9 west. After the second set of lights, turn right at the blinker (the sign says Route 16). At the light at the end of the ramp, stay to the right and cross Route 16 into the parking lot. Be careful. Cars on Route 16 are not necessarily expecting you!

From the west, take Route 9 east. Exit at Wellesley Hills, Route 16. At the lights at the end of the ramp, turn left, cross back over Route 9 and turn left into the driveway which is just beyond the ramp to Route 9 (and a sign that says no left turn onto the ramp).



SAFETY TRAINING FOR SWIM COACHES, CPR, FIRST AID:

Safety Training for Swim Coaches will be offered at the Andover/North Andover YMCA on October 19, 1991. CPR and First Aid will be offered at the Andover/North Andover YMCA on October 20, 1991. Steve Quimby will be coordinating the courses. For more information and to register, please call the Y at 508-685-3541.

SWIM TEAM HEAD COACH: The Sudbury Swim Team is looking for a mature, experienced head coach. The team swims in the fourteen town Suburban Swim league. The season runs from Thanksgiving to the middle of March and the job entails 12--15 hours per week. The salary is up to \$20 per hour based on experience. There are 75--100 swimmers aged from 7--17. Our home pool is the Atkinson Pool in Sudbury. There will be two high school senior swimmers as assistants. Interested candidates should contact Bill Katter at 508-443-7656 evenings or 617-868-1650 ext 231 days and/or forward resumes to him at 128 longfellow Rd., Sudbury, MA 01176.

OUTSTANDING SWIMMERS, LONG COURSE 1990--1991

8 & under:	MOLLY BRETHAUER TORI BUSHNELL ELLEN KATCH KERRYN O'CONNOR CAROLINE ROUSSEAU	MSSC BGSC ATST HYST NASY	DAVID COOPER DREW GEANT ROBERT SCHOTTER JOSH SIMPSON LEE STEVENS DREW THOMPSON	ABF NSC EST GMSC EST SWRI
9 & 10:	ANGELA CAPRIGNO KATE PALMIERI ROBIN SANDOS AMY VERRAULT BRIDGET VEZINA	HYST BGSC GMSC HHST LOBC	BRENDAN DRYSDALE TOM KEANE KEVIN RILEY PAUL SCHNED ERIK VENDT	BGSC BGSC MVP NCAC BGSC
11 & 12:	KELLY GITTLEIN KERRIANNE KALBKO JULIE LAPINSKI ERIKA LAZAR ALLISON VENDT	SSA PVAC WSC BGSC BGSC	MIKE CONTI ZEB JENKINS JEROME LESLIE BRAD MANCINI SHANE RAYMOND	SSA PVAC PVAC WSC CCSC
13 & 14:	AMANDA HALL KIRSTIN NAGLE CAROLINE PALMER DANIELLE PELUSO JEAN TODISCO	BGSC SSA SSA BGSC CAY	CHARLES BARNES SPENCER HAWKINS TAD KREMEN RYAN PARKINSON JOSH PLATI	BCSY MSSC MSSC GMSC TRAC
15 & 16:	LARISSA HEROLD MICHELE LABRIE DEBBY PALMER WENDY ROWE NICOLE RUTKOWSKI	SSA SSA SSA BGSC BGSC	CHRIS ANDERSON ALEX CUNHA CHIP HABERSTROH MATT LIBERTY ANDREW WHITNEY	BGSC NEB NEB MVP BGSC
17 & 18:	LARISSA HEROLD MEGAN LAMMON LESLIE REPETTO JENNY THOMPSON LAURA ZDYB	SSA SWRI SSA SSA BGSC	RAY CAREY PHIL CURRAN MARTIN DUNCAN JIM MCGINNIS RICK OSTERBERG	BGSC SSA BGSC BGSC NEB
OPEN:	AMANDA HALL LARISSA HEROLD NICOLE RUTKOWSKI JENNY THOMPSON KATE ZENDA	BGSC SSA BGSC SSA SSA	JAY CRAFT DEAN FREDETTE ALEX KOSTICH BEN MCBRIDE CJ ROBIE	BGSC SSA BGSC SWRI UN

All long course meets from October 1, 1990 to September 30, 1991 are included when compiling Top Ten Long Course Times. Only USS sanctioned calendar meets are included. Out of district USS sanctioned meets are included when the New England Office has been sent the results.

OUTSTANDING SWIMMERS are those who have accumulated the most points through their top ten standings. They are listed in alphabetic order.

NEW ENGLAND SWIMMING, TOP TEN SWIMMERS, SHORT COURSE 1990-1991:

ANA: Kerryn O'Connor, Anthony Sakakeeny

ABF: Elizabeth Cooper

AMW: Jennifer Hedge, Bethany Bergemann

ATST: Maya Marx, Nicole Duffy

BCSY: Charles Barnes

BENN: Diana Dority, Bryan Leake

BGSC: Lauren Tracy, Heidi Helmuth, Emma Ericksson, Lindsay Hoban, Tori Bushnell, Wendy Brown, Marjorie Bruchez, Kristen Helmuth, Lisa Bushnell, Libby Halloran, Heather Littlehale, Geraldine Gardner, Allison Vendt, Amanda Hall, Kelly Gouldson, Susan Trainer, Tory Fleming, Jen Schmid, Nicole Rutkowski, Julie Mitchell, Sara Greenbaum, Amy Holt, Danielle Peluso, Allison Hughes, Dawn Ruppucci, Erin Powers, Kim Whitman, Ann Tarantino, Chantal Glover, Bernadette Keane, Sheilah McCarthy, Sue Pergola, Jenn Jackson, Sheila Conway, Laura Zdyb, Lauren Conway, Jeni Wheeler, Maura Riley, Jimmy Hughes, Tom Keane, Brendan Drysdale, Erik Vendt, Ethan Crosby, Jon Kissida, Matt Craven, Carl Ericksson, Todd McDermott, Mike Scarbo, Salvador Suau, Todd Westhaus, Jim Thomas, Jesse Kline, Mike Carroll, Rob Wiley, Chris Anderson, Liam McNiff, Khari Milner, Jim McGinnis, Ray Carey, Travis Quigley, Ted Mulkerin, Mike Tarantino, Craig Peluso, Mark Craven, David Berkoff, Augusto Posado

HPM: Hilary Hanson, Holly Groener, Dan O'Neil, Owen Bittinger

BCY: Jaime Leduc, Bethany Davis, Jackie Erracart, Betsy Amos, Ryan Carroll, Erick Davis, Matthew Drake, Blake Corporale

BYB: Sarah Cooper, Jodie Michalski, Rebekah Kalapinski, Rachael O'Beirne, Alexis Kostapoulos, Tiffany Galuzzo, Todd Anderman, Michael Bazylewicz, Aiden Cheny-Lynch, Brian Michalski, Daniel Bazylewicz, David Cook, Tim Heffron, Tyler Virden

CAST: Kelly Hunter, Mark Dillon

CAY: Jean Todisco, Rachel Enos, Melissa Sessoms, Susan Herrick, Julie Dempster, Kerrin McCarthy, Kevin Mulgrew, Stephen Caruso, Jon Thomas, Gene Sutherland, Fletcher Callahan. Dan Mulgrew, Jason Gray, Mike Jordan, William Callahan

CCSC: Danielle Charboneau, Korin Laboulier, Sarah Swain, Bree Harlin, Katie Miller, Shane Raymond, David Govoni, Richard Govoni, Randy Zuwallack, Paul Harrington

CLBC: Liam Burke

EB: Jarrod Zwirko

CONY: Julie Blume, Amy Blume, Sarah Mackie

FRY: Caitlin Driscoll

EBAC: Elizabeth Wyatt, Sarah Mooney, Audrey Couto, Jenny Mooney, Michaela Whittet, Wendy Thorpe, Jeff Stanley, Bryan Stanley, Jeff Bushnell

EST: Stacy Briggs, Keith Getchell

GBSC: Francesca DiSilvio

GMSC: Kate Moody, Alexis Heineman, Mary Foley, Robin Sandos, Amanda Kirouac, Kristen Lozeau, Carolyn Menne, Karri Charpentier, Melissa Salinger, Jennifer Perkins, Joshua Simpson, David Paul, Matt Buhts, Mike Gustafson, Marc Lafrance

HAY: Andrea Kurrle, Nicholas Brunelli, Stephen Finocchi

HYST: Melissa Lague, Linda Baik, Allyson Horgan, Michelle McCarthy, Carlton Cronin, Sean Klipple, Joseph So

HYV: leslie St. Lawrence, Regan Flynn, Laura Gunn, Matt Cassidy

LYKW: Kevin Coulon, John Kurkul

LOBC: Bridget Vezina

SEPTEMBER 1991



ANNUAL MEETING

SATURDAY, OCTOBER 12, 1991

The Annual meeting of New England Swimming will be held on Saturday, October 12, 1991 at the Wellesley Community Center, Wellesley, MA.

9:00 a.m. Registration and Coffee

9:30 a.m. Annual Meeting and Election of Officers

11:30 a.m. Meet Manager's Seminar (required of all teams

hosting meets!!!)

Coaches Meeting

Recertification Clinic for Officials*

*Please note that this clinic will be for the recertification of current officials and not for the certification of new officials.

Please bring a lunch if you plan to spend the day. New England Swimming will provide coffee and soda.

We would like to encourage all members of the New England Swimming community to attend the Annual Meeting. However, each club has only one vote. Please be ready to designate your delegate (who must be a registered member of USS) when you register at the door.

New England Swimming is pleased to present the following **SLATE OF OFFICERS** for election at the Annual Meeting. Nominations from the floor also will be accepted. The term of office is for two years.

CHAIRMAN : JAMES KRESEL

VICE CHAIRMAN : MARC ALLEN

TREASURER : GLENN HERRICK

SECRETARY : DONNA BROWN

MAUREEN DEVITO

SENIOR CHAIRMAN : MIKE PARRATTO

AGE GROUP CHAIRMAN: JAMES MCCOMBS



TOP TEN SWIMMERS, SHORT COURSE 1990-1991 (continued)

*SSC: Molly Brethauer, Abby Brethauer, Amy Danchik, Dianna Groff, Tara Paulauskas, Jaime Crosscup, Laura Kott, Allison Hardy, Jamie Hood, Kate Shaughnessy, Megan Connolly, Nicholas Groff, Bryan Crosscup, Chris Danchik, Spencer Hawkins, Kevin Peterson, Tad Kremen, Justin Pudloski, Wes Wrightson, Mike Shaughnessy, Scott Kelley, Scott Miller, Jay Rose

MVP: Scarlette Scarborough, Lindsay St. Onge, Elizabeth Ackley, Heather Wilder, Diana Liberty, Melissa Schofield, Kristen Perreault, Jen Lamontagne, Wendy Mooney, Margaret Reiley, John Newland, Garrett Burke, Brian Mayberry, Matt Liberty, Reed Newland, Kurt Leslie, Josh Blagg, Jeff Wicklund, Todd Lawrence, Matt Jennings, David Murman

NSC: Drew Geant, Geoff Hadam MRLY: Kevin Curry

MASY: Caroline Rousseau, Malissa Blais, Zach Cayer, Aaron Goldstein, Lucas Hobbs

NCAC: Danielle Weber, Jocelyn Maynard, Cory Murphy, Sue Kresel, Matt Silverstein, Paul Schned, Josh Pristaw, Jon Lacey

NEB: Julia Holczer, Reade Kiser, Linda Kuntz, Wendy Rowe, Donna Guglielmi, Amy Storer, Karen Haberstroh, Ido Gabay, Jason Reichard, Josh Osterberg, Matt Gulledge, Alex Cunha, Brian Fehlau, Chip Haberstroh, Jeff Little, Rick Osterberg, Steve Korbly, Matthias Andersson

NWSC: Kara Koulouheras, Tara Spellissey, Kathy Luz, Kerrie Hodge, Jen Kusner, Brian Durkin, Joe Durkin, Greg Whitney, Josh Donahue, Mike Durkin

FVAC: Meghan Perry-Eaton, Kendall Gonsalves, Beth Elie, Kerrianne Kalbko, Kerry Weeks, Amy Mikuszewski, Tim Gale, Jerome Leslie, Matt Pentland, Jim Roger, David Laporte, Paul Mikuszewski

FWS: Matt Rykken, Josh Friz PC: Amy Tom

PYST: Jillian Lathrop, Kriste Kleiner, Tom Smith

SAC: Lara Allard, Erin Gately, Carmen Trombini, Anne Behrens, Erin Rooney, Lisa Frombini, Kristan Gately, Brndan Greaves, Tal Zamir, Chris Antonetti, Erik Sassaman

SSA: Miranda Maney, Kelly Flynn, Lea Delicio, Michele Labrie, Kirstin Nagle, Caroline Palmer, Karna Lorhammer, Kelly Gittlein, Jessica Tucker-Mohl, Larissa Herold, Leslie Repetto, Vanessa Hein, Debbie Palmer, Brittany Wilson, Jenny Thompson, Alison Klinakis, Tony TenHaagen, Darren Johnson, Kevin Paul, David Lewis, Mike Conti, Jack Henderson, Mike Lewis, Jon Quimby, Glen Rice, Todd Whitford, Andrew Whitney, Jeremy Quimby, Jamie Corbett, Jeff Hertzog, Mark DiSalvo, Jeff Patterson, Fritz Bedford, Jerry Bailey, Gary Bowser

SSS: Erin Murphy, Meredith Curley, Kelly Murphy, Nikka Seidman, Gregory Bilton, David Cangiano

SWRI: Brooke Darcy, Morgan Barense, Brandi Blakely, Mindy Craig, Mary Beth Wilk, Corinne Montanaro, Kari Kleinburd, Melissa Solomon, Jaime Gaulin, Heather Montanaro, Colleen McGarry, Jen Salamon, Megan Lammon, Beth Iacobucci, Liz Kotch, Kimberly Ho, Michelle McWeeney, Lauren Vilandrie, Colleen Lynch, Muffy Merrick, Casey Cronin, Adam Ledo, David Vanech, Corey Blakely, Jared Figuerira, Tony Fonseca, Leif Kennedy, William Maher, Adam Thiverge, Jon Caswell, Chris Graefe, Jeff Longo, William Fitzpatrick, Ed Vilandrie, Ron Gagne

TOST: Elizabeth Williams, Courtney Faller SST: Angela Caprigno

TRAC: Toni Pullman, Jessica Lee, Mike Avis, Jon Finkel, David Green, Josh Plati, Kerner Smith

NEWSLETTER PLUS SEPTEMBER 1991

TOP TEN SWIMMERS, SHORT COURSE 1990-1991 (continued)

UN: Trina Young, Britt Greineder, Felicia Sexsmith, Ryan Greene, Brian Donovan, Matt Smith, Jason, Bois, Matt Carlson, Dean Fredette, Anders Forvass, Peter Mooney, Michael Littler, Chuck Kenyon, Brian Wolf, Richard Toothill

WAC: Kara Taskila

WOBC: Marielle Vena

WSC: Erin Howarth, Julie Lapinski, Peter Tawczynski, Brendan Laracy, Nathan Usher, Brad Mancini, Kyle Laracy

NEW ENGLAND SWIMMING, TOP TEN SWIMMERS, LONG COURSE 1990-1991:

ABF: Elizabeth Cooper, David Cooper

AMN: Jennifer Hedge, Bethany Bergemann

ATST: Ellen Katch, Nicole Duffy

BCSY: Chantel Menard, Denice Murray, Charles Barnes, Adam Pedranti

BGSC: Katina Maistrllis, Allison Vendt, Marianne Blakely, Erika Lazar, Geraldine Gardner, Lisa Bushnell, Anna Coffeen, Susan Trainer, Amanda Hall, Libby Halloran, Danielle Peluso, Claire O'Reilly, Caroline Celano, Tori Bushnell, Lauren Tracy, Kate Palmieri, Kristen helmuth, Lindsay Hoban, Maurissa Riley, Wendy Rowe, Kelly Gouldson, Nicole Rutkowski, Tory Fleming, Jen Schmid, Julie Mitchell, Kate Shaughnessy, Dawn Reppucci, Sara Greenbaum, Amy Holt, Ann Tarantino, Erin Powwers, Jessica Zeuli, Kerrin McDonald, Bernadette Keane, Wendy Whitney, Sheilah McCarthy, Laura Zdyb, Lauren Conway, Kim Whitman, Maura Riley, Christine Monahan, Chantal Glover, Sherri Turner, John Ryan, Christian Kienzle, Dean Drysdale, Brendan Drysdale, Tom Keane, Erik Vendt, Jon Kissida, Carl Eriksson, Rohit Eustace, Jon Fountain, Todd McDermott, Mike Scarbo, Mike Shaughnessy, Salvador Suau, Matt Craven, Rob Wiley, Chris Anderson, Rob Rindone, Chris Fountain, Brian Mayberry, Jim Thomas, Andrew Rosen, Jim McGinnis, Dustin Foster, Martin Duncan, Ray Carey, Ted Mulkerin, Mike Tarantino, Travis Quigley, Craig Peluso, Scott Riewald, Marcos Fernandes, David Wilkins, Jay Craft, Derek Nelson, Alex Kostich, David Berkoff, Ray Brown, Gary Gauch, Jesse Kline

BYB: Jodie Michalski, Kelsey Abbott, Tiffany Galluzo, Devin Murphy, Rachael O'Beirne, Dave Cook, Matt Reilly, Tyler Virden

CAST: Kelly Hunter, Robert Schotter, Mark Dillon, Sean Hunter, Greg Cardillo, Jeff Richards, Joe Richards

CAY: Tina Pia, Jean Todisco, Melissa Sessoms, RAchel Enos, Susan Herrick, Julie Dempster, Jenn Dempster, Kevin Mulgrew, Stephen Caruso, Gene Sutherland, Mike Jordan, Jason Gray, Fletcher Callahan, Wayne Snellgrove

CCSC: Sara Masi, Sarah Swain, Sarah Schwartz, Alivia Price, Rebecca Zuwallack, Brian Harrington, Shane Raymond, Paul Harrington

CRAB: Paul Wilson, Marc Broudy

DS: Josh Tobin

EBAC: Michaela Whittet, Jenny Mooney, Wendy Thorpe, Sarah Mooney, Mike Macomber, Kevin Jusi, Bryan Stanley, Jeff Bushnell, Roger Neinhuis

EST: Brittany Perkins, Sam Briggs, Lee Stevens, Jay Drinker

GRSC: Ian Callander

HRY: Alex Dube

CMSC: Caroline Menne, Kristen Lozeau, Karri Charpentier, Amanda Kirouac, Robin Sandos, Kristy Martin, Alexis Heinemann, Josh Simpson, David Paul, Dan Grimes, Josh Gilmore, Jeff Grady, Tim Grimes, Matt Buhts, Ryan Parkinson, Mike Gustafson

NEWSLETTER PLUS SEPTEMBER 1991

OUTSTANDING SWIMMERS, SHORT COURSE 1990--1991

		•		
8 & under:	SARAH COOK AMY DANCHIK SCARLETTE SCARBOROUGH KATE THOMPSON MARIELLE VENA	HHST	TODD ANDERMAN ZACH CAYER CASEY CRONIN PETER TAWCZYNSKI TONY TEN HAAGEN	BYB NASY SWRI WSC SSA
9 & 10:	AMY BLUME ABBY BRETHAUER WENDY BROWN ANGELA CAPRIGNO JAIME LEDUC JODIE MICHALSKI	CONY MSSC BGSC SST BYC BYB	DANIEL BAYZLEWICZ KEVIN RILEY MATT RYKKEN PAUL SCHNED ERIK VENDT	BYB MVP PWS NCAC BGSC
11 & 12:	LISA BUSHNELL BETH ELIE KELLY GITTLEIN DIANNA GROFF AMANDA KIROUAC JESSICA TUCKER-MOHL	BGSC PVAC SSA MSSC GMSC SSA	SPENCER HAWKINS TIM HEFFRON JEROME LESLIE WILLIAM MAHER SHANE RAYMOND	MSSC BYB PVAC SWRI CCSC
13 & 14:	MICHELE LABRIE AMANDA HALL KIRSTIN NAGLE NICOLE RUTKOWSKI JEAN TODISCO	SSA BGSC SSA BGSC CAY	MATT GULLEDGE SPENCER HAWKINS JOSH PRISTAW SALVADOR SUAU TAL ZAMIR	NEB MSSC NCAC BGSC SAC
15 & 16:	VANESSA HEIN LARISSA HEROLD ERIN POWERS LESLIE REPETTO NICOLE RUTKOWSKI	SSA SSA BGSC SSA BGSC	CHRIS ANDERSON ALEX CUNHA CHIP HABERSTROH MATT LIBERTY ANDREW WHITNEY	BGSC NEB NEB MVP SSA
17 & 18:	SHEILA CONWAY ALLISON HARDY ALISON KLINAKIS SHEILAH MCCARTHY JENNY THOMPSON	BGSC MSSC SSA BGSC SSA	JOSH BLAGG RAY CAREY JIM MCGINNIS RICK OSTERBERG TRAVIS QUIBLEY	MVP BGSC BGSC NEB BGSC
OPEN:	SHEILA CONWAY AMANDA HALL LARISSA HEROLD NICOLE RUTKOWSKI JENNY THOMPSON	BGSC BGSC SSA BGSC SSA	DAVID BERKOFF RAY CAREY ALEX CUNHA JIM MCGINNIS ANDREW WHITNEY	BGSC BGSC NEB BGSC SSA

All short course meets from May 1, 1990 to April 30, 1991 are included when compiling Top Ten Short Course Times. Only USS sanctioned calendar meets are included. Out of district USS sanctioned meets are included when the New England office has been sent the results.

OUTSTANDING SWIMMERS are those who have accumulated the most points through their top ten standings. They are listed in alphabetic order.

TOP TEN SWIMMERS, LONG COURSE 1990-1991 (continued)

HAY: Denna Cross, Kyle Vanderberghe LRW: Eran Chapman

HHST: Alyssa Hemmerick, Michelle Jackson, Elisa Lanciault, Karin Anderson, Amy Verrault, Allison Messier, Kate Thompson, Laura Reis, Karin Weismann, Matthew Hidalgo, Randy Buckley, Mike Baroni

HYST: Kristen Latourelle, Kerryn O'Connor, Sarah Ferranti, Brooke Boncher, Angela Caprigno, Lori, Pasko, Alex Gorski, Richard Sheldon, Chris Conlon

HYV: Kim Yelle, Meg Cassidy, J. Swartout, Leslie St. Lawrence, Laura Gunn, Matt Cassidy

LOBC: Bridget Vezina, Patrick Fei SST: Kailyn Richard

MSSC: Erica Allen, Leslie Hall, Jaime Crosscup, Kasey Osgood, Katie Lasky, Jessie Vorlicky, lorianne Homeleski, Molly Brethauer, Sarah Burpee, Megan Connolly, Allison Hardy, Bryan Crosscup, Chris Danchik, Spencer Hawkins, Tad Kremen, Justin Pudloski, Wes Wrightson, Scott Kelley, jeremy Hutchinson, Scott Miller

MVP: Clewis Kennett, Diana Liberty, Courtney Davies, Margaret Rieley, Kristen Perrault, Wendy Mooney, Jen Sheehan, Niles Madison, Jonathan Leone, Kevin Riley, Jake Ni, Adam Schoen, Eric Williams, Matt Liberty, Sean Garrity, Reed Newland, Kurt Leslie, Garrett Burke, David Murman

NASY: Jennifer Short, Caroline Rousseau, Allison Blagriff, Jennifer Hogan

NEB: Chrissy Riley, Rachael Quebec, Cathryn Joyce, Emily Schulte, Donna Guglielmi, Amy Storer, Karen Haberstroh, Bradley Brown Ido Gabay, Phil Spinello Matt Chardovoyne. Josh Osterberg, Alex Cunha. Justin Piesecki, Brian Fehlau, Chip Haberstroh, Matt Gulledge, Steve Korbly, Mike Hackmer, Rick Osterberg, Jeff Little, Jeff Patterson

NSC: Drew Geant TOST: Courtney Faller

NWSC: Tara Spellissey, Jen Kusner, Jennifer Burns, Josh Donahue

PVAC: Kerrianne Kalbko, Beth Elie, Kerry Weeks, Amy Mikuszewski, Brian Donavan, Zeb Jenkins, Jerome Leslie, Matt Pentland, paul Mikuszewski, Keith McFarland

PWS: Emily Deppe, Nathaniel Fontaine, Josh Friz, Matt Rykken

SAC: Carmen Trombini, Kristan Gately, Jen Kenyon, Mark Ford, Chris Antonetti

SSA: Kelly Gittlein, Jessica Tucker-Mohl, Kirstin Nagle, Caroline Palmer, Nicole Ciancarelli, Lea Delicio, Karna Lorhammer, Larissa Herold, Brittany Wilson, Debby Palmer, Michele labrie, Jenny Thompson, Leslie Repetto, Alison Klinakis, Sheila Conway, Lauren Calderone, Kate Zenda, Shane Mohalley, David Lewis, Kurt Lorhammer, Mike Conti, Jack Henderson, Mike O'Connor, Aaron Rohde, Danny Bailey, Phil Curran, Brian Herrick, Jamie Corbett, Mark DiSalvo, Eric Jones, Todd Whitford, Andrew Whitney, Jeremy Quimby, Mike Dix, Dean Fredette, Jerry Bailey

SSS: Andrew Martorano, Andrew Mannix, Karl Ehrens, Gregory Bilton, Brady Warnew

SWRI: Mary Beth Wilk, Anne Iacobucci, Brandi Blakely, Heather Montanaro, Liz Kotch, Megan Lammon, Eve Rossi, Colleen Lynch, Jen Salamon, Muffy Merrick, Beth Iacobucci, Michelle McWeeney, Kim Ho, Sara Berry, Drew Thompson, David Vanech, Corey Blakely, Jared Figueira, Stephen Maher, Adam Thiverge, Tony Fonseca, William Maher, Anthony Santoro, David Sieczkiewicz, Gary Spremullo, Jeff Longo, Chris Graefe, Ron Gagne, Ben McBride, Scott Reed

TOP TEN SWIMMERS, LONG COURSE 1990-1991 (continued)

TRAC: Zarrin Atkins, Angela Groccia, Lindsay Tincher, Jessica Lee, Jason Faulconer, Josh Plati, Kerner Smith

UN: Malissa Blais, Janelle Bryan, Karina Taskila, Vanessa Hein, Kevin Ruby, Dan Parenteau, Chris Martin, Josh Fraser, CJ Robie

WSC: Erin Howarth, Julie Lapinsky, Toby Glazier, Brendan Laracy, Brad Mancini, Kyle Laracy

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NEW ENGLAND SWIMMING OFFICE

Mary Riddell 20 Cleveland Road Needham, MA 02192 617-449-0270

Telephone Hours: Monday : 8:00 a.m. -- 2:00 p.m.

7:30 p.m.--10:30 p.m.

Thursday: 8:00 a.m. -- 2:00 p.m.

REIMBURSEMENT POLICY FOR 1991--1992:

A New England registered swimmer who swims in an individual event at Junior Nationals will be reimbursed \$150 by New England Swimming. A New England registered swimmer who swims in an individual event at Senior Nationals will be reimbursed \$300 by New England Swimming. A New England registered swimmer who swims in an individual event at the US Open will be reimbursed \$300 by New England Swimming. A swimmer who places in the top 16 in one or more individual event will receive an additional \$50. The will be no limit either for the number of meets or the amount of money to be reimbursed to a swimmer.

During the short course season a swimmer must participate in three New England calendar meets to be eligible for reimbursement. During the long course season a swimmer must participate in two New England calendar meets to be eligible for reimbursement. A swimmer must request the reimbursement within eight weeks except for those swimming in the US Open.

A swimmer who does not participate in three New England calendar meets during the short course season may request a waiver for a championship meet during that season only if he/she participates in three New England calendar meets during the long course season. A swimmer who does not participate in two New England meets during the long course season may request a waiver for a championship meet during that season only if he/she participates in three New England calendar meets during the short course season. All requests for waivers will be considered following the long course season.



NEWSLETTER



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIPPLING

OCTOBER 1991

IN THIS ISSUE: TIME STANDARDS FOR NEW ENGLAND TEN & UNDER CHAMPIONSHIPS, AGE GROUP CHAMPIONSHIPS, SENIORS, SILVER CLASSIC & HRONZE CLASSIC; USS AGE GROUP STANDARDS; EIGHT & UNDER TIME STANDARDS; CLINICS FOR OFFICIALS; LONG COURSE RECORD BREAK-ING SWIMS; LONG COURSE TOP 16 REPORTABLE TIMES....

> AT THE ANNUAL MEETING ON OCTOBER 12, 1991, THE HOUSE OF DELEGATES ELECTED THE FOLLOWING NEW BOARD MEMBERS:

> > CHAIRMAN

JAMES KRESEL

VICE CHAIRMAN

MARC ALLEN

TREASURER

GLENN HERRICK

SECRETARY

MAUREEN DEVITO

SENIOR CHAIRMAN

MIKE PARRATTO

AGE GROUP CHAIRMAN:

JIM MCCOMBS

CHAMPIONSHIP MEET INFORMATION:

SENIORS: New England Seniors will be held at Harvard University on the weekend of March 12 to 15, 1992. More information will be announced at a later date.

TEN AND UNDER CHAMPIONSHIPS: There has been some confusion concerning the Ten and Under Championships. There will be separate events for 9 and 10-year-olds and eight and under swimmers. The 9 and 10's will swim on Friday evening and . Saturday and Sunday afternoons. The eight and unders will swim on Saturday and Sunday mornings. High point plaques will be given to the top six boys and top six girls in the eight and under age group and the 9 and 10 age group. The team trophy will be based on points received for all events during the meet. All participants will receive New England Age Group pins. Please note that the published times will not be the yard cuts for Long Course Age Groups!!

The Board of New England Swimming will meet on Monday, November 11, 1991 at 7 p.m. at the Wellesley Community Center, Wellesley, MA.

CLINICS FOR OFFICIALS:

TIMERS CLINIC AND STROKE AND TURN CLINIC: Sunday, November 17, 1991 at the Nashua YMCA. The time has not yet been determined. Facilitator: Jerry Zimmer. Contact Bill Haley (603-424-6076) for further information.

STARTERS CLINIC: Wednesday, November 6, 1991 at Hanscom Air Force Base, MA (USAR Center, Building 1607, Room 432). Time: 7 p.m. Criteria: one full year as a Stroke and Turn Official. Facilitators: hank Weech and Jerry Zimmer. For information call Jerry Zimmer--617-377-3138 (business) 603-673-0676 (home).

REFEREE CLINIC: Wednesday, November 20, 1991 at Hanscom Air Force Base, MA (USAR Center, Building 1 607, Room 432). Time: 6:30 p.m. Criteria: one full year as a Starter. Facilitators: Bill Whitman and Jerry Zimmer. For information call Jerry Zimmer--617-377-3138 (business) or 603-673-0676 (home).

STROKE AND TURN CLINIC: Tuesday, November 12, 1991 at Belmont High School. Time: 7 p.m. Facilitator: Hank Weech. For information call Abby Hurlbut at 617-729-4216. Bring pencil, paper, and checkbook if not already a USS member. Belmont High School is off Concord Avenue. The gym and pool are at the far end of the school. Enter the building through the double doors at the far end of the school (pool/gym entrance).

TOP TEN BANQUET: On Sunday, October 27, 1991, 550 swimmers, parents and coaches attended the Top Ten Banquet at the Windsor Mills Restaurant in Dracut, MA. The speaker was BETSY MITCHELL, American and World Record Holder in the 200-meter Backstroke and American Record Holder in the 100-meter Backstroke. We hope her hand has recovered from the autographs that she signed!!! We apologize to those who were not able to make reservations, but we were able to accept all who reserved by the deadline.

TOP TEN CORRECTIONS: Our apologies to the following swimmers who were omitted from the list of Top Ten Swimmers: KEVIN RILEY (MVP), RICHARD KINNETT (MVP), BECKY GOTTLIEB (TRAC).

L'aren Courter

WANTED: HEAD COACH FOR AGE GROUP SWIM TEAM. \$3,000 to \$4,000 seasonal stipend and YMCA membership. Oversee practices and swim meets, 20 hours per week (evenings and weekends). Contact: K. C. Colberg, YMCA, 15 North State Street, Concord, NH 03301 (603-228-9622.

1992 10 & UNDER CHAMPIONSHIPS TIMES

WOMEN	8 AND UNDER	MEN
CHAMP YD	EVENTS	CHAMP YD
18.29	25 Free	19.39
42.39	50 Free	42.49
1.38.39	100 Free	1.40.49
23.39	25 Back	23.59
51.59	50 Back	54.09
24.39	25 Breast	26.69
56.09	50 Breast	1.00.59
22.99	25 Fly	24.39
1.00.79	50 Fly	1.09.39
1.48.99	100 Indiv Medley	1.58.79

NOTE: THESE YARD TIMES ARE FOR & & UNDER CHAMPIONSHIPS ONLY.

DIFFERENT TIMES MAY BE USED FOR 10 & UNDERS AT LC AGE GROUP CHAMPS

1992 10 & U CHAMPIONSHIPS and SILVER CLASSIC CUTS

WOMEN		9-10 YEAR OLDS	MEN	
CHAMP YD	SILVER	EVENTS	CHAMP YD	SILVERS
33.49	36.49	50 Free	32.99	35.59
1.13.39	1.20.19	100 Free	1.12.99	1.19.99
2.37.79	2.54.29	200 Free	2.38.19	2.50.89
39.99	44.09	50 Back	39.99	44.79
1.27.09	1.36.09	100 Back	1.28.19	1.34.89
44.09	48.49	50 Breast	44.49	48.19
1.36.89	1.47.49	100 Breast	1.38.99	1.45.19
38.29	42.49	50 Fly	37.89	41.99
1.27.99	1.41.09	100 Fly	1.32.49	1.40.59
1.24.59	1.33.79	100 Indiv Medley	1.24.59	1.31.99
2.59.99	3.19.89	200 Indiv Medley	3.02.99	3.16.09

NOTE: THESE YARD (Short Course) TIMES ARE FOR 10 & UNDER CHAMPIONSHIPS DIFFERENT TIMES WILL BE USED FOR 10 & UNDERS AT Long Course AGE GROUP

BRONZE CLASSIC CUTS ARE FOR 9-10 YEAR OLDS WHILE THE SILVER CLASSIC CUTS ARE FOR 10 AND UNDERS

NEWSLETTER PLUS OCTOBER 1991

1992 AGE GROUP CHAMPIONSHIPS and SILVER CLASSIC CUTS

WOMEN		11 - 12 's	MEN	
AGE GROU	SILVER	EVENTS	AGE GROU	SILVER
28.79	30.99	50 Free	28.89	31.29
1.02.99	1.07.79	100 Free	1.03.19	1.08.49
2.14.79	2.25.79	200 Free	2.17.29	2.28.79
5.56.79	6.32.19	500 Free	6.08.29	6.31.49
34.49	37.19	50 Back	34.99	37.39
1.14.29	1.19.99	100 Back	1.16.99	1.21.89
37.89	41.29	50 Breast	38.39	41.49
1.22.59	1.28.69	100 Breast	1.24.89	1.29.29
31.99	34.79	50 Fly	32.99	35.49
1.11.99	1.19.09	100 Fly	1.15.69	1.19.69
1.12.19	1.19.09	100 Indiv Medley	1.12.79	1.19.19
2.34.99	2.45.59	200 Indiv Medley	2.38.09	2.51.29

1992 AGE GROUP CHAMPIONSHIPS and SILVER CLASSIC CUTS

WOMEN	1	13 - 14 's	MEN	
AGE GROU	SILVER	EVENTS	AGE GROU	SILVER
27.19	28.89	50 Free	25.69	28.29
58.99	1.03.59	100 Free	55.89	59.99
2.07.09	2.16.19	200 Free	2.01.99	2.15.39
5.38.99	6.01.99	500 Free	5.30.99	5.59.79
11.45.99		1000 Free	11.17.79	
19.11.69		1650 Free (auto)	18.50.29	
19.49.59		1650 Free (consid)	19.39.49	
1.09.59	1.15.59	100 Back	1.07.49	1.12.09
2.28.99	2.44.39	200 Back	2.25.59	2.36.59
1.17.59	1.24.09	100 Breast	1.13.29	1.19.49
2.49.29	3.04.49	200 Breast	2.41.99	2.53.69
1.07.49	1.14.09	100 Fly	1.03.99	1.09.69
2.34.99	2.42.99	200 Fly	2.31.99	2.34.59
2.25.79	2.36.79	200 Indiv Medley	2.21.39	2.34.39
5:08.99	5.33.59	400 Indiv Medley	5.06.29	5.31.79

NEWSLETTER PLUS OCTOBER 1991

1992 15-16 AGE GROUP CHAMPIONSHIPS and 15-18 SILVER CLASSIC CUTS

WOMEN	i l	15 - 16 's	MEN	
AGE GROU	SILVER	EVENTS	AGE GROU	SILVER
26.99	28.49	50 Free	25.09	27.29
58.19	1.02.39	100 Free	54.49	58.49
2.05.49	2.14.19	200 Free	1.57.89	2.08.19
, 5.33.39	5.55.99	500 Free	5.15.69	5.27.99
11.32.99		1000 Free	10.58.39	
19.08.99		1650 Free (auto)	18.22.39	
19.43.39		1650 Free (consid)	19.07.99	* 41
1.07.29	1.12.59	100 Back	1.02.89	1.07.69
2.25.29	2.36.79	200 Back	2.16.19	2.25.59
1.15.79	1.21.99	100 Breast	1.09.89	1.14.99
2.42.69	2.55.39	200 Breast	2.32.29	2.42.99
1.05.29	1.11.29	100 Fly	1.00.79	1.05.39
2.27.29	2.35.59	200 Fly	2.14.99	2.25.19
2.22.39	2.33.99	200 Indiv Medley	2.15.19	2.26.59
5.03.49	5.25.99	400 Indiv Medley	4.49.99	5.13.49

ALL TIMES MUST BE ACHIEVED AFTER SEPTEMBER 1, 1991 WITH THE EXCEPTION OF 800/1500 FREE WHICH MAY BE ACHIEVED AFTER MAY 1, 1991.

BRONZE CLASSIC TIMES: CUTS ARE .01 SLOWER THAN MINIMUM TIME REQUIREMENT FOR SILVER CLASSIC.

NEW ENGLAND SWIMMING OFFICE

Mary Riddell 20 Cleveland Road Needham, MA 02192

617-449-10270

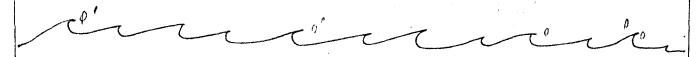
Telephone Hours: Monday : 8:00 a.m. - 2:00 p.m.

7:30 p.m.-10:30 p.m.

Thursday: 8:00 a.m. -- 2:00 p.m.

1992 NEW ENGLAND SENIOR CHAMPIONSHIP TIME STANDARDS

	WOMEN		EVENT		MEN	
YDS	SCM	LCM	DESCRIPTION	YDS	SCM	LCM
25.99	28.69	29.79	50 FREE	22.99	26.19	26.99
56.49	1:02.59	1:04.29	100 FREE	50.99	57.09	58.59
2:00.99	2:13.49	2:16.99	200 FREE	1:50.59	2:04.19	2:06.99
5:22.99	4:38.49	4:47.49	400/500 FREE	4:59.89	4:24.59	4:33.09
11:14.99	9:53.79	10:05.99	800/1000 FREE	10:29.99	9:28.19	9:39.99
18:59.99	18.58.69	19:29.99	1500/1650 FREE	17:59.99	17:53.89	18:39.99
1:04.49	1:12.29	1:13.99	100 BACK	59.99	1:07.19	1:09.19
2:18.39	2:36.89	2:39.29	200 BACK	2:10.99	2:29.39	2:34.79
1:12.99	1:24.09	1:26.29	100 BREAST	1:04.99	1:13.29	1:15.99
2:40.29	2:58.99	3:03.29	200 BREAST	2:23.29	2:45.99	2:49.29
1:02.99	1:08.69	1:10.49	100 FLY	56.09	1:03.09	1:04.79
2:19.99	2:33.79	2:38.19	200 FLY	2:08.99	2:21.09	2:25.89
2:17.69	2:34.59	2:38.99	200 IM	2:06.79	2:20.09	2:24.79
4:55.99	5:29.59	5:37.99	400 IM	4:34.19	5:11.59	5:19.99



NEW ENGLAND SWIMMING--EIGHT and UNDER "A" and "B" STANDARDS

GIRLS Yards	(Meters)		BOYS	Yards ((Meters)
"A" TIME	"B" TIME	EVENT	"A" TIME .		"B" TIME
16.99 (37.99 (45.89 1:27.59 (1:49.99			17.79 (39.99 (1:31.19 (1	 47.69 48.99	21.09 () 48.19 () 1:53.79 (2:10.99)
20.59 (46.69 (58.99) 23.29 (51.59 (1:08.39)) 25. back) 50 back	22.79 (51.59 (1	 100.49	26.79 () 59.99 (1:10.19)
21.89 (49.99 (59.09) 24.39 (56.09 (1:15.29)) 25 breast 50 breast			28.89 () 1:03.29 (1:16.69)
19.59 (48.89 (1:03.99) 22.99 () 1:00.79 (1:15.59)) 25 fly) 50 fly	23.09 (55.69 (1) :11.49)	27.29 () 1:09.39 (1:18.59)
1:38.79 () 1:48.99 ()) 100 I.M.	1:46.89 (:)	1:58.79 ()

NEWSLETTER PLUS OCTOBER 1991

RECORD BREAKING SWIMS -- NEW ENGLAND -- LONG COURSE 1990-1991

NE: Best time achieved in New England by a USS registered swimmer

RES: Best time achieved anywhere by a New England registered swimmer

(In cases where an individual broke the same record more than once, only the fastest time is listed.)

# denot	es lead-	off split	** denotes time trial			
event	RECORD	TIME	NAME	CLUB	MEET	DATE
9 AND 10 GIR 50M Breast	RES	39.69	Bridget Vezina	LOBC	ZONE	8/91
9 and 10 boy 50m breast	s: Ne/Res	39.89	Paul Schned	NCAC	AG	7/91
100M BREAST	NE/RES	1:27.95	Paul Schned	NCAC	AG	7/91
200M IM	NE/RES	2:45.43	Erik Vendt	BGSC	AG	7/91
200M Free Relay			Bernal's Gator SC , Jim Hughes, Tom Ke		AG Vendt)	7/91
400M Free Relay			Bernal's Gator SC Doob, Tom Keane, Bre		AG dale)	7/91
11 AND 12 GI 200M Free		2:14.47*	Kelly Gittlein	SSA	ne/sr	7/91
11 AND 12 BO	YS:				**	
50M FREE	ne Res	27.59 27.29	Shane Raymond Shane Raymond	CCSC CCSC	AG ZONE	7/91 8/91
100M Free	ne Res	59.04 58.92	Shane Raymond Shane Raymond	CCSC	ag Zone	7/91 8/91
200M Free	ne Res	2:07.72 2:07.67	Shane Raymond Shane Raymond	CCSC	AG ZONE	7/91 8/91
50M Fly	NE/RES	29.08	Shane Raymond	CCSC	AG	7/91
100M Fly	NE/RES	1:03.28	Shane Raymond	CCSC	AG	7/91
13 AND 14 GI	PLS:					
100M Fly	RES	1:04.41 1:04.63**	Amanda Hall Jean Todisco	BGSC Cay	JO SR/NAT	8/91 8/91
200M Fly	RES	2:16.53	Jean Todisco	CAY	Y/NAT	8/91
200M Breast	NE	2:44.51 2:45.65	Caroline Palmer Danielle Peluso	SSA BGSC	ne/sr ne/sr	7/91 7/91

RES 1:53.70 (Rachel Enos, E En	Amanda Hall Amanda Hall Jean Todisco Cape Ann YMCA s, Susan Herrick, Je Cape Ann YMCA rika Meany, Melissa Jenny Thompson Jenny Thompson Nicole Rutkowski Nicole Rutkowski * Sheilah McCarthy * Larissa Herold Sheilah McCarthy Larissa Herold Larissa Herold Larissa Herold	BGSC JO BGSC NE CAY Y/ CAY Y/ ean Todisco, Er CAY Y/ Sessoms, Jean SSA PA SSA PA BGSC NE BGSC NE BGSC NE BGSC NE BGSC NE SSA NE BGSC NE SSA NE BGSC NE SSA NE SSA SR	E/SR 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	7/91 8/91 7/91 8/91 8/91 8/91 8/91 7/91 7/91 7/91 7/91 7/91 8/91
RES 2:22.32 NE/RES 5:01.09 RES 5:06.54 RES 2:08.31 (Melissa Sessom RES 1:53.70 (Rachel Enos, E RLS: RES 25.77 RES 2:01.45 RES 4:21.06 NE 17:07.18 NE 1:05.34 1:05.47 RES 1:04.80 NE 2:19.37 2:19.65 RES 2:16.61	Amanda Hall Jean Todisco Cape Ann YMCA s, Susan Herrick, Je Cape Ann YMCA rika Meany, Melissa Jenny Thompson Jenny Thompson Nicole Rutkowski Nicole Rutkowski * Sheilah McCarthy * Larissa Herold Sheilah McCarthy Larissa Herold Larissa Herold Larissa Herold	BGSC JO BGSC NE CAY Y/ CAY Y/ ean Todisco, Er CAY Y/ Sessoms, Jean SSA PA SSA PA BGSC NE BGSC NE BGSC NE BGSC NE BGSC NE SSA NE BGSC NE SSA NE BGSC NE SSA NE SSA SR	E/SR 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	8/91 7/91 8/91 8/91 8/91 8/91 7/91 7/91 7/91 7/91 7/91 7/91 8/91
RES 5:06.54 RES 2:08.31 (Melissa Sessom RES 1:53.70 (Rachel Enos, E RLS: RES 25.77 RES 2:01.45 RES 4:21.06 NE 17:07.18 NE 1:05.34 1:05.47 RES 1:04.80 NE 2:19.37 2:19.65 RES 2:15.89 2:16.61	Jean Todisco Cape Ann YMCA s, Susan Herrick, Je Cape Ann YMCA rika Meany, Melissa Jenny Thompson Jenny Thompson Nicole Rutkowski Nicole Rutkowski * Sheilah McCarthy * Larissa Herold Sheilah McCarthy Larissa Herold Larissa Herold Larissa Herold	CAY Y/ CAY Y/ can Todisco, Er CAY Y/ Sessoms, Jean SSA PA SSA PA BGSC NE BGSC NE BGSC NE BGSC NE BGSC NE BGSC NE SSA NE BGSC NE SSA NE SSA SR	NAT EIKA Meany) (NAT EI	8/91 8/91 8/91 8/91 8/91 7/91 7/91 7/91 7/91 8/91
(Melissa Sessom RES 1:53.70 (Rachel Enos, E RLS: RES 25.77 RES 2:01.45 RES 4:21.06 NE 17:07.18 NE 1:05.34 1:05.47 RES 1:04.80 NE 2:19.37 2:19.65 RES 2:16.61	Cape Ann YMCA rika Meany, Melissa Jenny Thompson Jenny Thompson Nicole Rutkowski Nicole Rutkowski * Sheilah McCarthy * Larissa Herold Sheilah McCarthy Carissa Herold Larissa Herold Larissa Herold	CAY Y/ Sessoms, Jean SSA PA SSA PA BGSC NE SSA NE BGSC NE SSA NE BGSC NE SSA NE SSA SR	Tika Meany) (NAT 6 Todisco) AN/PAC 6 AN/PAC 6 E/SR 7	8/91 8/91 8/91 7/91 7/91 7/91 7/91 7/91 8/91
(Rachel Enos, E RLS: RES 25.77 RES 2:01.45 RES 4:21.06 NE 17:07.18 NE 1:05.34 1:05.47 RES 1:04.80 NE 2:19.37 2:19.65 RES 2:15.89 2:16.61	Jenny Thompson Jenny Thompson Jenny Thompson Nicole Rutkowski Nicole Rutkowski * Sheilah McCarthy * Larissa Herold Sheilah McCarthy Larissa Herold Larissa Herold Larissa Herold	Sessoms, Jean SSA PA SSA PA BGSC NE BGSC NE BGSC NE BGSC NE SSA NE BGSC NE SSA NE SSA NE SSA NE SSA SR	Todisco) AN/PAC 6 AN/PAC 6 AN/PAC 7 E/SR 7	8/91 8/91 7/91 7/91 7/91 7/91 7/91 7/91 8/91
RES 25.77 RES 2:01.45 RES 4:21.06 NE 17:07.18 NE 1:05.34 1:05.47 RES 1:04.80 NE 2:19.37 2:19.65 RES 2:15.89 2:16.61	Jenny Thompson Nicole Rutkowski Nicole Rutkowski * Sheilah McCarthy * Larissa Herold Sheilah McCarthy Sheilah McCarthy Larissa Herold Larissa Herold	BGSC NE BGSC NE BGSC NE SSA NE BGSC O/ BGSC NE SSA NE SSA NE SSA SR	AN/PAC 6 E/SR 7	8/91 7/91 7/91 7/91 7/91 7/91 7/91 8/91
RES 2:01.45 RES 4:21.06 NE 17:07.18 NE 1:05.34 1:05.47 RES 1:04.80 NE 2:19.37 2:19.65 RES 2:16.61	Jenny Thompson Nicole Rutkowski Nicole Rutkowski * Sheilah McCarthy * Larissa Herold Sheilah McCarthy Sheilah McCarthy Larissa Herold Larissa Herold	BGSC NE BGSC NE BGSC NE SSA NE BGSC O/ BGSC NE SSA NE SSA NE SSA SR	AN/PAC 6 E/SR 7	8/91 7/91 7/91 7/91 7/91 7/91 7/91 8/91
RES 4:21.06 NE 17:07.18 NE 1:05.34 1:05.47 RES 1:04.80 NE 2:19.37 2:19.65 RES 2:15.89 2:16.61	Nicole Rutkowski Nicole Rutkowski * Sheilah McCarthy * Larissa Herold Sheilah McCarthy Sheilah McCarthy Larissa Herold Larissa Herold	BGSC NE BGSC NE SSA NE BGSC O/ BGSC NE SSA NE SSA NE	E/SR 7	7/91 7/91 7/91 7/91 7/91 7/91 7/91
NE 17:07.18 NE 1:05.34 1:05.47 RES 1:04.80 NE 2:19.37 2:19.65 RES 2:15.89 2:16.61	* Sheilah McCarthy * Larissa Herold Sheilah McCarthy Sheilah McCarthy Larissa Herold Larissa Herold	BGSC NE SSA NE BGSC O/ BGSC NE SSA NE SSA SR	EVSR 7 EVSR 7 EVSR 7 FESTIVAL 7 EVSR 7 EVSR 7 EVSR 7	7/91 7/91 7/91 7/91 7/91 7/91
NE 1:05.34 1:05.47 RES 1:04.80 NE 2:19.37 2:19.65 RES 2:15.89 2:16.61	* Sheilah McCarthy * Larissa Herold Sheilah McCarthy Sheilah McCarthy Larissa Herold Larissa Herold	BGSC NE SSA NE BGSC O/ BGSC NE SSA NE SSA SR	E/SR 7 E/SR 7 FESTIVAL 7 E/SR 7 E/SR 7 E/SR 7 E/NAT 6	7/91 7/91 7/91 7/91 7/91 7/91
1:05.47 RES 1:04.80 NE 2:19.37 2:19.65 RES 2:15.89 2:16.61	* Larissa Herold Sheilah McCarthy Sheilah McCarthy Larissa Herold Larissa Herold	SSA NE BGSC O/ BGSC NE SSA NE SSA SR	VSR 7 VFESTIVAL 7 VSR 7 VSR 7 VSR 7	7/91 7/91 7/91 7/91 8/91
1:05.47 RES 1:04.80 NE 2:19.37 2:19.65 RES 2:15.89 2:16.61	* Larissa Herold Sheilah McCarthy Sheilah McCarthy Larissa Herold Larissa Herold	SSA NE BGSC O/ BGSC NE SSA NE SSA SR	VSR 7 VFESTIVAL 7 VSR 7 VSR 7 VSR 7	7/91 7/91 7/91 7/91 8/91
NE 2:19.37 2:19.65 RES 2:15.89 2:16.61	Sheilah McCarthy Larissa Herold Larissa Herold	BGSC O/ BGSC NE SSA NE SSA SR	FESTIVAL 7 VSR 7 VSR 7 VNAT 6	7/91 7/91 7/91 8/91
2:19.65 RES 2:15.89 2:16.61	Larissa Herold Larissa Herold	SSA NE SSA SR	e/Sr 2/Nat 6	7/91 B/91
RES 2:15.89 2:16.61	Larissa Herold	SSA SR	S TAN'S	8/91
2:16.61		- · · · ·		
	Shellah McCarthy	BGSC 0/	Testival 7	
DEG 4 66 66				7/91
RES 1:00.83	Jenny Thompson	SSA PA	N/PAC 8	3/91
RES 1:12.82	Leslie Repetto	SSA SR	VNAT 6	9/91
NE/RES 4:26.63	Seacoast SA	ssa ne	VSR 7	7/91
(Larissa Herold	, Leslie Repetto, De	bble Palmer, M	lichele Labri	le)
(Taniana Hanald	Seacoast SA	SSA SR	MAT E	3/91
RES 8:39.87 (Sheila Conway,	Seacoast SA Lesile Repetto, Lar	SSA SR Sissa Herold, A	VNAT E	3/91 (15)
	•			
	Ray Carey	BGSC W/	UNIV/GAMES	7/91
RES 1:05.08	Eric Jones	SSA SR	VNAT 4	4/91
NE/RES 2:10.32	Ray Carey	BGSC AG	3 7	7/91
	(Larissa Herold RES 8:39.87 (Sheila Conway, YS: RES 1:58.36 RES 1:05.08	(Larissa Herold, Leslie Repetto, Al RES 8:39.87 Seacoast SA (Sheila Conway, Leslie Repetto, Lar YS: RES 1:58.36 Ray Carey RES 1:05.08 Eric Jones NE/RES 2:10.32 Ray Carey	CLarissa Herold, Leslie Repetto, Alison Klinakis, RES 8:39.87 Seacoast SA SSA SK (Sheila Conway, Leslie Repetto, Larissa Herold, AYS: RES 1:58.36 Ray Carey BGSC W/RES 1:05.08 Eric Jones SSA SK NE/RES 2:10.32 Ray Carey BGSC ACSHORT COURSE 1990-1991 RECORD BREAKING SWIMS:	(Larissa Herold, Leslie Repetto, Alison Klinakis, Shella Converge RES 8:39.87 Seacoast SA SSA SR/NAT (Shella Conway, Leslie Repetto, Larissa Herold, Alison Klinakis; RES 1:58.36 Ray Carey BGSC W/UNIV/GAMES RES 1:05.08 Eric Jones SSA SR/NAT NE/RES 2:10.32 Ray Carey BGSC AG

CONGRATULATIONS TO ALL THESE NEW ENGLAND SWIMMERS WHO ACHIEVED NATIONALLY REPORTABLE TIMES DURING THE 1990-1991 LONG COURSE SEASON

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10 and Under:
Bridget Vezina
                         LOBC
                               50 Breast (39.69)
Brendon Drysdale
                         BGSC 50 Free (30.91), 100 Free (1:07.91),
                               200 Free (2:26.60)
Erik Vendt
                         BGSC
                               100 Free (1:08.41), 200 Free (2:26.40),
                               100 Back (1:19.87), 200 IM (2:45.43)
                         NCAC
Paul Schned
                               50 Breast (39.89), 100 Breast (1:27.95)
'Bernal's Gator SC Boys
                         BGSC 200 Free Relay (2:12.38)
     (Brendon Drysdale, Jim Hughes, Tom Keane, Erik Vendt)
11 and 12:
Kelly Gittlein
                         SSA
                               50 Free (28.60), 100 Free (1:02.82),
                               200 Free (2:14.47), 100 Fly (1:08.94)
Jennifer Short
                         NASY
                               50 Breast (36.76), 100 Breast (1:20.62)
Shane Raymond
                         CCSC
                               50 Free (27.29), 100 Free (58.92),
                               200 Free (2:07.67), 400 Free (4:31.13),
                               50 Back (32.98), 100 Back (1:10.95),
                               50 Fly (29.08), 100 Fly (1:03.28)
Dernal's Gator SC Girls BGSC
                               200 Free Relay (2:02.21),
                               400 Free Relay (4:27.21)
     (Geraldine Gardner, Marianne Blaikie, Erika Lazar, Allison Vendt)
13 and 14:
Amanda Hall
                        BGSC
                               100 Free (1:00.58), 200 Free (2:08.31).
                               200 Back (2:25.09), 100 Fly (1:04.41),
                               200 IM (2:22.32), 400 IM (5:01.09)
Kirstin Nagle
                         SSA
                               800 Free (9:16.47), 200 IM (2:27.21),
                               400 IM (5:10.37)
Caroline Palmer
                         SSA
                               100 Breast (1:16.72), 200 Breast (2:44.51),
                               200 Fly (2:23.91, 400 IM (5:10.96)
                               100 Breast (1:17.17), 200 Breast (2:45.65)
Danielle Peluso
                         BGSC
Jean Todisco
                         CAY
                               100 Fly (1:04.63), 200 Fly (2:16.53),
                               200 IM (2:26.88), 400 IM (5:06.54)
Jessica Tucker-Mohl
                         SSA
                               200 Back (2:27.52)
                               100 Back (1:04.56), 200 Back (2:18.52)
Charles Barnes
                         BCSY
Bernal's Gator SC Girls BGSC
                               400 Free Relay (4:08.08)
     (Susan Trainer, Lisa Bushnell, Amanda Hall, Claire O'Reilly)
                               400 Medley Relay (4:40.18)
     (Claire O'Reilly, Danielle Peluso, Amanda Hall, Lisa Bushnell)
Cape Ann YMCA Girls
                         CAY
                               200 Free Relay (1:53.70)
     (Rachel Enos, Erika Meany, Melissa Sessoms, Jean Todisco)
                               200 Medley Relay (2:08.31
     (Melissa Sessoms, Susan Herrick, Jean Todisco, Erika Meany)
East Bay AC Girls
                        EBAC
                               400 Medley Relay (4:46.28)
     (Jenny Mooney, Wendy Thorpe, Michaela Whittet, Trina Young)
Manchester SC Boys
                    MSSC
                               800 Free Relay (8:50.03)
     (Tad Kremen, Wes Wrightson, Justin Pudloski, Spencer Hawkins)
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NEW ENGLAND NAG REPORTABLE TIMES - LONG COURSE 1990-1991 (continued)
15 and 16:
Larissa Herold
                         SSA
                               100 Back (1:04.89), 200 Back (2:19.34),
                               100 Fly (1:04.14), 200 IM (2:23.48)
                         BGSC
Julie Mitchell
                               1500 Free (17:19.92)
Nicole Rutkowski
                         BGSC
                               200 Free (2:06.52), 400 Free (4:21.06),
                               800 Free (8:57.62), 1500 Free (17:07.18)
Chris Anderson
                         BGSC
                               100 Breast (1:07.84), 200 Breast (2:26.99)
Alex Cuhna
                         NEB
                               200 IM (2:11.10)
Chip Haberstroh
                         NEB
                               400 IM (4:37.29)
Gene Sutherland
                         CAY
                               100 Back (1:00.71), 200 Back (2:10.18)
Rob Wiley
                         BGSC
                               100 Back (1:01.14), 200 Back (2:11.15)
Bernal's Gator SC Girls BGSC
                               400 Free Relay (4:07.59)
     (Kelly Gouldson, Nicole Rutkowski, Wendy Rowe, Bernie Keane)
Seacoast SA Girls
                         SSA
                               400 Medley Relay (4:47.29)
     (Hannah Edgcomb, Karna Lorhammer, Debble Palmer, Lea Delicio)
                               400 Free Relay (4:13.57)
     (Lea Delicio, Karna Lorhammer, Debbie Palmer, Hannah Edgcomb)
17 and 18:
Shella Conway
                    BGSC/SSA
                               200 IM (2:20.34), 400 IM (4:59.37)
Larissa Herold
                         SSA
                               100 Back (1:04.91), 200 Back (2:15.89),
                               100 Fly (1:02.78)
Shellah McCarthy
                         BGSC
                               100 Back (1:04.80), 200 Back (2:16.61)
Leslie Repetto
                         SSA
                               100 Breast (1:12.82), 200 Breast (2:39.58)
Jenny Thompson
                         SSA
                               50 Free (25.77), 100 Free (56.01),
                               200 Free (2:01.45), 100 Fly (1:00.83),
                               100 Back (1:06.22), 200 Back (2:21.23)
                               200 IM (2:20.70)
Eric Jones
                         SSA
                               100 Breast (1:05.08)
Ray Carey
                         BGSC 100 Fly (55.27), 200 Fly (1:58.36),
                               400 IM (4:30.59)
                         SSA
Seacoast SA Women
                               400 Medley Relay (4:25.29)
     (Larissa Herold, Leslie Repetto, Alison Klinakis, Sheila Conway)
                               400 Free Relay (4:05.18)
     (Larissa Herold, Sheila Conway, Alison Klinakis, Leslie Repetto)
                               800 Free Relay (8:39.87)
     (Sheila Conway, Leslie Repetto, Larissa Herold, Alison Klinakis)
Swim Rhode Island Women SWRI 800 Free Relay (8:54.02)
     (Muffy Merrick, Jen Salamon, Colleen Lynch, Megan Lammon)
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CORRECTIONS TO NAG REPORTABLE TIMES

Please look over these Long Course reportable times and report any errors or omissions to me immediately. I can easily make changes or additions on the proof sheets sent to me from Colorado.

I am especially uneasy about lead-off splits at certain meets (notably New England Age Groups and Senior Nationals) where the splits were printed per 100 meters instead of cumulatively. These lead-off splits ARE eligible for NAG Reportables, but they are easy to miss.

Anne Hawkins

New England Top 16 Tabulator

(603) 465-2550

Official Signature:

1991 FALL NATIONAL POSTAL EVENT

The Open Water Swimming Committee is proud to bring you the Fall 5,00 Postal Event. The Age Groups and Distances are listed below. We are trying to allow you the best opportunity to provide the swim which will enhance your training needs. We are allowing you over three months in which to complete your swim. If you desire you may hold several swims and turn in your best swim to the Meet Director. Please sanction your events through your local LSCs.

Coach:Team:		_		-		
10-Under 1000 125 FRANKLIN ROAD 125 FRANKLIN ROAD 13-14 5000 1000 1000 1000 1000 1000 1000 10	AGE and DIS	TANCE.		•		
11-12 3000 13-14 5000 15-18 5000 15-18 5000 DUE: JANUARY 26, 1992 RESULTS: Results of your swim must be submitted to your LSC. Your Open Water Representative will then forward all of your LSC's results to the National Meet Director. Results will be published in LANE LINES and the ASCA MOTIVATIONAL TIMES LIST. ELIGIBILITY: All USS registered athletes are eligible to compete in the Postal Event. Each teams entry must be accompanied by the name of the USS Official observer of the event. AWARDS: USS Caps will be given to the top Eight finishers in each age group. These will be sent to your LSC and then distributed by your LSC. Coach: Team:			e u l	SEND TO:	ISABELLE FRA	ASER
13-14 5000 15-18 5000 413-567-3415 DUE: JANUARY 26, 1992 RESULTS: Results of your swim must be submitted to your LSC. Your Open Water Representative will then forward all of your LSC's results to the National Meet Director. Results will be published in LANE LINES and the ASCA MOTIVATIONAL TIMES LIST. ELIGIBILITY: All USS registered athletes are eligible to compete in the Postal Event. Each teams entry must be accompanied by the name of the USS Official observer of the event. AWARDS: USS Caps will be given to the top Eight finishers in each age group. These will be sent to your LSC and then distributed by your LSC. Coach:					125 FRANKLIN	V ROAD
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age group. These will be sent to your LSC and then distributed by your LSC. Coach: Team:	in the Post	al Event.	Each teams	entry must	be accompa	e to compete anied by the
Coach: Team:	age group. your LSC.	These wil	ll be sent to	o your LSC a	Eight finis and then di	hers in each stributed by
NAME: AGE: USS#: TIME:	Coach:	*	Tea	ım:		
	NAME:	.**	AGE:	uss#	:	TIME:
						· · · · · · · · · · · · · · · · · · ·
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LSC:

SEED CARDS: Seed Cards are available through the New England Office. The cost for plain cards is \$22 per thousand, including mailing. If the cards are picked up in Needham, the cost is \$19 per thousand. There is no minimum, and the cards may be split any way between boys and girls.

If you want initials on the cards, the price for 1,000 cards is \$31, including mailing. If the cards are picked up in Needham, the cost is \$28. If you want 2,000 or more cards with initials, the cost is \$26 per thousand, including mailing, or \$23 per thousand if the cards are picked up in Needham. The minimum order for cards with initials is 1,000 cards.

NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to NEWSLETTER PLUS. Subscriptions may be ordered through the New England Office for \$10 per year. Clubs do not have an expiration date on their labels since all registered clubs receive one free subscription with their registration.



United States Swimming New England

20 Cleveland Road Needham, MA 02192





FIRST CLASS

PIONEER VALLEY AQUATIC CLUB Isabelle Fraser 125 Franklin Road Longmeadow, MA 01106



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

NOVEMBER 1991

IN THIS ISSUE: 1992 NATIONAL TOP 16 REPORTABLE TIMES & FORM; ACHIEVING TOP 16 RANKINGS: NE SWIMMERS AT LONG COURSE NATIONAL MEETS; CUTS FOR NATIONAL MEETS; RECTIONS; NEW CLUBS; 4-HOUR RULE; NE MEET INFO.....

CONGRATULATIONS to PRISCILLA DAVIS who received the SAFETY COMMENDATION AWARD at the United States Swimming Convention

for the "greatest contribution to USS safety."

NATIONAL TEAM MEMBERS:

NATIONAL JUNIOR TEAM:

Congratulations to the following New England registered swimmers who have been named to United States Swimming National Teams for 1991--1992:

: DAVID BERKOFF BGSC/Foxcatcher 100 back NATIONAL TEAM 200 fly BGSC/Stanford RAY CAREY 50 free JENNY THOMPSON SSA/Stanford 100 free 1500 free BGSC/Stanford NATIONAL "B" TEAM ALEX KOSTICH 200 fly SUZY BUCKOVICH MBM/Stanford 200 fly

JEAN TODISCO

SELECT CAMP COACHES: MIKE PARRATTO (SSA) has been named Director of the Girls Silver Camp (11/23--24).

BETSY MITCHELL (DS) has been named Olympian at the Girls Eagle Camp (12/5--8).

CAY/Peddie School

1991 U.S. SWIMMING ALL-AMERICAN TEAM:

Congratulations to the following New England registered swimmers who have been named to the United States Swimming All-American Team:

SSA 50 free, 100 free, 200 free, 100 butterfly JENNY THOMPSON SSA 200 back LARISSA HEROLD 800 free BGSC JAY CRAFT 1500 free, 400 IM BGSC ALEX KOSTICH 100 back DAVID BERKOFF BGSC RAY CAREY **BGSC** 200 fly

1991 USS SCHOLASTIC ALL-AMERICAN TEAM:

CONGRATULATIONS to JENNY THOMPSON (SSA) and

ALISON KLINAKIS (SSA) who have been named to the 1991 USS Scholastic All-American Team.

CONGRATULATIONS to the following New England Swimmer who participated in Long Course **SENIOR NATIONALS:**

Swimming in FINALS and CONSOLATIONS were:

LARISSA HEROLD	SSA	NICOLE RUTKOWSKI	BGSC
LESLIE REPETTO	SSA	JAY CRAFT	BGSC
SHEILA CONWAY	SSA	RAY CAREY	BGSC

Swimming in TRIALS were:

SHEILAH MCCARTHY	BGSC	JEAN TODISCO	CAY
AMANDA HALL	BGSC	ALISON KLINAKIS	SSA
GARY GAUCH	BGSC	CJ ROBIE	UN

Swimming in RELAYS were:

CHANTEL GLOVER BGSC WENDY ROWE BGSC

CONGRATULATIONS to the following New England Swimmers who participated in Long Course **JUNIOR NATIONALS:**

Swimming in FINALS and CONSOLATIONS were:

AMANDA HALL	BGSC	CHIP HYBEKSIKON	NEB
JULIE MITCHELL	BCSC	ALEX CINHA	NEB

Swimming in TRIALS were:

WENDY ROWE	BGSC	AMY STORER NE	B
RELLY COULDSON	BGSC	RICK OSTERBERG NEI	
AMY HOLT	BGSC	JEFF LITTLE NE	В
DANIELLE PELUSO	BGSC	MATT GULLEDGE NEI	
DAWN REPPUCCI	BGSC	LEA DELICIO SSA	Ą
PERNADETTE KEANE	BGSC	MICHELE LABRIE SSA	A
KATE SHAUGHNESSY	BGSC	kirstin nagle ssi	Ą
LAURA ZDYB	PGSC	BRITTANY WILSON SSI	A
SARA GREINBAUM	BGSC	JESSICA TUCKER-MOHL SSA	Ą
ROB WILEY	BGSC	CAROLINE PALMER SSA	Ą
CHRIS ANDERSON	BGSC	DEBBY PALMER SSA	A
TRAVIS QUIGLEY	BGSC	PHIL CURRAN SSA	A
MEGAN LAMMON	SWRI	ANDREW WHITNEY SSA	4
LIZ KOTCH	SWRI	MARK DISALVO SSA	A.
MICHELLE MCWEENEY	SWRI	JEREMY QUIMBY SSA	Ą
JASON GRAY	CAY	JAMIE CORBETT SS	A
GENE SUTHERLAND	CAY	CORY MURPHY NCAC	C
MICHAEL JORDAN	CAY	COURTNEY FALLER TOST	r
KURT LESLIE	MVP	PAUL HARRINGTON CCSC	3

Swimming in RELAYS were:

ANDREW ROSEN BGSC KARNA LORHAMMER SSA

"FOUR-HOUR" RULE:

The Board of New England Swimming has adopted the interpretation of the "four-hour" rule which was discussed at the officials' training held in Colorado Springs in the spring.

In this interpretation the "four-hour" rule limitation actually begins with the first event of an age group. For example, the morning session of a meet begins at 8;30 a.m. and includes ages 9 and 10 girls and boys and 11 and 12 girls and boys. If the first event for the 11 and 12 boys actually starts at 9:15 a.m. (even though the meet began at 8:30 a.m.), 9:15 a.m. begins the "four-hour" limit for 11 and 12 boys.

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CONCERNING NEW ENGLAND CHAMPIONIONSHIP MEETS....

There is some confusion about what is needed for a swimmer to participate in a New England Championship or "classic" meet. In order to swim in Age Groups (including 10 and under Age Group), Silver Classic or Bronze Classic, a swimmer needs to be registered in New England and have results proving the swimmer's qualifying time(s). The results may be from any New England calendar meet (these results will be in the office) OR a "Y" meet, recreation league meet, high school meet, out of district USS meet, Boys' club meet, etc., which has printed results. There is no requirement to swim in any number of New England meets to participate in these meets for most swimmers. Swimmers who wish to go to the Zone Meet or to receive reimbursement for Junior Nationals or Senior Nationals must participate in three New England meets during the season, but there is no requirement for anyone else.

Swimmers who want to participate in New England Seniors must be registered in New England, have results proving the swimmer's qualifying time(s) and also must have participated in at least <u>one</u> New England calendar meet during the past 11 months. (A New England calendar meet is one that has been listed in the calendar of New England meets listed in Newsletter Plus

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OFFICIALS NEEDED: Bill Whitman, Officials' Chairman, needs officials to work the Christmas Classic (December 13--15 at Brown University) and also the National Qualifier (January 17--19 at Brown University). The National Qualifier has been designated as a meet for those officials who wish to become qualified to work at national meets. Any official who is willing to work at either meet or who wishes to become nationally certified should contact Bill Whitman at 617-237-4584.

TOP TEN CORRECTIONS:

LONG COURSE OUTSTANDING SWIMMERS:

ROBERT SCHOTTER should have been listed as CAST.

LONG COURSE LISTINGS:

BCSY: Katina Maistrellis

NCAC: Dara Pristaw, Sue Kresel, Cory Murphy, Paul Schned, Marc Manganiello, Josh Pristaw, Jon Lacey

CORRECTIONS TO SHORT COURSE BOOK--15 and 16 Women

1650 yard FREESTYLE

4. Amy Mikuszewski

PVAC 18:03.80 SR

CORRECTIONS TO LONG COURSE BOOK-OPEN MEN

50 meter FREESTYLE

8. Courtney Faller

TOST

25.30 JO

100 meter FREESTYLE

8. Jeff Longo

SWRI

55.46 SR*

NEW ENGLAND SWIMMING OFFICE

Mary Riddell 20 Cleveland Road

Needham, MA 02192

617-449-10270

Telephone Hours:

Monday : 8:00 a.m. -- 2:00 p.m.

7:30 p.m.--10:30 p.m.

Thursday: 8:00 a.m. -- 2:00 p.m.

NEW CLUBS REGISTERED FOR 1992:

MASSACHUSETTS BAY MARLINS

Michael A. Chasson PO Box 391348

Cambridge, MA 02139-9998

SEVEN SEAS SWIM CLUB

PO Box 692

Medford, MA 02155

STINGRAY SWIM CLUB

Sandwich Community Pool 365 Quaker Meeting House E. Sandwich, MA 02537

SSC

BRUIN SWIM CLUB

Brown U. Athletic Dept.

Box 1874

Providence, RI 02912

BSC

ROWELL'S RAIDERS SWIM CLUB HARVARD UNIVERSITY

Missy Rowell 1R Phillip Road

Derry, NH 03038 RRSC

Michael A. Chasson Dept. of Athletics 60 JFK Street

Cambridge, MA 02138

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A complete list of all 1992 registered teams will be published after the first of the year.

CUTS FOR OLYMPIC TRIALS

	WOMEN		EVENT		MEN	
SCY	NOS	2	DESCRIPTION	XOS	ScIM	21
23.29	25.99	26.89	50 FREE	20.09	22.19	23.49
50.09	55.19	69.75	100 FREE	43.89	48.49	51.39
1:48.29	1:59.39	2:03.89	200 FREE	1:36.49	1:46.89	1:52.49
4:46.39	4:07.29	4:19.79	400/500 FREE	4:21.89	3:46.69	3:58.69
9:51.99	8:35.49	8:50.49	800/1000 FREE	6:17:6	8:08.19	8:20.59
16:39.59	16:28.79	16:55.49	1500/1650 FREE	15:11:69	14:54.99	15:47.49
55.19	1:00.79	1:04.49	100 BACK	48.39	53.99	58.09
1:57.79	2:10.99	2:17.99	200 BACK	1:45.19	1:57.29	2:04.19
1:03.29	1:10.69	1:13.19	100 BREAST	55.09	1:01.19	1:04.69
2:15.89	2:31.99	2:36.99	200 BREAST	1:58.79	2:13.19	2:20.79
54.89	1:00.39	1:02.99	100 FLY	48.29	52.99	55.59
2:00:09	2:11.99	2:16.89	200 FLY	1:47.09	1:57.19	2:03.19
2:01.99	2:13.59	2:21.29	200 INDIV MEDLEY	1:47.39	1:57.79	2:06.99
4:17.99	4:47.69	4:56.49	400 INDIV MEDLEY	3:50.89	4:15.79	4:28.89

QUALIFYING PERIOD

Mailed Entries: July 20, 1990 through February 20, 1992 (6:00 pm). Faxed entries: February 24, 1992 (noon) only for qualifying swims made between February 20 and 23, 1992.

1992 <u>JUNIOR</u> NATIONAL CHAMPIONSHIP TIME STANDARDS

	WOMEN		EVENT		MEN		
SCY	SCM	uc	DESCRIPTION	SCY	SCM	rc.	
24.59	27.39	27.89	50 FREE	21.69	23.99	24.89	
53.19	58.59	1:00.29	100 FREE	47.09	51.99	54.09	
1:54.49	2:06.19	2:09.69	200 FREE	1:43.09	1:54.19	1:58.29	
5:03.79	4:22.29	4:30.79	400/500 FREE	4:39.59	4:02.09	4:09.79	
10:20.19	8:59,99	9:13.59	800/1000 FREE	9:38.09	8:25.79	8:40,09	
17:21.69	17:10.49	17:42.19	1500/1650 FREE	16:10.99	15:53,19	16:38.89	
59.89	1:05.79	1:68.59	100 BACK	53,49	59.59	1:01.89	
2:08.79	2:22.79	2:26.89	200 BACK	1:56.99	2:09.99	2:12,79	
1:07.09	1:14.89	1:17.59	100 BREAST	59.49	1:06:09	1:08.69	
2:25.29	2:42.49	2:46.99	200 BREAST	2:09.19	2:24.59	2:30.29	
58,59	1:04,39	1:06.09	100 FLY	51.89	58.89	58.59	
2:08.49	2:21.19	2:25.89	200 FLY	1:54.49	2:05.29	2:11.39	
2:09.99	2:23.39	2:27.79	200 INDIV MEDLEY	1:56.59	2:08.89	2:13.59	
4:35.09	5:03.39	5:09,69	400 INDIV MEDLEY	4:10,09	4:36.89	4:44.99	
3:37.89	4:03.79	4:07.59	400 FREE RELAY	3:14.19	3:35.89	3:42.59	
7:50.79	8:46.29	8:56,29	800 FREE RELAY	7:06.49	7:54.19	8:07.49	
4:03.99	4:31.89	4:37.99	400 MEDLEY RELAY	3:36.09	4:01.49	4:08.89	

QUALIFYING PERIOD: AUGUST 2, 1991 THROUGH THE ENTRY DEADLINE

1992 SUMMER SENIOR NATIONAL CHAMPIONSHIP TIME STANDARDS

	WOMEN		EVENT		MEN	:
SCY	SCM	rc	DESCRIPTION	scy	SCM	LC
23.69	26,39	27.09	50 FREE	20.49	22.59	23.79
50.79	55.89	57.99	100 FREE	44.79	49.39	51.89
1:50.19	2:01.39	2:04.79	200 FREE	1:37,89	1:48.39	1:53.29
4:51.09 .	4:11.39	4:20,49	400/500 FREE	4:24.39	3;48.89	4:00.29
9:58.99	8:41:59	6:56.69	800/1000 FREE	9:17.89	8:08.09	8:19.99
16:39.59	16:28.79	17:02.99	1500/1650 FREE	15:24,49	15:07.49	15:57.19
58.09	1:03.79	1:05.59	100 BACK	50,89	56.69	58.69
2:03.89	2:17.29	2:19.99	200 BACK	1:50.29	2:02.49	2:05.89
1:04.09	1:11.59	1:14.29	100 BREAST	55.59	1:01.79	1:06.19
2:17:19	2:33.49	2:36.19	200 BREAST	2:01.09	2:15.79	2:20.99
58.39	1:01.99	1:03.39	100 FLY	49.19	53.89	56.09
2:02.99	2:15.19	2:17.89	· 200 FLY	1:48.79	1:59.09	2:04.39
2:04.19	2:16.99	2:22.59	200 INDIV MEDLEY	1:50.09	2:01.69	2:08.59
4:24.39	4:51.59	4:59.29	400 INDIV MEDLEY	3:57.79	4:23.29	4:33,19
3:33.59	3:58.89	4:03.49	400 FREE RELAY	3:06.49	3:27.29	3:36.79
7:42.59	8:37.09	8:46.09	800 FREE RELAY	6:52.59	7:38.79	7:53.79
3:58.59	4:25.89	4:31.19	400 MEDLEY RELAY	3:28.29	3:52.69	3:58.59

QUALIFYING PERIOD: AUGUST 2, 1991 THROUGH ENTRY DEADLINE

NOVEMBER 1991

NATIONALLY RANKED NEW ENGLAND AGE GROUP SWIMMERS, SHORT COURSE, 1990---1991:

CONGRATULATIONS to these swimmers who achieved National Age Group Top 16 rankings. Rankings for relays were published through tenth place. Please note that WILLIAM MAHER, AMANDA HALL, JEAN TODISCO, ALISON KLINAKIS, JENNY THOMPSON, SEAN GOULDSON and a SSA RELAY achieved first place rankings!!

10 and under:

MATT RYKKEN PWS 50 breast (16); 100 breast (10)

11 and 12:

KELLY GITTLEIN SSA 100 free (13)

SSA 100 free (8); 200 free (9); 500 free (13) JESSICA TUCKER-MOHL

100 IM (9); 200 IM (10)

MSSC 50 free (13); 100 free (6); 500 free (14); SPENCER HAWKINS

50 back (7); 100 back (9); 50 fly (8); 100 fly (2); 100 IM (3); 200 IM (2)

WILLIAM MAHER SWRI 50 free (14); 100 free (9); 50 back (1);

100 back (2); 100 IM (5); 200 IM (5)

SHANE RAYMOND CCSC 50 fly (6); 100 fly (6)

13 and 14:

AMANDA HALL BGSC 100 back (16); 200 back (1); 200 IM (1);

400 IM (6); 100 fly (9)

NICOLE RUTKOWSKI BGSC 500 free (16); 1000 free (8); 1650 free (9)

JEAN TODISCO CAY 100 fly (8); 200 fly (1); 400 IM (16)

MATT CRAVEN BGSC 50 free (15) 100 breast (11) CARL ERIKSSON BGSC

SALVADOR SUAU BGSC 50 free (7)

400 medley relay (7) BERNAL'S GATOR GIRLS BGSC

(Amanda Hall, Danielle Peluso, Tory Fleming, Kelly

Gouldson)

400 free relay (2)

800 free relay (2)

(Amanda Hall, Jen Schmid, Tory Fleming, Kelly

Gouldson)

CAY 200 free relay (3) CAPE ANN GIRLS

(Rachel Enos, Jean Todisco, Erika Meany, Melissa

Sessoms)

200 medley relay (9)

(Melissa Sessoms, Susan Herrick, Jean Todisco, Erika

Meany)

SSA 400 medley relay (6) SEACOAST GIRLS

400 free relay (3)

(Michele Labrie, Caroline Palmer, Lea Delicio,

Kirstin NagleO 800 free relay (1)

(Michele Labrie, Karna Lorhammer, Caroline Palmer, 117

Kirstin Nagle)

BERNAL'S GATOR BOYS BGSC 800 free relay (3)

(Mike Scarbo, Matt Craven, Salvador Suau, Carl

Eriksson)

15 and 16:

SSA 100 back (5); 200 back (3); 100 fly (7); LARISSA HEROLD 200 IM (6); 400 IM (16)

NEWSLETTER PLUS		NOVEMBER 1991
enter de la companya		
LESLIE REPETTO	SSA	100 breast (8)
NICOLE RUTKOWSKI	BGSC	
CHRIS ANDERSON	BGSC	
ANDREW WHITNEY	SSA	_ · ·
ROB WILEY	BGSC	
SEACOAST MEN	SSA	400 free relay (5)
		(Todd Whitford, Jeremy Quimby, Andrew Whitney, Jamie Corbett)
		battle corpect/
17 and 18:		
SHEILA CONWAY	BGSC	1000 free (15); 400 IM (8)
ALISON KLINAKIS	SSA	200 fly (1)
SHEILAH MCCARTHY	BGSC	100 back (10); 200 back (11); 100 breast (11)
		200 IM (6).
JENNY THOMPSON	SSA	50 free (5); 100 free (10); 200 free (6);
		100 back (2); 200 back (1); 100 fly (1);
		200 fly (3); 200 IM (3); 400 IM (3)
RAY CAREY	BGSC	100 fly (13); 200 fly (9)
SEAN GOULDSON	BGSC	100 back (1); 200 back (1)
CAPE ANN MEN	CAY	200 medley relay (4)
		(Jason Gray, William Callahan, Mike Jordan,
		Brian Thomas)
	* * * * * * * * * * * * * * * * * * * *	200 free relay (8)
		(Mike Jordan, Brian Thomas, Giff Laroe, Jason
		Gray)
		the state of the s

NATIONAL AGE GROUP UPDATE -- 1991-1992

Included in this issue are new NAG Top 16 cuts for 1991-1992. It's worth your while to familiarize yourself with them, since there have been many changes, especially in the girls' cuts.

In general, the 13-14 girls have harder cuts than previously, while the 15-16 and 17-18 girls' cuts have been relaxed, sometimes a great deal. Certain cuts for the younger girls have also been changed. Very few boys' cuts have been changed.

Please note that the reporting period for 1991-1992 Short Course is, FOR THIS YEAR ONLY, May 1, 1991 to May 31 1992, a thirteen month span. In future years the reporting period will be from June 1 - May 31.

You'll find a reporting form for NAG Reportable cuts and New England Records in this issue of the Newsletter. Please use it! Be especially careful to report LEAD OFF SPLITS, since these are very easy to miss. Also, be sure to report out-of-district swims. Theoretically, the out-of-district LSC is supposed to report ALL NAG swims done in its area, but, in actual fact, this doesn't always happen. Also, if a New England Resident Record is broken out-of-district, we have no way of knowing about it unless you report it. All relays should be reported, even those swum in New England, since they are quite difficult to track down after the fact.

Anne Hawkins
Top 16 Tabulator and Records Chalrman

NEWSLETTER PLUS NOVEMBER 1991

EVENT		10 & U	11-12	13-14	15-16	17-18
50	FREE	:27.79	:25.69	:24.49	:24.19	:24.09
100	FREE	1:00.79	:55.89	:52.89	:52.99	:52.29
200	FREE	2:11.99	2:00.09	1:54.09	1:52.59	1:52.49
500	FREE	74.1 ·		5:03.29		
1000	FREE	-		10:25.99		10:15.99
1650	FREE	er e e	-	17:25.99	17:15.99	17:10.99
50	BACK	:32.49	:29.59		449	
100	BACK	1:10.19	1:03.29	:59.69	:58.79	:58.79
200	BACK	-		2:08.19	2:05.39	2:05.69
50	BREAST	:35.69	:33.09	-	-	-
100	BREAST	1:18.09	1:10.39	1:06.79		
. 200	BREAST	***	-	2:24.39	2:22.29	2:22.69
50	FLY	:30.39	:27.99	-	***	
100	FLY	1:08.29	1:01.79	:58.59		
200	FLY	***	***	2:10.39	2:07.89	2:06.89
100	I.M.	1:09.59		1876	-	
200	I.M.	2:29.39	2:16.69	2:09.49	2:07.49	2:06.89
400	I.M.	-	***	4:33.29	4:29.19	4:28.99
200	FREE RELAY	1:59.29	1:46.99	1:42.49	1:44.69	1:50.99
400	FREE RELAY	-	3:57.99	3:42.59	3:44.09	3:55.99
800	FREE RELAY		-	8:07.99	8:12.99	8:29.99
200	MEDLEY RELAY	2:14.99	1:59.49		1:56.89	2:05.59
400	MEDLEY RELAY	-	4:26.09	4:08.69	4:11.49	4:28.99

NATIONAL	AGE	GROUP	REPORTABLE	TIMES

		SHORT CO	URSE - BO	DYS		
EVENT		10 & U	11-12	13-14	15-16	17-18
50	FREE	:27.39	:24.59	:22.59	:21.59	:21.09
100	FREE	:59.99	:53.49	:49.09		:45.79
200	FREE	2:10.39	1:56.79	1:47.29	1:41.89	1:40.29
500	FREE	-	5:14.29	4:48.19		
1000	FREE	•	***	10:03.49	9:28.49	
1650	FREE	•		16:47.99	15:58.99	15:48.49
50	BACK	:32.49	:29.19	-	-	•••
100	BACK	1:10.79	1:02.69	:56.69		:52.19
200	BACK	-		2:02.89	1:56.19	1:52.99
50	BREAST	:35.49	:31.29	-	-	-
100	BREAST	1:18.49	1:08.39	1:02.09	:58.89	:57.49
200	BREAST	•••		2:15.69	2:08.69	2:05.09
50	FLY	:30.09	:27.49	-	•••	-
100	FLY	1:08.09	1:00.39	:54.59	:51.59	:50.59
200	FLY	•	* ***	2:01.29	1:54.19	1:51.99
100	I.M.	1:09.29	1:01.69	***	-	***
200	I.M.	2:28.59	2:13.39	2:01.19	1:55.59	
400	I.M.		***	4:20.59	4:06.49	
200	FREE RELAY	1:58.49	1:45.99	1:35.39	1:32.89	1:31.99
400	FREE RELAY	**	3:53.99	3:28.49	3:22.09	3:13.89
800	FREE RELAY		*853	7:46.59		
200		2:14.39	1:59.39	1:48.09	1:45.39	
400	MEDLEY RELAY	-	4:25.59	3:53.49	3:45.49	3:36.09
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NOVEMBER 1991

	NATION	AL AGE GR			ŒS	•
EVENT		LONG CO	URSE - GI 11-12	RLS 13-14	15-16	17-18
50	FREE	:31.59	:29.19	:27.99	:27.39	:27.39
100	FREE	1:09.29	1:03.39	1:00.59	:59.49	:59.29
200	FREE	2:29.99	2:16.99	2:10.19	2:07.39	2:06.59
400	FREE	-	4:46.99	4:32.19		
800	FREE	_	***	9:19.99	9:08.99	9:05.99
1500	FREE			17:50.99	17:26.99	17:26.99
50	BACK	:36.89	:33.39	-	-	-
100	BACK	1:20.69	1:12.59	1:08.99	1:06.89	
200	BACK	-	-	2:28.39	2:22.89	2:22.89
50	BREAST	:40.99	:36.89		***	•••
100	BREAST	1:30.69	1:21.49	1:16.89		
200	BREAST	-	- ,	2:46.29	2:43.39	2:43.39
50	FLY	:34.99	:31.29		****	-
100	FLY	1:18.09	1:09.99	1:06.69		
200	FLY	• . :		2:25.79	2:21.09	
200	I.M.	2:49.79	2:34.59	2:28.39		
400	I.M.	.	-	5:11.79		
200	FREE RELAY	2:16.09	2:02.39	1:57.99		1:59.49
400	FREE RELAY	-	4:28.49			
800	FREE RELAY	-	-	9:20.99		
200	MEDLEY RELAY	2:34.49	2:18.79			
400	MEDLEY RELAY		5:03.99	4:48.99	4:45.49	4:49.99

	NATION	AL AGE GR			ŒS	
EVENT			URSE - BC	13-14	15-16	17-18
50	FREE	:31.19	:28.09	:25.89	:24.89	
100	FREE	1:09.49	1:01.59	:56.59	:53.99	:52.99
·200	FREE	2:29.49		2:03.09	1:57.59	
400	FREE	-	4:42.49	4:20.49		
800	FREE	-	-	9:02.49	8:35.29	
1500	FREE	-	-	17:22.19	16:28.79	16:19.99
50	BACK	:36.89	:32.99	-	-	•
100	BACK	1:20.29	1:11.19	1:05.09		
200	BACK	-	-	2:20.69	2:12.39	2:10.19
50	BREAST	:40.99	:35.99	-	-	-
100	BREAST	1:30.09	1:19.09	1:12.49	1:08.09	
200	BREAST	-		2:37.59	2:28.49	2:26.39
50	FLY	:34.19	:30.59	-	-	-
100	FLY	1:17.49	1:08.79	1:02.19	:58.59	:57.99
200	FLY	•	-	2:18.59	2:09.99	2:06.29
200	I.M.	2:50.39	2:31.89	2:19.69	2:13.09	2:09.99
400	I.M.	•	-	4:57.29	4:43.09	4:36.29
200	FREE RELAY	2:15.09	2:01.49	1:49.99	1:45.99	1:45.99
400	FREE RELAY		4:27.39	3:59.99	3:52.09	3:43.69
800	FREE RELAY	-	***	8:53.49	8:27.49	8:14.99
200	MEDLEY RELAY	2:33.69	2:16.69	2:04.09	2:00.99	2:00.99
400	MEDLEY RELAY	-	5:04.99	4:29.79	4:18.39	4:09.99



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING

DECEMBER 1991

IN THIS ISSUE:

PROPOSED LONG COURSE CALENDAR AND BID FORM; SAFETY INFO; ZONE TEAM INFO & APPLICATION FOR 15--18; SAFETY TRAINING FOR SWIM COACHES; SPORTS SCIENCE SEMINAR....

Starting Block Legislation

Effective May 15, 1992

The following safety related legislation was passed during the USAS Convention in Louisville, Kentucky:

Amendments to Part One (Rules)

103.2.3 Water Depth

Delete existing paragraph B and substitute the following:

- B. /M/ Minimum water depth for racing starts, as measured for a distance 3'31/2" (1.0 meter) to 16'5" (5.0 meters) from the end wall, during either competition or practice shall be as follows"
 - (1) In pools with water depth less than 3'6" (1.07 meter) at the starting end, the swimmer must start from the deck or from within the water;
 - In pools with water depth 3'6" (1.07 meter) to less than 4' (1.22 meter) at the starting end, starting platforms shall be no more than 18" (0.46 meter) above the water surface:
 - (3) In pools with water depth 4' (1.22 meter) or more at the starting end, starting platforms shall meet the height requirements of Section 103.11.1.

NOTE: Local, state and municipal statutes, ordinances, rules and regulations, may have depth limitations in conflict with this Section 103.2.3. The LSC and all Member Clubs should check for this at all times.

The Board of New England Swimming will meet on Monday, January 13, 1992 at 7 p.m. at the Wellesley Community Center, Wellesley, MA.

TO: COACHES, SWIMMERS, PARENTS

FROM: PRISCILLA DAVIS

RE: PRACTICE

Please remember that all safety rules pertain to practice as well as meets. NO DIVING, PERIOD! You may practice starts in one way lanes and relay exchanges in a carefully controlled environment.

HOWEVER, as of 5/15/92, the water must be 4 feet or more at the starting end to use blocks 30 inches above the water (standard height now). If the water depth is 3'6" to less than 4', the starting platforms must be 18" or less above the water surface. In pools with less that a 3'6" depth at the starting end, the swimmer MUST start from the deck or in the water.

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PROPOSED NEW ENGLAND CALENDAR, LONG COURSE, 1992:

MAY		JUNE
23:	*	67: *
910:	*	1314: *
1617:	*	2021: *
3031:	*	2728: *

JULY

4--5: *

11--12: *

17--19: Age Group and Senior Qualifier

23--26: Senior Championships BC End of Season Meet

26--1: Olympics, Barcelona, Spain

30--2: Age Group Championships

AUGUST

7--11: USS Junior Olympics, Orlando, Florida

12--15: Zone Meet, Rutgers University, NJ

17--21: Phillips 66 National Championships, MIssion Viejo, California

* These dates are open for any type of meet.

Bids are due by JANUARY 31, 1992.

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SAFETY TRAINING FOR SWIM COACHES: Skip Farkas is willing to run the Safety Training for Swim Coaches course if there is enough demand. would be offered at Minuteman Voc Tech in Lexington, MA, possibly during Christmas break. If you are interested, please call Skip at Minuteman (617) 861-6500 x260 or home (508) 443-0585 immediately. This may be the last time the course is offered this season!!!!!

DECEMBER 1991 NEWSLETTER PLUS

SPORTS SCIENCE SEMINAR: United States Swimming will host a "National Forum on Age Group Training and Development" seminar in Colorado Springs at the Olympic Training Center on April 23--26, 1992. New England expects to send a representative and invites any one who is interested to submit a request to attend to the New England office by January 10, 1992. Room, board, registration, course materials and local transportation will be provided by USS; NES will pay for plane transportation to Colorado.

NEW ENGLAND SWIMMING OFFICE

Mary Riddell 20 Cleveland Road Needham, MA 02192

617-449-10270

Telephone Hours: Monday : 8:00 a.m. - 2:00 p.m.

7:30 p.m.-10:30 p.m.

Thursday: 8:00 a.m. -- 2:00 p.m.

REGISTRATION: Registration this year has been slow!!! Less than half of the New England teams are completely registered as of December 10. Remember that teams must register the club, at least one fully-certified coach and swimmers in order to be considered registered. As of January 1, swimmers registered for teams that are not registered must swim unattached. Swimmers that are not registered cannot swim in USS meets and there is a \$100 fine for entering an unregistered swimmer in a meet.

As of December 10, the following New England Clubs are registered (with club, certified coach, and swimmers):

ABF Attleboro Bluefish

ATST Amherst Tritons

BCSY Brocton Y

BENN Bennington

BSC Bruin Swim Club

BYC Burlington Y Champs CVWM Central Vermont Wavemakers

EB Easthampton Barracudas

EBAC East Bay Aquatic Club

HAFB Hanscom Air Force Base

HAY Hockomock Y

HRY Hampshire Regional Y

HYV Holyoke Y Vikings

LRW Lake Region Swim Team

LYKW Lynn Y Killer Whales

MAC Middlesex Aquatic Club

MBM Massachusetts Bay Marlins

MMST MIddlebury Swim Team

MVST Martha's Vineyard*

NBYW New Bedford YWCA

NEB New England Barracudas

PTBC Pittsfield Boys Club PVAC Pioneer Valley Aquatic PWST Peterborough Wave

RRSC Rowell's Raiders

SAC Shawmut Aquatic Club

SHS South Hadley Swords

SSA Seacoast Swimming Assoc.

SS Sterling Swimmers

SSSC Seven Seas Swim Club

WBD Whitinsville Blue Dolphins

WSC Worcester Swim Club

YSS South Shore YMCA

* institutional member (no swimmers)

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Foreseeability

By Ron Warner, Member, USS Safety Education Committee

I. Standards

In order for one person to be liable to another for damages, there must be a chain of events which has occurred. The elements in this chain include:

A. Duty.

There must be a duty owed from one person to another. Examples in everyday life include obeying driving rules. In US Swimming the duty is to provide a safe environment for the conduct of warm-up and competition.

B. Breach of Duty.

An act or a failure to act must occur which in effect ignores the duty. An example is failing to stop at a red signal light. In our sport, examples would be failing to have marshals or permitting wobbly starting blocks.

C. Injury.

As a result of the breach to comply withthe duty, a person is injured by the one who breaches. A pedestrian, for example is hit by the driver who ran the red light. Or a swimmer is injured by another swimmer who was "horsing around" because of a lack of marshals.

D. Damages.

The injury may or may not result in monetary awards, including reimbursement of expenses (medical, etc.) or other (loss of emplyment income, or punitive damages).

II. Foreseeability

How can the chain described above be broken? The standard is that a reasonable, prudent person has taken all action under the circumstances to adhere to the duty. This means that common sense should be used in assessing the surroundings and the conditions and analyzing the potential dangers. It is not necessary to foresee every possible occurrence, only those which could reasonably have been prevented by careful people. Other people's standards do not count; reasonable ones do.

For example, it is foreseeable that a swimmer may slip on wet bleachers. Therefore, it is reasonable and prudent to have them kept dry at all times.

When faced with any claim for damages, the facts that one has thought about the realistic danger and has taken reasonable steps to eliminate or reduce the danger will not only help in defending against the claim, but will probably have avoided any accident which would have occurred and been the grist for a claim.

Be aware! Use common sense! As a result, everyone will have more fun.

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Foreseeability: Another Explanation

FORESEEABILITY:

- A term widely used due to the proliferation of sport injury litigation
- Is a key element in determining negligence.

Administrators, teachers, instructors and coaches have a duty to foresee potentially dangerous circumstances and situations that would be likely to cause injury.

Foreseeability as it relates to four special areas:

- 1. Supervision and instruction
- 2. Care of facilities
- 3. Care of equipment
- 4. Medical care in case of injury

STEPS TO FORESEEABILITY

- 1. Identify the hazards in your specific facility
 - a. architectural plans
 - b. reporting form
 - c. staff meeting
- 2. Manage the risk through preventive measures
 - a. rules and regulations
 - b. signs and marking that are easily identifiable
 - state codes and laws need to be followed:
- 3. Personnel and staff development
 - a. fitness and skill screening
 - b. in-service training (EAPs/hazardous material program)
 - c. water safety, first aid and CPR certification updates
- 4. Operational procedures
 - a. job descriptions and specific requirements
 - b. emergency procedures developed and practiced
 - c. operational manual for your facility
 - d. records and report forms for documentation
- 5. Education procedures

Use common sense and do not omit any area

- a. pre-event
- b. post-event



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Negligence

- 1. Failure to exercise reasonable care which resulted in injury or damage
- 2. Not taking prudent care
- 3. Careless manner
- 4. Inattention to ones' duty
- 5. Failure to enforce rules and regulations
- 6. Implies a blameworthy lack of strictness

Gross Negligence

- 1. Willful Negligence
- 2. Almost intentional
- 3. Could be Criminal

Professional Standard of Care as it Relates to Minor Children

- 1. The duty of care owed a child is GREATER than that owed an adult against UNREASON-ABLE risk of injury. The degree of care increases with the IMMATURITY of the child.
- 2 The institution owes children the duty to exercise such care as a parent of ordinary prudence would observe in a comparable circumstance.
- Negligence, as applied to a minor child, is the doing of that which an ordinary prudent person of the AGE, INTELLIGENCE, EXPERIENCE, and CAPACITY of such child would do under the same circumstances, OR THE FAILURE TO DO UNDER THE SAME OR SIMILAR CIRCUMSTANCES.



Liability Provisions in Club Contracts

Almost every USS Member Club is a party to a contract with an owner of a swimming pool, public or private. Almost all USS Members, including LSCs and the national organization itself, will, at one time or another, enter into contracts for the use of a swimming venue for a meet or other authorized aquatic activity.

Such contracts will include standard language as to time of use, compensation, maintenance and the like.

Such contracts will also contain language with regard to the tors liability of both parties during the use of the facility. The owner will always include indemnification and hold-harmless clauses on liability for personal injury and property damage resulting from the negligence of the USS Member, its officers, agents and employees.

It will be impossible to avoid such releases or waivers couched in general language. The owners, or their attorneys, will insist on this.

However, it is extremely important that the USS Member does not sign a contract containing language which indemnifies or exculpates (clears from alleged fault or guilt) the owner from liability for damages resulting from the negligence of the owner, or its agents and employees. Such language may or may not be valid in your particular state. If it is, it is usually subject to strict construction.

If you are in doubt on this, consult an attorney in your own state and at the same time refer him/ her toBernard J. Favaro, General Counsel for United States Swimming, Inc.

If you see the following language, or anything similar to it, consult legal counsel at once before signing the agreement:

Club (LSC) agrees to indemnify Owner against all liability loss, or other damage claims or obligations because of or arising out of personal injury or property damage, related to Club's use and occupancy of the premises, including that caused by the negligence of the Owner or its agents or employees.

