



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

JANUARY 1995

**IN THIS ISSUE:** INFORMATION CONCERNING SHORT COURSE 1995 CHAMPIONSHIP & CLASSIC MEET SCHEDULE; PROPOSED 1995 LONG COURSE CALENDAR & BID FORM; OPEN WATER/DISTANCE SWIMMING; SHORT COURSE 1993-1994 RECORD BREAKING SWIMS....

**CONGRATULATIONS** to **JOE BERNAL** who was appointed Senior Chairman at the January Board meeting.

**AGE GROUPS** will be held on the scheduled dates, March 9--12, at **BOSTON COLLEGE**, Chestnut Hill, MA. The meet will be run by Boston College Swimming and New England Swimming. The pool has eight lanes, a warm-up pool, deck space, parking (the college will be on break), but very limited seating for spectators. We expect parents to be very understanding and cooperative! The entries for Age Group and Senior Championships will be mailed shortly.

## **RUMORS! RUMORS! RUMORS! .....DISPELLED:**

At this time of year the office receives the same questions every year.

**1. Qualifying times to enter meets:** Qualifying times for championship and classic meets may be achieved at many types of meets. They do not have to be achieved at New England Calendar Meets. Times may come from "Y" meets, "rec" meets, high school meets, etc. and dual meets of all types, including time trials. (Time trials must have at least five swimmers from each of two teams.) All qualifying times must come from meets that have printed results and the swimmer must obtain a copy of the results and send it to the office or bring it to the meet in the team's verification packet.

**2. Number of meets:** There is no requirement to swim in a certain number of New England Calendar Meets to qualify for championship and classic meets except for New England Seniors. A swimmer must participate in one New England Calendar Meet in the last eleven months to swim in New England Seniors. Other than that, there are no requirements. A swimmer who wants to be part of the Zone Team or receive reimbursement for Junior or Senior Nationals, must participate in three New England Calendar meets.

New England Swimming wants to encourage swimmers who have achieved qualifying times to enter the appropriate championship or classic meet. **BUT...** it is the responsibility of the swimmer to obtain results of all non-New England Calendar meets and bring those results to the meet. A swimmer should not be entered in a championship or classic meet if the qualifying time cannot be verified.

The Board of New England Swimming will meet at 7 pm on Monday, February 13, 1995 at the Wellesley Community Center, Wellesley, MA. In case of questionable weather, call the New England Swimming Office.

**PROPOSED NEW ENGLAND LONG COURSE CALENDAR:**

Included in this newsletter is the proposed calendar for the Long Course season. Please feel free to bid on these meets or on other meets of your choice. Meets on the proposed calendar will have first priority, however. If you want to receive a subsidy (\$250) for a distance meet, please make a note of it on your bid form.

Note that all bids are due by **TUESDAY, FEBRUARY 28, 1995** and that every bid must include a COMPLETE MEET INVITATION. The format for the meet invitation was in the May 1994 newsletter and in the Meet Manager's packets. If you need another copy, please call the office.

**DISTANCE SWIMMING and OPEN WATER SWIMMING:**

At the January meeting of the Board of New England Swimming, the Board voted to continue the emphasis on distance swimming and to continue to offer a subsidy to help defray the pool costs for teams that are willing to sponsor distance meets.

The Board also decided to place one or more "open water" swims on the calendar for the summer. Any team that would like to sponsor one of these swims should place a bid for the swim. If you know of an appropriate spot for an open water swim, please call the office.

In addition, the Board would like to add another position to the Board of New England Swimming--Open Water/Distance Coordinator. If you are interested in serving on the Board in this capacity, please contact Joe Bernal or Marc Allen or call the office.

\*\*\*\*\*  
 \* **NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL** \*  
 \* **20 Cleveland Road** \*  
 \* **Needham, MA 02192** \*  
 \* **617-449-0270** \*  
 \* **\* FAX 617-449-7903** \*  
 \* **OFFICE HOURS: Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m.** \*  
 \* **Thursday: 8 a.m.--2 p.m.** \*  
 \* **\* Please do not send registration by FAX; registration is not** \*  
 \* **possible without payment of the registration fee.** \*  
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**POSITIONS OPEN:**

**THE SALEM (NH) BOYS & GIRLS CLUB** needs a Summer (May---mid-August) Head Swim Coach and Summer Assistant Swim Coach. Interested candidates may apply in person or send a resume to the Boys & Girls Club: Andrea Bergdoll, Salem Boys & Girls Club, 3 Geremonty Drive, Salem, NH 03079.

**THE ATTLEBORO BLUEFISH SWIM TEAM** is looking for an additional assistant swim coach. The team has recently grown to 100 swimmers ranging from developmental through seniors. We are looking for an enthusiastic person that has a knowledge of dry land programs and experience with 6--12 year old swimmers. Addition requirement is the desire to work hard to ensure the continued success of this team. Position available April 1995. Please send resume to: Attleboro Bluefish % Paul Mangili, PO Box 682, Attleboro, MA 02703.

**NEW ENGLAND SWIMMING  
1995 CHAMPIONSHIP AND CLASSIC MEET SCHEDULE**

**February 10-12, 1995**                      **Bronze Classic**  
 White Brook Middle School, Easthampton MA  
 Hosted by Easthampton Barracudas

**Entry Requirements:** Open to all swimmers aged 9 through 18 whose best time in an event is .01 slower than the Automatic Qualifying Time for District Championships. A swimmer entered in an event at District Championships with a Consideration Qualifying time may enter and swim the same event at Bronze Classic.

**Qualification for other Championship Meets:** Swimmers achieving NEW qualifying times for District Championships (either Automatic or Consideration) will be allowed to enter District Championships if space is available in their particular district. Bronze Classic swimmers already entered in District Championships may not upgrade their times based on their performance at Bronze Classic. Swimmers aged 9 and 10 may not qualify for Ten and Under Championships. Swimmers 11 and over may qualify for Age Group Championships or New England Senior Championships.

**February 17-19, 1995**                      **Ten and Under Championships \*\*\***  
 Dartmouth College, Hanover NH  
 Hosted by North Country Aquatic Club

**Entry Requirements:** Open to swimmers aged 9 and 10 or 8 and Under who have achieved the minimum qualifying times for Ten and Under Championships.

**Qualification for other Championship Meets:** Swimmers who "age up" to age 11 may enter New England Age Group Championships if they achieve the minimum qualifying times for the 11 - 12 age group.

**February 24-26, 1995**                      **District Championships**

District I	Dartmouth College, Hanover NH, Hosted by North Country Aquatic Club
District II	U. of Massachusetts, Boston MA, Hosted by New England Barracudas
District III	Keefe Technical School, Framingham MA, Hosted by Shawmut Aquatic Club
District IV	Mass. Maritime Academy, Buzzards Bay MA, Hosted by Cape Cod Swim Club

**Entry Requirements:** Open to swimmers aged 11 and older who have achieved the minimum Consideration Qualifying Time and faster. There is no maximum time or "cut-out" time. Swimmers with Automatic Qualifying Times will be guaranteed an opportunity to swim. We anticipate that most, if not all, swimmers entering with Consideration Qualifying Times will have the opportunity to swim at District Championships. If a particular session is oversubscribed, consideration swimmers may be cut by entry time, slowest to fastest, on a district by district basis.

**Qualification for other Championship Meets:** Swimmers aged 11 through 14 may qualify for Age Group Championships. Swimmers at District Championships may achieve qualifying times for NEW EVENTS ONLY at New England Seniors.

**NEW ENGLAND SWIMMING  
1995 CHAMPIONSHIP AND CLASSIC MEET SCHEDULE (continued)**

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**March 2-5, 1995**      **New England Senior Championships**  
Harvard University, Allston, MA  
Hosted by Mass Bay Marlins

**Entry Requirements:** Open to all swimmers who meet the minimum New England Senior Qualifying Time Standard in at least one event. A swimmer who has qualified in one event may enter one bonus event in which he/she has the Bonus Qualifying Time. A swimmer who has qualified in two events may enter two bonus events. A swimmer who has qualified in three events may enter three bonus events. No swimmer may enter more than three events with a Bonus Qualifying Time.

**Qualification for other Championship Meets:** Swimmers may qualify for both spring Junior Nationals East and for spring Senior Nationals.

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**March 9-12, 1995**      **New England Age Group Championships \*\*\***  
Boston College, Chestnut Hill, MA  
Hosted by New England Swimming and Boston College Swim Team

**Entry Requirements:** Open to swimmers aged 11 through 14 who have achieved the minimum Qualifying Time Standard for New England Age Group Championships.

**Qualification for other Championship Meets:** Swimmers may qualify for Junior Nationals East. If time permits, time trials will be offered for New England swimmers aged 15 to 18 who have achieved at least a New England Senior Championship Qualifying Time and are close to the Junior National Qualifying Time Standard. All time trials will be held at the conclusion of the evening finals session and at the discretion of the meet referee.

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**\*\*\* COMBINED TEAM SCORING \*\*\***  
**FOR**  
**TEN AND UNDER CHAMPIONSHIPS**  
**AND**  
**NEW ENGLAND AGE GROUP CHAMPIONSHIPS**

Team points scored at Ten and Under Championships will be combined with team points scored at Age Group Championships. Plaques for the top eight combined team scores will be presented after the Sunday evening session of Age Group Championships.

## RECORD BREAKING SWIMS -- NEW ENGLAND -- SHORT COURSE 1993-1994

NE: Best time achieved in New England by a USS registered swimmer.

RES: Best time achieved anywhere by a New England registered swimmer.

(In cases where an individual broke the same record more than once,  
only the fastest time is listed.)

\*denotes lead-off split

\*\*denotes time trial

<u>EVENT</u>	<u>RECORD</u>	<u>TIME</u>	<u>NAME</u>	<u>CLUB</u>	<u>MEET</u>	<u>DATE</u>
<u>Eight and Under Girls:</u>						
50 Free	NE/RES	30.08	Connie Brown	MVP	NCAC	12/93
100 Free	NE/RES	1:06.04	Connie Brown	MVP	NCAC	12/93
50 Back	NE/RES	35.26	Connie Brown	MVP	NCAC	12/93
50 Fly	NE/RES	32.02	Connie Brown	MVP	MVPS	11/93
<u>Eight and Under Boys:</u>						
50 Back	RES	36.69	Brian Fiske	HYST	10&U	2/94
<u>9 and 10 Girls:</u>						
50 Back	RES	31.17	Teresa McRann	UN	ZONE	3/94
<u>9 and 10 Boys:</u>						
200 Medley Relay	NE/RES	2:12.01	Attleboro Bluefish (Lawrence McGlaston, Casey Cronin, Joel Piggott, David Cooper)	ABF	10&U	2/94
	RES	2:13.48	Mass Bay Marlins (Niles Madison, Matthew Englehardt, Christian Kienzle, Justin Kissida)	MBM	10&U	2/94
400 Free Relay	NE/RES	4:22.32	Attleboro Bluefish (Lawrence McGlaston, Christopher Mance, Casey Cronin, David Cooper)	ABF	10&U	2/94
<u>11 and 12 Girls:</u>						
100 Back	RES	1:01.56	Maurisa Riley	BGSC	ZONE	3/94

Record Breaking Swims -- New England -- Short Course 1993-1994 (continued)

<u>EVENT</u>	<u>RECORD</u>	<u>TIME</u>	<u>NAME</u>	<u>CLUB</u>	<u>MEET</u>	<u>DATE</u>
<u>11 and 12 Boys:</u>						
100 Back	NE	1:00.26	Nick Brunelli	ABF	AG	3/94
<u>13 and 14 Girls:</u>						
400 IM	RES	4:24.96	Kristin Lozeau	GMSC	JO	3/94
<u>13 and 14 Boys:</u>						
400 Medley Relay	NE/RES	3:48.74	Mass Bay Marlins (Mike Dowling, Greg Bilton, Tomo Hagiya, Jon Kissida)	MBM	SR	3/94
800 Free Relay	NE/RES	7:20.51	Mass Bay Marlins (Mike Dowling, Greg Bilton, Tomo Hagiya, Jon Kissida)	MBM	SR	3/94
<u>15 to 18 Girls:</u>						
400 Free Relay	RES	3:30.01	Seacoast Swimming Assn. (Michelle Labrie, Lea Delicio, Elisa Lanciault, Jessica Tucker-Mohl)	SSA	SR	3/94
800 Free Relay	RES	7:33.77	Seacoast Swimming Assn. (Michelle Labrie, Caroline Palmer, Elisa Lanciault, Jessica Tucker-Mohl)	SSA	SR	3/94
<u>15 to 18 Boys:</u>						
400 Medley Relay	RES	3:26.15	Mass Bay Marlins (Tad Kremen, Carl Eriksson, Spencer Hawkins, Alex Kurmakov)	MBM	JO	3/94

**HELP WANTED****NEW ENGLAND RECORDS CHAIR AND NATIONAL TOP 16 TABULATOR**

**Duties:** Update New England Records after Short Course and Long Course Seasons. Also, report all Nationally Reportable Swims to US Swimming twice a year, at the conclusion of Short Course and Long Course Seasons.

**Benefits:** Records and Top 16 Chair receives all meet results, including Nationals, and a free copy of "Newetter Plus!"

**Requirements:** Must have an IBM compatible computer, 386 or better for National Top 16 tabulation and reporting. Software is provided.

**If interested, please call Mary Riddell at the New England Swimming Office.  
(617) 449-0270**

## RECORD BREAKING SWIMS -- NEW ENGLAND -- LONG COURSE 1993-1994

NE: Best time achieved in New England by a USS registered swimmer.

RES: Best time achieved anywhere by a New England registered swimmer.

(In cases where an individual broke the same record more than once,  
only the fastest time is listed.)

\*denotes lead-off split

\*\*denotes time trial

<u>EVENT</u>	<u>RECORD</u>	<u>TIME</u>	<u>NAME</u>	<u>CLUB</u>	<u>MEET</u>	<u>DATE</u>
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Eight and Under Boys:

50M Free	NE/RES	34.44	James Bailey	MBM	10&U	7/94
	NE/RES	34.52	Brian Fiske	HYST	10&U	7/94
100M Free	RES	1:16.30	Brian Fiske	HYST	10&U	7/94
50M Back	NE/RES	40.40	Brian Fiske	HYST	10&U	7/94
50M Breast	NE/RES	45.74	Brian Fiske	HYST	10&U	7/94

9 and 10 Girls:

50M Back	NE/RES	35.48	Teresa McRann	NEB	BAT	7/94
50M Fly	NE/RES	33.16	Connie Brown	MVP	10&U	7/94
50M Breast	RES	39.37	C.B. Fellows-Swenson	BENN	ZONE	8/94
100M Breast	RES	1:28.27	C.B. Fellows-Swenson	BENN	ZONE	8/94
200M Free Relay	NE/RES	2:16.21	Merrimack Valley Pirates (Suzy Wilson, Lindsay Girolamo, Meghan O'Connell, Connie Brown)	MVP	10&U	7/94

11 and 12 Boys:

100M Back	NE/RES	1:08.50	Nick Brunelli	MBM	AG	7/94
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## PROPOSED NEW ENGLAND SWIMMING LONG COURSE CALENDAR:

May 13 : Junior Distance Camp  
 13--14: Team Specialty Meet  
 20 : Distance Specialty  
 21: Sprint Meet/Pentathlon  
 26--28: "A" and Better Meet  
 June 2--4 : Team Specialty  
 3 : National Age Group Camp  
 9--11: Team Specialty  
 17 : Distance Specialty  
 17--18: 12 & under Mini-Meet  
 23--25: "BC" Meet  
 25: Distance Specialty  
 July 1--2 : Team Specialty  
 2 : Open Water Meet  
 7--9 : Age Group Qualifier  
 14--16: Ten & under Championships  
 14 : Distance Specialty  
 20--23: Senior Championships  
 21--23: "C" to Age Group Meet  
 27--30: Age Groups  
 August 5 : Open Water  
 July 31--  
 August 4 : Senior Nationals, Pasadena  
 8--12: Junior Nationals, Orlando

REQUEST FOR MEET:

DATE(S) of meet bid: \_\_\_\_\_

Please PRINT and fill in all information.

CLUB NAME: \_\_\_\_\_

MEET DIRECTOR: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

MEET you are bidding for: \_\_\_\_\_

DATE(S): 1st choice: \_\_\_\_\_ 2nd choice: \_\_\_\_\_ 3rd choice: \_\_\_\_\_

FACILITY: \_\_\_\_\_ LOCATION: \_\_\_\_\_

DEPTH OF POOL AT STARTING END: \_\_\_\_\_ TURNING END: \_\_\_\_\_

HEIGHT OF BLOCKS ABOVE WATER: \_\_\_\_\_

PARKING: \_\_\_\_\_ COST: \_\_\_\_\_

PERSON TO CONTACT TO DISCUSS BID: \_\_\_\_\_ PHONE: \_\_\_\_\_

Please send this form WITH A COMPLETE MEET INVITATION

to each of the following by TUESDAY, FEBRUARY 28, 1995

## CALENDAR CHAIRMAN

Ken Cunha  
 33 Ronald Road  
 Sudbury, MA 01776

## TECHNICAL CHAIRMAN

Ann Murray  
 831 Shirley Street  
 Winthrop, MA 02152-2519

## SANCTION CHAIRMAN

Isabelle Fraser  
 125 Franklin Street  
 Longmeadow, MA 01106

SEED CARDS: Seed Cards are available through the New England Office. The cost for plain cards is \$22 per thousand, including mailing. If the cards are picked up in Needham, the cost is \$19 per thousand. There is no minimum, and the cards may be split any way between boys and girls.

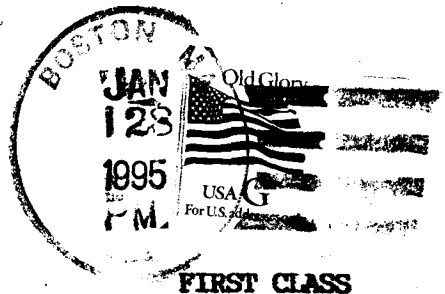
If you want initials on the cards, the price for 1,000 cards is \$31, including mailing. If the cards are picked up in Needham, the cost is \$28. If you want 2,000 or more cards with initials, the cost is \$26 per thousand, including mailing, or \$23 per thousand if the cards are picked up in Needham. The minimum order for cards with initials is 1,000 cards.

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NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to NEWSLETTER PLUS. Subscriptions may be ordered through the New England Office for \$10 per year. Clubs do not have an expiration date on their labels since all registered clubs receive one free subscription with their registrations.



United States Swimming  
New England  
20 Cleveland Road Needham, MA 02192



Chris & Amy Danchik  
1520 Preston, Apt. 313  
Plano, TX 75093  
1/15

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# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

FEBRUARY 1995

IN THIS ISSUE: USS TOP 16 TIMES & APPLICATION FORM; 1995 NE TEAMS; NE COACHES MEETING...

At the last meeting of the Board of New England Swimming, **PAM WARNER** was appointed USS TOP 16 TABULATOR and NES RECORDS CHAIRMAN. Our thanks to **ANNE HANKINS** who has retired from this position after many years of hard and accurate work.

**TEN AND UNDER CHAMPIONSHIPS:** Thank you to the parents from NCAC (and the timers and officials from other teams) who worked so hard to make Ten & under Championships a huge success for all the swimmers. The meet featured many fast swims including **16 record breaking swims!**

- 8 & under: **BRIAN FISKE** MVP: 25 free, 50 free, 100 free, 25 back, 50 back, 50 fly
- 9 & 10 : **CONNIE BROWN** MVP: 100 back, 50 fly, 100 fly
- STEPHANIE CHANG** PSC: 100 IM, 200 IM
- PAIGE CRIMMIN** HYST: 50 free, 100 free, 50 back
- LINDSAY PHILLIPS** LEVI: 50 back

**BGSC 400 FREE RELAY (CALEB WORKMAN, DEREK CASTELLANO, SEAN RILEY, CHRISTIAN WARNER)**

### INDIVIDUAL HIGH POINT AWARDS:

#### 8 & under:

- |                       |      |                   |      |
|-----------------------|------|-------------------|------|
| 1. ELIZABETH ARIAZI   | PYST | 1. JEFF WILGA     | EB   |
| MARY BAZYLEWICZ       | BYS  | 2. BRIAN FISKE    | MVP  |
| 3. KAITLYN ROACH      | RST  | 3. P H BIGGS      | BGSC |
| 4. ELIZABETH DEMERS   | ANA  | DREW PALMIERI     | MEM  |
| 5. CAITLYN FLYNN      | HYV  | 5. THOMAS BAILEY  | MEM  |
| 6. EMILY HERRINGTON   | BENB | 6. KYLE BARTO     | BYS  |
| 7. DILLON DELANEY     | CCSC | 7. DAVID WEINBAUM | WHR  |
| 8. KRISTA PERRY-LABOE | LAW  | 8. DEREK YEE      | UN   |

#### 9 & 10:

- |                     |      |                      |      |
|---------------------|------|----------------------|------|
| 1. STEPHANIE CHANG  | PSC  | 1. CHRISTIAN WARNER  | BGSC |
| 2. CONNIE BROWN     | MVP  | 2. DAVID ROLLINS     | BYD  |
| 3. PAIGE CRIMMIN    | HYST | 3. SEAN RILEY        | BGSC |
| 4. LINDSAY PHILLIPS | LEVI | 4. DEREK CASTELLANA  | BGSC |
| 5. SUSIE WILSON     | MVP  | 5. JOEL PIGGOTT      | ABF  |
| 6. BETH LOPEZ       | NEB  | 6. CHRISTIAN KIENZLE | MEM  |
| 7. ANNIE GOLDSTEIN  | BSC  | 7. BRIAN PORTER      | UN   |
| 8. JAMIE FINKELMAN  | BSC  | 8. JUSTIN MARCY      | NCAC |

The Board of New England Swimming will not meet in March, 1995.



## CLUBS REGISTERED WITH NEW ENGLAND SWIMMING, FEBRUARY 1995:

**ATTLEBORO BLUEFISH**

Lou Gambale  
255 Pratt Street  
Mansfield, MA 02048

ABF

**NANTUCKET DOLPHINS SWIM**

Hank Varona **TEAM**  
10 Surfside Road  
Nantucket, MA 02125

ACK

**AQUAMAIDS/AQUAMEN OF WOR-**

Paul Parenteau **COACH**  
128 Brookline Street  
Worcester, MA 01603

AMW

**ANDOVER-NO. ANDOVER YMCA**

Paul Getchell  
165 Haverhill Street  
Andover, MA 01810

ANA

**AMHERST TRITONS SWIM TEAM**

Ellen Carey  
32 Old Town Road  
Amherst, MA 01002

ATST

**BELMONT AQUATICS**

Kate Shea  
50 Hill Road  
Belmont, MA 02178

BAT

**BOYS CLUB OF NASHUA**

Ed McLaughlin  
47 Grand Avenue  
Nashua, NH 03060

BCN

**BENNINGTON MARAUDERS**

Nancy Leake  
Woodford Road HCR 65  
Bennington, VT 05201

BENN

**BERNAL'S GATOR SWIM CLUB**

Karen Almiuff  
3 Longspur Road  
Chelmsford, MA 01824

BGSC

**BRUIN SWIM CLUB**

Dan Flack  
Box 1874 Brown U.  
Providence, RI 02912

BSC

**BELCHERTOWN STINGRAYS**

Gloria Gould  
25 Sherwood Drive  
Belchertown, MA 01007

BSST

**BURLINGTON YMCA DYNAMOS**

Danita Polorny  
266 College Street  
Burlington, VT 05401

BYD

**BEVERLY YMCA SWIMMING**

Dan Warner  
71 Middle Street  
Gloucester, MA 01930

BYS

**CUMBERLAND AREA SWIM TEAM**

Sue Livesey  
PO Box 7668  
Cumberland, RI 02864

CAST

**CEDARDALE BASS SWIMMING**

Barb Toohey  
931 Boston Road  
Haverhill, MA 01835

CBS

**CARTER COMMUNITY BLD,**

Sandy Hudnor **SW. FISH**  
CCBA 1 Taylor Street  
Lebanon, NH 03766

CCBS

**CAPE COD SWIM CLUB**

Marc Solomon  
PO Box 966  
Pocasset, MA 02559

CCSC

**CHICOPEE AMBERJACKS**

Michelle Lambert  
30 Fuller Street  
Chicopee, MA 01020-3990

CHA

**CUMBERLAND-LINCOLN PEN-**

Beverly A. Bloomer **GUINS**  
PO Box 7505  
Cumberland, RI 02861

CLBC

**CONCORD YMCA SAILFISH**

Janet Levy  
5 Spaulding Street  
Concord, NH 03301

CONY

**CENTRAL VERMONT WAVEMAKERS**

Gisele Richard  
12 Roberts Street  
Montpelier, VT 05602

CVM

**DIVERSIFIED AQUATICS REN-**

Reid Christen **EGADES**  
145 Ash Street  
Waltham, MA 02154

DARE

**DANVERS YMCA DOLPHINS**

Barbara E. Damon  
25 Central Avenue  
Danvers, MA 01923

DYP

**EASTHAMPTON BARRACUDAS**

Brenda M. Levine  
PO Box 97  
Southampton, MA 01073

EB

**EAST BAY AQUATIC CLUB**

John S. Gorham  
101 Holland Avenue  
Riverside, RI 02915

EBAC

**EAST BRIDGEMATER YMCA**

Karen Forrest **STINGRAYS**  
82 Mayflower Road  
Hanson, MA 02341

EBYS

**THE EDGE SWIM TEAM**

Susan Aguilar  
4 Gauthier Drive  
Essex Junction, VT, 05452

EDGE

## CLUBS REGISTERED WITH NEW ENGLAND SWIMMING, FEBRUARY 1995 (continued):

**EASTON MARLINS**

Michael Fogaren  
42 Peterson Road  
Easton, MA 02375  
EM

**EXETER SWIM TEAM**

Carol Powers  
PO Box 766  
Exeter, NH 03833  
EST

**FORGE HILL FAMILY YMCA**

Ann Lang  
45 Forge Hill Drive  
Franklin, MA 02038  
DOLPHINS  
FHY

**FALL RIVER YMCA**

Donna Reid  
FRYMCA 199 No. Main  
Fall River, MA 02720  
FRY

**GREATER BOSTON SWIM CLUB**

Steven M. Callander  
12 Alban Street  
Dorchester, MA 02124  
GBSC

**GREENWOOD MEMORIAL SWIM CLUB**

Don Lemieux  
69 Park Street  
Gardner, MA 01440  
GMSC

**GREATER NEW BEDFORD YMCA**

George Rodrigues, Jr.  
1355 Old Fall River Rd.  
No. Dartmouth, MA 02747  
GNBY

**HANSCOM SEAHAWKS**

Kelly Kemp  
6 Nellis Terrace  
Hanscom AFB, MA 01731  
HAFB

**HARVARD SWIMMING**

Michael A. Chasson  
60 John F. Kennedy St.  
Cambridge, MA 02138  
HARV

**HOCKOMOCK YMCA SWIM TEAM**

David Schultz  
300 Elmwood Street  
No. Attleboro, MA 02760  
HAY

**HAMPSHIRE REGIONAL PARENTS SWIM TEAM**

Sharon Ryder  
132 Sugar Hill Road  
Williamsburg, MA 01096  
HRST

**HAMPSHIRE REGIONAL YMCA**

Carla Soutra  
286 Prospect Street  
Northampton, MA 01060  
HRY

**HOGAN SPORT CENTER**

Lisa Lacombe  
Colby Sawyer, 100 Main  
New London, NH 03257  
HSC

**HAVERHILL YMCA**

William Ferranti  
PO Box 961  
Haverhill, MA 01831  
HYST

**HOLYOKE YMCA VIKINGS**

Susan Cassidy  
171 Pine Street  
Holyoke, MA 01040  
HYV

**LEVIATHAN AQUATICS**

R. Tucker Gilman  
8 Victor Place  
Rutland, VT 05701  
LEVI

**LOWELL BOYS CLUB**

Richard C. Dion  
657 Middlesex Street  
Lowell, MA 01851  
LOBC

**LAKES REGION WAVEMAKERS**

Cindy J. Cole  
240 Sheridan Street  
Laconia, NH 03246  
LRW

**MASSACHUSETTS BAY MARLINS**

Michael Chasson  
PO Box 383048  
Cambridge, MA 02238  
MBM

**MELROSE YMCA SWIM TEAM**

Lois Cakounes  
14 Hayden Road  
Saugus, MA 01906  
MELY

**MIDDLEBURY SWIM TEAM**

Mary St. Peter  
PO Box 325  
Middlebury, VT 05753  
MST

**MANCHESTER SUNFISH SWIM TEAM**

Molly Whitcomb  
76 Lowell Street  
Manchester, NH 03101  
MSSC

**MARBLEHEAD/SWAMPSCOTT YMCA**

Colleen Van Arsdale  
104 Pleasant Street  
Marblehead, MA 01945  
MSY

**MERRIMACK VALLEY PIRATES**

Dena LeMoine  
706 Foster Street  
No. Andover, MA 01845  
MVP

**MIDDLEBORO YMCA SEA DEVILS**

Christine Ginn  
Box 1363  
Middleboro, MA 02346  
MYSB

**NASHUA YMCA**

Greg Derderian  
17 Prospect Street  
Nashua, NH 03060  
NASY

**NEW BEDFORD YMCA AQUARIANS**

Trix Whalen  
66 Spring Street  
New Bedford, MA 02740  
NBW

## CLUBS REGISTERED WITH NEW ENGLAND SWIMMING, FEBRUARY 1995 (continued):

**NORTH COUNTRY AQUATIC CLUB**  
Marlyn Vasil  
PO Box 601  
Hanover, NH 03755  
NCAC

**NORTH SHORE PIRANHAS**  
Julian Villegas  
JCC 4 Community Road  
Marblehead, MA 01945  
NSP

**NEW WAVE SWIM CLUB**  
Linda Vezina  
PO Box 524  
Lowell, MA 01852  
NWSC

**OYSTER RIVER OTTERS**  
Sandy Blitzer  
61 Canney Road  
Durham, NH 03824  
ORO

**PORTSMOUTH SWIM TEAM**  
Theresa Lyndes  
30 Toftree Lane  
Dover, NH 03820  
PST

**PETERBOROUGH SWIM TEAM**  
Charles Lewis  
PO Box 1834  
Hillsboro, NH 03244  
PWST

**ROWELL'S RAIDERS SWIM CLUB**  
Mickey Rowell  
130½ East Broadway  
Derry, NH 03038  
RRSC

**SOUTH COUNTY FALCONS**  
Bill Meier  
PO Box 651  
Monterey, MA 01245  
SCF

**SEACOAST SWIMMING ASSOC.**  
Mike Parratto  
14 Back Road  
Dover, NH 03820  
SSA

**NEW ENGLAND BARRACUDAS**  
Alan Barry  
1075 Washington Street  
West Newton, MA 02165  
NEB

**NORWOOD STING RAYS**  
Alice Kane-Welch  
246 Sunnyside Road  
Norwood, MA 02062  
NSR

**OLD COLONY YMCA**  
Bob Leonard  
465 Main Street  
Brockton, MA 02401  
OCY

**PROVIDENCE AQUATIC CLUB**  
John O'Neill  
28 Quincy Street  
Providence, RI 02908  
PAC

**PITTSFIELD BOYS/GIRLS CLUB**  
Lisa Walton  
16 Melville Street  
Pittsfield, MA 01201  
PTBC

**PITTSFIELD YMCA SWIM TEAM**  
John O'Neill  
1 Rockwood Drive  
Pittsfield, MA 01201  
PWT

**RAIDERS SWIM TEAM**  
Shirley Barber  
35 Chauncy Street  
Westboro, MA 01581  
RST

**SEEKONK DOLPHINS**  
Ellis Mayers  
Seekonk High School  
Seekonk, MA 02771  
SD

**SANDWICH STING RAYS**  
Kimberly Watson Rd.  
365 Quaker Meeting House  
E. Sandwich, MA 02537-  
SSR 1321

**NEWPORT NAVY BLUES**  
Christine Hague  
Camp Varnum  
Narragansett, RI  
NNB 02882

**NORTH SUBURBAN YMCA VI-KINGS**  
Anthony Cerrato  
45 Walnut Street  
Arlington, MA 02174  
NSYV

**HAMPSHIRE REGIONAL SWIM ORCA**  
Matt Chenier  
20 Fairfield Street  
Holyoke, MA 01040  
ORCA

**PATRIOT SWIM CLUB**  
Jeff Johnson  
158 Jamestown Road  
Leominster, MA 01453  
PSC

**PIONEER VALLEY AQUATIC CLUB**  
Isabelle Gansow  
125 South Main Road  
Longmeadow, MA 01106  
PVAC

**RRI SWIM CLUB**  
Barbara Crowder  
190 West Meadow Lane  
Worcester, RI 02879  
RRI

**SERENITY AQUATIC CLUB**  
Patricia Sampson  
50 Mill Street Apt. 6  
Woburn, MA 01801  
SAC

**STERLING SWIMMERS**  
Doris T. Florig  
RR1 Box 6125  
Morrisville, VT 05661  
SS

**SEVEN SEAS SWIM CLUB**  
Richard Cheney  
PO Box 692  
Medford, MA 02153  
SSSC

CLUBS REGISTERED WITH NEW ENGLAND SWIMMING, FEBRUARY 1995 (continued):

**SALEM SWIM TEAM**

John Dickerson  
3 Geremonty Drive  
Salem, NH 03079

**SST**

**TWIN OAKS SWIM CLUB**

Randi Nehring  
75 Farrell Street  
So. Burlington, VT 05403

**TOST**

**TRITON AQUATIC CLUB**

Debra Faulconer  
38 Catherine Drive  
Northborough, MA 01532

**TRAC**

**TRI-Y SWIM CLUB**

Jackie Woolhouse  
43 Everett Street  
Southbridge, MA 01550

**TRIY**

**VALLEY GATOR SWIM CLUB**

Marj Adams  
328 Rockingham Hill Rd.  
Bellows Falls, VT 05101

**VGST**

**WORCESTER AQUATIC CLUB**

Nancy Palmer  
125 Providence Street  
Worcester, MA 01604

**WAC**

**WORCESTER ACADEMY SWIMMING**

Barbara Gould  
81 Providence Street  
Worcester, MA 01604

**WAS**

**EAST PROVIDENCE TIDAL WAVE**

Laurea Pansa  
PO Box 14611  
E. Providence, RI 02914

**WAVE**

**WHITINSVILLE BLUE DOLPHINS**

Whitin C. Center  
60 Main Street  
Whitinsville, MA 01588

**WHD**

**WORCESTER SWIM CLUB**

Sue Mulcahy  
64 Old Faith Road  
Shrewsbury, MA 01545

**WSC**

**WEDGEWOOD WATER RATS**

Janet Mara  
225½ Elm Street  
Montpelier, VT 05601

**WWR**

**WESTFIELD YMCA SWIM TEAM**

Chris White  
67 Court Street  
Westfield, MA 01085

**WYST**

**YMCA of the SOUTH SHORE**

Darlene McGrath  
45 Truman Drive  
Randolph, MA 02368

**YSS**

\*\*\*\*\*  
\* NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL \*  
\* 20 Cleveland Road \*  
\* Needham, MA 02192 \*  
\* 617-449-0270 \*  
\* \* FAX 617-449-7903 \*  
\* OFFICE HOURS: Monday : 8 a.m.—2 p.m.; 7:30 p.m.—10 p.m. \*  
\* Thursday: 8 a.m.—2 p.m. \*  
\* \* Please do not send registration by FAX; registration is not \*  
\* possible without payment of the registration fee. \*  
\*\*\*\*\*

**TEN & UNDER CHAMPIONSHIPS:**

**NOTE:** Team scores from Ten & under Championships will be combined with the team scores from Age Group Championships, and team high point awards will be presented at the end of Age Group Championships.



# 1995 National Age Group Reportable Times

## Short Course - Girls

Event	10 & U	11 - 12	13 - 14	15 - 16	17 - 18
50 Free	:27.79	:25.59	:24.49	:24.09	:24.19
100 Free	1:00.79	:55.29	:52.79	:52.09	:52.19
200 Free	2:11.79	1:59.59	1:53.89	1:52.39	1:51.99
500 Free		5:18.09	5:02.39	4:57.79	4:57.79
1000 Free			10:26.39	10:15.69	10:15.99
1650 Free			17:25.89	17:09.59	17:12.99
50 Back	:31.69	:29.19			
100 Back	1:08.99	1:02.09	:58.89	:57.69	:57.99
200 Back			2:06.29	2:04.09	2:04.99
50 Breast	:35.79	:32.39			
100 Breast	1:17.99	1:09.69	1:06.69	1:05.59	1:05.69
200 Breast			2:23.99	2:21.69	2:22.19
50 Fly	:30.29	:27.79			
100 Fly	1:08.39	1:01.29	:58.29	:57.49	:57.69
200 Fly			2:07.39	2:05.99	2:06.19
100 I.M.	1:09.09	1:02.89			
200 I.M.	2:28.89	2:14.89	2:08.79	2:07.19	2:06.89
400 I.M.			4:31.29	4:27.39	4:28.89
200 Free Relay	1:58.39	1:46.19	1:42.49	1:43.59	1:52.99
400 Free Relay		3:52.99	3:42.99	3:42.59	3:55.99
800 Free Relay			8:04.79	8:07.99	8:29.99
200 Medley Relay	2:13.39	1:59.49	1:55.69	1:56.59	2:06.99
400 Medley Relay		4:22.59	4:06.89	4:08.29	4:28.99

## National Age Group Reportable Times

### Short Course - Boys

Event	10 & U	11 - 12	13 - 14	15 - 16	17 - 18
50 Free	:27.49	:24.49	:22.49	:21.49	:21.09
100 Free	:59.99	:53.39	:48.99	:46.79	:45.69
200 Free	2:10.39	1:56.19	1:46.59	1:42.99	1:40.29
500 Free		5:11.69	4:47.39	4:35.99	4:31.19
1000 Free			9:56.49	9:32.89	9:23.99
1650 Free			16:40.09	15:57.99	15:48.99
50 Back	:31.59	:28.39			
100 Back	1:08.29	1:00.79	:55.29	:52.59	:51.49
200 Back			1:59.09	1:53.59	1:51.19
50 Breast	:35.79	:31.19			
100 Breast	1:17.99	1:07.89	1:01.49	:59.19	:57.69
200 Breast			2:14.29	2:08.39	2:05.19
50 Fly	:30.19	:26.99			
100 Fly	1:07.89	:59.79	:54.19	:51.59	:50.49
200 Fly			2:00.89	1:54.99	1:51.99
100 I.M.	1:09.19	1:01.29			
200 I.M.	2:28.19	2:11.59	2:00.69	1:55.29	1:52.59
400 I.M.			4:16.59	4:06.19	4:01.59
200 Free Relay	1:57.19	1:44.79	1:35.99	1:33.69	1:31.99
400 Free Relay		3:53.39	3:27.79	3:23.09	3:12.99
800 Free Relay			7:44.09	7:29.29	7:08.99
200 Medley Relay	2:13.89	1:57.49	1:46.89	1:44.79	1:43.09
400 Medley Relay		4:21.69	3:51.79	3:45.99	3:36.99

## 1995 National Age Group Reportable Times

### Long Course - Girls

Event	10 & U	11 - 12	13 - 14	15 - 16	17 - 18
50 Free	:31.29	:28.89	:27.79	:27.49	:27.29
100 Free	1:08.59	1:02.69	1:00.39	:59.49	:59.29
200 Free	2:29.99	2:14.89	2:10.19	2:07.49	2:06.99
400 Free		4:43.69	4:32.69	4:25.99	4:26.99
800 Free			9:21.99	9:08.99	9:06.99
1500 Free			17:56.99	17:27.99	17:28.99
50 Back	:36.19	:33.39			
100 Back	1:18.49	1:11.09	1:08.39	1:06.89	1:06.39
200 Back			2:26.09	2:21.59	2:22.09
50 Breast	:40.59	:36.69			
100 Breast	1:29.09	1:20.09	1:16.89	1:15.29	1:15.59
200 Breast			2:46.29	2:42.39	2:41.99
50 Fly	:34.29	:31.19			
100 Fly	1:17.69	1:09.19	1:05.99	1:04.69	1:04.99
200 Fly			2:25.79	2:21.09	2:20.99
200 I.M.	2:48.09	2:33.09	2:27.39	2:24.39	2:23.99
400 I.M.			5:10.79	5:04.09	5:02.99
200 Free Relay	2:16.99	2:01.89	1:57.19	1:58.49	2:04.99
400 Free Relay		4:28.49	4:14.69	4:13.99	4:20.29
800 Free Relay			9:17.29	9:19.99	9:29.99
200 Medley Relay	2:33.59	2:17.39	2:11.89	2:13.99	2:15.99
400 Medley Relay		5:01.59	4:44.39	4:46.99	4:51.99

## National Age Group Reportable Times

### Long Course - Boys

Event	10 & U	11 - 12	13 - 14	15 - 16	17 - 18
50 Free	:31.19	:27.99	:25.79	:24.89	:24.19
100 Free	1:08.49	1:01.19	:56.29	:54.19	:52.99
200 Free	2:27.69	2:12.69	2:02.29	1:58.09	1:55.09
400 Free		4:39.09	4:19.29	4:09.99	4:04.19
800 Free			9:01.79	8:36.39	8:29.99
1500 Free			17:12.09	16:26.59	16:18.99
50 Back	:36.49	:32.49			
100 Back	1:19.39	1:10.29	1:04.39	1:01.29	:59.89
200 Back			2:17.89	2:11.89	2:09.09
50 Breast	:40.99	:35.79			
100 Breast	1:29.69	1:19.09	1:11.39	1:08.99	1:06.99
200 Breast			2:35.49	2:29.29	2:24.79
50 Fly	:34.09	:30.59			
100 Fly	1:16.89	1:08.29	1:01.69	:58.79	:57.39
200 Fly			2:17.99	2:10.49	2:06.99
200 I.M.	2:47.69	2:30.39	2:18.39	2:14.49	2:09.99
400 I.M.			4:54.59	4:43.49	4:35.99
200 Free Relay	2:15.99	2:00.59	1:49.99	1:46.99	1:45.99
400 Free Relay		4:29.99	3:58.99	3:53.99	3:42.69
800 Free Relay			8:54.99	8:35.99	8:15.99
200 Medley Relay	2:33.29	2:16.69	2:02.99	2:02.99	1:58.99
400 Medley Relay		5:04.39	4:29.99	4:20.39	4:09.99



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

MARCH 1995

**IN THIS ISSUE:** 1995 NATIONAL AGE GROUP TIMES; NE BLUE RIBBON DISTANCE CAMP INFO & APPLICATION; RESULTS OF NE AGE GROUP & SENIOR CHAMPIONSHIPS; NE SWIMMERS AT SENIOR NATIONALS; "SHORT COURSE" & "LONG COURSE".....

**COMING IN THE NEXT ISSUE:** NEW ENGLAND 1995 LONG COURSE CALENDAR  
USS AGE GROUP CAMP INFO & APPLICATION

#### CHAMPIONSHIP PINS:

The Championship Pins have arrived! Pins for swimmers at Ten and under Championships and Age Group Championships will be sent to each team (with a list of those swimmers who were included on each roster). Please be sure that the pins are given to the appropriate swimmers. The Senior pins will be saved for the summer. If a swimmer was at short course Seniors but will not be swimming this summer, he/she may contact the office and a pin will be sent to the swimmer.

#### AGE GROUP CHAMPIONSHIPS:

New England Swimming would like to thank Boston College and Tom Groden for running Age Group Championships in their facility. We also would like to thank the parents and coaches who attended for their cooperation in dealing with the problem of inadequate seating for everyone who would have liked to have been a spectator at the meet. Our thanks also to **ANNE HAWKINS**, Age Group Chairman, and **FRANK CHING**, Referee, and to the parents who volunteers to time, officiate and help out in other ways. Without the parents who willingly contributed their time, there would have been no meet for the Age Group swimmers. Special thanks to: **DENIS and KERRY CARVALHO, MARIELLA ALLARD, MIKELA MADISON and FRAN COLETTIS**. We could not have done it without you!!!

**THANK YOU** to the New England Swimming community for your concern, support and patience during the recent illness and death of my mother. I appreciate all your kindnesses.

*Mary Keddell*

The Board of New England Swimming will meet on Monday, April 10, 1995 at 7 pm at the Nashua Country Club, Nashua, NH.

## AGE GROUP CHAMPIONSHIPS:

CONGRATULATIONS to the swimmers who participated in AGE GROUP CHAMPIONSHIPS  
and to the following HIGH POINT WINNERS:

## 11 and 12:

1. KRISTIN LANDRY	GMSC	1. NATHAN BAGNASCHI	BGSC
2. MELISSA LAGUE	HYST	2. CARLTON CRONIN	HYST
3. ELIZABETH MURRAY	UN	3. NATE VANZELFDE	ANA
4. TERESA MCRANN	YSS	4. P J SANTORO	MEM
5. JULIA CIAMPA	BGSC	5. JEREMY TILLMAN	WYST
6. MARIELE VENA	NEB	6. JUSTIN MORTIMER	SSA
7. ASHLEY MARLENGA	UN	7. BOBBY CROWDER	RAMS
8. JESSICA LOONEY	YSS	8. JUSTIN WELCH	BYS

## 13 and 14:

1. KRISTY MARTIN	GMSC	1. KEVIN RILEY	BGSC
2. SAMANTHA ARSENAULT	BYS	2. KEVIN CURRY	BYS
3. KATE MOODY	GMSC	3. BRENDAN LARACY	GMSC
4. LAUREN TRACY	BGSC	4. BRIAN DONOVAN	PVAC
CHANTAL MENARD	BGSC	5. MARK MOSKAL	HYST
6. ABBY BRETHAUER	MSSC	6. TIM GALE	PVAC
7. KIM ERCOLANI	BYS	7. DAVID PAUL	GMSC
8. AMY BLUME	SSA	TOMMY KEANE	MEM

## TEAM HIGHPOINT (combined points, Age Groups and 10 &amp; under championships):

1. BERNAL'S GATOR SWIM CLUB
2. MASSACHUSETTS BAY MARLINS
3. BEVERLY YMCA SWIMMING
4. GREENWOOD MEMORIAL SWIM CLUB
5. NEW ENGLAND BARRACUDAS
6. MERRIMACK VALLEY PIRATES
7. SEACOAST SWIMMING ASSOCIATION
8. HAVERHILL YMCA SWIM TEAM



## HELP WANTED

**ASSISTANT COACH** needed for Patriot Swim Club. Call Jeff Johnson during the day at 508-534-7595.

**ASSISTANT HEAD COACH** for 1995--1996 season, September--March. Marblehead/Swampscott YMCA and USS team with swimmers ages 7--17. Please send resume listing experience and certifications to Susan Guertin, Coach and Aquatics Director, Marblehead/Swampscott YMCA, 104 Pleasant Street, Marblehead, MA 01945. 617-631-0870.

## NEW ENGLAND SENIOR CHAMPIONSHIPS:

CONGRATULATIONS to the swimmers who participated in SENIOR CHAMPIONSHIPS  
and to the following HIGH POINT WINNERS:

1. JESSICA TUCKER-MOHL	SSA	1. DENIS SIRRINGHAUS	BGSC
2. KRISTIN LOZEAU	GMSC	2. JOE SHEEHAN	MEM
3. KIRSTIN NAGLE	SSA	3. CHUCK BARNES	MEM
4. SUE TRAINER	BGSC	4. SEAN JONES	MEM
5. AMANDA HALL	BGSC	DAVE GREEN	HYST
6. KARRI CHARPENTIER	GMSC	6. JON QUIMBY	MEM
7. ANNA CHRISTIANSEN	HYST	7. JOHN NEWLAND	MVP
8. KERRIANNE KALEKO	BGSC	8. CHRIS BLONGIEWICZ	MVP

## TEAM HIGHPOINT:

1. BERNAL'S GATOR SWIM CLUB
2. MASSACHUSETTS BAY MARLINS
3. SEACOAST SWIMMING ASSOCIATION
4. GREENWOOD MEMORIAL SWIM CLUB
5. BRUIN SWIM CLUB
6. HAVERHILL YMCA SWIM TEAM
7. MERRIMACK VALLEY PIRATES
8. NEW ENGLAND BARRACUDAS



## TEAM MAILINGS:

Teams that are members of New England Swimming receive a subscription to our newsletter, Newsletter Plus and also receive a copy of all the meet invitations sent out by New England teams for calendar meets. (The New England office sends a set of printed labels, hopefully up-to-date, of all currently registered teams to each team running a meet.)

In response to several requests, the Board of New England Swimming at its February meeting voted to allow teams (or individuals) to be part of a subscription service for a second address for a registered team (or a first address for a non-New England team or individual).

For a fee of \$50 per year, a team or individual will receive a subscription to Newsletter Plus and also will have their address added to the list of labels which is sent out to the teams running meets. This means that the team will receive a copy of all meet entries at the same time that the New England registered teams receive their copies. Teams or individuals that do not want this service may continue to phone the contact person for individual meets and request that an entry be sent to them.

If you wish to be added to the mailing list for summer meets, please send your request (and \$50 fee) immediately so your address may be added to the mailing list.

**A NOTE TO FACILITATORS:** SAVE THE DATE—MAY 20, 1995, a meeting for all Facilitators at Frank Ching's office.

**TEN & UNDER CHAMPIONSHIPS:**

**ADDITIONAL RECORD-BREAKING SWIMS:** These record-breaking swims were omitted in the February Newsletter Plus:

9 & 10 GIRLS: **STEPHANIE CHANG** PSC: 100 breaststroke  
**MVP GIRLS** : 200 medley relay (MEGHAN O'CONNELL,  
**ERICA DOUVAJIAN, SUZIE WILSON, CONNIE BROWN**)  
 200 free relay (SUZIE WILSON,  
**CHRISTINA CASELLE, MEGHAN O'CONNELL, CONNIE BROWN**)

**SENIOR NATIONAL CHAMPIONSHIPS:**

**CONGRATULATIONS** to the following swimmers who represented New England at the Phillips 66 Senior National Championships at the University of Minnesota, March 14--18, 1995.

**Swimming in FINALS:**

<b>JESSICA TUCKER-MOHL</b>	<b>SSA</b>	<b>DENIS SIRRINGHAUS</b>	<b>BGSC</b>
<b>LAWRENCE FROSTAD</b>	<b>BGSC</b>		

**Swimming in CONSOLATIONS:**

<b>SUE TRAINER</b>	<b>BGSC</b>	<b>ED WAGNER</b>	<b>MEM</b>
<b>CAROLINE PALMER</b>	<b>SSA</b>	<b>DAVID ALPERT</b>	<b>HARV</b>
<b>KRISTIN LOZEAU</b>	<b>GMSC</b>	<b>ROB ANAGNOSON</b>	<b>HARV</b>

**Swimming in INDIVIDUAL EVENTS:**

<b>KATINA MAISTRELLIS</b>	<b>BGSC</b>	<b>KARL SCHEER</b>	<b>HARV</b>
<b>AMANDA HALL</b>	<b>BGSC</b>	<b>JEFF MARKS</b>	<b>HARV</b>
<b>COLEEN LYNCH</b>	<b>PAC</b>	<b>SCOTT PETERSON</b>	<b>HARV</b>
<b>ALLISON VENDT</b>	<b>MEM</b>	<b>JOSH ADAM</b>	<b>HARV</b>

**RELAY only swimmers:**

**HARV:** GREG MONE  
**BGSC:** JEN SCHMID, DANIELLE PELUSO, MELISSA SESSOMS

**Male "COMEBACK SWIMMER OF THE MEET":** LAWRENCE FROSTAD (BGSC)

**Men's HIGHPOINT:** 7th place: DENIS SIRRINGHAUS (BGSC)

**Team HIGHPOINT:** Women: eighth place: BGSC  
 Men: sixth place: BGSC  
 Combined: fifth place: BGSC

9/22/94

1995 NATIONAL AGE GROUP TIMES  
LONG COURSE-METERS

B Min	BB Min	A Min	AA Min	AAA Min	AAAA Min	AAAA Min	AAA Min	AA Min	A Min	BB Min	B Min	
<b>GIRLS 10 &amp; U</b>						<b>BOYS 10 &amp; U</b>						
45.29	40.89	36.49	35.09	33.59	32.19	50 M FREESTYLE	32.09	33.49	34.89	36.29	40.39	44.49
1:43.99	1:32.99	1:21.89	1:18.19	1:14.49	1:10.79	100 M FREESTYLE	1:10.19	1:13.69	1:17.19	1:20.59	1:31.09	1:41.59
3:50.39	3:25.09	2:59.89	2:51.49	2:43.09	2:34.69	200 M FREESTYLE	2:30.89	2:38.09	2:45.29	2:52.39	3:13.99	3:35.49
55.99-	49.89-	43.69-	41.69-	39.59-	37.59-	50 M BACKSTROKE	37.99	40.09	42.19	44.29	50.59	56.89
2:02.79	1:49.09	1:35.49	1:30.99	1:26.39	1:21.89	100 M BACKSTROKE	1:21.39	1:25.49	1:29.69	1:33.79	1:46.29	1:58.69
1:02.49	55.69	48.99	46.69	44.49	42.19	50 M BREASTSTROKE	42.09	44.29	46.49	48.69	55.29	1:01.89
2:19.19	2:03.69	1:48.29	1:43.09	1:37.99	1:32.89	100 M BREASTSTROKE	1:32.19	1:36.79	1:41.39	1:45.99	1:59.79	2:13.59
55.09-	48.59-	42.09-	39.89-	37.79-	35.59-	50 M BUTTERFLY	35.09	36.99	38.99	40.99	46.99	52.89
2:13.69	1:56.19	1:38.69	1:32.89	1:26.99	1:21.19	100 M BUTTERFLY	1:20.39	1:25.99	1:31.59	1:37.19	1:53.99	2:10.79
4:15.39-	3:48.69-	3:21.89	3:12.89-	3:03.99	2:55.09	200 M IND. MEDLEY	2:52.99	3:01.69	3:10.29	3:18.89	3:44.79	4:10.69
<b>GIRLS 11-12</b>						<b>BOYS 11-12</b>						
39.39	36.69	33.99	32.59	31.19	29.89	50 M FREESTYLE	28.89	30.29	31.69	33.09	35.79	38.59
1:26.79	1:20.59	1:14.39	1:11.29	1:08.19	1:05.09	100 M FREESTYLE	1:03.19	1:06.19	1:09.19	1:12.19	1:18.19	1:24.19
3:06.39	2:52.99	2:39.69	2:33.09	2:26.39	2:19.79	200 M FREESTYLE	2:16.99-	2:23.49-	2:29.99-	2:36.49-	2:49.59-	3:02.59-
6:27.79	6:00.09	5:32.39	5:18.49	5:04.69	4:50.79	400 M FREESTYLE	4:49.59	5:03.29	5:17.09	5:30.89	5:58.49	6:26.09
45.69-	42.49-	39.19-	37.59-	35.89-	34.29-	50 M BACKSTROKE	33.89	35.69	37.49	39.19	42.79	46.29
1:42.59-	1:34.49-	1:26.39-	1:22.39-	1:18.29-	1:14.29-	100 M BACKSTROKE	1:13.19	1:17.19	1:21.19	1:25.19	1:33.09	1:41.09
50.59	46.99	43.39	41.59	39.79	37.99	50 M BREASTSTROKE	37.29	39.39	41.39	43.39	47.49	51.49
1:52.29	1:43.99	1:35.69	1:31.59	1:27.39	1:23.29	100 M BREASTSTROKE	1:21.29	1:25.49	1:29.79	1:33.99	1:42.49	1:50.99
43.09	39.99	36.89	35.39	33.79	32.29	50 M BUTTERFLY	31.59	33.29	35.09	36.79	40.29	43.79
1:39.99-	1:31.99-	1:24.09-	1:20.09-	1:16.09-	1:12.09-	100 M BUTTERFLY	1:10.69-	1:14.79-	1:18.89-	1:22.89-	1:31.09-	1:39.19-
3:31.59-	3:16.49-	3:01.39-	2:53.79-	2:46.29-	2:38.69-	200 M IND. MEDLEY	2:36.49-	2:44.49-	2:52.49-	3:00.49-	3:16.39-	3:32.39-
<b>GIRLS 13-14</b>						<b>BOYS 13-14</b>						
38.49	35.69	32.99	31.59	30.19	28.89	50 M FREESTYLE	26.79-	28.09-	29.39	30.69	33.19-	35.79
1:23.29	1:17.29	1:11.39	1:08.39	1:05.39	1:02.49	100 M FREESTYLE	58.29-	1:01.09-	1:03.89-	1:06.59-	1:12.19-	1:17.69-
2:57.99	2:45.29	2:32.59	2:26.29	2:19.89	2:13.49	200 M FREESTYLE	2:07.09-	2:13.09-	2:19.19-	2:25.19-	2:37.29-	2:49.39-
6:09.39	5:42.99	5:16.69	5:03.49	4:50.29	4:37.09	400 M FREESTYLE	4:27.99	4:40.69	4:53.49	5:06.29	5:31.79	5:57.29
12:36.79	11:42.79	10:48.69	10:21.69	9:54.59	9:27.59	800 M FREESTYLE	9:12.39	9:38.69	10:05.09	10:31.39	11:23.99	12:16.59
24:06.39	22:23.09	20:39.79	19:48.19	18:56.49	18:04.79	1500 M FREESTYLE	17:42.59	18:33.19	19:23.79	20:14.39	21:55.59	23:36.79
1:34.09	1:27.39	1:20.69	1:17.29	1:13.89	1:10.59	100 M BACKSTROKE	1:06.29	1:09.49	1:12.59	1:15.79	1:22.09	1:28.39
3:21.69	3:07.29	2:52.89	2:45.69	2:38.49	2:31.29	200 M BACKSTROKE	2:22.79	2:29.59	2:36.39	2:43.19	2:56.79	3:10.39
1:45.29	1:37.79	1:30.29	1:26.49	1:22.79	1:18.99	100 M BREASTSTROKE	1:13.39	1:16.89	1:20.39	1:23.89	1:30.89	1:37.89
3:48.29	3:31.99	3:15.69	3:07.49	2:59.39	2:51.19	200 M BREASTSTROKE	2:39.59-	2:47.19-	2:54.79-	3:02.39-	3:17.59-	3:32.79-
1:30.79	1:24.29	1:17.79	1:14.59	1:11.29	1:08.09	100 M BUTTERFLY	1:03.69	1:06.69	1:09.79	1:12.79	1:18.79	1:24.89
3:17.79	3:03.69	2:49.59	2:42.49	2:35.39	2:28.39	200 M BUTTERFLY	2:21.79	2:28.49	2:35.29	2:41.99	2:55.49	3:08.99
3:24.19-	3:09.59-	2:55.09-	2:47.79-	2:40.49-	2:33.19-	200 M IND. MEDLEY	2:24.19	2:31.09	2:37.89	2:44.79	2:58.49	3:12.29
7:08.49	6:37.89	6:07.29	5:51.99	5:36.69	5:21.39	400 M IND. MEDLEY	5:04.99	5:19.49	5:34.09	5:48.59	6:17.59	6:46.69
<b>GIRLS 15-16</b>						<b>BOYS 15-16</b>						
37.79	35.09	32.39	30.99	29.69	28.29	50 M FREESTYLE	25.69	26.89	28.19	29.39	31.79	34.29
1:21.99	1:16.09	1:10.29	1:07.39	1:04.39	1:01.49	100 M FREESTYLE	56.19	58.89	1:01.49	1:04.19	1:09.49	1:14.89
2:54.29	2:41.89	2:29.39	2:23.19	2:16.99	2:10.79	200 M FREESTYLE	2:01.89	2:07.69	2:13.49	2:19.29	2:30.89	2:42.49
6:05.19	5:39.09	5:13.09	4:59.99	4:46.99	4:33.89	400 M FREESTYLE	4:16.69	4:28.89	4:41.09	4:53.29	5:17.79	5:42.19
12:28.89	11:35.39	10:41.89	10:15.19	9:48.39	9:21.69	800 M FREESTYLE	8:49.09	9:14.29	9:39.49	10:04.59	10:54.99	11:45.39
23:53.19	22:10.79	20:28.49	19:37.29	18:46.09	17:54.89	1500 M FREESTYLE	16:57.59	17:46.09	18:34.49	19:22.99	20:59.89	22:36.79
1:31.79-	1:25.29-	1:18.69-	1:15.39-	1:12.19-	1:08.89-	100 M BACKSTROKE	1:02.99	1:05.99	1:08.99	1:11.99	1:17.99	1:23.99
3:16.29	3:02.29	2:48.29	2:41.29	2:34.29	2:27.29	200 M BACKSTROKE	2:15.59	2:21.99	2:28.49	2:34.89	2:47.79	3:00.69
1:43.79	1:36.39	1:28.99	1:25.29	1:21.59	1:17.89	100 M BREASTSTROKE	1:10.49	1:13.89	1:17.19	1:20.59	1:27.29	1:33.99
3:42.19	3:26.39	3:10.49	3:02.59	2:54.59	2:46.69	200 M BREASTSTROKE	2:32.59	2:39.79	2:47.09	2:54.39	3:08.89	3:23.39
1:28.89	1:22.59	1:16.19	1:13.09	1:09.89	1:06.69	100 M BUTTERFLY	1:00.79	1:03.59-	1:06.49-	1:09.39	1:15.19	1:20.99
3:12.89	2:59.09	2:45.39	2:38.49	2:31.59	2:24.69	200 M BUTTERFLY	2:14.49	2:20.89	2:27.29	2:33.69	2:46.49	2:59.29
3:18.39	3:04.19	2:49.99	2:42.99	2:35.89	2:28.79	200 M IND. MEDLEY	2:17.99	2:24.59	2:31.09	2:37.69	2:50.79	3:03.99
7:00.19	6:30.19	6:00.19	5:45.19	5:30.19	5:15.19	400 M IND. MEDLEY	4:53.19	5:07.09	5:21.09	5:34.99	6:02.99	6:30.89
<b>GIRLS 17-18</b>						<b>BOYS 17-18</b>						
37.89	35.19	32.49	31.09	29.79	28.39	50 M FREESTYLE	25.09	26.29	27.49	28.69	31.09	33.49
1:20.69	1:14.99	1:09.19	1:06.29	1:03.39	1:00.59	100 M FREESTYLE	54.89	57.49	1:00.09	1:02.69	1:07.99	1:13.19
2:54.09	2:41.59	2:29.19	2:22.99	2:16.79	2:10.59	200 M FREESTYLE	1:59.29	2:04.99	2:10.59	2:16.29	2:27.69	2:38.99
6:00.99	5:35.19	5:09.39	4:56.49	4:43.59	4:30.69	400 M FREESTYLE	4:12.29	4:24.39	4:36.39	4:48.39	5:12.39	5:36.39
12:22.79	11:29.69	10:36.69	10:10.09	9:43.59	9:17.09	800 M FREESTYLE	8:44.19	9:09.19	9:34.09	9:59.09	10:48.99	11:38.89
23:39.89	21:58.49	20:17.09	19:26.39	18:35.69	17:44.99	1500 M FREESTYLE	16:38.19	17:25.69	18:13.29	19:00.79	20:35.89	22:10.89
1:31.59	1:24.99	1:18.49	1:15.19	1:11.89	1:08.69	100 M BACKSTROKE	1:01.79	1:04.79	1:07.69	1:10.59	1:16.49	1:22.39
3:15.29	3:01.39	2:47.39	2:40.39	2:33.49	2:26.49	200 M BACKSTROKE	2:13.09	2:19.49	2:25.79	2:32.09	2:44.79	2:57.49
1:43.29	1:35.99	1:28.59	1:24.89	1:21.19	1:17.49	100 M BREASTSTROKE	1:08.59	1:11.89	1:15.19	1:18.39	1:24.99	1:31.49
3:42.49	3:26.59	3:10.69	3:02.79	2:54.79	2:46.89	200 M BREASTSTROKE	2:29.29	2:36.39	2:43.49	2:50.59	3:04.79	3:18.99
1:27.99	1:21.69	1:15.39	1:12.29	1:09.09	1:05.99	100 M BUTTERFLY	58.89	1:01.69	1:04.49	1:07.29	1:12.89	1:18.49
3:09.49	2:55.89	2:42.39	2:35.59	2:28.89	2:22.09	200 M BUTTERFLY	2:10.89	2:17.09	2:23.29	2:29.49	2:41.99	2:54.49
3:17.99	3:03.89	2:49.69	2:42.69	2:35.59	2:28.49	200 M IND. MEDLEY	2:14.99	2:21.39	2:27.79	2:34.29	2:47.09	2:59.99
6:56.49	6:26.79	5:56.99	5:42.09	5:27.29	5:12.39	400 M IND. MEDLEY	4:44.79	4:58.39	5:11.99	5:25.49	5:52.59	6:19.79

9/22/94

1995 NATIONAL AGE GROUP TIMES  
SHORT COURSE-YARDS

B Min	BB Min	A Min	AA Min	AAA Min	AAAA Min	AAAA Min	AAA Min	AA Min	A Min	BB Min	B Min	
<b>GIRLS 10 &amp; U</b>						<b>BOYS 10 &amp; U</b>						
40.39	36.49	32.59	31.29	29.99	28.69	50 Y FREESTYLE	28.29	29.49	30.69	31.89	35.59	39.19
1:31.99	1:22.19	1:12.39	1:09.09	1:05.89	1:02.59	100 Y FREESTYLE	1:01.49	1:04.59	1:07.69	1:10.79	1:19.99	1:29.19
3:20.19	2:58.29	2:36.39	2:29.09	2:21.79	2:14.39	200 Y FREESTYLE	2:12.99	2:19.29	2:25.59	2:31.89	2:50.89	3:09.89
49.89-	44.39-	38.99-	37.09-	35.29-	33.49-	50 Y BACKSTROKE	33.39	35.19	37.09	38.89	44.49	49.99
1:48.19	1:36.19	1:24.19	1:20.19	1:16.19	1:12.19	100 Y BACKSTROKE	1:11.59-	1:15.29-	1:18.89-	1:22.59-	1:33.59-	1:44.49-
54.89	48.99	43.09	41.09	39.09	37.19	50 Y BREASTSTROKE	36.69	38.59	40.59	42.49	48.19	53.89
2:01.99	1:48.49	1:34.89	1:30.39	1:25.89	1:21.39	100 Y BREASTSTROKE	1:20.89	1:24.99	1:28.99	1:33.09	1:45.19	1:57.29
48.79	42.99	37.29	35.29	33.39	31.49	50 Y BUTTERFLY	31.39	33.19	34.89	36.69	41.99	47.29
1:57.49	1:42.09	1:26.69	1:21.59	1:16.49	1:11.29	100 Y BUTTERFLY	1:10.89	1:15.89	1:20.79	1:25.69	1:40.59	1:55.39
1:45.69-	1:34.49-	1:23.19-	1:19.49-	1:15.69-	1:11.99-	100 Y IND. MEDLEY	1:11.79	1:15.19	1:18.59	1:22.09	1:32.29	1:42.59
3:44.99-	3:21.39-	2:57.79-	2:49.99-	2:42.09-	2:34.19-	200 Y IND. MEDLEY	2:32.49	2:40.09	2:47.69	2:55.29	3:18.09	3:40.89
<b>GIRLS 11-12</b>						<b>BOYS 11-12</b>						
34.69	32.29	29.89	28.69	27.49	26.29	50 Y FREESTYLE	25.29	26.49	27.69	28.89	31.29	33.69
1:16.19	1:10.79	1:05.29	1:02.59	99.89	97.19	100 Y FREESTYLE	55.29	57.89	1:00.59	1:03.19	1:08.49	1:13.69
2:43.49	2:31.79	2:20.19	2:14.29	2:08.49	2:02.59	200 Y FREESTYLE	2:00.19	2:05.89	2:11.59	2:17.29	2:28.79	2:40.19
7:10.89	6:40.09	6:09.29	5:53.89	5:38.49	5:23.19	500 Y FREESTYLE	5:20.29	5:35.49	5:50.79	6:05.99	6:36.49	7:06.99
40.29-	37.39-	34.49-	33.09-	31.69-	30.19-	50 Y BACKSTROKE	29.49	30.99	32.49	34.09	37.09	40.19
1:29.39-	1:22.39-	1:15.29-	1:11.79-	1:08.29-	1:04.79-	100 Y BACKSTROKE	1:03.29	1:06.69	1:10.09	1:13.59	1:20.49	1:27.29
44.89	41.69	38.49	36.89	35.29	33.69	50 Y BREASTSTROKE	32.29-	34.09-	35.79-	37.59-	41.09-	44.59-
1:37.79-	1:30.59-	1:23.29-	1:19.69-	1:16.09-	1:12.49-	100 Y BREASTSTROKE	1:10.59-	1:14.29-	1:17.99-	1:21.59-	1:28.99-	1:36.29-
38.19-	35.39-	32.69-	31.39-	29.99-	28.59-	50 Y BUTTERFLY	27.79	29.39	30.89	32.39	35.49	38.59
1:28.19	1:21.09	1:14.09	1:10.59	1:07.09	1:03.49	100 Y BUTTERFLY	1:01.79	1:05.39	1:08.99	1:12.49	1:19.69	1:26.79
1:27.19-	1:20.99-	1:14.69-	1:11.59-	1:08.49-	1:05.39-	100 Y IND. MEDLEY	1:03.49-	1:06.59-	1:09.69-	1:12.79-	1:18.99-	1:25.19-
3:06.69-	2:53.29-	2:39.99-	2:33.29-	2:26.69-	2:19.99-	200 Y IND. MEDLEY	2:17.29	2:24.29	2:31.29	2:38.29	2:52.29	3:06.29
<b>GIRLS 13-14</b>						<b>BOYS 13-14</b>						
33.69	31.29	28.89	27.69	26.49	25.29	50 Y FREESTYLE	23.29-	24.39-	25.49-	26.59-	28.79-	31.09-
1:13.09	1:07.79	1:02.59	99.99	97.39	94.79	100 Y FREESTYLE	50.79-	53.19-	55.69-	58.09-	1:02.89-	1:07.69-
2:36.59	2:25.39	2:14.19	2:08.99	2:02.99	1:57.49	200 Y FREESTYLE	1:50.79	1:56.09	2:01.39	2:06.69	2:17.19	2:27.79
6:51.79	6:22.39	5:52.99	5:38.29	5:23.59	5:08.79	500 Y FREESTYLE	4:58.59	5:12.79	5:26.99	5:41.19	6:09.59	6:38.09
14:08.89	13:08.29	12:07.69	11:37.29	11:06.99	10:36.69	1000 Y FREESTYLE	10:16.59	10:45.89	11:15.29	11:44.69	12:43.39	13:42.09
23:34.19	21:53.19	20:12.19	19:21.69	18:31.19	17:40.69	1650 Y FREESTYLE	17:11.99	18:01.19	18:50.29	19:39.49	21:17.79	22:55.99
1:21.59	1:15.79	1:09.99	1:06.99	1:04.09	1:01.19	100 Y BACKSTROKE	57.79	1:00.59	1:03.29	1:06.09	1:11.59	1:17.09
2:54.99-	2:42.49-	2:29.99-	2:23.79-	2:17.49-	2:11.29-	100 Y BACKSTROKE	2:04.59	2:10.49	2:16.39	2:22.29	2:34.19	2:46.09
1:31.79	1:25.29	1:18.69	1:15.39	1:12.09	1:08.89	200 Y BREASTSTROKE	1:04.09	1:07.09	1:10.19	1:13.19	1:19.29	1:25.39
3:17.39-	3:03.29-	2:49.19-	2:42.19-	2:35.09-	2:28.09-	200 Y BREASTSTROKE	2:19.29-	2:25.99-	2:32.59-	2:39.19-	2:52.49-	3:05.79-
1:19.79	1:14.09	1:08.39	1:05.59	1:02.69	99.89	100 Y BUTTERFLY	56.29	58.99	1:01.69	1:04.39	1:09.69	1:15.09
2:53.39	2:40.99	2:28.59	2:22.39	2:16.29	2:10.09	200 Y BUTTERFLY	2:04.89	2:10.79	2:16.69	2:22.69	2:34.59	2:46.49
2:58.79	2:45.99	2:33.29	2:26.89	2:20.49	2:14.09	200 Y IND. MEDLEY	2:04.69	2:10.59	2:16.59	2:22.49	2:34.39	2:46.19
6:16.39	5:49.49	5:22.59	5:09.19	4:55.69	4:42.29	400 Y IND. MEDLEY	4:26.19-	4:38.89-	4:51.59-	5:04.29-	5:29.59-	5:54.99-
<b>GIRLS 15-16</b>						<b>BOYS 15-16</b>						
33.09	30.69	28.39	27.19	25.99	24.79	50 Y FREESTYLE	22.29	23.39	24.49	25.49	27.59	29.79
1:11.99	1:06.89	1:01.69	99.09	96.59	93.99	100 Y FREESTYLE	48.49	50.79	53.09	55.39	59.99	1:04.59
2:34.59	2:23.49	2:12.49	2:06.99	2:01.49	1:55.89	200 Y FREESTYLE	1:45.69	1:50.69	1:55.79	2:00.79	2:10.89	2:20.89
6:48.29	6:19.09	5:49.99	5:35.39	5:20.79	5:06.19	500 Y FREESTYLE	4:44.59	4:58.19	5:11.69	5:25.29	5:52.39	6:19.49
13:55.19	12:55.49	11:55.89	11:26.09	10:56.19	10:26.39	1000 Y FREESTYLE	9:48.19	10:16.19	10:44.19	11:12.19	12:08.19	13:04.19
23:18.79	21:38.89	19:58.99	19:08.99	18:19.09	17:29.09	1650 Y FREESTYLE	16:26.99	17:13.99	18:00.99	18:47.99	20:21.99	21:55.99
1:20.09-	1:14.29-	1:08.59-	1:05.79-	1:02.89-	1:00.09-	100 Y BACKSTROKE	54.69	57.29	59.89	1:02.49	1:07.69	1:12.89
2:51.39-	2:39.19-	2:26.89-	2:20.79-	2:14.69-	2:08.59-	200 Y BACKSTROKE	1:57.99	2:03.59	2:09.19	2:14.89	2:26.09	2:37.29
1:30.59-	1:24.09-	1:17.69-	1:14.39-	1:11.19-	1:07.99-	100 Y BREASTSTROKE	1:01.19	1:04.09	1:06.99	1:09.89	1:15.69	1:21.49
3:14.79-	3:00.89-	2:46.99-	2:40.09-	2:33.09-	2:26.09-	200 Y BREASTSTROKE	2:13.29	2:19.59	2:25.99	2:32.29	2:44.99	2:57.69
1:18.89	1:13.29	1:07.59	1:04.79	1:01.99	99.19	100 Y BUTTERFLY	53.19	55.69	58.29	1:00.79	1:05.89	1:10.89
2:51.79	2:39.59	2:27.29	2:21.19	2:14.99	2:08.89	200 Y BUTTERFLY	1:58.09	2:03.69	2:09.29	2:14.99	2:26.19	2:37.39
2:55.39	2:42.89	2:30.39	2:24.09	2:17.79	2:11.59	200 Y IND. MEDLEY	1:59.59-	2:05.29-	2:10.89-	2:16.59-	2:27.99-	2:39.39-
6:09.89	5:43.39	5:16.99	5:03.79	4:50.59	4:37.39	400 Y IND. MEDLEY	4:16.09	4:28.29	4:40.49	4:52.69	5:17.09	5:41.39
<b>GIRLS 17-18</b>						<b>BOYS 17-18</b>						
33.29	30.89	28.59	27.39	26.19	24.99	50 Y FREESTYLE	21.89	22.89-	23.99	24.99	27.09	29.19
1:10.89	1:05.79	1:00.79	98.19	95.69	93.19	100 Y FREESTYLE	47.59	49.79	52.09	54.39	58.89	1:03.39
2:32.79	2:21.79	2:10.89	2:05.49	1:59.99	1:54.59	200 Y FREESTYLE	1:43.49	1:48.49	1:53.39	1:58.29	2:08.19	2:17.99
6:44.19	6:15.29	5:46.49	5:31.99	5:17.59	5:03.19	500 Y FREESTYLE	4:37.99	4:51.19	5:04.49	5:17.69	5:44.19	6:10.59
13:52.69	12:53.19	11:53.69	11:23.99	10:54.29	10:24.49	1000 Y FREESTYLE	9:40.89	10:08.49	10:36.19	11:03.89	11:59.19	12:54.49
23:06.19	21:27.19	19:48.19	18:58.69	18:09.19	17:19.69	1650 Y FREESTYLE	16:08.79	16:54.89	17:41.09	18:27.19	19:59.49	21:31.69
1:20.09	1:14.39	1:08.69	1:05.79	1:02.99	1:00.09	100 Y BACKSTROKE	53.49	55.99	58.49	1:01.09	1:06.19	1:11.29
2:51.89	2:39.59	2:27.39	2:21.19	2:15.09	2:08.89	200 Y BACKSTROKE	1:55.39-	2:00.89-	2:06.39-	2:11.89-	2:22.89-	2:33.89-
1:30.29	1:23.79	1:17.39	1:14.09	1:10.89	1:07.69	100 Y BREASTSTROKE	59.79	1:02.69	1:05.49	1:08.39	1:14.09	1:19.79
3:13.49	2:59.69	2:45.89	2:38.89	2:31.99	2:25.09	200 Y BREASTSTROKE	2:10.29	2:16.49	2:22.69	2:28.89	2:41.29	2:53.69
1:18.59	1:12.99	1:07.39	1:04.49	1:01.69	98.89	100 Y BUTTERFLY	51.99	54.39	56.89	59.39	1:04.29	1:09.29
2:48.19	2:36.19	2:24.19	2:18.19	2:12.19	2:06.19	200 Y BUTTERFLY	1:53.39	1:58.79	2:04.19	2:09.59	2:20.39	2:31.19
2:54.59	2:42.09	2:29.69	2:23.39	2:17.19	2:10.99	200 Y IND. MEDLEY	1:56.19	2:01.69	2:07.19	2:12.69	2:23.79	2:34.89
6:09.49	5:43.09	5:16.69	5:03.49	4:50.29	4:37.09	400 Y IND. MEDLEY	4:07.69	4:19.49	4:31.29	4:43.09	5:06.69	5:30.29



**"SHORT COURSE," "LONG COURSE," WHAT'S WHAT?**

"Short course" pools are 25-yard pools; "long course" pools are 50-meter pools.

During "short course" season (usually September through March), most meets are in "short course" pools. During "long course" season (usually April through August), we try to have most meets in "long course" pools. This is a problem in New England, however, since we do not have many "long course" pools, especially indoor ones. In addition to "short course" pools (25-yard) and "long course" pools (50-meter), there are some "short course meter" pools (25-meter).

For "Top Ten" purposes, "Short Course Top Ten" times may be obtained in "short course" meets held from June 1 through the following May 31. "Long Course Top Ten" times may be obtained in "long course" meets held from October 1 through September 30 of the following year. "Short course meter" times are not used for Top Ten purposes.

Most New England meets are entered with short course yard times; a few meets in the summer ask for long course meter times. New England championship time standards usually include short course yard and long course meter standards. New England allows short course meter (25-meter) times to be converted (multiply by .9049 to convert to yards) to enter meets.

As you might expect, most of the rest of the world swims in meters. Because of this, USS is encouraging more swimming in meter pools, which means that more national meets (even those held in what was traditionally "short course" season) are being held in meter pools. Some meets at the LSC level are also held in meter pools during the traditional "short course" season.

**"LSC"?**

USS (United States Swimming) is divided into 59 LSC's (Local Swimming Committees). NE (New England) is one of the LSC's. NE (New England) is also part of the Eastern Zone, one of 4 zones in USS.

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 \*  
 \* **NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL** \*  
 \* 20 Cleveland Road \*  
 \* Needham, MA 02192 \*  
 \* 617-449-0270 \*  
 \* \* FAX 617-449-7903 \*  
 \* OFFICE HOURS: Monday : 8 a.m.—2 p.m.; 7:30 p.m.—10 p.m. \*  
 \* Thursday: 8 a.m.—2 p.m. \*  
 \* \* Please do not send registration by FAX; registration is not \*  
 \* possible without payment of the registration fee. \*  
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UNITED STATES SWIMMING  
BLUE RIBBON DISTANCE CAMP



United States Swimming and New England Swimming will be sponsoring a Blue Ribbon Distance Camp for New England Swimmers ages 10 through 14 on May 13, 1995 at Clark University, Worcester, MA (tentative location). It is expected that 25 boys and 25 girls will attend the camp.

OBJECTIVES: Objectives are to enhance physical and psychological development for the individual participant and to promote distance swimming.

The following are GOALS that relate to these objectives:

1. Retention of athletes at a critical age: boys and girls 10--14.
2. Leadership and the transfer of information by each participant back to the home club, thus spreading the effectiveness of the camp.
3. To promote educational awareness of the USS national program.
4. Provide a national team training experience and raise the level of expectation for each participating swimmer.
5. Collection of data on developing athletes that will be evaluated by ICAR, for future development and improvement of USS programs.
6. Improvement of swimmer's self image.
7. Promote loyalty to swimmer's home club and strengthen their home coaches' image.
8. Provide an opportunity for education, observation, communication and motivation to coaches.
9. Educate swimming parents about their role in their child's success.

DEPOSIT: A deposit of \$10 is to be sent to the camp director by May 1, 1995 to reserve a spot in the camp. Make checks payable to New England Swimming and mail to: Amy Parratto, 14 Back Road, Dover, NH 03820.

REGISTRATION: Registration will be Saturday, May 13, 1995 at 9 am at the Clark University pool (tentative location). Please eat breakfast before you come.

COST: The total cost will be \$20, including the deposit. This includes a cap, tee shirt and the use of the facilities. Swimmers should bring their own lunches, drinks will be provided.

CAMP STAFF: Camp Director : Amy Parratto, SSA  
Assistant Director: Kevin Salisbury, AFB  
Head Coach : Carlton Cronin, HYST  
Assistant Coaches : Isabelle Fraser, PVAC  
Jay Craft, MBM  
Jill Comeau, GMSC

CAMP CONCLUSION: The camp will conclude at 5 pm on May 13, 1995.

MEDICAL FORM AND ADDITIONAL INFORMATION: will be sent to each camper when the camper is accepted. In the case of too many applications, campers will be selected according to times.

PARENTS' MEETING: Tentatively, there will be a parents' meeting at 4 pm.

APPLICATION REQUIREMENTS: Please list the most current times for the 200 free, 500 free, 1000 free, 1650 free and 400 IM. If you are 10 years or you have not swum an event, your coach should estimate a time. Please \* all estimated times.



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

APRIL 1995

IN THIS ISSUE: NE LONG COURSE CALENDAR; NE LONG COURSE TIME STANDARDS FOR SENIOR, AGE GROUP & TEN and under CHAMPIONSHIPS; APPLICATION FOR NATIONAL AGE GROUP CAMP; SUMMER ZONES; REIMBURSEMENT CHANGE; ATHLETE NOTICE....

COMING AS SOON AS RESULTS ARE RECEIVED: NE SWIMMERS AT JUNIOR NATIONALS  
NE SWIMMERS AT ZONES

#### NATIONAL AGE GROUP CAMPS:

- May 13** : **USS BLUE RIBBON DISTANCE CAMP**, Clark University, Worcester, MA, ages 10--14, applications which were in the March Newsletter Plus are due by May 1, 1995.
- June 3-4** : **USS NATIONAL AGE GROUP CAMP**, Clark University, Worcester, MA, ages 11--14, applications (in this newsletter) are due by May 26, 1995. Complete information on this camp will be sent to all clubs shortly (or call the office). Coaches who are interested in working at the camp should call Amy Parratto at 603-749-2869.

#### LONG COURSE ZONE MEET:

Because of declining interest in the summer long course zone meet on the part of New England coaches and swimmers, the Board of New England Swimming voted at the April Board meeting not to participate in the summer zone meet. No New England swimmers will be able to attend the zone meet this summer.

This was not an easy decision, and we realize that some interested swimmers will have to miss a valuable experience. We hope that New England will participate in zone meets in the future. To this end, a committee will be formed to investigate methods of increasing interest and support for the New England zone team. If you would like to help the committee or have some suggestions for the committee, please contact either Isabelle Fraser (413-567-2239) or Carol Mitchell (617-665-7439).

The Board of New England Swimming is tentatively scheduled to meet on Monday, May 15, 1995 at the Wellesley Community Center, Wellesley, MA. Please note the change of date to the third Monday of the month, and please call the office to verify the date and site before you attend.

UNITED STATES SWIMMING  
National Age Group Camp



ATHLETE APPLICATION

Name:	Male	Female	
Street Address:			
City, State & Zip:			
Phone:			
LSC:			
Date of birth:		Age:	
USS Registration #:			
Club Name:			
Club Coach:		Phone:	
Street Address:			
City, State & Zip:			
MEDICAL AND/OR DIETARY CONSIDERATIONS:			
<u>Event</u>	<u>Times</u>	<u>Event</u>	<u>Times</u>
<b>*Please note if these times are in yards or meters.</b>			
I attest to the best of my knowledge that these times are correct:			
_____ SIGNATURE CLUB COACH			
Will your parents be attending the parents meeting?		YES	NO
Please return to: AMY PARRATTO 14 Back Road Dover, NH 03820  Applications must be received by May 26, 1995			

## NEW ENGLAND SWIMMING, LONG COURSE CALENDAR—1995:

## May

- 19--21: **CAPE COD SWIM CLUB TEAM SPECIALTY**, Mass Maritime Academy, Buzzards Bay, MA (25 yards) Jim Murphy  
508-759-3298
- ✓ 20 : **MASS BAY MARLINS DISTANCE SPECIALTY MEET**, Blodgett Swimming Center, Harvard University, Cambridge, MA (50 meters) Mikela Madison  
617-894-3063
- 20--21: **HAVERHILL YMCA DISTANCE SPECIALTY/PENTATHLON MEET** Haverhill HS, Haverhill, MA (25 yard) Paul Memont  
508-373-7094
- 26--28: **PIONEER VALLEY AQUATIC CLUB "A" & BETTER MEET** Springfield College, Springfield, MA (50 meter) Isabelle Fraser  
413-567-2239
- 27--28: **CUMBERLAND AREA SWIM CLUB TEAM SPECIALTY MEET** McDermott Pool, Warwick, RI (50 meter) Dennis Carvahlo  
401-723-2466

## June

- 2--4 : **BROWN UNIVERSITY SWIMMING TEAM SPECIALTY MEET**, Smith Swimming Center, Brown University, Providence, RI (TENTATIVE MEET) Kathleen Milloy  
401-863-1188
- ✓ 10 : **SEACOAST SWIMMING ASSOCIATION DISTANCE MEET** Guppy Park, Dover, NH (50 meter) Bruce Mohl  
603-808-7249
- 10 : **HAMPSHIRE REGIONAL SWIM CLUB PENTATHLON**, Dalton Pool, Smith College, Northampton, MA (25 yard) Sharon Ryder  
413-296-4056  
Matt Chenier  
413-536-8399
- 11 : **SEACOAST SWIMMING ASSOCIATION SPECIALTY MEET** Guppy Park, Dover, NH (50 meter) Bruce Mohl  
603-808-7249
- 17 : **MASS MAY MARLINS DISTANCE SPECIALTY MEET**, Blodgett Swimming Center, Harvard University, Cambridge, MA (50 meters) Mikela Madison  
617-894-3063
- ✓ 17 : **PIONEER VALLEY AQUATIC CLUB DISTANCE SPECIALTY** Springfield College, Springfield, MA (50 meter) Isabelle Fraser  
413-567-2239
- 17--18: **GREENWOOD MEMORIAL SWIM CLUB 12 & under SPECIALTY** Greenwood Memorial Pool, Gardner, MA (25 yards) Peter Grimes  
508-537-2104
- 24--25: **CUMBERLAND AREA SWIM CLUB TEAM SPECIALTY MEET** McDermott Pool, Warwick, RI (50 meters) Dennis Carvahlo  
401-723-2466
- 25 : **SHAMMUT AQUATIC CLUB SPRINT SPECIALTY MEET** University of Connecticut, Storrs, CT (50 meter) Mariella Allard  
508-655-7012
- 25 : **SEACOAST SWIMMING ASSOCIATION SPECIALTY MEET** Guppy Park, Dover, NH (50 meters) Bruce Mohl  
603-808-7249

## July

- 1--2 : **MANCHESTER SUNFISH SWIM CLUB TEAM SPECIALTY MEET** Raco Pool, Manchester, NH (50 meters) Elliot Lasky  
603-888-5557
- 7--9 : **SEACOAST SWIMMING ASSOCIATION AGE GROUP/SENIOR QUALIFIER**, Guppy Park, Dover, NH (50 meters) Bruce Mohl  
603-808-7249
- 14--16: **OLD COLONY YMCA LAST CHANCE QUALIFIER** Brockton, MA (am's only) (50 meters) Richard Lawler  
508-238-1669

**NEW ENGLAND SWIMMING, LONG COURSE CALENDAR--1995 (continued):**

**July**

- 14--16: **TEN & UNDER CHAMPIONSHIPS, PIONEER VALLEY AQUATIC CLUB**, Springfield College, Springfield, MA (50 meter) (8 & under, 9--10 age groups) Isabelle Fraser 413-567-2239
- 14 : **HANSCOM SEAHAWKS 1500 MEET**, Hanscom AFB, Bedford, MA (50 meters) Kelly Kemp 617-274-0635
- 15 : **HANSCOM SEAHAWKS SPRINT SPECIALTY MEET**, Hanscom AFB, Bedford, MA (50 meters) Kelly Kemp 617-274-0635
- 20--23: **NEW ENGLAND SENIOR CHAMPIONSHIPS\***
- 22--23: **GREENWOOD MEMORIAL SWIM CLUB "C" through AGE GROUP CUT MEET**, Greenwood Memorial Pool, Gardner, MA (25 yards) Peter Grimes 508-537-2104
- 27--30: **NEW ENGLAND AGE GROUP CHAMPIONSHIPS, MASS BAY MAR-LINS**, Blodgett Swimming Center, Harvard University, Cambridge, MA (50 meters) 11--12, 13--14, 15--18 age groups, trials and finals Mikela Madison 617-894-3063

**August**

- 31--4 : **PHILLIPS 66 NATIONAL SWIMMING CHAMPIONSHIPS** Rose Bowl Aquatic Center, Pasadena, CA USSwimming 719-578-4578
- 8--12: **UNITED STATES SWIMMING SPEEDO JUNIOR NATIONAL CHAMPIONSHIPS**, International Drive YMCA & Aquatic Center, Orlando, FL USSwimming 719-578-4578

\* **NEW ENGLAND SENIOR CHAMPIONSHIPS** will be held either at the University of Connecticut, Storrs, CT or Brown University, Providence, RI. The definite location will be known by April 30. It will be announced in the next newsletter or call the office.

**TEAM SPECIALTY MEETS** are meets that are open to a whole team (no qualifying standards). Unattached swimmers are also welcome.

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\* **NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL** \*

\* **20 Cleveland Road** \*

\* **Needham, MA 02192** \*

\* **617-449-0270** \*

\* **\* FAX 617-449-7903** \*

\* **OFFICE HOURS: Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m.** \*

\* **Thursday: 8 a.m.--2 p.m.** \*

\* **\* Please do not send registration by FAX; registration is not** \*

\* **possible without payment of the registration fee.** \*

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NEW ENGLAND TEN AND UNDER CHAMPIONSHIP TIMES

WOMEN		8&U	MEN	
LCM	YDS	EVENTS	YDS	LCM
	18.29	25 FR	18.59	
46.39	42.39	50 FR	42.49	47.29
152.69	138.39	100 FR	140.49	151.99
	22.99	25 BK	23.29	
100.59	51.59	50 BK	51.59	101.69
	25.99	25 BR	26.69	
105.69	58.99	50 BR	58.99	106.19
	22.99	25 FL	23.99	
103.49	100.79	50 FL	102.19	114.29
	148.99	100 IM	154.39	

WOMEN		9-10	MEN	
LCM	YDS	EVENTS	YDS	LCM
39.89	34.99	50 FR	34.99	39.89
128.19	117.39	100 FR	118.99	129.99
309.49	246.19	200 FR	246.19	309.49
47.09	41.29	50 BK	41.69	47.59
144.69	131.99	100 BK	132.99	145.99
53.39	46.79	50 BR	47.49	54.19
155.79	141.59	100 BR	143.99	158.59
47.09	41.29	50 FL	41.29	47.09
149.49	135.99	100 FL	135.99	149.49
	127.29	100 IM	128.99	
336.59	309.99	200 IM	312.99	339.99

All times must date from September 1, 1994.



## NEW ENGLAND SWIMMING SENIOR CHAMPIONSHIP TIMES

WOMEN		SENIORS	MEN	
LCM	YDS	EVENTS	YDS	LCM
29.79	25.89	50 FR	22.99	26.99
104.29	56.09	100 FR	50.89	58.59
216.99	200.49	200 FR	150.59	206.99
447.49	522.99	500 / 400 FR	459.89	433.09
1005.99	1111.99	1000 / 800 FR	1029.99	939.99
1929.99	1840.59	1650 / 1500 FR	1759.99	1839.99
113.99	103.49	100 BK	58.49	108.69
236.99	217.29	200 BK	207.09	225.79
124.89	112.99	100 BR	104.99	115.99
302.79	237.69	200 BR	223.29	247.89
110.49	102.39	100 FL	56.09	104.79
238.19	219.39	200 FL	207.59	225.89
235.59	215.99	200 IM	206.79	224.79
537.99	450.29	400 IM	432.99	515.99

WOMEN		SR BONUS	MEN	
LCM	YDS	EVENTS	YDS	LCM
29.99	26.49	50 FR	23.79	27.69
104.99	57.19	100 FR	52.19	100.19
218.89	202.99	200 FR	153.79	210.29
453.19	528.19	500 / 400 FR	507.99	437.09
1019.89	1122.49	1000 / 800 FR	1044.19	952.29
1933.89	1850.29	1650 / 1500 FR	1821.19	1849.69
116.09	105.09	100 BK	100.59	109.89
239.99	220.69	200 BK	211.69	230.29
126.69	114.39	100 BR	107.49	117.79
306.99	240.19	200 BR	227.79	251.19
111.79	103.89	100 FL	58.49	106.89
241.79	223.39	200 FL	211.29	233.09
238.79	218.99	200 IM	210.19	228.59
541.99	455.19	400 IM	441.49	520.49

For each event qualified in, a swimmer may swim a "bonus" event, up to three "bonus" events.

All yard times must date from September 1, 1994. All long course meter times must date from July 21, 1994. All distance freestyle events (800 and longer) must date from May 1, 1994.



## NEW ENGLAND SWIMMING AGE GROUP CHAMPIONSHIP TIMES

## 1995

WOMEN		11-12	MEN	
LCM	YDS	EVENTS	YDS	LCM
32.79	28.79	50 FR	28.89	33.19
111.99	102.59	100 FR	103.19	113.79
234.19	214.79	200 FR	217.29	236.99
520.89	556.79	500 / 400 FR	608.29	539.99
38.49	33.69	50 BK	34.09	40.99
123.99	113.19	100 BK	115.29	125.99
43.69	37.89	50 BR	38.39	45.99
135.29	122.59	100 BR	124.89	141.89
36.19	31.99	50 FL	32.99	38.99
123.99	111.99	100 FL	115.69	132.09
	112.19	100 IM	112.79	
256.99	234.99	200 IM	238.09	304.49

WOMEN		13-14	MEN	
LCM	YDS	EVENTS	YDS	LCM
30.89	27.19	50 FR	26.09	29.99
107.79	58.99	100 FR	56.59	106.59
225.49	207.09	200 FR	203.79	224.09
505.49	538.99	500 / 400 FR	532.99	459.99
1040.09	1145.99	1000 / 800 FR	1122.99	1031.39
1940.29	1911.69	1650 / 1500 FR	1850.29	1907.89
118.59	107.69	100 BK	106.49	118.99
247.99	225.99	200 BK	223.99	243.99
130.49	117.59	100 BR	113.29	126.19
313.29	246.99	200 BR	241.99	309.99
116.49	106.99	100 FL	104.39	115.09
249.59	230.99	200 FL	231.99	253.99
244.59	224.99	200 IM	221.99	245.69
549.99	506.99	400 IM	506.29	551.29

All times must date from September 1, 1994 except the 1500 and 800 freestyle which may date from May 1, 1994.

## NEW ENGLAND SWIMMING AGE GROUP CHAMPIONSHIP TIMES

1995

WOMEN		15-16 / 15-18	MEN	
LCM	YDS	EVENTS	YDS	LCM
30.19	26.99	50 FR	24.49	28.29
105.59	58.19	100 FR	53.49	101.69
220.69	205.49	200 FR	156.99	213.49
458.79	533.39	500 / 400 FR	515.69	441.09
1033.69	1132.99	1000 / 800 FR	1058.39	1004.59
1937.79	1859.99	1650 / 1500 FR	1822.39	1859.39
118.09	106.59	100 BK	102.59	110.99
242.99	223.99	200 BK	216.19	234.79
128.39	115.79	100 BR	109.89	119.59
309.99	242.69	200 BR	232.29	254.39
112.99	105.29	100 FL	100.79	108.99
245.39	227.29	200 FL	214.99	240.19
241.99	221.99	200 IM	213.59	232.29
545.99	459.99	400 IM	449.99	524.89

*Wanted*

**WANTED:** To borrow or rent--**Colorado timing system** to use at the National Wheelchair Swimming Championships to be held on June 22 and 23 at Hanscom AFB, Bedford, MA. Please contact Eileen Craffey: 508-946-1964 (home) or 617-323-7700, x 5406 or 5402 (work, Monday through Thursday).

**PAN AMERICAN MACCABI GAMES:** Steve Newman, Swim Coach for the 1995 Pan American Maccabi Games, which will be held in July 1995 in Buenos Aires, Argentina, has applications for Jewish swimmers who might be interested in the games (which are self-funded). For more information, contact Steve Newman at 914-698-5175 between 6:30 and 9:00 pm.

**AUBURN SPRINT CAMP:** Dave Marsh, head swim coach at Auburn University, will be conducting a sprint training camp on May 28, 1995 at the Greenwood Memorial Pool, Gardner, MA. The fee is \$50. For registration or other information, contact Don Lemieux at 508-632-0678 (work) or 508-632-7531 (home).

**REIMBURSEMENT CHANGE:**

Because of NCAA rules, New England Swimming has been required to change its policy for reimbursing New England swimmers who attend Junior Nationals and Senior Nationals. According to NCAA rules, athletes may not be reimbursed for performance and still remain eligible for NCAA (college) athletics.

The Board of New England Swimming voted at its April meeting that effective immediately reimbursement for Junior Nationals and Senior Nationals will not include a \$50 for those swimmers who finish in the top 16 of individual events.

As usual, the Board will reconsider the reimbursement policy for 1995--1996 in the fall.

# The Swimmer's Lane

April 1995

## Top Ten T-shirts

The Athletes Committee is putting together a "Top Ten Reasons for Swimming in New England" T-shirt and would like help from every team. Each team can fill out this form with one or two reasons why they swim in New England and submit it to the Committee. The top ten reasons will be picked and printed on a T-shirts and sold at meets this summer. ( Try to make them funny!)

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

Please send to:

Thomas O'Donnell  
75 Bayberry Rd.  
Canton, MA 02021

or

Julie Lapinsky  
62 Allston Ave.  
Worcester, MA 01604

**SEED CARDS:** Seed Cards are available through the New England Office. The cost for plain cards is \$22 per thousand, including mailing. If the cards are picked up in Needham, the cost is \$19 per thousand. There is no minimum, and the cards may be split any way between boys and girls.

If you want initials on the cards, the price for 1,000 cards is \$31, including mailing. If the cards are picked up in Needham, the cost is \$28. If you want 2,000 or more cards with initials, the cost is \$26 per thousand, including mailing, or \$23 per thousand if the cards are picked up in Needham. The minimum order for cards with initials is 1,000 cards.

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**NEWSLETTER PLUS SUBSCRIPTIONS:** Please check the expiration date of your subscription to NEWSLETTER PLUS. Subscriptions may be ordered through the New England Office for \$10 per year. Clubs do not have an expiration date on their labels since all registered clubs receive one free subscription with their registrations.



**United States Swimming  
New England**

20 Cleveland Road Needham, MA 02192

**FIRST CLASS**



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

MAY 1995

**IN THIS ISSUE:** NE SHORT COURSE ZONE TEAM; NEW SWIMMERS AT JUNIOR NATIONALS; 1995 USS "SELECT CAMP" TIME STANDARDS & APPLICATION; OBSERVED MEETS FOR TOP 16 TIMES; CLINICS FOR OFFICIALS; BAY STATE GAMES; AQUATIC SPORTS MEDICINE SEMINAR; MACCABI GAMES DATE CORRECTION; HOTEL FOR NE SENIORS....

**COMING IN THE JUNE ISSUE:** ZONE TIME STANDARDS & APPLICATIONS  
1995-1996 PROPOSED SHORT COURSE CALENDAR  
BID FORM

THE NEW ENGLAND SWIMMING COMMUNITY EXTENDS ITS SYMPATHY  
TO THE FAMILY OF **MALISSA BLAIS** WHO PASSED AWAY RECENTLY.

At its May board meeting the Board of New England Swimming appointed **CARLTON CRONIN (HYST)** to be the Chairman of Open Water/Distance Swimming.

New England Swimming has been well represented in Colorado Springs this past month. **DOTTIE BRUCHEZ (MEM)** and **JUDIE PRISTAW (NCAC)** attended the Officials' Clinic. **PRISCILLA DAVIS** attended a workshop to develop policies for the Adapted Swimming Committee.

**NEW ENGLAND SENIOR CHAMPIONSHIPS** will be held at the **UNIVERSITY OF CONNECTICUT**, Storrs, CT on July 20--23. The 50-meter pool has six lanes and warm-up available in the nearby original pool.

#### **LONG COURSE ZONE TEAM:**

At the May Board meeting, the Board reversed its decision concerning the Long Course Zone Meet. Bob and Barb Crowder (RAMS) have volunteered to coach any New England swimmers who have qualified and want to go to the meet. As usual in the summer, parents make all travel and hotel arrangements for their own children. Time standards and applications will be printed in the June newsletter. Our thanks to the Crowders for their willingness to help New England swimmers achieve their zone meet goals.

The Board of New England Swimming will meet on Monday, June 12, 1995 at 7 pm at the Wellesley Community Center, Wellesley, MA.

**BAY STATE GAMES:** The Bay State Games for swimmers age 12 and over will have qualifying meets on June 9 and 10 and finals (long course) at Harvard on July 14--16. Trials will be held at Northeastern University (Scott Pohlman 617-527-7177), Bentley College (John Lazar, 617-599-7362), Brockton HS (Rob Garon, 617-545-9736) and Clark University (Frank Bachteler, 413-499-7650). Call 617-727-3227 for more information.

**NORTHEAST REGIONAL AQUATIC SPORTS MEDICINE SEMINAR** for Athletic Trainers, Physical Therapists, Coaches interested in the Advancement of the Prevention and Treatment of Injuries in Swimming and Diving, August 24--27 at the Northfield Mount Hermon School, Northfield, MA 01360. The key-note speaker will be Betsy Mitchell. For more information or to register,

**CORRECTION:** The correct dates for the 8th Pan American Maccabi Games in Buenos Aires, Argentina is December 24, 1995--January 5, 1996. For more information, contact Steve Newman, 914-698-5175.

**CAMPS:**

**UMASS SWIM CAMP,** June 24--June 28 and June 29--July 3, Stroke Camp and Training Camp offered both session. For more information, call 413-545-4342 or 413-545-0093.

**BENTLEY COLLEGE,** August 14--18 and August 21--25. For more information, contact Bentley Summer Camps, Bentley Athletics, 175 Forest Street, Waltham, MA 02154-4705.

**HEAD SWIM COACH & ASSISTANT SWIM COACH** wanted for the '95--'96 fall/winter season for the Salem Swim Team. Contact Andrea Bergdoll, Salem Boys' and Girls' Club, Salem, NH (603-898-7709) for details.

**WANTED:** Atkinson Swim Pool in Sudbury, MA is looking for a master's swim coach. Contact Debbie at 508-443-5658.

**ASSISTANT COACH/SWIM INSTRUCTOR** needed for the 1995--1996 season, September through March, for Lakes Region Wavemakers, a USS team with swimmers ages 6--18. Please send a resume listing experience and certifications to: Lakes Region Wavemakers, Greg McCarthy, PO Box 7145, Gilford, NH 03246.

**SWIMMING INSTRUCTORS NEEDED:** Patient, compassionate and reliable individuals needed to teach swimming to children aged four to twelve, in small groups and private lessons in Newton and Watertown (MA). Call Reid Christen at 617-894-2261 for more information.

**ASSISTANT SWIM COACH** needed for Patriot Swim Team. Contact Jeff Johnson at 508-534-7595.

**WANTED: AGE GROUP COACH,** summer and fall seasons, Haverhill YMCA Swim Team. Call Carlton Cronin, nights, at 508-521-4751

**SUMMER JOB OPPORTUNITY AS AQUATICS DIRECTOR** at Camp Watitoh, a co-ed camp in the Berkshires. Experienced teacher/coach (WSI and LGT) to supervise water sports program. Contact: William Hoch, Camp Watitoh, 28 Sammis Lane, White Plains, NY 10605. 914-428-1894 or fax 914-428-1648.

JUNIOR NATIONALS:

CONGRATULATIONS to the New England Swimmers who participated in Junior National Championships, East at Buffalo, NY, March 21--25:

NEW ENGLAND SWIMMERS swimming in FINALS:

ERIN HOWARTH	GMSC	KATE ZIMBONE	MEM
*KARRI CHARPENTIER	GMSC	CHUCK BARNES	MEM
ALETHA HOLMES	BSC	KIRSTIN NAGLE	SSA
JENNY MOONEY	EBAC	BRIAN LUCEY	SSA

NEW ENGLAND SWIMMERS swimming in CONSOLATIONS:

KRISTIN LOZEAU	GMSC	JULIE LAPINSKY	BGSC
ANNE IACOBUCCI	BSC	KATINA MAISTRELLIS	BGSC
ADAM PORTER	PSC	KERRIANNE KALEKO	BGSC

NEW ENGLAND SWIMMERS swimming in INDIVIDUAL EVENTS:

JILL STONEHOUSE	YSS	RYAN PARKINSON	GMSC
SUSAN CHERWINSKY	MEM	MATT BUHTS	GMSC
MICHAEL DOWLING	MEM	AMANDA KIROUAC	GMSC
KATE SANDERS	SSA	KRISTY MARTIN	GMSC
ERICA ALLEN	SSA	ANTONIO FONSECA	ABF
JOHN MITCHELL	BGSC	JOHN NEWLAND	MVP
MELISSA SESSOMS	BGSC	AUDREY COUTO	BSC
DANIELLE PELUSO	BGSC	WILLIAM MAHER	BSC
BETH ELIE	PVAC	JULIE CONGILL	CCSC
ANNA CHRISTIANSON	HYST	LINDSEY SULLIVAN	CCSC
MELINDA ANTONUCCI	BYD	SHANE RAYMOND	CCSC

NEW ENGLAND SWIMMERS swimming in RELAY EVENTS:

BGSC: MELISSA SCHOFIELD, WENDY BROWN, SARAH WATTS, KIM PINCH, JEN SCHMID  
 BSC: CATHLYN LANG, JAY ROSENQUEST, DAVID SIECZKIEWICZ, STEPHEN MAHER

\*Karri Charpentier won the 100 yard breaststroke.

\*\*\*\*\*  
 \*  
 \* NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL \*  
 \* 20 Cleveland Road \*  
 \* Needham, MA 02192 \*  
 \* 617-449-0270 \*  
 \* \* FAX 617-449-7903 \*  
 \* OFFICE HOURS: Monday : 8 a.m.—2 p.m.; 7:30 p.m.—10 p.m. \*  
 \* Thursday: 8 a.m.—2 p.m. \*  
 \* \* Please do not send registration by FAX; registration is not \*  
 \* possible without payment of the registration fee. \*  
 \*\*\*\*\*

**EASTERN ZONE SHORT COURSE CHAMPIONSHIPS:**

**CONGRATULATIONS** to the swimmers who represented New England Swimming at the Eastern Zone Championships in Princeton, NJ on March 30--April 1:

**10 and under:**

ANNIE GOLDSTEIN	BSC	WILL SHEAROUSE	MSSC
LAURA BLACKWELL	BGSC	BRIAN PORTER	SAC
KELLYANN SCHMIDT	PVAC	JOHN MCGRATH	YSS
MADELINE LEWIS	SSA	*JEFFREY BROWN	BYS
		JUHWAN YOO	ATST
*DAVID ROLLINS	BYD	BRENTON DWYER	CAST

**11 and 12:**

*ELIZABETH MURRAY	UN	CHRISTINA MUCCI	PSC
BROOKE BONCHER	HYST	*LESLIE STEPP	BENN
JAMIE MILLARD	SSA	SARAH FERRANTI	HYST
SCARLETTE QUIGLEY	SSA		
COURTNEY DAVIES	NEB	DAVID LUTZ	BENN
		*JUSTIN MORTIMER	SSA

**13 and 14:**

BRIANNA GRAY-HALLOCK	ATST	ELIZABETH BRESNAHAN-MCRAE	EBAC
ANNA FRASER	PSC	BRANDI BLAKELY	EBAC
REGAN FLYNN	HYV		
*SARAH MOONEY	EBAC	JASON COLETTIS	NEB
KENDALL GONSALVES	PVAC	DAVID LEWIS	SSA
CAITLIN WEISGERBER	PVAC	*TIM GALE	PVAC
		DAN MORAN	PVAC

**15-18:**

AMY GOLDEN	AMW	SARAH HUMPHREY	SAC
KAITLIN LAWSON	BSC		
KAREN VARLEY	PVAC	CHRIS BORGATTI	SAC
BROOKE DARCY	BSC	*MICHAEL LEAKE	BENN
JULIE BRESLIN	BSC	ZEB JENKINS	PVAC
*KATE BRESLIN	BSC	ROB LEWIS	EBAC

**COACHES:**

ISABELLE FRASER	PVAC	BILL VEVIER	ATST
FRANK SAMPSON	SAC	ANN MURRAY	SSSC
RICH CHENEY	SSSC		

\*Swimmers who scored points for New England in individual events.  
All swimmers represented New England at the meet. Teams listed are team affiliations at the time of selection for the team.

The meet this year was very large and very fast: 890 swimmers, 464 Top 16 reportable times, 21 new Zone records, and 33 Junior National qualifying times!



Camp  
Level

Initial  
Last  
Name

# 1995 SELECT CAMP TIME STANDARDS

NAME \_\_\_\_\_ GENDER M F (circle one)

Indicate '95 time(s) and meet(s) opposite event(s) at the level for which you qualify. Place B, S, G, or E in Camp Level box.

BRONZE LEVEL (B) BOYS BORN IN 1981, GIRLS IN 1982					GOLD LEVEL (G) BOYS BORN IN 1979, GIRLS IN 1980				
EVENT	GIRLS'	BOYS'	95 Times	Meet	EVENT	GIRLS'	BOYS'	95 Times	Meet
100 free	1:01.39	:56.89	_____	( )	100 free	1:00.09	:54.49	_____	( )
200 free	2:12.79	2:02.59	_____	( )	200 free	2:09.19	1:58.39	_____	( )
400 free	4:37.39	4:20.89	_____	( )	400 free	4:29.79	4:08.49	_____	( )
800 free	9:37.99	9:07.09	_____	( )	800 free	9:14.09	8:35.19	_____	( )
1500 free	18:25.59	17:21.19	_____	( )	1500 free	17:35.09	16:25.89	_____	( )
100 back	1:09.89	1:05.59	_____	( )	100 back	1:07.39	1:01.89	_____	( )
200 back	2:30.49	2:20.79	_____	( )	200 back	2:24.39	2:12.39	_____	( )
100 breast	1:17.09	1:12.09	_____	( )	100 breast	1:16.89	1:08.39	_____	( )
200 breast	2:47.49	2:36.29	_____	( )	200 breast	2:44.99	2:28.79	_____	( )
100 fly	1:06.79	1:03.29	_____	( )	100 fly	1:06.19	:59.79	_____	( )
200 fly	2:30.19	2:17.39	_____	( )	200 fly	2:22.99	2:11.29	_____	( )
200 I.M.	2:29.39	2:19.09	_____	( )	200 I.M.	2:26.59	2:13.49	_____	( )
400 I.M.	5:20.69	4:57.19	_____	( )	400 I.M.	5:09.29	4:43.49	_____	( )
AWARDS: USS SHIRT, CAP,					AWARDS: SWEATSHIRT, CAP,				
SILVER LEVEL (S) BOYS BORN IN 1980, GIRLS IN 1981					EAGLE LEVEL (E) BOYS BORN IN 1977-78, GIRLS IN 1978-79				
EVENT	GIRLS'	BOYS'	95 Times	Meet	EVENT	GIRLS'	BOYS'	95 Times	Meet
100 free	1:00.59	:54.99	_____	( )	100 free	:58.69	:53.39	_____	( )
200 free	2:10.29	1:59.99	_____	( )	200 free	2:05.99	1:56.09	_____	( )
400 free	4:32.79	4:13.19	_____	( )	400 free	4:25.09	4:05.19	_____	( )
800 free	9:20.19	8:42.89	_____	( )	800 free	9:00.29	8:27.99	_____	( )
1500 free	17:51.09	16:41.29	_____	( )	1500 free	17:18.49	16:19.99	_____	( )
100 back	1:08.89	1:03.09	_____	( )	100 back	1:05.99	1:00.49	_____	( )
200 back	2:25.29	2:14.69	_____	( )	200 back	2:20.39	2:10.59	_____	( )
100 breast	1:16.59	1:09.09	_____	( )	100 breast	1:13.39	1:07.89	_____	( )
200 breast	2:45.79	2:29.49	_____	( )	200 breast	2:43.19	2:27.29	_____	( )
100 fly	1:06.29	1:00.49	_____	( )	100 fly	1:04.09	:57.89	_____	( )
200 fly	2:26.19	2:12.59	_____	( )	200 fly	2:19.99	2:07.89	_____	( )
200 I.M.	2:26.59	2:15.39	_____	( )	200 I.M.	2:23.59	2:11.99	_____	( )
400 I.M.	5:09.29	4:45.69	_____	( )	400 I.M.	5:03.09	4:41.89	_____	( )
AWARDS: SWEATSHIRT, CAP,					AWARDS: SWEATSHIRT, CAP,				

1) All swimmers will be notified of selection status at least 4 weeks prior to the camp date. 2) Please include a self-addressed stamped envelope for the reply letter. Include a self-addressed postcard if you would like to receive verification that USS received your application. 3) USS will provide housing, meals, ground transportation. 4) Airfare reimbursement will be one-half of the airfare but will not exceed \$100.00. There is no reimbursement for flights using free mileage certificates. Eagle Camp swimmers will receive full airfare. 5) Additional camp details will be provided upon swimmers acceptance. 6) PLEASE NO PHONE CALLS!  
MEET RESULTS OTHER THAN ZONES, JRS., SRS., MUST BE INCLUDED WITH THE APPLICATION.

# 1995 U.S. SWIMMING "SELECT CAMP"

## SWIMMERS APPLICATION FOR CONSIDERATION

APPLICATIONS MUST BE RECEIVED ON OR BEFORE THURSDAY 17 AUGUST 1995.  
WE SUGGEST THAT YOU FAX (719) 578-4669, OR USE OVERNIGHT MAIL.

MAIL TO: UNITED STATES SWIMMING - ATHLETIC DEVELOPMENT - ONE OLYMPIC PLAZA -  
COLORADO SPRINGS, CO 80909

SELECTION IS BASED ON 1995 LONG COURSE TIMES ONLY!

GIRLS		BOYS	
OCT. 5-8	_____	SPRINT FREE (100-200)	_____ NOV. 2-5
OCT. 5-8	_____	DISTANCE FREE (400-800-1500)	_____ NOV. 2-5
OCT. 12-15	_____	BUTTERFLY (100-200)	_____ NOV. 16-19
OCT. 12-15	_____	BREASTSTROKE (100-200)	_____ NOV. 16-19
OCT. 12-15	_____	BACKSTROKE (100-200)	_____ NOV. 16-19
OCT. 12-15	_____	I.M. (200-400)	_____ NOV. 16-19

Apply only for camps that you have qualified for and will attend. DO NOT APPLY for camps that you can not attend from noon day one to noon day four. Prioritize your camp choices (1, 2, 3, etc). Swimmers will be placed in the highest priority camp for which they are selected. All swimmers will be notified of selection status at least 4 weeks prior to camp date.

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

USS REGISTRATION # \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

SOCIAL SECURITY # \_\_\_\_\_ AIRPORT/GATEWAY CITY \_\_\_\_\_

Shirt Size M L XL XXL Swearshirt Size M L XL XXL

Club Name \_\_\_\_\_ LSC \_\_\_\_\_

Coach Name \_\_\_\_\_ Phone \_\_\_\_\_

Note: Duplicate as needed. Return to U.S. Swimming on or before Thursday 17 August 1995. Swimmers must be ready for intense training at altitude. All applicants must be U.S. Citizens not currently on the USS National or USS National Junior Team.

**CLINICS FOR OFFICIALS:**

**JUNE 7:** Starters Clinic, 6:30 pm. Greenwood Memorial Pool, Gardner, MA.

**JUNE 14:** Stroke and Turn Clinic, 6:30 pm. Greenwood Memorial Pool, Gardner, MA.

For more information or to register, contact Jack Perkins, 508-249-2333.

**JUNE 22:** Stroke and Turn Clinic, 6:30 pm. Peterborough, NH.

**JUNE 24:** Stroke and Turn Clinic, 9:00 am. Concord, NH

For more information or to register, contact Jerry Zimmer at 603-673-0676 (home) or 508-796-6368 (office).

**HOTELS FOR NEW ENGLAND SENIORS:**

Best Western Regent Inn, 123 Storrs Road, Mansfield Center  
203-423-8451

Clarion Suites Inn, 181 Spencer Street, Manchester  
203-643-5811

Comfort Inn, 425 Hartford Turnpike, Vernon  
203-646-5700

Howard Johnson, 451 Hartford Turnpike, Vernon  
203-875-0781

Quality Inn & Conference Center, 51 Hartford Turnpike, Vernon  
203-646-5700

**NON-USS SANCTIONED OR APPROVED MEETS:**

At the 1994 USS Convention in Kansas City, MO the Resolution AG was passed. It was intended to help in the area on non USS sanctioned or approved meets. It reads as follows:

Times achieved by USS athlete members in collegiate, high school, and other meets not sanctioned or approved by USS during 1994--1995 will be acceptable for USS Reportable Times consideration only if all of the following conditions are met:

1. The meet must be a championship (national, conference, league, district, sectional, state or regional) meet or a meet specifically authorized by USS Programs Operations.
2. Request for USS observers for certification of times must be made to the LSC at least ten (10) days prior to the meet.
3. USS observers shall be assigned or approved by the LSC and must be certified stroke and turn judges.
4. USS observers present at the meet must be notified prior to the start of the competition about the individual swims for which the certification will be requested.
5. Sufficient number of USS observers must be present on the deck at each end of the course to properly verify compliance with the USS rules.
6. Times of the observed swims must be made available to the LSC records chairman and/or the Top 16 Times Tabulator as directed by the LSC.

If you have any questions, please contact Pam Warner at 617-749-2526.

SEED CARDS: Seed Cards are available through the New England Office. The cost for plain cards is \$22 per thousand, including mailing. If the cards are picked up in Needham, the cost is \$19 per thousand. There is no minimum, and the cards may be split any way between boys and girls.

If you want initials on the cards, the price for 1,000 cards is \$31, including mailing. If the cards are picked up in Needham, the cost is \$28. If you want 2,000 or more cards with initials, the cost is \$26 per thousand, including mailing, or \$23 per thousand if the cards are picked up in Needham. The minimum order for cards with initials is 1,000 cards.

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FIRST CLASS



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

JUNE 1995

**IN THIS ISSUE:** ZONE TEAM TIME STANDARDS & APPLICATION; TECHNICAL COMMITTEE REPORT; ATHLETES' COMMITTEE; USS NATIONAL AGE GROUP CAMP; NEW CLUBS FOR 1995; STROKE & TURN CLINICS; TENTATIVE 1995-1996 SHORT COURSE CALENDAR & BID FORM.....

**CONGRATULATIONS** to **KRISTIN LOZEAU (GMS)** who has been selected to participate in the OLYMPIC FESTIVAL, July 22--24, 1995 in Colorado Springs, CO.

**JUNIOR NATIONAL CORRECTIONS:** Our apologies to:

<b>AMANDA KIROUAC</b>	<b>GMS</b> --swam in consolations
<b>ILYA FISHMAN</b>	<b>HYST</b> --swam in an individual event

**CHAMPIONSHIP MEETS:**

- July 14--16: **TEN & UNDER CHAMPIONSHIPS**, Springfield College  
8 & under events: Saturday and Sunday mornings  
8 & 10 events: Saturday and Sunday mornings and Friday early evening
- July 20--23: **SENIOR CHAMPIONSHIPS**, University of Connecticut, Storrs, CT, trials & finals
- July 27--30: **AGE GROUP CHAMPIONSHIPS**, Harvard University  
Four full days of trials and finals events for 11--12, 13--14, 15--18 swimmers

**NOMINATING COMMITTEE:** At the June meeting of the Board of Directors of New England Swimming the following Nominating Committee was appointed:

<b>PRISCILLA DAVIS</b>	508-468-3786
<b>BRUCE MOHL</b>	603-868-7249
<b>DONNA BROWN</b>	617-776-4531

The following positions will be elected at the Annual Meeting in the fall: General Chairman, Vice Chairman, Senior Chairman, Age Group Chairman, Treasurer, Secretary. If you are interested in any of these positions, please contact one of the members of the Nominating Committee.

The Board of New England Swimming will meet at 7 pm on Monday, July 10, 1995 at the Nashua Country Club, Nashua, NH.

**1995—1996 SHORT COURSE NEW ENGLAND CALENDAR (PROPOSED):****September**

30: New England Annual Meeting, Wellesley, MA

**October**

6—8:

13—15: Team Specialty

21 : 12 & under Mini-Meet

22: Top Ten Banquet (tentative)

27—29: BC Meet

**November**

3—5:

10—12: Team Specialty

17—19:

24—26: A—B Meet

**December**

1—3: A & Better Meet; US Open (long Course)

8—10: Team Specialty

15—17: A & Better Meet (trials & finals)

22—24:

29—31:

**January**

5—7: BC Meet

12—14: AB Meet for 14 & under

19—21: Team Specialty; possible Zone Qualifier

26—28: National Qualifier (trials & finals, long course)

**February**

2—4: 12 & under Mini-Meet; Team Specialty

8—11: Senior Nationals

9—11:

16—18: Bronze Classic

23—25: District Championships (3 sites)

**March**

1—3: Ten & under Championships

6—12: Olympic Trials, Indianapolis

7—10: Age Group Championships \*

14—17: Senior Championships

19—23: Junior National Championships, Nashville

Bids for meets on the calendar will be given priority; all other dates are open for bids. Dual Meets are encourage for dates in September and early October.

Distance Meets: New England Swimming will subsidized \$250 for up to 4 designated distance meets.

\* If possible, New England would like events for 15 & 16 year old swimmers during a middle session.

**NEW ENGLAND AT THE EASTERN ZONE MEET:**

New England Swimmers who have achieved the cut times will be allowed to enter the Eastern Zone Meets thanks to the volunteer efforts of Bob and Barb Crowder. The meet will be held August 9--12 at the University of Buffalo, Amherst, NY. Due to a Drum and Bugle Corp convention, hotel rooms are very hard to come by. Please call Barb Crowder for help if you need it-- 401-783-0917.

A few things to note: Parents are responsible for transportation, hotel and food for their swimmers and must accompany their swimmers at the meet. However, the coaches will have sole authority relating to New England swimmers during their participation in the meet. No parents will be allowed on the deck except to time or officiate.

There will be no relays entered from New England. All entries must be in the hands of Barbara Crowder by the end of Age Group championships. All checks must be made out to New England Swimming and all entries must be accompanied by proof of time.

Any other coaches who wish to assist at the meet should contact the Crowders.

REQUEST FOR MEET:

DATE(S) of meet bid: \_\_\_\_\_

Please PRINT and fill in all information.

CLUB NAME: \_\_\_\_\_

MEET DIRECTOR: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

MEET you are bidding for: \_\_\_\_\_

DATE(S): 1st choice: \_\_\_\_\_ 2nd choice: \_\_\_\_\_ 3rd choice: \_\_\_\_\_

FACILITY: \_\_\_\_\_ LOCATION: \_\_\_\_\_

DEPTH OF POOL AT STARTING END: \_\_\_\_\_ TURNING END: \_\_\_\_\_

HEIGHT OF BLOCKS ABOVE WATER: \_\_\_\_\_

PARKING: \_\_\_\_\_ COST: \_\_\_\_\_

PERSON TO CONTACT TO DISCUSS BID: \_\_\_\_\_ PHONE: \_\_\_\_\_

Please send this form WITH A COMPLETE MEET INVITATION  
to each of the following by **TUESDAY, JULY 25, 1995**

**CALENDAR CHAIRMAN**  
Ken Cunha  
33 Ronald Road  
Sudbury, MA 01776

**TECHNICAL CHAIRMAN**  
Ann Murray  
831 Shirley Street  
Winthrop, MA 02152-2519

**SANCTION CHAIRMAN**  
Isabelle Fraser  
125 Franklin Street  
Longmeadow, MA 01106

**OPEN WATER SWIM:** Carlton Cronin, Open Water/Distance Chairman, is working on an Open Water Swim which he hopes to be able to run on Sunday, August 6, 1995. More information will be available at the Senior and Age Group Championships.

**STROKE AND TURN CLINICS:**

July 29, 1995 : Certification and Recertification  
 August 26, 1995: Certification and Recertification

Location: Kinbrin Swim Club, East Providence, RI

For more information contact: Harold Figueira: 508-336-5400 (H) or  
 508-336-4258 (W)  
 or: Carlos Pereira: 401-437-0747

\*\*\*\*\*  
 \* **NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL** \*  
 \* 20 Cleveland Road \*  
 \* Needham, MA 02192 \*  
 \* 617-449-0270 \*  
 \* \* FAX 617-449-7903 \*  
 \* **OFFICE HOURS: Monday : 8 a.m.—2 p.m.; 7:30 p.m.—10 p.m.** \*  
 \* **Thursday: 8 a.m.—2 p.m.** \*  
 \* \* Please do not send registration by FAX; registration is not \*  
 \* possible without payment of the registration fee. \*  
 \*\*\*\*\*

**HEAD COACH WANTED:** Concord, NH YMCA Swim Team. CONY is a well established USS 100 swimmer team. The position starts with the 1995 winter program. Interested candidates should send resume to: Concord Swim Team % Janet Levy, 5 Spaulding Street, Concord, NH 03301.

**COACH/SWIM INSTRUCTOR** needed for the 1995--1996 season, September through March, for Lakes Region Wavemakers, a USS team with swimmers ages 6--18. Please send a resume listing experience and certifications to: Lakes Region Wavemakers, Greg McCarthy, PO Box 7145, Gilford, NH 03246.

**ASSISTANT SWIM COACH** needed by September for 95--96 short course season. Contact Danita Pokorny, Y Dynamo Swimming in Burlington, VT. 802-862-9622, ext. 132.

**ASSISTANT COACH** for Belmont Aquatic Team, USS swim team. Practice from 3:45 pm--5:45 pm. Call 617-484-5808.

**NEW WAVE SWIM CLUB** needs 1 full-time age group coach, 1 part-time age group coach and 1 part-time senior coach. Workouts located at Lowell HS pool (full weight room and indoor running track), South Common Pool, Lowell, and Hanscom Air Force base, Bedford. Contact Rick Battistini at 508-373-7408 or 508-256-3997.



**USS NATIONAL AGE GROUP CAMP:**

New England Swimming sponsored a United States Swimming National Age Group Camp at Clark University, Worcester, MA on June 3 and 4, 1995.

Swimmers participating were:

<b>MEG ABRAMS</b>	<b>CORIE ALFONSO</b>
<b>JASON BOIRE</b>	<b>DENA CANFIELD</b>
<b>MOLLY CAYER</b>	<b>LINDSEY CLARK</b>
<b>MEAGAN COLLOPY</b>	<b>STEPHANIE CHANG</b>
<b>ALLIE DAGGETT</b>	<b>JESSICA DAVID</b>
<b>ORIANA DINELLA</b>	<b>JENNIFER FISHER</b>
<b>AMY GINGRASS</b>	<b>STEPHEN GRAHAM</b>
<b>ERIKA GREGORY</b>	<b>CASEY HARTE</b>
<b>NICOLE HENDRICKSON</b>	<b>MEAGHAN JULIAN</b>
<b>LAUREN KERIVAN</b>	<b>KATIE KILDAY</b>
<b>CHRIS KNAFLAND</b>	<b>SARAH LABRIE</b>
<b>ERIN LAFLAMME</b>	<b>CHRISTOPHER MARTIN</b>
<b>JOHANNA MCCARTHY</b>	<b>NOEL METHOT</b>
<b>MICHELLE MORTIMER</b>	<b>LAUREN MOYNIHAN</b>
<b>MEAGHAN PARISI</b>	<b>IAN PATRIA</b>
<b>LAUREN PCHOLINSKI</b>	<b>MARK RANTA</b>
<b>KATIE RECTOR</b>	<b>TAD SAYCE</b>
<b>TRACY SCHESSLER</b>	<b>BROOKE SIMPSON</b>
<b>CHELSEA SINGLEY</b>	<b>REBECCA SMALLWOOD</b>
<b>ADAM SMITH</b>	<b>KYLA SMITH</b>
<b>KATIE TOEBBE</b>	<b>ANNIE TUDRYN</b>
<b>CARA VECHIARELLI</b>	<b>CAITLIN WEISGERBER</b>
<b>CANDI WELLS</b>	<b>DAN WHALEN</b>
<b>JEFF WILSON</b>	<b>GREGORY WOOD</b>

The Staff included:

<b>DIRECTOR</b>	<b>:</b>	<b>AMY PARRATTO</b>
<b>ASSISTANT DIRECTOR:</b>	<b>:</b>	<b>KEVIN SALISBURY</b>
<b>HEAD COACH</b>	<b>:</b>	<b>SCOTT WOOLSEY</b>
<b>ASSISTANT COACHES</b>	<b>:</b>	<b>GARY ABRAMS, GRACE LIVINGSTON</b>
<b>GUEST SPEAKER</b>	<b>:</b>	<b>BETSY MITCHELL WILSON</b>

**NEW CLUBS FOR 1995:**

<b>BRIDGEMATER AQUATIC POLAR</b>	<b>BROWN SWIM CAMP TEAM</b>	<b>PROVIDENCE COLLEGE</b>
Gerry Cournoyer	Matt Kredich	John Grotz
<b>BEARS</b>	Box 1874 Brown U	PC Athletic Department
142 Clark Street	Providence, RI 02912	Providence, RI 02918
Cumberland, RI 02864		PC
<b>BAPB</b>	<b>BROW</b>	
<b>REC SWIM CLUB</b>	<b>SMITHFIELD YMCA</b>	<b>SALEM YMCA SEA LIONS</b>
Timothy G. Gaudreau	Paul C. Brochu	Jane Barrett
PO Box 762	7 Pine Grove Circle	1 Sewall Street
N. Scituate, MA 02060	Greenville, RI 02828	Salem, MA 01970
<b>RASC</b>	<b>SMY</b>	<b>SYSL</b>
<b>NORTH SHORE SWIM CLUB</b>		
Dan Warner		
19 Fenley Road		
Gloucester, MA 01930		
<b>NSSC</b>		

**TECHNICAL COMMITTEE:**

The Following items, proposed by the Technical Committee, were approved by the Board of New England Swimming at its June meeting.

**AGING UP PRIOR TO CHAMPIONSHIPS:** Any swimmer who ages up to a new age group within ten days prior to the first day of the specified championship meet will be allowed to time trial events (within the New England time trial policy) provided the swimmer has made the cut times for the age group the swimmer has just ages out of.

**NUMBER OF RELAYS ALLOWED AT CHAMPIONSHIPS:** There will be no changes in the number of relays allowed at Age Groups and Ten & under Championships.

At Senior Championships teams will be allowed to enter an unlimited number of QUALIFIED relays. All relays that place will be allowed to score. (In the past only two relays per team could score.) Remember that the number of relays that a team may enter in an event depends upon the number of qualified swimmers that the team enters in the meet. (In the past a team could enter a maximum of 4 relays per sex per event. Now a team with 26 qualified females swimmers in the meet could enter 6 relays and all of the relays could score points if they placed in the event.)

**COURTESY SWIMS:** At Bronze, Ten & under, Age Group, Senior and District Championships there will be no courtesy swims (swims by host team swimmers who have not qualified for the meet). At all other sanctioned meets with time standards, the host club will be allowed to fill the empty lanes in the first heat with courtesy swims.

**ATHLETES' COMMITTEE:**

New England's Athlete Representatives, Thomas O'Donnell and Julie Lapinsky, are very interested in having the athletes well represented on the Board. They asked each New England team to elect a representative and formed an Athletes' Committee which has meet several times. The following swimmers make up the Athletes' Committee:

ZARRIN ATKINS	NEB	JULIE BARD	TOST
SARAH BENNETT	SS	GREG BILTON	MEM
CHRIS BORGATTI	SAC	ALANNA BRIGGS	WED
ERIN BURKE	HAFB	JANINE CAPUTO	DARE
MATT CARROLL	SSSC	EMILY CARSON	DYD
ANNA CHRISTIANSEN	HYST	DRISTIN CONLIN	PVAC
JACKIE ERREBART	BYD	JARED FIGUERIA	EBAC
JULIE LAPINSKY	BGSC	MICHAEL LEAKE	HEN
JEREMY LISNOFF	RAMS	SUZANNE MESSINGER	EBYS
JOHN MITCHELL	BGSC	THOMAS O'DONNELL	NEB
CAROLINE PALMER	SSA	LAURA PERRY	WAC
LISA SCHEBLE	HAY	JESUP SZATROWSKI	CCSC
CHRIS VILLA	TRAC		

**AVAILABLE:** red, 50-meter lane line connectors, contact Isabelle Fraser, 413-567-3415.

**Qualifying Times for Eastern Zone Summer Long-Course Meet, 1995**

All 10 and Under Events are timed finals in the prelims session.

**Wednesday, August 9**

**MORNING SESSION-OLDERS**

Warm-ups at 6:45am		Prelims at 8:15am		
Girls	QT	Event	QT	Boys
1*	9:54.59	800 Free 13-14	9:42.79	2*
7	1:04.89	100 Free 13-14	1:01.29	8
9	1:04.39	100 Free 15-18	1:03.69	10
15*	9:48.39	800 Free 15-18	9:14.29	16*
17	1:24.89	100 Breast 13-14	1:18.59	18
19	1:22.59	100 Breast 15-18	1:14.09	20
25	2:37.39	200 Fly 13-14	2:30.69	26
27	2:31.59	200 Fly 15-18	2:20.89	28
33**	No QT	400 FreeRel 13-14	No QT	34**
35**	No QT	400 FreeRel 15-18	No QT	36**

**AFTERNOON SESSION-YOUNGERS**

Warm-ups at 12:30pm		Prelims at 1:45pm		
Girls	QT	Event	QT	Boys
3	1:15.29	100 Free 10-U	1:13.69	4
5	1:06.79	100 Free 11-12	1:06.19	6
11	45.59	50 Breast 10-U	46.19	12
13	39.69	50 Breast 11-12	39.59	14
21	1:30.49	100 Fly 10-U	1:28.39	22
23	1:15.49	100 Fly 11-12	1:14.99	24
29***	No QT	200 FreeRel 10-U	No QT	30***
31**	No QT	200 FreeRel 11-12	No QT	32**

**Friday, August 11**

**MORNING SESSION-OLDERS**

Warm-ups at 6:45am		Prelims at 8:15am		
Girls	QT	Event	QT	Boys
69	1:14.19	100 Back 13-14	1:10.49	70
71	1:12.69	100 Back 15-18	1:06.69	72
77	4:52.69	400 Free 13-14	4:40.69	78
79	4:46.99	400 Free 15-18	4:28.89	80
83	3:00.79	200 Breast 13-14	2:51.49	84
85	2:56.29	200 Breast 15-18	2:39.79	86
91	1:12.29	100 Fly 13-14	1:08.19	92
93	1:09.89	100 Fly 15-18	1:03.69	94
99**	No QT	200 FreeRel 13-14	No QT	100**
101**	No QT	200 FreeRel 15-18	No QT	102**

**AFTERNOON SESSION-YOUNGERS**

Warm-ups at 12:30pm		Prelims at 1:45pm		
Girls	QT	Event	QT	Boys
73	35.89	50 Back 11-12	35.89	74
75	40.29	50 Back 10-U	40.09	76
81	5:04.69	400 Free 11-12	5:03.29	82
87	1:38.79	100 Breast 10-U	1:38.09	88
89	1:27.29	100 Breast 11-12	1:27.29	90
95***	No QT	400 FreeRel 10-U	No QT	96***
97**	No QT	400 FreeRel 11-12	No QT	98**

**Thursday, August 10**

**MORNING SESSION-OLDERS**

Warm-ups at 6:45am		Prelims at 8:15am		
Girls	QT	Event	QT	Boys
41	2:38.59	200 Back 13-14	2:32.99	42
43	2:35.49	200 Back 15-18	2:21.99	44
49	2:18.99	200 Free 13-14	2:12.99	50
51	2:16.99	200 Free 15-18	2:07.69	52
57	5:38.19	400 IM 13-14	5:21.99	58
59	5:30.49	400 IM 15-18	5:07.09	60
65**	No QT	200 MedRel 13-14	No QT	66**
67**	No QT	200 MedRel 15-18	No QT	68**

**AFTERNOON SESSION-YOUNGER**

Warm-ups at 12:30pm		Prelims at 1:45pm		
Girls	QT	Event	QT	Boys
37	1:27.19	100 Back 10-U	1:26.49	38
39	1:17.69	100 Back 11-12	1:18.09	40
45	2:44.69	200 Free 10-U	2:39.89	46
47	2:25.39	200 Free 11-12	2:24.09	48
53	38.19	50 Fly 10-U	37.39	54
55	33.29	50 Fly 11-12	33.29	56
61***	No QT	400 MedRel 10-U	No QT	62***
63**	No QT	400 MedRel 11-12	No QT	64**

**Saturday, August 12**

**MORNING SESSION-OLDERS**

Warm-ups at 6:45am		Prelims at 8:15am		
Girls	QT	Event	QT	Boys
103	2:37.99	200 IM 13-14	2:30.79	104
105	2:35.89	200 IM 15-18	2:24.59	106
111****	19:11.49	1500 Free 13-14	18:37.09	112****
113	29.69	50 Free 13-14	28.09	114
115	29.69	50 Free 15-18	26.99	116
121****	18:46.09	1500 Free 15-18	17:46.09	122****
127**	No QT	400 MedRel 13-14	No QT	128**
129**	No QT	400 MedRel 15-18	No QT	130**

**AFTERNOON SESSION-YOUNGERS**

Warm-ups at 12:30pm		Prelims at 1:45pm		
Girls	QT	Event	QT	Boys
107	3:03.59	200 IM 10-U	3:01.69	108
109	2:44.19	200 IM 11-12	2:43.49	110
117	33.89	50 Free 10-U	33.49	118
119	30.59	50 Free 11-12	30.39	120
123***	No QT	200 MedRel 10-U	No QT	124***
125**	No QT	200 MedRel 11-12	No QT	126**

\* The fastest heat of each 800 Free event will swim at finals. All other heats will swim as the last events (after the 200 Fly) in the prelims session.  
 \*\* All 11-12, 13-14, and 15-18 Relays will swim at the finals session.  
 \*\*\* All 10-U relays swim in the prelim session.  
 \*\*\*\* The fastest heat of each 1500 Free event will swim in the finals session. All other heats will swim in the prelims session (after the 50 Free) as the last events.

**Order of Events for Finals Sessions***All Finals Sessions begin at 7:30pm*Wednesday, August 9, 1995

<u>Women</u>	<u>Descrip.</u>	<u>Age</u>	<u>Men</u>
1	800 M Free	13-14	2
5	100 M Free	11-12	6
7	100 M Free	13-14	8
9	100 M Free	15-18	10
13	50 M Breast	11-12	14
15	800 M Free	15-18	16
17	100 M Breast	13-14	18
19	100 M Breast	15-18	20
23	100 M Fly	11-12	24
25	200 M Fly	13-14	26
27	200 M Fly	15-18	28
31	200 M FrRel	11-12	32
33	400 M FrRel	13-14	34
35	400 M FrRel	15-18	36

Thursday, August 10, 1995

<u>Women</u>	<u>Descrip.</u>	<u>Age</u>	<u>Men</u>
39	100 M Back	11-12	40
41	200 M Back	13-14	42
43	200 M Back	15-18	44
47	200 M Free	11-12	48
49	200 M Free	13-14	50
51	200 M Free	15-18	52
55	50 M Fly	11-12	56
57	400 M IM	13-14	58
59	400 M IM	15-18	60
63	400 M MdRel	11-12	64
65	200 M MdRel	13-14	66
67	200 M MdRel	15-18	68

Friday, August 11, 1995

<u>Women</u>	<u>Descrip.</u>	<u>Age</u>	<u>Men</u>
69	100 M Back	13-14	70
71	100 M Back	15-18	72
73	50 M Back	11-12	74
77	400 M Free	13-14	78
79	400 M Free	15-18	80
81	400 M Free	11-12	82
83	200 M Breast	13-14	84
85	200 M Breast	15-18	86
89	100 M Breast	11-12	90
91	100 M Fly	13-14	92
93	100 M Fly	15-18	94
97	400 M FrRel	11-12	98
99	200 M FrRel	13-14	100
101	200 M FrRel	15-18	102

Saturday, August 12, 1995

<u>Women</u>	<u>Descrip.</u>	<u>Age</u>	<u>Men</u>
103	200 M IM	13-14	104
105	200 M IM	15-18	106
109	200 M IM	11-12	110
111	1500 M Free	13-14	112
113	50 M Free	13-14	114
115	50 M Free	15-18	116
119	50 M Free	11-12	120
121	1500 M Free	15-18	122
125	200 M MdRel	11-12	126
127	400 M MdRel	13-14	128
129	400 M MdRel	15-18	130

**CONGRATULATIONS** to **KELLY KEMP**, coach of **HAFB** and former coach of the Air Force Academy, who has been named team captain and coach for swimming for the US Armed Forces Team for the first Military World Games to be held September 4--16, 1995 in Rome, Italy.



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

JULY 1995

**IN THIS ISSUE:** OLYMPIC TRIALS TIME STANDARDS; NE ANNUAL MEETINGS INFO; TEN & UNDER and SENIOR CHAMPIONSHIPS HIGH POINT WINNERS; GRADUATING SENIORS; REGISTRATION INFO; ATHLETE REP APPLICATION; NE BOARD, COMMITTEES, ETC.....

**CORRECTION:** In the list of HIGH POINT WINNERS for Ten & under Championships, CHRISTIAN KIENZLE should be listed as tied for first place for the 9 & 10 boys.

**THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU**

A big **THANK YOU** to **PIONEER VALLEY AQUATIC CLUB**, its coaches, parents, and swimmers, who worked to hard to have a great meet at **SPRINGFIELD COLLEGE** for all the ten and under championship swimmers.

Another big **THANK YOU** to the parents, coaches, and swimmers of **SHANNOT AQUATIC CLUB** who worked equally hard to produce a wonderful championship for the senior swimmers at **UNIVERSITY OF CONNECTICUT**. It is particularly difficult to run a meet in a facility that is miles from a team's base.

A special **THANK YOU** to **ISABELLE FRASER** who saved the day when the timing system at U/Conn developed a problem. She drove to Springfield College to borrow their timing console!!

A final **THANK YOU** to the New England parents who volunteered to officiate, time, and generally help out. Without you there would have been no meets!!

**THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU**

**A CHALLENGE.....**The United States Armed Forces Swimming Team has been training at Hanscom Air Force Base, preparing for their world meet in Rome this fall. The team has issued a challenge to the senior swimmers in New England (those finishing in the top 16 at Senior Championships) to compete in a dual meet. The meet will be swum at Hanscom (long course meters) on Saturday, August 26, 1995 from 9 am to 11 am. The meet will be "approved" by New England Swimming. Coaches who have interested swimmers should contact Kelly Kemp at 617-274-0635.

The Board of New England Swimming plans to meet on Monday, September 11, 1995 at 7 pm. Watch your August issue for a definite place (or call the office). The Board will not meet in August.

**REGISTRATION FOR 1996:**

It is time to begin to think about registration for 1996! In August each NE club will receive a form to be completed indicating the team address for the fall and also asking for the name of the contact person for registration for 1996. When the office receives this contact person's name, registration information will be sent out to the club.

**FEES** for 1996 will be the same as for 1995:

Athletes	:	\$ 25
Non-athletes: Individual:	:	\$ 22
Family	:	\$ 37
Club (before December 1)	:	\$125 *
(after December 1)	:	\$150 *

\*includes the registration fee for two non-athletes.

Please take some time now to select a registration chairman and put your registration procedures in place. All registrations should go through the team registration person, and we would prefer one check.

Registrations for 1995 are good until December 31, 1995. Clubs, athletes, and non-athletes who register after September 1, 1995 will receive registrations good until December 31, 1996.

## **HELP WANTED**

**ASSISTANT SWIM COACH** wanted for Danvers YMCA Dolphins--from September 18--the end of March, 1996. Part-time position--3 days a week (5--7 pm), plus weekend meets. Contact Barbara Damon, 508-774-8684, or Lenny Mercier at the Danvers YMCA, 508-774-2055.

**SENIOR GROUP COACH:** Triton Aquatic Club is looking for a senior group coach. Contact Kellie Drews at 508-485-7090 or Shoo Tutunjian at 508-842-5337.

**HEAD SWIM COACH WANTED** for Age Group swimming program at YMCA, September--April. Competitive salary; experience required. Submit resume to: YMCA of Greater New Bedford, 25 South Water Street, New Bedford, MA 02740, attention: Martha Peterson. EOE/AA.

**HEAD SWIM TEAM COACH/AQUATIC DIRECTOR:** The Cape Ann YMCA is looking for an organized, personable and experienced coach to lead their 150+ swim team and manage the aquatic department. YMCA certifications are a plus. Salary range is \$28,000-\$32,000 plus medical & dental and 12% retirement into the National YMCA retirement fund. Send resume to: Mr. Bill Sciafani, Cape Ann YMCA, 71 Middle Street, Gloucester, MA 01930 (508-283-0470) by August 1, 1995. (A more detailed notice is at the New England office.)

**SWIMMING INSTRUCTORS NEEDED:** Patient, compassionate and reliable individuals needed to teach swimming to children aged four to twelve, in small groups and private lessons in Newton and Watertown (MA). Call Reid Christen at 617-894-2261 for more information.

## NEW ENGLAND SWIMMING, BOARD MEMBERS, COORDINATORS, COMMITTEE MEMBERS

MARC ALLEN Chairman	2 Colony Way Nashua, NH 03062	(H) 603-888-4873 (W) 603-432-2210
KEN CUNHA Vice Chairman	33 Ronald Road Sudbury, MA 01776	(H) 508-443-3180
GLENN HERRICK Treasurer	36 Mayflower Drive Wenham, MA 01984	(H) 508-468-2548
KAREN ALMLOF Secretary	3 Longspur Road Chelmsford, MA 01824	(H) 508-251-1128
JOSEPH BERNAL Senior Chairman	8 Woodchester Circle Waltham, MA 02154	(H) 617-890-6955
ANNE HAWKINS Age Group Chairman	PO Box 397 Hollis, NH 03049	(H) 603-465-2550
DONNA BROWN Age Group Committee	66 Craigie Street Somerville, MA 02143	(H) 617-776-4531
ANN MURRAY Technical Chairman	831 Shirley Street Winthrop, MA 02152-2519	(H) 617-539-1983
MARY RIDDELL Registration Administrative Assistant	20 Cleveland Road Needham, MA 02192	(O) 617-449-0270 (H) 617-444-2590 (F) 617-449-7903
ELLIOT LASKY Officials Chairman	15 Masefield Road Nashua, NH 03062	(H) 603-888-5557
ABBY HURLBUT Officials Committee	10 Wildwood Street Winchester, MA 01890	(H) 617-729-4216
FRANK CHING Officials Committee	25 Ranger Road Natick, MA 01760	(H) 508-655-4169 (W) 617-965-0955
ISABELLE FRASER Coach Representative Sanction Chairman Zone Representative	125 Franklin Road Longmeadow, MA 01106	(H) 413-567-3415 (W) 413-567-2239
PRISCILLA DAVIS Safety Officer Adaptive Swimming Review Board Chairman	205 Woodbury Street South Hamilton, MA 01982	(H) 508-468-3786
MIKE PARRATTO Coach Representative	14 Back Street Dover, NH 03820	(H) 603-749-2869
THOMAS O'DONNELL Athlete Representative	75 Bayberry Road Canton, MA 02021	(H) 617-821-2220
JULIE LAPINSKY Athlete Representative	62 Allston Avenue Worcester, MA 01604	(H) 508-799-4044
PAM WARNER NE Records USS Top 16	19 Kress Farm Road Hingham, MA 02043	(H) 617-749-2526
MARIELLA ALLARD Club Development	18 Barnesdale Road Natick, MA 01760	(H) 508-655-7012

CARLTON CRONIN Open Water/Distance	14 Brown Street Haverhill, MA 01830	(H) 508-521-4751
HAROLD FIGUEIRA Swim-a-thon	30 Blanding Road Rehoboth, MA 02769	(H) 508-336-5400 (W) 508-336-4258
GERARD ZIMMER Meet Evaluation	PO Box 534 Amherst, NH 03031	(H) 603-673-0676
CAROL MITCHELL OVC's	14 Sunset Road Stoneham, MA 02180	(H) 617-665-7439
JIM MURPHY Special Projects	56 Cleveland Way Buzzards Bay, MA 02532	(H) 508-759-3298
BRUCE MOHL At Large	24 Newmarket Road Durham, NH 03824	(H) 603-868-7249
AMY PARRATTO Camps	14 Back Street Dover, NH 03820	(H) 603-749-2869
ANNE KOTCH OVC's	128 South Street Attleboro, MA 02703	(H) 508-222-7063

**UNITED STATES SWIMMING NUMBERS:**

UNITED STATES SWIMMING	One Olympic Plaza Colorado Springs, CO 80909	(O) 719-578-4578 (F) 719-578-4761
PEAK INSURANCE GROUP	PO Box 32712 Phoenix, AZ 85064-2712	602-990-1111 1-800-777-4930 1-800-287-PEAK (F) 602-947-0454

**REVIEW SECTION:**

Priscilla Davis  
Bruce Mohl  
Isabelle Fraser  
Joe Bernal  
Thomas O'Donnell

**NOMINATING COMMITTEE**

Priscilla Davis  
Bruce Mohl  
Donna Brown



\*\*\*\*\*

\* NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL \*  
 \* 20 Cleveland Road \*  
 \* Needham, MA 02192 \*  
 \* 617-449-0270 \*  
 \* \* FAX 617-449-7903 \*  
 \*

\* OFFICE HOURS: Monday : 8 a.m.—2 p.m.; 7:30 p.m.—10 p.m. \*  
 \* Thursday: 8 a.m.—2 p.m. \*  
 \*

\* \* Please do not send registration by FAX; registration is not \*  
 \* possible without payment of the registration fee. \*  
 \*

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### ANNUAL MEETING

SATURDAY, SEPTEMBER 30, 1995

The Annual Meeting of New England Swimming will be held on Saturday, September 30, 1995 at the Wellesley Community Center, Wellesley, MA. Please encourage your team to be well-represented. Each team and each Board Member has one vote, but others are encouraged to attend. Please note that this year the Athletes Committee will be meeting.

**ANNUAL MEETING:**

- 9:00 Coffee and Registration
- 9:30 General Meeting
- 12:00: Coaches Meeting
- Officials Meeting
- Meet Managers Meeting
- Athletes Committee

The General Meeting will include elections of new officers and reports from convention, including a discussion of new by-laws and possible changes in the national calendar; also on the agenda will be reports from various New England committees and other topics of interest to the attendees.

Teams running swim meets during the short course or long course season must send a representative to the Meet Managers Meeting.

Anyone who has an item for discussion at the General Meeting should contact Marc Allen (603-888-4873); anyone who has a topic for discussion at the Officials Meeting should contact Elliot Lasky (603-888-5557); anyone who has a topic for discussion at the Coaches Meeting should contact Isabelle Fraser (413-567-3415); anyone who has a topic for discussion at the Athletes Committee meeting should contact Thomas O'Donnell (617-821-2220).

If you plan to spend the day, please bring a lunch. New England will provide coffee and soda. The coaches usually order pizza for their meeting.

Please put this meeting on your calendar and keep the day free for coaches, parents, and athletes to attend the meeting. If you have any suggestions or concerns about New England Swimming, please save the day and also call the appropriate person so that your concern can be on the agenda!!!!!!

1996 Olympic Trials  
Time Standards

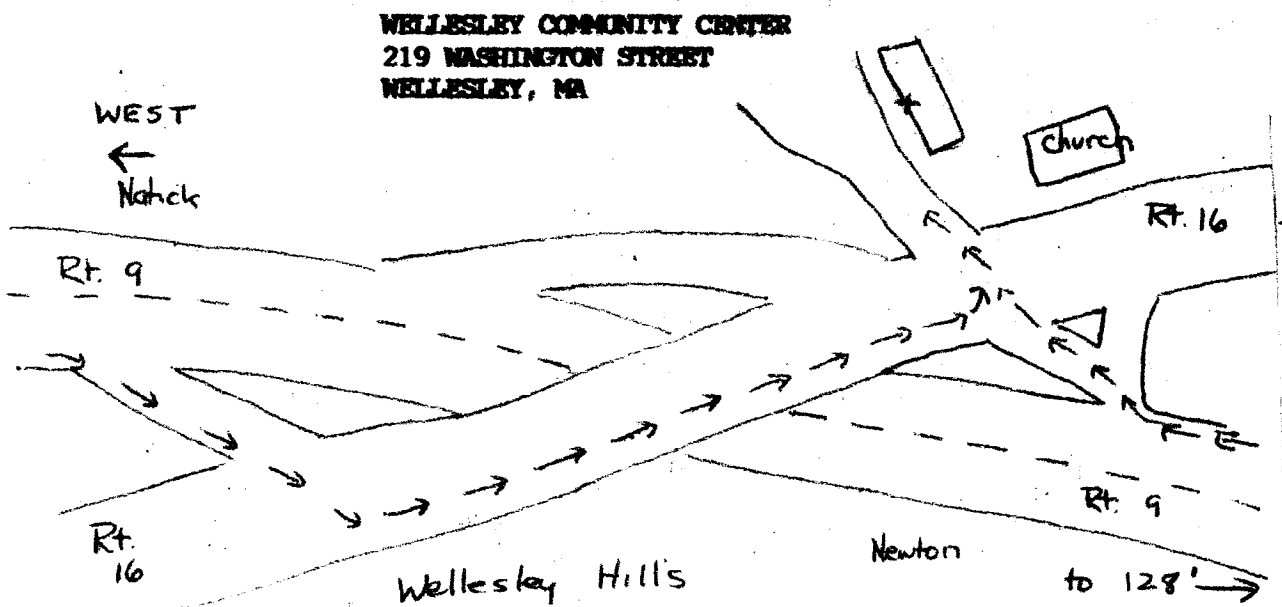
WOMEN			EVENT	MEN		
SC (Yards)	SC (Meters)	LC (Meters)		SC (Yards)	SC (Meters)	LC (Meters)
22.98	25.89	26.59	50 Freestyle	19.99	22.09	23.39
50.08	55.19	57.89	100 Freestyle	43.89	48.49	51.39
1:48.29	1:59.39	2:03.89	200 Freestyle	1:36.49	1:46.89	1:52.49
4:46.39	4:07.29	4:19.79	400 Freestyle	4:21.89	3:46.89	3:58.89
9:51.99	8:35.49	8:50.49	800 Freestyle	9:17.99	8:08.19	8:20.59
16:39.59	16:28.79	16:55.99	1500 Freestyle	15:11.69	14:54.99	15:47.49
54.99	1:00.59	1:04.59	100 Backstroke	48.09	53.89	57.79
1:57.79	2:10.99	2:17.99	200 Backstroke	1:45.19	1:57.29	2:04.19
1:03.09	1:10.49	1:12.99	100 Breaststroke	55.09	1:01.19	1:04.69
2:15.89	2:31.79	2:36.79	200 Breaststroke	1:57.99	2:12.39	2:19.99
54.69	1:00.19	1:02.79	100 Butterfly	48.29	52.99	55.59
2:00.09	2:11.99	2:16.89	200 Butterfly	1:47.09	1:57.19	2:03.19
2:01.59	2:13.19	2:20.89	200 Ind. Medley	1:47.39	1:57.79	2:06.99
4:17.99	4:47.69	4:56.49	400 Ind. Medley	3:50.89	4:15.79	4:28.89

**QUALIFYING PERIOD:**  
July 23, 1994 through the entry deadline

**DIRECTIONS TO WELLESLEY COMMUNITY CENTER:** 219 Washington Street (Route 16), Wellesley Hills, MA

From Route 128 take Route 9 west. After the second set of lights, turn right at the blinker (the sign says Route 16). At the light at the end of the ramp, stay to the right and cross Route 16 into the parking lot. Be careful. Cars on Route 16 are not necessarily expecting you!

From the west, take Route 9 east. Exit at Wellesley Hills, Route 16. At the lights at the end of the ramp, turn left, cross back over Route 9 and turn left into the driveway which is just beyond the ramp to Route 9 (and a sign that says no left turn onto the ramp).



**TEN and UNDER CHAMPIONSHIPS:**

**Congratulations** to all the swimmers who worked hard and swam fast at Ten & under Championships at Springfield College.

**EIGHT & UNDER HIGH POINT:**

1. ELIZABETH DEMERS	ANA	1. THOMAS BAILEY	MEM
2. JACLYN PORTER	SAC	2. DEREK YEE	UN
3. LYNNE TUTUNJIAN	TRAC	3. TRAVIS CREED	TRAC
4. CHRISTINA CROWLEY	NEB	4. ROBERT A SERAWA	PST
5. COURTNEY FINN	NEB	5. ANTHONY DeCECCA	BGSC
6. BRITTANY FRANK	UN	6. JONATHAN MELTZ	MVP

**9 & 10 HIGH POINT:**

1. CONNIE BROWN	MVP	1. BRIAN FISKE	MVP
2. BETH LOPEZ	NEB	2. CHRISTIAN KIENZLE	BGSC
3. JENNIE KNOTT	WBD	3. SEAN RILEY	BGSC
4. ANNIE GOLDSTEIN	BSC	4. CHRISTIAN WARNER	BGSC
5. CLAIRE W HAWLEY	CCSC	5. ANDREW R CULLUM	CCSC
6. JESSICA DAVIDSON	BYS	6. JIMMY HOMOLESKI	PSC

**COMBINED TEAM HIGH POINT**

1. BERNAL'S GATOR SWIM CLUB
2. MERRIMACK VALLEY PIRATES
3. MASS BAY MARLINS
4. CAPE COD SWIM CLUB
5. NEW ENGLAND BARRACUDAS
6. ANDOVER/NORTH ANDOVER YMCA

**NEW ENGLAND SENIOR CHAMPIONSHIPS:**

**Congratulations** to the swimmers who participated in Senior Championships at the University of Connecticut. There were many fast swims, exciting races and national cuts achieved.

**INDIVIDUAL HIGH POINT:**

1. JESSICA TUCKER-MOHL	SSA	1. DENIS SIRRINGHAUS	BGSC
2. WENDY BROWN	BGSC	2. JONATHAN McLEOD	BGSC
3. KRISTEN VOUTSELAS	MEM	3. ERIC WILLIAMS	SSA
4. LISA BUSHNELL	BGSC	4. ERIK VENDT	MEM
5. KARRI CHARPENTIER	GMSC	5. WILLIAM MAHER	BSC
6. AMANDA HALL	BGSC	6. GENE SUTHERLAND	BGSC
7. EMILY DEPPE	SSA	7. BRYAN GRIMES	GMSC
8. ANNE IACOBUCCI	BSC	JARED FELKER	SSA

**COMBINED TEAM HIGH POINT:**

1. BERNAL'S GATOR SWIM CLUB
2. SEACOAST SWIMMING ASSOCIATION
3. MASS BAY MARLINS
4. BRUIN SWIM CLUB
5. GREENWOOD MEMORIAL SWIM CLUB
6. NEW ENGLAND BARRACUDAS
7. HAVERHILL YOUTH SWIM TEAM
8. NORTH SHORE SWIM CLUB



**GRADUATED SWIMMERS HONORED AT SENIOR CHAMPIONSHIPS:**

At New England Senior Championships the graduated seniors in attendance were recognized:

<b>BGSC:</b>	<b>DENIS SIRRINGHAUS</b>	Harvard University
	<b>CAROLINE ARPE</b>	Georgetown University
	<b>AMANDA HALL</b>	UCLA
	<b>DANIELLE PELUSO</b>	University of Connecticut
	<b>JEN SCHMID</b>	Indiana University
	<b>MISSY SCHOFIELD</b>	James Madison
	<b>MELISSA SESSOMS</b>	University of Miami
	<b>SUE TRAINER</b>	University of Florida
	<b>A. J. BOWMAN</b>	Duke
	<b>SALVADOR SUAU</b>	University of Tennessee
<b>BSC:</b>	<b>ANNE IACOBUCCI</b>	Notre Dame
	<b>MARK SOMA</b>	American University
	<b>JAY ROSENQUEST</b>	Davidson
<b>EBAC:</b>	<b>JENNY MOONEY</b>	Clemson University
	<b>ANDREW CARDILLO</b>	Northeastern University
<b>HYST:</b>	<b>DAVE GREEN</b>	Old Dominion
	<b>ALLYSON HORGAN</b>	Boston College
	<b>DAVID RINES</b>	Rochester Institute of Technology
<b>MEM:</b>	<b>DEIRDRE DUNN</b>	MIT
	<b>RACHEL QUEBEC</b>	Boston College
	<b>STEVE GESKOS</b>	Brandeis
	<b>KERNER SMITH</b>	Cornell
	<b>ALEX KURMAKOV</b>	Harvard
<b>NSSC:</b>	<b>SUSIE HERRICK</b>	University of Maine/Orono
<b>PSC:</b>	<b>REBECCA SCOTT</b>	Tufts University
	<b>MIKE LARSEN</b>	Middlebury College
<b>SAC:</b>	<b>MARC LAVERDIERE</b>	University of Massachusetts/Amherst
<b>SSA:</b>	<b>KELLY FLYNN</b>	Harvard
	<b>KIRSTIN NAGLE</b>	Rice
	<b>NICOLE CIANCARELLI</b>	American University
	<b>CAROLINE PALMER</b>	Stanford
	<b>KAREN ANDERSON</b>	Dartmouth
	<b>JUSTIN PUDLOSKI</b>	James Madison
	<b>ERIC WILLIAMS</b>	Cornell
<b>YSS:</b>	<b>THYS WIND</b>	Virginia Tech
	<b>LAUREN GALLAGHER</b>	Virginia Tech

Other New England graduates that have been reported include:

<b>BGSC:</b>	<b>JEN BERG</b>	University of Virginia
<b>BSC:</b>	<b>CATHLYN LANG</b>	Hamilton College
<b>CCSC:</b>	<b>SARAH SCHWARTZ</b>	Hamilton College
	<b>ERIN OUELLETTE</b>	Ithaca College
<b>HYST:</b>	<b>ILYA FISHMAN</b>	Lafayette
	<b>MARK PONIKVAR</b>	West Point
	<b>KELLEY SIMARD</b>	Bridgewater State
<b>MEM:</b>	<b>CHRISSE RILEY</b>	University of Richmond
	<b>SUSAN CHERWINSKY</b>	Boston University
<b>NSSC:</b>	<b>LAURIE CRAIGEN</b>	Holy Cross
	<b>GWEN CALLAHAN</b>	Catholic University
<b>PVAC:</b>	<b>BETH ELJE</b>	James Madison University
	<b>WILL LUTAT</b>	US Naval Academy

continued...

GRADUATING SENIORS (continued)

SAC: AMY MULLEN	University of Massachusetts/Amherst
SSA: KASEY OSGOOD	University of New Hampshire
CLAIRE O'WELLY	University of New Hampshire
AAREN ECHDE	Montana
GAVIN KANE	Keene State
JESSICA DOND	US Air force Academy
YSS: ANN MURPHY	University of Maine

ATHLETES ATHLETES ATHLETES ATHLETES ATHLETES ATHLETES ATHLETES ATHLETES

"OPPORTUNITY KNOCKS"

IF YOU WANT YOUR PROBLEMS SOLVED—GET INVOLVED!

WANTED: ONE INTERESTED SWIMMER

The Board of New England Swimming is looking for an interested and dedicated swimmer to fill the vacancy of Junior Representative. Thomas O'Donnell is completing a successful two years as Athlete Representative. Julie Lapinsky is completing a successful first year and is looking forward to her second year. Because Thomas is completing his term, a new Athlete Representative is needed.

It is both an important and interesting position; you will learn a great deal about United States Swimming. You will travel to the national convention which has been held in Los Angeles, Kansas City, and this year, Houston.

If you are interested in this position, please complete the form at the bottom of this page and submit it with a brief essay stating why you deserve this position.

MAIL TO: THOMAS O'DONNELL  
75 Bayberry Road  
Canton, MA 02021  
617-821-2220

or JULIE LAPINSKY  
62 Allston Avenue  
Worcester, MA 01604  
508-799-4044

BY SEPTEMBER 1, 1995 please

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NAME: \_\_\_\_\_ CLUB: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

AGE: \_\_\_\_\_ YEAR IN SCHOOL IN SEPTEMBER: \_\_\_\_\_

ATHLETES

**SEED CARDS:** Seed Cards are available through the New England Office. The cost for plain cards is \$22 per thousand, including mailing. If the cards are picked up in Needham, the cost is \$19 per thousand. There is no minimum, and the cards may be split any way between boys and girls.

If you want initials on the cards, the price for 1,000 cards is \$31, including mailing. If the cards are picked up in Needham, the cost is \$28. If you want 2,000 or more cards with initials, the cost is \$26 per thousand, including mailing, or \$23 per thousand if the cards are picked up in Needham. The minimum order for cards with initials is 1,000 cards.

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**NEWSLETTER PLUS SUBSCRIPTIONS:** Please check the expiration date of your subscription to NEWSLETTER PLUS. Subscriptions may be ordered through the New England Office for \$10 per year. Clubs do not have an expiration date on their labels since all registered clubs receive one free subscription with their registrations.



**United States Swimming  
New England**

20 Cleveland Road Needham, MA 02192

**FIRST CLASS**



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

AUGUST 1995

**IN THIS ISSUE:** NE SHORT COURSE CALENDAR; HIGH POINT WINNERS—AGE GROUP CHAMPIONSHIPS; OPEN WATER SWIM RESULTS; NE SWIMMERS AT USS NATIONALS; TOP TEN BANQUET & TABULATION INFO.....

**COMING IN THE NEXT ISSUE:** NE SWIMMERS AT ZONES & JUNIOR NATIONALS (if results are received by the office)

**CONGRATULATIONS** to the new JUNIOR COACH REPRESENTATIVE—REID CHRISTEN (DARE).

ISABELLE FRASER (PVAC) will move up to SENIOR COACH REPRESENTATIVE. **THANK YOU** to the outgoing Senior Coach Representative, MIKE PARRATTO (SSA).

**DATES TO REMEMBER:** SEPTEMBER 30: ANNUAL MEETING, Wellesley Community Center, Wellesley, MA

\* OCTOBER 29: TOP TEN BANQUET, The Mill House, Dracut, MA

\* Please note change of date!!!!

The NEW ENGLAND SWIMMING OFFICE  
will be CLOSED FOR VACATION  
from FRIDAY, SEPTEMBER 1, 1995  
through SUNDAY, SEPTEMBER 10, 1995.

**THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU**

**Thank you** to the Mass Bay Marlins for running a very successful meet for New England's Age Group swimmers. A four-day trials and finals meet is quite an undertaking and New England appreciates the efforts of Mass Bay Marlins and their parents. A big **thank you** also to the officials and parents of other New England swimmers who volunteered their time as officials and timers.

**THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU**

The Board of New England Swimming will meet on Monday, September 11, 1995 at 7 pm at the Wellesley Community Center, Wellesley, MA.



## ANNUAL MEETING

SATURDAY, SEPTEMBER 30, 1995



The Annual Meeting of New England Swimming will be held on Saturday, September 30, 1995 at the Wellesley Community Center, Wellesley, MA. Please encourage your team to be well-represented. Each team and each Board Member has one vote, but others are encouraged to attend. Please note that this year the Athletes Committee will be meeting.

**ANNUAL MEETING:**

- 9:00 Collee and Registration
- 9:30 General Meeting
- 12:00 Meet Managers Meeting \*
- Athletes Committee
- Joint Meeting: Coaches & Officials
- 12:30 Coaches Meeting
- Officials Meeting & Recertification Clinic \*\*

The General Meeting will include elections of new officers and reports from convention, including a discussion of new by-laws and possible changes in the national calendar; also on the agenda will be reports from various New England committees and other topics of interest to the attendees.

- \* Teams running swim meets during the short course or long course season must send a representative to the Meet Managers Meeting.
- \*\* The recertification clinic will include a "take home" test which now is part of all recertification clinics.

Anyone who has an item for discussion at the General Meeting should contact Marc Allen (603-888-4873); anyone who has a topic for discussion at the Officials Meeting should contact Elliot Lasky (603-888-5557); anyone who has a topic for discussion at the Coaches Meeting should contact Isabelle Fraser (413-567-3415); anyone who has a topic for discussion at the Athletes Committee meeting should contact Thomas O'Donnell (617-821-2220).

If you plan to spend the day, please bring a lunch. New England will provide coffee and soda. The coaches usually order pizza for their meeting.

Please put this meeting on your calendar and keep the day free for coaches, parents, and athletes to attend the meeting. If you have any suggestions or concerns about New England Swimming, please save the day and also call the appropriate person so that your concern can be on the agenda!!!!!!



**OPEN WATER SWIM:**

The **MALISSA BLAIS MEMORIAL ONE MILE OPEN WATER SWIM** was held at Salisbury Beach Reservation on Sunday, August 6, 1995. The weather that day was the worst of the summer (so far)! It was raining, cold and windy, not ideal weather for an ocean swim of any distance!!

**TROPHY WINNERS:**

<b>WOMEN:</b>	<b>KRISTIN LATOURELLE</b>	<b>16</b>	<b>HYST</b>	<b>22:50.86</b>
<b>MEN:</b>	<b>JONATHAN QUIMBY</b>	<b>17</b>	<b>MEM</b>	<b>22:12.95</b>

**OTHER PARTICIPANTS:**

REBEKAH KALAPINSKI	15	NSSC	DAVE GREEN	18	HYST
MELISSA LAGUE	13	HYST	ADAM MOSKAL	18	HYST
CORIE ALFONSO	12	HYST	DAVE RINES	18	HYST
SARAH ZOMBEC	12	NWSC	SEAN KRUEGER	14	NWSC
ELIZABETH ACKLEY	15	EGSC	MARK MOSKAL	14	HYST
NICOLE HENDRICKSON	12	HYST	JOHN RHUDE	19	MVP
KASEY OSGOOD	18	NASY	EDWARD BRYAN	14	HYST
JAMIE CROSSCUP	18	NASY	CHRIS SHELDON	17	HYST
TARA DONOVAN	13	HYST			
ANDREA GIROLAMO	15	MVP			

**CONGRATULATIONS** to all the participants and to their family members and to members of the family of Malissa Blais who cheered on all the swimmers. Thank you to the Meet Director, Carlton Cronin and to the Meet Officials, Jay Munro and Paul Memont.

**TEAM MAILINGS:**

Teams that are members of New England Swimming receive a subscription to our publication, Newsletter Plus, and also receive a copy of all the meet invitations sent out by New England teams for calendar meets. The New England office sends a set of printed labels of all currently registered teams to each team running a meet. The New England office recently sent a form to each club asking for their fall mailing address and the name and address of the registration chair for the team. As these are returned, the labels are updated. Please return your form so that your correct address will be sent to the teams running meets in the fall.

In response to several requests, New England also offers a subscription service which will allow individuals to receive all meet invitations and also allow teams to receive an additional mailing at a second address.

For a fee of \$50 per year, a team or individual will receive a subscription to Newsletter Plus and also will have their address added to the list of labels which is sent out to the teams running meets. Teams or individuals that do not want this service may continue to phone the contact person for individual meets and request that an entry be sent to them.

If you wish to be added to the mailing list for meets for the next year, please send your request (and \$50 fee) immediately so your address may be added to the mailing list. Those who subscribed in the spring will be on the mailing list through the short course season.

**1995 PHILLIPS 66 NATIONAL SWIMMING CHAMPIONSHIPS:**

**CONGRATULATIONS** to the New England Swimmers who participated in the 1995 Phillips 66 National Swimming Championships in Pasadena, CA on July 31 to August 4, 1995.

NEW ENGLAND SWIMMERS IN **FINALS** INCLUDED:

**BRIAN YOUNGER** MEM

NEW ENGLAND SWIMMERS IN **CONSOLATION FINALS** INCLUDED:

**ED WAGNER** MEM

**SPENCER HAWKINS** MEM

**DENIS SIRRINGHAUS** BGSC

OTHER NEW ENGLAND SWIMMERS PARTICIPATING IN **INDIVIDUAL EVENTS** INCLUDED:

**AMANDA HALL** BGSC

**AMY HOLT** BGSC

**KATINA MAISTRELLIS** BGSC

**LISA BUSHNELL** BGSC

**DENISE LECKENBY** SSA

**EMILY DEPPE** SSA

**CAROLINE PALMER** SSA

**KRISTEN LOZEAU** GMSC

**COLEEN LYNCH** PAC

**NICOLE RUTKOWSKI** MEM

**ALLISON VENDT** MEM

**LESLIE REPETTO** MEM

**PETER GERARD** BGSC

**KURT LESLIE** BGSC

**GENE SUTHERLAND** BGSC

**JONATHAN MCLEOD** BGSC

**JESSICA TUCKER-MOHL** SSA

**KIRSTIN NAGLE** SSA

**MICHELE LABRIE** SSA

**KARRI CHARPENTIER** GMSC

**ALEX KURMAKOV** MEM

**JOE SHEEHAN** MEM

**BRIAN LIVINGSTON** MEM

**ALEX CURIA** MEM

NEW ENGLAND SWIMMERS SWIMMING IN **RELAYS** INCLUDED:

BGSC: **JULIE LAPINSKY, SCOTT HLOEMAN**

GMSC: **ERIN HOWARTH, AMANDA KIROUAC**

MEM: **JEN STEFFEN**

Two former New England Swimmers won individual events:

**JENNY THOMPSON** won the 100 meter butterfly.

**RAY CAREY** won the 200 meter butterfly.



## TOP TEN BANQUET

The Top Ten Banquet this year will be on Sunday, October 29, 1995. Please note the change of date from the date which was originally announced. We are sorry that this will conflict with some meets.

The banquet will be held at The Mill House, route 110, Dracut, MA. The Mill House is at the site of the former Windsor Mills Restaurant, but is under new ownership and management. The buffet will feature old favorites including chicken wings, baked ziti, meatballs and the always popular "dessert of the day." The cost will be \$14 per person including tax and tip. As in the past, Outstanding Swimmers will be the guests of New England Swimming.

## NEW ENGLAND SWIMMING SHORT COURSE CALENDAR, 1995—1996:

SEPTEMBER:

30 : **ANNUAL MEETING:**  
Wellesley Community Center Wellesley, MA

OCTOBER:

1: **JANE ORR MEMORIAL DISTANCE MEET (HYST)** Carlton Cronin  
Andover/North Andover YMCA, Andover, MA 508-521-4751  
400 IM, 500, 1650 free

21 : **YSS 12 & under MINI-MEET** Darlene McGrath  
Lincoln Hancock Pool, Quincy, MA 617-986-6803  
6 & under, 7--12 swim your own age

21--22: **NEB TEAM SPECIALTY MEET** Bob Lawton  
Northeastern University, Boston, MA 508-443-3302  
8 & under events 508-443-0278

22: **BAPB HARVEST CLASSIC TEAM SPECIALTY MEET** Gerry Cournoyer  
Bridgewater (MA) State College 508-697-1352 (W)  
sprints, relays, 8 & under events 401-723-7517 (H)

27--29: **SSSC B/C MEET** Dick Whitworth  
Medford (MA) High School 617-665-4360

29: **ABF FALL PENTATHLON MEET** Randy Wilheitz  
Attleboro (MA) High School 508-695-5316

29: **TOP TEN BANQUET**  
The Mill House, Dracut, MA

NOVEMBER:

3--5 : **CCSC TEAM SPECIALTY MEET** Torrey Toltin  
Mass Maritime Academy, Buzzards Bay, MA 508-888-8271  
508-564-5690

5 : **SSA/UNH DISTANCE SPECIALTY MEET** Bruce Mohl  
University of New Hampshire, Durham, NH 603-868-7249  
400 IM, 1000 free, 1650 free

10--12: **MVP TEAM SPECIALTY MEET** Harriet Kinnett  
Greater Lawrence Technical School, Andover, MA 508-256-9545  
8 & under events; 400 IM, 500 free on Friday

11 : **HYST LONG DISTANCE MEET** Paul Memont  
12: **HYST PENTATHLON MEET** 508-373-7094  
Haverhill (MA) High School

17--19: **BEVERLY/CAPE ANN YMCA TEAM SPECIALTY MEET** David LeBlanc  
Cape Ann YMCA, Gloucester, MA 508-744-4202  
10 & under swim own age; 11 & over swim age group

17--19: **EBAC TEAM SPECIALTY MEET** Roger Mooney  
East Providence (RI) High School 401-433-3545

24--26: **HAMPSHIRE REGIONAL SWIM CLUB "A/B" MEET** Sharon Ryder  
Smith College, Northampton, MA 413-296-4058

24 : **SAC 12 & under MINI-MEET** Nancy Trombini  
Keefe Vocational Tech, Framingham, MA 617-449-6107  
6--10 swim own age; 11--12 swim together

continued.....

**NEW ENGLAND SWIMMING SHORT COURSE CALENDAR, 1995--1996 (continued):****NOVEMBER:**

25--26: **SSA/UNH DISTANCE SPECIALTY MEET** Bruce Mohl  
University of New Hampshire, Durham, NH 603-868-7249

**DECEMBER:**

1--3 : **SSSC "A" AND BETTER MEET** Dick Whitworth  
Medford (MA) High School 617-665-4360

1--4 : **UNITED STATES SWIMMING OPEN MEET**

9--10: **YSS TEAM SPECIALTY MEET** Darlene McGrath  
Lincoln Hancock Pool, Quincy, MA 617-986-6803  
8 & under events

15--17: **CLARK CHRISTMAS TEAM SPECIALTY MEET** Kevin Salisbury  
Clark Aquatics, Clark University, Worcester, MA 508-791-7170  
400 IM, 500 free

15--17: **NCAC TEAM SPECIALTY MEET** Dennis Hagan  
Dartmouth College, Hanover, NH 802-885-9453  
400 IM, 500 free

16--17: **EST SPRINTS** Gil Gelineau  
Exeter Academy, Exeter, NH 603-772-6641  
8 & under events

**JANUARY:**

5--7 : **NEB "A" & BETTER (12 & under)** Bob Lawton  
"AA" & BETTER (13 & over) 508-443-3302  
Northeastern University, Boston, MA 508-443-0278  
400 IM, 1650 free

5--7 : **MVP TEAM SPECIALTY MEET** Harriet Kinnett  
Greater Lawrence Technical School, Andover, MA 508-256-9545  
400 IM, 500 free

6--7 : **GMSC B/C MEET** Peter Grimes  
Greenwood Memorial Pool, Gardner, MA 508-537-2104  
8 & under events

6--7 : **CAST TEAM SPECIALTY MEET** Dennis Carvahlo  
Community College of Rhode Island, Lincoln, RI 401-723-2466

6 : **SAC TEAM SPECIALTY MEET** Nancy Trombini  
Keefe Vocational Tech., Framingham, MA 617-449-6107  
12 & under swim together; 13 & over swim together

6 : **PVAC SENIOR DEVELOPMENT MEET** Maureen Mikuszewski  
7 : **PVAC PENTATHLON MEET** 413-596-8269  
Springfield College, Springfield, MA

12--14: **NWSC TEAM SPECIALTY MEET** Ed Sullivan  
Greater Lowell Regional Tech, Lowell, MA 508-256-3997

19--21: **BAT "A/B" MEET** Kate Shea  
Wheaton College, Norton, MA 617-489-1593

19--21: **HYST TEAM SPECIALTY MEET** Paul Memont  
Haverhill (MA) High School 508-373-7094

**continued.....**

**NEW ENGLAND SWIMMING SHORT COURSE CALENDAR (continued):****JANUARY:**

- 19--21: **EBAC "B/C" MEET** Roger Mooney  
East Providence (RI) High School 401-433-3545
- 20--21: **EB AGE GROUP & SENIOR "B/C" MEET** Brenda A. Levine  
White Brook Middle School, Easthampton, MA 413-527-7357  
8 & under events; 400 IM, 500 free
- 26--28: **BEVERLY/CAPE ANN YMCA TEAM SPECIALTY MEET** David LeBlanc  
Cape Ann YMCA, Gloucester, MA 508-744-4202  
400 IM, 500 free, 1000 free
- 26--28: **ABF WINTER SPECIALTY MEET** Randy Wilheitz  
Attleboro (MA) High School 508-695-5316
- 26--28: **MEM NATIONAL QUALIFIER (Long Course)** Mikela Madison  
Harvard University, Cambridge, MA 617-894-3063

**FEBRUARY:**

- 2--4 : **GMSC TEAM SPECIALTY MEET** Peter Grimes  
Greenwood Memorial Pool, Gardner, MA 508-537-2104
- 8--11: **PHILLIPS 66 NATIONAL SWIMMING CHAMPIONSHIPS**
- 16--18: **BRONZE CLASSIC (EB)** Brenda A. Levine  
White Brook Middle School, Easthampton, MA 413-527-7357
- 23--25: **DISTRICT CHAMPIONSHIPS:**
- SHAWMUT AQUATIC CLUB** Nancy Trombini  
Keefe Technical School, Framingham, MA 617-449-6107
- NORTH COUNTRY AQUATIC CLUB** Dennis Hagan  
Dartmouth College, Hanover, NH 802-885-9453
- CAPE COD SWIM CLUB** Torrey Toltin  
Mass Maritime Academy, Buzzards Bay, MA 508-888-8271  
508-564-5690

**MARCH:**

- 1--3 : **TEN & UNDER CHAMPIONSHIPS (NCAC)** Dennis Hagan  
Dartmouth College, Hanover, NH 802-885-9453
- 6--12: **OLYMPIC TRIALS**, Indianapolis, IN
- 7--10: **AGE GROUP CHAMPIONSHIPS (CAST)** Dennis Carvalho  
University of Rhode Island, Kingston, RI 401-723-2466
- 14--17: **SENIOR CHAMPIONSHIPS (MEM)** Mikela Madison  
Harvard University, Cambridge, MA 617-894-3063
- 19--23: **JUNIOR NATIONAL CHAMPIONSHIPS**, Nashville, TN

## FOR YOUR INFORMATION:

- December 8--10: **BOWDOIN SENIOR INVITATIONAL** Charlie Butt  
Bowdoin College, Brunswick, ME 207-725-3527

**NOTES:** There will be three District Championships this season.

The format for **Age Groups** will be: trials for 11--12 and 13--14 swimmers in the morning; finals for 11--12 and 13--14 swimmers in the evening; timed finals for 15--16 swimmers in the afternoon (at the same facility).

**TOP TEN TIMES AND OUTSTANDING SWIMMERS:**

Every year at this time the office receives many questions about the Top Ten Times and Outstanding Swimmers.

The Top Ten Times are the fastest ten times from swims done at New England sanctioned calendar meets for a 12-month period. The short course times (25-yard pools) run from June 1, 1994 through May 31, 1995. The long course times (50-meter pools) run from October 1, 1994 through September 30, 1995.

In addition to New England sanctioned calendar meets, we also use times from out-of-district sanctioned meets if the results are sent to the New England office. We consider all times that are printed for the meet, trials, finals, swim-offs, but we do not include time trials. We also consider lead-off splits (from individual events and relays) when they are printed.

We do not include meets that are closed (restricted to certain teams, league members, etc.). For this reason we do not consider high school meets, dual meets, "Y" meets, etc.

A swimmer who places in an event at Age Groups does not necessarily also achieve a Top Ten Time ranking. The most common reason for this is that swimmers who have "aged up" before Age Groups achieve top ten times in meets before Age Groups. Other swimmers achieve their best times at meets other than Age Groups. Also, top ten times can be achieved in finals, consolation finals or in lead-off splits.

Outstanding Swimmers are those who have accumulated the most points through their top ten standings. The scoring is as follows:

STANDING:	1	2	3	4	5	6	7	8	9	10
POINTS :	12	9	8	7	6	5	4	3	2	1

High Point winners at Age Groups are not necessarily Outstanding Swimmers. In addition to the factors already listed, the scoring system is different. Outstanding Swimmers are scored to ten places; Age Groups is scored to 12 or 16 places (depending on the number of lanes in the pool). Another factor is that swimmers at Age Groups are limited in the number of events they can swim. For Top Ten Times swimmers can be ranked in all events if their times are fast enough.

If you have any further questions, please call the office.

## **HELP WANTED**

**SWIM COACH WANTED:** Salem Boys and Girls Club is looking for a Head Swim Coach. Southern New Hampshire youth-serving agency is seeking an experienced coach for their 50 member swim team; must be USS certified; pay range #8--10,000. Mail or fax resume and references to : Andrea Bergdoll, Salem Boys and Girls Club, 3 Geremonty Drive, Salem, NH 03079. FAX: 603-893-4181.

**ASSISTANT SWIM COACH** wanted for Danvers YMCA Dolphins, from September 18 through end of March, 1996. Part-time position--3 days a week (5--7 pm), plus weekend meets. Contact Barbara Damon (508-744-8684) or Lenny Mercier (508-774-2055).

**AGE GROUP CHAMPIONSHIPS:**

**Congratulations** to all the swimmers who worked hard and swam fast at Age Group Championships at Harvard University.

**11 and 12 HIGH POINT:**

1. ASHLEY MARLENGA	MBM	1. NATHAN BAGNASCHI	BGSC
2. NOELLE PULOMENA	SSA	2. JEREMY TILLMAN	HYV
3. TERESA MCRANN	YSS	3. CARLTON CRONIN	HYST
4. COURTNEY DAVIES	NEB	4. BOBBY CROWDER	RAMS
5. PAIGE CRIMMIN	CBS	5. JUSTIN WELCH	NSSC
6. MEGHAN BINDER	NEB	6. GREG FORREST	OCY
7. BROOKE BONCHER	MVP	7. ANDREW SHARPIN	MBM
8. JAIME MILLARD	SSA	8. JEFFREY SCHNEIDER	YSS

**13 and 14 HIGH POINT:**

1. KATE MOODY	GMSC	1. GREG BILTON	MBM
2. CHANTEL MENARD	BGSC	2. DAVID LEWIS	SSA
3. KRISTIN LANDRY	GMSC	3. BRIAN DONOVAN	PVAC
4. LAUREN TRACY	BGSC	4. BRENDAN DRYSDALE	NSSC
5. MAURISA RILEY	BGSC	5. MARK MOSKAL	HYST
6. SARAH MOONEY	EBAC	6. TIMOTHY O'DONNELL	NEB
7. JILL STONEHOUSE	YSS	7. CHRIS MARTIN	PVAC
SAMANTHA ARSENAULT	NSSC	8. DARREN JOHNSON	SSA

**15 through 18 HIGH POINT:**

1. ANDREA KURRLE	ABF	1. JOSH OSTERBERG	NEB
2. SUZY RILEY	MBM	2. SAM PECK	EBAC
3. KERRIANNE KALBKO	BGSC	3. KEVIN RILEY	BGSC
4. WENDY BROWN	BGSC	4. ERIC WILLIAMS	SSA
5. AMY BLUME	SSA	5. MATTHEW O'DONNELL	NEB
6. MEREDITH CURLEY	YSS	6. DAVID SIECZKIEWICZ	BSC
7. KARA BRENNAN	ABF	7. CHRIS ARSENAULT	NSSC
8. BETH ELIE	PVAC	EMMANUEL JOB	NEB

**TEAM HIGH POINT (COMBINED MEN & WOMEN):**

1. MASS BAY MARLINS
2. BERNAL'S GATOR SWIM CLUB
3. SEACOAST SWIMMING ASSOCIATION
4. NEW ENGLAND BARRACUDAS
5. GREENWOOD MEMORIAL SWIM CLUB
6. NORTH SHORE SWIM CLUB
7. PIONEER VALLEY AQUATIC CLUB
8. SHAWMUT AQUATIC CLUB



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\*  
 \* **NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL** \*  
 \* 20 Cleveland Road \*  
 \* Needham, MA 02192 \*  
 \* 617-449-0270 \*  
 \* \* FAX 617-449-7903 \*  
 \*  
 \* **OFFICE HOURS: Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m.** \*  
 \* **Thursday: 8 a.m.--2 p.m.** \*  
 \*  
 \* \* Please do not send registration by FAX; registration is not \*  
 \* possible without payment of the registration fee. \*  
 \*  
 \*\*\*\*\*

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**United States Swimming  
New England**

20 Cleveland Road Needham, MA 02192

FIRST CLASS

*Steve Burke*





# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

SEPTEMBER 1995

IN THIS ISSUE: ANNUAL MEETING INFO; 1995---1996 REIMBURSEMENT  
POLICY & REQUEST FORM; NEW ENGLAND SWIMMERS AT  
ZONES & JUNIOR NATIONALS.....

**CONGRATULATIONS** to **CONNIE BROWN (MVP)** who broke a National Age Group Record in the 50 meter butterfly at the Eastern Zone Meet. She also broke four Zone Records and won six events!

**CONGRATULATIONS** to **ZEB JENKINS (PVAC)** who recently participated in the First World Deaf Swimming and Water Polo Championships in Brugge, Belgium where he won the 400 meter freestyle.

**CONGRATULATIONS** to **MATTHEW O'DONNELL (NEB)** who has been named as the new junior Athlete Representative. **THANK YOU** to his brother, **THOMAS O'DONNELL (NEB)** who is the retiring senior Athlete Rep. **JULIE LAPINSKY (BGSC)** will now be the senior Athlete Representative.

**DATES TO REMEMBER: SEPTEMBER 30: ANNUAL MEETING,** Wellesley Community Center, Wellesley, MA

**OCTOBER 29: TOP TEN BANQUET,** The Mill House, Dracut, MA

Information concerning Top Ten and Outstanding Swimmers will be in the October Newsletter, to be sent out shortly.

**MEET CORRECTION:**

November 25---26: **SSA TEAM SPECIALTY MEET**  
Exeter Academy, Exeter, NH

Bruce Mohl  
603-868-7249

**BOARD MEETINGS:** At the September meeting of the Board of New England Swimming it was decided to change the meeting day of the Board from the second Monday of the month to the second **TUESDAY** of the month. In addition to avoiding Monday holidays, we hope this will be more convenient for those attending meets on the previous weekend.

The Board of New England Swimming will meet on **TUESDAY**, October 10, 1995 at the Wellesley Community Center, Wellesley, MA. **Please note change of day!**

**EASTERN ZONE MEET (BUFFALO, NY):**

**CONGRATULATIONS** to the New England Swimmers who participated in the Eastern Zone meet at Buffalo, NY in August.

**CONGRATULATIONS** to **CONNIE BROWN (MVP)** who broke the National Age Group Record in the 50 meter butterfly. She also broke Eastern Zone Records in the 50 meter butterfly, 100 meter butterfly, 100 meter freestyle, 200 meter butterfly. In addition to winning these four events, she also won the 50 meter freestyle and the 100 meter backstroke!!

10 & under:	*CONNIE BROWN	MVP	*BRIAN FISKE	MVP
	KETIV SYVERSON	WBD	*ANDREW CULLUM	CCSC
	LUCAS IADAROLA	WBD	RICHE CROWDER	RAMS
			DANIEL CARVALHO	CAST
			DEREK MONETTE	AIST
11 and 12 :	BROOKE BONCHER	MVP	BOBBY CROWDER	RAMS
	LAUREN KAPELSON	ANA	DAVID LOTZ	BENN
	SARAH FERRANTI	MVP	SCOTT FEDAK	SAC
	CHELSEA FELLOWS- SWENSON	BENN	GREG FORREST	OCY
13 and 14 :	LAURA WARECK	GMSC	ANNE FEDAK	SAC
	KRISTIN KROLL	RAMS	ALLISON GARCEAU	RAMS
15--18 :	MIKE KERR	RAMS	JOSEPH DEPERRY	CAST

**THANK YOU** to **BARB** and **BOB CROWDER (RAMS)** who organized the team and served as head coaches. Thank you also to **MIKE** and **PATTY SPRING (MVP)** and **GINA IADAROLA (WBD)** and to the other parents who helped with the team. Without these volunteers there would have been no New England swimmers at the meet.

\* These swimmers scored points for the team in individual events.

All swimmers represented New England at the meet. They are listed with the teams they were representing at championships.

**COURSES FOR COACHES:****SAFETY TRAINING FOR SWIM COACHES:**

Recertification: Saturday, October 7; 1--5 pm, \$40  
 Certification: Sunday, October 8; 10am--5 pm, \$50  
 Dorchester (MA) YMCA. To register contact Steve Quimby at  
 617-436-7750

**CPR & FIRST AID:** Saturday, October 7, 12 noon to 6 pm

**SAFETY TRAINING FOR SWIM COACHES:** Sunday, October 8, 8 am to 12 noon  
 Bentley College, Waltham, MA. \$50/person. For information and  
 registration, contact: Phyllis Cardillo--508-478-5746 or  
 Jeanne White --508-692-4820

**NEB** is looking for an assistant coach for Age Group swimmers, 5 days a week.  
 Contact Allan Barry at 617-646-7719.

REIMBURSEMENT POLICY, 1995—1996:

A New England registered swimmer who swims in an individual event at Junior Nationals will be reimbursed \$150 by New England Swimming. A New England registered swimmer who swims in an individual event at the US Open will be reimbursed \$150 by New England Swimming. A New England registered swimmer who swims in an individual event at Senior Nationals will be reimbursed \$300 by New England Swimming. A New England registered swimmer who swims in an individual event at the Olympic Trials will be reimbursed \$300 by New England Swimming. A swimmer who places in the top 16 in one or more individual events will receive an additional \$50. There will be no limit either for the number of meets or the amount of money to be reimbursed to a swimmer.

During the short course season a swimmer must fully participate in three New England calendar meets to be eligible for reimbursement. During the long course season a swimmer must fully participate in two New England calendar meets to be eligible for reimbursement. "Full participation" means participation in all or at least two days of competition and at least one event at each day of participation.

If the New England Senior Championships is in place with a named facility by a certain date (90 days preceding the first day of the meet for long course; 120 days preceding the first day of the meet for short course), mandatory participation in the Senior meet is required in order for a swimmer to receive reimbursement. The New England Board may waive this requirement for good cause, such as illness or conflict with a National Team requirement.

A swimmer must request the reimbursement within eight weeks of the meet. The request must include the stub from the swimmer's airplane ticket or receipt of other expenses.

To be eligible for reimbursement an athlete must have been registered in New England and have competed in a New England calendar meet at least six months prior to the meet for which reimbursement has been requested.

A swimmer who does not participate in three New England calendar meets during short course season may request a waiver for a championship meet during that season only if he/she participates in three New England calendar meets during the long course season. A swimmer who does not participate in two New England calendar meets during the long course season may request a waiver for a championship meet during that season only if he/she participates in three New England calendar meets during the short course season. All requests for waivers will be considered following the long course season.

\*\*\*\*\*

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 \* \* Please do not send registration by FAX; registration is not \*  
 \* possible without payment of the registration fee. \*

\*\*\*\*\*

NEW ENGLAND SWIMMING REQUEST FOR REIMBURSEMENT

MEET: \_\_\_\_\_ DATE: \_\_\_\_\_

NAME: \_\_\_\_\_ CLUB: \_\_\_\_\_

DATE OF FIRST REGISTRATION IN NEW ENGLAND: \_\_\_\_\_

INDIVIDUAL EVENT(S) SWUM: \_\_\_\_\_  
\_\_\_\_\_

THREE NEW ENGLAND CALENDAR MEET SWUM IN SHORT COURSE SEASON (TWO IN LONG COURSE):

MEET: \_\_\_\_\_ DATE: \_\_\_\_\_

EVENTS SWUM: \_\_\_\_\_

MEET: \_\_\_\_\_ DATE: \_\_\_\_\_

EVENTS SWUM: \_\_\_\_\_

MEET: \_\_\_\_\_ DATE: \_\_\_\_\_

EVENTS SWUM: \_\_\_\_\_

MAKE CHECK PAYABLE TO: \_\_\_\_\_

MAIL CHECK TO: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

SIGNED: \_\_\_\_\_

TEAM REPRESENTATIVE

PARENT (or swimmer if over 18)

DATE: \_\_\_\_\_

(Requests must be made within 8 weeks.)

MAIL completed forms along with a copy of plane ticket or other proof of expenses (IRS requirement) to:

NEW ENGLAND SWIMMING  
20 Cleveland Road  
Needham, MA 02192

NOTE: Requests for reimbursement cannot be considered by the Board of New England Swimming until the results have been received by the office.

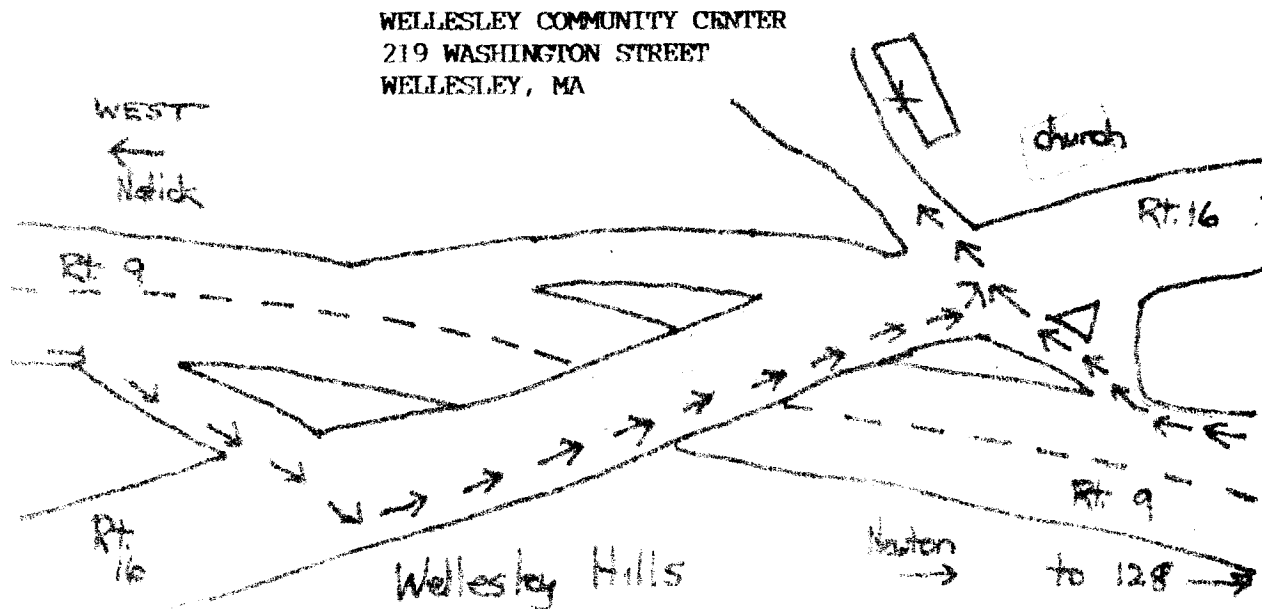
New England Swimming is pleased to present the following **SLATE OF OFFICERS** for election at the Annual Meeting. Nominations from the floor also will be accepted. The term of office is for two years.

<b>CHAIRMAN</b>	:	<b>MARC ALLEN</b>
<b>VICE CHAIRMAN</b>	:	<b>KEN CUNHA</b>
<b>TREASURER</b>	:	<b>CLAIRE ST. ONGE</b>
<b>SECRETARY</b>	:	<b>KAREN ALMLOF</b>
<b>SENIOR CHAIRMAN</b>	:	<b>ALAN BARRY</b>
		<b>JOSEPH BERNAL</b>
<b>AGE GROUP CHAIRMAN</b>	:	<b>SCOTT WOOLSEY</b>

**DIRECTIONS TO WELLESLEY COMMUNITY CENTER: 219 Washington Street (Route 16)  
Wellesley Hills, MA**

From Route 128 take Route 9 west. After the second set of lights, turn right at the blinker (the sign says Route 16). At the light at the end of the ramp, stay to the right and cross Route 16 into the parking lot. Be careful, Cars on Route 16 are not necessarily expecting you!

From the west, take Route 9 east. Exit at Wellesley Hills, Route 16. At the lights at the end of the ramp, turn left, cross back over Route 9 and turn left into the driveway which is just beyond the ramp to Route 9 (and a sign that says no left turn onto the ramp).





## ANNUAL MEETING

SATURDAY, SEPTEMBER 30, 1995



The Annual Meeting of New England Swimming will be held on Saturday, September 30, 1995 at the Wellesley Community Center, Wellesley, MA. Please encourage your team to be well-represented. Each team and each Board Member has one vote, but others are encouraged to attend. Please note that this year the Athletes Committee will be meeting.

- ANNUAL MEETING:**
- 9:00 Coffee and Registration
  - 9:30 General Meeting
  - 12:00 Meet Managers Meeting \*
  - Athletes Committee
  - Joint Meeting: Coaches & Officials
  - 12:30 Coaches Meeting
  - Officials Meeting & Recertification Clinic \*\*

The General Meeting will include elections of new officers and reports from convention, including a discussion of new by-laws and possible changes in the national calendar; also on the agenda will be reports from various New England committees and other topics of interest to the attendees.

- \* Teams running swim meets during the short course or long course season must send a representative to the Meet Managers Meeting.
- \*\* The recertification clinic will include a "take home" test which now is part of all recertification clinics.

Anyone who has an item for discussion at the General Meeting should contact Marc Allen (603-888-4873); anyone who has a topic for discussion at the Officials Meeting should contact Elliot Lasky (603-888-5557); anyone who has a topic for discussion at the Coaches Meeting should contact Isabelle Fraser (413-567-3415); anyone who has a topic for discussion at the Athletes Committee meeting should contact Thomas O'Donnell (617-821-2220).

If you plan to spend the day, please bring a lunch. New England will provide coffee and soda. The coaches usually order pizza for their meeting.

Please put this meeting on your calendar and keep the day free for coaches, parents, and athletes to attend the meeting. If you have any suggestions or concerns about New England Swimming, please save the day and also call the appropriate person so that your concern can be on the agenda!!!!!!

**JUNIOR NATIONAL CHAMPIONSHIPS (EAST):**

**CONGRATULATIONS** to the New England Swimmers who participated in Junior Nationals East at Orlando, FL. New England swimmers had many wonderful swims including first place in the 800 free by **KATIE ZIMBONE (MEM)**

**SWIMMERS PARTICIPATING IN FINALS:**

ERIN HOWARTH	GMSC	KATIE ZIMBONE	MEM
LISA BUSHNELL	BGSC	JULIE LAPINSKY	BGSC
KATINA MAISTRELLIS	BGSC	KERRIANNE KALEKO	BGSC

**SWIMMERS PARTICIPATING IN CONSOLATIONS:**

ANDREA KURRLE	ABF	KATE SANDERS	SSA
KARRI CHARPENTIER	GMSC	ERIK VENDT	MEM
KRISTIN LOZEAU	GMSC	MIKE DOWLING	MEM
MATT BUHTS	GMSC		

**SWIMMERS PARTICIPATING IN INDIVIDUAL EVENTS:**

JILL STONEHOUSE	YSS	MELISSA SESSOMS	BGSC
ANTONIO FONSECA	ABF	WENDY BROWN	BGSC
KYLE VANDENBERGHE	ABF	JOHN MITCHELL	BGSC
TRINA YOUNG	BSC	MELISSA FRECHETTE	SSA
ALETHA HOLMES	BSC	ERICA ALLEN	SSA
STEPHEN MAHER	BSC	BRIAN LUCEY	SSA
WILLIAM MAHER	BSC	JARED FELKER	SSA
KRISTEN VOUTSELAS	MEM	KATIE CLINE	GMSC
SUZIE RILEY	MEM	KRISTY MARTIN	GMSC
KERNER SMITH	MEM	AMANDA KIROUAC	GMSC
STEPHAN OTTLEY	MEM	SHANE RAYMOND	CCSC
KEVIN MULGREW	MEM	LINDSAY SULLIVAN	CCSC
LINDSAY GRIMM	SAC	ALEXIS KOSTOPOULOS	NSSC
MELINDA ANTONUCCI	UN	SAMANTHA ARSENAULT	NSSC
HENRY TURNER	SSCS	KATIE LYNCH	EBAC
JENELLE BRYAN	HYST	JENNY MOONEY	EBAC
ADAM PORTER	PSC		

**RELAY SWIMMERS:**

**BGSC:** LAUREN TRACY, SARAH WATTS, CHANTAL MENARD, JENNIFER MCCAFFREY  
**SSA:** KATIE TUCKER-MOHL, ERIC WILLIAMS, TOM DOWD  
**NSSC:** KIM ERCOLANI, RACHAEL O'BEIRNE, MICHELLE GROFF  
**BSC:** AUDREY COUTO, KATE BRESLIN, DAVID SIECZKIEWICZ  
**SAC:** JULIE DUNNIGAN, SARAH HUMPHREY, KAREN CHING  
**MEM:** JON KISSIDA

**COURSES FOR OFFICIALS:**

**STROKE & TURN and STARTER CERTIFICATION:** October 14, 1995; 9:30 am  
**REFEREE CERTIFICATION & WORKSHOP** : October 14, 1995; 1:00 pm  
 ChingCorp, 29 Crafts Street, Newton. For more information or  
 to register, contact: Frank Ching--617-965-0955

Please note that all courses for officials will now be certification clinics. There will no longer be recertification clinics. Those who, are already officials will need to take the full certification clinic.

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New England**

20 Cleveland Road Needham, MA 02192

FIRST CLASS





# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

OCTOBER 1995

**IN THIS ISSUE:** SHORT COURSE AND LONG COURSE OUTSTANDING SWIMMERS  
AND TOP TEN SWIMMERS; BANQUET INFORMATION AND  
RESERVATION FORM.....

**TOP TEN BANQUET:** Please note the location this year--**THE MILL HOUSE**, Route 110, Dracut, MA. From Route 93 take Route 110 West. Route 110 runs along the north side of the Merrimack River.

**TOP TEN:** Please share the Top Ten information in this newsletter with your team as soon as possible. Please note the location this year and also encourage your team members to make reservations as soon as possible. In the past we have filled up before the deadline.

Top Ten Times are compiled using results from New England meets held during the past year. Short course (25 yard) times run from June 1, 1994 through May 31, 1995. Long course (50 meter) times run from October 1, 1994 through September 30, 1995.

In addition to New England sanctioned calendar meets, we also use times from out of district sanctioned meets if the results are sent to the office. WE consider all times from the meet--trials, finals and swim-offs--but we do not use time trials. We also consider lead-off splits from individual events and relays when they are printed in the results.

We do not include meets that are closed--restricted to certain teams, league members, etc. For this reason we do not consider high school meets, dual meets, "Y" meets, etc.

**OUTSTANDING SWIMMERS** are those who have accumulated the most points through their top ten standings. The scoring is as follows:

STANDING:	1	2	3	4	5	6	7	8	9	10
POINTS :	12	9	8	7	6	5	4	3	2	1

**TOP TEN BOOKS** will be sent to all New England teams as soon as they are ready. Books will be available for purchase at the banquet for \$2.50 for each season. Books may be ordered through the office for \$3.00 each, including postage.

The Board of New England Swimming will meet on **TUESDAY**, October 10, 1995 at the Wellesley Community Center, Wellesley, MA at 7 pm. Please note the change of day!

## NEW ENGLAND SWIMMING TOP TEN SWIMMERS, SHORT COURSE, 1994—1995

**AEF:** Joel Piggott, Lawrence McGlaston, Michael Finocchi, Antonio Fonseca, Kyle Vandenberghe, Stephen Finocci, Colleen McCann, Kara Brennan, Caitlin Bottomly

**ANA:** Nate Vantzelfde, Amy Caron, Elizabeth Demers, Elizabeth Mancuso, Holly Boucher, Tracy Shessler, Janice Chu

**ATST:** Juhwan Yoo, Maya Marx, Brianna Gray-Hallock

**BENN:** David Lutz, Michael Leake, Emily Herrington, Chelsea Fellows-Swenson, Leslie Stepp

**BGSC:** Christian Warner, Derek Castellana, Sean Riley, Doug Heller, P. J. Biggs, Anthony Dececca, Nathan Bagnascki, Joe Almlof, Ben Coffee, Daniel Ditoro, A J Bowman, Jabula Butler, Lawrence Frostad, Jim Harvey, Scott Jaffe, Kyle Littlefield, John Mitchell, Mike Rest, Kevin Riley, Rob Rindone, Daniel Samarov, Denis Siringhaus, Eric Thomas, Elizabeth Neckles, Catherine Neckles, Justine Whipple, Laura Blackwell, Danielle Menard, Katina Maistrellis, Julie Lapinsky, Kerrienne Kalbko, Wendy Brown, Sue Trainer, Jen Schmid, Sarah Watts, Kim Pinch, Melissa Schofield, Melissa Sessoms, Danielle Peluso, Caroline Arpe, Jen Berg, Rachel Rosen, Stephanie Carter, Heidi Hellmuth, Julia Chiampa, Maurissa Riley, Ryan Cesare, Lauren Tracy, Michelle Thomas, Elizabeth Ackley, Chantel Menard

**BSC:** Andrew Cardillo, Greg Cardillo, Mark Dillon, Gene Folgo, Jim Hennessey, Drew Knutton, Stephen Maher, William Maher, Jeff Richards, Joe Richards, Jay Rosenquest, David Sieczkiewicz, Mark Sowa, Jamie Findelman, Annie Goldstein, Aletha Holmes, Kate Breslin, Anne Iacobucci, Cathlyn Lang, Brooke Darcy

**BYD:** David Rollins, D. J. Singley, Melinda Antonucci, Kristie Mitchell, Kate Rollins, Jackie Errecart

**BYS:** Tim Anderman, Kyle Bartro, Brad Arsenault, Alex Gambino, David Bazylewicz, Jeff Brown, Todd Anderman, Justin Welch, Brian Michalski, Chris Arsenault, Dan Bazylewicz, Brian Bidder, Kevin Curry, Ian Doherty, Brendon Drysdale, Joey Heffron, Tim Heffron, Brad Wright, Mary Bazylewicz, Laurel Brown, Hannah Dickie, Susan Herrick, Laurie Craigen, Sarah Cook, Samantha Arsenault, Alexis Kostopoulos, Kim Ercolani, Rachel O'Beirne, Becky Kalipinski, Michelle Groff

**CAST:** Dan Carvalho, Philip Barr, Chris Fernandes, Anne Greenwood

**CCSC:** Jay Dembro, Noah Hammond, Andrew Cullum, Daniel Fougere, Matthew Inman, Shane Raymond, Dillon Delaney, Jacqueline Clark, Julie Cowgill, Lindsay Sullivan, Katherine Kane, Elizabeth Dean, Catherine Murray

**DARE:** J. R. Kelligrew, Erich Osterberg

**CBS:** Kate Page

**EB:** Jeff Wilga, Laura Hebert

**CLBC:** Kim Richardson

**EBAC:** Shane Whittet, Corey Blakely, Jared Figueira, Rob Lewis, Sam Peck, Wes Peck, Sean Raffile, Vanessa Jennings, Kate Lynch, Audrey Couto, Jenny Mooney, Sarah Mooney, Morgan Barense

**EBYS:** Greg Forrest

**FHY:** Samantha Benton

**GMSC:** Scott Osgood, Peter Tawczynski, Matt Buhts, Justin Burkhardt, Bryan Grimes, Tim Grimes, Brendan Laracy, Ryan Parkinson, David Paul, Neil Taskila, Tony Wareck, Lindsey Devereaux, Erin Howarth, Karri Charpentier, Katie Cline, Kristin Lozeau, Amanda Kirouac, Caralyn Menne, Kate Moody, Kristen Landry, Julie Erickson, Jill Comeau, Kristy Martin

**LEVI:** Quinn Meisinger, Lindsay Phillips

**HRY:** Louis Pacilio

## NEW ENGLAND SWIMMING TOP TEN SWIMMERS, SHORT COURSE, 1994—1995 (continued)

**HYST:** Alex Gorski, Carlton Cronin, Edward Bryan Ilya Fishman, Dave Green, Mark Moskal, Paige Crimmin, Anna Christiansen, Janelle Bryan, Jessica Lague, Allyson Horgan, Melissa Lague, Brooke Boncher, Alitia Lachance, Sarah Ferranti, Angela Caprigno

**HYV:** Jeff Kosiorek, Sean Meehan, Caitlin Flynn, Laura Rose, Monica Dorobisz, Megan Cassidy, Regan Flynn

**LOBC:** Frank Tringale, Patrick Fei

**LRW:** Krista Perry-Laboe

**MEM:** Drew Palmieri, Thomas Bailey, Arthur Chan, Christian Kienzle, Garrick Wong, Jonny McMahon, Nicholas Brunelli, P. J. Santoro, James Hughes, Brian Zingale, Chuck Barnes, Greg Bilton, Sam Brooks, Michael Dowling, Alexander Fitzhum, Sean Jones, Tommy Keane, Jon Kissida, Jim Martin, Kevin Mulgrew, Jon Quimby, Michael Schulte, Joe Sheehan, Kerner Smith, Erik Vendt, Ed Wagner, Wes Wrightson, Sofi Madison, Karen Shafrir, Katie Zimbone, Allison Vendt, Nancy Hackett, Erika Lazar, Suzie Riley, Catie Lee, Kristen Voutselas, Deirdre Dunn, Libby Halloran, Sue Cherwinski, Amanda Watts, Chrissy Riley, Emma Ericksson, Tess Wheelwright, Lindsey Hoban

**MMST:** Logan St. Peter

**MSSC:** Abby Brethauer

**MVP:** Brian Piske, Sean Geary, Jonathan Meltz, Chris Blongiewicz, Ray Lemoine, John Newland, Adam Schoen, Justine Douvadjian, Connie Brown, Suzanne Wilson, Meghan O'Connell, Jenna Blongiewicz, Clewis Kinnett, Jillian Middlemiss, Andrea Girolamo, Jessica Schoen

**NASY:** Jason Boire, Paula Sullivan

**NSP:** Eugene Preyl

**NCAC:** Mike Sampson, Justin Marcy, Paul Schned, Laura Schned, Dara Pristaw, Laura Dunn

**NEB:** Ryan Berg, Matt Chardavoyne, Jason Colettis, Emmanuel Job, Vic Leon, Matthew O'Donnell, Thomas O'Donnell, Josh Osterberg, Jason Reichard, Sarah Bargmann, Elizabeth Lopez, Amanda Miller, Cara D'Innocenzo, Julie Harrington, Gina Duff, Marielle Vena, Courtney Davies, Meghan Binder

**NWSC:** Drian durkin, Heather Wilder, Bridget Vezina

**PAC:** Erin Dwyer-Frazier

**PST:** Robert Servaiva

**PSC:** Jimmy Homoleski, Mike Larsen, Adam Porter, Stephanie Chang, Melanie Tragash, Rebecca Scott, Christina Mucci, Anna Fraser

**PVAC:** Brian Donovan, Tim Gale Zeb Jenkins, Jerome Leslie, Will Lutat, Dan Moran, Erica Gregory, Karen Varley, Beth Elie, Kristin Conlin, Kendall Gonsalves

**PYST:** Elizabeth Ariazi, Devon Moran

**RST:** Caitlyn Road

**RAMS:** Brad Yates, Richie Crowder, Bobby Crowder, Lara Pezza, Kristin Kroll

**SJC:** Chris Borgatti, Marc Laverdiere, Brian Porter, Jaclyn Porter, Sarah Humphrey, Amy Mullen, Karen Ching, Lara Allard, Julie Dunnigan

**SJA:** Tony TenHaagen, Justin Mortimer, Zach Cayer, Darren Johnson, David Lewis, Brian Lucey, Mike O'Connor, Justin Podloski, Andrew Roberts, Eric Williams, Madeline Lewis, Jessica Tucker-Mohl, Kate Sanders, Erica Allen, Melissa Frechette, Karen Anderson, Kirstin Nagle, Caroline Palmer, Nicole Ciancarelli, Kelly Flynn, Scarlett Quigley, Jamie Millard, Noel Pulomena, Jaime Cail, Amy Blume, Katie Tucker-Mohl, Kristen Zeimetz

**SSSC:** Josh Woodbury, Matt Carroll, Henry Turner

## NEW ENGLAND SWIMMING TOP TEN SWIMMERS, SHORT COURSE, 1994—1995 (continued)

SST: Matt Williams, Bianca Garcia

SD: Gary Jones

TRAC: Eric Scheinfeldt, Travis Creed

TOST: Jessica Grimm

UN: Chris McAllister, Derek Yee, Elizabeth Murray, Ashley Marlenga, Mary Kate Foley

VGST: Gabe St. Pierre

WAC: Keri Sullivan

WBD: Sarah Kearns, Eleni Vosdagalis

WWR: David Weinbaum

WYST: Matthew Dufraine, Matthew Musiak, Jeremy Tillman, Whitney Kelly, Lisa Wandeloski

YSS: George Sholley, John McGrath, Katherine Curley, Meredith Curley, Lauren Gallagher, Jessica Looney, Teresa McRann, Jennifer McCaffrey, Jill Stonehouse



## NEW ENGLAND SWIMMING TOP TEN SWIMMERS, LONG COURSE, 1994—1995

ABF: Antonio Fonseca, Kyle Vandenberghe, Andrea Kurrle, Kara Brennan, Kathleen McCann, Caitlin Bottomley, Courtney Gould

AMW: Rob Finne

BAPB: Jessica Looney

ANA: Elizabeth Demers, Amanda Kaminski, Darah Demers, Janelle Dowing, Lauren Kapelson

ATST: Derek Monette, Juhwan Yoo, Taehwan Yoo, Brianna Gray-Hallock

BAT: Kate Long, Kate Hibbard

BYD: Melinda Antonucci

BENN: Evan Swisher, Ross Stepp, David Lutz, Chelsea Fellow-Swenson

BGSC: Anthony DeCecca, Christian Warner, Christian Kienzle, Sean Riley, Derek Castellanan, Doug Heller, Caleb Worthman, Nathan Bagnascki, Joe Almluf, David Ditoto, Adam Tam, Tom Lin, Benn Coffey, Brandon Bach, Scott Bloeman, A.J. Bowman, Lawrence Frostad, Peter Gerard, James Harvey, Matthew Jancek, Kurt Leslie, Kyle Littlefield, Jonathan McLeod, John Mitchell, David Morris, Mike Rest, Kevin Riley, Joseph Sabina, Michael Sabina, David Samarov, Denis Sirringhaus, Gene Sutherland, Eric Thomas, Brady Warner, Katina Maistrellis, Julie Lapinshy, Wendy Brown, Kerri-  
anne Kalbko, Elizabeth Ackley, Jill Alexy, Danielle Peluso, Sue Trainer, Lisa Bushnell, Sarah Watts, Rachel Enos, Melissa Schofield, Amanda Hall, Carolyn Arpe, Melissa Sessoms, Amanda Watts, Amy Ryan, Elizabeth Denniston, Laura Blackwell, Jessica Santapaul, Stephanie Carter, Kysten Dowgiert, Emily Drilling, Kristen White, Julia Ciampa, Lauren Tracy, Ryan Cesare, Annie Rosen, Chantal Menard, Mauris Riley, Jennifer McCaffrey, Amy Holt, Dawn Reppucci

BSC: Mark Dillon, Gene Folgo, David Galuzzi, Jim Hennessey, Drew Knutton, Stephen Maher, William Maher, Joe Richards, Jay Rosenquest, David Sieczkiewicz, Marc Sowa, Darcy Brooke, Aletha Holmes, Kate Breslin, Audrey Couto, Anne Iacobucci, Kaitlin Lawson, Trina Young, Annie Goldstein, Christine Jensen

BYS: Daniel Bazylewicz, Jessica Davidson

DARE: Natasha Snegour

CAST: Chris Parry, Danny Carvalho, Robert Schotter, Joe DePerry, Chris Fernandes, Jaclyn Godfrey, Kirby Marshall, Valerie Grow

**NEW ENGLAND SWIMMING TOP TEN SWIMMERS, LONG COURSE, 1994—1995 (continued)**

- CBS:** Paige Crimmin, Janice Chu                      **EB:** Jeff Wilga
- CCSC:** John Gould, Andrew Cullum, Gavin Frazier, Daniel Fougere, Brian Harrington, Shane Raymond, Lindsay Sullivan, Julie Cowgill, Lucy Chander, Claire Hawley, Jacqueline Clark, Eliza Delaney, Kathryn Hawley, Elizabeth Dean, Katherine Kane, Catherine Murray, Jessica Johnston
- EBAC:** Greg Cardillo, Rob Lewis, Sam Peck, Wes Peck, Sean Raffile, Morgan Barensen, Jen Mooney, Vanessa Jennings, Sarah Mooney
- GBSC:** Marc Louis, Erin Sullivan                      **GNBY:** John Ewing
- GMSC:** Tony Wareck, Dustin Hui, Matt Buhts, Tim Grimes, Bryan Grimes, Brendon Laracy, Scott Osgood, David Paul, Neil Taskila, Erin Howarth, Karri Charpentier, Katie Cline, Kristin Lozeau, Amanda Kirouac, Samantha Babin, Kristin Landry, Kate Moody, Kristen Baldinger, Lisa Arsenault, Kristy Martin
- HARV:** Josh Adams, Dave Alpert, Rob Anagnoson, Jeff Marks, Scott Peterson, Karl Scheer
- HYST:** Carlton Cronin, Ed Bryan, Mark Moskal, David Rines, Janelle Bryan, Anna Christiansen, Allyson Horgan, Jessica Lague, Ashley Foster, Kristen Latourelle, Melissa Lague, Angela Caprigno
- HYV:** Jeremy Tillman, Matt Musiak, Leslie St. Lawrence
- MEM:** Thomas Bailey, Arthur Chan, Wil Harsh, Greg Valiant, Garrick Wong, Robby Lock, Andrew sharpin, Justin Kissida, Niles Madison, Matthew Englehardt, Patrick Dunn, Brian Zingale, chuck Barnes, Greg Bilton, Nick Brunelli, Scott Campea, Alex Cunha, Paul Doherty, Michael Dowling, Spencer Hawkins, Jamie Hurlbut, Shawn Jones, Tommy Keane, Jon Kissida, Tad Cremen, Matt Krna, Alex Kurmakov, Brian Livingston Charles Lock, Jim Martin, Kevin Mulgrew, Stephan Ottley, Jon Quimby, Michael Schulte, Joe Sheehan, Kerner Smith, Erik Vendt, Ed Wagner, Brian Younger, James Zenyuh, Nancy Hackett, Kristen Voutselas, Erika Lazar, Katie Zimbone, Allison Vendt, Catie Lee, Suzie Riley, Susan Cherwinski, Deirdre Dunn, Libby Halloran, Sara Aiello, Margaret Ramsey, Jessica Aiello, Karen Shafir, Ashley Marlenga, Natalie Zervas, Aasia Saleemuddin, Lindsey Hoban, Kristen Hellmuth, Vanessa Rose, Klio Geskos, Maura Jubinville, Nicole Rutkowski, Leslie Repetto
- MSSC:** Will Shearouse, Abby Brethauer
- MVP:** Jonathan Meltz, Brian Fiske, Charles Kinnett, Bianca Garcia, Connie Brown, Christine Caselle, Caitlin Geary, Brooke Boncher, Stephanie Cowan, Sarah Ferranti, Emily Rocheford
- NCAC:** Paul Schned, Laura Schned
- NEB:** Ryan Berg, Matt Chardavoyne, Jason Colettis, Emmanuel Job, Thomas O'Donnell, Matthew O'Donnell, Timothy O'Donnell, Josh Osterberg, Jason Reichard, Christine Crowley, Courtney Finn, Michelle Marbella, Beth Lopez, Meghan Binder, Courtney Davies, Katie Joyce, Stephanie Claxton, Rachel Reichard, Marielle Vena
- NSP:** Eugene Preyl, Kimberly Walker
- NSSC:** Justin Welch, chris Arsenault, Brendon drysdale, Tim Heffron, Zack O'Brien, Brad Wright, Susan Herrick, Allegra Parisi, Samantha Arsenault, Rachel O'Beirne, Michelle Groff
- NWSC:** Heather Wilder, Bridget Vezina
- OCY:** Patrick O'Neil, Nicholas Owen, John Kelleher, Greg Forrest

NEW ENGLAND SWIMMING TOP TEN SWIMMERS, LONG COURSE, 1994-1995 (continued)

PAC: Woo-Tae Min, Coleen Lynch

PST: Robert Seraiva

PSC: Jimmy Homoleski, Milon Popelka, Adam Porter, Rebecca Scott, Susanne Whelan, Linnea Freeman, Carolyn Reuman, christina Mucci, Stephanie Chang, Anne Mayall, Anna Fraser

PVAC: Brian Donovan, Tim Gale, Zeb Jenkins, Jeff Kosiorek, Jerome Leslie, Chris Martin, Kevin McGunnigle, Sean Meehan, Dan Moran, Beth Elie, Karen Varley, Kristen Conlin, Jennifer Martin, Kelly Schmidt, Carolyn Rossi, Sarah Krill, Lauren Moynihan

PWST: Trevor Burke, Russell MORash

PYST: Devon Moran

RAMS: Richie Crowder, Bobby Crowder, Mike Kerr SYST: David Cornell

SAC: Scott Fedak, Chris Borgatti, Ed Cavallerano, Julie Dunnigan, Sarah Humphrey, Lindsay Grimm, Jaclyn Porter, Kaitlyn Roach, Amelia Bishop, Joanne Cavallerano, Karen Ching, Anne Fedak

SD: Nancy Longo

SSSC: Henry Turner

SSA: Andrew Boudreau, Tom Dowd, Jared Felker, Darren Johnson, Mike Lewis, David Lewis, Brian Lucey, Mike O'Connor, Justin Pudloski, Eric Williams, Amy Blume, Kristen Zeimetz, Jessica Tucker-Mohl, Kate Sanders, Erica Allen, Emily Deppe, Melissa Frechette, Nicole Ciancarelli, Caroline Palmer, Karen Anderson, Kirstin Nagle, Michelle Labrie, Madeline Lewis, Noelle Pulomena, Jaime Millard, Lindsay Clark, Amie Gringas, Katie Tucker-Mohl, Abby Dowd, Denise Leckenby, Brittany Wilson

TRAC: Travis Creed, Jeffrey Lacey, Sam Kaplan, Kyle Robinson, Ben Kaplan, Matthew Dykjuizen, Jason Faulconer, Lynne Tutunjian

UN: Derek Yee, Tim Boire, Jason Boire, Tad Sayce, Haley Cope, Brittany Frank, Elizabeth Murray

WED: Lukas Iadarola, Keith Syverson, Erika Vosdagalis, Jennie Knott

YSS: Andrew Mortorano, Jeffrey Schneider, Adam Whaley-Tobin, Jill Stonehouse, Meredith Curley, Lauren Gallagher, Kate O'Brien, Teresa McRann

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\* NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL \*

\* 20 Cleveland Road \*

\* Needham, MA 02192 \*

\* 617-449-0270 \*

\* \* FAX 617-449-7903 \*

\* OFFICE HOURS: Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m. \*

\* Thursday: 8 a.m.--2 p.m. \*

\* \* Please do not send registration by FAX; registration is not \*

\* possible without payment of the registration fee. \*

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## OUTSTANDING SWIMMERS, SHORT COURSE, 1994—1995

8 & under:	ELIZABETH ARIAZI	PYST	THOMAS BAILEY	MEM
	MARY BAZYLEWICZ	BYS	P. J. BIGGS	BGSC
	AMY CARON	ANA	BRIAN FISKE	MVP
	SARAH KEARNS	WBD	DREW PALMIERI	MEM
	KATLYN ROACH	RST	JEFF WILGA	EB
9 & 10 :	CONNIE BROWN	MVP	RYAN BERG	NEB
	STEPHANIE CHANG	PSC	BRIAN PORTER	SAC
	PAIGE CRIMMIN	HYST	SEAN RILEY	BGSC
	LINDSAY PHILLIPS	LEVI	DAVID ROLLINS	BYD
	KERI SULLIVAN	WAC	CHRISTIAN WARNER	BGSC
11 & 12 :	MELISSA LAGUE	HYST	NATHAN BAGNASCHI	BGSC
	KRISTEN LANDRY	GMSC	NICHOLAS BRUNELLI	MEM
	TERESA MCRANN	YSS	CARLTON CRONIN	HYST
	KATE MOODY	GMSC	MATTHEW MUSIAK	WYST
	ELIZABETH MURRAY	UN	P. J. SANTORO	MEM
13 & 14 :	SAMANTHA ARSENAULT	BYS	KEVIN CURRY	BYS
	JAIME CAIL	SSA	TIM GALE	PVAC
	KRISTY MARTIN	GMSC	STEPHEN MAHER	BSC
	MICHELLE THOMAS	BGSC	KEVIN RILEY	BGSC
	KATIE ZIMBONE	MEM	ERIK VENDT	MEM
15 & 16 :	KARRI CHARPENTIER	GMSC	MATT BUHIS	GMSC
	ERIN HOWARTH	GMSC	MICHAEL DOWLING	MEM
	KRISTIN LOZEAU	GMSC	WILLIAM MAHER	BSC
	JESSICA TUCKER-MOHL	SSA	JOSH OSTERBERG	NEB
	KATIE ZIMBONE	MEM	SAM PECK	EBAC
			HENRY TURNER	SSSC
17 & 18 :	AMANDA HALL	BGSC	CHUCK BARNES	MEM
	ANNE IACOBUCCI	BSC	DAVE GREEN	HYST
	KIRSTIN NAGLE	SSA	RYAN PARRINSON	GMSC
	CAROLINE PALMER	SSA	JON QUIMBY	MEM
	SUE TRAINER	BGSC	DENIS SIRRINGHAUS	BGSC
OPEN :	AMANDA HALL	BGSC	CHUCK BARNES	MEM
	KRISTIN LOZEAU	GMSC	LAWRENCE FROSTAD	BGSC
	KIRSTIN NAGLE	SSA	WILLIAM MAHER	BSC
	JESSICA TUCKER-MOHL	SSA	JOE SHEEHAN	MEM
	SUE TRAINER	BGSC	DENIS SIRRINGHAUS	BGSC



## OUTSTANDING SWIMMERS, LONG COURSE, 1994—1995

8 & under:	ELIZABETH DEMERS	ANA	THOMAS BAILEY	MEM
	BRITTANY FRANK	UN	TRAVIS CREED	TRAC
	JACLYN PORTER	SAC	ANTHONY DECECCA	BGSC
	KAITLYN ROACH	SAC	RABERT SERAIVA	PST
	LYNNE TUTUNJIAN	TRAC	DEREK YEE	UN
9 & 10 :	CONNIE BROWN	MVP	BRIAN FISKE	MVP
	ANNIE GOLDSTEIN	BSC	CHRISTIAN KIENZLE	BGSC
	CLAIRE HAWLEY	CCSC	SEAN RILEY	BGSC
	JENNIE KNOTT	WBD	TONY WARECK	GMSC
	BETH LOPEZ	NEB	CHRISTIAN WARNER	BGSC
11 & 12 :	PAIGE CRIMMIN	CBS	NATHAN BAGNASHI	BGSC
	MELISSA LAGUE	HYST	CARLTON CROWIN	HYST
	ASHLEY MARLENGA	MEM	BOBBY CROWDER	RAMS
	TERESA MCRANN	YSS	JEREMY TILLMAN	HVY
	NOELLE PULOMENA	SSA	JUSTIN WELCH	NSSC
13 & 14 :	KRISTIN LANDRY	GMSC	GREG BILTON	MEM
	KRISTY MARTIN	GMSC	BRIAN DONOVAN	PVAC
	CHANTAL MENARD	BGSC	BRENDAN LARACY	GMSC
	KATE MOODY	GMSC	DAVID LEWIS	SSA
	LAUREN TRACY	BGSC	KEVIN RILEY	BGSC
			ERIK VENDT	MEM
15 & 16 :	WENDY BROWN	BGSC	MICHAEL DOWLING	MEM
	KARRI CHARPENTIER	GMSC	ZEB JENKINS	PVAC
	ERIN HOWARTH	GMSC	STEPHEN MAHER	BSC
	KRISTIN LOZEAU	GMSC	WILLIAM MAHER	BSC
	KERRIANNE KALBKO	BGSC	JOSH OSTERBERG	NEB
			KEVIN RILEY	BGSC
17 & 18 :	LISA BUSHNELL	BGSC	BRYAN GRIMES	GMSC
	AMANDA HALL	BGSC	SPENCER HAWKINS	MEM
	ANNE IACOBUCCI	BSC	WILLIAM MAHER	BSC
	JESSICA TUCKER-MOHL	SSA	DENIS SIRRINGHAUS	BGSC
	KRISTEN VOUTSALES	MEM	ERIC WILLIAMS	SSA
OPEN :	LISA BUSHNELL	BGSC	SPENCER HAWKINS	MEM
	KARRI CHARPENTIER	GMSC	JONATHAN MCLEOD	BGSC
	AMANDA HALL	BGSC	JOE SHEEHAN	MEM
	KRISTIN LOZEAU	GMSC	DENIS SIRRINGHAUS	BGSC
	JESSICA TUCKER-MOHL	SSA	BRIAN YOUNGER	MEM
	KATIE ZIMBONE	MEM		







# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

NOVEMBER 1995

IN THIS ISSUE: NE TIME STANDARDS FOR 10 & UNDER, DISTRICT, AGE GROUP, SENIOR CHAMPIONSHIPS; USS TIME STANDARDS FOR US OPEN & OLYMPIC TRIALS; INFO & APPLICATION FOR NE RACING CAMP; ATHLETE LOCO CONTEST.....

**VOLUNTEER OF THE YEAR:** CONGRATULATIONS to JERRY ZIMMER who has been named New England's "Volunteer of the Year." New England appreciates Jerry's years of training new officials and his willingness to officiate at meets, often at the last minute. Thank you!!

#### BOARD OF DIRECTORS OF NEW ENGLAND SWIMMING:

At the Annual Meeting on September 30, 1995, the following members of the Board of Directors of New England Swimming were elected:

CHAIRMAN	:	MARC ALLEN
VICE CHAIRMAN	:	KEN CONHA
TREASURER	:	CLAIRE ST. ONGE
SECRETARY	:	KAREN ALMLOF
SENIOR CHAIRMAN	:	JOSEPH BERNAL
AGE GROUP CHAIRMAN:	:	SCOTT WOOLSEY
BOARD OF REVIEW	:	PRISCILLA DAVIS, BRUCE MOHL, ISABELLE FRASER, SCOTT WOOLSEY, JULIE LAPINSKY

#### NATIONAL TEAMS AND SELECT CAMPS:

Congratulations to the following New England Swimmers who have been named to National Teams or Select Camps:

NATIONAL JUNIOR TEAM:	KATIE ZIMBONE (MBM)		
SELECT CAMPS:	MELISSA LAGUE (HYST)	KRISTIN LOZEAU (GMSC)	
	ERIN HOWARTH (GMSC)	ERIK VENDT (MBM)	
	KRISTIN LANDRY (GMSC)		

Congratulations to the following swimmers from New England who have been named to National Teams:

NATIONAL "A" TEAM:	BARBARA BEDFORD, JENNY THOMPSON
NATIONAL "B" TEAM:	RAY CAREY, JEAN TODISCO

The Board of New England Swimming will meet on **MONDAY, NOVEMBER 13, 1995** at 7 pm at the Nashua Country Club, Nashua, NH (We were unable to obtain a meeting room for Tuesday.)

# The Swimmer's Lane

October 1995

## New England Swimming Apparel - Logo Contest

The Athletes Committee is having a contest to design a new logo for New England Swimming apparel. The winner of the contest will receive a free pair of shorts with the new logo on them. All entries must be received by **November 1<sup>st</sup> 1995** to be entered in the contest. <sup>15</sup>

Please send to:

Matthew O'Donnell  
75 Bayberry Rd.  
Canton, MA 02021

or

Julie Lapinsky  
62 Allston Ave.  
Worcester, MA 01604

### CORRECTIONS TO THE LISTS OF OUTSTANDING SWIMMERS AND TOP TEN SWIMMERS:

**OUTSTANDING SWIMMERS:** Add KATIE ZIMBONE (MEM) as an Outstanding Swimmer for Long Course 15-16 Girls.

**TOP TEN SWIMMERS:** Add to the team lists the following swimmers:

CCSC: Tiffany Johnston

NEB: Alex Lawton, Carolyn Rossi

**AQUATICS DIRECTOR:** Manages facilities, staffing, and programming of indoor pool operated by non-profit rec/fitness center with 2,000 youth, adult, and senior members. Full-time salaried, year-round position. Bachelors degree and 3 years experience including supervisory and water management required. Must have LGT, LGTI, and WEI certs. CPO, LGTIT, WSIT, and water aerobics certs preferred. Please send cover letter, resume, and references to: Aquatics Director Search, CCBA, P. O. Box 386, Lebanon, NH 03766 by November 24, 1995.

**AQUATIC COORDINATOR:** Westford Racquet & Fitness Club is looking for qualified person to fill position of Aquatic Coordinator. Responsibilities will include promoting and signing up swim lessons and pool activities, teaching swim lessons and coaching small novice swim team. For more information call 508-256-0621.

**NEW ENGLAND TEN AND UNDER CHAMPIONSHIP TIMES  
1996**

WOMEN		8 & UNDER	MEN	
LCM	SCY	EVENTS	SCY	LCM
	18.29	<b>25 FR</b>	18.59	
46.36	42.39	<b>50 FR</b>	42.49	47.29
152.69	138.39	<b>100 FR</b>	140.49	151.99
	22.99	<b>25 BK</b>	23.29	
100.59	51.59	<b>50 BK</b>	51.59	101.69
	25.99	<b>25 BR</b>	26.69	
105.69	58.99	<b>50 BR</b>	58.99	106.19
	22.99	<b>25 FL</b>	23.99	
103.49	100.79	<b>50 FL</b>	102.19	114.29
	148.99	<b>100 IM</b>	154.39	

WOMEN		9 - 10	MEN	
LCM	SCY	EVENTS	SCY	LCM
39.89	34.99	<b>50 FR</b>	34.99	39.89
128.19	117.39	<b>100 FR</b>	118.99	129.99
309.49	246.19	<b>200 FR</b>	246.19	309.49
47.09	41.29	<b>50 BK</b>	41.69	47.59
144.69	131.99	<b>100 BK</b>	132.99	145.99
53.39	46.79	<b>50 BR</b>	47.49	54.19
155.79	141.59	<b>100 BR</b>	143.99	158.59
47.09	41.29	<b>50 FL</b>	41.29	47.09
149.49	135.99	<b>100 FL</b>	135.99	149.49
	127.29	<b>100 IM</b>	128.99	
336.59	309.99	<b>200 IM</b>	312.99	339.99

**THESE TIMES ARE FOR SHORT COURSE ONLY!!!**

All times must date from September 1, 1995. BRONZE CLASSIC maximum times for 9 and 10 are .01 slower than the qualifying times for 9 and 10 at Ten and Under Championships.

## NEW ENGLAND SWIMMING SENIOR CHAMPIONSHIP TIMES

WOMEN		SENIORS	MEN	
LCM	YDS	EVENTS	YDS	LCM
<b>29.69</b>	25.89	<b>50 FR</b>	22.99	26.99
<b>104.29</b>	56.09	<b>100 FR</b>	50.89	58.59
216.99	200.49	<b>200 FR</b>	150.59	206.99
447.49	522.99	<b>500 / 400 FR</b>	459.89	433.09
1005.99	1111.99	<b>1000 / 800 FR</b>	1029.99	939.99
1929.99	1840.59	<b>1650 / 1500 FR</b>	1759.99	1839.99
113.99	103.49	<b>100 BK</b>	58.49	108.69
236.99	217.29	<b>200 BK</b>	207.09	225.79
<b>124.09</b>	112.99	<b>100 BR</b>	104.99	115.99
302.79	237.69	<b>200 BR</b>	223.29	247.89
110.49	102.39	<b>100 FL</b>	56.09	104.79
238.19	219.39	<b>200 FL</b>	207.59	225.89
235.59	215.99	<b>200 IM</b>	206.79	224.79
<b>534.99</b>	450.29	<b>400 IM</b>	432.99	515.99

WOMEN		SR BONUS	MEN	
LCM	YDS	EVENTS	YDS	LCM
29.99	26.49	<b>50 FR</b>	23.79	27.69
104.99	57.19	<b>100 FR</b>	52.19	100.19
218.89	202.99	<b>200 FR</b>	153.79	210.29
453.19	528.19	<b>500 / 400 FR</b>	507.99	437.09
1019.89	1122.49	<b>1000 / 800 FR</b>	1044.19	952.29
1933.89	1850.29	<b>1650 / 1500 FR</b>	1821.19	1849.69
116.09	105.09	<b>100 BK</b>	100.59	109.89
239.99	220.69	<b>200 BK</b>	211.69	230.29
125.89	114.39	<b>100 BR</b>	107.49	117.79
306.99	240.19	<b>200 BR</b>	227.79	251.19
111.79	103.89	<b>100 FL</b>	58.49	106.89
241.79	223.39	<b>200 FL</b>	211.29	233.09
238.79	218.99	<b>200 IM</b>	210.19	228.59
541.99	455.19	<b>400 IM</b>	441.49	520.49

These times are for SHORT COURSE only.

All yard times must date from September 1, 1995. All long course meter times must date from July 20, 1995. All distance freestyle events (800 and longer) must date from May 1, 1995.

**NEW ENGLAND SWIMMING  
1996 DISTRICT CHAMPIONSHIP QUALIFYING TIMES**

WOMEN		11 and 12	MEN	
Consideration	Automatic	Event	Automatic	Consideration
<b>33.99</b>	<b>32.29</b>	50 Free	<b>32.99</b>	33.69
<b>113.99</b>	<b>111.99</b>	100 Free	<b>111.99</b>	113.69
232.79	<b>228.99</b>	200 Free	<b>229.99</b>	235.99
635.99	<b>620.99</b>	500 Free	631.39	649.99
40.19	<b>38.99</b>	50 Back	<b>38.99</b>	40.19
125.99	<b>123.99</b>	100 Back	<b>124.99</b>	126.99
<b>43.99</b>	<b>42.99</b>	50 Breast	<b>43.99</b>	<b>44.59</b>
<b>135.99</b>	<b>133.99</b>	100 Breast	<b>133.99</b>	135.99
<b>37.99</b>	<b>36.99</b>	50 Fly	<b>37.59</b>	38.59
<b>126.99</b>	<b>124.99</b>	100 Fly	<b>124.99</b>	126.79
<b>124.99</b>	<b>122.99</b>	100 IM	<b>122.99</b>	<b>125.19</b>
253.99	<b>249.99</b>	200 IM	<b>254.99</b>	259.99

WOMEN		13 and 14	MEN	
Consideration	Automatic	Event	Automatic	Consideration
31.29	<b>30.29</b>	50 Free	<b>29.39</b>	30.99
108.59	<b>106.59</b>	100 Free	<b>102.89</b>	105.19
219.99	<b>216.99</b>	200 Free	<b>215.99</b>	218.99
605.99	<b>555.89</b>	500 Free	549.99	559.99
	20:13.99*	1650 Free	19:59.99*	
118.99	<b>116.99</b>	100 Back	<b>115.09</b>	117.09
246.99	<b>242.99</b>	200 Back	<b>239.99</b>	243.99
128.99	<b>126.99</b>	100 Breast	<b>123.39</b>	125.39
309.99	<b>305.99</b>	200 Breast	<b>258.99</b>	304.19
<b>117.99</b>	<b>115.99</b>	100 Fly	<b>113.09</b>	115.09
249.99	<b>246.99</b>	200 Fly	<b>239.99</b>	245.99
243.99	<b>239.99</b>	200 IM	<b>237.99</b>	241.99
545.99	<b>529.99</b>	400 IM	530.89	549.99

**BOLD PRINT MEANS CHANGE IN TIME STANDARD**

**NEW ENGLAND SWIMMING  
1996 DISTRICT CHAMPIONSHIP QUALIFYING TIMES**

WOMEN		15 and OVER	MEN	
Consideration	Automatic	Event	Automatic	Consideration
30.99	<b>29.99</b>	50 Free	<b>28.79</b>	29.79
106.89	<b>104.89</b>	100 Free	<b>59.99</b>	102.99
217.99	<b>214.99</b>	200 Free	<b>206.99</b>	210.89
559.99	<b>545.89</b>	500 Free	<b>525.29</b>	539.99
	<b>19:59.99*</b>	1650 Free	<b>19:29.99*</b>	
114.79	<b>112.99</b>	100 Back	<b>109.99</b>	111.99
244.99	<b>240.99</b>	200 Back	<b>228.99</b>	233.99
126.99	<b>124.99</b>	100 Breast	<b>116.99</b>	119.99
305.99	<b>259.99</b>	200 Breast	<b>248.99</b>	252.99
115.79	<b>113.79</b>	100 Fly	<b>107.99</b>	109.99
245.59	<b>239.99</b>	200 Fly	<b>229.99</b>	235.99
237.99	<b>233.99</b>	200 IM	<b>228.59</b>	232.99
535.99	<b>515.29</b>	400 IM	<b>508.69</b>	528.09

**BOLD PRINT MEANS CHANGE IN TIME STANDARD**

**\*1650 YARD FREESTYLE:**

Entries in the 1650 yard freestyle may be limited to two heats per sex and age group, or eight heats total. 1650 yard freestyle events may be combined at the discretion of the meet organizer and referee. In the event that swimmers are cut from the 1650 yard freestyle, they may indicate their desire to be placed on the waiting list for that event. Wait-listed swimmers will be given the opportunity to swim if space is available due to scratches.

**AUTOMATIC QUALIFYING TIMES:**

All swimmers entering with automatic qualifying times will be guaranteed an opportunity to swim. There are no "cut-out" or maximum qualifying times for District Championships. A swimmer entering District Championships with an automatic qualifying time may not swim the same event at Bronze Classic

**CONSIDERATION QUALIFYING TIMES:**

We anticipate that most, if not all, swimmers entering with consideration times will have the opportunity to swim at District Championships. If a particular session is oversubscribed, swimmers entering with consideration times may be cut by entry time, slowest to fastest, on a district-by-district basis. **A swimmer entering an event at District Championships with a consideration time MAY ENTER the same event at Bronze Classic**

**NEW ENGLAND SWIMMING AGE GROUP CHAMPIONSHIP TIMES  
1996**

WOMEN		11 - 12	MEN	
LCM	SCY	EVENTS	SCY	LCM
32.79	<b>28.69</b>	<b>50 FR</b>	28.89	33.19
111.99	102.59	<b>100 FR</b>	103.19	113.79
234.19	214.79	<b>200 FR</b>	217.29	236.99
520.89	556.79	<b>500 / 400 FR</b>	608.29	539.99
38.49	<b>33.59</b>	<b>50 BK</b>	34.09	40.99
123.99	<b>112.49</b>	<b>100 BK</b>	<b>114.99</b>	125.99
43.69	<b>37.59</b>	<b>50 BR</b>	38.39	45.99
135.29	<b>121.99</b>	<b>100 BR</b>	124.89	141.89
36.19	31.99	<b>50 FL</b>	32.99	38.99
123.99	111.99	<b>100 FL</b>	115.69	132.09
	112.19	<b>100 IM</b>	112.79	
256.99	234.99	<b>200 IM</b>	238.09	304.49

WOMEN		13 - 14	MEN	
LCM	SCY	EVENTS	SCY	LCM
30.89	<b>27.09</b>	<b>50 FR</b>	26.09	29.99
107.79	<b>58.79</b>	<b>100 FR</b>	56.59	106.59
225.49	<b>206.99</b>	<b>200 FR</b>	203.79	224.09
505.49	538.99	<b>500 / 400 FR</b>	532.99	459.99
10:40.09	11:45.99	<b>1000 / 800 FR</b>	11:22.99	1:031.39
19:40.29	19:11.69	<b>1650 / 1500 FR</b>	18:50.29	1:907.89
118.59	107.69	<b>100 BK</b>	106.49	118.99
247.99	225.99	<b>200 BK</b>	<b>221.99</b>	243.99
130.49	<b>117.29</b>	<b>100 BR</b>	113.29	126.19
313.29	<b>245.69</b>	<b>200 BR</b>	241.99	309.99
116.49	106.99	<b>100 FL</b>	104.39	115.09
249.59	230.99	<b>200 FL</b>	231.99	253.99
244.59	<b>223.99</b>	<b>200 IM</b>	221.99	245.69
549.99	506.99	<b>400 IM</b>	506.29	551.29

**BOLD PRINT MEANS CHANGE IN TIME STANDARD.  
THESE TIME STANDARDS ARE FOR SHORT COURSE ONLY**

**NEW ENGLAND AGE GROUP CHAMPIONSHIPS TIMES**  
1996 (continued)

WOMEN		15 - 16	MEN	
LCM	SCY	EVENTS	SCY	LCM
30.19	<b>26.89</b>	<b>50 FR</b>	24.49	28.29
105.59	58.19	<b>100 FR</b>	53.49	101.69
220.69	205.49	<b>200 FR</b>	156.99	213.49
458.79	533.39	<b>500 / 400 FR</b>	515.69	441.09
10:33.69	11:32.99	<b>1000 / 800 FR</b>	10:58.39	10:04.49
19:59.29	19:08.99	<b>1650 / 1500 FR</b>	18:22.39	18:59.39
118.09	106.59	<b>100 BK</b>	102.59	111.99
245.99	223.99	<b>200 BK</b>	216.19	234.79
128.39	115.79	<b>100 BR</b>	109.89	119.59
311.99	242.69	<b>200 BR</b>	232.29	256.49
112.99	105.29	<b>100 FL</b>	100.79	108.99
245.39	227.29	<b>200 FL</b>	214.99	240.19
241.99	221.99	<b>200 IM</b>	213.59	232.29
545.99	459.99	<b>400 IM</b>	449.99	524.89

**BOLD PRINT MEANS CHANGE IN TIME STANDARD.**  
**THESE TIME STANDARDS ARE FOR SHORT COURSE ONLY.**

All Short Course Age Group Championship qualifying times must be achieved after September 1, 1995, with the exception of the 1000/1650 freestyle which may be achieved after May 1, 1995

\*\*\*\*\*  
\*  
\* NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL \*  
\* 20 Cleveland Road \*  
\* Needham, MA 02192 \*  
\* 617-449-0270 \*  
\* \* FAX 617-449-7903 \*  
\* OFFICE HOURS: Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m. \*  
\* Thursday: 8 a.m.--2 p.m. \*  
\* \* Please do not send registration by FAX; registration is not \*  
\* possible without payment of the registration fee. \*  
\*\*\*\*\*



## 1995 U.S. OPEN SWIMMING CHAMPIONSHIP TIME STANDARDS

WOMEN			EVENT	MEN		
SCY	SCM	LC		SCY	SCM	LC
23.89	26.59	27.49	50 Free	20.79	22.99	24.49
51.29	56.49	59.39	100 Free	45.19	49.89	53.29
1:50.79	2:02.09	2:07.99	200 Free	1:39.19	1:49.89	1:56.39
4:52.69	4:12.79	4:27.09	400 Free	4:28.39	3:52.39	4:07.89
10:01.09	8:43.39	9:06.49	800 Free			
			1500 Free	15:34.99	15:17.79	16:29.09
57.09	1:02.69	1:06.89	100 Back	50.79	56.59	1:00.59
2:01.79	2:14.99	2:22.19	200 Back	1:49.29	2:01.39	2:10.69
1:04.89	1:12.49	1:15.49	100 Breast	56.59	1:02.89	1:07.09
2:19.29	2:35.79	2:42.79	200 Breast	2:02.59	2:17.49	2:25.79
56.79	1:02.39	1:04.69	100 Fly	49.79	54.59	57.59
2:03.69	2:15.99	2:20.99	200 Fly	1:49.79	2:00.19	2:07.29
2:04.79	2:17.69	2:24.89	200 Ind Medley	1:51.49	2:03.19	2:11.59
4:24.69	4:51.89	5:06.39	400 Ind Medley	3:58.49	4:24.09	4:39.59

Qualifying Period December 2, 1994 through the entry deadline.

1996 Olympic Trials  
Time Standards

WOMEN			EVENT	MEN		
SC (Yards)	SC (Meters)	LC (Meters)		SC (Yards)	SC (Meters)	LC (Meters)
22.99	25.69	26.59	50 Freestyle	19.99	22.09	23.39
50.09	55.19	57.69	100 Freestyle	43.89	48.49	51.39
1:48.29	1:59.39	2:03.89	200 Freestyle	1:36.49	1:46.89	1:52.49
4:46.39	4:07.29	4:19.79	400 Freestyle	4:21.89	3:46.69	3:58.69
9:51.99	8:35.49	8:50.49	800 Freestyle	9:17.99	8:08.19	8:20.59
16:39.59	16:28.79	16:55.99	1500 Freestyle	15:11.69	14:54.99	15:47.49
54.99	1:00.59	1:04.59	100 Backstroke	48.09	53.69	57.79
1:57.79	2:10.99	2:17.99	200 Backstroke	1:45.19	1:57.29	2:04.19
1:03.09	1:10.49	1:12.99	100 Breaststroke	55.09	1:01.19	1:04.69
2:15.69	2:31.79	2:36.79	200 Breaststroke	1:57.99	2:12.39	2:19.99
54.69	1:00.19	1:02.79	100 Butterfly	48.29	52.99	55.59
2:00.09	2:11.99	2:16.89	200 Butterfly	1:47.09	1:57.19	2:03.19
2:01.59	2:13.19	2:20.89	200 Ind. Medley	1:47.39	1:57.79	2:06.99
4:17.99	4:47.69	4:56.49	400 Ind. Medley	3:50.89	4:15.79	4:28.89

QUALIFYING PERIOD:  
July 23, 1994 through the entry deadline

UNITED STATES SWIMMING  
LSC Racing Camp  
NEW ENGLAND SWIMMING, INC.  
DECEMBER 28, 1995



**TO:** LSC SWIMMERS ages 9—11  
**FROM:** LSC CAMP DIRECTOR—Amy Parratto  
**RE:** LSC RACING CAMP

New England Swimming will be running a USS Racing Camp on December 28, 1995 at the Andover/North Andover YMCA in Andover, MA. The camp will run from 8:30 am until approximately 4:30 pm.

The Camp Staff will include Head Coach, Grace Livingston (BYS) and Assistant Coaches, Maureen O'Connell (PVAC) and Leslie Cooper (YSS) and an additional male coach to be appointed.

The LSC camps are a great way to teach our swimmers more about the great benefits of being involved in United States Swimming.

**QUESTIONS?** Contact USS Camp Director, Amy Parratto, 603-749-2869.

**COST?** \$10 (checks made out to New England Swimming) which includes lunch, tee shirt, swim cap, certificate and swimmer's diary.

**CAMP APPLICATIONS** should be sent to Grace Livingston by December 7th.

**CAMP OBJECTIVES:**

1. Improvement of swimmer's self image.
2. Introduction of USS camp programs.
3. Retention of athletes ages 9--11.
4. Leadership and the transfer of information by each participant back to their home club, thus spreading the effectiveness of the camp.
5. To promote educational awareness of the USS national program.
6. Collection of data on developing athletes that will be evaluated by ICAR for future development and improvement of our programs.
7. Provide an opportunity for education, preparation, and motivation to all coaches in the area served.
8. Improvement of leadership skills.
9. Reinforce home club and coach through camp participants.

**NOTES:** LSC is Local Swimming Committee (New England, for example).  
Male Age Group coaches are invited to contact Amy Parratto for more information about applying to coach at the camp.

**STROKE AND TURN CLINIC:** November 20, 1995, 6:30 pm. Keefe Technical School, Framingham, MA room 226. To register, call Frank Ching at: 508-655-4169 (home) or 617-965-0955 (work).



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

DECEMBER 1995

**IN THIS ISSUE:** TIME STANDARDS FOR NATIONAL CHAMPIONSHIP MEETS; ZONE TEAM APPLICATIONS FOR SWIMMERS & COACHES; DISTRICT CHAMPIONSHIP TEAM ASSIGNMENTS; OBSERVED SWIMS FOR OVC's & TOP 16 TIMES; REIMBURSEMENT POLICY ADJUSTMENT; INFO FOR NEW ENGLAND SENIOR CHAMPIONSHIPS; CHANGES IN NEW ENGLAND MEET FEES, SURCHARGES & AWARDS; TOP TEN CORRECTIONS; NEW NE TEAMS; NE CALENDAR UPDATE; USS POSTAL LONG DISTANCE MEET....

#### REIMBURSEMENT ADJUSTMENT:

Because the Junior National meet this spring begins two days after New England Senior Championships, several coaches requested that New England adjust the requirement that swimmers who attend Junior Nationals must attend New England Senior Championships in order to receive reimbursement. They felt that the schedule would interfere with travel and/or taper plans for their swimmers.

At the December special Board Meeting, the Board accepted the recommendation of the Technical Committee to adjust the reimbursement requirements for short course season.

Swimmers who swim in an individual event at Junior Nationals in March who do not attend New England Senior Championships because of travel and/or taper requirements, may request a waiver if they "fully participate" in three New England Calendar meets during the short course season and "fully participate" in New England Senior Championships during long course season.

The complete reimbursement policy and new application form is in the September Newsletter Plus.

**FROM THE USS CONVENTION:** Effective in 1997, there will be three Junior meets (rather than the current two). New England will be in the Northeast area. The age limit for the Junior meet will be 19 (rather than 18).

Effective in 1997, all national membership fees will increase \$5.

**STARTER'S CLINIC:** Saturday, December 30, 1995 at 9:30 pm in the office of Frank Ching, Newton, MA. Call Frank to register and for directions. 508-655-4169 (H) or 617-965-0955 (W).

The Board of New England Swimming will meet on Tuesday, January 9, 1996 at 7 pm at the Wellesley Community Center, Wellesley, MA.

**NEW ENGLAND DISTRICT CHAMPIONSHIP DISTRICT ASSIGNMENTS:**

Please note that CCSC will not be hosting District Championships. The third championship will be held at Medford (MA) High School.

**DISTRICT 1, DARTMOUTH COLLEGE, Hosted By: NCAC**

ATST	BCN	BENN	BDST	BSST
BYD	CCBS	CHA	CONY	CTS
CVWM	EB	EDGE	EST	GMSC
HCS	HRST	HRY	HYV	LRW
MMST	NASY	NCAC	ORCA	PTBC
PVAC	PWST	PYST	ORO	RRSC
SCF	SS	SSA	SST	TOST
VGST	WWR	WYST		

**DISTRICT 2, KEEFE TECHNICAL COLLEGE, Hosted By: SAC**

ABF		AMW	BBGC	BGSC
BSC	CAST	CLBC	CU	EBAC
FHY	HAFB	HAY	HYST	LOBC
MVP	NWSC	PAC	PSC	PST
RAMS	RST	SAC	SD	SMY
TRIY	WAC	WAS	WAVE	WBD
WSC				

**DISTRICT 3, MEDFORD HIGH SCHOOL, Hosted By: SSSC**

ACK	ANA	BAPB	BAT	BYS
CBS	CCSC	DARE	DSA	DYD
EM	ERBC	FRY	GBSC	GNBY
MASK	MBM	MELY	MSY	MYSD
NAC	NBYW	NEB	NSP	NSR
NSSC	NSYV	OCY	RASC	SABA
SSSC	SYSL	YSS		

## TOP TEN CORRECTIONS: 1994—1995

## SHORT COURSE:

15 &amp; 16 GIRLS:

1000 yard FREESTYLE

5. Erica Allen SSA 10:29.78 SR\*  
 6. Janelle Bryan HYST 10:32.82 SR  
 7. Nancy Hackett MEM 10:37.39 SR

## OPEN WOMEN

1000 yard FREESTYLE

8. Erica Allen SSA 10:29.78 SR\*  
 9. Janelle Bryan HYST 10:32.82 SR  
 10. Jill Comeau GMSC 10:33.85 SR

## LONG COURSE:

9 &amp; 10 GIRLS

50 meter BACKSTROKE

1. Connie Brown MVP 35.94 CASS

50 meter BUTTERFLY

3. Carolyn Rossi NEB 37.11 BROW  
 4. Jennie Knott WFD 37.32 T  
 5. Margaret Ramsey MEM 37.39 T  
 6. Jessica Aiello MEM 38.51 T  
 7. Susanne Whelan PSC 38.52 T  
 8. Beth Lopez NEB 38.60 BROW  
 Kate O'Brien YSS 38.60 T  
 10. Valerie Grow CAST 38.67 T

15 and 16 GIRLS

100 meter BUTTERFLY

9. Tiffany Johnston CCSC 1:08.39 ECCA  
 10. Janelle Bryan HYST 1:08.77 SR

KATIE ZIMBONE (MEM) should be added as an OUTSTANDING SWIMMER, 15—16 Long Course

TEAM LISTS: Add the following names: NEB: Alex Lawton, Carolyn Rossi  
 CCSC: Tiffany Johnston

Also: Erika Vosdagalis should be ELENI Vosdagalis  
 Stephanie Cowan should be SOPHIE Cowan.

## NEW CLUBS REGISTERED IN NEW ENGLAND FOR 1996:

## DARTMOUTH SWIMMING ACADEMY

Normand Charbonneau  
 8 Pembroke Drive  
 North Dartmouth, MA 02747  
 DSA

## MARSHFIELD AREA SWIM CLUB

Jill A. Walsh  
 91 Park Avenue West  
 Weymouth, MA 02190  
 MASK

## CLAREMONT TIGER SHARKS SWIM TEAM

Patricia Deschaine  
 3 Ridgewood Drive  
 Claremont, NH 03743  
 CTS

## BILLERICA BOYS &amp; GIRLS CLUB

Anthony Fiore  
 Third Avenue  
 Wilmington, MA 01887  
 BEGC

## EEL RIVER BEACH CLUB SWIM TEAM

Adam C. Blaisdell  
 520 Plymouth Street  
 Bridgewater, MA 02324  
 BRBC

## BLUE DOLPHINS SWIM TEAM

Kathleen Layman  
 PO Box 301  
 Richmond, VT 05477  
 BDST

## CLARK UNIVERSITY

Kevin Salisbury  
 950 Main Street  
 Worcester, MA 01610  
 CU

# TIME STANDARDS

## 1996 Speedo Junior Championships

Qualifying Periods: March 14, 1995 through entry deadline for spring, July 31, 1995 through entry deadline for summer

WOMEN			EVENT	MEN		
SCY	SCM	LC		SCY	SCM	LC
24.59	27.39	27.79	50 Free	21.69	23.99	24.79
52.89	58.79	1:00.19	100 Free	47.79	52.19	53.99
1:54.19	2:05.89	2:09.09	200 Free	1:43.09	1:54.19	1:58.09
3:03.79	4:21.89	4:30.69	400/500 Free	4:29.59	4:02.09	4:09.79
10:22.19	9:01.79	9:15.99	800/1000 Free	9:39.29	8:26.89	8:40.79
17:24.29	17:13.09	17:46.69	1500 Free	16:14.79	15:56.39	16:41.69
59.09	1:04.89	1:07.89	100 Back	53.09	59.09	1:01.39
2:06.99	2:20.79	2:25.99	200 Back	1:55.09	2:07.89	2:12.39
1:07.19	1:14.99	1:16.79	100 Breast	59.49	1:06.09	1:08.29
2:25.59	2:42.89	2:44.99	200 Breast	2:09.79	2:25.59	2:329.79
58.59	1:04.39	1:05.79	100 Fly	51.907	56.99	58.89
2:08.89	2:21.69	2:24.19	200 Fly	1:54.89	2:05.79	2:10.59
2:09.49	2:22.89	2:27.59	200 IM	1:56.79	2:08.45	2:13.59
4:33.89	5:01.99	5:09.69	400 IM	4:09.49	4:36.19	4:43.89
3:37.19	4:02.99	4:06.99	400 Free Relay	3:12.79	3:34.29	3:41.89
7:49.79	8:45.09	8:53.89	800 Free Relay	7:05.69	7:53.79	8:07.49
4:01.29	4:28.89	4:36.39	400 Medley Relay	3:36.09	4:01.49	4:08.89

## Phillips 66 National Swimming Championships

Qualifying Periods: March 14, 1995 through entry deadline for spring, July 31, 1995 through entry deadline for summer

WOMEN			EVENT	MEN		
SCY	SCM	LCM		SCY	SCM	LCM
23.89	26.59	27.19	50 Free	20.79	22.99	23.89
51.29	56.49	58.39	100 Free	45.19	49.89	52.79
1:50.79	2:02.09	2:05.79	200 Free	1:39.19	1:50.89	1:54.29
4:52.69	4:12.79	4:25.09	400/500 Free	4:28.39	3:57.39	4:07.79
10:01.09	8:42.09	8:55.09	800/1000 Free	9:00.39	7:47.49	8:01.79
17:24.29	17:13.09	17:46.69	1500 Free	16:14.79	15:56.39	16:41.69
57.09	1:02.69	1:05.99	100 Back	50.79	56.59	58.89
2:01.79	2:14.99	2:20.79	200 Back	1:49.29	2:01.39	2:06.89
1:04.39	1:12.49	1:14.79	100 Breast	56.59	1:02.89	1:05.69
2:19.29	2:35.79	2:39.19	200 Breast	2:02.59	2:17.49	2:21.99
56.79	1:02.39	1:03.79	100 Fly	49.79	54.59	56.59
2:03.69	2:15.99	2:18.89	200 Fly	1:49.79	2:00.19	2:05.39
2:04.79	2:17.69	2:23.59	200 IM	1:51.49	2:03.19	2:09.39
4:24.69	4:51.89	5:01.79	400 IM	3:58.49	4:24.09	4:34.79
3:34.59	4:00.09	4:03.49	400 Free Relay	3:07.09	3:27.79	3:36.79
7:43.09	8:37.59	8:46.09	800 Free Relay	6:55.79	7:47.29	7:53.79
3:59.19	4:26.59	4:31.19	400 Medley Relay	3:29.79	3:54.39	3:58.59

## NEW ENGLAND SENIOR CHAMPIONSHIP INFORMATION:

1. The 1000 yard freestyle will be swum on Thursday; the 1650 yard freestyle will be swum on Sunday.
2. Relays: The relay policy will remain the same as last summer: Each team may enter as many qualified relays as they have and all relays are eligible to score points.
3. Bonus events: The bonus event policy will remain the same as last summer. The bonus events must meet the bonus times for each event but the bonus events are not "paired."

CALENDAR CHANGES: The BAT meet at Wheaton College will be JANUARY 12--14. The CAST meet will be at McDERMOTT SWIM CENTER, WARWICK, RI on JANUARY 13--14. CCSC will run a TEAM SPECIALTY MEET at Mass, Maritime Academy on February 9--11. CCSC will not run a district meet; SSSC will host a district meet.

## POSTAL LONG DISTANCE MEET:

The annual USS postal Long Distance Meet will be held from October 15, 1995 through April 1, 1996. New England has sanctioned this meet (NE6-19) and encourages all USS club and athletes to participate.

The meet must be held in a 25 yard pool. Teams should pay strict attention to the number of lengths swum. The ages and distances are: 9-year olds & 10-year olds--1000 yards; 11-year olds and 12-year olds--2000 yards; 13-, 14-, 15-, 16-, 17-, 18-year olds--3000 yards; open--5000 yards.

Results should include: coach's name; team name, address, phone number; swimmer's name, USS number, age, sex; name of official. They must be sent (preferably on HY-TEK) to USS, c/o Agre Group Programs Postal Long Distance Meet, One Olympic Plaza, Colorado Springs, Co 80909 to be received by April 15, 1996.

\*\*\*\*\*

*	NEW ENGLAND SWIMMING OFFICE:	MARY RIDDELL	*
*		20 Cleveland Road	*
*		Needham, MA 02192	*
*		617-449-0270	*
*	* FAX	617-449-7903	*
*	OFFICE HOURS:	Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m.	*
*		Thursday: 8 a.m.--2 p.m.	*
*	* Please do not send registration by FAX; registration is not		*
*	possible without payment of the registration fee.		*

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ASSISTANT COACH NEEDED: No planning time required, just deck time. Call Alan Barry at 617-646-7719.

## APPROVED MEET/OBSERVED SWIM PROCEDURES FOR OVC'S &amp; NATIONAL TOP 16 TIMES:

1. Application for meet approval or observation of swims must be submitted to Isabelle Fraser (approvals) and Frank Ching (officials) at least 10 days prior to the meet.
2. The application form shall include:
  - a. name, date and location of the meet
  - b. type of timing equipment to be used
  - c. names of USS officials/observers who have already agreed to officiate the meet or a request for the LSC to designate observers (minimum of two).
3.
  - a. Approved meets: If all deck officials for the meet are USS/LSC certified officials, all swims will be observed for compliance with USS rules.
  - b. Observed swims: Prior to the start of the meet, the USS observers shall be notified of the swimmers who wish to be observed for compliance with USS rules.
4. At the coaches' meeting prior to the meet, everyone shall be informed of the procedures that will be followed by the USS observers.
5. After the meet, the USS official/observer shall submit a report within 30 days to the LSC designated officer(s) certifying either that:
  - a. the approved meet was conducted in accordance with USS technical rules
  - b. OR the observed swims met USS technical rules and the meet was conducted to accordance with USS timing rules
 Upon receipt of such report, and confirmation that all requirements have been met, the LSC will authorize the issuance of OVC's (or Top 16 Reportable Time) for the observed swims.
6. A set of results must be sent to the LSC OVC officer or Top 16 Reporter.
7. If a meet has not been confirmed for approval or observation of swims within 30 days after the meet, no OVCs shall be issued or Top 16 times reported for the meet.

NOTE: All meets to be considered must be at the CHAMPIONSHIP LEVEL.

SANCTIONED MEET: meet held by USS member club in accordance with USS rules. All swimmers must be USS athlete members.

APPROVED MEET: Meet held by non-USS member in accordance with all technical USS rules; all legal swims are eligible for OVC's and Top 16 (if meet is at the championship level).

OBSERVED SWIMS: Individual performances observed by assigned USS officials for conformance with applicable USS technical rules in a meet conducted by a non-member USS team (high school, college, etc.) under other than USS rules. (The meet must be at the championship level.)

NOTE: At the present time New England does not require "observed swims" for entrance to New England meets, including championship and classic meets.

CONTACTS:	New England Swimming Office:	Mary Riddell	617-449-9270
	Officials	: Frank Ching	617-965-0955 (0)
	OVC's	: Carol Mitchell	617-665-7439
	Top 16 Times	: Pam Warner	617-749-2526
	Sanctions	: Isabelle Fraser	413-567-3415

"Request for Observed Swim" forms may be obtained from Frank Ching, Pam Warner or the New England Office.



**FEES, SURCHARGES, AWARDS:**

The following fees, surcharges and awards were proposed and approved by the Board of New England Swimming at the September 11, 1995 Board Meeting to be effective January 1, 1996:

**ENTRY FEES:**

Timed Finals Meets : individual events: \$2.00 per event  
 \*distance events : \$4.00 per event  
 relays : \$5.00 per relay

Trials and Finals Meets: individual events: \$3.00 per event  
 \*distance events : \$4.00 per event  
 relays : \$7:00 per relay

Championship and Classic Meets: Fees are the same as above depending on the type of meet.

**SURCHARGES:**

Timed Finals Meets : individual events: \$ .50 per event  
 \*distance events : no surcharge  
 relays : no surcharge

Trials and Finals Meets: same as above

Championship and Classic Meets: The host team does not pay a surcharge. There is a \$1 per swimmer surcharge that the entering team pays directly to New England Swimming.

**AWARDS:**

Timed Finals Meets : The host team is free to select its own awards. The awards must be clearly stated in the bid and invitation.

Trials and Finals Meets: same as above

Championship and Classic Meets: The awards are set by New England Swimming.

\* Distance events are 800 and longer. There is no surcharge for "Senior Development" meets (meets for older swimmers with no distance less than 200).

NOTE: Teams may charge less than the approved fees, but the surcharge remains the same. Host teams pay surcharges for their own team.

**PREVIOUS FEES:** For your information, these are the previous fees:

"A" and better meets (or meets giving medals):

individual events: \$2.00  
 \*distance events : \$4.00  
 relays : \$4.60  
 surcharges : \$ .45 per individual event

Other meets (or meets not giving medals):

individual events: \$1.50  
 \*distance events : \$3.00  
 relays : \$3.60  
 surcharges : .30 per individual event

Trials and Finals Meets:

individual events: \$3.00  
 \*distance events : \$4.00  
 relays : \$6.60  
 surcharge : \$ .45

EASTERN ZONE ALL STAR MEET  
PRINCETON, NEW JERSEY MARCH 28, 29, & 30, 1996

This years New England Zone Team has had a different selection method. This was decided at the fall Coaches Meeting.

Any swimmer who won an event last summer at Age Groups, and who did not age up, was sent an invitation to participate this spring (1996). If the swimmer did age up, we went to the next swimmer - down to the first four. If we did not find anyone at that point we left it at that, and the top two swimmers for those events will be picked off of age groups this spring. We have had twelve swimmers respond. There will still be many spots open.

We have eight willing chaperones from the twelve swimmers that responded. This is all the chaperones that we need, unless the team is very large.

An application to coach was sent to the top two teams from last summers Age Group Meet as well. To date we have not heard from them. We will need four to five coaches depending on the size of the team.

An application for interested swimmers will be in the New England Newsletter.

An application for interested coaches will also be in the Newsletter.

If anyone has any questions, please call Isabelle Fraser, 413-567-3415, or Mary Riddell, at the New England office 617-449-0270.

The cost for each swimmer is \$225.00. The cost to chaperones is nil, and the cost to coaches is nil.

**All swimmers who are members of the New England Zone Team must have participated in three New England calendar meets during the short course season.**

### EASTERN ZONE TEAM GENERAL INFORMATION

Swimmers may swim in six events exclusive of relays. They may be in no more than three per day.

10 & Under swimmers will be timed finals in the P.M. sessions.

All other swimmers will be trials in the mornings and finals at night. All relays will be at the end of the night session (this is different than past years when the 11-12 relays were in the beginning of the meet)

**All swimmers must travel with the team on the bus and stay together as a team.**

We do allow swimmers to go home with their parents at the conclusion of the meet.

We will be coming home at the end of the meet. We will get in about 2:00 A.M.

We originate and end in Auburn, Mass. We will leave on Wednesday, March 27, 1996.

The cost is \$225.00.