

# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

JANUARY 2002

IN THIS ISSUE:

UPDATE TO THE NEW ENGLAND LONG COURSE CALENDAR; ZONE TEAM INFORMATION & APPLICATION; 2001--2002 REIMBURSE-MENT POLICY & APPLICATION; NEW ENGLAND RECORD & TOP 16 APPLICATION; 2004 OLYMPIC TRIAL TIME STANDARDS; COLLEGE CHAMPIONSHIP MEETS AT HARVARD...



#### ANNUAL MEETING

Saturday, May 4, 2002 Wellesley Community Center Wellesley, MA



Be sure to mark your calendar for the New England Swimming Annual Meeting. In addition to the House of ?Delegates, featuring the report of the Nominating Committee and the presentation of the 2002--2003 Budget, there will be several important meetings.

MEET MANAGERS MEETING (required of all teams running meets)

OFFICIALS MEETING, STROKE and TURN RECERTIFICATION and NEW THIS YEAR: FACILITATORS MEETING

COACHES MEETING and ELECTION OF A NEW COACH REPRESENTATIVE AND NEW THIS YEAR; A SPEAKER in the afternoon

Anyone who would like to suggest a speaker should contact the coaches representatives: Amy Parratto (parratto@seacoastswimming.com or 603-749-2869) or Laura Matuszak (matuszak@together.net or 802-654-2881).

The next meeting of the Board of New England Swimming will be on Tuesday, March 12, 2002 at 7 pm at the Wellesley Community Center, Wellesley, MA.

NEWSLETTER PLUS JANUARY 2002

#### UPDATE--NEW ENGLAND SWIMMING CALENDAR, LONG COURSE, 2002:

June 8--9 : Greenwood Memorial Swim Club Team Specialty Meet, Greenwood Memor-

ial Pool (25-yard pool), Gardner, MA (800 and 1500 free; relays)

Joann Foley, 508-799-7135

June 21--23 : Shawmut Aquatic Club Team Specialty Meet, \*Brown University, Pro-

vidence, RI (800 and 1500 free)

Carrie Thompson, 781-235-3150; ThompsonCJ@medialone,net

July 19--21 : Greenwood Memorial Swim Club Team Specialty Meet, Greenwood Memorial Pool (25-yard pool), Gardner, MA (8 and under events, relays)

Joann Foley, 508-799-7135

August 8--11: New England Open Championships, \*Brown University, Providence,

RI (Ocean State Squids)

#### SWIMMERS AGES AND SWIM MEETS:

Swimmers must enter meets with the age they are on the first day of the meet. This is the case even if they do not swim on the first day. If they "age up" during the meet, they still swim with the age they were on the first day of the meet.

Swimmers must swim in the proper age group at swim meets. Recently, we have had several meets where swimmers participated in the incorrect age group. A 9 year old may not swim in a 11 and 12 event or relay. a 7 year old may not swim on a 9 and 10 relay, but may swim on a 10 and under relay. A 15 and over event is not open to a 14 year old, but any swimmer may enter an "open" event.

Sometimes there are meets where New England Swimming gives permission for a few swimmers to swim in an older age group. This is usually in an age group qualifier where swimmers who "age up" between the qualifying meet and the championship meet are allowed to swim the age group that they will have to swim in in the championship meet.

# EASTERN ZONE ALL STAR SWIM MEET NEW ENGLAND SWIMMING April 4, 5, 6, 2002 Gloucester County Institute of Technology - Sewell, New Jersey

Cost \$300.00 per swimmer - \$25.00 non-refundable deposit with the application, (refunded if the swimmer does not make the team) — the rest is due March 25, 2002. Checks payable to New England Swimming, and mailed to: Isabelle Fraser, 125 Franklin Rd., Longmeadow, Ma. 01106

Application for interested swimmers. This must be turned in by the end of the 12 and under meet for 12 and under swimmers, and at the end of the 13 and over meet if you are 13 and over. We will be looking at the top two times in each event from the swimmers that have applied. The 12 and under team will be put together after the 12 and under meet. We will notify swimmers as soon as possible. The 13 and over swimmers will be notified by March 23, 2002. Bring this to the verification table at the meets, after you have filled it out.

Name	_	AgeBirthdate	
Legal first name	e & mid. Int. & last name		
Address		_Phone No. Area code	· · · · · · · · · · · · · · · · · · ·
City:	State	Zip Code	
Your home e-mail add	lress:		
Coach	Club aff	iliation	
Parents Signature		<del></del>	
Shirt Size	lade)Male-reg. Or jammer	4	
per day (this does not i event of applications re where the team needs chose to swim these ev	ou would like to swim. You are include relays). We will ask the eccived. If you qualify in more tyou. As the zone meet does not ents at age groups, you may put all swimmers should put down	swimmers with the two faste than six events – you may be have the longer distances for down where you did other ev	est times in each put in events 11-12's, if you vents to qualify
Event 1	Event 2	Event 3	
Event 4	Event 5	Event 6	·····

To be a member of the New England Zone Team, all swimmers must have participated in three New England Calendar Meets, during the short course season. We take the times from the age group championships. We want current times. 11-12 year old swimmers should put down where they did the times for the events they enter if they are not from age groups.

Each swimmer travels with the team, has hotel rooms and meals covered, receives a suit, cap, and shirt of some type. (meals on the road are not covered).

# EASTERN ZONE ALL STAR SWIM MEET NEW ENGLAND SWIMMING April 4, 5, 6, 2002 Gloucester County Institute of Technology - Sewell, New Jersey

The short course meet is an all star meet and is selected from the two fastest times for each event from applications received. The summer meet has cut off times and any swimmer who makes the time standards can go. If you need further information please call Isabelle Fraser 413-567-3415, e=mail = fraswim@aol.com\_, or the New England Swimming Office=Mary Riddell, at 781=449=0270, or e-mail at MTRNESwim@aol.com\_\_

1	22	in include age group champ	
We may not always be	ed – if interested please put e able to have you chaperor	ie your own child, but do ma	ake sure you get to be at
the pool when your ch another adult.	ild is swimming. You do n	ot stay in your childs room,	but are noused with

RESULTS FOR RECORDS, TOP 16, and TOP TEN:

SWIMMERS ACHIEVING A RECORD OR A NATIONAL TOP 16 TIME must submit an application (included in this newsletter and also available at the New England web site). If the meet involved is not a New England calendar meet, a copy of the meet results must be submitted at the same time. These applications and results should be sent to ROSEMARIE MEISSNER, 55 Jennifer Drive, Wrentham, MA 02093.

SWIMMERS ACHIEVING A POTENTIAL TOP TEN TIME do not have to submit an application. However, if the time comes from a meet outside of New England, a copy of the meet results (paper copy) must be sent to the New England Office, 20 Cleveland Road, Needham, MA. Note that for Top Ten only "open" meets are acceptable. High School, YMCA, invitationals, etc. are not used for Top Ten Times.

Results and times that are listed on the web site are for the convenience of of the swimming community, but are not used for records, Top 16 or Top Ten. Teams that run New England calendar meets are required to mail the results to the office, but the office does not receive results from out of district, including national meets (US Open, Sectionals, National Champion; ships, etc).

#### REIMBURSEMENT POLICY FOR NATIONAL AND SECTIONAL MEETS, 2001--2002

#### ATHLETE REIMBURSEMENT POLICY:

A New England registered swimmer who qualifies for and swims in an individual event at the US Open will be reimbursed \$150 by New England Swimming. A New England registered swimmer who qualifies for and swims in an individual event at National Championships will be reimbursed \$300 by New England Swimming. A New England registered swimmer who qualifies for and swims in an individual event at the Disability Championships will be reimbursed \$300 upon request. Disabled swimmers are strongly urged to participate in New England meets. However, the Board will consider waiving the minimum meet requirement on a case by case basis. A New England registered swimmer who qualifies for and swims in an individual event at the Sectional meet will be reimbursed. For this meet, an amount of \$5,000 will be shared by the qualified swimmers who apply and submit receipts within the eight week period, with a maximum of \$50 per swimmer.

During the short course season a swimmer must fully participate in three New England calendar meets to be eligible for reimbursement. During the long course season a swimmer must fully participate in two New England calendar meets to be eligible for reimbursement. "Full participation" means participation in all or at least two days of competition and at least one individual event at each day of participation.

If the New England Senior Championships is in place with a named facility by a certain date (90 days preceding the first day of the meet for long course; 120 days preceding the first day of the meet for short course), mandatory participation in the Senior meet is required in order for a swimmer to receive reimbursement. The New England Board may waive this requirement for good cause, such as illness or conflict with the National Team requirement. This requirement will be waived for short course.

A swimmer must request the reimbursement within eight weeks of the meet. The request must include the stub from the swimmer's plane ticket or receipt of other expense to equal or exceed the amount of requested reimbursement.

To be eligible for reimbursement, an athlete must have been registered in New England and have competed in a New England calendar meet at least six months prior to the meet for which reimbursement has been requested.

Waivers for the US Open and National Championships: A swimmer who does not participate in three New England calendar meets during short course season may request a waiver for a championship meet during that season only if he/she participates in three New England calendar meets during the long course season. A swimmer who does not participate in two New England calendar meets during the long course season may request a waiver for a championship meet during that season only if he/she participates in three New England calendar meets during the short course season. All requests for waivers will be considered following the long course season.

Waivers for the Sectional Meets: For the Sectional Meets there will be no waivers.

#### **COACH REIMBURSEMENT POLICY:**

For each team that sends a swimmer to the National Championship, the Disability Championships, or the US Open, New England Swimming will provide \$150 to reimburse coach

expenses. The \$150 per team may be used to reimburse one coach or be split among several team coaches at the team's discretion. The team will have to provide New England Swimming with receipts for coach expenses that equal or exceed the \$150 reimbursement.

For the Sectional Meet an amount of \$1,500 will be shared by the coaches who attend the meet and apply and submit receipts within the eight week period (one coach per team) with a limit of \$100 per coach.

#### COLLEGE CHAMPIONSHIP MEETS AT HARVARD:

WOMEN'S IVY LEAGUE SWIMMING AND DIVING CHAMPIONSHIPS:

Blodgett Pool, Harvard University, Thursday-Saturday, February 21--23, 2002

Prelims: 11 am (will go until 12:30 +/-)
Finals: 6 pm (will go until 8:30 +/-)

MEN'S EASTERN SWIMMING AND DIVING CHAMPIONSHIPS:

Blodgett Pool, Harvard University, Thursday--Saturday, February 28-- March 2, Prelims: 11 am (will go until 12:30 +/-) 2002

Finals: 6 pm (will go until 8:30  $\pm$ / $\pm$ )

For more information go to: http://www.hcs.harvard.edu/swim/. For discounted group/team tickets, contact Steve Staples (sstapels@fas.harvard.edu; 617-495-9810)

## **HELP WANTED**

SWIMMING INSTRUCTORS WANTED: Patient, understanding and reliable individuals to teach swimming to children aged 4 to 12 in small groups and private lessons in Watertown, Waltham, Weston, Cambridge, Medford, and Raynham. Spring, summer and year round opportunities available; part and full time hours morning, afternoon and evenings. An ideal candidate would have competitive swimming, teaching or coaching experience or training in child development. CPR and FA training required (we can arrange training); WSI not required. Instructors can earn \$7 to \$25 per hour depending on experience. Call Reid Christen at 800-293-1868 for more information or to arrange an interview.



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FEBRUARY 2002

**PVAC** 

YNS

IN THIS ISSUE:

HIGH POINT WINNERS--8 and under AGE GROUPS; NE CLUBS REGISTERED FOR 2002; NATIONAL AGE GROUP TOP 16 RANKINGS; "CATCH THE SPIRIT" CAMP; FACILITIES STANDARDS; VERIFICATION...

1. JIMMY BERNARDO

2. MATTHEW SCALISE

HIGH POINT WINNERS--EIGHT and under AGE GROUPS

HRY

YNS

CONGRATULATIONS to the High Point Winners at the Eight and under Age Groups:

# Dartmouth College: 1. LAUREN WESTON

2. AMY NEEDHAM

3.	EVA FABIAN	GTRS	3.	BRANDON STRONG	SSA
4.	BREEZY O'BRIEN	GTRS	4.	JACOB LEONARD	ATST
5.	KRYSTYNA ESTRADA	NCAC	5.	J P CHANDLER	HRY
6.	ERICA MACSWAN	RRSC	6.	JEFFREY LASHWAY	HRY
7.	ALLISON MENTUCK	YNS	7.	ZACHARY WINGFIELD	HRY
8.	VIVIANA MACKAY	GMSC	8.	CHRISTIAN GIRARD	MYT
Sal	em State College:				
- Cui	di buic corrège.				
1.	ERICA BELCHER	BYB	1.	JOHN BAILEY	MBM
2.	JENNIFER STONIONIS	HAY	2.	JUN OH	BYB
3.	LYDIA AZARET	MVP	3.	EVAN SHOLUDKO	AAC
4.	LINDSAY MULLANEY	MBM	4.	SHANE RYAN	MELY
5.	STEPHANIE LIE	MD	5.	JONATHAN BAILEY	ABF
6.	ERIN FOLEY	HAY	6.	ANDREW BELLI	NSSC
7.	THERESA FALLER	ANA	7.	NATHANIEL FISHER	SD
8.	EILISH FINNERAN	RAMS	8.	JAMESON MCSHEA	CCSC
	ALLISON SCOTT	BGSC			

ZONE TEAM REMINDER—Zone Team applications are due by the end of 9—12 Age Groups for 9—12 swimmers and by the end of 13 and over Age Groups for 13—18 swimmers. Applications are on the web site or in the January issue of the newsletter.

The Board of New England Swimming will meet on Tuesday, March 12, 2002 at 7 pm at the Wellesley Community Center, Wellesley, MA. In case of questionable weather, please call the office.

### **ARTICLE 103 - FACILITIES STANDARDS**

#### **EFFECTIVE DATE: NOVEMBER 1, 2001**

## APPROVED WORDING 103.1 DEFINITIONS [no change]

- .1 /M/ = Indicates mandatory requirement for all competition.
- .2 /NC/ = Except as noted otherwise, indicates mandatory requirement for USA Swimming Championships and International Competition.
- .3 /LSC/= Predicated on facility availability, LSC's may waive strict compliance with these requirements in sanctioning local competition.
- .4 Where dimensions are given, the dimension listed first shall govern and dimensions given in parenthesis are for reference only.

**103.2 WATER DEPTH** [New section with .1 & .3 taken from 103.3 unchanged, except for renumbering and housekeeping / .2 is new.]

- .1 /NC/ 2 meters (6 feet 7 inches) deep throughout the course.
- .2 /M/ Teaching Racing Starts Minimum water depth for teaching
  racing starts in any setting from any
  height starting blocks or the deck shall
  be 5 feet (1.53 meters) measured for a
  distance of 3 feet 3 \_ inches (1.0
  meter) to 16 feet 5 inches (5.0 meters)
  from the end wall.
- .3 /M/ Racing Starts Minimum water depth for racing starts during practice and competition shall be measured for a distance 3' 3 \_" (1.0 meter) to 16'5" (5.0 meters) from the end wall. Starting requirements and height of starting blocks shall be:
  - A In pools with water depth less than 3' 6" (1.07 meter) at the starting end, the swimmer must start from within the water;
  - B In pools with water depth 3' 6" (1.07 meter) to less than 4' (1.22 meter) at the starting end, starting platforms shall be no more than 18" (0.46 meter) above the water surface;

C In pools with water depth 4' (1.22 meter) or more at the starting end, starting platforms shall meet the height requirements of Section 103.11.1.

**Note:** Local, state and municipal statutes, ordinances, rules and regulations may have depth limitations in conflict with this section. The LSC and all Member clubs should check for this at all times.

103.3 RACING COURSE DIMEN-SIONS [after .1 & .3 in 103.2 were taken from here intact, no change, except for renumbering]

[No change to rest of article, other than renumbering]

#### **QUESTIONS & ANSWERS**

**Q:** Do the changes to the section on water depth mean all pools must be at least 5 feet deep for competition?

A: No. The 5 foot minimum water depth applies only to the teaching of racing starts in any setting in all facilities. The section (103.2.3) that addresses water depth for competition is virtually unchanged.

Q: What does "in any setting" mean in 103.2.2?

A: It means practice or competition, including warm up, in all facilities.

Q: When does 103.2.2 Teaching Racing Starts apply and when does 103.2.3 Racing Starts apply?

A: The key word is teaching. 103.2.2, which provides for a 5 foot minimum depth, applies when a swimmer is being taught a racing dive. Once a swimmer has learned to safely execute a racing start, 103.3.3 applies.

Q: What is meant by "Teaching Racing Starts"?

A: Teaching for the purpose of this USA Swimming rule shall be interpreted as the instruction by a USA Swimming member coach of swimmers, of any age, in the proper techniques of a racing start. The USA Swimming member coach must determine that a swimmer has repeatedly demonstrated proficiency and safety in executing the racing start, before that swimmer may begin practicing a racing start in any water depth within applicable technical rules of USA Swimming. Teaching is defined in the dictionary as telling or showing the fundamentals or skills of something. Practicing is defined as performing repeatedly to become proficient.

Q: There are several water depths mentioned (2 meters, 5 feet, 3 foot 6 inches, etc). Explain how these apply and under what circumstances.

- A: 1. The 2 meter requirement (103.2.1) applies to the National Championships. The /NC/ indicates this.
  - 2. The 5 foot requirement (103.2.2) applies to the teaching of racing starts in any setting (practice or warm up for competition).
  - 3. The 3'6" and 4'0" requirements (103.2.3) and the related limits on starting block height apply to racing starts in practice or competition.

Q:103.2.3 Racing Starts covers the height of starting blocks. Must a swimmer start from the blocks?

A: No. A swimmer may choose to start either from the deck or the water at any time for any reason.

O: What does the /M/ mean?

A: As defined in 103.1.1, it means mandatory requirement for all competition. The /M/ in 103.2.2 does not limit this section to competition.

Q: The water depth requirements for USA Swimming and my local pool are different. Which one applies?

A: The more strict requirement applies. For example, in the absence of any local minimums, USA Swimming rules apply. Conversely, if there is a local requirement of 6 feet in effect, USA Swimming rules may not be used to override the local requirement for a 4 foot deep pool.

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#### CLUBS REGISTERED WITH NEW ENGLAND SWIMMING--FEBRUARY, 2002:

#### ADIRONDACK AQUATIC CLUB

Don McInnis 29 Sharlene Lane Plainville, MA 02762 AAC

#### AQUAMAIDS/AQUAMEN OF WOR-

Paul Parenteau CESTER 128 Brookline Street Worcester, MA 01603 AMW

#### ATTLEBORO YMCA TSUNAMI

Don Weeden 55 Old Wood Road N. Attleboro, MA 02760 AYT

#### BERNAL'S GATOR SWIM CLUB

Paula Sweeney 2 Saw Mill Lane Amherst, NH 03031 **BGSC** 

#### GREATER BURLINGTON YMCA

Ben Nigro 266 College Street Burlington, VT 05401

#### CAPE COD YMCA MAKOS

David Schneeweis 2245 Rt. 132 Box 188 W. Barnstable, MA 02668 CCYM

#### CONCORD YMCA

Regan Reed 15 N. State Street Concord, NH 03301 CONY

#### NEW ENGLAND BARRACUDAS

Wallace Reid Christen 56½ Orange Street Waltham, MA 02453 CUDA

#### EASTHAMPTON BARRACUDAS

Cheryl Fletcher PO Box 97 Southampton, MA 01073 EB

#### ATTLEBORO BLUEFISH

Jane Manqili 49 Siesta Drive N. Attleboro, MA 02760 ABF

#### ANDOVER-NORTH ANDOVER YMCA AMHERST TRITONS SWIM TEAM

Paul Bennett 165 Haverhill Street Andover, MA 01810 ANA

#### BELMONT AQUATIC TEAM

Ev Crosscup 28½ Burns Hill Road Hudson, NH 03051 BAT

#### BLUE DOLPHINS

Karen Jenovese PMB #96 26 S. Main St. Concord, NH 03301 BLUE

#### CCBA SWORDFISH

Ken Vutech CCBA PO Box 386 Lebanon, NH 03766

#### BOYS/GIRLS/CUMBERLAND/

Beverly Bloomer LINCOLN PO Box 7505 Cumberland, RI 02864 CLBC

#### CRANSTON STING RAYS

Claire A. Baggesen 40 Rhodes Avenue Cranston, RI 02905 CSR

#### CENTRAL VERMONT WAVEMAK-

ERS Marie Chilson 100 Shaw Circle Northfield, VT 05663 CVWM

#### EAST BAY AQUATIC CLUB

Jon Caswell PO Box 4947 Rumford, RI 02916 EBAC

#### NANTUCKET DOLPHINS

James D. Ellis 83 N. Liberty Street Nantucket, MA 02554

Kitty Hancock 10 the Hollow Amherst, MA 01002 ATST

#### BOYS/GIRLS CLUB OF PAWIUCKET

Derek Heim One Moeller Place Pawtucket, RI 02860 **BGCP** 

#### BURBANK YMCA BLUEFINS

Michael MOrrell 180 School Street Woburn, MA 01801 **BYB** 

#### CAPE COD SWIM CLUB

Marc Solomon PO Box 966 Pocasset, MA 02559

#### CENTRAL MASS CYCLONES

Andrew Hawkins 633 Salisbury Street Worcester, MA 01609

#### CLAREMONT TIGER SHARKS

Victoria Marukelli 207 Pleasant Street Claremont, NH 03743 CTS

#### DIVERSIFIED AQUATICS REC.

Wallace Reid Christen TEAM 56½ Orange Street Waltham, MA 02453 DART

#### EAST LONGMEADOW MARLINS

Julie Piepho 11 Chestnut Hill Road Hampden, MA 01036 ELM

#### CLUBS REGISTERED WITH NEW ENGLAND SWIMMING--FEBRUARY 2002:

#### EAGLEBROOK SCHOOL SWIM

Nancy Yankowski CLUB 54 Crocker Avenue Turners Falls, MA 01376 ESSC

#### SOUTHERN NH FINS

Meg Clemens PO Box 782 Nashua, NH 03062 FINS

#### GREENWOOD MEMORIAL SWIM

Don Lemieux CLUB 69 Park Street Gardner, MA 01440 GMSC

#### WOBURN BOYS & GIRLS CLUB

Robert DePavao 6 Covington Avenue Billerica, MA 01821 H2O

#### HAMPSHIRE HILLS SEAWOLVES

Karalyn Reed Paradis 99 Youville Street Manchester, NH 03102 HHS

#### LAKES REGION WAVEMAKERS

Sherri Collis 397 Davidson Drive Laconia, NH 03246

#### MELROSE YMCA

Tony Cerrato 497 Main Street Melrose, MA 02176

#### MIDDLEBORO YMCA SEADEVILS

William Rogers 31 Gibbs Road Middleboro, MA 02346 MYSD

#### NASHUA YMCA PROSPECTORS

Nancy Phillips 12 Mendelssohn Drive Hollis, NH 03049 NASY

#### EXETER SWIM TEAM

Maureen Heaps 17 Patriots Road Stratham, NH 03885 EST

#### GREATER BOSTON SWIM CLUB

Steven Callander 12 Alban Street Dorchester, MA 02124 GBSC

#### GUNSTOCK SWIM CLUB

Cynthia Cole 240 Sheridan Street Laconia, NH 03246 GSC

#### HARVARD UNIVERSITY

Stephanie Morawski Murr Cen. 65 N. Harvard Boston, MA 02163 HARV

#### HAMPSHIRE REGIONAL YMCA

Sherry Wingfield 286 Prospect Street Northampton, MA 01060 HRY

#### MASS BAY MARLINS

Tim Murphy
PO Box 381035
Cambridge, MA 02138

#### MIDDLEBURY MARLINS SWIM

Suzanne Snider **TEAM**PO Box 325
Middlebury, VT 05753
MST

#### MANCHESTER YMCA TIGER

Christa Gillis SHARKS 116 Goffstown Back Rd. Goffstown, NH 03045 MYT

#### NEWPORT BLUES SWIM TEAM

Thomas Carney
PO Box 592
Portsmouth, RI 02871
NBST

#### FIRST IN FITNESS NORTHERN

Suzanne Ferrario LIGHTS 343 Laurel Lane Waterbury, VT 05676 FFNL

#### GREEN MOUNTAIN AOUATICS

Jim Donoghue 63 Main Street Essex Junction, VT 05452 GMA

#### VALLEY GATOR/KEENE SWIM

Barbara Hecker CLUB 400 Hurricane Road Keene, NH 03431 GTRS

#### HAY LIGHTNING

Stephanie Steiner 32 Village Way N. Attleboro, MA 02760 HAY

#### HOLYOKE YMCA VIKINGS

Randall K Smith 171 Pine Street Holyoke, MA 01040 YV

#### MIGHTY DUCKS SWIM CLUB

Liam Sullivan 771 Boston Post Rd. #112 Marlborough, MA 01752

#### MERRIMACK VALLEY PIRATES

Michael Spring 251 Lake Street Haverhill, MA 01932

#### NORSEMAN ATHLETIC CLUB

Karen Underhill PO Box 1949 N. Eastham, MA 02651 NAC

#### NORTH COUNTRY AQUATIC CLUB

J P Galli PO Box 601 Hanover, NH 03755 NCAC

#### CLUBS REGISTERED WITH NEW ENGLAND SWIMMING--FEBRUARY,

#### NORTH SHORE PIRANHAS

Julien Villegas 4 Community Road Marblehead, MA 01945 NSP

#### OLD COLONY YMCA

Ed Sharkansky 10 Seaver STreet North Easton, MA 02356 **OCY** 

#### PROVIDENCE AQUATIC CLUB

Michelle Gacio. PC---River Avenue Providence, RI 02918

#### PORTSMOUTH SWIM TEAM

Jum Lyndes 30 Toftree Lane Dover, NH 03820

#### PITTSFIELD YMCA POLAR

Cheryl Ryan **BEARS** 53 Richmond Lane Adams, MA 01220 PYPR

#### ROWELL'S RAIDERS SWIM CLUB SHAWMUT AQUATIC CLUB

Missy Rowell 6 Griffin Street Derry, NH 03038 RRSC

#### SEEKONK DOLPHINS

Ray Grant 80 Davis Street Seekonk, MA 02271 SD

#### SIMON"S ROCK SWIM CLUB

Kate Mulholland Athletics, 84 Alford Great Barrington, MA 01230 SRSC

#### SEVEN SEAS SWIM CLUB

Richard Cheney 44 Mystic River Road Medford, MA 02155 SSSC

#### NORTH SHORE SWIM CLUB

Dan Warner 19 Fenley Road Gloucester, MA 01930 NSSC

#### OYSTER RIVER OTTERS

Jeff Wensman 7 Hoitt Drive Durham, NH 03824 ORO

#### PATRIOT SWIM CLUB

Jeff Johnson 158 Jamestown Road Leominster, MA 01453

#### PIONEER VALLEY AQUATIC CLUB PETERBOROUGH SWIM CLUB

Isabelle Fraser 125 Franklin Road Longmeadow, MA 01106

#### RAMS SWIMMING CLUB

Keri Cunningham 16 Whipporwill Way West Greenwich, RI 02817 RAMS

Kathy White 8 Florence Street Franklin, MA 02038 SAC

#### THE SWIMMING HOLE SWIM

Melinda Antonucci CLUB 75 Weeks Hill Road Stowe, VT 05672 SHSC

#### STERLING SWIMMERS

Doris T. Floria 502 Beam Road : Hyde Park, VT 05655-9157

#### YMCA OF THE SHOUTH SHORE

Darlene McGrath 45 Truman Drive Randolph, MA 02368 SSYS

2002:

NEW WAVE SWIM CLUB Jackie Hunter 11 Phillips Drive Westford, MA 01886 NWSC

#### OCEAN STATE SOUIDS

Karen Forrest 82 Mayflower Road Hanson, MA 02341 OSS

#### PALMER STRIPERS SWIM TEAM

Sherry Ashe Dunn PO Box 574 Thorndike, MA 01079 **PSST** 

Richard Cuddihee RFD 2 Greenwood Road Peterborough, NH 03458 **PWSC** 

#### ROCKINGHAM AREA YOUTH SWIM-

MING

Kathy Moore 6 Belmont Terrace Derry, NH 03038 RAYS

#### SOUTH COAST AQUATICS

David Ponte 374 Farm Street New Bedford, MA 02740 SCA

#### SMITHFIELD YMCA

Paul Brochu 7 Pine Grove Circle Greenville, RI 02828 SMY

#### SEACOAST SWIMMING ASSOCIA-

Mike/Amy Parratto TION 14 Back Road Dover, NH 03820 SSA

#### ST. ALBANS SHARKS

David Beaulieu 134 Gauthier Drive Swanton, VT 05488 STA

#### CLUBS REGISTERED WITH NEW ENGLAND SWIMMING-FEBRUARY, 2002:

#### TRI-Y TORPEDOES

Jackie Woolhouse 6 Hillside Drive Sturbridge, MA 01566 TRIY

#### WEYMOUTH WAVES

Carl Erikson 75 Finnell Drive Weymouth, MA 02188 WW

#### VERMONT AREA SWIM TEAM

Jennifer Cournoyer 115 Wellness Drive Williston, VT 05495 VAST

#### WESTFIELD YMCA SWIM TEAM

Jesse White 67 Court Street Westfield, MA 01085 WYST

#### WHITINSVILLE BLUE DOLPHINS

David Hjerpe 45 Woodcrest Road N. Attleboro, MA 02760 WBD

#### YMCA OF THE NORTH SHORE

Kevin Tyrrell 254 Essex Street Beverly, MA 01915

NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL
20 Cleveland Road
Needham, MA 02492-3006

781-449-0270
FAX: 781-449-7903
e-mail: MTRNESwim@aol.com
web site: www.neswim.com

OFFICE HOURS: Monday: 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m.
Thursday: 8 a.m.--2 p.m.

\*

# HELP WANTED

TEMPORARY POSITION: Pool Director/Head Lifeguard, Adams Pool Corporation, Lexington, MA. Full time, flexible days, Mary 25--September 2 plus one week before and one week after. Private low-key neighborhood pool of 100 families. Staff supervisor, swim instructor (WSI certified), daily pool maintenance (CPO certifate desired). Contact: Robin Gannon at 781-862-3711 or rigannon@rcn.com; Sarah Foster at 781-863-6321 or foster\_sarah@yahoo.com; Personnel Director, Adams Pool Corporation, PO Box 271, Lexington, MA 02420.

NEWSLETTER PLUS FEBRUARY 2002

#### NATIONAL AGE GROUP TOP 16--LONG COURSE RANKINGS:

CONGRATULATIONS to the New England Swimmers who achieved National Age Group Top 16 rankings for Short Course. ERICA MEISSNER (ABF) achieved a National Age Group Record (200 meter backstroke) and first place rankings were earned by ERICA MEISSNER (ABF), COREY SWANSON (ABF), JOHN COLE (UN), and SAMANTHA ARSENAULT (GMSC).

10 and under: MEAGHAN BAILEY	ABF	400	free	5:05.11 ( 6)		
CAITLIN MICHAELS	NCAC	400	free	5:08.81 (10)	100 back	1:16.01 ( 7)
CONOR SWANSON	ABF	100	fly	1:14.71 (10)		
11 and 12: ELIZA BUTTS	BGSC	50	free	28.22 (13)		
KATHRYN HARON	OSS	200	free	2:13.69 (15)		,
CAITLIN DOHERTY	MVP	800	free	9:45.31 ( 7)		
ERICA MEISSNER	ABF	200 100	free back fly IM	2:25.31 ( 1) 1:06.72 (10)	50 fly 200 fly	1:07.79 ( 1) 30.06 ( 6) 2:28.84 ( 5) 5:13.77 ( 3)
KRISTINA RIGTERINK	SSA	50	breast	35.95 ( 9)		
JESSICA PERRY	BGSC	50	breast	36.12 (15)		
COREY SWANSON	ABF	50 200	free breast breast IM	33.96 ( 2) 2:48.27 (11)	100 breast	59.63 (11) 1:15.46 ( 5) 29.39 ( 9)
KEVIN YAMADA	SAC		breast fly	34.89 (11) 2:31.64 (11)		2:48.40 (12) 5:21.99 (16)
JACOB HOCHARD	GMSC	100	breast	1:16.45 (13)	200 breast	2:46.44 ( 8)
13 and 14: HEE JIN CHANG	MBM		free free			58.70 ( 6) 1:04.02 ( 9)
STEFAN BARTL	GMSC	800	free	8:46.32 (13)		
15 and 16: CONNIE BROWN	MBP	100	back	1:04.97 (12)		
JENNA BARBARY	SSA	200	breast	2:38.30 (14)		
17 and 18: SAMANTHA ARSENAULT	GMSC	200	free	1:59.38 ( 1)		
SALLY BROWN	MVP	200	free	2:04.65 (15)		
CHRISTINE RYAN	MBM	200	breast	2:35.43 ( 8)		
JUSTIN MORTIMER	MBM	200	free	1:52.39 ( 7)		
JOHN COLE	UN		free free	3:56.45 ( 7) 15:26.61 ( 1)	800 free	8:06.96 ( 3)

#### NATIONAL AGE GROUP TOP 16--SHORT COURSE RANKINGS:

CONGRATULATIONS to the New ERngland Swimmers who achieved National Age Group Top 16 Rankings for Short Course. PAUL SULLIVAN (ABF), JUSTIN MORTIMER (MBM) and JOHN COLE (UN) were each ranked first in an event!

10 and under: JILL KEARNS	SAC	500	free	5:40.12	(8)			
CONOR SWANSON	ABF	50	breast fly IM	29.30	(9)	100		1:16.03 (10) 1:06.63 (16) 2:26.06 (14)
11 and 12: ERICA MEISSNER	ABF			28.19 2:11.45 1:01.75 4:44.19	(11) (11)	50	back fly IM	59.32 ( 4) 26.54 ( 5) 2:12.18 (11)
TAYLOR GOODWIN	CUDA	50	back	28.00	(16)			
COREY SWANSON	ABF		breast breast IM		(5)	50		1:04.25 ( 7) 25.71 ( 4) 2:06.28 ( 3)
13 and 14: KATIE FRITSCH	BGSC	100	back	57 <b>.</b> 94	(15)			
BRIAN FISKE	MVP		back breast IM	53.13 1:00.50 4:11.03	(8)		back IM	1:52.57 ( 2) 1:56.95 ( 2)
PAUL SULLIVAN	ABF	100	breast	1:01.12	(16)	200	breast	2:08.44 ( 1)
15 and 16 CONNIE BROWN	MVP		free fly				back IM	56.41 (16) 2:03.59 (16)
BRITTANY SASSER	BGSC	200	back	2:00.99	(8)			
JENNA BARBARY	SSA	200	breast	2:17.40	(11)			
MELINDA HOCHARD	GMSC	200	breast	2:18.38	(16)			
17 and 18: JEAN LEE	OSS	500	free	4:49.39	(11)	1650	free	16:34.76 (14)
JENNA RODAKOWSKI	MBM	100	fly	55,56	(15)			
JUSTIN MORTIMER	MBM	500	free	4:17.18	(3)	1650	free	14:47.82 ( 1)
JOHN COLE	UN	500 1650	free free	4:19.56 14:49.58		1000	free	8:54.92 ( 1)



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

MARCH 2002

IN THIS ISSUE: HIGH POINT WINNERS--AGE GROUP CHAMPIONSHIPS; COURSE FOR OFFICIALS; CATCH THE SPIRIT CAMP INFORMATION AND APPLICATION; INFORMATION FOR COACHES; TECHNICAL COMMITTEE REPORT....

TOP 16 ERROR: Our apologies to CHIARA SPINAZZOLA (OSS) who was omitted from the National Age Group Top 16 list. She placed 16th in the 9--10 girls 100 meter backstroke with a time of 1:17.85.

THANK YOU

THANK YOU

THANK YOU

THANK YOU

THANK YOU

THANK YOU

Thank you to all the teams, parents, and officials who worked so hard to make New England's "end of season" meets a big success for the swimmers. These meets take a great deal of organization, work, and parental and official involvement. New England Swimming appreciates the efforts of NCAC (2 meets), NSSC (3 meets), EB, SSSC, and ABF/RAMS. New England also appreciates the efforts of the officials, timers and other workers at the meets. THANK YOU

ANNUAL MEETING: MAY 4, 2002, Wellesley Community Center

Save the date and plan to attend. Complete information, including the Slate of Candidates will be printed in the next newsletter. Information concerning special programs for coaches and officials is included in this newsletter. Also remember that all teams that are planning to run meets in 2002--2003 are required to send a representative to the Meet Managers Meeting (at 11:30 am).

#### BOARD MEETING--NOTE CHANGE OF DAY!!!

The Board of New England Swimming will meet on MONDAY, April 8, 2002 at 7 pm at the Wellesley Community Center, Wellesley, MA.

NEWSLETTER PLUS MARCH 2002

#### **OFFICIALS CLINICS**

#### New Stroke & Turn Officials

A clinic for new stroke & turn officials will be held on April 27 at 8:00 a.m. at Acton Boxborough High School. Please contact Bill Geary (wcg@nutter.com) if you plan to attend.

#### Stroke & Turn Recertification

A clinic will be held for recertifying stroke & turn officials following the NES Annual Meeting (approximately 11:30 a.m.) at the Wellesley Community Center. Please contact Pam Warner (pmw2@hotmail.com) if you plan to attend.

#### Starter Clinics

A starter clinic will be held on April 27 at 8:00 a.m. at Acton Boxborough High School. Please contact Bill Geary (wcg@nutter.com) if you plan to attend.

A starter clinic will be held following the NES Annual Meeting (approximately 11:30 a.m.) at the Wellesley Community Center. Please contact Pam Warner (pmw2@hotmail.com) if you plan to attend.

#### Referee and Facilitator Clinic

A clinic for existing referees and facilitators will be held following the NES Annual Meeting (approximately 11:30 a.m.) at the Wellesley Community Center. Dottie Daniels will conduct a seminar on the job of Administrative Referee. This should be an important and useful seminar as many NES referees have not had the opportunity to work as admin refs. Dottie has worked as an Admin Ref at numerous national referee and she will have a lot of useful information to share. During the facilitators component of the meeting, proper procedures for conducting officials clinics will be discussed.

Please contact Bill Geary (wcg@nutter.com) if you plan to attend this meeting.

#### NOMINATING COMMITTEE:

Priscilla Davis and the Nominating Committee is interested in hearing from anyone who is interested in a position on the Board of New England Swimming for the next year.

Officers to be elected at this Annual Meeting on May 4, 2002 include: General Chairman, Administrative Vice-chairman, Secretary, Finance Vice-chairman, and Senior Vice-chairman. If you are interested in one of these elected positions or an appointed position on the Board, please contact Priscilla Davis at 978-468-3786 or PDSwimNE@netzero.net.

#### HIGH POINT WINNERS--AGE GROUP CHAMPIONSHIPS:

CONGRATULATIONS to the High Point Winners at Age Group Champiionships:

#### 9--12 AGE GROUP CHAMPIONSHIPS, Salem State College:

#### Individual Rankings, 9 and 10:

1. 2. 3.	CAROLINE WEAVER ELIZABETH BEISEL ALEX SUPPAN COURTNEY ROYCROFT	GMA RAMS BYD HAY	1. CONOR SWANSON 2. TYLER LAREAU 3. JEFFREY THOMAS 4. PAUL DRYKACZ	ABF YNS OSS PVAC
5.	SILIANG LUO	RAMS	5. MATTHIAS CHRISTENSEN	NAC
6.	ELLESSE LUNDE	SSYS	6. TAYLOR GRAY	GMA
7.	BRIANNA POMEROY	YNS	7. GRANT WHITE	GTRS
8.	KAIA SIMMONS	OSS	8. LUCA SPINAZZOLA	OSS
Ind	lividual Rankings, 11	and 12:		
1.	JILL KEARNS	SAC	1. DAVID THOMPSON	SAC
2.	KATE WEAVER	GMA	2. ALEXANDER WILLIS	SAC
3.	KERRY LYNCH	AMW	3. OWEN GREY	GMA
4.	BRITTANY PAVOLKO	PYPB	4. NICK LASHWAY	HRY
5.	CAROLINE BELLI	NSSC	5. MICHAEL SULLIVAN	ABF
6.	KILEY FRIEDRICH	NSSC	6. MIRNO PASQUALI	LRW
7.	CHIARA SPINAZZOLA	OSS	7. RYAN BROOKS	UN
8.	KATY LOUBRIS	YNS	8. MARCO CHU	CUDA

#### Team Rankings, 9--12 Age Group Championships:

- YMCA of the NORTH SHORE
- 2. OCEAN STATE SQUIDS

- 3. SHAWMUT AQUATIC CLUB
- 4. GREEN MOUNTAIN AQUATICS
- 5. BERNAL'S GATOR SWIM CLUB
- 6. ATTLEBORO BLUEFISH
- 7. MERRIMACK VALLEY PIRATES
- 8. NORTH SHORE SWIM CLUB



#### 13--19 AGE GROUP CHAMPIONSHIPS, University of Rhode Island:

#### Individual Rankings, 13 and 14:

	- ·				
1.	ERICA MEISSNER	ABF	1.	SALVATORE BARBA	SAC
2.	CAITLIN DOHERTY	MVP	2.	COREY SWANSON	ABF
3.	KATHRYN HARON	OSS	3.	CHRIS DEVINE	AAC
4.	MEGAN FARRELL	SAC	4.	TAYLOR GOODWIN	CUDA
5.	CATHERINE SUPPAN	BYD	5.	THOMAS KELLEHER	OSS
	DIANA HARLOW	YNS		MICHAEL LANGELIER	OSS
7.	NAOMI DELPHIN	YNS	7.	STEPHEN MILLER	CUDA
8.	KASHMIR FRIZELL	MVP	8.	ARKADY RASIN	MBM
Ind	ividual Rankings,	1519:			

2.	ANNIE GOLDSTEIN LAUREN HARLOW SARAH KEARNS EMILY O'CONNOR	OSS YNS SAC OSS	2. 3. 4.	STEPHEN SPINELLI ETHAN TREAT GREG CHARTIER BRIAN PORTER KEVIN DUDAS	PVAC MBM PVAC AAC OSS
	MEAGHAN COLLING	SAC	5.	KEVIN PUDAS	OSS

continued....

### 13--19 AGE GROUP CHAMPIONSHIPS, University of Rhode Island (continued):

#### Individual Rankings, 15--19:

6. AMY ROBERTS PSC 6. KEITH PARENT PVAC
7. NIKKI WOODWARD PVAC 7. KEVIN DONOHUE OSS
LINDSAY WOODWARD OSS PJ SULLIVAN ABF

Team Rankings, 13--19 Age Group Championships:

- 1. OCEAN STATE SQUIDS
- 2. YMCA of the NORTH SHORE
- ATTLEBORO BLUEFISH SWIM TEAM
- 4. MASS BAY MARLINS
- 5. SHAWMUT AQUATIC CLUB
- 6. PIONEER VALLEY AQUATIC CLUB
- 7. ADIRONDACK AQUATIC CLUB
- 8. MERRIMACK VALLEY PIRATES

## Combined Team Rankings, 9--12 Age Group Championships and 13--19 Age Group Championships:

- 1. OCEAN STATE SQUIDS
- 2. YMCA of the NORTH SHORE
- 3. ATTLEBORO BLUEFISH
- 4. SHAWMUT AQUATIC CLUB
- 5. MERRIMACK VALLEY PIRATES
- 6. BERNAL'S GATOR SWIM CLUB
- 7. MASSACHUSETTS BAY MARLINS
- 8. NEW ENGLAND BARRACUDAS



#### CALENDAR COMMITTEE:

Recently, some questions have been asked concerning the workings of the Calendar Committee. The Calendar Committee is chaired by Pam Warner (Administrative Vice Chairman) and includes Dan Warner (Technical Committee Chair), Mariella Allard (Evaluations), Isabelle Fraser (Sanctions), and Mary Riddell (Office). At the March Board meeting it was suggested that the committee be expanded to include the Senior Chairman and the Age Group Chairman.

The committee met during the 13 and over Age Group Championships to develop the proposed calendar for the "end of season" meets for short course 2002--2003. This proposed calendar was presented to the coaches for their comments at a coaches meeting at the meet by Coach Rep, Laura Matuszak. The proposed calencar will be presented to the New England Board at its next meeting for approval

At this point, the proposed calendar will be printed in the newsletter and on the web site, and bids will be accepted from the teams for the "end of season" meets and the rest of the meets for the short course season. After the bids have been received, the proposed calendar sometimes has to be changed because of pool availability, or more often, unavailablility.

NEW ENGLAND SWIMMING TECHNICAL COMMITTEE MEETING, February 12, 2002

THE FOLLOWING RECOMMENDATIONS WERE APPROVED BY THE BOARD OF NEW ENGLAND SWIMMING ON MARCH 12, 2002 AND WILL GO INTO EFFECT WITH THE START OF THE 2002 LONG COURSE SEASON.

The Technical Committee met at the home of Priscilla Davis on February 12, 2002. Chairman, Dan Warner, called the meeting to order at 6:30 pm. Attending were members: Dan Warner, Priscilla Davis, Laura Blackwell, Ray Grant, Amy Parratto, Mike Spring, Pam Warner, and guests: Bruce Mohl and Mary Riddell.

REFUNDS FOR TEAMS CUT FROM MEETS: The committee recommends that refunds for teams cut from meets must be made within 4 business days of when the team is notified that it is being cut.

WITHDRAWAL OF A TEAM WHEN PART OF ENTRY IS CUT: The committee recommends the following policy: If any portion of the original entry (other than events specified to be cut by time in the entry or meets with entry times) is cut, the team has the option of withdrawing within four days the rest of the entry.

MEET INFORMATION; The committee recommends that the following information be clearly stated in the meet information:

THE NUMBER OF EVENTS ALLOWED PER SWIMMER: The committee recommends that a team cannot limit the number of events in a timed final format to less than five a day unless they are offering less than that.

LOTTERY: The committee recommends that the lottery system be specified in the entry. In the event that the meet is oversubscribed by the end of the first day on which the entries are accepted, the host team is required to conduct a lottery to select the teams which will be accepted. The same procedure will apply in the event that multiple entries are received on any day after the first day that put the meet over its limit. Otherwise, all entries are accepted by date of receipt. In the event that a meet is oversubscribed on the first day of acceptance of entries, non-New England teams will be cut before the lottery is conducted. If a host team desires, the office will conduct the lottery.

25 YARD EVENTS: The committee recommends that a team that is running 25-yard events must state in the meet information how these events will be conducted.

CONTROL OF EVENTS OFFERED AT MEETS: The committee recommends that the calendar committee carefully examine the events offered in a meet when it is bid and make suggested changes if necessary.

TEAMS ENTERING ONLY PART OF A MEET: The committee recommends that teams be able to enter part of a meet without any penalty.

SANCTIONED AND UNSANCTIONED MEETS: The committee recommends that a disclaimer be placed on the web site and in the newsletter that New England has no control over unsanctioned meets.

FEES: The committee recommends the following meet fee schedule:

#### **GENERAL MEETS:**

Timed Finals: \$3.50 (currently \$3)
Prelims and Finals \$5.00 (currently \$3.50
Relays \$10.00 (currently \$7)

Note that there is still an additional \$.50 per event for hand entries. There will be no additional fee for distance events and no change in the surcharges paid to New England.

#### CHAMPIONSHIP MEETS:

Timed Finals \$3.50 (currently \$3)
Prelims and Finals \$5.00 (currently \$4)
Relays \$10.00 (currently \$7)

Note that there is still an additional \$.50 per event for hand entries. There will be no additional fee for distance events and no change in the surcharge (\$1) paid by each swimmer.

END OF SEASON MEET STIPENDS: The committee recommends the following stipend schedule:

Bronze 0 Qualifier Districts 0 8 & under \$500 9--12 \$1000 12 & under \$1000 13 & over \$1500 Seniors \$2000 Open \$2000

SEQUENCE OF MEET SCHEDULE: The Committee recommends that "Districts" continue to be at the end of the season.

CHAMPIONSHIP MEET PURPOSE: Statements have been made by coaches that teams running championship meets are putting meet profit before the interest of the swimmers. The committee agrees that the interest of the swimmers has to be the most important factor. New England Swimming does not expect teams to run meets a loss and is assisting teams with giving championship meet stipends, providing all awards and referee expenses, and waiving of meet event surcharges.

AWARDS: The committee recommends that we should continue with the current award policy: bronze, districts, 8 & under, and 9--12 age groups--medals 1--8 and ribbons 9--16. For 13 & over, open and seniors, there will be no ribbons. For all other New England meets, awards are up to the host teams but must be listed in the meet entry.

LONG COURSE OPEN CHAMPIONSHIPS--AWARDS FOR 13 AND 14: The committee recommends that separate individual high point awards be made to 13 and 14 swimmers. The high point will be calculated including 13 and 14 swimmers who are in the top 3 heats as well as those in the special 13 and 14 heats.

The meeting was adjourned at 9:30 pm.

Submitted by Mary Riddell

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NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL
20 Cleveland Road
Needham, MA 02492-3006

* 781-449-0270

* FAX: 781-449-7903

* e-mail: MTRNESwim@aol.com
* web site: www.neswim.com

* OFFICE HOURS: Monday: 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m.

* Thursday: 8 a.m.--2 p.m.
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#### **LSC INFORMATION FOR COACHES**

At the New England Swimming Annual Meeting on May 4<sup>th</sup>, we will hold an important coaches' meeting from 11:30 a.m. to 1:00 p.m. At this meeting, we will go over many of the topics discussed at the 9-12 Age Group Championship Coaches' Meeting held in February. Some changes have been made due to the feedback at that particular meeting. In addition, we will be electing a new Junior Coaches Representative. Amy Parratto's term is up and Laura Matuszak moves on to be the new Senior Coach Representative. If anyone is interested in this position, PLEASE e-mail Laura or Amy before the meeting. If you cannot attend the meeting, please put a statement together saying why you would like the position. During the meeting, we will have pizza & drinks. Both the meeting and Coaches' Clinic will be held at the Wellesley Community Center.

At 1:15, we will have a Coaches' Clinic until 3:45 p.m. There is NO charge for N.E. registered coaches! If coaches from outside of the LSC wish to attend, there will be a minimal fee. The afternoon's presentation will be given by Jim Giroux from Perform Better (MF Athletic Company) out of Cranston, Rhode Island. Jim will advise and guide the coaches through dryland strategies to raise the performance level of your entire team. This is a "hands-on" session combining a lecture and participation on the part of the coaches. Jim will show us ways to improve strength, conditioning, flexibility and some rehab techniques. If you need to revive your dryland program or you need to start one, this afternoon will be well worth the time spent! If you have any questions, please contact Amy at parratto@seacoastswimming.com. or Laura at <a href="mailto:lmatuszak@smcvt.edu">lmatuszak@smcvt.edu</a>.

## HELP WANTED

SUMMER POOL DIRECTOR NEEDED, Memorial Day through Labor Day at the Bear Hill Golf Club, Stoneham, MA. Candidate must be organized, diplomatic, enjoy working with children of various ages, and have current lifeguard certification. Swim team and swim lesson experience necessary. Competitive salary commensuate with experience. Contact: Gayle Wettach, 781-245-4034, gaylew2000@attbi.com or Leah Gurdak at 781-729-3776.

# USA SWIMMING CATCH the SPIRIT CAMP May 18, 2002

The camp is sponsored by U.S.A. Swimming and New England Swimming. "Catch the Spirit" camps are designed as a combination of education sessions, social opportunities and water activities. The camp will take place at Wellesley College in Wellesley, Massachusetts and be available for N.E.S. registered swimmers ages 9 through 12. This will be a level I & II camp focusing on creating a learning environment for experienced competitive swimmers. The topics will include sportsmanship, nutrition, self-talk, stroke drills and USA Swimming history. The cost of the one-day camp is \$15.00 (make check payable to: NE **Swimming**). Camp applications are available in the Newsletterplus and on the New England Swimming web site. The camp registration will begin at 8:30 a.m. and conclude by 4:45 p.m. on the day of the camp. There will also be a "Parents' Clinic" being held from 9:15 to approximately 1:00 p.m. Take this opportunity to learn more about USA Swimming and being a supportive swim parent!

This year's camp staff includes: Laura Matuszak (GMA), Brenda Hogan (MVP), Sherry Wingfield (HRY), Kevin Tyrrell (YNSS). The camp director is Amy Parratto (SSA). Any questions should be directed to Coach Parratto—parratto@seacoastswimming.com.



# NEWSLETTER



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

APRIL 2002

IN THIS ISSUE: ANNUAL MEETING INFORMATION INCLUDING SLATE OF OFFICERS and PROPOSED BUDGET; PROPOSED 2002--2003 SHORT COURSE CALENDAR and BID FORM; NE SWIMMERS AT SECTIONALS; A LETTER TO THE COACHES; SPECIAL OLYMPICS; ATHETE JUNIOR REP INFORMATION; LONG COURSE CALENDAR UPDATE....

#### NEW ENGLAND SWIMMING LONG COURSE CALENDAR UPDATE:

Due to restricted access to Hanscom Air Force Base, several changes to the Long Course calendar have been made.

May 11--12: NSSC will run a team specialty meet at Salem State College, Salem MA (short course)

May 17--19: The NSSC team specialty meet scheduled for Hanscom Air Force Base has been cancelled.

May 19 NSSC will run a distance meet at Salem State College, Salem, MA (short course)

The NSSC team specialty meet scheduled for Hanscom Air Force Base has been cancelled.

For more information concerning these meets, contact Dan Warner at 978-283-4456 or by email at nssc1@aol.com.

CLINICS FOR OFFICIALS: These clinics are in addition to the clinics being offered at the Annual Meeting. For information concerning those clinics, refer to the Annual Meeting information in this newsletter.

April 27: New Stroke and Turn Officials: 8 am at Acton Boxborough High School. Starter Clinic: 8 am at Acton Boxborough High School For both of these clinics, register with Bill Geary at wcg@nutter.com.

May 11 : Stroke and Turn Clinic, 9 am to 12 noon at the Melrose (MA) YMCA. register, contact Dick Crothers at djcrothers@attbi.com.

The Board of New England will not have a Board meeting in May. Please join us at the Annual Meeting, May 4, 2002, 9:30 am, Wellesley Community Center, Wellesley, MA.

## !!! Attention All Swimmers !!!

It's time for a new Junior Athlete Representative! I will become the Senior Athlete Rep so I'm here to let you know that the spot will be open!

There are just a few requirements...

- 1.) You have to be entering your junior year in highschool next fall (you are currently a sophomore)
- 2.) You have to write a one page long "essay" that describes why you want to be the new junior athlete rep and what you think you can contribute to the board
- 3.) You have to realize that you need to be committed. You need to be able to come to monthly meetings and discuss issues with the other board members
- 4.) You also have to realize that you will be representing the New England Swimmers.

Please fill out the Junior Athlete Rep Application and return it to me either via email or send it to my home address. My e-mail address is: JoMama324@aol.com
My home address is: 5 Lehan Street Canton MA, 02021

I need all of your applications and by JUNE 1st. No later!!
If you have any questions, PLEASE don't hesitate to email me at the address above or give me a call at 781 828 6893.
Thanks a lot and Good Luck. **Remember JUNE 1st!!!!** 

Joanne Gallahue

#### ANNUAL MEETING, Saturday, May 4, 2002

The Annual Meeting of New England Swimming will be held on Saturday, May 3, 2002 at the Wellesley Community Center, Wellesley, MA. Please encourage your team to be well represented. Each team and each board Member has one vote, but all others are encouraged to attend.

**ANNUAL MEETING:** 

9:00 Coffee and Registration

9:30 General Meeting, Budget, Election of Officers

11:30 Meet Manager's Meeting, Meet Data Management. Teams running a meet (or planning to run a meet) during the next year are required to send a representative to the Meet Manager's Meeting.

11:30 Stroke and Turn Recertification, Starter's Certification. Contact Pam Warner to register (781-749-2526 or pmw2@hotmail.com

11:30 Clinic for existing referees and facilitators led by Dottie Daniels. Contact Bill Geary if you plan to attend (wcg@nutter.com)

11:30 Coaches' Meeting and election of new Junior Representative

1:15 Coaches' Clinic with a presentation given by Jim Giroux from Perform Better (MF Athletic Company). This will be a "hands-on" session combining a lecture and participation on the part of the coaches to show ways to improve strength, conditioning, flexibility and some rehab techniques.

Please put this meeting on your calendar and keep the day free for coaches and parents to attend the meeting. If you wish to have an item on the agenda, please call the office (781-449-0270 or MTRNESwim@aol.com).

#### SLATE OF OFFICERS;

General Chairman:
Administrative Vice Chairman
Finance Vice Chairman
Senior Vice Chairman
Secretary

Bruce Mohl
Pam Warner
Fred Catalano
Mike Spring
Kathy Dacey

This Slate of Officers will be elected at the Annual Meeting. Nominations from the floor will be accepted. The Coaches will elect their representative at the Coaches Meeting following the Annual Meeting.

DIRECTIONS TO THE WELLESLEY COMMUNITY CENTER, 219 Washington Street (Route 16), Wellesley, MA.

From Route 128 take Route 9 west.. After the second set of lights, turn right at the blinker (the sign says Route 16). At the light at the end of the ramp, stay to the right and cross Route 16 into the parking lot. Be careful, cars on Route 16 are not necessarily expecting you!)

From the west, take Route 9 east. Exit at Wellesley Hills, Route 16. At the lights at the end of the ramp, turn left, cross back over Route 9 and turn left into the driveway which is just beyond the ramp to Route 9.

# NEW ENGLAND SWIMMING FINANCIALS cash basis

# DRAFT BUDGET 9/1/02-8/31/03

INCOME		
Registration		225,000.00
Surcharges		55,000.00
Sanction Fees / Deposits		2,000.00
Top Ten / Records		500.00
DQ Slips		800.00
Newsletter /Subscriptions		1,000.00
Interest		4,000.00
Zone Income		15,000.00
Banquet		6,000.00
TOTAL INCOME	\$	309,300.00
EXPENSES		
Registration		160 000 00
Office		160,000.00
Salary		40.000.00
Payroll Taxes & Ins.		19,300.00
•		6,000.00
Office Equipment Petty Cash		500.00
Postage		500.00
Printing		4,000.00
		4,500.00
Telephone Office Supplies		1,000.00
* *		500.00
Athlete Support National Meets		40.000.00
Zones		10,000.00
		37,000.00
Banquet All Athlete Fund		8,500.00
Athlete Committee		1,500.00
*Awards		600.00
Officials		20,000.00
Safety		5,000.00
Meetings		1,000.00
Coaches		1,000.00
Coaches' Clinics		4 000 00
Nat'l Meet Reimb.		1,000.00
Camps		3,000.00
Meet Subsidies		600.00
		12,000.00
Conventions Other		7,000.00
		300.00
AOL/Website		12,500.00
TOTAL EXPENSES	<u>\$</u>	317,300.00
*Budget Deficit	\$	8,000.00

\*Note: \$8000 prepaid awards for the benefit of fiscal year end 8/31/04

## SPEEDO NATIONAL CHAMPIONSHIP SERIES (SECTIONALS), Long Island, NY March 7--10, 2002

CONGRATULATIONS to the New England Swimming teams and swimmers who participated in the Sectional Meet:

#### TEAM RANKINGS:

Male Team Rankings:	Massachusetts Bay Marlins	3
	December 11 m Cotton Chile Clark	•

Bernal's Gator Swim Club 8

Female Team Rankings: Merrimack Valley Pirates 2

Massachusetts Bay Marlins 5 Bernal's Gator Swim Club 6

Combined Team Scoares: Massachusetts Bay Marlins

Merrimack Valley Pirates 4
Bernal's Gator Swim Club 7

2

#### Several New England Swimmers placed first in individual events:

Hee-Jin Chang Connie Brown		100 yard freestyle 200 yard freestyle 200 yard backstroke 200 yard IM	100 yard backstroke 100 yard butterfly
Sally Brown	MVP	. <del>-</del> _	
Chris Arsenault	MBM	200 yard freestyle	
William vanderTouw	UN	500 yard freestyle	
Michael Gentilucci	UN	100 yard breaststroke	200 yard breaststroke
Sean Riley	MBM	100 yard butterfly	_
Ryan Berg	BGSC	200 yard IM	

en MBM 800 yard free relay (Sean Riley, Jason Eaddy, Drew Martorano, Chris Arsenault)

#### INDIVIDUAL SWIMMERS:

MBM men

#### Swimming in "A" Finals:

CUDA:	Brooke Boncher Holly Hinds	MBM:	Hee—Jin Chang Whitney Ryan
OSS:	Kathryn Haron		Chris Arsenault
	Kevin Donohue		Sean Riley
BGSC:	Jessica Aiello		Jason Eaddy
	Sarah Bargmann	MVP:	Sally Brown
	Ryan Berg		Connie Brown
UN:	William vanderTouw		Caitlin Geary

William vanderTouw Caitlin Geary
Cameron Moccari Brian Fiske
Michael Gentilucci ABF: Erica Meissner

#### Swimming in "B" Finals:

BGSC:	Katie Fritsch	MVP:	Holly Boucher
	Karen Gately		Sean Geary
	Jennie Miller		Charles Kinnett
	Annie Kelley	CUDA:	Christine Harvey
	Emily Brush	SAC:	Sarah Kearns
	Derek Castellana		Meaghan Colling
			Salvatore Barba

#### Swimming in "B" Finals (continued):

OSS: Emily O'Connor

Kate O'Brien Kevin Pudas

Christian Warner

PVAC: Greg Chartier

Swimming in "C" Finals:

**BGSC:** Chase Butler

Caroline Dowd Brad Brecher

SAC: Christopher Bott PVAC: Nikki Woodward

Stephen Spinelli

#### Swimming in Individual Events:

HARV: Molly Ward

Billy Hedberg ABF:

John Rogers MVP: Kerryn Palmer

Michael Scarber

SAC: Jane VanBenten Caitlin Colling

MBM: Tressa Dunn

Margaret Ramsey Greg Valiant

UN: Elizabeth Mancuso

HYV: Laila Gagnon

**PVAC:** Christine Myksin Michael Scibelli

PSC: Amy Roberts

#### Relay only Swimmers:

SAC: Megan Farrell

ABF: Laura Whelton, Karri Kennedy, Anna Greenwood, Colleen McCan, Marc

Christian, Corey Swanson, Sean Condon, Eric Parry

OSS: Caitlin Kunkel **BGSC:** Andrew Sweeney

Needham, MA 02492-3006

781-449-0270

FAX: 781-449-7903

e-mail: MTRNESwim@aol.com

OFFICE HOURS: Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m.

Keith Parent

BGSC: Dierdra Devlin

MBM: Meghan Healey

MBM: Katie Hibbard

ABF: Becky Machnik

ABF: Ben Fay

OSS:

James Bailey

Ethan Treat

P J Sullivan

Molly Quirk

Drew Martorano

Joanne Gallahue

Andrew Piquette

Kristen Shields Lauren Belive Kendall Dacey Morgan Sessoms Sara Aiello

Jessica Santapaul Chelsea Brace

EBAC: Jess Cook

Ross Mooney Lindsay Woodward OSS:

Melissa Hambelton Daniele Menard Annie Goldstein

Eric Thomas

NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL

20 Cleveland Road

web site: www.neswim.com

Thursday: 8 a.m.--2 p.m.

To:

New England Swim Coaches

From:

Coaches Representatives - Amy Parratto & Laura Matuszak

Re:

2002-2003 Short Course Calendar

Many of you attended the Coaches' Meeting at either 9-12 Age Groups or 13-19 Age Groups. The overwhelming feeling was that coaches wanted more of a logical progression to the 2002-2003 meet schedule. Ray Grant, our Age Group Chairman, worked hard to find that logical progression that many of you requested. The District meet was one of the meets that coaches wanted to see before Age Groups. A number of board members, coaches included, recalled the actual development of the District meet from the original Silver meet. The intention of that meet was to provide a fast meet for those swimmers who were faster than Bronze, but not quite fast enough to swim several events at Age Groups. The District meet was never intended to be a qualifier for other meets. It was designed to be an end of season meet for swimmers who had "A to B" times in particular events. The athlete representatives were also involved in this rather long discussion at the board meeting. They both expressed their opinions and like the District meet where it is on the 2002-2003 calendar. The other consideration is that many of the university facilities are not available in February, including Dartmouth College. Looking at the calendar and the requests from coaches at the recent championship meets, the board focused first on reinstating a New England Senior Championship Meet. In order for that meet to be successful, most coaches and swimmers would like it to be held at an excellent facility. Many of those facilities are associated with universities. We have a much better opportunity to obtain a top notch facility for that meet in March, rather than in February. Once again, both athlete representatives, as well as all the coaches on the board, fully supported the placement of the 13-19 Age Group Championships and the Senior Meet. The Board worked very hard to come up with this progression and we hope that all of the meets are a success and that there are many BIDS for those meets! Lastly, if any of you have any connections with new or large facilities, please contact Pam Warner (Administrative Vice Chairwoman – pmw2@hotmail.com).

# HELP WANTED

SWIMMING INSTRUCTORS WANTED: Patient, understanding and reliable individuals needed to teach swimming to children aged four to twelve in small groups and private lessons in Weston, Waltham and surrounding communities. Fall and year round, part and full time, afternoons, evenings. Competitive swimming, teaching or coaching experience or training in child development. CPR and First Aid required, WSI not required (We can arrange training.) Instructors can earn from \$7 to \$25 per hour depending on experience. Call Reid Christen at 800-293-1868 for more information or to arrange an interview.

#### PROPOSED CALENDAR, Short Course, 2002--2003:

October:

27:

New England Top Ten Banquet, Dracut, MA

December:

5--7:

US Open (long course), Minneapolis, MN

February:

7--9:

Bronze Classic (2 sites)

15--16:

Eight and under Age Groups (2 sites)

20--23:

9--12 Age Groups

27--2:

13--19 Age Groups

March:

6--9:

Sectionals

13--16:

New England Senior Championships

21--23:

Districts (2 sites)

27--30:

Eastern Zone Championships

April:

1--5:

National Championships (long course), Indianapolis, IN

#### **ATTENTION ALL SWIMMERS!!**

It is time to start setting up volunteers for Special Olympics. Last year was such a great success, and we are looking forward to an even bigger turn out this year. The Special Olympics Summer Games are being held at Harvard University (Blodgett Pool) and will be on the weekend of June 15-16, 2002 (Saturday and Sunday). If you would like to volunteer or need more information about this wonderful event, please contact either Junior Athlete representative Joanne Gallahue (JoMama324@aol.com) or Senior Athlete representative Laura Blackwell (SwimLB@aol.com). Thank you and hopefully we will see you in June!

If you are physically disabled and interested in competative swimming or already swim on a team contact Bo Tanner 413-529-1803 or btanner 20@aol.com. We have a small gruop that works out of Eaglebrook School in South Deerfield. We swim at local NE swim meets and also at National and Junior National Level Paralympic meets. There are many opportunities for you to swim against other disabled swimmers locally, nationally, and even world wide. Come join us.



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

MAY 2002

IN THIS ISSUE:

CALENDAR CHANGES; LETTER TO THE COACHES; NE TIME STANDARDS, LONG COURSE, 2002; 2001-2002 SCHOLASTIC ALL-AMERICA TEAM INFORMATION & APPLICATION; NE MEET FEES, SURCHARGES, AWARDS, ETC.; COURSES FOR COACHES; CLINICS FOR COACHES...

ELECTIONS, May 4, 2002

Congratulations to the following Officers and Committee Members were elected at the Annual Meeting of New England Swimming, May 4, 2002.

Chairman

Administrative Vice Chairman

Financial Vice Chairman

Senior Vice Chairman

Secretary

Bruce Mohl

Pam Warner

Fred Catalano

Mike Spring

Kathy Oates Dacey

**Nominating Committee** 

Priscilla Davis Reid Christen Paul Mangili Mike Parratto Scott Doty

Review Board

Priscilla Davis Bruce Mohl Ray Grant Isabelle Fraser

Alternates

Rick Battistini Harriet Kinnett

At their meeting following the annual meeting, the coaches elected a new Junior Coach Rep.-Dan Mascolo of HYV. Laura Matuszak will become the Senior Coach Rep.

The Board of New England Swimming will meet on Tuesday, June 11, 2002 at 7 pm at the Wellesley Community Center, Wellesley, MA.

NEWSLETTER PLUS MAY 2002

**REGISTRATION FEES:** At its April meeting the Board of New England Swimming voted to increase the registration fee for athletes for the registration year 2003. This is the first increase in athlete fees since the registration year 1997.

The athlete fee for 2003 will be \$35 (\$25 to USA Swimming, \$10 to NE Swimming) The athlete fee for 2002 was \$32 (\$25 to USA Swimming, \$7 to NE Swimming)

There will be no increase in the fees for non athletes or clubs.

The non athlete fee for 2003 will still be \$30 (\$25 to USA Swimming, \$5 to NE Swimming). The club fee for 2003 will still be \$125 before December 1, 2002 and will still include the non athlete fees for the head coach and the safety coordinator (\$120 to USA Swimming and \$5 to NE Swimming).

#### **COACH CERTIFICATION COURSES**

The following courses will be offered at Providence College, Providence, RI on June 1.

Recertification courses will be held at 10 am:

CPR (\$30 fee)

Safety Training for Swim Coaches (\$30 fee)

First Aid (\$27 fee)

The fee for all three courses will be \$75.

Full courses will be held at 12 noon:

CPR (\$30 fee)

Safety Training for Swim Coaches (\$55 fee)

First Aid (\$27 fee)

The fee for all three courses will be \$100.

To register, contact Michelle Gacio at 401-865-2268 or by email at mgacio@hotmail.com.

HELP WANTED: ASSISTANT SWIM COACH for competitive age group swim team. Year round. Must have lifeguarding certificate (YMCA or Red Cross). Competitive swimming background or swim coaching experience necessary. Additional aquatic hours available if interested. Coaching hours are evenings and Saturday mornings. Swim meets would be additional hours, also. If interested apply at Tri-Community YMCA, 43 Everett Street, Southbridge. MA 01550 or send resume to Jackie Woolhouse, 43 Everett Street, Southbridge, MA 01550.

MAY 2002

#### MEET FEES, SURCHARGES, AWARDS, ETC.:

#### **Entry Fees**:

#### General Meets:

**Timed Finals** \$3.50 Prelims and Finals \$ 5.00 Relays \$10.00

#### **Championship Meets:**

**Timed Finals** \$3.50 **Prelims and Finals** \$ 5.00 Relays \$10.00

For both general meets and championship meets, there is an addition \$.50 per event charge for hand entries.

#### Time Trials:

**Individual Events** \$5.00 \$10.00 Relays

#### Surcharges:

Timed Finals Meets:

Individual events:

\$.50 per event

\*Distance events:

no surcharge

Relays:

no surcharge

Trials and Finals Meets:

There is no surcharge for Trials and Finals Meets or

"A" Meets

Championship and "end of season" Meets: The host team does not pay a

surcharge. There is a \$1 per swimmer surcharge that the team pays to New England Swimming.

NOTE: The team may charge less than the approved fees, but the surcharges remain the same. Host teams pay surcharges for their own team and for entries that are scratched or do not show.

Sanction Fees: Sanction fees of \$15 per day must accompany all requests for sanctions. There is a \$15 per meet sanction fee for time trials. In addition, there is a \$200 sanction deposit per meet that is returned when all New England Swimming policies have been followed, and all results, reports and surcharges have been returned to the New England

<sup>\*</sup>Distance events are events 400 yards (meters) and longer. There also is no surcharge for "Senior Development" meets (meets for older swimmers with no distance less than 200.)

NEWSLETTER PLUS MAY 2002

Office within the proper time frame. A team that has submitted a late bid will pay a sanction fee of \$45 per day plus \$45 for time trials for the meet. There is no fee charged for sanctions for "end of season" meets.

New England teams that still owe surcharges will not receive sanctions for further meets and will not have any future bids considered until the fees are paid. In addition, if the financial report and appropriate surcharges are not returned within six weeks, the team's sanction deposit will be forfeited.

#### Awards:

**Timed Finals Meets:** 

The host team is free to select its own awards. The

awards must be clearly stated in the bid and

invitation.

Trials and Finals Meets:

same as above

Championship and "end of season" Meets: The awards are established, ordered, and paid for by New England Swimming.

Admission Fees: Admission fees are limited to \$1 per person per session.

**Programs**: There is no limit on what a team may charge for programs, but it must be stated in the meet bid and invitation.

#### **End of Season Meet Stipends:**

Bronze	0	12 and under	\$1000
Qualifier	0	13 and over	\$1500
Districts	0	Seniors	\$2000
8 and under	\$500	Open	\$2000
912	\$1000	•	

Returned Checks: There will be a \$10 charge for any team or individual who submits a check returned to new England Swimming or any of its member teams.

#### New England Age Group Championship

Qualifying Times

2001-2002

Women		8 & Under	Men	
LCM	SCY	EVENTS	SCY	LCM
	21.49	25 FR	21.59	
46.35	46.99	50 FR	48.99	47.29
1:51.49	1:47.99	100 FR	1:49.49	1:51.99
	24.79	25 BK	26.59	
55.49	54.99	50 BK	57.99	1:01.69
	28.49	25 BR	28.59	
1:04.89	1:02.99	50 BR	1:05.99	1:06.19
	24.49	25 FL	26.49	
1:03.49	57.99	50 FL	1:09.19	1:14.29
	1:56.99	100 IM	2:00.39	
4:29.99		200 IM		4:29.99

		<del>,</del>		
Women		9-10	Men	
LCM	SCY	EVENTS	SCY	LCM
37.23	32.44	50 FR	33.67	39.28
1:22.50	1:11.61	100 FR	1:14.89	1:28.40
2:59.49	2:36.42	200 FR	2:43.99	3:09.49
6:25.04	7:10.89	400/500	7:10.89	6:34.99
44.61	38.89	50 BK	40.67	47.06
1:36.32	1:23.55	100 BK	1:28.15	1:44.63
50.14	43.73	50 BR	46.50	54.19
1:47.86	1:34.89	100 BR	1:43.76	1:58.59
43.97	37.89	50 FL	41.73	47.09
1:45.96	1:29.33	100 FL	1:39,99	1:49.49
	1:23.29	100 IM	1:27.09	
3:23.29	3:00.67	200 IM	3:15.11	3:39.99

Women		11-12	Men	
LCM	SCY	EVENTS	SCY	LCM
32.29	28.29	50 FR	29.09	33.19
1:10.99	1:02.09	100 FR	1:03.99	1:12.99
2:33.19	2:15.00	200 FR	2:19.29	2:36.99
5:20.89	6:03.99	400/500	6:12.29	5:39.99
11:36.59	13:00.49	800/1000	13:00.49	11:36.59
21:47.19	22:30.49	1500/1650	22:30.49	21:47.19
38.19	33.59	50 BK	34.79	40.49
1:21.19	1:11.59	100 BK	1:14.99	1:25.99
2:57.68	2:40.40	200 BK	2:48.49	3:10.79
42.49	37.59	50 BR	38.29	45.99
1:33.99	1:20.99	100 BR	1:24.99	1:40.89
3:22.63	3:04.49	200 BR	3:09.29	3:34.39
36.19	31.94	50 FL	33.35	38.29
1:21.59	1:12.99	100 FL	1:17.59	1:31.59
3:12.49	2:46.99	200 FL	2:46.99	3:12.49
	1:11.59	100 IM	1:13.99	
2:53.99	2:32.99	200 IM	2:38.99	3:02.49
6:17.43	5:38.54	400 IM	5:45.49	6:31.19

All times must date from July 20, 2001.

#### **NE OPEN CHAMPIONSHIP CUTS**

	WOMEN	OPEN	MEN	
LCM	SCY	EVENTS	SCY	LCM
30.29	26.59	50 FR	25.59	29.59
106.89	58.09	100 FR	55.49	104.29
224.09	205.89	200 FR	202.19	221.29
500.49	531.89	500/400	529.79	454.79
10:27.09	11:40.99	1000/800	1120.99	10:18.39
19:43.29	19:18.99	1650/1500	1903.99	19:23.89
117.99	106.39	100 BK	105.39	118.69
247.59	223.59	200 BK	221.99	243.39
129.79	116.59	100 BR	114.29	126.49
309.59	243.59	200 BR	240.99	308.39
115.79	105.89	100 FL	105.69	115.79
249.19	228.59	200 FL	230.39	248.39
244.19	223.19	200 IM	220.39	243.79
546.19	501.19	400 IM	458.79	544.79

TO: New England Swim Coaches

**FROM:** Coaches Representatives – Laura Matuszak and Dan Mascolo **RE:** 2002-2003 Long Course and Short Course Championship Swim Meets

**DATE:** May 2002

At this year's New England Annual Meeting, several New England coaches met at the Coaches Meeting to discuss the championship meet schedule. In looking at the 2002-2003 Short Course Championship meet progression, most of the coaches wanted the District Championship Meet moved closer to the Age Group Championship Meet. It was proposed that District Championships be moved to the same weekend as Sectionals (from March 21-23, 2003 to March 7-9, 2003.) Coaches wanted this change for several reasons. The most frequently expressed reason was the desire to have all of the age group level swimmers finished with their short course season at roughly the same time. This allows swimmers time off from short course training. It also allows an earlier start to the long course training season. With most of the age group swimmers finishing their season at about the same time, all of the swimmers on the team will feel that they are part of one cohesive team. This schedule does not separate the age groups swimmers in their training as much as when the District swimmers had to wait several extra weeks for their championships meet. No one in attendance mentioned that they would like to see Districts moved before Age Group Championships. It was felt that Districts should be preserved as a championship meet for those swimmers, rather than a qualifier or "last chance" meet before Age Group Championships.

In discussing this summer's Long Course Championship schedule, the group proposed that the New England Open Championship Meet be moved to the same weekend as Sectionals (from August 8-11, 2002 to August 1-4, 2002.) The main reason for this change is that National Championships begin on Monday, August 12, 2002. With the new meet dates, swimmers competing in the New England Open Championship Meet would have one week to rest and travel before attending Nationals. This change in meet dates also allows our best New England swimmers to compete in the New England Open Meet, Zones, and Nationals.

While both of these changes mean that two meets will be held on the same weekend, most coaches in attendance felt that teams wanting to attend both meets would have the coaching staff to accommodate all of their swimmers. It was very clear that all of the coaches in attendance had the interests of the swimmers and the coaches in making their decisions.

If you have any comments, questions, or ideas please feel free to e-mail your Coaches Representatives:

Laura Matuszak at matuszak@smcvt.edu Dan Mascolo at hyvswimming@hotmail.com

#### CALENDAR CHANGES:

At their meeting following the Annual Meeting, the coaches recommended the following changes to the upcoming long course calendar and to the proposed short course calendar for 2002--2003. The proposal was accepted by the Calendar Committee.

## LONG COURSE 2002 CHANGES:

The Open Chapionship will be moved to one week earlier.

July 25--28 : 12 and under Age Group Championships (Harvard University)

August 1--4: New England Open Championships (Brown University)

August 1--4: Sectionals, Buffalo, NY

August 7--10: Zones, Buffalo, NY

August 12--17: National Championships, Fort Lauderdale, FL

SHORT COURSE 2002--2003 PROPOSED CALENDAR CHANGES:

Districts will be moved to March 6--9, 2003.

### February

7--9: Bronze Classic (2 sites)

15--16: Eight and under Age Groups (2 sites)

20--23: 9--12 Age Groups

27--2: 13--19 Age Groups

#### March

6--9: Districts (2 sites)

6--9: Sectionals

13--16: New England Senior Championships

27--30: Eastern Zone Championships

NOTE: Bids are due by July 1, 2002.

STROKE and TURN CLINIC: There will be a stroke and turn clinic (for new or renewing officials) on Thursdsay, May 30, 2002 from 7 pm to 9 pm at St Michael's College Pool classroom, Colchester, VT. To register or for information, contact Laura Matuszak at 802-654-2881 or Don Weaver at 802-847-5928 (w), 802-862-1262 (h) or donald.weaver@vtmednet.org.

Directions: I-89N to exit 15. Turn right at ramp, left at first traffic light into Ross Sports Center/McCarthy Arts parking lot.



719.578.4578 o; 719.575.4049 f www.usa-swimming.org

## 2001-2002 Scholastic All-America team

### APPLICATION DEADLINE / AUGUST 1, 2002

Fill out application form completely and submit by AUGUST 1, 2002. The All-America Committee reserves the right to reject any incomplete applications or any applications that do not meet the postmarked deadline. FAXES ARE NOT ACCEPTABLE.

#### **ELIGIBILITY**

- 1. Must have completed 10th, 11th, or 12th grade.
- 2. Must be a USA Swimming member athlete.
- 3. Must have participated in an individual event in the appropriate year in:
  - 2001 Phillips 66 National Swimming Championships (summer) Fresno, Calif.
  - 2001 Speedo Champions Series (summer sectionals)
  - 2001 U.S. Open Swimming Championships East Meadow, N.Y.
  - 2002 Phillips 66 National Swimming Championships (spring) Minneapolis, Minn.
  - 2002 Speedo Champions Series (spring sectionals)
  - 2001 Disability Championships Phoenix, Ariz.
  - 2001 Open Water National Championships

Relay-only swimmers do not qualify.

4. Must have a minimum 3.5 grade point average on a 4.0 scale.

	DESCRIPTION POINTS		
4.00	100 points	1st place	100 points
3.95	95 points	2nd place	99 points
3.90	90 points	3rd place	98 points
3.85	85 points	4th place	97 points
3.80	80 points	5th place	96 points
3.75	75 points	6th place	95 points
3.70	70 points	7th place	94 points
3.65	65 points	8th place	93 points
3.60	60 points	9th place	92 points
3.55	55 points	10th place	91 points
3.50	50 points	20th place	81 points
3.49 a	ind below	30th place	71 points
does 1	not qualify	40th place	61 points
		50th place	51 points
		51st & below	25 points

## WOMEN

## PLEASE SEND COMPLETED WOMEN'S APPLICATIONS TO:

JACKIE GROISS
2460 DUNMORE ROAD
CHARLOTTESVILLE, VA 22901
804.293.4145

### MEN

## PLEASE SEND COMPLETED MEN'S APPLICATIONS TO:

BETTY KOOY 1429 N. WEBSTER AVE. HASTINGS, NE 68901-2950 402.462.5941

#### **SELECTION METHOD**

- 1. Must be nominated by a USA Swimming member or coach.
- GPA for academic subjects: History/Social Science, English, Mathematics, Laboratory Science, Foreign Language, Arts— Visual/Performing and Computer Science. Grades in Honors (H), Advanced Placement (AP), and International Baccalaureate (IB) courses receive one extra grade point.

#### SCORING FORMULA

- Points system adds points awarded for GPA and for highest place achieved in championship competition.
- 2. Points are only assigned to letter grades; + and are not considered.
- 3. Points awarded for placing in Phillips 66 National Swimming Championships competition will be weighted by a 1.5 multiplier; points awarded for placing in the U.S. Open will be weighted by a 1.25 multiplier; points awarded for placing in Speedo Champions Series (sectional meets) will not be weighted; points awarded for placing in the Disability Championships and Open Water National Championships will be weighted by a 0.75 multiplier.

#### AWARDS

- Three certificates to be awarded to each individual achieving Scholastic All-America status (one for the athlete, one for the school and one for the USA Swimming club).
- 2. A special pin to each individual earning a 4.0 GPA.
- A special award to each individual named to the Scholastic All-America team three times.
- Outstanding Achiever recognition is given to each individual who places first at the National Championships and maintains a 4.0 GPA.

(Receipt of the Scholastic All-America application will be confirmed by mail to the swimmer's address listed on this form.)

THIS FORM MAY BE COPIED AS MANY TIMES AS NECESSARY.



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

JUNE 2002

IN THIS ISSUE: SWIMPOSIUM INFORMATION; INFORMATION FOR SAFETY COORDINATORS: EASTERN ZONES-SHORT COURSE TEAM AND RESULTS, LONG COURSE TIME STANDARDS AND APPLI-CATION: CATCH THE SPIRIT CAMP REPORT; SAFETY TRAINING FOR SWIM COACHES; MEET EVALUATION FORM...

A REGISTRATION REMINDER--There has been an increase in the athlete membership fee for membership year 2003. The fee will be \$35 for 2003 (beginning September 1, 2002).

#### SAFETY COORDINATORS:

All Safety Coordinators should be sure to check the New England web site at www.neswim.com. On the site are two items--information about a United States Swimming Safety Awareness Contest and a USA Swimming Pool Depth Survey.

The Pool Depth Survey is REQUIRED for all COMPETITION POOLS. All teams who are running NE meets (or plan to run) must complete the survey and return it to Priscilla Davis. Bids for the short course season cannot be finalized if a team has not submitted the survey.

If you do not have access to the internet or cannot download the survey, please contact the office at 781-449-0270.

SAFETY TRAINING FOR SWIM COACHES: A Safety Training for Swim Coaches course will be offered on Saturday, September 7, 2002 at the Boays and Girls Club of Greater Lowell, 657 Middlesex Street, Lowell, MA. For more information (including the time) and to register, contact Timothy Sheehan at 978-937-0965.

The Board of New England Swimming will meet on Tuesday, July 9, 2002 at 7 pm at the Wellesley Community Center, Wellesley, MA. There will be no board meeting in August. The Board of New England Swimming will meet on Tuesday, September 17, 2002 at 7 pm at the Wellesley Community Center, Wellesley, MA.

## CATCH THE SPIRIT CAMP, May 18, 2002

New England Swimming held a level I and level II Catch the Spirit Camp on May 18 at Wellesley College. This year's cam was actually oversubscribed for the first time since we began running LSC camps. There were 56 swimmers from many different programs in New England.

The coaches for the camp were: head coach, Laura Matuszak; assistant coaches, Kevin Tyrrell, Brenda Hogan, and Sherry Wingfield. Each coach ran one of the "team meetings" and everyone coached at the two swim sessions. It was a very busy day for the swimmers and coaches and everyone had FUN! In addition to the coaches, Wellesley College required that we have a trainer on deck during the practices. Our trainer was great and she commented to me that "your coaching staff is excellent...I am really impressed."

This is the first year that the camps program has encouraged a full day "Parents' Meeting." With the help of Mary Riddell in the morning session and Anna Christiansen (New England Swimming Alum), I attempted to educate the parents of the campers. I was quite surprised at the turnout. We had 26 parents stay for the day! The meeting went very well and I believe that many parents went back to their "home" clubs with great information and hope. Several parents were interested in having similar meetings at their home clubs.

Amy Parratto, Camp Coordinator

NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL

20 Cleveland Road
Needham, MA 02492-3006

781-449-0270

FAX: 781-449-7903
e-mail: MTRNESwim@aol.com
Web site: www.neswim.com

\*\*
OFFICE HOURS: Monday: 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m.
Thursday: 8 a.m.--2 p.m.

## HELP WANTED

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

HEAD and ASSISTANT SWIM COACH, Hopkinton (MA) High School, winter season. Contact: Aaron Polansky, CAA, Director of Athletics, Hopkinton Public School, 60 Hayden Rowe Street, Hopkinton, MA 01748. 508-497-9845 or via email at apolansky@hopkinton.k12.ma.us.

ASSISTANT COACH for AGE GROUP TEAM. Shawmut Aquatic Club, fall, 2002. Contact Kathy White at 508-520-0550 or coachkathy@shawmutswimming.com.

## **USA SWIMMING and NEW ENGLAND SWIMMING proudly present...**

## "SWIMPOSIUM 2002"

Date:

September 21, 2002

Location: Seekonk High School, Seekonk MA

You are invited to participate in a workshop that includes something for everyone in our swimming community. Please mark your calendars for September 21st!

ATHLETES are invited to attend a "Gold Medal" clinic hosted by National Team athletes for a day filled with motivation and fun. The 12 & younger swimmers will have their clinic in the morning. The 13 & older swimmers will have their clinic in the afternoon. Plan on bringing your suits! Pre-registration is mandatory and clubs may be limited to a minimum number of swimmers. More detailed information will be available shortly.

COACHES will have a clinic presented by a USA Swimming staff member. The presenter and topic will be finalized by mid July. We also plan to have a Safety Training for Swim Coaches course and recertification in the afternoon.

OFFICIALS will have the opportunity to interact with and learn from one of USA Swimming's top officials. We are in the process of solidifying that official! This is a beneficial presentation for any official at any level. All aspects of officiating will be covered...don't miss this!

**CLUB ADMINISTRATION** is a presentation for parents and coaches who run swimming teams. This track of the Swimposium focuses on every aspect of club administration and building stronger, healthier clubs. If you are a board member and you want to help your club remain strong and stable...this talk is for you!

PARENTS will have a presentation in conjunction with the Gold Medal Clinics. The "Parents Guide" track gives parents of swimmers the opportunity to obtain information about the sport of swimming and how parents can best contribute to the sport. Parents will learn how to be a better "swim parent"! Parents of 12 & younger swimmers will have their track in the morning. Parents' of 13 & older swimmers will have their track in the afternoon.

## **ADDITIONAL INFORMATION**

At this time, there is no fee for the "Swimposium". If there is, it will be minimal. As soon as the presenters / speakers are finalized, New England Swimming will have a registration form available on the web site and in the Newsletterplus. PLEASE STAY TUNED!!!

#### NEW ENGLAND SWIMMING OPEN CHAMPIONSHIPS NOTES:

13 and 14 High Point Awards: High Point Awards for the top 8 males and the top 8 females have been added. 13 and 14 swimmers who participate in the finals, consolation or bonus heats will be scored for these awards as well as the swimmers in the 13 and 14 heats.

Relays: All relays will be swum as timed finals in the evening sessions.

Graduating Seniors Recognition: A ceremony recognizing graduating seniors will be held prior to the start of the finals session on Sunday evening. All graduating seniors are invited to attend. You do not have to be swimming in the meet. If you are not at the meet but will be there to be recognized, please notify the office (781-449-0270 or mtrneswim@aol.com). We will be publishing a list of graduating seniors and their plans. Please inform the office of your graduates and their plans.

## WORKERS AT END OF SEASON MEETS:

New England Swimming policy allows teams running eand of season meets (qualifier, 12 and under championships, open championships) to assign timers for the meet according to the number of swimmers that a team has entered in the meet. We encourage you to check the web for your team's assignment and arrive promptly with a stop watch. OFFICIALS will be counted in the team assignment when they notify the host team in advance. Check each meet entry for deadlines for officials' deadlines.

HYV

DAN MASCOLO

### EASTERN ZONE CHAMPIONSHIPS:

CONGRATULATIONS to the swimmers who represented New England at the Eastern Zone Short Course Championships on April 4--6, 2002. New England placed 9th (of 12). Two New England swimmers won events.

CONOR SWANSON won 4 events--50 fly, 100 fly, 100 IM, 200 IM. CAROLINE WEAVER won 2 events--50 back, 100 back.

## 9 and 10:

*SILIANG LUO	RAMS	*CONOR SWANSON	ABF
LAURA SOGAR	RAMS	*TAYLOR GREY	GMA
*CAROLINE WEAVER	GMA	*TYLER LAREAU	YNS
*ELIZABETH BEISEL	RAMS	GRANT WHITE	GTRS
11 and 12:			
CALLIE GRACE	PYPB	RYAN BROOKS	UN
KORIN O'DOHERTY	SAC	JONATHAN MACKAY	GMSC
*MEREDITH MEAD	YNS	*MIRNO PASQUALI	LRW
BRITTANY PAVALKO	PYPB	*OWEN GREY	GMA
ELENA WALTERMAN	SAC	*DAVID THOMPSON	SAC
CAROLINE BELLI	NSSC	MICHAEL SULLIVAN	ABF
*JILL KEARNS	SAC	MARK SCALISE	YNS
*CAITLIN MOORE_PENASKOVIC	SSA	NICHOLAS LASHWAY	HRY
		EDDIE GILLIE	CUDA
13 and 14:			
ALICIA NEGROTTI	CUDA	*COREY SWANSON	ABF
*KRISTINA RIGTERINK	SSA	BENJAMIN BONTE	MBM
MARIELE DUNN	MBM	KEVIN YAMADA	SAC
*MEGAN FARRELL	SAC		
*LAUREN BRADY	BAT	CATHERINE SUPPAN	BYD
MOLLY KEARNS	SAC	KATHERINE WEAVER	GMA
15 and 16:			
*SARAH KEARNS	SAC	CHRISTOPHER LECOMPTE	RRSC
*LAILA GAGNON	HYV		
THANK YOU TO THE COACHES:	LAURA	MATUSZAK GMA BEN NIGRO	BYD

All swimmers (and coaches) represented New England at the meet. The clubs listed are the clubs they represented when they were selected.

ISABELLE FRASER

PVAC

<sup>\*</sup>These swimmers scored points (places 1--8) in individual events for the team.

## NEW ENGLAND LSC EASTERN ZONE ENTRY FORM AUGUST 7,8,9, & 10, 2002

University of Buffalo, Amherst, N.Y. & Erie Community College, Buffalo, N.Y.

SWIMMER'S NAME:	:		
ADDRESS	last	First	M.I.
		Phone:	
CLUB:		Sex:Age:	<u>.</u>
USS NUMBER:		Birthday:	
Bathing Suit Size: (Ag	uablade)T-Shirt Siz	æ	
	EVENT NUMBER	TIME (lc meters only)	MEET DONE AT
1			<u> </u>
2			
3,			
1			
5			
6		1 4 4 4	
(exclusive of relays)		rents, with no more than 3 even	•
	PER INDIVIDUAL EVENT I hecks payable to Ray Grant	Total Events:x \$4.0	)0 = \$
relays, if any, will be p	paid for by New England Sw	<u> </u>	
	tted with verification of time eet must be submitted with th	for each event. If the meet was the entry.	s out of New England
	ired to provide a timer or off nals if the swimmer qualifies.	icial for each of the sessions tha	at the swimmer is
Timer or Official:		Phone:	
USS Certification Leve	el: t should just assume you are i	needed	
evu may be cancu, but	, snound just assume you are i	BCCCC	
* All 12 and under an	nlications should be turned in	n during the 12 and under chan	anionshina They con

\*\*All 12 and under applications should be turned in during the 12 and under championships. They can be turned in with the appropriate fees to the verification table. Deadline - Sunday -July 28, 2002. Deadline for all 13 and over entries is: Monday July 29, 2002. Appropriate fees must accompany entries or they will not be entered.

Applications may be mailed to be received by the above dates to Ray Grant, 80 Davis St., Seekonk, Ma. 02771. Checks should be made out to: Ray Grant.

Any swimmer who makes the cut times is eligible to participate in this meet.

EWSLETTER PLUS			JUNE 200
00 B 42 44 44 50 52 58 60	B 80 9 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	8 4 4 4 4 6 6 6 8 8 8 8 8 8 8 8 8 8 8 8	ស
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医	Event 10&U 100 Bar 11-12 100 Bar 10&U 200 Fre 11-12 200 Fre 10&U 50 Fly 11-12 50 Fly	11-12, 13 Finals: 6 13-14 200 Back 13-14 200 Back 11-12 200 Free 13-14 200 Free 11-12 50 Fly 13-14 400 IM 15-18 400 IM 15-18 200 R-Medley 13-14 200 R-Medley	EASTERN ZONE LONG COURSE QUALIFYING TIMES
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Morn Warn Girls 41 43 49 51 59	Morn Warr Girls 37 39 45 47 47 53 55	Final Warr Warr Warr S	7
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Wednesday, Morning Prelim Session: Warm-up: 7:00 am Girls QT Ev 7 1:04.89 13 17 1:24.89 15 19 1:22.59 15 25 2:37.39 13 27 2:31.59 15 11 9:54.59 15	Morning Prelim Session: Warm-up: 8:30 am Girls	E.	* The fastest heat (top 8) of each 800 Free will be sall other heats of the 800 Free will be swum fastes alternating girls and boys and age groups (i.e., 13-boys, 15-18 girls, 15-18 boys), as the last event in following the 200 Fly. All entrants for the 800 will beclare, to the Meet Director, their intention to swir prior to the conclusion of the preliminary warm-up.
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WSLE	STTER PLUS			JUNE 2002
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Saturday, August 10, 2002	8:30 am QT 2:30.79 2:24.59 28.09 26.99 18:37.09 17.46.09	nd 11-12 3:03.59 3:03.59 2:44.19 33.89 30.59 No QT	6:00 pm	* The fastest heat (top 8) of each 1500 Free will be swum at finals. All other heats of the 1500 Free swum fastest to slowest, alternating girls and boys and age groups (i.e., 13-14 girls, 13-14 boys, 15-18 girls, 15-18 boys). As the last event in the preliminaries. Following the 50 Free. All entrants for the 15°°. Free will be required to declare, to the Meet Referee, their intention to swim the eprior to the conclusion of the preliminary warm-up.
Saturday,	and 15-18 Prelims: 200 IM 200 IM 50 Free 50 Free 1500 Free	: 10 & U and 11-12 Cornor 3:0 10&U 200 IM 3:0 11-12 200 IM 2:4 10&U 50 Free 3 11-12 50 Free 3 11-12 50 Free 3	13-14, 15-18 Finals: 200 IM 200 IM 200 IM 200 IM 50 Free 50 Free 50 Free 50 Free 50 Ree 400 R-Medie	* The fastest heat (top 8) of each 1500 Free will be of the 1500 Free swum fastest to slowest, alternating age groups (i.e., 13-14 girls, 13-14 boys, 15-18 girlsst event in the preliminaries. Following the 50 Free the 1503 Free will be required to declare, to the Meprior to the conclusion of the preliminary warm-up.
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> 35.89 40.29 5:04.69 1:38.79 1:27.29 No QT

Finals: 6:00 pm

15-18 100 Back 11-12 50 Back

13-14 100

Event

Warm-up: 4:30 pm

Finals Session:

11-12, 13-14, 15-18

10&U 100 Breast 11-12 100 Breast 10&U 400 R-Free

5:04.69 1:38.79 1:27.29 No QT

Girls 73 75 81\* 81 89 89 95

11-12 400 Free

11-12 50 Back 10&U 50 Back

35.89 40.29

Event

Morning Prelim Session:

Warm-up: 8:30 am Girls QT

10:U and 11-12 Prelims: 9:30 am QT

1:10.49 1:06.69 4:40.69 4:28.89 2:51.49 2:39.79 1:08.19

13-14 100 Back 15-18 100 Back 13-14 400 Free 13-14 200 Breast 15-18 200 Breast 13-14 100 Fly 15-18 100 Fly

1:14.19 1:12.69 4:52.69 4:46.99 3:00.79 2:56.29 1:12.29 1:09.89

Girls 77 77 79 83 85 93 93

g

13-14 and 15-18 Prelims: 8:30 am

Morning Prelim Session:

Warm-up: 7:00 am

6

Friday, August 9, 2002

3-14 200 Breast 5-18 200 Breast

Free

5-18 400

1-12 400 Free

3-14 400 Free

Breast

1-12 100

\* The fastest heat (top 8) of the 11-12 400 Free will be swum at finals. All other heats of the 11-12 400 Free will be swum in preliminaries.

1-12 400 R-Free 3-14 200 R-Free 5-18 200 R-Free

13-14 100 Fly 15-18 100 Fly



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

JULY 2002

IN THIS ISSUE:

SWIMPOSIUM INFORMATION and APPLICATION; OPEN WATER SWIM APPLICATION and INFORMATION; HIGH POINT WINNERS FROM 12 and under AGE GROUPS; BACKSTROKE INFORMATION; BOST SWIM COACHES CLINIC INFORMATION....

CONCRATULATIONS to our new Junior Coach Rep, CAITLIN GRANT (SD) who was elected at the last Board Meeting. She will join the Senior Athlete Rep, Joanne Gallahue in representing the athletes on the board.

#### IMPORTANT INFORMATION FOR COACHES:

EFFECTIVE IMMEDIATELY COACHES CAN TAKE THE AMERICAN RED CROSS LIFEGUARD TRAINING COURSE IN LIEU OF SAFETY TRAINING FOR SWIM COACHES.

The updated list of courses that can be used to fulfill the requirements for CPR, First Aid, and Safety Training for Swim Coaches is posted on the New England web site. It will also be sent to all team registration chairs. If you would like a copy, please contact the New England Office.

REGISTRATION: Forms requesting each team's contact person for registration will be sent to NE teams shortly. The form will request the team's contact person, official team email, official's liaison and registration contact. Registration materials will be sent to the contact beginning around the first of September.

Please remember that the registration fee for athletes will be \$35 for 2003 and that LECAL FIRST NAMES must be used for registering swimmers. Any swimmer (or non-athlete) who registers after September 1, 2002 will be registered for the rest of 2002 and all of 2003.

The Board of New England Swimming will meet on Tuesday, September 17, 2002 at 7 pm at the Wellesley Community Center, Wellesley, MA. There will be no meeting in August.

**JULY 2002** 

CONGRATULATIONS to all the swimmers who participated in the 12 and under Age Group Championships at Harvard University this past weekend. There were many fast swims including several record breaking swims, many zone qualifiers, and many New England Open Qualifiers.

## INDIVIDUAL HIGH POINT WINNERS:

#### EIGHT and under:

1. 2. 3. 4. 5.	LYDIA AZARET EVA FABIAN ERICA MACSWAN ALLISON MENTUCK CLARE GOSLAND MONICA PATTERSON JULIA TORABI MANDY AVELLA	MVP GTRS RRSC YNS BAT ANA RAYS RAYS	1 2 3 4 5 6 7 8	•	EVAN SHOLUDKO MATTHEW TYNAN RYAN DEAN JACOB FAY JAMESON MCSHEA LORENZO CONTE NICHOLAS FREDETIE DANNY BEISEL	AAC PSC GTRS YNS CCSC MVP BYB RAMS
9	and 10:					
1. 2. 3. 4. 5. 6. 7. 8.	ELIZABETH BEISEL KAIA SIMMONS KENDRA CHENG ANNA WOODWARD SUZI STEIN IKA KOVACIKOVA TARA MORRISSETTE SHANNON BENDER and 12:	RAMS OSS HAY PVAC MELY NCAC SSA ABF	1 2 3 4 5 6 7 8	•	JEFFREY THOMAS TAYLOR GREY LUCA SPINAZZOLA BEN LACHANCE PAUL HUNTER JAKE KISSICK CONOR MCAULIFFE MATTHEW GRIPPO	OSS GMA OSS OSS ANA SSYS MVP PVAC
1. 2. 3. 4. 5. 6. 7.	JILL KEARNS CHIARA SPINAZZOLA ELLIS GANLEY ALEX LALLI CARA VOGEL TIFFANY PETZOLD CAITLIN MICHAELS CAITLIN MOORE-PENASK	SAC OSS NCAC RAMS SSYS MVP NCAC	1 2 3 4 5 6 7 8	•	MICHAEL SULLIVAN CONOR SWANSON NICK LASHWAY MARCO CHU GREGORY LOWEN SAM WENSMAN PETER BUHLER RYAN BROOKS	ABF ABF HRY CUDA BGSC SSA OSS UN

## TEAM HIGH POINT (combined age groups and sexes):

- !. MERRIMACK VALLEY PIRATES
- 2. OCEAN STATE SOUIDS
- 3. SEACOAST SWIMMING ASSOCIATION
- 4. BERNAL'S GATOR SWIM CLUB
- 5. YMCA OF THE NORTH SHORE
- 6. ATTLEBORO BLUE FISH
- 7. YMCA OF THE SHOUTH SHORE STRYPERS
- 8. SHAWMUT AQUATIC CLUB

NEW CLUB: CHELSEA SWIM CLUB (CHSC) Robert Mattin

30 Willow Street Chelsea, MA 02150

SAFETY TRAINING FOR SWIM COACHES: A Safety Training for Swim Coaches course will be offered on Saturday, September 7, 2002 at the Boys and Girls Club of Greater Lowell, 657 Middlesex Street, Lowell, MA. For more information (including the time) and to register, contact Timothy Sheehan at 978-937-0965.

NEWSLETTER PLUS JULY 2002

## USA SWIMMING and NEW ENGLAND **SWIMMING** proudly present...

## "SWIMPOSIUM 2002"

Date:

September 21, 2002

Location: Seekonk High School, Seekonk MA

You are invited to participate in an all day workshop that includes something for everyone in our swimming community. Please mark your calendars for September 21st! Registrations are DUE by September 12<sup>th</sup>.

**ATHLETES** are invited to attend a "Gold Medal" clinic hosted by National Team athletes and Olympians: Ryan Berube (1996) Olympian), Courtney Shealey (2000 Olympian) and Amanda Atkins (2000 Olympian) for a day filled with motivation and fun! The 12 & younger swimmers will have their clinic in the morning. The 13 & older swimmers will have their clinic in the afternoon. Plan on bringing your suits! Pre-registration is mandatory and preferance will be given to swimmers whose family is also participating in the Swimposium. There is a limit of 100 swimmers per session. If we have more than 100 register before September 12th, N.E. Swimming will use a lottery to select the swimmers.

**COACHES** will have a clinic presented by USA Swimming staff member and sports scientist Genadijus Sokolovas. Genadijus is the Physiology Director at USA Swimming from 2000 – present. Before his position here in the Unites States, he served on the Coaching Faculty at the Lithuanian Academy of Physical Education. Genadijus was the Dean of Coaching Faculty, Scientific Advisor of Lithuanain Swimming, Modern Pentathlon and Track & Field. If you would like more information regarding Genadijus's NEWSLETTER PLUS JULY 2002

background, contact Amy Parratto at seacoastswimming.com. The topics will be as follows: "Using Heart Rate to Guide Training"; "Long Term Career Training Design"; "Fatigue, Recovery, and Weekly Training Design". We also plan to have a Safety Training for Swim Coaches Challenge course after the presentations.

OFFICIALS will have the opportunity to interact with and learn from two of USA Swimming's top officials. Bob and Helen Brown will be our guest officials. Helen has been a National Championship Official since 1985. Bob is also a National Championship Official and Director of Oregon Swimming. He is also the former chair of the Senior Swimming Committee. This is a beneficial presentation for any official at any level. All aspects of officiating will be covered...don't miss this!

CLUB ADMINISTRATION is a presentation for parents and coaches who run swimming teams. This track of the Swimposium focuses on every aspect of club administration and building stronger, healthier clubs. If you are a board member and you want to help your club remain strong and stable...this talk is for you! Our presenter is USA Swimming's Sport Development Coordinator for the Eastern Zone – Sue Pitt Anderson. Not only has Sue served as a head coach and CEO of the Scarlet Aquatic Club in New Jersey, she is also an Olympian (1964, 1968)!!!

PARENTS will have a presentation in conjunction with the Gold Medal Clinics. The "Parents Guide" track gives parents of swimmers the opportunity to obtain information about the sport of swimming and how parents can best contribute to the sport. Parents will learn how to be a better "swim parent"! Parents of 12 & younger swimmers will have their track in the morning. Parents' of 13 & older swimmers will have their track in the afternoon. The presenter for this topic is Jane Grosser. Jane is the Domestic & Age Group Coordinator for USA Swimming. In addition, she is the Camps Committee Chair for USA Swimming from 1994-present.



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

AUGUST 2002

IN THIS ISSUE: SWIMPOSIUM INFORMATION; NE OPEN CHAMPIONSHIPS HIGH POINT WINNERS; SWIMMERS OFF TO COLLEGE; 2002--2003 SHORT COURSE CALENDAR NOTE; POOL SURVEY; ARC INSTRUCTORS REQUEST.....

## "SWIMPOSIUM 2002"

All New England Teams are urged to be sure that all families on their clubs have received the information concerning the Swimposium to be held on September 21, 2002 at Seekonk (MA) High School.

The information is in the July and August Newletters and also on the New England web site. We want to be sure that all who are interested have an opportunity to participate in what should be an outstanding experience.

## AMERICAN RED CROSS INSTRUCTORS:

USA Swimming, in an effort to better deliver Safety Training for Swim Coaches, first aid and CPR, is compiling a list of coaches who are certified ARC Instructor Trainers and Instructors. If you are an IT or instructor--or yhou know a coach or someone else who is--please forward the following information to USA Swimming:

Your Name, Hometown and State

All ARC Courses for which you have either of these certifications (and which certification you have for each course)

Your ARC Chapter Name

If you are an ARC Instructor, would you be willing to train for an IT certification?

Send this information to: Cathy Durance, Member Services Coordinator cdurance@usa-swimming.org (email) 719-866-4050 (fax)

Thanks very much!!

The Board of New England Swimming will meet on Tuesday, September 17, 2002 at 7 pm at the Wellesley Community Center, Wellesley, MA.

## CALENDAR FOR SHORT COURSE, 2002--2003:

Teams that bid on meets for the short course season, 2002--2003 will shortly receive a letter concerning their bids. HOWEVER, no meets may be posted on the web site until after the Technical Committee meets on August 29, 2002. There is the possibility that a few New England policies might be altered at that time. In addition, the meet invitations themselves are being gone over with a "fine tooth comb" to ensure that all policies have been followed and all information is correct. (As an example, the New England office zip code changed five years ago but is still incorrect on many invitations.) Many invitations were prepared without regard to the materials distributed at the Meet Managers Meeting in May. After the Technical Committee meets, teams will receive information about any changes made at the Technical Committee meeting and a list of all items to be corrected in their meet invitation. Teams that are running meets in pools that have not been measured for the pool survey will be told that their sanction will not be granted until Priscilla Davis receives the pool survey.

The calendar itself will be posted on the web site shortly.

## NEW ENGLAND OFFICE NOTES:

New E-mail address: office@neswim.com

The office will be closed for vacation on Monday, August 26, 2002.

The office will be closed for convention from Tuesday, September 10 through Sunday, September 15, 2002.

PLEASE NOTE THE NEW E-MAIL ADDRESS!!!!

#### NEW ENGLAND OPEN CHAMPIONSHIPS:

#### CONGRATULATIONS TO THE HIGH POINT WINNERS!

## INDIVIDUAL "OPEN" HIGH POINTS

!.	ERICA MEISSNER	ABF	1.	SEAN RILEY	MBM
2.	KATIE MCCANN	ABF	2.	GREG CHARTIER	PVAC
3.	SALLY BROWN	MVP	3.	TONY TENHAAGEN	SSA
4.	MARCELLE MILLER	SSA	4.	ETHAN TREAT	MBM
5.	JENNA BARBARY	SSA	5.	CASEY CRONIN	ABF
6.	KATIE HIBBARD	MBM	6.	ADAM VICCARO	SSA
7.	TAYLOR MCFARLANE	UN	7.	JASON EADDY	MBM
8.	ANNIE GOLDSTEIN	OSS	8.	ERIC NILSSON	CUDA

## DISTANCE HIGH POINT (400, 800, 1500 free and 400 IM only)

		•			
1.	MARCELLE MILLER	SSA	1.	SEAN RILEY	MBM
	JENNA BARBARY	SSA	2.	ERIC NILSSON	CUDA
3.	DOMINIQUE CAISSIE	GMSC	3.	KEVIN PUDAS	OSS
4.	ERIN GRAY	GMSC	4.	CHARLES KINNETT	MVP
5.	CAITLIN DOHERTY	MVP		THOMAS KELLEHER	OSS
6.	TAYLOR MCFARLANE	UN	6.	MICHAEL MCCONNELL	MBM
7.	SALLY BROWN	MVP	7.	KEITH PARENT	PVAC
8.	KASHMIR FRIZELL	MVP		ERIC THOMAS	OSS

## 13 and 14 INDIVIDUAL HIGH POINT (including 13 and 14 swimmers in all evening heats)

1.	ERICA MEISSNER	ABF	1.	CONOR SWANSON	ABF
2.	MEGAN FARRELL	SAC	2.	KEVIN YAMADA	SAC
3.	CAITLIN DOHERTY	MVP	3.	MICHAEL LANGELIER	OSS
4.	KASHMIR FRIZELL	MVP	4.	ALEX ROAN	CCSC
5.	KRISTINA RIGTERINK	SSA	5.	BILLY WYNNE	OSS
6.	LAUREN BRADY	BAT	6.	TIM SMITH	MVP
7.	KATHRYN HARON	OSS	7.	BRIAN MACKNESS	NWSC
8.	CANDICE PEAK	MVP	8.	MICHAEL TORAN	NSSC

## TEAM HIGH POINT (combined sexes and all age groups)

- 1. MASSACHUSETTS BAY MARLINS
- 2. ATTLEBORO BLUEFISH
- 3. OCEAN STATE SQUIDS
- 4. SEACOAST SWIMMING ASSOCIATION
- 5. PIONEER VALLEY AQUATIC CLUB
- 6. MERRIMACK VALLEY PIRATES
- 7. NEW ENGLAND BARRACUDAS
- 8. GREENWOOD MEMORIAL SWIM CLUB

### MEET RESULTS--LAST CALL!!!!

Teams and swimmers who attended meets outside New England and want the results considered for Top Ten must submit a copy of those results to the New England Office immediately!!!

Teams and swimmers who have Top 16 Reportable Times and/or New England recordbreaking swims must submit a note to Rosemarie Meissner (and results if out of New England) immediately. NEWSLETTER PLUS AUGUST 2002

## GRADUATING SENIORS and their future plans:

At the New England Open Championships our annual tribute to Graduating Seniors was held. Following the introduction of the Athlete Reps, Joanne Gallahue and Caitlin Grant, the Meet Director, Pam Warner, and the Referee, Priscilla Davis, the following Seniors were introduced and presented with a rose.

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AAC:	BRIAN PORTER	University of Tampa
ABF:	ANNA GREENWOOD	Seton Hall
CMA:	WHITNEY ROCKWELL JENNIE BRUNETTE	University of California, Berkeley St. John's University
MBM:	MOLLY QUIRK LAURA BLACKWELL KATIE HIBBARD WHITNEY RYAN ETHAN TREAT ALEC ZEBROWSKI DREW MARTORANO GREG VALIANT	Columbia Emory University of Richmond Princeton Choate Wesleyan University of Massachusetts/Amherst Harvard
MVP:	SALLY BROWN MIKE SCARBER	Auburn University of Tampa
OSS:	EMILY O'CONNOR DANIELLE MENARD JAMIE FINKELMAN AMY WILLIAMS CAITLIN KUNKEL	Ohio University Lafayette Bucknell University of Miami Johns Hopkins University
PSC:	AMY ROBERTS	University of Tennessee
PVAC:	SARAH MYKSIN	Wesleyan University
SAC:	RANDY YAMADA	Duke
SD:	AMY WOOLISH	Bucknell
SSA:	MICHELLE OESER ADAM VICCARO	Brown University University of Georgia

Bates College

KRISTY TENHAAGEN

Other Graduating Seniors who have been reported to the office:

AAC:

PAUL ESTRADA

Bridgewater State College

ABF:

ADDIE WEBSTER

East Carolina

**BGSC**:

LAUREN BELIVE Barnard **MORGAN SESSOMS** Barnard Williams **BRAD BRECHER** Davidson KRISTEN SHIELDS CHELSEA BRACE Loyola (MD) JENNIE MILLER Kenyon

RYAN BERG

University of Virginia Wheaton College

TORY LITTLEFILD BRANDON JESIONEK

COURTNEY CATALANO

Lafayette Mass Bay

**CHRIS BARNES** 

University of Connecticut

CCSC:

ANDREW CULLUM Miami of Ohio YOUSEF AFZALI Bentley CHANELLE HOUSTON Urainus

TRACY SCHLYNDLER

University of Massachusetts/Dartmouth

RAY SANDERS

**Bridgewater State** 

CMC:

ELANA KAUFMAN

**Brandeis University** 

CUDA:

LINDSAY MCKENNA

ELIZABETH MONTAGUE Franklin and Marshall

Tufts

**BETH LOPEZ** 

**GMSC:** 

TONY WARECK physical therapy for knee

COREY TAWCZYNSKI

University of Massachusetts/Amherst

**IGOR USHAKOV** 

WPI

ICE:

ALEX LIEBER **FAITH LEONARD**  Columbia

Columbia

University of Massachusetts/Amherst

MBM:

SARAH HEALEY

Boston College

KAREN SHAFIR

Cornell

MARGARET RAMSEY

Phillips Andover

ANDREW MUIR KATHERINE RILEY Princeton Davidson

ANNA SIEMON JULIA SIEMON Washington University Washington University

MVP:

KERRYN PALMER HOLLY BOUCHER Northeastern **Boston College** 

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NSSC:	MARIA MURRAY	Brown University
PAC:	APRIL SIMPSON	Wellesley College
PVAC:	MATT JENKINS	Rochester Institute of Technology
RAMS:	MORGAN PARKER JEFF BEAGAN KYLE ABRUZZESE	American University University of Rhode Island West Point
SAC:	JANE VANBENTON DREW THOMPSOM	George Washington University RPI
SSA:	ZACH SMITH PAIGE CRIMMIN BRIAN HADLEY	St. Bonaventure St. Bonaventure University of New Hampshire
YNS:	DAVE BAZYLEWICZ PAUL CAKOUNES TIM CURRAN ELIZABETH FOUCH KIM HAYES DAVID KURKUL JACK LEAVITT LINDSAY MCCARTHY LAUREN NICKERSON DEVIN QUINN MARK RANTA PATRICK RULON-MILLE EMILY SHAMSUDDIN CARA TONTODONATO NICOLE ZARBA	Columbia University of Massachusetts/Amherst Coast Guard Academy Gettysbury College Colgate University Bridgewater State College Seton Hall University Lafayette College University of Hawaii Syracuse University Lafayette College R Gettysburg College Mary Washington Northeastern University Dartmouth College

If there are additional swimmers, please report them to the office.

## HELP WANTED

LOCAL USA SWIMMING TEAM seeks part-time Assistant Coach beginning October 2002. Afternoons and evenings; occasional weekend day. Must be USA Swimming certified or will to become. Must enjoy working with younger (ages 10 and under) beginner swimmers. And like to have fun!! Send letter of interest/resume to: Gunstock Stingrays, PO Box 1063, Laconia, NH 03247.

NEWSLETTER PLUS AUGUST 2002

## USA SWIMMING and NEW ENGLAND SWIMMING proudly present...

## "SWIMPOSIUM 2002"

Date:

September 21, 2002

Location: Seekonk High School, Seekonk MA

You are invited to participate in an all day workshop that includes something for everyone in our swimming community. Please mark your calendars for **September 21**<sup>st</sup>! Registrations are DUE by September 12<sup>th</sup>.

ATHLETES are invited to attend a "Gold Medal" clinic hosted by National Team athletes and Olympians: Ryan Berube (1996 Olympian), Courtney Shealey (2000 Olympian) and Amanda Atkins (2000 Olympian) for a day filled with motivation and fun! The 12 & younger swimmers will have their clinic in the morning. The 13 & older swimmers will have their clinic in the afternoon. Plan on bringing your suits! Pre-registration is mandatory and preferance will be given to swimmers whose family is also participating in the Swimposium. There is a limit of 100 swimmers per session. If we have more than 100 register before September 12th, N.E. Swimming will use a lottery to select the swimmers.

COACHES will have a clinic presented by USA Swimming staff member and sports scientist Genadijus Sokolovas. Genadijus is the Physiology Director at USA Swimming from 2000 – present. Before his position here in the Unites States, he served on the Coaching Faculty at the Lithuanian Academy of Physical Education. Genadijus was the Dean of Coaching Faculty, Scientific Advisor of Lithuanain Swimming, Modern Pentathlon and Track & Field. If you would like more information regarding Genadijus's

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background, contact Amy Parratto at seacoastswimming.com. The topics will be as follows: "Using Heart Rate to Guide Training"; "Long Term Career Training Design"; "Fatigue, Recovery, and Weekly Training Design". We also plan to have a Safety Training for Swim Coaches Challenge course after the presentations.

OFFICIALS will have the opportunity to interact with and learn from two of USA Swimming's top officials. Bob and Helen Brown will be our guest officials. Helen has been a National Championship Official since 1985. Bob is also a National Championship Official and Director of Oregon Swimming. He is also the former chair of the Senior Swimming Committee. This is a beneficial presentation for any official at any level. All aspects of officiating will be covered...don't miss this!

CLUB ADMINISTRATION is a presentation for parents and coaches who run swimming teams. This track of the Swimposium focuses on every aspect of club administration and building stronger, healthier clubs. If you are a board member and you want to help your club remain strong and stable...this talk is for you! Our presenter is USA Swimming's Sport Development Coordinator for the Eastern Zone – Sue Pitt Anderson. Not only has Sue served as a head coach and CEO of the Scarlet Aquatic Club in New Jersey, she is also an Olympian (1964, 1968)!!!

PARENTS will have a presentation in conjunction with the Gold Medal Clinics. The "Parents Guide" track gives parents of swimmers the opportunity to obtain information about the sport of swimming and how parents can best contribute to the sport. Parents will learn how to be a better "swim parent"! Parents of 12 & younger swimmers will have their track in the morning. Parents' of 13 & older swimmers will have their track in the afternoon. The presenter for this topic is Jane Grosser. Jane is the Domestic & Age Group Coordinator for USA Swimming. In addition, she is the Camps Committee Chair for USA Swimming from 1994-present.



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

SEPTEMBER/OCTOBER 2002

IN THIS ISSUE:

OUTSTANDING & TOP TEN SWIMMERS; BANQUET INFO & RESERVATION FORM; NE SHORT COURSE CALENDAR; ASCA AGE GROUP COACHES OF THE YEAR; COURSES FOR OFFICIALS; SWIMPOSIUM 2002; MORE NE SWIMMERS OFF TO COLLEGE .....

## TOP TEN BANQUET

TOP TEN BANQUET: All Top Ten Swimmers for both Long Course and Short Course are invited to attend the Top Ten Banquet at Lenzi's (formerly The Mill House) 810 Merrimack Avenue (Route 110), Dracut, MA on Sunday, October 27,2002. The cost is \$15 per person. Those swimmers who are listed as OUTSTANDING SWIMMERS for either long or short course and members of the Top Ten Committee are invited to be the guests of New England Swimming. All who plan to attend, INCLUDING OUTSTANDING SWIMMERS, must make reservations by Friday, October 18, 2002. The doors will open at 10 am, and the meal will be served at 11 am, followed by the awards and the speaker.

TOP TEN TIMES: Top Ten Times are compiled using results from New England calendar meets during the past year. Short course (25 yard) times run from June 1, 2001 through May 31, 2002; long course (50 meter) times run from October 1, 2001 through September 30, 2002. In addition to the New England sanctioned calendar meets, we also use times from out of district sanctioned meets if the results are sent to the office and if the meet is open to all USA Swimmers. We consider all times from the meet--trials, finals, and swim-offs--except time trials. We also consider lead-off splits from individual events and relays when they are printed in the results. We do not include meets that are closed--restricted to certain teams, league members, etc. For this reason, we do not consider high school meets, "Y" meets, etc.

OUTSTANDING SWIMMERS are those who have accumulated the most points through their top ten standings. The scoring is as follows--12 points for first place, 9 points for second place, 8 points for third place, down to 1 point for tenth place.

TOP TEN BOOKS will be sent to all New England teams as soon as they are ready. Books will be available for purchase at the banquet for \$2.50 for each season or by mail for \$3.00 each, including postage.

DIRECTIONS: Lenzi's (formerly The Mill House), 810 Merrimack Avenue (Route 110), Dracut, MA. From Route 93 take exit 46, Route 110 Dracut-Lowell. The restaurant is 3 1/2 miles on the right with the banquet entrance in the rear.

SWIMPOSIUM 2002: Over 200 swimmers, parents, coaches, officials, and club administrators enjoyed a day of clinics and meetings with facilitators and Olympic swimmers provided by USA Swimming at Seekonk High School on September 21. An added attractioin was the new Seekonk High School pool which was bright and beautiful with wonderful air quality!!

Our thanks to Amy Parratto, who organized the day; Ray Grant, who was our host at the school; Carlos Pereira, who provided water, juice, and soda for all; Tony Silva, who transported pizzas, lugged ice, cut bages, and generally made the food service run smoothly; and the Seekonk Girls' High School Swim Team who helped with the food, directions to the meetings, copying materials, helped with the clinics and with the younger swimmers when their clinic was over (including home made cookies for snacks).

CONGRATULATIONS to the Attleboro Bluefish Age Group coaches for winning the ASCA Age Group Coaches of the Year from New England:

Carl Cederquist Stephanie Motyl Paul Mangili Marc Miller Kyle VanDenBerghe

minnennien

## STROKE and TURN CLINIC and STARTER CLINIC:

Sunday, October 20, 2002, Keene State College Athletic Complex,
 Keene, NH. Facilitator: Dick Crothers; Registration: Bob
 Menck, 603-357-9638 (H), 802-257-4371 ex. 6272 (W)
10 am--Stroke and Turn Clinic
1:30 pm--Starter Clinic

## STROKE and TURN CLINIC:

Saturday, October 26, 2002, Mass Maritime Academy, Buzzards Bay, MA. 8:30 am--12:30 pm. Contact: Carlos Pereira at 401-437-0747; carlospepsi@aol.com or Cape Cod Swim Club at capecodswimclub@aol.com.

## HELP WANTED

COACHES NEEDED for Developmental team. Part-time on Monday, Wednesday, and Friday afternoon, early evenings and some weekend meet coverage. year round developmental team. Send letter of interest to Hampshire Hills Seawolves, 50 Emerson Road, Milford, NH 03055 or email to kparadis@hampshirehills.com.

NEW ENGL	AND SWIMMING 2002—2003 Short Course CALENDAR:
Oct. 12	GMSC Distance Meet, Greenwood Memorial Pool, Gardner, MA Joann Foley, 508-799-7135
Oct. 13	CUDA Distance Meet, Haverhill (MA) High School Carlton Cronin, 978-521-4751
Oct. 13	NSSC Distance Meet, Salem (MA) State College, Dan Warner, 978-283-4456
Oct. 19-20	NSSC Team Specialty Meet, Salem (MA) State College Dan Warner, 978-283-4456
Oct. 20	SSYS Distance Meet, South Shore YMCA, Quincy, MA Darlene McGrath, 781-986-6803
Oct. 20	PVAC Pentathlon, Springfield (MA) College Jane Woodward, 413-567-6962
Oct. 27	New England Swimming Top Ten Banquet, Lenzi's (formerly The Mill House) Dracut, MA New England Swimming Office, 781-449-0270
Nov. 1-3	CCSC Team Specialty Meet, Mass Maritime Academy, Buzzards Bay, MA. Terry Hammar, 508-548-0984
Nov. 8-10	NCAC Team Specialty Meet, Dartmouth College, Hanover, NH Mary Gentry, 802-295-8976
Nov. 9-10	BGSC Team Specialty Meet, Regis College, Weston, MA Frances Tocci, 781-642-1082
Nov. 8-10	EBAC Team Specialty Meet, East Providence (RI) High School Roger Mooney, 401-433-3545
Nov. 15-17	YNS Team Specialty Meet, Ipswich (MA) YMCA Carol Meyer, 978-927-3244
Nov. 16-17	GMSC Team Specialty Meet, Greenwood Memorial Pool, Gardner, MA Joann Foley, 508-799-7135
Nov. 17	NSSC Distance Meet, Salem (MA) State College Dan Warner, 978-283-4456
Nov. 22-24	SD Team Specialty Meet, Seekonk (MA) High School, Rick Ernst, 508-336-3433

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Nov. 23-24	MVP 12 and under Meet, Greater Lawrence Technical School, Andover,
	MA. Caroline Castaldo, 978-682-5609
Nov. 30-1	SSA Team Specialty Meet, Phillips Exeter Academy, Exeter, NH John Barbary, 603-749-2883
Dec. 1	CUDA Team Specialty Meet, Haverhill (MA) High School Carlton Cronin, 978-521-4751
Dec. 5-7	USA Swimming Open, Minneapolis, MN
Dec. 6-8	NCAC Team Specialty Meet, Dartmouth College, Hanover, NH Mary Gentry, 802-295-8976
Dec. 6-8	SAC Team Specialty Meet, Keefe Technical School, Framingham, MA Carrie Thompson, 781-235-3150
Dec. 7-8	SSYS Team Specialty Meet, Lincoln Hancock Pool, Quincy, MA Darlene McGrath, 781-986-6803
Dec. 13-15	BGSC Team Specialty Meet, Boston College, Newton, MA Frances Tocci, 781-642-1082
Dec. 14	CVWM Team Specialty Meet, Norwich University, Northfield, VT Marie Chilson, 802-485-8680
Dec. 28-29	EST Team Specialty Meet, Phillips Exeter Academy, Exeter, NH Steve Zywien, 603-778-9086
Jan.4-5	GMA Team Specialty Meet, St. Michaels College, Colchester, VT Laura Matuszak, 802-654-2881
Jan. 4-5	SSA Team Specialty Meet, University of New Hampshire, Durham, NH John Barbary, 603-749-2883
Jan. 4	PVAC Senior Development Meet, Springfield (MA) College Jane Woodward, 413-567-6962
Jan. 5	PVAC Pentathlon, Springfield (MA) College Jane Woodward, 413-567-6962
Jan. 5	SSYS Distance Meet, South Shore YMCA, Quincy, MA Darlene McGrath, 781-986-6803
Jan. 10-12	NSSC Trials and Finals Meet, Salem (MA) State College

	Dan Warner, 978-283-4456
Jan. 17-19	CUDA Team Specialty Meet, Haverhill (MA) High School Carlton Cronin, 978-521-4751
Jan. 17-19	CCSC Team Specialty Meet, Mass Maritime Academy, Buzzards Bay, MA. Terry Hammar, 508-548-0984
Jan. 17-19	YNS Team Specialty Meet, Ipswich (MA) YMCA Carol Meyer, 978-927-3244
Jan. 19	CVWM Team Specialty Meet, Northwich University, Northfield, VT Marie Chilson, 802-485-8680
Jan. 18-19	EB "ABC" Meet, White Brook Middle School, Easthampton, MA Cheryl Fletcher, 413-527-6888
Jan. 24-26	BAT Team Specialty Meet, Wheaton College, Norton, MA Bob Glynn, 617-489-6056
Jan. 24-26	ABF Team Specialty Meet, Attleboro (MA) High School Paul Mangili, 508-761-8992
Jan. 25-26	MVP 12 and under Meet, Greater Lawrence Technical School, Andover, MA. Caroline Castaldo, 978-682-5609
Jan. 26	NSSC Distance Meet, Salem (MA) State College Dan Warner, 978-283-4456
Jan. 26	GMA Team Specialty Meet, St. Michael's College, Colchester, VT Laura Matuszak, 802-654-2881
Jan. 31-2	SAC Team Specialty Meet, Keefe Technical High School, Framingham, MA. Carrie Thompson, 781-235-3130
Jan. 31-2	CCSC Team Specialty Meet, Mass Maritime Academy, Buzzards Bay, MA. Terry Hammar, 508-548-0984
Feb. 1-2	GMSC Team Specialty Meet, Greenwood Memorial Pool, Gardner, MA Joann Foley, 508-799-7135
Feb. 2	MMST Team Specialty Meet, Middlebury (VT) College Suzanne Snider, 802-388-0903
Feb. 7-9	BRONZE CLASSIC:

MVP Greater Lawrence Technical School, Andover, MA Caroline Castaldo, 978-682-5609

EB White Brook Middle School, Easthampton, MA Cheryl Fletcher, 413-527-6888

## Feb. 14-16 EIGHT and under AGE GROUPS:

NCAC Dartmouth College, Hanover, NH Mary Gentry, 802-295-8976

NSSC Salem (MA) State College Dan Warner, 978-283-4456

- Feb. 27-2 9—12 AGE GROUPS: NSSC, Salem (MA) State College Dan Warner, 978-283-4456
- Mar. 6-9 SENIOR CHAMPIONSHIPS: MBM, Harvard University, Allston, MA, Carol Healey, 781-444-2014
- Mar. 7-9 DISTRICTS:

NCAC Dartmouth College, Hanover, NH Mary Gentry, 802-295-8976

BGSC Wheaton College, Norton, MA Frances Tocci, 781-642-1082

- Mar. 13-16 13 and over AGE GROUP CHAMPIONSHIPS: MBM Harvard University, Allston, MA, Carol Healey, 781-444-2014
- Mar. 13-16 SECTIONALS, East Meadow, NY
- Mar. 27-30 ZONES, Sewell, NJ
- Apr. 1-5 NATIONALS: Indianapolis

For email addresses and meet invitations, please refer to the New England web site at www.neswim.com

## **OUTSTANDING SWIMMERS, SHORT COURSE, 2001—2002**

8 & under:	ELIZABETH BEISEL ERICA BELCHER SARA LI AMY NEEDHAM LAURA WESTON	RAMS BYB UN YNS HRY	JOHN BAILEY JIMMY BERNARDO CODY GILCHRIST JUN OH LUCA SPINAZZOLA	MBM PVAC NWSC BYB OSS
9 and 10:	ELIZABETH BEISEL SILIANG LUO COURTNEY ROYCROFT ALEX SUPPAN CAROLINE WEAVER	RAMS RAMS HAY BYD GMA	MATTHIAS CHRISTENSEN TAYLOR GREY TYLER LAREAU CONOR SWANSON JEFFREY THOMAS	NAC GMA YNS ABF OSS
11 and 12:	LAUREN BRADY JILL KEARNS KERRY LYNCH ERICA MEISSNER KATE WEAVER	BAT SAC AMW ABF GMA	OWEN GREY NICK LASHWAY MICHAEL SULLIVAN DAVID THOMPSON ALEXANDER WILLIS	GMA HRY ABF SAC SAC
13 and 14:	MARY CHEFFERS CAITLIN DOHERTY KATHLEEN FOLEY KATHRYN HARON ERICA MEISSNER	GMSC MVP GMSC OSS ABF	SALVATORE BARBA STEFAN BARTL TAYLOR GOODWIN PAT REAMS COREY SWANSON	SAC GMSC CUDA SSYS ABF
15 and 16:	CONNIE BROWN HEE JIN CHANG SARAH KEARNS ANNIE KELLY STACIE LESNESKI	MVP MBM SAC BGSC GMSC	JAMES BAILEY GREG CHARTIER KEVIN DONOHUE BRIAN FISKE STEPHEN SPINELLI	MBM PVAC OSS MVP PVAC
17 and 18:	CONNIE BROWN SALLY BROWN CAITLIN GEARY KATE HIBBARD WHITNEY RYAN	MVP MVP MVP MBM MBM	RYAN BERG CAMERON MOCCARI SEAN RILEY ETHAN TREAT CHRISTIAN WARNER	BGSC UN MBM MBM OSS
OPEN:	CONNIE BROWN SALLY BORWN HEE JIN CHANG ERICA MEISSNER WHITNEY RYAN	MVP MVP MBM ABF MBM	CHRIS ARSENAULT RYAN BERG BRIAN FISKE CAMERON MOCCARI SEAN RILEY	MBM BGSC MVP UN MBM



NEWSLETTER PLUS NEWSLETTER PLUS

## OUTSTANDING SWIMMERS, LONG COURSE, 2001—2002

8 and under:	MEGAN ALEXANDER	YNS	J P CHANDLER	HRY
	LYDIA AZARET	MVP	RYAN DEAN	GTRS
	EVA FABIAN	GTRS	JUN OH	BYB
	ERICA MACSWAN	RRSC	EVAN SHOLUDKO	AAC
	ALLISON MENTUCK	YNS	MATTHEW TYNAN	PSC
9 and 10:	ELIZABETH BEISEL KENDRA CHENG SILIANG LUO KAIA SIMMONS ANNA WOODWARD	RAMS HAY RAMS OSS PVAC	TAYLOR GREY PAUL HUNTER LUCA SPINAZZOLA CONOR SWANSON JEFFREY THOMAS	GMA ANA OSS ABF OSS
11 and 12:	ELLIS GANLEY	NCAC	MARCO CHU	CUDA
	JILL KEARNS	SAC	NICK LASHWAY	HRY
	TIFFANY PETZOLD	MVP	GREGORY LOWEN	BGSC
	CHIARA SPINAZZOLA	OSS	MICHAEL SULLIVAN	ABF
	ELENA WALTERMAN	SAC	CONOR SWANSON	ABF
13 and 14:	MEGAN FARRELL	SAC	MICHAEL LANGELIER	OSS
	KATHLEEN FOLEY	GMSC	ERIC NILSSON	CUDA
	KASHMIR FRIZELLE	MVP	ALEX ROAN	CCSC
	KATHRYN HARON	OSS	COREY SWANSON	ABF
	ERICA MEISSNER	ABF	KEVIN YAMADA	SAC
15 and 16:	HEE JIN CHANG	MBM	JAMES BAILEY	MBM
	MARY CHEFFERS	GMSC	STEFAN BARTL	GMSC
	MELINDA HOCHARD	GMSC	BRIAN FISKE	MVP
	STACIE LESNESKI	GMSC	KEITH PARENT	PVAC
	TAYLOR MCFARLANE	SSA	TOBIAS WORK	CCSC
17 and 18:	JENNA BARBARY	SSA	GREG CHARTIER	PVAC
	CONNIE BROWN	MVP	SEAN RILEY	MBM
	CLAIRE HAWLEY	CCSC	ETHAN TREAT	MBM
	KATIE MCCANN	ABF	ADAM VICCARO	SSA
	MARCELLE MILLER	SSA	CHRISTIAN WARNER	OSS
OPEN	CONNIE BROWN SALLY BROWN CLAIRE HAWLEY KATIE MCCANN ERICA MEISSNER	MVP MVP CCSC ABF ABF	CHRIS ARSENAULT JAMES LAWLER MICHAEL MCCONNELL SEAN RILEY TONY TENHAAGEN	MBM MBM MBM MBM SSA



## TOP TEN SWIMMERS, Short Course, 2001—2002

AAC: Jennie Knott, Evan Sholudko, John Devine, Robbie Porter, Chris Devine, Ian Sullivan, David Estrada, Brian Porter

ABF: Kelli Swanson, Erica Meissner, Lauren Walker, Meaghan Bailey, Ariel Bender, Casey Renner, Anna Semakchin, Becky Machnik, Laura Welton, Anna Greenwood, Michael Sullivan, Robbie Quigley, Corey Swanson, Andrew Piquette, Marc Christian, PJ Sullivan, Ben Fay, Chad Swanson, Conor Swanson, Billy Hedberg, Eric Parry, Sean Condon

AMW: Tanya Takimoto, Kerry Lynch

ATST: Jacob Leonard

ANA: Jennifer Trodden, Michelle Walker, Theresa Faller, Sara Demers, Connor Fortin, Paul Hunter

BAT: Lauren Brady, Mary Dooe

BGSC: Rebecca Aiello, Allison Scott, Lynn Yeaman, Eliza Butts, Sarah Ernst, Jessica Perry, Kendall Dacey, Sara Aiello, Annie Kelly, Karen Gately, Sarah Bargman, Chase Butler, Caroline Dowd, Jessica Aiello, Katie Fritsch, Deirdre Devlin, Jennie Miller, Morgan Sessoms, Kristen Shields, Jessica Santapaul, Chelsea Brace, Emily Brush, Lauren Belive, Keri Sullivan, Joanna Murphy, Patrick Biggs, Nathan Blake, Anthony Lopresti, Stuart Butts, Alexander Dobroliovbov, Michael Monovoukas, Mitchell Sturdevant, Brad Brecher, Ryan Berg, Derek Castellana

BYB: Erica Belcher, Jackie Smyth, Jun Oh, Zach Hurynowicz, Tom Recko

BYD: Alex Suppan, Catherine Suppan

CMC: Meghan Carlson

CCBS: Sarah Sumner, Sarah Waters

CCSC: Charlotte Stone, Natalie Toczylowski, Claire Hawley, Christine Laufaci, Dillon Delaney, Matthew Abbott, Alex Roan, Tobias Work, Andrew Cullum, Peter Sacco

CUDA: Margaret Dickinson, Alicia Negrotti, Brooke Boncher, Christine Harvey, Holly Hinds, Saundra Hardy, Eddie Gillie, Patrick Carroll, Brett McKenzie, Marco Chu, Taylor Goodwin, Stephen Miller, Eric Nilsson, Jonathan Hartman

EBAC: Kirstin Burdett, Jessica Cook, Nick Lake, Ross Mooney, Greg Lavallee

EST: Kyle Losik, Warren Dolben, Bennett Jacobs

ESSC: Milo Child

GMA: Christa Weaver, Rachel Crews, Caroline Weaver, Hayley Martin, Kate Weaver, Kaitlin Adams, Eliza Callwood, Owen Grey, Jason Hao, Taylor Grey

GMSC: Tina Belletete, Dominique Caissie, Mary Cheffers, Kacy Ellowicz, Kathleen Foley, Erin Gray, Corina Hopkins-Vacca, Rhynn Malloy, Stacie Lesneski, Melinda Hochard, Samantha Kliskey, Jonathan Mackay, Jacob Hochard, Andrew Maguire, Bjorn Falk, Stefan Bartl, Chris Gould, Andrew Maguire, Nick Chevalier, Tony Wareck, Adam McNally

GTRS: Eva Fabian, Breezy O'Brien, Ryan Dean, Ian Seraichirk, Sean Spendley, Grant White

HARV: Molly Ward, Stephanie Greco

HYV: Laila Gagnon

HAY: Kelsey Gray, Erin Foley, Jennifer Stonionis, Courtney Roycroft, Mary Orechia, Kendra Cheng, Carl Roycroft

HRY: Lauren Weston, Zachary Wingfield, Jeffrey Lashway, J P Chandler, Michael Jasinski, Jeff Wilga, Nick Lashway

LRW: Dania Piscetta, Mirno Pasquali, D J Collis

MD: Stephanie Lie

MBM: Lindsay Mullaney, Mariele Dunn, Hee Jin Chang, Meghan Healey, Katherine Curley, Whitney Ryan, Margaret Ramsey, Kate Hibbard, Laura Blackwell, Molly Quirk, John Bailey, Robert Bailey, Arkady Rasin, Benjamin Bonte, James Bailey, Sean Riley, Greg Valiant, Drew Martorano, Ethan Treat, Chris Arsenault, Jason Eaddy

MVP: Lydia Azaret, Jenny Geary, Tiffany Petzold, Katelyn Martin, Erin Mcauliffe, Amanda Cecere, Caitlin Doherty, Candice Peak, Kashmir Frizelle, Connie Brown, Sally Brown, Holly Boucher, Caitlin Geary, Kerryn Palmer, Jonathan Castaldo, Ryan Ferguson, Tim Smith, Michael Lenihan, Sean Geary, Brian Fiske, Conor McAuliffe, Michael Scarber, Charles Kinnett, Michael Lenihan, Jason Tourigny

MYT: Abigail Mitchell, Christian Girard

MELY: Will Fothergill

MYSD: Jessica Perry

NAC: Matthias Christensen

NCAC: Kystyna Estrada. Caitlin Michaels, Lizzy Mamorian, Ellis Ganley

NSSC: Katherine Foley, Amy O'Brien, Megan St. John, Caroline Belli, Kiley Friedrich

NWSC: Cody Gilchrist, David Fei

ORO: Tommy Duvall

OSS: Josie Baldwin-Beneich, Kelin Song, Chiara Spinazzola, Kaia simmons, Elena Leblanc, Brittany Olerio, Katie Omstead, Caroline Huber, Kathryn Haron, Kate O'Brien, Lindsay Woodward, Caitlin Maguire, Joanne Gallahue, Melissa Hambelton, Courtney Finn, Annie Goldstein, Emily O'Connor, Caitlin Kunkel, Jamie Finkelman, Daniele Menard, Luca Spinazzola, Ben Lachance, Michael Langelier, Thomas Kelleher, Kevin Donohue, Eric Thomas, JJ Reardon, Jeffrey Thomas, Timmy O'Neill, Christian Warner, Kevin Pudas

PSC: Kendra Curley, Chelsea Dean, Carol Green, Alexandra Doty, Monika Burns, Amy Roberts, Aaron Fox, Peter Gollands, Matthew Lovett, Nathan Doherty

PST: Andrew Biggs, Zach Eaton

PAC: Mark Pechak

PVAC: Jamie Forsberg, Megan Flood, Nikki Woodward, Jimmy Bernardo, Greg Chartier, Stephen Spinelli, Keith Parent, Paul Dyrkacz, Matthew Grippo, Michael Scibelli, Matthew Galuska, Matt Jenkins

PYPB: Callie Grace, Brittany Pavolko, Joel Rousseau

RAMS: Elizabeth Beisel, Eilish Finneran, Siliang Luo, Laura Sogar, Kyle Abruzzese

RAYS: Katie Schwartz, Megan Schwartz

RRSC: Dillon Wise

SAC: Clare Foster, Jill Kearns, Korin O'Doherty, Elena Walterman, Megan Farrell, Claire Willett, Molly Kearns, Sarah Kearns, Meaghan Colling, Caitlin Colling, Jane VanBenton, Alex Willis, David Thompson, Kevin Yamada, Salvatore Barba, Christopher Bott, Will Olson, Christopher Reuter

SCA: Julie Gauvin, Luke Gauvin

SRSC: Maggie Rosenbaum

SD: Kara Ernst

TRIY: Ray McGorry

SSA: Melissa Parratto, Caitlin Moore-Penaskovic, Kristina Rigterink, Brittany Frank, Jenna Barbary, Chelsea Frank, Michelle Oeser, Paige Crimmin, Ali Smith, Brandon Strong, Adam Harris, Spencer Frank, Adam Viccaro

SSYS: Eilesse Lunde, Katie Radin, Alyssa Stevens, Cara Vogel, Jen Vogel, Melissa White, Kaitlin McDonough, Nolan Hermanson, Pat Reams, Sean Durnan, Drew Palmieri, John McGrath, Heath Walden

VAST: Scott Neary, Peter Heil

WW: Keith Lohnes

WYST: Kelsey Poole, Caitlin Munns, Ben Greguoli

YNS: Amy Needham. Briana Pomeroy, Meredith Mead, Katy Loubris, Molly Curran, Samantha Gannon, Jaclyn Davidson, Naomi Delphin, Diana Harlow, Lauren Harlow, Caitlin Hamer, Nicole Zarba, Lindsay McCarthy, Cara Tontodonato, Kim Hayes, Jacob Fay, Matthew Scalise, Mark Scalise, Jamie Mannion, Stephen Leavitt, David Bazylewicz, Mark Ranta, Tim Curran YNS: Amy Needham, Briana Pomeroy, Meredith Mead, Katy Loubris, Molly Curran, Samantha Gannon, Jaclyn Davidson, Naomi Delphin, Diana Harlow, Lauren Harlow, Caitlin Hamer, Nicole Zarba, Lindtrick Shea, Jonathan Drake, Brian Ranta, Alex Hurst, Jason McGrath, Mitchell Barkiewicz, Kyle Bartro, Tyler Lareau, James Black, Alexander Hauge, Jack Leavitt, David Bazylewicz, Mark Ranta, Tim Curran

UN: Sara Li, Allison Alwan, Erica Vitale, Kelby Zimmerman, Staphanie Zaia, Elizabeth Mancuso, Colton Skavicius, Ryan Brooks, Tommy Li, Cameron Moccari, William Vandertouw, Michael Gentilucci

## TOP TEN SWIMMERS, Long Course, 2001—2002

AAC: Shannon Brennon, Jennie Knott, Evan Sholudko, Chris Devine, Robbie Porter, Terrance Sullivan, Ian Sullivan, Brian Porter, David Estrada, Nathan Cronin

ABF: Caroline Capece, Shannon Bender, Ariel Bender, Erica Meissner, Casey Renner, Anna Samakhin, Katie Marshall, Jessica Cook, Katie McCann, Anna Greenwood, Becky Machnik, Courtney Gould, Jonathan Bailey, Michael Sullivan, Conor Swanson, Corey Swanson, Mark Christian, PJ Sullivan, Ben Fay, Andrew Piquette, Chad Swanson, Sean Condon, Alex Jansen, Matthew Kates, Casey Cronin, Stephen Polucha

AMW: Jackie Miller, Tanya Takimoto

ANA: Monica Paterson, Julia Torabi, Wei-Wei Li, Veronica Fallar, Alexandra Hall, Jen Trodden, Allison Alwan, Connor Fortin, Patrick Boyle, Chris Snow, Paul Hunter

BAT: Clare Goslant, Erin Brady, Lauren Brady, Philip Brady, Ben Grostoff, Kevin Sheridan, Michael Wynott

BGSC: Jessica Sweeney, Eliza Butts, Jessica Perry, Katie Soja, Jessica Aiello, Deidre Devlin, Kendall Dacey, Sara Aiello, Mary Dooe, Karen Gately, Joanna Murphy, Caroline Stephenson, Angela Caprigno, Gregory Lowen, Michael Monovoukas, Robert Dowd, Ben Driver, Stuart Butts, Max Butler, Ryan Berg

BYB: Jun Oh, Nicholas Fredette, Tom Recko

CMC: Kasondra Iadarola

CCSC: Megan McShea, Charlotte Stone, Natalie Toczylowski, Dillon Delaney, Erica Stutius, Lucy Chandler, Claire Hawley, Jackie Recker, Jameson McShea, Alex Roan, Samuel Speroni, Matthew Abbott, Tobias Work, Andrew Cullum, Peter Sacco

CUDA: Alicia Negrotti, Nikki Laffel, Kate Krems, Brooke Boncher, Stephanie Colson, Holly Hinds, Marco Chu, Stephen Miller, Ayaas Bhamla, Eric Nilsson, Billy Rubenstein, Eric Simpson

EST: Sam Parker, Warren Dolben

GBSC: Jonathan Palmer

GMA: Christa Weaver, Caroline Weaver, Kaitlyn Adams, Kate Weaver, Taylor Grey

GMSC: Kelsey Johnson, Kelsey Dewey, Kacy Ellowitz, Kathleen Foley, Dominique Caissie, Erin Gray, Corina Hopkins-Vacca, Rhynn Mallory, Mary Cheffers, Stacie Lesneski, Samantha Kliskey, Bailey Johnson, Melinda Hochard, Jonathan Mackay, Patrick Sullivan, Jacob Hochard, Andrew Maguire, Bjorn Falk, Stefan Bartl, William Shearouse, Nicholas Chevalier, Peter Anderson, Dustin Hui, Matt Shack, Derek Monette, Adam McNally

GTRS: Eva Fabian, Molly Levene, Ryan Dean

LRW: Anthony Hubbard

HAY: Kendra Cheng, Gabby Choi, Carl Roycroft

MD: Sachin Lal

HRY: Johanna Fleming, Kendall Pasteris, Zachary Wingfield, JP Chandler, Nick Lashway, Jacob Wingfield

HYV: Amanda Konieczny, Emily Konieczny, Nicholas Provost

ICE: Robert Bellamy

MBM: Lydia Azaret, Carrie Chu, Sara Kanellas, Susannah Ford, Christine Kaufmann, Hee Jin Chang, Katherine Curley, Katie Hibbard, Martha Rogers, Molly Quirk, Whitney Ryan, Margaret Ramsey, Juleen Rodakowski, Emily White, Robert Bailey, Nicholas Altekruse, Benjamin Bonte, James Bailey, Arkady Rasin, Ben Bullitt, Sean Riley, Greg Valiant, Ethan Treat, Chris Arsenault, Kemi George, Jason Eaddy, James Lawler, Drew Martorano, Michael McConnell, Michael Poborylo, Rick Dewey, John Bailey, William Dunn

MD: Curtis Hon, Jonathan Lam, Roy Sung

MELY: Colleen McCormack, Alyssa Savarino-Miller, Jocelyn Zaja, Suzi Stein, Kelsey Goodwin, Shane Ryan

MVP: Margaret D'Innocenzo, Julia Quinn, Anna Ryan, Tori Frizelle, Alexandria Castaldo, Tiffany Petzold, Katelyn Martin, Joanie Hudak, Kathrine Kinnett, Melissa Alois, Caitlin Doherty, Kashmir, Frizelle, Candice Peak, Jenny Geary, Jamie Kapelson, Connie Brown, Caitlin Geary, Kerryn Palmer, Sally Brown, Lorenzo Conte, Jonathan Castaldo, Ryan Ferguson, Julian Azaret, Benjamin Elowe, Tim Smith, Sean Geary, Brian Fiske, Charles Kinnett, Michael Lenihan, Jason Tourigny, Conor McAuliffe

NAC: Sarah Johnson, Louie Lebart, Chase Kovac MYT: Katherine Aldrich

NCAC: Mollie Hoopes, Ika Kovacikova, Molly White, Ellis Ganley, Caitlin Michaels, Nicole Brodeur, Emily Feleen, Patrick Troy

NSSC: Lydia Schubert. Lexi Huleatt, Kiley Friedrich, Casey Albert, Nicole Taraverdian, Michaela Walrond, Kim Walker, Alex Sneirson, Michael Toran, Calin Brammer, Matt O'Brien, Michael Woodbury

NWSC: David Fei, Brian Mackness

OSS: Kaia Simmons, Kelin Song, Chiara Spinazzola, Elena Leblanc, Maddie Helies, Caroline Huber, Kathryn Haron, Rachael Leon, Danielle Leblanc, Lindsay Woodward, Melissa Hambleton, Courtney Finn, Caitlin Maguire, Emily O'Connor, Annie Goldstein, Kate O'Brien, Caitlin Kunkel, Jamie Finkelman, Daniele Menard, Rachel Army, Peter Buhler, Michael Langelier, Billy Wynne, Thomas Kelleher, Kevin Donohue, Sam Taylor, Christian Warner, Kevin Pudas, David Dehart, JJ Reardon, Eric Thomas, James Stoffer, Jeffrey Thomas, Luca Spinazzola, Ben Lachance

PAC: Kala Lake, Matt Lemore, Mark Pechak, Nick Lake, Stuart Cromarty

PSC: Lindsay Buckle, Sarah Cobb, Kate Laurion, Olivia Doty, Kristin Prautzsen, Kendra Curley, Katie Omstead, Carol Green, Alexandra Doty, Monika Burns, Amy Roberts, Matthew Tynan, Peter GollandsPST: Samantha Hobbs, Dawn Brown, Andrew Biggs PYPB: Brittany Pavolko

PST: Samantha Hobbs, Dawn Brown, Andrew Biggs PYPB: Brittany Pavolko

PVAC: Anna Woodward, Samantha Hibbert, Sara Li, Jamie Forsberg, Christine Myksin, Laila Gagnon, Nikki Woodward, Annie Tudry, Joseph Hibbert, James Grippo, Corey Lomas, Tommy Li, Bryan Eisenberger, Stephen Spinelli, Keith Parent, Greg Chartier, Michael Scibelli, Matthew Grippo

RAMS: Elizabeth Beisel, Siliang Luo, Alex Lalli, Laura Sogar, Claire Coddington, Danny Beisel

RAYS: Mandy Avella RRSC: Erica MacSwan

SAC: Mary Keogh, Marissa Shoj, Arielle Popock, Jell Kearns, Rosalind Donhowe-Mason, Elena Walterman, Molly Kearns, Angela Reuter, Hilary Gram, Megan Farrell, Caitlin Colling, Meaghan Colling, Sarah Kearns, Ashley Hawn, Christopher Reuter, Alex Moothart, Kevin Yamada, Salvatore Barba, Christopher Bott, Sean Terry, Ivor Asztalos, Will Olson

SCA: Katherine Medeiros, Erika Fernandes, Luke Gauvin

SD: Meggie Farrington, Caitlin Grant, Kara Ernst, Jenn McDermott, Nathaniel Fisher, Kyle Ernst

SSA: Aimee Levesque, Tara Morrissette, Carmyn Chapman, Caitlin Moore-Penaskovic, Melissa Parratto, Acadia Tucker, Kristina Rigterink, Kate Coker, Chelsea Frank, Jenna Barbary, Brittany Frank, Michelle Oeser, Nicole Lebarge, Chelsea Frank, Paige Crimmin, Marcelle Miller, Ali Smith, Jennifer Thompson, Sam Wensman, Jesse Bickford, Jacob Smith, Andrew Boudreau, Adam Viccaro, Larry Toebbe, Justin Zeimetz, Kirill Choulga, Tony Tenhaagen

SSYS: Hope Kissick, Meg Powers, Alyssa Stevens, Olivia Thompson, Jess Laidley, Cara Vogel, Jen Vogel, Meredith Nelson, Melissa White, Sean Reams, Nolan Hermanson, Keith Lohnes, Pat Reams, Jake Kissick

YNS: Megan Alexander, Rory McCarthy. Allison Mentuck, Samantha Gannon, Lauren Harlow, Jacob Fay, Mark Scalise, Tyler Lareau, James Black, Jared Fay

WYST: Caitlin Munns, Max Yazhbin, Dan Morrissey

UN: Rachel Flinn, Taylor McFarlane, Ryan Brooks, Jeremy Tillman

WENGLAND SWIMMING OFFICE: MARY RIDDELL 20 Cleveland Road Needham, MA 02492-3006

> 781-449-027-FAX: 781-449-7903

e-mail: office@neswim.com
Web site: www.neswim.com

OFFICE HOURS: Monday : 8 a.m. -- 2 p.m.; 7:30 p.m. -- 10 p.m.

Thursday: 8 a.m.--2 p.m.

COMING SHORTLY.....

TIME STANDARDS for all New England "end of season" meets REIMBURSEMENT POLICY for 2002--2003



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

OCTOBER/NOVEMBER 2002

IN THIS ISSUE:

PROPOSED 2003 LONG COURSE CALENDAR & BID FORM;
NEW "END OF SEASON" TIME STANDARDS; REIMBURSEMENT
POLICY & REQUEST FORM; NES RULES FOR SANCTIONS,
APPROVALS, & OBSERVED COMPETITION; TECHNICAL COMMITTEE REPORT; NES FINANCIAL REPORT; PROPOSED
2003 NATIONAL TIME STANDARDS; US OPEN INFO; TOP
TEN CORRECTIONS; REGISTRATION INFO....

CONGRATULATIONS to STACIE LESNESKI (GMSC) and ERICA MEISSNER (ABF) who were invited to attend the USA Swimming Select Camp at Colorado Springs, CO.

CONCRATULATIONS to CARL CEDERQUIST (ABF) who was invited to attend the coach portion of the USA Swimming Select Camp.

CONGRATULATIONS to CLAIRE HAWLEY (CCSC) who was High Point winner at the Long Course Sectional Meet in Buffalo.

## TOP TEN BANQUET:

Nearly 550 swimmers, coaches, and families attended the Top Ten Banquet on Sunday, October 27, 2002 at Lenzi's (formerly The Mill House) in Dracut, MA.

In addition to receiving their awards and enjoying the buffet, swimmers and their guests were treated to an entertaining and inspirational speech by RYAN BERUBE, Gold Medalist in the 800 free relay at the 1996 Olympics in Atlanta, Georgia.

Thanks to those who helped make the day special for the swimmers——Pam Warner, Isabelle Fraser, Priscilla Davis, Dan Mascolo, Amy Parratto, Ray Grant, and the athlete reps, Joanne Gallahue and Caitlin Grant.

The Board of New England Swimming will meet on MONDAY, December 9, 2002 at the Wellesley Community Center, Wellesley, MA. There will be no New England Swimming Board Meeting in November.

NEWSLETTER PLUS			OCTOBER/NOVEMBER 2002
TOP TEN CORRECTIONS:	20012002:		
SHORT COURSE:			
9 and 10 GIRLS:		11 and 12 GIRLS:	
50 yard FREESTYLE		50 yard FREESTYLE	
8. Melayna Grassetti 9. Kelsey Poole 10. Melissa Parratto	CCSC 29.31 CCSI WYST 29.37 12- SSA 29.43 SSA	8. Lauren Brady	LRW 26.22 CVW1 BAT 26.34 YNS1 PYPB 26.57 12- ABF 26.58 12-
13 and 14 GIRLS		OPEN WOMEN	
200 yard FREESTYLE		200 yard FREESTYLE	
1. Erica Meissner 2. Kathryn Haron 3.Megan Farrell	ABF 1:53.99 13+ OSS 1:54.93 SEC SAC 1:57.19 Z		ABF 1:53.99 12+* MEM 1:54.32 SEC OSS 1:54.73 13+ OSS 1:54.93 SEC BGSC 1:55.16 SEC
11 and 12 BOYS		10. Whitney Ryan	MBM 1:55.28 SEC*
100 yard FREESTYLE			
5. David Thompson 6. Nick Lashway 7. Ryan Brooks 8. D J Collis 9. Eddie Gillie 10. Will Fothergill	SSA 57.32 12- HRY 57.61 12- UN 57.67 NSS LRW 57.91 12- CUDA 57.95 12- MELY 58.24 SSA	5A -	
LONG COURSE:			
11 and 12 GIRLS		OPEN WOMEN	
100 meter BUTTERFLY		100 meter BUTTERFLY	
1. Chiara Spinazzola 2. Elena Walterman 3. Jill Kearns 4. Kiley Friedrich 5. Caitlin Michaels 6. Melissa Parratto 7. Tiffany Petzold 8. Olivia Doty 9. Siliang Luo 10. Jess Laidley	OSS 1:11.15 12- SAC 1:12.07 12- SAC 1:12.72 12- NSSC 1:12.77 SAC NCAC 1:13.14 Z SSA 1:14.19 12- MVP 1:14.20 RNJ PSC 1:14.27 PVM RAMS 1:14.53 12- SSYS 1:14.54 12-	9. Courtney Gould 10. Katie McCann J	CUDA 1:04.87 SEC ABF 1:05.67 OPEN ABF 1:05.72 OPEN
13 and 14 GIRLS			
200 meter BUTTERFLY			
10. Alicia Negrotti	CUDA 2:40.06 OPE	N	
15 and 16 BOYS		OPEN MEN	
200 meter BUTTERFLY		200 meter BUTTERFLY	
1. Tobias Work 2. Keith Parent	CCSC 2:13.38 SEC PVAC 2:11.28 OPE		CCSC 2:10.81 SEC PVAC 2:11.28 OPEN PVAC 2:13.18 OPEN

NEW ENGLAND SWIMMING RULES FOR SANCTIONS, APPROVALS, and OBSERVED COMPETITION

SANCTIONS: All swimmers and coaches in a sanctioned meet must be registered with USA Swimming. All NE teams running a calendar meet must obtain a sanction. COST: \$15 per day, plus a \$200 deposit per meet. Time Trials in conjunction with a calendar meet must have a separate sanction. COST: \$15 per meet.

Camps run by NE and Swim-a-thons must be sanctioned. No charge.

Dual Meets and Tri-Meets do not have to be sanctioned if all swimmers are USA Swimming registered. If an NTV might be required, then they must be sanctioned. Invitational Meets (not on NE calendar) involving more than three teams must be sanctioned. COST: \$15 per day, plus a \$200 deposit per meet.

There are no blanket sanctions for league dual meets.

APPROVAL: Not all swimmers are registered in USA Swimming. These meets are approved for insurance for USA Swimming members only. They must be accompanied by a USA Swimming Coach member. USA Swimming Rules and Regulations must be followed. If a USA Swimming Team invites non USA Swimming members to a meet, the non-USA Swimming members do not have insurance coverage. COST: \$15 per meet.

All requests for Sanction and Approval must be sent to: Mary Riddell, 20 Cleveland Road, Needham, MA 02492. These requests must include the application for sanction (obtained at the Meet Manager's Meeting or down loaded from the web site). The request must also include a copy of the meet information. Do not send requests by email. NO MEET INFORMATION MAY BE PUT ON THE WEB SITE WITHOUT A SANCTION NUMBER ON IT. Once the request and meet information have been received and checked, an official sanction form with the number will be issued by mail. THIS NUMBER MUST APPEAR ON ALL MEET INFORMATION, INCLUDING THE MEET RESULTS.

TIME TRIALS: If a team is considering a time trial not in conjunction with a meet, then at least two teams must be involved with at least five swimmers on each team. Information on what teams are attending and the events being run, and the officials who will be officiating must be sent in writing to Mary Riddell at the above address.

OBSERVED SWIMS for High School and College Championships: Anyone who thinks a swimmer might make a nation cut at one of these meets, should plan well in advance to have USA Swimming officials on deck to observe that USA rules are followed for the swim. Contact, Rosemarie Meissner, NTV chair, at <a href="mailto:remecon@attbi.com">remecon@attbi.com</a>, for information about requesting that a meet be observed. Contact the officials' chairman, Bill Geary, at <a href="mailto:wgeary@nutter.com">wgeary@nutter.com</a>, for information about officials who might be available. There is no charge.

I KOI OSED 2003 I IILDENIO OU INTIIONAD I INID 5122 522005	PROPOSET	) 2003 PHILLIPS 66 NATIONAL TIME STAN	DARDS
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	WOMEN		EVENT		MEN	
SCY	SCM	LCM		SCY	SCM	LCM
23.49	26.19	26.79	50 FREE	20.49	22.69	23.69
50.99	56.19	57.89	100 FREE	44.89	49.59	51.99
1:49.89	2:01.09	2:04.89	200 FREE	1:38.89	1:49.49	1:53.69
4:51.49	4:11.69	4:21.69	400/500 FREE	4:27.19	3:51.29	4:02.19
10:01.09	8:43.39	8:56.29	800/1000 FREE	9:20.99	8:10.89	8:22.69
16:46.89	16:36.09	17:06.69	1500/1650 FREE	15:34.99	15:17.79	16:03.49
56.49	1:02.09	1:05.59	100 BACK	49.99	55.69	58.49
2:01.79	2:14.99	2:19.99	200 BACK	1:48.79	2:00.89	2:06.79
1:03.99	1:11.49	1:13.29	100 BREAST	56.29	1:02.59	1:05.39
2:18.29	2:34.69	2:38.09	200 BREAST	2:02.59	2:17.49	2:22.39
55.99	1:01.59	1:03.09	100 FLY	49.19	53.89	55.99
2:02.69	2:14.89	2:17.29	200 FLY	1:49.69	2:00.09	2:04.69
2:03.69	2:16.49	2:21.49	200 INDIV MEDLEY	1:50.49	2:02.09	2:08.39
4:22.99	4:49.99	4:57.79	400 INDIV MEDLEY	3:56.59	4:21.99	4:33.49
3:31.99	3:57.19	3:58.39	400 FREE RELAY	3:05.89	3:26.59	3:33.59
7:40.59	8:34.89	8:40.99	800 FREE RELAY	6:55.79	7:42.29	7:53.79
3:56.89	4:23.99	4:25.89	400 MEDLEY RELAY	3:27.29	3:51.59	3:55.69

QUALIFYING PERIOD

FEBUARY 1, 2002 THROUGH ENTRY DEADLINE FOR SPRING MEET JULY 1, 2002 THROUGH ENTRY DEADLINE FOR SUMMER MEET

At the 2002 Convention, Bonus Events and a Fax entry deadline were added to the 2002 U.S. Open.

Only swims achieving the qualifying time standards for the first time from Friday, November 22, 2002, through Sunday, November 24, 2002, may be sent by FAX transmission; to be entered. These faxed entries must be received no later than 11:59 p.m. (MT) on Sunday, November 24, 2002, and cannot be used to improve the seed time of an entry made prior to the November 22 deadline for entries. Fax entries should be completed on the attached form, and faxed to 719/866-4669.

Bonus Events - For the U.S. Open, swimmers may enter a bonus event for each qualified event with no limit on the number of events entered, provided they have achieved a current bonus qualifying time in each of the bonus events. A swimmer may swim any combination of bonus and/or qualified events allowed. Note: The combination of individual events and Time Trials swum cannot exceed three (3) events per day.

Coaches, please remember that an NTV is needed for all "Bonus" events. Those swimmers 19 and older who have swims that meet the bonus standard, but have not had these times reported to the USA Swimming National Times Database, will need to get certification for these performances and have these sent on to the USA Swimming National Times Database. Please indicate your bonus entries by circling that time on the entry blanks. Times must be an NTV proven time standard.

The following report was accepted at the October 15, 2002 meeting of the Board of New England Swimming.

# NEW ENGLAND SWIMMING TECHNICAL COMMITTEE MEETING

August 29, 2002

The Technical Committee met on August 29, 2002 at the home of Priscilla Davis. The meeting was called to order at 6 pm by Dan Warner. Attending were: Dan Warner, Pam Warner, Amy Parratto, Mike Parratto, Ray Grant, Priscilla Davis, Mariella Allard, Mary Riddell.

MEET MANAGERS' MATERIALS: The committee discussed the materials in three documents: New England Swimming Meet Policies; Meet Data Management; Meet Fees, Surcharges, Awards, etc. The following comments, suggestions, and recommendations were made:

- 1. In places where it says "New England," it should be changed to "New England Swimming."
- 2. Deposits: Dan Warner asked if we ever penalize teams who do not "follow the rules." Mary Riddell answered that although she does give a little slack in the two week and six week deadlines, many teams have not had their \$200 deposits returned.
- 3. Membership Cards: The committee discussed the continuing problem of unregistered coaches on deck. They would like the policy followed and enforced at all meets, not just the "end of season" meets. The use of the referee to enforce this policy was discussed. It was decided to keep that part of the policy recognizing that the referee can delegate this task to someone else.
- 4. Officials (at Championship Meets): The committee recommended deleting the sentence, "Although reimbursement may include hotel fees, it is strongly suggested that wherever possible, host teams should provide these officials with any courtesy rooms made available to them."

It was recommended that we add a sentence that says, "Officials who submit their names as officials at the meet at the time the entry is submitted, will count toward the assigned work requirement for their team. Officials who want to work in a Championship Meet should contact either the referee or the meet director as stated in the meet entry."

There was discussion concerning officials who say that they will work at a championship meet (and count toward the required timers), but do not appear. It was decided to discuss this with Bill Geary, officials chair.

- 5. Updating Times: The committee recommends that teams be required to update times up until seven days prior to the first day of the meet.
- 6. Programs: The committee recommends that at least one seeded program or seeded heat sheet be provided to each team.
- 7. Distance Meets: After much discussion, it was decided to define a distance meet as a meet offering only events 400 and longer. These meets shall be eligible for the \$250 distance subsidy. At other meets, including "Senior Development" meets, the distance events (400 and longer) will not be subject to the \$.50 surcharge, but shorter events will be. These meets will not be eligible for the \$250 distance subsidy.
- 8. Meet Fees: The committee recommends a rewording so that it reads, "Host teams pay surcharges for their own team and for entries that are scratched or are no shows." It currently reads "...that are scratched or do not show."

MEET STIPENDS: After much discussion, the committee recommends that the stipend for New England Seniors be increased to \$2500 (from the current \$2000) and that the stipend for New England Open Championships be decreased to \$1500 (from the current \$2000).

EVALUATION OF SUMMER MEETS: Mariella Allard reported that she had not received any evaluations from summer meets. Dan Warner said that he had received a request to add medals for 13 and 14 swimmers to the Open Championships. The committee recommends that we keep the current plaques for 13 and 14 high point winners but that we do not add medals for individual events.

Time Standards for next summer may have to be tightened in a few events.

It was recommended that we change the "no relay only swimmers" policy at the Open Championships to the policy that we have at Seniors which allows a team that has at least one swimmer in the meet to fill out one relay.

MEET BID PROCESS: The committee recommends that bids be submitted prior to the Annual Meeting and that the calendar committee meet prior to the June meeting of the Board. The committee recommends that a specific format for meet invitations to be set up on the web site.

TIME STANDARDS: Ray Grant will bring the new time standards to the next board meeting.

EMAIL COMPLAINT: An email has been sent to some New England coaches concerning a coach who made comments concerning New England teams in a newspaper article. No action is recommended.

LOTTERY PROCESS: Teams conducting a lottery should report the results of the lottery to the office when they are reporting the result of the lottery to the teams entering the meet. At a later date, Dan Warner will be scheduling another meeting to specifically discuss the lottery process. Any coach, meet manager or parent who has concerns, ideas or suggestions should email them to Dan Warner at (NSSC1@aol.com)

.NOTE: SANCTIONS and APPROVALS: Although it was not discussed at the meeting, Mary Gentry has suggested that the meet managers materials contain information about Sanctions and Approvals. Mary Riddell will ask Isabelle Fraser to help with this information.

The meeting was adjourned at 9:15 pm.

Submitted by Mary Riddell



# 2002 - 2003 New England Senior Time Standards

Women			Men		
LCM	YDS	<b>Events</b>	YDS	LCM	
29.39	25.59	50 Free	22.99	26.89	
1:03.99	55.39	100 Free	50.89	58.59	
2:16.99	1:58.99	200 Free	1:50.59	2:06.99	
4:47.49	5:16.99	400/500 Free	4:57.89	4:33.09	
10:02.39	10:55.49	800/1000 Free	10:28.79	9:37.99	
19:17.09	18:32.99	1500/1650 Free	17:53.59	18:20.59	
1:13.19	1:02.79	100 Back	58.09	1:06.29	
2:36.99	2:14.29	200 Back	2:06.99	2:25.79	
1:20.29	1:10.39	100 Breast	1:04.99	1:15.09	
2:58.99	2:32.79	200 Breast	2:23.29	2:47.89	
1:09.89	1:01.29	100 Fly	56.09	1:05.09	
2:38.19	2:17.49	200 Fly	2:07.59	2:25.49	
2:35.59	2:15.19	200 IM	2:04.99	2:24.79	
5:31.89	4:44.99	400 IM	4:30.99	5:15.99	

All times must date from February 16, 2002.

# New England Age Group Championship

Qualifying Times for

Qualifying Titles for				
Women		8 & Under	M	en
LCM	SCY	EVENTS	SCY	LCM
	21.49	25 FR	21.59	
46.35	46.99	50 FR	48.99	47.29
1:51.49	1:47.99	100 FR	1:49.49	1:51.99
	24.79	25 BK	26.59	
55.49	54.99	50 BK	57.99	1:01.69
	28.49	25 BR	28.59	
1:04.89	1:02.99	50 BR	1:05.99	1:06.19
	24.49	25 FL	26.49	
1:03.49	57.99	50 FL	1:09.19	1:14.29
	1:56.99	100 IM	2:00.39	
4:29.99		200 IM		4:29.99

Wor	nen	9-10	Men	
LCM	SCY	<b>EVENTS</b>	SCY	LCM
37.23	32.19	50 FR	<u>33.09</u>	39.28
1:22.50	1:11.61	100 FR	1:14.89	1:28.40
2:59.49	2:36.42	200 FR	2:43.99	3:09.49
6:25.04	7:10.89	400/500	7:10.89	6:34.99
44.61	<u>38.39</u>	50 BK	<u>39.69</u>	47.06
1:36.32	1:23.55	100 BK	1:28.15	1:44.63
50.14	43.73	50 BR	46.50	54.19
1:47.86	1:34.89	100 BR	1:43.76	1:58.59
43.97	<u>37.19</u>	50 FL	40.39	47.09
1:45.96	1:29.33	100 FL	1:39.99	1:49.49
	<u>1:22.29</u>	100 IM	<u>1:25.79</u>	
3:23.29	3:00.67	200 IM	3:15.11	3:39.99

Women		11-12	Me	en
LCM	SCY	<b>EVENTS</b>	SCY	LCM
32.29	28.29	50 FR	29.09	33.19
1:10.99	1:02.09	100 FR	1:03.99	1:12.99
2:33.19	2:15.00	200 FR	2:19.29	2:36.99
5:20.89	6:03.99	400/500	6:12.29	5:39.99
11:36.59	13:00.49	800/1000	13:00.49	11:36.59
21:47.19	22:30.49	1500/1650	22:30.49	21:47.19
38.19	33.59	50 BK	34.79	40.49
1:21.19	1:11.59	100 BK	1:14.99	1:25.99
2:57.68	<u>2:38.19</u>	200 BK	2:48.49	3:10.79
42.49	37.59	50 BR	38.29	45.99
1:33.99	1:20.99	100 BR	1:24.99	1:40.89
3:22.63	<u>3:00.79</u>	200 BR	3:09.29	3:34.39
36.19	31.94	50 FL	33.35	38.29
1:21.59	1:12.99	100 FL	1:17.59	1:31.59
3:12.49	2:46.99	200 FL	2:46.99	3:12.49
	1:11.59	100 IM	1:13,99	
2:53.99	2:32.99	200 IM	2:38.99	3:02.49
6:17.43	<u>5:36.19</u>	400 IM	5:45.49	6:31.19

2002-2003

Women		13-14	Me	en
LCM	SCY	<b>EVENTS</b>	SCY	LCM
30.59	26.89	50 FR	25.89	29.89
1:07.19	58.29	100 FR	57.09	1:04.89
2:24.49	2:06.19	200 FR	2:02.99	2:21.89
5:04.49	5:35.99	400/500	5:33.99	4:58.99
10:32.09	11:45.99	800/1000	11:30.99	10:23.39
19:50.29	19:25.99	1500/1650	19:15.99	19:30.89
1:18.29	1:06.59	100 BK	1:05.69	1:18.99
2:47.99	2:23.99	200 BK	2:22.59	2:43.99
1:29.99	1:16.79	100 BR	1:15.59	1:26.79
3:09.99	2:43.99	200 BR	2:42.59	3:08.99
1:15.99	1:06.09	100 FL	1:05.99	1:16.09
2:49.59	2:28.99	200 FL	2:31.99	2:48.99
2:44.59	2:23.59	200 IM	2:20.99	2:44.39
5:49.99	5:04.99	400 IM	5:03.99	5:48.99

Women		15-18	Me	en
LCM	SCY	EVENTS	SCY	LCM
29.74	26.09	50 FR	23.59	26.89
1:04.59	56.59	100 FR	51.74	59.09
2:18.79	2:01.79	200 FR	1:52.53	2:08.79
4:55.99	5:24.19	400/500	5:06.09	4:42.09
10:20.29	11:14.29	800/1000	10:43.59	10:04.49
19:45.29	18:50.99	1500/1650	18:17.99	18:59.39
1:13.29	1:04.29	100 BK	<b>ყ9.02</b>	1:07.49
2:37.19	2:17.89	200 BK	2:10.09	2:28.29
1:22.49	1:12.59	100 BR	1:06.69	1:15.99
2:59.49	2:37.39	200 BR	2:27.79	2:48.48
1:09.89	1:02.99	100 FL	57.94	1:06.09
2:41.09	2:21.29	200 FL	2:11.29	2:29.69
2:37.49	2:18.19	200 IM	2:07.34	2:25.19
5:33.49	4:52.49	400 IM	4:38.49	5:17.49

All times must date from February 16, 2002.



# New England District Championship Qualifying Times for Short Course 2002-2003

Woi	men	9-10	Men	
Cut	Slower than	<b>EVENTS</b>	Slower than	Cut
36.20	32.20	50 FR	<u>33.10</u>	37.90
1:18.30	1:11.62	100 FR	1:14.90	1:21.40
2:41.80	2:36.43	200 FR	2:44.00	2:52.00
		400/500		
43.40	38.40	50 BK	<u> 39.70</u>	44.30
1:30.50	1:23.56	100 BK	1:28.16	1:34.60
48.40	43.74	50 BR	46.51	51.00
1:42.00	1:34.90	100 BR	1:43.77	1:50.90
42.50	<u>37.20</u>	50 FL	40.40	<u>45.70</u>
1:36.30	1:29.34	100 FL	1:40.00	1:46.00
1:29.60	1:22.30	100 IM	<u>1:25.80</u>	1:32.40
3:10.90	3:00.68	200 IM	3:15.12	3:24.10

Women		11-12	Me	en
Cut	Slower than	<b>EVENTS</b>	Slower than	Cut
31.19	28.30	50 FR	29.10	32.99
1:08.59	1:02.10	100 FR	1:04.00	1:11.99
2:28.99	2:15.01	200 FR	2:19.30	2:29.99
6:20.99	6:04.00	400/500	6:12.30	6:31.39
		800/1000		
		1500/1650		
38.59	33.60	50 BK	34.80	38.99
1:20.79	1:11.60	100 BK	1:15.00	1:24.99
		200 BK		
41.99	37.60	50 BR	38.30	43.99
1:29.99	1:21.00	100 BR	1:25.00	1:33.99
		200 BR		
36.89	31.95	50 FL	33.36	37.29
1:24.99	1:13.00	100 FL	1:17.60	1:24.99
		200 FL		
1:18:99	1:11.60	100 IM	1:14.00	1:22.99
2:41.99	2:33.00	200 IM	2:39.00	2:54.99
		400 IM		

Women		13-14	Me	en
Cut	Slower than	<b>EVENTS</b>	Slower than	Cut
29.79	26.90	50 FR	25.90	29.39
1:05.19	58.30	100 FR	57.10	1:03.39
2:15.19	2:06.20	200 FR	2:03.00	2:15.99
5:55.89	5:36.00	400/500	5:34.00	5:49.99
		800/1000		
20:13.99	19:26.00	1500/1650	19:16.00	20:02.49
1:15.19	1:06.60	100 BK	1:05.70	1:15.09
2:38.99	2:24.00	200 BK	2:22.60	2:39.99
1:22.19	1:16.80	100 BR	1:15.60	1:23.89
2:59.19	2:44.00	200 BR	2:42.60	2:59.49
1:15.69	1:06.10	100 FL	1:06.00	1:13.09
2:46.99	2:29.00	200 FL	2:32.00	2:40.49
2:37.79	2:23.60	200 IM	2:21.00	2:37.99
5:29.99	5:05.00	400 IM	5:04.00	5:31.39

Woi	men	15-18	Men		
Cut	Slower than	<b>EVENTS</b>	Slower than	Cut	
29.10	26.10	50 FR	23.60	28.19	
1:03.69	56.60	100 FR	51.75	58.94	
2:12.29	2:01.80	200 FR	1:52.54	2:04.44	
5:38.69	5:24.20	400/500	5:06.10	5:17.19	
		800/1000			
19:39.99	18:51.00	1500/1650	18:18.00	19:25.59	
1:11.49	1:04.30	100 BK	59.03	1:08.84	
2:37.49	2:17.90	200 BK	2:10.10	2:25.99	
1:23.89	1:12.60	100 BR	1:06.70	1:15.39	
2:55.39	2:37.40	200 BR	2:27.80	2:44.49	
1:12.09	1:03.00	100 FL	57.95	1:06.09	
2:36.19	2:21.30	200 FL	2:11.30	2:26.29	
2:31.09	2:18.20	200 IM	2:07.35	2:26.49	
5:07.89	4:52.50	400 IM	4:38.50	5:01.19	

All times must date from September 1, 2002.

# New England Bronze Classic

Qualifying Times for Short Course 2002-2003

		Qualitying
Women	8 & Under	Men
Slower than	<b>EVENTS</b>	Slower than
21.50	25 FR	21.60
47.00	50 FR	49.00
1:48.00	100 FR	1:49.50
24.80	25 BK	26.60
55.00	50 BK	58.00
28.50	25 BR	28.60
1:03.00	50 BR	1:06.00
24.50	25 FL	26.50
58.00	50 FL	1:09.20
1:57.00	100 IM	2:00.40
	200 IM	

Women	9-10	Men
Slower than	<b>EVENTS</b>	Slower than
36.21	50 FR	37.91
1:18.31	100 FR	1:21.41
2:41.81	200 FR	2:52.01
	400/500	
43.41	50 BK	44.31
1:30.51	100 BK	1:34.61
48.41	50 BR	51.01
1:42.01	100 BR	1:50.91
42.51	50 FL	<u>45.71</u>
1:36.31	100 FL	1:46.01
1:29.61	100 IM	<u>1:32.41</u>
3:10.91	200 IM	3:24.11

Women	11-12	Men
Slower than	<b>EVENTS</b>	Slower than
31.20	50 FR	33.00
1:08.60	100 FR	1:12.00
2:29.00	200 FR	2:30.00
6:21.00	400/500	6:31.40
	800/1000	
	1500/1650	
38.60	50 BK	39.00
1:20.80	100 BK	1:25.00
	200 BK	
42.00	50 BR	44.00
1:30.00	100 BR	1:34.00
	200 BR	
36.90	50 FL	37.30
1:25.00	100 FL	1:25.00
	200 FL	
1:19.00	100 IM	1:23.00
2:42.00	200 IM	2:55.00
	400 IM	

Women	13-14	Men
Slower than	<b>EVENTS</b>	Slower than
29.80	50 FR	29.40
1:05.20	100 FR	1:03.40
2:15.20	200 FR	2:16.00
5:55.90	400/500	5:50.00
	800/1000	
	1500/1650	
1:15.20	100 BK	1:15.10
2:39.00	200 BK	2:40.00
1:22.20	100 BR	1:23.90
2:59.20	200 BR	2:59.50
1:15.70	100 FL	1:13.10
2:47.00	200 FL	2:40.50
2:37.80	200 IM	2:38.00
5:30.00	400 IM	5:31.40

Women	15-18	Men
Slower than	<b>EVENTS</b>	Slower than
29.11	50 FR	28.20
1:03.70	100 FR	58.95
2:12.30	200 FR	2:04.45
5:38.70	400/500	5:17.20
	800/1000	
	1500/1650	)
1:11.50	100 BK	1:08.85
2:37.50	200 BK	2:26.00
1:23.90	100 BR	1:15.40
2:55.40	200 BR	2:44.50
1:12.10	100 FL	1:06.10
2:36.20	200 FL	2:26.30
2:31.10	200 IM	2:26.50
5:07.90	400 IM	5:01.20

All times must date from September 1, 2002



# **New England Swimming Financials** cash basis

	9/1/01-8/31/02		
	Budget	Actual	Variance
INCOME			
Registration	230,000.00	207,785.00	(22,215.00)
Surcharges	60,000.00	50,323.00	(9,677.00)
Sanction Fees / Deposits	2,000.00	1,845.00	(155.00)
Top Ten / Records	500.00	495.00	(5.00)
DQ Slips	800.00	576.00	(224.00)
Newsletter /Subscriptions	2,000.00	910.00	(1,090.00)
Interest	5,000.00	1,814.70	(3,185.30)
Zone Income	15,000.00	18,025.00	3,025.00
Banquet	6,000.00	6,600.00	600.00
Other Income	0.00	3,513.63	3,513.63
TOTAL INCOME	<b>\$</b> 321,300.00	<b>\$291,887.33</b>	(29,412.67)
EXPENSES			
Registration	180,000.00	165,050.00	14,950.00
Office	,	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	,
Salary	17,600.00	17,600.00	0.00
Payroll Taxes & Ins.	5,500.00	5,614.33	(114.33)
Office Equipment	500.00	0.00	500.00
Petty Cash	500.00	0.00	500.00
Postage	4,500.00	4,662.75	(162.75)
Printing	5,000.00	4,523.07	`476.93 <sup>°</sup>
Telephone	1,000.00	1,206.27	(206.27)
Office Supplies	1,000.00	694.97	305.03
Athlete Support			
National Meets	12,000.00	6,482.00	5,518.00
Zones	38,000.00	30,193.14	7,806.86
Banquet	8,500.00	7,702.50	797.50
All Athlete Fund	1,500.00	1,367.95	132.05
Athlete Committee	600.00	945.00	(345.00)
Awards	5,000.00	5,851.18	(851.18)
Officials	6,375.00	6,308.99	66.01
Safety	1,000.00	0.00	1,000.00
Meetings	600.00	920.00	(320.00)
Coaches			
Coaches' Clinics	1,000.00	92.50	907.50
Nat'l Meet Reimb.	3,000.00	2,950.00	50.00
Camps	500.00	500.00	0.00
Meet Subsidies	12,000.00	11,000.00	1,000.00
Conventions	7,000.00	1,818.77	5,181.23
Other	625.00	1,096.36	(471.36)
AOLWebsite	8,000.00	8,945.19	(945.19)
TOTAL EXPENSES	\$ 321,300.00	<u>\$285,524.97</u>	<u>35,775.03</u>
Excess of Income over Exp	penses	\$6,365.36	\$6,365.36

Balances as of 8/31/02

Checking Account: Money Market Acct: \$108,448.42

\$18,277.45

NEW ENGLAND SWIMMING, 20 Cleveland Road, Needham, MA 02492

NOTE: Requests for reimbursement cannot be considered by the Board of New England Swimming until the results have been received by the office.



# REIMBURSEMENT POLICY FOR NATIONAL AND SECTIONAL MEETS, 2002--2003

## ATHLETE REIMBURSEMENT POLICY:

A New England registered swimmer who qualifies for and swims in an individual event at the US Open will be reimbursed \$150 by New England Swimming. A New England registered swimmer who qualifies for and swims in an individual event at National Championships will be reimbursed \$300 by New England Swimming. A New England registered swimmer who qualifies for and swims in an individual event at the Disability Championships will be reimbursed \$300. Disabled swimmers are strongly urged to participate in New England meets. However, the Board will consider waiving the minimum meet requirement on a case by case basis. A New England registered swimmer who qualifies for and swims in an individual event at the Sectional meet will be reimbursed. For this meet, an amount of \$5,000 will be shared by the qualified swimmers who apply and submit receipts within the eight week period, with a maximum of \$50 per swimmer. One check per team will be issued by New England Swimming for reimbursement for sectional swimmers.

During the short course season a swimmer must fully participate in three New England calendar meets to be eligible for reimbursement. During the long course season a swimmer must fully participate in two New England calendar meets to be eligible for reimbursement. "Full participation" means participation in all or at least two days of competition and at least one individual event at each day of participation.

If the New England Senior Championships is in place with a named facility by a certain date (90 days preceding the first day of the meet for long course; 120 days preceding the first day of the meet for short course), mandatory participation in the Senior meet is required in order for a swimmer to receive reimbursement. The New England Board may waive this requirement for good cause, such as illness or conflict with the National Team requirement.

A swimmer must request the reimbursement within eight weeks of the meet. The request must include the stub from the swimmer's plane ticket or receipt of other expense to equal or exceed the amount of requested reimbursement.

To be eligible for reimbursement, an athlete must have been registered in New England and have competed in a New England calendar meet at least six months prior to the meet for which reimbursement has been requested.

Waivers for the US Open and National Championships: A swimmer who does not participate in three New England calendar meets during short course season may request a waiver for a championship meet during that season only if he/she participates in three New England calendar meets during the long course season. A swimmer who does not participate in two New England calendar meets during the long course season may request a waiver for a championship meet during that season only if he/she participates in three New England calendar meets during the short course season. All requests for waivers will be considered following the long course season.

Waivers for the Sectional Meets: For the Sectional Meets there will be no waivers.

#### COACH REIMBURSEMENT POLICY:

For each team that sends a swimmer to the National Championship, the Disability Championships, or the US Open, New England Swimming will provide \$150 to reimburse coach

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#### NEWSLETTER PLUS

expenses. The \$150 per team may be used to reimburse one coach or be split among several team coaches at the team's discretion. The team will have to provide New England Swimming with receipts for coach expenses that equal or exceed the \$150 reimbursement.

For the Sectional Meet an amount of \$1,500 will be shared by the coaches who attend the meet and apply and submit receipts within the eight week period (one coach per team) with a limit of \$100 per coach.

# PROPOSED LONG COURSE CALFNDAR:

: New England Swimming Annual Meeting

July 12--15: Age Group and Open Qualifier

July 24--27: Speedo Championship Series (Sectionals), Buffalo, NY

July 24--27: New England 12 and under Championships

July 31--3: New England Open Championship

August 6--9: Eastern Zones, University of Pittsburgh (PA)

August 5--9: Summer Nationals, University of Maryland

All bids are due by DECEMBER 1, 2002. The bid form is also included in this newsletter. Note that the complete meet invitation must be submitted along with the bid form. Teams are encouraged to use the Meet Invitation Template which is located on the New England web site.

Teams that are bidding on meets should put the May 3, 2002 Annual Meeting on their calendar so that a representative can attend the Meet Managers Meeting.

# **MEET BID APPLICATION**, New England Swimming

Date of requested meet:		
Club Name:		SWIM
Meet Director:	Phone Number:	
	E-Mail:	
Address:		
	Phone Number:	
Head Coach:	Phone Number:	
Type of Meet:	E-Mail:	
List at least one alternate date:		
Facility:	Location:	
Depth of Pool at starting end:	turning end:	
Height of Blocks above water:		
Parking:	Cost:	
Person to contact to discuss bid:		
Phone:	E-Mail:	
Officials' Liaison*:	Phone:	
	E-Mail:	
Liaison should also be the person on the	am's primary contact for the Officials' chairre team that encourages and coordinates the c	nan. The Officials' ertification and

advancement of officials. When the team runs a meet, the Officials' liaison will play a key role in getting officials from other teams to attend and work at the meet.

Each team is required to submit a copy of the meet invitation and the meet results by e-mail to the New England Swimming web master to be posted on the web site. Specific directions will be found in the Meet Manager's materials.

Please send a hard copy of this form with a hard copy of a complete and current meet invitation to each of the following by December 1, 2002. Do not submit by e-mail.

19 Kress Farm Road Hingham, MA 02043

Pam Warner, Calendar Chairman Dan Warner, Technical Chairman Mary Riddell, NE Office

19 Fenley Road Gloucester, MA 01930

20 Cleveland Road Needham, MA 02492

OCTOBER/NOVEMBER 2002

REGISTRATION: The Office has received several phone calls looking for the 2003 registration materials. In August each team was sent a "buttercup yellow" form to complete which asked for the team's official address for 2002—2003, the team's official's contact, and the team's registration chairman. When this form was returned to the office, registration materials were mailed.

If the team mailing label on this newsletter does not have a check in the lower right hand corner, the form has not been received from the team and the team has not received registration materials. If the check has a line through it, the 2003 team registration, with the appropriate forms, certifications, etc. for the head coach and safety coordinator has been processed by the office.

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NEWSLETTER PLUS SUBSCRIPTIONS: Please check the expiration date of your subscription to NEWSLETTER PLUS. Subscriptions may be ordered through the New England Office for \$10 per yyear. Clubs do not have an expiration date on their labels since all registered clubs receive one free subscription with their registration.



# United States Swimming New England

20 Cleveland Road Needham, MA 02492-3006

FIRST CLASS



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

DECEMBER 2002

IN THIS ISSUE: ASSIGNMENT OF TEAMS FOR 8 and UNDERS; SEASON" MEET INFO; NE BOARD AND COMMITTEE MEMBERS; SCHOLASTIC ALL AMERICA TEAM; DIVING BLOCK HEIGHT LEGISLATION; TOP TEN CORRECTIONS; POSTAL DISTANCE

# SCHOLASTIC ALL-AMERICA TEAM:

CONGRATULATIONS to the following New England Swimmers who have been named to the 2002 USA Swimming Scholastic All-America Team. Swimmers must have at least a 3.5 GPA and must have competed at the sectional level or higher, or at open water or disability meets. Swimmers are listed in alphabetic order.

JESSICA AIELLO	BGSC	JAMES BAILEY	MBM
JENNA BARBARY	SSA	RYAN BERG	<b>BGSC</b>
EMILY BRUSH	BGSC	BRADLEY BRECHER	<b>BGSC</b>
CHASE BUTLER	BGSC	GREGORY CHARTIER	<b>PVAC</b>
CAITLIN COLLING	SAC	BENJAMIN FAY	ABF
MEAGHAN COLLING	SAC	KEVIN PUDAS	OSS
JESSICA COOK	ABF	MICHAEL SCIBELLI	<b>PVAC</b>
DEIRDRE DEVLIN	BGSC	MATTHEW SHACK	<b>GMSC</b>
CAROLINE DOWD	BGSC	STEPHEN SPINELLI	<b>PVAC</b>
LAILA GAGNON	PVAC	PAUL SULLIVAN	ABF
ANNIE GOLDSTEIN	OSS		
CAITLIN GRANT	SD		
ELIZABETH MANCUSO	ANA		
JENNIE MILLER	BGSC		
MORGAN SESSOMS	BGSC		
KRISTEN SHIELDS	BGSC		
NIKKI WOODWARD	PVAC		

The Board of New England Swimming will meet at 7 pm on TUESDAY, JANUARY 7, 2003 (note change of week) at the Wellesley Community Center. In case of bad weather, please contact the office.

# **MEMORANDUM**

To:

Board of Directors, LSC Chairpersons, LSC Official Chairpersons, Rules Committee

Members, and Safety Education Committee Members

From:

Don Hart, Chairman of the Rules and Regulations Committee

Subject:

Diving Block Height Legislation

Date:

November 21, 2002

The following information is given to you as advance notice of a possible amendment to Article 103.2.3 with a proposed effective date of January 1, 2003.

The insurance carrier for USA Swimming, United States Sports Insurance Corporation, at its Board of Directors meeting in October adopted a formal recommendation to USA Swimming that Article 103.2.3 of the USA Swimming Rule Book be amended to provide for a minimum water depth of four feet (4') for racing starts from a diving platform. The recommendation was presented to the Board of Directors of USA Swimming at its meeting later in October. General Counsel for USA Swimming advised the Board of Directors that it is important that this recommendation be adopted as soon as possible.

Article 505.8 provides a procedure for the Board of Directors to amend the Code in the event of an emergency. This procedure requires the advice and consent of the Safety Education Committee, the Rules Committee and legal counsel. To date the two committees and legal counsel have given their advice and consent.

The Board of Directors will be holding a Special Meeting within the next 35 to 45 days and adoption of the amendment is expected. If the amendment is adopted, Article 103.2.3 will read as follows:

- .3 /M/ Racing Starts Minimum water depth for racing starts during practice and competition shall be measured for a distance 3'31/2" (1.0 meter) to 16'5" (5 meters) from the end wall. Starting requirements and height of starting block shall be:
  - A In pools with water depth less than 4' (1.22 meter) at the start end, the swimmer must start from the deck or from within the water;
  - B In pools with water depth 4' (1.22 meter) or more at the starting end, starting platforms shall meet the height requirements of Section 103.12.1.

Note: Local state and municipal statutes, ordinances and rules and regulations, may have depth limitations in conflict with the section. LSC and all Member Clubs should check for this at all times.

If you have any questions, please direct them to Carol Burch either by telephone or by email. If you do send an email, please include your telephone number.

# Assignment of teams for end of season meets

		Bronze	8 & unders	Districts
AAC	Adirondack Aquatic Club		NSSC	
ABF	Attleboro Bluefish		NSSC	
ACK	Nantucket Dolphins		NSSC	
AMW	Aquamaids & Aquamen		NSSC	
ANA	Andover/North Andover YMCA		NSSC	
ATST	Amherst Tritions		NCAC	
ATY	Attleboro YMCA		NSSC	
BAT	Belmont Aquatics		NSSC	
BGCP	Boys/Girls Club of Pawtucket		NSSC	
BGSC	Bernal's Gator		NSSC	
BLUE	Racquet Club of Concord		NCAC	
BOSS	Boston & Ocean State Squids		NSSC	
BYB	Burbank YMCA		NSSC	
BYD	Burlington YMCA		NCAC	
CCBS	Carter Community Building		NCAC	
CCSC	Cape Cod Swim Club		NSSC	
CCYM	Cape Cod YMCA Makos		NSSC	
CHSC	Chelsea Swim Club		NSSC	
CLBC	Cumberland-Lincoln Boys Club		NSSC	
CMC	Central Mass Cyclons		NCAC	
CONY	Concord YMCA		NCAC	
CRS	Cranston Sting Rays		NSSC	
CTS	Claremont Tiger Sharks		NCAC	
CUDA	New England Barracudas		NSSC	
CVWM	Central Vermont Wavemakers		NCAC	
DART	Diversified Aquatics		NSSC	
DYD	Danvers YMCA		NSSC	
EB	Easthampton Barracudas		NSSC	
ESC	Executive Health Swim Club		NCAC	
ELM	East Longmeadow Marlins		NCAC	
ESSC	Eaglebrook School		NCAC	
EST	Exter Swim Team		NCAC	
FINS	Southern NH Fins		NCAG	
GBSC	Greater Boston Swim Club		NSSC	
GLYB	Greater Lowell YMCA		NCAC	
GMA	Green Mountain Aquatics		NCAC	
GMSC	Greenwood Memorial		NSSC	
GOLD	Gold's Gym		NCAC	
GSC	Gunstock Swim Club		NCAC	
GTRS	Valley Gators / Keene		NCAC	
HAY	Hockomock YMCA		NSSC	
HHS	Hampshire Hills		NCAC	
H2O	H2O Swim Team		NCAC	
HRY	Hampshire Regional YMCA		NCAC	
HYV	Holyoke YMCA Vikings		NCAC	
LRW	Lakes Region Wavemakers		NCAC	
MAG	Magnus Aquatic Group		NSSC	
MASA	Middlebury Marlins			
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	MBM	Mass Bay Marlins	NSSC
	MD	Mighty Ducks	NSSC
	MELY	Melrose YMCA	NSSC
	MMY	Merrimack YMCA	NCAC
	MVP	Merrimack Valley Pirates	NSSC
	MYSD	Middleboro YMCA	NSSC
	MYT	Manchester YMCA	NCAC
	NASY	Nashua YMCA	NCAC
	NBST	Newport Blues	NSSC
	NCAC	North Country Aquatic Club	NCAC
	NSP	North Shore Piranahs	NCAC
	NSSC .	North Shore Swim Club	NSSC
	NU	Northeastern	NSSC
	NWSC	New Wave Swim Club	NCAC
	OCY	Old Colony YMCA	NSSC
	ORCA	Hampshire Regional Swim Club	NCAC
	ORO	Oyster River Otters	NCAC
	oss	Ocean State Squids	NSSC
	PAC	Providence Aquatic Club	NSSC
	PSC	Patriot Swim Club	NCAC
	PST	Portsmouth Swim Team	NCAC
	PVAC	Pioneer Valley Aquatic Club	NCAC
	PWSC	Peterborough Swim Club	NCAC
	PYPB	Pittsfield YMCA	NCAC
	RAMS	RAMS Swim Club	NSSC
	RAYS	Rockingham Area Youth	NCAC -
	RRSC	Rowell's Raiders	NCAC
	SAC	Shawmut Aquatic Club	NSSC
	SD	Seekonk Dolphins	NSSC
	SHSC	Swimming Hole Swim Club	NCAC
	SMY	Smithfield YMCA	NSSC
:	SNAP	Simon's Rock Swim Club	NCAC
	SS	Sterling Swimming	NCAC
	SSA	Seacoast Swimming Association	NCAC
	SSSC	Seven Seas Swim Club	NSSC
	SSYS	South Shore YMCA	NSSC
	STA	St. Albans	NCAC
	TRIY	Tri Y Swim Club	NSSC
	VAST	Vermont Area Swim Team	NCAC
	WAC	Woonsocket Aquatic Club	NSSC
	WBD	Whitinsville Blue Dolphins	NSSC
	WEST	Norseman Athletic Club	NSSC
	WW	Weymouth Waves	NSSC

DECEMBER 2002

NEWSLETTER PLUS

NOTE: Assignments for Bronze Classic and Districts will be added shortly. 2002 registered teams have been included if they have requested registration materials for 2003. New teams have been included if they have registered for 2003. All clubs must be registered for 2003 by January 15, 2003 to swim in these meets as a club. If your club has not been included or you are unattached, please contact the New England office.

**NCAC** 

**NCAC** 

YMCA / North Shore

Westfield YMCA

**WYST** 

YNS

#### "END OF SEASON" MEET INFORMATION:

February 7—9: BRONZE CLASSIC (2 sites, teams to be assigned)

MVP-Greater Lawrence Technical School, Andover, MA

EB--White Brook Middle School, Easthampton, MA

NOTES: timed finals, all ages included, 9 individual events, 5 per day, no relays

February 14--16: EIGHT and UNDER AGE GROUPS (2 sites, teams to be assigned)

NCAC--Dartmouth College, Hanover, NH

NSSC--Salem State College, Salem, MA

NOTES: timed finals; 9 individual events, 5 per day; relay only swimmers allowed.

There will be high point plaques for individuals, but no scoring or high point awards for teams. Swimmers may qualify at Bronze.

February 27--March 2: 9--12 AGE GROUPS, NSSC, Salem State College, Salem, MA

NOTES: timed finals for 9--10, trials and finals for 11--12; 9 individual events, 5 per day for 9--10, 3 per day for 11--12; relay only swimmers allowed; new distance events included.

March 6--9: SENIOR CHAMPIONSHIPS, MBM, Harvard University, Allston, MA

NOTES: trials and finals; swimmers must have participated in at least one New England Calendar meet in the past 11 months; relay only swimmers allowed to "fill out" one relay (for complete rule, please consult the meet entry)

March 7—9: Districts (2 sites, teams to be assigned)

NCAC, Dartmouth College, Hanover, NH

BGSC, Wheaton College, Norton, MA

NOTES: swimmers 9 and over; timed finals; 9 individual events, 5 per day; no relay only swimmers.

March 13--16: 13 and OVER AGE GROUPS, MBM, Harvard University, Allston, MA NOTES: trials and finals; 9 individual events, 3 per day; relay only swimmers allowed

March 13-16: SECTIONALS, East Meadow, NY

March 27-30: ZONES, Sewell, NJ

April 1—5: NATIONALS, Indianapolis

ASSIGNMENT OF TEAMS: Teams will be assigned to the meets that have two sites (Bronze, 8 and under Age Groups, Districts). Swimmers that are UN should contact the office for assignment.

A reregistering team that expects to participate in any of these meets must be fully registered by January 15, 2003 including a fully certified coach (CPR, First Aid, Safety Training for Swim Coaches and education requirement if not grandfathered), registered athletes, and all fees paid. Any reregistering team that does not adhere to this deadline will be required to swim all swimmers in these meets as "unattached" with no team points or relays.

TIMERS and OFFICIALS: In order to facilitate the smooth running of the meets, host teams will assign timers for all "end of season" meets. The assignment will be based on the number of swimmers per team in the meet. Officials volunteering to work in a meet will be counted toward the timing assignment IF the official's name and sessions to be worked are submitted to the official's contact at the meet before the meet deadline. Officials are expected to work the sessions volunteered unless they hear otherwise from the meet management.

All officials must display their New England membership cards while on deck.

QUALIFYING FOR "END OF SEASON" MEETS: Qualifying times may be achieved at New England calendar meets and at most other meets (high school, Y, boys and girls clubs, rec leagues) if there are results either brought to the meet or sent to the office. (See verification rules below.) Time trials or dual meets may be used if there are at least two teams with at least five swimmers from each club and if the referee signs the results.

There is no minimum number of New England meets in which a swimmer must participate in order to enter an "end of season" meet. However, if a swimmer wishes to swim with the Zone Team or receive reimbursement for Sectionals, US Open, or national championships, he/she must participate in three new England calendar meets during the season (two during long course season). A swimmer participating in New England Swimming must have participated in at least one New England Calendar meet in the past 11 months.

VERIFICATION: There will be a verification table at 9--12 Age Group Championships, 13 and over Age Group Championships, and New England Senior Championships. At these meets teams must submit to the verification table a copy of their meet entry with verification of all times indicated. Teams must also include a copy of any non-New England calendar meet results used for entry times.

At the 8 and under Age Groups, Bronze, and District meets, there will be no verification table, but teams are expected to have a copy of the meet entry with verification of times indicated and a copy of any non-New England calendar meets used in case they are asked for verification by the meet management

COACHES ON DECK: Any "coach" on deck at a New England meet who does not display his/her valid 2002 membership card will be asked to leave the deck, without exception. The referee will make a list of these "coaches" which will be sent to the office to be checked. If a "coach" who was asked to leave the deck is not fully registered (current certifications in CPR, First Aid, Safety Training for Swim Coaches and completed education requirement for second year coaches), the "coach" will be fined \$100 and the team \$200 to be paid within 30 days. Any "coach" who refuses to leave the deck will cause the team's swimmers to swim unattached for the remainder of the meet.

TIME TRIALS: All "end of season" meets will offer time trials at the discretion of the Meet Referee. New England records can be set at the time trials at calendar meets. Beginning with short course 2001--2002, Top Ten Times can be achieved at time trials at Championships Meets.

EXHIBITION SWIMS: There will be no exhibition swims at Championship Meets.

Dear Coaches: Are you looking for something different to do during Holiday Training? How about entering your kids in the Postal Distance Meet? It would be great to see a big Eastern Zone presence in the 2003 results!

Here is the link to the meet information on the USA Swimming web site. (You can also access the information by clicking on Keyword Search. Type in Postal Distance in the text search box.)

http://www.usa-swimming.org/search/power\_search.pl?frmPageSearch=2856

Sue Pitt Anderson USA Swimming Sport Development Coordinator/Eastern Zone 719-866-4578 sanderson@usa-swimming.org

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7:30 p.m. -- 10 p.m.

Thursday: 8 a.m.--2 p.m.

#### TOP TEN:

CONGRATULATIONS (and our apologies) to HOLLY HINDS (CUDA) who should have been listed as an OUTSTANDING SWIMMER for 17 and 18 GIRLS, Short Course, 2001—2002.

TOP TEN-SHORT COURSE, 2001--2002 17 and 18 GIRLS

# 200 yard FREESTYLE

7. Holly Hinds CUDA 1:55.53 SEC 8. Caitlin Geary MVP 1:55.82 JNCA 9. Emily O'Connor OSS 1:56.76 13+\*

# 100 yard BREASTSTROKE

10. Holly Hinds CUDA 1:10.99 CUD3

# 200 yard INDIVIDUAL MEDLEY

8. Holly Hinds CUDA 2:12.23 CUD3
9. Lauren Harlow YNS 2:12.24 13+



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