



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

JANUARY 2003

IN THIS ISSUE: 2003 LONG COURSE CALENDAR; TEAM ASSIGNMENTS FOR "END OF SEASON" MEETS; ATHLETE SURVEY; CORRECTED SCHOLASTIC ALL AMERICA TEAM; ACCEPTED DIVING BLOCK HEIGHT LEGISLATION; NEW TEAMS, NAMES, INITIALS, ETC.....

CONGRATULATIONS (and our apologies) to STACIE LESNESKI (GMS) and BRIAN FISKE (MVP).

Both swimmers should have been included in Scholastic All-America Team published last month. An update list is included in this newsletter.

ATHLETES'S SURVEY:

The Athletes' Representatives have included a survey in this newsletter. (It also is on the web site.) Please encourage your athletes to complete the survey and return it to one of the reps.

If you have not submitted the name of an athlete on your team who would like to serve on the Athletes' Committee, it is not too late. Submit the name (and email address or phone number) to one of the reps.

NOMINATING COMMITTEE:

The Nominating Committee has begun its task of preparing a slate of officers for the Annual Meeting on May 3, 2003. They are particularly interested in locating someone who would be willing to take on the position of Treasurer.

If you are willing to run for Treasurer or any other positions that may be open, please contact Priscilla Davis at 978-468-3786 or PDSwimNE@NETZERO.NET.

If you have questions about what is involved in the position, you may contact Marjorie Blackwell at MGBCHATHAM@attbi.com or 860-216-6666.

There will be no meeting of the Board of New England Swimming in February. There will be a meeting on Tuesday, March 11, 2003 and Tuesday, April 8, 2003. Both meetings will be at the Wellesley Community Center, Wellesley, MA. If there is a question about the weather, please phone the office.

ADOPTED EFFECTIVE JANUARY 1, 2003

MEMORANDUM

Board of Directors, LSC Chairpersons, LSC Official Chairpersons, Rules Committee Members, and Safety Education Committee Members
From: Don Hart, Chairman of the Rules and Regulations Committee
Subject: Diving Block Height Legislation
Date: November 21, 2002

The following information is given to you as advance notice of a possible amendment to Article 103.2.3 with a proposed effective date of January 1, 2003.

The insurance carrier for USA Swimming, United States Sports Insurance Corporation, at its Board of Directors meeting in October adopted a formal recommendation to USA Swimming that Article 103.2.3 of the USA Swimming Rule Book be amended to provide for a minimum water depth of four feet (4') for racing starts from a diving platform. The recommendation was presented to the Board of Directors of USA Swimming at its meeting later in October. General Counsel for USA Swimming advised the Board of Directors that it is important that this recommendation be adopted as soon as possible.

Article 505.8 provides a procedure for the Board of Directors to amend the Code in the event of an emergency. This procedure requires the advice and consent of the Safety Education Committee, the Rules Committee and legal counsel. To date the two committees and legal counsel have given their advice and consent.

The Board of Directors will be holding a Special Meeting within the next 35 to 45 days and adoption of the amendment is expected. If the amendment is adopted, Article 103.2.3 will read as follows:

- .3 /M/ Racing Starts – Minimum water depth for racing starts during practice and competition shall be measured for a distance 3'31/2" (1.0 meter) to 16'5" (5 meters) from the end wall. Starting requirements and height of starting block shall be:
- A In pools with water depth less than 4' (1.22 meter) at the start end, the swimmer must start from the deck or from within the water;
 - B In pools with water depth 4' (1.22 meter) or more at the starting end, starting platforms shall meet the height requirements of Section 103.12.1.

Note: Local state and municipal statutes, ordinances and rules and regulations, may have depth limitations in conflict with the section. LSC and all Member Clubs should check for this at all times.

If you have any questions, please direct them to Carol Burch either by telephone or by email. If you do send an email, please include your telephone number.

2003 LONG COURSE CALENDAR, NEW ENGLAND SWIMMING

- May 3 ANNUAL MEETING, Wellesley Community Center, Wellesley, MA
New England Office, 781-449-0270
- May 16—18 CCSC Team Specialty Meet, Mass Maritime Academy, Buzzards Bay,
MA, Terry Hammar, 508-564-5690
- May 17—18 NSSC Team Specialty Meet, Salem (MA) State College
Dan Warner, 978-542-6809
- May 23—25 * PVAC "A" Meet, Springfield (MA) College
Jane Woodward, 413-567-6962
- May 24—25 * ABF Team Specialty Meet, McDermott Pool, Warwick, RI
Paul Mangili, 508-761-8992
- May 31—1 New England Swimming LSC Camp Weekend
Amy Parratto, 603-749-2869
- June 7—8 * SSA Team Specialty Meet, Jenny Thompson Pool, Dover, NH
John Barbary, 603-742-9601
- June 14—15 GMSC Team Specialty Meet, Greenwood Outdoor Pool, Gardner, MA
Joann Foley, 508-799-7135
- June 20—22 * PVAC Team Specialty Meet, Springfield (MA) College
Jane Woodward, 413-567-6962
- June 20—22 * SAC Team Specialty Meet, U/Connecticut, Storrs, CT
Carrie Thompson, 781-235-3150
- June 21—22 * SSA Team Specialty Meet, Jenny Thompson Pool, Dover, NH
John Barbary, 603-742-9601
- June 27—29 * PAC Team Specialty Meet, U/Connecticut, Storrs, CT
Roger Mooney, 401-433-3545
- July 10—13 * SSA Age Group and Open Qualifier, Jenny Thompson Pool, Dover, NH
John Barbary, 603-742-9601
- July 18—20 GMSC Team Specialty Meet, Greenwood Outdoor Pool, Gardner, MA
Joann Foley, 508-799-7135
- July 24—27 * 12 and under Age Group Championships, Site to be announced

July 24—27 * Speedo Championship Series (Sectionals), Fleckinger Aquatic Center,
Buffalo, NY, Bob Matlack, 716-649-4295

July 30—1 * New England Open Championships, Site to be announced

August 5—9 * National Championships, University of Maryland

August 6—9 * Eastern Zone Championships, U/Pittsburgh, PA

* Long Course (50 meter) Pool



SCHOLASTIC ALL-AMERICA TEAM:

CONGRATULATIONS to the following New England Swimmers who have been named to the 2002 USA Swimming Scholastic All-America Team. Swimmers must have at least a 3.5 GPA and must have competed at the sectional level or higher, or at open water or disability meets. Swimmers are listed in alphabetic order.

JESSICA AIELLO	BGSC	JAMES BAILEY	MBM
JENNA BARBARY	SSA	RYAN BERG	BGSC
EMILY BRUSH	BGSC	BRADLEY BRECHER	BGSC
CHASE BUTLER	BGSC	GREGORY CHARTIER	PVAC
CAITLIN COLLING	SAC	BENJAMIN FAY	ABF
MEAGHAN COLLING	SAC	BRIAN FISKE	MVP
JESSICA COOK	EBAC	KEVIN PUDAS	OSS
DEIRDRE DEVLIN	BGSC	MICHAEL SCIBELLI	PVAC
CAROLINE DOWD	BGSC	MATTHEW SHACK	GMSC
LAILA GAGNON	PVAC	STEPHEN SPINELLI	PVAC
ANNIE GOLDSTEIN	OSS	PAUL SULLIVAN	ABF
CAITLIN GRANT	SD		
STACIE LESNESKI	GMSC		
ELIZABETH MANCUSO	ANA		
JENNIE MILLER	BGSC		
MORGAN SESSOMS	BGSC		
KRISTEN SHIELDS	BGSC		
NIKKI WOODWARD	PVAC		

Questionnaire for Athletes

How do you feel about how well the athlete's voices are being heard?

In general, how do you feel that New England's voices are being heard? What would you change?

How is New England, as an LSC, being run? (organization, treats athletes, coaches, officials and parents with respect and kindness)

On a rate of 1 – 5 (1 = Awful, 5 = Awesome)

Organization of New England sanction meets	1	2	3	4	5
Respect Level of Athletes	1	2	3	4	5
Respect Level of Officials	1	2	3	4	5
Respect Level of Coaches	1	2	3	4	5
Respect Level of Parents	1	2	3	4	5
Athletes voicing their opinions at championship meets	1	2	3	4	5

Any that attended the Swim Posium, how did you feel? What are some of your reactions? What would you change and what would you add?

How do you feel about the calendar for this short course season? (On the website if you do not know it)

What are some suggestions to change the website. What would you like to be taken away? What would you like to be added?

Any that attended the banquet, how did you like how it was run? Did you enjoy Ryan Berube? What did you enjoy? What did you not enjoy?

What would you like to see change in New England Swimming? (something you, as an athlete, has power over)

How can the athlete rep's help you with making that change?

What other issues would you like the Athlete Rep's to discuss in the board meetings.

~Thank you for taking the time in filling this out. We really appreciate it. Please pass this questionnaire around your team so we can get a lot of response from all the athletes. We really appreciate it and if you have any questions email us.

Joanne Gallahue (Senior Rep) and Caitlin Rep (Junior Rep)	
JoMama324@hotmail.com	CGswim2004@hotmail.com
5 Lehan Street	80 Davis Street
Canton, MA 02021	Seekonk, MA 02771

Assignment of teams for end of season meets 2003

		Bronze	8 & unders	Districts
AAC	Adirondack Aquatic Club	EB	NSSC	BGSC
ABF	Attleboro Bluefish	MVP	NSSC	NCAC
ACK	Nantucket Dolphins	MVP	NSSC	BGSC
AMW	Aquamaid's & Aquamen	EB	NSSC	BGSC
ANA	Andover/North Andover YMCA	MVP	NSSC	BGSC
ATST	Amherst Tritons	EB	NCAC	NCAC
AYT	Attleboro YMCA	EB	NSSC	BGSC
BAT	Belmont Aquatics	EB	NSSC	BGSC
BGCP	Boys/Girls Club of Pawtucket	EB	NSSC	BGSC
BGSC	Bernal's Gator	EB	NSSC	BGSC
BLUE	Racquet Club of Concord	MVP	NCAC	NCAC
BOSS	Boston & Ocean State Squids	EB	NSSC	BGSC
BYB	Burbank YMCA	MVP	NSSC	BGSC
BYD	Burlington YMCA	EB	NCAC	NCAC
CCBS	Carter Community Building	EB	NCAC	NCAC
CCSC	Cape Cod Swim Club	MVP	NSSC	BGSC
CCYM	Cape Cod YMCA Makos	MVP	NSSC	BGSC
CHSC	Chelsea Swim Club	MVP	NSSC	BGSC
CLBC	Cumberland-Lincoln Boys Club	EB	NSSC	BGSC
CMC	Central Mass Cyclons	EB	NCAC	NCAC
CONY	Concord YMCA	MVP	NCAC	NCAC
CSR	Cranston Sting Rays	EB	NSSC	BGSC
CTS	Claremont Tiger Sharks	EB	NCAC	NCAC
CUDA	New England Barracudas	EB	NSSC	BGSC
CVWM	Central Vermont Wavemakers	EB	NCAC	NCAC
DART	Diversified Aquatics	EB	NSSC	BGSC
DYD	Danvers YMCA	MVP	NSSC	BGSC
EB	Easthampton Barracudas	EB	NSSC	BGSC
ESC	Executive Health Swim Club	MVP	NCAC	NCAC
ELM	East Longmeadow Marlins	EB	NCAC	NCAC
ESSC	Eaglebrook School	EB	NCAC	NCAC
EST	Exter Swim Team	MVP	NCAC	NCAC
FINS	Southern NH Fins	MVP	NCAC	NCAC
GBSC	Greater Boston Swim Club	EB	NSSC	BGSC
GLYB	Greater Lowell YMCA	MVP	NCAC	BGSC
GMA	Green Mountain Aquatics	EB	NCAC	NCAC
GMSC	Greenwood Memorial	MVP	NSSC	NCAC
GOLD	Gold's Gym	MVP	NCAC	NCAC
GSC	Gunstock Swim Club	MVP	NCAC	NCAC
GTRS	Valley Gators / Keene	EB	NCAC	NCAC
HAY	Hockomock YMCA	EB	NSSC	BGSC
HHS	Hampshire Hills	MVP	NCAC	NCAC
H2O	H2O Swim Team	MVP	NCAC	NCAC
HRY	Hampshire Regional YMCA	EB	NCAC	NCAC
HYV	Holyoke YMCA Vikings	EB	NCAC	NCAC
LRW	Lakes Region Wavemakers	MVP	NCAC	NCAC
MAG	Magnus Aquatic Group	MVP	NSSC	NCAC
MASA	Middlebury Marlins	EB	NCAC	NCAC

MBM	Mass Bay Marlins	EB	NSSC	BGSC
MELY	Melrose YMCA	MVP	NSSC	BGSC
MMY	Merrimack YMCA	MVP	NCAC	NCAC
MVP	Merrimack Valley Pirates	MVP	NSSC	NCAC
MYSO	Middleboro YMCA	EB	NSSC	BGSC
MYT	Manchester YMCA	MVP	NCAC	NCAC
NASY	Nashua YMCA	MVP	NCAC	NCAC
NBST	Newport Blues	EB	NSSC	BGSC
NCAC	North Country Aquatic Club	EB	NCAC	NCAC
NSP	North Shore Piranhas	MVP	NCAC	NCAC
NSSC	North Shore Swim Club	MVP	NSSC	NCAC
NU	Northeastern	EB	NSSC	BGSC
NWSC	New Wave Swim Club	MVP	NCAC	NCAC
OCY	Old Colony YMCA	EB	NSSC	BGSC
ORCA	Hampshire Regional Swim Club	EB	NCAC	NCAC
ORO	Oyster River Otters	MVP	NCAC	NCAC
OSS	Ocean State Squids	EB	NSSC	BGSC
PAC	Providence Aquatic Club	EB	NSSC	BGSC
PSC	Patriot Swim Club	EB	NCAC	NCAC
PSST	Palmer Stripers	EB	NSSC	BGSC
PST	Portsmouth Swim Team	MVP	NCAC	NCAC
PVAC	Pioneer Valley Aquatic Club	EB	NCAC	NCAC
PWSC	Peterborough Swim Club	EB	NCAC	NCAC
PYPB	Pittsfield YMCA	EB	NCAC	NCAC
RAMS	RAMS Swim Club	EB	NSSC	BGSC
RAYS	Rockingham Area Youth	MVP	NCAC	NCAC
RRSC	Rowell's Raiders	MVP	NCAC	NCAC
SAC	Shawmut Aquatic Club	EB	NSSC	BGSC
SCA	South Coast Aquatics	EB	NSSC	BGSC
SD	Seekonk Dolphins	MVP	NSSC	NCAC
SHSC	Swimming Hole Swim Club	EB	NCAC	NCAC
SMY	Smithfield YMCA	EB	NSSC	BGSC
SNAP	Simon's Rock Swim Club	EB	NCAC	NCAC
SS	Sterling Swimming	EB	NCAC	NCAC
SSA	Seacoast Swimming Association	MVP	NCAC	NCAC
SSSC	Seven Seas Swim Club	MVP	NSSC	NCAC
SSYS	South Shore YMCA	EB	NSSC	BGSC
STA	St. Albans	EB	NCAC	NCAC
TRIY	Tri Y Swim Club	EB	NSSC	BGSC
VAST	Vermont Area Swim Team	EB	NCAC	NCAC
WAC	Woonsocket Aquatic Club	EB	NSSC	BGSC
WBD	Whitinsville Blue Dolphins	EB	NSSC	BGSC
WEST	Willy's East Swim Team	MVP	NSSC	BGSC
WW	Weymouth Waves	EB	NSSC	BGSC
WYST	Westfield YMCA	EB	NCAC	NCAC
YNS	YMCA / North Shore	MVP	NCAC	BGSC

NOTE: Assignments have been included for 2002 registered teams if they requested registration materials for 2003. New teams have been included if they have re-registered for 2003. All clubs must be registered for 2003 by January 15, 2003 to swim in these meets as a club. If your club has not been included or you are un-

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DQ FORMS (in triplicate) are available from the office for \$24 per pack of 250 triplicate forms, including postage. DQ slips that are picked up are \$20.



**United States Swimming
New England**

20 Cleveland Road Needham, MA 02492-3006

FIRST CLASS



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

FEBRUARY 2003

IN THIS ISSUE: EASTERN ZONE INFORMATION, EVENT LIST, & APPLICATION;
UPDATES FOR NE SHORT AND LONG COURSE RECORDS;
NE SWIMMERS ACHIEVING LONG & SHORT COURSE TOP 16
RANKINGS.....

COMING NEXT MONTH: A list of all clubs registered in New England for 2003.
Information and application for 2002--2003 Scholastic All-American.

CONGRATULATIONS to the following New England Swimming members who have been named to committees of USA Swimming:

FRANK CHING: Officials Committee, Chair; Rules and Regulations Committee;
Championship Coordination Committee

PRISCILLA DAVIS: Safety Education Committee, Chair

ISABELLE FRASER: Age Group Records Coordinator

DAN MASCOLO: Waterworks Committee (Marketing and Public Relations)

JOANNE GALLAHUE: Age Group Planning Committee

AMY PARRATTO: Camps Committee

MIKE PARRATTO: Club Development Committee

DOTTIE DANIELS: Officials Committee

MAHLON BRADLEY: Sports Medicine/Sports Science Committee

The Board of New England Swimming will meet on Tuesday, March 11, 2003 at 7 pm at the Wellesley Community Center, Wellesley, MA.

UPDATES FOR NEW ENGLAND SHORT COURSE RECORDS (as of February 4, 2003):

8 and under:

VALLEY GATORS SWIM CLUB GIRLS 200 Y medley relay NE/RES 2:27.73 8&under 2/02
(B. O'BRIEN, M. LEVENE, M. HART, E. FABIAN)

9 and 10:

ELIZABETH BEISEL MAG 500 Y free NE/RES 5:32.41 ABF 1/03
200 Y IM NE/RES 2:19.22 ABG 1/03

CAROLINE WEAVER GMA 100 Y back NE 1:04.78 12&u 2/02
100 Y back RES 1:04.26 zones 4/02

CONOR SWANSON ABF 500 Y free NE/RES 5:45.88 12&u 2/02
100 Y fly RES 1:04.30 zones 4/02

11 and 12:

JILL KEARNS SAC 1000 Y free NE/RES 10:58.51 12&u 2/02

ELLIS GANLEY NCAC 1650 Y free NE/RES 18:28.72 NCAC 11/02

CARA VOGEL SSYS 200 Y back RES 2:10.47 STAR 12/02

ELENA WALTERMAN SAC 200 Y fly RES 2:14.42 BAT 1?03

GREG LOWEN BGSC 200 Y back NE/RES 2:13.65 SAC 2/03

13 and 14:

ERICA MEISSNER MAG 100 Y back NE 57.62 ABF 1/03
ABF 200 Y back NE 2:02.65 13&o 3/02

JESSICA PERRY BGSC 100 Y breast RES 1:05.14 MAC 1/03

COREY SWANSON MAG 50 Y free RES 21.70 Rutgers 12/02
100 Y free RES 47.47 Rutgers 12/02
100 Y fly RES 52.91 Rutgers 12/02
200 Y IM RES 1:55.72 Rutgers 12/02

SALVATORE BARBA SAC 200 Y free RES 1:43.56 Sec. 3/02
100 Y back RES 52.78 Sec. 3/02

15--18:

CONNIE BROWN MVP 100 Y back RES 54.55 JRNAT 4/02
200 Y back RES 1:58.86 JRNAT 4/02

STACIE LESNESKI GMSC 200 Y fly RES 2:00.93 Rutgers 12/01

JENNA BARBARY SSA 200 Y breast RES 2:16.70 Bowdoin 12/01

KEVIN DONOHUE OSS 100 Y breast RES 56.51 Sec. 3/02

RYAN BERG BGSC 200 Y IM RES 1:51.29 Sec. 3/02

NE: Best time done in New England by a USS registered swimmer.

RES: Best time done anywhere by a New England registered swimmer.

MORE NEW CLUBS, NEW INITIALS, ETC.:

GMSC Cambridge Masters Swim Club

GIRS is now called KSC Valley Gators

BOSS Correction: The team name is Bay and Ocean State Squids

UPDATES FOR NEW ENGLAND LONG COURSE RECORDS (as of September 7, 2002):

8 and under:

MERRIMACK VALLEY PIRATES BOYS 200 M free relay NE/RES 2:32.30 12&u 7/02
 (T. IANNALFO, D. IANNALFO, A. ADDELIA, L. CONTE)

9 and 10:

ELIZABETH BEISEL RAMS 400 M free NE/RES 5:04.88 12&u 7/02
 CAROLINE WEAVER GMA 100 M back NE 1:15.60 PVAC 5/02
 CONOR SWANSON ABF 100 M breast NE/RES 1:24.99 ABF 5/02
 200 M IM NE 2:40.29 ABF 5/02
 300 M IM RES 2:39.34 TXOP 6/02
 400 M free RES 5:00.96 TXOP 6/02

11 and 12:

JILL KEARNS SAC 1500 M free NE/RES 18:43.49 12&u 7/02
 MICHAEL SULLIVAN ABF 200 M back NE/RES 2:33/20 12&u 7/02

13 and 14:

ERICA MEISSNER ABF 100 M back NE 1:05.33 NEOP 8/02
 200 M back NE 2:19.21 NEOP 8/02
 RES 2:18.33 SRNAT 8/02

COREY SWANSON ABF 50 M free NE/RES 25.05 NEOP 8/02
 200 M IM NE 2:15.75 NEOP 8?02

15-18:

KATIE MCCANN ABF 200 M IM NE 2:21.08 NEOP 8/02
 SEAN RILEY MBM 200 M IM NE 2:07.75 NEOP 8?02
 RYAN BERG BGSC 200 M IM RES 2:06.95 SRNAT 8?02

NE: Best time done in New England by a USA registered swimmer.

RES: Best time done anywhere by a New England registered swimmer.

 * NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL *
 * 20 Cleveland Road *
 * Needham, MA 02492-3006 *
 * 781-449-027- *
 * FAX: 781-449-7903 *
 * e-mail: office@neswim.com *
 * Web site: www.neswim.com *
 * OFFICE HOURS: Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m. *
 * Thursday: 8 a.m.--2 p.m. *
 * *****

NATIONAL AGE GROUP TOP 16--SHORT COURSE RANKINGS:

CONGRATULATIONS to the New England Swimmers who achieved National Age Group Top 16 rankings for Short Course. CAROLINE WEAVER (GMA) achieved first place rankings in the 50 yard backstroke and 100 yard backstroke. SALVATORE BARBA (SAC) was ranked first in the 200 yard freestyle.

10 and under:

ELIZABETH BEISEL	RAMS	500 free	(7)		
CAROLINE WEAVER	GMA	50 back	(1)	100 back	(1)
		100 IM	(15)		
COURTNEY ROYCROFT	HAY	50 back	(9)	100 back	(14)
SILIAN LIO	RAMS	50 breast	(14)	100 breast	(11)
CONOR SWANSON	ABF	50 back	(6)	100 back	(7)
		50 breast	(11)	100 breast	(4)
		50 fly	(3)	100 fly	(5)
		200 IM	(2)	200 IM	(3)

11 and 12:

KATHRYN HARON	OSS	100 free	(14)		
ERICA MEISSNER	ABF	100 back	(5)	200 back	(10)
		200 IM	(15)	400 IM	(7)

13 and 14:

KATHRYN HARON	OSS	100 free	(13)		
ERICA MEISSNER	ABF	100 back	(7)	200 back	(8)
		200 IM	(14)		
KATIE GRITSCH	BGSC	100 back	(5)	200 back	(7)
KATHLEEN FOLEY	GMSC	400 IM	(15)		
SALVATORE BARBA	SAC	100 free	(7)	200 free	(1)
		100 back	(3)	200 back	(12)
STEFAN BARTL	GMSC	500 free	(13)	1000 free	(13)

15 and 16:

HEE JIN CHANG	MBM	50 free	(14)	100 free	(6)
JENNA BARBARY	SSA	200 breast	(9)		
STACIE LESNESKI	GMSC	200 fly	(7)		
BRIAN FISKE	MVP	200 back	(15)	100 breast	(7)
KEVIN DONOHUE	OSS	100 breast	(3)	200 breast	(13)

17 and 18:

BROOKE BONCHER	CUDA	50 free	(13)		
SALLY BROWN	MVP	100 free	(13)		
CONNIE BROWN	MVP	100 free	(9)	200 free	(16)
		100 back	(3)	200 back	(10)
		100 fly	(15)		
SEAN RILEY	MBM	100 fly	(10)		
CAMERON MOCCARI	UN	100 fly	(16)		
ADAM VICCARO	SSA	200 fly	(8)		

NATIONAL AGE GROUP TOP 16--LONG COURSE RANKINGS:

CONGRATULATIONS to the New England Swimmers who achieved National Age Group Top 16 rankings for Long Course.

10 and under:

ELIZABETH BEISEL	RAMS	400 free	(6)		
CAROLINE WEAVER	GMA	100 back	(6)	200 IM	(11)
SILIANG LUO	RAMS	100 breast	(10)		
CONOR SWANSON	ABF	50 free	(9)	100 free	(12)
		200 free	(8)	400 free	(8)
		50 back	(6)	100 back	(8)
		100 breast	(2)	50 fly	(4)
		100 fly	(13)	200 IM	(2)
TAYLOR GREY	GMA	50 breast	(10)	100 breast	(12)

11 and 12:

JILL KEARNS	SAC	1500 free	(11)	200 fly	(13)
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13 and 14:

ERICA MEISSNER	ABF	100 back	(3)	200 back	(4)
		100 fly	(8)	200 IM	(13)
		400 IM	(13)		

KATHLEEN FOLEY	GMSC	400 IM	(12)		
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COREY SWANSON	ABF	50 free	(6)	200 IM	(12)
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15 and 16:

STACIE LESNESKI	GMSC	200 fly	(4)	400 IM	(4)
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KEVIN DONOHUE	OSS	100 breast	(4)	200 breast	(7)
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17 and 18:

MICHELLE OESER	SSA	50 free	(6)	100 free	(12)
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BROOKE BONCHER	CUDA	50 free	(10)		
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CONNIE BROWN	MVP	200 free	(16)		
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CLAIRE HAWLEY	CCSC	400 free	(16)		
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MARCELLE MILLER	SSA	100 breast	(13)		
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JENNA BARBARY	SSA	200 breast	(9)		
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CHRISTINE RYAN	MBM	200 breast	(12)		
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KATIE MCCANN	ABF	200 IM	(14)		
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RYAN BERG	BGSC	200 IM	(10)		
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**APPENDIX H
EASTERN ZONE CHAMPIONSHIPS
SHORT COURSE EVENT LIST**

Day 1

Pools divided by female and male events

#1 & Session #2 Preliminaries

11 & Over

Session

Female Event #

Event

Male Event #

1	11-12 200 back	2
3	15-18 100 yard breast	4
5	13-14 100 yard breast	6
7	11-12 50 yard breast	8
9	15-18 200 yard free	10
11	13-14 200 yard free	12
13	11-12 100 yard free	14
15	15-18 100 yard fly	16
17	13-14 100 yard fly	18
19	11-12 50 yard fly	20
21	15-18 400 yard LM	22
23	13-14 400 yard LM	24
25	11-12 200 yard LM	26
27	15-18 1000 yard free (timed finals)	28
29	13-14 1000 yard free (timed finals)	30

Events all held in one pool

Session #3 10 & Under Timed Finals

Female event #

Male Event #

37	10 & Under 100 yard free	
	10 & Under 100 yard IM	38
39	10 & Under 50 yard breast	
	10 & Under 100 yard breast	40
41	10 & Under 50 yard fly	
	10 & Under 50 yard back (Corrected)	42
43	10 & Under 200 yard LM	
	10 & Under 200 yard free	44
45	10 & Under 500 free	
	10 & Under 400 yard free relay	46
47	10 & Under 200 yard free relay	

Session #4 11 & Over Championship Finals

1	11-12 200 yard back	2
3	15-18 100 yard breast	4
5	13-14 100 yard breast	6
7	11-12 50 yard breast	8
9	15-18 200 yard free	10
11	13-14 200 yard free	12
13	11-12 100 yard free	14
15	15-18 100 yard fly	16
17	13-14 100 yard fly	18
19	11-12 50 yard fly	20
21	15-18 400 yard LM	22
23	13-14 400 yard LM	24
25	11-12 200 yard LM	26
31	15-18 400 yard free relay	32
33	13-14 400 yard free relay	34
35	11-12 400 yard free relay	36



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

MARCH 2003

IN THIS ISSUE: NEW ENGLAND TEAMS REGISTERED FOR 2003; HIGH POINT WINNERS FOR NEW ENGLAND CHAMPIONSHIPS; "CATCH THE SPIRIT" CAMP and other USA SWIMMING CAMPS; MUTUAL OF OMAHA DUEL IN THE POOL INFO; ANNUAL MEETING PREVIEW.....

PLAN YOUR MUTUAL OF OMAHA DUEL IN THE POOL PARTY!

The Mutual of Omaha Duel in the Pool will be broadcast on NBC! Get your team together to watch all of the action as the US team battles Australia for the title of best in the world!

The meet will be aired on NBC
Saturday, April 12 at 4:30pm Eastern &
Sunday, April 13 at 3:00pm Eastern

We hope you'll join USA Swimming in cheering on Team USA!

To learn more about the Mutual of Omaha Duel in the Pool visit
www.duelinthepool.com

THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU

Thank you to the teams who stepped up to run large but successful "end of season" meets for New England--Cheryl Fletcher and EB and Caroline Castaldo and MVP for Bronze; Mary Gentry and NCAC for 8 and unders and Districts; Dan Warner and NSSC for 8 and unders and 9--12 Age Groups; Fran Tocci and BGSC for Districts; Carol Healey and MBM for 13--19 Age Groups and Senior Championships. Thank you to the referees, officials, timers and others who worked behind the scenes to make the meets run smoothly. Priscilla Davis refereed both 13--19 Age Groups and Seniors, and Greg Finn was an official for every session of those meets.

New England Swimming is growing and more teams are attending our "end of season" meets, so the meets were all very full. Some of the coaches have proposed a new format for our "end of season" which was discussed at the coaches meeting at Seniors. It also will be put on the web site and in the newsletter before it is discussed by the Technical Committee. Watch for further information.

The Board of New England Swimming will not meet in April. Plan to join us at the Annual Meeting at the Wellesley Community Center on **SATURDAY, MAY 3, 2003.**

CLUBS REGISTERED WITH NEW ENGLAND SWIMMING--FEBRUARY, 2003:

ADIRONDACK AQUATIC CLUB

Emanuel Estrada
550 Pulaski Blvd.
Bellingham, MA 02019

AAC

AQUAMAIDS/AQUAMEN OF WOR-

Paul Parenteau CESTER
128 Brookline Street
Worcester, MA 01603

AMW

ATTLEBORO YMCA TSUNAMI

Gary Walther
23 A Street
Wrentham, MA 02093

AYT

BERNAL'S GATOR SWIM CLUB

Corey & Andy Lowen
40 Valleyfield Street
Lexington, MA 02421

BGSC

BAY/OCEAN STATE SQUIDS

Joshua Stern
9 Villa Avenue
Providence, RI 02906

BOSS

CAPE COD SWIM CLUB

Sarah Hawley
PO Box 966
Pocasset, MA 02559

CCSC

BOYS/GIRLS/CUMBERLAND/LIN-

Beverly Bloomer COLN
PO Box 7505
Cumberland, RI 02864

CLBC

CONCORD YMCA

Paula Hutchison
38 Carmel Drive
Plymouth, NH 03264

CONY

CENTRAL VERMONT WAVEMAKERS

Linda Holden
300 Haupts Road
Moretown, VT 05660

CVWM

ATTLEBORO BLUEFISH

Jane Mangili
49 Siesta Drive
N. Attleboro, MA 02760

ABF

ANDOVER-NORTH ANDOVER YMCA

Paul Bennett
165 Haverhill Street
Andover, MA 01810

ANA

BELMONT AQUATIC TEAM

Everett Crosscup
28½ Burns Hills Road
Hudson, MA 03051

BAT

BLUE DOLPHINS

Karen Jenovese
26 S. Main Street PMB 96
Concord, NH 03301

BLUE

BURLINGTON YMCA DYNAMOS

Gregory Brown
266 College Street
Burlington, VT 05401

BYD

CAPE COD YMCA MAKOS

David Schneeweis
22245 Rt. 132 Box 188
W. Barnstable, MA 02668

CCYM

CENTRAL MASS CYCLONES

Andrew Hawkins
633 Salisbury Street
Worcester, MA 01609

CMC

CLAREMONT TIGER SHARKS

Patricia Deschaine
1 Harwood Lane
Claremont, NH 03743

CTS

DIVERSIFIED AQUATICS REC.

Reid Christen TEAM
56½ Orange Street
Waltham, MA 02453

DART

NANTUCKET DOLPHINS

James D. Ellis
83 N. Liberty Street
Nantucket, MA 02554

ACK

AMHERST TRITONS SWIM TEAM

Kitty Hancock
10 the Hollow
Amherst, MA 01002

ATST

BOYS/GIRLS CLUB OF PAWTUCKET

Derek Heim
One Moeller Place
Pawtucket, RI 02860

BGCP

BURBANK YMCA BLUEFINS

Cam Townsend
37 Emerson Street
Wakefield, MA 01880

BYB

CCBA SWORDFISH

Ken Vutech
1 Taylor, PO Box 386
Lebanon, NH 03766

CCBS

CHELSEA SWIM CLUB

Robert Mattin
30 Willow Street
Chelsea, MA 02150

CHSC

CAMBRIDGE MASTERS SWIM CLUB

Stephanie Morawski
PO Box 26
Belmont, MA 02478

CMSC

NEW ENGLAND BARRACUDAS

Reid Christen
56½ Orange Street
Waltham, MA 02453

CUDA

DANVERS YMCA DOLPHINS

Sarah Bixby
29 Bear Hill Road
Merrimac, MA 01860

DYD

EASTHAMPTON BARRACUDAS
Cheryl Fletcher
PO Box 97
Southampton, MA 01073

EB

EAGLEBROOK SCHOOL SWIM
Bo Tanner TEAM
Pine Nook Road
Deerfield, MA 01342

ESSC

GREATER BOSTON SWIM CLUB
Steven Callander
12 Alban Street
Dorchester, MA 02124

GBSC

GOLD'S GYM SWIM TEAM
Peggy King
90 Ferry Road
Newburyport, MA 01950

GOLD

HARVARD UNIVERSITY
Stephanie Morawski
65 North Harvard St.
Boston, MA 02163

HARV

HAMPSHIRE REGIONAL YMCA
Leslie Lashway
179 Audubon Road
Leeds, MA 01053

HRY

MAGNUS AQUATIC GROUP
Michael Spring
251 Lake Street
Haverhill, MA 01932

MAG

MELROSE YMCA
Patrick Miller
21 Chatham Street
Malden, MA 02148

MELY

MIDDLEBORO YMCA SEA DEVILS
William Rogers
457 Boston Street
N. Andover, MA 01845

MYSO

EAST LONGMEADOW MARLINS
Julie Piepho
11 Chestnut Holl Road
Hampden, MA 01036

ELM

EXETER SWIM TEAM
Maureen Heaps
17 Patriots Road
Stratham, NH 03885

EST

**GREATER LOWELL YMCA BARRA-
WILL NORTHRUP CUDAS**
35 YMCA Drive
Lowell, MA 01053

GLYB

GUNSTOCK SWIM CLUB
Colleen Cass
Box 1063
Laconia, NH 03247

GSC

HOCKOMOCK YMCA LIGHTNING
Dan Mascolo
300 Elmwood Street
North Attleboro, MA 02760

HAY

HOLYOKE YMCA VIKINGS
Randall K Smith
171 Pine Street
Holyoke, MA 01040

HYV

MIDDLEBURY AREA SWIM ASSOC.
Suzanne Snider
PO Box 325
Middlebury, VT 05753

MASA

MERRIMACK YMCA MARLINS
Amy Mallette
6 Henry Clay Drive
Merrimack, NH 03054

MMY

**MANCHESTER YMCA TIGER
KATE MILLER SHARKS**
116 Goffstown Back Rd.
Goffstown, NH 03045

MYT

EXECUTIVE HEALTH SWIM CLUB
Kathleen Johnston
1 Highlander Way
Manchester, NH 03103

ESC

SOUTHERN NH FINIS
Meg Clemens
PO Box 782
Nashua, NH 03062

FINIS

GREEN MOUNTAIN AQUATICS
Laura Matuszak
63 Main Street
Essex Junction, VT 05452

GMA

KSC VALLEY GATORS
Barbara Hecker
400 Hurricane Road
Keene, NH 03431

GTRS

HAMPSHIRE HILLS SEAWOLVES
Karalyn Reed Paradis
50 Emerson Road
Milford, NH 03055

HHS

LAKES REGION WAVEMAKERS
Sherri Collis
397 Davidson Drive
Laconia, NH 03246

LRW

MASS BAY MARLINS
Tim Murphy
PO Box 381035
Cambridge, MA 02138

MBM

MERRIMACK VALLEY PIRATES
Michael Spring
251 Lake Street
Haverhill, MA 01832

MVP

NASHUA YMCA PROSPECTORS
Corey E. Sullivan
17 Prospect Street
Nashua, NH 03060

NASY

NEWPORT BLUES SWIM TEAM
 Jeff Cornell
 342 Bramans Lane
 Portsmouth, NH 02871
NBST

NORTH SHORE SWIM CLUB
 Dan Warner
 19 Fenley Road
 Gloucester, MA 01930
NSSC

ORCA SWIM CLUB
 Lou Ann Bierwert
 297 Haydenville Road
 Leeds, MA 01053
ORCA

PATRIOT SWIM CLUB
 Jeff Johnson
 158 Jamestown Road
 Leominster, MA 01453
PSC

PIONEER VALLEY AQUATIC CLUB
 J P Galli
 27 Lyman Street #104
 Springfield, MA 01103
PVAC

RAM SWIMMING CLUB
 Keri Cunningham
 460 Chestnut Hill Road
 Wakefield, RI 02879
RAMS

SHAWMUT AQUATIC CLUB
 Kathy Moore
 8 Florence Street
 Franklin, MA 02038
SAC

SWIMMING HOLE SWIM CLUB
 Charlotte Brynn
 75 Weeks Hill Road
 Stowe, VT 05672
SHSC

SEACOAST SWIMMING ASSOC.
 Amy Parratto
 14 Back Road
 Dover, NH 03820
SSA

NORTH COUNTRY AQUATIC CLUB
 Mark Jedow
 PO Box 601
 Hanover, NH 03755
NCAC

NEW WAVE SWIM CLUB
 Mark Brady
 25 Washington Street
 Tyngsboro, MA 01879
NWSC

OYSTER RIVER OYPTERS
 Laura Fant
 9 Cherry Lane
 Madbury, NH 03820
ORO

PALMER STRIPERS SWIM TEAM
 Sherry Ashe Dunn
 PO Box 574
 Thorndike, MA 01079
PSST

PETERBOROUGH SWIM CLUB
 Richard Cuddihee
 PO Box 109
 W. Peterborough, NH 03468
PWSC

**ROCKINGHAM AREA YOUTH SWIM-
 ING**
 Kathy Moore
 6 Belmont Terrace
 Derry, NH 03038
RAYS

SOUTH COAST AQUATICS
 David Ponte
 374 Farm Street
 New Bedford, MA 02740-2131
SCA

**SIMON'S ROCK/SOUTHERN BERK-
 SHIRE Y**
 Kate Mulholland
 10 Williams Lane #2
 Gt. Barrington, MA 01230
SNAP

YMCA OF THE SOUTH SHORE
 Darlene McGrath
 45 Truman drive
 Randolph, MA 02368
SSYS

NORTH SHORE PIRANAHS
 Julien Villegas
 4 Community Road
 Marblehead, MA 01945
NSP

NORTHEASTERN UNIVERSITY
 Roy Coates
 219 Cabot Gym
 Boston, MA 02115
NU

PROVIDENCE AQUATIC CLUB
 Jon Caswell
 549 River Ave. (Swimming)
 Providence, RI 02918
PAC

PORTSMOUTH SWIM TEAM
 Bill Bond
 PMB #270, 1465 Woodbury
 Portsmouth, NH 03801
PST

PITTSFIELD YMCA POLAR BEARS
 Cheryl Ryan
 53 Richmond Lane
 Adams, MA 01220
PYPB

ROWELL'S RAIDERS SWIM CLUB
 Missy Rowell
 6 Griffin Street
 Derry, NH 03038
RRSC

SEEKONK DOLPHINS
 Ray Grant
 80 Davis Street
 Seekonk, MA 02271
SD

STERLING SWIMMERS
 Doris T. Florig
 502 Beam Road
 Hyde Park, VT 05655-9157
SS

ST. ALBANS SHARKS
 David Beaulieu
 134 Gauthier Drive
 Swanton, VT 05488
STA

TRI-Y TORPEDOS
 Jackie Woolhouse
 6 Hillside Drive
 Sturbridge, MA 01566

TRIV

VERMONT AREA SWIM TEAM
 Jennifer Cournoyer
 92 High Meadow Road
 Richmond, VT 05477

VAST

WOONSOCKET AQUATIC CLUB
 John Dumas
 18 Federal Street
 Woonsocket, RI 02895

WAC

WHITINSVILLE BLUE DOLPHINS
 Tanya Brouillette
 130 Holmes Road
 N. Attleboro, MA 01760

WBD

WILLY'S EAST SWIM TEAM
 Brian Wisnieski
 PO Box 1949
 North Eastham, MA 02651

WEST

WEYMOUTH WAVES
 Carl Erikson
 75 Finnell Drive
 Weymouth, MA 02188

WW

WESTFIELD YMCA SWIM TEAM
 C. Margot Hennessy
 20 Park Street
 Easthampton, MA 01027

WYST

YMCA OF THE NORTH SHORE
 Kevin Tyrrell
 254 Essex Street
 Beverly, MA 01915

YNS

GREENWOOD MEMORIAL SWIM CLUB
 Don Lemieux
 69 Park Street
 Gardner, MA 01440

GMSC

WOBURN BOYS & GIRLS CLUB
 Robert Depavao
 6 Covington Avenue
 Billerica, MA 01821

H2O

 * NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL *
 * 20 Cleveland Road *
 * Needham, MA 02492-3006 *
 * 781-449-027- *
 * FAX: 781-449-7903 *
 * e-mail: office@neswim.com *
 * Web site: www.neswim.com *
 * OFFICE HOURS: Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m. *
 * Thursday: 8 a.m.--2 p.m. *

SAVE THE DATE SAVE THE DATE SAVE THE DATE SAVE THE DATE SAVE THE DATE

New England Swimming's Annual Meeting will be held on **SATURDAY, MAY 3, 2003** at the Wellesley Community Center, Wellesley, MA. In addition to the presentation of the budget for next year and the election of new officers and committee members, there will be meetings for parents, coaches, and officials.

The coaches will elect their new coach representation at the coach meeting. All teams that are running meets are **REQUIRED** to send a representative to the meet manager's meeting. The officials will have a meeting for starters and another one for referees and facilitators.

Complete information will be in the next newsletter. We will serve coffee, juice, and bagels at 8:30 am, the general meeting will begin at 9 followed by the meetings for coaches, meet managers, and officials. Please plan to attend.

USA SWIMMING & NEW ENGLAND SWIMMING CATCH the SPIRIT CAMPS 2003

USA Swimming and New England Swimming will host two Catch the Spirit Camps the weekend of May 31st and June 1st. Please read the description of each camp below and look for more information to come on the New England Swimming web site (neswim.com).

Saturday, May 31st

Saturday's camp is a level I & II format. Swimmers applying to this level camp must be 9 to 12 years old with times not faster than New England Swimming District time standards. This camp is designed to address the needs of the beginning competitive swimmer. The one-day camp will consist of two water practices in which basic technique; starts and turns will be emphasized. Classroom sessions will include sportsmanship, nutrition, training terminology and stroke skills. The camp will be held at Seekonk High School in Seekonk, Massachusetts. The head coach is Laura Matuszak from GMA. Camp applications will be available on the N.E.S. web site. The cost for the camp is \$15.00 for the day. All swimmers will receive a camp t-shirt and swim cap along with great memories and skills!

Sunday, June 1st

Sunday's camp is a level III format. Swimmers must be 10 to 14 years old with at least two Age Group Championship qualifying times. If there is space we will accept swimmers with District times. The level III camp's focus is on creating a learning environment for more advanced competitors to focus on such things as goal setting, visualization, relaxation and racing strategies as well as leadership. The camp staff will fit in all of these team meetings along with two water practices. The camp will be held at the University of New Hampshire in Durham, New Hampshire. The head coach is Kevin Tyrrell from YNS. Camp applications will be available on the N.E.S. Web site. The cost is \$15.00 for the day. All swimmers will receive a camp t-shirt and swim cap along with great memories and skills!

For more information:

Contact the camp director for New England Swimming
Amy Parratto – parratto@seacoastswimming.com.

More information about USA Swimming's camp programs is available on their web site – www.usa-swimming.org. Look at the left column for programs & services, then go to camps & clinics.

13 through 19 AGE GROUP CHAMPIONSHIPS, Harvard University:**13 and 14:**

1. KRISTINA RIGTERINK	SSA	1. KEVIN YAMADA	SAC
2. NAOMI DELPHIN	YNS	2. KEVIN MCGRATH	YNS
3. JILL KEARNS	SAC	3. MAX BUTLER	BGSC
4. KATE WEAVER	GMA	4. AYAAS BHAMLA	CUDA
5. KATIE OMSTEAD	PSC	5. TIM SMITH	MAG
6. ELLIS GANLEY	NCAC	6. JONATHAN HARTMANN	CUDA
7. MARIELE DUNN	BOSS	7. ANDREW MAGUIRE	MAG
8. CHRISTINE KAUFMANN	BOSS	JAMIE MANNION	YNS

15 through 19:

1. TAYLOR MCFARLANE	SSA	1. JASON MCGRATH	YNS
2. LAUREN HARLOW	YNS	2. MATTHEW LOVETT	PSC
3. JENNA BARBARY	SSA	3. CHARLES KINNETT	MAG
4. LINDSEY SNYDER	SSA	4. ARKADY RASIN	BOSS
5. JACLYN DAVIDSON	YNS	5. NATHAN CRONIN	AAC
6. ALI SMITH	SSA	6. GORDON SMITH	SSA
7. DIANA HARLOW	YNS	7. SAM TAYLOR	BOSS
8. CHELSEA FRANK	SSA	8. MITCHELL BARTKIEWICZ	YNS

Team Rankings, 13 and over Age Group Championships:

1. YMCA of the NORTH SHORE
2. MAGNUS AQUATIC GROUP
3. SEACOAST SWIMMING ASSOCIATION
4. BAY AND OCEAN STATE SQUIDS
5. SHAWMUT AQUATIC CLUB
6. ADIRONDACK AQUATIC CLUB
7. BERNAL'S GATOR SWIM CLUB
8. PATRIOT SWIM CLUB

Combined Team Rankings, 9--12 Age Group and 13--19 Age Group Championships:

1. MAGNUS AQUATIC GROUP
2. BAY AND OCEAN STATE SQUIDS
3. YMCA of the NORTH SHORE
4. SEACOAST SWIMMING ASSOCIATION
5. BERNAL'S GATOR SWIM CLUB
6. SHAWMUT AQUATIC CLUB
7. NEW ENGLAND BARRACUDAS
8. NORTH SHORE SWIM CLUB

NEW ENGLAND SENIOR CHAMPIONSHIPS:**Individual High Point Winners:**

1. ERICA MEISSNER	MAG	1. SEAN RILEY	BOSS
2. JENNA BARBARY	SSA	2. COREY SWANSON	MAG
3. TAYLOR MCFARLANE	SSA	3. SALVATORE BARBA	SAC
4. SARAH KEARNS	SAC	4. KEITH PARENT	PVAC
5. LAUREN BRADY	NWSC	5. NICOLAS CHEVALIER	MAG
6. MEAGHAN COLLING	SAC	6. STEPHEN SPINELLI	PVAC
MARY CHEFFERS	MAG	7. STEFAN BARTL	MAG
8. STACIE LESNESKI	MAG	8. NICK LAKE	PAC



continued.....

Team Rankings, Senior Championships:

1. MAGNUS AQUATIC GROUP
2. BAY AND OCEAN STATE SQUIDS
3. SHAWMUT AQUATIC CLUB
4. SEACOAST SWIMMING ASSOCIATION
5. NEW ENGLAND BARRACUDAS
6. PIONEER VALLEY AQUATIC CLUB
7. SEEKONK DOLPHINS
8. NEW WAVE SWIM CLUB

**CAMPS CAMPS CAMPS CAMPS CAMPS CAMPS CAMPS CAMPS**

Included in this newsletter is information and an application for two "Catch the Spirit" Camps sponsored locally by USA Swimming and New England on the weekend of May 30--June 1. On the same weekend is a USA Swimming Regional Distance Camp at Brown University and a USA Swimming Regional Select Camp at State College, PA. Information concerning these camps is on the USA Web Site, www.usa-swimming.org, or contact the New England office for time standards and applications.

**United States Swimming
New England**

20 Cleveland Road Needham, MA 02492-3006

FIRST CLASS



USA SWIMMING
"Catch the Spirit"
Camp 2003



ATHLETE APPLICATION

Name: _____

Address: _____

City, State & Zip: _____

Phone & e-mail: _____

Date of Birth: _____ Age : _____ Male _____ Female _____

USA Swimming Registration #: _____

Club Name: _____

Club Coach & phone #: _____

MEDICAL and/or DIETARY CONSIDERATIONS: _____

***Please list times in yards:**

50 Free _____ 100 Free _____ 200 Free _____ 500 Free _____

1000/1650 _____

50 Back _____ 100 Back _____ 200 Back _____

50 Breast _____ 100 Breast _____ 200 Breast _____

50 Fly _____ 100 Fly _____ 200 Fly _____

100 IM _____ 200 IM _____ 400 IM _____

Level I & II Camp, May 31st _____ Level III Camp, June 1st _____

PLEASE RETURN TO: Amy Parratto / Camp Director

"Catch the Spirit" LSC Camp
14 Back Road
Dover, NH 03820

*Return by May 4th w/ \$15.00 check payable to: NE Swimming

HIGH POINT WINNERS: CONGRATULATIONS to the High Point Winners at the recent New England Swimming Championships:

EIGHT and under AGE GROUP CHAMPIONSHIPS:

Dartmouth College:

1. ERICA MACSWAN	RRSC	1. RYAN DEAN	HRV
2. TOIREASA RAFFERTY-MILLER	YNS	2. JOSEPH HIBBERT	PVAC
3. MEGAN ALEXANDER	YNS	3. KENDALL PASTERIS	HRV
4. AMANDA KONIECZNY	HYV	4. EVAN GREY	GMA
5. CHRISTA WEAVER	GMA	5. GRANT REEDER	NCAC
6. ANGELA HARRINGTON	HYV	6. AD HOSKING	GTRS
7. ELLIE LAUKAITIS	VAST	7. ANTONY HUBBARD	LRW
8. MEGAN GRACE	PYPB	8. SEAMUS SPENDLEY	GTRS

Salem State College:

1. RACHEL MOORE	ANA	1. JAMESON MCSHEA	CCSC
2. MARY KEOUGH	SAC	2. SCOTT MCGINTY	ANA
3. JULIA TORABI	ANA	3. DANNY BEISEL	BOSS
4. BIANCA SPINAZZOLA	BOSS	4. THOMAS BRAWLEY	BOSS
CLARE GOSLANT	BAT	5. JOHN GRANT	SD
6. ANGELICA SPINAZZOLA	BOSS	6. WILL GUNSHENAN	CUDA
7. HOPE KISSICK	SSYS	7. ADAM KORSON	BGCP
8. MARGARET D'INNOCENZO	MAG	8. TIM ONUFRIEV	BOSS

9 through 12 AGE GROUP CHAMPIONSHIPS, Salem State College:

9 and 10:

1. ELIZABETH BEISEL	MAG	1. LUCA SPINAZZOLA	BOSS
2. SHANNON BENDER	MAG	2. JAKE KISSICK	SSYS
3. ALEX FRASIER	CUDA	3. CONOR MCAULIFFE	MAG
4. MOLLY BULGER	GTRS	ROY SUNG	SAC
5. COLLEEN MCCORMACK	MELY	5. BEN LACHANCE	BOSS
6. REBECCA AIELLO	MAG	6. MATTHEW GRIPPO	PVAC
7. SARA LI	UN	7. JARED MURPHY	BYB
8. JOHANNA FLEMING	HRV	8. PATRICK SULLIVAN	MAG

11 and 12:

1. CHIARA SPINAZZOLA	BOSS	1. GREG LOWEN	BGSC
2. CARA VOGEL	SSYS	2. MICHAEL MONOVOUKAS	BGSC
3. ELENA WALTERMAN	SAC	3. CONOR SWANSON	MAG
4. CAROLINE WEAVER	GMA	4. MARK SCALISE	YNS
CAITLIN MICHAELS	NCAC	5. WILLIAM HOOPER	BOSS
6. JEN TRODDEN	ANA	6. ROBERT BAILEY	BOSS
7. LAURA MORIARTY	CUDA	7. PHIL BRADY	NWSC
8. MEAGHAN BAILEY	MAG	8. THOMAS HUYNK	MELY

Team Rankings, 9--12 Age Group Championships:

1. MAGNUS AQUATIC GROUP
2. BAY and OCEAN STATE SQUIDS
3. BERNAL'S GATOR SWIM CLUB
4. YMCA of the NORTH SHORE
5. ANDOVER/NORTH ANDOVER YMCA
6. YMCA of the SOUTH SHORE
7. MELROSE YMCA
8. SHAWMUT AQUATIC CLUB

CONTINUED.....



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

APRIL 2003

IN THIS ISSUE: ANNUAL MEETING INFORMATION; CAMP WEEKEND INFORMATION;
NE LONG COURSE CALENDAR and TIME STANDARDS; ATHLETE
REP APPLICATION; NE SWIMMERS AT ZONES and SECTIONALS...

Short Course Championships 2004 Proposal for change

Current system: New England has 6 separate end of season meets occupying 6 weekends and requiring the use of nine separate pools. The end of season meets begin in early February and end in the middle of March.

Rationale for change: By combining several of these meets, we can shorten the end of season to 4 weeks, start toward the end of February (when more college pools are potentially available), cut down on travel, reduce the required number of pools thereby ensuring quality venues for all meets and improve on the team atmosphere by keeping swimmers together. This change will also make it easier for teams to staff the meets with coaches and to prepare all athletes within the same general time frame.

Proposal: Merge the Bronze and District Meets with cut-on and cut-off times. We would hold 3-4 of these meets throughout New England depending on the anticipated numbers. The name for these meets would be changed to reflect that they are regional meets. These meets would be held on the first of four weekends for end of season meets. The next weekend we would hold the 8 & under championship meets as we have done recently (two sites). The third weekend would be our 9-12 championship meet with no change in format (one site). This weekend would coincide with the Speedo Championship meet date. The last weekend would be the New England Open with the format similar to the Long Course Open.

Goal: Streamline the end of season meets. Eliminate fragmentation of meets attended and confusion over which meets swimmers are participating in. Expand the number of pools that might be available for use. Provide positive experiences with good competition for all levels while holding the team together thereby improving the team concept.

continued.....

The Board of New England Swimming will meet at 7 pm on June 10, 2003 at the Wellesley Community Center, Wellesley, MA.

If you have comments or suggestions, please contact one (or all) of the following before Wednesday, April 23, 2003: Ray Grant (RCGrant@attbi.com), Dan Warner (NSSC1@aol.com), or Pam Warner (pmw2@hotmail.com).



CAMP WEEKEND--MAY 31 and JUNE 1, 2003:

USA/NE CATCH THE SPIRIT CAMPS:

Saturday, May 31: Level I and Level II. Swimmers are 9--12 with times not faster than NE District times. Seekonk (MA) High School.

Sunday, June 1: Level III. Swimmers are 10--14 with at least two age group championship times. University of NH, Durham, NH

For the above camps, contact Amy Parratto at parratto@seacoastswimming.com or the New England Office. Information is also available on the NE web site.

USA SWIMMING REGIONAL DISTANCE CAMP: Swimmers are 13--18 and meet standards below. The overnight camp is May 31--June 1 at Brown University. Contact the NE office for applications which are due by May 15.

USA SWIMMING REGIONAL SELECT CAMP; Swimmers are 13--18 and meet standards below. The overnight camp is May 30--June 1 at Pen State University. Contact the NE office for applications which are due by May 15.

MINIMUM TIME STANDARDS REQUIRED FOR APPLICATION

GIRLS							BOYS						
Short Course Yards			Long Course Meters				Age	Short Course Yards			Long Course Meters		
400 IM	1000 Fr	1650 Fr	400 IM	800 Fr	1500 Fr	400 IM		1000 Fr	1650 Fr	400 IM	800 Fr	1500 Fr	
4:53.49	11:00.69	18:42.89	5:32.09	9:55.39	19:19.59	13	4:36.99	10:32.99	17:49.99	5:15.29	9:40.29	18:26.89	
4:45.79	10:47.09	18:10.39	5:23.79	9:37.99	18:58.59	14	4:29.39	10:21.19	17:31.59	5:06.99	9:27.89	18:08.99	
4:42.89	10:40.09	18:07.89	5:22.29	9:33.69	18:55.09	15	4:20.99	10:10.09	17:15.09	4:59.89	9:11.09	17:39.59	
4:36.19	10:27.19	17:45.79	5:14.39	9:28.39	18:10.79	16-18	4:13.69	9:53.09	16:49.39	4:52.99	8:59.79	17:19.09	

Regional Select Camp Time Standards (Revised 2003)

Event	Time Standards				Outreach * Only Time Standards			
	Girls		Boys		Girls		Boys	
	LCM	SCY	LCM	SCY	LCM	SCY	LCM	SCY
100 Free	1.01.69	54.39	55.69	48.99	1.03.69	56.39	57.69	50.99
200 Free	2.12.09	1.57.19	2.03.99	1.47.79	2.16.09	2.01.79	2.07.99	1.51.79
400 Free	4.38.19	5.10.79	4.23.99	4.51.29	4.46.19	5.18.79	4.31.99	4.59.29
100 Back	1.09.39	1.00.39	1.03.79	54.59	1.11.39	1.02.39	1.05.79	56.59
200 Back	2.28.99	2.09.99	2.18.29	1.58.59	2.32.99	2.13.99	2.22.29	2.02.59
100 Breast	1.18.29	1.08.39	1.11.29	1.01.39	1.20.29	1.01.39	1.13.29	1.03.39
200 Breast	2.47.99	2.27.99	2.34.79	2.13.99	2.51.99	2.31.99	2.38.79	2.17.99
100 Fly	1.07.29	59.89	1.01.09	53.69	1.09.29	1.01.89	1.03.09	55.69
200 Fly	2.27.19	2.10.39	2.15.99	1.59.59	2.31.19	2.14.39	2.19.99	2.03.59
200 IM	2.30.59	2.12.39	2.19.99	2.00.49	2.34.59	2.16.39	2.23.99	2.04.49

* Outreach refers to minority and disadvantaged youth. These standards are NOT consideration times!

ANNUAL MEETING, Saturday, May 3, 2003

The Annual Meeting of New England Swimming will be held on Saturday, May 3, 2003 at the Wellesley Community Center, Wellesley, MA. Please encourage your team to be well represented. Each team and each board Member has one vote, but all others are encouraged to attend.

ANNUAL MEETING: 8:30 Coffee and Registration

9:00 General Meeting, Budget, Election of Officers. If you have an item to discuss at the general meeting, please contact the New England Office (7 81-449-0270 or office@neswim.com).

10:30 Meet Manager's Meeting, Meet Data Management. Teams running a meet (or planning to run a meet) during the next year are required to send a representative to the Meet Manager's Meeting.

10:30 Starter's Certification and Recertification. Contact Pam Warner to register (781-749-2526 or pmw2@hotmail.com)

10:30 Clinic for existing Referees and Facilitators. Contact Bill Geary if you plan to attend (wgeary@nutter.com)

10:30 Coaches' Meeting and election of new Junior Representative. If you have items to discuss or are interested in running for the new Junior Representative, contact Laura Matuszak at lmatuszak@smcvt.edu

Please put this meeting on your calendar and keep the day free for coaches and parents to attend the meeting.

SLATE OF OFFICERS:

Carol Healey	Treasurer
Ray Grant	Age Group Chairman
Dan Warner	Technical Chairman



This Slate of Officers will be elected at the Annual Meeting. Nominations from the floor will be accepted. The Coaches will elect their representative at the Coaches Meeting following the Annual Meeting.

DIRECTIONS TO THE WELLESLEY COMMUNITY CENTER, 219 Washington Street (Route 16), Wellesley, MA.

From Route 128 take Route 9 west.. After the second set of lights, turn right at the blinker (the sign says Route 16). At the light at the end of the ramp, stay to the right and cross Route 16 into the parking lot. Be careful, cars on Route 16 are not necessarily expecting you!

From the west, take Route 9 east. Exit at Wellesley Hills, Route 16. At the lights at the end of the ramp, turn left, cross back over Route 9 and turn left into the driveway which is just beyond the ramp to Route 9.

New England Age Group Championship
Qualifying Times for 2002-2003

Women		8 & Under	Men	
LCM	SCY	EVENTS	SCY	LCM
	21.49	25 FR	21.59	
46.35	46.99	50 FR	48.99	47.29
1:51.49	1:47.99	100 FR	1:49.49	1:51.99
	24.79	25 BK	26.59	
55.49	54.99	50 BK	57.99	1:01.69
	28.49	25 BR	28.59	
1:04.89	1:02.99	50 BR	1:05.99	1:06.19
	24.49	25 FL	26.49	
1:03.49	57.99	50 FL	1:09.19	1:14.29
	1:56.99	100 IM	2:00.39	
4:29.99		200 IM		4:29.99

Women		9-10	Men	
LCM	SCY	EVENTS	SCY	LCM
37.23	<u>32.19</u>	50 FR	<u>33.09</u>	39.28
1:22.50	1:11.61	100 FR	1:14.89	1:28.40
2:59.49	2:36.42	200 FR	2:43.99	3:09.49
6:25.04	7:10.89	400/500	7:10.89	6:34.99
44.61	<u>38.39</u>	50 BK	<u>39.69</u>	47.06
1:36.32	1:23.55	100 BK	1:28.15	1:44.63
50.14	43.73	50 BR	46.50	54.19
1:47.86	1:34.89	100 BR	1:43.76	1:58.59
43.97	<u>37.19</u>	50 FL	<u>40.39</u>	47.09
1:45.96	1:29.33	100 FL	1:39.99	1:49.49
	<u>1:22.29</u>	100 IM	<u>1:25.79</u>	
3:23.29	3:00.67	200 IM	3:15.11	3:39.99

Women		11-12	Men	
LCM	SCY	EVENTS	SCY	LCM
32.29	28.29	50 FR	29.09	33.19
1:10.99	1:02.09	100 FR	1:03.99	1:12.99
2:33.19	2:15.00	200 FR	2:19.29	2:36.99
5:20.89	6:03.99	400/500	6:12.29	5:39.99
11:36.59	13:00.49	800/1000	13:00.49	11:36.59
21:47.19	22:30.49	1500/1650	22:30.49	21:47.19
38.19	33.59	50 BK	34.79	40.49
1:21.19	1:11.59	100 BK	1:14.99	1:25.99
2:57.68	<u>2:38.19</u>	200 BK	2:48.49	3:10.79
42.49	37.59	50 BR	38.29	45.99
1:33.99	1:20.99	100 BR	1:24.99	1:40.89
3:22.63	<u>3:00.79</u>	200 BR	3:09.29	3:34.39
36.19	31.94	50 FL	33.35	38.29
1:21.59	1:12.99	100 FL	1:17.59	1:31.59
3:12.49	2:46.99	200 FL	2:46.99	3:12.49
	1:11.59	100 IM	1:13.99	
2:53.99	2:32.99	200 IM	2:38.99	3:02.49
6:17.43	<u>5:36.19</u>	400 IM	5:45.49	6:31.19

All times must date from July 25, 2002.

NE OPEN CHAMPIONSHIP CUTS

LCM	WOMEN SCY	OPEN EVENTS	MEN SCY	LCM
30.29	26.59	50 FR	25.59	29.59
106.89	58.09	100 FR	55.49	104.29
224.09	205.89	200 FR	202.19	221.29
500.49	531.89	500/400	529.79	454.79
10:27.09	11:40.99	1000/800	1120.99	10:18.39
19:43.29	19:18.99	1650/1500	1903.99	19:23.89
117.99	106.39	100 BK	105.39	118.69
247.59	223.59	200 BK	221.99	243.39
129.79	116.59	100 BR	114.29	126.49
309.59	243.59	200 BR	240.99	308.39
115.79	105.89	100 FL	105.69	115.79
249.19	228.59	200 FL	230.39	248.39
244.19	223.19	200 IM	220.39	243.79
546.19	501.19	400 IM	458.79	544.79

LONG COURSE CALENDAR for 2003.

- May 3 New England Swimming Annual Meeting, Wellesley Community Center,
Wellesley, MA
New England Office, 781-449-0270
- May 10—11 North Shore Swim Club Team Specialty Meet, Salem (MA) State College
Dan Warner, 978-542-6809 (NOTE CHANGE OF DATE)
- May 16—18 Cape Cod Swim Club Team Specialty Meet, Mass Maritime Academy,
Buzzards Bay, MA
Alan Sanders, 508-759-7107
- May 23—25 *Pioneer Valley Aquatic Club "A" Meet, Springfield (MA) College
Jane Woodward, 413-567-6962
- May 24—25 *Attleboro Bluefish Team Specialty Meet, McDermott Pool, Warwick, RI
Paul Mangili, 508-761-8992
- May 31—1 NES/USA "Catch the Spirit" Swim Camps
May 31—Level I and Level II, Seekonk (MA) High School
June 1—Level III, University of New Hampshire, Durham, NH
Amy Parratto, 603-749-2869
- June 7—8 *Seacoast Swimming Association Team Specialty Meet, Jenny Thompson
Pool, Dover, NH
John Barbary, 603-742-9601
- June 14—15 Greenwood Memorial Swim Club Team Specialty Meet, Greenwood
Memorial (outdoor) Pool, Gardner, MA
Joann Foley, 508-799-7135
- June 20—22 *Shawmut Aquatic Club Team Specialty Meet, University of Connecticut,
Storrs, CT
Carrie Thompson, 781-235-3150
- June 20—22 *Pioneer Valley Aquatic Club Team Specialty Meet, Springfield (MA)
College
Jane Woodward, 413-567-6962
- June 21—22 *Seacoast Swimming Association Team Specialty Meet, Jenny Thompson
Pool, Dover, NH
John Barbary, 603-742-9601
- June 27—29 MEET at University of Connecticut CANCELLED

- July 10—13 *Seacoast Swimming Association Qualifier Meet, Jenny Thompson Pool,
Dover, NH
John Barbary, 603-742-9601
- July 18—20 Greenwood Memorial Swim Club Team Specialty Meet, Greenwood
Memorial (outdoor) Pool, Gardner, MA
Joann Foley, 508-799-7135
- July 24—27 *New England Swimming 12 and under Age Group Championships,
Harvard University, Cambridge, MA
- July 24—27 *Speedo Championship Series (Sectionals), Flickinger Aquatic Center,
Buffalo, NY
- July 31—3 *New England Open Championships, Brown University, Providence, RI
- August 5—9 *USA Swimming Nationals, University of Maryland
- August 6—9 *Eastern Zone Championships, University of Pittsburgh (PA)

* Long course (50 meter) pool

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NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL
                             20 Cleveland Road
                             Needham, MA 02492-3006
                             781-449-027-
                             FAX: 781-449-7903
                             e-mail: office@neswim.com
                             Web site: www.neswim.com
OFFICE HOURS: Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m.
                Thursday: 8 a.m.--2 p.m.
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AGE GROUP ASSISTANT COACH wanted for the YMCA of Greater Westfield. Experience preferred; certifications preferred. Please send resume to: Peggy O'Brien, YMCA of Greater Westfield, 67 Court Street, Westfield, MA 01085.

EXPERIENCED AGE GROUP COACH AVAILABLE beginning 9/1/2003 in the Greater Lowell area. USA Swimming certified coach, stroke and turn judge, starter. ASCA level 1 certified, level 2 pending. Red Cross lifeguard and WSI; Three years experience with 12 and under; references available. Tim Sheehan at timsheehan@mindspring.com or phone 978-937-0965.

Attention All Athletes!

The Board of New England Swimming is looking for a new Junior Athlete Representative. This person will fill Caitlin's position when she becomes the Senior Athlete Rep in the summer. All swimmers who are entering their junior year of high school in the fall, are actively involved in NE swimming, and have a desire to communicate and help represent the swimmers of New England are encouraged to apply.

All applicants must write a 1-page essay which includes the following:

- the qualities that you possess which would make you a good athlete rep
- the reasons why you want to become athlete rep
- any other pertinent information

Essays as well as athlete name, and club name can be emailed to Caitlin Grant at CGswim2004@hotmail.com, or they can be mailed to her at:

80 Davis Street
Seekonk, MA 02771

All applications are due by **June 1, 2003**. Athletes will be notified shortly thereafter.

If you have any questions, please contact Caitlin through email or phone (508-336-9982). Thank you!

NEW ENGLAND ZONE TEAM MEMBERS, March 2003

The New England Zone Team recently participated in the Eastern Zone Championship Meet at Gloucester Institute of Technology in Sewell, NJ. CONGRATULATIONS to all the swimmers who represented New England.

ELIZABETH BEISEL broke the National Age Group Record in the 9 and 10 200 yard IM and broke the Zone Meet record in the 500 yard freestyle. She also won the 100 yard IM, the 200 yard freestyle and the 100 yard backstroke. CONOR MCAULIFFE (9 and 10 100 yard backstroke) and LAUREN BRADY (13 and 14 400 yard IM) also won events.

9 and 10:

COLLEEN MCCORMACK	MELY	*ROY SUNG	SAC
REBECCA AIELLO	MAG	*MARK KISSICK	SSYS
*JOHANNA FLEMING	HRY	*CONOR MCAULIFFE	MAG
*ALEXANDRA HALL	ANA	*SHANNON BENDER	MAG
*ELIZABETH BEISEL	MAG		

11 and 12:

CAITLIN MICHAELS	NCAC	PHILIP BRADY	NWSC
OLIVIA DOTY	PSC	JULIAN AZARET	MAG
*MARY CHAPMAN	NCAC	COURTLAND PARKER	YNS
JENNIFER TRODDEN	ANA	PAUL DRYKACZ	PVAC
*ELENA WALTERMAN	SAC	*MARK SCALISE	YNS
ALEXANDRA SUPPAN	BYD	*CONOR SWANSON	MAG
MEAGHAN BAILEY	MAG	TYLER LAREAU	YNS
*LAURA SOGAR	RAMS	AMY NEEDHAM	YNS

13 and 14:

ALEA PADDOCK	NCAC	BRYAN EISENBERGER	PVAC
KELBY ZIMMERMAN	PVAC	*LAUREN BRADY	NWSC
*JILL KEARNS	SAC	HILARY GRAM	SAC
ELLIS GANLEY	NCAC	ANGELA REUTER	SAC
MEREDITH MEAD	YNS	LAUREN WALKER	MAG
KIERSTIN ORESMAN	MAG	KATIE MARSHALL	MAG

15—18:

VINCENT PRYOR	GTRS	EMILY FELEEN	NCAC
---------------	------	--------------	------

*Swimmers who scored points (the top 8) in one or more individual events. The teams listed are the teams that the swimmers represented when they were selected for the team. At the meet they all represented New England. Coaches for the team were: Laura Matuszak (GMA), David Bott (SAC), Maura Scalise (YNS) and Ray Grant (SD), coach and team manager.

SPEEDO CHAMPIONSHIP SERIES (Sectionals), Long Island, NY

New England was well represented at the recent Speedo Championship Series (Sectionals) in Long Island, NY.

Individual events were won by Hee Jin Chang of BOSS (100 free) and Sean Riley of BOSS (100 fly). SAC won the girls 400 free relay (Butts, Farrell, C. Colling, M Colling).

Swimmers who participated in Finals:

Claire Hawley	CCSC	Jason Eaddy	CMSC
Tobias Work	CCSC	Derek Castellana	BGSC
Kait Strickland	CUDA	Sarah Bargmann	BGSC
Holly Hinds	CUDA	Emily Brush	BGSC
Nikki Laffel	CUDA	Annie Kelley	BGSC
Eric Nilsson	CUDA	Karen Gately	BGSC
David Russell	CUDA	Chase Butler	BGSC
Stephanie Colson	CUDA	Jessica Aiello	BGSC
Hee Jin Chang	BOSS	Jessica Perry	BGSC
Caitlin Maguire	BOSS	Katie Fritsch	BGSC
Kate O'Brien	BOSS	Keith Parent	PVAC
Kevin Donohue	BOSS	Greg Chartier	PVAC
Sean Riley	BOSS	Salvatore Barba	SAC
James Bailey	BOSS	Sarah Kearns	SAC

Swimmers who participated in Consolations:

Kevin Pudas	BOSS	Stephen Spinelli	PVAC
Ben Bullitt	BOSS	Michael Scibelli	PVAC
Robert Schotter	BOSS	Laila Gagnon	PVAC
Katie Haron	BOSS	Meaghan Colling	SAC
Annie Goldstein	BOSS	Eliza Butts	SAC
Meghan Healey	BOSS	Erica Stutius	CUDA
Lauren Brady	NWSC	Kelly Robinson	CUDA
Dillon Delaney	CCSC	Nick Lake	PAC
Stephanie Greco	HARV	Kara Ernst	SD

Swimmers who participated in the Bonus Heat:

Caroline Dowd	BGSC	Taylor Goodwin	CUDA
Sara Aiello	BGSC	Stephen Miller	CUDA
Jessica Santapaul	BGSC	Billy Rubenstein	CUDA
Megan Farrell	SAC	Elizabeth Mancuso	ANA
Caitlin Colling	SAC		

Others who participated in the meet:

Mary Dooe	BGSC	Michael Langelier	BOSS
Sarah Ernst	BGSC	JJ Reardon	BOSS
Deirdre Devlin	BGSC	Lindsay Woodward	BOSS
Nikki Woodward	PVAC	Katherine Curley	BOSS
Caitlin Grant	SD	Melissa Hambelton	BOSS
Eric Simpson	CUDA		

REMINDER: Reimbursement is available for those swimmers and coaches who qualify. Applications must be submitted within 8 weeks of the meet. Check the web site, the December issue of this newsletter or contact the office for the policy and the application.



**United States Swimming
New England**

20 Cleveland Road Needham, MA 02492-3006

FIRST CLASS



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

MAY 2003

IN THIS ISSUE: BID FORM FOR SHORT COURSE; ATHLETE REP APPLICATION;
SCHOLASTIC ALL AMERICA INFO & APPLICATION; 2004 NES
BUDGET; 2004 REGISTRATION FEES; OFFICIALS CLINIC

NEW OFFICERS and COMMITTEE MEMBERS:

CONGRATULATIONS to the new officers and committee members who were elected at the Annual Meeting on May 3, 2003.

Treasurer: Carol Healey

Age Group Chairman: Ray Grant

Technical Chairman: Dan Warner

Nominating Committee: Priscilla Davis
Reid Christen
Paul Mangili
Mike Parratto
Scott Doty.

Review Board: Priscilla Davis
Jon Hurst
Ray Grant
Rick Battistini

Alternates: Harriet Kinnett
Jeff Johnson



At the Coaches Meeting, the coaches elected Chuck Batchelor (CUDA) as the new Junior Coach Representative. Laura Matuszak (GMA) will continue as the Senior Coach Representative for another year.

Caitlin Grant is still accepting applications for the Junior Athlete Representative. The new representative will be selected at the June meeting of the New England Board.

The Board of New England Swimming will meet on Tuesday, June 10, 2003 at 7 pm at the Wellesley Community Center, Wellesley, MA. All members of the New England Swimming Community are welcome to attend.

Attention All Athletes!

The Board of New England Swimming is looking for a new Junior Athlete Representative. This person will fill Caitlin's position when she becomes the Senior Athlete Rep in the summer. All swimmers who are entering their junior year of high school in the fall, are actively involved in NE swimming, and have a desire to communicate and help represent the swimmers of New England are encouraged to apply.

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- the qualities that you possess which would make you a good athlete rep
- the reasons why you want to become athlete rep
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Essays as well as athlete name, and club name can be emailed to Caitlin Grant at CGswim2004@hotmail.com, or they can be mailed to her at:

80 Davis Street
Seekonk, MA 02771

All applications are due by **June 1, 2003**. Athletes will be notified shortly thereafter.

If you have any questions, please contact Caitlin through email or phone (508-336-9982). Thank you!

2003 SPRING/SUMMER OFFICIAL'S CLINICS

STROKE AND TURN CERTIFICATION FOR NEW OFFICIALS
STROKE AND TURN RE-CERTIFICATION FOR CURRENT OFFICIALS
STARTER CERTIFICATION AND RE-CERTIFICATION



WHEN: Tuesday, May 20, 2003, 6:00pm - 8:00pm (Stroke and Turn Clinic)
Thursday May 22, 2003, 6:00pm – 8:30pm (Starter Clinic with S&T re-cert)

WHERE: St. Michael's College Pool Classroom, Colchester, VT

WHO SHOULD ATTEND: Anyone interested in learning to officiate!

Parents of swimmers, tired of sitting in the stands? Learn the USA swimming rules and regulations for swimming and help run our swim meets. Officiating is a volunteer activity and a way to help our kids have a quality swim program.

WHAT'S INVOLVED? Attend a clinic once every two years; take the USA swimming officials test (open book); join USA Swimming; work at meets and have fun with a great group of parents who are already officiating.

Directions from south: Interstate 89 to exit 15, bear right at bottom of ramp heading east on Route 15, turn left at first traffic light into St. Michael's parking lot. *Directions from north:* Interstate 89 to exit 16, Route 2 & 7 south for one mile, turn left in downtown Winooski (traffic lights) heading east on Route 15. Pass under Interstate 89 heading up hill to first traffic light. Turn left into St. Michael's parking lot. *The pool* and Ross/Tarrant Sports center are in the far corner.

NOTE TO RE-CERTIFYING OFFICIALS: Bring your blue cards and current USA Swimming membership card. Starter candidates need 2 years experience as a Stroke and Turn official before advancing to Starter.

NOTE TO VSA or CVSL OFFICIALS: These clinics meet the requirements for Vermont Swim Association and Champlain Valley Swim League; VSA and CVSL summer only officials are encouraged but not required to join USA swimming.

Please RSVP to Don Weaver (donald.weaver@uvm.edu) or (802) 862-1262 so that appropriate quantities of handout material can be prepared.

REGISTRATION FEES FOR 2004—2014:

At the USA Swimming Convention in September 2002, the House of Delegates approved the following dues increase:

Membership Category	Current	2004	2005—2014
Athlete	\$25.00	\$40.00	\$1.00/year
Individual Non-Athlete	\$25.00	\$40.00	\$1.00/year
Non-Athlete Family (by 2014, there will be no family discount)	\$45.00	\$75.00	\$2.50/year

There are no changes to Outreach, Club, Sports Medicine, Affiliate, Allied or Life memberships.

The above fees do not include the New England membership fee.

As you can see, New England had to increase its membership dues for 2004 to reflect the increase in the USA Swimming dues. For your information, dues for 2003 are listed, also.

ATHLETE FEES:

The athlete fee for 2004 will be \$50 (\$40 to USA Swimming, \$10 to NE Swimming)

The athlete fee for 2003 was \$35 (\$25 to USA Swimming, \$10 to NE Swimming)

NON ATHLETE FEES:

The individual fee for 2004 will be \$45 (\$40 to USA Swimming, \$5 to NE Swimming)

The individual fee for 2003 was \$30 (\$25 to USA Swimming, \$5 to NE Swimming)

The family fee for 2004 will be \$80 (\$75 to USA Swimming, \$5 to NE Swimming)

The family fee for 2003 was \$50 (\$45 to USA Swimming, \$5 to NE Swimming)

CLUB FEES:

The club fee for 2004 will be \$165 before 12/1/2003 (\$160 to USA Swimming, \$5 to NE Swimming)

The club fee for 2004 will be \$200 after 12/1/2003 (\$160 to USA Swimming, \$40 to NE Swimming)

The club fee for 2003 was \$125 before 12/1/2002 (\$120 to USA Swimming, \$5 to NE Swimming)

The club fee for 2003 was \$150 after 12/1/2002 (\$120 to USA Swimming, \$30 to NE Swimming)

NOTE: The New England Swimming club fee includes the fee for the head coach (\$45) and for the safety coordinator (\$45) as well as the USA Swimming club fee (\$70).

NEW ENGLAND SWIMMING FINANCIALS CASH BASIS

	BUDGET 9/1/02-8/31/03	DRAFT BUDGET 9/1/03- 8/31/04
INCOME		
Registration	225,000.00	322,750.00
Surcharges	55,000.00	55,000.00
Sanction Fees / Deposits	2,000.00	2,000.00
Top Ten / Records	500.00	500.00
DQ Slips	800.00	500.00
Newsletter /Subscriptions	1,000.00	500.00
Interest	4,000.00	1,000.00
Zone Income	15,000.00	15,000.00
Banquet	6,000.00	6,000.00
TOTAL INCOME	\$ 309,300.00	\$ 403,250.00
EXPENSES		
Registration	160,000.00	261,950.00
Office		
Salary	19,300.00	21,230.00
Payroll Taxes & Ins.	6,000.00	6,600.00
Office Equipment	500.00	500.00
Petty Cash	500.00	500.00
Postage	4,000.00	4,000.00
Printing	4,500.00	4,500.00
Telephone	1,000.00	1,000.00
Office Supplies	500.00	500.00
Athlete Support		
National Meets	10,000.00	8,000.00
Zones	37,000.00	37,000.00
Banquet	8,500.00	8,500.00
All Athlete Fund	1,500.00	1,500.00
Athlete Committee	600.00	600.00
*Awards	20,000.00	5,000.00
Officials	5,000.00	5,000.00
Safety	1,000.00	1,000.00
Meetings	1,000.00	1,000.00
Coaches		
Coaches' Clinics	1,000.00	1,000.00
Nat'l Meet Reimb.	3,000.00	3,000.00
Camps	600.00	600.00
Meet Subsidies	12,000.00	10,000.00
Conventions	7,000.00	7,000.00
Other	300.00	770.00
AOL/Website	12,500.00	12,500.00
TOTAL EXPENSES	\$ 317,300.00	\$ 403,250.00
*Budget Deficit	\$ 8,000.00	

*Note: \$8000 prepaid awards for the benefit of fiscal year end 8/31/04

ADOPTED--MAY 3, 2003



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

JUNE 2003

IN THIS ISSUE: END OF SEASON CALENDAR--SHORT COURSE, 2003--2004; ZONE MEET INFORMATION, TIME STANDARDS, APPLICATION; ONLINE TOOL TO CHECK ATHLETE REGISTRATION; NEW REGISTRATION POLICY & INFORMATION; BOSTON SWIM COACHES' CLINIC....

CONGRATULATIONS to THOMAS BAILEY (BOSS) who was named the new Junior Athlete Representative at the June meeting of the Board. CAITLIN GRANT (SD) will move up to the Senior Athlete Representative.

END OF SEASON CALENDAR--SHORT COURSE, 2003--2004:

- February 13--15: REGIONAL MEETS: 4 sites, timed finals for all age groups. This meet would be the end-of-season meet for 8 and unders
- February 20--22: 9--12 AGE GROUP CHAMPIONSHIPS: trials and finals for 11--12; 9--10 timed finals in the afternoon; qualifying times
- February 26--29: 13 and over AGE GROUP CHAMPIONSHIPS: trials and finals; 2 age groups, qualifying times; warm-up pool availability desirable
- March 4--7 : NEW ENGLAND SENIORS: open age group; trials and finals; warm-up pool availability desirable
- March 11--14 : SECTIONALS, Long Island, NY

Bids for the end-of-season meets are due no later than July 20 to Mary Riddell, Dan Warner, and Pam Warner. Please submit bids on the New England bid form located on the New England web site. Meet invitations for these meets are not due at this time, but will need to be submitted to the above individuals, and also the age group and senior chairmen of New England Swimming at a later date TBA.

After careful consideration the Board adopted the revised calendar above at the June board meeting. The feedback we received was that we should reinstate seniors for another season, add the 13 and over age group meet back in, and retain the new proposed regional meet format. The 8 and under championships were eliminated for several good reasons. The coaches' representative will address this issue in a future communication. The primary comment we keep hearing is that coaches want to have a progression of meets so the calendar schedule reflects that point.

continued....

The Board of New England Swimming will not meet in July or August. The Board will meet on Tuesday, September 2, 2003 at 7 pm at the Wellesley Community Center, Wellesley, MA.



New England Swimming



Home
Online Times Database
2003 LCM Calendar
2003-04 SCY Calendar
Online Tools
Camps
Time Standards
Records/Top Times
Forms/Policy
Teams/Contacts
Board/Committees
Board Meetings
Athlete Reps
Officials
Coach Reps
Technical
Archives
About this site

www.neswim.com

New Online Tool: Check Athlete Registration

New England Swimming is on a mission during the summer 2003 long course season to improve the accuracy of team and athlete registration data. There is a new online tool on the New England Swimming web site that allows you to check the registration data in any Hy-Tek Team Manager or Meet Manager database against the registration database maintained by New England Swimming.

USA Swimming rules and New England Swimming policy require that all entries for New England meets include correct athlete name, birthdate, and USA Swimming ID number.

The tool can be found on the New England Swimming web page (www.neswim.com) in the "Online Tools" section. Full instructions may also be found online.

We urge all teams to be proactive about checking their Team Manager databases using this online tool, and to make appropriate adjustments to their team databases. If you find any mistakes in the registration data in the New England Swimming database, please contact Mary Riddell in the New England Swimming office so it can be corrected.

Beginning with the SCY 2003-2004 season, the following new policies will be in place:

- All athletes must be registered with USA Swimming *before* being entered into a meet.
- Meet entries for athletes containing incorrect USA Swimming ID numbers, or other incorrect registration data, will not be accepted into meets and will be returned.
- Teams will be fined \$100 for each unregistered athlete that is entered into a New England meet (as allowed by USA Swimming rule 302.4).

By correcting all of the athlete registration problems in our area meets, we hope to make the task of tabulating New England Top-10, National Top-16, New England Records, and other rankings easier, and less prone to data errors. We thank you in advance for your cooperation!

If you have any problems using this online tool, please send an email to webmaster@neswim.com.

EASTERN ZONE ALL STAR SWIM MEET
NEW ENGLAND SWIMMING August 6-9
University of Pittsburgh Trees Pool, Pittsburgh, PA

New England Summer Long Course**Zone Team Information**

- Dates:** August 6-9, 2003 (Wednesday – Saturday)
- Location:** University of Pittsburgh, Pittsburgh, PA
- Pool:** Joseph Clifton Trees Pool, Darragh and Allequippa Sta.,
Pittsburgh, PA 15261
- Facilities:** 8-lane 50-meter pool with a 6-lane 25-yard pool for warm-up and warm-down.
- Warm-up:** Lanes will be assigned to each LSC. We are required to warm-up at our designated time in our designated lane. All swimmers are to swim in warm-up with the team or risk being scratched from the meet and relays for the day.
- Practice time:** The pool will be open for team practices from 7:00 a.m. – 9:00 p.m. on Tuesday, August 5th. The New England practice time will be determined later.
- Volunteer Responsibilities:** Each LSC is required to provide one official and two timers per session. All New England parents in attendance will be asked to either time or officiate for at least one session.
- Trials and Finals:** For all 11 and older swimmers, the top 8 swimmers from the preliminary sessions will be required to race in finals in the evening. All 10 and under events will be swum as timed finals. All 11 and older relays will be swum at finals at night. All 10 and under relays will be swum in the afternoon session as timed finals.
- Meet Times:**
- | | | |
|--------------|--------------------|----------------------|
| 13 and older | 7:00 a.m. warm-up | 8:30 a.m. meet start |
| 12 and under | 12:15 p.m. warm-up | 1:45 p.m. meet start |
| Finals | 5:30 p.m. warm-up | 6:30 p.m. meet start |
- Heat Sheets:** Daily heat sheets will be available for preliminaries (\$5.00) and for finals (\$2.00).
- Parking:** Parking will be in the OC lot next to the swimming complex.
- Swimmer Conduct:** Proper conduct at all times will be enforced by the coaches, chaperones, parents, meet marshals, and meet directors. Any swimmer found in marked out-of-bounds areas will be barred from the remainder of the meet.
- Hotel Blocks:** Westin Convention Center (formerly the Double Tree), Downtown Pittsburgh (10 minutes from the pool)
1-800-367-7478 reserve under New England Zone Team Block
30 double and king rooms at \$99.00
Wyndham Garden Hotel, University Place (three blocks/ 2 minutes from the pool on Forbes Avenue)
412-683-2040 reserve under New England Zone Team Block
12-15 double and king rooms at \$79.00 + \$5.00 per day to park



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

JULY 2003

IN THIS ISSUE: 2004 REGISTRATION FEES; USA SWIMMING COACH SAFETY CURRICULUM INFORMATION.....

Since much of the information in this issue pertains to coaches, please make sure that all coaches on your team receive the information.

REGISTRATION FEES FOR 2004:

The following fees will be in effect beginning September 1, 2003. All clubs individuals, and athletes who register after September 1, will be registered from that time until December 31, 2004.

FEES: Athletes	\$ 50
Non athlete, individual	\$ 45
Non athlete, family	\$ 80
Club, before 12/1/03	\$165
Club, after 12/1/03	\$200

Note that the club fee includes the membership fees for two non athletes, the head coach and the safety coordinator. For more complete information, refer to the sheet inside this newsletter.

GRADUATING SENIORS:

All graduating seniors will be recognized at the New England Open Championships. The recognition will take place on Sunday evening before the start of the finals session. If you will not be swimming in the meet but would like to attend the ceremony, please contact the office so that your name can be added to the list. If you will not be attending the ceremony, but would like your name and plans to be listed in the newsletter, please contact the office in writing.

The Board of New England Swimming will meet on Tuesday, September 2, 2003 at 7 pm at the Wellesley Community Center, Wellesley, MA.

REGISTRATION: USA Swimming will soon begin to use a new web-based program for all operations, including registration, Top 16, National Records, NIV's and meet results. It is very important for all teams to have accurate information in their team manager program including correct USA Swimming ID numbers for all athletes. Please continue to make sure that all records and ID numbers match the information that the New England office has. If you have not already done so, please use the new online tool to check athlete registration for your team. If there is an error in the New England data, please send the correction to the office in writing.

After September 1, please use 2004 registration forms which have a different configuration due to the new program and also reflect the new registration fees.

REVIEW BOARD: Following is the correct list of Review Board Members as:

Priscilla Davis, Chair

Caitlin Grant

Bill Geary

Alternates: Harriet Kinnett

Ray Grant

Rick Battistini

Jon Hurst

Jeff Johnson

LANE LINES FOR SALE: 7 black and red lane lines for sale; 75 feet long; good condition (6 years old). \$500 or best offer. Call Roy Coates at 617-373-2676.

HELP WANTED

Gordon College seeks a swimming coach for the men's and women's swimming program. This is a part-time position. Duties include practice and competition preparation and implementation, recruitment of athletes consistent with the scope of the college, and other coaching-related concerns. The program will enter its fifth year as a varsity sport at the college. The team uses the college's Bennett Center pool for practices and meets.

Gordon College is a non-denominational, evangelical Christian, liberal arts college with an enrollment of just over 1600 students. The college has a national recruiting base, with a "more selective" rating in admissions. The college is located in Wenham, MA on Boston's North Shore. Fax a letter of application and a resume with three references to: Joe Hakes, Athletic Director, at 978-867-4080.

The YMCA of Greater Westfield located in Westfield, Massachusetts is looking for a part time coach to work with a YMCA/USS age group program . There is the possibility of creating a full time position if desired by working in our instructional swim program as well. The full time position will include benefits. The swim team competes in an six-lane competition size pool with a complete Colorado Timing System with 6 lane display boards. The team currently consists of approximately 110 members with a strong parent support group. The individual must demonstrate strong communication, organizational and leadership skills, and be able to work with volunteers. The coach will be expected to incorporate the YMCA core values of Honest, Caring, Respect and Responsibility into the program. Applications should be received by August 15th. Please send resume and cover letter to Harry Rock, Executive Director at the YMCA of Greater Westfield, 67 Court Street, Westfield, MA 01085 or at hrock@westfieldymca.org or call him directly at (413) 568-8631.

REGISTRATION FEES FOR 2004—2014:

At the USA Swimming Convention in September 2002, the House of Delegates approved the following dues increase for USA Swimming registration fees:

Membership Category	Current	2004	2005—2014
Athlete	\$25.00	\$40.00	+ \$1.00/year
Individual Non-Athlete	\$25.00	\$40.00	+ \$1.00/year
Non-Athlete Family	\$45.00	\$75.00	+ \$2.50/year

(by 2014, there will be no family discount)

There are no changes to Outreach, Club, Sports Medicine, Affiliate, Allied or Life memberships.

The above fees do not include the New England membership fee.

As you can see, New England has to increase its membership dues for 2004 to reflect the USA Swimming increase. For your information, dues for 2003 are listed, also.

ATHLETE FEES:

The athlete fee for 2004 will be **\$50** (\$40 to USA Swimming, \$10 to NE Swimming)

The athlete fee for 2003 was \$35 (\$25 to USA Swimming, \$10 to NE Swimming)

NON ATHLETE FEES:

The individual fee for 2004 will be **\$45** (\$40 to USA Swimming, \$5 to NE Swimming)

The individual fee for 2003 was \$30 (\$25 to USA Swimming, \$5 to NE Swimming)

The family fee for 2004 will be **\$80** (\$75 to USA Swimming, \$5 to NE Swimming)

The family fee for 2003 was \$50 (\$45 to USA Swimming, \$5 to NE Swimming)

CLUB FEES:

The club fee for 2004 will be \$165 before 12/1/2003 (\$160 to USA Swimming, \$5 to NE Swimming)

The club fee for 2004 will be \$200 after 12/1/2003 (\$160 to USA Swimming, \$40 to NE Swimming)

The club fee for 2003 was \$125 before 12/1/2002 (\$120 to USA Swimming, \$5 to NE Swimming)

The club fee for 2003 was \$150 after 12/1/2002 (\$120 to USA Swimming, \$30 to NE Swimming)

NOTE: The New England Swimming club fee includes the fee for the head coach (\$45) and for the safety coordinator (\$45) as well as the USA Swimming club fee (\$70).

These fees will take effect as of **September 1, 2003**. Clubs, athletes, and non athletes that register after September 1, 2003 will pay the new fees but will be registered from the time they register through December 31, 2004.

TO: LSC General Chairs and Registration/Membership Chairs

Effective May 1st, USA Swimming entered into an agreement with the American Red Cross to become the National Authorized Provider for Safety Training for Swim Coaches (STSC). There are several advantages to USA Swimming:

- ✓ USA Swimming will have access to a list of all instructors nation-wide
- ✓ USA Swimming can decide who the instructors will be & ensure that there are enough in every LSC (some ARC chapters have refused to accept our coaches as instructors)
- ✓ USA Swimming can ensure that there will be at least two ARC instructor-trainers in each LSC so that they can certify more coaches to be STSC instructors if necessary
- ✓ One ARC chapter (the Pikes Peak Chapter in Colorado Springs) will coordinate Safety Training for Swim Coaches and KNOW what is going on with this course (many ARC chapters have been under the impression that the course is no longer being taught)
- ✓ All instructor authorizations will be processed at the Pikes Peak Chapter, but paperwork is filtered down to the instructor's local chapter so that the instructor continues to maintain a good working relationship with his/her local chapter
- ✓ All course record sheets and evaluations are processed by the Pikes Peak Chapter, but copies are filtered down to the instructor's local chapter (LSCs will be able to send an e-mail to the Pikes Peak Chapter to verify if a coach has completed a course but doesn't have the card yet - usaswim@pparc.org)
- ✓ Instructors will have "extended" privileges across the country (our instructors can offer Safety Training for Swim Coaches in other areas if necessary)
- ✓ The Pikes Peak Chapter will maintain a website for USA Swimming that lists instructors by city and state, as well as a calendar of courses being offered around the country

USA Swimming feels that this agreement will benefit our coach members by making Safety Training for Swim Coaches available on a regular basis across the country, and eliminate the confusion that exists in many ARC chapters about this requirement.

THIS AGREEMENT DOES NOT IN ANY WAY MAKE THE AMERICAN RED CROSS THE SOLE PROVIDER OF SAFETY COURSES FOR COACH MEMBERSHIP. Coaches can still be certified through the American Heart Association, Ellis & Associates, the National Safety Council, etc. A list of approved courses for coach membership is attached to this e-mail.

It is our goal to identify at least two Instructor-Trainers in each Local Swimming Committee who would be willing to help us maintain enough STSC instructors in each LSC in order to make the course available several times a year.

If you have any questions about this program, please don't hesitate to contact me. If your questions are related to ARC procedures, paperwork, certifications, etc. please contact Eva Ruane at the Pikes Peak Chapter at usaswim@pparc.org. I am also attaching a document that was sent to USA Swimming-identified ARC instructors with more information about the program.

USA Swimming hopes that this program will result in better delivery of the course, more instructors, and fast turn-around on cards (some chapters take 3 months to mail cards). The ARC has 1200 chapters and each one does things their own way. With this new system, we hope to alleviate some of the problems that coaches have encountered in the past with their local ARC chapters. If your LSC or clubs already have written agreements with their local ARC chapters, you are not required to participate in this program. If that is the case, please let me know.

Cathy Durance
Member Services Coordinator

DATE: June 18, 2003

USA Swimming Coaches Safety Curriculum 2003--2004 Requirements and Equivalents

Effective since 1988, all coach members are required to fulfill safety training requirements as established by the USA Swimming Board of Directors. USA Swimming currently requires coach members to hold current certification cards for the following courses: Safety Training for Swim Coaches, CPR and First Aid.

Cardiopulmonary Resuscitation (CPR)

Any one of the following courses will satisfy the requirement:

American Red Cross: (all ARC CPR courses are good for one year) (NO instructor certifications are acceptable)

- Adult CPR (4 hours)
- Infant/Child CPR (5 hours)
- Community CPR (6.5 hours) (includes adult, infant and child CPR)
- CPR for the Professional Rescuer (9 hours)
- Workplace Training: Adult CPR

American Heart Association: (all AHA CPR cards are good for two years)

- Advanced Cardiac Life Support (ACLS)
- Basic Life Support (BLS) for the Health Care Provider
- Heartsaver CPR (USA Swimming does NOT accept "Heartsaver" or "Heartsaver AED")
- Heartsaver Plus
- Any AHA Basic Life Support Instructor or Instructor Trainer for the courses listed above

National Safety Council: (all NSC CPR courses are good for two years)

- Adult CPR
- First Responder (includes First Aid)
- Infants and Children CPR

Jeff Ellis & Associates:

- Water Safety+ (4 hour course includes First Aid)
- National Pool & Waterpark Lifeguard Training Program (one year certification, includes First Aid)

CPR Courses offered by other organizations:

- American Safety & Health Institute (ASHI) CPR Pro
- Medic First Aid (course includes First Aid) (coach must also submit a completed, scored test signed by the course instructor)
- E.M.S. Safety Services CPR
- Emergency Medical Technician (EMT) Basic (course includes First Aid)
- PADI Medic First Aid CPR Instructor
- Save a Heart CPR
- Save-A-Life Educators: CPR
- Tacoma Fire Department First Aid & CPR Course (course includes First Aid)
- University Training Centers, Inc. - Healthcare Provider BLS (C)

Continued.....

First Aid

Any one of the following courses will satisfy the requirement:

American Red Cross: *(NO instructor certifications are acceptable)*

- ARC/USOC Sport Safety Training (6.5 hours with Adult CPR; 7 hrs with elective Child CPR)
- Community First Aid & Safety (9 hours) (includes Community CPR)
- First Aid - Responding to Emergencies (23.5 hrs) (includes Adult and/or Infant/Child CPR)
- First Aid Basics
- Emergency Response (43.5 hrs) (includes CPR for the Professional Rescuer)
- Lifeguard Training (includes CPR for the Professional Rescuer)
- Standard First Aid (6.5 hours) (includes Adult CPR) (ARC will not offer this course after 12/31/00)
- Workplace Training: Standard First Aid/CPR/AED (includes Adult CPR)
- Workplace Training: First Aid

American Safety & Health Institute:

- Pediatric Basic First Aid (4 hour course)
- Adult Basic First Aid (4 hour course)
- Universal Basic First Aid (4-6 hours)

National Safety Council:

- First Aid
- First Responder (includes CPR)
- Infants & Children First Aid
- Heartsaver FACTS

Jeff Ellis & Associates:

- Water Safety+ (4 hour course includes First Aid)
- National Pool & Waterpark Lifeguard Training Program (one year certification, includes First Aid)

First Aid courses offered by other organizations:

- AHA Heartsaver FACTS (this is a two year certification)
- Emergency Medical Technician (EMT) Basic (includes CPR)
- Medic First Aid (includes CPR) (coach must also submit a completed, scored test signed by the course instructor)
- E.M.S. Safety Services First Aid
- Life Education of Florida - First Aid for All Ages: A Common Sense Approach
- PADI Medic First Aid Instructor
- Save a Heart First Aid
- Save-A-Life Educators: First Aid
- Tacoma Fire Department First Aid & CPR Course (includes CPR)
- University Training Centers, Inc. - Standard First Aid

Safety Training For Swim Coaches

Any one of the following courses will satisfy the requirement:

American Red Cross: *(NO instructor certifications are acceptable)*

- Safety Training for Swim Coaches (8 hour course)
- Safety Training for Swim Coaches Review Course (4 hour renewal course)
- Lifeguard Training

Jeff Ellis & Associates:

- National Pool & Waterpark Lifeguard Training Program (one year certification, includes First Aid)

YMCA Lifeguarding

USA Swimming Coaches Safety Curriculum

USA Swimming initiated the Coaches Safety Curriculum in September 1987 for the 1988 membership year. USA Swimming coach members are required to show current proof of training in First Aid, Cardiopulmonary Resuscitation (CPR) and Safety Training for Swim Coaches.

Local Swimming Committees (LSCs) enforce these requirements largely through the membership function. Justification for the requirements may be found in legislation passed over the years by the USA Swimming House of Delegates. The following passages are found in the 2002 *Rules and Regulations*.

Article 202.3.2 "...all persons acting in any coaching capacity in a sanctioned event must be coach members of USA Swimming, Inc."

Article 501.7.2 "All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming."

Enforcement in Membership

When persons apply for coach membership, they must meet the full Coaches Safety Curriculum requirement to be registered. They will not be allowed an interim coaching (grace) period.

Enforcement at Meets

People without a coach membership will not be allowed to participate in any coaching capacity at any USA Swimming sanctioned competition. This restriction includes being barred from the deck area at all Local Swimming Committee, Zone, Sectional, Junior National, National and International qualifying competitions.

If an offending person refuses to comply with these provisions upon initial warning, all athletes on that person's club shall be designated as "Unattached" for the entire competition, unless the club has some other USA Swimming coach member present. It shall be the responsibility of the meet referee, or his designee, to enforce these provisions.

This "last resort" option of unattaching athletes exists only when the coach does not fulfill the Coaches Safety Curriculum and **refuses** to leave the deck when asked to do so by meet management.

Athletes should not be forced to swim unattached simply because their USA Swimming coach is not able to accompany them to an USA Swimming meet. Instead, in keeping with LSC policy, the athletes should be assigned to another coach, the host team or a designated marshal.

Enforcement at Practice

Failure of a coach to satisfy the Coaches Safety Curriculum requirement will be grounds for termination of coach membership status and loss of insurance coverage.

Clubs that continue to conduct a program with coaches who have failed to satisfy the Coaches Safety Curriculum requirement risk termination of membership and loss of insurance coverage.

Membership Application

All course certificates must be valid on the date of application for membership. Coaches should submit their certificates (or copies, if allowed by LSC policy) of the First Aid, CPR and/or Safety Training for Swim Coaches courses (front and back) as adequate proof of training. If an LSC

Membership Chair doubts the authenticity of a copy, he/she has the right to request access to the original cards.

It is the responsibility of the coach to renew all certificates in a timely manner.

The First Aid, CPR and STSC expiration dates will appear on the stub of the coach's membership card. The earliest of the expiration dates will also appear in bold letters on the front of the coach membership card. (Example: If CPR expires on May 15, 2004 the following wording will appear on the front of the coach membership card: **VALID THROUGH MAY 15, 2004.**)

Clubs must have at least one properly registered coach to register as an USA Swimming club. This does not change the fact that **all** club coaches must fulfill the safety requirements. As defined in the rulebook, a "club" must have at least one coach; group members that do not fulfill this requirement may join only as "organizations."

Coaching Assistants

An athlete member may **assist** an USA Swimming coach member. However, it is imperative that the USA Swimming coach member be on deck with the non-coach member and maintain "direct line of sight" at all times. If exercising sole supervisory responsibility, the non-coach member must obtain training and become an USA Swimming coach member.

How to Obtain Certifications

First Aid and CPR

A list of acceptable First Aid and CPR courses is attached. **Taking First Aid/CPR courses that are not on this list will not be acceptable for coach safety certification.**

The Adult CPR certificate represents an acceptable standard of training; coaches who feel they need different training because they work with younger athletes may take other approved CPR courses that include training specific to those ages.

Safety Training for Swim Coaches

Coaches must complete **one** of the following to receive Safety Training for Swim Coaches certification:

1. The full ARC Safety Training for Swim Coaches course (8 hours)

2. ARC Safety Training for Swim Coaches Review Challenge (4 hours)

Any individual, whether or not they hold a current certificate, may participate in the Review Challenge. If the non-certificate holder does not pass the Review Challenge, then he/she will be referred to a full course and will not be allowed to attempt the Review Challenge again. Current certificate holders may repeat the challenge as long as their certificate remains current.

The Review Challenge is a flexible-format training that consists of the written exam and the following in-water skill tests: In-line stabilization techniques, Assists and Rescues.

3. Ellis & Associates National Pool & Waterpark Lifeguard Training Program – Universal Lifeguard License (*one year certification, includes First Aid*)

4. YMCA Lifeguarding

Waiver for Coaches with Physical Disabilities

Effective December 1, 1998, coaches with physical disabilities who are unable to participate in the skill demonstrations required to pass these courses can apply for a Safety Certification Waiver. For additional information, contact your Local Swimming Committee Membership Chair or USA Swimming's Member Services Coordinator at 719/866-4578.

Things to Remember

1. LSC Registration/Membership Chairs are not police. It is the responsibility of the coaches to renew and keep up with their certificates.
2. All claims or incidents of bodily injury or property damage must be reported immediately to USA Swimming National Headquarters and Risk Management Services. Use the Report of Occurrence form.
3. If you don't know the answer to an insurance question, just ask. We are here to lend support – call Carol Burch or Mary Illich at USA Swimming (719/866-4578) or Sandi Blumit at Risk Management Services, Inc. (1-800-777-4930).

FIRST YEAR EDUCATIONAL REQUIREMENT FOR COACHES

Article 501.7.4 "All coaches of USA Swimming clubs, including seasonal clubs, who register for the first time as a coach member, shall complete coaches' education required by USA Swimming prior to receiving their coach membership for the **second year.**"

This educational requirement is in addition to the safety requirements described above. Within 4-12 weeks after the LSC Membership Chair processes the membership application, first year coaches will receive a packet containing information about the educational requirement and an order form for course materials. Upon successful completion of the requirement, the coach will receive a letter from the American Swim Coaches Association (ASCA). The letter must be shown to the LSC Membership Chair prior to registering for the second year of coaching with USA Swimming.

**ALL COACH MEMBERS OF USA SWIMMING
MUST BE IN COMPLIANCE WITH THE ABOVE REQUIREMENTS
FOR THE COACH AND CLUB TO MAINTAIN INSURANCE PROTECTION.**

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*****
* NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL *
* 20 Cleveland Road *
* Needham, MA 02492-3006 *
* 781-449-0270 *
* FAX: 781-449-7903 *
* e-mail: office@neswim.com *
* Web site: www.neswim.com *
* OFFICE HOURS: Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m. *
* Thursday: 8 a.m.--2 p.m. *
*****

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Remember These Dates

- | | |
|----------|---|
| July 20 | Short Course "End of Season" bids due |
| July 27 | Zone Applications due--12 and under swimmers |
| August 1 | Scholastic All America Applications due at USA Swimming |
| August 3 | Zone Applications due--13 and over swimmers |
| August 8 | Open Water Swim--Salisbury Beach, MA (check the web site) |
| Sept. 27 | Boston Swim Coaches Clinic, Lowell, MA |



**United States Swimming
New England**

20 Cleveland Road Needham, MA 02492-3006

FIRST CLASS



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

AUGUST-SEPTEMBER 2003

IN THIS ISSUE: 2003--2004 SHORT COURSE CALENDAR; GRADUATING SENIORS; NE CHAMPIONSHIP HIGH POINT WINNERS; REGISTRATION INFORMATION; FIRST-YEAR CLUB MEMBERSHIP REQUIREMENTS; NE ANTI-RECRUITING POLICY.....

REGISTRATION INFORMATION:

Please note the "new for 2004" registration information included in this newsletter. Each team registered in New England has received a letter sent to the current team contact, asking for contact information for the 2003--2004 season. Please be sure that your team returns that form in a timely manner. Be sure to submit accurate and complete information.

DID YOU KNOW? USA Swimming and New England Swimming offer an "outreach membership" for eligible athletes? Swimmers who are eligible for free lunch at school may register under the Outreach Program for \$5 (rather than \$50). When the athlete registers, the team needs to enclose a letter or other proof of free lunch eligibility. Please let your swimmers know about this program.

SOME DEADLINE REMINDERS.....

REIMBURSEMENT for Nationals and Sectionals: Reimbursement requests are due in the office within 8 weeks of the meet. This is especially true for the sectional meet where we are dealing with a "pot" which we are splitting. Please note also that for Sectionals, we are requesting that one check be issued to each team. In some cases the team is distributing the cash to the swimmers; in other cases the team is crediting the account of each swimmer; in still other cases a parent in distributing the cash to the swimmers.

RESULTS of meets outside of New England that teams wish to use for Top Ten must be sent to the office immediately. The absolute final deadline is September 1. Results received after that date will not be considered. If you are sending just the results of your team, it would be greatly appreciated if you would high light the swimmer's best times.

The Board of New England will meet on Tuesday, September 2, 2003 at 7 pm at the Wellesley Community Center, Wellesley, MA.

BOSTON SWIM COACHES' CLINIC:

Speedo America And Varsity Swim Shop proudly present the Boston Swim Coaches' Clinic on Saturday, September 27, 2003 at the Double Tree Riverfront Hotel, Lowell, MA. This year's speakers will include Bob Bowman of North Baltimore Aquatic Club, Gregg Troy of the University of Florida, and Guy Edson, ASCA field instructor.

On Friday, September 26, ASCA will present a supplemental coaching school on "How to Write High School Workouts." On Sunday, September 28, a Level 2 class will be offered--"Teaching Excellence in Stroke Technique."

For further information, please contact Varsity Swim Shop at 800-622-2121 or in Eastern Mass at 978-276-0070.

HELP WANTED

HEAD SWIM TEAM COACH: Large non-profit agency on the North Shore of Boston seeking motivated and energetic professional to coach established, award-winning, competitive team of 90+ 6-18 year-olds. Candidate to have 3—5 years experience, ASCA level 111 and ability to work with wide age range and skill set, as well as ability to grow team and develop new staff. Team has strong parent support group. Agency offers diverse recreational activities and warm staff environment. Additional aquatic responsibilities possible. Send resume to Andrew Dalton, Aquatics Director, JCCNS, 4 Community Road, Marblehead, MA 01945 or adalton@jccns.com.

The Boys and Girls Club of Cumberland-Lincoln, RI is hiring a **HEAD AGE GROUP COACH** and an **ASSISTANT AGE GROUP COACH** effective for the upcoming Short Course Season '03-'04. The Penguins compete in USA and RI/MA League meets with a roster of over 100 swimmers. If interested in either position, contact Beverly Bloomer, 401-333-4850, fax—401-333-4852.

COACH wanted for established, year round urban community swim team program. Diverse group of 60+ swimmers practices 10 hours a week at the Dorchester YMCA. The team competes in E. Mass YMCA Swim League and a portion of the swimmers also complete in USA meets. Looking for an energetic, qualified coach to lead, move and extend the program. For more information please call Adrienne at 616-436-7750 ext. 222.

The Hockomock Area YMCA will be offering a one-week Competitive Swim Camp at their North Attleboro Branch from August 25—29 from 9 am to 4 pm. It will be geared towards the young competitive swimmer who is looking to improve stroke techniques and build endurance. 508-695-7001

FIRST-YEAR CLUB MEMBERSHIP REQUIREMENTS: Effective with the 2004 registration year (registration beginning 9-1-2003), new requirements governing membership for first-year clubs go into effect.

1. Four forms must be completed as part of the application process:
 - LSC Application Form
 - Demographic Questions for New Clubs
 - Facility Use Confirmation Form (for each facility to be used by the team)
 - Requirement Checklist for First-Year Club Membership

2. In addition to completing the above referenced forms, clubs are required to submit the following:
 - **Mission Statement:** Clubs are required to include a statement that summarizes the purpose, business and values of the organization.
 - **Safety Action Plan(s):** The organization must submit a plan that details the procedures to be followed in an emergency situation for each facility used by the team.
 - **First-Year Budget:** New Clubs must submit a 1st-year budget or business plan.

3. A key component of the new club requirements is coach certification and education. All coach members of USA Swimming must meet the safety certification requirements. In addition, Head Coaches of new clubs must meet the education and experience requirements. The club application packet must include documentation of certification in the following:
 - CPR
 - First Aid or equivalent
 - Coaches' Safety Training or equivalent
 - USA Swimming Level I Coach Education
 - ASCA Level 2 Stroke School
 - ASCA Level 3 Physiology School or three years previous experience as a USA Swimming Coach.

4. Prior to renewing membership for a second year, new clubs must attend the Club Leadership/Business Management School (CLBMS). The regular cost is \$500 which can be defrayed if a CLBMS is offered at a reduced rate by an LSC.

The Prospective Club Membership Booklet (55 pages of excellent material) is available via email from the New England Office. The forms concerning demographics, facility use and the checklist also are available via email from the New England Office. The New England club application form and non-athlete registration forms are available via US mail from the New England Office.

The New England club registration fee for 2004 (beginning on 9/1/2003) will be \$165 which includes the fees for two non-athletes, the Head Coach and the Safety Coordinator. For further information, contact the New England Office at office@neswim.com or phone 781-449-0270.

REGISTRATION INFORMATION—New for 2004

Coach Information: In order to be registered as a coach, the coach must have current CPR, First Aid, and Safety Training for Swim Coaches (or Lifeguard Training). These certifications must be current at all time, not just when attending meets.

The new registration program (SWIMS) which the office recently began to use is very clever! If a coach no longer has all three certifications current, the coach is no longer recognized by USA Swimming as a coach. In addition, if the head coach of a team no longer has all three certifications current, the team is no longer recognized by USA Swimming as a registered team. At the present time there are several New England clubs in this situation.

Therefore, all coaches must forward his or her new certifications to the office before the old certifications expire in order to remain a coach in good standing. If a head coach does not follow this procedure, the club is no longer in good standing. If the team desires, it may notify the office that the club has designated another coach as the head coach in order to maintain the good standing and insurance coverage for the club.

Entering Swimmers in Meets: All swimmers must be registered (or transferred) before they are entered in a New England meet. Please refer to USA rule 302.4—"False Registration: A LSC may impose a fine of up to \$100 per event against a member coach or a member club representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered. This will be enforced by the LSC and the LSC is entitled to the fines imposed."

Teams which enter unregistered (or non-transferred) swimmers in meets will be fined. If a meet entry includes swimmers with no registration numbers or inaccurate registration numbers, the entry will be returned to the entering team.

New Registration Fees: The following fees will be in effect beginning September 1, 2003. All clubs, individuals, and athletes who register after September 1 will be registered from that time until December 31, 2004.

Athletes	\$ 50
Non athlete, individual	\$ 45
Non athlete, family	\$ 80
Club, before 12/1/2003	\$165
Club, after 12/1/03	\$200

Note that the club fee includes the membership fees for two non athletes, the head coach and the safety coordinator.

Please discard all 2003 applications forms. They will not be accepted for 2004.

HIGH POINT WINNERS—12 and under AGE GROUP CHAMPIONSHIPS**INDIVIDUAL HIGH POINT WINNERS: 8 and under**

1. Mary Keough	SAC	1. Joseph Hibbert	PVAC
2. Bianca Spinazzola	BOSS	2. Scott McGinty	ANA
3. Margaret D'Innocenzo	CUDA	3. Evan Grey	GMA
4. Angelica Spinazzola	BOSS	4. John Roy	SD
5. Christa Weaver	GMA	5. Will Gunshenan	CUDA
6. Christina Denbow	MST	6. Antony Hubbard	LRW
7. Emma Nuzzo	BOSS	7. Joseph Faller	ANA
8. Amy Dolan	MAG	8. Goutam Sudhir	HAY

INDIVIDUAL HIGH POINT WINNERS: 9 and 10

1. Elizabeth Beisel	MAG	1. Luca Spinazzola	BOSS
2. Shannon Bender	MAG	2. Roy Sung	SAC
3. Rebecca Aiello	MAG	3. Ben Lachance	BOSS
Johanna Fleming	HRY	4. Ben Whitaker	LRW
5. Sara Li	MTSC	5. John Bailey	BOSS
6. Jenn Lacomfora	AMW	6. Patrick Myers	AAC
7. Erica Belcher	ANA	7. Jun Oh	ANA
8. Amy Needham	YNS	8. Brandon Brown	NSSC

INDIVIDUAL HIGH POINT WINNERS: 11 and 12

1. Caitlin Michaels	NCAC	1. Conor Swanson	MAG
2. Chiara Spinazzola	BOSS	2. Phil Brady	NWSC
3. Siliang Luo	RAMS	3. Nick D'Innocenzo	MAG
4. Chelsea Downing	CCSC	4. Jeffrey Thomas	BOSS
5. Melissa Parratto	SSA	5. Robert Dowd	BGSC
6. Mary Chapman	NCAC	6. Josh Cotugno	WYST
Caroline Weaver	GMA	7. Julian Azaret	MAG
8. Meaghan Bailey	MAG	8. Raymond McGorry	CMC

TEAM HIGH POINT WINNERS:

1. Magnus Aquatic Group
2. Bay and Ocean State Squids
3. Andover North Andover YMCA Hurricanes
4. Bernal's Gator Swim Club
5. Shawmut Aquatic Club
6. New England Barracudas
7. North Shore Swim Club
8. YMCA of the North Shore Sharks

CHAMPIONSHIPS HIGH POINT WINNERS—NEW ENGLAND OPEN**INDIVIDUAL HIGH POINT WINNERS: 13 and 14**

1. Lauren Brady	NWSC	1. Kevin Yamada	SAC
2. Eliza Butts	SAC	2. Ray Grant	SD
3. Kristin Prautzach	MAG	3. Michael Sullivan	MAG
4. Christine Kaufmann	BOSS	4. Ayaas Bhamla	CUDA
5. Caroline Belli	NSSC	5. Michael Monovoukas	BGSC
6. Kate Weaver	GMA	6. Eddie Gillie	CUDA
7. Meggie Farrington	SD	7. Brett McKenzie	CUDA
8. Amanda Cecere	MAG	8. Alex Dobrolioubov	BGSC

INDIVIDUAL HIGH POINT WINNERS: OPEN

1. Kait Strickland	CUDA	1. Eric Nilsson	CUDA
2. Katie McCann	MAG	2. Salvatore Barba	SAC
3. Courtney Gould	MAG	3. Keith Parent	PVAC
4. Meaghan Colling	SAC	4. Casey Cronin	MAG
5. Kara Ernst	SD	5. Sean Riley	BOSS
6. Annie Goldstein	BOSS	6. Stephen Miller	CUDA
7. Eliza Butts	SAC	7. Brian Fiske	BOSS
8. Lauren Brady	NWSC	8. Kevin Yamada	SAC
Kashmir Frizelle	MAG		

DISTANCE HIGH POINT WINNERS (1500, 800, 500 free; 400 IM):

1. Kait Strickland	CUDA	1. Eric Nilsson	CUDA
2. Dillon Delaney	CCSC	2. Keith Parent	PVAC
3. Ellis Ganley	NCAC	3. Ben Bullitt	BOSS
Christine Kaufmann	BOSS	4. Stephen Miller	CUDA
5. Kashmir Frizelle	MAG	5. Charles Kinnett	MAG
6. Erica Stutius	CUDA	6. Thomas Kelleher	BOSS
7. Courtney Finn	BOSS	7. Arkady Rasin	BOSS
8. Elizabeth Beisel	MAG	8. Kevin Pudas	BOSS

TEAM HIGH POINT WINNERS:

1. Bay and Ocean State Squids
2. Magnus Aquatic Group
3. New England Barracudas
4. Bernal's Gator Swim Club
5. Seacoast Swimming Association
6. Shawmut Aquatic Club
7. Adirondack Aquatic Club
8. Seekonk Dolphins

2003—2004 SHORT COURSE CALENDAR:

- Sept. 9—15: USA Swimming Convention, San Diego, CA
- Oct. 10—12: BGSC Team Specialty Meet, Wheaton College, Norton, MA
Fran Tocci, 781-642-1082
- Oct. 11 : GMSC/MAG Distance Meet, Greenwood Memorial Pool, Gardner, MA
Joann Foley, 508-799-7135
- Oct. 12 : CUDA Distance Meet, Haverhill (MA) High School
Carlton Cronin, 978-521-4751
- Oct. 12 : NSSC Distance Meet, Salem (MA) State College
Dan Warner, 978-283-4456
- Oct. 18—19: NSSC Team Specialty Meet, Salem (MA) State College
Dan Warner, 978-283-4456
- Oct. 18 : PVAC Senior Development Meet, Springfield (MA) College
Jane Woodward, 413-567-6962
- Oct. 19 : PVAC Pentathlon, Springfield (MA) College
Jane Woodward, 413-567-6962
- Oct. 19 : SSYS Distance Meet, South Shore YMCA, Quincy, MA
Darlene McGrath, 781-986-6803
- Oct. 26 : Top Ten Banquet, Dracut, MA
- Oct. 31—2: NCAC Team Specialty Meet, Dartmouth College, Hanover, NH
Mary Gentry, 802-295-8976
- Nov. 1—2 : SSA Team Specialty Meet, University of New Hampshire, Durham, NH
John Barbary, 603-749-2883
- Nov. 7—9 : PAC Team Specialty Meet, East Providence (RI) High School
Roger Mooney, 401-433-3545
- Nov. 7—9 : CCSC Team Specialty Meet, Mass Maritime Academy, Buzzards Bay,
MA; Alan Sanders, 508-759-7107
- Nov. 9 : GMA Pentathlon, St. Michael's College, Colchester, VT
Laura Matuszak, 802-654-2881
- Nov. 14—16: YNS Team Specialty Meet, YMCA Sterling Center, Beverly, MA

Carol Meyer, 978-927-3244

Nov. 15—16: GMSC/MAG Team Specialty Meet, Greenwood Memorial Pool, Gardner, MA; Joann Foley, 508-799-7135

Nov. 16 : NSSC Distance Meet, Salem (MA) State College
Dan Warner, 978-283-4456

Nov. 21—23: SEEK Team Specialty Meet, Seekonk (MA) High School
Ray Grant, 508-336-9982

Nov. 22—23: MVP/MAG 12 and under Meet, Greater Lawrence Voc-Tech, Andover, MA; Caroline Castaldo, 978-682-5609

Nov. 28—30: HRY Team Specialty Meet, Smith College, Northampton, MA
Sherry Wingfield, 413-584-7086

Nov. 29—30: SSA Team Specialty Meet, Phillips Exeter Academy, Exeter, NH
John Barbary, 603-749-2883

Dec. 5—7 : SAC Team Specialty Meet, Keefe Technical School, Framingham, MA
Carrie Thompson, 781-235-3150

Dec. 5—7 : NCAC Team Specialty Meet, Dartmouth College, Hanover, NH
Mary Gentry, 802-295-8976

Dec. 7: CUDA Team Specialty Meet, Haverhill (MA) High School
Carlton Cronin, 978-521-4751

Dec. 11—14: NSSC Trials and Finals Meet (time standards), MIT, Cambridge, MA
Dan Warner, 978-283-4456

Dec. 20—21: EST Team Specialty Meet, Phillips Exeter Academy, Exeter, NH
Barbara Eastman, 603-778-2784

Jan. 4 : PVAC Pentathlon, Springfield (MA) College
Jane Woodward, 413-567-6962

Jan. 4—5: SSYS Team Specialty, MIT, Cambridge, MA
Darlene McGrath, 781-986-6803

Jan. 5 : ANA Distance Meet, Andover-North Andover YMCA, Andover, MA; Andrew Brown, 978-475-7803

Jan. 9—11 : BAT Team Specialty Meet, Wheaton College, Norton, MA
Bob Glynn, 617-489-6056

- Jan. 9—11 : GMA Pentathlon, St. Michael's College, Colchester, VT
Laura Matuszak, 802-654-2881
- Jan. 10—11: SSA Team Specialty Meet, University of New Hampshire, Durham, NH
John Barbary, 603-749-2883
- Jan. 9—11 : NSSC Trials and Finals Meet, Salem (MA) State College
Dan Warner, 978-283-4456
- Jan. 16—18: CCSC Team Specialty Meet, Mass Maritime Academy, Buzzards Bay,
MA; Alan Sanders, 508-759-7107
- Jan. 17—18: CUDA Team Specialty Meet, Haverhill (MA) High School
Carlton Cronin, 978-521-4751
- Jan. 18 : NSSC Distance Meet, Salem (MA) State College
Dan Warner, 978-283-4456
- Jan. 23—25: YNS Team Specialty Meet, YMCA Sterling Center, Beverly, MA
Carol Meyer, 978-927-3244
- Jan. 24—25: EB A/B/C Meet, White Brook Middle School, Easthampton, MA
Cheryl Fletcher, 413-527-6888
- Jan. 23—25: MVP/MAG Team Specialty Meet, Greater Lawrence Voc-Tech,
Andover, MA; Caroline Castaldo, 978-682-5609
- Jan. 31—1 : NCAC Team Specialty Meet, Dartmouth College, Hanover, NH
Mary Gentry, 802-295-8976
- Jan. 31—1 : GMSC/MAG Team Specialty Meet, Greenwood Memorial Pool, Gardner,
MA; Joann Foley, 508-799-7135
- Jan. 31—1 : SAC Team Specialty Meet, Keefe Technical School, Framingham, MA
Carrie Thompson, 781-235-3150
- Feb. 6—8 : PAC Team Specialty Meet, East Providence (RI) High School
Roger Mooney, 401-433-3545
- Feb. 6—8 : CCSC Team Specialty Meet, Mass Maritime Academy, Buzzards Bay,
MA; Alan Sanders, 508-759-7107
- Feb. 8 : GMA Team Specialty Meet, St. Michael's College, Colchester, NH
Laura Matuszak, 802-654-2881

Feb. 11—15: Conoco Phillips National Championships, Orlando, FL

Feb. 13—15: Regional Meets (4 sites)

Feb. 20—22: 9—12 Age Group Championships

Feb. 26—29: 13 and over Age Group Championships

Mar. 4—7 : New England Senior Championships

Mar. 11—14: Sectionals, Long Island, NY

At the time of the calendar committee meeting, we had not received bids for Seniors or 13 and over age group championships for the dates listed. Since then we have received a bid for Seniors on the appropriate date. We are still working on a pool for 13 and over age group championships for the date listed, but it is very possible that either the date will need to be moved to obtain a quality pool or that we will need to move to an open championship format. The calendar committee will meet later this month to discuss this issue and will address it at the next board meeting in September. We expect that the complete "end of season" calendar will be announced following the September 2 board meeting. We also expect a few more meets to be added to the calendar when the teams finalize dates at their facilities.

 * NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL *
 * 20 Cleveland Road *
 * Needham, MA 02492-3006 *
 * 781-449-0270 *
 * FAX: 781-449-7903 *
 * e-mail: office@neswim.com *
 * Web site: www.neswim.com *
 * OFFICE HOURS: Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m. *
 * Thursday: 8 a.m.--2 p.m. *
 * *****

NEW ENGLAND SWIMMING ANTI-RECRUITING POLICY

Active recruiting – the solicitation of an athlete of one USS member club by another USS member club – is contrary to the best interests of New England Swimming and its more than 5000 athlete members.

USS member clubs within New England Swimming shall be prohibited from directly or indirectly soliciting or encouraging an athlete of another USS member club to leave his or her existing member club to join the soliciting club. This anti-recruiting policy shall prohibit a USS member club officer, employee, or coach from directly or indirectly initiating contact with an athlete from another USS member club in New England Swimming, or the athlete's family, with the intent that the athlete join the soliciting club.

The intent of this anti-recruiting policy is to prevent organized and club-sanctioned efforts to persuade a member of one USS member club to leave his or her member club to join the other member club. It is not the intent of this anti-recruiting policy to prevent athletes or parents of athletes of one member club from initiating contact with coaches, officials or athletes of another member club for the purpose of inquiring about joining the other member club. Once such contact is initiated, the restrictions of this anti-recruiting policy shall not apply to any contact with that athlete or family by that member club. Nor is it the intent of this anti-recruiting policy to prevent athletes or parents of athletes from different clubs from discussing any aspect of their respective USS member clubs, or incidental contact, such as may occur at a competition when a coach, parent, or athlete of one club offers to congratulate an athlete from another club. However, any such activities which are shown to have been promoted, encouraged or facilitated by a USS member club officer, employee or coach with the intent of recruiting shall be in violation of this anti-recruiting policy and subject the member club and/or its coach to the sanctions of this anti-recruiting policy.

Nothing in this anti-recruiting policy shall prevent a USS member club from conducting self-promotional activities such as advertising, team tryouts or camps for the purpose of recruiting athletes, as long as there is no direct solicitation of athletes of another member club.

Violation of the this anti-recruiting policy may be reported to the New England Swimming Board of Review which, upon review of the complaint, may conduct hearings under the by-laws of New England Swimming. Any USS member club or USS member coach found to have violated this anti-recruiting policy may be suspended from New England Swimming for up to one year for a first offense and for up to two years for a second or subsequent offense. Suspension of a member coach for a violation of this anti-recruiting policy shall prohibit that coach from being on deck for any USS competition sanctioned by New England Swimming during the period of suspension. Suspension of a USS member club for a violation of this anti-recruiting policy shall not prohibit the registration of the club, athletes or coaches, but shall prohibit the member club from competing as a team in USS competition sanctioned by New England Swimming, including all championship competition during the period of suspension. Athletes registered with any such suspended club may compete in any USS competition sanctioned by New England Swimming, but may do so only as an unattached athlete.

GRADUATING SENIORS and their future plans:

At the New England Open Championships our annual tribute to Graduating Seniors was held. Following the introduction of the Athlete Reps, Caitlin Grant and Thomas Bailey, the following Seniors were introduced and presented with a rose.

AAC:	Nathan Cronin	Tufts University
	Wes Gardner	Marist College
BGSC:	Jessica Aiello	University of Pennsylvania
	Chase Butler	Yale University
	Annie Kelley	Villanova
	Joanna Murphy	Loyola
	Jessica Santapaul	Villanova
	Sarah Toltin	University of Rhode Island
BOSS:	Rachel Army	Wesleyan University
	Kevin Pudas	Yale University
	Christian Warner	Hamilton College
	Kevin Donohue	Northwestern University
	J J Reardon	Colorado College
	Eric Thomas	University of Connecticut
	Annie Goldstein	Rutgers University
	Sean Riley	University of Texas
	Martha Rogers	Williams College
	Brian Fiske	Harvard University
CUDA:	Nikki Laffel	Princeton University
	Stephanie Colson	University of Pennsylvania
	Monica Chu	MIT
	Lola Feiger	Wellesley College
	Anne Osborn	University of Massachusetts
MAG:	Peter Anderson	Trinity College
	Sean Condon	University of South Carolina
	Ben Fay	Indiana University
	Alex Jansen	Boston College
	Travis Leclair	Bridgewater State College
	Becky Machnik	University of Connecticut
	Matt Kates	University of Delaware
	Charles Kinnett	Union College
	Chris Marshall	Northeastern University
	Derek Monette	John's Hopkins University
MYSD:	Sarah Warren	University of Maine
NCAC:	Janice Yeo	Swathmore College
NWSC:	Jason Britt	St. Lawrence University
PVAC:	Keith Parent	John's Hopkins University
SAC:	Siggi Asztalos	University of Massachusetts/Amherst
SD:	Katie Piquette	Westfield State College
	Meghan O'Connell	University of Massachusetts/Amherst

SSA:	Olivia Luke	University of California/Berkeley
	Nicole LeBarge	University of Massachusetts/Amherst

Other Graduating Seniors who were not in attendance and have reported their plans include:

AAC:	Kristie Behrens	Wheaton College
	Kaitlin Harrigan	Dickinson College
ANA:	Sarah Demers	Brown University
	Dana Medaglio	Skidmore College
BGSC:	Chris Baracewicz	Fordham University
	Emily Brush	Brown University
	Derek Castellana	University of Massachusetts/Amherst
BOSS:	Yunus Trockam	Northfield Mount Herman
	Joanne Gallahue	Northeastern
CCSC:	Claire Hawley	Penn State
	Jackie Clark	Springfield College
	Jen Rasmussen	Bates College
	Rich Branagan	Albright
CUDA:	Kelly Robinson	John's Hopkins University
	Holly Hinds	University of Richmond
	Kara Desmond	Bentley College
	Connie Brown	University of Texas
HYV:	Rachel Webb	Westfield State College
MAG:	Caitlin Geary	University of Richmond
	Katie Kargansky	Boston College
	Laura Whelton	University of Massachusetts
	Stephen Rochette	Boston University
	Marianne Rice	University of Arkansas
	Jake Touigny	University of Miami
	Mike Lenihan	Trinity College
	Matt Shack	Emory College
	Nick Chevalier	Marist College
	Will Shearouse	University of Rochester
NWSC:	Ethan Brown	University of Michigan
	Emily Corcoran	Providence College
PSC:	Matt Lovett	Emory University
PVAC:	Mike Scibelli	RPI
	Greg Chartier	University of Massachusetts/Amherst
	Stephen Spinelli	Williams College
	Christine Myksin	Trinity College
	Ryan Kenney	Boston University
RAMS:	Kim Koehler	Marist College
	Megan Wheeler	University of Rhode Island
SAC:	Amanda Albertian	Bentley College
SD:	Lauren Smith	Cataba College

SSA:	Jenna Barbary	Northwestern University
	Ali Smith	Emory University
	Chelsea Frank	Penn State
	Anne Haas	Lake Forest College
	Trisha Flassphaler	Northeastern University
	Larry Toebbe	Albright University
YNS:	Lindsay Acampa	Harvard University
	Mitchell Bartkiewicz	Colby College
	Sara Buckley	Williams College
	Jessica Davidson	Harvard University
	Leslie DiMichele	Bucknell
	Caitlin Hamer	University of New Hampshire
	Lauren Harlow	Brown University
	Jason McGrath	University of Pennsylvania
	Heather O'Leary	Colby-Sawyer College
	Shelley Peirce	James Madison
	Reid Sacco	Columbia University
	Ashley Snediker	University of North Carolina/Wilmington
Jamie Steinman	Ohio State University	

If there are additional swimmers, please report them to the office.



**United States Swimming
New England**

20 Cleveland Road Needham, MA 02492-3006

FIRST CLASS



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

SEPTEMBER-OCTOBER 2003

IN THIS ISSUE: TOP TEN INFORMATION and RESERVATION FORM; OUTSTANDING SWIMMERS; TECHNICAL COMMITTEE REPORT; STROKE and TURN CLINIC; MALISSA BLAIS OPEN WATER SWIM RESULTS...

TOP TEN BANQUET

TOP TEN BANQUET: All Top Ten Swimmers for both Long Course and Short Course are invited to attend the Top Ten Banquet at Lenzi's (formerly The Mill House) 810 Merrimack Avenue (Route 110), Dracut, MA on Sunday, October 26, 2003. The cost is \$16 per person. Those swimmers who are listed as OUTSTANDING SWIMMERS for either long or short course and members of the Top Ten Committee are invited to be the guests of New England Swimming. All who plan to attend, INCLUDING OUTSTANDING SWIMMERS, must make reservations by Friday, October 17, 2003. The doors will open at 10:30 am, and the meal will be served at 11:30 am, followed by the awards and the speaker.

TOP TEN TIMES: Top Ten Times are compiled using results from New England calendar meets during the past year. This year, in order to have the same calendar as USA Swimming Top 16, there has been a change in the dates included in the short course top ten. In the future, short course top ten will run from September 1 through August 31. For this year only, short course (25 yard) times run from June 1, 2002 through August 31, 2003. Long course (50 meter) times run from September 1, 2002 through August 31, 2003. In addition to the New England sanctioned calendar meets, we also use times from out of district sanctioned meets if the results are sent to the office and if the meet is open to all USA Swimmers. Note that some times received from an out of district meet are for one team only (or one swimmer only) since teams usually send their results, not the complete results. We consider all times from the meet--trials, finals, and swim-offs--except time trials. We also consider lead-off splits from individual events and relays when they are printed in the results. We do not include meets that are closed--restricted to certain teams, league members, etc. For this reason, we do not consider high school meets, "Y" meets, etc.

OUTSTANDING SWIMMERS are those who have accumulated the most points through their top ten standings. The scoring is as follows--12 points for first place, 9 points for second place, 8 points for third place, down to 1 point for tenth place.

TOP TEN BOOKS will be sent to all New England teams as soon as they are ready. Books will be available for purchase at the banquet for \$2.50 for each season or by mail for \$3.00 each, including postage.

DIRECTIONS: Lenzi's (formerly The Mill House), 810 Merrimack Avenue (Route 110), Dracut, MA. From Route 93 take exit 46, Route 110 Dracut-Lowell. The restaurant is 3 1/2 miles on the right with the banquet entrance in the rear.

**The 9th Annual Malissa Blais Memorial
New England Swimming
Open Water One Mile Ocean Swim
Results**

Finish	Time	Name	Club	Sex	Age
1	18:07.35	Nick Chevalier	GMSC	M	18
X2	18:11.42	Bill Reeves	SSA	M	36
3	18:57.93	Stephen Miller	CUDA	M	16
4	19:01.36	Eddie Gillie	CUDA	M	14
5	19:05.52	Kait Strickland	CUDA	F	16
6	19:43.37	Jacob Smith	SSA	M	18
7	19:45.17	Jen Flaherty	CMA	F	16
8	20:08.58	Lauren Brady	NWSC	F	14
9	21:15.89	Jessica Looney	CUDA	F	15
X10	21:17.88	Jackie Donnelly	BSC	F	15
11	21:32.46	Maura Donovan	CUDA	F	16
12	21:41.30	Brett McKenzie	CUDA	M	14
13	22:18.00	Jen Allen	NW	F	15
14	22:22.28	Laura Moriarty	CUDA	F	13
15	22:26.91	Andrew Reid	YNS	M	13
16	23:05.16	Hannah Branch	CMA	F	14
17	23:15.75	Lyndsey McCaslin	CMA	F	20
18	23:34.39	Brian Smith	CMA	M	16
19	24:09.11	Manuela Valencia	NWSC	F	13
20	24:09.63	Erin Brady	NW	F	?
21	24:11.81	Robby Gravel	CMA	M	11
22	24:17.33	Colleen Kavanaugh	NWSC	F	17
23	24:47.50	Keara Clifford	CMA	F	16
24	24:47.79	Danielle Gravel	CMA	F	13
25	25:10.08	Abby Donnelly	CUDA	F	17
26	26:46.65	Amanda Branch	CMA	F	17
27	26:51.87	Anna Josephson	YNS	F	14
28	26:52.40	Kevin Howard	YNS	M	14
29	27:18.39	Kimberly Russell	YNS	F	15
30	27:19.29	Courtney Rosales	YNS	F	12
31	27:24.31	Emily Bouvier	YNS	F	12
32	28:31.67	Rachael Nealer	YNS	F	17
33	30:38.43	Ryan Pitcairn	YNS	M	13
34	30:50.16	Anna Cornachio	YNS	F	14
X35	30:53.33	Coach Adam Memont	CUDA	M	28

Technical Committee—August 28, 2003

The following report is the Technical Committee report including changes and votes by the Board at its meeting on September 2, 2003.

The Technical Committee met at the home of Priscilla Davis on August 28, 2003. The meeting was called to order at 6:15 pm by chairman, Dan Warner. Attending were: Dan Warner, Priscilla Davis, Ray Grant, Pam Warner, Mike Parratto, Amy Parratto, Caitlin Grant, and Mary Riddell.

Meet Managers Materials: The committee recommends that the Meet Managers Meeting include a component on Hytek.

Evaluation of Summer Meets: Two evaluations were received from the Open meet. Concerns included the heat, crowded warm ups, and slow results. The committee discussed the crowded warm ups and agreed that adding another warm up session would not be helpful since it would make for a warm up time that would be too long. The best solution would be to reduce the number of swimmers in the meet.

Open Championships: The committee discussed the format of the Open Championships and agreed on several items.

1. Individual awards should be "on demand" and should include the 13 and 14 swimmers. These 13 and 14 awards would have to be hand written and it was agreed that all the awards would be hand written as they were requested.
2. We should continue to have the 13 and 14 high point awards
3. The 13 and 14 heat should not score for team points.
4. Because of the large number of administrative DQ's, the 400 free and 400 IM (in addition to the relays and the 1500 and 800 freestyles) should be positive check ins.
5. Updated times should be allowed until 5 pm on the Monday before the meet begins.
6. Each team should be allowed up to 2 relays. Teams with 1, 2, or 3 swimmers would be allowed to add enough swimmers to make one relay. All relays could score.
7. The committee wants to keep the open meet an open meet, not a 12 and over or 13 and over meet, so does not want to put an age limit on younger swimmers who qualify for individual events.
8. Once the meet is posted, no changes will be made.

9—12 Championships: The committee recommends unlimited relays and relay only swimmers for this age group.

Combined Scoring: The committee recommends team high point scoring (8 places) for 12 and unders and Open and combined scoring for the top 3 teams. Small, plastic banners were suggested for the combined winners.

Meet Stipends: The committee recommends adding a \$500 stipend for the Regional Meets and increasing the stipend for Seniors to \$2500. The other stipends would stay the same--\$1000 for 9—12 or 12 and unders and \$1500 for 13 and over or the Open.

Finalized Meet Calendar: Pam Warner reported that we have 4 bids for Regionals since NCAC had to withdraw its bid due to a change in the Ivy League schedule. The bids are from PVAC, EB, ABF, SD. The problem is that the pools are not very well spaced in New England. However, Ray Grant is not concerned about this situation. Since we are not sure what the attendance at these meets will be, this set up will give us the flexibility to switch teams from one facility to another at the last minute. It was agreed to give the meets to the teams who bid.

We have two bids for March 4—7. BOSS has bid on Seniors at Harvard and BGSC has bid on 13 and over or the Open at Wheaton. There are no bids for 13 and over on the date scheduled, February 26—29. There were concerns about who would be running the meet and the equipment at Harvard and about the size of Wheaton and its ability to handle the numbers who would be attending the Open. Pam will contact Tim Murphy about who would be the meet manager and if they were willing to run the Open. She will report back to the September 2 Board Meeting.

Pam reported to the Board that Tim Murphy said that BOSS would be willing to run an Open meet at Harvard on the weekend of March 4—7. Carol Healey said that there would be a responsible meet director for the meet. Rick Osterberg added that there would be new touch pads and other equipment purchased by Harvard and in place before the proposed meet. There was some question about running a full four day format at Harvard. Pam will check with Tim Murphy. Since we still do not have a bid for 13 and over Age Groups, the Board voted to go with the Open format. Dan Warner stated that he thought recognizing the 13 and 14 swimmers with 13 and 14 awards would please some of the past opponents of the open format.

Time Standards: Ray Grant is working on the time standards for next year. It was agreed that the number of swimmers at the Open has to be reduced. Some coaches and athletes are concerned that 15 and over swimmers are able to qualify for the meet with what used to be 13 and 14 age group times. Ray suggested that we have two sets of time standards—one for 14 and under swimmers and one for 15 and over swimmers. Caitlin Grant will contact her athletes committee to see how they feel on the subject. The Board voted to keep uniform time standards for all swimmers in the Open meet.

Joann Foley from GMSC has suggested that we add 25 meter time standards to our time standards. The committee agreed that we did not have enough swimmers with 25 meter times. They can continue to convert their times to yard times.

Regional Meets: The committee discussed the format of the new Regional Meets and agreed on the following:

1. The meet should be 2½ days.

2. We should include the 200s for 11 and 12 swimmers but with a limited number of heats. (These events were not included in the District Meets.)
3. There would be no scoring either team or individual.
4. Each team could have 2 relays and up to three relay only swimmers would be allowed. Each age group would have 2 relays offered (shorter distance relays only).
5. There would be no special recognition of 8 and unders. The regional meet would not be considered the championship meet for 8 and unders.
6. There are many left over bronze and district awards. The committee did not favor reusing the bronze awards but would consider reusing the district awards.

Zone Proposal: Ray Grant had proposed "flip flopping" New England's participation in the long course and short course zone meets. For short course, swimmers would go with their parents the way they now do for long course. Because we can only send 2 swimmers in each event, we would have to have an early dead line for those applying so that families could make hotel reservations, etc. For long course, we would take a team on buses, etc. the way we now do for short course. Ray suggested that a swimmer would have to make a certain number of qualifying times (3?) in order to go with the team. The committee feels that more families would be willing to send swimmers in the summer because they would not be missing school. The logistics for forming a team would not be easy for the short course meet. Ray said that at the zone meeting, Maryland and New England both voted to get rid of the short course Eastern zone meet. (The other zones only have meets in the summer.) He would not be upset if New England did not participate in the short course meet. The proposal will be discussed at the Board Meeting. Ray is also concerned about the number of swimmers who sign up for the meet and do not attend. This means that in some cases other swimmers could have attended but were not selected and that relays are often left without enough swimmers. He would like us to have a larger, non-refundable deposit.

The Board voted to instruct the New England delegates at the zone meeting at the convention to inform those present at the zone meeting that New England would not be attending the short course zone championships. New England will be supporting the long course zone championships and send a team (with a bus, hotel rooms, meals, etc.) the same way we have supported the short course zone team in the past.

SWIMS program: Mary Riddell presented a proposal for handling meet entries and results so that no unregistered swimmers would be in meets and so that results could be entered into the new USA Swimming SWIMS program without difficulty. Members of the committee were concerned about the technicalities of the proposal and the amount of work it would entail. It was agreed to turn the matter over to the web site development committee for further consideration.

Top 10: Mary Riddell said that NE needs to be on the same calendar for Top Ten as the National Top 16 if we were going to use the SWIMS program to our advantage. Currently, National Top 16 runs from September 1 through August 31 for both long course and short course. New England uses the same calendar for long course, but uses a

June 1 through May 31 calendar for short course. The committee agreed that we need to change our calendars to September 1 through August 31. This would mean that for this year only, the short course meets in Top Ten would run from June 1, 2002 through August 31, 2003. The committee also would like New England Top Ten to include all New England sanctioned meets (sanctioned invitationals, dual meets, time trials, etc). Mary Riddell is concerned about what this would do to the calendar and still does not want to include dual meets and time trials even when sanctioned. At her request, this item will be put on the agenda at another meeting when there will be more time to discuss it.

Web Directions: Rick Osterberg had sent some comments and agenda items to the committee. Much of what he suggested was proposed in Mary Riddell's SWIM proposal. Again, the committee would like the web site development committee to look at the proposals, suggestions, etc.

Other Business: Distance Awards at the Open: A suggestion was made that the distance awards which are being given at the Open should be given at the 12 and under meet also. The committee agreed that the purpose of the awards was to encourage and recognize distance swimmers at the Open and that this encouragement and recognition was not necessary for the younger swimmers.

The meeting was adjourned at 9:00 pm.

Submitted by Mary Riddell

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* NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL *
* 20 Cleveland Road *
* Needham, MA 02492-3006 *
* 781-449-0270 *
* FAX: 781-449-7903 *
* e-mail: office@neswim.com *
* Web site: www.neswim.com *
* OFFICE HOURS: Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m. *
* Thursday: 8 a.m.--2 p.m. *
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OUTSTANDING SWIMMERS, SHORT COURSE, 2002—2003

8 & under:	MEGAN ALEXANDER	YNS	RYAN DEAN	HRY
	MARY KEOUGH	SAC	P J FALLON	NSP
	ERICA MACSWAN	RRSC	JAMESON MCSHEA	CCSC
	RACHEL MOORE	ANA	EVAN SHOLUDKO	AAC
	TOIREASA RAFFERTY-MILLETT	YNS	ZACHARY WINGFIELD	HRY
9 and 10:	ELIZABETH BEISEL	MAG	JAKE KISSICK	SSYS
	SHANNON BENDER	MAG	BEN LACHANCE	BOSS
	MOLLY BULGER	GTRS	CONOR MCAULIFFE	MAG
	ALEX FRASIER	CUDA	LUCA SPINAZZOLA	BOSS
	SILIAN LUO	RAMS	ROY SUNG	SAC
11 and 12:	CAROLINE BELLI	NSSC	WILLIAM HOOPER	BOSS
	JILL KEARNS	SAC	GREG LOWEN	BGSC
	CHIARA SPINAZZOLA	BOSS	MICHAEL MONOVOUKAS	BGSC
	CARA VOGEL	SSYS	MARK SCALISE	YNS
	ELENA WALTERMAN	SAC	CONOR SWANSON	MAG
13 and 14:	LAUREN BRADY	NWSC	MAX BUTLER	BGSC
	ELIZA BUTTS	SAC	TAYLOR GOODWIN	CUDA
	MEGAN FARRELL	SAC	JONATHAN HARTMANN	CUDA
	ERICA MEISSNER	MAG	KEVIN MCGRATH	YNS
	KRISTINA RIGTERINK	SSA	COREY SWANSON KEVIN YAMADA	MAG SAC
15 and 16:	MARY CHEFFERS	MAG	SALVATORE BARBA	SAC
	MEAGHAN COLLING	SAC	STEFAN BARTL	MAG
	KATIE FRITSCH	BGSC	BJORN FALK	MAG
	TAYLOR MCFARLANE	SSA	NICK LAKE	PAC
	KAIT STRICKLAND	CUDA	ERIC NILSSON	CUDA
17 and 18:	JENNA BARBARY	SSA	JAMES BAILEY	BOSS
	KAREN GATELY	BGSC	KEVIN DONOHUE	BOSS
	CLAIRE HAWLEY	CCSC	BRIAN FISKE	MAG
	HOLLY HINDS	CUDA	SEAN RILEY	BOSS
	ANNIE KELLEY	BGSC	TOBIAS WORK	CCSC
OPEN:	JENNA BARBARY	SSA	JAMES BAILEY	BOSS
	CLAIRE HAWLEY	CCSC	SALVATORE BARBA	SAC
	ANNIE KELLEY	BGSC	JASON EADDY	CMSC
	TAYLOR MCFARLANE	SSA	SEAN RILEY	BOSS
	ERICA MEISSNER	MAG	TOBIAS WORK	CCSC

OUTSTANDING SWIMMERS, LONG COURSE, 2002—2003

8 and under:	MARGARET D'INNOCENZO	MAG	EVAN GREY	GMA
	MARY KEOUGH	SAC	WILL GUNSHENAN	CUDA
	ANGELICA SPINAZZOLA	BOSS	JOSEPH HIBBERT	PVAC
	BIANCA SPINAZZOLA	BOSS	ANTONY HUBBARD	LRW
	CHRISTA WEAVER	GMA	SCOTT MCGINTY	ANA
9 and 10:	REBECCA AIELLO	MAG	JOHN BAILEY	BOSS
	ELIZABETH BEISEL	MAG	BEN LACHANCE	BOSS
	SHANNON BENDER	MAG	CONOR MCAULIFFE	MAG
	JOHANNA FLEMING	HRY	LUCA SPINAZZOLA	BOSS
	SARA LI	MTSC	ROY SUNG	SAC
11 and 12:	CHELSEA DOWNING	CCSC	JULIAN AZARET	MAG
	SILIANG LUO	RAMS	PHIL BRADY	NWSC
	CAITLIN MICHAELS	NCAC	NICK D'INNOCENZO	MAG
	CHIARA SPINAZZOLA	BOSS	ROBERT DOWD	BGSC
	CAROLINE WEAVER	GMA	CONOR SWANSON	MAG
13 and 14:	LAURA BRADY	NWSC	EDDIE GILLIE	CUDA
	ELIZA BUTTS	SAC	RAY GRANT	SD
	CAITLIN DOHERTY	MAG	JONATHAN HARTMANN	CUDA
	ERICA MEISSNER	MAG	MICHAEL SULLIVAN	MAG
	JESSICA L PERRY	BGSC	KEVIN YAMADA	SAC
15 and 16:	MEGAN FARRELL	SAC	SALVATORE BARBA	SAC
	KATHLEEN FOLEY	MAG	STEFAN BARTL	MAG
	TAYLOR MCFARLANE	SSA	STEPHEN MILLER	CUDA
	KRISTINA RIGTERINK	SSA	ERIC NILSSON	CUDA
	KAIT STRICKLAND	CUDA	COREY SWANSON	MAG
17 and 18:	EMILY BRUSH	BGSC	NICOLAS CHEVALIER	MAG
	KAREN GATELY	BGSC	BRIAN FISKE	BOSS
	CLAIRE HAWLEY	CCSC	SEAN FILEY	BOSS
	ANNIE KELLEY	BGSC	P J SULLIVAN	MAG
	STACIE LESNESKI	MAG	TOBIAS WORK	CCSC
OPEN:	KAREN GATELY	BGSC	SALVATORE BARBA	SAC
	CLAIRE HAWLEY	CCSC	RYAN BERG	BGSC
	STACIE LESNESKI	MAG	JOHN COLE	BOSS
	TAYLOR MCFARLANE	SSA	SEAN RILEY	BOSS
	ERICA MEISSNER	MAG	TOBIAS WORK	CCSC

TOP TEN SWIMMERS, Short Course, 2002—2003

AAC: Evan Sholudko, Patrick Myers, Robbie Porter, Terrance Sullivan

AMW: Jenn LaComfora, Jackie Miller, Tanya Takimoto, Stephen Rose

ANA: Rachel Moore, Julia Torabi, Samantha Hall, Wei Wei Li, Alexandra Hall, Jen Trodden, Kristi Korsberg, Elizabeth Mancuso, Scott McGinty, Ben Morris, Paul Bimmler

ATST: Jacob Leonard

BLUE: Josh Gates

BAT: Clare Goslant, Ben Brostoff, Ben Daus-Haberle

BGSC: Katherine Ashenfelter, Allison Scott, Alena Chubet, Sarah Ernst, Jessica Perry, Lisa Donnelly, Katie Fritsch, Mary Dooe, Sara Aiello, Karen Gately, Jessica Aiello, Chase Butler, Sarah Bargmann, Jessica Santapaul, Caroline Dowd, Emily Brush, Annie Kelley, Patrick O'Neill, Clarke Madigan, Max Butler, Alex Dobrolioubov, Patrick Biggs, Michael Monovoukas, Derek Castellana, Greg Lowen, Chris Rogers, Robert Dowd

BOSS: Bianca Spinazzola, Angelica Spinazzola, Kelin Song, Chiara Spinazzola, Maddie Helies, Elena LeBlanc, Katie Haron, Susannah Ford, Christine Kaufmann, Mariele Dunn, Hee Jin Chang, Courtney Finn, Caitlin Maguire, Meghan Healey, Christine Hooper, Lindsay Woodward, Kate O'Brien, Annie Goldstein, Katherine Curley, Melissa Hambelton, Ben LaChance, Luca Spinazzola, John Bailey, Michael Langelier, Sam Taylor, Ben Bullett, Arkady Rasin, Thomas Kelleher, Thamas Bailey, Jack Priest, Benjamin Bonte, James Bailey, Christian Warner, Kevin Donohue, Sean Riley, Kevin Pudas, Ethan Treat, Robert Schotter, Robert Bailey, William Hooper, Jeffrey Thomas, Peter Buhler

BYB: Jared Murphy, Tom Recko

CONY: Stephen Muzzey

BYD: Alexandra Suppan, Catherine Suppan, Johannes Suppan

CCBS: Lily Ciardelli, Sarah Waters

CMC: Raymond McGorry

CCSC: Chelsea Downing, Alexandra Wessel, Natasha Toczyłowski, Dillon Delaney, Claire Haeley, Jameson McShea, Bradley Keigwin, Alex Roan, Matthew Abbott, Tobias Work

CUDA: Alex Frasier, Laura Moriarity, Margaret Dickinson, Nikki Laffel, Kait Strickland, Alicia Negrotti, Kate Krems, Stephanie Colson, Kelly Robinson, Holly Hinds, Erica Stutius, Taylor Goodwin, Jonathan Hartmann, Stephen Miller, Ayaas Bhamla, Brett McKenzie, Eddie Gillie, Marco Chu, Taylor Goodwin, Billy Rubenstein, Eric Nilsson, David Russell, Winston Woo

CMSC: Jason Eaddy

EST: Kyle Losik

GBSC: Clarrisa Palmer, Jonathan Palmer

FINS: Alexander Cardenas

GMA: Christa Weaver, Caroline Weaver, Kate Weaver, Evan Grey, Taylor Grey

GMSC: John Farrell

GSC: Ben Whitaker

GTRS: Evan Fabian, Molly Bulger, A D Hosking, Seamus, Spindley, Milo Child Campolo, Trevor Kennison, Vinny Pryor, Collin Page

HAY: Courtney Roycroft, Gabby Choi, Carl Roycroft

HRY: Kate Driscoll, Johanna Fleming, Kendall Pasteris, Ryan Dean, Zachary Wingfield, Jacob Wingfield, Jeff Wilga

HYV: Amanda Konieczny

LRW: Antony Hubbard

MAG: Margaret D'Innocenzo, Jaclyn Alois, Julia Quinn, Elizabeth Beisel, Rebecca Aiello, Shannon Bender, Kerry Dewey, Alexandria Castaldo, Meaghan Bailey, Katelyn Martin, Kathrine Kinnett, Kelsey Johnson, Hannah Kondrotas, Sarah Kanellas, Erica Meissner, Caitlin Doherty, Candice Peak, Kacy Ellowitz, Kashmir Frizelle, Jenny Geary, Kristin Prautzsch, Corina Hopkins-Vacca, Melinda Hochard, Anna Semaklin, Mary Cheffers, Carol Green, Kathleen Foley, Erin Gray, Rynn Malloy, Caitlin Geary, Stacie Lesneski, Samantha Kliskey, Danny Beisel, Conor McAuliffe, Patrick Sullivan, Corey Swanson, Tim Smith, Michael Sullivan, Andrew Maguire, Jacob Hochard, Bjorn Falk, Ben Taylor, P J Sullivan, Brian Fiske, Stefan Bartl, Andrew Piquette, Chad Swanson, William Shearouse, Nicolas Chevalier, Sean Geary, Matt Shack, Charles Kinnett, Ben Fay, Derek Monette, Michael Lenihan, Jason Tourigny, Sean Condon, Josh Thomas, Conor Swanson, Julian Azaret, Jonathan Mackay, Nick D'Innocenzo, Christopher Daley

MELY: Colleen McCormack, Suzi Stein, Alyssa Savarino-Miller, Kelsey Goodwin, Elizabeth Sullivan, Thomas Huynh

MYT: Christina Denbow, Stephanie Lynn, Milan Sandhue

MYSD: Ashlin Niles

NCAC: Mollie Hoopes, Molly White, Caitlin Michaels, Ellis Ganley, Mary Chapman, Alea Paddock, Emily Feleen

NSSC: Katherine Foley, Molly Hines, Caroline Belli, Andrew Belli, Matt O'Brien, Travis Mosca, Justin Fanning

NSP: P J Fallon

ORCA: Joel Bierwert

NWSC: Erin Brady, Lauren Brady, Cody Gilchrist, Ethan Brown, David Fei, Phil Brady

PAC: Kathleen Degman, Erica Vitale, Nick Lake, Mark Pechak

PSC: Kate Laurion, Olivia Doty, Katie Omstead, Alexandra Doty, Aaron Brosnan, Peter Gollands, Granite Huang

PST: Taygra Longstaff

RRSC: Erica MacSwan

PVAC: Samantha Hibbert, Anna Woodward, Kelby Zimmerman, Laila Gagnon, Nikki Woodward, Joseph Hibbert, Matthew Grippo, Paul Dyrkacz, Jimmy Bernardo, Corey Lomas, Bryan Eisenberger, Chris Breen, Nathan Bromage, Keith Parent, Stephen Spinelli, Michael Scibelli, Greg Chartier

PYPB: Megan Grace, Prittany Pavolko, Joel Rousseau

RAMS: Siliang Luo, Alex Lalli, Laura Sogar, Eric Skinner

SAC: Mary Keough, Elena Waltermann, Jill Kearns, Eliza Butts, Megan Farrell, Hilary Gram, Meaghan Colling, Caitlin Colling, Sarah Kearns, Molly Kearns, Roy Sung, Kevin Yamada, Salvatore Barba, Christopher Bott, Sean Terry, Stuart Butts

SCA: Luke Gauvin

SRSC: Maggie Rosenbaum

SSA: Melissa Parratto, Kristina Rigterink, Caitlin Moore-Penaskovic, Katrina Maloney, Kate Coker, Lindsay Snyder, Brittany Frank, Ali Smith, Nicole Lebarge, Jenna Barbary, Chelsea Frank, Sam Wensman, Jesse Bickford, Andrew Boudreau, Adam Viccaro, Joshua Blake

SSYS: Hope Kissick, Alyssa Stevens, Cara Vogel, Jen Vogel, Meredith Nelson, Jake Kissick, Ky Harlin, Pat Reams

SD: Meggie Farrington, Kara Ernst, Samantha Demty, Ray Grant

UN: Caroline Capece, Sara Li, Jordan Allen, Ariel Bender, Kendall Dacey, Michelle Bright, Joanna Lee, Michelle Oeser, Molly Ward, Stephanie Greco, Erin Mulkey, Jane Evans, Michael Winget, Adam McNally, Curtis Hon, Nick Langan, Jan Cieslikiewicz, Stephen Norberg, Tommy Li, Ryan Brooks

VAST: Ellie Laukaitis, Derek Hathaway

WEST: Chase Kovac, Brian Wisniewski

WYST: Jacob Pelinsky, Max Yazhbin, Josh Cotugno

YNS: Toireasa Rafferty-Millett, Megan Alexander, Rory McCarthy, Amy Needham, Rosemary Berardino, Catherine Rafferty-Millett, Naomi Delphin, Meredith Mead, Jaclyn Davidson, Diana Harlow, Lauren Harlow, Jacob Fay, James Black, Jamie Mannion, Kevin McGrath, Kyle Bartro, Jason McGrath, Mitchell Partkiewicz, Mark Scalise, Chris Carroll, Courtland Parker, Tyler Lareau

TEN SWIMMERS, Long Course, 2002—2003

AAC: Christina Estrada, Jackie Porter, Megan Toney, Patrick Myers, Evan Sholudko, Robbie Porter, Ian Sullivan, Nathan Cronin

AMW: Christina Casillo, Jenn LaComfora, Tayna Takimoto, Stephen Rose

ANA: Sydney Frerichs, Emily Carolo, Erica Belcher, Alexandra Hall, Theresa Faller, Michelle Walcker, Jen Trodden, Desirae Deveaux, Kate Page, Scott McGinty, Joseph Faller, Jun Oh, Paul Bimmler

ATST: Jacob Leonard

BAT: Ben Daus-Haberle

BGSC: Carina Zhang, Katherine Ashenfelter, Allison Scott, Francesca Tocci, Alena Chubet, Sarah Ernst, Katie Soja, Jessica L. Perry, Lauren Wilson, Lisa Donnelly, Sara Aiello, Kristyn Roth, Meredith Nelson, Mary Dooe, Corneliëke Lammers, Katie Fritsch, Kendall Dacey, Dana

Rosenberg, Emily Brush, Karen Gately, Chase Butler, Annie Kelley, Jessica Santapaul, Sarah Bargmann, Caroline Dowd, Deidre Devlin, Jennie Miller, Joanna Murphy, Jessica Aiello, Ian Wilson, Gregory Michaels, Robert Dowd, Martin Kafina, Greg Lowen, Clarke Madigan, Michael Monovoukas, Alex Dobrolioubov, Patrick Biggs, Anthony Lopresti, Max Butler, Ryan Berg

BOSS: Angelica Spinazzola, Bianca Spinazzola, Emma Nuzzo, Emily Joseph, Kalin Song, Chiara Spinazzola, Maddie Helies, Molly Smith, Kaia Simmons, Katie Haron, Christine Kaufmann, Brittany Olerio, Mariele Dunn, Caroline Huber, Courtney Finn, Susannah Ford, Meghan Healey, Caitlin Maguire, Lindsay Woodward, Annie Goldstein, Martha Rogers, Katherine Curley, Christine Hooper, Kate Kovenock, Stephanie Greco, Juleen Rodakowski, Nathan Lachance, Luca Spinazzola, Ben Lachance, John Bailey, Dimitrius McCoy-Palmer, Paolo Deluca, Jeffrey Thomas, William Hooper, Robert Bailey, Peter Buhler, Sam Taylor, Michael Langelier, Arkady Rasin, Thomas Kelleher, Thomas Bailey, Benjamin Bonte, Christian Warner, James Bailey, Kevin Donohue, Kevin Pudas, Sean Riley, Ben Bullitt, Brian Fiske, Eric Thomas, Kemi George, John Cole, Rassan Grant, Ethan Treat

BYB: Conor Sweeney, Jeffrey Tan, Tom Recko, Jon Quinn

BYD: Ariel Jarvis, Alex Suppan, Catherine Suppan

BUS: Jefferson Moors

CCSC: Chelsea Downing, Melayna Grasseti, Lucy Chandler, Claire Hawley, Dillon Delaney, Samuel Speroni, Christopher Darrah, Alex Roan, Tobias Work, Andrew Cullum, Michael Emmons

CMC: Kasondra Iadarola, Raymond McGorry

CCYM: Casey Ostrander

CMSC: Jason Eaddy

CONY: Chris Bartlett

CUDA: Kristina Barakov, Nadja Kerr, Margaret Dickinson, Kait Strickland, Alicia Negrotti, Nikki Laffel, Stepphanie Colson, Erica Stutius, Monica Chu, Anne Osborn, Kate Krems, Will Gunshenan, Curtis Hon, Jonathan Lam, Jonathan Hartmann, Eddie Gillie, Ayaas Bhamla, Marco Chu, Brett McKenzie, Stephen Miller, Eric Nilsson, Taylor Goodwin, Chris Leggett, David Russell, Eric Simpson, Allen Su, Billy Rubenstein

GMA: Christa Weaver, Caroline Weaver, Kate Weaver, Evan Grey, Kienan Adams

GTRS: Evan Fabian, A D Hosking, Vinny Pryor

ELM: Emily Lajoie

HAY: Erin Foley, Kelsi Gray, Courtney Roycroft, Goutam Sudhir, Carl Roycroft

HRY: Miranda Wingfield, Kate Driscoll, Cassidy Peterson, Johanna Fleming, Ryan Dean, J P Chandler, Matthew Weiss, Jacob Wingfield

LRW: Antony Hubbard, Ben Whitaker

HARV: Emily Stapleton

MAG: Margaret D'Innocenzo, Amy Dolan, Jaelyn Alois, Julia Quinn, Elizabeth Beisel, Shannon Bender, Rebecca Aiello, Kristina Martin, Kelli, Swanson, Kate Kaspar, Kerry Dewey, Meaghan Bailey, Tina Belletete, Margot Ryan, Kelsey Murphy, Erica Meissner, Lauren Walker, Caitlin Doherty, Kristin Pautzsch, Amanda Cerere, Katelyn Martin, Kathrine Kinnett, Jennie Geary, Candice Peak, Carol Green, Mary Cheffers, Kathleen Foley, Kacy Ellowitz, Kashmir Frizelle, Erin Gray, Bailey Johnson, Rynn Malloy, Corina Hopkins-Vacca, Stacie Lesneski, Melinda

Hochard, Kathleen McCann, Courtney Gould, Kelsey Dewey, Katie Marshall, Jake Bailey, Conor McAuliffe, Patrick Sullivan, Jack Dolan, Conor Swanson, Nick D'Innocenzo, Julian Azaret, Tim O'Neill, Nicholas Farrell, Corey Swanson, Michael Sullivan, Michael Parry, Andrew Maguire, Jacob Hochard, Jonathan Castaldo, Bjorn Falk, Stefan Bartl, Tim Smith, Andrew Piquette, William Shearouse, Nicolas Chevalier, Sean Condon, Marc Christian, Sean Geary, Matt Shack, Charles Kinnett, Derek Monette, Ben Fay, P J Sullivan, Chad Swanson, Alex Jansen, Matthew Kates, Casey Cronin

MST: Christina Denbow, Leah Burke

MELY: Kelsey Goodwin

MYSD: Jessica E Perry, Heather Jankins

MTSC: Sara Li, Justin Liu

NCAC: Mackenzie Ganley, Devon Cota, Mary Chapman, Caitlin Michaels, Ika Kovacikova, Lizzy Mamourian, Ellis Ganley, Emily Feleen, Emily Chapman

NSSC: Katherine Foley, Amy O'Brien, Caroline Caliri, Emily Rookwood, Annie Lindland, Caroline Belli, Caitlin Brewer, Nicole Taraverdian, Brandon Brown, Granger Leonard, Matt O'Brien, Craig Lewin

NWSC: Lauren Brady, Cody Gilchrist, Phil Brady, Brian Mackness

PAC: Emily Hammang, Jeffrey Laliberty, Mat Lamore, Nick Lake, Ross Mooney

PSC: Katie Omstead, Alexandra Doty, Matthew Tynan, Billy Kim, Peter Gollands

PST: Kelsi Hobbs, Colin Bond

RAYS: Andrew Kalil

PVAC: Samantha Hibbert, Nikki Woodward, Laila Gagnon, Joseph Hibbert, Jimmy Bernardo, Paul Dyrkacz, Bryan Eisenberger, Nate Bromage, Keith Parent

RAMS: Siliang Luo, Sarah Dinwoodie, Laura Sogar, Alex Lalli, Sawyer Durand, Ryan Sundvick, Ryan Quinn

SAC: Mary Keough, Jessica Harrison, Rosalind Donhowe-Mason, Clare Foster, Vanessa Donhowe-Mason, Eliza Butts, Megan Farrell, Jill Kearns, Elena Walterman, Kasey Hartnett, Meaghan Colling, Caitlin Colling, Sarah Kearsn, Ashley Hawn, Roy Sung, Alex Moothart, Christopher Reuter, Ryan Younis, Will Olsen, Kevin Yamada, Jared Courville, David Thompson, Salvatore Barba, Christopher Bott, Sean Terry, Ivor Asztalos, Joseph Sementelli

SSA: Annika Rigterink, Ariana Berg, Melissa Parratto, Kristina Rigterink, Caitline Moore-Panaskovic, Katrina Maloney, Taylor Mcfarlane, Brittany Frank, Nicole LeBarge, Jenna Barbary, Chelsea Frank, Lindsey Snyder, Kate Coker, Michelle Oeser, Marcelle Miller, Shane Almeida, Aaron Harris, Sam Wensman, Andrew Boudreau, Jesse Bickford, Gordon Smith, Tony Tenhaagen

SSYS: Jordan Allen, Breanna Stewart, Loren Phinney, Ellesse Lund, Katie Radin, Jake Kissick, Danny Cadwell II, Zach Cutts, Josh Cutts

SD: Meggie Farrington, Kara Ernst, Jenn McDermott, Samantha Demty, Caitlin Grant, John Roy, Ray Grant, Lucas Tiziani

UN: Jeff Fiore, Joel Rousseau

SHSC: Maya Lazarovich

WEST: Sarah Johnson, Kayla Burke, Matthias Christensen, Louis Lebart

WW: Ian Sliwinski, A J Vozella

WYST: Josh Cotugno

YNS: Amy Needham, Rory McCarthy, Naomi Delphin, Molly Curran, Diana Harlow, Krista Zarba, Lauren Harlow, Matthew Nutter, Matthew Scalise, Courtland Parker, Tyler Lareau, Jamie Mannion, Alex Hurst, Kevin McGrath, Jason McGrath, Jack Leavitt

WYST: Caitlin Munns, Max Yazhbin, Dan Morrissey

UN: Rachel Flinn, Taylor McFarlane, Ryan Brooks, Jeremy Tillman

HELP WANTED

ASSISTANT COACH WANTED: Bay State Swim Club, Sturbridge, MA is a small team in need of a part-time coach 3x/week (M, W, F) to work with our developmental swimmers. Prospective candidates should have experience coaching competitive swimmers and be able to commit to 3 practiced/week. Please submit resume ASAP to Leandra Manos, Head Coach, Bay State Swim Club, 32 Moore Avenue, Worcester, MA 01602.

ASSISTANT COACHES: We are looking for enthusiastic, qualified individuals who love the sport of swimming and love working with children to be assistant coaches for the East Longmeadow Marlins Swim Team for the upcoming season. You must be motivated, mature and responsible and able to manage a swim practice independently as well as in conjunction with our head coach. We compete in the Pioneer Valley Swim League and area USA meets. Please contact Mary Kossic at 413-525-2462, mkossic@att.net or Julie Piepho at 413-596-2302, Swim1julie@aol.com to arrange for an interview.

ASSISTANT COACH: Clark University in Worcester, MA is seeking a part-time coach for Men's and Women's Swimming. Duties include roughly 10 hours per week on deck plus 10--12 dual and championship meets. Additional responsibilities may include dryland/fitness training, practice/meet preparation, and working with Hy-Tek software.

Clark University also is seeking a part-time coach for Men's and Women's Diving. Duties include 6--10 hours per week on deck plus 10--12 dual and championship meets. Diving Coach will assume responsibility for all aspects of the diving program. Additional income may be earned by working with other area college diving programs during the season

Contact Paul E Phillips, Head Coach, Swimming and Diving, Clark University, 950 Main Street, Worcester, MA 01610. Phone: 508-793-7170; Fax: 508-793-8819; Email: pephillips@clarku.edu.



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

NOVEMBER 2003

IN THIS ISSUE: UPDATED CALENDAR and TIME STANDARDS FOR "END OF SEASON" MEETS; NE SWIMMERS ACHIEVING TOP 16 REPORTABLE TIMES; STROKE & TURN CLINIC; TOP TEN CORRECTIONS.....

AT-LARGE APPOINTMENTS:

At the October meeting of the Board of New England Swimming, the following at-large appointments to the Board were made:

DAVE LEBLANC, MIKE PARRATTO, BOB GAUVIN, BILL GEARY, MARIELLA ALLARD

TOP TEN BANQUET:

The Top Ten Banquet on October 26, 2003 featured **TOM MALCHOW**, Gold Medalist in the 200 meter butterfly at the 2000 Olympics in Sydney, Australia. The 450 swimmers, coaches, and parents who attended were treated to an inspirational talk from Tom followed by a lively question and answer period and many photographs and autographs.

Also honored at the banquet was **PRISCILLA DAVIS** who was presented with a life membership in USA Swimming by New England Chairman, Bruce Mohl. Priscilla has been a long time and active member of New England Swimming. Currently, she is the Chairman of the Review Board, the Nominating Committee, the Safety Committee, and the Adapted Swimming Committee. At the National level, she is Chairman of the USA Swimming Safety Committee. An active referee, Priscilla is on the deck as a referee at many New England Swimming meets and also high school and college meets, YMCA meets, recreational league meets, and Special Olympics.

CONGRATULATIONS to **PRISCILLA DAVIS**, and thank you for all your contributions to swimming.

The Board of New England Swimming will meet on Tuesday, December 2, 2003 at 7 pm at the Wellesley Community Center, Wellesley, MA.

REGISTRATION ISSUES

New England Swimming and teams running meets are now able to check the membership status and ID numbers of swimmers who are entered in meets. Swimmers must be entered in meets with the same ID number as is in the registration program or there will not be a match. Most errors involve swimmers entered with no middle initial or entered with a "preferred" name rather than the legal first name. The easiest way to check this is to run your registration file through the on line registration tool available on the web site. The other way to do it is to check your registration file with the list that you have received from the office with your membership cards. When you change or correct a name in Team Manager, you have to tell the computer to generate a new ID number. Otherwise, the name is now corrected in your computer, but the ID number will still be the old one. This is very important!!!

A larger problem is that unregistered swimmers are still being entered in meets. Swimmers must be registered before they are entered in meets. Otherwise, the computer identifies them as "no registration found." They are then kicked out of the meet, and the team is fined \$100. At the present time, the office is up to date with registrations, but as December 31 draws nearer, this may not always be the case. Also, the on-line registration tool is generally updated once a week, on Mondays, but not necessarily at 8 am. Plan accordingly!!

In the past, the office urged teams to register the team when they registered their swimmer. Due to more diligent checking of registration ID's, the emphasis has been on getting all swimmers registered and registered correctly. As a result, it appears that teams are being a little lax in registering their clubs for 2004. As of November 15, 2003 the following clubs are fully registered (form, fee, registered and certified head coach)

for 2004:	AAC	ANA	ATST	BGCP	BGSC
BLUE	BYB	BYD	CCYM	CLBC	CVWM
HRV	HYV	KING	MD	MMY	MST
MTSC	NSSC	RCSC	SAC	SCA	SEEK
SNAP	SSYS	STS	WBD	YNS	

Do not forget that as of December 1, 2003, the club registration fee increases from \$165 to \$200.

Mary Riddell

HELP WANTED

The Town of Milford, NH Recreation Department has several job openings for the summer of 2004. The openings include: Pool Director, Water Safety Instructor, Head Swim Team Coach, and Keyes Pool Lifeguards (part time and full time). If interested please contact Kevin A Tyska, Recreation Director, Town of Milford, NH. (w) 603-672-1067, (f) 603-673-2257, www.milford.nh.gov

TOP 16 REPORTABLE TIMES, 2002—2003

CONGRATULATIONS to the following New England Swimmers who had times which qualified to be reported for USA Swimming Top 16. Not all the reported times will be listed in the Top 16, only the fastest 16 in each event.

SHORT COURSE

10 and under:

ELIZABETH BEISEL	MAG	100 free, 200 free, 500 free, 50 back, 100 back, 100 breast, 50 fly, 100 fly, 100 IM, 200 IM
MOLLY BULGER	GTRS	50 back
MARK KISSICK	SSYS	200 free
LUCA SPINAZZOLA	BOSS	50 back
CONOR MCAULIFFE	MAG	100 back

11 and 12:

ELENA WALTERMAN	SAC	1000 free, 200 fly
ELLIS GANLEY	NCAC	1000 free, 1650 free, 400 IM
CARA VOGEL	SSYS	1000 free, 100 back, 200 back, 400 IM
MEAGHAN BAILEY	MAG	1000 free, 200 fly, 400 IM
CAITLIN MICHAELS	NCAC	1000 free, 1650 free, 200 back, 200 fly, 400 IM
JILL KEARNS	SAC	1000 free, 1650 free, 200 fly, 400 IM
KATELYN MARTIN	MAG	1000 free, 1650 free
KATHRINE KINNETT	MAG	1000 free, 400 IM
CHELSEA DOWNING	CCSC	1650 free
CAROLINE BELLI	NSSC	1650 free, 200 back, 400 IM
CAROLINE WEAVER	GMA	200 back, 400 IM
MADISON HELIES	BOSS	200 back
MARY CHAPMAN	NCAC	50 breast, 200 breast
LAURA SOGAR	RAMS	200 breast
JENNIFER TRODDEN	ANA	200 breast
ROSALIND DONHOWE-MASON	SAC	200 breast
CHIARA SPINAZZOLA	BOSS	50 fly, 100 fly, 400 IM
SILIIANG LUO	RAMS	200 fly, 400 IM
MELISSA PARRATTO	SSA	400 IM
GREGORY LOWEN	BGSC	50 free, 100 free, 200 free, 100 back
MARK SCALISE	YNS	50 free, 100 free, 200 free
MICHAEL MONOVOUKAS	BGSC	200 free, 1000 free, 200 fly
CONOR SWANSON	MAG	200 fly, 400 IM

13 and 14:

ELIZA BUTTS	SAC	50 free, 100 free, 200 free
ERICA MEISSNER	MAG	100 free, 200 free, 500 free, 100 back, 200 back, 100 fly, 200 fly, 200 IM, 400 IM
KATHRYN HARON	BOSS	100 free, 200 IM

continued...

SHORT COURSE (continued)

MEGAN FARRELL	SAC	100 free, 200 free
CANDICE PEAK	MAG	100 back
JESSICA PERRY	BGSC	100 breast, 200 breast
CAITLIN DOHERTY	MAG	200 fly
KASHMIR FREZELLE	MAG	200 fly
JENNIFER VOGEL	SSYS	200 IM, 400 IM
LAUREN BRADY	NWSC	400 IM
COREY SWANSON	MAG	50 free, 100 free, 200 free, 100 back, 100 fly, 200 IM, 400 IM
KEVIN YAMADA	SAC	100 breast, 200 fly, 200 IM, 400 IM

15 and 16:

HEE-JIN CHANG	BOSS	50 free, 100 free, 100 fly
TAYLOR MCFARLANE	SSA	200 free, 500 free, 200 back
KATIE FRITSCH	BGSC	100 back, 200 back, 100 fly
MEAGHAN COLLING	SAC	100 breast
SALVATORE BARBA	SAC	100 free, 200 free, 100 back, 200 back
ERIC NILSSON	CUDA	500 free
STEFAN BARTL	MAG	1000 free, 1650 free
SEAN GEARY	MAG	1000 free, 1650 free
BJORN FALK	MAG	100 back
DAVID RUSSELL	CUDA	100 back
BRIAN FISKE	MAG	200 back, 100 breast, 200 breast, 200 IM
PAUL J SULLIVAN	MAG	200 breast

17 and 18:

NIKKI LAFFEL	CUDA	50 free, 100 free
KAREN GATELY	BGSC	50 free
STEPHANIE COLSON	CUDA	50 free
CONNIE BROWN	CUDA	100 free, 100 back, 100 fly
CLAIRE HAWLEY	CCSC	500 free, 1000 free, 1650 free, 400 IM
STACIE LESNESKI	MAG	500 free, 1000 free, 200 fly, 400 IM
MICHELLE BRIGHT	HARV	200 back
JENNA BARBARY	SSA	100 breast, 200 breast, 400 IM
MELINDA HOCHARD	MAG	200 breast
JOANNE KELLEY	BGSC	100 fly
JAMES BAILEY	BOSS	100 free
TOBIAS WORK	CCSC	1650 free
SEAN GEARY	MAG	1650 free
KEVIN DONOHUE	BOSS	100 breast, 200 breast
PAUL J SULLIVAN	MAG	200 breast, 400 IM
SEAN RILEY	BOSS	100 fly, 200 fly, 200 IM
ADAM VICCARO	SSA	200 fly
JASON MCGRATH	YNS	200 fly

TOP 16 REPORTABLE TIMES, 2002—2003

CONGRATULATIONS to the following New England Swimmers who had times which qualify to be reported for USA Swimming Top 16. Not all the reported times will be listed in the Top 16, only the fastest 16 in each event.

LONG COURSE

10 and under:

ELIZABETH BEISEL	MAG	50 free, 100 free, 200 free, 400 free, 50 back, 100 back, 100 breast, 50 fly, 100 fly, 200 IM
JOANNA FLEMING	HRY	50 free
SHANNON BENDER	MAG	50 free, 50 fly
KATHERINE ASHENFELTER	BGSC	50 back
SARA LI	MTSC	100 breast, 100 fly
JOHN BAILEY	BOSS	400 free
LUCA SPINAZZOLA	BOSS	400 free, 50 back, 100 back
ROY SUNG	SAC	100 breast
MATTHEW TYNAN	PSC	50 fly

11 and 12:

CHIARA SPINAZZOLA	BOSS	100 free, 200 back, 400 IM
CAITLIN MICHAELS	NCAC	200 free, 800 free, 1500 free, 200 back, 200 fly, 400 IM
CHELSEA DOWNING	CCSC	800 free, 1500 free, 200 breast
MEAGHAN BAILEY	MAG	1500 free, 200 fly, 400 IM
CAROLINE WEAVER	GMA	50 back, 100 back, 200 back
CAROLINE VOGEL	SSYS	100 back, 200 back
MADISON HELIES	BOSS	200 back
SILIANG LUO	RAMS	200 back, 200 breast, 200 fly, 400 IM
ANNIE LINDAND	NSSC	200 back
ALEXANDRA SUPPAN	BYD	200 back
LAURA SOGAR	RAMS	50 breast, 100 breast, 200 breast
MARY CHAPMAN	NCAC	200 breast, 400 IM
ROSALIND DONHOWE-MASON	SAC	200 breast
AMY O'BRIEN	NSSC	50 fly
MELISSA PARRATTO	SSA	200 fly, 400 IM
JOSHUA COTUGNO	WYST	50 back
CONOR SWANSON	MAG	200 back, 200 fly, 400 IM
PHILLIP BRADY	NWSC	200 back

13 and 14:

ELIZA BUTTS	SAC	50 free, 100 free
KATHRYN HARON	BOSS	50 free, 100 free

continued...

LONG COURSE (continued)

ERICA MEISSNER	MAG	50 free, 100 free, 100 back, 200 back, 100 fly, 200 IM, 400 IM
KRISTINA RIGTERINK	SSA	100 free
CANDICE PEAK	MAG	100 back
JESSICA PERRY	BGSC	100 breast, 200 breast
KRISTIN PRAUTZSCH	MAG	100 breast, 200 breast
CAITLIN DOHERTY	MAG	100 fly
COREY SWANSON	MAG	50 free
KEVIN YAMADA	SAC	100 breast, 200 breast, 100 fly, 200 fly, 200 IM, 400 IM

15 and 16:

RHYNN MALLOY	MAG	200 breast
SALVATORE BARBA	SAC	100 free, 200 free, 100 back
DAVID RUSSELL	CUDA	100 back, 200 back
ERIC SIMPSON	CUDA	200 back
PATRICK REAMS	SSYS	100 fly

17 and 18:

KAREN GATELY	BGSC	50 free
CLAIRE HAWLEY	CCSC	400 free, 1500 free
EMILY BRUSH	BGSC	100 back
MICHELLE BRIGHT	HARV	200 back
CAROLINE DOWD	BGSC	200 breast
JOANNE KELLEY	BGSC	100 fly
STACIE LESNESKI	MAG	200 fly
TOBIAS WORK	CCSC	200 free, 400 free, 800 free, 1500 free
PAUL J SULLIVAN	MAG	200 breast, 200 IM
SEAN RILEY	BOSS	100 fly

Attention PARENTS of MAGNUS AQUATIC GROUP and New England Swimming!!!

There will be a

Stroke & Turn/Starter's Clinic

at the Attleboro High School

on December 6th, 2003 at 9:00AM

We are looking for parents who want to learn or refresh their skills!!

Please contact Joanie Beisel (beisel@cox.net) or Paul Sullivan (psullivan@bjs.com) for more information

New England Regional Championship
Qualifying Times for Short Course 2003-2004

Women		8 & Under	Men	
Cut-on	Cut-off	EVENTS	Cut-off	Cut-on
30.00		25 FR		30.00
1:00.00	32.20	50 FR	33.10	1:00.00
2:00.00	1:11.70	100 FR	1:14.90	2:00.00
35.00		25 BK		35.00
1:10.00	38.40	50 BK	39.70	1:10.00
40.00		25 BR		40.00
1:20.00	43.80	50 BR	46.60	1:20.00
35.00		25 FL		35.00
1:10.00	37.20	50 FL	40.40	1:10.00
2:20.00	1:22.30	100 IM	1:25.80	2:20.00

Women		9-10	Men	
Cut-on	Cut-off	EVENTS	Cut-off	Cut-on
49.49	32.20	50 FR	33.10	49.59
1:43.09	1:11.70	100 FR	1:14.90	1:41.89
3:17.29	2:36.50	200 FR	2:44.00	3:15.19
		400/500		
55.99	38.40	50 BK	39.70	55.89
1:49.09	1:23.60	100 BK	1:28.20	1:46.79
1:00.69	43.80	50 BR	46.60	1:00.09
1:59.49	1:34.90	100 BR	1:43.80	1:57.79
1:35.59	37.20	50 FL	40.40	55.29
1:47.19	1:29.40	100 FL	1:40.00	1:45.39
1:55.49	1:22.30	100 IM	1:25.80	1:53.59
3:31.99	3:00.70	200 IM	3:15.20	3:27.89

Women		11-12	Men	
Cut-on	Cut-off	EVENTS	Cut-off	Cut-on
37.29	28.30	50 FR	29.10	36.79
1:22.29	1:02.10	100 FR	1:04.00	1:21.79
2:50.09	2:15.10	200 FR	2:19.30	2:48.39
7:05.49	6:04.00	400/500	6:12.30	7:00.89
		800/1000		
		1500/1650		
44.79	33.60	50 BK	34.80	44.59
1:32.19	1:11.60	100 BK	1:15.00	1:31.49
2:51.29	2:38.20	200 BK	2:48.50	2:50.19
49.39	37.60	50 BR	38.30	49.09
1:42.99	1:21.00	100 BR	1:25.00	1:42.89
3:23.49	2:57.50	200 BR	3:09.30	3:22.29
43.79	32.00	50 FL	33.40	43.79
31.09	1:13.00	100 FL	1:17.60	1:30.09
2:54.39	2:47.00	200 FL	2:47.00	2:50.89
1:32.19	1:11.60	100 IM	1:14.00	1:31.29
3:06.69	2:33.00	200 IM	2:39.00	3:04.49
5:54.39	5:36.20	400 IM	5:45.50	6:03.89

Women		13-14	Men	
Cut-on	Cut-off	EVENTS	Cut-off	Cut-on
32.69	26.50	50 FR	25.40	30.69
1:12.39	57.50	100 FR	55.80	1:08.59
2:35.19	2:06.20	200 FR	2:03.00	2:27.59
6:33.99	5:36.00	400/500	5:34.00	6:17.39
		800/1000		
21:21.19	19:26.00	1500/1650	19:16.00	20:25.19
1:24.29	1:05.50	100 BK	1:04.10	1:20.29
2:47.79	2:24.00	200 BK	2:22.60	2:41.59
1:34.89	1:14.70	100 BR	1:13.40	1:29.79
3:13.09	2:44.00	200 BR	2:42.60	3:04.39
1:24.39	1:04.60	100 FL	1:04.00	1:19.99
2:48.29	2:29.00	200 FL	2:32.00	2:40.09
2:53.89	2:23.60	200 IM	2:21.00	2:46.19
5:38.49	5:05.00	400 IM	5:04.00	5:21.99

Women		15-18	Men	
Cut-on	Cut-off	EVENTS	Cut-off	Cut-on
30.39	26.50	50 FR	25.40	28.89
1:06.69	57.50	100 FR	55.80	1:02.69
2:23.69	2:06.20	200 FR	2:03.00	2:19.39
6:14.29	5:36.00	400/500	5:34.00	6:02.19
		800/1000		
20:31.89	19:26.00	1500/1650	19:16.00	19:54.29
1:17.89	1:05.50	100 BK	1:04.10	1:15.49
2:38.99	2:24.00	200 BK	2:22.60	2:33.94
1:27.89	1:14.70	100 BR	1:13.40	1:24.49
3:02.19	2:44.00	200 BR	2:42.60	2:55.59
1:16.59	1:04.60	100 FL	1:04.00	1:14.29
2:37.79	2:29.00	200 FL	2:32.00	2:37.79
2:42.39	2:23.60	200 IM	2:21.00	2:37.39
5:23.49	5:05.00	400 IM	5:04.00	5:10.09

All times must date from September 1, 2003.

New England Age Group Championship
Qualifying Times for Short Course 2003-2004

Girls		10&Under	Boys	
LCM	SCY	EVENTS	SCY	LCM
37.29	32.19	50 FR	33.09	39.29
1:22.59	1:11.69	100 FR	1:14.89	1:28.49
2:59.49	2:36.49	200 FR	2:43.99	3:09.49
6:25.09	7:10.89	400/500	7:10.89	6:34.99
44.69	38.39	50 BK	39.69	47.09
1:36.39	1:23.59	100 BK	1:28.19	1:44.69
50.19	43.79	50 BR	46.59	54.19
1:47.89	1:34.89	100 BR	1:43.79	1:58.59
43.99	37.19	50 FL	40.39	47.09
1:45.99	1:29.39	100 FL	1:39.99	1:49.49
	1:22.29	100 IM	1:25.79	
3:23.29	3:00.69	200 IM	3:15.19	3:39.99

Girls		11-12	Boys	
LCM	SCY	EVENTS	SCY	LCM
32.29	28.29	50 FR	29.09	33.19
1:10.99	1:02.09	100 FR	1:03.99	1:12.99
2:33.19	2:15.09	200 FR	2:19.29	2:36.99
5:20.89	6:03.99	400/500	6:12.29	5:39.99
11:36.59	13:00.49	800/1000	13:00.49	11:36.59
21:47.19	22:30.49	1500/1650	22:30.49	21:47.19
38.19	33.59	50 BK	34.79	40.49
1:21.19	1:11.59	100 BK	1:14.99	1:25.99
2:57.69	2:38.19	200 BK	2:48.49	3:10.79
42.49	37.59	50 BR	38.29	45.99
1:33.99	1:20.99	100 BR	1:24.99	1:40.89
3:22.69	2:57.49	200 BR	3:09.29	3:34.39
36.19	31.99	50 FL	33.39	38.29
1:21.59	1:12.99	100 FL	1:17.59	1:31.59
3:12.49	2:46.99	200 FL	2:46.99	3:12.49
	1:11.59	100 IM	1:13.99	
2:53.99	2:32.99	200 IM	2:38.99	3:02.49
6:17.49	5:36.19	400 IM	5:45.49	6:31.19

All times must date from February 15, 2003.

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NEW ENGLAND SWIMMING OFFICE:  MARY RIDDELL
                               20 Cleveland Road
                               Needham, MA 02492-3006
                               781-449-0270
                               FAX: 781-449-7903
                               e-mail: office@neswim.com
                               Web site: www.neswim.com
OFFICE HOURS:  Monday   :  8 a.m.--2 p.m.;   7:30 p.m.--10 p.m.
                Thursday :  8 a.m.--2 p.m.
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**2003-2004 Short Course
New England Open Championship
Qualifying Times**

2:03.99
5:29.99
11:34.09
2:21.09
2:42.99
2:23.99
2:19.99

24.49
53.99
155.99
5:15.99
1:00.99
2:15.99
2:41.19
1:00.99
2:27.99
IM 2:12.99
4:43.44

4:55.69

Women		EVENTS	Men	
LCM	SCY		SCY	LCM
30.19	26.49	50 Free	25.39	29.19
1:05.89	57.49	100 Free	55.79	1:03.49
2:23.19 2:24.49	2:06.19	200 Free	2:02.99	2:21.89
5:04.49	5:35.99	400/500 Free	5:33.99	4:58.99
10:32.09	11:45.99	800/1000 Free	11:30.99	10:23.39
19:50.29	19:25.99	1500/1650 Free	19:15.99	19:30.89
1:15.79	1:05.49	100 Back	1:04.09	1:16.19
2:45.49 2:47.99	2:23.99	200 Back	2:22.59	2:43.99
1:26.29	1:14.69	100 Breast	1:13.39	1:24.09
3:09.99	2:43.99	200 Breast	2:42.59	3:08.99
1:12.99	1:04.59	100 Fly *	1:03.99	1:13.59
2:49.59	2:28.99	200 Fly	2:31.99	2:48.99
2:44.59	2:23.59 *	200 IM	2:20.99	2:44.39
5:49.99	5:04.99	400 IM	5:03.99	5:48.99

28.99
10.29
2:06.39
4:52.09
10:20.09
1:15.49
1:12.49
2:35.99
5:46.09

All times must date from February 15, 2003.

UPDATED END OF SEASON CALENDAR, 2003--2004

- February 10--14 Conoco-Phillips National Championships, Orlando, FL
- February 13--15 Regional Meets--PVAC, EB, ABF, SEEK. Teams will be assigned.
- February 19--22 Age Group Championships (10 and under, 11 and 12) NSSC, Salem State College, Salem, MA. Note that the younger age group is 10 and under.
- March 4--7 Open Championships, BOSS, Harvard University, Allston, MA
Trials and finals, extra heat for 13 and 14 who do not make the faster finals heats. Swimmers must attend 2 NE sanctioned meets to enter the Open.
- March 11--14 Speedo Championships Series (Sectionals), Long Island, NY (long course meet)

TOP TEN CORRECTIONS, 2002--2003

17 and 18 GIRLS

1500 meter FREESTYLE

- | | |
|-------------------|--------------------|
| 1. Claire Hawley | CCSC 17:16.66 SEC |
| 2. Dillon Delaney | CCSC 17:39.87 OPEN |
| 3. Sarah Kearns | SAC 17:49.96 SEC |

100 meter BUTTERFLY

- | | |
|-------------------|-----------------|
| 10. Caitlin Grant | SD 1:09.01 SEC* |
|-------------------|-----------------|

200 meter BUTTERFLY

- | | |
|------------------|-----------------|
| 9. Caitlin Grant | SD 2:29.79 SEC* |
| 10. Sarah Kearns | SAC 2:30.26 SEC |

9 and 10 BOYS

500 yard FREESTYLE

- | | |
|----------------------|-----------------|
| 10. Patrick Sullivan | MAG 6:24.04 ABF |
|----------------------|-----------------|

OPEN WOMEN

1500 meter FREESTYLE

- | | |
|--------------------|--------------------|
| 1. Calire Hawley | CCSC 17:16.66 SEC |
| 2. Kait Strickland | CUDA 17:38.45 OPEN |
| 3. Dillon Delaney | CCSC 17:39.87 OPEN |
| 4. Sarah Kearns | SAC 17:49.96 SEC |

17 and 18 BOYS

200 meter INDIVIDUAL MEDLEY

- | | |
|-----------------|-------------------|
| 1. P J Sullivan | MAG 2:09.64 SNA* |
| 2. Sean Riley | BOSS 2:10.86 OPEN |

400 meter INDIVIDUAL MEDLEY

- | | |
|-----------------|------------------|
| 2. P J Sullivan | MAG 4:39.73 SNA* |
|-----------------|------------------|

OPEN MEN

200 meter INDIVIDUAL MEDLEY

- | | |
|-----------------|-------------------|
| 2. P J Sullivan | MAG 2:09.64 SNA* |
| 3. Sean Riley | BOSS 2:10.86 OPEN |

400 meter INDIVIDUAL MEDLEY

- | | |
|-----------------|------------------|
| 2. P J Sullivan | MAG 4:39.73 SNA* |
|-----------------|------------------|



**United States Swimming
New England**

20 Cleveland Road Needham, MA 02492-3006

FIRST CLASS



NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

DECEMBER 2003

IN THIS ISSUE: 2003--2004 REIMBURSEMENT POLICY and REQUEST FORM;
PROPOSED LONG COURSE CALENDAR and BID FORM;
2002--2003 USA SWIMMING SCHOLASTIC ALL-AMERICA TEAM;
COURSES FOR COACHES; INFO FOR SAFETY COORDINATORS;
TEAMS REGISTERED FOR 2004....

To all New England Safety Chairs:

At a recent referees clinic the subject of marshals was discussed. The main concern was that many of the people acting as marshals are not USA Swimming registered.

USA Swimming rules require marshals at all swimming meets (see rule # 102.18). As a part of membership, USA Swimming provides liability insurance. There is liability involved and it is imperative that all the requirements are followed.

Warm-ups are not to begin until the marshals are in place. Marshals should be aware of the local warm-up procedures and see that they are carried out. If a problem arises that the marshal cannot handle, the marshal should call the referee.

A marshal must pay attention to the venue while on duty. He/she should not be reading or otherwise distracted and should be close enough to the pool to be effective. Locker rooms and warm down pools should be marshaled. The Safety Ed. Committee recommended that marshals be at least 18 years of age or be lifeguard certified. A lifeguard cannot be on duty while acting as a marshal.

USA Swimming requires that the club safety chair be registered. In New England the club safety chair's membership fee is included in the club membership fee. If you are a club safety chair and will be attending a meet, please volunteer to marshal. Clubs running meets may want to sponsor parents who are willing to marshal.

Priscilla Davis, Safety Chair, New England Swimming

The Board of New England Swimming will not meet in January. The next meeting will be on Tuesday, February 3, 2004 at the Wellesley Community Center, Wellesley, MA. If there is a question about the weather, please call the office.

2002--2003 USA SWIMMING SCHOLASTIC ALL-AMERICA TEAM:

CONGRATULATIONS to the New England Swimmers who were named to the 2002--2003 USA Swimming Scholastic All-America Team for combining athletic and academic success. Swimmers had to achieve at least a 3.50 GPA as a high school sophomore, junior or senior and compete in an individual event at one of the following meets: 2002 ConocoPhillips Summer Nationals, 2002 Summer Speedo Champions Series, 2002 US Open, 2003 ConocoPhillips Spring Nationals, 2003 Spring Speedo Champions Series, 2002 National Disability Championships, 2002 Open Water National Championships:

SARAH BARGMANN	BGSC	JOANNE KELLEY	BGSC
EMILY BRUSH	BGSC	ELIZABETH MANCUSO	ANA
CHASE BUTLER	BGSC	LINDSAY WOODWARD	BOSS
MEAGHAN COLLING	SAC	NIKKI WOODWARD	PVAC
CAITLIN COLLING	SAC	KAITLIN STRICKLAND	CUDA
DEIRDRE DEVLIN	BGSC	MARY DOOE	BGSC
CAROLINE DOWD	BGSC	KARA ERNST	SD
KATHERINE FRITSCH	BGSC	LAILA GAGNON	PVAC
CAITLIN GRANT	SD	BENJAMIN BULLITT	BOSS
NICHOLAS LAKE	PAC	STEPHEN MILLER	CUDA
ERIC NILSSON	CUDA	KEVIN PUDAS	BOSS
WILLIAM RUBENSTEIN	CUDA	MICHAEL SCIBELLI	PVAC

 * NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL *
 * 20 Cleveland Road *
 * Needham, MA 02492-3006 *
 * 781-449-0270 *
 * FAX: 781-449-7903 *
 * e-mail: office@neswim.com *
 * Web site: www.neswim.com *
 * OFFICE HOURS: Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m. *
 * Thursday: 8 a.m.--2 p.m. *
 * *****

A REMINDER--Swimmers who want to participate in the New England Open Championships must swim in at least **TWO SANCTIONED NEW ENGLAND MEETS** during the 2003--2004 short course season.

REGIONAL MEET ASSIGNMENTS--Watch the web site for information.

COURSES FOR COACHES: There has been some confusion about the Sport Safety course offered by the Red Cross. It is not a substitute for Safety Training for Swim Coaches or Lifeguard Training. It can be used for the first aid requirement. A complete list of acceptable courses is included in this newsletter.

USA Swimming

Coaches Safety Curriculum

2003--2004 Requirements and Equivalents

Effective since 1988, all coach members are required to fulfill safety training requirements as established by the USA Swimming Board of Directors. USA Swimming currently requires coach members to hold current certification cards for the following courses: Safety Training for Swim Coaches, CPR and First Aid.

Cardiopulmonary Resuscitation (CPR)

Any one of the following courses will satisfy the requirement:

American Red Cross: *(all ARC CPR courses are good for one year) (NO instructor certifications are acceptable)*

- Adult CPR (4 hours)
- Infant/Child CPR (5 hours)
- Community CPR (6.5 hours) (includes adult, infant and child CPR)
- CPR for the Professional Rescuer (9 hours)
- Workplace Training: Adult CPR

American Heart Association: *(all AHA CPR cards are good for two years)*

- Advanced Cardiac Life Support (ACLS)
- Basic Life Support (BLS) for the Health Care Provider
- Heartsaver CPR (USA Swimming does NOT accept "Heartsaver" or "Heartsaver AED")
- Heartsaver Plus
- Any AHA Basic Life Support Instructor or Instructor Trainer for the courses listed above

National Safety Council: *(all NSC CPR courses are good for two years)*

- Adult CPR
- First Responder (includes First Aid)
- Infants and Children CPR

Jeff Ellis & Associates:

- Water Safety+ (4 hour course includes First Aid)
- National Pool & Waterpark Lifeguard Training Program (one year certification, includes First Aid)

CPR Courses offered by other organizations:

- American Safety & Health Institute (ASHI) CPR Pro
- Medic First Aid (course includes First Aid) (coach must also submit a completed, scored test signed by the course instructor)
- E.M.S. Safety Services CPR
- Emergency Medical Technician (EMT) Basic (course includes First Aid)
- PADI Medic First Aid CPR Instructor
- Save a Heart CPR
- Save-A-Life Educators: CPR
- Tacoma Fire Department First Aid & CPR Course (course includes First Aid)
- University Training Centers, Inc. - Healthcare Provider BLS (C)

Continued.....

First Aid

Any one of the following courses will satisfy the requirement:

American Red Cross: *(NO instructor certifications are acceptable)*

- ARC/USOC Sport Safety Training (6.5 hours with Adult CPR; 7 hrs with elective Child CPR)
- Community First Aid & Safety (9 hours) (includes Community CPR)
- First Aid - Responding to Emergencies (23.5 hrs) (includes Adult and/or Infant/Child CPR)
- First Aid Basics
- Emergency Response (43.5 hrs) (includes CPR for the Professional Rescuer)
- Lifeguard Training (includes CPR for the Professional Rescuer)
- Standard First Aid (6.5 hours) (includes Adult CPR) (ARC will not offer this course after 12/31/00)
- Workplace Training: Standard First Aid/CPR/AED (includes Adult CPR)
- Workplace Training: First Aid

American Safety & Health Institute:

- Pediatric Basic First Aid (4 hour course)
- Adult Basic First Aid (4 hour course)
- Universal Basic First Aid (4-6 hours)

National Safety Council:

- First Aid
- First Responder (includes CPR)
- Infants & Children First Aid
- Heartsaver FACTS

Jeff Ellis & Associates:

- Water Safety+ (4 hour course includes First Aid)
- National Pool & Waterpark Lifeguard Training Program (one year certification, includes First Aid)

First Aid courses offered by other organizations:

- AHA Heartsaver FACTS (this is a two year certification)
- Emergency Medical Technician (EMT) Basic (includes CPR)
- Medic First Aid (includes CPR) (coach must also submit a completed, scored test signed by the course instructor)
- E.M.S. Safety Services First Aid
- Life Education of Florida - First Aid for All Ages: A Common Sense Approach
- PADI Medic First Aid Instructor
- Save a Heart First Aid
- Save-A-Life Educators: First Aid
- Tacoma Fire Department First Aid & CPR Course (includes CPR)
- University Training Centers, Inc. - Standard First Aid

Safety Training For Swim Coaches

Any one of the following courses will satisfy the requirement:

American Red Cross: *(NO instructor certifications are acceptable)*

- Safety Training for Swim Coaches (8 hour course)
- Safety Training for Swim Coaches Review Course (4 hour renewal course)
- Lifeguard Training

Jeff Ellis & Associates:

- National Pool & Waterpark Lifeguard Training Program (one year certification, includes First Aid)

YMCA Lifeguarding

Revised July 2003

(Next published revision will be July 2004)

CLUB REGISTRATION: The following clubs are fully registered for 2004--forms, fees, registered coach. A few that are not listed have submitted the form and the fee but do not yet have a fully certified coach. If there are any questions, please contact the office.

12/10/2003 7:11:48 AM

USA Swimming, Inc.

Code	Club Name		
AAC	Adirondack Aquatic Club	HYV	Greater Holyoke Ymca Vikings
ANA	Andover-North Andover YMCA	KING	Kingsbury Club Swim Team
ATST	Amherst Triton Swim Team	LRW	Lakes Region Wavemakers S T
BAT	Belmont Aquatic Team	MAG	Magnus Aquatic Group
BGCP	Boys & Girls Club Of Pawtucket	MD	Mighty Ducks Swim Club
BGSC	Bernal's Gator Swim Club	MELY	Melrose YMCA Sharks
BLUE	Blue Dolphins	MMY	Merrimack Ymca Marlins
BOSS	Bay & Ocean State Squids	MST	Manchester Swim Team
BSSC	Bay State Swim Club	MTSC	Mei's Typhoons Swimming Club
BYB	Burbank Y Bluefins Swim Team	MVP	Merrimack Valley Pirates
BYD	Burlington Ymca Dynamos	MYSD	Middleboro Ymca Sea Devils
CCBS	CCBA Swordfish	NASY	Nashua Ymca Prospectors
CCSC	Cape Cod Swim Club	NCAC	North Country Aquatic Club
CCYM	Cape Cod Ymca Mako Swim Team	NSSC	North Shore Swim Club
CLBC	Boys/girls/cumberland/lincoln	ORO	Oyster River Otters
CMSC	Cambridge Masters Swim Club	PWSC	Peterborough Wave Swim Cl
CONY	Concord Swim Team	RAMS	Ram Swimming Club
CUDA	New England Barracudas	RAYS	Rockingham Area Youth Swim
CVWM	Central Vermont Wavemakers	RCSC	River City Swim Club
DART	Diversified Aquatics Recreatio	SAC	Shawmut Aquatic Club
DYD	Danvers Ymca Dolphins	SCA	Southcoast Aquatics
EB	Easthampton Barracudas	SEEK	Seekonk Swimming
ESC	Executive Health & Swim Club	SNAP	Simon's Rock/southern Berkshir
ESSC	Eaglebrook School Swim Club	SSA	Seacoast Swimming Associatio
EST	Exeter Swim Team	SSYS	South Shore Ymca Strypers
FINS	Southern New Hampshire Fins	STS	Stowe Swimmers
GBSC	Greater Boston Swim Club	TNT	Haverhill Swimming
GMA	Green Mountain Aquatics	WBD	Whitinsville Blue Dolphins
GMSC	Greenwood Memorial Swim Club	WEST	Willy's East Swim Team
HARV	Harvard University	WYST	Westfield YMCA Wave
HAY	Hockomock Area Ymca Lightning	YNS	YMCA of the North Shore
HRY	Hampshire Regional YMCA		

Total Count For Report: 64

REIMBURSEMENT REQUEST FORM for National Meets:

MEET: _____ DATE: _____

NAME: _____ DATE: _____

ATHLETES only must complete this section:

Date of first registration in NEW ENGLAND SWIMMING: _____

INDIVIDUAL EVENT(S) in meet: _____

Three NEW ENGLAND CALENDAR meets participated in during short course season; two in long course season:

Meet: _____ Date: _____

Events: _____

Meet: _____ Date: _____

Events: _____

Meet: _____ Date: _____

Events: _____

Make check payable to*: _____

*For Sectional Meets, one check for all swimmers will be sent to each team.

Mail check to: Name: _____

Address: _____

Signed: _____

Team Representative

Parent (or Swimmer if over 18)

Date: _____ (requests must be made within 8 weeks)

Mail completed forms with a copy of proof of expenses (IRS requirement) to:

NEW ENGLAND SWIMMING, 20 Cleveland Road, Needham, MA 02492

NOTE: Requests for reimbursement cannot be considered by the Board of New England Swimming until the results have been received by the office.

REIMBURSEMENT POLICY FOR NATIONAL AND SECTIONAL MEETS, 2003--2004

ATHLETE REIMBURSEMENT POLICY:

A New England Swimming registered swimmer who qualifies for and swims in an individual event at the USA Swimming Open or a World Cup meet hosted by USA Swimming will be reimbursed \$300 by New England Swimming. A New England Swimming registered swimmer who qualifies for and swims in an individual event at the Conoco Phillips National Championships will be reimbursed \$500 by New England Swimming. A New England Swimming registered swimmer who qualifies for and swims in an individual event at the USA Swimming Disability Championships will be reimbursed \$500. A New England Swimming registered swimmer who qualifies for and swims in an individual event at the USA Swimming Speedo Championships (Sectionals) will be reimbursed. For this meet, an amount of \$5,000 will be shared by the qualified swimmers who apply and submit receipts within the eight week period, with a maximum of \$50 per swimmer. One check per team will be issued by New England Swimming for reimbursement for sectional swimmers.

ELIGIBILITY:

To be eligible for reimbursement, an athlete must have been registered in New England Swimming and have completed in a New England Swimming calendar meet at least six months prior to the meet for which reimbursement has been requested.

During the short course season a swimmer must fully participate in three New England Swimming calendar meets to be eligible for reimbursement. During the long course season a swimmer must fully participate in two New England Swimming calendar meets to be eligible for reimbursement. "Full participation" means participation in all or at least two days of competition and at least one individual event at each day of participation. Disabled swimmers are strongly urged to participate in New England Swimming meets. However, the Board will consider waiving the minimum meet requirements on a case by case basis.

If the New England Senior Championships is in place with a named facility by a certain date (90 days preceding the first day of the meet for long course; 120 days preceding the first day of the meet for short course), mandatory participation in the Senior Championship meet is required in order for a swimmer to receive reimbursement. The New England Swimming Board may waive this requirement for good cause, such as illness or conflict with the National Team requirement.

A swimmer must request the reimbursement within eight weeks of the meet. The request must include the stub from the swimmer's plane ticket or receipt of other expense to equal or exceed the amount of requested reimbursement.

Waivers for the USA Swimming Open, a World Cup meet hosted by USA Swimming, and the Conoco Phillips National Championships: A swimmer who does not participate in three New England Swimming calendar meets during short course season may request a waiver for a championship meet during that season only if he/she participates in three New England Swimming calendar meets during the long course season. A swimmer who does not participate in two New England Swimming calendar meets during the long course season may request a waiver for a championship meet during that season only if he/she participates in three New England calendar meets during the short course season. All requests for waivers will be considered following the long course season.

Waivers for the USA Swimming Speedo Championships (Sectionals): For the USA Swimming Speedo Championships (Sectionals) there will be no waivers.

COACH REIMBURSEMENT POLICY:

For each team that sends a swimmer to the Conoco Phillips National Championship, the USA Swimming Disability Championships, the USA Swimming Open, or a World Cup meet hosted by USA Swimming, New England Swimming will provide \$300 to reimburse coach expenses. The \$300 per team may be used to reimburse one coach or be split among several team coaches at the team's discretion. The team will have to provide New England Swimming with receipts for coach expenses that equal or exceed the \$300 reimbursement.

For the USA Swimming Speedo Championships (Sectionals) an amount of \$1,500 will be shared by the coaches who attend the meet and apply and submit receipts within the eight week period (one coach per team) with a limit of \$100 per coach.

This policy was approved by the Board of New England Swimming at the Board Meeting on October 21, 2003.

PROPOSED CALENDAR, NEW ENGLAND SWIMMING, LONG COURSE, 2004

- | | |
|-------------------|---|
| April 22—24: | Disability Championships, Minneapolis, MN |
| May 1: | Annual Meeting, Wellesley, MA |
| July 7—14: | Olympic Trials, Long Beach, CA |
| July 8—11: | New England Qualifier (venue needed) |
| July 22—25: | Speedo Championships, Buffalo, NY (super sectional meet to include regions 1 and 2) |
| July 23—25: | 12 and under Championships (venue needed) |
| July 29—August 1: | New England Open Championships (venue needed) |
| August 3—7: | Conoco Phillips National Championships, Palo Alto, CA |
| August 11—14: | Eastern Zones, Buffalo, NY |
| August 14—21: | Olympic Games (swim dates only), Athens, Greece |

Teams submitting bids using pools in the Boston area for either the 12 & under or Open meet must also research the hotel situation since the Democratic Convention will take place July 26—30. The calendar committee wants to make sure there are adequate rooms available before awarding a bid to a team housing a meet in the Boston area. Contact Pam Warner if you have any questions, pmw2@hotmail.com.