



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

JANUARY 2004

IN THIS ISSUE: NEW ENGLAND TEAMS REGISTERED FOR 2004; ASSIGNMENT OF TEAMS FOR REGIONALS; SWIMS UPDATE; MEET REQUIREMENT FOR THE OPEN MEET; INFORMATION ABOUT REGISTRATION; MEET ENTRIES FOR THE "END OF SEASON" MEETS; ZONE REMINDER.....

## MEET ENTRIES FOR "END OF SEASON" MEETS:

All entries for the "end of season" meets (Regionals, 12 and under Age Groups, New England Open) will be checked for **complete and accurate** registration data BEFORE each meet begins.

If an unregistered swimmer is found entered in a meet, a \$100 fine will be imposed. If inaccurate names or ID numbers are found, the entry will be returned to the team, and all information must be corrected before the swimmer can participate in the meet.

It is strongly advised that you check your team registration data with the web site online registration tool before you do your meet entries. If you find a discrepancy, check with the most recent registration list that you have received from the office. If you have an error, please correct it. If there is an error in the SWIMS data base, please notify the office of the error and the correction. If you are not sure of the correct information, please check with the family. If you correct information in your data base, be sure that the ID number changes to reflect the changes you have made.

Before you submit your entries to the "end of season" meets, please run your entry through the online registration tool again. The directions are on the web site ([www.neswim.com](http://www.neswim.com)). If you have any problems using this tool, you may email the web master ([webmaster@neswim.com](mailto:webmaster@neswim.com)) or Harold Whitney ([whitney@seacoastswimming.com](mailto:whitney@seacoastswimming.com)).

**TEAM LISTS:** Included in this newsletter are two team lists. One includes all the teams with the name and address of the team contact. The other lists all the teams with their official team initials.

The Board of New England Swimming will meet on Tuesday, February 3, 2004 at the Wellesley Community Center, Wellesley, MA at 7 pm. If there is a question about the weather, contact the New England Office for a message on the answering machine.

Kyle Browning  
Adirondack Aquatic Club  
150 Lakeside Ave  
Wrentham, MA 02093-1222

Jane Mangili  
Attleboro Bluefish  
49 Siesta Dr  
North Attleboro, MA 02760-6514

James P Ellis  
Nantucket Dolphins  
83 N Liberty St  
Nantucket, MA 02554-2155

Paul Parenteau  
Aquamaids & Aquamen-worcester  
128 Brookline St  
Worcester, MA 01603-1634

Paul Bennett  
Andover-North Andover YMCA  
165 Haverhill St  
Andover, MA 01810-1508

Mark Schleeweis  
Amherst Triton Swim Team  
191 Pelham Hill Rd  
Shutesbury, MA 01072-9722

Gary Walther  
Attleboro Ymca Tsunami  
23 A St  
Wrentham, MA 02093-1275

Everett Crosscup  
Belmont Aquatic Team  
28 1/2 Burns Hill Rd  
Hudson, NH 03051-4463

Cheryl Ryan  
Berkshire Barracuda  
53 Richmond Ln  
Adams, MA 01220-1567

Derek Heim  
Boys & Girls Club Of Pawtucket  
1 Moeller Pl  
Pawtucket, RI 02860-5775

Corey & Andy Lowen  
Bernal's Gator Swim Club  
40 Valleyfield St  
Lexington, MA 02421-7950

Karen Jenovese  
Blue Dolphins  
96 N State St  
Concord, NH 03301-4405

Joshua Stern  
Bay & Ocean State Squids  
9 Villa Ave  
Providence, RI 02906-4114

Leandra E Manos  
Bay State Swim Club  
32 Moore Ave  
Worcester, MA 01602-1438

Cam Townsend  
Burbank Y Bluefins Swim Team  
37 Emerson St  
Wakefield, MA 01880-2214

Gregory G Brown  
Burlington Ymca Dynamos  
266 College St  
Burlington, VT 05401-8318

Ken Vutech  
CCBA Swordfish  
1 Taylor St Po Box 386  
Lebanon, NH 03766-1352

Sarah Hawley  
Cape Cod Swim Club  
PO Box 966  
Pocasset, MA 02559-0966

David Schneeweis  
Cape Cod Ymca Mako Swim Team  
PO Box 188  
Barnstable, MA 02630-0188

Beverly A Bloomer  
Boys/Girls/Cumberland/Lincoln  
PO Box 7505  
Cumberland, RI 02864-0806

Andrew Hawkins  
Central Mass Cyclones  
633 Salisbury St  
Worcester, MA 01609-1120

Stephanie Morawski  
Cambridge Masters Swim Club  
PO Box 26  
Belmont, MA 02478-0001

Regan Reed  
Concord Swim Team  
37 Alice Dr Apt 12  
Concord, NH 03303-2036

Reid Christen  
New England Barracudas  
56 1/2 Orange St  
Waltham, MA 02453-3922

Michael Lynch  
Central Vermont Wavemakers  
9 Sunset Ave  
Montpelier, VT 05602-4244

Christina C Close  
Diversified Aquatics Recreatio  
1250 Route 44  
Raynham, MA 02767-1047

Peg Lyons  
Danvers Ymca Dolpins  
34 Pickering St  
Danvers, MA 01923-2019

Cheryl A Fletcher  
Easthampton Barracudas  
22 Gunn Rd  
Southampton, MA 01073-9558

Julie Peipho  
East Longmeadow Marlins  
12 Thayer Rd  
Monson, MA 01057-9444

Allison Messier  
Executive Health & Swim Club  
1 Highlander Way Executive Hea  
Manchester, NH 03103-7403

Bo Tanner  
Eaglebrook School Swim Club  
Eaglebrook School Pine Nook Road  
Deerfield, MA 01342

Steven M Callander  
Greater Boston Swim Club  
12 Alban St  
Dorchester Center, MA 02124-3709

Barbara Hecker  
KSC Valley Gators  
PO Box 373  
Keene, NH 03431-0373

Karalyn Reed Paradis  
Hampshire Hills Seawolves  
Hampshire Hills 50 Emerson Rd, Po Box  
Milford, NH 03055-0404

Jay Craft  
Kingsbury Club Swim Team  
335 Whiting St  
Hanover, MA 02339-1315

Suzanne Snider  
Middlebury Area Swimming Assoc  
PO Box 325  
Middlebury, VT 05753-0325

Amy Mallette  
Merrimack Ymca Marlins  
6 Henry Clay Dr  
Merrimack, NH 03054-4848

Michael Spring  
Merrimack Valley Pirates  
251 Lake St  
Haverhill, MA 01832-1129

Karen Thomas  
Nashua Ymca Prospectors  
120 Lille Rd  
Nashua, NH 03062-2421

Dan Warner  
North Shore Swim Club  
19 Fenley Rd  
Gloucester, MA 01930-1510

Maureen Heaps  
Exeter Swim Team  
17 Patriots Rd  
Stratham, NH 03885-2320

Laura Matuszak  
Green Mountain Aquatics  
62 Laurel Hill Dr  
South Burlington, VT 05403-7332

Stephanie Morawski  
Harvard University  
Murr Center 65 N Harvard St  
Boston, MA 02163

Sherry Wingfield  
Hampshire Regional YMCA  
419 Burts Pit Rd  
Florence, MA 01062-3678

Sherri Collis  
Lakes Region Wavemakers S T  
397 Davidson Dr  
Laconia, NH 03246-4010

Liam Sullivan  
Mighty Ducks Swim Club  
771 Boston Post Rd Ste 112  
Marlborough, MA 01752-3759

Bob Goczalk  
Manchester Swim Team  
4 Pearson St  
Litchfield, NH 03052-1071

William Rogers  
Middleboro Ymca Sea Devils  
457 Boston St  
North Andover, MA 01845-6318

Nancy Hassel  
Newport Blues Swim Team  
59 Gilda's Lane  
Portsmouth, RI 02870

Mark Brady  
New Wave Swim Club  
25 Washington St  
Tyngsboro, MA 01879-1258

Julie Mook  
Southern New Hampshire Fins  
198 Wheeler Rd  
Hollis, NH 03049-5930

Don Lemieux  
Greenwood Memorial Swim Club  
69 Park St  
Gardner, MA 01440-1646

Stephanie Steiner  
Hockomock Area Ymca Lightning  
32 Village Way  
North Attleboro, MA 02760-3425

C/o Randall K Smith  
Greater Holyoke Ymca Vikings  
171 Pine St  
Holyoke, MA 01040-4065

Michael Spring  
Magnus Aquatic Group  
251 Lake St  
Haverhill, MA 01832-1129

Patrick Miller  
Melrose YMCA Sharks  
21 Chatham St  
Malden, MA 02148-2308

Mei Han  
Mei's Typhoons Swimming Club  
86 Greenmeadow Dr  
Longmeadow, MA 01106-2306

Michael Wardwell  
Manchester Ymca Tiger Sharks  
116 Goffstown Back Rd  
Goffstown, NH 03045-2641

Mark Jedow  
North Country Aquatic Club  
PO Box 601  
Hanover, NH 03755-0601

Michael LeBarge  
Oyster River Otters  
181 Wednesday Hill Rd  
Lee, NH 03824-6547

Jon Caswell  
Providence Aquatic Club  
Pc Swimming 549 River Avenue  
Providence, RI 02918-0001

Jeff Johnson  
Patriot Swim Club  
158 Jamestown Rd  
Leominster, MA 01453-5954

Bill Bond  
Portsmouth Swim Team  
1465 Woodbury Ave Pmb # 1  
Portsmouth, NH 03801-3210

J P Galli  
Pioneer Valley Aquatic Club  
24 Taylor St Apt 103  
Springfield, MA 01103-1346

Sarah Hale  
Peterborough Wave Swim Cl  
PO Box 103  
Greenfield, NH 03047-0103

Keri Cunningham  
Ram Swimming Club  
460 Chestnut Hill Rd  
Wakefield, RI 02879-7666

Kathy Moore  
Rockingham Area Youth Swim  
6 Belmont Ter  
Derry, NH 03038-4940

Susan Brown  
River City Swim Club  
2 Gooseberry Farm Rd  
Westport, MA 02790-1362

Matthew Craven  
Shawmut Aquatic Club  
1 Norfolk Ln  
Walpole, MA 02081-1715

David S Ponte  
Southcoast Aquatics  
374 Farm St  
New Bedford, MA 02740-2131

Ray Grant  
Seekonk Swimming  
80 Davis St  
Seekonk, MA 02771-1402

Kate Mulholland  
Simon's Rock/southern Berkshir  
84 Alford Rd  
Great Barrington, MA 01230-155

Michele Wensman  
Seacoast Swimming Association  
7 Hoitt Dr  
Durham, NH 03824-3003

Darlene McGrath  
South Shore YMCA Strypers  
45 Truman Dr  
Randolph, MA 02368-3852

Laurie Kennison  
St Albans Sharks  
8 Poquette Rd  
Saint Albans, VT 05478-8027

Charlotte J Brynn  
Stowe Swimmers  
75 Weeks Hill Rd  
Stowe, VT 05672-4290

Carlton Cronin  
Haverhill Swimming  
14 Brown St  
Haverhill, MA 01830-6804

Jill McCusker  
Vermont Area Swim Team  
109 N Willard St  
Burlington, VT 05401-3316

Ivon Gois  
Whitinsville Blue Dolphins  
125 Brookside Dr  
Uxbridge, MA 01569-1118

Brian Wisniewski  
Willy's East Swim Team  
PO Box 1949  
North Eastham, MA 02651-1949

Mike Riley  
Weymouth Club Waves  
75 Fennell Dr  
Weymouth, MA 02188-1110

Melissa Roy  
Westfield YMCA Wave  
67 Court St Westfield YMCA  
Westfield, MA 01085-3530

Kevin Tyrrell  
YMCA of the North Shore  
Sterling Center YMCA 254 Essex Street  
Beverly, MA 01915

<b>Code</b>	<b>Club Name</b>	<b>Code</b>	<b>Club Name</b>
AAC	Adirondack Aquatic Club	HARV	Harvard University
ABF	Attleboro Bluefish	HAY	Hockomock Area Ymca Lightning
ACK	Nantucket Dolphins	HHS	Hampshire Hills Seawolves
AMW	Aquamaids & Aquamen-worcester	HRV	Hampshire Regional YMCA
ANA	Andover-North Andover YMCA	HYV	Greater Holyoke Ymca Vikings
ATST	Amherst Triton Swim Team	KING	Kingsbury Club Swim Team
AYT	Attleboro Ymca Tsunami	LRW	Lakes Region Wavemakers S T
BAT	Belmont Aquatic Team	MAG	Magnus Aquatic Group
BB	Berkshire Barracuda	MASA	Middlebury Area Swimming Assoc
BGCP	Boys & Girls Club Of Pawtucket	MD	Mighty Ducks Swim Club
BGSC	Bernal's Gator Swim Club	MELY	Melrose YMCA Sharks
BLUE	Blue Dolphins	MMY	Merrimack Ymca Marlins
BOSS	Bay & Ocean State Squids	MST	Manchester Swim Team
BSSC	Bay State Swim Club	MTSC	Mei's Typhoons Swimming Club
BYB	Burbank Y Bluefins Swim Team	MVP	Merrimack Valley Pirates
BYD	Burlington Ymca Dynamos	MYSD	Middleboro Ymca Sea Devils
CCBS	CCBA Swordfish	MYT	Manchester Ymca Tiger Sharks
CCSC	Cape Cod Swim Club	NASY	Nashua Ymca Prospectors
CCYM	Cape Cod Ymca Mako Swim Team	NBST	Newport Blues Swim Team
CLBC	Boys/Girls/Cumberland/Lincoln	NCAC	North Country Aquatic Club
CMC	Central Mass Cyclones	NSSC	North Shore Swim Club
CMSC	Cambridge Masters Swim Club	NWSC	New Wave Swim Club
CONY	Concord Swim Team	ORO	Oyster River Otters
CUDA	New England Barracudas	PAC	Providence Aquatic Club
CVWM	Central Vermont Wavemakers	PSC	Patriot Swim Club
DART	Diversified Aquatics Recreatio	PST	Portsmouth Swim Team
DYD	Danvers Ymca Dolfins	PVAC	Pioneer Valley Aquatic Club
EB	Easthampton Barracudas	PWSC	Peterborough Wave Swim Cl
ELM	East Longmeadow Marlins	RAMS	Ram Swimming Club
ESC	Executive Health & Swim Club	RAYS	Rockingham Area Youth Swim
ESSC	Eaglebrook School Swim Club	RCSC	River City Swim Club
EST	Exeter Swim Team	SAC	Shawmut Aquatic Club
FINS	Southern New Hampshire Fins	SCA	Southcoast Aquatics
GBSC	Greater Boston Swim Club	SEEK	Seekonk Swimming
GMA	Green Mountain Aquatics	SNAP	Simon's Rock/southern Berkshir
GMSC	Greenwood Memorial Swim Club	SSA	Seacoast Swimming Association
GTRS	KSC Valley Gators	SSYS	South Shore YMCA Strypers

Code	Club Name		
STA	St Albans Sharks	WEST	Willy's East Swim Team
STS	Stowe Swimmers	WW	Weymouth Club Waves
TNT	Haverhill Swimming	WYST	Westfield YMCA Wave
VAST	Vermont Area Swim Team	YNS	YMCA of the North Shore
WBD	Whitinsville Blue Dolphins	<b>Total Count For Report: 83</b>	

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*                                     *
*      NEW ENGLAND SWIMMING OFFICE:  MARY RIDDELL      *
*                                     20 Cleveland Road  *
*                                     Needham, MA 02492-3006 *
*                                     781-449-0270        *
*                                     FAX: 781-449-7903   *
*                                     e-mail: office@neswim.com *
*                                     Web site: www.neswim.com *
* OFFICE HOURS: Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m. *
*                  Thursday: 8 a.m.--2 p.m.              *
*                                     *****            *

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**REGISTRATION INFORMATION:** For your convenience, athlete and non-athlete registration forms are now posted on the web site. If you are using the form to register an athlete, please remember that all athlete registrations should be submitted through the team registration manager. If you are using a form to register a coach, be sure to submit copies of current CPR, First Aid, and Safety Training for Swim Coaches (or Lifeguard Training) cards if they are not on file in the office. Remember that coaches who are reregistering for the second year must complete the education requirement. If you are using a form to register an office, be sure to submit a copy of both sides of the blue official's card with the registration.

Faxing a registration form does not speed the process since a check needs to accompany the form. You may, however, fax copies of new certifications if you need to update a coach registration.

**MEET REQUIREMENT FOR THE NEW ENGLAND OPEN MEET:** A swimmer who is entered in the New England Open Championships must have participated in two sanctioned New England meets. There is no meet participation rule for the 12 and under Age Group Championships or the Regional Meets. The Regional Meet can count as one of the two meets to meet the requirement for the Open Championship.

**EASTERN ZONE MEET:** New England Swimming will not be participating in the Eastern Zone Meet for the short course season and entries from individual swimmers will not be accepted. New England will be participating in the Eastern Zone Meet for long course season and will be hiring buses, arranging for hotel rooms, food, etc. Save your enthusiasm for the summer!! More information, including time standards, will be published in the spring.

## Assignment of teams for end of season meets 2003-2004

## Regionals

AAC	Adirondack Aquatic Club	ABF
ABF	Attleboro Bluefish	ABF
ACK	Nantucket Dolphins	SEEK
AMW	Aquamaid's & Aquamen	SEEK
ANA	Andover/North Andover YMCA	PVAC
ATST	Amherst Tritons	EB
BAT	Belmont Aquatics	EB
BGCP	Boys/Girls Club of Pawtucket	SEEK
BGSC	Bernal's Gator	EB
BLUE	Racquet Club of Concord	PVAC
BOSS	Boston & Ocean State Squids	EB
BSSC	Bay State Swim Club	EB
BYB	Burbank YMCA	ABF
BYD	Burlington YMCA	PVAC
CCBS	Carter Community Building	PVAC
CCSC	Cape Cod Swim Club	SEEK
CCYM	Cape Cod YMCA Makos	SEEK
CLBC	Cumberland-Lincoln Boys Club	ABF
CMSC	Cambridge Masters Swim Club	ABF
CMC	Central Mass Cyclones	ABF
CONY	Concord YMCA	EB
CUDA	New England Barracudas	PVAC
CVWM	Central Vermont Wavemakers	EB
DART	Diversified Aquatics	PVAC
DYD	Danvers YMCA	EB
EB	Easthampton Barracudas	EB
ESC	Executive Health Swim Club	EB
ESSC	Eaglebrook School	EB
EST	Exeter Swim Team	PVAC
FINS	Southern NH Fins	EB
GBSC	Greater Boston Swim Club	ABF
GMA	Green Mountain Aquatics	PVAC
GMSC	Greenwood Memorial	ABF
GTRS	Valley Gators / Keene	EB
HARV	Harvard University	EB
HAY	Hockomock YMCA	SEEK
HHS	Hampshire Hills	PVAC
HRY	Hampshire Regional YMCA	PVAC
HYV	Holyoke YMCA Vikings	PVAC
KING	Kingsbury Club Swim Team	SEEK
LRW	Lakes Region Wavemakers	EB
MAG	Magnus Aquatic Group	ABF
MASA	Middlebury Marlins	PVAC
MD	Mighty Ducks	SEEK
MELY	Melrose YMCA	SEEK
MMY	Merrimack YMCA	EB
MST	Manchester Swim Team	EB
MTSC	Mei's Typhoons Swimming Club	PVAC

MVP	Merrimack Valley Pirates	ABF
MYSD	Middleboro YMCA	ABF
NASY	Nashua YMCA	EB
NCAC	North Country Aquatic Club	PVAC
NSSC	North Shore Swim Club	SEEK
NWSC	New Wave Swim Club	SEEK
ORO	Oyster River Otters	EB
PAC	Providence Aquatic Club	ABF
PSC	Patriot Swim Club	PVAC
PST	Portsmouth Swim Team	SEEK
PVAC	Pioneer Valley Aquatic Club	PVAC
PWSC	Peterborough Swim Club	EB
RAMS	RAMS Swim Club	SEEK
RAYS	Rockingham Area Youth	PVAC
RCSC	River City Swim Club	SEEK
SAC	Shawmut Aquatic Club	ABF
SCA	South Coast Aquatics	SEEK
SEEK	Seekonk Swimming	SEEK
SNAP	Simon's Rock Swim Club	EB
SSA	Seacoast Swimming Association	SEEK
SSYS	South Shore YMCA	ABF
STA	St. Albans	PVAC
STS	Stowe Swimmers	PVAC
TNT	Haverhill Swimming	PVAC
WBD	Whitinsville Blue Dolphins	SEEK
WEST	Willy's East Swim Team	SEEK
WW	Weymouth Waves	SEEK
WYST	Westfield YMCA	EB
YNS	YMCA / North Shore	PVAC

**NOTES:** NE Swimming reserves the right to relocate teams between ABF & SEEK and also between EB & PVAC if necessary based on entries.

Since this is the first year of the Regional format, we have assigned teams based on support of past years Bronze and District meets. We have done our best to give everyone a good end of season meet. Adjustments will be made to next years format and assignments based on your feedback. Please make sure that you complete a Meet Evaluation Form and submit it. Thank You

#### **MORE TEAM ASSIGNMENTS:**

AYT	Attleboro YMCA Tsunami	SEEK
BB	Berkshire Barracuda	EB
ELM	East Longmeadow Marlins	EB
MYT	Manchester YMCA Tiger Sharks	EB
NBST	Newport Blues Swim Team	SEEK
VAST	Vermont Area Swim Team	EB



## SWIMS Update

SWIMS, the new USA Swimming times database, is up and running and a vast improvement over the former STAR database. All times from New England calendar meets will automatically be added to SWIMS. Non-calendar New England sanctioned meet results may also be added to SWIMS if the meet results are emailed in an appropriate format to Rosemarie Meissner, the New England SWIMS Top 16 and NTV Coordinator, at 508-384-2925 or [remecon@comcast.net](mailto:remecon@comcast.net).

To successfully import times into SWIMS several criteria must be met:

1. Swimmers must be USA Swimming registered at the time of the swim.
2. Swimmers' USS ID numbers must be correct. Accurate birthdates, middle initials, proper names, and correct spelling are important. All teams and meet hosts are *strongly* encouraged to use the registration tool available on the New England website to check accuracy of swimmer registrations.
3. Relay results must include the names and ages of all swimmers in the relay.
4. All New England unattached swimmers must be listed as UN-NE. This is the only acceptable acronym for unattached swimmers.
5. Results must have been achieved fulfilling the minimum timing requirement of three manual watches. Meet results from competitions where only two watches have been used will not be added to the database.

If these criteria are not met, teams and swimmers run the risk that their results will be deleted from SWIMS. It is particularly important that out-of-LSC teams attending New England meets and New England teams attending non-New England meets follow the above guidelines. SWIMS Coordinators have been advised by USA Swimming to delete all times that do not conform to these criteria from the database. In most cases a SWIMS coordinator will try to resolve non-conforming times, however this becomes especially difficult if the coordinator is unfamiliar with the team and/or swimmer in question.

## National Times Verification- High School, YMCA, and College Swim Meets

This is a reminder that Senior National and US Open qualifying times achieved at high school, YMCA, and college invitational and championship meets can be used if the individual swim or entire meet has been observed by USS officials and if the proper requests have been made and approved.

The necessary forms requesting observation can be found on the New England website under "Forms and Policy". Requests should be submitted 10-28 days prior to the start of meet. There are different requirement requests for dual meets, invitational meets, and

championship meets so please read the forms carefully and refer to the NTV Handbook if clarification is needed.

Currently, USA Swimming requires that all times used to qualify for Olympic Trials, World Cup, Senior National, and US Open competitions are verified by the LSC NTV Chair and are included in the SWIMS database. However, with the success of the SWIMS database, USA Swimming is encouraging LSCs to begin requiring verification and inclusion in SWIMS qualifying times used for Sectional, Grand Prix, and LSC Championships. This trend makes it increasingly more important that high school, college, and YMCA meets are observed.

Do not assume that your or your swimmer's high school, college, or YMCA meet is being observed. Be proactive. In the last three years, no New England public high school championship or invitational swim meet has fulfilled the requirements for USA Swimming Observation. A non-observed swim can not be verified. If it can not be verified, it is not a valid qualifying time. Do not let your qualifying swimmer miss out on the opportunity to swim at a national level meet because of a technicality.

Any questions regarding requests for USS observation or times verification should be directed to Rosemarie Meissner, the New England NTV Chair, at 508-384-2925 or [remecon@comcast.net](mailto:remecon@comcast.net).



**United States Swimming  
New England**

20 Cleveland Road Needham, MA 02492-3006

**FIRST CLASS**



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

FEBRUARY 2004

**IN THIS ISSUE:** NEW ENGLAND SWIMMERS AT NATIONAL CHAMPIONSHIPS;  
SCHOLASTIC ALL-AMERICA APPLICATION; 12 and under  
CHAMPIONS HIGH POINT WINNERS; NATIONAL AGE GROUP  
SHORT COURSE RANKINGS; CATCH THE SPIRIT CAMS INFO  
and APPLICATION; COURSES FOR OFFICIALS; MEET  
EVALUATION FORM...

## IMPORTANT INFORMATION FOR TEAM CONTACTS

Newsletter Plus is mailed free of charge to two members of each team, the Team Contact and the Safety Coordinator. The Safety Coordinator is responsible for all information pertaining to coach registration, safety marshals, and other safety material. The Team Contact is responsible for sharing ALL information in the newsletter with the appropriate athletes, coaches, officials, parents on the team.

Recently, we have had several problems resulting from a failure to communicate on the team level. Although we printed the list of teams registered for 2004 several times, some teams claimed they did not realize they were not registered. We have a policy that all swimmers must be registered before they are entered in meets, yet we still find unregistered swimmers entered in meets. A reminder of the \$100 fine for unregistered swimmers has appeared in several newsletters. At least one swimmer lost a national qualifying time because arrangements were not made to observe the high school meet. Several parents have attempted to enter their swimmers in the Zone meet this spring. Coach registrations arrive without the proper certifications or education requirement. Some requests for reimbursement for national meets will go unfilled since proof of expenses did not accompany the requests.

The list can go on. The point is, the person who receives the newsletter for the team must share the information in it with the rest of the team. Feel free to put information in your team newsletter, on the team web site, or on the bulletin board in the lobby. Additional subscriptions are available for \$10 per year.

The Board of New England Swimming will meet on Tuesday, March 9, 2004 at 7 pm at the Wellesley Community Center, Wellesley, MA. In case of bad weather, please call the office.

**CONOCO PHILLIPS NATIONAL CHAMPIONSHIPS**

**CONGRATULATIONS** to the New England Swimmers who competed in the Conoco Phillips National Championships in Orlando, Florida on February 11---15:

**SWIMMING IN FINALS:**

MAG: ERICA MEISSNER

BOSS: JOHN COLE

**SWIMMING I N THE BONUS HEAT:**

MAG: STACIE LESNESKI

CUDA: KAITLIN STRICKLAND  
DAVID RUSSELL**SWIMMING IN INDIVIDUAL EVENTS:**CUDA: ELIZA BUTTS  
ERIC NILSSONBGSC: KAREN GATELY  
CAROLINE DOWD  
KATHARINE FRITSCHSAC: MEGAN FARRELL  
MEAGHAN COLLING  
SARAH KEARNS  
SALVATORE BARBASSYS: JENNIFER VOGEL  
PATRICK REAMS

CMSC: JASON EADDY

BOSS: JAMES BAILEY

MAG: PAUL SULLIVAN

**RELAY ONLY SWIMMER:**

BGSC: SARAH BARGMANN

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* *****
*                                     *
*      NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL
*                                     20 Cleveland Road
*                                     Needham, MA 02492-3006
*                                     781-449-0270
*                                     FAX: 781-449-7903
*                                     e-mail: office@neswim.com
*                                     Web site: www.neswim.com
*
* OFFICE HOURS: Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m.
*                Thursday: 8 a.m.--2 p.m.
* *****
*                                     *
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**HIGH POINT WINNERS—12 and under CHAMPIONSHIPS:****CONGRATULATIONS** to the High Point winners at 12 and under Championships:**10 and under:**

1. ERICA BELCHER	ANA	1. JUN OH	ANA
2. AMY NEEDHAM	YNS	2. JOHN BAILEY	BOSS
3. EVA FABIAN	GTRS	3. MATTHEW SCALISE	YNS
4. LYDIA AZARET	MAG	4. JIMMY BERNARDO	PVAC
5. ERIN FOLEY	HAY	5. BRANDON BROWN	NSSC
6. STEPHANIE LIE	MD	6. MATTHEW TYNAN	PSC
7. RACHEL MOORE	ANA	7. ANDREW BELLI	NSSC
8. THERESA FALLER	ANA	8. P J FALLON	NSSC

**11 and 12:**

1. ALEX SUPPAN	BYD	1. CONOR SWANSON	ABF
2. MARY CHAPMAN	NCAC	2. JEFFREY THOMAS	BOSS
3. ELLESSE LUNDE	SSYS	3. COURTLAND PARKER	YNS
4. LIZZY MAMOURIAN	NCAC	4. GREGORY MICHELS	BGSC
5. MAGGIE ROSENBAUM	SNAP	5. STEVEN JELLISON	ESC
6. KAIA SIMMONS	BOSS	6. TIM O'NEILL	MAG
7. SILIANG LUO	RAMS	7. PAOLO DELUCA	BOSS
8. LAURA SOGAR	RAMS	8. TYLER LAREAU	YNS

**Combined Team:**

1. MAGNUS AQUATIC GROUP
2. BAY AND OCEAN STATE SQUIDS
3. ANDOVER/NORTH ANDOVER YMCA HURRICANES
4. YMCA of the NORTH SHORE
5. NORTH SHORE SWIM CLUB
6. PIONEER VALLEY AQUATIC CLUB
7. BERNAL'S GATOR SWIM CLUB
8. NORTH COUNTRY AQUATIC CLUB

**DATES TO REMEMBER:**

**MAY 1, 2004** ANNUAL MEETING, Wellesley Community Center, Wellesley, MA

**MAY 8, 2004** CATCH THE SPIRIT CAMP, LEVEL I and II, Mount Holyoke College,  
South Hadley, MA

CATCH THE SPIRIT CAMP, LEVEL III, Northeastern University,  
Boston, MA

## USA SWIMMING & NEW ENGLAND SWIMMING CATCH the SPIRIT CAMPS 2004

USA Swimming and New England Swimming will host two Catch the Spirit Camps the weekend of May 8th. Please read the description of each camp below and look for more information to come on the New England Swimming web site ([neswim.com](http://neswim.com)). Camp applications must be postmarked by April 20<sup>th</sup>.

### LEVEL I & II – Catch the Spirit Camp – Mount Holyoke College

The camp is a level I & II format. Swimmers applying to this level camp must be 9 to 12 years old with times not faster than New England Swimming Regional time standards. This camp is designed to address the needs of the fairly new competitive swimmer. The one-day camp will consist of two water practices in which basic technique; starts and turns will be emphasized. Classroom sessions will include sportsmanship, nutrition, training terminology and stroke skills. The camp will be held at Mount Holyoke College in South Hadley, Massachusetts. The head coach is Laura Matuszak from GMA. Camp applications will be available on the N.E.S. web site. The cost for the camp is \$20.00 for the day. All swimmers will receive a camp t-shirt and swim cap along with great memories and skills! The camp coaches will all be from New England registered clubs and selected by the head coach and camp director.

### LEVEL III – Catch the Spirit Camp – Northeastern University

Sunday's camp is a level III format. Swimmers must be 10 to 14 years old with at least two Age Group Championship or Open qualifying times. The level III camp's focus is on creating a learning environment for more advanced competitors to focus on such things as goal setting, visualization, relaxation and racing strategies as well as leadership. The camp staff will fit in all of these team meetings along with two water practices. The camp will be held at Northeastern University in Boston, Massachusetts. The head coach is Roy Coates, head swim coach at Northeastern. Camp applications will be available on the N.E.S.

Web site. The cost is \$20.00 for the day. All swimmers will receive a camp t-shirt and swim cap along with great memories and skills!

COACHING STAFF: Camp Director, Amy Parratto, is in the process of selecting the coaches for each of the camps. Up to five coaches will be selected for each camp. If you are interested, please contact the camp director.

For more information: Contact the Camp Director at [parratto@seacoastswimming.com](mailto:parratto@seacoastswimming.com)

**NATIONAL AGE GROUP SHORT COURSE RANKINGS:**

**CONGRATULATIONS** to the following New England Swimmers who had National Age Group Short Course Rankings as reported in Swimming World, January 2004. ELIZABETH BEISEL set a National Age Group Record in the 10 and under 200 IM and placed first in six other events—200 free, 500 free, 100 back, 100 breast, 100 IM. COREY SWANSON placed first in the 13 and 14 boys 200 IM.

**10 and under:**

ELIZABETH BEISEL	MAG	100 free (10), 200 free (1), 500 free (1), 50 back (4), 100 back (1), 100 breast (1), 50 fly (15), 100 fly (3), 100 IM (1), 200 IM (1)
LUCA SPINAZZOLA	BOSS	50 back (7)
CONOR MCAULIFFE	MAG	100 back (16)

**11 and 12:**

ELENA WALTERMAN	SAC	200 fly (16)
CARA VOGEL	SSYS	100 back (15), 200 back (13)
CHIARA SPINAZZOLA	BOSS	50 fly (10), 100 fly (13)
CONOR SWANSON	MAG	200 fly (14)

**13 and 14:**

ELIZA BUTTS	SAC	50 free (13), 100 free ((9)
ERICA MEISSNER	MAG	100 back (3), 200 back (3), 200 IM (9), 400 IM (12)
JESSICA PERRY	BGSC	100 breast (16)
COREY SWANSON	MAG	50 free (2), 100 free (2), 100 fly (12), 200 IM (1), 400 IM (11)

**15 and 16:**

HEE-JIN CHANG	BOSS	50 free (10), 100 free (7),
KATIE FRITSCH	BGSC	100 back (6), 200 back (10)
SALVATORE BARBA	SAC	100 back (16)
BRIAN FISKE	MAG	100 breast (7), 200 IM (13)
PAUL J SULLIVAN	MAG	200 breast (8)

**17 and 18:**

NIKKI LAFFEL	CUDA	50 free (9), 100 free (13)
CONNIE BROWN	CUDA	100 back (13),
STACIE LESNESKI	MAG	200 fly (8), 400 IM (9)
MICHELLE BRIGHT	HARV	200 back (11)
JENNA BARBARY	SSA	200 breast (16)
JAMES BAILEY	BOSS	100 free (16)
ADAM VICCARO	SSA	200 fly (13)

**USA SWIMMING**  
**"Catch the Spirit"**  
**Camps – May 8, 2004**

**ATHLETE APPLICATION**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City, State & Zip:** \_\_\_\_\_

**Phone & e-mail:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_ **Age :** \_\_\_\_ **Male** \_\_\_\_ **Female** \_\_\_\_

**USA Swimming Registration #:** \_\_\_\_\_

**Check One:**

**Level I/II Camp at Mount Holyoke College** \_\_\_\_\_

**Level III Camp at Northeastern University** \_\_\_\_\_

**Club Name:** \_\_\_\_\_

**Club Coach & phone #:** \_\_\_\_\_

**MEDICAL and/or DIETARY CONSIDERATIONS:** \_\_\_\_\_

**Please list times in yards: 100 free** \_\_\_\_\_ **100 or 200 IM** \_\_\_\_\_

**\*Swimmers applying to the Level III Camp at Northeastern must list at least two events / times that the swimmer qualified in for either the 12 & Under Championships or the Open Championships:**

**1.** \_\_\_\_\_ **2.** \_\_\_\_\_

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**PLEASE RETURN TO:**

**Amy Parratto / Camp Director**

**"Catch the Spirit" LSC Camp**

**14 Back Road**

**Dover, NH 03820**

**\*Postmarked April 20th w/ \$20.00 check payable to: NE Swimming**





# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

APRIL 2004

**IN THIS ISSUE:** ANNUAL MEETING; SLATE OF OFFICERS; BY-LAW CHANGE; TECHNICAL COMMITTEE REPORT; "CATCH THE SPIRIT" CAMP UPDATE; ADDITIONS TO THE LONG COURSE CALENDAR; PROPOSED SHORT COURSE CALENDAR AND BID FORM; ATHLETE REP INFORMATION; COACH COURSES AND REQUIREMENT CHANGE.....

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## ANNUAL MEETING, Saturday, May 1, 2004

The Annual Meeting of New England Swimming will be held on Saturday, May 1, 2004 at the Wellesley Community Center, Wellesley, MA. Please encourage your team to be well represented. Each team and each Board Member has one vote. There are also several at-large delegates, appointed by the Chairman with the approval of the Board. All members of the New England Community are encouraged to attend even if they do not have a vote. Please note the new policy for required attendance by one coach from every team.\*

ANNUAL MEETING: 9:00 Coffee and Registration

9:30 General Meeting, Presentation of Budget, Proposed By Law Change, Election of Officers. If you have an item to discuss at the general meeting, please contact the New England Office (7 81-449-0270 or [office@neswim.com](mailto:office@neswim.com)).

11:00 Meet Manager's Meeting, Meet Data Management. Teams running a meet (or planning to run a meet) during the next year are required to send a representative to the Meet Manager's Meeting. (Mariella Allard and John Barbary)

11:00 Officials Meeting: Stroke and Turn Clinic (new and recertification) Anybody interested in attending should contact Dave LeBlanc ([daleblanc9@aol.com](mailto:daleblanc9@aol.com)).

continued.....

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The Board of New England Swimming will meet on Monday, June 7, 2004 at 7 pm at the Wellesley Community Center, Wellesley, MA.

11:00 Coaches Meeting and election of new Junior Representative. If you have items to discuss or are interested in running for the new Junior Representative, contact Laura Matuszak ([lmatuszak@smcvt.edu](mailto:lmatuszak@smcvt.edu)) or Chuck Batchelor ([cjbandtess@yahoo.com](mailto:cjbandtess@yahoo.com)).

Please put this meeting on your calendar and keep the day free for coaches and parents to attend the meeting.

**\*REQUIRED ATTENDANCE FOR COACHES:** At the Board Meeting on March 9, 2004, the Board of New England Swimming acted upon the recommendation of the coaches and voted to require that all New England registered teams must be represented at the Annual Meeting by a coach. Teams that do not have a coach at the Annual Meeting will be fined \$50. This recommendation was first made at last year's Annual Meeting at the Coaches Meeting and was voted upon by the coaches at the coaches meeting at the 12 and under Age Group Championships. If you have any questions concerning this requirement, please contact one of the coach representatives: Laura Matuszak ([lmatuszak@smcvt.edu](mailto:lmatuszak@smcvt.edu)) or Chuck Batchelor ([cjbandtess@yahoo.com](mailto:cjbandtess@yahoo.com)).

**DIRECTIONS TO THE WELLESLEY COMMUNITY CENTER, 219 Washington Street (Route 16), Wellesley, MA.**

From Route 128 take Route 9 west.. After the second set of lights, turn right at the blinker (the sign says Route 16). At the light at the end of the ramp, stay to the right and cross Route 16 into the parking lot. Be careful, cars on Route 16 are not necessarily expecting you!)

From the west, take Route 9 east. Exit at Wellesley Hills, Route 16. At the lights at the end of the ramp, turn left, cross back over Route 9 and turn left into the driveway which is just beyond the ramp to Route 9.

**NEWSLETTER PLUS SUBSCRIPTIONS:** Newsletter Plus subscriptions are sent to two members of each team—the club contact and the safety coordinators. Subscriptions are available to other members of the New England Swimming community for \$10 per year. Please send your check to the New England Swimming Office, 20 Cleveland Road, Needham, MA 02492.

**SLATE OF OFFICERS:**

The Nominating Committee will present the following Slate of Officers at the Annual Meeting on May 1, 2004.

Chairman:	Ray Grant
Administrative Vice Chairman:	Bob Gauvin
Financial Vice Chairman:	Dave LeBlanc
Secretary:	Kathy Oates Dacey
Senior Chairman:	Mike Parratto

Priscilla Davis, Chair, Nominating Committee  
Reid Christen  
Paul Mangili  
Mike Parratto  
Scott Doty

Nominations from the floor will be accepted. The coaches will elect their representative at the Coaches Meeting following the Annual Meeting.

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**ZONES:**

Please refer to the Technical Committee Report for information concerning this summer's Long Course Zone Meet in Buffalo. Coaches who are interested in attending the meet as part of the New England Staff should contact Head Coach, Laura Matuszak at [lmatuszak@smcvt.edu](mailto:lmatuszak@smcvt.edu).

The time standards for the meet, complete information, and application forms will be available following the Zone Meeting on May 8, 2004. Watch the web site and the next newsletter for this information. Swimmers are reminded that those who apply must have participated in two New England Calendar Meets during the long course. Meter times only are eligible for the time standards.

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**PROPOSED BY-LAW CHANGE:**

It has come to our attention that we are in violation of our by-laws when we allow coaches to be Safety Coordinators. If we wish to continue this policy, we need to amend our by-laws. The proposed change was approved by the Board of New England Swimming at its meeting on March 9, 2004. The proposed amendment will come before the House of Delegates at the Annual Meeting on March 1, 2004.

Below are the parts of our current by-laws that apply to the situation.

**2.1.2.C. Active Individual Members**—An Active Individual Member is an individual other than a Coach Member or an Athlete Member who is a trainer, manager, official, meet director, marshal, Board Member, At-Large House Member, officer, coordinator or committee chairman or committee member of NESI or a Group Member Representative or alternate and any other individual desiring to participate in the sport of swimming and who is in good standing as an Individual Member of USS and NESI.

**2.2.3. CLUB SAFETY COORDINATOR**—Each Club Member shall appoint an Active Individual Member to be a Club Safety Coordinator. The Club Safety Coordinator shall be responsible for disseminating safety education information received from USS and NESI to the Club Member's athletes, coaches and other members and shall make recommendations to the Club Member concerning safety policy and its implementation. The Club Safety Coordinator shall make any reports requested by NESI's Safety Coordinator.

Here is the problem. The Safety Coordinator must be an Active Individual Member and an Active Individual Member is an individual other than a Coach Member. The problem can be solved, if you desire to, by inserting "or Coach Member" in 2.2.3. so that it reads, "Each Club Member shall appoint an Active Individual Member **or Coach Member** to be a Club Safety Coordinator."

If you have any questions about the proposal, please contact the New England Office.

\* \*\*\*\*\*  
\* **NEW ENGLAND SWIMMING OFFICE:** MARY RIDDELL  
\* 20 Cleveland Road  
\* Needham, MA 02492-3006  
\* 781-449-0270  
\* FAX: 781-449-7903  
\* e-mail: office@neswim.com  
\* Web site: www.neswim.com  
\* OFFICE HOURS: Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m.  
\* Thursday: 8 a.m.--2 p.m.  
\* \*\*\*\*\*

## Attention All Athletes!

The Board of New England Swimming is looking for a new Junior Athlete Representative. This person will fill Thomas' position when he becomes the Senior Athlete Rep in the summer. All swimmers who are entering their junior year of high school in the fall, are actively involved in NE swimming, and have a desire to communicate with and help represent the swimmers of New England are encouraged to apply.

All applicants must write a 1-page essay which includes the following:

- the qualities that you possess which would make you a good athlete rep
- the reasons why you want to become athlete rep
- any other pertinent information

Essays as well as athlete name, and club name can be emailed to Caitlin Grant at [CGswim2004@hotmail.com](mailto:CGswim2004@hotmail.com), or they can be mailed to her at:

80 Davis Street  
Seekonk, MA 02771

All applications are due by **June 1, 2004**. Athletes will be notified shortly thereafter.

If you have any questions, please contact Caitlin through email or phone (508-336-9982). Thank you!

## **CATCH THE SPIRIT CAMP UPDATE**

The Catch the Spirit Camps are fast approaching and there is still space for more swimmers at both camps! The application deadline is April 20<sup>th</sup>, but the camp director will accept applications until the camps are full. There is a 50 swimmer maximum at each camp. A brief description of the camps and staff is listed below.

### **LEVEL I & II Catch the Spirit Camp – May 8<sup>th</sup> @ Mount Holyoke College**

Swimmers applying to this level camp must be 9-12 years of age with times not faster than N.E. Regional time standards. This camp is designed to address the needs of the fairly new competitive swimmer. The one-day camp will consist of two water practices in which basic technique, drills and turns will be emphasized. Classroom sessions will include Drills & Biomechanics, Nutrition, Sportsmanship, Practice Preparation and USA Swimming History. There will also be a **Parents' Meeting** led by coach Laura Matuszak. The meeting will run from 1:15-4:15 p.m. and will cover:

- USA & NE Swimming Awareness
- The Role of the Parent in Swimming and their Child's Swimming Success
- Sports Nutrition
- Open Discussion & Questions

Registration begins at 8:30 a.m. and the camp concludes by 5:00 p.m. The cost is \$20.00! A packet of information will be mailed out to the swimmers after April 20<sup>th</sup> (slight delay 4/24-5/1 due director being away).

The camp will be led by an experienced group of New England coaches:

Head Coach - Laura Matuszak (GMA)

Assistant Coaches - Dave Bott (SAC), Carlton Cronin (TNT), Keri Cunningham (RAMS) and Kris Lubas (HAY).

### **LEVEL III Catch the Spirit Camp – May 8<sup>th</sup> @ Northeastern University**

Swimmers applying to this level camp must be 10-14 years old with at least two Age Group Championship or Open qualifying times. This camp's focus is on creating a learning environment for more advanced swimmers. The day will include two water practices focusing on two strokes per practice. Classroom sessions will include a Biomechanics presentation utilizing underwater footage of the Sydney Olympics, Nutrition, Goal Setting & Visualization, Leadership & Peer Pressure and USA Swimming History. In addition, there will be a **Parents' Meeting** covering similar topics from the Mt. Holyoke camp. Camp Director Amy Parratto will be leading that session from 1:15 to 4:15 p.m. Amy does similar presentations for USA Swimming at Swimposiums around the country. Registration will be at 8:30 a.m. and the camp concludes by 5:00 p.m. The cost is \$20.00! A packet of information will be sent out to all swimmers after April 20<sup>th</sup>. The camp will be led by an experienced group of coaches:

Head Coach – Roy Coates (Northeastern University)

Assistant Coaches – Bram Montgomery (BOSS), Carl Cederquist (MAG) and Kathy White (AAC)

Camp applications are available on the NES web site. If you have any questions, please contact the camp director, Amy Parratto at [parratto@seacoastswimming.com](mailto:parratto@seacoastswimming.com).

**PROPOSED CALENDAR FOR SHORT COURSE 2004—2005:**

October 24, 2004:	Top Ten Banquet
February 11—13, 2005:	Regional Championships (4 sites)
February 17—20, 2005:	12 and under Championships
February 24—27, 2005:	New England Senior Championships*
March 3—6, 2005:	New England Open Championships*
March 10—13, 2005:	Speedo Championship (sectional meet), Long Island
April 1--6, 2005:	Club Championships (Spring Nationals) 50 meter

\*For more information concerning these meets, refer to the Technical Committee Report.

Please note that since a new Administration Vice Chairman has not been elected, teams bidding on meets should send two copies of everything to the Office. The extra set of materials will be passed on to the new Administration Vice Chairman (who is also the Calendar Committee Chair) after the Annual Meeting.

Teams that are bidding for championship meets do not have to submit an invitation. However, they should let the Calendar Committee know of any time restrictions at their pool (start times, ending times, etc.) as well as any other item(s) that might affect the granting of a bid.

NEW THIS YEAR: As bids are received for the championship meets, the bids will be noted on the web site so that all teams will know which team has bid for what meet(s) and at which site. If, for any reason, the date of a championship meet is changed, the information will be posted on the web site so that all teams will have the opportunity to bid on the new date.

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**ADDITIONS TO THE LONG COURSE CALENDAR:**

- June 11—13: ANA Team Specialty Meet, University of Connecticut, Storrs, CT (long course meet)
- August 12: TNT Tenth Annual Malissa Blais Memorial 1 Mile, Open Water Swim (New England Swimming Open Water Championship), Salisbury Beach (MA) State Reservation.

**USA SWIMMING**  
**"Catch the Spirit"**  
**Camps – May 8, 2004**

**ATHLETE APPLICATION**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State & Zip: \_\_\_\_\_

Phone & e-mail: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age : \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

USA Swimming Registration #: \_\_\_\_\_

Check One:

Level I/II Camp at Mount Holyoke College \_\_\_\_\_

Level III Camp at Northeastern University \_\_\_\_\_

Club Name: \_\_\_\_\_

Club Coach & phone #: \_\_\_\_\_

MEDICAL and/or DIETARY CONSIDERATIONS: \_\_\_\_\_

Please list times in yards: 100 free \_\_\_\_\_ 100 or 200 IM \_\_\_\_\_

\*Swimmers applying to the Level III Camp at Northeastern must list  
at least two events / times that the swimmer qualified in for either the 12 &  
Under Championships or the Open Championships:

1. \_\_\_\_\_ 2. \_\_\_\_\_

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PLEASE RETURN TO:

Amy Parratto / Camp Director

"Catch the Spirit" LSC Camp

14 Back Road

Dover, NH 03820

\*Postmarked April 20th w/ \$20.00 check payable to: NE Swimming



The Technical Committee report was accepted by the Board of New England Swimming at its meeting on April 13, 2004. A separate vote was taken to accept the section concerning the change in sanction fees (under OTHER in the report). That new policy will take effect for the short course season.

#### NEW ENGLAND SWIMMING TECHNICAL COMMITTEE, March 24, 2004

The Technical Committee met at the home of Priscilla Davis on Wednesday, March 24, 2004. Chairman, Dan Warner, called the meeting to order at 5:40 pm. Attending were: Dan Warner, Pam Warner, Priscilla Davis, Mariella Allard, Caitlin Grant, Ray Grant, Bruce Mohl, Mike Parratto, Amy Parratto, Mary Riddell.

#### EVALUATION OF END OF SHORT COURSE SEASON MEETS:

1. Mariella Allard reported that most of the evaluations that she received concerned the regional meets—the site at Easthampton and awards problems at Pioneer Valley. Most of the complaints came from parents, not coaches.
2. The Open Meet concept was discussed. All agreed that the meet was well run, fast, exciting, but too large. Mike Parratto suggested that the meet be continued in the future but that a Senior meet be offered for the faster swimmers. The Open time standards would be about the same (with some adjustments for the distance events), and the Senior meet would use the old Senior cuts. Swimmers could attend only one of the two meets. The Senior meet would be held first, before the Sectional meet. The Open meet would be held later. A swimmer with one, two, three, or four Senior cuts could swim 5 Senior events. A swimmer with five or more Senior cuts could swim up to 9 Senior events. There would be no bonus events for the Open meet. The 13 and 14 age group would be scored the way they were this year. There was discussion about pools for the Open. A suggestion was made to approach Harvard about installing a bulkhead across the diving well. Another suggestion was trying to get a long term arrangement with MIT. Dan Warner will talk with MIT. Next short course season the end of season meets will be: Seniors, Open, 12 and under Age Groups, Regionals
3. Ray Grant said that the time standards for 12 and unders will be a little easier next year.
4. Ray Grant suggested that “best time” ribbons be awarded at the Regional meets for 9—10 and 8 and under swimmers. All agreed that this was a good idea. It was also decided to consider the regional meets championship meets.
5. The distance events at the Open were discussed. Because of the size of the distance events in the meet, coaches wanted the 500 and 400 IM to be swum fastest to slowest. It was decided that these events would be swum in the traditional way (slowest to fastest) and that the size of the events would be better managed by adjusting the time standards. All agreed that it is not a good idea to

change the meet information after it has been posted, but all agreed that the referee is able to do make adjustments if the situation requires it. Next year's entry should make it clear that the referee can do this. The positive check-in for the 500 free and 400 IM worked well and eliminated most of the open lanes that there were in previous years.

6. The committee discussed the suggestion that we place a limit on how late at night sessions can run. It was agreed that we can do this for the end of season meets, but that teams running other meets can make that decision themselves as long as the session is not in violation of the USA Swimming four-hour rule. (Note this rule is not in effect for championship meets.) The Calendar Committee will be more careful about checking these limitations when they accept end of season bids in the future.

#### SPRING AND SUMMER 2004 MEET SCHEDULE

1. 12 and under meet: The committee received 3 bids for 12 and unders. YNS cannot have the pool for 3 ½ days, however. It was decided to go with Harvard rather than Springfield College because of the size of the facility. There was still some hesitation because of the Democratic Convention. Tim Murphy has been able to obtain some rooms in Burlington. It was decided to advise teams to book their rooms early and to suggest that they look at outer areas—Burlington, Framingham, Natick. The age groups for the meet will be 11—12 and 10 and under. There was discussion about an end of season meet for the 8 and unders. Bruce Mohl will “rejigger” the times for the 8 and unders at the qualifier so that all 8 and unders can swim there.
2. The dates for the Open will remain Thursday through Sunday (rather than Wednesday through Saturday) even though Nationals will begin on Tuesday. The committee was concerned about taking parents (timers and officials) and, to a lesser degree, swimmers out of work for another day.
3. Ray Grant discussed zones. Laura Matuszak will be in charge of zones this summer and has arranged for buses and hotel rooms. Swimmers who are on the team will be expected to travel to and from the meet with the team and stay for the full time. A swimmer who is accepted for the team will have to have at least two cut times. Ray suggested that we have 5 coaches, a head coach and a coach assigned to each age group—10 and under, 11 and 12, 13 and 14, and 15 and over. It was agreed to pay a stipend to each coach of \$125. Ray passed out the information from the task force on the Eastern Zone meet.

#### SANCTIONED/NON CALENDAR MEETS:

1. Now that we are sanctioning more non calendar meets, Mary Riddell has some concerns about the process. It was decided that sanction requests would have to be sent to the office at least two weeks before the meet. There must be a certified

referee, the entry file must be run through the on line check before the meet, and all surcharges must be paid. Mary Riddell would like to be able to confer with the calendar committee if she has concerns about a non calendar meet conflicting with a calendar meet.

2. Mary Riddell brought up the situation that a team from AD is running meets in New England. They will have to be sanctioned by New England and follow New England rules, including surcharges. She will talk with the AD Sanction Chairman to work things out.
3. The New England fee schedule will be changed to reflect that the championship fees, surcharges, etc. are for New England Swimming championship meets.

#### WEB SITE

1. Amy Parratto is very interested in having a parent page on the web site. It was suggested that she get together a committee and they can begin by answering some commonly asked questions.
2. There is a concern that some things are not being posted on the web site in a timely manner. Everyone appreciates Rick Osterberg's work and his considerable talent but it appears that at times he has too much to do. It was suggested that someone (Harold Whitney?) be able to post items when Rick is not available. Mary Riddell suggested that he acknowledge that he has received materials and will be posting them as soon as possible.

#### REGISTRATION ISSUES

1. Beginning with the summer season, all teams running meets will be required to run the meet file through the on line registration check and forward the exceptions report to the office. No unregistered swimmer will be allowed to swim in the meet, and teams must "clean up" ID problems before swimmers will be allowed to swim in the meet.
2. Some of the ID number problems are a result of deck entries or time trials swum by swimmers who are not entered in the meet. Deck entries will not be accepted without a membership card or a copy of the official registration list which every team receives. This way the team running the meet will have accurate ID numbers.

#### OTHER

1. There has been some confusion about time trials this year. Time trials require a separate sanction from the meet. Some teams have run time trials without a sanction for them. It was decided that all teams requesting sanctions should automatically receive a time trial sanction, also. To cover this, the sanction fee

would change from the current \$15 per day sanction fee plus \$15 per meet for time trials to a fee of \$20 per day (\$15 for the meet sanction and \$5 for time trials).

2. There was some discussion about date of the Annual Meeting. The date of May 1 was reserved and announced several months ago, but turns out to be during NH April vacation. Several board members will be on vacation at that time. If the date were changed to the following week, it would conflict with the Catch the Spirit Camps and with the Zone Meeting in Portland. It was decided that it was too late to change the date.

The meeting was adjourned by chair, Dan Warner, at 9 pm.

Submitted by Mary Riddell



**United States Swimming  
New England**

20 Cleveland Road Needham, MA 02492-3006

**FIRST CLASS**



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

MAY 2004

**IN THIS ISSUE:** NEW OFFICERS AND COMMITTEE MEMBERS;  
BY LAW CHANGE; TIME STANDARDS FOR ZONES,  
NE OPEN, 12 and under AGE GROUPS, SECTIONALS;  
MEET ENTRIES.....

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## AGE GROUP TIME STANDARDS:

Two sets of 12 and under Age Group Championship time standards are included in this newsletter. Only one set will be used for the meet. Please read the two explanations very carefully so that you are aware of the difference between the two sets of time standards. A decision about the 8 and under age group will be made at the June 7 board meeting so watch the New England web site after that date.

## ZONES:

Included in this newsletter are the time standards for the Long Course Eastern Zone Meet to be held in Buffalo on August 11—14. The application and more information will be printed in the June newsletter or watch the web site. Coaches who are interested in attending as part of the New England Swimming staff should contact Laura Matuszak at [lmatuszak@smcv.t.edu](mailto:lmatuszak@smcv.t.edu).

Swimmers are reminded that those who apply must have participated in two New England Calendar Meets during the long course. Meter times only are eligible for the time standards. In order to be part of the team, swimmers must achieve at least two time standards.

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The New England Swimming Office will be closed from Saturday, May 15, 2004 through Sunday, May 23, 2004. It also will be closed from Friday, June 4, 2004 through Monday, June 7, 2004.

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The Board of New England Swimming will meet on Monday, June 7, 2004 at 7 pm at the Wellesley Community Center, Wellesley, MA. Another meeting is scheduled for Tuesday, July 13, 2004 at 7 pm at the Wellesley Community Center, Wellesley, MA.

**NEW OFFICERS:**

**CONGRATULATIONS** to the following new Board Members who were elected at the Annual Meeting on May 1, 2004.

Chairman:	Ray Grant
Administrative Vice Chairman:	Bob Gauvin
Financial Vice Chairman:	Dave LeBlanc
Secretary:	Kathy Oates Dacey
Senior Chairman:	Mike Parratto

**CONGRATULATIONS** also to the following committee members who were elected:

Nominating Committee:	Scott Doty Paul Mangili Mike Parratto Ev Crosscup Bruce Mohl
Board of Review:	Bill Geary Jon Hurst
Alternates:	Ron Zuwallack Jeff Johnson

The coaches elected Michelle Bernal as their new Junior Coach Rep.

Applications for the new Junior Athlete Rep are still being accepted.

Several At large positions on the Board of New England Swimming need to be filled. If you are interested in an appointment, please contact Ray Grant at [Grant.Raymond@comcast.net](mailto:Grant.Raymond@comcast.net) or at 508-336-4456.

## Eastern Zone Swimming

Super Speedo Championship Serier 2004 Time Standards

Women				Men		
SCY	SCM	LCM		SCY	SCM	LCM
<b>25.29</b>	<b>28.09</b>	28.59	<b>50 Free</b>	22.49	24.79	<b>25.39</b>
<b>54.39</b>	59.79	1:01.69	<b>100 Free</b>	48.79	53.79	<b>55.59</b>
1:57.19	2:08.89	2:12.09	<b>200 Free</b>	<b>1:46.39</b>	1:57.59	2:01.49
5:10.79	4:28.29	<b>4:36.19</b>	<b>400/500 Free</b>	<b>4:47.29</b>	<b>4:10.09</b>	4:18.59
<b>10:48.79</b>	<b>9:26.29</b>	9:34.99	<b>800/1000 Free</b>	<b>10:09.89</b>	<b>9:00.59</b>	<b>9:11.39</b>
<b>18:12.69</b>	<b>18:10.59</b>	<b>18:23.39</b>	<b>1500/1650 Free</b>	<b>16:50.49</b>	<b>16:46.79</b>	<b>17:25.19</b>
1:00.59	1:06.39	<b>1:08.39</b>	<b>100 Back</b>	54.59	1:00.59	1:02.89
2:09.99	2:23.79	<b>2:27.39</b>	<b>200 Back</b>	1:57.79	2:10.49	2:15.39
1:08.39	1:16.19	<b>1:17.69</b>	<b>100 Breast</b>	1:00.99	1:07.59	1:09.79
2:27.29	2:44.39	2:47.99	<b>200 Breast</b>	2:13.99	2:29.79	2:32.99
59.99	1:05.79	1:07.29	<b>100 Fly</b>	53.39	58.39	1:00.39
2:10.39	2:22.99	2:27.19	<b>200 Fly</b>	1:57.89	2:08.79	2:13.59
<b>2:11.99</b>	2:25.89	<b>2:28.29</b>	<b>200 IM</b>	1:59.29	2:11.49	2:16.59
4:39.99	<b>5:09.69</b>	5:22.19	<b>400 IM</b>	<b>4:15.09</b>	<b>4:43.19</b>	<b>4:57.69</b>
3:44.99	4:07.49	4:12.69	<b>400 Freestyle Relay</b>	3:19.69	3:39.69	3:46.09
8:05.19	8:53.79	9:04.19	<b>800 Freestyle Relay</b>	<b>7:18.39</b>	<b>8:06.59</b>	<b>8:14.79</b>
4:11.29	4:36.49	<b>4:43.79</b>	<b>400 Medley Relay</b>	3:43.19	<b>4:12.19</b>	<b>4:16.09</b>

## Long Course

Date: July 22-25, 2004

Erie County Community College, Buffalo, NY (sponsored by STAR)  
(includes both Regions 1 and 2 in a "Super Sectional")

Qualifying Period: January 1, 2003 through entry deadline for summer meet

## Notes:

- (1) Relay only swimmers are permitted.
- (2) All entered relays must have bettered the event qualifying time, 2 relays max per team.
- (3) At least ONE (1) swimmer on the relay entered (and swam) must have at least one individual event qualifying time.
- (4) There will be NO TIME TRIALS for relay only swimmers.
- (5) Times in **BOLD** are former Region 2 QT's; others are former Region 1 QT's.

**New England Age Group Championship**  
Qualifying Times for Long Course 2004

These are the current time standards for this years Long Course Championship Meet. These Time Standards may be changed dependant on the NE Swimming Board of Directors decision on a coaches recommendation to change the format of this meet (add the 8 & unders back as a separate Age Group) which will be voted upon on June 7th.

Girls		10&Under	Boys	
LCM	SCY	EVENTS	SCY	LCM
37.79	32.69	<b>50 FR</b>	33.59	39.79
1:23.09	1:12.19	<b>100 FR</b>	1:15.39	1:28.99
2:59.99	2:36.99	<b>200 FR</b>	2:44.49	3:09.99
6:25.59	7:11.39	<b>400/500</b>	7:11.39	6:35.49
45.19	38.89	<b>50 BK</b>	40.19	47.59
1:36.89	1:24.09	<b>100 BK</b>	1:28.69	1:45.19
50.69	44.29	<b>50 BR</b>	47.09	54.69
1:48.39	1:35.39	<b>100 BR</b>	1:44.29	1:59.09
44.49	37.69	<b>50 FL</b>	40.89	47.59
1:46.49	1:29.89	<b>100 FL</b>	1:40.49	1:49.99
	1:22.79	<b>100 IM</b>	1:26.29	
3:23.79	3:01.19	<b>200 IM</b>	3:15.69	3:40.49

Girls		11-12	Boys	
LCM	SCY	EVENTS	SCY	LCM
32.79	28.79	<b>50 FR</b>	29.59	33.69
1:11.49	1:02.59	<b>100 FR</b>	1:04.49	1:13.49
2:33.69	2:15.59	<b>200 FR</b>	2:19.79	2:37.49
5:21.39	6:04.49	<b>400/500</b>	6:12.79	5:40.49
11:37.09	13:00.99	<b>800/1000</b>	13:00.99	11:37.09
21:47.69	22:30.99	<b>1500/1650</b>	22:30.99	21:47.69
38.69	34.09	<b>50 BK</b>	35.29	40.99
1:21.69	1:12.09	<b>100 BK</b>	1:15.49	1:26.49
2:58.19	2:38.69	<b>200 BK</b>	2:48.99	3:11.29
42.99	38.09	<b>50 BR</b>	38.79	46.49
1:34.49	1:21.49	<b>100 BR</b>	1:25.49	1:41.39
3:23.19	2:57.99	<b>200 BR</b>	3:09.79	3:34.89
36.69	32.49	<b>50 FL</b>	33.89	38.79
1:22.09	1:13.49	<b>100 FL</b>	1:18.09	1:32.0
3:12.99	2:47.49	<b>200 FL</b>	2:47.49	3:12.99
	1:12.09	<b>100 IM</b>	1:14.49	
2:54.49	2:33.49	<b>200 IM</b>	2:39.49	3:02.99
6:17.99	5:36.69	<b>400 IM</b>	5:45.99	6:31.69



**New England Age Group Championship**  
Qualifying Times for Long Course 2004

Note: The coaches present at the NE Swimming Annual Meeting made a recommendation to have their elected coaches representatives indicate to the NE Swimming Board of Directors their desire to see the 8 & under Age Group added back, as a separate Age Group, into this years Long Course Championship Meet. That recommendation will be discussed at the June 7th Board meeting. IF this recommendation is passed by the Board of Directors, these Time Standards will be in effect for this years Long Course Championship.

Women		8 & Under	Men	
LCM	SCY	EVENTS	SCY	LCM
		<b>25 FR</b>		
46.29	46.99	<b>50 FR</b>	48.99	47.29
1:47.69	1:47.99	<b>100 FR</b>	1:49.49	1:51.99
		<b>25 BK</b>		
55.49	54.99	<b>50 BK</b>	57.99	1:01.69
		<b>25 BR</b>		
1:04.89	1:02.99	<b>50 BR</b>	1:05.99	1:06.19
		<b>25 FL</b>		
1:03.49	57.99	<b>50 FL</b>	1:09.19	1:14.29
		<b>100 IM</b>		
4:29.99		<b>200 IM</b>		4:29.99

Girls		9-10	Boys	
LCM	SCY	EVENTS	SCY	LCM
37.29	32.19	<b>50 FR</b>	33.09	39.29
1:22.59	1:11.49	<b>100 FR</b>	1:14.49	1:28.49
2:59.49	2:36.49	<b>200 FR</b>	2:43.99	3:09.49
6:25.09	7:10.89	<b>400/500</b>	7:10.89	6:34.99
44.69	37.89	<b>50 BK</b>	39.69	47.09
1:36.39	1:22.09	<b>100 BK</b>	1:28.19	1:44.69
50.19	43.59	<b>50 BR</b>	46.59	54.19
1:47.89	1:34.59	<b>100 BR</b>	1:43.79	1:58.59
43.99	37.19	<b>50 FL</b>	40.39	47.09
1:45.99	1:29.39	<b>100 FL</b>	1:39.99	1:49.49
	1:22.09	<b>100 IM</b>	1:25.79	
3:23.29	3:00.19	<b>200 IM</b>	3:15.19	3:39.99

Girls		11-12	Boys	
LCM	SCY	EVENTS	SCY	LCM
32.29	28.29	<b>50 FR</b>	29.09	33.19
1:10.99	1:02.09	<b>100 FR</b>	1:03.99	1:12.99
2:33.19	2:15.09	<b>200 FR</b>	2:19.29	2:36.99
5:20.89	6:03.99	<b>400/500</b>	6:12.29	5:39.99
11:36.59	13:00.49	<b>800/1000</b>	13:00.49	11:36.59
21:47.19	22:30.49	<b>1500/1650</b>	22:30.49	21:47.19
38.19	33.59	<b>50 BK</b>	34.79	40.49
1:21.19	1:11.59	<b>100 BK</b>	1:14.99	1:25.99
2:57.69	2:38.19	<b>200 BK</b>	2:48.49	3:10.79
42.49	37.59	<b>50 BR</b>	38.29	45.99
1:33.99	1:20.99	<b>100 BR</b>	1:24.99	1:40.89
3:22.69	2:57.49	<b>200 BR</b>	3:09.29	3:34.39
36.19	31.99	<b>50 FL</b>	33.39	38.29
1:21.59	1:12.99	<b>100 FL</b>	1:17.59	1:31.59
3:12.49	2:46.99	<b>200 FL</b>	2:46.99	3:12.49
	1:11.59	<b>100 IM</b>	1:13.99	
2:53.99	2:32.99	<b>200 IM</b>	2:38.99	3:02.49
6:17.49	5:36.19	<b>400 IM</b>	5:45.49	6:31.19

**2004 Long Course  
New England Open Championship  
Qualifying Times**

<b>Women</b>			<b>Men</b>	
<b>LCM</b>	<b>SCY</b>	<b>EVENTS</b>	<b>SCY</b>	<b>LCM</b>
30.19	26.49	<b>50 Free</b>	24.49	28.99
1:05.89	57.49	<b>100 Free</b>	53.99	1:02.29
2:23.19	2:03.99	<b>200 Free</b>	1:55.99	2:16.39
5:04.49	5:29.99	<b>400/500 Free</b>	5:15.99	4:52.99
10:32.09	11:34.09	<b>800/1000 Free</b>	11:30.99	10:20.09
19:50.29	19:25.99	<b>1500/1650 Free</b>	19:15.99	19:30.89
1:15.79	1:05.49	<b>100 Back</b>	1:00.99	1:15.49
2:45.49	2:21.09	<b>200 Back</b>	2:15.99	2:43.99
1:26.29	1:14.69	<b>100 Breast</b>	1:13.39	1:24.09
3:09.99	2:42.99	<b>200 Breast</b>	2:41.19	3:08.99
1:12.99	1:04.59	<b>100 Fly</b>	1:00.19	1:12.49
2:49.59	2:23.99	<b>200 Fly</b>	2:27.99	2:48.99
2:44.59	2:19.99	<b>200 IM</b>	2:12.99	2:35.99
5:49.99	4:55.69	<b>400 IM</b>	4:43.49	5:46.09

## Wednesday, August 11, 2004

### Morning Prelim Session: 13-14 and 15-18

Warm-up: 7:00 am		Prelims: 8:30 am	
Girls	QT	Event	Boys
7	1:04.89	13-14 100 Free	8
9	1:04.39	15-18 100 Free	10
17	1:24.89	13-14 100 Breast	18
19	1:22.59	15-18 100 Breast	20
21	2:37.39	13-14 200 Fly	22
23	2:31.59	15-18 200 Fly	24
3*	9:54.59	13-14 800 Free	4*
13*	9:48.39	15-18 800 Free	14*

### Morning Prelim Session: 10 & Unders and 11-12

Warm-up: 8:30 am		Prelims: 9:30 am	
Girls	QT	Event	Boys
1	2:47.39	11-12 200 Back	2
31	1:15.29	10 & U 100 free	32
5	1:06.79	11-12 100 Free	6
33	45.59	10 & U 50 Breast	34
11	39.69	11-12 50 Breast	12
35	1:30.49	10 & U 100 Fly	36
19	1:15.49	11-12 100 Fly	20
37	No QT	10&U 400 R-Medley	38

### Finals Session: 11-12, 13-14, 15-18

Warm-up: 4:30 pm		Finals: 6:00 pm	
Girls	Event	Boys	Event
1	11-12 200 Back	2	11-12 200 Back
3*	13-14 800 Free	4*	13-14 800 Free
5	11-12 100 Free	6	11-12 100 Free
7	13-14 100 Free	8	13-14 100 Free
9	15-18 100 Free	10	15-18 100 Free
11	11-12 50 Breast	12	11-12 50 Breast
13*	15-18 800 Free	14*	15-18 800 Free
15	13-14 100 Breast	16	13-14 100 Breast
17	15-18 100 Breast	18	15-18 100 Breast
19	11-12 100 Fly	20	11-12 100 Fly
21	13-14 200 Fly	22	13-14 200 Fly
23	15-18 200 Fly	24	15-18 200 Fly
25	11-12 200 R-Free	26	11-12 200 R-Free
27	13-14 400 R-Free	28	13-14 400 R-Free
29	15-18 400 R-Free	30	15-18 400 R-Free

\* The fastest heat (top 8) of each 800 Free will be swum at finals.  
All other heats of the 800 Free will be swum fastest to slowest, alternating girls and boys and age groups (i.e., 13-14 girls, 13-14 boys, 15-18 girls, 15-18 boys), as the last event in the preliminaries

following the 200 Fly. All entrants for the 800 will be required to declare, to the Meet Director, their intention to swim the event prior to the conclusion of the preliminary warm-up.

## Thursday, August 12, 2004

### Morning Prelim Session: 13-14 and 15-18

Warm-up: 7:00 am		Prelims: 8:30 am	
Girls	QT	Event	Boys
41	2:38.59	13-14 200 Back	42
45	2:35.49	15-18 200 Back	46
49	2:18.99	13-14 200 Free	50
51	2:16.99	15-18 200 Free	52
55	5:38.19	13-14 400 IM	56
57	5:30.49	15-18 400 IM	58

### Morning Prelim Session: 10 & Unders and 11-12

Warm-up: 8:30 am		Prelims: 9:30 am	
Girls	QT	Event	Boys
39	1:17.69	11-12 100 Back	40
65	1:27.19	10&U 100 Back	66
43	3:08.19	11-12 200 Breast	44
67	2:44.69	10&U 200 Free	68
47	2:25.39	11-12 200 Free	48
69	38.19	10&U 50 Fly	70
53	33.29	11-12 50 Fly	54
71	No QT	10 & U 200 Free Relay	72

### Finals Session: 11-12, 13-14, 15-18

Warm-up: 4:30 pm		Finals: 6:00 pm	
Girls	Event	Boys	Event
39	11-12 100 Back	40	11-12 100 Back
41	13-14 200 Back	42	13-14 200 Back
43	11-12 200 Breast	44	11-12 200 Breast
45	15-18 200 Back	46	15-18 200 Back
47	11-12 200 Free	48	11-12 200 Free
49	13-14 200 Free	50	13-14 200 Free
51	15-18 200 Free	52	15-18 200 Free
53	11-12 50 Fly	54	11-12 50 Fly
55	13-14 400 IM		13-14 400 IM
57	15-18 400 IM		15-18 400 IM
59	11-12 400 R-Medley	60	11-12 400 R-Medley
61	13-14 200 R-Medley	62	13-14 200 R-Medley
63	15-18 200 R-Medley	64	15-18 200 R-Medley

## Friday, August 13, 2004

Morning Prelim Session: 13-14 and 15-18				
Warm-up: 7:00 am			Prelims: 8:30 am	
Girls	QT	Event	QT	Boys
73	1:14.19	13-14 100 Back	1:10.49	74
75	1:12.69	15-18 100 Back	1:06.69	76
79	4:52.69	13-14 400 Free	4:40.69	80
81	4:46.99	15-18 400 Free	4:28.89	82
85	3:00.79	13-14 200 Breast	2:51.49	86
87	2:56.29	15-18 200 Breast	2:39.79	88
91	1:12.29	13-14 100 Fly	1:08.19	92
93	1:09.89	15-18 100 Fly	1:03.69	94

Morning Prelim Session: 10:U and 11-12				
Warm-up: 8:30 am			Prelims: 9:30 am	
Girls	QT	Event	QT	Boys
101	40.29	10&U 50 Back	40.29	102
77	35.89	11-12 50 Back	35.89	78
103	5:40.89	10 & U 400 Free	5:40.89	104
83*	5:04.69	11-12 400 Free	5:04.69	84*
105	1:38.79	10&U 100 Breast	1:38.79	106
89	1:27.29	11-12 100 Breast	1:27.29	90
107	No QT	10&U 200 Medley Relay	No QT	108

Finals Session: 11-12, 13-14, 15-18				
Warm-up: 4:30 pm			Finals: 6:00 pm	
Girls	Event	Boys		
73	13-14 100 Back	74		
75	15-18 100 Back	76		
77	11-12 50 Back	78		
79	13-14 400 Free	80		
81	15-18 400 Free	82		
83*	11-12 400 Free	84		
85	13-14 200 Breast	86		
87	15-18 200 Breast	88		
89	11-12 100 Breast	90		
91	13-14 100 Fly	92		
93	15-18 100 Fly	94		
95	11-12 400 R-Free	96		
97	13-14 200 R-Free	98		
99	15-18 200 R-Free	100		

\* The fastest heat (top 8) of the 11-12 400 Free will be swum at finals. All other heats of the 11-12 400 Free will be swum in preliminaries.

## Saturday, August 14, 2004

Morning Session: 13-14 and 15-18				
Warm-up: 7:00 am			Prelims: 8:30 am	
Girls	QT	Event	QT	Boys
111	2:37.99	13-14 200 IM	2:30.79	112
113	2:35.89	15-18 200 IM	2:24.59	114
119	29.69	13-14 50 Free	28.09	120
121	29.69	15-18 50 Free	26.99	122
117*	19:11.49	13-14 1500 Free	18:37.09	118*
125*	18:46.09	15-18 1500 Free	17:46.09	126*

Morning Prelim Session: 10 & U and 11-12				
Warm-up: 8:30 am			Prelims: 9:30 am	
Girls	QT	Event	QT	Boys
109	2:44.39	11-12 200 Fly	2:44.39	110
133	3:03.59	10&U 200 IM	3:03.59	134
115	2:44.19	11-12 200 IM	2:44.19	116
135	33.89	10&U 50 Free	33.89	136
123	30.59	11-12 50 Free	30.59	124
137	No QT	10&U 400 Free Relay	No QT	138

Finals Session: 11-12, 13-14, 15-18				
Warm-up: 4:30 pm			Finals: 6:00 pm	
Girls	Event	Boys		
109	11-12 200 Fly	110		
111	13-14 200 IM	112		
113	15-18 200 IM	114		
115	11-12 200 IM	116		
117*	13-14 1500 Free	118*		
119	13-14 50 Free	120		
121	15-18 50 Free	122		
123	11-12 50 Free	124		
125*	15-18 1500 Free	126*		
127	11-12 200 R-Medley	128		
129	13-14 400 R-Medley	130		
131	15-18 400 R-Medley	132		

\* The fastest heat (top 8) of each 1500 Free will be swum at finals. All other heats of the 1500 Free swum fastest to slowest, alternating girls and boys and age groups (i.e., 13-14 girls, 13-14 boys, 15-18 girls, 15-18 boys). As the last event in the preliminaries. Following the 50 Free. All entrants for the 1500 Free will be required to declare, to the Meet Referee, their intention to swim the 6 PM Friday evening.

**BY-LAW CHANGE:**

At the Annual Meeting of the House of Delegates of New England Swimming on May 1, 2004, the following amendment to the New England Swimming By-laws was made:

**2.2.3. CLUB SAFETY COORDINATOR**—Each Club Member shall appoint an Active Individual Member **or Coach Member** to be a Club Safety Coordinator. The Club Safety Coordinator shall be responsible for disseminating safety education information received from USS and NESI to the Club Member's athletes, coaches and other members and shall make recommendations to the Club Member concerning safety policy and its implementation. The Club Safety Coordinator shall make any reports requested by NESI's Safety Coordinator.

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**ENTERING MEETS:** Some teams running meets have reported that there is some confusion about entering meets. Once a team has sent a meet entry via e-mail, the team must mail the check and a hard copy of the entry so that the team running the meet receives it within 4 days. If the check and hard copy are not received within this time frame, the team running the meet does not have to accept the entry. Teams entering meets may update times up until one week before the meet. They may not change the original entry in any other manner, either by adding swimmers or events or by deleting swimmers or events. If you wish to add swimmers or events, check to see if the team running the meet has space and is willing to accept an additional entry. However, this additional entry may not replace any swimmers or events on the original entry.  
+++++

\* \*\*\*\*\* \*  
\* **NEW ENGLAND SWIMMING OFFICE:** MARY RIDDELL \*  
\* 20 Cleveland Road \*  
\* Needham, MA 02492-3006 \*  
\* 781-449-0270 \*  
\* FAX: 781-449-7903 \*  
\* e-mail: office@neswim.com \*  
\* Web site: www.neswim.com \*  
\* **OFFICE HOURS:** Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m. \*  
\* Thursday: 8 a.m.--2 p.m. \*  
\* \*\*\*\*\* \*

The New England Swimming Office will be closed from Saturday, May 15, 2004 through Sunday, May 23, 2004. It also will be closed from Friday, June 4, 2004 through Monday, June 7, 2004.

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**DATES TO REMEMBER:**

June 1: Deadline for Junior Coach Representative Applications

June 1: Deadline for Bids for Short Course Meets

June 19: Safety Training for Swim Coaches, Milford, NH

Complete information concerning the above is included in the April Newsletter Plus. If you need further information, contact the New England Office.

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**NEWSLETTER PLUS SUBSCRIPTIONS:** Newsletter Plus subscriptions are sent to two members of each team—the club contact and the safety coordinators. Subscriptions are available to other members of the New England Swimming community for \$10 per year. Please send your check to the New England Swimming Office, 20 Cleveland Road, Needham, MA 02492.



**United States Swimming  
New England**

20 Cleveland Road Needham, MA 02492-3006

FIRST CLASS



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

JUNE/JULY 2004

**IN THIS ISSUE:** NEW ENGLAND SHORT COURSE CALENDAR;  
ZONE INFORMATION, APPLICATIONS, TIME  
STANDARDS; CLUBS ATTENDING ANNUAL  
MEETING; SENIOR and AGE GROUP SWIMMING  
COMMITTEES; CAMERA CELL PHONE POLICY;  
GUIDELINES FOR MARSHALS; PACE MAKING  
DEVICES POLICY....

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**CONGRATULATIONS** to the new **JUNIOR ATHLETE REP, RAY GRANT (SSA)**  
Who was selected at the June Board Meeting.

**CONGRATULATIONS** to the new at-large **BOARD MEMBERS** who were  
Approved at the June Board Meeting:

**MARIELLA ALLARD**  
**BILL GEARY**  
**PAM WARNER**

**EV CROSSCUP**  
**KEVIN TYRRELL**

**THANK YOU TO BRUCE MOHL and FRED CATALANO** who have left the  
Board after many years of service. We appreciate all your contributions!

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**NEW SAFETY POLICY:** The Safety Committee of USA Swimming has issued a new  
policy concerning camera cell phones. "NO camera cell phones shall be allowed into  
locker rooms." This new policy will be included in all New England meet invitations and  
will be strictly enforced.

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**TWELVE and under CHAMPIONSHIPS:** Please note that at the present time all road  
closings and travel restrictions in connection with the Democratic Convention will go  
into effect on July 26, 2004 which will be the Monday after the twelve and under meet.

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The Board of New England Swimming will meet on Tuesday, July 20, 2004 at 7 pm at  
the Wellesley Community Center, Wellesley, MA. Please note that this is a different  
date from the one that was originally announced.

**USA SWIMMING  
RULES & REGULATIONS COMMITTEE**

**AMENDMENT TO RULES TO CONFORM  
TO FINA RULES**

*Effective June 5, 2004*

**BACKGROUND REGARDING PACE MAKING DEVICES**

FINA has recently determined that certain wearable radio receivers that have recently been brought to market are not permitted. These devices, designed to be worn by swimmers in the water, can transmit information from a coach or someone else on deck. FINA rule SW 10.15 with language prohibiting pace making is the basis for this FINA determination. The Rules & Regulations Committee has conformed our rules to those of FINA.

**102.10 DISQUALIFICATIONS**

- .10 No swimmer is permitted to wear or use any device or substance to help his/her speed, pace or buoyancy during a race. Goggles may be worn, and rubdown oil applied if not considered excessive by the Referee.

**INTERPRETATION**

The official interpretation of 102.10.10 as amended to conform to FINA rule SW 10.15 is that no mechanical or electronic device than can convey pace or speed may be worn in competition.

**AUTHORITY**

Article 510.1 states in part that "the Rules & Regulations Committee may alter, amend or repeal any portion of Part One at any time to conform to the rules of the Federation Internationale de Natation Amateur (FINA)."

The USA Swimming Rules & Regulations Committee approved the change to USA Swimming 102.10.10 and the interpretation, both shown above, on June 5, 2004, effective immediately.

Attested to:

  
\_\_\_\_\_  
Don Hart, Chairman, Rules & Regulations Committee



**2004—2005 SHORT COURSE CALENDAR, NEW ENGLAND SWIMMING:**

- Sept. 14—19: USA Swimming Convention, Orlando, FL
- Oct. 3: NWSC Relay Carnival, Haverhill (MA) High School  
Joe Opolski, 978-373-6408
- Oct. 9: NSSC Distance Meet, Salem (MA) State College  
Dan Warner, 978-283-4456
- Oct. 10: GMSC Distance Meet, Mount Wachusett Community College, Gardner, MA. John Evans, 978-632-7480
- Oct. 10—11: SCA Team Specialty Meet, University of Massachusetts, Dartmouth, MA  
Dave Ponte, 508-984-1676
- Oct. 16: PVAC Pentathlon, Springfield (MA) College  
Jane Woodward, 413-567-6962
- Oct. 16: CUDA 12 and under Specialty Meet, Haverhill (MA) High School  
Matt Forrest, 603-382-3031
- Oct. 15—17: NSSC Team Specialty Meet, Salem (MA) State College  
Dan Warner, 978-283-4456
- Oct. 24: Top Ten Banquet, Lenzi's, Dracut, MA  
New England Swimming Office, 781-449-0270
- Oct. 30—31: SSA Team Specialty Meet, University of New Hampshire, Durham, NH  
John Barbary, 603-742-9601
- Nov. 5—7: NCAC Team Specialty Meet, Dartmouth College, Hanover, NH  
Mary Gentry, 802-295-8976
- Nov. 5—7: BGSC Team Specialty Meet, Wheaton College, Norton, MA  
Fran Tocci, 781-642-1234
- Nov. 12—14: MVP Team Specialty Meet, Greater Lawrence Technical School, Andover, MA. Caroline Castaldo, 978-682-5609
- Nov. 12—14: CCSC Team Specialty Meet, Mass Maritime Academy, Buzzards Bay, MA. Alan Sanders, 508-759-7107
- Nov. 13: GMA Pentathlon, St. Michael's College, Colchester, VT  
Laura Matuszak, 802-654-2881

- Nov. 14: NSSC Distance Meet, Salem (MA) State College  
Dan Warner, 978-283-4456
- Nov. 19—21: YNS Team Specialty Meet, Sterling Center, Beverly, MA  
Jim Piepenbrink, 617-638-6592
- Nov. 19—21: SEEK Team Specialty Meet, Seekonk (MA) High School  
Ray Grant, 508-336-9982
- Nov. 20: GMSC Distance Meet, Mount Wachusetts Community College, Gardner,  
MA. John Evans, 978-632-7480
- Nov. 21: GMSC Pentathlon, Mount Wachusetts Community College, Gardner  
MA. John Evans, 978-632-7480
- Nov. 27—28: SSA Team Specialty Meet, Phillips Exeter Academy, Exeter, NH  
John Barbary, 603-742-9601
- Dec. 3—5: SAC Team Specialty Meet, Keefe Technical High School, Framingham,  
MA. Daphne Foster, 508-655-8418
- Dec. 3—5 NCAC Team Specialty Meet, Dartmouth College, Hanover, NH  
Mary Gentry, 802-295-8976
- Dec. 9—12: NSSC Trials and Finals Meet, Massachusetts Institute of Technology,  
Cambridge, MA. Dan Warner, 978-283-4456
- Dec. 17—19: PVAC Trials and Finals Meet, Western New England College,  
Springfield, MA. Jane Woodward, 413-567-6962
- Dec. 18—19: EST Team Specialty Meet, Phillips Exeter Academy, Exeter, NH  
Barbara Eastman, 603-778-9086
- Jan. 7—9: NSSC Trials and Finals Meet, Salem (MA) State College  
(timed finals, 10 and under). Dan Warner, 978-283-4456
- Jan. 8—9: SSA Team Specialty Meet, University of New Hampshire, Durham, NH  
John Barbary, 603-742-9601
- Jan. 7—9 GMA Team Specialty Meet, St. Michael's College, Colchester, VT  
Laura Matuszak, 802-654-2881
- Jan. 8—9: NWSC Team Specialty Meet, Haverhill (MA) High School  
Joe Opolski, 978-373-6408
- Jan. 8—9: SSYS Team Specialty, Massachusetts Institute of Technology, Cambridge,

MA. Darlene McGrath, 781-986-6803

Jan. 14—16: BAT Team Specialty Meet, Wheaton College, Norton, MA  
Ed Conde, 617-924-8572

Jan. 14—16: YNS Team Specialty Meet, Sterling Center, Beverly, MA  
Jim Piepenbrink, 617-638-6592

Jan. 14—16: CCSC Team Specialty Meet, Mass Maritime Academy, Buzzard Bay,  
MA. Alan Sanders, 508-759-7107

Jan. 15—16: EB "ABC" Meet, White Brook Middle School, Easthampton, MA  
Cheryl Fletcher, 413-527-6888

Jan. 16: NSSC Distance Meet, Salem (MA) State College  
Dan Warner, 978-283-4456

Jan. 22—23: CUDA Team Specialty Meet, Haverhill (MA) High School  
Matt Forrest, 603-382-3031

Jan. 22—23: GMSC Team Specialty Meet, Mount Wachusetts Community College,  
Gardner, MA. John Evans, 978-632-7480

Jan. 28—30: SAC Team Specialty Meet, Keefe Technical School, Framingham, MA  
Daphne Foster, 508-655-8418

Feb. 4—6: EB "C" Meet, White Brook Middle School, Easthampton, MA  
Cheryl Fletcher, 413-527-6888

Feb. 4—6: CCSC Team Specialty Meet, Mass Maritime Academy, Buzzards Bay,  
MA. Ruth Curry, 508-540-6950

Feb. 6: GMA Team Specialty Meet, St. Michael's College, Colchester, VT  
Laura Matuszak, 802-654-2881

Mar. 10—13: Speedo Championship Series (Sectionals), Long Island, NY

Apr. 1—6: USA Swimming Club Championships (Nationals)

NOTE: The New England "end of season" calendar will be announced shortly.

**Senior Swimming Committee**

The Senior Swimming Committee is being tasked with evaluating and recommending modifications to our present Senior Swimming program to the New England Swimming Board of Directors at its meeting in October 2004.

The following areas will be addressed:

- End of season schedule
- Senior meets during the year
- Facilities for Senior level meets
- Quadrennial plan

The committee is also being tasked with drafting an outline for the development of our Age Group program that will be presented and explained to a newly formed Age Group Swimming Committee. That Age Group Committee will be tasked with developing the particulars of meet structure and championships for our Age Group Program.

Committee Members:

Mike Parratto, Mike Spring, Don Lemieux, Joe Bernal, Josh Stern

**Age Group Swimming Committee**

The Age Group Swimming Committee is being tasked with evaluating and recommending modifications to our present Age Group Swimming program to the New England Swimming Board of Directors at its meeting in October 2004.

The following areas will be addressed:

- End of season schedule
- Age Group meets during the year
- Facilities for Age Group level meets
- Quadrennial plan
- 8 & under development

Committee Members:

Laura Matuszak, Amy Parratto, Matt Craven, Paul Bennett, Ron Zuwallack

**EASTERN ZONE ALL STAR SWIM MEET  
NEW ENGLAND SWIMMING**

**August 11-14, 2004**

**Erie Community College Flickinger Aquatic Center and University of Buffalo  
Alumni Arena Pool  
Buffalo, NY**

**New England Summer Long Course  
Zone Team Parent Information**

*To participate in the zone meet, New England swimmers must complete an application and submit it to the verification table at the 12 & Under meet at Harvard or the Open meet at Brown. Swimmers and parents may NOT enter the meet on their own. This is a New England Team Travel event.*

Meet Application for New England Swimmers (Adobe PDF)  
Time Standards (Adobe PDF)  
Order of Events (Adobe PDF)  
Official Meet Web Site

The New England Zone Team will travel to the meet as a team on

**Dates:** August 11-14, 2004 (Wednesday – Saturday)

**Location:** Erie Community College Flickinger Aquatics Center, Buffalo, NY for 13 and Over prelims and finals for 11-12, 13-14 and 15-18. University of Buffalo Alumni Arena Pool for 10 and Under timed finals and 11-12 prelims.

**Facilities:** Erie Community College Flickinger Aquatics Center, 21 Oak Street, Buffalo, NY 14203. The Flickinger Aquatics Center has an 8-lane 50-meter pool with a 5-lane 25-yard pool for warm-up and warm-down.  
University of Buffalo Alumni Arena Pool, North Campus, Amherst, NY, 14226. The Alumni Arena Pool has an 8-lane, 50-meter pool with a 20-yard diving pool for warm-up and warm-down.

**Warm-up:** Lanes will be assigned to each LSC. We are required to warm-up at our designated time in our designated lane. All swimmers participating in the session, including relays, are to swim in warm-up with the team or risk being scratched from the meet. Swimmers not participating in the session are to attend the entire session, providing great team spirit and support of the New England Team. All 11 and older swimmers will attend finals as a team.

**Practice time:** The pool will be open for team practices on Tuesday, August 10<sup>th</sup>. The New England practice time will be determined later. All New England team members will attend our practice session and warm-up as a team.

**Volunteer Responsibilities:** Each LSC is required to provide one official and two timers per session. All New England chaperones will be required to time or officiate at most of the sessions.

**Trials and Finals:** For all 11 and older swimmers, the top 8 swimmers from the preliminary sessions will be required to race in finals in the evening. All 10 and under events will be swum as timed finals. All 11 and older relays will be swum at finals at night. All 10 and under relays will be swum in the

morning session as timed finals.

**Meet Times:**

13 and older	7:00 a.m. warm-up	8:30 a.m. meet start
12 and under	8:30 a.m. warm-up	9:30 a.m. meet start
Finals	4:30 p.m. warm-up	6:00 p.m. meet start

**Programs and Admission:** Spectator admission is \$2.00 per session for both prelims and finals. All session passes will be available for \$12.00. Meet programs will be on sale for \$15.00. Final heat sheets will be available for \$2.00 each night.

**Parking:** Parking will be available in the college parking lots at the University of Buffalo. Parking will be available at various rates in large municipal lots adjacent to the Flickinger Aquatic Center.

**Swimmer Conduct:** Proper conduct at all times will be enforced by the coaches, chaperones, parents, meet marshals, and meet directors. Any swimmer found in marked out-of-bounds areas will be barred from the remainder of the meet. All trip rules and regulations will be set at the New England Zone Team Meeting prior to the trip. Swimmers who fail to abide by the trip rules will be subject to immediately dismissal from the trip at the full expense of the child's family.

**Team Hotel:**

Adam's Mark Hotel, Downtown Buffalo (10 minutes from the pool)  
1-800-367-7478 reserve under New England Zone Team Block  
30 double and king rooms at \$99.00

**PLEASE NOTE:**

This is a New England Team travel event. All swimmers, coaches and chaperones must travel together on the team busses to Buffalo. While in Buffalo, we will travel as a team to all preliminary sessions. All 11 and older swimmers will travel as a team to all finals sessions. All 10 and under swimmers will remain at the hotel with their chaperones after the preliminary sessions. Any swimmer who wishes to leave the meet with a parent must submit a written request to the coaches before the start of the trip. No swimmer will be allowed to leave the trip unless it is authorized by a New England coach and the swimmer's parents.

We will have a team meeting and practice at Springfield College. All specific dates and times will be notified via e-mail. All swimmers and parents must read the team trip policies, sign the code of conduct and attend the meeting at Springfield College.

Swimmers who wish to compete in the Eastern Zone Open Water Swimming Competition may do so at their own expense. New England Swimming will not be responsible for meet entry, staffing or supervision of any kind for this competition.

## GUIDELINES FOR MARSHALS

**Marshals must be current members of USA Swimming.**

**102.18 MARSHALS**—Shall wear identifying attire and enforce warm-up procedures and maintain order in the swimming venue for the entire meet. The marshal shall have full authority to warn or order to cease and desist, and, with the concurrence of the Referee, to remove, or have removed from the swimming venue anyone behaving in an unsafe manner or using profane or abusive language, or whose actions are disrupting the orderly conduct of the meet.

### **Responsibilities of Marshals include:**

Marshals should arrive at the swim venue at least fifteen (15) minutes prior to the beginning of warm-ups. They should check in with the referee to receive instructions, i.e. where they will be positioned, special safety concerns for the meet, etc

The head Marshal should have a whistle. Marshals should be easily identifiable by a distinctive article of attire (ie. hat, jacket, vest, etc.).

Warm-down areas must be marshaled throughout the meet.

Marshals must not leave the area until coverage is provided or until excused by the referee.

### **Marshals' duties include:**

Make sure swimmers behave in a safe manner (i.e. no running, abusive behavior, etc.).

During general warm-ups, make sure swimmers enter feet first from the starting end only and ease into the water. There should be **NO** entering from the opposite end or sides of the pool during warm-ups. **ABSOLUTELY NO DIVING!!!!**

Be alert to dangerously overcrowded warm-ups and alert the meet referee or manager.

Notify the coach of any swimmer who is behaving/acting in an unsafe manner.

Use appropriate language. **NO POWER TRIPS, PLEASE.**

Make sure lanes are cleared before sprint lanes begin.

Your role is to help maintain a safe environment. **Please, Pay Attention!**

## ATTENDANCE at the ANNUAL MEETING, May 1, 2004:

CLUBS that signed in on one of the attendance lists:

AAC	AMW	ANA	ATST	BAT	BGCP
BGSC	BOSS	BSSC	BYB	BYD	CCBS
CCSC	CCYM	CLBC	CONY	CUDA	EB
ESC	EST	FINS	GBSC	GMA	GMSC
GTRS	HAY	HHS	HRV	HVY	KING
LRW	MAG	MASA	MD	MELY	MMY
MTSC	MVP	MYSD	MYT	NASY	NBST
NCAC	NSSC	NWSC	ORO	PAC	PSC
PST	PWSC	RAMS	RAVS	RCSC	SAC
SCA	SEEK	SNAP	SSA	SSYS	TNT
WAC	WBD	WEST	WW	WYST	YNS

The following clubs signed in at the MEET MANAGERS MEETING:

AAC	ANA	BAT	BGSC	CCBS	CCSC
CUDA	EB	EST	GMA	GMSC	HRV
MAG	MASA	NCAC	NSSC	NWSC	ORO
PWSC	SAC	SCA	SEEK	SSA	YNS

If a team was represented at the Annual Meeting and/or the Meet Managers' Meeting, and is not listed, please notify the office immediately.


**United States Swimming  
New England**

20 Cleveland Road Needham, MA 02492-3006

FIRST CLASS





# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

AUGUST 2004

**IN THIS ISSUE:** NEW ENGLAND SC CALENDAR UPDATE;  
NEW ENGLAND BOARD MEMBERS LIST;  
NE 12 and under AGE GROUP HIGH POINT  
WINNERS; REGISTRATION INFORMATION;  
UPDATED COURSES FOR COACHES; MEET  
MANAGERS MEETING; 'GOLDEN GOGGLES'  
AWARDS.....

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## MEET MANAGERS MEETING

Although the Annual Meeting information listed the Meet Managers Meeting as mandatory for all teams expecting to run a New England sanctioned meet during long course or short course, several teams did not attend. At the last Board Meeting, the Board voted to offer the course a second time, Tuesday, October 12, 2004 at 5:30 pm at the Wellesley Community Center, Wellesley, MA. If your team is planning to run a calendar meet or an invitational meet during the short course season, a representative of the team must attend the meeting if no one attended in May. **Teams that have not attended one of the two meetings will not receive a sanction for either a calendar meet or an invitational meet!**

The following clubs are listed as having attended the meeting in May:

AAC, ANA, BAT, BGSC, CCBS, CCSC, CUDA, EB, EST, GMA, GMSC, HRY,  
MASA, NCAC, NSSC, NWSC, ORO, PWSC, SAC, SCA, SEEK, SSA, YNS.

**The New England Swimming Office will be closed from Thursday August 5, 2004 through Monday, August 9, 2004.**

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The Board of New England Swimming will meet on Tuesday, October 12, 2004 at 7 pm at the Wellesley Community Center, Wellesley, MA. There will be a Meet Manager's Meeting at 5:30 pm at the Wellesley Community Center, Wellesley, MA.

## **HELP WANTED**

**CENTRAL VERMONT WAVEMAKERS** are looking for a qualified Swim Coach. We are a small team of approximately 60 kids in the Central Vermont Area. Our home pool is at Norwich University and practice is 4 nights a week. Please contact Mike Lynch, Team Manager, at [mikelynych777@aol.com](mailto:mikelynych777@aol.com) or call 802-229-9816 after 5 pm. Resumes and references are required.

**ASSISTANT COACH** wanted for large competitive YMCA swim team program ages 5—18. Must be mature, responsible adult with previous swimming or coaching experience. Should be certified in CPR and First Aid. Lifeguard and ASCA certification a plus. Includes nights and weekends. The team currently consists of approximately 110 members with a strong parent support group. The individual must demonstrate strong communication, organizational, and leadership skills, and be able to work with volunteers. Please send resume to: Westfield YMCA, 67 Court Street, Westfield, MA 01085, attn: Laura Johnson or email [ljohnson@westfieldymca.org](mailto:ljohnson@westfieldymca.org).

**PART TIME ASSISTANT SWIM TEAM COACH** needed for our fast growing, successful USA Swim Team. Interested candidates must be energetic, responsible, and available afternoons, early evenings, and some weekends, 10—15 hours per week. Experience in competitive swimming preferred. Send applications and resumes to [douellette@executivehealthclub.com](mailto:douellette@executivehealthclub.com) or mail to the Executive Health and Sports Center, One Highlander Way, Manchester, NH 03103.

**CUDAS NEED AGE GROUP COACHES:** The New England Barracudas are in search of age group coaches for their program in Weston, MA. Coaches should possess age group coaching experience, or a combination of swimming and teaching experience. Prospective applicants should have a desire to take on a wide range of team commitments both on the pool deck and off. The age group coaches' salary will be commensurate with experience and will depend on the number of days available to work. The New England Barracudas are a wholly coach-owned team that offers coaches bonuses and incentives according to their coaching performance. For further information or to set up an interview, contact Reid Christen at (781) 894-2261 or email to: [nebarracudas@rcn.com](mailto:nebarracudas@rcn.com).

**NEWSLETTER PLUS SUBSCRIPTIONS:** Subscriptions are sent to two members of each team—the club contact and the safety coordinator. Subscriptions are available to other members of the New England Swimming community for \$10 per year. Please send your check to the New England Swimming Office, 20 Cleveland Road, Needham, MA 02492.

**UPDATED SHORT COURSE NEW ENGLAND CALENDAR:****Feb. 11—13 REGIONAL MEETS:**

ABF Attleboro High School, Attleboro, MA  
Paul Mangili, 508-761-8992  
BGSC Wheaton College, Norton, MA  
Fran Tocci, 781-642-1082  
NCAC Dartmouth College, Hanover, NH  
Mary Gentry, 802-295-8976  
SEEK Seekonk High School, Seekonk, MA  
Ray Grant, 508-336-9982

Feb. 17—20 12 and under AGE GROUPS, NSSC, Salem State College, Salem, MA  
Dan Warner, 978-283-4456

Feb. 24—27 New England Seniors: No written bid received.

Mar. 3—6 New England Open Championships, NSSC, MIT, Cambridge, MA  
Dan Warner, 978-283-4456

Mar. 10—13 Speedo Championship Series (Sectionals), Long Island, NY

NOTE: The Senior Committee and Age Group Committee will be reporting to the Board on October 12. Following their recommendations, there may be some changes in the formats of the various end of season meets, although we expect the dates and sites to remain the same

**GOLDEN GOGGLE AWARDS:**

A few months ago, USA Swimming announced plans for the first-ever Golden Goggle Awards to be held this November 15 in the Hammerstein Ballroom in Manhattan. This black-tie, formal event will be held under the auspices of the USA Swimming Foundation, the organization's fundraising arm. The "Golden Goggles" will celebrate our swimmers' 2004 accomplishments as well as raise money for the foundation. The entire 2004 U.S. Olympic Swim Team will be invited to the event as guest of USA Swimming Foundation.

Tables, which seat eight guests, are available for purchase at \$8,000 each. Half tables and individual seats are also available on a limited basis. Each table will be hosted by an Olympic athlete or Coach. To purchase a table, contact Rowdy Gaines at (719) 866-3613 or by email at [rgaines@usaswimming.org](mailto:rgaines@usaswimming.org).

**NEW ENGLAND SWIMMING 12 and under CHAMPIONSHIPS, July 22—25, 2004**

**CONGRATULATIONS** to all the swimmers who took part in the 12 and under championships and to the High Point Winners:

**10 and under:**

1. EVA FABIAN	GTRS	1. MATTHEW TYNAN	PSC
2. RACHEL MOORE	ANA	2. RYAN FORTIN	ANA
3. LYDIA AZARET	MAG	3. JEFFREY LALIBERTE	PAC
4. OLIVIA MABREY	MTSC	4. PETER FALLON	NSSC
5. KATIE MORIN	MAG	5. LORENZO CONTE	MAG
6. MONICA PATTERSON	ANA	6. BRYAN WALCKER	ANA
7. KELSEY EWING	MST	7. RYAN DEAN	HRV
8. MARY KEOUGH	SAC	8. EVAN SHOLUDKO	AAC

**11 and 12:**

1. KAIA SIMMONS	BOSS	1. CONOR SWANSON	MAG
2. SILIANG LUO	RAMS	2. JEFFREY THOMAS	BOSS
3. CELIA LEWIS	MAG	3. LUCA SPINAZZOLA	BOSS
4. SARA LI	MTSC	4. ROY SUNG	SAC
5. ERIN BRADY	CUDA	5. CONOR MCAULIFFE	MAG
6. ELIZABETH ROUNDS	MAG	6. CURTIS HON	H2O
7. RACHEL FLINN	WAYS	7. TAYLOR GREY	GMA
8. KENDRA CHENG	HAY	8. DIMOS SKANDALIS	BGSC

**Team High Point:**

1. Magnus Aquatic Group
2. Andover/North Andover Hurricanes
3. Bay and Ocean State Squids
4. YMCA of the Northshore Sharks
5. Adirondack Aquatic Club
6. Seacoast Swimming Association
7. Bernal's Gator Swim Club
8. Shawmut Aquatic Club

THANK YOU to BOSS and Meet Manager Tim Murphy for hosting the meet. Thank you to the referee, Priscilla Davis and to all the parents who worked behind the scenes and as officials and timers. We could not do it without you!



1 Olympic Plaza  
Colorado Springs, CO  
80909-5770

o 719.866.4578  
f 719.866.4669

usaswimming.org

## MEMORANDUM

DATE: July 13, 2004

TO: LSC Registration/Membership Chairs

FROM: Mary Illich, Member Services

SUBJ: Club website address in SWIMS

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In about 3 weeks a new feature will be unveiled on the USA Swimming website. Link City as it appears now will go away. Instead, when a user does a Club Search...the results will also have a link to "Club Portal." When club portal is clicked the next page will show the club's address and list of coaches attached to that club. If a club has their own website, the link will also appear on this page and a user will be able to click on the link to access the club's website. In order for the correct club website address to appear on this page, the website address has to be entered into the SWIMS club database in the "Website:" field in a specific manner. For instance, The Dolphins have a site..it is:  
<http://www.dolphinsswimteam.org>. The address must be entered in the field exactly like this..not as "www.dolphinsswimteam.org" or not as just "dolphinsswimteam.org"...You must include the "http://www." ...before the address. There are a few exceptions..some links do not use the www. in the address. In these cases you will enter it as  
<http://swimtucson.usswim.net>

We bring this to your attention now because many LSCs create their own club membership application form. Therefore, each application will need to request the club's website address (if they have one) for the address to be entered into SWIMS by the **LSC registration chair**. There will be no other way for the club's website to be added/linked from USA Swimming's website other than through this feature.

Currently there are very many club links on our website listed under each state. I will attempt to add as many of these links to SWIMS club database files as I can. In the event time is drawing near for the new feature to be unveiled I may e-mail those LSCs who still need to be listed in SWIMS and ask for your help.

As I mentioned above Club Search will have some very exciting new features for our members. Club Portal is actually an individual webpage in itself for each club. The club will appoint a "club administrator" to enter the information to the club's site. This will be password protected so that only one person has the access to update/add/edit the page. There will be a page on the club's site for "announcements", "upcoming meets", "practice schedules", "meet results", and "facilities."

Besides the Club Portal link that will appear in the club search there also will be a link called "Map to Pools Used." This information will be entered through the Club Profile section. One of the main features of this will be that we are looking to create an inventory of all pools in the country (a very daunting task, but one that is becoming increasingly important). The mapping project is being developed by Tom Avischious and Club Development.

If you have any questions regarding entering the club website addresses into SWIMS e-mail Mary Illich at: [millich@usaswimming.org](mailto:millich@usaswimming.org).

As always...thank you for all your help!

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REGISTRATION: The year is not much more than half over, but it is not too early to be thinking about the 2005 registration year.

1. Fees for all categories of USA Swimming and New England Swimming membership will remain the same. USA Swimming fees have been raised \$1, but New England Swimming fees have been reduced \$1 so that there will be no increase for 2005.
  2. In mid-August the current contact person for all clubs will receive the preliminary information form for the year 2005. No clubs will be sent registration information and forms without completing the preliminary form. In addition to the web site information as discussed above, the form will ask for the following contacts for 2005: team contact, head coach, registration chair, officials contact, and athlete contact. Please be prepared to return the completed form in a timely fashion.
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* ***** *
* NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL *
*                               20 Cleveland Road *
*                               Needham, MA 02492-3006 *
*                               781-449-0270 *
*                               FAX: 781-449-7903 *
*                               e-mail: office@neswim.com *
*                               Web site: www.neswim.com *
* OFFICE HOURS: Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m. *
*                Thursday: 8 a.m.--2 p.m. *
* ***** *
```

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EVERETT CROSSCUP, At Large  
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OTHER COORDINATORS and CHAIRMEN:

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AMY PARRATTO, LSC and USA Swimming Camps  
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603-749-2869; [parratto@seacoastswimming.com](mailto:parratto@seacoastswimming.com)

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CAROL HEALEY, Treasurer  
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KATHY OATES-DACEY, Secretary  
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RAY J GRANT, Junior Athlete Representative  
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## UNITED STATES SWIMMING NUMBERS:

## UNITED STATES SWIMMING

One Olympic Plaza, Colorado Springs, CO 80909

719-866-4578 (O); 719-866-4761 (fax)

## RISK MANAGEMENT SERVICES, INC.

PO Box 32712, Phoenix, AZ 85064-2712

800-777-4930; 602-667-1822; 602-274-9138 (fax); [sblumit@theriskpeople.com](mailto:sblumit@theriskpeople.com)

## COMMITTEES:

## REVIEW BOARD:

Priscilla Davis, chair

Bruce Mohl

Bill Geary

Jon Hurst

Thomas Bailey

## Alternates:

Ron Zuwallack

Jeff Johnson

## NOMINATING COMMITTEE:

Ev Crosscup

Bruce Mohl

Paul Mangili

Mike Parratto

Scott Doty

## TECHNICAL COMMITTEE:

Dan Warner, chair

Bob Gauvin

Chuck Batchelor

Amy Parratto

Mike Parratto

Laura Matuszak

Priscilla Davis

Mariella Allard

Thomas Bailey

## WEB SITE DEVELOPMENT

Harold Whitney, chair

John Barbary

Mary Gentry

Walt Meissner

Dan Warner

Rick Osterberg, ex officio

Mary Riddell, ex officio

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Laura Matuszak

Mike Parratto

Mary Riddell

Mariella Allard

Pam Warner

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Mike Parratto, Chair

Mike Spring

Don Lemieux

Josh Stern

Joe Bernal

## AGE GROUP COMMITTEE

Laura Matuszak, Chair

Amy Parratto

Matt Craven

Ron Zuwallack

Paul Bennett

**INFORMATION FOR SWIM COACHES:** Each year USA Swimming lists the courses which are acceptable for fulfilling the requirements to be a coach. The complete list will be sent to all teams in August. In the meantime, there are a few changes that you should know about as you make your plans to update your certifications.

1. All Infant/Child/Pediatric CPR and First Aid courses have been deleted from the list. These courses are for children under the age of six and are not applicable to the majority of our athlete members.
2. Many organizations are offering their CPR curriculum with an additional AED module and we will accept that if the COR course is already on the approved list. The card will list the name of the course with both COR and AED. If the only letters on the card are "AED," we cannot accept the card. For example, Adult CPR/AED is acceptable; Adult AED is not.
3. The American Heart Association is discontinuing their Heartsaver FACTS course. The replacement course, Heartsaver First Aid, is not acceptable.

**COACHES CLINIC:** The annual Boston Swim Coaches Clinic sponsored by Varsity Swim Shop will be held on September 24—26, 2004 at the Doubletree Hotel, Lowell, MA. Speakers will include Dave Salo, Irvine Novaquatics; Richard Shouldberg, Foxcatcher, Germantown; Guy Edson, ASCA.



**United States Swimming  
New England**

20 Cleveland Road Needham, MA 02492-3006

**FIRST CLASS**



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC. SEPTEMBER/OCTOBER 2004

**IN THIS ISSUE: OUTSTANDING SWIMMERS, TOP TEN SWIMMERS  
TOP TEN BANQUET, CLINIC WITH ERIK VENDT, NEW  
ENGLAND SWIMMERS OFF TO COLLEGE.....**

## **TOP TEN INFORMATION:**

**TOP TEN BANQUET:** All Top Ten Swimmers for both Long Course and Short Course are invited to attend the Top Ten Banquet at Lenzi's (formerly The Mill House) 810 Merrimack Avenue (Route 110), Dracut, MA on Sunday, October 24, 2004. The cost is \$17.50 per person. Those swimmers who are listed as **OUTSTANDING SWIMMERS** for either long course or short course and members of the Top Ten Committee are invited to be the guests of New England Swimming. All who plan to attend, **INCLUDING OUTSTANDING SWIMMERS**, must make reservations by Thursday, October 14, 2004. The doors will open at 10:30 am, and the meal will be served at 11:30 am, followed by the awards and the speaker, **ERIK VENDT**, long time New England Swimmer and 2004 Olympic Silver Medalist.

**IMPORTANT RESERVATION NOTE:** Since the office will be closed on October 15 through October 17, please do not leave a message about a late reservation either on the answering machine or email. Those reservations will not be accepted. Please call on Monday, October 18 after 7:30 pm. If there is room, your reservation will be accepted at that time.

**TOP TEN TIMES:** This year the Top Ten Times were compiled using The USA Swimming SWIMS program. SWIMS includes the results of all sanctioned meets that have been submitted to USA Swimming, New England Swimming or any other LSC. Observed times (college meets, high school meets, etc.) have been eliminated. Since the 8 and under age group is not included in SWIMS, those times were compiled by hand. Top Ten Times run from September 1 through August 31.

**OUTSTANDING SWIMMERS** are those who have accumulated the most points through their top ten standings. The scoring is as follows--12 points for first place in an event, 9 points for second place, 8 points for third place, down to 1 point for tenth place.

**TOP TEN BOOKS** will be sent to all New England teams as soon as they are ready. Books will be available for purchase at the banquet for \$2.50 for each season or by mail for \$3.00 each, including postage.

**DIRECTIONS:** Lenzi's (formerly The Mill House), 810 Merrimack Avenue (Route 110), Dracut, MA. From Route 93 take exit 46, Route 110 Dracut-Lowell. The restaurant is 3 1/2 miles on the right with the banquet entrance in the rear.

**ERIK VENDT CLINIC: APPLICATION & PARENTAL RELEASE FORM**

New England Swimming is pleased to be hosting a clinic featuring long time New England Swimmer and Olympic Silver Medalist Erik Vendt. The clinic will be sponsored by Ultimate Technique Swim Clinics and will be held at Brown University, Providence, RI on October 23, 2004 from 2 pm to 6 pm.

The clinic is open to all New England registered swimmers ages 9 through 18. All participants must submit an application and \$25 fee to be post marked by October 15, 2004. The camp is limited to 100 swimmers and registration will close when it is filled. If there is room, registration will be available at the door for \$30. If you miss the deadline and want to know if there is still room in the clinic, please do not leave a message either on the phone or email on October 15--17 since the office will be closed that weekend. Telephone calls will be accepted on Monday evening, October 18 (781-449-0270).

Parents and coaches are welcome to observe the clinic from the stands. Bottled water will be available for the swimmers, but if they would like to bring their own drink and/or a snack, they may. Don't forget a bathing suit, towel, and sweats!

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**APPLICATION & PARENTAL RELEASE FOR ERIK VENDT CLINIC:**

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_

CLUB: \_\_\_\_\_ COACH: \_\_\_\_\_

USA SWIMMING I D NUMBER: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_ EMAIL: \_\_\_\_\_

Please list any health considerations: \_\_\_\_\_

Any swimmer who attends the clinic will for him/herself, his/her heirs, executors and administrators, waive and release any and all rights and claims for damages he/she may have against USA Swimming, New England Swimming, Ultimate Technique Swim Clinics, Brown University, and Erik Vendt for any and all injuries suffered by him/her at said clinic.

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Parent or Guardian Signature

Please return to: New England Swimming, 20 Cleveland Road, Needham, MA 02492  
The application should include a \$25 check made out to New England Swimming.

# Ultimate Technique Swim Clinics™ & New England Swimming

*Gladly Present*

**Olympic Silver Medalist**

## Erik Vendt



**Saturday ♦ October 23, 2004 ♦ 2:00 p.m. to 6:00 p.m.**

**♦ Brown University Smith Swim Center♦**

**♦ CHECK-IN STARTS AT 1:30 p.m.♦**

### **This Clinic Is For All Swimmers!**

**If you are ages 9 and older and want help in the following areas:**

- ♦ All Four Strokes
- ♦ In-Water Demonstration
- ♦ Mental Preparation
- ♦ Life Choices
- ♦ Overcoming Adversity
- ♦ Dryland Training
- ♦ Find out How Erik Became an Olympic Medalist!

The clinic is only \$25 per swimmer if you pre-register by mail postmarked by **October 15<sup>th</sup>** or \$30 if you register after this date. The clinic will be limited to the first 100 swimmers registered and on site registration will only take place if openings are available. Each registered/paid swimmer will receive an autograph, a **Speedo** goodie bag with cool stuff from our sponsors including **an event swim cap**, clinic entry and group instruction from one of the best in the World!

**Make checks payable & mail with your completed application and parental release form to:**

New England Swimming  
20 Cleveland Road  
Needham, MA 02462  
Attn: Erik Vendt Clinic

**For more information call 781-449-0270 log onto [www.neswim.com](http://www.neswim.com) or e-mail at [office@neswim.com](mailto:office@neswim.com)**

**Space is limited to the first 100 swimmers!**

**For more info on Ultimate Technique Swim clinics visit us at  
<http://www.usaswimmer.com>**

**♦ Parents and Coaches Welcome Free! ♦**

**SPEEDO** 

**AURO-DRI**

## FUTURE PLANS OF NEW ENGLAND SWIMMING'S GRADUATING SENIORS:

During the final session of the New England Open Championship this summer, New England Swimming, represented by the athlete reps, Thomas Bailey and Ray Grant, honored the following graduating seniors who were present at the time.

AAC	Andrew Cronholm	Drew University
BGSC	Meg Miller	Wheaton College
	PJ Biggs	Princeton University
	Rich Gibbons	Loyola University
	Dee Devlin	University of Southern California
	Donna Rosenberg	Duke University
BOSS:	James Bailey	Harvard University
	Ben Bullitt	Williams College
	Katherine Curley	Middlebury College
	Lindsay Woodward	Miami of Ohio
	Sam Taylor	University of Pennsylvania
	Melissa Hambelton	Johns Hopkins
	Don Kimball	Japanese studies
	Christine Hooper	New York University
	Abby Reibman	University of Pennsylvania
	Elizabeth Chan	Simmons College
MAG	Marc Christian	Kenyon College
	Bridget McGowan	Sacred Heart
	Colleen McCann	University of Massachusetts/Amherst
	Kerry Kennedy	Villanova University
	P J Sullivan	University of Virginia
	Chad Swanson	East Carolina University
	Peter Gollands	Choate School
	Carol Green	Harvard University
	Allison Gray	Hartwick College
	Cherisa Friedlander	University of Rhode Island
CUDA	Eric Simpson	Northwestern
	Billy Rubenstein	Yale University
	Erica Stutius	University of Pennsylvania
NCAC	Emily Feleen	Kenyon College
NSSC	Nicole Taraverdian	Cornell University
	Craig Lewin	Boston College
NWSC	Colleen Cavanaugh	University of Connecticut
PAC	Nick Lake	Emory University
	Kristina Lamoreaux	University of Delaware
	Katelyn Brochu	Connecticut College
RAMS	Bradford Yates	Washington University
SAC	Sarah Kearns	University of Connecticut
	Meaghan Colling	Harvard University
	Caitlin Colling	Georgetown University

## Graduating Seniors (continued):

SSA	Andrew Boudreau Jake Smith Lindsay Snyder Caitlin Grant	George Washington New York University Central Connecticut State Colgate University
WW	AJ Vozella	University of Massachusetts/Amherst

The plans of the following graduating seniors have been reported to the office:

AAC	Leanne Bertrand David Estrada	Duquesne University Old Dominion University
BAT	Jessica Glynn Patti Tao Erin Stacy Kevin Sheridan Ryan Patch	McGill University Washington University University of Pittsburgh RPI Wheaton College
BGSC	Caroline Dowd Sarah Bargman Karen Gately	Yale University University of Pennsylvania University of North Carolina
CCSC:	Dillon Delaney Tobias Work Kelley Ockerbloom Liz McKay Chase Johnson	Brown University University of Florida Springfield College Wheaton College University of Massachusetts
CMC	Dave Katz Kerrie Kelley Nina Griffin Brian St. Denis	Columbia University Salve Regina Trinity Fairfield University
GMA	Benjamin Courtney	Norwich University
MAG	Sean Geary Carolyn Cody Pat O'Neill Stacy Lesneski Mary Cheffers	Clemson University College of Holy Cross undecided University of Maryland Princeton University
CUDA	Guillaume Delloue Erin Enis Kait Krems Allan Su Chis Leggett	University of New Hampshire Wellesley College Wesleyan University University of Pennsylvania American University
NCAC	Emily Chapman Jessica Hertford Christine Nichols	Dartmouth College University of Vermont Wellesley College
NSSC	Brendan Hunt Jared Bolotin Meredith Carpenter	Lemoine University of Massachusetts Stanford University

## Graduating Seniors (continued):

	Jenna Schair	Case Western Reserve
	Shannon Grove	Northeastern University
	Jillian Alex	Rice University
	Jessica Jorge	Middlebury College
NWSC	C K Mulenga	Salem State College
	Jill Schneider	University of Rhode Island
	Kiersten Lamoine	University of Massachusetts/Dartmouth
	Carolyn Odenwelder	North Carolina./Winston
PAC	Zach Priest	University of Massachusetts/Amherst
	Allison Fisher	Colby Sawyer
PVAC	Chris Breen	Princeton University
	John Weaver	University of New Hampshire
RAMS	Albert Garr	Alfred University
SAC	Rachel Waldstein	Fairfield University
	Andrea Doherty	Holy Cross
	Joey Sementelli	University of Maryland
	Haley Axtell	University of Ecuador
	Ashley Hawn	Dennison
	Jacklyn Elwell	University of Massachusetts/Amherst
SCA	Zach Gauvin	Southern Connecticut State
	Ashley Bailey	Ohio University
SSA	Samantha Demty	University of Massachusetts/Amherst
	Kate Coker	Kenyon College
	Ashley Wilkenson	Colby Sawyer College
	Danielle Matook	Providence College
	Carolyn Chmielewski	Tufts University
SSYS	Nick Rice	Brandeis University
WW	Nikki Burnham	University of New Hampshire
YNS	Melanie Barker	Northeastern
	Katherine Bartlett	Arizona Art Institute
	Kyle Bartro	Connecticut College
	Filip Bortkiewicz	Columbia University
	Jon Hurst	Naval Academy
	Michelle Kurkul	Williams College
	Jon Quinn	Bentley College
	Kate Shamsuddin	Emory University
	Brendan Woo	Yale University



## OUTSTANDING SWIMMERS, SHORT COURSE, 2003—2004

8 and under:	JACLYN ALOIS	MAG	EVAN GREY	GMA
	MARGARET D'INNOCENZO	MAG	JOSEPH HIBBERT	PVAC
	JENNA GRIFFITH	VAST	ADRIEN HOSKING	GTRS
	KATHRYN TYLER	ATST	ANTONY HUBBARD	LRW
	MIRANDA WINGFIELD	HRY	JUSTIN LIU	MTSC
9 and 10:	REBECCA AIELLO	MAG	JOHN BAILEY	BOSS
	ERICA BELCHER	ANA	JIMMY BERNARDO	PVAC
	EVA FABIAN	GTRS	JUN OH	ANA
	KATHERINE FOLEY	NSSC	MATTHEW SCALISE	YNS
	SARA LI	MTSC	LUCA SPINAZZOLA	BOSS
	AMY NEEDHAM	YNS		
11 and 12:	ELIZABETH BEISEL	MAG	STEVEN JELLISON	ESC
	MARY CHAPMAN	NCAC	GREGORY MICHELS	BGSC
	ELLESSE LUNDE	SSYS	COURTLAND PARKER	YNS
	LAURA SOGAR	RAMS	CONOR SWANSON	MAG
	ALEXANDRA SUPPAN	BYD	JEFFREY THOMAS	BOSS
	CAROLINE WEAVER	GMA		
13 and 14:	CAROLINE BELLI	NSSC	MARCO CHU	CUDA
	JILL KEARNS	SAC	BRETT MCKENZIE	CUDA
	ERICA MEISSNER	MAG	MICHAEL MONOVOUKAS	BGSC
	KRISTIN PRAUTZSCH	CUDA	MICHAEL SULLIVAN	MAG
	KATE WEAVER	GMA	SAM WENSMAN	SSA
15 and 16:	ELIZA BUTTS	CUDA	SALVATORE BARBA	SAC
	KATHLEEN FOLEY	MAG	STEPHEN MILLER	CUDA
	ERICA MEISSNER	MAG	ERIC NILSSON	CUDA
	JESSICA PERRY	BGSC	COREY SWANSON	MAG
	KRISTINA RIGTERINK	SSA	KEVIN YAMADA	SAC
17 and 18:	MEAGHAN COLLING	SAC	JAMES BAILEY	BOSS
	CAROLINE DOWD	BGSC	BJORN FALK	MAG
	KATHARINE FRITSCH	BGSC	DAVID RUSSELL	CUDA
	KAREN GATELY	BGSC	PAUL SULLIVAN	MAG
	STACIE LESNESKI	MAG	TOBIAS WORK	CCSC
OPEN:	KATHLEEN FOLEY	MAG	JAMES BAILEY	BOSS
	KAREN GATELY	BGSC	SALVATORE BARBA	SAC
	STACIE LESNESKI	MAG	ERIC NILSSON	CUDA
	ERICA MEISSNER	MAG	PAUL SULLIVAN	MAG
	KRISTINA RIGTERINK	SSA	TOBIAS WORK	CCSC

## OUTSTANDING SWIMMERS, LONG COURSE, 2003-2004

8 and under:	RYAN ALEXANDER	YNS	JOSEPH FALLER	ANA
	JACLYN ALOIS	MAG	MATTHEW HRABCHAK	BGSC
	KARA LUCENTI	YNS	JUSTIN LIU	MTSC
	GABRIELLE PASTERIS	HRY	CONOR SWANSON	MAG
	HELEN SMITH	BAT	JEFFREY TAN	BYB
9 and 10:	LYDIA AZARET	MAG	P J FALLON	NSSC
	EVA FABIAN	GTRS	RYAN FORTIN	ANA
	OLIVIA MABREY	UN	JEFF LALIBERTE	PAC
	RACHEL MOORE	ANA	JUN OH	ANA
	KATHERINE MORIN	NSSC	MATTHEW TYNAN	PSC
11 and 12:	ELIZABETH BEISEL	MAG	CONOR MCAULIFFE	MAG
	MARY CHAPMAN	NCAC	LUCA SPINAZZOLA	BOSS
	MAGGIE ROSENBAUM	SNAP	ROY SUNG	SAC
	KAIA SIMMONS	BOSS	CONOR SWANSON	MAG
	CAROLINE WEAVER	GMA	JEFFREY THOMAS	BOSS
13 and 14:	CAROLINE BELLI	UN	MARCO CHU	CUDA
	JILL KEARNS	SAC	KYLE ERNST	SSA
	ERICA MEISSNER	MAG	MICHAEL MONOVOUKAS	BGSC
	KRISTIN PRAUTZSCH	MAG	MICHAEL SULLIVAN	MAG
	CHIARA SPINAZZOLA	BOSS	SAMUEL WENSMAN	SSA
15 and 16:	LAUREN BRADY	CUDA	TAYLOR GOODWIN	CUDA
	ELIZA BUTTS	CUDA	JONATHAN HARTMANN	CUDA
	KATHLEEN FOLEY	MAG	STEPHEN MILLER	CUDA
	ERICA MEISSNER	MAG	ERIC NILSSON	CUDA
	KAIT STRICKLAND	CUDA	COREY SWANSON	MAG
17 and 18:	MEAGHAN COLLING	SAC	NICK LAKE	PAC
	KAREN GATELY	BGSC	STEPHEN MILLER	CUDA
	JOANNE KELLEY	BGSC	ERIC NILSSON	CUDA
	STACIE LESNESKI	MAG	PATRICK REAMS	SSYS
	KAIT STRICKLAND	CUDA	TOBIAS WORK	CCSC
OPEN:	ELIZABETH BEISEL	MAG	ERIC NILSSON	CUDA
	KATHLEEN FOLEY	MAG	PAT REAMS	SSYS
	STACIE LESNESKI	MAG	DAVID RUSSELL	CUDA
	ERICA MEISSNER	MAG	PAUL SULLIVAN	MAG
	KAIT STRICKLAND	CUDA	TOBIAS WORK	CCSC

**TOP TEN SWIMMERS, SHORT COURSE, 2003—2004**

**AAC:** Delaney Harrop, Patrick Myers, James Myers, Robbie Porter, Jaclyn Porter, David Estrada

**ANA:** Emma Cammann, Corrina Torabi, Christina Deveaux, Joseph Faller, Whitney Adian, Jun Oh, Ben Morris, Erica Belcher, Theresa Faller, Rachel Moore, Jennifer Trodden, Michelle Walcker, Desirae Deveaux, Paul Hunter, Brendon Fortin, Elizabeth Mancuse, Amy Caron

**ATST:** Kathryn Tyler, Eric Chan, Jacob Leonard

**BLUE:** Sophia Walker, Jennifer Corriveau

**BAT:** Ben Daus-Hauberle

**BGSC:** Tommy Peacher, Ian Wilson, Allison Scott, Hannah Chory, Francesca Tocci, Gregory Michels, Martin Kafina, Elgernon Jasioneck, Alena Chubet, Leslie Bargmann, Greg Lowen, Michael Monovoukas, Robert Dowd, Patrick Biggs, Christopher Rogers, Alexander Dobrolioulov, Kristyn Roth, Sarah Ernst, Mary Dooe, Katharine Fritsch, Cornelieke Lammers, Jessica Perry, Lisa Donnelly, Kendall Dacey, Max Butler, Karen Gately, Meredith Nelson, Sarah Bargmann, Caroline Dowd, Deirdre Devlin, Stephen Harhen, Richard Gibbons, Andrew Palmieri

**BOSS:** John Bailey, Luca Spinazzola, Nathan Pursley, Kaia Simmons, Jeffrey Thomas, Paolo DeLuca, Ben Lachance, Chiara Spinazoola, Caroline Huber, Peter Bhuler, William Hooper, Nathan Everett, Susannah Ford, Christine Kaufmann, Mariele Dunn, Michael Langelier, Arkady Rasin, Benjamin Bonte, Lindsay Woodward, Courtney Finn, James Bailey, Ben Bullitt, Donald Kimball, Eric Thomas, Samuel Taylor, John Cole

**BYD:** Brianna Robare, Emily Tart, Ariel Jarvis, Alexandra Suppan, Catherine Suppan

**CCYM:** Casey Ostrander

**BYB:** Conor Sweeney

**CCSC:** Mollie Mitchell, Melayna Grasseti, Megan McShea, Chelsea Downing, Brian Schmidt, Sam Speroni, Natalie Toczyłowski, Alex Roan, Donald Inglis, Dillon Delaney, Tobias Work

**CONY:** Carter Pribis, Stephen Muzzey

**CMC:** Raymond McGorry

**CLBC:** Bailey Samborsky

**CMSC:** Jason Eaddy

**CUDA:** Sarah Broderick, Will Gunshenan, Laura Moriarity, Eddie Gillie, Patrick Carroll, Brett McKenzie, Marco Chu, Eliza Butts, Kait Strickland, Sara Aiello, Stephen Miller, Taylor Goodwin, Eric Nilsson, Jonathan Hartmann, Michael Toran, Philippe Putzeys, Erica Stutius, Katherine Krems, Christopher Leggett, David Russell, William Rubenstein, Eric Simpson, Robert Lazar

**ESC:** Bridgette Seip, Steven Jellison

**ESSC:** Michael Louis-Fernand

**EST:** Collin Richardson, Chris Hodgman

**FINS:** Sam Root, Matthew Mahoney

**GBSC:** David Yazbeck, Jonathan Palmer

**GMA:** Evan Grey, Kienan Adams, Caroline Weaver, Taylor Grey, Finlay Miller, Kate Weaver, Benjamin Courtney

GTRS: Lauren Punger, Adrien Hosking, Eva Fabian, Molly Bulger, Vinny Pryor, Trevor Kennison

HARV: Claudia Cutter, Jessica Davidson, Leeann Chang, Kelly Blondin, Emily Wilson, Kara O'Reilly, Stacy Blondin, Molly Ward, Erin Mulkey, Stephanie Greco, Noelle Bassi

HAY: Erin Foley, Courtney Roycroft, Kristen Connors

H2O: Curtis Hon

HYV: Nathan Bromage

HRY: Cassidy Peterson, Miranda Wingfield, Elliot Weiss, Olivia Mabrey, Matthew Weiss, Zachary Wingfield, Ryan Dean, Morgan Cooper, Emily Korieczny, Nicholas Lashway

LRW: Antony Hubbard, Mirno Pasquali, David Collis

MAG: Margaret D'Innocenzo, Jaclyn Alois, Mikaela Ross, Amy Dolan, Brian Poon, Lydia Azaret, Rebecca Aiello, Viviana Mackey, Hannah McGrath, Eamonn Garber, Elizabeth Beisel, Tina Belletete, Kelsey Murphy, Shannon Bender, Celia Lewis, Conor Swanson, Tim O'Neill, Conor McAuliffe, Erica Meissner, Kristin Prautzsch, Tiffany Petzold, Amanda Cecere, Katelyn Martin, Erin McAuliffe, John Farrell, Michael Sullivan, Michael Parry, Mary Cheffers, Caitlin Doherty, Kathleen Foley, Candice Peak, Kacy Ellowitz, Kashmir Frizelle, Erin Gray, Rhynn Malloy, Corina Hopkins-Vacca, Anna Semakhin, Corey Swanson, Bjorn Falk, Benjamin Taylor, Stefan Bartl, Patrick Sullivan, Timothy Smith, Andrew Maguire, Andrew Piquette, Carol Green, Stacie Lesneski, Bailey Johnson, Melinda Hochard, Jennifer McLaughlin, Peter Gollands, Marc Christian, Paul Sullivan, Sean Geary, Charles Swanson, Michael Emmons, Tony Wareck

MD: Stephanie Lie, Jonathan Lam

MELY: Niamh O'Grady, Bestine Cong

MMY: Nathan Garner, Arthur McDeed

MYSD: Jessica Perry, Heather Jankins

MST: Abigail Mitchell, Stephanie Lynn, Hayden Mitchell

MTSC: Jackie Foley, Justin Liu, Sara Li, Tommy Li

NASY: Allison Ronketty

NCAC: Mary Chapman, Caitlin Michaels, Lizzy Mamourian, Ika Kovacikova, Ellis Ganley, Sarah Waters, Lily Ciardelli, Patrick Troy, Tressa Dunn, Emily Feleen

NSSC: Hannah Schultz, Phillip Chesnor, Katherine Foley, Brandon Brown, P J Fallon, Andrew Belli, Amy O'Brien, Annie Lindland, Emily Rookwood, Taylor Wright, Granger Leonard, Michael Woodbury, Mathew O'Brien, Caroline Belli, Travis Mosca, Nicole Taraverdian, Craig Lewin

NWSC: Cody Golchrist, Erin Brady, Lauren Brady, Peter Bue, Phil Brady

PAC: Emily Hammang, Katelyn Brochu, Mark Pechak, Nick Lake, Zach Priest

PSC: Amanda Li, Matthew Tynan, Sarah Cobb, Catherine Omstead, Chelsea Dean

PVAC: Julie Lajoie, Joseph Hibbert, Samantha Hibbert, Jimmy Bernardo, James Liu, Paul Dyrkacz, Ian Joyce

RAYS: Mark Bacigalupo, Andrew Kalil

RCSC: Emma Santoro

RAMS: Siliang Luo, Laura Sogar, Alexandra Lalli

SAC: Roy Sung, Clare Foster, Elena Waltermann, Jill Kearns, Jared Courville, David Thompson, Zachary Perez, Megan Farrell, Salvatore Barba, Kevin Yamada, Caitlin Colling, Meaghan Colling, Meghan Healey, Sarah Kearns, Joseph Sementelli, Christopher Bott, Sean Terry, Ivor Asztolos

SNAP: Massi Savenije, Maggie Rosenbaum

STS: Maya Lazarovich

SSA: Annika Rigterink, Kelsey Hayden, Arian Berg, Andrew Briggs, Brandon Strong, Melissa Parratto, Tara Morrisette, Carmyn Chapman, Katie John, Jessica Sweeney, Caitlin Moore-Penaskovic, Sam Wensman, Kyle Ernst, Warren Dolben, Kristina Rigterink, Katrina Maloney, Meggie Farrington, Ray Grant, Jesse Bickford, Kara Ernst, Lindsey Snyder, Kate Coker, Brittany Frank, Andrew Boudreau

SSYS: Ellesse Lunde, Katherine Rabin, Alyssa Stevens, Caroline Vogel, Joshua Cutts, Zachary Cutts, Molly Hallin, Jennifer Vogel, Richard McDonald, Patrick Reams, Ky Harlin

UN: Brittany Lathrop, Kyle Foote, Claudia Kenneally, Jessica Griffith, Anthony Andrews, Kristen Korsberg, Ryan Brooks, Ayaas Bhamla, Jennifer McGlauflin, Laila Gagnon, Samantha Denty

STA: Alex Brigham, Nohea King

VAST: Jenna Griffith

WBD: Kyle Durand, Ryan Gois

WW: Ian Sliwinski, AJ Vozella

WEST: Mathias Christensen, Amanda Delconte

WYST: Joshua Cotugno

YNS: Hannah Varrette, Sara Daher, Kara Lucent, Ryan Alexander, Charlotte Ward, Andrew Klobucher, Amy Needham, Matthew Scalise, Matthew Nutter, Brianna Pomeroy, Emily Needham, Courtland Parker, Thomas Millett, Tyler Lareau, Timothy Bouvier, Molly Curran, Mark Scalise, Andrew Reid, Kevin Howard, Jaclyn Davidson, Naomi Delphin, Kristen Zarba, Thomas Recko, Alex Hurst, Kevin McGrath, Diana Harlow, Kyle Bartro

#### **TOP TEN SWIMMERS, LONG COURSE, 2003-2004**

AAC: Delaney Harrop, Austin Sholudko, Evan Sholudko, Michael Adams, Scott McGinty, Patrick Myers, John Vatkavich, William Adams, Jaclyn Parter, Megan Toney, Michael Ariel

ANA: Corinna Torabi, Lucy Frey, Joseph Faller, Heson Oh, Rachel Moore, Monica Patterson, Jun Oh, Ryan Fortin, Bryan Walcker, Erica Belcher, Veronica Faller, Alexandra Hall, Paul Hunter, James Brenner, Jennifer Trodden

ATST: Kathryn Tyler, Suijan Taunton, Jacob Leonard AMW: Amy Shin

BAT: Travis Bouscaren, Acadia Deatley, Helen Smith, Christine Brown

BYB: Conor Sweeney, Jeffrey Tan

BLUE: Jennifer Corriveau

BGSC: Abigail Besket, Matthew Hrabchek, Jennifer Doolin, Katherine Ashenfelter, Dimosthenis Skandalis, Ron Rosenberg, John Chory, Joshua Brostoff, Francesca Tocci, Greg Lowen, Christopher Rogers, Michael Monovoukas, Patrick Biggs, Benjamin Driver, Alexander Dobrolioulov, Robert Dowd, Ben Brostoff, Kristyn Roth, Susanna Ford, Rebecca Harris, Sarah Ernst, Katie Soja, Katharine Fritsch, Lisa Donnelly, Cornelieke Lammers, Jessica Perry, Max Butler, Karen Gately, Meredith Nelson, Sarah Bargmann, Caroline Dowd, Mary Dooe, Joanne Kelley, Kendall Dacey, Peter Biggs, Richard Gibbons

BOSS: Emmanuel Guerzon, Bianca Spinazzola, Kaia Simmons, Jennifer Thomas, Luca Spinazzola, Jeffrey Thomas, John Bailey, Ben Lachance, Chiara Spinazzola, Caroline Huber, Peter Buhler, William Hooper, Kathryn Haron, Christine Kaufmann, Mariele Dunn, James Fee, Michael Langelier, Arkady Rasin, Ben Bonte, Lindsey Woodward, Courtney Finn, Alexandra Quinn, James Bailey, Benjamin Bullitt, Donald Kimball, Brian Fiske

BYD: Alex Suppan, Ariel Jarvis, Catherine Suppan      CMSC: Jason Eaddy

CONY: Carter Pribis, Steven Muzzey      CCYM: Alex Dropo

CLBC: Bridget Jarvis      EST: Colin Richardson

CUDA: Alex Frasier, Erin Brady, Laura Moriarity, Marco Chu, Philip Brady, Eliza Butts, Kait Strickland, Sara Aiello, Taylor Goodwin, Stephen Miller, Eric Nilsson, Jonathan Hartmann, Michael Toran, Brett McKenzie, Philippe Putzeys, Alicia Negrotti, Nikki Laffel, Erica Stutius, Katherine Krems, William Rosenstein, Eric Simpson, David Russell, Robert Lazar, Melissa Lague

GMA: Pierce Farrington, Christa Weaver, Evan Grey, Caroline Weaver, Merritt Boardman, Taylor Grey, Graham Sicalowski, Kate Weaver

GTRS: Brooke Mooney, Eva Fabian, Molly Levene, Heather Mooney, Molly Bulger, Trevor Kennison, Vinny Pryor

HARV: Kelly Blondin, Stacy Blondin, Leeann Chang      HYV: Brandon Kuntz

HAY: Kendra Cheng, Carl Roycroft, Kristen Connors      H2O: Curtis Hon

HRY: Miranda Wingfield, Gabrielle Pasteris, Matthew Dean, Elliot Weiss, Zachary Wingfield, Ryan Dean, Nicholas Pasteris, Jacob Wingfield, Caitlin Driscoll, Emily Korieczny, Daisy Letendre, Nicholas Lashway

MD: Megan Pierce, Jonathan Lam      KING: Arthur Su

MAG: Jaclyn Alois, Mikaela Ross, Montanna Valler, Lydia Azaret, Caroline Capece, Margaret D'Innocenzo, Brittany Douglas, Kelsi Oresman, Hannah McGrath, Lorenzo Conte, Daniel Beisel, David Ferreira, Elizabeth Beisel, Shannon Bender, Rebecca Aiello, Celia Lewis, Kerry Dewey, Elizabeth Rounds, Viviana Mackay, Kristina Martin, Tori Frizelle, Alexandria, Castaldo, Conor Swanson, Conor McAuliffe, Adam McNally, Katelyn Martin, Ellen Cody, Kristin Prautzsch, Amanda Cercere, Tina Belletete, Tiffany Petzold, Erica Meissner, Kristin Korsberg, Kelsey Dewey, Meaghan Bailey, Nicholas D'Innocenzo, Julian Azaret, Michael Sullivan, Michael Parry, Jonathan Castaldo, Kathleen Foley, Caitlin Doherty, Kashmir Frizelle, Candice

Peak, Casey Renner, Corina Hopkins-Vacca, Rhynn Malloy, Mary Cheffers, Anna Semakhim, Katie Marshall, Corey Swanson, Bjorn Falk, Timothy Smith Stefan Bartl, Patrick Sullivan, Andrew Maguire, Patrick Troy, Carol Green, Stacie Lesneski, Jennifer McDermott, Peter Gollands, Marc Christian, Sean Geary, Paul Sullivan, Andrew Piquette, Charles Swanson

MELY: Shane Ryan, Colleen McCormack, Suzanne Stein, Thomas Huynk

MST: Riley Ewing, Kelsey Ewing, Christina Denbow, Maria Colella

MTSC: Juntin Liu, Henry Loong, Sara Li

MYSD: Ashlin Niles, Jessica Perry, Heather Jenkins

NCAC: Mary Chapman, Ika Kovacikova, Ellis Ganley, Caitlin Michaels, Sarah Waters, Lily Ciardelli, Tressa Dunn

NSSC: Emma Gaguin, Katherine Morin, Peter Fallon, Brandon Brown, Taylor Wright, Amy O'Brien, Mathew O'Brien, Lee Chiang, Nicole Taraverdian, Craig Lewin

PAC: Kayla Lake, Kathleen Degman, Nick Lake, Stuary Cromarty

PSC: Caitlin Sheridan, Matthew Tynan, Colby Emanouil, Eric Hazoury, Monica Chudik, Kate Laurion, Alexandra Doty

PVAC: Julie Lajoie, Reed Phillips, Joseph Hibbert, Annna Woodward, Matt Grippo, Keith Parent, Louis Arruda

RAMS: Siliang Luo, Laura Sogar, Alex Lalli

RAYS: Rachel Flinn

SNAP: Maggie Rosenbaum, Matthew Meier

RCSC: Emma Santoro

SCA: Katherine Medeiros, Luke Gauvin, Erika Fernandes

STS: David Lazarovich

SAC: Kayla Libby, Nathan Courville, Alok Narahari, Kevin Hester, Mary Keough, John Lagasse, Roy Sung, Elena Waltermann, Jill Kearns, Ryan Brooks, Joseph Lessard, Jared Courville, David Thompson, Zachary Perez, Megan Farrell, Salvatore Barba, Jeffrey Wurm, Kevin Yamada, Ayaas Bhamla, Meaghan Colling, Caitlin Colling, Sarah Kearns, Ashley Hawn, Meghan Healey, Joe Sementelli, Ivor Asztalos

SSA: Madelyn Folger, Andrew Briggs, Aimee Levesque, Tara Morrisette, Katie John, Jessica Sweeney, Melissa Parratto, Caitlin Moore-Penaskovic, Carmyn Chapman, Sam Wensman, Kyle Ernst, Waren Dolben, Meggie Farrinton, Ray Grant, Jesse Bickford, Katrina Maloney, Caitlin Grant, Kara Ernst, Lindsey Snyder, Chelsea Frank, Ashley Wilkinson, Brittany Frank, Samantha Demty, Michelle Oeser, Marcelle Miller

SSYS: Meaghan Powers, Danny Caoldwell, Caroline Vogel, Ellesse Lunde, Jonathan Palmer, Jennifer Vogel, Patrick Reams, Molly Hallin, Andrew Palmieri

UN: Jennifer Griffin, Olivia Mabrey, Claudia Kenneally, Caroline Belli, Lauren Brady, Laura Aronsson

WW: Samantha Sliwinski, Mark Kissick, Coleman Kissick

WYST: Timothy Kwarcinski, Meaghan Kwincinski, Hannah Oleksak, Christopher Chambers

YNS: Ryan Alexander, Hannah Verrette, Kara Lucenti, Megan Alexander, Alison Mentuck, Rory McCarthy, Amy Needham, Matthew Nutter, Timothy Bouvier, Thomas Millett, Molly Curran, Andrew Reid, Brian Bouvier, Patrick Shea, Naomi Delphin, Kristen Zarba, Jaclyn Davidson, Thomas Recko, Jamie Mannion, Kevin McGrath, Diana Harlow, Kyle Bartro, Alex Hurst

The Board of New England Swimming will meet at the Wellesley Community Center in Wellesley, MA on Tuesday, October 12, 2004 at 7 pm. The mandatory Meet Managers Meeting will begin at 5:30 pm.

#### STROKE AND TURN CLINICS:

**October 16:** Dover (NH) Public Library at 9:30 am. To register, contact Bob Fredette at [a-bfredette@comcast.net](mailto:a-bfredette@comcast.net).

**October 30:** Massachusetts Maritime Academy, Buzzards Bay, MA. To register, contact Carlos Pereira at [carlospepsi@aol.com](mailto:carlospepsi@aol.com).

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* NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL *
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*                               781-449-0270 *
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*                               e-mail: office@neswim.com *
*                               Web site: www.neswim.com *
* OFFICE HOURS: Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m. *
*               Thursday: 8 a.m.--2 p.m. *
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**OFFICE HOURS:** The New England Office will be closed from Friday, October 15 through Sunday, October 17. If you want to inquire about a late registration for the clinic or the banquet, please do not leave a phone or email message during that time. They will not be considered. Please phone the office on Monday (October 18) evening after 7 pm.



**RESERVATIONS--TOP TEN BANQUET, Sunday, October 24, 2004**

All Top Ten Swimmers for both Short Course and Long Course are invited to attend the Top Ten Banquet at Lenzi's (formerly The Mill House), 810 Merrimack Avenue (Route 110), Dracut, MA on Sunday, October 24, 2004. Those swimmers listed as **OUTSTANDING SWIMMERS** and members of the Top Ten Committee are invited to be the guests of New England Swimming. All who plan to attend, including Outstanding Swimmers, must make reservations by Thursday, October 14, 2004,.

The cost is \$17.50 per person for Top Ten Swimmers, their families and coaches. Outstanding Swimmers are the guests of New England Swimming, but need to make reservations. Reservations and checks should be sent to the New England Office to be received by Thursday, October 14, 2004. If you want to make a late reservation, please phone (781-449-0270) on Monday, October 18 after 7:30 pm. **DO NOT LEAVE A MESSAGE** or email.

The doors will open at 10:30 am and the buffet will be served at 11:30 am. The awards ceremony and speaker will follow.

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**RESERVATION FORM—Top Ten Banquet**

Please mail to be received by October 14. Mail to New England Swimming, 20 Cleveland Road, Needham, MA. Make checks payable to New England Swimming. Reservations will be listed at the door.

<b>OUTSTANDING SWIMMERS ATTENDING</b>	<b>age group</b>	
_____	_____	no charge
_____	_____	
_____	_____	
<b>TOP TEN SWIMMERS ATTENDING</b>	<b>age group</b>	
_____	_____	\$17.50 each
_____	_____	
_____	_____	
_____	_____	

Number of others attending: \_\_\_\_\_

Number of Outstanding Swimmers:	_____	free
Number of Top Ten Swimmers @ \$17.50	_____	\$ _____
Number of other meals @\$17.50	_____	\$ _____
<b>TOTAL</b>		\$ _____

Team you would like to sit with: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_

**IMPORTANT INFORMATION:**

**MEET MANAGERS MEETING:** Any New England team that expects to run a sanctioned meet, calendar or non-calendar, during the coming year must attend a Meet Managers Meeting. If your team did not attend the meeting in May then the meeting on October 12, 2004 at the Wellesley (MA) Community Center at 5:30 pm is **mandatory!**

**REGISTRATION:** If your team has not yet received registration information and materials, it is because the team has not returned the form that it received in mid-August. When that form has been returned, registration materials will be sent to the named registration chairman of the team. If you need another form, contact the office.

**NEWSLETTER PLUS SUBSCRIPTIONS:** Subscriptions are sent to two members of each team—the club contact and the safety coordinator. Subscriptions are available to other members of the New England Swimming community for \$10 per year. Please send your check to the New England Swimming Office, 20 Cleveland Road, Needham, MA 02492.



**United States Swimming  
New England**

20 Cleveland Road Needham, MA 02492-3006

**FIRST CLASS**



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

NOVEMBER 2004

**IN THIS ISSUE: TIME STANDARDS—N E SENIOR, OPEN, AGE GROUP CHAMPIONSHIPS, and REGIONAL MEETS; PROPOSED LONG COURSE CALENDAR and BID FORM; REIMBURSEMENT POLICY FOR NATIONAL MEETS; TOP TEN CORRECTIONS...**

**CONGRATULATIONS to PRISCILLA DAVIS.** Priscilla recently received the Maxwell Excellence Award for her service to New England Swimming as an official. The announcement of the award, along with a profile of Priscilla's service to New England Swimming and USA Swimming, was made in the October issue of "Swimming World."

**CONGRATULATIONS to HAROLD WHITNEY.** At the Top Ten Banquet Harold was presented with the Conoco Phillips Volunteer of the Year Award in recognition of his long time efforts in helping New England Swimming to become current with its computer applications.

**CONGRATULATIONS to ERICA MEISSNER (MAG), DAVID RUSSELL (CUDA), and JOSH STERN (BOSS):** Erica and David are members of the USA Swimming Junior Team, and Josh is an assistant coach of the team. They recently attended a training camp in Colorado Springs, CO

**THANK YOU to the BOSS COACHES** who spent the afternoon of October 23 assisting with the Erik Vendt clinic at Brown University. We appreciate their willingness to help.

The Board of New England Swimming will meet on Tuesday, December 7, 2004 at 7 pm at the Wellesley Community Center, Wellesley, MA. Board Meetings are open to all members of the New England Swimming Community, but if there is a question about the weather, please call the office.

## 2004-2005 New England Open Time Standards

*Qualifying period: February 13, 2004 through the entry deadline.*

Women			Events	Men		
SCM	LCM	SCY		SCY	LCM	SCM
29.49	30.19	26.49	<b>50 Free</b>	24.49	28.99	27.19
1:03.89	1:05.89	57.49	<b>100 Free</b>	53.99	1:02.29	59.99
2:17.69	2:23.19	2:03.99	<b>200 Free</b>	1:55.99	2:16.39	2:08.79
4:53.09	5:04.49	5:29.99	<b>400/500 Free</b>	5:15.99	4:52.99	4:40.69
10:16.39	10:32.09	11:34.09	<b>800/1000 Free</b>	11:30.99	10:20.09	10:13.69
19:36.59	19:50.29	19:25.99	<b>1500/1650 Free</b>	19:15.99	19:30.89	19:26.59
1:12.69	1:15.79	1:05.49	<b>100 Back</b>	1:00.99	1:15.49	1:07.79
2:36.69	2:45.49	2:21.09	<b>200 Back</b>	2:15.99	2:43.99	2:30.99
1:22.99	1:26.29	1:14.69	<b>100 Breast</b>	1:13.39	1:24.09	1:21.49
3:00.99	3:09.99	2:42.99	<b>200 Breast</b>	2:41.19	3:08.99	2:58.99
1:11.69	1:12.99	1:04.59	<b>100 Fly</b>	1:00.19	1:12.49	1:06.89
2:39.89	2:49.59	2:23.99	<b>200 Fly</b>	2:27.99	2:48.99	2:44.29
2:35.39	2:44.59	2:19.99	<b>200 IM</b>	2:12.99	2:35.99	2:27.69
5:28.29	5:49.99	4:55.69	<b>400 IM</b>	4:43.49	5:46.09	5:14.69

**AN ERIK VENDT WEEKEND:** On the weekend of October 23—24, New England Swimming was very pleased to be able to sponsor the attendance of Erik Vendt at two events. Erik is a long time New England Swimmer who was the silver medalist in the 400 meter individual medley at both the 2000 and 2004 Olympics. On Saturday afternoon Erik presented a clinic at Brown University which was attended by 125 swimmers. On Sunday he was the speaker at the Top Ten Banquet in Dracut, MA attended by over 500 New England Swimmers, parents, and coaches. Many swimmers were inspired by his talks. Erik signed **many** autographs and posed for **many** pictures!

**THANK YOU** to Bob Gauvin who made all the arrangements with Erik. Thank you to Bob and his family, Julie and Luke, who assisted Erik with the awards at the banquet. Thank you also to Mariella Allard and Priscilla Davis who helped at the door.

**New England Regional Championship**  
Qualifying Times for Short Course 2004-2005

Women		8 & Under	Men	
Cut-on	Cut-off	EVENTS	Cut-off	Cut-on
30.00		25 FR		30.00
1:00.00	32.69	50 FR	33.59	1:00.00
2:00.00	1:12.19	100 FR	1:15.39	2:00.00
35.00		25 BK		35.00
1:10.00	38.89	50 BK	40.19	1:10.00
40.00		25 BR		40.00
1:20.00	44.29	50 BR	47.09	1:20.00
35.00		25 FL		35.00
1:10.00	37.69	50 FL	40.89	1:10.00
2:20.00	1:22.79	100 IM	1:26.29	2:20.00

Women		9-10	Men	
Cut-on	Cut-off	EVENTS	Cut-off	Cut-on
49.49	32.69	50 FR	33.59	49.59
1:43.09	1:12.19	100 FR	1:15.39	1:41.89
3:17.29	2:36.99	200 FR	2:44.49	3:15.19
		500 FR		
55.99	38.89	50 BK	40.19	55.89
1:49.09	1:24.09	100 BK	1:28.69	1:46.79
1:00.69	44.29	50 BR	47.09	1:00.09
1:59.49	1:35.39	100 BR	1:44.29	1:57.79
55.59	37.69	50 FL	40.89	55.29
1:47.19	1:29.89	100 FL	1:40.49	1:45.39
1:55.49	1:22.79	100 IM	1:26.29	1:53.59
3:31.99	3:01.19	200 IM	3:15.69	3:27.89

Women		11-12	Men	
Cut-on	Cut-off	EVENTS	Cut-off	Cut-on
37.29	28.79	50 FR	29.59	36.79
1:22.29	1:02.59	100 FR	1:04.49	1:21.79
2:50.09	2:15.59	200 FR	2:19.79	2:48.39
7:05.49	6:04.49	500 FR	6:12.79	7:00.89
		1000 FR		
		1650 FR		
44.79	34.09	50 BK	35.29	44.59
1:32.19	1:12.09	100 BK	1:15.49	1:31.49
2:51.29	2:38.69	200 BK	2:48.99	2:50.19
49.39	38.09	50 BR	38.79	49.09
1:42.99	1:21.49	100 BR	1:25.49	1:42.89
3:23.49	2:57.99	200 BR	3:09.79	3:22.29
43.79	32.49	50 FL	33.89	43.79
1:31.09	1:13.49	100 FL	1:18.09	1:30.09
2:54.39	2:47.49	200 FL	2:47.49	2:50.89
1:32.19	1:12.09	100 IM	1:14.49	1:31.29
3:06.69	2:33.49	200 IM	2:39.49	3:04.49
5:54.39	5:36.69	400 IM	5:45.99	6:03.89

Women		13-14	Men	
Cut-on	Cut-off	EVENTS	Cut-off	Cut-on
32.69	26.49	50 FR	24.49	29.79
1:12.39	57.49	100 FR	53.99	1:06.79
2:32.99	2:03.99	200 FR	1:55.99	2:20.59
6:27.99	5:29.99	500 FR	5:15.99	5:59.39
		1000 FR		
21:21.19	19:25.99	1650 FR	19:15.99	20:25.19
1:24.29	1:05.49	100 BK	1:00.99	1:17.19
2:44.89	2:21.09	200 BK	2:15.99	2:34.99
1:34.89	1:14.69	100 BR	1:13.39	1:29.79
3:12.09	2:42.99	200 BR	2:41.19	3:02.99
1:24.39	1:04.59	100 FL	1:00.19	1:16.19
2:43.29	2:23.99	200 FL	2:27.99	2:36.09
2:50.29	2:19.99	200 IM	2:12.99	2:38.19
5:29.19	4:55.69	400 IM	4:43.49	5:01.49

Women		15-18	Men	
Cut-on	Cut-off	EVENTS	Cut-off	Cut-on
30.39	26.49	50 FR	24.49	27.99
1:06.69	57.49	100 FR	53.99	1:00.89
2:21.49	2:03.99	200 FR	1:55.99	2:12.39
6:08.29	5:29.99	500 FR	5:15.99	5:44.19
		1000 FR		
20:31.89	19:25.99	1650 FR	19:15.99	19:54.29
1:17.89	1:05.49	100 BK	1:00.99	1:12.39
2:36.09	2:21.09	200 BK	2:15.99	2:27.39
1:27.89	1:14.69	100 BR	1:13.39	1:24.49
3:01.19	2:42.99	200 BR	2:41.19	2:54.19
1:16.59	1:04.59	100 FL	1:00.19	1:10.49
2:32.79	2:23.99	200 FL	2:27.99	2:33.79
2:38.79	2:19.99	200 IM	2:12.99	2:29.39
5:14.19	4:55.69	400 IM	4:43.49	4:49.59

*Qualifying period: September 1, 2004  
through the entry deadline.*

*Qualifying times must be equal to or faster than  
the Cut-On time, and slower than the Cut-Off time.*

*Times equal to or faster than the Cut-Off time  
do not qualify.*

**NEWSLETTER PLUS**  
**NOVEMBER 2004**

## New England Age Group Championships

### Qualifying Times for Short Course 2004-2005

*Qualifying period: February 13, 2004 through the entry deadline.*

Girls			10&Under	Boys		
SCM	LCM	SCY	EVENTS	SCY	LCM	SCM
36.39	37.29	32.69	50 FR	33.59	39.79	37.09
1:19.49	1:23.09	1:12.19	100 FR	1:15.39	1:28.99	1:23.19
2:52.99	2:59.99	2:36.99	200 FR	2:44.49	3:09.99	3:02.09
6:12.49	6:25.59	7:11.39	400/500	7:11.39	6:35.49	6:13.49
43.29	45.19	38.89	50 BK	40.19	47.59	44.39
1:32.39	1:36.89	1:24.09	100 BK	1:28.69	1:45.19	1:38.79
49.29	50.69	44.29	50 BR	47.09	54.69	52.09
1:46.49	1:48.39	1:35.39	100 BR	1:44.29	1:59.09	1:55.89
41.99	44.49	37.69	50 FL	40.89	47.59	45.19
1:38.79	1:46.49	1:29.89	100 FL	1:40.49	1:49.99	1:50.09
1:31.39		1:22.79	100 IM	1:26.29		1:35.19
3:19.89	3:23.79	3:01.19	200 IM	3:15.69	3:40.49	3:36.29

Girls			11-12	Boys		
SCM	LCM	SCY	EVENTS	SCY	LCM	SCM
32.09	32.79	28.79	50 FR	29.59	33.69	32.69
1:08.89	1:11.49	1:02.59	100 FR	1:04.49	1:13.49	1:11.19
2:29.39	2:33.69	2:15.59	200 FR	2:19.79	2:37.49	2:34.79
5:14.79	5:21.39	6:04.49	400/500	6:12.79	5:40.49	5:22.69
11:24.99	11:37.09	13:00.99	800/1000	13:00.99	11:37.09	11:23.29
22:30.99	21:47.69	22:30.99	1500/1650	22:30.99	21:47.69	22:30.99
37.92	38.69	34.09	50 BK	35.29	40.99	38.99
1:19.19	1:21.69	1:12.09	100 BK	1:15.49	1:26.49	1:24.09
2:55.89	2:58.19	2:38.69	200 BK	2:48.99	3:11.29	3:07.69
42.39	42.99	38.09	50 BR	38.79	46.49	42.89
1:30.99	1:34.49	1:21.49	100 BR	1:25.49	1:41.39	1:34.99
3:19.09	3:23.19	2:57.99	200 BR	3:09.79	3:34.89	3:42.79
36.19	36.69	32.49	50 FL	33.89	38.79	37.49
1:20.79	1:22.09	1:13.49	100 FL	1:18.09	1:32.09	1:25.59
3:04.09	3:12.99	2:47.49	200 FL	2:47.49	3:12.99	3:03.29
1:19.59		1:12.09	100 IM	1:14.49		1:22.09
2:49.29	2:54.49	2:33.49	200 IM	2:39.49	3:02.99	2:56.29
6:11.29	6:17.99	5:36.69	400 IM	5:45.99	6:31.69	6:23.09

## 2004-2005 New England Senior Time Standards

*Qualifying period: February 13, 2004 through the entry deadline.*

Women			Events	Men		
SCM	LCM	SCY		SCY	LCM	SCM
28.49	29.39	25.59	<b>50 Free</b>	22.99	26.89	25.59
1:01.49	1:03.99	55.39	<b>100 Free</b>	50.89	58.59	56.49
2:12.09	2:16.99	1:58.99	<b>200 Free</b>	1:50.59	2:06.99	2:02.79
4:41.49	4:47.49	5:16.99	<b>400/500 Free</b>	4:57.89	4:33.09	4:24.59
9:42.09	10:02.39	10:55.49	<b>800/1000 Free</b>	10:28.79	9:37.99	9:18.39
18:43.09	19:17.09	18:32.99	<b>1500/1650 Free</b>	17:53.59	18:20.59	18:03.39
1:09.79	1:13.19	1:02.79	<b>100 Back</b>	58.09	1:06.29	1:04.49
2:29.09	2:39.99	2:14.29	<b>200 Back</b>	2:06.99	2:25.79	2:20.99
1:18.19	1:20.29	1:10.39	<b>100 Breast</b>	1:04.99	1:15.09	1:12.19
2:49.69	2:58.99	2:32.79	<b>200 Breast</b>	2:23.29	2:47.89	2:39.09
1:08.09	1:09.89	1:01.29	<b>100 Fly</b>	56.09	1:05.09	1:02.29
2:32.69	2:38.19	2:17.49	<b>200 Fly</b>	2:07.59	2:25.49	2:21.69
2:30.09	2:35.59	2:15.19	<b>200 IM</b>	2:04.99	2:24.79	2:18.79
5:16.39	5:31.89	4:44.99	<b>400 IM</b>	4:30.99	5:15.99	5:00.89

**IMPORTANT INFORMATION:** This year times for Top Ten came from all the times in the USA Swimming SWIMS program. These times included all sanctioned meets and USA Swimming swimmers' times from approved meets which were submitted to SWIMS. We did not include times from high school and college meets. This was quite an expansion from what had been included in the past. It has been suggested that we return to our past policy (times from NE Calendar meets and equivalent meets from other LSC's). No decision has been made at this time, but watch the newsletter and the web site for the decision when it is made.

**ASSISTANT COACH POSITION:** The Westfield Wave swim team is looking for a self-motivated, energetic coach to assist in the development of our young swimmers. The position is part time, which will include some evenings and weekends. All interested applicants should email their resume and references to Melissa Roy at [swimcoach@westfieldymca.org](mailto:swimcoach@westfieldymca.org). To learn more about this position and our team, please check out our website at [www.westfieldymca.org](http://www.westfieldymca.org) or contact the YMCA at 413-568-8613 ext. 312.

## PROPOSED CALENDAR, LONG COURSE, 2005:

- May 14      Annual Meeting, Wellesley Community Center
- June 9—11    USA Swimming Disability Championships, Minneapolis, MN
- July 14—17   Age Group Qualifier
- July 21—24   12 and under Age Group Championships
- July 21—24   Super Sectional Meet, St Mary's College, St. Mary's, MD
- July 28—31   New England Open Championships
- August 3—7   Conoco Phillips National Championships, Irvine, CA
- August 9—13   USA Swimming Junior National Championships, Irvine, CA
- August 10—13   Eastern Zone Championships, Buffalo, NY

NOTES: Bids must be submitted with a copy of the **complete** meet information including a confirmed referee. The deadline is February 1, 2005. This year bids may be submitted by email. DO NOT submit an application for sanction or a fee until your meet has been accepted!

At its meeting on November 9, 2004 the Board approved the concept of allowing teams running meets to charge a facility surcharge fee per swimmer to cover the increased costs of renting some facilities. It is expected that details of the fee will be worked out by the Technical Committee and presented to the Board at the December 7, 2004 meeting. If the final proposal is approved at that time, it will be announced to the public, and teams may charge this fee beginning with long course meets.

\*\*\*\*\*  
\* NEW ENGLAND SWIMMING OFFICE: MARY RIDDELL \*  
\* 20 Cleveland Road \*  
\* Needham, MA 02492-3006 \*  
\* 781-449-0270 \*  
\* FAX: 781-449-7903 \*  
\* e-mail: office@neswim.com \*  
\* Web site: www.neswim.com \*  
\* OFFICE HOURS: Monday : 8 a.m.--2 p.m.; 7:30 p.m.--10 p.m. \*  
\* Thursday: 8 a.m.--2 p.m. \*  
\* \*\*\*\*\*



**MEET BID APPLICATION, New England Swimming**

Please submit a separate application for each meet that you are bidding on.

Date of requested meet: \_\_\_\_\_

Club Name: \_\_\_\_\_

Meet Director: \_\_\_\_\_ Phone Number: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Address: \_\_\_\_\_

Meet Referee: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Head Coach: \_\_\_\_\_ Phone Number: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Type of Meet: \_\_\_\_\_

List at least one alternate date: \_\_\_\_\_

Facility: \_\_\_\_\_ Location: \_\_\_\_\_

Depth of Pool at starting end: \_\_\_\_\_ turning end: \_\_\_\_\_

Height of Blocks above water: \_\_\_\_\_

Parking: \_\_\_\_\_ Cost: \_\_\_\_\_

Person to contact to discuss bid: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Officials' Liaison\*\* \_\_\_\_\_ Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Facility Surcharge Fee:\* \_\_\_\_\_ per swimmer.

\*Check with the web site or the newsletter after the December 7<sup>th</sup> board meeting for more information.

\*\*The Officials' Liaison should be the team's primary contact for the Officials' chairman. The Officials' Liaison should also be the person on the team that encourages and coordinates the certification and advancement of officials. When the team runs a meet, the Officials' liaison will play a key role in getting officials from other teams to attend and work at the meet.

Please send a copy of this form with a copy of a complete meet invitation with all up to date information to each of the following to be received by February 1, 2005. You may submit by e-mail.

Bob Gauvin, Calendar Chair  
1 Riverside Drive  
Mattapoisett, MA 02739  
[Gauvin1@comcast.net](mailto:Gauvin1@comcast.net)

Dan Warner, Technical Chair  
19 Fenley Road  
Gloucester, MA 01930  
[NSSC1@aol.com](mailto:NSSC1@aol.com)

Mary Riddell, Sanction Chair  
20 Cleveland Road  
Needham, MA 02492  
[office@neswim.com](mailto:office@neswim.com)

## TOP TEN CORRECTIONS, 2003--2004 SHORT COURSE:

## EIGHT and under GIRLS

## 25 yard FREESTYLE

6. McKenzie Brown	ESC	15.81	NHA
7. Emily Tarr	BYD	15.85	REG
8. Bailey Samborsky	CLBC	15.88	PAC2
9. Emma Cammann	ANA	15.93	GMA2
10. Jaclyn Alois	MAG	15.96	REG

## 25 yard BREASTSTROKE

5. Lauren Pungner	GTRS	20.53	EB
6. Sarah Broderick	CUDA	21.35	CUD3
7. Emma Cammann	ANA	21.49	YNS1
8. Mikaela Ross	MAG	21.50	GMS2
9. Sophia Walker	BLUE	21.64	REG
10. Bridgette Seip	ESC	21.72	NHA

## 25 yard BUTTERFLY

9. Lauren Pungner	GTRS	18.17	EB
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## 50 yard BUTTERFLY

10. Lauren Pungner	GTRS	41.99	
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## 11 and 12 BOYS

## 500 yard FREESTYLE

5. Timothy O'Neill	MAG	5:41.26	MVP2
6. Luca Spinazzola	BOSS	5:41.53	12
7. Tyler Lareau	YNS	5:41.80	12

## 25 yard BACKSTROKE

1. Lauren Pungner	GTRS	18.83	HRY
2. Delaney Harrop	AAC	18:86	REG
3. Sara Daher	YNS	19:03	REG
4. McKenzie Brown	ESC	19.06	NHA
5. Niamh O'Grady	MELY	19.09	GM8
6. Miranda Wingfield	HRV	19.22	HRV
7. Jenna Griffith	VAST	19.33	GMA2
8. Jackie Foley	MTSC	19.47	HRV
9. Corrina Torabi	ANA	19.50	YNS1
10. Mikaela Ross	MAG	19.66	REG

## 50 yard BREASTSTROKE

5. Lauren Pungner	GTRS	47.25	HRV
6. Brianna Robare	BYD	47.37	GMS3
7. Bridgette Seip	ESC	47.61	SSA3
8. Charlotte Ward	YNS	48.13	YNS1
9. Cassidy Peterson	HRV	48.27	HRV
10. Christina Deveaux	ANA	48.40	GM8

## 100 yard INDIVIDUAL MEDLEY

5. Lauren Pungner	GTRS	1:27.22	NHA
6. Jaclyn Alois	MAG	1:27.31	REG
7. Corinna Torabi	ANA	1:29.00	GM8
8. Julie Lajoie	PVAC	1:29.46	GM8

## LONG COURSE:

## EIGHT and under GIRLS

## 50 meter BACKSTROKE

5. Reilly Robbins	CLBC	46.91	BGYS
6. Abigail Benkert	BGSC	47.05	YNS
7. Niamh O'Grady	MELY	47.50	SMIT
8. Jaclyn Alois	MAG	47.77	ABF

## OPEN MEN

## 100 meter BREASTSTROKE

7. John McGrath	SSYS	1:11.00	USNC
8. Vinny Pryor	GTRS	1:11.04	NMIT
9. Stephen Miller	CUDA	1:11.52	O
10. A. Dobrolioubov	BGSC	1:11.61	CTSR

## 11 and 12 GIRLS

## 50 meter FREESTYLE

3. Maggie Rosenbaum	SNAP	29.64	O*
4. Elizabeth Beisel	MAG	29.82	STO
5. Molly Bulger	GTRS	29.91	12
6. Alex Frasier	CUDA	29.93	12
7. Jennifer Doelin	BGSC	30.00	12
8. Kaia Simmons	BOSS	30.05	YNS
9. Sara Li	MTSC	30.23	ANA
10. Rachel Flinn	RAYS	30.36	12

## 200 meter BREASTSTROKE

4. John McGrath	SSYS	2:31.50	USNC*
5. Corey Swanson	MAG	2:33.07	O
6. Brian Fiske	BOSS	2:33.77	O
7. Kevin Yamada	SAC	2:34.21	O
8. Ray Grant	SSA	2:35.11	O
9. Arkady Rasin	BOSS	2:35.37	MRSC
10. Vinny Pryor	GTRS	2:37.24	O

## REIMBURSEMENT POLICY FOR NATIONAL AND SECTIONAL MEETS, 2004--2005

## ATHLETE REIMBURSEMENT POLICY:

A New England Swimming registered swimmer who qualifies for and swims in an individual event at the USA Swimming Open, **USA Swimming Junior Nationals** or a World Cup meet hosted by USA Swimming will be reimbursed \$300 by New England Swimming. A New England Swimming registered swimmer who qualifies for and swims in an individual event at the Conoco Phillips National Championships will be reimbursed \$500 by New England Swimming. A New England Swimming registered swimmer who qualifies for and swims in an individual event at the USA Swimming Disability Championships will be reimbursed \$500. A New England Swimming registered swimmer who qualifies for and swims in an individual event at the USA Swimming Speedo Championships (Sectionals) will be reimbursed. For this meet, an amount of \$5,000 will be shared by the qualified swimmers who apply and submit receipts within the eight week period, with a maximum of \$50 per swimmer. One check per team will be issued by New England Swimming for reimbursement for sectional swimmers.

## ELIGIBILITY:

To be eligible for reimbursement, an athlete must have been registered in New England Swimming and have completed in a New England Swimming calendar meet at least six months prior to the meet for which reimbursement has been requested.

During the short course season, **September 1, 2004 to April 31, 2005**, a swimmer must fully participate in three New England Swimming calendar meets to be eligible for reimbursement. During the long course season, **May 1, 2005 to August 31, 2005**, a swimmer must fully participate in two New England Swimming calendar meets to be eligible for reimbursement. **As an option, swimmers may fully participate in a total of five New England Swimming calendar meets during the period of September 1, 2004 to August 31, 2005 to be eligible for reimbursement.** "Full participation" means participation in all or at least two days of competition and at least one individual event at each day of participation. Disabled swimmers are strongly urged to participate in New England Swimming meets. However, the Board will consider waiving the minimum meet requirements on a case by case basis.

If the New England Senior Championships is in place with a named facility by a certain date (90 days preceding the first day of the meet for long course; 120 days preceding the first day of the meet for short course), mandatory participation in the Senior Championship meet is required in order for a swimmer to receive reimbursement. The New England Swimming Board may waive this requirement for good cause, such as illness or conflict with the National Team requirement.

A swimmer must request the reimbursement within eight weeks of the meet. The request must include the stub from the swimmer's plane ticket or receipt of other expense to equal or exceed the amount of requested reimbursement.

Waivers for the USA Swimming Open, **USA Swimming Junior Nationals**, a World Cup meet hosted by USA Swimming, and the Conoco Phillips National Championships: **If an athlete does not meet the New England Swimming eligibility requirements, all reasonable requests for waivers will be considered by the New England Swimming Board of Directors following the long course season. To request a waiver, complete the reimbursement request form and attach a detailed explanation of your request for waiver signed by both the coach and**

**athlete (or parent if under 18). Incomplete reimbursement forms will not be considered for a waiver.**

Waivers for the USA Swimming Speedo Championships (Sectionals): For the USA Swimming Speedo Championships (Sectionals) there will be no waivers.

**COACH REIMBURSEMENT POLICY:**

For each team that sends a swimmer to the Conoco Phillips National Championship, the USA Swimming Disability Championships, the USA Swimming Open, **the USA Swimming Junior Nationals**, or a World Cup meet hosted by USA Swimming, New England Swimming will provide \$300 to reimburse coach expenses. The \$300 per team may be used to reimburse one coach or be split among several team coaches at the team's discretion. The team will have to provide New England Swimming with receipts for coach expenses that equal or exceed the \$300 reimbursement.

For the USA Swimming Speedo Championships (Sectionals) an amount of \$1,500 will be shared by the coaches who attend the meet and apply and submit receipts within the eight week period (one coach per team) with a limit of \$100 per coach.

This policy was approved by the Board of New England Swimming at the Board Meeting on **November 9, 2004.**



**United States Swimming  
New England**

20 Cleveland Road Needham, MA 02492-3006

**FIRST CLASS**



# NEWSLETTER PLUS



AN OFFICIAL PUBLICATION OF NEW ENGLAND SWIMMING, INC.

DECEMBER 2004

IN THIS ISSUE: REGIONAL TEAM ASSIGNMENT; SWIMMER PARTICIPATION  
FEE; LETTER FROM JEFF GUDMAN: SCHOLASTIC ALL-  
AMERICA: TECHNICAL COMMITTEE REPORT; TEAMS  
REGISTERED IN NE FOR 2005....

## 2004 USA SWIMMING SCHOLASTIC ALL AMERICA TEAM:

CONGRATULATIONS to the New England Swimmers who were named to the USA Swimming Scholastic All America Team. The team is selected based on applications which include the swimmer's class rank and their places in the Sectional or USA Swimming Championship meets. Swimmers listed with an \* have been named to the team for three years.

KAITLIN STRICKLAND	CUDA	DAVID RUSSELL	CUDA
KATHERINE FRITSCH	BGSC	NICHOLAS LAKE	PAC
KATHLEEN FOLEY	MAG	STEPHEN MILLER	CUDA
RHYNN MALLOY	MAG	BJORN FALK	MAG
MEGAN FARRELL	SAC	JONATHAN HARTMANN	CUDA
STACIE LESNESKI	MAG	WILLIAM RUBENSTEIN	CUDA
CAROLINE DOWD*	BGSC	ERIC NILSSON	CUDA
MARY DOOE	BGSC	MARC CHRISTIAN	MAG
KARA ERNST	SSA	PATRICK REAMS	SSYS
CAITLIN GRANT*	SSA	PAUL SULLIVAN	MAG
KRISTYN ROTH	BGSC	PETER GOLLANDS	MAG
MEREDITH NELSON	BGSC		
JENNIFER VOGEL	SSYS		
DEIRDRE DEVLIN*	BGSC		

The Board of New England Swimming will meet on Tuesday, January 18, 2005 at the Wellesley Community Center, Wellesley, MA at 7 pm. If there is a question about the weather, please call the New England Office.

## SWIMMER PARTICIPATION FEE

New England Swimming recognizes the increase in facility and other related expenses associated with running meets. Therefore, New England Swimming has accepted a proposal to give New England Swimming teams the **option** to charge an additional per athlete Swimmer Participation Fee for sanctioned calendar meets. It is the intention of New England Swimming to encourage member teams to acquire the best possible venues for our athletes while at the same time promoting organized, successful and well run meets.

A team that chooses to charge this optional Swimmer Participation Fee, which has a maximum of \$10 per swimmer, must include the fee in the bid form. Once the bid deadline has passed, there can be no change to the fee. When the calendar is posted on the web site, the meets with accepted swimmer participation fees will have these fees noted on the calendar. The Calendar Committee at its discretion maintains the ability to reject any bid it feels is incomplete or unreasonable.

No Swimmer Participation Fees will be allowed on any meet bid submitted after the meet bid deadline or on any sanctioned or approved meets not listed on the calendar.

New England Swimming also recognizes that the increased expenses also impact "end of season" meets and accordingly has increased the stipends to be given to teams running these meets. There will be no additional Swimmer Participation Fee allowed for these meets and all current entry fees and surcharges will remain the same.

	Current Stipend	Stipend as of Long Course, 2005
12 and under Championships	\$1000	\$2500
Open Championships	\$1500	\$3000
Senior Championships	\$2500	\$4000
Regional Meets	\$ 500	\$1000

This Swimmer Participation Fee Policy will be in effect for a trial period beginning with long course season 2005 and will be reviewed within a year by the Technical Committee. However, the stipends will be in effect for at least two years. The meet bid deadline for the 2005 long course meter season is February 1, 2005. Changes to the Swimmer Participation Fee will not be accepted after the deadline nor will late bids be allowed to charge a Swimmer Participation Fee.

Accepted by the Board of New England Swimming, December 7, 2004

New England Swimming Technical Committee, September 1, 2004

**NOTE:** The Technical Committee Report was accepted by the Board of New England Swimming with the following exception: The entire section of **MEET FEES** was referred back to the Technical Committee. The result is the **SWIMMER PARTICIPATION FEE** policy.

The Technical Committee of New England Swimming met at the home of Priscilla Davis on September 1, 2004. The meeting was called to order at 6 pm by chairman, Dan Warner.

Attending were: Dan Warner, Priscilla Davis, Mariella Allard, Bob Gauvin, Amy Parratto, Mike Parratto, Michelle Bernal and guests, Ray Grant and Mary Riddell.

**EVALUATIONS OF PAST MEETS:** Mariella Allard reported that she had received no evaluations.

**OPEN CHAMPIONSHIPS:** Committee members were satisfied with the individual awards and high point awards for 13 and 14 swimmers. There was more discussion concerning the 13 and 14 age group, but no changes in the meet format were proposed.

All agreed that the positive check in for distance events worked well and should be continued.

It was agreed that for all championship meets times from meets on the weekend before the championship meet should be able to be updated until 5 pm on the Tuesday before the championship meet begins.

At the present time, an unlimited number of relays are permitted, although only 2 relays per team can score. The committee recommended that teams be allowed to swim up to 4 relays, with only 2 relays allowed to score. Relay only swimmers can be added only if the team has 1, 2, or 3 qualified swimmers. The committee recommended that as part of its entry a team can enter 13 and 14 relays and can add 13 and 14 relay only swimmers if a team has only 1, 2, or 3 qualified 13 and 14 swimmers.

Mike Parratto would like to flip the 800 free and the 1500 free (and the 1000 free and 1650 free) in the open schedule. The Thursday schedule would include the 200 breast and 1000/800 free and the Sunday schedule would include the 100 breast and 1650/1500 free. The committee agreed to this. There was some discussion of having the men's 1000/800 free and women's 1650/1500 free on Thursday and the men's 1650/1500 free and women's 1000/800 free on Sunday, but that was rejected.

There was much discussion concerning whether to have a 13—14 and older age group meet or an open meet. Although there was discussion of some coaches and parents who are very interested in bringing back the 13 and over age group meet, a straw vote of committee members definitely favored the open concept, especially with the addition of

13 and 14 relays. All agreed that the open meet is the only option in the summer because of time restraints. Amy Parratto will take this recommendation to the Age Group Committee.

The short course end of season calendar for 2004--2005 includes both an open meet and a senior meet. When the calendar was proposed it was expected that a swimmer could not attend both the open meet and the senior meet. The question was asked if the open time standards would have a cut off time as well as a cut on time. Having a cut off time would mean that a swimmer who has a senior cut could not swim that event at the open meet. There was much discussion about this, but in the end, the committee felt that having a cut off time would be too limiting for some swimmers. Swimmers could still attend only one of the two meets, but, if they had cuts for both meets, would be able to choose which meet would better suit their goals.

**12 and under CHAMPIONSHIPS:** The committee would like teams to be able to bring relay only swimmers to the meet. However, they recommended that each team be limited to no more than four relays per sex per event per team.

Members felt that distance awards were unnecessary for the 12 and under meet unless the athlete reps wanted to add them.

There was concern that some long time New England policies are not making it into end of season meet invitations and that meet invitations are not being posted in a timely fashion. Ray Grant suggested that we need special end of season meet templates. Mary Riddell said she would prepare them once the Age Group and Senior Committees have given her the information that she needs.

**COMBINED SCORING OF CHAMPIONSHIP MEETS:** The committee agreed that each championship meet should be scored separately.

**REVIEW OF MEET STIPENDS FOR END OF SEASON MEETS:** Committee members reviewed the current stipends and did not recommend any changes.

**TIME STANDARDS:** Committee members would like the time standards to be released as soon as possible. The Senior Committee and the Age Group Committee will make their recommendations at the October meeting. (The committees will submit written reports, and Mary Riddell suggested that the reports be submitted in time to send them to the board members before the meeting.) Once the format is set for short course, the time standards can be announced as soon as possible. Ray Grant will help Laura Matuszak with the time standards for regionals, 12 and unders (with or without 8 and unders), and the open (or 13 and over age groups). Mike Parratto will do the senior time standards now.

The committee agreed that 25 meter time standards are needed since more meets are being held in 25 meter pools.



**EIGHT and under END OF SEASON MEET CONCEPT:** Committee members liked the concept of a "fun" meet during the long course season. It should be held earlier than it was this past summer. Members do not think an 8 and under meet is needed during the short course season since 8 and under swimmers are included in the regional meets.

**MEET CUTTING PROCESS:** After some discussion, members agreed that "A" meets and faster should be cut by time rather than by a lottery. There also was discussion about cutting the distance events on Friday nights of team specialty meets. Often after the meet has been cut by a lottery to a proper size for Saturday and Sunday, the Friday distance events are still over subscribed. The committee agreed that these events could then be cut by time if necessary.

***MEET FEES:** Many committee members thought that meet fees need to be increased especially for those teams who run meets in some of the more expensive pools. They think that a meet fee increase would encourage teams to run meets in the better (and more expensive) pools, and that teams would gladly pay increased fees to attend more meets in these pools. In addition to the discussion of unlimited meet fees, there was discussion of would other formats such as facility surcharges, a flat fee for a meet, and different fees for short, one session meets. While acknowledging that pools costs have increased (and probably will continue to increase), some members were uncomfortable with the proposed unlimited fees or surcharges, concerned that costs will increase too much and that it be hard for teams to plan their schedules since they would not know the costs of a meet until the entry was posted on line.*

*A compromise for next summer's long course season was proposed as follows. Meet fees per swim would remain the same as they are now. However, teams would be allowed to add a per swimmer facility surcharge. This surcharge would be stated in the meet bid and would be included in the calendar when the calendar is posted on the web site and in the newsletter. This way teams would know up front what the fees would be and could plan accordingly. New England would set the surcharge for end of season meets and possibly help with more subsidies to keep costs down for the swimmers.*

**NOTE:** This entire proposal has been formalized by the SWIMMER PARTICIPATION FEE policy.

**TEAM WORK ASSIGNMENTS FOR END OF SEASON MEETS:** This summer there were some problems with work assignments for teams. For one meet the assignments were posted too late to notify parents and for both meets there were problems with teams being assigned timers for sessions when they had few or no swimmers. It was agreed that more time would be taken at the meet managers meeting to discuss how to assign timers. There also was a problem with time trials. At some end of season meets, the assigned timers were required to stay for time trials. New England's policy is that time trial swimmers have to provide their own timers unless the host team wants to do this. This policy will be made very clear in the future.

**CALENDAR MEETS HELD OUT OF NEW ENGLAND:** There has been an increasing problem with New England teams running meets out of New England since often our policies are in conflict with the policies of the other LSC who is sanctioning the meet. New England receives no financial benefit and has no control over these meets. The committee recommends that non-championship meets which are held out of district by New England Swimming teams not be listed on the New England calendar.

**NEW ENGLAND SENIORS:** The Calendar Committee still has not received any bids for New England Seniors on February 24—27. SSA has submitted a bid for Bowdoin College for the weekend of March 3—6, 2005. It was decided that Bob Gauvin will ask Rick Osterberg to post on the web site that a bid has been received for this weekend and asking that any other teams who want to bid should submit a bid within two weeks. There was concern that this change of date places the meet a week before the sectional meet, rather than two weeks. It was suggested that the meet be open to out of district swimmers who would have to qualify for each event. (New England swimmers who qualify for one event could swim five events. Those who qualify for five events could swim nine events.)

The meeting was adjourned at 9 pm.

Submitted by Mary Riddell

## **New England Swimming:** **Regional Team Assignments 2005**

### **Attleboro High School**

AAC, AYT, BGCP, BYB, CLBC, CMSC, CMC, GBSC, MAG, MD, MELY, MYSD, PAC, SAC, SSYS

### **Seekonk High School**

ACK, AMW, CCSC, CCYM, HAY, KING, NBST, NSSC, NWSC, PST, RAMS, RCSC, SCA, SSA, WBD, WEST, WW

### **Wheaton College**

ANA, ATST, BAT, BGSC, BOSS, BSSC, CUDA, DART, DYD, ELM, ESC, ESSC, H2O, HARV, HHS, ORO, PSC, SNAP, TNT, WYST, YNS

### **Dartmouth College**

BLUE, BYD, CCBS, CONY, CTS, CVWM, EB, EST, FINS, GMA, GTRS, HRY, HYV, LRW, MASA, MMY, MST, MTSC, MYT, NASY, NCAC, PVAC, PWSC, RAYS, SBGC, STA, STS, VAST

## USA Swimming, Inc.

<i>Code</i>	<i>Club Name</i>	<i>City, State Zip</i>	<i>Reg Transaction Type</i>
AAC	Adirondack Aquatic Club	Bellingham, MA 02019-2065	Renew
ABF	Attleboro Bluefish	North Attleboro, MA 02760-6514	Renew
ACK	Nantucket Dolphins	Nantucket, MA 02554-1321	Renew
AMW	Aquamaids & Aquamen-Worcester	Worcester, MA 01603-1634	Renew
ATST	Amherst Triton Swim Team	Shutesbury, MA 01072-9722	Renew
AYT	Attleboro Ymca Tsunami	Wrentham, MA 02093-1275	Renew
BAT	Belmont Aquatic Team	Nashua, NH 03060-4935	Renew
BGSC	Bernal's Gator Swim Club	Sudbury, MA 01776-1676	Renew
BLUE	Blue Dolphins	Concord, NH 03301-4405	Renew
BOSS	Bay & Ocean State Squids	Providence, RI 02906-3328	Renew
BSSC	Bay State Swim Club	Worcester, MA 01602-1438	Renew
BYB	Burbank Y Bluefins Swim Team	Wakefield, MA 01880-2214	Renew
BYD	Burlington YMCA Dynamos	Burlington, VT 05401-8318	Renew
CCBS	CCBA Swordfish	Lebanon, NH 03766-1352	Renew
CCSC	Cape Cod Swim Club	Pocasset, MA 02559-0966	Renew
CCYM	Cape Cod Ymca Mako Swim Team	West Barnstable, MA 02668-1507	Renew
CLBC	Boys/Girls/Cumberland/Lincoln	Cumberland, RI 02864-0806	Renew
CMC	Central Mass Cyclones	Sutton, MA 01590-2913	Renew
CONY	Concord Swim Team	Concord, NH 03301-4040	Renew
CTS	Claremont Tiger Shark Swim Tea	Claremont, NH 03743-3314 /	Renew
JDA	New England Barracudas	Waltham, MA 02453-3922	Renew
CVWM	Central Vermont Wavemakers	Montpelier, VT 05602-4484	Renew
DART	Diversified Aquatics Recreatio	Waltham, MA 02453-3922	Renew
DYD	Danvers Ymca Dolfins	Danvers, MA 01923-2924	Renew
EB	Easthampton Barracudas	Southampton, MA 01073-0097	Renew
ELM	East Longmeadow Marlins	Monson, MA 01057-9444	Renew
ESC	Executive Health & Swim Club	Nashua, NH 03060-5026	Renew
ESSC	Eaglebrook School Swim Club	Deerfield, MA 01342	Renew
EST	Exeter Swim Team	Stratham, NH 03885-2320	Renew
FINS	Southern New Hampshire Fins	Hollis, NH 03049-5930	Renew
GMA	Green Mountain Aquatics	South Burlington, VT 05403-7332	Renew
GMSC	Greenwood Memorial Swim Club	Gardner, MA 01440-1646	Renew
GTRS	KSC Valley Gators Swimming	Keene, NH 03431-2125	Renew
H2O	Woburn Boys And Girls Club	Woburn, MA 01801	Renew
HAY	Hockomock Area Ymca Lightning	North Attleboro, MA 02760-3425	Renew
HHS	Hampshire Hills Seawolves	Manchester, NH 03102-3032	Renew
HRY	Hampshire Regional YMCA	Leeds, MA 01053-9100	Renew
HYV	Greater Holyoke Ymca Vikings	Holyoke, MA 01040-4065	Renew
LRW	Lakes Region Wavemakers S T	Belmont, NH 03220-3304	Renew
MAG	Magnus Aquatic Group	Haverhill, MA 01832-1129	Renew
MASA	Middlebury Area Swimming Assoc	Middlebury, VT 05753-0325	Renew
IBM	Massachusetts Bay Marlins	Boston, MA 02163-1010	Renew
MD	Mighty Ducks Swim Club	Marlborough, MA 01752-3759	Renew
MELY	Melrose YMCA Sharks	Woburn, MA 01888-1250	Renew

**USA Swimming, Inc.**

<b>Code</b>	<b>Club Name</b>	<b>City, State Zip</b>	<b>Reg Transaction Type</b>
MST	Manchester Swim Team	Litchfield, NH 03052-1071	Renew
MTSC	Mei's Typhoons Swimming Club	Longmeadow, MA 01106-2306	Renew
MVP	Merrimack Valley Pirates	Haverhill, MA 01832-1129	Renew
MYST	Merrimack YMCA Swim Team	Merrimack, NH 03054-4848	Renew
MYT	Manchester Ymca Tiger Sharks	Goffstown, NH 03045-2641	Renew
NASY	Nashua Ymca Prospectors	Nashua, NH 03062-2421	Renew
NCAC	North Country Aquatic Club	Hanover, NH 03755-0601	Renew
NSSC	North Shore Swim Club	Gloucester, MA 01930-1510	Renew
ORO	Oyster River Otters	Lee, NH 03824-6547	Renew
PSC	Patriot Swim Club	Leominster, MA 01453-5954	Renew
PST	Portsmouth Swim Team	Portsmouth, NH 03801-3210	Renew
PVAC	Pioneer Valley Aquatic Club	Springfield, MA 01103-1346	Renew
PWSC	Peterborough Wave Swim Cl	Dublin, NH 03444-8219	Renew
RAMS	Ram Swimming Club	Wakefield, RI 02879-7666	Renew
RAYS	Rockingham Area Youth Swim	Londonderry, NH 03053-2569	Renew
RCSC	River City Swim Club	Westport, MA 02790-1362	Renew
SAC	Shawmut Aquatic Club	Walpole, MA 02081-1715	Renew
SBGC	SBGC Rowell's Raiders Swim Club	Derry, NH 03038-2514	Renew
SCA	Southcoast Aquatics	New Bedford, MA 02740-2131	Renew
SSA	Seacoast Swimming Association	Dover, NH 03820-4107	Renew
SSYS	South Shore YMCA Strypers	Randolph, MA 02368-3852	Renew
WBD	Whitinsville Blue Dolphins	Whitinsville, MA 01588-1416	Renew
WEST	Willy's East Swim Team	North Eastham, MA 02651-1949	Renew
WW	Weymouth Club Waves	Weymouth, MA 02188-1110	Renew
WYST	Westfield YMCA Wave	Westfield, MA 01085-3701	Renew
YNS	YMCA of the North Shore	Beverly, MA 01915	Renew

**Total Count For Report: 70**

The teams listed above are registered with New England for 2005. Others have submitted applications and/or paid the fee but are missing something. The most common problem is that the "coach" listed on the form has not submitted current certifications. Note the date at the top of the list.

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               Thursday: 8 a.m.--2 p.m.
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JEFF GUDMAN  
VICE PRESIDENT NATIONAL ADMINISTRATION  
USA SWIMMING

At a recent swim meet I was asked about USA Swimming SWIMS program, how it worked and why at times did it appear to take more than a few days to get results posted on the USA Swimming web site and the Oregon Swimming web site. Plus, what was the relation between SWIMS (USA Swimming) and the Oregon Swimming times data base. All these are good questions.

The process begins with the club hosting the meet. At the end of the meet you will often see coaches clustered around the "crows nest" administration area waiting for the disk containing all the results of the meet. Copies of the results are also forwarded to the appropriate person or persons in the Local Swimming Committee (LSC). Oregon Swimming is one of 59 LSCs throughout the country. At this point the process splits into two parts....the Oregon Swimming part and the USA Swimming part although both parts can use the tools from the USA Swimming SWIMS program for exceptions and/or corrections.

At the Oregon Swimming level, the meet results are run against the SWIMS database for an exception report. What kind of exceptions? Easy...anytime anything from the results of a swimmers race (including leading off a relay) do not match the SWIMS database an exception is noted. Exceptions include:

- 1) Finding the swimmer listed with one club on the meet results, but another club in the SWIMS database.
- 2) Unregistered swimmers - these are the hardest to correct
- 3) Names not matching.
- 4) Birthdates not matching.
- 5) Other variations

Correcting these exceptions can take up to one hour or more per meet. A volunteer does this work and it is appreciated. The results are then posted to the Oregon Swimming web site and top times database. The exact same process or a similar process is used by LSC's around the country. However, these are fixes at the LSC level and not at the national level, i.e. the SWIMS database.

The best and easiest way of minimizing exceptions is for the host team and the teams entering the meet to use Team Manager as much as possible and to make sure their Team Manager software has all the information recorded the same way as the USA Swimming registration form. The responsibility for this is with each team and swimmer.

That takes care of the LSC side. Now let's explore the USA Swimming side. At the USA Swimming level, the SWIMS database is used to authenticate the import file for the top times database.

So far, so good. At this point the challenges begin. Another volunteer will upload the files to the USA Swimming database and the results in the file are compared to the registration database. If there are differences between the two, the results of the meet are transferred to a "holding tank" until the differences are corrected. Does that mean that all the swims from a meet where there are differences are placed in the "holding tank"? No, it does not. Just the swims where there are discrepancies.

The person uploading the results must then verify the swimmers registration, or find the correct swimmer in the registration database and match the record up to the swimmers in the meet results file. This sounds easier than it is. As mentioned above, there are a lot of reasons why a result may go into the "holding tank" for correction. When this happens, the person uploading may not be able to proceed without going back to the host club or teams or individuals entering the meet.

At the local level and the national level the decision has been made that there is a higher priority on accuracy over speed. Some LSC's make as many corrections as possible prior to uploading to USA Swimming. Other LSC's upload and then wait and see what goes into the "holding tank". In both cases, the LSC is doing what best fits their circumstances and situation. That is one reason why it sometimes takes more than a few days after a meet is completed before the results are seen on the USA Swimming web site.

Perhaps the easiest way of thinking about the process is one of information going both up and down with a variety of checks and verification procedures built in to provide for accuracy and security of both the data and the athlete. That process can take time.

Another challenge is when teams go to meets outside their own LSC. The responsibility for getting the meet results into the USA Swimming data base lies with the host team and the LSC the host team is in. Oregon Swimming does a pretty good job of getting the results for meets outside Oregon Swimming to get the results for its own internal Top 5 swims or records but for the meet results to get to USA Swimming, they need to go through the local host club and local LSC.

Let's look at the process in another way. There are approximately 230,000 year round swimmers registered in USA Swimming. Let's make some conservative assumptions about those 230,000 swimmers. Assume each swimmer participates in 1 meet each month for a year and at each meet swims 6 races. How many swims would that produce in a year? Answer... a lot and it is a conservative number.

$230,000 \text{ swimmers} * 12 \text{ meets per year} * 6 \text{ races per meet}$   
=

**16,560,000 swims per year!!**

Let's go one step further. According to the USA Swimming office there is an approximately 2% error rate in swims reported to USA Swimming. What does that mean to an LSC like Oregon Swimming? Let's follow the math.

$16,560,000 \text{ swims} * 2\% \text{ error} = 331,200 \text{ swims to be checked.}$

$331,200 \text{ swims to check divided by } 59 \text{ LSCs divided by } 12 \text{ months} = 467 \text{ swims per LSC per month to be checked.}$

That is a lot of swims to check! What is remarkable is how quickly these swims are checked and then posted to the USA Swimming web site. It is wonderful testament to the great work done by the volunteers and coaches throughout the country.

Does that mean we can not do better? Of course not. But compared to where we were and where we are now, great progress has been made.

If you have not checked out the USA Swimming web site and its ability to slice and dice results, it is truly amazing.

See you at the next meet.



**United States Swimming  
New England**

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**FIRST CLASS**