

2020 REGIONAL MEET TIME STANDARDS

Use times achieved since February 8, 2019

Cut-Off Time is the Age Group Championship cut time for each corresponding age group

Athletes with cuts between Silver and AG cut in an event will be swum as exhibition (non-scoring)

| Girls | | | | | SCY | Boys | | | | |
|----------|----------|----------|---------|---------|----------------|---------|---------|----------|----------|----------|
| 15-18 | 13-14 | 11-12 | 10&U | 8&U | Event | 8&U | 10&U | 11-12 | 13-14 | 15-18 |
| | | | | 29.99 | 25 FR | 29.99 | | | | |
| 29.99 | 31.39 | 37.99 | 50.99 | 59.99 | 50 FR | 59.99 | 50.99 | 38.79 | 31.09 | 27.99 |
| 1:05.79 | 1:08.59 | 1:21.99 | 1:42.99 | 1:59.99 | 100 FR | 1:59.99 | 1:43.99 | 1:23.79 | 1:10.69 | 1:00.49 |
| 2:21.49 | 2:28.89 | 2:51.99 | 3:15.99 | 3:15.99 | 200 FR | 3:22.99 | 3:22.99 | 2:52.39 | 2:26.59 | 2:15.99 |
| 6:08.29 | 6:30.99 | 7:15.99 | 8:26.99 | 8:26.99 | 500 FR | 8:43.99 | 8:43.99 | 7:20.99 | 6:27.39 | 5:52.29 |
| 12:25.99 | 12:44.69 | 14:24.99 | | | 1000 FR | | | 14:29.99 | 12:21.29 | 12:11.99 |
| 20:25.99 | 20:30.79 | 22:45.99 | | | 1650 FR | | | 23:59.99 | 20:20.69 | 19:59.99 |
| | | | | 34.99 | 25 BK | 34.99 | | | | |
| | | 45.99 | 56.99 | 1:09.99 | 50 BK | 1:09.99 | 56.99 | 46.99 | | |
| 1:16.69 | 1:23.39 | 1:36.99 | 1:50.09 | 1:53.99 | 100 BK | 1:53.99 | 1:52.99 | 1:37.99 | 1:22.99 | 1:13.59 |
| 2:35.79 | 2:49.99 | 3:06.99 | | | 200 BK | | | 3:10.99 | 2:46.99 | 2:26.99 |
| | | | | 39.99 | 25 BR | 39.99 | | | | |
| | | 50.99 | 1:01.99 | 1:19.99 | 50 BR | 1:19.99 | 1:01.99 | 51.99 | | |
| 1:25.79 | 1:34.99 | 1:47.99 | 1:59.99 | 2:01.99 | 100 BR | 2:01.99 | 1:59.99 | 1:49.99 | 1:29.99 | 1:17.89 |
| 2:55.59 | 3:12.09 | 3:35.99 | | | 200 BR | | | 3:39.99 | 3:03.79 | 2:44.99 |
| | | | | 34.99 | 25 FL | 34.99 | | | | |
| | | 46.99 | 58.99 | 1:09.99 | 50 FL | 1:09.99 | 58.99 | 47.99 | | |
| 1:14.99 | 1:24.89 | 1:43.99 | 1:49.99 | 1:49.99 | 100 FL | 1:49.99 | 1:49.99 | 1:43.99 | 1:23.79 | 1:12.09 |
| 2:40.99 | 2:49.29 | 3:19.99 | | | 200 FL | | | 3:19.99 | 2:40.09 | 2:25.09 |
| | | 1:34.99 | 1:57.99 | 2:19.99 | 100 IM | 2:19.99 | 1:56.99 | 1:35.99 | | |
| 2:40.59 | 2:54.49 | 3:18.99 | 3:36.99 | 3:39.99 | 200 IM | 3:39.99 | 3:35.99 | 3:18.99 | 2:50.19 | 2:31.79 |
| 5:36.99 | 5:39.79 | 6:10.99 | | | 400 IM | | | 6:27.99 | 5:47.69 | 5:30.19 |

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| Girls | | | | | SCM | Boys | | | | |
|----------|----------|----------|---------|---------|----------------|---------|---------|----------|----------|----------|
| 15-18 | 13-14 | 11-12 | 10&U | 8&U | Event | 8&U | 10&U | 11-12 | 13-14 | 15-18 |
| | | | | 33.29 | 25 FR | 33.29 | | | | |
| 33.29 | 34.89 | 42.19 | 56.59 | 1:06.59 | 50 FR | 1:06.59 | 56.59 | 43.09 | 34.49 | 31.09 |
| 1:12.99 | 1:16.09 | 1:30.99 | 1:54.29 | 2:13.19 | 100 FR | 2:13.19 | 1:55.39 | 1:32.99 | 1:18.49 | 1:06.99 |
| 2:36.99 | 2:45.29 | 3:10.89 | 3:37.49 | 3:37.49 | 200 FR | 3:45.29 | 3:45.29 | 3:11.29 | 2:42.69 | 2:30.89 |
| 5:22.29 | 5:42.09 | 6:21.49 | 7:23.59 | 7:23.59 | 400 FR | 7:38.49 | 7:38.49 | 6:25.89 | 5:38.99 | 5:08.29 |
| 10:52.79 | 11:09.09 | 12:36.89 | | | 800 FR | | | 12:41.29 | 10:48.59 | 10:40.49 |
| 20:10.29 | 20:14.99 | 22:28.49 | | | 1500 FR | | | 23:41.59 | 20:05.09 | 19:44.59 |
| | | | | 38.79 | 25 BK | 38.79 | | | | |
| | | 50.99 | 1:03.19 | 1:17.69 | 50 BK | 1:17.69 | 1:03.19 | 52.09 | | |
| 1:25.09 | 1:32.49 | 1:47.59 | 2:02.19 | 2:06.49 | 100 BK | 2:06.49 | 2:05.39 | 1:48.69 | 1:32.09 | 1:21.59 |
| 2:52.89 | 3:08.59 | 3:27.49 | | | 200 BK | | | 3:31.99 | 3:05.29 | 2:43.09 |
| | | | | 44.29 | 25 BR | 44.29 | | | | |
| | | 56.59 | 1:08.79 | 1:28.69 | 50 BR | 1:28.69 | 1:08.79 | 57.69 | | |
| 1:35.19 | 1:45.39 | 1:59.79 | 2:13.09 | 2:15.39 | 100 BR | 2:15.39 | 2:13.09 | 2:01.99 | 1:39.79 | 1:26.39 |
| 3:14.89 | 3:33.29 | 3:59.69 | | | 200 BR | | | 4:04.09 | 3:23.99 | 3:03.09 |
| | | | | 38.79 | 25 FL | 38.79 | | | | |
| | | 52.09 | 1:05.39 | 1:17.59 | 50 FL | 1:17.59 | 1:05.39 | 53.19 | | |
| 1:23.19 | 1:34.19 | 1:55.39 | 2:01.99 | 2:01.99 | 100 FL | 2:01.99 | 2:01.99 | 1:55.39 | 1:32.99 | 1:19.99 |
| 2:58.69 | 3:07.89 | 3:41.89 | | | 200 FL | | | 3:41.89 | 2:57.69 | 2:40.99 |
| | | 1:45.39 | 2:10.89 | 2:35.29 | 100 IM | 2:35.29 | 2:09.79 | 1:46.49 | | |
| 2:58.19 | 3:13.59 | 3:40.79 | 4:00.79 | 4:04.09 | 200 IM | 4:04.09 | 3:59.69 | 3:40.79 | 3:08.89 | 2:48.39 |
| 6:13.99 | 6:17.09 | 6:51.79 | | | 400 IM | | | 7:10.59 | 6:25.89 | 6:06.49 |

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| Girls | | | | | LCM | Boys | | | | |
|----------|----------|----------|---------|---------|----------------|---------|---------|----------|----------|----------|
| 15-18 | 13-14 | 11-12 | 10&U | 8&U | Event | 8&U | 10&U | 11-12 | 13-14 | 15-18 |
| | | | | | 25 FR | | | | | |
| 34.09 | 35.69 | 42.99 | 57.39 | 1:07.39 | 50 FR | 1:07.39 | 57.39 | 43.89 | 35.29 | 31.89 |
| 1:14.59 | 1:17.69 | 1:32.59 | 1:55.89 | 2:14.79 | 100 FR | 2:14.79 | 1:56.99 | 1:34.59 | 1:20.09 | 1:08.59 |
| 2:40.19 | 2:48.49 | 3:13.59 | 3:40.69 | 3:40.69 | 200 FR | 3:48.49 | 3:48.49 | 3:14.49 | 2:45.89 | 2:34.09 |
| 5:28.69 | 5:48.99 | 6:29.09 | 7:32.49 | 7:32.49 | 400 FR | 7:47.69 | 7:47.69 | 6:33.59 | 5:45.79 | 5:14.39 |
| 11:05.79 | 11:22.49 | 12:51.99 | | | 800 FR | | | 12:56.49 | 11:01.59 | 10:53.29 |
| 20:50.49 | 20:55.39 | 23:13.29 | | | 1500 FR | | | 24:28.79 | 20:45.10 | 20:23.99 |
| | | | | | 25 BK | | | | | |
| | | 51.59 | 1:03.79 | 1:18.29 | 50 BK | 1:18:29 | 1:03.79 | 52.69 | | |
| 1:26.29 | 1:33.69 | 1:48.79 | 2:03.39 | 2:07.69 | 100 BK | 2:07.69 | 2:06.59 | 1:49.89 | 1:33.29 | 1:22.79 |
| 2:55.29 | 3:10.99 | 3:29.89 | | | 200 BK | | | 3:34.39 | 3:07.69 | 2:45.49 |
| | | | | | 25 BR | | | | | |
| | | 57.59 | 1:09.79 | 1:29.69 | 50 BR | 1:29.69 | 1:09.79 | 58.69 | | |
| 1:37.19 | 1:47.39 | 2:01.79 | 2:15.09 | 2:17.39 | 100 BR | 2:17.39 | 2:15.09 | 2:03.99 | 1:41.79 | 1:28.39 |
| 3:18.89 | 3:37.29 | 4:03.69 | | | 200 BR | | | 4:08.09 | 3:27.99 | 3:07.09 |
| | | | | | 25 FL | | | | | |
| | | 52.79 | 1:06.09 | 1:18.29 | 50 FL | 1:18.29 | 1:06.09 | 53.89 | | |
| 1:24.59 | 1:35.59 | 1:56.69 | 2:03.39 | 2:03.39 | 100 FL | 2:03.39 | 2:03.39 | 1:56.79 | 1:34.49 | 1:21.39 |
| 3:01.49 | 3:10.69 | 3:44.69 | | | 200 FL | | | 3:44.69 | 3:00.49 | 2:43.79 |
| | | | | | 100 IM | | | | | |
| 3:01.39 | 3:16.79 | 3:43.99 | 4:03.99 | 4:07.29 | 200 IM | 4:07.29 | 4:02.89 | 3:43.99 | 3:12.09 | 2:51.59 |
| 6:20.39 | 6:23.49 | 6:58.19 | | | 400 IM | | | 7:13.99 | 6:29.29 | 6:12.89 |