



**NEW
ENGLAND
SWIMMING**

Solo Aquatics Dual Meet with Commonwealth Swimming

October 24-25, 2020

Charles C. White Pool, Haverhill High School
137 Monument Street, Haverhill, MA 01832

Held under the sanction of USA Swimming/New England #NE21-1024SOLO

Meet Director	Meg Feran	SOLOMeetEntries@gmail.com	978-289-2524
Meet Referee:	Jim Carey	Terpswim1@outlook.com	202-365-4903
Entry Chairperson:	Paul Mueller	SOLOMeetEntries@gmail.com	978-289-2524
Admin Official:	Paul Mueller	SOLOMeetEntries@gmail.com	978-289-2524
Safety Monitor:	Harrison Hollingsworth	SOLOMeetEntries@gmail.com	978-886-0035

IMPORTANT DEADLINES:

First date of entry: 10/21/2020
 Final date of entry: 10/23/2020
 Payment deadline: 10/24/2020

ASSUMPTION OF RISK: We, SOLO Aquatics, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at Commonwealth Dual or on site at Charles C. White Pool. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at Commonwealth Dual and being on site at Charles C. White Pool, you voluntarily assume all risks related to exposure to COVID-19.

RELEASE: *An inherent risk of exposure to COVID-19 exists in any public place where people are present COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease, therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.*

By attending or participating in this competition you voluntarily assume all risks associated with exposure to Covid-19 and forever release and hold harmless USA Swimming and New England Swimming and each of their Officers, Directors, Agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection with exposure, infection and/or spread of Covid-19 related to participation in this competition.

SAFETY PROTOCOLS DUE to COVID RESTRICTIONS:

Facility Specifics:

- All Officials, Volunteers, Coaches, Staff & Swimmers will need to check in at the front door to ensure they have completed the waiver/medical questions and have their temperature taken before entering.
- A full list of everyone entering the building will be collected at check in to ensure proper contact tracing.
- Swimmers are to arrive in their suits and leave in their suits. Locker Rooms will not be available.
- All Officials, Volunteers, Coaches, Staff & Swimmers must always wear a face covering at all times unless competing.
- There is a separate entry and exit.
- There will be staff to clean on deck items who will clean stop watches as well as any additional shared items between uses.
- Antibacterial will be made available on deck.

BOH Regulations and Specific Information Regarding Individuals Gathering & Numbers on Deck:

- Pool is inside a separate room.
- Swimmers will be seated in the lobby.
- Only 18 swimmers will be allowed on the deck at a time. Rolling system with warm up then 3 heat of each event, then the next warm up then 3 heats etc.
- Max number of: 2 Officials 2 meet staff and up to 1 coach per team will be allowed on deck. Meet director has the final say on the number of coaches on deck.
- We will make the pool available through Zoom link and meet director's phone number. Parents will be encouraged to watch on zoom from their cars in the parking lot instead.
- Lobby bathrooms will be made available for emergency use only. Only one person is allowed in the bathroom area at a time.
- **Max Total number on deck: 25 (MA indoor gathering limit)**
- To meet Safe Sport regulations, any parent who requests access to their child will be able to do so following the PPE safety rules and by contacting Meg Feran 978-886-0035.

STATE GUIDELINES: Massachusetts Regulations

MEET FORMAT: The meet will be swum as timed finals. Each session will be PRE-SEEDED, no scratches or deck entries will be accepted. Heatsheets will be distributed to athletes and made available on the Meet Mobile app.

No events will swim with more than one swimmer per lane.

SITE: The Charles C. White Pool, Haverhill High School campus, is a 6-lane, 25-yard pool with Kiefer Lane Lines. The facility is equipped with a Fully-automatic Colorado Time Systems electronic timing with touchpads at the finish end of the pool with six-lane electronic display. There are no touchpads at the turn end of the pool. The finish end of the pool is 12 feet deep; the turn end of the pool is 4 feet deep. Spectator seating for 300 is available. There is plenty of free off-street parking. The pool is located on the campus of Haverhill High School at 137 Monument Street, Haverhill, MA 01832. Directions can be found later in this document. The competition course has not been certified in accordance with 104.2.2C (4).

COURSE: Short course yards (25 yards)

RESERVE THE RIGHT TO MAKE CHANGES: Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, Patrick Johnstone. Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.

MEET COMMITTEE/ JURY: The Meet Jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the Meet Jury but not vote. When possible, the three members shall be from separate teams. The Meet Jury will decide all issues of eligibility and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.

ENTRY POLICY: *Closed Dual*

WEATHER PROTOCOL: If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is a decision of the Meet Director and the Meet Referee. If weather requires the cancellation of any Finals session, the results of the preliminary session will be the final order.

ELIGIBILITY: All swimmers must be currently registered as athlete members of United States Swimming. Age is determined by the age of the swimmer on the first day of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMWEAR: Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at any Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first day of the meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under Tech Suit Restriction for 12-and-Under Swimmers.

REGISTRATIONS: All swimmers must be registered (including proof of age and payment) with USA Swimming before 5:00 pm on the Thursday before the first day of the start of the meet. New England teams are required to check their entries with the online registration check tool on the New England Swimming website to verify registration status. Coaches must be registered before the start of the meet.

FALSE REGISTRATIONS: If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC will impose a fine of up to \$100.00 per event against the individual, member coach, or a member club submitting a meet the entry.

DECK REGISTRATIONS: Will not be accepted.

DECK ACCESS: Only current USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must produce proof of their valid USA Swimming registration when asked. Deck Pass is an acceptable proof of membership. Individuals without proof of a valid membership in USA Swimming will be removed from the pool deck and will be fined by New England Swimming of \$100 to the coach, and \$200 to the coach's club.

DISABILITY SWIMMERS: Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the Meet Referee and Meet Director of any disability prior to competition.

EVENTS and SESSIONS: See attached list.

ENTRY INFORMATION:

First date of entry acceptance 10/21/2020 (any entry received before this date will be considered received on DATE,)

Final date of entry acceptance: 10/23/2020

All unattached swimmers must be declared as unattached, on the entry cover sheet, before the meet begins.

Any swimmer who is entered with incorrect swimmer information, or an incorrect or no ID, or is unregistered, will be scratched from the meet until corrections are made per the New England policy.

ENTRY LIMITS: Athletes may enter as many events as they choose but may only compete in a maximum of 3 individual events on Saturday and 1 individual event on Sunday. Time trials count in the per day event count.

ENTRY FEES: Electronic entries:

\$5.00 for all timed final individual events 200 yards and under.

\$10.00 for distance events (events 400 yards and over).

\$10.00 for time trials

Non-electronic entries: \$5.50 for individual \$10.50 for distance

Swimmer Participation Fee is \$25.00 per swimmer

NE Swimming Travel Fee of \$1.00 per swimmer (to be included in the check and the host team will send to NESwimming)

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format should be emailed as an attachment to the entry chairperson at SOLOMeetEntries@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received by: 10/23/2020

ENTRY TIME UPDATES: No new entries will be accepted after the entry deadline. Entry time updates should be sent via email to the entry chairperson at SOLOMeetEntries@gmail.com. Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)

ENTRY TIMES: All entry times must be entered in the specified meet course. (Coach's times should be used instead of NT's)

LEGAL SPLITS – Individual Events: Legal splits must be requested before the event, by a coach, using a legal split form (available from the Control Table) and the requesting party must supply an additional timer(s) on the lane for the split, if necessary, to meet the USA-S requirement. (1 timer with touchpad timing, 3 timers without touchpad timing). Timers must be positioned over the lane at the end of the racing course.

MEET MOBILE HEAT SHEETS: Meet Mobile heat sheets will be offered at this meet. The Meet Mobile heat sheet includes smart phone access to all heat sheets for the whole meet, including last minute changes and re-seeds.

MEET MOBILE: Meet Mobile will be functional for this meet, (dependent upon satisfactory internet access) All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate.

OFFICIALS: Officials that know they will be attending the meet are highly encouraged to email the Meet Referee and let him/her know your level of certification, team, and sessions you will be available. Walk-on officials may not be accepted to limit the number of people on the deck. Officials Meeting will take place 30 minutes prior to the start of the session.

WARM-UPS: The pool will open for warm-ups as designated on the event list, 45 minutes prior to the start of the session. Each team will have 20 minutes for warm up. The pool will close 5 minutes before the start of each session.

SAFETY:

- Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- No shaving is permitted at the competition site.
- No glass containers are permitted within the facility.
- Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, behind the blocks, or in any marked NO CAMERA ZONE.
- Deck changes are prohibited.

RULES: Current USA Swimming rules will govern all competition. Decisions by the Meet Referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the New England Swimming office for further review and/or action.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

SAFE SPORT: The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to the Meet Referee or Meet Director.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

USA Swimming and NE Swimming encourage all to report any witnessed or suspected forms of abuse/safe sport violations to the NE Swimming Safe Sport Chair, Anne Kaufman: nesafesport@gmail.com (857-928-3638) or through the [USA-S online reportable form](#).

ON DECK PHOTOGRAPHY: As per New England Swimming policy, professional photographers contracted by the SOLO Aquatics, or press photographers who have been approved in advance by the Meet Director, are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests

AWARDS: There are no awards.

SCORING: The meet will not be scored.

FOOD: There will be no concession stand.

VENDOR: There will be no meet vendor.

MISCELLANEOUS: New England Swimming and SOLO Aquatics assume no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility.

PARKING: There is ample free parking available in the lots surrounding the Charles C. White Pool. Please follow all posted signs and notifications.

DIRECTIONS: From the South: Take I-495 to Exit 50 (Rte. 97). At end of the ramp, go directly across through lights, onto Monument St. Proceed to the stop sign. Go straight through the intersection. HHS is on the right. The pool is large building on right. From the North: Take I-495 to Exit 50 (Rte. 97). Turn left at end of the ramp onto Rte. 97 South. Take first left at lights onto Monument St. See above for the continuation of directions from this point.

EVENTS:

SOLO vs. CS Dual	
10/24/2020	
Girls Session	
Warm Ups start at 9:00am, Meet starts at 9:45am	
Event Number	Event
1	100 Freestyle
2	100 Breaststroke
3	100 Butterfly
4	100 Backstroke
5	200 IM
Boys Session	
Warm Ups start at 11:00am, Meet starts at 11:45am	
Event Number	Event
6	100 Freestyle
7	100 Breaststroke
8	100 Butterfly
9	100 Backstroke
10	200 IM
10/25/2020	
Mixed Session	
Warm Ups start at 9:00am, Meet starts at 9:45am	
Limit 1 event per swimmer	
11	200 Freestyle
12	200 Breaststroke
13	200 Butterfly
14	200 Backstroke
15	400 IM
16	500 Freestyle

SOLO AQUATICS
 October Dual Meet
 Charles C. White Pool, Haverhill High School
 October 24 & 25, 2020

CONTACT INFORMATION

Team Name: _____ Abbreviation: _____
 Deck Coach: _____ Phone: _____ Email: _____
 Entries Contact: _____ Phone: _____ Email: _____
 Address: _____
 Unattached Swimmers: _____

ENTRY FEES *(non-electronic add .50 per entry)*

_____	Individual Entries all distances	@ \$5.00	=	\$ _____
_____	Distance events	@ \$10.00	=	\$ _____
_____	Swimmer Participation Fee: # athletes _____	@ \$25.00	=	\$ _____
_____	NE Travel Surcharge: # athletes _____	@ \$1.00 each	=	\$ _____
Total: \$				_____

Make check payable to: _____
 Mail entries and check to:

 Phone: _____

Entry Deadline: 10/24/20
 For e-mailed entries, this form and payment
 must be received by: 10/24/20

LIABILITY RELEASE Any swimmer whose entry is accepted will, for him/herself, his/her theirs, executors and administrators, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, SOLO Aquatics and Haverhill High School for any and all injuries suffered by him/her at said meet. In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND NEW ENGLAND SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

 Signature of Authorized Team Official

 Date