North Shore Swim Club

Saturday, October 5, 2019

Proposed Fall Freestyle Fling

**11-18 Girls**

Warm up: 7:00-7:20 AM. Start 7:25 AM

|  |  |  |
| --- | --- | --- |
| Female | Event | Male |
| 1 | 11-18 50 Freestyle |  |
| 2 | 11-18 100 Freestyle |  |
| 3 | 11-18 200 Freestyle |  |
| 4 | 11-18 500 Freestyle |  |

* 500 will be cut by time based on timelines.

**11-18 Boys**

Warm up: 10:00-10:20 AM. Start 10:25 AM

|  |  |  |
| --- | --- | --- |
| Female | Event | Male |
|  | 11-18 50 Freestyle | 5 |
|  | 11-18 100 Freestyle | 6 |
|  | 11-18 200 Freestyle | 7 |
|  | 11-18 500 Freestyle\* | 8 |

* 500 will be cut by time based on timelines.

**10 and under**

Warm up: 12:45-1:05 PM. Start 1:10 PM

|  |  |  |
| --- | --- | --- |
|  | Event |  |
| 9 | Mixed 10 and Under 25 Freestyle  |  |
| 10 | Mixed 10 and Under 50 Freestyle |  |
| 11 | Mixed 10 and Under 100 Freestyle |  |
| 12 | Mixed 10 and under 200 Freestyle |  |
| 13 | Mixed 9/10 500 Freestyle\* |  |

* 500 will be cut by time based on timelines.