

CRIMSON AQUATICS-WELLESLEY

2019 Regional Meet

Keefe Tech, Framingham, MA

February 8-10, 2019

Sanctioned by USA-Swimming/NE Swimming # NE18-0208CRIMWELL

Meet Director	Susan Trainer	Matthewcraven316@hotmail.com	5084460437
Meet Referee:	Michael Harrison	m_harrison1@verizon.net	508-429-2131
Entry Chairperson:	Matthew Craven	Matthewcraven316@hotmail.com	5084460437
Admin Official:	Matthew Craven	Matthewcraven316@hotmail.com	5084460437
Safety Monitor	Susan Trainer	swimsac@gmail.com	5084460437

List of teams assigned to this site: CRIM-WELL, CRIM-SC, ENVY, ESC, EVO, GS, LIFE, KING-DUX, KING-MED, MWYS, PSC, SION, WCP, WSY

New England Swimming reserves the right to reassign a team to another venue if the original venue is oversubscribed.

IMPORTANT DATES:

Entry due date: Tuesday, January 29, 2019 at 9:00 PM

Payment due date: Saturday, February 2, 2019

New cuts entry date: Monday, February 4, 2019 at 9:00 PM

SESSIONS:

	<u>Warm-up</u>	<u>Meet</u>
Friday	4:00 PM	5:00 PM
Saturday/ Sunday Morning (9-10, 8&U)	7:00 AM	7:40 AM
Saturday/Sunday Afternoon (13-14, 15-18)	10:40 AM	11:00 AM
Saturday/ Sunday Evening (11-12)	3:00PM	4:00PM
Saturday Evening (9-18 1000, 1650)	TBD-PM	TBD-PM

SITE: The Keefe Technical High School Pool is a 6-lane, 25-yard pool with non-turbulent lane lines. There is a fully automatic, electronic timing system with touch pads at the finish end of the pool with single-line electronic display. There are no touchpads at the turn end of the pool. The finish end of the pool is 11 feet deep; the turn end of the pool is 4 feet deep. Spectator seating is for approximately 300. The pool is located at 750 Winter Street, Framingham MA. Directions may be found later in this document. The competition course has not been certified in accordance with 104.2.2C(4).

COURSE: Short course yards 25 yards

MEET FORMAT:

The meet will be conducted as timed-finals. Each session will be seeded by computer based on positive check-in at the beginning of each session. Coaches will receive a positive check-in sheet before each session, which must be returned no later than 30 minutes before the beginning of the session. Heat sheets will be posted around the pool deck. Heat sheets will be available for coaches at the computer table. Events may be seeded with multiple age groups, but results will be posted in specific age groups (8 & U, 10 & U, 11/12, 13/14, 15/18).

There will be no 2 per lane competition.

SPECIAL FORMAT NOTES:

- 1.) Any swimmer who ages into a new age group between the first day of Regionals (February 8, 2019) and the first day of their Age Group Championship Meet (10&U: Feb 22, 2019, 11-14: Feb 28, 2019, 15-18: March 8, 2019,)), and does not have the age group qualifying time for their future age group, will be allowed to compete with their current age group at Regionals, even if they have the age group cut for their current age in that event. They will compete as exhibition (their time will count, but they will not receive awards).
- 2.) In addition, all athletes entered in the meet with a time at the Silvers cut or faster (but slower than the Age Group standard) will compete in each event as exhibition. All exhibition declarations must be made at the time of the team entry to the Entry Chair.
- 3.) The cut-off time for each age group will be the SCY Age Group Championship standard for each corresponding age group. If a swimmer has the AG cut in SCM or LCM, but not in Yards, they may swim the event as exhibition.
- 4.) The 1000 free and 1650 free will be swum fast-to-slow, mixed gender and mixed ages. Teams are responsible for providing their own timers and counters for the distance events.
- 5.) The 50's of each stroke will be offered to the 13/14 and 15/18 age groups if they have the corresponding cut time in the 100 of that stroke, or if they want to use it as a bonus event (subject to the bonus rules below). All 50's for the 13/14, 15/18 groups in the Breaststroke, Butterfly, and Backstroke should be entered with, and will be seeded with, their 100 time. These events count towards the entry max and are also eligible to be used as bonus events if the corresponding 100 time is not achieved, and the swimmers has qualified for 3 or fewer events (see bonus procedure) If a swimmer has the age group cut in the 100 of the stroke, they are not eligible to swim the 50.

BONUS EVENTS:

Any swimmer who qualifies for Regionals in any event, may enter bonus events in any other event **in which their time is slower than the Regional cut for their corresponding age group**. Bonus events will be seeded last, but may score and receive awards. A swimmer may compete in a maximum of 6 individual events per day. All bonus events **MUST** be marked as BONUS upon entry and cannot be a "NT". Use a coach time in place of a NT.

Bonus Event Limits:

1 cut = 3 bonus swims; 2 cuts = 2 bonus swims; 3 cuts = 1 bonus swim; 4+ cuts = 0 bonus swims

CUT PROTOCOL: If a session is over-subscribed the following cuts/adjustments may be made under the discretion of the Meet Director and Meet Referee:

- Bonus events will be cut.
- Relays will be cut or limited to one or two entries per team.
- The distance events (400 IM, 500 free, 1000 free, 1650 free) will be cut by time.
- The 200 fly, 200 back, and 200 breast for the 11 and 12 age groups may be limited to 4 heats for each gender.

Clubs will be notified of cuts no later than Monday, February 4, 2019.

RESERVE THE RIGHT TO MAKE CHANGES: Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, Bob Menck. Any change to the meet format after the meet begins will be at the discretion of the Meet Referee, and will be presented to the coaches at a coaches' meeting.

MEET COMMITTEE/JURY: The Meet Jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the jury but not vote. The three members shall be from separate teams. The Meet Jury will decide all issues of eligibility and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.

WEATHER PROTOCOL: If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or session, is a decision of the Meet Director, Meet Referee and the Meet Committee.

ELIGIBILITY All swimmers must be 2019 registered swimmers with New England Swimming and must have achieved the qualifying time from a sanctioned, approved, or observed meet that is posted in the SWIMS database. Age is determined by the age of the swimmer on the first day of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRY TIMES VERIFICATION: All entries, except for bonus events and 8 & Under 25 yard events, must be provable in the SWIMS database and will be reviewed by New England Swimming. The meet database will be run through the SWIMS program to verify times achieved since February 09, 2018.

Anyone entering a swimmer in events where a time is not in SWIMS, or there is a time that is faster than the cut off time within the qualifying period, will be fined \$100 per event and the swimmer will be scratched from the event. This violation may jeopardize the team's participation in future New England Swimming "end of season" meets. It is up to the team entering to verify the swimmer's times are actually in SWIMS. **Please note that a time may be in Team Unify but**

not in SWIMS. It is your responsibility to verify the time at a USA sanctioned/approved/observed time in SWIMS.

REGISTRATIONS: All swimmers must be registered with USA Swimming before the entry deadline of January 29, 2019. Any team that swims an unregistered swimmer will be fined \$100 per event. Teams are required to check their entries with the online registration check tool on the [New England Swimming website](#).

DISABILITY SWIMMERS: Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the Meet Referee and Meet Director of any disability prior to competition.

SWIMWEAR: Per New England Swimming policy, swimmers 10 years old and younger are not allowed to wear "Tech" suits at any NE sanctioned or approved meet. The age of the swimmer is determined on the first day of the meet.

ENTRY INFORMATION:

Entry times must be achieved between February 9th, 2018 and the entry deadline of 9:00 PM Tuesday, January 29, 2019.

Any team submitting a late entry (after the January 29th deadline) is subject to a fine up to \$100, at the sole discretion of the Entry Chair. If a team already entered in the meet wishes to add either swimmers or entries after the January 29, 2019 deadline, but before the new cuts deadline of 9:00 pm Monday, February 4, 2019, they will be accepted at the discretion of the Meet Director and subject to a \$10 penalty per individual entry.

NEW CUTS: New cuts (and updated seed times) achieved after the January 29th entry deadline will be accepted through Monday, February 4, 2019 @9:00 PM. Additional fees are due by the start of the meet. **If a swimmer achieves the Age Group cut after the original entry deadline, they are entitled to still swim that event at Regionals as entered.**

No entries will be accepted after the new cut deadline of 9:00 pm Monday, February 4, 2019.

A team that submits an entry after the initial entry deadline must pay a \$100 fee. If a team already entered in the meet wishes to add either swimmers or entries after the January 29, 2019 deadline, but before the new cuts deadline of 9:00pm Monday, February 4, 2019, they will be accepted at the discretion of the Meet Director with an additional \$10 fee per individual entry. No entries will be accepted after 9:00 pm Monday, February 4, 2019

ELECTRONIC ENTRIES: Electronic entries may be emailed as an attachment to the Entry Chairperson at email . Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hard copy of the entry (including signed entry cover page and waiver) must be received by Saturday, February 2, 2019.

NON-ELECTRONIC ENTRIES: Send a paper entry form, completed and signed entry

cover and waiver, and entry fee to the entry address. Your entry materials must be received on or before the regular entry deadline of Tuesday, January 29, 2019 @9:00 pm.

Mail completed signed entry cover page and waiver, and payment to the entry chairperson: Make checks payable to "SAC SWIMMING

SAC SWIMMING
PO BOX 190
Dover, MA 02030.

All entries must be typed or printed legibly and must use full names and registration numbers from USA Swimming registration. All entries must include a completed and signed entry cover sheet and waiver. No deck entries will be accepted. No refunds will be given for entries that are accepted or for entries that are rejected due to improper entry.

ENTRY LIMITS: Athletes may enter as many events in which they have qualified but can only swim in a maximum of 6 events per day. Time Trials count in the per day event count.

ENTRY FEES: Electronic entries:

\$6.00 per event 200 yards or less

\$10.00 per event 400 yards or longer

\$24.00 per relay

\$2.00 per swimmer travel fee

\$10.00 per swimmer participation fee

\$10.00 per Time Trial individual event; \$40.00 per relay

In accordance with New England Swimming policy, fees are increased 50¢ per individual entry or per relay if not submitted in an .sd3 or .cl2 electronic file.

Only one check per team for all fees will be accepted and should be made payable to SAC SWIMMING

RELAYS:

Use of Electronic Relay Judging Pads: Dual Human Confirmation of relay take off violations will be required at all New England Swimming meets. If Electronic Relay Judging pads are to be used at a meet, they will serve in the following capacity. Once a Dual Confirmation of a relay take off has been confirmed (Dual Human Confirmation), the Meet Referee or his/her designee shall request the RJP data. This data can only be used to support the disqualification or overturn the disqualification. In the event the RJP data is either missing or deemed invalid, the disqualification will stand.

- Swimmers must be entered in at least one individual event to be able to participate in a relay. Relay only swimmers are not allowed.
- Relays are age-specific. Swimmers may not "age- up" for a relay.
- Relay entries may be limited to two teams per event per club if the meet is oversubscribed (see cut protocol).
- Unattached swimmers may not compete in a relay.

RELAY CHECK-IN & SEEDING:

Relay cards are due by: 2 hours after session start

Each coach shall pick up relay entry forms from the Control Table on which he/she shall list the competing relay swimmers, their first and last names and order of swimming for each entered relay. Relay order and swimmers may be changed up to the time of the swim.

ADMISSION: \$5.00 per session.

PROGRAMS: \$4.00 per session.

WARMUPS: (Assigned Warm-ups) The pool will open for warm-ups one-hour before the beginning of each session. The pool will close five minutes before the beginning of each session. Teams will be assigned warm-up lanes after all entries are received.

OFFICIALS: If you know that you will be attending this meet, please email the meet referee and let him/her know your level of certification, team, and sessions you will be available. This is for pre-meet planning purposes only. All officials are welcome to work any number of sessions and walk-ons are always welcome.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, behind the blocks, or in any marked NO CAMERAZONE.
6. Deck changes are prohibited.

RULES: Current USA Swimming rules will govern all competition. Decisions by the Meet Referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches

and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the New England Swimming office for further review and/or action.

SAFE SPORT: The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to the Meet Referee or the Meet Director.

USA Swimming and NE Swimming encourage all to report any witnessed or suspected forms of abuse/safe sport violations to the NE Swimming Safe Sport Chair, Anne Kaufman:

anne.l.kaufman@gmail.com (857-928-3638) or through the [USA-S online reportable form](#).

PHOTOGRAPHY: PHOTOGRAPHERS ON DECK: As per New England Swimming policy, professional photographers contracted by Crimson Aquatics or press photographers who have

been approved in advance by the Meet Director are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests

TIMING ASSIGNMENTS and “NO SHOW” WORKERS: All teams will be assigned to time based on the number of entries. A team will be fined \$100 per incident if it does not provide the timers it has been assigned and will not be allowed to enter swimmers in another New England meet until the fine(s) is paid. This can be appealed to the Admin Review Board of New England Swimming and is enforced only if the meet management has properly assigned timers based on the number of swimmers a team has entered in the meet.

TIME TRIALS: Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows. Time trials are \$10.00 for individual events, and \$40.00 for relays.

LEGAL SPLITS: Legal splits (including relay lead-offs) must be requested by a coach before the event using a legal split form, and the requesting party must supply additional timers, if necessary, to meet the USA-S policy of three times needed.

DECK ACCESS: Only 2018 USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All coaches and officials on deck must be registered with USA Swimming and display proof of membership. Deck Pass is acceptable as a proof of membership.

Individuals unable to prove their USA Swimming registration status will be removed from the pool deck, and are subject to a fine by New England Swimming.

SCORING: The meet will not be scored.

AWARDS: Ribbons for the top ten places will be awarded to swimmers in age groups 8 & Unders, 10&U, 11/ 12 and 13/14. Best Time ribbons will be given to all swimmers age 10 & U. Any swimmer who swims exhibition (described under ‘Special Format Notes’ section) is not eligible for an award in that event. Heat winner awards will be awarded throughout the meet.

MEET MOBILE: Meet Mobile will be functional for this meet. All users should be aware that Meet Mobile publishes unverified raw data which is not always accurate.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

MISCELLANEOUS: Coaches are expected to understand the scratch, verification, and relay rules before the meet begins. All coaches should check-in at the Control Table on the pool deck upon arrival. Coaches are responsible for the behavior of their swimmers at all times. Any damage to the premises or equipment is the responsibility of those doing the damage. Crimson Aquatics, Shawmut Aquatics and New England Swimming assume no responsibility for lost or stolen

property. No pets (except service dogs) are allowed within the facility.

FOOD: A concession stand will be in operation for the duration of the meet, or there will be no concession stand, or a stand will be in operation as run by the facility

Equipment Vendor: A swimming equipment vendor will be selling suits, goggles, and other accessories for the duration of the meet.

Parking: There is ample parking available in the parking lot adjacent to the Keefe Tech Pool.

DIRECTIONS: 750 Winter Street, Framingham, MA 01701

From Rt. 128 take Rt. 9 west toward Framingham passing the Natick Mall. Take Rt. 126 into downtown Framingham, turn right onto Rt. 135. Go past La Cantina Restaurant and take next right (Winter Street). Go over bridge thru lights. Keefe Tech is on the right.

From the West, using either the Mass Pike or Rt. 9. Upon exiting the Mass Pike at exit 12, Framingham, follow signs to Rt. 9 East, Framingham. At the end of the ramp, merge onto Rt. 9 east and proceed approximately 1.3 miles to the second light. Take the right onto Temple Street and proceed past the Super Stop and Shop to the end of the street. At the end, take a left onto Salem End Road. Proceed on Salem End Road $\frac{1}{4}$ mile to the first light. Take a right onto Winter Street. The entrance to Keefe Tech will be located $1 \frac{1}{2}$ miles on the left.

Crimson Aquatics-Wellesley

2019 Regional Meet

Keefe Teck, Framingham, MA

February 8-10, 2019

Sanctioned by USA-Swimming/NE Swimming # NE19-0208-CRIMWELL

All information required

CONTACT INFORMATION

Team Name: _____ Abbreviation: _____

Deck Coach: _____ Cell Phone: _____ Email: _____

Entries Contact: _____ Phone: _____ Email: _____

UN Swimmers: _____

ENTRY FEES

Individual Entries _____ @ \$6.00/\$6.50 \$ _____

Distance Events (400 and longer) _____ @ \$10.00/10.50 \$ _____

Relays Entries _____ @ \$24.00/\$26.00 \$ _____

Swimmers with NE Travel Surcharge (\$2.00) _____ @ \$12.00 \$ _____ and
Swimmer Participation Fee (\$10.00)

Total: \$ _____

Entry cover and payment must be received by Saturday, February 2, 2019

Make check payable to:

SAC SWIMMING

Mail entries and check to:

SAC SWIMMING

PO BOX 190

Dover, MA 02030

LIABILITY RELEASE

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, Shawmut Aquatics and Crimson Aquatics and Keefe Tech, Framingham for any and all injuries suffered by him/her at said meet. **In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.**

Signature of Authorized Team

Date