

TEAM LOGO

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Contact: [Name] [Phone Number], [Email]

Greendale Sharks Hold onto First Place After Day Two of Competition

Sharks Take Nine Top Finishes on Day Two

PLANO, Texas - After a successful second day of competition, the Greendale Sharks Swim Team remains in first place in the [insert meet name here] taking first in four of the night's races on Thursday, February 11, 2017. The Sharks also broke two team records in the 500-meter freestyle and 400m freestyle relay.

The Sharks tallied a score of 648 to take a 200-point lead over the competition. [Insert team name] held second place with 445 points while [insert team name] placed third with 395 points.

[Insert quote from coach(es)]

[Sample Quote] "Another action packed night," said **Head Coach Bill Smith**, "with Kayley Webber breaking her team record in the 500m freestyle and a very impressive swim tonight from William Holes who won the 100m backstroke. The team is gaining momentum and I'm looking forward to tomorrow's events."

[Begin to break down the meet by each event. Discussing your top finishers in each race. If there are athletes who had notable performances in several events, lead with those individuals]

Starting the night off strong, **Kayley Webber** surpassed her previous team record in the 500m freestyle time of 5:52.05 by nearly two seconds finishing with a time of 5:50.47 in the first event. Webber was included in the record-breaking team of **Stephanie Williams** and **Ashley Towshend** and **Rebecca Mooney** who broke the 400m freestyle relay team record with a time of 4:36.03.

In the boy's events, **John Smith** led the way to the top time in the 500m freestyle touching in 5:32.48.

The Sharks also took the top four spots in the 13-14 year old 200m individual medley with **Cole Brown** leading the way with a time of 2:17.34. **Tom Pruitt** placed second with a time of 2:19.07, **Ben Rios** touching third with a 2:23.46 and **Hayden Coleman** rounded out the top four with a time of 2:23.78.

Smith once again, topped the podium with a time of 25.38 in the 50m freestyle with teammates **Hunter Hayes** touching second in 26.01 and **Josh Tillman** placing third with a time of 26.32.

The night concluded with a first place finish for the 13-14 boy's 400m free relay with a team of Tillman, Pruitt, Brown and Smith in a time of 3:58.19.

The final day of competition will begin tomorrow with the preliminary races starting at 10 a.m. and finals at 6 p.m.

Brief paragraph about the club, including website.

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