

Summer Senior State Time Standards 2020**WOMEN**

	LC Meters	Yards	SC Meters
50 FR	28.99	25.19	28.09
100 FR	1:02.39	54.29	1:00.19
200 FR	2:14.69	1:57.39	2:10.19
4/500 FR	4:45.09	5:16.29	4:35.99
8/1000 FR	9:46.99	10:51.19	9:28.49
1500/1650 FR	18:10.49	17:49.09	17:46.49
50 BK	34.19	29.99	33.29
100 BK	1:10.79	1:01.49	1:08.89
200 BK	2:31.19	2:12.59	2:28.79
50 BR	39.99	34.89	38.69
100 BR	1:22.99	1:11.39	1:20.19
200 BR	2:58.99	2:36.19	2:53.29
50 Fl	31.79	27.89	30.79
100 FL	1:07.99	59.39	1:05.99
200 FL	2:35.39	2:16.19	2:31.09
100 IM			
200 IM	2:33.69	2:14.29	2:28.99
400 IM	5:28.29	4:47.09	5:18.69

Summer Senior State Time Standards 2020**MEN**

	LC Meters	Yards	SC Meters
50 FR	26.19	22.59	25.19
100 FR	56.99	49.19	54.89
200 FR	2:03.99	1:47.89	1:59.59
4/500 FR	4:21.99	4:50.69	4:13.49
8/1000 FR	9:03.79	10:09.19	9:03.69
1500/1650 FR	17:39.99	17:08.89	17:05.69
50 BK	32.09	28.29	32.59
100 BK	1:05.29	56.09	1:03.49
200 BK	2:20.59	2:02.59	2:18.19
50 BR	35.59	30.89	34.29
100 BR	1:15.09	1:05.89	1:12.99
200 BR	2:44.09	2:22.99	2:40.09
50 FI	28.89	25.19	27.99
100 FL	1:02.59	54.99	1:00.99
200 FL	2:21.79	2:04.09	2:17.09
100 IM			
200 IM	2:21.49	2:02.99	2:17.59
400 IM	4:59.49	4:23.99	4:53.09