

Utah Swimming Inc. Board of Directors Meeting  
Tuesday, 9 May 2017 @ 7:00 pm  
American Fork Fitness Center 454 N Center St  
American Fork, Utah

Meeting called to order by Josh Williamson at 7:08 pm.

**Members present:** Josh Williamson, Lorinne Morris, Stan Crump, Chad Reimschuessel, Shane Lamb, Shawn King, Cathy Vaughan, Audrey Bell

**Athlete Representatives present:** Rachel Butler, Cole Peterson, Tony Puertas

**USI Employees present:** Todd Etherington, Carri Oviatt

**April 2017 BOD Mtg. Minutes:** approved.

**Additions to the Agenda:** Cathy requested to add discussing the upcoming elections. Lorinne tabled item #22. Additions approved. Amended agenda approved.

#### Public Comment

**Guest:** Deniz Hekmati, Strength Coach, U of U, presented to the board his research on how strength training can reduce injury in swimmers. He pointed out that the majority of swimmers get their strength training from their swim coaches, and these coaches need to be trained in appropriate strength training to prevent injury. He would like to provide strength and training conditioning camps for swimmers, both age-group and senior swimmers. He'd also like to provide a camp for swimmers getting ready for college, and he would be interested in running a clinic to teach coaches appropriate strength training methods. Suggested that he present to coaches at Swimposium.

**Guest:** Michael King, founder of Royal Swimming, presented his new company to the board, whose goal is to provide quality swim products for a low cost. They provide quality custom swim caps with better print. Their goggles have better straps. He also has developed paddles to prevent shoulder injury and kickboards that develop abdominal strength. He is open to have coaches test products. He is looking to unveil middle of summer. He does not want to be a swim shop but a supplier. Michael would like a deck spot at the 2017 LC State Meet.

#### Officer Reports

**General Chair:** Going to working with Jane Grosser from USA Swimming to finish Leap 3.

**Executive Committee:** Nothing to report.

#### Admin Vice Chair:

1. Swimposium
  - a. Breeja Larson has been secured.
  - b. Convention Center is arranged but contract is not signed
  - c. Working with Provo Rec Center to secure pool
2. Do we fine teams that failed to meet their volunteer obligations at the SC Senior Championship Meet? The board agreed that teams should be eventually fined but first given a warning. It was also suggested that at HOD Fine Sheet be distributed. Shane will notify teams that did not fulfill their obligations. Chad reported that there was not a problem with volunteers fulfilling their obligations at Age-Group State. Cathy asked who does the fining and who is responsible for checking who fulfilled their obligations. It was suggested that treasurer does the fining and the

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meet director reports the unfilled obligations. Cathy asked if the meet director knows of this responsibility.

**Age-Group Chair:** B Meet host will be decided after receiving the bids for the meet, and the B Meet will be announced shortly.

**Coaches Representative:** Josh reported that the ASCA library has been renewed. Josh will send notice to Utah Swimming. Shawn said the cost for Utah Swimming is about \$17/coach, and each coach gets access to World Clinic talks and great clinics such as the Legends of Texas. Shawn will put together an email for Utah coaches about how they can take advantage of the ASCA library.

**Athlete Committee:** Nothing reported.

**Safe Sport and Safety Chair:** Requested verification that she is registered with USA Swimming as USI's safety coordinator since reports of occurrence are still going to Mike. Todd will get hold of Denise at USA Swimming about making the change from Mike to Cathy. Went to the Western Zones workshop. Cathy is going to run for Western Zones Championship Meet Coordinator but still plans to fulfill her USI board commitments. Cathy working to get Safe Sport into the club level by getting club Safe Sport coordinators from each club to form a committee.

**Technical Planning Chair:** Nothing to report

**Sanctions Chair:** We have 60 or more sanctions as of today.

**Officials Chair:** While Wane is the hospital, Carri is handling his emails, and his committee is handling his work.

**Diversity, Inclusion and Disability Chair:** Diversity Camp was a success and the service project at Primary Children's was appreciated by those who participated. The "Just Swim Clinic" is this coming May 20<sup>th</sup> at Cottonwood Heights Rec Center. Audrey has secured Mascots Miracles to come to the clinic.

**Registration and Website Coordinator:** USI Membership Report shows a total of 3817 swimmers, 33 clubs and 1 pending club. Todd will report the trends of membership growth at the board meetings.

## Information/Discussion

22. Tabled.

23. Did not get discussed.

**Amended Agenda Item Upcoming Elections:** Cathy requested the board discuss what needs to be done to hold a good election this upcoming September. She suggested that a task list is needed with deadlines in order have names approved and ready for the 20 days prior to the election. Need to start recruiting people to run for the board positions that are up for election. Josh said that he would put together a nominating committee.

**24. Task Force to determine what it takes to run Utah Swimming.** Lorinne requested putting together a task force to look at what it takes to run Utah Swimming, which means what needs to be done, who does what, when they do it, and who do they report to. She requested that Carri and Todd be on the task force. They agreed. Board members who also said they would be willing to serve on the Task Force are Cathy, Stan, Josh. Lorinne will oversee the group. They will review all work that needs to be done, develop an administrative yearly calendar, review P&P, Rules and Regs, and bylaws for required tasks. Lorinne will request that all board members write their job description and their tasks that they do. She also requested having non-board members be part of the task force so that there is buy off in the Utah Swimming community. Cathy suggested having an open call for anyone that is interested so issues could be dealt with prior to adoption of the bylaws. June 2018 the task force needs to have its work completed.

Cathy asked for that holding elections in the spring needs to be looked in order to accommodate board members attending USA Swimming's convention. Concern was raised that a spring HOD will have low attendance, many felt the spring HOD was not an effective use of time. Shane pointed out that currently Utah Swimming does not have enough in their budget to afford all board members attending.

**25. Senior Athlete Reimbursement:** Tony requested the board to consider updating the Utah Swimming's Athlete Funding Policy for Financial Aid (Policy 1.23). He asked the following to be addressed:

1. Update the meets to include Futures and change name Pro Series.
2. Change the share amounts so that more shares are given for attending Sectionals than Zones.
3. Use the star system to determine funding amounts.

Feedback: Stan cautioned that if the board increased the share amounts that would mean less money for Sectionals and Zones, where the vast majority swimmers attend. Josh asked that the senior committee review the issues and suggest changes for the policy. He also suggested that the purpose of the policy should be to motivate swimmers to attend more elite meets and money should be distributed to support this purpose. Todd recommended the star system get used so that the policy does not be updated. Concern was raised that reimbursement for age-group swimmer could be received twice from Utah Swimming if the swimmer swam for Utah Zones team and also at higher-level meet. Josh gave the senior committee the following instructions from the board to address while examining the current policy:

- a. closing loop holes so that an age-group or senior cannot be reimbursed for swimming on the Utah Zones team and higher level meet,
- b. help the policy promote faster swimming,
- c. possibly changing to star system.

**26. Swim Gear Equipment Vendor at LC State:** Decided in Michael King's presentation. Poco Loco and Michael's company will be on deck for the 2017 LC State Meet.

**27. Financial Report and Budget:** Share reported there has been an increase of Splash fees of \$16000. Motion to approve financial report approved.

**Meeting adjourned 9:13pm**

Minutes prepared by Lorinne Morris

**Next Meeting:** Next USI Board of Directors Meeting will be held 13 June 2017 at Candlelight Homes in South Jordan.