

5/8/2018

## Coach Swim Meet Safety Briefing

*Share with coaches at a pre-meet briefing, or other training.*

- Together, we can increase safety at swim meets as we: Prevent, Respond and Report.
- If you witness a swimmer, or other meet goer, in need of medical assistance please,
  - Get or give help. If needed, ask a bystander (preferably not a swimmer in the next heat) to summon the lifeguard or other onsite help to where needed.
  - Or, ask a bystander to notify the “person blowing the whistle” of the emergency.
    - If needed, wave arms over the pool and call out to get the attention of the referee.
  - If a heat is in the water, try to honor the efforts of those competing while also quickly getting help to the person in need.
- Because of the possibility of concussion, if you witness a bump or blow to the head, type of injury, report it to the Meet Referee. Include the name, and/or team, of the swimmer if possible.
  - If your swimmer receives this type of injury:
    - Remove the athlete from play (“When in doubt, sit them out.”)
    - Ensure the athlete is evaluated by an appropriate health care professional
    - Allow the athlete to return to play only with written permission from a health care professional with experience in evaluating for concussion
- USA Swimming Safe Sport has set the following guidelines to help promote athlete safety at meets. Please encourage your swimmers and parents to follow them. If you see violations, ask that it stop and/or let the Meet Referee know.
  - No cameras or other recording devices may be used behind the blocks or in the locker rooms.
  - No deck changing.
  - Rubdowns or massages are not allowed except by a Licensed Massage Therapist, or other certified professional, who is not a coach.
  - Athlete members are not allowed to sit on the laps of coaches and Non-Athlete members who are not family.
  - If you see something suspicious, or that makes you uncomfortable, please report it to a Meet Marshal, the Meet Director or Meet Referee immediately.
- *Is there any facility and/or meet specific emergency evacuation information to add?*
- *Any questions? Immediate questions may be directed to the meet referee. Direct additional questions to the Utah Swimming Safety Chairperson. Current contact information on <http://www.swimutah.com>*

**PREVENT**

**RESPOND**

**REPORT**

[usaswimming.org/protect](http://usaswimming.org/protect)

