See an accident, injury or other concern?

Need Help?
Who might help? Lifeguard, Meet Marshal, Coach or Official
How to get help:
• Can’t move? Ask bystander (not swimmer in next heat) to get help or notify the “person blowing the whistle.”
• Heat in the water? Try to honor those competing by doing assigned position and getting help
• Emergency? Wave hands over pool and call out to lifeguard or referee

Head Injury?
Follow Utah Swimming Concussion Management Plan (TinyURL.com/UTConcussion)

Safe Sport Violation?
• No camera or other recording device use behind blocks or in locker rooms
• No Deck Changing.
• Coaches, officials, and other adult meet volunteers may not be alone in locker or rest room with a minor athlete. All interactions with athletes must be observable and interruptable. (more at usaswimming.org/maapp)
• No Rubdowns/Massages (except by non-coach Licensed Massage Therapist)
• See Something, Hear Something, Say Something
  ○ If you see or hear something suspicious, or that makes you uncomfortable, please ask that it stop and/or report to Meet Marshal, Meet Director or Referee immediately
  ○ www.usaswimming.org/report

PREVENT  RESPOND  REPORT
usaswimming.org/protect  tinyurl.com/UTSafeSport  usaswimming.org/RiskManagement